Alginate, mannitol, phenolic compounds and biological activities of two range-extending brown algae, *Sargassum mangarevense* and *Turbinaria ornata* (Phaeophyta: Fucales), from Tahiti (French Polynesia)

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Abstract This study deals with two range-extending brown algae from Tahitian coral reefs, Sargassum mangarevense and Turbinaria ornata; their alginate properties, mannitol and phenolic contents, antioxidant and antimicrobial activities were determined. Turbinaria ornata showed the richest alginate content with the highest extraction yield $(19.2\pm$ 1.3% dw). Their alginates also exhibited the highest viscosity (50±18 mPa.s), but the M:G ratios (mannuronic acid to glucuronic acid) of alginates (1.25-1.42) were similar in both species. Alginate yield displayed spatial variations, but no significant seasonal changes. The highest mannitol content was found in S. mangarevense (12.2± 2.1% dw) during the austral winter. With respect to other tropical Fucales, both algae exhibited also a high phenolic content (2.45-2.85% dw) with significant spatio-temporal variations. Furthermore, high antioxidant activity and activity against Staphylococcus aureus were also detected in extracts. According to these preliminary results, these two range-extending algae are of key interest in numerous industrial areas.

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Introduction

Over the past few decades, French Polynesian reefs have experienced a large algal bloom by two members of the Fucales, Sargassum mangarevense (Grunow) Setchell and Turbinaria ornata (Turner) J. Agardh, accompanied with reef degradation (Stiger and Payri 1999a, b). This proliferation is a threat to the equilibrium of the coral reef ecosystem while leading to a spatial extension of the populations in the Tuamotu Archipelago via a long-range dispersal strategy (Payri and Stiger 2001). In this context, it would be worthwhile to make use of this biological material for industrial applications in order to sustain the control of these two species while contributing to the conservation of the reef ecosystem. Within the Tahitian coral reef ecosystem, the mass of attached algae was estimated by a remote-sensing tool (IKONOS satellite imagery) at 739.269±337.462 tons of dry matter (Arue, Punaauia and Paea) (Andréfouët et al. 2004). Moreover, biochemical analyses have confirmed these algae to be of suitable quality for industrial uses (Zubia et al. 2003) with respect to their mineral salts content (notably potassium, nitrogen, calcium and iron), soluble fibres and proteins contents, and their numerous polyunsaturated fatty acids.

In order to collect additional data to further supplement the prospective study about possible industrial uses of these algae, it seemed relevant to conduct a detailed analysis of some compounds of specific interest. Indeed, amongst the remarkable diversity of natural compounds of brown algae. polysaccharides (e.g., alginate and fucoidan), mannitol and phlorotannins have proved to have great properties for industrial uses (Kornprobst 2005). Alginate is the major structural component of the brown algal cell wall, and mainly consists of β -D-mannuronic acid and α -L-guluronic acid units. In a wide range of industrial applications, alginates are essential compounds as thickening, gelling or stabilizing agents (McHugh 1987; Perez et al. 1992). In temperate areas, they are mainly extracted from the brown seaweeds Macrocystis pyrifera, Ascophyllum nodosum and Laminaria spp., whereas in tropical regions (China, Philippines, India, and Vietnam), Sargassum, Turbinaria, and Padina are the major sources (Critchley and Ohno 1998). Mannitol is a sugar alcohol produced by photosynthesis and is universally found in brown algae and can account for 20-30% dw in some Laminaria species (Kornprobst 2005). Mannitol exhibits hydrating and antioxidant properties used in numerous cosmetic and pharmaceutical applications (Iwamoto and Shiraiwa 2005). Though the mannitol produced by chemical synthesis is cheaper than the natural one extracted from seaweeds, it is worth using the latter because of the preference exhibited by consumers for natural cosmetic products. Other bioactive molecules are phenolic compounds: these secondary metabolites are found, mainly as phlorotannins, at high levels in Fucales (20-30% dw) (Ragan and Glombitza 1986). These molecules are assumed to function as chemical defenses against grazers, pathogens and epiphytes (see Amsler and Fairhead 2006 for review), and are also involved in mechanisms of photoprotection against solar radiation, especially UV radiation (Pavia et al. 1997). They have a wide range of biological activities (antimicrobial, antioxidant, antitumoral, antiviral; Lacaille-Dubois and Wagner 1996) of high interest for applications in pharmaceutical and cosmetic processes. These considerations explain why the screening of the bioactivity of seaweed extracts is paramount. The genera Sargassum and Turbinaria are well-known for their biological activities (see Zubia 2003 for review), and chemical defenses are supposed to increase in species from coral reef ecosystems where biodiversity, grazing and competition for space are enhanced (Hay 1996). Moreover, tropical macroalgae exhibit high radical scavenging activities leading to an effective antioxidant defense system (Zubia et al. 2007). Thus, S. mangarevense and T. ornata from Tahiti (French Polynesia) could be a valuable source of secondary metabolites. However, previous biochemical studies on these seaweeds have dealt only with phenolic contents (Stiger et al. 2004) and antitumor activities (Deslandes et al. 2000).

