



# Aggressive Resuscitation Is Associated with the Development of Acute Kidney Injury in Acute Pancreatitis

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## Abstract

**Introduction** The association between early resuscitation volume and clinical outcomes remains controversial in acute pancreatitis. In the present study, we aimed to identify the association between resuscitation volume and the development of acute kidney injury (AKI) and other clinical outcome metrics.

**Methods** Patients admitted to our center with moderately severe acute pancreatitis (MSAP) and severe acute pancreatitis (SAP) from January 2009 to December 2013 were reviewed retrospectively. Patients were stratified into two groups on the basis of the volume of fluid infused during the first 24 h. The primary clinical endpoint was incidence of AKI. Moreover, AKI lasting time, utilization of continuous renal replacement therapy and lasting time, creatinine increase, and other clinical metrics were also compared. The potential risk factors of new-onset AKI were also analyzed.

**Results** A total of 179 patients were included, and aggressive fluid resuscitation ( $\geq 4$  l) was associated with increased incidence of AKI compared with nonaggressive group (53.12% vs. 25.64%,  $p=0.008$ ), longer AKI lasting time ( $p=0.038$ ), and increased creatinine increase ( $p<0.001$ ) during hospitalization. Moreover, utilization of continuous renal replacement therapy was more frequent in aggressive group (40.63% vs. 24.36%,  $p=0.108$ ), and the lasting time of continuous renal replacement therapy was also longer ( $p=0.181$ ), though both not statistically different. Moreover, in multivariate analysis, aggressive resuscitation [OR 4.36 (1.52–13.62);  $p=0.001$ ] and chloride exposure [OR 2.53 (1.26–5.21);  $p=0.012$ ] in the first 24 h were risk factors of new-onset AKI.

**Conclusion** In patients with MSAP and SAP, aggressive fluid resuscitation was associated with increased incidence and longer duration of AKI. Moreover, aggressive resuscitation and chloride exposure in the first 24 h were risk factors of new-onset AKI.

**Keywords** Acute pancreatitis · Fluid resuscitation · Acute kidney injury · Continuous renal replacement therapy

## Introduction

The causes of hypovolemia are multifactorial in acute pancreatitis (AP), including vomiting, reduced oral intake, third spacing of fluids, and diaphoresis. Consequently,

tissue hypoperfusion could develop, leading to organ dysfunctions, especially for the kidney which is sensitive to insufficient perfusion. It has been reported that 25–59.5% patients developed acute kidney injury (AKI) during the natural course of severe form of AP [1, 2]. Previous guidelines for the management of AP suggested that an aggressive fluid resuscitation (300–500 ml/h for the first 6 h and then 250 ml/h to maintain blood volume) contributed to maintaining stable and adequate intravascular volume in organs such as the kidney [3]. However, aggressive fluid resuscitation is reported to be a double-edge sword as excessive fluid admission would aggravate tissue edema [4] and result in impaired oxygen delivery due to a hemodilution-induced decrease in hematocrit (HCT) [5]. Therefore, an appropriate early fluid resuscitation protocol is of important clinical

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value in treating AP, as adequate resuscitation may help prevent the development of potential organ dysfunction.

Unfortunately, no consensus on the early fluid resuscitation of AP has been reached yet. To date, only 10 humans studies regarding early resuscitation exist and some of them only focused on mild form of acute pancreatitis [6–9]. Patients with mild form of AP mostly do not suffer severe hypovolemia, so fluid resuscitation may not affect outcome significantly. Other studies focused on more severe form of AP [4, 10–14], and the definitions of aggressive resuscitation or nonaggressive resuscitation varied from center to center. In addition, none of these studies clearly clarified the relationship between resuscitation volume in the first 24 h and clinical outcomes. In the present study, we aimed to identify the association between resuscitation volume and the development of AKI and other clinical outcome metrics.

