FERTILITY PRESERVATION

History of cancer and fertility treatment outcomes: a registry linkage study in Massachusetts

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Abstract

Purpose To investigate assisted reproductive technology (ART) outcomes among adolescent and young-adult female cancer survivors.

Methods The Society for Assisted Reproductive Technology Clinic Outcome Reporting System (SART CORS) data were linked to the Massachusetts Cancer Registry for 90,928 ART cycles in Massachusetts to women≥18 years old from 2004 to 2013. To estimate relative risks (RR) and 95% confdence intervals (CI), we used generalized estimating equations with a log link that accounted for multiple cycles per woman and a priori adjusted for maternal age and cycle year. The main outcomes of interest were ART treatment patterns; number of autologous oocytes retrieved, fertilized, and transferred; and rates of implantation, clinical intrauterine gestation (CIG), live birth, and pregnancy loss.

Results We saw no diference in number of oocytes retrieved (aRR: 0.95 (0.89–1.02)) or proportion of autologous oocytes fertilized (aRR: 0.99 (0.95–1.03)) between autologous cycles with and without a history of cancer; however, cancer survivors required a higher total FSH administered (aRR: 1.12 (1.06–1.19)). Among autologous cycle starts, cycles in women with a history of cancer were less likely to result in CIG compared to no history of cancer (aRR: 0.73 (0.65–0.83)); this relationship was absent from donor cycles (aRR: 1.01 (0.85–1.20)). Once achieving CIG, donor cycles for women with a history of cancer were two times more likely to result in pregnancy loss (aRR: 1.99 (1.26–3.16)).

Conclusions Our analysis suggests that cancer may infuence ovarian stimulation response, requiring more FSH and resulting in lower CIG among cycle starts.

Keywords Cancer · ART · Infertility · Survivorship

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Background

In the last fve decades, the probability of mortality for children, adolescents, and young adults diagnosed with cancer has declined by nearly two thirds [[1](#page-8-0), [2](#page-8-1)]. Due to these improvements in survival among women who experience cancer early in life, there is increasing interest in the long-term reproductive outcomes related to their diagnosis and treatment [[3](#page-8-2)–[7\]](#page-8-3). The American Society for Clinical Oncology has identifed fertility as an important issue among cancer survivors [[8](#page-8-4)] as early-life cancer survivors have been shown to be less fecund [[9,](#page-8-5) [10](#page-8-6)], having 40% fewer children than individuals without a history of cancer [[11\]](#page-8-7). Research also suggests that cancer survivors may be more likely to experience infertility and to utilize fertility treatments compared to women without a history of cancer [[10,](#page-8-6) [12,](#page-8-8) [13](#page-8-9)].

Research into the outcomes of fertility treatments for cancer survivors has been limited, but prior research has suggested that women with a history of cancer may require diferent treatment modalities, experience diferent treatment responses [[14–](#page-8-10)[17](#page-8-11)], and have a diferent probability of live birth [[15](#page-8-12), [18](#page-8-13)] compared to women without a history of cancer. Research has suggested that women with a history of cancer are more likely to have their cycles canceled [\[14,](#page-8-10) [15](#page-8-12)] and require higher doses of gonadotropins [\[14,](#page-8-10) [19\]](#page-8-14). To date, the majority of research on this topic has been limited to individual clinics or hospital systems or to studies with short duration between cancer incidence and fertility treatment utilization. Therefore, the goal of this study was to describe utilization patterns of assisted reproductive technology (ART) procedures and investigate diferences in ART outcomes among early-life female cancer survivors utilizing a large dataset formed by linking the Massachusetts Cancer Registry and Massachusetts ART cycles from the Society for Assisted Reproductive Technology Clinic Outcome Reporting System (SART CORS).

