MACROPHYTES FUNCTIONAL TRAITS

Intraspecifc variation in leaf traits and evolutionary plant strategies of three macrophytes across an environmental gradient in Eastern Amazon

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Abstract This study explores the intraspecifc trait variation and ecological strategies of three macrophyte species in the Amazon region, focusing on leaf traits and CSR strategies (competitors, stress tolerators, and ruderals). Individuals of *Eleocharis interstincta*, *Fuirena umbellata*, and *Nymphaea rudgeana* were examined across 22 sampling sites. Traits including leaf area, specifc leaf area, and leaf dry matter content were measured, along with environmental variables. Results demonstrated signifcant diferences in leaf traits among the species, highlighting their distinct strategies. Individuals of *F. umbellata* exhibited the lowest leaf dry matter content values, indicating a conservative and stresstolerator strategy. *N. rudgeana* had the highest leaf area values, refecting an acquisitive strategy and varied from a S to S/CS strategy, while *E. interstincta*

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showed intermediate trait values and a stress-tolerator strategy. Furthermore, intraspecifc variation was observed within each species, infuenced by environmental factors (nutrient availability, water conductivity, dissolved oxygen, and sediment composition). Our fndings contribute to understanding the intraspecifc trait variations and ecological strategies of macrophytes in the Amazon region, providing insights into plant adaptation and response to environmental changes. Future research should incorporate additional traits and encompass diferent macrophyte life forms, further enhancing our understanding of their strategies and responses to ongoing environmental change.

Keywords Aquatic plants · Leaf economics spectrum · Ecological strategies · Stress tolerators

Introduction

Community structure is shaped by various processes, including dispersal, biotic interactions, and the abiotic environment (Cadotte & Tucker, [2017](#page-12-0)). Environmental flters, tied to resource availability, are pivotal in this process by infuencing organisms' distribution, survival, and competition patterns (Cadotte & Tucker, [2017\)](#page-12-0). Additionally, individual variation within populations impacts community structure (Violle et al., [2012;](#page-14-0) Dalla Vecchia & Bolpagni, [2022](#page-12-1)), with intraspecifc variation playing a signifcant role

alongside interspecifc variation (Siefert et al., [2015](#page-14-1); Des Roches et al., [2018\)](#page-12-2).

Plants can adapt to change in response to environmental conditions and biotic factors, which is refected in their high phenotypic variability (Sultan, [2000;](#page-14-2) Nicotra et al., [2010\)](#page-13-0). This involves resource allocation (trade-ofs) (Weiner, [2004](#page-14-3)) and trait variations among genotypes, individuals, populations, and species (Violle et al., [2007](#page-14-4)). In resource-limited situations, these strategies are crucial for plant survival (Grime, [1977\)](#page-13-1). Thus, intraspecifc variation manifests in multiple plant functional traits. Among these, three key traits are commonly used to defne ecological strategies (Wright et al., [2004](#page-14-5); Pierce et al., [2017](#page-14-6)): leaf area (LA), specifc leaf area (SLA), and leaf dry matter content (LDMC). Plant size and leaf economics, along with stem and root traits, work together to shape a plant's survival strategy in the environment (Díaz et al., [2016](#page-12-3)). These traits infuence and may be indicative of each other, shaping the plant economics spectrum (Reich, [2014\)](#page-14-7).

For the plant economics spectrum, environmental conditions may trigger a growth vs. survival trade-of, which is associated with the acquisitive and conservative plant strategies (Reich, [2014\)](#page-14-7). Plants with acquisitive strategies invest in growing fast by producing short-lived leaves with little tissue density (less carbon and more nitrogen) and a high photosynthetic rate (presenting high leaf area and specifc leaf area and low leaf dry matter content) (Wright et al., [2004](#page-14-5); Donovan et al., [2011;](#page-12-4) Reich, [2014\)](#page-14-7). In contrast, plants exhibiting a conservative strategy grow at slower rates, investing in leaves with a long lifespan, that are structurally expensive (more carbon) and a low photosynthetic rate (presenting low leaf area and specifc leaf area and high leaf dry matter content) (Wright et al., [2004](#page-14-5); Donovan et al., [2011](#page-12-4); Reich, [2014\)](#page-14-7).

Through a comprehensive analysis of multiple traits, plant ecological strategies can be identifed, ofering insights into the phenotypic outcomes of natural selection within specifc environments (Pierce et al., [2013,](#page-14-8) [2017](#page-14-6); Estarague et al., [2022\)](#page-12-5). Grime's CSR scheme further classifes plant strategies into three main categories: competitors (C), stress tolerators (S), and ruderals (R) (Grime, [1977](#page-13-1), [2002;](#page-13-2) Grime & Pierce, [2012;](#page-13-3) Pierce et al., [2017\)](#page-14-6). Competitors invest in rapid growth to outcompete for resources, stress tolerators focus on resource retention for survival in harsh environments, and ruderals prioritize

the production of propagules for regeneration after disturbance events (Grime & Pierce, [2012](#page-13-3); Pierce et al., [2017](#page-14-6)). However, this scheme has been thoroughly applied to classify species as a whole (interspecific variation), while overlooking that such variation may also occur between individuals in a given population or among populations across contrasting environments (May et al., [2017;](#page-13-4) Vasseur et al., [2018;](#page-14-9) Estarague et al., [2022](#page-12-5)).

