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Impact of self-pollination on the genetic diversity of inbred families of *Psidium guajava* L

Joameson Antunes Lima[®] · Alexandre Pio Viana[®] · Caio Cézar Guedes Correa[®] · Debora Souza Mendes[®] · Eileen Azevedo Santos[®] · Flávia Alves da Silva[®] · Letícia da Silva Araújo[®] · Luis Carlos Loose Coelho[®] · Mariana Zandomênico Mangeiro[®] · Natália Veras Reis[®] · Natan Ramos Cavalcante[®] · Rogério Figueiredo Daher[®] · Thays Correa Costa[®]

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Abstract In guava (*Psidium guajava*), the impact of self-pollination on the quantitative traits of the fruits is not fully understood, necessitating further investigation. This study aimed to estimate the effects of selfing on fruit traits in S_1 and S_2 inbred families of guava and to explore potential impacts on genetic diversity. Eighteen S_1 families were generated through selfing of progenies from biparental crosses, and ten S_2 families were produced by selfing superior genotypes from S_1 families. The experiment was conducted at the Experimental Station of Ilha Barra do Pomba, in the municipality of Itaocara-Rio de Janeiro, Brazil. It utilized a randomized complete block design, with three replications and ten plants per plot. Evaluated traits included

J. A. Lima

Laboratório de Diversidade Molecular, Universidade Federal de São Carlos – UFSCar, Rod. João Leme Dos Santos, Km 110, Sorocaba - SP 18052-780, Brazil

D. S. Mendes

fruit weight, length, diameter, length-diameter ratio, endocarp thickness, mesocarp thickness, pulp weight, and soluble solids content. The data underwent individual analysis of variance, yielding predicted mean trait values for S_1 and S_2 generations, alongside correlation and homozygosity estimates. Genetic diversity was assessed using Mahalanobis distance and UPGMA cluster analysis, and comparative box plots between inbred populations were created for the evaluated traits. Box plot analysis revealed symmetry in most evaluated traits, suggesting uniformity in the data due to the selfing strategy. Analysis of variance indicated statistically significant differences in all traits, highlighting variability between populations S_1 and S_2 . Fruit and pulp weights exhibited high

E. A. Santos

L. S. Araújo

Instituto Federal de Educação Ciência e Tecnologia do Maranhão - IFMA, Viana, MA-014 65215-000, Brazil

R. F. Daher

J. A. Lima $(\boxtimes) \cdot A$. P. Viana $\cdot C$. C. G. Correa \cdot F. A. da Silva $\cdot L$. C. L. Coelho $\cdot M$. Z. Mangeiro \cdot N. V. Reis $\cdot N$. R. Cavalcante $\cdot T$. C. Costa Laboratório de Melhoramento Genético Vegetal, Universidade Estadual Do Norte Fluminense Darcy Ribeiro - UENF, Av. Alberto Lamego, 2000, Campos Dos Goytacazes, Rio de Janeiro, RJ 28013-602, Brazil e-mail: joameson.lima@unemat.br

Instituto Federal de Educação, Ciência e Tecnologia do Norte de Minas Gerais – IFNMG, Avenida Brazil, 334 - Centro – Janaúba, MG 39440-000, Brazil

Rede Pró-Centro-Oeste Em Biotecnologia E Biodiversidade, Universidade Do Estado de Mato Grosso - UNEMAT, MT-358, 7 - Jardim Aeroporto, Tangará da Serra, MT 78300-000, Brazil

Laboratório de Engenharia Agrícola – LEAG, Universidade Estadual Do Norte Fluminense Darcy Ribeiro - UENF, Av. Alberto LamegoCampos Dos Goytacazes, Rio de Janeiro, RJ 200028013-602, Brazil

homozygosity levels, with values of 90.86 and 102.59 respectively, linked to increased fruit traits in the S_2 population, indicating their importance in the fixation of favorable alleles. Fruit weight, length, and diameter, endocarp thickness, and mesocarp thickness showed strong correlations, exceeding 0.70. Genetic diversity assessment via Mahalanobis distance indicated a decrease in genetic variability, evidenced by fewer groups in S_2 compared to the S_1 population. However, this reduction did not noticeably affect the average performance of the S_2 population. The results indicate that the two generations of self-pollination did not negatively affect the phenotypic values of the evaluated traits.