Methods

Data sources

Massachusetts Cancer Registry (MCR)

The MCR was established in 1980 (MAs General Law, Chapter 111, Sect. 111B) and collects information on all cancer diagnoses within the state of MA. Health care facilities are required by law to report newly diagnosed cancer or benign brain tumor cases that were diagnosed, evaluated, and/or treated at the facility/office. The MCR

has received Gold Certifcation from the North American Association of Central Cancer Registries (NAACCR) every year from 1997 to 2018, indicating that they have achieved the highest standard for complete, accurate, and timely data collection. Additionally, the MCR has been recognized by the Centers for Disease Control and Prevention (CDC) and the National Program for Cancer Registries (NPCR) for achievement of the NPCR standards for data completeness, timeliness, and quality data since 2002.

The Society for Assisted Reproductive Technology Clinical Outcome Reporting System (SART CORS)

The SART CORS collects national, cycle-specifc ART data under the Fertility Clinic Success Rate and Certifcation Act of 1992 (Public Law 102–493). Information is collected about patient demographics, treatment parameters, and pregnancy outcomes. These data are validated annually, and some clinics have in-person visits for chart review where data reported by the clinic is compared with information recorded in patients' charts. In 2014, the 10 data felds selected for validation were found to have discrepancy rates of $≤ 6\%$ [\[20\]](#page-8-15).

Data linkage

SART CORS data were matched with MCR data using Match*Pro1, a software developed by Information Management Services, Inc. (IMS), to conduct probabilistic record linkages. MCR data from 1995 to 2013 were linked to SART CORS cycles 2004 and 2013, using frst name, last name, date of birth, and zip code. In situations where the last name disagreed, results were individually reviewed for matching by birth date, frst name, and zip code. We included new cancers diagnosed by biopsy or CT scan. Recurrences of a cancer or metastatic occurrence of a cancer were not included. This research has been approved by the Massachusetts Department of Public Health (Title: Massachusetts Outcomes Study of Assisted Reproductive Technology (MOSART): Linkage of data from the Society for Reproductive Technology Clinical Outcomes Reporting System (SART CORS) to the PELL Data System; IRB #: 2,498,696).

Study population

Our study population included ART cycles from the SART CORS database in Massachusetts that took place between July 1, 2004, and December 31, 2013, to women \geq 18 years of age (Fig. [1\)](#page-2-0). Women whose date of cancer diagnosis from the MCR was before their frst ART cycle in SART CORS were considered to have a history of cancer for this analysis. ART cycles in women who did not have a diagnosis of

cancer in the MCR were considered to be without a history of cancer for this analysis. Women whose date of cancer diagnosis from MCR was after their frst ART cycle were excluded. This resulted in 587 women with a history of cancer and 34,203 women without a history of cancer in our population and 90,928 ART cycles. Our main statistical analyses (Tables [3](#page-5-0) and [4](#page-6-0); Supplemental Tables 1, 2) excluded embryo banking and gestational carrier cycles resulting in 89,005 cycles, 1,032 ART cycles in women with a history of cancer, and 87,973 ART cycles in women without a history of cancer. Oocyte banking was rarely performed, and information was very limited in SART CORS prior to 2012 where it was collected solely under the category of research cycles. We do not have access to the limited data from those cycles. A woman could contribute multiple cycles to the analysis. Subsequent cycles would defne the previous cycle as a prior cycle and these cycles may have included embryo banking, but any gestational carrier cycles or embryo banking cycles would have been excluded in our main analyses. We have separately run analyses among gestational carrier cycles.

Outcomes

Our main outcomes of interest were ART treatment parameters including autologous vs. donor cycles, number of embryos cryopreserved, reason for ART, total FSH dose

(IU), number of autologous oocytes retrieved and fertilized, proportion of embryos fertilized, and number of embryos transferred. Information on the number of oocytes retrieved was limited to autologous oocytes. Information on fertilization was further restricted to cycles with at least one oocyte retrieved. The number of mature oocytes is not available from SART CORS.

