# Performance of the subsurface flow constructed wetlands for pretreatment of slightly polluted source water

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Abstract The slightly polluted source water of Yellow River was pretreated in a horizontal subsurface flow constructed wetland (HSFCW) and a lateral subsurface flow constructed wetland (LSFCW) in the Ji'nan city Reservoir, Shandong, China. During almost one years run, the results showed that at the hydraulic loading rate of 1 m/day, the removal efficiencies of chemical oxygen demand (COD), total nitrogen (TN), ammonium nitrogen  $(NH_4^+-N)$  and total phosphorus (TP) in the HSFCW were 48.9, 51.4, 48.7 and 48.9 %, respectively, and the corresponding removal efficiencies in the LSFCW were 50.51, 53.12, 50.44 and 50.83 %, respectively. The HSFCW and LSFCW had a similar high potential for nutrients removal and LSFCW was slightly better. According to the China standard for surface water resources (GB3838-2002), mean effluent COD can reach the Class I ( $\leq 15 \text{ mg/L}$ ), and NH<sub>4</sub><sup>+</sup>-N and TP and TN can reach nearly the Class I (<0.015 mg/L), the Class III (<0.05 mg/L) and the Class IV (<1.5 mg/L), respectively. It can be concluded that the slightly polluted source water from Reservoir was pretreated well by the constructed wetland.

**Keywords** Horizontal subsurface flow constructed wetland · Lateral subsurface flow constructed wetland · Slightly polluted source water · Pretreatment

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#### Introduction

In recent years, more and more domestic sewage and industrial wastewater were discharged into rivers due to the rapid industrial development and intensive agriculture in China, which caused the water quality deterioration. The statistics of China Environmental State Bulletin in 2011 showed that water qualities of the seven main water systems, namely the Yangtze River, the Yellow River, the Pearl River, the Songhua River, the Huai River, the Hai River and the Liao River was all slightly polluted (MEPPRC 2012). However, most of the cities and towns in the drainage area of these rivers take the water from the seven river systems as the mainly sources of their drinking water. Because water from the seven main water systems is contaminated, and current treatment is inadequate, it is difficult to meet the Standards of Daily Drinking Water (GB5749-2006) (2006). In order to improve drinking water quality and reduce the treatment requirements of the water treatment plants, it may be necessary to implement simple and cost-effective techniques for pretreatment of such slightly polluted source water by constructed wetlands (CWs).

Wetlands are cost-effective, simple, low energy cost and natural technology for water treatment, which have received remarkable attention in recent years. They have been applied for various water treatment processes (Faulwetter et al. 2009), such as domestic sewage (Juang and Chen 2007; Valipour et al. 2009; Rawson et al. 2010; Mufarrege et al. 2011; Ye et al. 2012), industrial wastewater (Hallinger et al. 2011; Mufarrege et al. 2011), lake pollution (Li et al. 2008; Cui et al. 2011; Zhang et al. 2011; Hallinger et al. 2011; Zhang et al. 2012; Wu et al. 2013), heavy oil-production water (Ji et al. 2007; Baker et al. 2012), agricultural runoff (Yang et al. 2008; Milenkovski et al. 2010; Moustafa et al. 2011; Díaz et al. 2012;

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Fig. 1 A schematic diagram of horizontal subsurface flow constructed wetland (HSFCW) and lateral subsurface flow constructed wetland (LSFCW) in the Ji'nan city Reservoir

Murdock et al. 2013), rainstorm runoff in cities (Greenway 1997; Lai and Lam 2009). However, few studies have investigated on polluted source water for potential drinking use. Thus, the aim of this paper was to evaluate the possibility of using the subsurface flow constructed wetlands to pretreat slightly polluted source water prior to intensive treatment for drinking.

