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# **Evaluation of natural radioactivity in soils of Konya (Turkey) and estimation of radiological health hazards**

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Received: 18 August 2023 / Accepted: 18 November 2023 / Published online: 23 November 2023 © The Author(s), under exclusive licence to Springer Nature Switzerland AG 2023

**Abstract** Surface soil samples were collected from Konya, Turkey and natural activity concentrations were determined using the ɤ-ray spectroscopy system with HPGe detector. The activity concentrations of <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K were found to vary from 14.07  $\pm$ 0.71 Bq kg<sup>-1</sup> dw to 67.27  $\pm$  1.62 Bq kg<sup>-1</sup> dw, 10.19  $\pm$  2.60 Bq kg<sup>-1</sup> dw to 46.09  $\pm$  0.76 Bq kg<sup>-1</sup> dw and  $107.87 \pm 13.32$  Bq kg<sup>-1</sup> dw to 605.95  $\pm$  11.34 Bq  $kg^{-1}$  dry weight (dw), respectively. The radiological hazard parameters such as Ra<sub>eq</sub>, D, AEDE, ELCR, AGDE,  $H_{ex}$ ,  $H_{in}$ , and Iv evaluated the radiological risk for the public and environment. The mean values of D, AEDE and ELCR are lower than the world average value of 57 nGy h<sup>-1</sup>, 70 µSv y<sup>-1</sup>, 0.29 × 10<sup>-3</sup> respectively. The activity concentration distribution maps of  $^{226}Ra$ ,  $^{232}Th$  and  $^{40}K$  and the radiological maps of the radiological hazard parameters were plotted using the Surfer programme. Cluster analysis was carried out to indicate the similarity between the variables.

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**Keywords** Radiation hazard · Soil · Radioactivity · Natural radioactivity · Cancer risk

## **Introduction**

People are unavoidably exposed to radiation throughout their lives. Naturally occurring radioactive materials (NORMs) contribute greatly to radiation. The radioactivity due to NORMs is detrimental to human health and causes environmental pollution. NORMs are present in soil, rock, water, air, sediment and sand. In soil, potassium ( $^{40}$ K), uranium ( $^{238}$ U), thorium ( $^{232}$ Th) and their decay products are known primary NORMs and cause an increase in radioactivity levels. Particularly, 226Ra,  $232$ Th and  $40$ K induce the natural background radiation in soil and it's approximately 80% of the total radiation dose a person is exposed to in a year (Ibraheem et al., [2018](#page-11-0)). Knowing the radioactivity concentrations of NORMs in soil provides useful information in determining environmental radioactivity.

The level of human exposure depends on the geological morphology of the soil. Therefore, soil radioactivity concentration analysis plays a very signifcant role in determining the level of exposure of human beings (Tiomene et al., [2023](#page-12-0)). Exposure to NORMs causes many health problems such as lung diseases, leukemia and cancers (Uosif & El-Taher, [2008](#page-12-1)). Soils are evermore a source of radiation for all living beings because NORMs in soil transfer to plants, water, air, animals, humans, etc. (Murugesan et al., [2011](#page-11-1); Özden & Aközcan, [2021\)](#page-11-2).



The NORMs' distribution in the soil differs from area to area depending on the usage of phosphate fertilizer, mining activities, industrial activities, geological structure and geographical formation (Özden & Aközcan, [2021;](#page-11-2) Akkurt et al., [2022](#page-10-0); Içhedef et al., [2015\)](#page-11-3). Recycled by-products used in industry increase natural radioactivity levels (Żak et al., [2010](#page-12-2)). In the geological structure of the earth, there are rock beds just below the soil layer of a certain thickness. These rock beds are estimated to cause terrestrial radioactivity. It is known that most of the gamma radiations originate from the surface layer (0–25 cm) (Küçükönder et al., [2023;](#page-11-4) UNSCEAR, [1993](#page-12-3)). The safety of a population is directly related to the activity concentration of  $^{226}$ Ra,  $^{232}$ Th and  $^{40}$ K radionuclide concentrations in soil samples. Natural radionuclides in soils have attracted the attention of researchers because of the potential radiation exposure to humans and various studies have been carried out on this subject in different geological structures around the world (Al-Alawy et al., [2023](#page-10-1); Alsaadi et al., [2023](#page-10-2); Elsaman et al., [2022;](#page-11-5) Hafızoğlu, [2023](#page-11-6); Özden, [2022;](#page-11-7) Özden & Aközcan, [2021](#page-11-2); Pucha et al., [2023](#page-11-8); Srinivasa et al., [2022](#page-11-9)).