For treatment outcomes, implantation rate and probability of biochemical pregnancy and clinical intrauterine gestation (CIG) were investigated. Implantation rate was defned as the number of fetal hearts (number of gestational sacs is not available) on an ultrasound divided by the number of embryos transferred to the uterus. Pregnancy outcomes of live birth and pregnancy loss were restricted to cycles with a successful clinical intrauterine gestation. We investigated autologous and donor cycles combined and then separately for treatment and pregnancy outcomes. We also investigated outcomes among all cycle starts and restricted to cycles with embryos transferred. In supplemental analyses, we investigated diferences in embryo grade, total embryo grade score, average embryo grade score per cycle, and cycles without "good" graded embryos among embryos transferred (maximum 5 embryos). Embryo grade has been recorded in SART CORS as of 2010 for transferred embryos only. The grade is recorded as good, fair, or poor according to previously published criteria [[21](#page-9-0)]. For analysis, grades were given numeric values with good being equal to 3, fair to 2, and poor to 1.

Statistical methods

We modeled the risks for cycle outcomes using log-binomial regression to yield relative risks and 95% confdence intervals. Generalized estimating equations with an exchangeable correlation structure were used to take into account multiple ART cycles per woman [[22](#page-9-1)]. Log-Poisson models were utilized when dependent variables were counts or proportions and when log-binomial models failed to converge [\[23](#page-9-2), [24](#page-9-3)]. Our analysis of FSH utilized a gamma distribution. All models were adjusted a priori for maternal age (18–29, 30–34, 35–40, 40+) and year of cycle start (2004–2007, 2008–2010, 2011–2013). We did not adjust for race as this information is missing for approximately 2/3 of SART CORS cycles. In order to disentangle women who underwent fertility preservation after cancer diagnosis but prior to cancer treatment from women who pursued fertility treatment after cancer treatment, the main analyses were restricted to non-embryo banking cycles (Tables [3](#page-5-0) and [4\)](#page-6-0). Moreover, we conducted sensitivity analyses where we restricted our study population to women with>1 year between cancer diagnosis and frst cycle start date. Additionally, we separately ran analyses among gestational carrier cycles.

Results

In our population of 34,790 women, 587 (1.7%) had a history of cancer prior to their first ART cycle (Table [1](#page-3-0)). Women without a history of cancer were less likely to be nulligravida (51.5% vs. 62.7%) compared to women with a history of cancer. Women without a history of cancer were more likely to have had a prior pregnancy resulting in a full-term birth (25.2% vs. 20.1%) compared to women with a history of cancer.

Among women with a history of cancer, 25.9% were between the ages of 20 and 29, 33.9% were between the ages of 30 and 34, and 29.5% were between the ages of 35 and 39 at cancer diagnosis (Table [2\)](#page-4-0). Approximately 40% of women with cancer had their frst ART cycle<1 year after their cancer diagnosis, with 22.2% having fertility treatment 1–2 years after their cancer diagnosis, 13.3% 3–4 years after their cancer diagnosis, and 24.4% having their frst IVF cycle≥5 years after their cancer diagnosis. The vast majority of embryo banking cycles (88.4%) were reported in the group with cancer diagnoses at < 1 year between diagnosis and frst ART cycle. The most common cancer diagnoses in our population were breast cancer (32.5%), thyroid cancer (16.5%), and melanoma (14.5%).

We observed variation in clinical characteristics of ART cycles by cancer history. Cycles in women with a history of cancer were more likely to be banking cycles $(12.8\% \text{ vs } 0.6\%)$ or to utilize a gestational carrier $(6.1\% \text{ vs.})$

Table 1 Characteristics of women who utilized ART by history of cancer in MA 2004–2013¹