## Methods

### Participants

From January 2009 to December 2013, a consecutive series of patients with AP admitted to the surgical intensive care unit of the institute of General Surgery, Jinling Hospital within 72 h from the onset of the disease were reviewed retrospectively. Our center is a national referral center for AP, and we treat more than 200 patients every year. Diagnosis of AP was based on abdominal pain suggesting AP, serum amylase at least three times the upper limit of normal or computed tomography, and patients were defined as different stages of AP on the basis of the development of (peri)pancreatic necrosis and organ failure according to the revised Atlanta classification [15]. Patients were classified as SAP and MSAP. SAP was defined as objective evidence of organ failure lasts longer than 48 h (e.g., circulatory shock, acute renal failure, acute pulmonary failure) as defined in the Atlanta classification and/or local complications of necrosis (e.g., acute peripancreatic fluid collection, acute necrotic collection, walled-off necrosis, abscess of pseudocyst). Moderately severe acute pancreatitis (MSAP) is characterized by the presence of transient organ failure or local or systemic complications in the absence of persistent organ failure. We excluded patients with mild form of AP according to revised Atlanta classification so as to enroll more patients suffered from hypoperfusion. Moreover, patients were excluded if there was a known history of AP, chronic pancreatitis, cardiovascular dysfunction on admission, cancer on admission, pregnancy on admission, or age younger than 18.

### Ethics Statement

Each participant provided written informed consent after being provided with an explanation of the study by phone, letter, or email. The study was conducted in accordance with the ethical principles contained within the Declaration of Helsinki. This study was also reviewed by the Institutional Review Board of Jinling hospital.

### Management

All patients received standard medical treatment according to the guidelines [3]. Dynamic electrocardiogram monitoring system was used to detect the basic vital sign and artery oxygen saturation for all patients while Pulse index Contour Continuous Cardiac Output was used when patients developed shock. For nutritional support, early enteral nutrition (within 48 h) was applied during the study period. Prophylactic antibiotics were routinely adopted in patients with moderate AP or above. Infected pancreatic necrosis was treated using surgical drainage including percutaneous drainage, negative-pressure irrigation, and endoscopic or surgical necrosectomy. Our criteria for transferring patients from SICU (Severe acute pancreatitis Intensive Care Unit) to general wards are patients without any of the followings: organ dysfunction, uncontrolled bleeding, severe infection complications like sepsis, unstable hemodynamics.

For the fluid administration, no specific early resuscitation protocol was available during the study period in our center. The goals of early fluid resuscitation in our center are to keep the basic vital sign stable, HCT below 45%, and to maintain urine output more than 0.5 ml/(kg h) in patients without AKI according to the physicians who were on duty. Moreover, saline and Ringer lactate are the mostly used for early fluid resuscitation in our center, while 5% albumin and 20% albumin were only seldom used in the early fluid resuscitation. Other types of fluid would also be administered when necessary. For example, 5% sodium bicarbonate solution was adopted to reverse severe acidosis, while 5% fructopyranose or 5% fructose and sodium chloride solution were adopted when there was a hyperglycemia. In our center, intravenous administration was the only way for fluid administration within 24 h of presentation as oral intake of fluid was unallowed in the first day.

### Definitions

Definitions of aggressive resuscitation or nonaggressive resuscitation in previous studies vary from center to center, lacking a unified standard. We used a 4 l resuscitation volume to divide patients into two groups as it was the upper

limit of nonaggressive resuscitation as well as an average of aggressive resuscitation volume and nonaggressive resuscitation volume in previous studies.