The objective of this study is to indicate the natural radioactivity concentrations, the distribution of NORMs in soils in Konya, Turkey and also to evaluate the radiological parameters, namely, radium equivalent activity  $(Ra_{eq})$ , absorbed gamma dose rate (D), annual efective dose equivalent (AEDE), external hazard index  $(H_{ex})$ , internal hazard index  $(H_{in})$ , excess lifetime cancer risk (ELCR), annual gonadal dose equivalent (AGDE) and gamma representative level index  $(I_{\sim})$  due to soil samples. Cluster analyses were carried out to indicate the radionuclide distributions and to understand the relationships between parameters.

### **Materials and methods**

#### Study area

landform with the largest area in Konya is plains and plateaus. These plateaus, which are covered with rich steppes, are important for the province's livestock and agriculture. In Konya, alluvial, colluvial, red brown and brown large soil groups are the commonly seen soil types. Alluvial soils are found in most of the residential areas of the city (Polat & Önder,  $2004$ ). The southwest of Konya has a volcanic geographic structure and NORMs are present in volcanic soils (Ibraheem et al., [2018](#page-11-0); Solgun et al., [2021\)](#page-11-11).

Samples were gathered at a depth of approximately 5–7 cm from the soil surface and a total of 26 diferent points in Konya were sampled (Fig. [1\)](#page-2-0).

## Preparation of soil samples

After collected soil samples were brought to the laboratory in bags, unwanted materials such as gravel, stones, leaves, etc. were removed and soil samples were sieved through a 2-mm sieve. Before activity measurements, samples were dried in an oven at 105 °C for 24 h, were placed inside polyethylene containers and kept in them for 1 month to achieve radioactive secular equilibrium (Murthuza et al., [2022\)](#page-11-12).

#### Activity measurements

Activity measurements of surface soil samples were performed using the ɤ-ray spectroscopy system with HPGe detector (ORTEC GEM70P4-95, USA) in Kırklareli University Central Research Laboratory. The HPGe detector has high resolution of 2.0 keV and  $70\%$  relative efficiency for 1.332 meV gamma energy of Co-60. The calibrations were made using a standard mixed source with an energy range of 80 to 2500 keV (Isotope Products Laboratories) including known activity levels of "210Pb, 139Ce, <sup>109</sup>Cd, <sup>241</sup>Am <sup>57</sup>Co, <sup>113</sup>Sn, <sup>203</sup>Hg, <sup>85</sup>Sr, <sup>88</sup>Y, <sup>137</sup>Cs, and  ${}^{60}Co$ " peaks.

The *x*-spectra of the soil samples were acquired by counting for 160,000 s (44 h) and the Gamma-Vision-32 software program was used to obtain activity concentrations. The activity concentration of 226Ra was determined from ɤ-ray lines at, 351.9 keV for <sup>214</sup>Pb and 609.3 keV for <sup>214</sup>Bi, respectively. The content of  $232$ Th was obtained from photo peaks of <sup>228</sup>Ac at 911.2 keV and <sup>208</sup>Tl at 583.1 keV. The



<span id="page-2-0"></span>**Fig. 1** Map of the study area, sampling points and geological map of Konya (Şireci et al., [2021](#page-11-14))

activity concentration of  ${}^{40}K$  was determined using an ɤ-ray line at 1460.8 keV (Aközcan et al., [2021](#page-10-3); Özden & Aközcan, [2021](#page-11-2)).

The activity concentrations were calculated via the following equation (Hossain et al., [2010;](#page-11-13) Özden & Aközcan, [2021](#page-11-2)):

$$
A(Bq \ kg^{-1}) = \frac{cps}{\varepsilon x m x l_{\rm s}}\tag{1}
$$

where *A (Bq kg<sup>-1</sup>)* is the activity concentration of a radionuclide in the surface soil sample, CPS is the net  $\gamma$  counting rate,  $\varepsilon$  is the detection efficiency of a specifc ɤ-ray, m is the mass of the measured sample and  $I<sub>x</sub>$  is the x-ray emission probability.

