Aquatic geochemistry of a major freshwater lake in the Kashmir Himalaya: solute acquisition and denudation process in the lacustrine system



Rouf Ahmad Shah \cdot Javid Ahmad Ganai
e \cdot Sayar Yaseen \cdot Jairam Singh Yadav \cdot Santosh Kumar Rai
 \cdot Tanveer Ahmad Dar \cdot Sameer Kumar Tiwari

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Abstract Lakes, the main entities of lacustrine environments, are a rich archive of environmental and geogenic changes in terms of compositional variation of water and sediment. Water and sediment samples (N=173) were collected during 2013–2014 from the Wular Lake, one of the important fresh lakes within the Indian landmass. The study provides insights on the solutes acquisition mechanism and provenance of ionic constituents within the lake water and the sediments. Besides, the impact of catchment attributes on the lake system was in addition assessed. The hydrochemical results suggest that the chemical weathering of silicate and carbonates within the catchment shapes the lake water chemistry and characterizes the facies pattern into a hybrid type. The geochemical results of the lake sediments demonstrate that the

R. A. Shah (⊠) · J. S. Yadav · S. K. Rai · S. K. Tiwari Wadia Institute of Himalayan Geology, Dehradun, Uttarakhand 248001, India e-mail: rouf@wihg.res.in

J. A. Ganaie (🖂)

Department of Earth Sciences, University of Kashmir, Srinagar, J&K 190006, India e-mail: jganai.ganai9@gmail.com

S. Yaseen

Department of Environmental Sciences, Govt. Degree College Shopian, Shopian, J&K 192303, India

T. A. Dar

Department of Earth Sciences, Indian Institute of Technology, Roorkee, Uttarakhand 247667, India

improved abrasion rates and ensuant settling of detritus into the lake are closely linked with the prominent physical weathering over chemical weathering. The new finding of the present study is that sediments represent an unweathered basalt compositional trend, plausible provenance from mafic rocks, experiencing low to moderate degree of chemical weathering. The study found that increased encroachment within the lake catchment due to continued anthropogenic forcing is the primary source contributing the organic matter (OM) as well as the higher levels of Cl, NO₃, SO₄, and P to the lake. These findings corroborate with the land use-land cover changes (from the last 50 years) within the lake catchment in significantly deteriorating the lake system. The study recommends that the ongoing conversion of lake peripheral areas into urban settlement and agro-horticulture land by filling activities should be restricted.

Keywords Wular Lake · Kashmir Himalaya · Solute acquisition · Provenance and catchment attributes

Introduction

Lakes are the main constituents of the lacustrine environments, which archive the temporal environmental changes in terms of compositional variation of water and sediment (Müller et al., 2021; Bhang et al., 2019; Dubois et al., 2018; Luque & Julià, 2002). They are considered because they link to hydrological systems on local and transboundary scales, provide water resources, and support a variety of ecosystem services (Bhateria & Jain, 2016; Hoverman & Johnson, 2012; Ballatore & Muhandiki, 2002). Recent evidence suggest that these aquatic systems respond promptly to any external variable activity than marine, hence are more imperilled (Adrian et al., 2016; Cohen, 2003). Since 68% of the world's freshwater is contained in large lakes (Beeton et al., 2008; Reid & Beeton, 1992; Stephens et al., 2020), it is imperative that the health of these freshwater ecosystems be continuously monitored and assessed.

Despite the fact that lakes are found around the world (Downing et al., 2006; Meybeck, 1995), India is among the few countries with an optimal distribution of lakes. Wular, Dal, Loktak, Kolleru, Pulicat, Bhimtal, and Gurdungmar are some major natural lakes in India, offering great ecological and societal benefits. The Kashmir Valley in India is richly endowed with abundant freshwater resources, manifested in the many lakes that dot the valley's landscape (Pandit, 1999; Badar et al., 2013; Saleem et al., 2015). Among them, Wular Lake represents the foremost diverse hydrological features, acting as a huge sink that absorbs the high annual floods of major streams of the Jhelum Basin (Jeelani & Shah, 2006; Sarah et al., 2011). The Wular is the major freshwater lake within the Indian subcontinent (Sheikh et al., 2014; Saini et al., 2008) being designated as a wetland of Global Importance (Wetlands International, 2007). The lake is taken into account among a couple of natural lakes that bear tremendous ecological and socio-economic importance, yielding its 60% (even more) fish production of the region (Rumysa et al., 2012).

