



A phase II study of tipifarnib and gemcitabine in metastatic breast cancer

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Summary *Background* Tipifarnib is an orally active, competitive inhibitor of farnesyltransferase which has shown encouraging signs of activity either alone or when combined with other agents. Clinical studies of tipifarnib in combination with anti-estrogen therapy have yielded disappointing results. In contrast, tipifarnib appears to be synergistic in combination with anthracycline based chemotherapy. Here we report the results of the first prospective phase II trial evaluating the efficacy of the novel combination of tipifarnib and gemcitabine in the treatment of metastatic breast cancer. *Patients and Methods* 30 postmenopausal women with metastatic breast cancer were treated on a 21-day cycle with tipifarnib 300 mg PO twice daily from days 1 through 14. Gemcitabine was administered intravenously at a dose of 1000 mg/m² on days 1 and 8. Patients were treated until disease progression or unacceptable toxicity. *Results* There was one complete response and four partial responses yielding an objective response rate of 16.7%. Median progression-free survival and overall survival was 2.5 months (95% confidence interval: 1.6–5.7 months) and 13.1 months (95% confidence interval: 9.1–20.6 months), respectively. 40% of patients experienced grade 4 neutropenia in this study. *Conclusion* The combination of tipifarnib and gemcitabine is not well tolerated with high rates of myelosuppression and is not more effective than gemcitabine monotherapy in the treatment of metastatic breast cancer.

Keywords Metastatic breast cancer · Tipifarnib · Gemcitabine · Phase II trial

Introduction

Tipifarnib is a non-peptidomimetic, orally active, competitive inhibitor of farnesyltransferase [1]. Inhibition of farnesyltransferase interferes with post-translational modification of Ras [2] and has been shown to inhibit tumor cell growth in multiple preclinical studies [1, 3–9]. Aberrant signaling in the Ras pathway secondary to enhanced upstream growth factor receptor activation has been implicated in the development human breast cancer [10]. It is therefore not surprising that tipifarnib has shown promising preclinical signs of activity in breast cancer, either alone [3, 5] or in

combination with other agents including tamoxifen [7, 8], taxanes [4, 6] and novel agents like AKT inhibitors [9].

Encouraging signs of clinical activity were seen in a phase II study evaluating two different dosing schedules of tipifarnib in patients with advanced breast cancer [11]. However, clinical studies of tipifarnib in combination with other agents in breast cancer have brought mixed results. A phase II trial of tipifarnib plus fulvestrant in metastatic breast cancer reported a clinical benefit rate (CBR) of 48% in aromatase inhibitor resistant disease [12] which compared favorably with the 30–35% CBR reported with fulvestrant alone in prior studies [13–16]. However, the trial did not meet its primary end-point. Several other phase II studies evaluated the role of tipifarnib in advanced breast cancer in combination with anti-estrogen therapy [17, 18] or capecitabine [19] with disappointing results. In contrast, two phase I-II studies of tipifarnib with anthracycline based chemotherapy in locally advanced breast cancer showed promising signs of activity in the neoadjuvant setting [20, 21].

Gemcitabine is commonly used in metastatic breast cancer and has demonstrated activity either as a single agent [22, 23] or in combination with taxanes [24, 25], and preclinical

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studies have demonstrated that the combination of gemcitabine and farnesyltransferase inhibitors results in additive cytotoxicity [26–28]. Although not previously evaluated specifically in the setting of metastatic breast cancer, the combination of gemcitabine plus tipifarnib was previously shown to be tolerable in a phase I trial of patients with advanced malignancies [29] and a phase III trial in patients with advanced pancreatic cancer [30].

Based on this background and rationale, we conducted a single-institution prospective phase II study to determine the efficacy of the combination of tipifarnib and gemcitabine in patients with metastatic breast cancer.

Methods

Eligibility

Patients were eligible for the study if they were at least 18 years of age at the time of study enrollment and had histologically confirmed breast cancer with clinical evidence of metastatic disease.

