

# Cell wall and organelle modifications during nitrogen starvation in *Nannochloropsis oceanica* F&M-M24

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#### Abstract

*Nannochloropsis oceanica* F&M-M24 is able to increase its lipid content during nitrogen starvation to more than 50% of the total biomass. We investigated the ultrastructural changes and the variation in the content of main cell biomolecules that accompany the final phase of lipid accumulation. Nitrogen starvation induced a first phase of thylakoid disruption followed by chloroplast macroautophagy and formation of lipid droplets. During this phase, the total amount of proteins decreased by one-third, while carbohydrates decreased by 12–13%, suggesting that lipid droplets were formed by remodelling of chloroplast membranes and synthesis of fatty acids from carbohydrates and amino acids. The change in mitochondrial ultrastructure suggests also that these organelles were involved in the process. The cell wall increased its thickness and changed its structure during starvation, indicating that a disruption process could be partially affected by the increase in wall thickness for biomolecules recovery from starved cells. The wall thickness in strain F&M-M24 was much lower than that observed in other strains of *N. oceanica*, showing a possible advantage of this strain for the purpose of biomolecules extraction. The modifications following starvation were interpreted as a response to reduction of availability of a key nutrient (nitrogen). The result is a prolonged survival in quiescence until an improvement of the environmental conditions (nutrient availability) allows the rebuilding of the photosynthetic apparatus and the full recovery of cell functions.

Keywords Nannochloropsis oceanica · Ultrastructure · Electron microscopy · Lipid accumulation · Nitrogen starvation

# Introduction

One of the most investigated fields of algae biotechnology is biofuels production (Milano et al. 2016). Microalgae cultivation belongs to the so-called second (Papini and Simeone 2010) or third generation biofuels (Brennan and Owende 2010). There are several reasons that make microalgae better candidates than land crops: first of all, microalgae photosynthetic yield is higher than that of many land crops, and some microalgal species manage to stock up to more than 60% of

Alessio Papini alpapini@unifi.it their dry weight in lipids. Moreover, they can be grown in wastewater, brackish and sea waters and thus, they are not competing for fresh water or arable lands with agricultural crops (Ndimba et al. 2013; Slade and Bauen 2013). In addition, their reserves of lipids mainly consist in triglycerides (TAGs) that can be easily converted into biodiesel by transesterification (Bondioli et al. 2012). Their metabolism can be easily controlled and manipulated through changes in growth conditions that lead to an increase in their lipid content.

Nutritional stress strongly influences microalgal metabolism, inducing changes in photosynthesis and in the stocking of lipids; and nitrogen (N) starvation is considered particularly effective to achieve high lipid contents (Bondioli et al. 2012; Rios et al. 2015). Nitrogen starvation affects the photosynthetic mechanism by reducing both the response of light harvesting and the photochemical use of absorbed energy (Simionato et al. 2013). This is because of a depletion of photosynthetic complexes as well as in the chlorophyll (Chl) content, and this inhibition of photosynthesis eventually stops growth in favour of the accumulation of TAGs. There are several microalgal species that have been studied for their ability to stock lipids under nutritional stress; among these, the genus *Nannochloropsis* is the most promising.

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Nannochloropsis belongs to the Eustigmatophyceae and it is composed of species living in a wide range of environments (marine, fresh and brackish waters) and its cells range in size from 2 to 5  $\mu$ m. It has been shown that under nitrogen starvation, cells of this genus can accumulate more than 60% of their dry weight in lipids (Rodolfi et al. 2009; Dong et al. 2013) that is why it has been widely studied for biodiesel production both in outdoor and indoor growth conditions. Starvation in *Nannochloropsis* produces changes in proteome, shifting the metabolism towards nitrogen recycling and lipid accumulation (Hong-Po et al. 2013).