Keywords Guava breeding \cdot Homozygosity \cdot Inbreeding depression \cdot Favorable alleles

Introduction

In Brazil, the cultivation of guava (Psidium guajava L.) covers an extensive area of 22,137 thousand hectares, leading to a production of 552,393 thousand tons of fruit (IBGE 2023). Several cultivars are utilized by farmers, with Pedro Sato, Cortibel, Kumagai, Paluma, Rica, Sassaoka, and Século XXI being particularly prominent (Santos et al. 2011). The Paluma cultivar dominates, covering approximately 70% of Brazil's guava cultivation area (Pereira and Kavati 2011). This dominance underlines the vulnerability of the crop due to limited exploitation of the genetic diversity of the species. Accordingly, there is a pressing need to develop new cultivars that more effectively cater to the specific demands of the market and growers. Such development would facilitate the diversification of guava cultivars in the field with different alleles, particularly focusing on varied fruit types and resistance to pests and diseases (Krause et al. 2017).

Guava possesses a mixed reproductive system that includes both allogamy and autogamy. Although self-pollination is prevalent, accounting for 25.7% to 41.3% of cases (with an average of 36.6%), crosspollination remains significantly high (Singh and Sehgal 1968). The high rate of cross-pollination, combined with sexual propagation, contributes to the establishment of heterogeneous orchards, resulting in non-uniformity among the cultivated genotypes. This considerable variability poses significant challenges to guava production, disrupting the uniformity of cultivation practices and the marketing system due to a lack of standardization in key aspects such as yield, plant growth, and fruit quality (Santos et al. 1998; Manica et al. 2000; Oliveira et al. 2009).

Self-pollination, or selfing, results in increased homozygosity and reduced heterozygosity in progeny, potentially leading to inbreeding depression. This condition manifests as a decline in the average values of quantitative traits related to the reproductive capability or physiological efficiency of the plant, largely due to the homozygosity of deleterious alleles (Falconer and Mackay 1996). In guava, the specific consequences of selfing are not extensively studied, primarily because of the challenges associated with the long reproductive cycle of perennial species. This gap in research is intriguing, given the economic significance of guava and the complexity of its reproductive system.

Scientific research has demonstrated that inbreeding depression varies across different species. An example of this can be observed in corn (Zea mays L.), where selfing can have severe consequences, including the potential extinction of a variety (Paterniani 1978). Conversely, studies on perennial species like eucalyptus (Eucalyptus spp.) suggest that inbreeding does not significantly affect the germination, survival, or growth of self-pollinated plants (Estopa et al. 2007). Regarding guava, Maitan (2022) investigated the effects of inbreeding on the physiological quality of seeds from self-pollinated guava plants over two generations, finding no adverse impacts on seed characteristics and physiological quality. A more comprehensive study by Ambrósio et al. (2022) focused on 18 S_1 inbred families of guava to select superior genotypes for future generations of selfing based on morpho-agronomic traits. The research demonstrated genetic gains, emphasizing the potential for selecting superior genotypes in subsequent generations of selfing.

Although inbreeding is employed in certain breeding programs to fix favorable traits, its use in guava breeding research is limited. In this context, the State University of Northern Rio de Janeiro (UENF) has been conducting a guava breeding program for the past 15 years, yielding promising outcomes (Pessanha et al. 2011; Campos et al. 2013, 2016; Oliveira et al. 2014; Quintal et al. 2017; Gomes et al. 2017; Silva et al. 2020, 2021, 2023; Ambrósio et al. 2021, 2022). These studies demonstrate that the development of inbred guava families through selfing is a feasible approach for generating superior populations.

In the establishment of a breeding program, it is essential for breeders to ensure the presence of variability within the population not only at the initiation phase but also throughout the program's duration. It is essential to monitor the preservation of this variability to avoid hindering future genetic advancements and, consequently, the sustainability of the program. Thus, the target population must exhibit genetic diversity and agronomic traits that are of interest to both producers and consumers. The synergy of genetic variation and superior mean values is crucial for yielding productive cultivars in the breeding program (Krause et al. 2017).

The study of genetic diversity via multivariate analysis plays a significant role in breeding programs, as the variance among genotypes is essential for achieving selection gains by crossing genetically distinct groups that display desirable traits (Cruz et al. 2011).

