Long-term effects of intraperitoneal injection of estradiol-17 β on the growth and physiology of juvenile stellate sturgeon *Acipenser stellatus*

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Abstract Juvenile stellate sturgeon Acipenser stell*atus* were intraperitoneally injected with estradiol- 17β $(E_2; 0 \text{ and } 5 \text{ mg/kg fish})$ to investigate the possibility of sex reversal and also determine the changes in biochemical parameters. Five-month-old fish $(40.9 \pm 1.1 \text{ g})$ were injected every 3-week interval during a 190-day trial. At the termination of the experiment, final weight and other growth parameters including weight gain and specific growth rate, hepatosomatic and viscerosomatic indices were not affected by repetitive injection of E₂. Hematological features of E2-treated fish showed significant reductions in number of red blood cells, hemoglobin concentration, hematocrit value and mean corpuscular

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hemoglobin (P < 0.05), but no significant changes were observed in number of white blood cells, mean corpuscular volume and mean corpuscular hemoglobin concentration (P > 0.05). Calcium, phosphorus, glucose, triacylglycerol, cholesterol, total protein and estradiol concentrations were significantly increased in fish injected with E_2 (P < 0.001). Plasma progesterone and testosterone levels were noticeably lower in fish injected with 5 mg/kg E_2 rather than the control fish (P < 0.001). Histological observations of gonads showed that all fish injected with 5 mg/kg E₂ apparently feminized, while 66.6 % of the control group was female. These results revealed that the injection of E₂ is an effective method for feminization of stellate sturgeon without having significant inhibitory effects on growth and survival.

Keywords Estrogen · Feminization · Biochemistry · Growth · Gonad · Sturgeon

Introduction

There are many different ways to do sex control and manipulation in fish. Both genetic and endocrine manipulations in fish are used to create monosex population for aquaculture (Devlin and Nagahama 2002). Hormone treatment is relatively easy to use and has good efficiency and low price to produce all the same gender, compared with genetic manipulation. In this case, aquaculture has based its planning attributes

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on higher growth rate and short-term maturity (for broodstock and roe production). The effectiveness of hormone concentration depends on fish species, age and physiological condition, type of hormone used and duration of exposure.

Of the sex steroids, estradiol- 17β (E₂) is known to promote vitellogenesis and induce feminization in fish population (Omoto et al. 2002; Schafhauser-Smith and Benfey 2003; Wang et al. 2008). Although E_2 has been utilized for controlling sex differentiation in various species of teleosts, information on sex reversal in chondrosteans is extremely rare and even there are none about stellate sturgeon, Acipenser stellatus. Some previous researches on sturgeons revealed that different hormonal treatments could skew sex ratios. For instance, Akhundov and Fedorov (1994) examined the effect of estradiol dipropionate on ovarian development in sterlet, Acipenser ruthenus, and showed that both sexes were present in all treatments. Juvenile paddlefish, Polyodon spathula, implanted with 17-methyltestosterone (MT) showed changes in sex ratio (Shelton and Mims 1998). Omoto et al. (2002) applied E₂ and MT in hybrid sturgeon (Huso huso $\mathcal{Q} \times A$. ruthenus \mathcal{J}) and found that sex reversal can be induced by both hormones. Also, dietary E₂ feminized all shortnose sturgeon, Acipenser brevirostrum, after a 9-month trial (Flynn and Benfey 2007). However, some studies have demonstrated the deleterious effect of high doses of dietary E2 (50-100 mg/kg feed) on survival and growth (Flynn and Benfey 2007; Meknatkhah et al. 2012).

The wild populations of sturgeons have dramatically declined because of overfishing, destruction of natural spawning grounds and environmental pollution (Falahatkar et al. 2009). Therefore, commercial sturgeon aquaculture grows fast (FAO 2012) and has the potential to fill the gap of markets with producing meat and caviar. In sturgeon culture, females are more valuable than males because of their precious caviar (Omoto et al. 2002; Falahatkar et al. 2011). Therefore, commercial sturgeon farms are more interested in all female populations (Van Eenennaam et al. 1996). There is no information regarding the usage of E_2 in its injection method in fish. Thus, it has been hypothesized that E₂ injection method can be an alternative and effective method for feminizing the fish without having adverse impacts on growth performances. Therefore, the present study assesses the effectiveness of E_2 injection to determine sex ratio, growth performance and physiological changes in stellate sturgeon.