The large amount in lipids, particularly in poly-unsaturated fatty acids, is considered relevant also for the use of Nannochloropsis spp. as functional food and for marine fish larvae nutrition (Zanella and Vianello 2020). However, besides the high lipid yield, Nannochloropsis cells are characterised by a hard and robust wall, which makes it difficult to break the cell and extract the oil, considerably increasing the cost of the extraction process (Long and Abdelkader 2011; McMillan et al. 2013). Several attempts have been made to reduce the resistance of the cell wall to mechanic disruption such as anaerobic induction of cell wall rupture by polysaccharide disruption (Halim et al. 2019). An ultrastructural analysis by electron microscopy of the changes that occur at the cell wall level during starvation could help understanding how to improve the extraction of usable cell components.

In this study we characterised *Nannochloropsis oceanica* F&M-M24 ultrastructure after nitrogen starvation, in two different growth conditions. The first one was carried out in open ponds under natural light (outdoors); the second one was performed indoors, under artificial light. We observed that in both conditions, the cell ultrastructure changed significantly as a consequence to nitrogen starvation, with major changes affecting the photosynthetic apparatus and the structure of the cell wall.

The main aims of the investigation were to provide detailed evidence of the ultrastructural changes following lipid accumulation and of the cell wall changes during the starvation process that is commonly used prior to the alga collection and lipid extraction.

#### Materials and methods

#### **Organism and growth conditions**

melt-blown polypropylene cartridges (for outdoor cultures) or autoclaved (for indoor cultures) and then added with sterile nutrient solutions, except for NaNO<sub>3</sub>, which was not added in order to achieve nitrogen starvation. For the indoor experiment, the algae inoculum was maintained in 200-mL Erlenmeyer flasks, while the inoculum used for the outdoor experiment was grown in 0.6-L glass tubes under artificial light.

#### **Outdoor experiments**

Experiments aimed at inducing lipid accumulation outdoors were carried out in four small Plexiglas raceway ponds of a surface area of 0.17 m<sup>2</sup>, containing 10 L of culture volume, each. The ponds had a dark bottom and lateral surfaces covered with aluminium foils. The experiments were carried out at the experimental area of Fotosintetica & Microbiologica S.r.l. in Sesto Fiorentino (Florence, Italy) (Lat 43° 48′ 56.4″ N; Long 11° 11′ 59.7″ E). In this paper, results obtained with batch cultures are reported. The cultures were maintained in a pH range of 7.7–7.8 by CO<sub>2</sub> injection on demand. Culture temperature varied according to the environmental conditions and a control unit prevented it from exceeding the value of 30 °C.

Experimental cultures were inoculated so as to start at a concentration of 0.4 g  $L^{-1}$  and growth was followed for 8 days.

Culture growth was estimated by measuring the daily change of dry biomass concentration. Daily global solar radiation on the horizontal surface was obtained from LaMMA Agrometeorological Station (CNR-IBE, Sesto Fiorentino, Italy).

#### **Indoor experiments**

The indoor experiments were carried out in 0.7-L glass tubes, with a height of 50 cm and a diameter of 5 cm. The tubes were illuminated from one side with fluorescent lamps (PHILIPS Master TL5 HO 39W/865) providing a continuous light intensity of 500 µmol photons  $m^{-2} s^{-1}$  at the tube surface. An air:CO<sub>2</sub> mixture (98:2 v/v) was bubbled in the cultures to provide carbon, to ensure mixing, gas exchange and to adjust pH, which was monitored daily. The cultures were inoculated at a concentration of 0.55 g L<sup>-1</sup> for the control culture (integrated with 0.6 g L<sup>-1</sup> of NaNO<sub>3</sub>) and of 0.71 g L<sup>-1</sup> for the nitrogen starved one and were run in batch for 8 days. Culture growth was estimated by measuring the dry biomass concentration.

#### Growth and biomass analyses

Growth of the cultures was estimated by daily measurement of the dry biomass concentration. For dry weight determination, triplicate culture samples (2–5 mL) were diluted (1:5) with Fig. 1 Growth (lines) and volumetric productivity (bars) of *N. oceanica* F&M-M24 cultivated indoors in tubes under nutrientsufficient conditions (control culture) and under nitrogen starvation. For days 4–5–6, volumetric productivity was derived over multiple days



Time (days)

N starvation
M \_\_\_\_\_N starvation

1

2

25

2

3iomass concentration (g d.wt L<sup>-1</sup>)

0.5

n

distilled water and filtered through pre-weighed 1.2- $\mu$ m glass-fibre filters (Whatman GF/C; 47 mm). The filtered cells were washed with distilled water and dried at 105 °C to constant weight.