Calculation of radiological hazard parameters

The radiological hazard parameters were calculated due to NORMs. In equations; the activity concentrations of <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K are defined by  $A_{Ra}$ .  $A_{Th}$  and  $A_K$ , respectively.

Radium equivalent activity  $(Ra_{eq})$ 

NORMs are distributed nonuniformly in environmental media.  $Ra_{eq}$  is a proper parameter to compare activity concentrations in samples and has been determined to compare activity concentrations of NORMs.  $Ra_{eq}$  was calculated in becquerels per kilogram using Eq. ([2](#page-3-0)). (Beretka & Mathew, [1985](#page-10-4)).

$$
Ra_{eq}(Bq \, kg^{-1}) = A_{Ra} + 1.43A_{Th} + 0.077A_K \tag{2}
$$

In the equation, it is assumed that 370 Bq  $kg^{-1}$  of <sup>226</sup>Ra, 259 Bq kg<sup>-1</sup> of <sup>232</sup>Th or 4810 Bq kg<sup>-1</sup> of <sup>40</sup>K have the same gamma dose rate.

Absorbed gamma dose rate (D)

D (nGy  $h^{-1}$ ) in air through terrestrial *x* radiation at 1 m above the ground was found by the following equation (UNSCEAR, [2000\)](#page-12-4):

$$
D\left(nGyh^{-1}\right) = 0.462A_{Ra} + 0.604A_{Th} + 0.0417A_K
$$
 (3)

0.462 is the conversion factor for  $^{226}$ Ra, 0.604 is the conversion factor for  $232$ Th and 0.0417 is the conversion factor for  ${}^{40}$ K.

Annual efective dose equivalent (AEDE)

AEDE ( $\mu Sv$  y<sup>-1</sup>) caused by exposure to NORMs in surface soil samples was calculated using the following equation (Özden & Aközcan, [2021;](#page-11-2) Suresh et al., [2021](#page-11-15)):

$$
AEDE \ (\mu Sv \ y^{-1}) = D \ (nGy \ h^{-1}) \times 8760 \ (h y^{-1})
$$
  
× 0.2 × 0.7  $(Sv \ G y^{-1}) \times 10^{-3}$  (4)

In the equation; *D*: the absorbed gamma dose rate  $(nGy h^{-1})$ , 8760: hours per a year, 0.2: the outdoor occupancy factor, and 0.7: is the dose convention factor (Sv  $\text{Gy}^{-1}$ ). The equation was multiplied by  $10^{-3}$  to convert to  $\mu Sv$ .

Radiation hazard ındices

 $H_{ex}$  was calculated to estimate the level of radiological risk due to NORMs and external exposure to NORMs.  $H_{\text{ex}}$  was calculated for the surface soil samples by the Eq. ([5\)](#page-3-1) (Krieger, [1981](#page-11-16)).

$$
H_{ex} = \frac{A_{Ra}}{370} + \frac{A_{Th}}{259} + \frac{A_K}{4810}
$$
 (5)

 $H_{in}$  was calculated to estimate the level of radiological risk due to NORMs and internal exposure to NORMs.  $H_{in}$  was calculated for the surface soil samples by Eq. [\(6](#page-3-2)). (Awad et al., [2022\)](#page-10-5).

<span id="page-3-2"></span>
$$
H_{in} = \frac{A_{Ra}}{185} + \frac{A_{Th}}{259} + \frac{A_K}{4810}
$$
 (6)

<span id="page-3-0"></span> $H_{ex}$  and  $H_{in}$  values must be below unity to avoid radiation.

Excess lifetime cancer risk (ELCR)

ELCR gives the lifetime cancer risk probability from exposure to ionizing radiation in any population. ELCR was estimated using the following equation (Taqi & Namq, [2022](#page-12-5)):

$$
ELCR = AEDE \left( \mu Sv \, y^{-1} \right) \times DL \left( y \right) \times RF \left( Sv^{-1} \right) \quad (7)
$$

In the equation, AEDE: the annual effective dose equivalent, DL: the average duration (70 years), RF: fatal risk factor (0.057) (ICRP, [2007\)](#page-11-17).