Materials and methods

Experimental animals and rearing conditions

"One hundred and twenty" 5-month old, juvenile stellate sturgeon reared at Dr. Yousefpour Fish Hatchery Center in Siahkal, Guilan, Iran, with an average weight of 40.9 ± 1.1 g were used for this study. They were randomly distributed into six circular concrete tanks (20 fish per tank) containing a water volume of 8061 and supplied with flowthrough freshwater at 17 ± 0.5 l/min. During the experimental period, water was aerated continuously with compressed air delivered through an air stone in each tank. The fish was kept under natural photoperiod (12 h light/12 h dark at start and 13 h light/11 h dark at final) and fed 2-6 times a day depending on water temperature according to their satiation with a commercial diet (Biomar[®] 0.8–3, Nersac, France) during the experimental time. The fish were kept and reared under these conditions for approximately 7 months from October to April. Throughout the trial, the average water temperature and dissolved oxygen concentrations which recorded daily were 12.4 ± 0.3 °C and 8.9 ± 0.2 mg/l, respectively.

Experimental design

Two experimental groups with three replicates for each treatment were considered in this study. Twenty fish were introduced to each tank. The fish were intraperitoneally injected with either 0.9 % sterilized sodium chloride solution (as a control group) or estradiol-17 β (5 mg/kg body weight; Sigma-Aldrich, St. Louis, MO, USA) every 3 weeks, from October 13 to April 19. E₂ injection solution was prepared by dissolving E₂ in 100 % ethanol and then in 0.9 % sterilized sodium chloride solution as a vehicle.

Growth performance

Body weight (g) and total length (cm) of all fish were individually measured to the nearest of 0.01 g and 0.1 cm, respectively, every 3 weeks. The individual fish from each tank was anesthetized by 300 mg/l clove powder and then weighted. Recording body weight was coincident with the hormonal injection. Fish were food-deprived for 24 h before each weighing and injecting. At the end of the experiment, specific growth rate (SGR), body weight increase (BWI), weight gain (WG), feed conversion ratio (FCR), condition factor (CF), voluntary feed intake (VFI), viscerosomatic index (VSI) and hepatosomatic index (HSI) were calculated using the following formulas to compare growth performance between two experimental groups (Biswas et al. 2008; Falahatkar et al. 2013):

from the caudal vasculature using a 5-ml heparinized syringe equipped with a 25-gauge needle. Blood samples were divided into two portions. Half of the blood was used for separating plasma, and the remaining blood was used for hematological analysis. Plasma was separated by centrifugation $(1,500 \times g$ for 10 min) and stored at -70 °C until subsequent analysis.

Steroid hormone concentrations (E_2 , testosterone and progesterone) were measured by a specific radioimmunoassay (RIA) using available kits (Immunotech, Marseille, France) according to the method provided by Kubokawa et al. (1999) with some

SGR $(\%/day) = 100 \times [\text{ln final body weight } (g) - \text{ln initial body weight } (g)]/\text{time(days)}$ BWI $(\%) = 100 \times [\text{final body weight } (g) - \text{initial body weight } (g)/\text{initial body weight } (g)]$

WG (g) = final body weight (g) - initial body weight (g)

FCR = feed intake (g)/wet weight gain (g)

CF = 100

 \times [final body weight (g)/total body length (cm)³]

 $\begin{array}{l} \text{VFI} = 100 \times (\text{food intake/days}) \\ \times (2/\text{initial biomass} + \text{final biomass}) \end{array}$

modification. Plasma glucose was analyzed based on the colorimetric glucose oxidase–peroxidase reaction (Bayunova et al. 2002). Plasma cholesterol and triacylglycerol levels were determined by the CHOD-PAP and GPO-PAP methods, respectively (Chatzifotis et al. 2010), using commercial available kits (Pars Azmun, Karaj, Iran). Total protein levels were measured by the Biuret method (ZiestChem Diagnostics, Tehran, Iran). Total plasma calcium was determined by the colorimetric method (Sigma-

VSI (%) = $100 \times [\text{weight of visceral organs and associated fat tissue (g)/body weight (g)}]$

HSI (%) = $100 \times [\text{wet weight of liver } (g)/\text{wet body weight } (g)]$

Blood and tissue sampling

All the procedure and sampling during the experiment were conducted in accordance with the Guide for the Care and Use of Agricultural Animals in Agricultural Research and Teaching. At the termination of the experiment, five fish from each tank were quickly captured and sampled after being anesthetized. Then, approximately 2 ml of blood samples was collected Aldrich procedure no. 587). Plasma phosphorus was measured using an endpoint colorimetric assay (Sigma-Aldrich procedure no. 360). All biochemical and hormonal parameters were measured in triplicate.