Volumetric productivity (as g  $L^{-1}$  day<sup>-1</sup>) was calculated by the difference between the biomass concentration values between two sampling dates, divided by the number of days between samplings. In outdoor experiments to achieve areal productivity, the volumetric productivity was multiplied by the culture volume and divided by the surface area of the ponds.

For outdoor cultures, aliquots of 200 mL were collected daily at the end of the night to conduct the analyses. For indoor cultures, a sample of 50 mL was collected every 2 days. The collected culture aliquots were centrifuged at 6000 rpm for 10 min and then washed with a saline solution at a concentration of 9 g L<sup>-1</sup>. The collected biomass was stored at -20 °C and then freeze-dried before performing biochemical analyses.

Lipid content was determined spectrophotometrically after carbonisation of the material extracted with a 2:1 methanol/ chloroform solution according to Marsh and Weinstein (1966). Tripalmitin (Sigma-Aldrich, Italy) was used as standard. Lipid concentration was calculated from dry biomass

Table 1Biochemical composition of N. oceanicaF&M-M24 (average $\pm$  SD; n=4) indoor culture under nitrogen starvation. Data are reported as% of dry biomass

Day	Lipid (%)	Protein (%)	Carbohydrate (%)
0	$23\pm0.63$	43.1 ± 1.35	$17.2 \pm 0.7$
3	$58.4\pm1.5$	$27.5\pm0.72$	$18.8\pm0.29$
8	$59.8 \pm 1.59$	$25.4\pm0.3$	$16.7\pm0.11$

concentration and lipid content. Carbohydrates and proteins were extracted and quantified according to Dubois et al. (1956) and Lowry et al. (1951), respectively, starting from lyophilised biomass. Biochemical analyses were all conducted in triplicate.

### **Electron microscopy**

The cells of *N. oceanica* F&M-M24 were collected with the growth medium and fixed overnight in 1.25% glutaraldehyde in filtered sea water at 4 °C, then post-fixed in 1% OsO<sub>4</sub> in 0.1 M phosphate buffer (pH 6.8) for 1 h. After dehydration in an ethanol series and a propylene oxide step, the samples were embedded in Spurr's epoxy resin (Spurr 1969). At each step, the cells were sedimented with a 5-min centrifuge step at 1500 rpm and only the sediment was used for the following step in order to substitute safely the various solvents with micropipettes without losing cells, as in Capelli et al. (2017) and Papini et al. (2017, 2018).

Transverse sections approximately 80 nm thick were cut with a diamond knife and a Reichert-Jung ULTRACUT ultramicrotome. The sections were stained with uranyl acetate and lead citrate, and then examined with a Philips EM201 TEM at 80 kV. Semi-thin sections were observed with a Leica microscope DM RB Fluo with immersion oil.

The wall thickness was measured on the TEM pictures. A Student's *t* test was employed to assess the significancy of the different wall thickness in the starved and in the medium grown cells. The test was executed with the software PAST 3.16 (Hammer et al. 2001).

**Fig. 2** Growth curve and areal productivity of *N. oceanica* F&M-M24-starved culture cultivated outdoors in ponds during spring. Global solar radiation is also reported



# Results

# Indoor cultivation of *N. oceanica* F&M-M24: growth and biochemical composition

The growth curve and volumetric productivity of *N. oceanica* F&M-M24 cultivated indoors in glass tubes under nutrient sufficient conditions (control culture) and under nitrogen starvation are shown in Fig. 1.

During the week of cultivation, an average biomass productivity of 0.24 g  $L^{-1}$  day<sup>-1</sup> and of 0.26 g  $L^{-1}$  day<sup>-1</sup> was attained respectively for the N-starved culture and for the nutrient-sufficient culture.