Aquatic plants are characterized by their highly acquisitive strategies compared to their terrestrial counterparts, refected in investment in higher SLA and nitrogen content and lower LDMC (Poorter et al., [2009;](#page-14-10) Pierce et al., [2012](#page-14-11); Pan et al., [2020](#page-13-5)). Macrophytes exhibit a diverse range of leaf sizes and morphologies (Barrett et al., [1993](#page-12-6); Poorter et al., [2009;](#page-14-10) Pierce et al., [2012\)](#page-14-11). These traits refect their adaptation to water-saturated environments, with a reduced investment in structural tissues and an emphasis on maximizing photosynthetic surface area, either by producing large leaves (as seen in Nymphaeaceae) or numerous small ones (as observed in *Myriophyllum* spp.) (Díaz et al., [2016;](#page-12-3) Pan et al., [2020\)](#page-13-5). However, it is important to consider that environmental variations, such as diferent physical structures of aquatic systems (e.g., lotic or lentic, perennial or temporary ecosystems, and saline environments) and the biomes associated with them, can infuence the strategies employed by aquatic plants (Lacoul & Freedman, [2006;](#page-13-6) Fu et al., [2023;](#page-13-7) Gao et al., [2023](#page-13-8)).

Macrophytes also exhibit similar patterns in their ecological strategies. They are normally classifed closer to the ruderal side of the ecological strategy scheme due to the frequent disturbances encountered in freshwater environments, such as fooding, trampling, and seasonal drought (Pierce et al., [2012;](#page-14-11) Albu-querque et al., [2020\)](#page-12-7). Consequently, many species invest heavily in producing propagules and have a rapid regeneration capacity after biomass loss (Grime & Pierce, [2012;](#page-13-3) Pierce et al., [2017](#page-14-6)). However, certain macrophytes display a more competitive strategy by allocating resources toward faster growth (e.g., Nymphaeiden) (Pierce et al., [2012;](#page-14-11) Albuquerque et al., [2020\)](#page-12-7). While it is argued that no macrophyte species could exhibit a strong conservative strategy to be classifed as a true stress tolerator (Pierce et al., [2012\)](#page-14-11), there are exceptions (Lacoul & Freedman, [2006\)](#page-13-6), especially among sedges (Cyperaceae). Some sedges (e.g., *Eleocharis* spp.) are considered true macrophytes, and the global patterns for the Cyperaceae family indicate strong stress-tolerant characteristics (Pierce et al., [2017\)](#page-14-6).

Therefore, further research on the variation in ecological strategies of macrophytes is necessary, since macrophyte communities have been understudied when it comes to assessing functional traits and ecological strategies and because the evidence of intraspecifc variation of ecological strategies (especially CSR) are at the beginning stages of research. In particular, investigation of these strategies in tropical forests like the Amazon is of interest, as tropical forests have a very heterogeneous environments, and could show clear patterns. These regions exhibit high nutrient cycling but severe soil and sediment nutrient deficiency (Yu et al., [2015;](#page-14-12) Figueiredo et al., [2018](#page-13-9)), in addition to more acidic waterbodies (Ríos-Vil-lamizar et al., [2013\)](#page-14-13). Species in these environments tend to exhibit more competitive and stress-tolerant strategies (Pierce et al., [2017;](#page-14-6) Araujo da Costa et al., [2020\)](#page-12-8). Furthermore, these environmental conditions may lead to macrophyte strategies difering from the known global pattern, potentially shifting dominance from ruderal species to competitors and stress-tolerant species.

In this study, we aimed to investigate the variation of leaf traits (LA, SLA, and LDMC) and ecological strategies in individuals of three macrophyte species: *Eleocharis interstincta* (Vahl) Roem. & Schult. (Cyperaceae), *Fuirena umbellata* Rottb. (Cyperaceae), and *Nymphaea rudgeana* G.Mey. (Nymphaeaceae), across an environmental gradient in Eastern Amazon. Our hypotheses are that (1) in resource-rich environments (with high water temperature and conductivity and high concentrations of sediment phosphorus, potassium, and magnesium), individuals of all species have a more acquisitive strategy (high SLA and LA and low LDMC). In contrast, individuals in resource-poor environments exhibit a conservative strategy (low SLA and LA and high LDMC). However, we expect individuals of *N. rudgeana* to have higher LA and SLA than *E. interstincta* and *F. umbellata*, which have a more conservative strategy, due their tolerance to environmental stress. (2) There is a contrasting intraspecifc variation in ecological strategies of macrophyte species. More specifcally, a shift in *N. rudgeana* from ruderal to competitors as resource availability increases in response to environmental change. In contrast, we expect individuals of *E. interstincta* and *F. umbellata* to be more conservative and vary little in their ecological strategies, remaining stress tolerators, as it is a tendency of the Cyperaceae family worldwide (Pierce et al., [2017\)](#page-14-6). This study is, so far, the frst one that investigates the intraspecifc variation of CSR strategies in aquatic plant communities.