Together, these considerations led us to pursue these investigations by focusing the present study on an assessment of alginate properties, mannitol and phenolic contents, and biological activities (antioxidant and antimicrobial). Spatio-temporal fluctuations of some parameters were also explored in order to optimise the harvest of these species for future industrial applications.

Materials and methods

Sargassum mangarevense and Turbinaria ornata were collected by snorkeling at two sites, Arue (149°32'W, 17° 30'S) and Punaauia (149°37'W, 17°35'S), both located on the northwest inner barrier reef of Tahiti (French Polynesia). These sites were selected because of their different environmental conditions. In order to detect eventual seasonal changes, sampling was conducted during the hot and wet season in February 2000 and during the cool and dry season in July 2000. For each season, and for each site, 30 attached individuals of each species were randomly sampled from well-developed Sargassum and Turbinaria patches. Once back in the laboratory, the algae were sorted out to remove epiphytes and epifauna and washed with demineralized water to remove sand and other detritus. They were then mixed and blended according to site, season and species. For each batch, three or four subsamples were selected randomly for each analysis. The subsamples were sun-dried for alginates, ovendried at 60°C for 48 h for mannitol, and frozen at -20°C prior to extraction for phenolic content and antioxidant activity analysis. Additional material was collected for antimicrobial activity in January 2002, from the reef front of Faa'a barrier reef (149°36'W, 17°33'S). Twenty fixed individuals for each species were sampled, washed with demineralized water and immediately extracted.

Alginates

The extraction protocol of Perez et al. (1992) was followed; 10 g of sun-dried alga was stirred for 12 h in 500 mL of 1% formaldehyde, then washed with deionized water prior to acidification (H₂SO₄ 0.2 N, 4 h, 25°C). The algal sample was then washed a second time with deionised water prior to alginates extraction by stirring in 500 mL of 1% Na₂CO₃ for 12 h at 25°C. After filtration, the alginates were precipitated in ethanol 95% (1:2 v/v) as sodium salt. The precipitate was washed first with absolute ethanol then with acetone, dried for 24 h at 40°C and milled before storage. Alginate yield was expressed as a percentage of dry weight (% dw).

For viscosity analysis, 3 g of sodium alginate were dissolved in 397 ml of distilled water prior to the addition of 0.72 g of sodium carbonate, and stirred to obtain 1% sodium alginate in a uniform gel structure. The viscosity of the solution was measured in triplicate at 20°C with a Brookfield Model LVF apparatus and expressed in mPas.s.

Alginates are composed of two uronic acids: the mannuronic acid (M) and the guluronic acid (G) present as blocks of homopolymeric (M-blocks or G-blocks) and heteropolymeric (MG-blocks) sequences. The mannuronic acid-to-guluronic acid ratio (M:G ratio) gives information about the formed gel (Perez et al. 1992). The uronic acids from alginates were determined by ¹H- and ¹³C-NMR spectrometry (Brucker AM400 spectrometer) at 25.05 MHz according to the method by Tako et al. (2001). Ten mg of alginates were dissolved in 4 mL of D_2O , and data were recorded at 80°C. Chemical shifts were expressed in parts per million (ppm) relative to tetramethylsilane as internal reference.

Mannitol

Mannitol was measured according to Cameron et al. (1948) on each subsamples from the Arue site only. The complete oxidation of mannitol was by an excess of 0.1 N periodic acid. The amount of periodic acid used was then determined against a blank by titration with 0.1 N sodium thiosulfate after addition of potassium iodate (2 g) and 4 N sulfuric acid, and expressed as a percentage of dry weight (% dw).

Phenolic content and antioxidant activity

For each subsample, one extraction was performed from 10 g of fresh algae mixed with methanol/demineralized water (50/50, v/v) at 40°C for 3 h in the dark with stirring. The extracts were then filtered, concentrated to a final volume of 10 ml by evaporation under vacuum at 40°C and stored at -20°C.

The Folin-Ciocalteu method described in Zubia (2003) was used to determine, by spectrophotometry at 700 nm, the total content of phenolic compounds in algal extracts. Each extract was measured in triplicate against a phloroglucinol standard curve, and phenolic content expressed as % dw.

Radical scavenging/antioxidant activities of the different extracts were assessed using the DPPH (2,2-diphenyl-1picrylhydrasyl) free-radical method (Blois 1958). Aliquots of 300 μ L of extracts were added to 3 ml of DPPH solution [0.0141 g in 100 mL methanol/water mixture (90/10)]. After standing for 60 min at room temperature, absorbance was read at 517 nm against demineralised water as blank. Each extract was measured in triplicate and absorbance was then transformed into a percentage of inhibition.