The initial lipid content of the biomass was about 23% and increased up to almost 60% after 1 week of cultivation. As shown in Table 1, after 3 days of starvation, the lipid content was already over 58%.

The total protein content at the start was 43.1% and decreased slowly to 25.4. Carbohydrates remained stable at around 17%.

# Outdoor cultivation of *N. oceanica* F&M-M24 under N starvation: growth and biochemical composition

The growth curve of *N. oceanica* F&M-M24 cultivated outdoors in ponds under nitrogen starvation is shown in Fig. 2,

**Table 2**Biochemical composition of N. oceanica F&M-M24 (average<br/> $\pm$  SD; n=3) outdoor culture under nitrogen starvation. Data are reported as<br/>% of dry biomass

Day	Lipid (%)	Protein (%)	Carbohydrate (%)
11/05 (0)	31.4 ± 0.16	$39.7 \pm 2.3$	17.6 ± 1.64
12/05 (1)	$37.1\pm0.55$	$38\pm 1.74$	$14.5\pm0.25$
15/05 (4)	$49.5\pm1.06$	$31\pm1.02$	$15.4\pm0.92$
18/05 (7)	$53\pm0.33$	$26.4\pm0.49$	$15.2\pm0.38$

together with the areal productivity obtained and the daily solar radiation received on the culture surface.

During the week of cultivation under N deficiency, an average productivity of 5.5 g m<sup>-2</sup> day<sup>-1</sup> was attained. The highest productivity was observed on the first day (10.2 g m<sup>-2</sup> day<sup>-1</sup>) and the culture continued to grow for the following 6 days with an average productivity of 4.7 g m<sup>-2</sup> day<sup>-1</sup>. The starved batch culture was harvested at the end of the 7th day and the biomass was stored at  $-20^{\circ}$  C for analyses.

The initial lipid content of the biomass was about 31% and increased gradually up to almost 53% after 1 week of cultivation (Table 2). The data clearly show the effect of nitrogen deprivation on lipid accumulation and confirm previous results with the same strain (Rodolfi et al. 2009; Bondioli et al. 2012).

The total protein content at the start was about 40% and decreased slowly to 26.4%, with a reduction of more than 30%. Carbohydrates showed a fast, but low reduction in content remaining stable around 15% (Table 2).

As regards the pigments, there was a significant drop in the chlorophyll *a* content, which was reduced by more than 50% after 3 days of starvation (from 3.9 to 1.7%) (data not shown). This is also confirmed by electron microscope analyses, which show the breakdown of the photosynthetic apparatus.

#### Transmission electron microscopy

Light microscope images of the grown cultures are provided in the supplementary material (Fig. 1S).

In the control of the indoor cultivation, the chloroplasts showed completely formed thylakoids (Fig. 3a). Four to six small vacuoles in a single section (observation on 20 cells) were present, some of them close to the plasma membrane (Fig. 3a and 3b). The nucleus was about 1  $\mu$ m long (Fig. 3b). The vacuoles could contain small membrane profiles and dark masses (Fig. 3b). Few lipid droplets (one or two in Fig. 3 Nannochloropsis control indoor cultivation. a The chloroplast (arrow) has completely formed thylakoids. 4–6 small vacuoles are present. Some of them close to the plasma membrane. Bar =  $1\mu m$ . **b** The nucleus is about 1 µm long. The vacuole contains membrane profiles (arrow) and a dark mass. Lipid droplets about 3-400 nm of diameter are present. Bar = 250 nm. c A double layer of 30.7 nm in average surrounds the plasma membrane. Mitochondria have tubular cristae and are often close to the plasma membrane. Bar = 500 nm. Key to labelling: c, chloroplast; er, endoplasmic reticulum; L, lipid droplet; LV, lamellate vesicle; m, mitochondrion; n. nucleus; v. vacuole