Among the various metrics developed to assess genetic diversity among genotypes, the generalized Mahalanobis distance is particularly noteworthy. It is extensively employed in studies with replications due to its ability to account for correlations between evaluated traits (Cruz et al. 2012; Simon et al. 2012). When integrated with clustering techniques such as the hierarchical UPGMA (Unweighted Pair Group Method with Arithmetic Mean), it provides a systematic approach to interpreting genetic diversity. In UPGMA, genotypes are clustered through a recursive process until a dendrogram with highly informative value is produced (Cruz 2005). Both techniques are widely utilized in the analysis of genetic diversity in fruit crops (Bohry et al. 2019; Mendes et al. 2020; Radaelli et al. 2020; Torres et al. 2019; Santos et al. 2022).

Accordingly, this study offers a valuable contribution to guava breeding research by addressing specific gaps in the scientific literature. By exploring the development of guava lines and the potential implications of inbreeding, it addresses a significant void in targeted studies on these topics. Moreover, by further elucidating the guava reproductive system, this research aids in formulating effective breeding strategies. Therefore, the primary goal of this research is to evaluate the effects of self-pollination on the fruit characteristics of S_1 and S_2 inbred guava families, in addition to examining its potential impacts on the genetic diversity of the species.

Material and methods

Study area

The research was carried out at the experimental station situated on Barra do Pomba Island, within the municipality of Itaocara, northwest region of the state of Rio de Janeiro, Brazil (21°40' S and 42°04' W, 76 m asl). The soil of the experimental site is classified as Argisol, as per the categorization by the Soil Survey Staff (2015). The area is characterized by an Aw climate type according to the Köppen classification, with an average annual temperature around 22 °C and annual precipitation averaging 1,297 mm, as documented by Alvares et al. (2013).

Origin of the studied populations

Initially, 18 S_1 guava families were established through the selfing of superior individuals from controlled bi-parental crosses, as conducted by Quintal et al. (2017) during September and October 2008 in Bom Jesus do Itabapoana, also in the northwest of Rio de Janeiro. These families were later assessed by Ambrósio et al. (2021), who selected the most promising genotypes for further selfing, resulting in ten S_2 families (Table 1).

Experimental design

Plants from the 18 S_1 population were installed in July 2014, while the ten families from the S_2 population were established on January 24, 2020. A randomized block experimental design was utilized for evaluating these populations, featuring three replications and ten plants per plot.

Cultivation treatments

Throughout the experiments, pruning and thinning practices were implemented as required. Additionally, liming and fertilization procedures were conducted

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Table 1 Genealogy of the 18 S_1 families and 10 S_2 families of <i>P. guajava</i> , evaluated in Rio de Janeiro state	*Parents (S ₁)	Derived family (S_1)	*Parents (S ₂₎	Derived family (S_2)
	F17/G5/B1	Family 1	F1/G6/B3	Family 1
	F7/G9/B1	Family 2	_	-
	F13/G3/B1	Family 3	_	_
	F4/G6/B1	Family 4	F4/G8/B2	Family 2
	F5/G8/B1	Family 5	_	_
	F4/G5/B2	Family 6	F6/G3/B1	Family 3
	F13/G4/B1	Family 7	F7/G4/B3	Family 4
	F5/G10/B1	Family 8	F8/G2/B2	Family 5
	F3/G7/B1	Family 9	F9/G9/B3	Family 6
	F10/G5/B1	Family 10	F10/G7/B3	Family 7
	F5/G4/B1	Family 11	F11/G2/B2	Family 8
	F2/G6/B2	Family 12	F12/G1/B2	Family 9
	F8/G4/B1	Family 13	_	-
	F5/G9/B1	Family 14	_	_
[*] Parents of S_1 and S_2 plants. F/G/B refers to the genotypes selected within each family and block, which were subsequently self-pollinated to originate the S_2 genotypes	F3/G11/B1	Family 15	_	-
	F3/G5/B1	Family 16	_	-
	F4/G9/B1	Family 17	F17/G9/B2	Family 10
	F4/G8/P1	Family 18	-	_
	Total	540 genotypes		300 genotypes

according to the guidelines provided by Costa and Costa (2003). These agronomic practices aimed to promote optimal plant growth, adhering to the standards set forth in specialized literature.