¹Based on first ART cycle for each woman in SART CORS

2 Patients may be in more than one race category

¹Based on SEER cancer type

2 Uterus, cervix, ovaries, vagina, vulva

³Initial cancer treatments are not mutually exclusive

4 Initial year of radiation, chemotherapy, or surgery

1.3%). We observed no statistically signifcant diference in risk of cancelation between women with and without a history of cancer overall (RR: 1.24, 95% CI: 0.99–1.55) (Table [3\)](#page-5-0), and in sensitivity analyses, when banking cycles were included (RR: 1.19, 95% CI: 0.96–1.48). Women with a history of cancer in non-banking cycles were also more likely to cryopreserve a greater number of embryos (mean=4.6) compared to women without a history of cancer $(mean = 3.7)$ (aRR: 1.22 (1.10–1.35)) (Table [3\)](#page-5-0). This relation attenuated and was no longer statistically signifcant in sensitivity analyses restricted to cycles > 1 year after cancer diagnoses (aRR: 1.04) (Supplemental Table 2). Cycles in women with a history of cancer were less likely to have had a prior fresh ART cycle (aRR: 0.92 (0.86–0.98)). Cycles in women with cancer had a statistically signifcantly higher risk of having the infertility diagnosis "Other" (aRR: 2.41 (2.12–2.73)), which would have included the diagnosis of cancer being the reason for undergoing ART. When restricted to cycles>1 year after cancer diagnosis, women with a history of cancer were more likely to have the diagnosis of "Diminished Ovarian Reserve" in addition to the diagnosis of "Other" (Supplemental Table 1). Cycles in women with a history of cancer required a greater amount of FSH to be administered for ovulation stimulation (aRR: 1.12 (1.06–1.19)); however, in autologous cycles, we saw no statistically signifcant diference in the number of autologous oocytes retrieved (aRR: 0.95 (0.89–1.02)), proportion of oocytes fertilized (aRR: 0.99 (0.95–1.03)) among cycles with at least one oocyte retrieved, or number of embryos transferred (aRR: 1.02 (0.97–1.06)) between cycles in women with and without a history of cancer.

Among cycle starts, cycles in women with a history of cancer were less likely to result in a CIG (aRR: 0.78, (0.71–0.87)) compared to cycles in women without a history of cancer (Table [4\)](#page-6-0). This reduced probability of CIG was 27% lower in autologous cycles (aRR CIG: 0.73 (0.65–0.83)), but not in donor cycles (aRR CIG: 1.01 (0.85–1.20)). Among autologous and donor cycles with embryos transferred, we found no statistically signifcant associations between cancer history and probability of CIG. Among donor cycles, cycles in women with a history of cancer were two times more likely to result in pregnancy loss once clinical pregnancy was achieved (aRR: 1.99 (1.26–3.16)). Sensitivity analyses restricted to cycles>1 year after cancer diagnosis did not meaningfully change results of treatment outcomes (Supplemental Table 2). Among gestational carrier cycles, the overall probability of CIG was higher among both cycles in women with (55.1%) and without (46.8%) a history of cancer when compared to autologous cycles (34.1% among women with a history of cancer; 40.1% among women without a history of cancer). Nevertheless, among gestational carrier cycles, we observed no diference between cycles in women with and without a history of cancer for implantation (RR: 0.94, 95% CI: 0.71–1.25), CIG (RR: 1.15, 95% CI: 0.91–1.47), live birth (RR: 0.94, 95% CI: 0.81–1.09), or pregnancy loss (RR: 1.46, 95% CI: 0.87–2.44).

We observed no diference in embryo quality for cycles in women with and without a history of cancer (Supplemental Table 3). We observed no meaningful diference in the

¹General estimating equations with a log link, exchangeable correlation structure were used to estimate relative risks and 95% confidence intervals. A binomial, gamma, or Poisson distribution was specifed depending on the nature of the data

2 Models were adjusted for maternal age (18–29, 30–34, 35–40, 40+) and year of cycle started (2004–2007, 2008–2010, 2011–2013)

³Women could contribute multiple cycles to the study sample and thus some women will have reported a prior cycle in this dataset

4 Categories not mutually exclusive

⁵Limited to autologous oocytes

⁶Limited to autologous oocytes with at least one oocyte retrieved

⁷Limited to transfers of at least one embryo

probability of transferred embryos being graded as "good" for cycles in women with and without a history of cancer (57.9% vs 58.7%) or in the average (SD) embryo grade score per cycle (mean=2.48 (0.62) vs. mean=2.51 (0.59)). Cycles in women with a history of cancer were slightly more likely to result in no transferred embryos being graded as "good" compared to cycles in women without a history of cancer (5.61% vs. 4.79%).