Antimicrobial activity

Extracts were prepared by stirring 100 g of fresh algae with 300 mL solvent (demineralized water or ethanol 50%) for 24 h at 40°C in the dark. After filtration, the alcoholic extracts were concentrated under reduced pressure at 40°C, re-suspended in 25 mL of distilled water and lyophilized for storage. The aqueous extracts were directly lyophilized after filtration.

Antimicrobial activity testing of the extracts was performed in agar-plated Petri dishes by the disc diffusion technique (Micromer, Brest, France). Each extract was tested for five common pathogenic microorganisms: one Grampositive bacterium (*Staphylococcus aureus*), two Gramnegative bacteria (*Escherischia coli* and *Pseudomonas aeruginosa*), one yeast (*Candida albicans*) and one mould (*Aspergillus niger*). The Petri dishes were incubated at 30°C for 72 h for bacteria and 25°C for 96 h for fungi. The activity was then estimated by measuring the diameter (in mm) of the inhibition zones around the discs. There were three replicates for each assay and for the control (no extracts).

Statistical analysis

All statistical analyses were performed using Statistica 5.1. The data were tested for normality (Shapiro–Wilk test), and the homogeneity of variances groups was verified (Bartlett or Levene tests) at the 0.05 significance level. To satisfy the criteria of normality and homoscedasticity for parametric tests, some data were arcsine transformed (Underwood 1999). The differences between 2 independent groups were assessed with the Student *t*-test. Moreover, different sources of variations, i.e. species, site and season, were tested on different variables (alginate yield, phenolic content and antioxidant activity) with three-way analysis of variance (ANOVA) with fixed and crossed factors. Mannitol content was tested with two-way factorial ANOVA (factors: season and specie). *Post-hoc* tests (Tukey HSD or SNK) were performed when data showed significant differences (p < 0.05).

Results

Alginate

Table 1 gives the mean of alginate properties (yield, viscosity and M:G ratios) of Sargassum mangarevense and Turbinaria ornata. Yield and viscosity are statistically higher in T. ornata than in S. mangarevense (p<0.0000 and p=0.0103 respectively). M:G ratios are alike in both species (p=0.3052). The high standard deviations for yield and viscosity data are indicative of the great variability of alginate properties. Alginate yield and viscosity vary in time and space (Fig. 1) depending on species. For both parameters, higher values were observed in T. ornata from the Arue samples (Table 2; p=0.0472). However, no significant seasonal variation of alginate yield was observed (Table 2; p=0.0592) and the significant interaction observed between season and species factors (Table 2, p=0.0010) indicated that seasonal variations are speciesdependent. Though the reduced number of analysed samples prevented us from statistically testing viscosity