Evaluated traits

A total of 400 genotypes from the S_1 families and 150 genotypes from the S₂ families were evaluated. For each genotype, five fruits underwent assessment based on eight specific descriptors for P. guajava L., as stipulated by the Ministry of Agriculture (MAPA 2018). The employed descriptors included: Fruit Weight (FW)-measured in five fruits from each genotype, using a semi-analytical scale, with the results presented in grams; Fruit Transverse Diameter (FD)-measured in five fruit samples was with a caliper, with values reported in millimeters; Fruit Length (FL)-determined in five selected fruits per genotype using a caliper, with measurements in millimeters; Fruit Length/Diameter Ratio (L/D)—computed by dividing the fruit's length by its diameter, presented as a dimensionless value; Mesocarp Thickness (MT)-gauged at two points on each fruit's median region with a caliper, with measurements in millimeters; Endocarp Thickness (ET)measured at the seed-concentrated area, specifically the

placental region, using a digital caliper, with the thickness expressed in millimeters; Pulp Weight (PW)—calculated by deducting the weight of the placenta from the total fruit weight, representing the weight of the mesocarp area; Soluble Solids Content (SSC)—ascertained by analyzing the juice extracted from the fruit pulp using a manual press. The readings were obtained with an ATAGO N1 portable refractometer, with the soluble solids content expressed in degrees Brix, ranging from 0 to 32° Brix.

Genetic-statistical analysis

Initially, descriptive statistics were conducted to provide an overview of the data. Subsequently, linear mixed models were implemented in the R programming language using the lme4::lme4 function from the nlme package (Pinheiro and Bates 2000). We employed restricted maximum likelihood (REML) as an estimator and the best unbiased linear predictor (BLUP) for individual trait response variables. The model used is as follows:

$$Y_{(ijkl)} = \beta_0 + \beta_1 g_{(i)} + \beta_2 s_{(j)} + \beta_3 (t/g)_{(kl)} + \epsilon_{(ijkl)}$$

where $Y_{(ijk)}$ is the vector of phenotypic values of each trait in genotype i of family j in block k; β_0 is a parameter associated with the model (intercept); $g_{[i=1,...?]}$ is the parametric vector of the random effects of genotype i, associated with vector **Y** by the known incidence matrix β_1 , assuming that $g \sim N(\mu_g, \sigma_g^2)$, where σ_g^2 is the genetic variance matrix; $s_{[j=1,...,2]}$ is the parametric vector of the fixed effects of generation j, associated with vector **Y** by the known incidence matrix β_2 , assuming $s \sim N(\mu_s, \sigma_s^2)$, where σ_s^2 is the generation variance; b/f is the parametric vector of the random effects of family j within block k, influencing both the intercept and the slope, associated with the vector **Y** by the known incidence matrix β_3 ; and ϵ is the vector of random residual effects, assuming $\epsilon \sim N(0, \sigma_e^2)$, where σ_e^2 is the residual variance.

After evaluating the significant effect of generation, an individual analysis of variance, following the same model mentioned above and filtering data for each generation, was conducted for each trait as a response variable. From the individual model, we obtained the predicted values of trait means for both generations, Pearson's correlations between generations for each variable, the sum of squares of the generation effect, and its significance.

Homozygosity estimates were also calculated based on the model:

$$Ho = \left[(\overline{MS_2} - \overline{MS_1}) / \overline{MS_1} \right] * 100$$

where: *Ho* represents the homozygosity of the S₂ generation relative to the S₁ generation; $\overline{MS_2}$ is the estimated mean of the S₂ generation in the joint model, disregarding all effects of sources of variation; and $\overline{MS_1}$ is the estimated mean of generation S₁ in the joint model, disregarding all effects of sources of variation. This model was adapted from the description provided by Gardner and Eberhart (1966). The significance of the estimated homozygosity was assessed using the following formula:

$$t = \frac{MS_2 - MS_1}{\sqrt{\frac{3MSresidual}{3r}}}$$

where *t*: t-statistics to evaluate the significance of homozygosity of one generation relative to another; *MSresidual* is the residual mean square of the joint model; and r is the number of replicates.