Material and methods

Study area

Data sampling was performed in September 2022, across 22 sites, at the Capim River Basin, located in the municipalities of Paragominas (Lat: 02° 59' 45" S; Long: 47° 21' 10" W) and its surroundings, in the northeastern portion of the State of Pará, Brazil (Fig. [1\)](#page-3-0). The sites comprise mostly lentic ecosystems, such as lakes and ponds. The climate is wet and hot (mean annual temperature of 26º mean air humidity of 81%, and mean annual precipitation of 1.800 mm (Pinto et al., [2009](#page-14-14)). The vegetation of the area consists of tropical rainforest.

Sampling design

Environmental variables

At each site, we sampled environmental variables, which comprise water and sediment parameters, and physical aspects of the sites. For the water variables, we measured temperature (°C), conductivity (μ s/cm), pH, and dissolved oxygen (mg/L), using a multiparameter probe (Model Akso AK48). We measured water depth using a meter (cm), and the inclination of the shoreline using a digital clinometer (°). These measurements were taken twice in each site.

For the measurement of sediment variables, we collected composed sediment samples. This consists of 15 to 20 simple samples collected randomly along each site. These samples were taken using a shovel at a 20 cm depth. Then, the simple samples are placed in a tray, homogenized, and stored in plastic bags. We collected 400 g of sediment for each site. Sediment samples were then taken to the Laboratory of Soils of the EMBRAPA Amazônia Oriental, located in the city of Belém, Pará (Brazil), where the chemical (amount of nutrients and elements present

Fig. 1 Sampling sites of the study (Municipality of Paragominas and surroundings, State of Pará, Brazil)

in the sediment) and physical (distribution of particles—granulometry) parameters of the sediment were assessed. We obtained the following measures: Chemical parameters: amount of Phosphorous (P), Potassium (K), and Sodium (Na) $(mg/dm³)$ and amount of Aluminum (Al), Calcium (Ca), and Cal $cium + Magnesium (Ca + Mg) (cmol_c/dm³)$ and physical parameters: amount of coarse and fne sand, silt, and total clay (g/kg). The procedure was performed following the protocol proposed by (Teixeira et al., [2017\)](#page-14-15).

Biological sampling

For the collection of macrophyte species, we selected three species that were representative of the macrophyte community in the region:

(1) *Eleocharis interstincta* (Cyperaceae): emergent, perennial herb, with rhizomes, leaves are under-

developed, and the culms perform photosynthesis (Lorenzi, [2008](#page-13-10); Pott & Pott, [2000\)](#page-14-16), is native from tropical America, occurs in all regions of Brazil (Nunes et al., [2023\)](#page-13-11), and normally inhabits wetlands and other stillwater habitats, forming stands closer to the shorelines (Lorenzi, [2008\)](#page-13-10).

- (2) *Fuirena umbellata* (Cyperaceae): amphibious, perennial herb, rhizomatous, reaching from 40 to 100 cm (Lorenzi, [2008](#page-13-10)), inhabits waterlogged and fooded environments, at the shorelines (Lorenzi, [2008\)](#page-13-10). Species native from America, it is present in all regions of Brazil (Alves et al., [2023\)](#page-12-9), and reproduces by rhizome and seeds (Pott & Pott, [2000](#page-14-16)).
- (3) *Nymphaea rudgeana* (Nymphaeaceae): Floatingleaved herb, rooted in the sediment with fexible petioles below the water column (Moreira & Bove, [2017\)](#page-13-12) and inhabits more lentic freshwaters (personal observation). In Brazil, it is present in

all regions except for the central-western region (Pellegrini, [2023](#page-13-13))

The selection followed two criteria: these species were the most frequent ones in the feld (*E. intersticta*—16 occurrences; *F. umbellata*—12; and *N. rudgeana*—10 occurrences) and, when found, they were the most abundant ones. However, they rarely occurred at the same site together, normally there was a co-occurrence of two species at a time. Because of that, we performed the analyses separately for each species, to truly assess their intraspecific variation.

For the sampling, we selected three individuals of each species in the sites. From those individuals, we selected three middle leaves (for *E. interstincta*, we considered as 'leaves' the unfertile stems, following the recommendation of Pérez-Harguindeguy et al. [\(2013](#page-13-14)) for special cases) that were nor too young or too old and that had no signs of herbivory or any other damage. We took photographs of these leaves and then hydrated them in trays flled with water to measure the water-saturated fresh mass, using a digital scale (0.001 g). The leaves were then oven-dried at 65ºC for 72 h and weighted again to obtain the dry mass. With these measurements, we were able to calculate the following functional traits, as described by the protocol proposed by Pérez-Harguindeguy et al. [\(2013](#page-13-14)):

- (a) Leaf area (LA) measures leaf size and is the one-sided area of a leaf $(mm²)$. It is associated with the investment of plants in the photosynthetic surface. We used the photos of the leaves to measure LA, using the package BiocManager (Morgan, [2022\)](#page-13-15) in the R program (R Core Team, [2022\)](#page-14-17).
- (b) Specifc leaf area (SLA) is the one-sided area of a fresh leaf divided by its oven-dried mass $(SLA = leaf \ area / dry \ mass)$. We used the area calculated in the same leaves used to measure LA. It expresses the amount of carbon invested in the photosynthetic area of a leaf.
- (c) Leaf dry matter content (LDMC) is the dry mass of a leaf divided by its water-saturated mass (mg/g). LDMC measures the average density of leaf tissues.