the section) about 300–400 nm of diameter were visible (Fig. 3b). The wall structure was two layered and its thickness was 32.9 nm (SD 6.3 nm 62 measurements) in average (Fig. 3c). Mitochondria showed tubular cristae and were often close to the plasma membrane, while the cytoplasm was occupied by a large number of ribosomes well distributed in the whole cell cytoplasm (Fig. 3c). Some vacuoles showed a modest autophagic activity (Fig. 4a and 4b). Some mitochondria, often observed close to the vacuoles and others close to the plasma membrane, showed an elongated shape (Fig. 4b), while some endoplasmic reticulum (ER) elements appeared dilated, apparently ending in a small vacuole (Fig. 4b). Some of the ER-dilated elements appeared to reach the plasma membrane (Fig. 4c). Inside vacuoles, small multilamellar bodies and dark structures might form (Fig. 4c).

When starved in indoor culture, *N. oceanica* F&M-M24 cells showed the most evident modifications at the level of

the chloroplast. These organelles lost functional thylakoids whose membranes were transformed into multilamellar bodies (Fig. 5a). Vacuoles contained entire organelles and had increased electron density (Fig. 5a and 5b). In the starved cells, the walls changed to a single layer (grey to the electrons) of 37.8 nm (SD 2.8 nm 40 measurements) in average. The difference in thickness with respect to the control was statistically significant after the Student's *t* test (*p*<0.01), as calculated with PAST (raw data in Supplementary file 1). Mitochondria were strongly electron dense and normally localised close to the plasma membrane (Fig. 5c).

In a later stage, the plastids did not show organised thylakoids (Fig. 6a) while few (1-2) lipid droplets occupied large part of the cytoplasm (Fig. 6a and 6b). Some small vacuoles were still visible at the periphery of the lipid droplets. In some vacuoles, some residual thylakoids appeared surrounded by apparently filamentous material (Fig. 6b). Fig. 4 Nannochloropsis control indoor cultivation. a The cytoplasm is occupied by large number of ribosomes. Some vacuoles show a modest autophagic activity. Thylakoids are associated in groups of 3 (arrow). Bar = 250 nm. **b** Mitochondria have an elongated shape (arrow). Some endoplasmic reticulum elements appear to be dilated (asterisk), apparently ending in a small vacuole. Bar = 250 nm. c Dilated endoplasmic reticulum elements appear to reach the plasma membrane. Some vacuoles form multilamellar bodies (asterisk) and dark structures (arrows). Bar = 250 nm. Key to labelling: c, chloroplast; er, endoplasmic reticulum; L, lipid droplet; LV, lamellate vesicle; m, mitochondrion; n, nucleus; v, vacuole



The transformation of the thylakoids started with the formation of circular membranes while in the plastid a granular content appeared (Fig. 6a). In some cell sections, a crystal about 800 nm long and 400 nm wide apparently formed by protein filaments appeared at the periphery (Fig. 6a).

The nucleus showed a very dense nucleoplasm (Fig. 6a). In a later phase, the thylakoids lost their individuality fusing into a lipid mass (Fig. 6b). In the scarcely electron dense cytoplasm, the ribosomes were rare (Fig. 6b).

The outdoor-cultivated *Nannochloropsis* cells (grown in N-sufficient medium) did not show evident ultrastructural

differences with respect to the indoor-cultivated cells (data not shown), while the starved outdoor cultivation showed a higher number of lamellate vacuoles (Fig. 7a and b) during intermediate steps of lipid accumulation while the chloroplasts were still visible including some pyrenoids (Fig. 7b). As in the indoor cultivation, the mitochondria increased largely their electron density (Fig. 7a). In the final step, there were little differences with respect to the indoor cultivation: the transformation of the thylakoids into a mass of multilamellar bodies and then a mass of electron dense lipids was observed also here (Fig. 7b). However, the presence of vacuoles containing Fig. 5 Starved Nannochloropsis indoor cultivation. a The modifications induced by starvation at the beginning are loss of thylakoids and the transformation of their membranes into multilamellar bodies (arrow). Vacuole contains entire organelles and has increased their electron density. Bar = 1 $\mu$ m. **b** In a later stage, the plastids do not show organised thylakoids, while few (1-2) lipid droplets (asterisks) occupy most of the cytoplasm. Bar = 1  $\mu$ m. c Some small vacuoles are still visible at the periphery of the lipid droplets. Mitochondria are electron dense and normally localised close to the plasma membrane. There is a single layer (arrows) outside the plasma membrane. Bar = 500 nm. Key to labelling: c, chloroplast; er, endoplasmic reticulum; L, lipid droplet; LV, lamellate vesicle; m, mitochondrion; n, nucleus; v, vacuole