Subsequently, Mahalanobis' generalized distance (D^2) (Mahalanobis 1936) was estimated as a measure of dissimilarity among families, considering the phenotypic means for each generation separately. The utilization of Mahalanobis distance aimed to assess the genetic diversity levels in two consecutive generations of selfing in guava. Then, the UPGMA hierarchical method was employed to visually represent the distances between families. To determine the optimal number of groups in the UPGMA method, the criterion proposed by Mojena (1977) was applied. All analyses were conducted using Genes software (Cruz 2016).

Additionally, box plots were generated using the following formula to provide graphical representations of the data, with the goal of distinguishing the performance of population S_1 in comparison to S_2 . Box plots are a data exploration tool that relies on separatrix estimates, including the median (md) and quartiles (Q1 and Q3). They present information from a dataset in a format that allows for easy visualization and comprehension (Iemma 1992). The median divides the data into two equal halves (50%) of the distribution and can be estimated using the following equation:

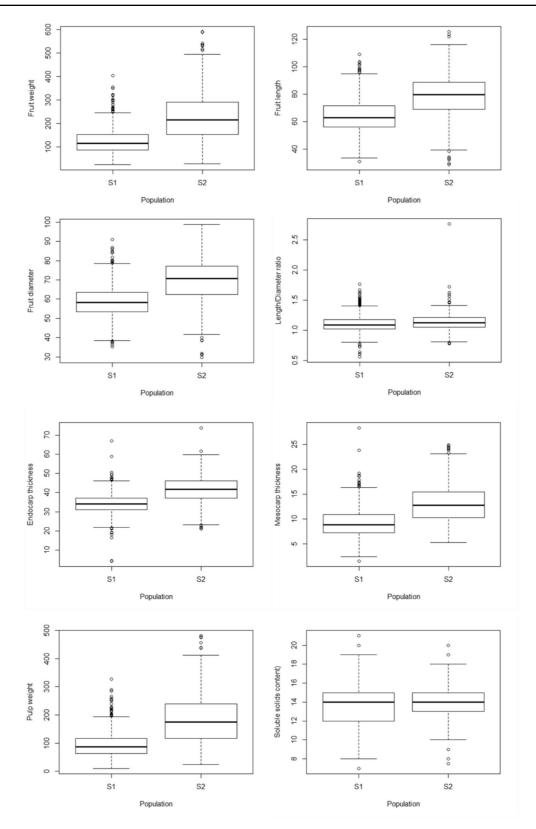
$$md = 1_{md} + \frac{\left(\frac{n}{2} - F_{ant}\right)}{f_{md}}.a_{md}$$

where 1_{md} is the lower limit of the median class; F_{prc} is the cumulative frequency of the class preceding the median class (cumulative value); f_{md} is the absolute frequency of the median class (number of observed data); and a_md is the range of the median class (difference between the maximum and minimum value of the class).

Quartiles represent specific percentages of the data. The first quartile (Q1) encompasses 25% of the data, and the third quartile (Q3) encompasses 75%. They can be calculated using the following equations:

$$Q1 = 1_{Q1} + \dots \frac{\left(\frac{n}{4} - F_{prc}\right)}{f_{Q1}}.a$$
$$Q3 = 1_{Q3} + \frac{\left(\frac{3n}{4} - F_{prc}\right)}{f_{O3}}.a$$

where: 1_{Q1} and 1_{Q3} : lower limits of the classes containing the first (Q1) and the third (Q3) quartiles,



◄Fig. 1 Box plot for eight agronomic traits of P. guajava fruits in 18 S₁ and 10 S₂ families, evaluated in Rio de Janeiro state

respectively; F_{prc} : cumulative frequency of the class preceding the class containing the quartile being estimated; f_{Q1} and f_{Q3} : absolute frequencies of the classes that contain the quartiles; and *a*: range of the class of the quartile being estimated.

The box plots were created using R Studio software (R Core Team 2021) with the assistance of the biplot2 package (Wickham 2016).