We considered these leaf traits because they are more accessible to measure in feld conditions and they are suitable to test our hypotheses, as these traits vary with environmental change and are efficient in expressing plant strategies (i.e., more conservative or acquisitive). Additionally, these traits are required to calculate the CSR functional strategies as proposed by Pierce et al. ([2017\)](#page-14-6).

Statistical analysis

Prior to the hypothesis testing analyses, we assessed multicollinearity among predictors, using a Pearson Correlation Matrix. We considered the correlation coefficient value of $r > \pm 0.65$ as high (Table S1). Whenever two variables were correlated, we selected one to be retained based on the literature concerning the macrophyte community, where we chose the variables to be retained based on what elements or components would be important or limiting to plant establishment and growth in freshwaters (Lacoul & Freedman, [2006;](#page-13-6) Akasaka et al., [2010](#page-12-10); Bornette & Puijalon, [2011;](#page-12-11) Aoki et al., [2017\)](#page-12-12).

For the hypothesis testing analyses, we considered the individuals as the sample unit and used the mean values of the three leaves of each individual. To test the diference in trait variation among species, we performed a Permutational multivariate analysis of variance (PERMANOVA), using the species as predictors and the trait values as response variables (Anderson et al., [2008\)](#page-12-13). As PERMANOVA tests only if there is a variation among the groups but does not tell which groups are signifcantly diferent from one another, we tested the pairwise diference between species using the Pairwise Adonis analysis (Martinez Arbizu, [2017\)](#page-13-16). For this analysis, we included the trait values of all species in one matrix, and the trait matrix was standardized prior the analysis. In addition, to better visualize the distribution of the traits of individuals of each species, we performed a Principal Component Analysis (PCA).

To test the efects of the environmental variables on the trait variation of individuals in each species, we performed a Redundancy analysis (RDA (Gotelli $&$ Ellison, [2012](#page-13-17)), using the variables selected after the Pearson correlation analysis as predictors and the functional traits (LA, SLA and LDMC) as response variables. We performed one model for each species, as they did not occur in all the sampling sites. Before running the RDA models, we performed a parametric forward selection of explanatory variables based on the functional traits and environmental variables. Environmental variables were standardized prior to the analysis, and the functional trait matrix was Hellinger-transformed to ensure linearity among predictors and response variables (Gotelli & Ellison, [2012](#page-13-17)). We validated the models using a permutation test at 10,000 permutations, and model adjustment was assessed using the Adjusted R^2 .

Finally, to assess the intraspecifc variation of CSR strategies (Competitor, Stress tolerator, and Ruderal), we calculated the relative proportions of each component of CSR strategies of each individual, based on their trait (LA, SLA, LDMC) values using the StrateFy tool (Pierce et al., [2017\)](#page-14-6). Then, to better represent and visualize this variation, we produced a ternary plot using the proportions of each strategy for each individual.

All the analyses were performed in RStudio version 4.2.0 (R Core Team, [2022](#page-14-17)). Pearson correlation was performed using the 'rcorr' function of the 'Hmisc' package (Harrell Jr, [2023](#page-13-18)). PERMANOVA was performed using the 'adonis2' function, and PCA was performed using the 'prcomp' function, also from the 'vegan' package (Oksanen et al., [2022\)](#page-13-19). Pairwise Adonis comparison between groups was performed using the 'pairwise.adonis' function from the 'pairwiseAdonis' package (Martinez Arbizu, 2017). RDA was performed using the 'rda' function, model validation was performed using the 'anova.cca' function, and the adjusted \mathbb{R}^2 was calculated using the 'RsquareAdj' function, all from the 'vegan' package. Model selection for functional traits of each species was performed using the 'forward.sel.par' function from the adespatial package (Dray et al., [2022\)](#page-12-14). Finally, all graphs were plotted using the 'ggplot2' package (Wickham, [2016](#page-14-18)), except from the ternary plot of the CSR strategies which was built using the 'ggtern' package (Hamilton & Ferry, [2018](#page-13-20)).

Results

Environmental variables

The environmental variables that were retained to be used in the models to test our hypothesis were water temperature, pH, conductivity, dissolved oxygen and depth, the amount of coarse sand and total clay of the sediment, and the amount of phosphorus, potassium, and calcium+magnesium in the sediment. Water temperature varied from 24.80 to 32.10 °C. pH varied from 3.47 (acidic) to 9.96 (basic). Conductivity varied from 15.90 to 87.60 µs/cm. Dissolved oxygen varied from 1.10 to 4.80 mg/L. Water depth varied from 5 to 44 cm. For the sediment variables, the amount of coarse sand varied from 34 to 554 g/kg, while total clay varied from 60 to 480 g/mg. Phosphorus concentration varied from 0.45 to 9.35 mg/dm³. Potassium concentrations varied from 4.61 to 64.89 mg/dm³, while sodium varied from 0.75 to 48.58 mg/dm³. Finally, the amount of Calcium+Magnesium concentrations varied from 0.10 to 2.87 cmol_c/dm³ (Table [1](#page-6-0)).