organelles was rare. In the final stage, the cell was almost completely filled by one large lipid containing vacuole and 2–3 small and more electron-transparent ones (Fig. 7c).

## Discussion

*Nannochloropsis oceanica* F&M-M24 was cultivated outdoors in a 10-L pond in nitrogen-deprived medium. The average productivity of the whole period was 5.5 g m<sup>-2</sup> day<sup>-1</sup>. Nitrogen deprivation caused a significant decrease of proteins (from 40 to about 26%), which was compensated by a similar increase of lipids (from 30 to more than 50%). The same trend was observed in indoor cultures, although the increase in lipids (and the consequent decrease in proteins) was less

gradual, reaching values very close to the final ones after 3 days. Although a comparison between the two experiments is difficult due to the different culture conditions and reactor geometry, it is very likely that the temporal differences in the accumulation of lipids can be attributed to the lack of the dark phase in indoor cultures. Indeed, during the inevitable light/dark cycle, lipid productivity of outdoor microalgae photoautotrophic cultivation is lowered by night biomass and lipid loss (Kato et al. 2019; Carneiro et al. 2020).

The capacity for ex novo lipid synthesis (mainly TAGs) seems to be a characteristic of oleaginous microalgae (Simionato et al. 2013), which, when grown under N-deficiency (or other stress that limits growth), channel the excess of carbon and energy into storage lipid (mainly TAGs), at the expense of other cell components, particularly



**Fig. 6** Starved *Nannochloropsis* indoor cultivation. **a** The thylakoids start to form circular membranes, while in the plastid a granular content appears. In some cell sections, a crystal (asterisk) about 800 nm long and 400 nm wide apparently formed by protein filaments appears at the periphery. The nucleus shows a very dense nucleoplasm. Outside the plasma membrane, a layer (arrows) of 38.4 nm in average is present. Bar = 500 nm. **b** In a later phase, the thylakoids lose their individuality fusing into a lipid mass (asterisk). Large part of the cytoplasm is occupied by small vacuoles containing intact membranes and residual thylakoids apparently surrounded by filamentous material (arrows). Bar = 500 nm. Key to labelling: c, chloroplast; er, endoplasmic reticulum; L, lipid droplet; LV, lamellate vesicle; m, mitochondrion; n, nucleus; v, vacuole

proteins. The indoor and outdoor data clearly show the effect of nitrogen deprivation on lipid accumulation and confirm previous results with the same strain (Rodolfi et al. 2009).

The increase in lipid accumulation under nutrient limitation is a well-known process in the genus *Nannochloropsis* (Ajjawi et al. 2017; Sun et al. 2018). Surprisingly, the overexpression (Kang et al. 2005) or the knockout (Ajjawi et al. 2017) of a transcription factor may lead to further increase of lipid production without affecting biomass productivity. Nitrogen starvation in *N. oceanica* F&M-M24 causes changes in the chloroplasts by dismantling of the thylakoids that are destined to become first multilamellar bodies and eventually lipid droplets that will occupy large part of the cytoplasm. This mechanism of formation of the lipid droplets was already observed by van Doorn and Papini (2016) in angiosperms. A change in quantity of some chloroplast membrane lipids in condition of light stress was already observed by Wang (2020), showing that the chloroplast may be the key organelle in stress response in *Nannochloropsis*. We show here that in fact, part of the lipids may derive from thylakoids dismantling.