Hematocrit (Hct) value was determined by the standard microhematocrit method and expressed in percentage. Hemoglobin (Hb) concentration was determined using the cyanmethemoglobin method. The number of white blood cells (WBC), red blood cells (RBC), mean corpuscular hemoglobin (MCH), mean corpuscular volume (MCV) and mean corpuscular hemoglobin concentration (MCHC) were calculated according to Ranzani-Paiva et al. (2004).

After bleeding, the fish were killed by a sharp blow to the head. Then, the livers and right gonads were removed for determining hepatosomatic index and sex, respectively. Histological analysis was conducted on the gonads according to the method of Hurvitz et al. (2007). Briefly, a subsample of gonad was fixed in Bouin's solution for 48 h and then stored in the 70 % ethanol until analysis was performed. Fixed gonadal tissue was dehydrated, embedded in paraffin, sectioned at 6 μ m and then stained with hematoxylin and eosin. Two slides were prepared for each sample. Histological slides were examined under a light microscopy (Olympus BX51, Tokyo, Japan) to evaluate the sex and gonadal stage of each fish according to the terminology used by Mojazi Amiri et al. (1996).

Statistical analysis

Prior to the analysis, all data form each individual fish were examined for normality and homogeneity of variances based on Kolmogorov-Smirnov and Levene's tests, respectively. A two-way nested analysis of variance, wherein replicates were nested within the experimental variable, was used to determine the effect of the different doses of E2. There were no significant differences among the replicates (tanks). Therefore, an independent sample t test was used for statistical comparison between control and E2-injected fish. Comparison of sex ratio between control and E₂treated fish was made according to chi-square test. All statistical analyses were performed using SPSS (version 13, Chicago, IL, USA). A P value of 0.05 was used to determine statistical significance for all comparison. Data are presented as mean \pm standard error (SE) within the text.

Results

Growth indices are presented in Table 1. Results show that the long-term injection of E_2 had no significant effect on WG, BWI, SGR, CF and VFI. Although the control group exhibited higher survival and greater final body weight than those in the E_2 -treated fish, there were no significant differences between them (P > 0.05, Table 1). The long-term treatment with E₂ did not cause significant variations in HSI and VSI, although a slight increase was observed as compared with the control group (P > 0.05, Fig. 1).

Lower levels of Hct and Hb were detected in fish treated with E_2 at the end of experiment (P < 0.05, Table 2). Significantly lower RBC and MCH were also obtained from fish injected with E_2 (P < 0.05). No significant variations were observed in WBC and other blood indices between two groups of fish (P > 0.05).

Fish injected with E_2 had significantly elevated plasma glucose concentration compared with the control fish (P < 0.001, Table 3). Plasma cholesterol and triacylglycerol levels were significantly higher than those of the control group (P < 0.001). Total protein level in fish treated with E_2 was about five times more than the level in the control group (P < 0.001). A 15-fold increase in plasma calcium and a sevenfold increase in plasma phosphorus were observed in E_2 -treated fish (P < 0.001, Table 3).

The plasma concentrations of progesterone and testosterone are presented in Fig. 2a, b, respectively. Plasma progesterone and testosterone levels in the fish injected with E_2 were significantly lower than those of the control group (P < 0.001). The E_2 -treated fish had noticeably higher concentrations of E_2 ranging 4.3–38 ng/ml compared with the control group (P < 0.001, Fig. 2c).

Histological analysis showed that a 100 % female population of stellate sturgeon was produced by injections of 5 mg E_2/kg body weight, while 66 % of our control group was female. The fish treated with E_2 had small ovaries consisting of oogonia nest and oocytes, which were in the pre-vitellogenic stage and in the perinucleus substage (Fig. 3a, b).