Variation in functional traits and diferences among species

We analyzed three leaves of 117 individuals (a total of 351 leaves) of three macrophyte species. *Eleocharis interstincta* had the highest number of individuals (48), followed by *Fuirena umbellata* (39), and *Nymphaea rudgeana* (30). Overall, LA varied from 54.06 to 5462.52 mm², LDMC varied from 3.95 to 92.02%, and SLA varied from 0.57 to $14.75 \text{ mm}^2\text{mg}^{-1}$ (for more information, see table S1).

The PERMANOVA results showed that there is a diference in the trait values (Pseudo-F=40.72; $p=0.001$) among all species (Table [2\)](#page-6-1). The first axis of the PCA represented 55.95% of total data variance, while the second axis represented 27.30% (Fig. [2\)](#page-7-0). On average, *E. individuals* had the lowest SLA values, while *F. umbellata* individuals presented the highest LDMC values and the lowest LA values and individuals of *N. rudgeana* showed the opposite pattern (highest LA values and lowest LDMC values) (Fig. [2](#page-7-0)).

Efect of environmental variables on individuals' functional traits

The result of the RDA models showed that diferent variables drove the intraspecifc trait variation of the studied species. More specifcally, the model for *E. interstincta* showed water conductivity, dissolved oxygen and Calcium+Magnesium explained 62.01% of variance $(F=26.57, p=0.001, df=3, Adjusted)$ R^2 =0.62). The first RDA axis explained 99.50% (*p*>0.001) of the ftted variance in *E. interstincta* and was positively related with $Ca+Mg$ concentrations $(0.51; p > 0.001)$ and negatively correlated with water

Table 1 Environmental variables investigated	Variable	Unit	Range (min-max)	$Mean \pm SD$
in the 22 sampling sites collected and their range (minimum and maximum), mean values, and standard deviations (SD)	Water			
	Temperature	$\rm ^{\circ}C$	$24.8 - 32.1$	28.14 ± 2.05
	pH		$3.47 - 9.69$	4.74 ± 1.33
	Conductivity	μ s/cm	$15.9 - 87.6$	37.80 ± 17.32
	Dissolved oxygen	mg/L	1.10-4.80	3.48 ± 0.93
	Physical structure			
	Water depth	cm	$5.0 - 44.0$	$23.39 + 12.52$
	Shoreline inclination	\circ	$7.27 - 36$	19.514 ± 9.27
	Sediment			
	Coarse sand	g/kg	34.0-554.0	216.10 ± 134.42
	Fine sand	g/kg	64.0-758.0	359.10 ± 152.14
	Silt.	g/kg	$10.0 - 622.0$	229.80 ± 167.88
	Total clay	g/kg	$60.0 - 480.0$	195.00 ± 116.73
	Phosphorus	mg/dm ³	$0.45 - 9.35$	1.82 ± 2.20
	Potassium	mg/dm ³	4.61-64.89	25.71 ± 17.11
	Sodium	mg/dm ³	0.75-48.58	11.92 ± 11.47
	Aluminum	$\text{cmol}_c/\text{dm}^3$	$0.04 - 1.16$	0.46 ± 0.36
Variables in bold are the ones retained for the further analyses after correlation	Calcium	$\text{cmol}_c/\text{dm}^3$	$0.06 - 2.31$	0.48 ± 0.51
	$Calcium + Magnesium$	$\text{cmol}_c/\text{dm}^3$	$0.11 - 2.87$	0.80 ± 0.66

Table 2 Result of the pairwise Adonis comparing trait diferences among all pairs of species

Values with an asterisk (*) indicate signifcant relationships among pairs

conductivity $(-0.57; p > 0.001)$ and dissolved oxygen (− 0.51; *p*>0.001). The second axis explained 0.04% $(p=0.85)$ of the fitted variation and was negatively associated with $Ca+Mg$ ($- 0.70$) and dissolved oxygen (− 0.69). LDMC values increase with increased conductivity and dissolved oxygen concentrations and decrease with high sediment Ca+Mg concentrations, while LA values increase with low water conductivity and increased with an increase in Ca+Mg concentrations (Fig. [3](#page-7-1)A).

The model for *F. umbellata* indicates water conductivity, dissolved oxygen, and sediment Phosphorus explained 39.91% of total trait variance $(F=9.41)$; $p=0.001$, df = 3; Adjusted $R^2 = 0.40$). The first axis explained 99.324% ($p > 0.001$) of the fitted variance and was positively correlated with water conductivity $(0.49; p = 0.002)$ and dissolved oxygen $(0.60;$ p > 0.001) and negatively related with sediment phosphorus concentrations $(-0.48; p=0.01)$. The second axis explained 0.030% ($p=0.92$) of the fitted variation and was negatively associated with sediment phosphorus (-0.53) and dissolved oxygen (-0.41) . LDMC values of individuals increase with high water conductivity and dissolved oxygen and decrease with high concentrations of sediment P, while LA values decrease in those conditions (Fig. [3B](#page-7-1)).