Species	Yield	Viscosity	M:G ratio	References
S. asperifolium Her. & G. Mark.	12.0	nd	0.69	Larsen et al. (2003)
S. binderi Sond.	25.2	30	nd	Chou and Chiang (1976)
S. carpophyllum J. Ag.	5.0-34.0	50-105	nd	Ragaza and Hurtado (1999)
S. cristaefolium C. Ag.	21.1-35.3	22-728	nd	Chou and Chiang (1977)
	19.2-31.8	43-191	nd	Chou and Chiang (1976)
S. dentifolium Zanardini	3.3	nd	0.52	Larsen et al. (2003)
S. duplicatum (J. Ag.) J. Ag.	19.1	nd	nd	Kaliaperumal et al. (1989)
	33.9-38.9	78-111	nd	Chou and Chiang (1976)
S. enerve C. Ag.	32.5	nd	0.86	Behairy and El-Sayed (1983)
S. fluitans (Børg.) Børg.	18.8	nd	nd	Aponte de Otaola et al. (1983)
	21.1-24.5	nd	0.52-0.57	Davis et al. (2004)
S. hemiphyllum (Turn.) C. Ag.	22.7	88	nd	Chou and Chiang (1976)
	23.0	nd	1.06	Minghou et al. (1984)
S. henslowianum C. Ag.	17.8	nd	0.82	Minghou et al. (1984)
S. horneri (Turn.) C. Ag.	11.5	nd	0.64	Minghou et al. (1984)
S. ilicifolium (Turn.) C. Ag.	22.3-30.8	nd	nd	Chennubhotla et al. (1982)
	4.0-23.0	85-178	nd	Ragaza and Hurtado (1999)
	8.0-12.5	nd	nd	Joshi and Gowda (1975)
S. latifolium (Turn.) C. Ag.	4.3-17.2	nd	0.25-0.82	Larsen et al. (2003)
S. mangarevense (Grun.) Setch.	9.3±1.7	31±16	1.42 ± 0.24	This study
S. mcclurei Setch. Setch.	23.6	nd	1.47	Minghou et al. (1984)
S. microphyllum C. Ag.	20.3-23.5	62-206	nd	Chou and Chiang (1976)
S. miyabei Yendo	10.5-18.1	nd	0.62-1.10	Minghou et al. (1984)
S. myriocystum J. Ag.	14.3-26.1	nd	nd	Kalimuthu (1980)
	15.9-34.5	nd	nd	Chennubhotla et al. (1982)
S. natans (Linnaeus) Gaillon	19.9	nd	nd	Aponte de Otaola et al. (1983)
S. oligocystum Mont.	16.3-20.5	nd	0.49-0.62	Davis et al. (2004)
S. pallidum (Turn.) C. Ag.	10.4	nd	1.26	Minghou et al. (1984)
S. patens C. Ag.	16.0	nd	1.59	Minghou et al. (1984)
S. polyceratium Mont.	12.7-26.3	nd	nd	Aponte de Otaola et al. (1983)
S. polycystum C. Ag.	17.1-27.6	6-73	0.56-0.74	Saraswathi et al. 2003
S. sandei Reinbold	28.5	347	nd	Chou and Chiang (1976)
S. siliquastrum (Turn.) C. Ag.	18.1	nd	1.13	Minghou et al. (1984)
S. siliquosum J. Ag.	6.0-41.0	70-130	nd	Ragaza and Hurtado (1999)
1 0	32.7-34.7	168-239	nd	Chou and Chiang (1976)
S. tenerrimum J. Ag.	8.5-13.4	24-498	nd	Tewari et al. (1983)
5	19.1	nd	1.53	Minghou et al. (1984)
S. thunbergii (Mertens ex Roth) Kuntze	12.8	nd	0.78	Minghou et al. (1984)
S. vulgare C. Ag.	7.7-25.1	nd	nd	Aponte de Otaola et al. (1983)
	30.2	nd	0.71	Behairy and El-Sayed (1983)
S. wightii Grev.	23.0-36.5	2-26	nd	Thomas and Subbaramaiah (1991)
0	21.3-31.7	nd	nd	Umamaheswara Rao (1969)
S. sp	15.4	266	nd	Chou and Chiang (1976)
S. sp	32.0-35.0	nd	0.64-1.27	Omar et al. (1988)
T. conoïdes (J. Ag.) Kütz.	27.3	nd	nd	Kaliaperumal et al. (1989)
	23.2-35.6	nd	nd	Umamaheswara Rao (1969)
	11.0-38.0	55-78	0.57-0.60	Jothisaraswathi et al. (2006)
T. decurrens Bory	16.3–26.3	nd	nd	Kaliaperumal and
-				Kalimuthu (1976)
T. filamentosa Yamada	17.1	36	nd	Chou and Chiang (1976)
T. murrayana Barton	40.1	nd	1.09	Behairy and El-Sayed (1983)

Table 1 Yield (% dw), viscosity (mPa.s) and M:G ratios of the alginates extracted from Sargassum mangarevense and Turbinaria ornata compared to those from other tropical and subtropical Sargassum and Turbinaria

Table 1 (continued)

Species	Yield	Viscosity	M:G ratio	References
T. ornata (Turn.) J. Ag.	19.2±1.3	50±18	1.25±0.20	This study
	22.0-33.0	nd	nd	Umamaheswara Rao and Kalimuthu (1972)
	18.9	69	nd	Chou and Chiang (1976)
	19.1–26.1 20.6	nd nd	nd 0.89	Kaliaperumal et al. (1989) Minghou et al. 1984

nd Not determined

values, they tended to be more elevated during the austral winter and at Arue for every sample tested.

Mannitol

Mannitol contents and seasonal variations are given respectively in Table 3 and Fig. 2. Mannitol levels were statistically higher in *S. mangarevense* than in *T. ornata* $(12.2\pm2.1\%$ dw compared to $5.9\pm1.5\%$ dw, p<0.0000) and exhibited significant seasonal variations (p = 0.0006) with elevated concentrations in the austral winter for both species, but with a more marked variation in *T. ornata* (interaction season x species, p=0.0252).



Fig. 1 Alginate yield (% dw, histogram) and viscosity (mPa.s, curve) of *Turbinaria ornata* and *Sargassum mangarevense* collected at Arue and Punaauia in austral summer and winter. *Bars* represent the standard deviation. The means of alginate yield and number of analysed subsamples (*in brackets*). Viscosity data correspond to the analysis in triplicate of a single subsample of alginate

Phenolic content

The phenolic contents are quite similar (Table 2; p=0.1175) in both species *S. mangarevense* and *T. ornata* (2.85±1.12% dw and 2.45±0.61% dw, respectively), but show spatiotemporal variations (Fig. 3). They are significantly higher over the austral winter than in the austral summer (p< 0.0000) and at Arue site (p = 0.0084) (Table 2). The significant interaction between the three factors (season x site x species) (p=0.0214) likely results from the high intravariability of phenolic content (Fig. 3).

