PHASE I STUDIES



Phase 1b investigation of the MEK inhibitor binimetinib in patients with advanced or metastatic biliary tract cancer

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Summary

Background The MAPK pathway plays a central role in regulation of several cellular processes, and its dysregulation is a hallmark of biliary tract cancer (BTC). Binimetinib (MEK162), a potent, selective oral MEK1/2 inhibitor, was assessed in patients with advanced BTC. *Patients and Methods* An expansion cohort study in patients who received ≤ 1 line of therapy for advanced BTC was conducted after determination of the maximum tolerated dose in this Phase 1 trial. Patients received binimetinib 60 mg twice daily. The primary objectives were to characterize the safety profile and pharmacokinetics of binimetinib in advanced BTC. Secondary objectives included assessment of clinical efficacy, changes in weight and lean body mass, and pharmacodynamic effects. Tumor samples were assessed for mutations in relevant genes. Results Twenty-eight patients received binimetinib. Common adverse events (AEs) were mild, with rash (82%) and nausea (54%) being most common. Two patients experienced grade 4 AEs, one generalized edema and the other pulmonary embolism. The pharmacokinetics in this patient population were consistent with those previously reported (Bendell JC et al., Br J Cancer 2017;116:575-583). Twelve patients (43%) experienced stable disease and two had objective responses (1 complete response, 1 partial response) per Response Evaluation Criteria in Solid Tumors and stable metabolic disease by positron emission tomography/computed tomography. Most patients (18/25; 72%) did not have KRAS, BRAF, NRAS, PI3KCA, or PTEN mutations, nor was there correlation between mutation status and response. The average non-fluid weight gain was 1.3% for lean muscle and 4.7% for adipose tissue. Conclusion Binimetinib was well tolerated and showed promising evidence of activity in patients with BTC. Correlative studies suggested the potential for binimetinib to promote muscle gain in patients with BTC.

Keywords Biliary tract cancer · Binimetinib · Cholangiocarcinoma · Clinical trial · MEK inhibitor · Cachexia

Key message: MAPK pathway dysregulation is common in biliary tract cancer and is a key mechanism for tumor proliferation and treatment resistance. Its inhibition represents a novel, relevant treatment strategy in this disease. Binimetinib was well tolerated and showed promising clinical activity. Future studies assessing biomarkers will help determine patients that are likely to benefit from binimetinib.

R. S. Finn and D. H. Ahn contributed equally to this work.

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Background

Biliary tract cancer (BTC) arises from the epithelium of the intrahepatic and extrahepatic biliary tree [1]. Despite modest treatment advances, BTC has a poor prognosis, with a median survival of <1 year [1]. The current standard regimen for treatment of advanced BTC is gencitabine and cisplatin. Results from clinical trials for refractory BTC have been disappointing, highlighting the need for more effective therapies [2].

The mechanisms of cholangiocarcinogenesis are complex, involving multiple molecular signaling pathways and inflammatory cytokines [3, 4]. Inappropriate activation of the RAS/ RAF/MEK/ERK (MAPK) pathway in BTC appears to be common and can occur through several distinct mechanisms, including mutations in *RAS*, *BRAF*, [5], and growth factor signaling [6, 7], as well as the release of cytokines [8]. Inhibition of the MAPK pathway may impede cancer signaling through multiple mechanisms, making it an attractive target for treatment of BTC. Anti-tumor activity has been observed with the MEK1/2 inhibitor selumetinib in patients with BTC [9], as well as the ability to increase lean muscle weight [10].

Binimetinib (MEK162) is a potent, selective, allosteric, ATP-uncompetitive inhibitor of MEK1/2 that reduces ERK phosphorylation and growth of *BRAF-* or *KRAS*-mutant cancer cells at low nanomolar ranges. In a dose-escalation phase 1 study in patients with advanced solid tumors, the single-agent maximum tolerated dose (MTD) of binimetinib was determined to be 60 mg orally twice daily (BID) [11]. Here we present data from an expansion cohort in patients with advanced BTC. We further characterize safety and pharmacokinetic (PK) profiles, preliminary efficacy, effects on cachexia, and exploratory biomarkers of binimetinib treatment in this population.