Discussion

Although the growth performance, HSI and VSI were not affected by repeated E_2 injections, the present study revealed that the used dose and method of applying E_2 appear to be effective in feminization of stellate sturgeon. Reversing the gonadal sex by giving estrogens has been reported in many fish species with very long periods of gonadal differentiation such as sturgeon. Omoto et al. (2002) revealed that E_2 is an effective hormone in feminization of bester (a hybrid

	Initial weight (g)	Final weight (g)	WG (g)	BWI (%)	SGR (%/day)	CF	FCR	VFI (%)	Survival rate (%)
0	41.2 ± 1.1	172.9 ± 4.8	132 ± 10.3	320.6 ± 26.0	0.75 ± 0.03	0.22 ± 0.00	1.6 ± 0.1	1 ± 0.0	98.3 ± 1.7
5 mg/kg	40.7 ± 1.1	165.7 ± 6.7	123.8 ± 12.0	304.9 ± 32.0	0.73 ± 0.04	0.24 ± 0.01	1.9 ± 0.4	1.1 ± 0.1	95.0 ± 5.0

Table 1 Effect of long-term injections of E_2 on growth performance of stellate sturgeon A. stellatus (values are mean \pm SE)

20 fish were in each tank (3 replicates for each treatment)

WG weight gain, BWI body weight increase, SGR specific growth rate, CF condition factor, FCR feed conversion ratio, VFI voluntary feed intake

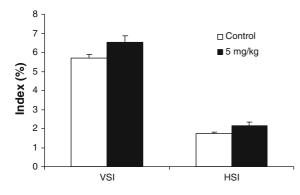


Fig. 1 Effect of long-term injections of E_2 on viscerosomatic (*VSI*) and hepatosomatic indices (*HSI*) of stellate sturgeon *A*. *stellatus* (values are mean \pm SE). n = 15 for each treatment

between *Huso huso* \bigcirc and *A. ruthenus* \circlearrowleft) if given before gonadal differentiation. Flynn and Benfey (2007) reported that all juvenile shortnose sturgeon fed E₂ at different dosages for a 7- or 9-month period were feminized, but doses above 10 mg E₂/kg resulted in increased mortality and pathologies. Meknatkhah et al. (2012), who applied feeding experiment (25 and 50 mg E₂/kg) for 7 months in order to sex reverse juvenile stellate sturgeon, showed that E₂ treatments induced oocyte development and feminization, but had the negative effects on feed intake and subsequent growth and resulted in weakness in fish. In the current study, repeated injections of E₂ caused feminization without significant or profound impacts on growth performance. This conflicts with the results of Hendry et al. (2003) in Atlantic halibut (*Hippoglossus hippoglossus*), Schafhauser-Smith and Benfey (2003) in triploid brook trout (*Salvelinus fontinalis*), Flynn and Benfey (2007) in shortnose sturgeon and Wang et al. (2008) in bluegill sunfish (*Lepomis macrochirus*). Such discrepancy may depend on species, the dosage and method of application of hormone and experimental condition.

In this study, the long-term administration of E_2 caused a significant decrease in most hematological indices (Hct, Hb, RBC and MCH). Similarly, Schafhauser-Smith and Benfey (2003) reported that the administration of 30 mg E_2/kg feed to female triploid brook trout led to a decline in both Hct and Hb levels. Similar results have also been found from our previous study on stellate sturgeon treated by oral administration of various doses (25 and 50 mg E_2/kg feed) of E_2 (Meknatkhah et al. 2012). It seems that E_2 has an inhibitory effect on erythropoiesis in stellate sturgeon as it has been previously reported in teleosts (Pickering 1986), but the mechanism of action is still unknown.

Our results revealed that plasma lipid (cholesterol and triacylglycerol) concentrations are highly affected by repeated injections of E_2 . Hyperlipidimic effects of E_2 have been reported in other fish species in short- or

Table 2 Effect of long-term injections of E_2 on the hematological parameters of stellate sturgeon A. *stellatus* (values are mean \pm SE)

	Hct (%)	Hb (g/dl)	RBC (×10 ³ /mm ³)	WBC (/mm ³)	MCV (fl)	MCH (pg)	MCHC (%)
0	$29.5\pm0.5*$	$7.0\pm0.1*$	$528.7 \pm 6.9*$	9992.0 ± 757.3	558.5 ± 5.4	$13.3\pm0.0*$	23.9 ± 0.2
5 mg/kg	23.3 ± 2.6	5.5 ± 0.6	420.5 ± 4.7	8280.1 ± 780.5	556.5 ± 5.6	12.9 ± 0.2	23.2 ± 0.4

n = 15 for each treatment

Values in columns with different superscripts noted are significantly different (P < 0.05)