Results and discussion

Upon analyzing the box plots, we identified symmetry in the traits of FW, PW, FL, FD, L/D, MT, and ET for both populations under study. Symmetry is evident through the alignment of the line representing the second quartile (median) with the central point in the box plot (Fig. 1). This alignment indicates a balanced distribution relative to the mean values associated with these traits, implying uniformity in the arrangement of the data. The uniform distribution signifies reduced intrapopulation variation concerning the evaluated trait. In simpler terms, most individuals exhibit similar values for these specific attributes, leading to a decrease in differences among population members. This uniformity can be attributed to the crossing system employed in this study. Despite the reduction in genetic variability, S₂ families have seen quantitative improvements in most analyzed traits. This highlights the effectiveness of this approach in enhancing fruit characteristics in plants from the S₂ population.

In the analysis of the SSC trait, negative skewness was observed in the S_1 population. Specifically, it was noticed that the gap between the first quartile and the median was more pronounced compared to the difference between the median and the third quartile. This observation suggests a wider dispersion of smaller values on the left side of the distribution, along with a lower mean compared to the median. In contrast, the S_2 population exhibited a more uniform and symmetrical distribution around the median. This indicates that the data are evenly spread around the median without any directional bias.

Table 2 provides a summary of analysis of variance for populations S_1 and S_2 concerning the eight fruit traits under evaluation. The individual mean squares for the generations displayed significant effects (p < 0.05) on all traits, indicating variation between the populations. Consequently, an in-depth examination of the significant interaction between guava inbred populations S₁ and S₂ becomes crucial as it can yield valuable insights for the development of effective breeding strategies.

Notably, the S_2 generations outperformed the S_1 generations in all evaluated traits, with particular emphasis on the most agronomically important traits in the crop, namely FW and PW. These results indicate that the observed superiority can be attributed to the fixation of favorable alleles for the traits being improved (Table 3).

Furthermore, the FW and PW traits exhibited high levels of significant homozygosity, with values of 90.86 and 102.59, respectively. These findings are closely associated with a remarkable increase in fruitrelated traits within the S₂ population. The discovery of high homozygosity, coupled with the enhanced average fruit weight in the S₂ population, suggests that homozygosity plays a substantial role in fixing favorable alleles. Within the context of guava breeding, the improvement of fruit traits is considered satisfactory, especially given the scarcity of studies exploring the development of lines through inbred families. This condition allows for the selection of homozygous individuals with desired traits, thereby increasing the likelihood of transmitting these traits to future generations.

Correlation estimates between populations S_1 and S_2 varied from 0.65 to 0.87, with the traits of FW, FL, FD, L/D, ET, and MT exhibiting correlations exceeding 0.70, which is considered strong according to Dancey and Reidy (2018). In the context of endogamous populations where reproduction primarily occurs through selfing of the most productive genotypes, this robust association suggests that the studied traits are being consistently passed on to subsequent generations.

To further explore the relationship between the two populations under examination, scatterplots were generated for both populations and the eight traits, as depicted in Fig. 2.

The analysis revealed a positive correlation between the variables and a narrow dispersion of the data, evident from the linear upward trend of the traits in the graph. This linear relationship signifies that an

Table 2 Summary of analysis of variance of eight fruit traits in the 18 S_1 and 10 S_2 families of *P. guajava*, evaluated in Rio de Janeiro state

Traits/Mean square									
SV	DF	FW	FL	FD	L/D	MT	ET	PW	SSC
S ₁	17	1,183,900*	3555.6*	1064.69*	0.3651*	139.41*	396.61*	50.128*	33.462*
S_2	9	2,603,448*	3038.9*	1992.64*	0.096*	203.34*	860.60*	98,001*	21.951*
S_1 vs. S_2	1	3,948,540*	75,583*	45,096*	0.206*	6233.7*	18,800.2*	2,985,997*	98.077*
Residual	1509	1659	56	32	0.043	5.2	16	1190	2.111

SV, source of variation; DF, degrees of freedom; FW, fruit weight, FL, fruit length, FD, fruit diameter, L/D, fruit length/diameter ratio, MT, mesocarp thickness, ET, endocarp thickness, PW, pulp weight; SSC, soluble solids content; *: significant at 5%