## Materials and methods

## Pilot-scale systems description

The site of this study was located in Ji'nan city Reservoir of Shandong Province (latitude 36°40'N and longitude 117°E). Ji'nan city Reservoir serves as the main water source for drinking plant and the water comes from the Yellow River, which is slightly polluted. A subsurface constructed wetland consisting of two parallel units of equal area (9 m<sup>2</sup>) was constructed at the Ji'nan city Reservoir (Fig. 1). Each unit was 6 m long and 1.5 m wide with a slope of 1 %. One unit was a horizontal subsurface flow constructed wetland (HSFCW) while the other was a lateral subsurface flow constructed wetland (LSFCW). The units were filled with two layers of gravel and a layer of soil. The bottom layer consisted of gravel with an average diameter of 4.8 cm, a depth of 30 cm, and a porosity of 50 %. The middle layer contains gravel with an averaged diameter of 2.0 cm, a depth of 30 cm, and 50 % porosity. The top layer was 20 cm of soil available locally. The bottom of the wetland was made of concrete and brick, and the effluent water level was made adjustable. Several types of PVC pipes were used to deliver the source water flow uniformly into the CWs. Polyethylene draining pipes were used to collect the treated water after passed through the CWs.

In April 2008, reeds obtained from a local area were transplanted into each unit at a density of 18 plants/ $m^2$ . After planting, water levels were kept constant at 20 cm

below the soil surface. In June 2008, data collection started after the plants had been established.

### Operation and monitoring

A grit chamber was used to remove large suspended solid material (>10 mm) from Yellow River source water and then was pumped into the distribution system into the CWs. Large suspended solids were filtered out to prevent rapid clogging of the CWs. The constructed wetland system was operated continuously during the experimental period and both units were maintained at a hydraulic loading of 1 m/ day. Monitoring of the CWs was conducted between June 2008 and November 2009.

Sampling frequency and analytical methods

From June 18, 2008 to November 29, 2009, the influent and effluent of the pilot-scale CWs were sampled approximately 8-10 times per month. Water samples were analyzed for chemical oxygen demand (COD), total nitrogen (TN), ammonium nitrogen  $(NH_4^+-N)$ , nitrate nitrogen (NO<sub>3</sub><sup>-</sup>-N), total phosphorus (TP), dissolved oxygen (DO), conductivity and pH. DO, conductivity and pH were measured with PB-608 dissolved oxygen analyzer, DDS-307A conductivity meter and PHS-25 pH-meter (Shanghai Precision & Scientific Instrument Co., LTD, China). Other parameters mentioned above were analyzed according to standard methods as described in the Standard Methods for the Examination of Water and Wastewater (NEPAC 2002). Chemical oxygen demand (COD) was determined by the potassium dichromate method, total nitrogen (TN) was determined by the peroxide potassium sulfate-ultraviolet spectrophotometry,  $NH_4^+$ -N by the nessler's reagents spectrophotometer, NO<sub>3</sub><sup>-</sup>-N by the phenol disulfonic acid spectrophotometry, TP by the molybdenum-antimony antispectrophotometric method.

In order to determine nutrient storage in plant and estimate the nutrient mass balance, plant biomass was sampled in May 2009 and September 2009. Plant samples were harvested from two  $0.5 \text{ m}^2$  sample plots of each wetland unit, and then separated into above-ground and underground parts. Plant samples were washed first with tap water then distilled water to remove any adhering sediments. Each sample was cut into small pieces, wellmixed, dried for two days to reduce the moisture content and later oven-dried to constant weight at 105 °C for dry weight determination. The concentration of nitrogen in plant tissues was determined by using the Kjeldahl method while phosphorus was by the molybdenum-antimony antispectrophotometric method (Bao 2005).

All statistical analyses in this study were performed by using the SPSS software package, including analysis of variance (ANOVA), Bartlett's and Levine's test for homogeneity of variance and normality, and Duncan's multiple range test for differences between means.