AKI was defined when serum level increased more than 1.5 times of baseline or increased more than 0.3 mg/dl or urine output decreased below 0.5 ml/(kg h) for more than six hours according to acute kidney injury network (AKIN) classification [16], while new-onset AKI was defined if patients developed AKI after admission. The lasting time of AKI was defined as the time from diagnosis of AKI to the time when the kidney function went back to normal. The definitions of organ dysfunction were based on a score of 2 or more in the sequential organ failure assessment (SOFA) scoring system [17]. MODS was defined as the combined dysfunction of 2 major organ systems [18]. ACS (abdominal compartment syndrome) was defined as sustained intra-abdominal pressure (IAP) of > 20 mmHg with the presence of an attributable organ failure. Sepsis was defined when patients developed SIRS as well as infection according to Surviving Sepsis Campaign Guidelines Committee [19]. Hypoperfusion was defined if a blood lactate concentration was above 4 mmol/l or oliguria (urine output < 0.5 ml/(kg h) for more than 6 h). Cardiovascular dysfunction was defined if mean arterial pressure (MAP) was lower than 65 mmHg after adequate fluid was loaded or vasoactive agents were needed to maintain MAP  $\geq$  65 mmHg. Pancreatic necrosis was diagnosed according to the results of contrast-enhanced computed tomography performed at least 48 h after the onset of the disease. Our criteria for the diagnosis of pancreatic infection are as follows: positive findings in bacterial culture of abdominal fluid and repeated temperature increases.

### Data Collection and Outcome Measures

Baseline data including age, sex, etiology, the SOFA score, Ranson score, the APACHE II score, lactate, HCT, body weight, and the incidence of hypoperfusion were recorded on admission. SOFA score and APACHE II score were assessed on a daily basis during days 1–3 after admission. Chloride exposure in the first 24 h was also collected. The development of other systemic and local complications, such as systemic inflammatory response syndrome (SIRS) and pancreatic pseudocyst, the utilization of vasoactive agents and mechanical ventilation, the duration of both hospital and ICU (Intensive Care Unit) stay, the need for surgical intervention and hospital mortality were also recorded. In all patients, incidence of AKI on admission, the most serious diagnosis of AKI (final diagnosis), and AKI lasting time during hospitalization were recorded, as well as CRRT (continuous renal replacement therapy) utilization, creatinine increase (creatinine increased from baseline to peak creatinine level during hospitalization) and daily urine output.

### Statistical Analysis

Data were analyzed using SPSS 17.0 for Windows (SPSS, Chicago, IL, USA). All statistical tests were two-tailed, and significance level was set at  $p < 0.05$ . Student T test was adopted to analyze continuous variables (like fluid volume, SOFA score) assessed by t test between the aggressive resuscitation and nonaggressive resuscitation group and expressed as mean  $\pm$  SD. Other quantitative data were analyzed by Mann–Whitney test and expressed as mean (the 25% percentile–the 75% percentile), while all classable data were analyzed by Chi-square test and were expressed as number (percentage). The potential risk factors of new-onset AKI were analyzed (including sex, age, etiology, APACHE II score, SOFA score, aggressive resuscitation, SIRS, Hypoperfusion, Lactate, HCT, Body weight, Creatinine). Continuous variables were assessed using t test or nonparametric Mann–Whitney *U* test as indicated in the univariate analysis. Continuous variables were also transformed to categorical variates (ordinal variates when needed) based on prior studies and clinical experience. Chi-squared analysis or Fisher's exact test was used for categorical variables. A logistic regression model was used for multivariate analysis to identify the independent risk factors for new-onset AKI, odds ratios (ORs) and 95% confidence intervals (CIs) calculated. Statistical analyses were conducted at a significance level of 0.10 for univariate analysis and 0.05 for multivariate analysis.

## Results

### Patient Characteristics

A total of 1055 patients admitted to our center from January 2009 to December 2013 were screened for inclusion. Five of them were with cancer; 18 patients were pregnant; 69 patients were without organ dysfunction and pancreatic necrosis; 7 patients developed cardiovascular dysfunction when admitted to our hospital; and 846 patients were not within 72 h from the onset of AP. As a result, a total of 179 patients with AP were enrolled in this retrospective study including 55 patients in the aggressive fluid resuscitation group and 124 patients in the nonaggressive fluid resuscitation group.