Furthermore, the model for *N. rudgeana* explained 50.73% of trait variance and was explained by the amount of total clay, coarse sand, and water depth $(F=10.61, p=0.001, df=3,$ Adjusted $R^2 = 0.51$). The first axis explained 99.75% $(p > 0.001)$ of the fitted variance and was positively correlated with coarse sand (0.34; $p=0.04$) and negatively related with water depth

Fig. 2 Principal component analysis performed with the functional traits (Leaf area—LA, Specifc leaf area—SLA, and Leaf dry matter content—LDMC) of three macrophyte species

Fig. 3 Redundancy Analysis performed between the traits (LA, SLA, and LDMC) of individuals of three macrophyte species (*Eleocharis interstincta*, *Fuirena umbellata,* and *Nymphaea rudgeana*) and environmental variables: Cal-

cium+Magnesium (Ca+Mg), sediment Phosphorus (P), Coarse sand (coarse_s), Total clay (t_clay), water conductivity (Cond), depth, and dissolved oxygen (Oxy_mg)

(− 0.84; *p*>0.001). The second axis explained 0.24% ($p=0.98$) of the fitted variation and was positively associated with total clay (0.93), and negatively correlated with water depth (-0.43) . SLA decrease with increased water depth and total clay, while LDMC decrease in sites with decreased water depth and amount of clay (Fig. [3](#page-7-1)C).

CSR strategies

We did not fnd large variation in individuals CSR strategies of the macrophyte species along the resource availability gradient (Fig. [3\)](#page-7-1). All individuals of *E. interstincta* and *F. umbellata* remained stress tolerators $(S > 80\%$ of this strategy) in all sites. While individuals of *N. rudgeana* varied from stress tolerators to stress tolerators/competitors (S/CS) across the sites. Additionally, only one individual of *N. rudgeana* exhibited a small percentage of ruderal strategy (Fig. [4](#page-8-0)).

Discussion

According to the results, our frst hypothesis that in resource-rich environments individuals of all species have a more acquisitive strategy was partially corroborated, because there was a variation in traits between all species. The intraspecifc variation in *E. interstincta* and *F. umbellata* was driven by a combination of variables associated with nutrient availability (water conductivity and concentrations of phosphorus and calcium+magnesium). However, *N. rudgeana* was associated with variables that are not directly related with resource availability: amount of coarse sand, total clay, and water depth. In addition, our second hypothesis that there is contrasting intraspecifc variation in ecological strategies of macrophyte species was also partially corroborated, as individuals of *E. interstincta* and *F. umbellata* were all stress tolerators; however, individuals of *N. rudgeana* presented a slight variation of strategies from competitors to stress tolerators, contrary with what we expected (a variation from ruderals to competitors).

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Trait diferences among species

There was a variation in traits among all species (Fig. [2;](#page-7-0) Table [2](#page-6-1)). *E. interstincta* had the lowest SLA, while *F. umbellata* had the highest LDMC and *N. rudgeana* had the highest LA and lowest LDMC. This is indicative of the contrasting strategies of the species if compared with one another. *N. rudgeana* is the most acquisitive of them, this means that this species invests more in growing fast, by producing larger leaves that are richer in nitrogen than carbon (less structural tissue) (Díaz et al., 2016) and their size vary greatly with environmental conditions. *F. umbellata* was the most conservative, this species invests in leaves that are more resistant (more carbon), with long lifespan, meaning they are more resistant to desiccation and can resist drought periods (Rodríguez-Alarcón et al., [2022\)](#page-14-19). *E. interstincta* exhibited an intermediate strategy, tending to be more conservative than *N. rudgeana*, with the lowest SLA. This species also invests in having photosynthetic parts that are more resilient, being also resistant to desiccation (Albuquerque et al., [2020\)](#page-12-7).

The variation found in this study agrees with what is expected for aquatic plants, especially the diferences in strategies according with life form (Lacoul & Freedman, [2006](#page-13-6); Pierce et al., [2012\)](#page-14-11). However, the pattern found is slightly diferent from the global one: SLA was not inversely proportional to LDMC (Pierce et al. [2017](#page-14-6); Fig. [2\)](#page-7-0). This may be due to the overall low investment in tough tissue structure of aquatic plants (Poorter et al., [2009](#page-14-10); Pierce et al., [2013;](#page-14-8) Pan et al., [2020\)](#page-13-5), that, despite showing a variation among *E. interstincta* and *F. umbellata* (that invested in more resistant leaves with lower leaf area) and *N. rudgeana* (that invested more in high leaf area and less in tissue density), were still low in proportion if compared, for example, with terrestrial plants (Poorter et al., [2009;](#page-14-10) Pan et al., [2020](#page-13-5)). Additionally, it is suggested that macrophytes have distinct functional strategies to surpass the stressors present in freshwater ecosystems and inhabit them (Pan et al., [2020](#page-13-5)). Furthermore, another way to better understand this variation would be to assess other traits, such as leaf thickness and N and P content, as they would give insights in the plant's investments to survive in a water-saturated environment (Pan et al., [2020](#page-13-5)). Also, there are few studies assessing the variation in traits of aquatic macrophytes and we emphasize that these are the initial results of environmental effects on the foliar traits of macrophytes in the Amazon, so in order to consolidate the comparison with a global pattern, it is necessary to investigate more species and more traits.

