# Hepatic and gastroprotective activity of Serjania marginata leaf aqueous extract in Nile tilapia (Oreochromis niloticus)



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Abstract The aim of this study was to assess the leaf aqueous extract composition of Serjania marginata and the effects of its inclusion on the diet of Nile tilapia (Oreochromis niloticus), with respect to the activity of digestive enzymes and enzymes associated with the metabolism of the liver and intestine and liver histopathology. Fish (initial mean weight,  $54.36 \pm 17.04$  g) were divided into groups: fasting (without feeding), control (commercial feed), and treatment (commercial feed with leaf aqueous extract of Serjania marginata), and in each aquarium, there were five individuals and the fish fed ad libitum for 15 days. Treatment fish had ingested on average 224.3 mg of extract/kg of fish/day.

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In the extract analysis by mass spectrometry, quercitrin, isoquercitrin, A-type proanthocyanidin trimer, and quinic acid were identified. In the enzymatic activity, fish from the treatment group showed higher level of alkaline phosphatase, while the hepatotoxic markers (AST and ALT) and levels of lipase, amylase, and nonspecific protease did not differ  $(p > 0.05)$ . In liver histopathological analysis, it was observed that fish from the treatment showed normal structure, while abnormalities were associated with control (fibrosis, loss of cordonal architecture, vacuolated hepatocytes with nucleus displaced to the periphery) and fasting (reduction in hepatocyte size and sinusoidal space). The intestine histopathology evidenced that the extract favored the development of goblet cells and intestinal fold height. The results indicated that the leaf aqueous extract of S. marginata assists in the structural maintenance of the liver and intestine and stimulates intestinal alkaline phosphatase production in Nile tilapia, suggesting that the identified compounds act on the liver and intestine, showing hepatoprotective effects and stimulating intestinal digestion.

Keywords Serjania · Histopathology · Phytoterapic · Digestion and hepatic metabolism

## Introduction

Fish is currently the most widely produced animal protein, especially farmed fish, which had a 60% increase in production between 2007 and 2017, representing the

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greatest growth between commodities of protein sources (OECD/FAO [2017](#page-12-0)). However, aquaculture is affected by several factors, such as cultivation systems, climate change, water quality, and nutrition, which affect fish physiology and may cause loss of homeostasis and reduce productive performance (FAO [2018](#page-10-0); Karapanagiotidis et al. [2018](#page-11-0); Yuan et al. [2018](#page-13-0)). Studies have been performed incorporating plant ingredients in fish feed in order to promote benefits to the animal (Manaf et al. [2017](#page-11-0); Reverter et al. [2014;](#page-12-0) Quesada et al. [2013](#page-12-0); Azaza et al. [2009;](#page-9-0) Emre et al. [2008](#page-10-0); Mandal and Ghosh [2010a,](#page-12-0) [2010b](#page-12-0)). However, the effects of plant extracts on aquatic organisms are underexploited, being relevant to understand how plants can affect fish health, as a preliminary step for large-scale use in aquaculture (Stratev et al. [2018](#page-13-0); Awad and Awaad [2017;](#page-9-0) Reverter et al. [2014\)](#page-12-0).

Medicinal plants and their derivatives are rich in many active principles that feature a variety of biological activities (Awad and Awaad [2017\)](#page-9-0). Among several medicinal plants, the species of the genus Serjania (Sapindaceae) stand out, occurring in tropical and subtropical regions (Moreira et al. [2013](#page-12-0)) and featuring a wide distribution in Brazil, especially in the Pantanal and Cerrado biomes (Souza and Lorenzi [2013;](#page-13-0) Moreira et al. [2013](#page-12-0)). Crude extracts from different parts of the plant, such as stem, leaves, and root, of species of this genus exhibit biological activities such as antiinflammatory (Gomig et al. [2008\)](#page-11-0), antimicrobial (Cardoso et al. [2013;](#page-9-0) Lima et al. [2006](#page-11-0)), gastroprotective (Arruda et al. [2009;](#page-9-0) Silva et al. [2012\)](#page-13-0), antioxidant (David et al. [2007\)](#page-10-0), and antispasmodic (Silva et al. [2017](#page-13-0)). However, to date, the effect of genus Serjania plants in fish was reported only as ictiotoxic (Andrade et al. [2015](#page-9-0); Petrere Jr. [1989](#page-12-0); Teixeira et al. [1984](#page-13-0)). This toxicity was proven for Serjania lethalis and Serjania caracasana that feature saponins called "serjanosides," which kill fish by asphyxia (Teixeira et al. [1984;](#page-13-0) Aragão and Valle [1973](#page-9-0); Cordeiro and Valle [1975\)](#page-10-0). On the other hand, studies related to leaf hydroethanolic extract of Serjania marginata indicated gastroprotective (Périco et al. [2015\)](#page-12-0) and antioxidant activities (Heredia-Vieira et al. [2015\)](#page-11-0).