Patients and methods

This study (ClinicalTrials.gov, NCT00959127) was conducted under all applicable regulatory requirements with approval by institutional review boards of all participating sites. Patients provided written informed consent before initiation of study-related procedures.

Study design

This was a multi-center, open-label phase 1 study that included a dose-escalation portion followed by an expansion cohort. Following the determination of MTD of binimetinib 60 mg orally BID, three expansion cohorts were enrolled. Two of the cohorts comprised patients with *KRAS*-mutant colorectal cancer and *BRAF*-mutant colorectal cancer. Primary objectives of the third expansion cohort were to further characterize the safety profile and PK of binimetinib in patients with advanced or metastatic BTC (intrahepatic and extrahepatic cholangiocarcinoma [ICC/ECC] or gallbladder carcinoma [GBC]). Secondary objectives included obtaining preliminary estimates of efficacy, assessing changes in weight and lean body mass, determining mutation status from tumor biopsy samples, and assessing pharmacodynamic (PD) effects.

Binimetinib administration

Patients received binimetinib 60 mg BID in continuous 21day cycles, and continued unless they withdrew informed consent or experienced disease progression or unacceptable toxicity. Binimetinib dose was permitted to be reduced to successive levels of 45 mg BID, 30 mg BID, and 20 mg BID or interrupted, as appropriate, based on protocol-defined treatment modifications.

Patient population

Patients were ≥ 18 years of age with histologically or cytologically confirmed BTC that was unresectable, locally advanced, or metastatic, and with either measurable or evaluable non-measurable disease. Patients were required to have received no more than 1 prior anti-cancer therapy (including adjuvant therapy), an Eastern Cooperative Oncology Group (ECOG) performance status (PS) 0 or 1, and a cardiac ejection fraction as measured by left ventricular ejection fraction (LVEF) greater than or equal to the institutional lower limit of normal, as well as adequate bone marrow, renal and hepatic function, and archival tissue or a fresh biopsy submitted for PD analysis. Patients were excluded if they had a history of central serous retinopathy (CSR), baseline risk factors for CSR, retinal vein occlusion, or if they had received previous treatment with a MEK inhibitor.

Safety assessments

Assessments included adverse event (AE) monitoring, standard laboratory parameters, electrocardiograms, ECOG PS, vital signs measurements, physical examinations, ophthalmologic examinations, and LVEF. AEs were coded using the Medical Dictionary for Regulatory Activities, version 12.0. AE severity was assessed using the National Cancer Institute Common Terminology Criteria for Adverse Events, version 3.0. All patients who received ≥ 1 dose of binimetinib were included in the safety analysis.

Efficacy assessments

Efficacy assessments included analyses of tumors by radiologic measures, serologic tumor markers, and survival data. Computed tomography (CT) was performed every 6 weeks and evaluated by the investigator using Response Evaluation Criteria in Solid Tumors (RECIST), version 1.1 [12]. Duration of response was calculated for patients who achieved a confirmed complete response (CR) or partial response (PR). Kaplan-Meier estimates were performed for progression-free survival (PFS) and overall survival (OS) [13]. Patients in the safety population who had \geq 1 measurable lesion at baseline and \geq 1 post-baseline disease assessment were evaluated for efficacy.

Correlative studies

Lean body mass changes

An independent clinician assessed lean body mass at baseline and subsequent time points using the CT scans. Skeletal muscle cross-sectional area (cm^2) was calculated at the third lumbar vertebra (L3) as previously described [14, 15]. Lean muscle assessment was conducted only while patients were receiving binimetinib and results were presented as change per 100 days. In a post-hoc analysis, changes in muscle and fat areas were presented as the maximum percentage change from baseline in cm² lost or gained/number of days between scans × 100 to account for between-patient variations in timing of post-baseline scans. In a further post-hoc analysis, patients were analyzed by categories of significant muscle gain, significant muscle loss, or stable muscle mass, defined as a change of 1 kg of skeletal muscle [16].