There were no restrictions placed on prior treatment with hormonal therapies or trastuzumab. Patients could have received up to two prior lines of systemic chemotherapy for metastatic breast cancer. Concurrent bisphosphonate use was allowed in patients with bone metastases. Localized radiotherapy deemed not to influence the signal of the evaluable lesion was allowed prior to the initiation of therapy as long as recovery from myelosuppression was documented. Patients were required to have an Eastern Cooperative Oncology Group (ECOG) performance status of two or better as well as adequate organ and marrow function.

Patients were excluded if they had prior treatment with a farnesyltransferase inhibitor or gemcitabine for metastatic breast cancer. Patients with metastatic disease involving the central nervous system (CNS) or symptomatic lymphangitic pulmonary metastases were excluded. Patients with grade 2 or greater peripheral neuropathy were also excluded from the study.

The protocol was reviewed by The University of Texas MD Anderson Cancer Center Institutional Review Board and all patients provided informed consent.

Study design and treatment

The primary objective of this single-institution prospective phase II trial was to evaluate the efficacy of the combination of gemcitabine and the farnesyltransferase inhibitor, tipifarnib (R115777) in patients with metastatic breast cancer. Treatment was administered over a 21-day cycle. For the first three patients, the starting dose of tipifarnib (R115777) was 300 mg twice daily from days 1 through 14. Gemcitabine was administered intravenously at a dose of 1000 mg/m² on days 1 and 8. If one or no

patient developed a dose limiting toxicity (DLT) in the first cycle of treatment, tipifarnib (R115777) 300 mg twice daily would be used for subsequent patients enrolled in the study.

For this study, DLTs were defined as any grade 3 or greater non-hematological toxicities not resolving by day 21 with the exception of grade 3 nausea or vomiting. Grade 4 nausea or vomiting which did not resolve by day 21 was considered a DLT. Grade 4 neutropenia or thrombocytopenia at day 21, grade 3 neutropenia with a documented infection and/or fever, and grade 3 thrombocytopenia with bleeding were also considered DLTs.

Evaluations before and during treatment consisted of a complete medical history, physical examinations, hematologic and metabolic profiles, relevant imaging studies and toxicity assessments. Patients remained on study until radiographic or clinical disease progression, unacceptable toxicity, or withdrawal of consent. All patients were provided with full supportive care during the study.

Safety monitoring and dose modifications

Patients were evaluated for toxicity while on study from the time of first treatment with tipifarnib (R115777). Severity was graded according to the National Cancer Institute's Common Terminology Criteria for Adverse Events (NCI CTCAE), version 3.0.

All patients were required to have an absolute neutrophil count (ANC) of 1500 cells/mm³ or greater, platelet count of 100,000/mm³ or greater, and resolution of non-hematological toxicities to grade 2 or less at the beginning of each cycle. Otherwise, treatment was held. If treatment was held for longer than 2 weeks, the dose of gemcitabine was reduced to the next dose level according to the protocol specified dose schedule. Patients requiring more than 2 dose reductions were removed from study.

Grade 2 thrombocytopenia and/or grade 3 neutropenia present on day 8 was an indication for a 50% dose reduction in gemcitabine. The day 8 dose of gemcitabine was held for grade 3 or greater thrombocytopenia and grade 4 neutropenia.

Grade 2 or greater pneumonitis thought to be related to gemcitabine was an indication for removal from protocol treatment.

Disease monitoring

All patients included in the study were evaluated for disease response or progression with appropriate cross sectional imaging studies at baseline and every six weeks. Complete response (CR), partial response (PR), stable disease (SD) and progressive disease (PD) were defined and assessed according to the Response Evaluation Criteria in Solid Tumors (RECIST) 1.0. All CRs and PRs required confirmation by repeat assessments at least 4 weeks after the initial criteria

for response was met. All responses were reviewed by an independent radiology expert at the time of study completion.