Diet formulated with plant extracts contain compounds that can lead to an improvement of the digestive and/or immune system of fish (Hamed and El-Sayed [2018](#page-11-0); Du et al. [2018](#page-10-0); Hassaan et al. [2018](#page-11-0); Gbadamosi et al. [2016](#page-10-0); Gabriel et al. [2015](#page-10-0); Verma and Nath [2015](#page-13-0); Shivashri et al. [2013](#page-13-0)), which feature adaptability of digestive processes, such as the following: enzymatic and profile secretion, absorption, and transport of nutrients. In this context, the morphological study reveals the performance of the digestive process, absorption, and metabolism (Lundstedt [2003\)](#page-11-0), besides being a selective barrier allowing nutrient absorption and eliminating many toxic substances (Liquori et al. [2007\)](#page-11-0) and a developer of different adaptations of digestive tract in function of diet offered (Evans et al. [2005](#page-10-0)). Therefore, histological and enzymatic studies are essential for decision-making regarding the kind of food that can be recommended on fish feeding (Romarheim et al. [2008\)](#page-13-0).

The present study was performed considering the potential displayed by the biological activities of other species of the genus *Serjania* and the gastroprotective and antioxidant activities identified for the leaf extract of Serjania marginata and due to lack of information regarding the effect of the use of this species on aquatic organisms. The aim of this study was to assess the leaf aqueous extract composition of Serjania marginata and the effects of its inclusion on the diet of Nile tilapia, in relation to digestive enzyme content and hepatic metabolism and intestine and liver histopathology.

## Materials and methods

#### Plant material

Leaves of S. marginata Casar. were collected in the Cerrado (Dourados, Mato Grosso do Sul, Brazil) (21° 59′ 41.8 South latitude, 55° 19′ 24.9″ West longitude, and 429 m altitude. Identification was performed by Dr. Arnildo Pott, and an exsiccate was deposited (number 41054) at the CGMS - Herbarium of the Fundação Universidade Federal do Mato Grosso do Sul.

Preparation and chemical analysis of S. marginata leaf aqueous extract

The leaves were oven-dried  $(37 \pm 2 \degree C)$  for 48 h and ground (Wiley-type mill, with a 2-mm mesh sieve). The aqueous extract was obtained by maceration, using 20 mL of distilled water for every 2 g of grounded dry matter. The material remained in the water for 24 h, at room temperature (25 °C). Then, the extract was filtered and lyophilized. Solid-phase extraction (SPE) cartridges (Strata C18-E, Phenomenex) were activated with methanol. The extract sample (5.0 mg) was solubilized in the least possible amount of mobile phase and subsequently subjected to SPE with methanol (2 mL). The extract was analyzed by direct injection (FIA-ESI-IT-MS in negative mode—mass spectrometer LTQ XL equipped with an APCI ionization source and linear ion-trap analyzer) to obtain the mass spectra in negative mode [M–H]<sup>−</sup> , as described by Moreira et al. [\(2019](#page-12-0)). The substances identified in this study also were identified in aqueous extract of *S. marginata* by Moreira et al. ([2019](#page-12-0)).

## Animals

The in vivo assay was performed with juvenile Nile tilapia  $(54.36 \pm 17.04 \text{ g})$ , acclimated to the environment for 15 days. Fish were divided into 15 experimental units (20 L water) containing five fish, totaling 25 fish per treatment in recirculating system with photoperiod of 12 h of light. Water quality was monitored during the assay (conductivity, pH 7.95,  $5.70 \pm$ 0.2 mg  $L^{-1}$  for dissolved oxygen, water temperature  $26.27 \pm 1.20$  °C, 150 mg/L total hardness as CaCO<sub>3</sub>). Fish were fed a commercial feed (32% crude protein and 4275 kcal  $kg^{-1}$ ) acquired in local market, for a period of 15 days ad libitum twice a day. The assay has been approved by the Ethics Committee for Animals Use of Centro Universitário da Grande Dourados (protocol number 003/14).

Experimental design of hepatic and gastroprotective activity on Nile tilapia

A completely randomized design was used to evaluate the effects of diet on hepatic and gastroprotective activity of Nile tilapia with three diets and 15 replicates. The juvenile Nile tilapia were divided into three diet groups  $(n = 25)$ : (i) kept without feeding (fasting), (ii) fed with commercial feed (control), and (iii) received feed supplemented with leaf aqueous extract of S. marginata  $(5000 \text{ mg kg}^{-1})$  (treatment). The extract  $(5.5 \text{ g})$  was incorporated in fish feed (1 kg) after dilution in water:ethanol (1:1), with subsequent evaporation of ethanol. The diets were offered twice a day, up to satiety. At the end of the experiment, fish fed with treatment diet had ingested the dosage of 224.3 mg (extract) kg<sup>-1</sup> (fish) day−<sup>1</sup> , defined based on evidence of protective activity of ethanolic extract of this plant on mice (Périco et al. [2015](#page-12-0)). The fish tolerance was daily measured by survival to the feeding protocols. On the 15th day, fish were euthanasiated and sampling was done between 09:30 and 10:30 h. The liver and intestine were removed for the assessment of hepatic and gastroprotective activity of S. marginata leaf aqueous extract, in Nile tilapia, with histopathological and enzymatic analyses. The collected organs for assays of enzymatic activity from nine samples per treatment from distinct fish were stored at − 70 °C until analysis.