Over the past few years, there is a drastic reduction in the storage capacity of the Wular Lake due to excessive sedimentation triggered by erosion and increasing illegal encroachments within the lake catchment. As a result, water quality deteriorated in the lake and eutrophication increased, which is certainly a growing concern. Few noteworthy work conducted within the study region (e.g., Hassan et al., 2015; Shah et al., 2020; Sheik et al., 2014) come with a conclusion that natural mineralization from host rocks and human settlement within the lake periphery govern the ionic characteristics of lake water and detritus. Considering the lake as an open system with its close link to peripheral catchment, the importance of updated knowledge about the lake system cannot be overemphasized. Additionally, due to its strategic importance within the Indian landmass for being a major freshwater lake, assessing the impact of catchment attributes on the lake system becomes critical. The present study aims to better understand (1) the solute acquisition mechanism and provenance of ionic constituents in water and the sediment (2) to gain insights into the denudation processes within the Wular lacustrine. The study will help the policymakers in developing long-term future management plans by restricting the anthropogenic forcing within the lake catchment so that freshwater resources from the lake can be effectively protected and conserved.

Study area

The testing site (Wular Lake) is a lowland part of the Jhelum Basin within Himalayan Synclinorium. With latitudes 34.87374 and 34.87827 and longitudes 74.3341 and 74.4402 (Fig. 1), it is bounded by the mountains on both the western and eastern sides and covers an area of 189 km² (Hassan et al., 2015). Although the Wular Lake catchment is principally linked with the whole Jhelum Basin, comprising 24 watersheds, however, the perineal Erin and Madhumati streams are the prominent ones feeding the lake directly. Rugged rock outcrops and permanent snow and glacier fields characterize the upper elevation (>3500) area of the lake catchment. The LULC characteristics of the study region (Fig. 1) show that forests (sparse and dense) are the main components covering 43% of the catchment basin as compared to agriculture (20%) and horticulture land (9%) (Mushtaq & Pandey, 2014). The lake is made within the intermountain setting and hence, it receives an outsized number of sediments from the encompassing hills comprising mafic igneous rocks, Quaternary sediments, and associated Triassic carbonates.

Material and methods

Sampling program

A total (N=173) samples (i.e., lake water: 130, sediment: n=43) were collected from seven sites within the lake body and along its peripheral catchments on different frequencies employing a grid pattern (Fig. 1,



Fig. 1 Location of Wular Lake catchment showing the lake water and sediment sampling sites

Table 1). Water samples were taken in two labelled and well-drained high-density polyethyene bottles. The primary sampling set (1-L) meant for the cation measurement was acidified with concentrated nitric acid (HNO₃) and filtered by a 0.45 μ m nucleopore membrane, while the second unfiltered sampling set (1-L) was used for anion measurement. Similarly, fresh deposited bottom sediment samples were

Table 1 Summary of the lake water and sediment sampling program

Lake w	ater sampling			Sedimo	ent sampling			
Sites	Location	Lat./long	n	Sites	Sampling depth (m)	Location	Lat./long	n
I	Vintage	34°21′/74°39′	24	A	0.8 to 1.4	Lake inlet	34°20′/74°34′	6
II	Kulhama	34°22′/74°39′	20	В	0.7 to 2.6	Lake shore	34°23′/74°35′	7
III	Makhdomyari	34°17′/74°37′	23	С	0.4 to 2.2	Lake shore	34°23′/74°32′	5
IV	Ashtung	34°24′/74°32′	23	D	0.5 to 1.4	Lake periphery	34°21′/74°31′	5
V	Watlab	34°21′/74°31′	19	Е	3 to 7	Lake central	34°23′/74°32′	6
VI	Kuinus	34°23′/74°32′	24	F	1 to 2.2	Lake outlet	34°17′/74°31′	4
VII	Ningal	34°17′/74°31′	17	G	2.5 to 5.4	Lake central	34°21′/74°31′	6

collected at different transects with the assistance of a scoop from shallow areas (<1 m) and from deeper areas (1–6 m) by the Ekman-Birge Dredge. Besides, some samples were also collected from the lake periphery. All the collected samples were packed in polythene envelops and were dried in an oven at 5 °C before their analysis.

Analytical technique

In situ parameters like pH and electric conductivity (EC) were measured by a portable water testing kit. Lake water samples were analyzed for their ionic constituents at Aquatic Ecology Laboratory, Department of Environment Sciences, University of Kashmir, by following the prescribed standard methods (APHA, 1999). The anions and cations were determined by standard methods including titration, flame, and spectrometry methods. Ca²⁺ and Mg²⁺ were measured by ethylene diamine tetraacetate titration while the Cl⁻ and HCO₃⁻ concentrations were determined by $AgNO_3^{-}$ (0.02 N) and HCl (0.01 N) titrating methods, respectively. The concentrations of Na⁺ and K⁺ from the water samples were measured by a flame emission photometer (Systronics-130), while SO₄⁻, F⁻, Fe^{2+} , and NO_3^{-} concentrations were measured with a UV-VIS spectrophotometer (EI-1371) at wavelengths of 420, 570, 508, and 220 nm. Within the majority of the water samples, the entire cation charge (TZ^{+}) in meq L^{-1}) balanced that of the entire anions (TZ⁻ in meq L^{-1}) within analytical uncertainties $\pm 8\%$.