Table 1 shows the demographic and clinical data of these patients. There was no significant difference between two groups in terms of age, sex, etiology, and comorbidities. Moreover, no significant differences were observed in terms of HCT level, lactate level, development of hypoperfusion, development of SIRS (80.65% vs. 83.64%,  $p = 0.682$ ), and body weight between the two groups on admission. Regarding severity on admission, there were also no significant

**Table 1** Demographic data and clinical characteristics between patients receiving aggressive or nonaggressive resuscitation

	Nonaggressive	Aggressive	<i>p</i> value
Gender			
Males	80 (62.82%)	42 (68.75%)	0.164
Age	47.31 (37.75–55.00)	44.63 (35.25–51.00)	0.206
Etiology			0.083
Biliary	50 (40.30%)	24 (43.75%)	
Hypertriglyceridemia	35 (30.77%)	23 (21.88%)	
Alcohol	24 (8.97%)	4 (15.63%)	
Others	15 (10.26%)	4 (15.63%)	
Comorbidities			
Hypertension	16 (12.9%)	9 (16.4%)	0.641
Diabetes	11 (8.9%)	6 (10.9%)	0.783
Peptic ulcer disease	2 (1.6%)	1 (1.8%)	1.000
Chronic pulmonary disease	1 (0.8%)	1 (1.8%)	0.521
APACHE II score 0H	9.24 (7.00–10.25)	9.56 (6.00–12.00)	0.344
APACHE II score 24H	8.37 (6.00–9.50)	8.66 (6.00–12.25)	0.673
APACHE II score 48H	7.29 (5.00–7.00)	8.47 (4.25–12.00)	0.177
Ranson score 48H	3.06 (2.00–4.00)	2.91 (2.00–3.00)	0.162
Ranson score 0H	3.96 (2.00–5.00)	4.19 (2.25–5.00)	0.401
SOFA score 24H	3.49 (2.00–5.00)	3.78 (3.00–5.00)	0.180
SOFA score 48H	3.69 (2.00–5.00)	3.59 (2.00–5.00)	0.671
Fluid resuscitation (ml)	2906 (2460–3461)	5095 (4321–5926)	<0.001
Chloride exposure (0–24H, mEq)	407.63 ± 12.56	425.38 ± 35.12	0.553
SIRS 0H	100 (80.65%)	46 (83.64%)	0.682
Hypertension	30 (24.19%)	7 (12.73%)	0.109
Hypoperfusion 0H	31 (25.00%)	10 (18.18%)	0.343
Lactate (mmol/l) 0H	1.91 (1.075–2.200)	1.88 (1.30–2.10)	0.88
HCT (percentage) 0H	43.69 (38.03–50.53)	44.77 (41.20–49.30)	0.608
Body weight 0H (kg)	73.52 (63.78–82.00)	77.17 (70.20–85.075)	0.118
Time of admission from onset (h)	18.5 (8.00–68.00)	20.6 (9.00–69.0)	0.213

APACHE acute physiology and chronic health evaluation, SOFA sequential organ failure assessment

differences in several scoring systems such as APACHE II score, Ranson score, and SOFA Score, and in laboratory parameters associated with severity including the first 3 days creatinine levels ( $p > 0.05$ ), as well as in diagnosis of AKI (Table 2) on admission ( $p > 0.05$ ).

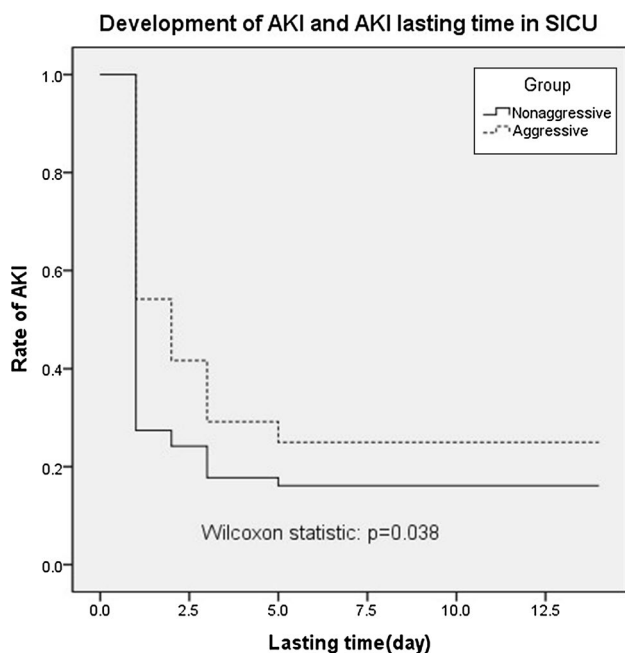
**Relationship Between Aggressive Resuscitation and the Development of Acute Kidney Injury in AP**