Table 3 Estimates of the predicted means of eight traits in populations S1 and S2 of <i>P. guajava</i> , Pearson's correlation between generations for each variable, sum of squares of the generation effect and its significance, and homozygosity estimatesSS, sum of squares; H0, homozygosity estimates;FW, fruit weight; FL, fruit length; FD, fruit diameter; L/D, fruit length/diameter ratio; MT, mesocarp thickness; ET, endocarp thickness; PW, pulp weight; SSC, soluble solids content; *: significant at 5%; ***: significant at 0.1%; and ns: not significant	Generation	Mean estimate	Standard error	Correlation	SS	H ₀
	FW					
	\mathbf{S}_1	122.41	5.43	0.79	45,334,405***	90.86*
	S_2	233.60	6.14			
	FL					
	S_1	64.40	1.34	0.87	8,748,437***	22.28 ^{ns}
	S_2	78.71	1.44			
	FD					
	S_1	59.16	0.71	0.78	7,052,328***	20.07 ns
	S_2	71.04	0.81			
	L/D					
	\mathbf{S}_1	1.10	0.014	0.65	2311.83***	1.09 ^{ns}
	S_2	1.11	0.017			
	EM					
	\mathbf{S}_1	8.83	0.29	0.83	200,539***	51.27 ns
	S_2	13.34	0.32			
	ET					
	\mathbf{S}_1	34.36	0.50	0.80	2,445,838***	21.45 ns
	S_2	41.74	0.56			
	PW					
	S_1	93.17	4.54	0.78	28,442,104***	102.59*
	S_2	188.76	5.16			
	SSC					
	S_1	13.58	0.13	0.69	346,889***	4.04 ^{ns}
	S_2	14.13	0.16			

increase in one variable corresponds to an increase in the other. These findings align with the breeding strategy employed in this study, indicating that guava exhibits a low susceptibility to inbreeding depression and benefits positively from selfing. This is underscored by the rise in trait means in the S_2 generation compared to the S_1 generation, suggesting that the fixation of favorable alleles may explain this increase. While relatively few studies have focused on investigating inbreeding depression in *P. guajava*, Maitan (2022) evaluated the effect of inbreeding on the physiological quality of seeds from the two populations under examination. The results did not indicate any negative impact resulting from inbreeding on seed traits and quality. In contrast, Ambrósio et al. (2022) conducted a more extensive investigation, evaluating

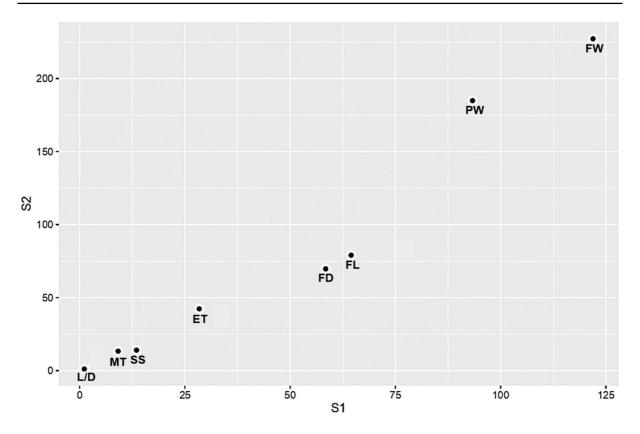


Fig. 2 Scatterplot of the S₁ and S₂ inbred populations of *P. guajava* for eight agronomic fruit traits, evaluated in Rio de Janeiro state

18 S_1 inbred families of guava to select superior genotypes for future generations of selfing. Utilizing morpho-agronomic descriptors, their results were positive, demonstrating genetic gain. As a result, they selected superior genotypes for the subsequent generations of selfing.

Using the UPGMA method for average group linkage, cutoff points were determined within the dendrogram (Fig. 3) at distances of 17.5 for the S_1 population and 36.5 for the S_2 population. These cutoff points were defined based on the criteria outlined by Mojena (1977) and correspond to 76.05% and 99.47% of the maximum distance observed in the fusion levels of the analyzed populations, respectively.

Upon applying the cutoff points, four groups were established for the S_1 population, while the S_2 population was divided into two groups. It is noteworthy that a greater number of families were assessed in the S_1 population (18 families) compared to the S_2 population (10 families), leading to a more significant prevalence of clusters in the former. Furthermore, these results hint at a potential reduction in genetic

variability within the S_2 population due to the selfing process. Nevertheless, despite the decrease in the number of groups and consequently reduced genetic diversity in the S_2 population, no adverse impact on the average fruit traits of these families was observed as a result of the selfing process. On the contrary, it was found that, despite having a mixed reproductive system, guava exhibits positive outcomes from increased homozygosity induced by selfing.