Pharmacokinetic analysis

Venous blood samples were drawn for measurement of plasma binimetinib concentrations by both intensive and more limited PK sampling (see Supplementary Materials for time points). Standard non-compartmental PK parameters were calculated on serial PK collection days (Cycle 1 Day 15 and Cycle 3 Day 1) for each patient and then summarized.

Biomarker analysis

Formalin-fixed/paraffin-embedded or fresh frozen tissue samples were obtained from all patients before treatment. *KRAS*, *NRAS*, *BRAF*, and *PI3KCA* mutations were assessed using the Sequenom OncoCarta Assay Panel (Sequenom, San Diego, CA) and/or BEAMing Digital PCR (Inostics GmbH, Hamburg, Germany) according to the manufacturers' instructions. PTEN expression was determined by immunohistochemistry reported as an H-score and classified as PTEN negative (H-score < 50) or PTEN positive (H-score \geq 50).

Pharmacodynamic analysis

Pre-dose venous blood samples were collected at baseline, Day 8 of Cycle 1, Day 15 of Cycle 1, and Day 1 of all subsequent cycles for measurement of tumor necrosis factor alpha (TNF- α), interferon (IFN), interleukin (IL)-10, IL-12p70, IL-1 β , IL-6, and IL-8 using Meso Scale Discovery Human ProInflammatory 7-Plex Ultra-Sensitive Assay kit (K15008C; Meso Scale Diagnostics, LLC, Gaithersburg, MD) according to the manufacturers' instructions. C-reactive protein (CRP) was analyzed using Meso Scale Discovery Human CRP Assay kit (K151EPC; Meso Scale Diagnostics, LLC).

Results

Twenty-eight patients were enrolled between April and September 2010. Median patient age was 64 years, and 16 patients (57%) were female. Fourteen (50%) had ICC, 7 (25%) had ECC, and 7 (25%) had GBC (Table 1). The

Table 1 Patient Characteristics

Characteristic	Binimetinib 60 mg BID (N = 28) 64 (30–86)	
Median (range) age, y		
Sex, n (%)		
Male	12 (43)	
Female	16 (57)	
Race, n (%)		
White	22 (79)	
African American	2 (7)	
Asian	2 (7)	
Other	2 (7)	
ECOG performance status, n (%)		
0	10 (36)	
1	18 (64)	
Primary disease site, n (%)		
Intrahepatic	14 (50)	
Extrahepatic	7 (25)	
Gallbladder	7 (25)	
Prior treatments ^a , n (%)		
Radiotherapy	5 (18)	
Surgery	15 (54)	
Chemotherapy		
Adjuvant	5 (18)	
Gemcitabine based	5 (18)	
First-line chemotherapy	12 (43)	
Gemcitabine based	11 (39)	
No prior adjuvant or first-line	11 (39)	

^a Patients may have received >1 prior cancer treatment

BID, twice daily; ECOG, Eastern Cooperative Oncology Group

majority had an ECOG PS of 1 (64%). Twelve patients (43%) received first-line systemic anti-cancer therapy, 5 (18%) received only adjuvant therapy, and 11 (39%) received no prior chemotherapy.

Safety and tolerability

The most common AEs (all grades, regardless of causality) were rash, nausea, vomiting, diarrhea, fatigue, and peripheral edema (Table 2). Toxicities were mostly grade 1 or 2 and reversible. Two patients experienced a grade 4 AE, one due to generalized edema and the other due to pulmonary embolism. No grade 5 events were reported. Laboratory abnormalities included hyponatremia and elevations in creatine phosphokinase and liver function tests (Supplementary Table 1).