Annual gonadal dose equivalent (AGDE)

In UNSCEAR report (2010), especially the thyroid, bone marrow, skin and gonads are interested organs in radiation research. AGDE ( $\mu Sv$  y<sup>-1</sup>) is calculated to estimate the efect of ionizing radiation on these sensitive organs using the following relation (Hamideen, [2022](#page-11-18); UNSCEAR, [2010\)](#page-12-6):

$$
AGDE \left(\mu Sv \, y^{-1}\right) = 3.09A_{Ra} + 4.18A_{Th} + 0.314A_K\tag{8}
$$

*Gamma Representative Level Index* ( $I_x$ )

 $I_{\gamma}$  was estimated to assess the  $\gamma$  radiation hazard due to NORMs in surface soil samples.  $I_{\gamma}$  must be less than unity to avoid the radiation.  $I<sub>x</sub>$  was calculated using the following relation (Boukhenfouf & Boucenna, [2011\)](#page-10-6):

$$
I_{\gamma} = \frac{A_{Ra}}{150} + \frac{A_{Th}}{100} + \frac{A_K}{1500}
$$
 (9)

## <span id="page-3-1"></span>**Results and discussions**

Activity concentrations

The activity concentrations of NORMs in the surface soil of Konya City are plotted in Fig. [2.](#page-4-0) Geographic



<span id="page-4-0"></span>**Fig.** 2 Activity concentrations of (**a**)  $^{226}Ra$ , (**c**)  $^{232}Th$ , (**e**)  $^{40}K$  and activity concentration distribution maps of (**b**)  $^{226}Ra$ , (**d**)  $^{232}Th$ , (**f**)  $^{40}K$ 

locations of collected soil samples and the obtained activity concentrations are listed in Table [1](#page-5-0).

As can be seen in Table [1](#page-5-0) and Fig. [2](#page-4-0).a., the activity concentration of <sup>226</sup>Ra was ranged from 14.07  $\pm$  0.71

<span id="page-5-0"></span>**Table 1** Geographic locations and the activity concentrations of NORMs in Bq kg−1, dw



Bq kg<sup>-1</sup> dw (sample K18) to 67.27  $\pm$  1.62 Bq kg<sup>-1</sup> dw (K8). The average of activity concentration of <sup>226</sup>Ra was found as 28.24  $\pm$  1.47 Bq kg<sup>-1</sup> dw. The average of activity concentration of  $^{226}Ra$  is less than the world average. The  $^{226}$ Ra activity concentrations for K7, K8 and K9 samples are higher than the world average. The activity concentration of  $^{232}$ Th varied between 10.19  $\pm$  2.60 Bq kg<sup>-1</sup> dw (K7) and 46.09  $\pm$  $0.76$  Bq kg<sup>-1</sup> dw (K8) with an average value of 29.70  $\pm$  1.20 Bq kg<sup>-1</sup> dw. The <sup>232</sup>Th activity concentrations for K2, K3, K4, K5, K6, K8, K9, K10, K15, K19, K23, K24, K25, and K26 samples are found higher than the world average  $(Fig, 2.c.)$  $(Fig, 2.c.)$  $(Fig, 2.c.)$ . The activity concentration of <sup>40</sup>K was ranged from  $107.87 \pm 13.32$  Bq kg<sup>-1</sup> dw (K12) to 605.95  $\pm$  11.34 Bq kg<sup>-1</sup> dw  $(K7)$ . The average of the activity concentration of <sup>40</sup>K was calculated as  $366.03 \pm 10.58$  Bq kg<sup>-1</sup> dw. The average of the activity concentration of  ${}^{40}$ K is lower than the world average (Fig. [2.](#page-4-0)e.). The  $^{40}$ K activity concentrations for K2, K3, K4, K5, K6, K7, K8, K9, K10, K23, K24, K25, and K26 samples are found higher than the world average. The highest activity concentrations of NORMs in sampling points can be due to may be caused by the presence of industrial activities nearby and utilization of fertilizers in the soil (El Aouidi et al., [2021\)](#page-10-7).