The Wular Lake sediment samples were powdered to-200 mesh. The Sequential X-ray Spectrometer (SIEMENS-SRS3000) at the Wadia Institute of Himalayan Geology, Dehradun, India, in 2014 analyzed sediments for elemental concentrations. Few samples were also analyzed at the Central Institute of Mining and Fuel Research, Dhanbad, Jharkhand using the X-RF technique. Several in-house (e.g., DG-H and MB-H) and international standards including JG-1, JG-2, SCO-1, and GSD-9 were used during the analysis. The analytical precision for major elements is within 1% while for trace elements, it ranged from 5 to 10%. Similarly, organic carbon, nitrogen, hydrogen, and phosphate were measured at the Centre of Research and Development (CORD), University of Kashmir. Organic carbon was measured by Black and Wackley methods (Wackley & Black, 1934), nitrogen by the Kjeldahl method (Kjeldahl, 1883), and phosphorus by ammonium molybdate method (Stockdale, 1958).

Results

Hydrochemical characteristics

Considerable variation within the physical and ionic constituents of lake water was observed (Fig. 2; Table 2). The character of lake water was found alkaline with a pH starting from 7.1 to 9. Among TZ⁺, the calcium (Ca^{2+}) dominates the cation budget (TZ⁺) followed magnesium (Mg²⁺), sodium (Na⁺), and potassium (K^+), whereas bicarbonate (HCO_3^-) dominates of anion budget (TZ⁻) trailed by chloride (Cl⁻), sulfate (SO₄⁻), nitrate (NO₃⁻), and phosphorus (P^{-}) . Ca^{2+} and Mg^{2+} concentrations within the lake water ranged from 38 to 107 mg L^{-1} and 5 to 45 mg L^{-1} , both being higher at the site I and lower at sites III, IV, and V. Na⁺ and K⁺ concentrations, ranging from 2–18 mg L^{-1} and 1–5 mg L^{-1} were reported higher at sites II and VI, respectively. Similarly, the concentration of HCO_3^- and SO_4^- varied from 60 to 245 mg L^{-1} and 1 to 20 mg L^{-1} , being higher at sites IV and V, and lower at site VII. The concentrations of Cl⁻, NO_3^- , and P^- within the lake waters varied from 6 to 28 mg L^{-1} , 330 to 2110 μ g L^{-1} , and 60 to 393 µg L^{-1} , respectively. The higher amounts of Cl⁻, NO₃⁻, SO₄⁻, and P⁻ were noted near the peripheral areas of the lake. Further, solutes in lake waters showed the effect of dilution with higher concentration during the lean flow in winter and lower values during the higher flow in summer/autumn (Fig. 2).

Sediment geochemical characteristics

Significant variations are observed within the major oxides (SiO₂, CaO, Fe₂O₃, Al₂O₃, and MgO) content with the foremost abundant are SiO₂ (53–60%) and Al₂O₃ (11–16%) followed by Fe₂O₃ (5.1–10.2%), CaO (1.4–6.8%), and MgO (2.7–4.9%). However, smaller variation (<2%) is found within the elements like K₂O, TiO₂, and Na₂O (Fig. 4a, b). Trace elemental abundances ranged from Zn (29 to 171 ppm), Cu (4 to 55 ppm), Ni (6 to 68 ppm), Co (3 to 23 ppm), and Pb (6 to 32 ppm). The statistical summary of



Fig. 2 Temporal variation of ionic constituents in the lake water

all the ionic constituents in sediments samples of the Wular Lake is presented in Table 3. Compared to average Panjal basalt, no significant changes were found in the Si and Al concentrations in lake sediments; however, there is a notable depletion of Ca and Na (Fig. 4b). Even though Fe acts in the same way as the above-mentioned elements, its decrease has some additional inferences owing to its reacting nature. The minor change in MnO and P_2O_5 content of the lake sediments can be observed when compared to source rocks signifying the assessable display of these elemental contents from source to sink. The trace elements also show notable compositional variation in contrast to upper continental crust (UCC) and average Panjal basalts (Fig. 6). The Al₂O₃ content of the Wular Lake sediments displays a significant negative correlation SiO₂ (R^2 =0.6) with SiO₂, TiO₂ (R^2 =-0.4), CaO (R^2 =-0.72), Na₂O (R^2 =-0.8), and MgO (R^2 =-0.81), while there is significant positive correlation of K₂O (R^2 =0.91), Fe₂O₃ (R^2 =0.92), Co (R^2 =0.73), Ni (R^2 =0.77), and Cu (R^2 =0.78), with Al₂O₃. We also observed a negative correlation between SiO₂ and Fe₂O₃ (R^2 =-0.53).
 Table 2
 Statistical