#### Enzymatic analysis

The alkaline phosphatase activity analysis was performed by colorimetry, and the activity of other enzymes was performed by spectrophotometry. Determination of enzymatic activity was taken using semiautomatic spectrophotometer (BioPlus S-200). The specific assay conditions for each enzyme were as follows.

Liver tissue (100 mg of each fish) was homogenized with 20 mM sodium phosphate buffer and 10 mM Tris (glycerol  $v/v$ , pH 7.0) in Potter–Elvehjem homogenizer for the analysis of metabolic enzymes alanine aminotransferase (ALT) and aspartate aminotransferase (AST). The homogenate was centrifuged first at  $600 \times g$ at 4 °C for 3 min, and then, the supernatant was subjected to new centrifugation at  $6000 \times g$  at 4 °C for 8 min. The supernatant was collected for analysis by spectrophotometry determined at 690 nm (Reitman and Frankel [1957](#page-12-0)).

Tissue from the anterior portion of the intestine (100 mg of each fish) was used for the activity of digestive enzymes. To determine the pH for the nonspecific proteolytic and amylohydrolytic optimal activity, pH profile was assayed previously over a wide pH range (2, 4, 6, 7, 8, 9, 10, 11, and 12). The homogenization of the intestine tissue was performed in 20 mM sodium phosphate buffer and 10 mM Tris (glycerol  $v/v$ , pH 7.0) with a Potter–Elvehjem homogenizer. The homogenate was centrifugated (600 $\times g$ , 4 °C, 3 min), and the supernatant was subjected to new centrifugation (6000 $\times g$ , 4 °C, 8 min). The supernatant from the second centrifugation was used as the crude enzyme extract in enzyme activity assays.

Nonspecific proteolytic activity was determined by the casein-hydrolysis method (Walter [1984\)](#page-13-0). A reaction mixture containing an aliquot crude enzyme source and casein at  $0.5\%$  (w/v) was incubated for 1 h at 25 °C. The reaction was stopped by addition of 7% trichloroacetic acid (TCA). The mixture was maintained in ice bath for 30 min; the precipitate was removed by centrifugation at  $14.400\times g$  for 3 min, and the absorbance of supernatant

was measured at 280 nm. Tyrosine solution was used as standard.

Lipase activity determination was adapted from Albro et al. [\(1985\)](#page-9-0). The reaction mixture containing an aliquot of crude enzyme extract and 0.4 mM ρnitrophenyl myristate in 24 mM ammonium bicarbonate (pH 7.8) with 0.5% Triton X-100 was incubated for 30 min at 25 °C. The reaction was interrupted by addition of 25 mM NaOH and transferred to ice bath for 15 min. The optical density was registered at 405 nm.

Amylohydrolytic activity was assayed according to Bernfeld [\(1955\)](#page-9-0). Briefly, a 1.5% starch solution was prepared for use as substrate. The substrate solution, 0.07 M citrate/phosphate buffer and 0.028 M Cl<sup>−</sup> as enzyme co-factor, was added to the aliquot of enzyme extract. The mixture was incubated at 25 °C for 30 min, and the reaction stopped by addition of 1.0 mL 5%  $ZnSO<sub>4</sub>:0.3$  N Ba (OH)<sub>2</sub> mixture. The precipitate was removed by centrifugation at  $11.000 \times g$  for 3 min, and free glucose concentration was determined at 690 nm (Park and Johnson [1949](#page-12-0)).

The alkaline phosphatase activity was determined according to the method of Subramanian et al. [\(2007\)](#page-13-0). The substrate solution was incubated with 100 mM NH<sub>4</sub>HCO<sub>3</sub> and 1 mM MgCl<sub>2</sub>, pH 7.8, at 30 °C for 15 min. The 4 mM p-nitrophenol phosphate substrate (50 μL) was added, and the absorbance was measured at 405 nm over a 30-min period at 30 °C.

Unit (U) of enzyme activity was defined as millimole (mmol) of product generated per minute under the measurement conditions described above and expressed per milligram soluble protein (specific activity). Protein concentration was determined according to Bradford ([1976](#page-9-0)) using a Sigma–Aldrich (Química, S.L., Sintra, Portugal) protein assay kit (ref. B6916) with bovine serum albumin as standard.