Statistical methods

The planned enrollment for this study was up to 45 patients. The sample size of 45 would have provided an estimate of the objective response rate (ORR) with a 90% credibility interval of width 0.22, assuming a targeted rate of 30%. The trial was monitored using a Bayesian method with cohorts of 15 patients each. Termination was to be recommended if there was strong evidence that the ORR was unlikely to be more than 30%. The first interim analysis was conducted after the first 15 patients were evaluated for response. If at least two responses were observed, accrual would continue. At the second interim analysis (30 patients), at least six objective responses were required for continued accrual. 95% confidence intervals for proportions were calculated using the exact binomial method. Progression-free survival (PFS) was defined as the time from study registration to disease progression or death from any cause, whichever occurred first. PFS data were censored at the time of removal from study. Overall survival (OS) was defined as the time from study registration to death from any cause. Information on vital status was collected following study completion through October 8, 2017 and was used in the determination of OS. For patients who had a confirmed objective response (PR or CR), duration of response was defined as the time from the initial documentation of response to the time of progression. Data on duration of response was censored at the time of study exit. Median PFS, OS and duration of response were estimated using the Kaplan-Meier method. All data were analyzed using STATA v14.0 (STATA, College Station, TX).

Results

Patients

Thirty female patients were enrolled on this study from September 2005 through March 2007 and treated at The University of Texas MD Anderson Cancer Center. All patients received at least one dose of the study treatment and were considered evaluable for toxicity and response. Baseline patient characteristics are summarized in Table 1. The median age was 55.1 years (range 37.8–73.8 years). 60% (18/30) of patients had an ECOG performance status of 0. 50% (15/30) were white and 33% (10/30) were black. 70% (21/30) and 47% (14/30) of patients had received prior chemotherapy and hormonal therapy in the metastatic setting, respectively. A majority of patients (57%) had ER- and/or PR-positive disease and only 10% of patients had HER2-positive disease.

Table 1 Patient characteristics

Characteristic (N = 30)	Value
Age, years	
Median	55.1
Range	37.8–73.8
ECOG performance status, n (%)	
0	18 (60)
1	11 (37)
2	1 (3)
Race/Ethnicity, n (%)	
White	15 (50)
Black	10 (33)
Hispanic	5 (17)
ER and/or PR positive, n (%)	17 (57)
HER2 positive, n (%)	3 (10)
Sites of metastatic disease, n (%)	
Bone ^a	18 (60)
Viscera ^a	22 (73)
Prior chemotherapy for metastatic disease, n (%)	
None	9 (30)
1 Regimen	8 (27)
2 Regimens	13 (43)
Prior hormonal therapy for metastatic disease, n (%)	
Yes	14 (47)
No	16 (53)

A table summarizing the baseline clinical characteristics of patients enrolled on this study

ECOG, Eastern Cooperative Oncology Group

^a Some patients had both bone and visceral metastasis

Efficacy

Accrual was terminated after the first 30 patients were enrolled because only five confirmed responses were observed. Patients who were already enrolled continued to receive therapy per protocol until progression, unacceptable toxicity or withdrawal of consent. Table 2 summarizes the outcomes of patients treated on this protocol. There was one confirmed CR and four patients had a confirmed PR, yielding an ORR of 16.7% (95% confidence interval [CI]: 5.6–34.7%). 23.3% (95% CI: 9.9–42.3%) of patients on this study had stable disease. The single patient with the confirmed CR had triple negative breast cancer. Among the four patients with confirmed PRs, two had ER-positive/HER2-negative breast cancer, one had ER-positive/HER2-positive breast cancer, and one had triple negative breast cancer. Table 3 summarizes the pretreatment characteristics of patients stratified by best overall response. 80% (4/5) of patients with confirmed responses (CR or PR) and 59% (13/22) of patients with a best response of SD or PD had ER- and/or PR-positive disease. 40% (2/5) of patients with confirmed responses (CR or PR)

Table 2 Best overall patient response

Response category	Number (N = 30, %)
Complete response	1 (3.3)
Partial response	4 (13.3)
Stable disease	7 (23.3)
Progressive disease	15 (50.0)
Inevaluable	3 (10.0)

A table summarizing the best overall response observed on study as assessed by the Response Evaluation Criteria in Solid Tumors (RECIST) 1.0

and 73% (16/22) of patients with a best response of SD or PD had received prior chemotherapy in the metastatic setting. The median PFS was 2.5 months (95% CI: 1.6–5.7 months, Fig. 1). The median OS was 13.1 months (95% CI: 9.1–20.6 months, Fig. 2). Among the 5 patients with confirmed

objective responses (CR or PR), the median duration of response was 4.2 months (95% CI: 2.8–undefined months).