# Results

Water quality and performance efficiency

According to the Environmental Quality Standard for Surface Water SEPA (2002), mean effluent COD could reach the Class I ( $\leq$ 15 mg/L), and NH<sub>4</sub><sup>+</sup>-N and TP and TN can nearly the reach Class I ( $\leq$ 0.015 mg/L), the reach Class III ( $\leq$ 0.05 mg/L) and the reach Class IV ( $\leq$ 1.5/mg L), respectively. Concentrations of COD, TN, NH<sub>4</sub><sup>+</sup>-N, NO<sub>3</sub><sup>-</sup>-N and TP were significantly lower in the effluent than in the influent (p < 0.01), while there were no significantly differences between HSFCW and LSFCW (p > 0.05) (Table 1). The removal efficiencies of COD, TN, NH<sub>4</sub><sup>+</sup>-N, TP and NO<sub>3</sub><sup>-</sup>-N in the HSFCW were 48.9, 51.4, 48.7, 48.9 and 53.9 %, respectively, and 50.5, 53.1, 50.4, 50.8 and 55.6 %, respectively in the LSFCW.

## Removal efficiency of CWs under various seasons

The nutrient removal efficiencies fluctuated in each wetland during the 14 months of investigation (Figs. 2, 3, 4, 5, 6). Both HSFCW and LSFCW showed high removal efficiencies for COD, TN and TP in summer than in other seasons (p < 0.1).

#### PH, DO and Conductivity content

Mean pH, DO, and conductivity were significantly lower in the effluent than in the influent (Table 1). No insignificant difference was detected between HSFCW and LSFCW (p > 0.05).

## Plant biomass production

In May 2009, the mean height ( $\pm$ SD) of reeds were 50 ( $\pm$ 11) cm for both of the wetlands, and in September 2009 the mean plant height was 175 ( $\pm$ 25) and 178 ( $\pm$ 23) cm for HSFCW and LSFCW, respectively (Table 2).

## Discussion

The objective of this study was to construct the subsurface constructed wetland system that would pretreat the Yellow River water and improve the efficiency of water purification plants subsequently. A horizontal subsurface flow constructed wetland (HSFCW) and a lateral subsurface constructed flow wetland (LSFCW) were constructed, the LSFCW had a more complex flow pattern and a slightly

Table 1 Mean concentrations  $\pm$  standard deviation and pollutants removal efficiencies for chemical oxygen demand (COD), total phosphorus (TP), total nitrogen (TN), ammonium nitrogen  $(NH_4^+-N)$ , nitrate nitrogen  $(NO_3^--N)$ , dissolved oxygen (DO), pH and Conductivity in the influent and the effluent of the horizontal subsurface flow constructed wetland (HSFCW) and lateral subsurface flow constructed wetland (LSFCW) in the Ji'nan city Reservoir (2008,6-2008,12 and 2009,5-2009,11)

Parameters	Influent	Effluent	
		HSFCW	LSFCW
COD			
Concentration (mg/L)	$27.40 \pm 8.41$	$13.59\pm3.52$	$13.16\pm3.42$
Removal efficiency (%)		$48.92\pm7.65$	$50.51 \pm 7.63$
TP			
Concentration (mg/L)	$0.111 \pm 0.156$	$0.059 \pm 0.085$	$0.057\pm0.083$
Removal efficiency (%)		$48.88\pm8.35$	$50.83 \pm 8.13$
TN			
Concentration (mg/L)	$3.55 \pm 1.22$	$1.73\pm0.72$	$1.67\pm0.71$
Removal efficiency (%)		$51.44 \pm 10.77$	$53.12\pm10.93$
NH4 <sup>+</sup> -N			
Concentration (mg/L)	$0.48\pm0.20$	$0.25\pm0.13$	$0.24\pm0.12$
Removal efficiency (%)		$48.72\pm 6.05$	$50.44\pm5.99$
$NO_3^{-}-N$			
Concentration (mg/L)	$3.09\pm0.91$	$1.44\pm0.52$	$1.39\pm0.51$
Removal efficiency (%)		$53.86\pm7.80$	$55.59\pm8.01$
DO			
Concentration (mg/L)	$4.66 \pm 1.07$	$2.56 \pm 1.42$	$2.72\pm1.41$
рН	$7.96\pm0.44$	$7.67\pm0.46$	$7.63\pm0.46$
Conductivity (µS/cm)	$704.09 \pm 130.15$	$674.73 \pm 129.71$	$673.64 \pm 129.35$