Histopathological analysis of the liver and intestine

Liver and intestine fragments were immersed in Bouin's solution for 24 h and subsequently washed in 70% alcohol. After fixation, the fragments were dehydrated in graded ethanol solutions (70%, 80%, 90%, and 96%), diaphonized, and embedded in paraffin with plastic polymer Histosec® (Merck). Microtomy was performed in order to obtain two slices with 5-μm thickness, which were stained by hematoxylin–eosin (HE) and by histochemical method of periodic acid Schiff hematoxylin (PAS-H) (McManus [1948\)](#page-12-0). The microscopic analysis and documentation of the material were performed using a light microscope (Olympus, BX41). First, qualitative histological analyses were done to observe main treatment effects. Based on those observations, quantitative analyses were defined. For the morphometry of the material, seven slices per treatment were selected and seven sections were photographed. Size of the hepatocytes and height of intestinal folds were measured. Intensity of reaction of the goblet cells in the intestine, indicated by PAS-H dyeing (McManus [1948](#page-12-0); Ortiz-Delgado et al. [2003](#page-12-0)), was classified as strong  $(+ + +)$ , moderate  $(++)$ , weak  $(+)$ , or absent  $(-)$ . Intestinal fold height was classified as short  $(+)$ , moderate  $(++)$ , or high (+++) (Hirji and Courtney [1982](#page-11-0); Gawlicka et al. [1995;](#page-10-0) Tengjaroenkul et al. [2000](#page-13-0); Moretti et al. [2014](#page-12-0)).

#### Statistical procedure

Statistical analyses were performed using RStudio software (version 1.1.423 – © 2009–2018 RStudio, Inc.). Data normality and variance homogeneity of gastroprotective and hepatic parameters were checked by the Shapiro–Wilk test, using BioEstat software (version 5.0). It was performed by an analysis of variance (ANOVA), and when differences were significant  $(p < 0.05)$ , the means were compared by Tukey's test. The results were expressed as means  $\pm$  standard deviation (SD).

### Results

Chemical composition of S. marginata leaf aqueous extract

In chemical characterization of aqueous extract of S. marginata performed by mass spectrometry, it was possible to identify substances such as quinic acid, quercitrin, isoquercitrin, and A-type proanthocyanidin trimer (Table [1\)](#page-4-0).

Effect of S. marginata leaf aqueous extract on Nile tilapia liver and intestine enzymatic profile

There was no significant differences in the activities of liver metabolic enzymes, ALT (fasting = 121.9, control = 119.7, and treatment = 124.4 mmol  $\text{min}^{-1}$  mg protein<sup>-1</sup>) and AST (fasting = 112.6, control = 104.0, and treatment = 131.4 mmol min<sup>-1</sup> mg protein<sup>-1</sup>).

|                                   | Compounds proposed Molecular ion obtained | Fragments identified<br>in this study $[M-H]$ <sup>-</sup> $(m/z)$ in this study $[M-H]$ <sup>-</sup> $(m/z)$ | Fragments described<br>n the literature consulted $(m/z)$ | Literature consulted                            |
|-----------------------------------|---|---|---|---|
| Quinic acid                       | 191                                       | 85, 93, 127, 173  | $[M-H]$ <sup>-85</sup> , 93, 111, 127, 173                | Bastos et al. 2007                              |
| <b>Ouercitrin</b>                 | 447                                       | 151, 179, 301   | $[M-H]$ <sup>-151, 179, 301</sup>                         | Gutzeit et al. 2007;<br>Simirgiotis et al. 2013 |
| Isoquercitrin                     | 463                                       | 151, 179, 257, 301  | $[M-H]$ <sup>-151</sup> , 179, 257, 301                   | Gutzeit et al. 2007;<br>Simirgiotis et al. 2013 |
| Proanthocyanidin<br>trimer—A-type | 863                                       | 533, 695, 713   | $[M-H]$ <sup>+</sup> 533, 695, 713                        | Correia et al. 2005                             |

<span id="page-4-0"></span>Table 1 Substances identified and MS data of the compounds detected in the analysis of the Serjania marginata leaf aqueous extract

Regarding intestine digestive enzymes, it was observed that the activity of nonspecific protease, lipase, and amylase did not differ between treatment and control (Table 2). On the other hand, tilapia fed with diet treatment showed an increase in alkaline phosphatase activity (Table 2), revealing responsive to the presence of S. marginata leaf aqueous extract.

Effect of S. marginata leaf aqueous extract on Nile tilapia histopathological morphology of the liver and intestine

Fish liver histology subjected to fasting showed reduced hepatocyte size with small lipid vacuoles and smaller sinusoidal space (Fig. [1\)](#page-5-0). Fish fed commercial feed showed vacuolized hepatocytes with nucleus displaced to periphery of the cell and increased sinusoidal space. Hepatocellular necrosis has been evidenced, steatosis with discreet inflammatory reaction and septal fibrosis (Fig. [1\)](#page-5-0). Fish fed diet supplemented with S. *marginata* extract showed

hepatocytes with centralized nucleus and cordonal arrangement (Fig. [1\)](#page-5-0).

Anterior intestine of Nile tilapia is characterized by four layers: mucosa, submucosa, muscularis, and serosa. The mucosa layer is composed of cylindrical epithelium with brush border and enterocytes interspersed by goblet cells, with the lamina propria containing intraepithelial lymphocytes; the submucosa is formed by cells, collagen fibers, and blood vessels; the muscularis layer is composed of circular smooth muscle fibers and externally to the serosa layer, characterized by loose connective tissue (PAS, positive) and pavement cells (Fig. [2\)](#page-5-0).