Intraspecifc variation in response to environmental conditions

The intraspecifc variation in *E. interstincta* is infuenced by water conductivity, dissolved oxygen, and the amount of sediment Calcium+Magnesium. Similarly, in *F. umbellata*, conductivity and oxygen levels afect leaf traits. The positive relationship between dissolved oxygen and LDMC in plants can be attributed to the essential role of oxygen in plant metabolism and growth (Sousa & Sodek, [2002](#page-12-15)). When sediment lacks sufficient oxygen, microbial activity shifts, and certain substances become scarce (like nitrite, sulfde, iron, and manganese), potentially acting as phytotoxins and imposing stress on plants (Armstrong et al., [2006\)](#page-12-16). This can reach a point where plant survival becomes compromised. Aquatic plants have evolved morpho-anatomical adaptations to overcome anoxic conditions prevalent in their habitats (Lemoine et al., [2012\)](#page-13-21). For instance, *E. interstincta*, a rooted macrophyte, features long culms with segmented air cavities (Gil & Bove, [2007\)](#page-13-22), while *F. umbellata* possesses aerenchyma in its roots and stems (Pott & Pott, [2000\)](#page-14-16). These adaptations facilitate the transference of oxygen from well-oxygenated parts to hypoxic regions (e.g., from leaves to roots), enabling plants to endure anoxic conditions. In sites with higher oxygen availability, individuals can maintain metabolic processes, promote growth, and allocate more carbon toward building denser leaf tissues, resulting in higher LDMC. Conversely, conditions with limited oxygen pose challenges for plant survival, as they hinder vital physiological functions.

The changes observed in *E. interstincta* individuals, with an increase in LA and a decrease in LDMC corresponding to higher levels of sediment calcium and magnesium, and in *F. umbellata* individuals, with an increase in LA and a decrease in LDMC associated with sediment phosphorus concentrations, indicate a strategic shift in response to nutrient availability (Vance et al., [2003;](#page-14-20) Wright et al., [2004;](#page-14-5) Grassein et al., [2010](#page-13-23)). Magnesium is an element present in the chlorophyll molecule, being important to the photosynthetic activity of a plant, while calcium is important for plant growth (especially at cell levels) and phosphorus is a macronutrient required many fundamental processes of a plant's metabolism (Grusak et al., [2016\)](#page-13-24). Thus, when those nutrients are scarce, the individuals tend to exhibit a more conservative strategy, investing in producing long-lived leaves (higher LDMC) so they can retain these nutrients as much as possible and avoid losing them to the environment (Wright et al., [2004](#page-14-5); Reich, [2014](#page-14-7)). In contrast, when these elements are abundant in the system, the individuals invest in growing faster to be more competitive (higher LA and lower LDMC), exhibiting a more acquisitive strategy (Wright et al., [2004;](#page-14-5) Reich, [2014](#page-14-7)).

Water conductivity is related with the concentrations of ions in water, which is also related with nutrient availability, like nitrogen (Lacoul & Freedman, [2006\)](#page-13-6). However, some of those ions (such as ammonia and ammonium) can be harmful for plants (Kinsman-Costello et al., [2015;](#page-13-25) Esteban et al., [2016](#page-13-26)). For instance, the diversity of macrophyte can either increase (Rolon & Maltchik, [2006\)](#page-14-21) or decrease with water conductivity (Murphy et al., [2003\)](#page-13-27). We believe the positive relationship between *E. interstincta* and *F. umbellata*'s individual LDMC and the negative relationship with LA may be indicative of resistance to a minor ammonia stress. A possible cause for this increase in nitrogen-based compounds may be the presence of agricultural and livestock activities in the surrounding areas, which leads us to believe that this phenomenon occurs due to anthropogenic disturbance on the sites (Obi et al., [2016\)](#page-13-28).

Moreover, contrary to our hypothesis, the variation in the functional traits of individuals of *N. rudgeana* were afected by variables more related with the structure of freshwater ecosystems: water depth and the amount of clay. Nympheids have an intrinsic relationship with water depth and sediment due to their life form (they are rooted but their leaves foat in the water surface) and are very sensitive to water-level fuctuation, as they can quickly elongate their petioles to keep their leaves above water (Richards et al., [2012;](#page-14-22) Dalla Vecchia & Bolpagni, [2022\)](#page-12-1).

Dalla Vecchia and Bolpagni ([2022\)](#page-12-1) found that the leaf area and petiole area of *Nuphar lutea* (L.) Sm. (Nymphaeaceae) increases with water depth, which they associated with the cost in investing in building the petiole: the plant is rewarded with a higher photosynthetic surface. Our fndings, of a negative relationship between SLA and water depth and a positive relationship with LDMC, may indicate a tradeof in investment on petiole mass vs leaf area (Li et al., [2008\)](#page-13-29). In sites with increased water depth, the individuals tend to invest in petiole length, to increase height, in order to reach the water surface (and then be able to photosynthesize), in detriment of having a high photosynthetic surface (Titus & Sullivan, [2001;](#page-14-23) Richards et al., [2012\)](#page-14-22). An alternative hypothesis is that the individuals in deeper sites invest in having a higher number of leaves that are smaller in area, to increase overall photosynthetic surface while avoiding losing them completely in case the plant gets fragmented or cut (Richards et al., [2012](#page-14-22)). In addition, individuals in deeper sites invest more in structural tissue (both in leaves and petioles), so the leaves can support the stress caused by the increased water level (e.g., trampling and tidals) and not perish easily under such conditions (Titus & Sullivan, [2001;](#page-14-23) Dalla Vecchia & Bolpagni, [2022\)](#page-12-1).