* Indicates a significant difference between the control fish and injected fish at the level of P < 0.05

	Glucose (mg/dl)	Cholesterol (mg/dl)	Triacylglycerol (mg/dl)	Total protein (g/dl)	Calcium (mg/dl)	Phosphorus (mg/dl)
0	64.4 ± 2.1	55.8 ± 3.8	394.8 ± 44.2	2.2 ± 0.1	7.3 ± 0.2	13.0 ± 0.4
5 mg/kg	95.5 ± 6.9***	314.7 ± 16.7***	854.7 ± 51.8***	$10.7 \pm 0.9^{***}$	$110.3 \pm 5.7^{***}$	87.4 ± 8.4***

Table 3 Effect of long-term injections of E_2 on the hematological indices of stellate sturgeon A. stellatus (values are mean \pm SE)

n = 15 for each treatment

Values in columns with different superscripts noted are significantly different (P < 0.05)

*** Indicates a significant difference between the control fish and injected fish at the level of P < 0.001

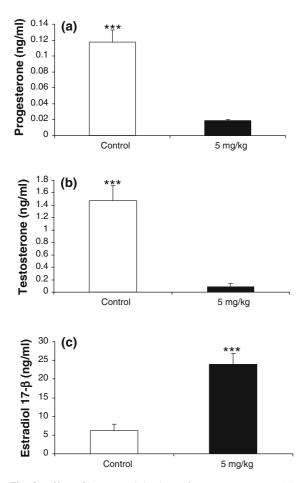


Fig. 2 Effect of long-term injections of E_2 on progesterone (**a**), testosterone (**b**) and estradiol (**c**) concentrations in stellate sturgeon *A. stellatus* (values are mean \pm SE). n = 15 for each treatment. ***Indicates a significant difference between the control fish and injected fish at the level of P < 0.001

long-term exposure. For instance, circulating cholesterol and triacylglycerol concentrations have been increased in response to E_2 exposure for 24 h in rainbow trout *Oncorhynchus mykiss* (Wallaert and Babin 1992). Goldfish (*Carassius auratus*) exposed to 10 μ g/g E₂ via silastic implant for a period of 5 months also experienced elevations in plasma cholesterol and triacylglycerol concentrations (Sharpe and MacLatchy 2007). High cholesterol and triacyl-glycerol concentrations may be associated with the growth and development of gonads, as demonstrated in fish (Wallaert and Babin 1992; Sharpe and MacLatchy 2007).

Because of lower water temperature during the winter season (~ 10 °C), feed intake and growth rate were not as high as in fall and spring. Although the growth was not affected by repeated injections of E2 or physiological saline solution, a slight increase (not significant) in the liver of E2-treated group was observed. This suggests an elevated lipogenic activity or vitellogenin synthesis, because liver is a site for vitellogenin and lipid synthesis. Higher water temperature during winter season or longer period of experiment would be a suitable condition for observation of such significant increase in HSI in fish treated with E_2 . The exposure with exogenous E_2 has been shown to increase hepatic lipogenesis and vitellogenesis in fish (Wallaert and Babin 1992; Schafhauser-Smith and Benfey 2003; Sharpe and MacLatchy 2007). Overall, our findings suggest that E_2 exposure interferes with endogenous lipid dynamics and even alters hepatic lipid storage in stellate sturgeon, as has been demonstrated in mammals (Bertolotti and Spady 1996; Dodge et al. 1996; Trautwein et al. 2003). However, further studies would be required to clarify the precise mechanism of lipid dynamics in sturgeon after exposure to E_2 .

 E_2 caused a significant increase in plasma concentration of total protein. Similar effects of E_2 on blood total protein have been reported in rainbow trout (Leatherland 1985) and red sea bream *Chrysophrys major* (Woo et al. 1993). An increase in total protein levels of E_2 -treated fish is presumably related to the