Antioxidant activity

The antioxidant activities of *S. mangarevense* $(84\pm2\% \text{ dw})$ and *T. ornata* $(83\pm4\% \text{ dw})$ are similar (Table 2; p=0.5870). Moreover, the samples exhibited great intra-sample-

Table 2 Results of three-way ANOVA (fixed and crossed factors) used to assess the impact of season, site and species on alginate yield, phenolic content and antioxidant activity in *S. mangarevense* and *T. ornata* (p>0.05)

Variable	Source of variation	F	р
Alginate yield	Season	4.06	0.0592
	Site	4.54	0.0472
	Species	518.92	0.0000
	Season × Site	1.36	0.2589
	Season × Species	15.36	0.0010
	Site × Species	4.89	0.0401
	Season × Site × Species	1.49	0.2380
Phenolic content	Season	30.58	0.0000
	Site	8.26	0.0084
	Species	2.64	0.1175
	Season × Site	1.97	0.1731
	Season × Species	0.19	0.6632
	SitevSpecies	2.08	0.1618
	Season × Site × Species	6.06	0.0214
Antioxidant activity	Season	0.58	0.4543
	Site	0.19	0.6640
	Species	0.30	0.5870
	Season × Site	0.11	0.7431
	Season × Species	1.60	0.2178
	Site × Species	0.31	0.5803
	Season \times Site \times Species	0.43	0.5200

Species	Mannitol (% dw)	References
S. cinctum J. Ag.	11.5	Mehta and Parekh (1978)
S. duplicatum (J. Ag.) J. Ag.	2.6	Kaliaperumal et al. (1989)
S. ilicifolium (Turn.) C. Ag.	5.2-8.6	Joshi and Gowda (1975)
	2.0-5.0	Chennubhotla et al. (1982)
S. mangarevense (Grun.) Setch.	12.2 ± 2.1	This study
S. myriocystum J. Ag.	1.8-5.0	Kalimuthu (1980)
	1.35.0	Chennubhotla et al. (1982)
S. piluliferum (Turn.) J. Ag.	8.7	Itoh and Hori (1989)
S. pteropleuron Grun.	7.2-33.4	Prince and Daly (1981)
S. swartzii C. Ag.	5.6-11.1	Mehta and Parekh (1978)
S. tenerrinum J. Ag.	3.6	Mehta and Parekh (1978)
S. tortile (C. Ag.) C. Ag.	5.3	Itoh and Hori (1989)
S. vulgare C. Ag.	3.8-11.6	Mehta and Parekh (1978)
S. wightii Grev.	1.2-5.5	Umamaheswara Rao (1969)
	1.0-6.2	Thomas and Subbaramaiah (1991)
T. conoïdes (J. Ag.) Kütz.	1.4	Kaliaperumal et al. (1989)
	1.8 - 7.0	Umamaheswara Rao (1969)
T. decurrens Bory	1.5-8.7	Kaliaperumal and
		Kalimuthu (1976)
T. ornata (Turn.) J. Ag.	5.9 ± 1.5	This study
	2.0-7.0	Umamaheswara Rao and Kalimuthu (1972)
	2.6-6.0	Kaliaperumal et al. (1989)

 Table 3
 Mannitol contents (% dw) in S. mangarevense and T. ornata

 compared to the tropical and subtropical Sargassum and Turbinaria
 genera

variability despite the lack of significant spatio-temporal variation (Fig. 3).

Antimicrobial activity

The results of the antimicrobial screening of the extracts are shown in Table 4. *Sargassum mangarevense* and *T. ornata*



Fig. 2 Mannitol content (% dw) in *T. ornata* and *S. mangarevense* collected at Arue in austral summer and winter. *Bars* represent the standard deviation and means of mannitol content (n=3)



Fig. 3 Phenolic content (% dw, histogram) and antioxidant activity (% inhibition DPPH radical, *curve*) of *T. ornata* and *S. mangarevense* extracts during austral summer and winter at two sites (Arue and Punaauia). *Bars* represent the standard deviation and means of phenolic content (n=4)

both displayed an antimicrobial activity only against the Gram-positive bacterium, *Staphylococcus aureus*, and the aqueous extract of *S. mangarevense* showed the smallest inhibition.