Toxicity

All 30 treated patients on this protocol were assessable for toxicity. There were no treatment related deaths. None of the first three patients developed a DLT. Table 4 summarizes the grade 2 and greater toxicities observed in this study thought to be possibly, probably or definitely related to the study treatment. Neutropenia was the most common grade 4 toxicity, occurring in 40% of treated patients. Other grade 4 toxicities included leukopenia (13%), thrombocytopenia (10%), anemia (3%) and hypokalemia (3%). Common grade 3 toxicities observed in this study include fatigue (57%), leukopenia (33%) and neutropenia (27%). Nausea was the most common grade 2 toxicity observed (63%).

Table 3 Pretreatment characteristics stratified by best overall response

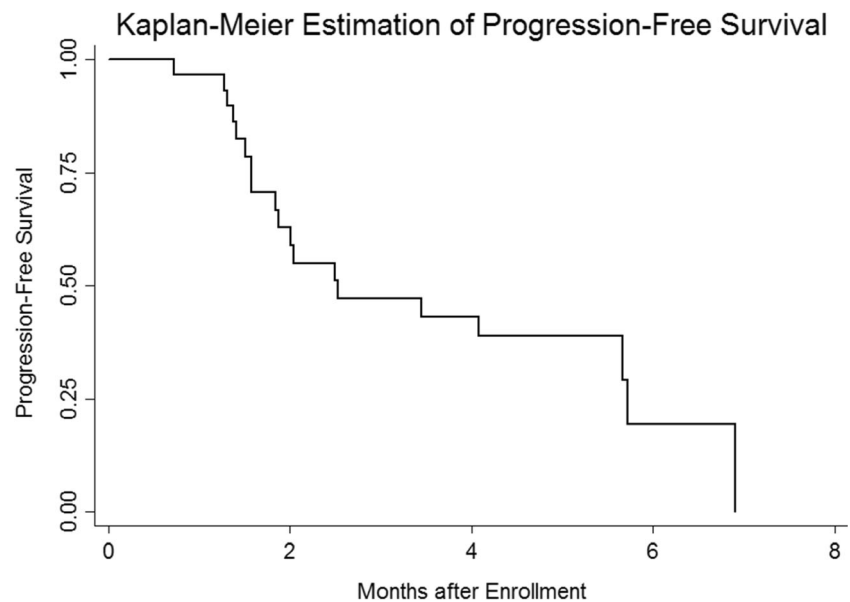
	Best overall response		
	CR + PR (n = 5)	SD + PD (n = 22)	NE (n = 3)
Age, years			
Median	50.7	56.0	43.7
Range	38.8–73.8	38.5–72.1	37.8–55.0
ECOG performance status, n (%)			
0	3 (60)	14 (64)	1 (33)
1	2 (40)	8 (36)	1 (33)
2	0	0	1 (33)
Race/Ethnicity, n (%)			
White	2 (40)	11 (50)	2 (67)
Black	3 (60)	6 (27)	1 (33)
Hispanic	0	5 (23)	0
ER and/or PR positive, n (%)	4 (80)	13 (59)	0
HER2 positive, n (%)	1 (20)	2 (9)	0
Triple Negative, n (%)	1 (20)	7 (32)	3 (100)
Sites of metastatic disease, n (%)			
Bone ^a	3 (60)	12 (55)	3 (100)
Viscera ^a	3 (60)	16 (73)	3 (100)
Prior chemotherapy for metastatic disease, n (%)			
None	3 (60)	6 (27)	0
1 Regimen	1 (20)	6 (27)	1 (33)
2 Regimens	1 (20)	10 (45)	2 (67)
Prior hormonal therapy for metastatic disease, n (%)			
Yes	2 (40)	12 (55)	0
No	3 (60)	10 (45)	3 (100)

A table comparing pretreatment characteristics of patients with a best overall response of complete response or partial response (n = 5), stable disease or progressive disease (n = 22), and patients who were considered inevaluable for response (n = 3)

CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; NE, inevaluable; ECOG, Eastern Cooperative Oncology Group