**Fig. 2** Inffluent COD concentration (*closed diamonds*), effluent COD concentration (*triangles*) and removal efficiencies (*open diamonds*) in the constructed wetland (**a** horizontal subsurface flow constructed wetland; **b** lateral subsurface flow constructed wetland) of the Ji'nan city Reservoir (2008,6-2008,12 and 2009,5-2009,11)



Fig. 3 Inffluent TN concentration (*closed diamonds*), effluent TN concentration (*triangles*) and removal efficiencies (*open diamonds*) in the constructed wetland (**a** horizontal subsurface flow constructed wetland; **b** lateral subsurface flow constructed wetland) of the Ji'nan city Reservoir (2008,6-2008,12 and 2009,5-2009,11)



**Fig. 4** Inffluent TP concentration (*closed diamonds*), effluent TP concentration (*triangles*) and removal efficiencies (*open diamonds*) in the constructed wetland (**a** horizontal subsurface flow constructed wetland; **b** lateral subsurface flow constructed wetland) of the Ji'nan city Reservoir (2008,6-2008,12 and 2009,5-2009,11)



**Fig. 5** Inffluent  $NH_4^+$ -N concentration (*closed diamonds*), effluent  $NH_4^+$ -N concentration (*triangles*) and removal efficiencies (*open diamonds*) in constructed wetland (**a** horizontal subsurface flow constructed wetland; **b** lateral subsurface flow constructed wetland) of the Ji'nan city Reservoir (2008,6-2008,12 and 2009,5-2009,11)

longer flow path. Water flow had a better contact with matrix surface and plant root in the LSFCW. Therefore, the performance efficiency of the LSFCW was slightly better than the HSFCW system.



**Fig. 6** Inffluent NO<sub>3</sub><sup>-</sup>-N concentration (*closed diamonds*), effluent NO<sub>3</sub><sup>-</sup>-N concentration (triangles) and removal efficiencies (open diamonds) in constructed wetland (a horizontal subsurface flow constructed wetland; b lateral subsurface flow constructed wetland) of the Ji'nan city Reservoir (2008,6-2008,12 and 2009,5-2009,11)

Table 2 Biomass productivity and nutrient for total nitrogen (TN) and total phosphorus (TP) of aboveground of reed plants in the horizontal subsurface flow constructed wetland (HSFCW) and lateral subsurface flow constructed wetland (LSFCW) of the Ji'nan city Reservoir (2009.5 and 2009,9)

Parameter	HSFCW (mean $\pm$ standard deviation)	LSFCW (mean $\pm$ standard deviation)
Biomass of reed at initial (kgDW/m <sup>2</sup> )	$1.29\pm0.52$	$1.30\pm0.52$
Biomass of reed at final (kgDW/m <sup>2</sup> )	$1.60 \pm 0.83$	$1.62 \pm 0.84$
Content of TN at initial (g/kg)	$11.21 \pm 4.56$	$11.25 \pm 4.53$
Content of TN at final (g/kg)	$13.84 \pm 5.12$	$13.86 \pm 5.15$
Content of TP at initial (g/kg)	2.31 ± 0.97	$2.33\pm0.98$
Content of TP at final (g/kg)	2.27 ± 0.91	2.31 ± 0.93

Purification within the CWs was achieved by a wide variety of physical, chemical, and (micro) biological processes, including sedimentation, filtration, precipitation, sorption, plant uptake, microbial decomposition, and nitrogen transformations. In the current study, the concentration-based removal efficiency for COD (32-65 %) seau et al. (2004). Because the COD concentration of slightly polluted source water from the Yellow River was low, the lower organic load resulted in the lower COD removal efficiency compared with removal efficiencies reported in the literature for sewage water, which has a greater organic load (Rousseau et al. 2004). Korkusuz et al. (2005) stated that it was difficult to reduce COD concentrations below 50 mg/L. In this study, influent concentration of COD remained constantly below 45 mg/L (range 10.9-44.5 mg/L) throughout study period (Fig. 2) with a COD concentration of about 2.5-21.5.mg/L in effluent. Similar results were reported by Li et al. (2008), who studied the performance of three parallel CWs to improve surface water quality. In their cases, the influent concentration of COD ranged from 5.4 to 10.3 mg/L (12-month running), with an average COD removal efficiency of 17-40 %.