Discussion

Alginates

In our study, alginate yields in Polynesian seaweeds were in the range of 6.0 to 21.1% dw, with the highest values shown in *Turbinaria ornata*. These ratios are comparatively lower than those from other alginophytes used in the industry (13-38% dw; Perez et al. 1992). Sargassum mangarevense showed a lower alginate yield than T. ornata (6.0-12.4% dw against 16.8-21.1% dw). Despite the great intra-species variability in part regulated by abiotic and biotic factors, i.e., age, parts of the thalli, physiological stage, season, tide, depth (Aponte de Otaola et al. 1983), and by the diversity among extraction procedures (Chou and Chiang 1977; Davis et al. 2004), it is worth noting that S. mangarevense values are usually below the levels reported in the literature for the genus Sargassum, while those of T. ornata agree with the available data (Table 1). Seasonal variations in alginate yields are correlated with the physiological stage of seaweeds. Indeed, in most Sargassum species (Umamaheswara Rao 1969; Chennubhotla et al. 1982; Aponte de Otaola et al. 1983; Thomas and Subbaramaiah 1991; Ragaza and Hurtado 1999; Saraswathi et al.

Table 4 Antimicrobial activity (inhibition, diameter in mm) of aqueous and ethanolic		S. aureus	E. coli	P. aeruginosa	C. albicans	A. niger
extracts of <i>T. ornata</i>	T. ornata					
and S. mangarevense	Aqueous extract	12.5	_	_	_	-
	Ethanolic extract	13.0	_	_	_	-
	S. mangarevense					
	Aqueous extract	9.5	_	-	-	-
- No inhibition	Ethanolic extract	12.5	-	-	-	_

2003) and Turbinaria species (Umamaheswara Rao 1969; Kaliaperumal and Kalimuthu 1976) the highest and lowest yields have been recorded during the growth period and over the reproduction stage, respectively. In the present study, no statistical evidence of seasonal variations was observed, in contrast to the spatial ones. Polynesian seaweeds displayed the highest alginate yield in Arue probably due to specific environmental parameters (i.e., temperature, hydrodynamism). In fact, alginate yields in Sargassum and T. ornata are known to be affected by environmental factors (Aponte de Otaola et al. 1983; Kaliaperumal et al. 1989; Ragaza and Hurtado 1999) in relation with the biological functions of alginic acid (e.g., prevention of dessication, flexibility) (Aponte de Otaola et al. 1983). It would be worthwhile to conduct monthly measurements of alginate vield in Arue reef to gain more insight into alginate variations in Polynesian seaweeds in order to optimize their harvest.

The development of any alginophyte industry goes through an assessment of alginate quality. For commercial and scientific purposes, the key property of alginates is their ability to form viscous solutions in water. According to the criteria used in the industry (Perez et al. 1992), the viscosities of Polynesian seaweed alginates are low (9-78 mPa.s), which is in agreement with the frequent observations of low viscosity in alginates obtained from tropical or subtropical species compared to cold water species (McHugh 1987). In this study, T. ornata exhibited a higher viscosity than S. mangarevense with a mean value agreeing with literature data (Table 1). Such a comparison is difficult for the genus Sargassum because of the great variability among the numerous alginate viscosity values available in the literature (Table 1), which are dependent upon various factors (e.g., parts of the thalli, physiologic stage, season, storage) (Tewari et al. 1983; Thomas and Subbaramaiah 1991; Ragaza and Hurtado 1999; Saraswathi et al. 2003; Jothisaraswathi et al. 2006) and also upon extraction protocols (Chou and Chiang 1977). In Tahiti, austral winter and the Arue site could be the best season and location for harvesting large brown algae as their alginates are of the highest quality.

Whereas viscosity determines the quality of alginates, their M:G ratio gives insight into the nature of a gel formed with divalent cations. In both species studied, M:G ratios were quite high (1.25–1.42) in comparison with the literature data (Table 1). However, those from common alginophytes are frequently higher, i.e. 2–3.6 (Minghou et al. 1984; McHugh 1987; Perez et al. 1992). These observations favor the use of Polynesian seaweed alginates for the manufacture of strong gels as reported previously for *Sargassum* and *Turbinaria* (Minghou et al. 1984; McHugh 1987; Larsen et al. 2003; Davis et al. 2004; Jothisaraswathi et al. 2006). However, further analyses are required to confirm these preliminary results, especially as M:G ratios are known to depend strongly on factors such as extraction procedures (Davis et al. 2004), age (Omar et al. 1988; Honya et al. 1993) and seasonality (Minghou et al. 1984; Jothisaraswathi et al. 2006).