 summary of minimum,
 maximum, average, and

 standard deviation of ionic
 constituents in lake water

Sites	Statistics	EC (µs cm ⁻¹)	рН	HCO ₃	Cl	Ca	Mg	Na	К	SO ₄	NO ₃	Р
I	Min	300	7	125	7	80	22	2	2	2	215	110
	Max	525	8	230	18	107	45	11	4	6	1140	325
	Avg	396	8	169	12	96	32	7	3	4	567	219
	S.D	85	0	35	3	10	8	3	0	1	324	73
II	Min	230	7	85	9	78	14	3	3	2	240	120
	Max	470	8	210	22	97	42	18	4	5	1230	315
	Avg	339	8	135	15	87	28	8	3	4	618	214
	S.D	81	0	42	4	6	9	4	0	1	357	68
III	Min	90	7	60	6	38	5	2	2	5	170	90
	Max	220	8	140	21	53	17	8	4	10	920	290
	Avg	156	8	89	12	45	10	5	3	8	435	177
	S.D	43	0	24	5	5	4	2	1	2	263	69
IV	Min	95	8	74	8	40	5	3	2	5	130	75
	Max	255	8	125	19	53	21	9	4	20	830	235
	Avg	177	8	94	12	46	12	6	3	14	380	139
	S.D	49	0	15	3	4	5	2	1	6	243	55
V	Min	100	7	70	9	42	5	4	2	1	206	110
	Max	284	8	165	28	61	22	8	4	8	1430	393
	Avg	187	8	102	15	51	13	6	3	5	685	219
	S.D	60	0	29	6	7	6	1	0	2	418	88
VI	Min	270	7	120	11	84	19	4	2	1	330	130
	Max	505	8	245	24	99	44	9	4	6	1710	390
	Avg	374	8	176	17	93	30	7	3	4	761	258
	S.D	77	0	41	4	4	9	2	1	1	455	73
VII	Min	160	7	75	7	48	11	4	2	1	228	95
	Max	325	9	190	21	65	31	10	4	5	1390	335
	Avg	242	8	127	13	58	21	7	3	3	654	215
	S.D	55	0	40	5	5	6	2	1	1	411	77

Discussion

Weathering and provenance

Hydrochemical data plotted as Ca + Mg vs. HCO³+SO⁴, Na⁺ + K⁺ vs. TZ⁺, TDS vs. Na / (Na+Ca), and Ca+Mg-HCO₃-SO₄ vs. Na-Cl (Fig. 3a-d) along with Piper trilinear and Langlair-Ludwig diagrams (Fig. 3e, f) suggests that lake water chemistry is governed by chemical weathering of silicate and carbonates, besides the inputs from anthropogenic sources. The chemical weathering of hosted rocks within the immediate catchment is additionally reflected by the higher concentration of HCO₃ (245 mg L⁻¹) and pH>9. Within the Ca+Mg vs. HCO₃+SO₄ plot (Fig. 3a), most of the points fall above the aquiline and hence, clearly suggests the contribution from silicate and carbonate dissolution in regulating the lake water chemistry. The dominance of Ca and Mg over HCO_3 and SO_4 (Fig. 3a) evinces the interaction of water with silicate lithology because the carbonate-derived Ca²⁺ and Mg²⁺ is not equal to the carbonate-derived bicarbonate (HCO₃⁻). This observation of silicate weathering is further evinced from $Na^+ + K^+$ vs. TZ^+ and Ca+Mg-HCO₃-SO₄ vs. Na-Cl plots (Fig. 3b, c). A majority (85%) of samples showed Na/Cl ratio>1, thus, indicating the release of sodium during silicate weathering. Furthermore, it had been observed that majority of the samples lie near the Na⁺ + K⁺ = 0.2 TZ⁺ line in Na⁺ + K⁺ vs. TZ^+ plot (Fig. 3b). The calculated Na⁺ + K⁺/TZ⁺ ratio of 0.05-0.19 yields meaningful results of silicate dissolution (Shah & Jeelani, 2016). The processes of cation-anion exchange within the lake basin were clearly observed by