Activity concentration distribution maps are given in Fig. [2.](#page-4-0) Distribution maps of radionuclides were

<span id="page-6-0"></span>**Table 2** Comparison of obtained natural radioactivity concentrations with other studies



plotted using the Surfer program (Golden Software Surfer 16). The highest activity concentrations can be seen as in red color in distribution maps and the lowest activity concentrations are in purple. The highest  $226$ Ra and  $232$ Th activity concentrations were observed at 37° 54′ 10′′ N and 32° 28′ 18′′ E. The highest  $40K$  activity concentration was observed at 37° 55′ 04′′ N and 32° 29′ 06′′ E.

Table [2](#page-6-0) presents the comparison of the obtained natural radioactivity concentrations in this study with other studies in the world. Some activity concentration values of  $^{226}$ Ra in the present study are lower than the studies in North Cyprus, Laos, Jordan, and Konya (Seydisehir-Beysehir districts, Turkey), while some values of  $^{226}$ Ra are higher than that of Saudi Arabia, Konya (Seydisehir-Beysehir districts, Turkey), Istanbul (Turkey), Rize (Turkey), Izmir (Turkey), Egypt, India, Namibia, Iraq and Yemen. The highest value of  $^{232}$ Th activity concentration is less than the highest value obtained in North Cyprus, Saudi Arabia, Konya (Seydisehir-Beysehir districts, Turkey), Istanbul (Turkey), Izmir (Turkey), Egypt, India, Laos, Jordan and Yemen. Similarly, the highest value of  $40K$  activity concentration is less than those of all compared studies except Namibia, Iraq and Jordan.

Radiological hazard parameters

The radiological hazard parameters were evaluated for prospective radiological hazards to human health (Table [3\)](#page-7-0).

Ra<sub>eq</sub> ranged from 44.91 to 170.47 Bq kg<sup>-1</sup> with a mean value of 98.90 Bq kg<sup>-1</sup>. All estimated Ra<sub>eq</sub> values are lower than the recommended permissible limit  $(370 \text{ Bq kg}^{-1})$  (UNSCEAR, [2000\)](#page-12-4). The minimum and the maximum values of D in the air due to the natural radionuclides were found as 20.59 and 79.11 nGy  $h^{-1}$ respectively. In addition, the mean value of D was calculated as 46.25 nGy h<sup>-1</sup>. All calculated values of D except K3, K6, K8 and K9 sampling points are lower than the world average of 57 nGy  $h^{-1}$ . AEDE ranged from 25.25 to 97.02 μSvy<sup>-1</sup>. The mean of AEDE was found as 56.73  $μSvy<sup>-1</sup>$ . The worldwide average of AEDE is 70  $μSvy<sup>-1</sup>$ . The mean of AEDE is lower than the world average, but AEDE values of some of the sampling points such as K3, K6, K8 and K9 are higher than the world average.

ELCR ranged from  $0.10 \times 10^{-3}$  to  $0.39 \times 10^{-3}$  with a mean of  $0.23 \times 10^{-3}$ . The mean of ELCR value was obtained to be lower than the world average value (0.29  $\times$ 10−3). The highest and lowest values of all the calculated ELCR values appear at K8 and K12 sampling points, respectively. The ELCR values of K3, K6, K8 and K9

<span id="page-7-0"></span>**Table 3** The obtained radiological hazard



sampling points were found to be higher than the world average. The highest and the lowest values of AGDE were determined as 0.55 (K8 sampling point) and 0.14 mSv  $y^{-1}$  (K12 sampling point) respectively. The mean AGDE value was found to be 0.33 mSv y<sup>-1</sup> which is slightly higher than the global limit value of 0.3 mSv  $v^{-1}$ .

Radiological contour maps of Raeq  $(Bq \text{ kg}^{-1})$ , D (nGyh<sup>-1</sup>), AEDE ( $\mu$ Svy<sup>-1</sup>), ELCR ( $\times$ 10<sup>-3</sup>) and AGDE (mSv  $y^{-1}$ ) are shown in Fig. [3.](#page-8-0) Contour shapes and colors are quite similar to each other as seen on the maps. The highest radiological hazard parameters were observed at 37° 54′ 10′′ N and 32° 28′ 18′′ E. Higher radiological hazard parameters may be due to industrial activities, geological structure and geographical formation in the area.