Table 4 Treatment outcomes from ART cycles by cancer history, MA 2004–2013, among cycle starts and among embryos transferred (excluding embryo banking and gestational carrier cycles)

¹General estimating equations with a binominal distribution, log link, exchangeable correlation structure were used to estimate relative risks and 95% confdence intervals. Poisson distribution was specifed for testing on the implantation rates

²Models were adjusted for maternal age $(18–29, 30–34, 35–40, 40+)$ and year of cycle started $(2004–2007, 100)$ 2008–2010, 2011–2013)

Discussion

In one of the largest studies to investigate ART treatment outcomes among cancer survivors with prolonged followup between cancer diagnosis and ART initiation, we found that ART cycles in women with a history of cancer had different treatment utilization patterns and probability of success compared to women without a history of cancer. Specifcally, we observed that women with a history of cancer were more likely to use embryo banking or use gestational carriers. Among non-banking cycles/non gestational carrier cycles in women with a history of cancer, more total FSH was prescribed for ovarian stimulation, but we observed no diference in the number of oocytes retrieved, proportion of oocytes fertilized when restricted to cycles with at least one oocyte retrieved, or number of embryos transferred. Nevertheless, these women with a history of cancer were less likely to have cycles that resulted in clinical intrauterine gestation among autologous cycles and were more likely to result in pregnancy loss among donor cycles. We observed no meaningful diference in embryo quality from the data obtained in the current SART registry parameters.

Our study is in agreement with prior research that suggested that women with a history of cancer may utilize different fertility services than women without a history of cancer. Several, but not all [\[17](#page-8-11)], clinic-based studies have found that women with a history of cancer were given higher total gonadotropin doses compared to women with no history cancer [[14,](#page-8-10) [15,](#page-8-12) [17\]](#page-8-11). We observed that women with a history of cancer were administered a higher total dosage of FSH (mean=3,783 IU) compared to women without a history of cancer (mean=3,362). Nevertheless, among the participants who had an embryo transfer, we observed no statistically signifcant diference in number of oocytes retrieved in autologous cycles between women with $(\text{mean}=10.7)$ and without (mean $=11.5$) a history of cancer. Our findings are in agreement with a prior study that observed no difference in the number of oocytes retrieved [\[14\]](#page-8-10). However, other prior studies found that a smaller number of oocytes were retrieved in cycles in women with a history of cancer [\[15,](#page-8-12) [19,](#page-8-14) [25,](#page-9-4) [26\]](#page-9-5). Our findings may be influenced by the fact that our sample was restricted to individuals who had oocyte retrieval and embryo transfer and therefore, may be better responders than those individuals who were not included because their cycle was canceled.

Diferences in treatment utilization and ART cycle outcomes may be related to changes in clinical practice and timing of stimulation and oocyte retrieval in relation to cancer diagnosis. Current guidelines suggest that fertility preservation should be proposed before starting systemic cancer treatment [\[8](#page-8-4), [27,](#page-9-6) [28\]](#page-9-7). Indeed, some of the prior work has investigated fertility treatment response among women recently diagnosed with cancer undergoing embryo banking cycles prior to cancer treatment [\[14](#page-8-10), [16](#page-8-16), [26\]](#page-9-5). However, there are many women who undergo fertility treatment after their cancer treatment has ended [[17,](#page-8-11) [18](#page-8-13)]. Women who undergo fertility preservation prior to cancer treatment and those whose cancer diagnosis and treatment was prior to undergoing ART may represent two distinct groups in terms of ART treatment options offered, response to stimulation, and ART treatment outcomes. To minimize the impact of these diferent groups, our main analyses excluded banking and gestational carrier cycles (Tables [3](#page-5-0) and [4\)](#page-6-0). Furthermore, to try to tease apart what remained of these potentially disparate groups with respect to the impact of cancer on ART outcomes, we conducted sensitivity analyses restricted to non-banking cycles>1 year after cancer diagnosis. In these sensitivity analyses, we found similar overall patterns of treatment utilization and treatment outcomes, but no difference in the number of embryos cryopreserved between women with and without a history of cancer.