Table	3 Statistical s	summary (of minim	um, maxi	mum, a'	verage, ¿	and stands	urd deviat	tion of ic	nic cons	stituents i	in lake se	diments						
Sites	Parameter	Al_2O_3	SiO_2	Na_2O	K_2O	CaO	MgO	Fe_2O_3	TiO_2	P_2O_5	MnO	CIA	Zn	Pb	C0	Ņ	Cu	% WO	C/N
A	Min	12.50	54.50	1.15	2.03	4.06	4.65	5.08	1.17	0.13	0.07	67.42	27.00	7.00	9.00	6.00	7.00	8.40	4.67
	Max	12.85	60.02	1.17	2.03	4.48	4.88	5.11	1.22	0.19	0.08	68.28	36.00	14.00	14.00	14.00	14.00	29.60	11.93
	Avg	12.70	55.60	1.16	2.03	4.29	4.74	5.09	1.20	0.16	0.07	67.87	31.17	10.50	12.17	10.33	10.17	17.47	9.44
	S.D	0.15	2.17	0.01	0.00	0.20	0.10	0.02	0.02	0.03	0.01	0.37	3.60	3.51	2.48	3.14	2.86	8.32	2.80
в	Min	11.71	54.77	1.17	2.03	4.33	4.37	5.07	0.90	0.19	0.05	64.84	35.00	5.00	3.00	5.00	4.00	15.60	10.22
	Max	13.24	57.49	1.29	2.05	4.59	4.71	5.19	1.22	0.25	0.08	67.42	55.00	14.00	14.00	13.00	14.00	22.40	11.65
	Avg	12.63	56.10	1.25	2.04	4.41	4.53	5.12	1.02	0.21	0.06	66.61	45.20	8.20	6.80	8.60	6.60	18.64	10.77
	S.D	0.58	1.08	0.05	0.01	0.10	0.12	0.05	0.13	0.02	0.01	1.03	7.09	3.49	4.32	2.97	4.22	3.26	0.54
C	Min	12.44	56.55	1.27	2.04	4.22	4.41	5.07	0.93	0.19	0.06	66.06	43.00	6.00	5.00	6.00	4.00	18.20	11.37
	Max	13.42	57.15	1.28	2.05	4.42	4.58	5.40	1.02	0.27	0.06	67.75	58.00	7.00	9.00	8.00	7.00	23.00	17.56
	Avg	12.92	56.78	1.27	2.04	4.32	4.47	5.27	0.98	0.23	0.06	66.86	53.00	6.50	6.75	7.25	6.25	21.00	14.97
	S.D	0.40	0.26	0.01	0.00	0.08	0.08	0.15	0.04	0.04	0.00	0.69	6.78	0.58	2.06	0.96	1.50	2.32	2.78
D	Min	12.75	56.94	1.24	2.04	4.26	4.42	5.15	1.01	0.21	0.07	66.91	53.00	9.00	8.00	8.00	8.00	NA	NA
	Max	13.25	58.35	1.28	2.05	4.58	4.54	5.48	1.10	0.29	0.12	67.54	134.00	24.00	17.00	45.00	39.00		
	Avg	13.04	57.96	1.27	2.04	4.36	4.47	5.29	1.06	0.26	0.08	67.14	77.20	13.60	10.80	17.40	15.80		
	S.D	0.20	0.58	0.01	0.00	0.13	0.06	0.14	0.04	0.04	0.02	0.28	32.29	6.02	3.56	15.57	13.07		
Э	Min	12.12	57.78	1.25	2.02	3.64	4.27	5.13	0.47	0.18	0.04	65.60	42.00	8.00	7.00	6.00	6.00	10.20	11.37
	Max	12.96	59.03	1.27	2.10	4.29	4.61	5.45	1.09	0.22	0.07	67.14	56.00	10.00	8.00	13.00	10.00	10.40	14.33
	Avg	12.60	58.50	1.26	2.05	4.10	4.48	5.29	0.89	0.20	0.06	66.40	51.50	8.75	7.50	9.75	8.00	10.30	12.85
	S.D	0.35	0.53	0.01	0.04	0.31	0.15	0.13	0.29	0.01	0.01	0.63	6.45	0.96	0.58	3.30	1.83	0.14	2.09
F	Min	12.89	51.08	0.51	2.19	1.21	2.63	5.97	0.80	0.12	0.06	50.34	117.00	22.00	15.00	47.00	38.00	NA	NA
	Max	16.70	61.50	3.41	3.13	6.81	7.01	10.19	1.16	0.26	0.21	73.61	171.00	32.00	23.00	68.00	55.00		
	Avg	14.91	56.93	1.24	2.85	2.84	3.35	7.89	0.94	0.19	0.12	67.74	136.43	27.57	19.67	57.00	47.33		
	S.D	1.19	3.05	0.79	0.27	1.56	1.10	1.07	0.12	0.04	0.04	6.36	20.03	3.51	2.69	7.33	6.10		
IJ	Min	12.55	57.09	1.25	2.03	3.79	4.21	5.12	0.46	0.18	0.04	65.97	46.00	7.00	5.00	6.00	4.00	3.20	10.30
	Max	12.70	57.47	1.29	2.10	4.18	4.60	5.48	1.06	0.28	0.06	66.49	56.00	8.00	9.00	10.00	9.00	25.20	20.61
	Avg	12.61	57.24	1.28	2.05	4.05	4.37	5.28	0.90	0.24	0.06	66.27	50.20	7.60	6.80	7.80	6.80	13.80	15.71
	S.D	0.06	0.16	0.01	0.03	0.16	0.16	0.16	0.25	0.05	0.01	0.21	4.02	0.55	1.79	1.79	1.79	7.83	4.83