Five patients (18%) discontinued binimetinib because of an AE, 3 (11%) of whom did so because of AEs considered to be related to binimetinib, including chorioretinopathy, generalized edema, and nausea in 1 patient each (4%). Thirteen patients (46%) required a dose reduction, most commonly

Table 2Adverse Events, Regardless of Causality, Reported in $\geq 20\%$ ofPatients

Adverse Event, n (%)	Binimetinib 60 mg BID ($N = 28$)		
	Gr 1/2	Gr 3/4	Total
Total patients with any AE	7 (25)	21 (75)	28 (100)
Combined rash ^a	23 (82)	0 (0)	23 (82)
Nausea	15 (54)	0 (0)	15 (54)
Vomiting	14 (50)	0 (0)	14 (50)
Diarrhea	14 (50)	0 (0)	14 (50)
Fatigue	12 (43)	1 (4)	13 (46)
Edema peripheral	12 (43)	0 (0)	12 (43)
Anemia	2 (7)	9 (32)	11 (39)
Abdominal pain	5 (18)	3 (11)	8 (29)
Dizziness	8 (29)	0 (0)	8 (29)
Constipation	5 (18)	2 (7)	7 (25)
Pyrexia	6 (21)	1 (4)	7 (25)
Abdominal pain upper	5 (18)	1 (4)	6 (21)
Anorexia	6 (21)	0 (0)	6 (21)
Combined ocular events ^b	6 (21)	0 (0)	6 (21)
Urinary tract infection	6 (21)	0 (0)	6 (21)

AE, adverse event; BID, twice daily; Gr, grade

^a Combined rash term includes dermatitis acneiform, acne, skin exfoliation, and any term containing rash

^b Combined ocular events term includes retinal deposits, retinopathy, papilledema, chorioretinopathy, macular edema, retinal detachment, retinal disorder, and any term containing retinopathy

because of eye disorders of retinal "non-tear" detachment (3 patients, 11%), and chorioretinopathy and macular edema (2 patients each, 7%). All ocular toxicities were diagnosed by optical coherence tomography examinations and were reversible upon binimetinib dose reduction.

Twelve patients (43%) reported serious adverse events (SAEs) during the study or within 30 days of the last binimetinib dose, and among them 4 (14%) had at least 1 SAE that was considered related to binimetinib, specifically generalized edema, mucosal inflammation, retinal detachment, and upper and lower gastrointestinal hemorrhage in 1 patient each (4%). Ten patients (36%) died while on study drug or within 30 days of the last dose, and the cause of all deaths was disease progression.

Efficacy

Twenty-six patients (93%) were evaluable for efficacy response. Among them, 2 patients (8%) had an objective response, including 1 CR of 11.3 months duration and 1 PR of 17.9 months. Neither of those responders had detectable mutations in *KRAS*, *BRAF*, *NRAS*, *PI3KCA*, and *PTEN*.

Twelve patients (43%) experienced stable disease (SD), ranging from 0.9 to 7.3 months. Figure 1a illustrates the

change in the sum of longest diameters of target lesions in evaluable patients with measurable disease. Median PFS was 2.1 months (95% CI, 1.4–4.8) and median OS was 4.8 months (95% CI, 3.5–10.0; Fig. 1b).

Thirteen patients (46%) had 2- $[F^{-18}]$ fluoro-2-deoxy-D-glucose-PET results assessed quantitatively by standardized uptake values. Of these, 4 (31%) had a metabolic PR, 3 (23%) had metabolic SD (including 2 patients with RECIST responses), and 2 (15%) had progressive metabolic disease. The remaining 4 patients did not have post-baseline measurements.

Mutational analysis

All evaluated tumor samples were archived histological specimens (n = 25). Eighteen patients (64%) had no mutations detected in *KRAS*, *BRAF*, *NRAS*, *PI3KCA*, and *PTEN*. Four (14%) had unknown mutational status, 2 (7%) had *KRAS* mutations, 2 (7%) had *PTEN* mutations, 1 (4%) had a *PI3KCA* mutation, and 1 (4%) had c-MET amplification. There was no correlation between objective response and mutational status.