However, more patients developed AKI (52.73%) in the aggressive fluid resuscitation group (Table 2) during hospitalization compared to 28.23% in the nonaggressive fluid resuscitation group ( $p = 0.002$ ). Moreover, significantly more new-onset AKI cases were detected in patients receiving aggressive fluid resuscitation when compared with the nonaggressive group (16.36% vs. 4.84%,  $p = 0.017$ ). In addition, significant differences could be observed in stage 2 of final diagnosis of AKI ( $p = 0.003$ ), while no differences were observed in stage 1 or stage 3 between the two groups

**Table 2** Diagnosis of AKI in the two study groups

AKI classification	Nonaggressive	Aggressive	<i>p</i> value
AKIN class (on admission)			
Risk	6 (4.84%)	3 (5.45%)	1.000
Injury	3 (2.42%)	9 (16.36%)	0.001
Failure	20 (16.13%)	8 (14.55%)	1.000
Total	29 (23.39%)	20 (36.36%)	0.101
AKIN class (final diagnosis)			
Risk	10 (8.06%)	7 (12.73%)	0.407
Injury	7 (5.65%)	12 (21.82%)	0.003
Failure	18 (14.52%)	10 (18.18%)	0.514
Total	35 (28.23%)	29 (52.73%)	0.002
New-onset AKI	6 (4.84%)	9 (16.36%)	0.017

Differences of grades of diagnosis of AKI were according to AKIN classification. Final diagnosis, the worst diagnosis of the disease. New-onset AKI; patients developed AKI after admission of SICU. Risk, at risk of acute kidney injury; Injury, acute kidney injury; failure, acute kidney failure



**Fig. 1** Development of AKI and AKI lasting time in the first 14 days during ICU after aggressive resuscitation and nonaggressive resuscitation

**Table 3** Creatinine levels between patients receiving aggressive or nonaggressive resuscitation

	Nonaggressive	Aggressive	<i>p</i> value
Creatinine 0 h	1.26 (0.67–1.18)	1.34 (0.71–1.45)	0.199
Creatinine 24 h	1.13 (0.62–1.15)	1.21 (0.67–1.59)	0.089
Creatinine 48 h	0.98 (0.59–0.93)	0.99 (0.66–1.15)	0.120
Creatinine increase	0.35 (0.00–0.30)	0.85 (0.23–1.09)	<0.001

Creatinine was detected on a daily basis during SICU. Creatinine increase; increase from baseline to peak creatinine level during hospitalization. All concentrations in mg/dl

(Table 2). Further data also revealed that patients in aggressive fluid resuscitation group suffered a longer AKI lasting time (Fig. 1,  $p=0.038$ ). Besides that, utilization of CRRT was more frequent in the aggressive group (47.27% vs. 30.65%,  $p=0.042$ ). Increase from baseline to peak creatinine level (Table 3) was also higher (0.85 (0.23–1.09) versus 0.35 (0.00–0.30) mg/dl,  $p<0.001$ ). There were no differences in terms of the development of oliguria on admission (Fig. 2). However, more patients in the following seven days developed oliguria in aggressive group, though there were not statistical differences. Subgroup analysis demonstrated that patients with new-onset AKI received significantly more resuscitation fluid than others (4501 (3237–5916) versus 3316 (2655–3909) ml,  $p=0.002$ ). And there were no differences in resuscitation volume between APACHE II score on

admission  $\geq 8$  group and APACHE II score on admission  $< 8$  group ( $3550 \pm 1380$  vs.  $3526 \pm 1058$  ml,  $p=0.928$ ).