^a Some patients had both bone and visceral metastasis

Fig. 1 Kaplan-Meier Estimation of Progression-Free Survival (PFS). A Kaplan-Meier plot of PFS is shown. The median PFS for patients on this study was 2.5 months (95% confidence interval: 1.6–5.7 months)



Discussion

This is the first phase II trial to report on the combination of tipifarnib and gemcitabine in the treatment of metastatic breast cancer. The ORR in this study was 16.7%, which is not an improvement from the reported response rate of 16%–30% with gemcitabine monotherapy in patients with metastatic breast cancer [22, 31–34]. However, our reported response rate is slightly better compared to the 10–14% response rate reported in the single agent phase II study of tipifarnib [11] and the 9.5% response rate reported by a phase II study evaluating the combination of tipifarnib and capecitabine [19]. Additionally, we observed that 80% of patients with confirmed responses on this study had ER- and/or PR-positive

disease. In contrast, only 59% of patients with a best response of SD or PD had ER- and/or PR-positive disease. Further, patients with confirmed responses in our study appeared less likely to have received prior treatment with chemotherapy in the metastatic setting (40% vs 73% in patients with a best response of SD or PD).

Although our reported ORR of 16.7% appears to be less favorable compared to two phase II trials evaluating the combination of tipifarnib and anti-estrogen therapy in the metastatic setting which reported response rates of 30–35.5% [12, 17], it is important to note that these trials were restricted to patients with ER- and/or PR-positive disease and either excluded patients who had received prior chemotherapy in the metastatic setting [12] or limited enrollment to patients who

Fig. 2 Kaplan-Meier Estimation of Overall Survival (OS). A Kaplan-Meier plot of OS is shown. The median OS for patients on this study was 13.1 months (95% confidence interval: 9.1–20.6 months)