It was observed that the intestinal fold height, hepatocyte size (Table [3](#page-6-0)), and variation of intensity of glycoprotein secretion by goblet cells (Table [4](#page-6-0)) were directly related to the feeding regime. In the intestine of fish fed diets supplemented with S. marginata, there was an increase in intestinal fold height and stronger intensity of reaction of goblet cells.

Table 2 Activity of digestive enzymes nonspecific protease, lipase, amylase, and alkaline phosphatase (mmol min<sup>-1</sup> mg protein<sup>-1</sup>) in the intestine anterior portion of Nile tilapia, under experimental diets for 15 days

| Enzymes (mmol min <sup>-1</sup> mg protein <sup>-1</sup> ) | Diets                         |                                |                          |
|--|-------------------------------|--------------------------------|--------------------------|
|  | Fasting                       | Control                        | Treatment                |
| Nonspecific protease                                       | $0.596 \pm 0.040^b$           | $0.829 \pm 0.164^{ab}$         | $0.977 \pm 0.110^a$      |
| Lipase   | $7.33 \pm 1.62^b$             | $17.25 \pm 4.57$ <sup>ab</sup> | $18.42 \pm 3.53^{\circ}$ |
| Amylase  | $0.08 \pm 0.01^b$             | $14.74 \pm 2.96^{\circ}$       | $14.03 \pm 9.76^{\circ}$ |
| Alkaline phosphatase                                       | 538.4 $\pm$ 83.1 <sup>b</sup> | $715.2 \pm 131.3^b$            | $1411.2 \pm 173.1^a$     |

Values are mean  $\pm$  SD ( $n = 9$ ). Values with different superscript letters in the same line of each parameter are significantly different by Tukey's test ( $p < 0.05$ )

Fasting without feeding, *control* commercial feed, *treatment* commercial feed with S. marginata leaf aqueous extract

<span id="page-5-0"></span>Fig. 1 Liver morphology of Nile tilapia subjected to different diets, × 400. Fasting showed reduced cytoplasmic vacuole (arrowhead); control showed loss of cordonal arrangement of the hepatic cells evidenced (fine trace), nucleus displacement to the periphery of the cell (arrowhead), and vacuolized cells (asterisk); and treatment showed centralized nucleus (asterisk) and cordonal architecture (fine trace.) Fasting, without feeding; control, commercial feed; treatment, commercial feed with S. marginata leaf aqueous extract; PAS, periodic acid Schiff hematoxylin; HE, hematoxylin– eosin

Fig. 2 Anterior intestine of Nile tilapia subjected to different diets, × 400. Normal morphology of the anterior portion of intestine. Fish displayed mucosa layer (M) composed of cylindrical epithelium with brush border and enterocytes interspersed by goblet cells (arrowhead) (PAS, positive), with lamina propria (LP) containing intraepithelial lymphocytes. Fasting, without feeding; control, commercial feed; treatment, commercial feed with *S. marginata* leaf aqueous extract; PAS, periodic acid Schiff hematoxylin; HE, hematoxylin– eosin





| Diets |  |  |
|-------|--|--|
|       | Control  | Treatment                                      |
|       | 59.67 $(\pm 7.9)^b$  | 91.00 $(\pm 12.2)^a$<br>210.43 $(\pm 28.69)^b$ |
|       | Fasting<br>16.52 $(\pm 5.7)^{\circ}$<br>$146.17 \ (\pm 36.93)^{\circ}$ | 287.50 $(\pm 33.47)^a$                         |

<span id="page-6-0"></span>Table 3 Intestinal fold height and hepatocyte area of juvenile Nile tilapia (Oreochromis niloticus) subjected to different diets

Values are mean  $(\pm SD)$ . Means with different superscript letters on the same line of each parameter are significantly different by Tukey's test  $(p < 0.05)$ 

Fasting without feeding, control commercial feed, treatment commercial feed with S. marginata leaf aqueous extract

#### **Discussion**

The present study assessed the hepatic and gastroprotective effect of the aqueous extract of S. marginata on Nile tilapia (Oreochromis niloticus), considering the histopathological and biochemical aspects of the liver and intestine and its possible relationship with the identified compounds in the extract, based on studies of the effects reported in the literature. The isoquercitrin, quercitrin, A-type proanthocyanidin trimer, and quinic acid are parts of the composition of other plants (Chapman Jr and Horvat [1989;](#page-10-0) Soares [1997](#page-13-0); Roessner et al. [2000](#page-12-0); Gutzeit et al. [2007;](#page-11-0) Santos et al. [2011](#page-13-0); Aderogba et al. [2013](#page-9-0); Roby et al. [2013](#page-12-0); Simirgiotis et al. [2013](#page-13-0); Dhondge et al. [2015;](#page-10-0) Heredia-Vieira et al. [2015](#page-11-0); Lucon Júnior [2016;](#page-11-0) Gopi et al. [2016](#page-11-0); Salinas-Sánchez et al. [2017](#page-13-0)) and have several biological activities (Yokota et al. [2013;](#page-13-0) Arya et al. [2014;](#page-9-0) Zhai et al. [2014;](#page-13-0) Heredia-Vieira et al. [2015](#page-11-0); Périco et al. [2015](#page-12-0); Salinas-Sánchez et al. [2017\)](#page-13-0).