Studies focusing on genetic diversity, particularly concerning agronomic traits, play a fundamental role in characterizing and comprehending the genetic variability within a population. In the case of guava, such studies have been extensively employed to identify more divergent genotypes, as documented in research by Santos et al. (2011), Krause et al. (2017), and Ambrósio et al. (2022). However, it is essential to note that there is limited research investigating genetic diversity at the level of inbred families.

The genetic variability observed within the S_1 families can be attributed to two main factors. Firstly, it can be ascribed to the substantial genetic diversity

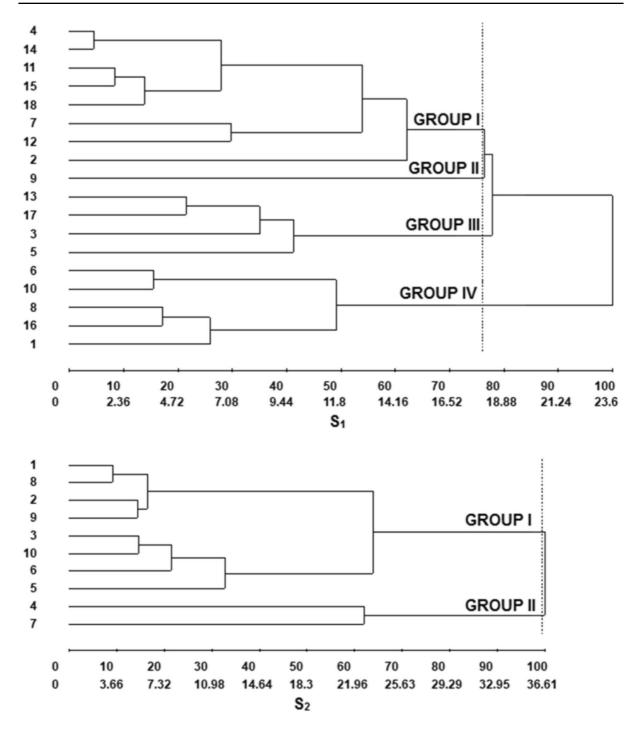


Fig. 3 Representative dendrogram showcasing genetic dissimilarity between 18 S_1 and 10 S_2 families of *P. guajava*, considering the phenotypic means in each generation, obtained using the UPGMA method with the Mahalanobis distance

identified in the initial population (S_0) as reported by Pessanha et al. (2011). This initial diversity likely contributed to increased genetic differentiation within the S_1 generation. Additionally, the species under investigation exhibits a preference for cross-pollination (Alves and Freitas 2007; Pessanha et al. 2011).

This preference results in a higher likelihood of genetic exchange between different individuals, ultimately leading to greater genetic diversity within the population. Secondly, the use of seeds from heterozygous parents in seedling production, as emphasized by Alves and Freitas (2007), also plays a significant role in enhancing genetic diversity. Thus, the combination of high initial genetic variability, cross-pollination preference, and the use of heterozygous parents in seedling production collectively explains the greater number of clusters observed in the S₁ population in comparison to the S₂ families.

The findings of this study regarding phenotypic traits align with the conclusions drawn by Reis (2023), who employed SSR molecular markers to characterize both populations examined. The author identified genetic variability in both populations S_1 and S_2 and emphasized the necessity of multiple rounds of selfing to mitigate genetic variability between genotypes within the same family.

The outcomes of this study yield valuable knowledge for the fixation of favorable alleles in genotypes of interest, leading to the production of high-quality and uniform guava materials for producers. Therefore, it is essential to continue assessments with the S_3 population, closely monitoring the levels of inbreeding at each selfing generation and exploring the potential for developing superior lines through seed propagation.

Conclusion

- 1. The two generations of selfing did not result in a detrimental reduction in guava genetic diversity.
- 2. The guava exhibits a low susceptibility to inbreeding depression for the traits studied in this work, which is advantageous when conducting selfing.
- 3. These results provide robust support for the continuation of the breeding program using inbred families and suggest progressing to S₃ families as a promising strategy.

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Data availability Data availability Inquiries about data availability should be directed to the authors.

Declarations

Conflict of interests The authors declare no competing interests.

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