Furthermore, the negative relationship between *N. rudgeana* SLA and the amount of clay and the positive relationship between LDMC and clay are indicative of the importance of the sediment type to the establishment and growth of individuals of this species. Since the aquatic environment is prone to disturbance caused by currents (fooding, trampling, tidals), sediments that are good for root anchorage, such as the ones rich in clay, are advantageous to the establishment of some macrophyte life forms (such as submersed, emergent, and foating leaved species) (Schwarz et al., [2015](#page-14-24); De Wilde et al., [2017\)](#page-12-17). Additionally, sediments rich in clay retain more water and elements, including nutrients for plants, which can be good for the growth of rooted macrophytes (De Wilde et al., [2017](#page-12-17)). Thus, in sites with more clay, the individuals invest in more tissue density, while in sites with less clay, the plants invested in increasing their SLA.

Intraspecifc variation in CSR strategies

Our analysis regarding the variation in CSR strategies among individuals showed that there was no variation in the ecological strategies of *E. interstincta* and *F. umbellata*, who remained stress tolerators, but *N. rudgeana* varied slightly from stress tolerator to competitive strategy. This result partially corroborated our hypothesis, as *F. umbellata* and *E. interstincta* followed the global pattern for the Cyperaceae family (closer to the stress tolerator axis) (Pierce et al., [2017;](#page-14-6) Albuquerque et al., [2020](#page-12-7)). However, we expected some individuals of *N. rudgeana* to exhibit a more ruderal strategy, as most macrophytes are expected to be ruderals (Pierce et al., [2012;](#page-14-11) Albuquerque et al., [2020](#page-12-7)), due to the characteristics of the aquatic environment to be more prone to constant disturbance (e.g., fooding, trampling, and drought periods). Indeed, Albuquerque et al. ([2020\)](#page-12-7), in a study performed in temporary pools in the Brazilian semiarid region (Caatinga), found that *E. interstincta* exhibited a ruderal strategy, while several species from the *Nymphaea* genus exhibited a R/CR strategy, which they concluded that the communities' strategies were structured by regional disturbance (e.g., changes in evapotranspiration and precipitation) which is quite contrasting from our results. Furthermore, the variation in individuals of *N. rudgeana* from stress tolerators to competitors (S to S/CS strategy) may be to the high diversity of macrophytes found in some sites. In those conditions, where resource availability is not a limiting factor, these individuals invest in increasing their biomass to acquire more resources and outgrow other plants. Species from the Nymphaeaceae family are known to be more competitive for resources in the environments they inhabit, which refects in their traits: investment in high leaf area, moderate relative growth rate, limited vegetative dispersal, and seeds that sink immediately (Pott et al., [2011](#page-14-25); Pierce et al., [2012\)](#page-14-11). Moreover, some individuals may exhibit a more stress-tolerant strategy in an environment where some resources are limited, but they are also excellent competitors where resources are more abundant and species diversity is high. Therefore, the pattern observed in this study aligns more closely with the patterns found in tropical forests than with other macrophyte communities worldwide. However, it is important to note that Lacoul & Freedman ([2006\)](#page-13-6) classifed macrophyte species inhabiting infertile, acidic, alkaline, and saline habitats as stress tolerators, suggesting that they exhibit a diferent ecological strategy. Our results indicate that individuals of the same species can modify their ecological strategies to thrive in

diverse environments, highlighting the phenotypic plasticity observed in macrophytes.

Conclusion

This study is the frst one assessing the intraspecifc variation of aquatic plant CSR strategies, revealing intraspecifc variation in functional traits and ecological strategies among the studied species, despite the local scale. Nutrient availability infuenced the functional traits of *E. interstincta* and *F. umbellata*, while their ecological strategies remained relatively conservative as stress tolerators. However, it was observed that the strategies exhibited by these species in the study area difered from those found in another biome (ruderal), suggesting potential intraspecifc variation at a regional or global scale. Those species in our study exhibited a strategy that align more with the niche requirements of tropical forests, such as the Amazon.

In contrast, *N. rudgeana* demonstrated intraspecifc variation along the resource availability gradient, transitioning from stress tolerators to competitors. This species exhibited high sensitivity to environmental changes and a highly acquisitive strategy, even at a local level, but certain individuals adopted a more conservative strategy when resources were limited. The fndings highlight the adaptability and phenotypic plasticity of aquatic plants at both the species and individual levels. Future research should incorporate other macrophyte life forms (such as submerged and free-foating) and additional traits (e.g., petiole length, mass and area, leaf thickness, leaf phosphorus and nitrogen content, and root traits) to further comprehend their strategies, life history, and responses to environmental changes driven by climate and landuse shifts, which pose ongoing challenges to biological communities.

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Author contributions All authors contributed to the study conception and design. Material collection and preparation were performed by both authors, analyses were performed by ALB Fares. The frst draft of the manuscript was written by ALB Fares, and both authors commented on previous versions of the manuscript. All authors read and approved the fnal manuscript.

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Data availability The datasets generated and analyzed during this study are available from the corresponding author on reasonable request.

Declarations

Confict of interest The authors declare that they have no known competing fnancial interests or personal relationships that could have appeared to infuence the work reported in this paper.

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