Table 4 Histochemistry of the goblet cells of the anterior intestine of juvenile Nile tilapia (Oreochromis niloticus) subjected to different diets

| Methods |               | Diets     |         |           |
|---------|---------------|-----------|---------|-----------|
|         |               | Fasting   | Control | Treatment |
| HE      | N             | $\ddot{}$ | $^+$    | $^{++}$   |
|         | A             | $^{+}$    | $^{++}$ |           |
|         | $\mathsf{C}$  | $^{++}$   | $^{++}$ | $^{+++}$  |
| PAS     | N             | $+$       | $^{++}$ | $^{++}$   |
|         | А             |           |         |           |
|         | $\mathcal{C}$ |           |         |           |
|         |               |           |         |           |

Reactions: neutral (N), acid (A), and conjugated (C); and intensity of reaction: weak (+), moderate (++), strong (+++), absent (−)

Fasting without feeding, control commercial feed, treatment commercial feed with *S. marginata* leaf aqueous extract

Isoquercitrin was isolated from the pulp of Hippophaë rhamnoides L. (Gutzeit et al. [2007](#page-11-0)) and from methanolic extract 0.1% HCl of leaves and berries of Luma apiculata (Simirgiotis et al. [2013](#page-13-0)). Quercitrin was identified as one of the constituents of Kalanchoe pinnata aqueous extract (Lucon Júnior [2016\)](#page-11-0). This compound was also isolated from the methanolic extract fractions of Euphorbia hirta (Gopi et al. [2016\)](#page-11-0), extract aerial parts of Phyllanthus amarus (Soares [1997](#page-13-0)), and hydromethanolic (20%) leaf extract of Croton menyharthii Pax (Aderogba et al. [2013](#page-9-0)). The A-type proanthocyanidin trimer was reported as a compound isolated from ethyl acetate extract of Serjania schiedeana (Salinas-Sánchez et al. [2017\)](#page-13-0) and of S. marginata leaf ethanolic extract (Heredia-Vieira et al. [2015\)](#page-11-0). The quinic acid was detected in aqueous and ethanolic extracts of Ilex paraguariensis and leaf methanolic extract of Thymus vulgaris L. (Lamiaceae) and Salvia officinalis L. (Lamiaceae) (Roby et al. [2013\)](#page-12-0), methanolic extract of potato tuber (Roessner et al. [2000](#page-12-0)), and aqueous and methanolic extract of stem bark of Eucalyptus globulus Labill. (Santos et al. [2011\)](#page-13-0), among others (Dhondge et al. [2015](#page-10-0); Chapman Jr and Horvat [1989\)](#page-10-0).

The isoquercitrin and quercitrin have not been evaluated as to effect on fish. However, the aglycone of quercitrin, called quercetin, were not toxic to aquatic animals, as observed for rainbow trout (Oncorhynchus mykiss) (Plakas et al. [1985\)](#page-12-0); it can be absorbed by tilapia and deposited in the same way (aglycone), and maybe, its pharmacological effects are more beneficial (Park et al. [2009](#page-12-0)). Park et al. [\(2009\)](#page-12-0) detected the presence of quercetin in tilapia, when fed diets based on cotton seeds, which, however, contain quercetin (0.8%), with the majority in glycated form (Dabrowski and Lee [2001;](#page-10-0) Piccinelli et al. [2007](#page-12-0)). In addition, hypocholesterolemic and antioxidant effects of quercetin were evidenced, as well as increasing immune function and maintenance of physiological homeostasis of flounder (Paralichthys olivaceus) (Shin et al. [2010\)](#page-13-0) and immunostimulant in rainbow trout (Awad et al. [2013](#page-9-0)). Zhai et al. [\(2014\)](#page-13-0), studying the effect of quercetin on growth parameters and serum lipid level of tilapia, found that the final mean of body weight, specific growth rate, and condition factor were greater in fish that received diet with quercetin and the crude lipid level in the fish body was reduced by supplementation of quercetin in this study.