The removal of COD was accomplished by a combination of physical and microbial mechanisms. The removal of the organic matter was mostly a result of the microbial activity of aerobic and anaerobic bacteria, which function even at the temperature as low as 5 °C (Greenway and Woolley 1999; Steer et al. 2002; Vymazal 2002; Hiley 2003). Porous media and plant roots could keep the water temperature in the winter higher than the air temperature by 2-3 °C, thus allowing higher microbial activity to continue (Hiley 2003). This may explain why the removal efficiency of COD was kept above 30 % at such a low temperature in December (Fig. 2).

Because of relatively low NH4<sup>+</sup>-N loads in the current study, the remedial effects were lower than the mean value reported by Vymazal (2007). Even though, the mean NH4<sup>+</sup>-N concentrations in the effluent of HSFCW and LSFCW were better. According to China standard for surface water resources, it nearly reached Class I  $(\leq 0.015 \text{ mg/L})$  water quality.

The conversion of ammonium to nitrate can be pronounced in the systems. When the mean  $NH_4^+$ -N removal efficiency in LSFCW was higher, the mean NO<sub>3</sub><sup>-</sup>-N concentration should be higher in the LSFCW than that in the HSFCW system. However, it was found that NO<sub>3</sub><sup>-</sup>-N concentration was 1.44 mg/L in the HSFCW than that of 1.39 mg/L in the LSFCW, which was removed by denitrification. And this result revealed that denitrification in LSFCW was more effective than in HSFCW. Moreover, six strains of nitrobacteria and seven strains of denitrifying bacteria were isolated from the HSFCW; while, eight strains of nitrobacteria and eight strains of denitrifying bacteria were isolated from the LSFCW. Thus, denitrification was more effective in LSFCW had been proved.

Denitrification is the most commonly defined as the process in which nitrate is converted into dinitrogen via

intermediates nitrite, nitric oxide and nitrous oxide (Hauck 1984; Paul and Clark 1996; Jetten et al. 1997). In the constructed wetland systems, denitrification is dependent upon the presence of nitrate, nitrogen, and organic carbon. Environmental factors, such as pH, temperature, surface area for microbial attachment, and concentration of dissolved oxygen also effected denitrification (Kozub and Liehr 1999). Plant litter and plant/root exudates continually added carbon sources into the system (Hunt and Poach 2001). Therefore, there are abundant carbon sources for the microbial denitrification in the constructed wetlands. The wetland plant root network and the matrix provided extensive surface area for microbial attachment (Oostrom and Russell 1994). Paul and Clark (1996) reported that the optimum pH range for denitrification is between pH 6 and 8. In the current study, the mean pH of influent water (7.96) was within the optimum range for denitrification. In addition, the pH in the effluent was always lower than that of the influent. This difference may result from microbial degradation producing organic acids, ion exchange of medium, and/or physiological activities of plants which enhanced acidity.

In CWs, oxygen can be transported by plant photosynthesis to the rhizosphere and by the surface reaeration of the bulk water. Denitrification rates were found to be very sensitive to the presence of oxygen, but anaerobic conditions for denitrification could be found in CWs even with out-flowing oxygen concentrations of 4 mg/L (Schulz et al. 2003). Therefore, the mean influent DO (4.66) was within the range for denitrification in this study. According to the above analyses, denitrification conditions were suitable in this experiment. Therefore, CWs exhibited efficient denitrification.

Figure 3 illustrates the TN concentrations variations in influent and effluent of the constructed wetlands. The mean TN concentration in the effluent was 1.73 mg/L in the HSFCW higher than that in the LSFCW systems (1.67 mg/L), which may be attributed to better biology contact in LSFCW.

Throughout November, TN concentration in the effluent was kept at a lower level, which can be explained that plants uptake played a significant role on nitrogen removal (Jing et al. 2001), because the microorganisms could play important role for nitrogen removal function optimally at temperatures above 15 °C. In the current study, average TN removal efficiency over 50 % in HSFCW and LSFCW was higher than 44.6 % reported by Vymazal (2002), which might probably due to the relatively lower pollution loading in this experiment.