Given the small population size for the majority of research in this area, there has been limited research that has been able to investigate pregnancy outcomes after ART among women with a history of cancer [[18](#page-8-13), [26](#page-9-5), [29](#page-9-8)]. Recent research combining state-level data from New York, Illinois, and Texas by Luke et al. found that women with a history of cancer within the last 5 years, who utilized autologous ART treatment, had reduced odds of conception (aOR: 0.34 95% CI: 0.27–0.87) and live birth (aOR: 0.36 95% CI: 0.28–0.46) compared to women without a history of cancer [\[18\]](#page-8-13). However, when their analysis was restricted to cycles that achieved conception, they observed no diference in livebirth between women with and without a history of cancer (aOR: 1.21 (0.69–2.11)). Similar to Luke et al., we observed that autologous cycles in women with a history of cancer were less likely to result in CIG (aRR: 0.73 95% CI: 0.65–0.83), and among cycles that achieved CIG, we observed no association between history of cancer and live birth. Among donor cycles, we observed reduced odds of live birth and greater risk of pregnancy loss for cycles in women with a history of cancer compared to cycles in women with no history of cancer. Our fndings are in agreement with prior research that suggests that women with a history of cancer are less likely to achieve CIG with their own eggs; however, once analyses are restricted to conception, the probability of live birth is equivalent between women with and without a history of cancer in autologous cycles [[18\]](#page-8-13).

To our knowledge, this is the largest study with information on women with a history of cancer that includes women with cancer diagnoses > 5 years prior to ART treatment. However, there are several important limitations that must be considered. As is true of all state-level linkage studies, information will be missing if women received cancer treatment or fertility treatment outside the state of MA. We expect that cancer survivors who moved out of state prior to fertility treatment would not be diferent with respect to adverse outcomes from the cancer survivors who stayed in MA. Thus, this misclassifcation would, if anything, most likely attenuate our reported relationships*.* Additionally, SART CORS, and thus ART treatment data, is not available for cycles that took place prior to 2004. Approximately, 12.1% of our participants started their cancer treatment prior to 2001 and 26.7% prior to 2006 (Table [2\)](#page-4-0). Therefore, our results may not refect ART treatment patterns prior to 2004 and thus may have limited generalizability to fertility treatment outcomes before that time. Information on some important covariates (i.e., body mass index, details of medically assisted reproduction that is not IVF, entire cancer treatment history) are not available in these data. Given the timeframe of our study, oocyte banking cycles were rare. We were, furthermore, unable to determine whether these were in the cancer or noncancer cohort or whether they were from donor egg cycles. Nevertheless, we would expect the impact of these cycles to be minimal on our fndings given their rarity and dilution among the large number of non-oocyte banking cycles. Due to low numbers, we were unable to disentangle the infuence of diferent cancer diagnoses, which may have diferent treatment patterns and may have a diferent infuence on IVF outcomes. Lastly, we were not able to link information on the cancer history of the male partner for ART cycles and this information may be infuential. With regard to embryo morphology, which is determined subjectively, we are aware that diferent clinics may assess morphology diferently which could have obscured diferences.

In summary, women with a history of cancer who utilized ART were more likely to use banking cycles or gestational surrogacy. We observed diferences of increased total FSH prescribed but no diference in oocytes retrieved for women with a history of cancer. Autologous cycles in women with a history of cancer were less likely to result in clinical intrauterine gestation. We saw no overall diference in probability of live birth, but donor cycles with a history of cancer were more likely to result in pregnancy loss and less likely to result in live birth. To our knowledge, this is the largest study that includes prolonged follow-up between cancer incidence and fertility treatment utilization. While these fndings offer a unique contribution to the field, future research with detailed information on both previous cancer history and fertility treatment for both male and female cancer survivors is necessary to better counsel survivors of cancer regarding their family building goals.

Supplementary Information The online version contains supplementary material available at<https://doi.org/10.1007/s10815-021-02376-x>.

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