The proanthocyanidins from grape seeds (GSPs) may provide beneficial effects on growth and body composition of tilapia fingerlings, under diet of 200 mg  $kg^{-1}$ , but the chemical configuration of compounds was not clarified (Zhai et al. [2014](#page-13-0)). According to the authors, promoting growth by GSPs may have been a result of increased activity of digestive enzymes and immune and antioxidant capabilities, verified in animals (Zhai et al. [2014](#page-13-0)). A wide range of biological activities has been reported to the class of the A-type proanthocyanidins (Heredia-Vieira et al. [2015;](#page-11-0) Périco et al. [2015;](#page-12-0) Zhai et al. [2014](#page-13-0); Yokota et al. [2013;](#page-13-0) Kresty et al. [2008;](#page-11-0) Buzzini et al. [2007;](#page-9-0) Howell [2007](#page-11-0); Howell et al. [2005](#page-11-0); Cos et al. [2004;](#page-10-0) Yamakoshi et al. [2002;](#page-13-0) Foo et al. [2000a,](#page-10-0) [b](#page-10-0)), encouraging the search for new analogues (Ferreira et al. [2005;](#page-10-0) Porter [1994\)](#page-12-0). The A-type proanthocyanidins demonstrated anti-inflammatory activity in mice (Salinas-Sánchez et al. [2017\)](#page-13-0) and antioxidant (Heredia-Vieira et al. [2015](#page-11-0)) and gastroprotective (Périco et al. [2015](#page-12-0)) activities. The activity of A- and B-type proanthocyanidins on digestive enzymes of mice was studied by Yokota et al. ([2013](#page-13-0)), who observed that these compounds inhibit pancreatic lipase, showing a specificity of enzymatic inhibition depending on the proportion of bond types A and B, as well as the degree of polymerization. The dimeric forms of proanthocyanidins are found in the bloodstream, and some products of hydrolyte of superior oligomers and polymers are presumably absorbed by the intestinal membrane, and then, the absorbed forms can display several physiological and biological functions in vivo (Yamakoshi et al. [2002\)](#page-13-0).

The quinic acid was characterized as a pro-metabolite that extends the metabolism of nicotinamide and tryptophan, and also features antioxidant activity in humans (Pero et al. [2009](#page-12-0)) and inhibition of vascular inflammation (Jang et al. [2017\)](#page-11-0). Arya et al. ([2014](#page-9-0)) found synergistic effects of quercetin and quinic acid, with a significant improvement of hyperglycemia, hyperlipidemia, and insulin resistance in diabetic mice and reduced

degeneration of the liver, kidney, and pancreas at histological level. In a study regarding the effect of methanolic extract from leaves of quince (Cydonia oblonga Miller) on catfish (Clarias gariepinus), exposed or not to UV-A radiation, Osman et al. ([2010](#page-12-0)) found that quinic acid was responsible for immune system improvement in function of the significant increase in number of white blood cells and lymphocytes, indicating hemotoxic stress prevention in fish exposed to this type of radiation. The leaf ethanolic extract of quince, in the study performed by Abliz et al. [\(2014\)](#page-9-0), promoted hypolipidemic and hepatoprotective effects in mice, probably due to its antioxidant capacity, lipoprotein metabolism in the liver, and inhibition of lipogenesis; however, the authors did not relate with the chemical composition of the extract. On the other hand, the use of quinic acid as active component of the extract C-Med 100 of Uncaria tomentosa promoted the same effect in mice (Akesson et al. [2005](#page-9-0)) than that observed by Osman et al. ([2010](#page-12-0)) on the white blood cells and lymphocytes of catfish.

The effect of plant extracts on aquatic organisms can vary depending on the dose and composition of the extract, and the organism, besides the exposure time. The dosage of proanthocyanidins, quercitrin, and isoquercitrin used in this study was relatively low, because the crude extract (5000 mg  $kg^{-1}$ ) was employed, and not an isolated substance. Considering the studies regarding the effect of these compounds on fish, Zhai et al. [\(2014\)](#page-13-0) tested doses of 0, 200, 400, 600, and 800 mg  $kg^{-1}$  of GSPs, stating that the dose of 200 mg  $kg^{-1}$  indicated better results in growth and body composition of tilapias. Zhai and Liu ([2013\)](#page-13-0) used doses of 0, 200, 400, 800, and  $1600 \text{ mg kg}^{-1}$  of quercetin, observing that the positive effect on tilapia growth occurred from the dose of 200 mg kg−<sup>1</sup> , which was also responsible for improvement in the level of high-density lipoprotein cholesterol (HDL-C). However, in none of these studies, the assessment of the effect of doses of active compounds between 0 and 200 mg  $kg^{-1}$  has been included. In addition, the assessment of biological effect caused by the action of a compound is more accurate when it is tested on its pure form because the plant extracts can have complex and synergistic behavior due to the presence of different compounds (Chirumbolo [2010](#page-10-0)). On the other hand, Arya et al. [\(2014\)](#page-9-0) evaluated the effect of quercitrin and quinic acid at the dose of 50 and 100 mg  $kg^{-1}$  day<sup>-1</sup>, in the isolated and composed forms, in mice.