Fig. 3 Scatter and Piper trilinear plot showing the sources of ions in the lake water

the Ca+Mg-HCO₃-SO₄ vs. Na-Cl scatter plot (Fig. 3c) where most of the data points showed a linear relationship between Na-Cl and Ca+Mg-HCO₃-SO₄ with a slope of ~100% towards the positive trend, suggesting that Ca, Mg, and Na are interrelated through cation–anion exchange reaction. The Ca-Mg-HCO₃ water type (refer, Fig. 3e, f) suggests that lake water is being fed with fresh-waters, and this further evinces the involvement of multiple lithologies in bringing alkali and alkaline-earth metal to characterize the facies pattern (Fig. 4).

Even though there is notable depletion of Ca and Na in lake sediments, but the insignificant change in the Si and Al concentrations could be related to the breakdown of principal minerals like pyroxenes, amphiboles, and plagioclases present in the source rocks. Additionally, such elements after subsequent weathering could even remain in solution in the form of soluble minerals as carbonate and chloride (Garzanti et al., 2010; Rashid et al., 2015). The inflowing of these dissolved salts into the lake through different transporting agencies is accountable for increasing pH in the lake water. The large variation in the abundances of trace element metals such as Ni and Co in the lake sediments reflects the impact of cation exchange. Seybold et al. (2005) suggest that higher levels of pH, clay content, and organic matter increase the cation exchange capacity (CEC). The significant negative correlation of Al₂O₃ content of sediments with SiO₂ ($R^2 = 0.6$) TiO₂ $(R^2 = -0.4)$, CaO $(R^2 = -0.72)$, Na₂O $(R^2 = -0.8)$, and MgO ($R^2 = -0.81$) evinces that they are not connected to Al-bearing minerals, and associated minerals like feldspars are not influenced from the detrital source, while the significant positive correlation of $K_2O(R^2=0.91)$, Fe₂O₃ ($R^2=0.92$), Co ($R^2=0.73$), Ni $(R^2=0.77)$, and Cu $(R^2=0.78)$, with Al₂O₃, indicates their source from pyroxenes, hornblende, garnet, biotite, and spinel, present in the hosted lithologies. Further, the significant negative correlation between SiO₂ and Fe₂O₃ ($R^2 = -0.53$) content infers the presence of hematite and goethite in the form of silica/iron oxides and hydroxides in the lake sediments. Iron after entering into solution as carbonate is converted to iron carbonate, which then oxidizes as hematite (Wilson, 2004; Firth & Garden, 2008). This produces convolution of rocks and persists as insoluble deposits at a particular place for some period, developing some portion of regolith, that are eventually being transported by various agencies to the lake basin. The lack of this correlation Fig. 4 The major and trace elements normalization diagram when compared to with average Panjal Traps (data after Shellnutt, 2014) and UCC (values after Taylor & McLennan, 1985)



could also be due to the influence of anthropogenic forcing within the catchment.

To understand the weathering intensity of the sediments, the A-CN-K and A-CN-K-FM diagrams and chemical index of alteration (CIA) are plotted (Fig. 5). The A-CN-K and A-CN-K-FM diagrams (Gaillardet et al., 1999; Garzanti et al., 2013) and CIA

(Dinis et al., 2020; Nesbitt & Young, 1984) are widely accepted and give an accurate estimate of weathering and provenance (Ryan & Williams, 2007; Rashid & Ganai, 2018). The calculated CIA values (50–74) in the Wular Lake sediments reflect that sediments experienced a low to moderate degrees of chemical weathering. The weathering intensity and effect of



Fig. 5 a A-CN-K and b A-CNK-FM diagram (after Nesbitt & Young, 1996) showing predicted weathering trends, provenance, and chemical index of alteration (CIA)