Removal of phosphate in wetlands was known to be mediated by precipitation, adsorption, plant uptake, and microbial assimilation. Chemical precipitation with  $Fe^{3+}$ ,  $Al^{3+}$  and  $Ca^{2+}$  in wetland sediment, adsorption onto

gravel/soil particles and anion exchange of hydrous oxides were well documented as main mechanisms for phosphate removal in wetlands (Bubba et al. 2003). However, the ability of adsorption and plant uptake can be saturated, indicating that they have a finite capacity and therefore, cannot contribute to long-term sustainable phosphate removal. In this study, it needed a longer time to reach the adsorption saturation, because the TP concentration of slightly polluted source water was verv low  $(0.111 \pm 0.156 \text{ mg/L})$ . Moreover, the mean effluent TP concentrations (0.059 and 0.057 mg/L in HSFCW and LSFCW, respectively) could nearly reach Class III  $(\leq 0.05 \text{ mg/L})$  water quality, according to standards for surface water resources SEPA (2002). In addition, phosphorus removal (Fig. 4) also showed a seasonal change. Lower phosphorus removals in November could be explained by the fact that litter and microbial biomass were decomposed during winter, and phosphorus was released from the precipitates (Knight and Kadlec 1996), resulting in phosphorus solubilization in water. Phosphate removal was not particularly sensitive to temperature for it is mainly governed by adsorption.

In addition, conductivity was lower in the effluent than that in the influent (Table 1). It was observed that ionic decreased after CWs treatment, indicating ionic was wetland adsorbed by the substrate and plants.

Plants in the wetland play an important role in treating wastewater. Plant roots and rhizomes are important for the microbial transformation processes and subsequently to wastewater purification process (Münch et al. 2007; Stottmeister et al. 2003). Moreover, plant nutrient uptake is another way for nutrient removal in the wetland. Wetland plants generally removed part of nutrients from influent water (Hammer 1992). Depending on plant species used, type of wastewater treated, and nutrient loading rates, plant nutrient uptake has been shown to account for between 3 and 47 % of nitrogen removal and 3 and 60 % of phosphorus removal (Tanner et al. 1995; Greenway and Woolley 2000). In this study, the biomass of above ground varied considerably over the course of the growing season. Table 2 showed that the biomass increased more than 24 % for the above ground from May to September. It was assumed that N and P uptake by plants occurs only from the water column, 69.15 and 70.45 g N and 5.87 and 6.42 g P could be removed from HSFCW and LSFCW respectively by harvesting of the above ground biomass of reed plants in September, which account for 5.85 and 5.78 % of N and 30.70 and 32.51 % of P that removed by HSFCW and LSFCW from May to September, respectively. These results indicated that harvesting of plants could play a significant removal way for lightly loaded treatment wetlands.

#### Conclusions

It was clear from this research that the subsurface flow constructed wetlands could be effectively used in pretreating slightly polluted source water in the water reservoir. CWs could improve the water quality of the drinking water source and mitigate the load of drinking water treatment plants in China. Compared with the seriously polluted water, slightly polluted source water can prevent rapid clogging of the media due to the low concentration of contaminants. Therefore, the constructed wetland system used for slightly polluted water treatment can be operated for a longer period. In addition, the LSFCW had a more complex flow pattern and a slightly longer flow path. Water flow had a better contact with matrix surface and plant root in the LSFCW; therefore, performance efficiency of the LSFCW was slightly better than the HSFCW system. All in all, CWs were suitable for source water pretreatment. Due to the low feeding load, the removal function of the system couldn't be fully exhausted in a short period of time. Therefore, future experiments should be conducted to enhance the feeding load so that the effects of the system can be adequately exhibited. Moreover, the microbial community characteristics should be investigated by molecular biological methods to better understand the microbial community structure and provide useful insights into the mechanisms for enhanced removal efficiency of pollutants.

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**Conflict of interest** The authors declare that they have no conflict of interest.

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