Weight, lean muscle, and subcutaneous fat changes

Change in lean body mass was assessed in 17 patients (61%). Mean maximal changes from baseline in muscle and adipose tissues were 0.9% (range, -11.1% to 11.8%) and 4.2% (range, -34.4% to 54.1%), respectively. The median maximum change in body weight was 3.3% (range, -5.0% to 15.5%). After adjusting for variations between patients in time intervals between baseline and follow-up CT scans, the mean change (standard deviation) in muscle surface area/100 days was 1.64 cm^2 (35.89 cm^2). Among the 20 patients from whom data were available, 7 (35%) gained >1 kg of muscle, 9 (45%) lost >1 kg of muscle, and 4 (20%) had stable muscle mass (Supplementary Figure 1).

Pharmacokinetics

In the intensive PK sampling group (n = 7), geometric mean area under the curve (AUC) from time 0 to 8 h (AUC₀₋₈) and maximum serum concentration (C_{max}) values were 1090 h·ng/mL and 365 ng/mL, respectively, on Cycle 1 Day 1 and 3760 h·ng/mL and 594 ng/mL on Cycle 1 Day 15. The calculable accumulation ratio (R_{AUC}) was 2.5, indicating a modest accumulation of binimetinib after daily BID dosing.

On Cycle 1 Day 15 in the limited PK sampling group (n = 20), the geometric mean AUC₀₋₈ value was 2090 h·ng/mL and the geometric mean C_{max} value was 497 ng/mL. On Cycle 3 Day 1, the geometric mean binimetinib AUC₀₋₈ was 1530 h·ng/mL and the geometric mean C_{max} was 540 ng/mL.

Fig. 1 a Waterfall plot of maximum percentage change in target lesions among patients with measurable disease evaluable for response (N = 21). **b** Kaplan-Meier plot for PFS and OS. CR, complete response; EH, extrahepatic; GB, gallbladder; IH, intrahepatic; Max, maximum; OS, overall survival; PD, progressive disease; PFS, progression-free survival; PR, partial response; SD, stable disease.*Patient remained on binimetinib at the time of maximal response. Note: open circles represent patients with censored time points



Pharmacodynamics

Review of individual patient data for CRP, IFN, IL-10, IL-12p70, IL-1 β , IL-6, and IL-8 serum concentrations indicated no notable changes relative to baseline following binimetinib treatment. Serum concentrations of TNF- α were evaluated pre-dose on Cycle 1 Days 8 and 15. Median decreases of TNF- α were similar at both time points and ranged from 34% to 35% of baseline.

Discussion

Despite treatment advances, prognosis for patients with BTC remains poor. In this BTC expansion cohort study binimetinib was administered safely, with manageable dermatologic and gastrointestinal toxicities. All toxicities were reversible, including ocular toxicities, and were consistent with known class effects of MEK inhibition. In the extended PK sampling scheme, modest accumulation of binimetinib occurred as indicated by an R_{AUC} of 2.5; overall however, binimetinib exposure in terms of both AUC₀₋₈ and C_{max} was within the ranges previously reported [11].

Clinical responses included durable CR and PR. Expanded mutational profile testing did not identify a mutational status and response relationship. Recent studies have identified signatures that may predict response to MEK inhibition without mutations in the MAPK pathway [17].

Other mechanisms may explain the anti-tumor activity of binimetinib in BTC, including potential immunomodulatory effects [18]. Inflammatory cytokines cause the proliferation of biliary cancer cells and activation of cell-survival pathways, including RAS/RAF/MEK/ERK [19–21]. Although the findings of the current study did not show a clear correlation between treatment and changes in cytokine levels, MEK inhibition may alter immune cell function and phenotype in BTC [21].

Patients experienced non-fluid increases in weight, with an average 0.9% lean muscle and 4.2% adipose tissue gain. This study confirms prior results with another MEK inhibitor, selumetinib [10]. The findings of the current study may be

explained by the immunomodulatory effects of binimetinib on TNF- α levels. However, there were no notable changes in other cytokines that have also been implicated in cancer-associated cachexia [22–24].

In conclusion, treatment with binimetinib was well tolerated and showed evidence of activity in BTC. More work is needed to better understand the underlying mechanisms of activity of the drug and how to select patients who will respond optimally to treatment. Other studies are under way with binimetinib and other MEK inhibitors as single agents or in combination in BTC.

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Compliance with ethical standards

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