K-metasomatism were also assessed by A-CN-K and A-CN-K-FM triangular diagrams (Fig. 5a, b). The clustering of samples parallel to basaltic and andesitic trend lines of triangles (Fig. 5a, b) also corroborate the low to moderate degree of chemical weathering. Except Al (which is retained in the weathered residue), both alkali and alkaline-earth elements are leached out into solution during the course of weathering. Ca- and Na-rich mineral phases like the amphiboles and the plagioclase have a tendency to dissolute faster than potassium-rich minerals such as orthoclase and micas (Brantley, 2003; Wilson, 2004). The continued weathering of the main source rock may lead the composition upwards, and parallel to A-CN join of the A-CN-K plot (Fig. 5a). Consequently, highly weathered rocks will have higher Al content, and hence plotting towards "A apex" on this diagram. The shift in the positions samples is mainly due to the mobilization of Ca and Na, and a shift closer to the "A" end would suggest greater loss of Na and Ca in them. Considering the mafic mineral component in rock weathering, the studied sediments are plotted in the A-CNK-FM plot (Fig. 5b) which depicts the weathering and provenance-related changes involving Fe-Mg-bearing minerals. In the A-CNK-FM diagram (Fig. 5b), the Wular Lake sediments exhibit a trend parallel to basalt and andesite moving towards the A-FM join. The moving away from CNK and FM infers the mobilization of Ca, Na, K, Fe, and Mg in all suites of sediments and enrichment of Al in finer ones. Most of the samples plot well beneath the representative shale values. The mixing of various source components of variable compositions could be the plausible reason for this trend. This is also supported by the fact that the deep-water sediments exhibit high clay content (66–81%) characterized with leptokurtic (0.3–2.5), positive skewness (0.22 to – 0.6), and higher values of phi (1–8).

To constrain the provenance of the Wular Lake sediments, geochemistry data were plotted in discriminant diagrams (Fig. 6a, b) where most of the data points plot in the mafic and intermediate igneous provenance fields and only a few samples shifted towards the quartzose sedimentary provenance field (Fig. 6a). As discriminant function is based on most mobile major elements, the sedimentary and post-deposition phenomena including weathering, diagenesis, and metamorphism govern variability in the mobile elemental concentration, and hence, does not support to discriminant between samples from the key tectonic provenances (Garzanti et al., 2010; Hou et al., 2018; Nwaila et al., 2017). The Al₂O₃/TiO₂ ratios of the clastic rocks are principally used to deduce the source rock compositions (Rashid et al., 2015; Taylor & McLennan,



Fig. 6 a Provenance discrimination diagram and b TiO_2 (wt. %) vs. Al_2O_3 (wt. %) bivariate diagram showing the Wular Lake sediments are derived from Panjal basalts

1985). In the studied lake sediments, Al₂O₃/TiO₂ ratios ranged from 8 to 27 with an average of 12, suggesting the mafic igneous and intermediate rock source. Hayashi et al. (1997) suggest that Al₂O₃/TiO₂ ratios between 3 and 8 indicate the mafic source, while the values between 8 and 21, and>21 reflect intermediate and felsic igneous source, respectively. Further, to identify the significance of Al and Ti in provenance studies, and to deduce the origin of siliciclastic rocks, the geochemistry data was plotted as Al₂O₂ versus TiO₂ (Fig. 6b) In this plot, majority of the data points plot along the 3granite+1basalt trend line, which gives the inference that most of the minerals have been converted to clays by chemical weathering. The CIA values between 50 and 74 also corroborate the involvement of chemical weathering. Sheikh et al. (2014) revealed that the Wular Lake sediments have chief source rock contribution from the carbonates despite the lake catchment is dominated by the Panjal Traps. Our results suggest that Wular Lake sediments exhibit striking similarity with the average Panjal basalts when plotted with multi-elemental spiders (Fig. 4b) and discrimination diagrams (Fig. 6a, b). The results substantially infer that the Panjal Traps, which are basaltic to andesitic in nature, supplied the majority of detritus to the lake.