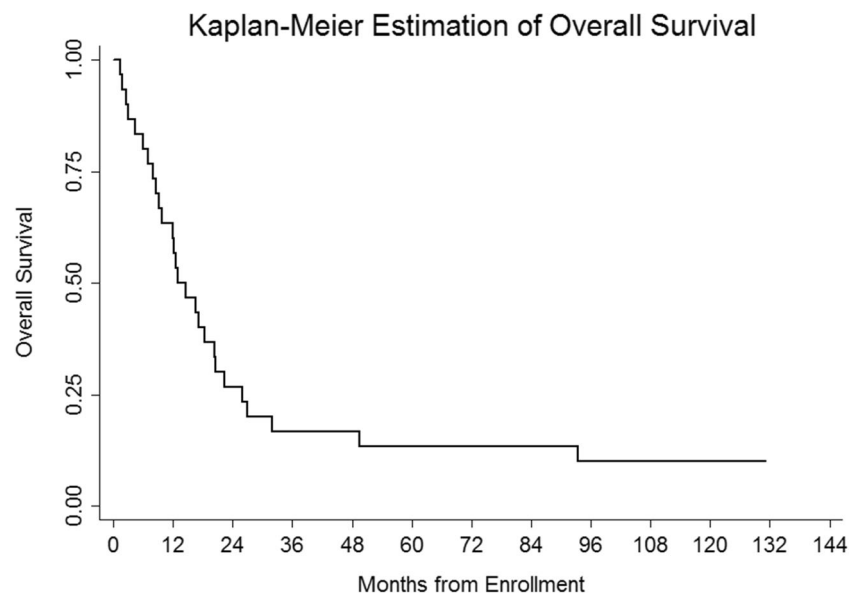


Table 4 Major attributable grade 2 and greater toxicities

Adverse event, n (%)	Toxicity grade (Worst per Patient, N = 30)		
	Grade 2	Grade 3	Grade 4
Neutropenia	4 (13)	8 (27)	12 (40)
Leukopenia	7 (23)	10 (33)	4 (13)
Thrombocytopenia	3 (10)	4 (13)	3 (10)
Anemia	11 (37)	4 (13)	1 (3)
Neutropenic fever	0	1 (3)	0
Fever	1 (3)	1 (3)	0
Infection	1 (3)	2 (7)	0
Fatigue	9 (30)	17 (57)	0
Nausea	19 (63)	4 (13)	0
Vomiting	2 (10)	3 (6)	0
Diarrhea	7 (23)	1 (3)	0
Constipation	1 (3)	2 (7)	0
Mucositis	7 (23)	1 (3)	0
Erythema Multiforme	6 (20)	1 (3)	0
Maculo-papular rash	3 (10)	1 (3)	0
Hand-foot syndrome	1 (3)	0	0
Hypokalemia	0	1 (3)	1 (3)
Hyponatremia	0	3 (10)	0
Hypomagnesemia	1 (3)	0	0
Hypoalbuminemia	2 (7)	0	0
Dehydration	1 (3)	0	0
Myalgia	3 (10)	2 (7)	0
Headache	1 (3)	1 (3)	0
Bone pain	0	1 (3)	0
Confusion	0	1 (3)	0
Dizziness	1 (3)	1 (3)	0
Sensory neuropathy	1 (3)	0	0
Weight loss	2 (7)	0	0
Cystitis	1 (3)	0	0
Pruritis	1 (3)	0	0
Watering eyes	1 (3)	0	0
Alopecia	1 (3)	0	0
Hot flashes	1 (3)	0	0

A table summarizing the frequency of grade 2 and greater toxicities thought to be possibly, probably or definitely related to the study treatment

received one or less lines of chemotherapy [17]. In contrast, 43% of patients enrolled in our study had ER/PR-negative disease and 70% of patients in our study had received prior chemotherapy for metastatic disease, majority of whom received two prior lines of chemotherapy. Of note, preclinical studies showed that ER/PR-negative breast cancer cell lines (MDA-MB-231, MDA-MB-468) were less sensitive to tipifarnib-induced growth inhibition as compared to an ER/PR-positive breast cancer cell line (MCF-7) [9]. In clinical studies of metastatic breast cancer, response rates to

gemcitabine appear to decrease with increasing number of lines of prior chemotherapy [23, 33]. Thus, we hypothesize that the comparatively lower response rate observed in our study was due, in part, to the inclusion of patients with ER/PR-negative disease and patients who were more heavily pre-treated. Although limited by small numbers, patients with confirmed responses in our study appeared more likely to have ER- and/or PR-positive disease and be less heavily pre-treated, further supporting our hypothesis. Interestingly, a phase II trial evaluating the combination of tipifarnib and tamoxifen, which included heavily pre-treated patients, reported an ORR of just 5% [18].

The combination of tipifarnib and gemcitabine resulted in significant myelosuppression with 40% of patients developing grade 4 neutropenia and 10% developing grade 4 thrombocytopenia. Myelosuppression was also the principal toxicity reported in the phase I study evaluating the combination of tipifarnib and gemcitabine [29]. However, only 18% of patients in the phase I study experienced grade 3 or grade 4 neutropenia likely because of the lower doses of tipifarnib used in patients enrolled in the earlier dose-escalation cohorts. In contrast, gemcitabine is well tolerated as a single agent in metastatic breast cancer with only 0–2% of patients experiencing grade 4 neutropenia, anemia or thrombocytopenia [22, 32].

There are several possible explanations for the low response rate observed in this study. First, tipifarnib might not be a suitable agent to use in combination with gemcitabine. The high rates of myelosuppression led to dose reductions and/or interruptions which may have affected the efficacy of the combination. Second, the inclusion of patients with ER- and/or PR-negative disease and heavily pre-treated patients in our study may have contributed to the lower response rate. Third, our heterogeneous patient cohort might have diluted the potential efficacy of the combination in specific subgroups of patients. Despite the lack of added efficacy achieved by combining tipifarnib with gemcitabine, tipifarnib has shown promise in the neoadjuvant setting in combination with anthracyclines and taxanes [20, 21, 35].

In conclusion, this phase II study suggests that the combination of tipifarnib and gemcitabine is not well tolerated with high rates of myelosuppression and is not more effective than gemcitabine monotherapy in the treatment of metastatic breast cancer. Combinations of tipifarnib with agents other than gemcitabine should be explored if supported by pre-clinical data.

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Compliance with ethical standards All procedures performed in studies involving human participants were in accordance with the ethical

standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

Conflict of interest The authors declare no relevant potential conflicts of interest.

Informed consent Informed consent was obtained from all individual participants included in the study.

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