Mannitol

Mannitol content ranged from 3.90 to 14.42% dw, with S. mangarevense displaying a higher mannitol content than T. ornata, and that of other Sargassum species recorded in the literature (Table 3) with the exception of S. pteropleuron (Prince and Daly 1981). Values for T. ornata are in agreement with the highest values reported in the literature for that genus (Table 3). However, a great variability of mannitol level was observed within the same genus (1.4-8.7% dw for Turbinaria and 1-34% dw for Sargassum; Table 3) depending on season, site and species (Umamaheswara Rao 1969; Umamaheswara Rao and Kalimuthu 1972; Joshi and Gowda 1975; Kaliaperumal and Kalimuthu 1976; Mehta and Parekh 1978; Kalimuthu 1980; Prince and Daly 1981; Kaliaperumal et al.1989; Thomas and Subbaramaiah 1991), and also the thallus parts examined (Thomas and Subbaramaiah 1991). A close examination of the seasonal variations recorded in our study indicated that, in both species, the growth stage (during austral winter) corresponds to the highest mannitol concentration. This observation agrees with previous reports on Sargassum and Turbinaria (Umamaheswara Rao and Kalimuthu 1972; Kaliaperumal and Kalimuthu 1976; Prince and Daly 1981; Thomas and Subbaramaiah 1991). It is worth recalling that in brown seaweeds, where mannitol is the primary product from photosynthesis, changes in mannitol concentrations are indicative of variations in photosynthetic activities (Prince and Daly 1981; Thomas and Subbaramaiah 1991).

Phenolic content

In our study, the content of phenolic compounds was higher contents than previously reported in tropical and subtropical species of Sargassum and Turbinaria (Steinberg 1986; Zubia 2003; Stiger et al. 2004), and agrees with the results of Targett et al. (1992). The results conflict with the previous assumption that temperate brown Fucales would generally contain more phenolic compounds (>2% dw) than tropical representatives (see: Steinberg 1986; Van Alstyne and Paul 1990; Pereira and Yoneshigue-Valentin 1999; for the most cited). The higher phenolic contents in S. mangarevense with respect to T. ornata were also reported by Steinberg (1986) working on Tahitian Fucales. He explained interspecific variations by assuming that the very tough nature of species such as Turbinaria puts them less at risk of attacks by herbivores and could explain the reduced production of chemical defenses. Conversely, Stiger et al. (2004), working on the same species, have shown a lower phenolic content in S. mangarevense which suggests that further studies are needed for a better understanding of the significace of the variation in polyphenolic contents.

The great variability observed in the phenolic contents oberved could originate in external environmental factors such as herbivory, light, depth, salinity, nutrients, seasonality as well as intrinsic ones such as age, length, type of the tissues. All these factors could act on the spatiotemporal regulation of the phenolic metabolic expression inducing marked qualitative and quantitative variations among individuals at a very small scale, together with intra-individual variations (see Amsler and Fairhead 2006 for review). Despite the numerous studies dedicated to seasonal variation of phenolic content in brown algae, no consensus has been found because of the lack of a clear trend. The complexity of seasonal variations suggests a stronger correlation between phenolic contents and local environmental factors, e.g., grazing intensity in different areas of the coral reef, than with larger scale factors, i.e., months, seasons, and latitudinal gradients.

Antioxidant activity

In accord with previous studies on the genera *Sargassum* (Matsukawa et al. 1997; Yan et al. 1998; Kim et al. 2005; Nakai et al. 2006; Zhang et al. 2007; Zubia et al. 2007) and *Turbinaria* (Matsukawa et al. 1997; Santoso et al. 2004; Zubia et al. 2007), extracts from Polynesian *S. mangarevense* and *T. ornata* displayed a great antioxidant activity whatever the site and the season. Positive correlations between phenolic contents and antioxidant activities have often been reported in *Sargassum* species (see: Kang et al. 2003; Kim et al. 2005; Connan et al. 2006; Nakai et al. 2006; Zhang et al. 2007; for the most cited). Phenolic compounds are assumed to protect algal thalli from photodestruction by UV radiation

Table 5 Antibacterial and antifungal activity of extracts from Sargassum and Turbinaria genera

Species	S. aureus	E. coli	P. aeruginosa	C. albicans	A. niger	References
S. crassifolium J. Ag.	+					Anggadiredja et al. 1996
S. desfontainesii (Turn.) J. Ag.	+	+	+			Febles et al. 1995
S. filipendula C. Ag.				+	+	Martinez-Lozano et al. 2000
S. globulariaefolium J. Ag.	+		+			Reichelt and Borowitzka 1984
S. heterophyllum (Turn.) C. Ag.	+	+				Vlachos et al. 1996
S. johnstonii Setch. & Gard.	+		+			Sreenivasa Rao et al. 1986
	+	+	+			Sreenivasa Rao 1989
S. kjellmanianum Yendo		+				Jing and Wei 1984
S. longifolium (Turn.) C. Ag.	+					Sreenivasa Rao et al. 1988
S. merrifieldii J. Ag.		+				Sreenivasa Rao et al. 1988
S. plagiophyllum C. Ag.	+					Sreenivasa Rao et al. 1988
S. platycarpum Mont.				+		Ballantine et al. 1987
S. polycystum C. Ag.	+					Sreenivasa Rao et al. 1988
S. swartzii C. Ag.		+				Sreenivasa Rao et al. 1988
S. tenerrinum J. Ag.	+					Sreenivasa Rao et al. 1988
S. tortile (C. Ag.) C. Ag.	+					Kubo et al. 1992
S. wightii Grev.	+	+	+			Sastry and Rao 1994
	+	+	+			Sreenivasa Rao 1990
S. vulgare C. Ag.	+	+	+			Sreenivasa Rao et al. 1988
T. conoides (J. Ag.) Kütz.	+					Padmakumar and Ayyakkannu 1997
T. ornata (Turn.) J. Ag.	+	+				Anggadiredja et al. 1996
	+					Padmakumar and Ayyakkannu 1997