Impact of catchment attributes on lake

Terrestrial input by fluvial systems, and aquatic fauna, contributes significantly to the organic matter (OM) in the lake ecosystem (Dean, 2006; Li et al., 2018). In Wular Lake sediments, the higher levels of OM (25.2%) (Table 3) are due to the high algal and aquatic plant growth within the lake, along with significant input from terrestrial sources like floating gardens grown by the local population for their livehood within the lake. According to Kristensen et al. (2008) and Zan et al. (2012), aquatic fauna, vegetation growing inside the lakes, and human forcing all control the amount of organic material in lacustrine environments. The carbon and nitrogen ratio (C/N) of the OM is chiefly retrained by the accessibility of OM and fine clayey fractions, offering a significant clue to evaluate the comparative source contributing to terrestrial plants as well as planktonic OM in the sedimentary basins (Perdue & Koprivnjak, 2007; Kumar et al., 2016). The C/N ratio in the Wular Lake sediments ranges from 5 to 18 (average = 18), suggesting that the main source of the OM is managed by autochthonous algal matter and terrestrial OM mixing. In their studies, Meyers and Teranes (2001) and Achyuthan et al. (2020) suggest that C/N ratios between 4 and 10 suggest an algal source, while those above 10 suggest a mixed source from algal and vascular land plants.

The waste-water discharge through the ephemeral streams and a direct influx of sewage from the households near the lake periphery are responsible for a higher C/N ratio and water quality deterioration. This suggests that reduction of the lake catchment area due to urbanization, tourism, water discharge, and horticulture activities (Fig. 7) is the principal source to contribute OM to the lake sediments. In addition, during the summer and monsoon times, the lake is flooded by the higher recharge from inflow



Fig. 7 Land use-land cover (LULC) of Wular Lake catchment showing the changes in catchment characteristics from 1980 to 2019

streams wherein the excess terrestrial inputs are being flushed out during periods of higher lake levels. Higher OM concentration and lower C/N ratio in the lake sediments noticeably disclose the high phytoplankton activity in the lake. Similarly, the higher values of total nitrogen (TN) in the lake are mainly linked with agro-horticultural practices and habitational sites. The margins of the lake are occupied by agricultural and horticultural fields where the use of nitrogen fertilizers is higher (Fig. 7). The land use and land cover changes within the Walur Lake during the last 40 years (Fig. 7) suggested that there is a drastic and continuous increase in the buildup, wetland, and barren land throughout the observation period. Analysis of the available data sets shows that there is a complex interplay among different identified and delineated land categories within Walur Lake. The conversion of open water area into aquatic vegetation, and then into horticultural activities, which ultimately is transformed into buildup by humans, induced events within the peripheries of the lake. A continuation of such environmental damage to the lake catchment would have an adverse effect on the hydraulically connected groundwater system by deteriorating the water quality and flux magnitude (e.g., Dong et al., 2010). By disseminating the knowledge about the importance of aquatic ecosystems among the local people, a sustainable relationship between humans and their natural habitat can be established, which is possible for the studied lake.

Conclusion and future prospects

Increased LULC changes witnessed in the Wular Lake catchment over the past few decades have influenced the lake dynamics and its water quality has remained a great concern. Towards this, water and sediment samples were collected monthly following grid pattern from the lake basin during 2013-2014. The study found that Ca^{2+} dominates the cation budget (TZ^{+}) and HCO_3^- dominates the anion budget (TZ⁻). The study suggests that the concentration of all the ionic constituents in lake waters exhibited nearly the same seasonal pattern, being higher during the lean flow in winter and lower values during the peak flow in summer/autumn, owing to the dilution effect. The hydrochemical results suggest that chemical weathering of silicates and carbonates within the catchment shapes the lake water chemistry, and characterizes the facies pattern into CA-Mg-HCO₃. The study documented compositional variations in sediments in terms of major oxides (SiO₂, CaO, Fe₂O₃, Al₂O₃, and MgO) and trace elemental content (Zn, Cu, Ni, Co, Pb) with minor fluctuations (< 2%) in K₂O, TiO₂, and Na₂O. Further, it was found that improved abrasion rates and subsequent settling of detritus into the lake were a dominant process, suggesting prominent physical weathering over chemical weathering. The results evince that Walur Lake sediments exhibit striking similarity with the average Panjal basalts, which substantially infer that the Panjal Traps supplied the majority of detritus to the lake. Moreover, the study suggested that waste-water discharge and the direct influx of sewage from the households near the lake margins, land other land use-land cover modification within the lake catchment is the principal source to contribute higher amounts of organic matter, and C/N ratios to the lake. The study recommends that a significant decrease by conversion of peripheral areas into urban settlement and agro-horticulture land by filling of soil should be restricted. This can be done by spreading the knowledge about the importance of lake ecosystems among local people so that a sustainable relationship between humans and their natural environment can be established, which is possible for the studied lake. The study will assist the policymakers in developing long-term future management plans by restricting the anthropogenic forcing within the lake catchment so that freshwater resources from the lake can be effectively protected and conserved.

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Data availability statement Data is available from the corresponding author upon reasonable request.

Declarations

Conflict of interest There is no conflict of interest to declare. Authors certify that the submission is original work and is not under consideration elsewhere. Also, there is no financial interest to report.

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