A thick cell wall may represent an obstacle to biocommodity extraction (Scholz et al. 2014). In *N. gaditana*, the wall is formed by an internal cellulosic layer and an outer hydrophobic algaenan layer (Scholz et al. 2014). Algaenan comprises saturated aliphatics with ether cross-links, resembling the cutan of vascular plants. The presence of fibrous extensions extending from the wall is considered typical of *N. gaditana*, for this reason assigned to the new genus *Microchloropsis* (Scholz et al. 2014) and *Paraeustigmatos columelliferus* (Fawley et al. 2019). This character is considered pleiomorphic in the algal class (Fawley et al. 2019). *Nannochloropsis oceanica* F&M-M24 does not show these wall extensions and can be considered hence belonging to *Nannochloropsis* sensu stricto.

Wall thickness can vary in Nannochloropsis from 63 to 119 nm, depending on the species, with N. oceanica (CCAP 849/10) reaching on the average a cell wall thickness of 111 nm (Beacham et al. 2014). In N. oceanica F&M-M24, the wall thickness and structure changed depending on the physiological status, being two layered and about 32.9 nm in average in the control and changing to a single layer of 37.8 nm in average in the starved state (indoor cultivation). The difference was statistically significant. The more internal layer may correspond to the cellulose layer, while the outer one may be considered related to the algaenan component. The wall thickness in N. oceanica F&M-M24 was much lower with respect to the strains analysed by Beacham et al. (2014). Both experiments were carried out indoors, even if Beacham et al. (2014) used a lower irradiance (100 µmol photons  $m^{-2}s^{-1}$ , on a 16-h:8-h light:dark cycle). For this reason, N.oceanica F&M-M24 may present advantages from the point of view of cell content extraction. In fact, a thicker wall is related to the capability of microorganisms to resist mechanical rupture that is typical of biomass extraction, such as highpressure homogenisation (Middelberg 1995; Yap et al. 2016).

Moreover, the observed variation in structure and thickness would demonstrate that these characters are not simply genetically determined but also influenced by nutrients availability, as already stated by Jeong et al. (2017). These last authors showed that nitrogen starvation-induced cell wall increase in thickness and concurrently increase in the transcript Fig. 7 Starved Nannochloropsis outdoor cultivation. a Intermediate step: chloroplast still visible. The lamellate vesicles are filling with lipids. Bar = 1  $\mu$ m. **b** Intermediate step: pyrenoid still visible (arrow). Some lamellate vesicles are forming. Bar =  $1 \mu m$ . c Final step. The larger part of the cytoplasm is occupied by a large lipid mass. A residual of chloroplast is still present, but the thylakoids are no longer distinguishable. Bar = 1  $\mu$ m. Key to labelling: c, chloroplast; er, endoplasmic reticulum; L, lipid droplet; LV, lamellate vesicle; m, mitochondrion; n, nucleus; v, vacuole



levels of genes coding for UDPG pyrophosphorylase and cellulose synthases, together with total cellulose content (Jeong et al. 2017).

The most striking changes in the cytoplasm are those related to the chloroplasts. The mechanism of recovery of the thylakoid membrane components passes through the formation of a ring of membranes within the chloroplast that later fuses to multilamellar bodies. The presence of thylakoids in the vacuoles indicates that autophagy is involved in chloroplast component recycling, as already suggested by Dong et al. (2013) for *N. oceanica* and, more in general, by Papini et al. (2014) and Papini and van Doorn (2015). The mechanism of vacuole formation is apparently related to the dilation of ER elements that is considered one of the main ways of formation of autophagic vacuoles (Papini et al. 2014). Since relatively small autophagic vacuoles are present even in the control, macroautophagy appears a normal mechanism of organelle recycling also in conditions of normal nutritional state.