The highest level of alkaline phosphatase, greater height of intestinal folds, and greater intensity of reaction of goblet cells observed in the present study, in diet with extract of S. *marginata*, indicate greater contribution to the digestive processes and use of digesta (Murashita et al. [2018\)](#page-12-0). The intestinal folds increase the intestinal absorption surface and produce a series of enzymes such as alkaline phosphatase, maltase, sucrose, and dipeptidases (Kuz'mina and Gelman [1997](#page-11-0); Rust [2002](#page-13-0)). Intestinal alkaline phosphatase is involved in the absorption of several nutrients, such as lipids, glucose, calcium, and inorganic phosphate (Malagelada et al. [1977](#page-11-0); Roubaty and Portmann [1988](#page-13-0); Harris [1989;](#page-11-0) Dupuis et al. [1991](#page-10-0); Mahmood et al. [1994](#page-11-0); Tengjaroenkul et al. [2000](#page-13-0)). This enzyme regulates mainly the absorption of fatty acids and acts as an indicator of the absorption capacity of brush border, and the increase in its activity indicates better absorption of fatty acids by enterocytes, maybe in part due to an increase in the microvilli of enterocytes (Hayes and Volkoff [2014](#page-11-0)). On the other hand, the presence of goblet cells in fish intestine is related to different feeding conditions, protection against bacterial activity (Liu et al. [2009;](#page-11-0) Ellis [2001](#page-10-0)) and epithelial defense (laminar flow) against food from the stomach, rich in digestive enzymes and pH sharply acid (Cardoso et al. [2015\)](#page-9-0). Similar effect was observed in intestinal histology of Nile tilapia (Oreochromis niloticus), rainbow trout (Oncorhynchus mykiss Walbaum), and African catfish (Clarias gariepinus) fed diets supplemented with extracts of Echinacea purpurea, Aloe vera (Aloe barbadensis), and craib (Bauhinia strychnifolia), respectively (Rhaman et al. [2018](#page-12-0); Heidarieh et al. [2013;](#page-11-0) Munglue and Dasri [2015\)](#page-12-0).

Despite reports of the ictiotoxic effects of plants belonging to the same group (Teixeira et al. [1984\)](#page-13-0), the toxicity was not observed in the present study with use of the aqueous extract of S. marginata, since the mortality of treated fish was null, and levels of AST and ALT enzymes did not differ between treatment and control in gastroprotective activity assay. The content of liver enzymes (AST and ALT) would indicate damage in hepatocytes, since these enzymes are located in this region of the cell, and its rise is associated with acute hepatic lesions. Changes in the content of these enzymes are signs of hepatic injury suffered by animals exposed to toxic substances (Mirmazloomi et al. [2015\)](#page-12-0), inadequate nutritional balance of the diet, such as protein excess (Abdel-Tawwab et al. [2010\)](#page-9-0), effect of antinutritional factors (Soltan et al. [2008\)](#page-13-0), or type of nutrient source (Ayisi et al. [2018;](#page-9-0) Ebrahimi et al. [2017\)](#page-10-0), demonstrating enzymatic secretion stimulation and liver overloading. The content of liver enzymes observed in the present study is probably due to the absence or presence in low concentration of ictiotoxic compounds, such as those isolated from S. *lethalis*, called "serjanosides" A and B (Teixeira et al. [1984](#page-13-0)).

The liver histopathological analysis confirms the modulatory action of hepatic structure in relation to the food supplied with leaf aqueous extract of S. marginata. The difference observed in the level of hepatocyte vacuolation between control and treatment indicates that the extract of *S. marginata* possibly showed a modulator effect of lipid metabolism. Hepatocyte vacuolation is generally considered as a temporary storage of lipids, particularly when the level of absorption exceeds the capacity of lipoprotein synthesis (Castro et al. [2016;](#page-10-0) Figueiredo-Silva et al. [2005](#page-10-0)). The benefit of the use of plant extracts for liver protection was reported in several studies (Hamed and El-Sayed [2018;](#page-11-0) Du et al. [2018;](#page-10-0) Hassaan et al. [2018](#page-11-0); Gbadamosi et al. [2016;](#page-10-0) Gabriel et al. [2015](#page-10-0); Verma and Nath [2015](#page-13-0); Shivashri et al. [2013\)](#page-13-0). The liver assimilates and stores nutrients; produces bile; keeps body homeostasis by processing of carbohydrates, proteins, lipids, and vitamins; plays key role in the synthesis of plasma proteins (Genten et al. [2009](#page-11-0)); and is a central organ in the accumulation and detoxification of contaminants (Al-Yousuf et al. [2000](#page-9-0); Köhler [1991](#page-11-0)). The morphological adaptations in the liver demonstrate the proper functioning of the organ and may reflect the performance of hepatopancreas functionality (Fuentes-Quesada et al. [2018](#page-10-0)).

The results obtained indicate that the addition of S. marginata leaf aqueous extract in the diet of Nile tilapia helps in digestive function by improving the histopathological aspect of the liver and intestine and stimulation of intestinal alkaline phosphatase production. It is suggested that the extract shows gastroprotective effect, and this can possibly be attributed to the action, isolated or synergistically, of the identified compounds, by antioxidant activities, lipogenesis inhibition, and increase of enzymatic activity. The continuity of studies involving the exposure of fish to different doses of extract and trial duration, in experiments with diverse purposes such as microbiological challenge, hepatotoxicity, performance, and digestibility, should assist in knowledge of the benefits <span id="page-9-0"></span>provided by leaf aqueous extract of S. marginata and its possible use in aquaculture.

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Compliance with ethical standards The assay has been approved by the Ethics Committee for Animals Use of Centro Universitário da Grande Dourados (protocol number 003/14).

Conflict of interest The authors declare that there are no conflicts of interest.

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