 $\bigcircled{2}$  Springer  $V$  and  $V$  and  $V$ 

 $H_{ex}$ ,  $H_{in}$  and  $I_x$  values and means of them are compared with a recommended permissible limit in Fig. [4](#page-9-0).  $H_{ex}$  ranged from 0.12 to 0.46 with a mean of 0.27. The highest and the lowest value of  $H_{in}$  was found as 0.64 and 0.16, respectively. The mean of  $H_{in}$  was calculated as 0.34. I<sub>x</sub> was found to vary from 0.32 to 1.23 with a mean value of 0.73. All calculated values of  $H_{in}$  and  $H_{ex}$  are found to be at a safe level, lower than the recommended permissible limit of 1. The mean values of  $H_{in}$ ,  $H_{ex}$  and  $I_x$  are below that of the unit limit. As seen in Fig. [4](#page-9-0), the highest value of  $I<sub>x</sub>$  is above the recommended permissible limit of 1.

Cluster analysis (CA) was used to describe and classify variables with similar characters in the group. In cluster analysis, the similarity between <span id="page-8-0"></span>**Fig. 3** Radiological maps of (**a**) Raeq (Bq kg−1), (**b**) D (nGyh−1), (**c**) AEDE (μSvy−1), (**d**) ELCR (x10−3) and **e**. AGDE (mSv  $y^{-1}$ )



the variables is evaluated depending on the distance between the variables. While zero distance indicates 100% similarity between clusters, the similarity rate between clusters decreases as the distance increases. CA was performed using average linkage for activity concentrations of NORMs and radiological hazard parameters.

The dendrogram is shown in Fig. [5.](#page-9-1) In the dendrogram, activity concentrations and radiological hazard parameters were grouped into three clusters. Cluster-I includes  $^{226}Ra$ ,  $^{232}Th$  and all radiological hazard parameters except  $Ra_{eq}$ . The reason why radiological hazard parameters are found in Cluster-1 is that radium and thorium have high activity in soil samples.



<span id="page-9-0"></span>**Fig. 4**  $H_{ex}$ ,  $H_{in}$  and  $I_x$  for surface soil samples



<span id="page-9-1"></span>**Fig. 5** Dendrogram using average linkage

## **Conclusion**

The natural radioactivity concentrations in soil samples are determined for Konya city in Turkey. Using the coordinates in the studied area, mapping was made for activity concentrations and radiological hazard parameters. The average activity concentrations are lower than the world average value. In some regions of Konya, activity concentrations of  $^{226}$ Ra,  $^{232}$ Th, and  $^{40}$ K were higher than the world average. The reason for this may be industrialization, and the use of artifcial fertilizers in those areas. The radiological hazard parameters were calculated, and compared with world average values and recommended permissible limits. The mean value of  $Ra_{eq}$  is lower than the recommended permissible limit. In addition, the mean values of D, AEDE and ELCR are lower than the world average value but the mean value of AGDE is slightly higher than the global limit value in this study. The mean values of  $H_{in}$ ,  $H_{ex}$  and  $I_x$  are below that of the unit limit. CA was used to classify variables. In CA analysis, radiological hazard parameters were found in Cluster-1. This is because radium and thorium have high activity in soil samples.

**Acknowledgements** Use of facilities at the Central Research Laboratory of Kırklareli University for HPGe detector is acknowledged.

**Author contribution** Sample collection was performed by Osman Günay. Sample preparation, data counting, and data analysis were performed by Selin Özden and Serpil Aközcan Pehlivanoğlu. The frst draft of the manuscript was written by Selin Özden, Serpil Aközcan Pehlivanoğlu and Osman Günay. Selin Özden, Serpil Aközcan Pehlivanoğlu and Osman Günay checked the overall manuscript. All authors approved the fnal manuscript.

**Data availability** All data were presented in the manuscript.

#### **Declarations**

**Ethics approval** All authors have read, understood, and have complied as applicable with the statement on "Ethical responsibilities of Authors" as found in the Instructions for Authors.

**Confict of interest** The authors declare no competing interests.

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