While mitochondria in the N-sufficient medium appeared very similar to those already observed by Hashimoto (2004), specifically Fig. 1) in *N. oculata*, the large increase of their electron density in the starved case suggests that mitochondria are scarcely active in energy production and hence the cell is

apparently consuming a low amount of energy. No specific investigation about the ultrastructure of mitochondria is available in ochrophytes or in heterokont protists. However, an electron dense matrix of the mitochondria has been related to damage due to hypoxia/ischaemia in mammal cells (Aliev et al. 2009; Liu et al. 2016). After Castejón and Viloria de Castejón (2004) and Solenski et al. (2002), an "intact" electron-dense mitochondrion of human cortical neurons is thought to represent calcium-overloaded mitochondria at some stage of degradation or injury. In our case, the increase in electron density of mitochondria matrix could be attributed to a lower availability of oxygen (hypoxia), possibly due to the lower cell wall permeability.

Moreover, the main use of acetyl-CoA is for fatty acid synthesis rather than in the Krebs cycle, and for this reason, mitochondria are more dedicated to citric acid cycle and boxidation to utilise the carbon skeletons derived from membrane lipids and proteins to produce additional fatty acids (Li et al. 2014). Since the reduction in carbohydrates was only 13%, the increase in lipid amount (almost 70% higher than the control) should derive from catabolism also of proteins and hence the change in mitochondria structure may be related to this type of biomolecules allocation. The increase in electron density of the nucleus is probably related to a progressive increase of the heterochromatin fraction and hence a reduction of the mRNA and rRNA production. Therefore, the number of ribosomes is largely reduced in the starved phase. Since the total content of proteins is reduced by 1/3 at the end of the measurement, the large reduction in ribosomes populations does not allow the production of new polypeptides. Despite this blockade of translation, the observed filamentous crystal may represent a storage of protein at disposal for the cell when it will recover from translation and will need to rebuild the chloroplasts.

The outdoor-cultivated Nannochloropsis cells showed a higher number of lamellate vesicles during intermediate steps of lipid accumulation, while the autophagic activity in "normal" vacuoles was more difficult to be observed with respect to the indoor cultivation. Lamellate vesicles are a typical feature of Eustigmatophyceae. They were recorded around the pyrenoid or free in the cytoplasm by Maruyama et al. (1986), Santos (1990) and Santos and Leedale (1995) in several species of Nannochloropsis and they are considered related to the storage of reserve material by the cells, eventually ending in the formation of a lipid vacuole/droplet (Santos and Leedale 1995). Some variation in frequency of lamellate vesicles in Nannochloropsis was observed also by Suda et al. (2002), even if these authors did not assign any physiological explanation to this variation. After Schnepf et al. (1996) and Amaral et al. (2020), the lamellate vesicles may contain polysaccharides, possibly paramylon-like, but we show here that there is a continuum from lamellate vesicles towards lipid vacuoles, and the transformation of polysaccharides into lipids would require an enzymatic machinery in the vacuole both for catabolism of carbohydrates and for anabolism of lipids. Our data show that lamellate vesicles are more frequent in starved cells in outdoor cultivation, and hence, factors such as nitrogen depletion (related to lipid accumulation) and type of illumination may be involved.

# Conclusions

The main effects of nitrogen starvation in *N. oceanica* F&M-M24 are the dismantling of the photosynthetic apparatus first by thylakoid disruption and later by macroautophagy, the formation of lipid droplets and the reduction in protein content. Besides, the increase in wall thickness and structure change might indicate that after starvation, the cells change towards a resistance state. However, *N. oceanica* F&M-M24 appears to have a cell wall with a much lower thickness with respect to other species of *Nannochloropsis* investigated so far, and hence, it may be more easily disrupted to recover cell components. These modifications appear to be natural responses to reduction

of availability of nutrients in order to survive in quiescence until an improvement of the environmental conditions allows a recovery of the cell and the rebuilding of the photosynthetic apparatus.

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Author contribution Outdoor experiments were planned and performed by GCZ; indoor experiments were planned by MT, LR and BR and performed by BR; AP dealt with microscopy results. BR, GCZ and AP wrote the manuscript; LR and MT reviewed and approved it.

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**Declarations** M.R. Tredici and L. Rodolfi have a financial interest in F&M S.r.l. The other authors declare no conflicts of interest.

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