p +: detection of antimicrobial activity

(Pavia et al. 1997) and to exhibit free-radical scavenging properties (Nakai et al. 2006). However, macroalgae are known to contain many other antioxidant compounds such as tocopherols, ascorbic acid, carotenoids, phospholipids, chlorophyll-related compounds, mycosporines-like amino acids or polysaccharides. Among those isolated from Sargassum species, it is worth mentioning meroterpenoids from S. siliquastrum (Jang et al. 2005), plastoquinones from S. micracanthum (Iwashima et al. 2005) and some aromatic compounds from S. thunbergii (Seo et al. 2004). It is likely that the poor sensitivity of the method in use in this study prevented us from detecting spatio-temporal variations. However, antioxidant activities of seaweeds are likely subject to a huge variability, including at very small scales as in the study of Connan et al. (2006), in which intra-thallus variations in antioxidant activity were described for Ascophyllum nodosum. Abiotic stresses could induce changes in the antioxidant defenses of macroalgae since the antioxidative capacity of the cell made up the major part of the general stress tolerance (Collen and Davison 1999).

Antimicrobial activity

Aqueous and ethanolic extracts of S. mangarevense and T. ornata showed antibacterial activity against the Grampositive Staphylococcus aureus as expected from previous studies on Sargassum and Turbinaria species (Table 5), in which seaweed extracts are preferentially active against S. aureus. The screening of seaweeds for antimicrobial activity is an issue frequently addressed in the literature. Extracts have usually been found to be more effective against Gram-positive bacteria than against Gram-negative ones known to have a more complex cell wall structure (Reichelt and Borowitzka 1984; Ballantine et al. 1987; Sreenivasa Rao et al. 1988; Kubo et al. 1992). However, according to other studies, Sargassum extracts have shown antimicrobial activities against E. coli, P. aeruginosa, C. albicans and A. niger, and T. ornata extracts against E. coli (Table 5). The low antibacterial and antifungal activities observed in this study may result from the low concentration in specific metabolites of the crude extracts studied. Indeed, whenever studies have shown some activity against Gram-negative bacteria, the experiments had been mainly carried out on fractionated extracts of Sargassum and Turbinaria (Sreenivasa Rao et al. 1988; Sreenivasa Rao 1989, 1990; Sastry and Rao 1994, 1995; Anggadiredja et al. 1996). In crude extracts, inhibitory or antagonist compounds could mask other antimicrobial activities (Sreenivasa Rao et al. 1988; Robles-Centeno et al. 1996; Kumar and Rengasamy 2000). Several antimicrobial compounds of different chemical natures have so far been isolated from Sargassum and Turbinaria: dioctyl phthalate from S. wightii (Sastry and Rao 1995), triterpenes from S. crassifolium and T. ornata (Anggediredja et al. 1996), crinitol from S. tortile (Kubo et al. 1992) and sulphoglycerolipid from S. wightii (Arunkumar et al. 2005). Extraction by water and ethanol in our study favors polar and apolar antibacterial compounds. The antimicrobial activity of compounds extracted from seaweeds is subject to a great variability in relation to season, physiological stage and environmental conditions (Ballantine et al. 1987; Robles-Centeno et al. 1996; Padmakumar and Ayyakkannu 1997; Kumar and Rengasamy 2000). Hence, the antimicrobial activity could be restricted to one or two months in the year as Robles-Centeno et al. (1996) have demonstrated for some Rhodophyta species. This consideration emphasizes the importance for further screening programmes to perform a stronger sampling effort.

Conclusions

Our study indicates that *T. ornata* would be a good source of raw materials for the preparation of G-rich alginates while *S. mangarevense* would be the target species for use in cosmetic products because of its high mannitol and phenolic contents. Moreover, the harvest of Polynesian seaweeds should take place preferably during the austral winter and at the Arue site. Furthermore, the high phenolic levels, coupled with antioxidant and antibacterial activities, leads us to consider both species as valuable sources of bioactive compounds. Future research effort should be targeted at the isolation of new bioactive natural compounds useful as natural antioxidant, pharmaceutical agents or dietary supplements.

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