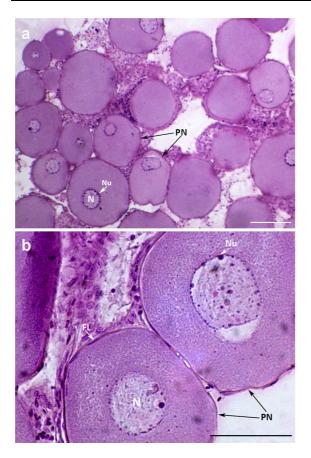


Fig. 3 Histological observation of stellate sturgeon *A. stellatus* gonads after a long-term injections of E₂. *PN* oocytes in perinucleus substage, *N* nucleus, *Nu* nucleoli, *FL* follicular layer. Magnification $\times 200$ (**a**) and $\times 400$ (**b**). *Scale bar* 100 µm

vitellogenic process which has been accompanied by hyperlipidemia and increased liver size. In addition, it may also be due to its presence in protein complex (such as high-density and low-density lipoprotein) for the transport of cholesterol and triacylglycerol in the circulation (Kocaman et al. 2005; Sharpe and MacLatchy 2007).

A significant increase in glucose was observed in response to repeated E_2 administration. This result indicated that E_2 affects carbohydrate mechanism in stellate sturgeon. The potential of E_2 to induce hyperglycemia has previously been demonstrated by Teles et al. (2004) for sea bass (*Dicentrarchus labrax*) and Lerner et al. (2007) for Atlantic salmon (*Salmo salar*). E_2 presumably induced hyperglycemia through either gluconeogenesis process in liver or an elevation in the activities of intestinal enzymes, which are responsible for glucose transmission or absorption (Woo et al. 1993; Mommsen et al. 1999). Since glucose is an important fuel for most metabolism activities, its production is a useful pathway for providing energy to cope with the increased metabolic demands.

In the current study, E_2 treatment significantly elevated plasma concentrations of both calcium and phosphorus. It has been established that E_2 treatment induces vitellogenesis in fishes, which is accompanied by an increase in blood plasma calcium and phosphate (Woo et al. 1993; Persson et al. 1998; Guerreiro et al. 2002; Linares-Casenave et al. 2003), because vitellogenin is a calcium-binding lipophosphoprotein. E_2 may be involved in the regulation and elevation of blood plasma calcium through an increase in its uptake from the environmental water or its mobilization from internal sources of calcium, e.g., cartilage or scutes in sturgeons.

In the current investigation, a significant reduction in both plasma progesterone and testosterone was concomitant with increased estradiol levels in fish treated with E_2 . Similarly, Yuan et al. (2011) showed that oral administration of E_2 for 15 months declined serum testosterone levels and enhanced serum estradiol concentrations in a dose-dependent manner in Asian swamp eel (Monopterus albus). The long-term administration of E2 to female brook trout led to a decrease in plasma testosterone and an increase in plasma E₂ concentration (Schafhauser-Smith and Benfey 2003). Lower concentrations of progesterone and testosterone in E_2 -treated fish suggested that repeated E2 injections may affect the steroid biosynthesis process by changing the enzyme activities in the steroidogenic pathway, which convert pregnenolone to progesterone and progesterone to testosterone. Maximum E_2 in E_2 -injected fish was likely related to the vitellogenic process. It is well established in fish species that E_2 regulates vitellogenin production by the liver and its level is correlated with vitellogenin synthesis in the liver and with the female reproductive cycle (Ding 2005; Babin et al. 2007). Furthermore, exogenous E2 probably affects the metabolic clearance rate, so that plasma E_2 levels remain significantly high 3 weeks after each treating with this hormone. This hypothesis is supported by consideration of previous study in which plasma E₂ was poorly metabolized in immature rainbow trout exposed to E_2 (Atteke et al. 2003). On the other hand, elevated plasma E_2 may be caused by a positive feedback response to hormone therapy on the hypothalamuspituitary-gonad axis for the growth and development of gonads.

Histological observations of gonads suggested that oogenesis was induced in all the fish treated with exogenous estradiol, so that fish had ovaries with a lot of oocytes at the perinucleus stage. In this study, 66 % of control group were also female. Therefore, it seems that other factors such as artificial propagation and some environmental factors before the beginning of experiment are also involved in skewing sex ratio toward female in the control group.

In conclusion, this study revealed that, for the first time, it is possible to use E_2 through injection method for sex reversal in stellate sturgeon without having adverse effects on the growth and survival. According to previous studies on sturgeon species, it seems that the dosage of 5 mg/kg is an optimal dosage for feminization in stellate sturgeon. Further investigations are needed to clearly determine the best dose and exact time of E_2 injection and full elucidate its mechanism of action on physiological system through cellular and molecular studies.

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