To further investigate the relationship between aggressive resuscitation and the development of AKI in AP, we analyzed the potential risk factors of new-onset AKI, and 49 patients with pre-existing AKI were excluded. Factors including sex, age, etiology, APACHE II score, SOFA score, aggressive resuscitation, SIRS, hypoperfusion, lactate, HCT, body weight, creatinine were analyzed by univariate analysis. Among the included potential risk factors, 5 were significantly different between patients with and without new-onset AKI patients. Logistic regression analysis results showed that aggressive resuscitation and chloride exposure in the first 24 h were independently associated with new-onset AKI (Table 4).

### Clinical Outcomes Between Aggressive Fluid Resuscitation Group and Nonaggressive Fluid Resuscitation Group in AP

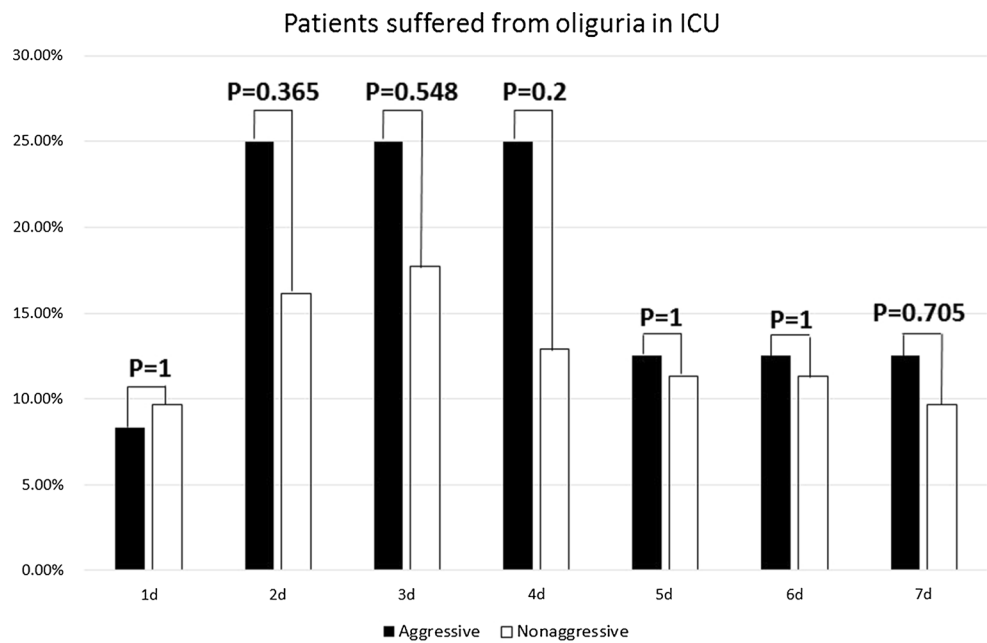
For other clinical outcome measures, there were no significant differences in terms of pancreatic necrosis, pancreatic pseudocyst, pancreatic infection, operation intervention, utilization of vasoactive agents, utilization of mechanical ventilation, mechanical ventilation day, hospital day, ICU day, and hospital mortality between the two groups (Table 5). Nonetheless, a tendency of worse outcome in aggressive group was observed, such as the incidence of MODS (47.27% vs. 24.19%,  $p=0.003$ ), ACS (7.27% vs. 0.81,  $p=0.037$ ).

### Discussion

Early fluid resuscitation is crucial to the management of AP and hitherto existing guidelines for the management of AP mostly recommended an aggressive resuscitation therapy strategy to improve long-term outcome [3]. However, the association between fluid resuscitation and renal function has not been well studied and studies in hemorrhagic shock had clearly demonstrated that limited fluid resuscitation could improve clinical outcomes and prevent potential organ dysfunctions [20, 21]. In this study, our results suggest that patients receiving aggressive fluid resuscitation suffered significant higher rate of AKI and longer AKI lasting time ( $p<0.05$ ). Worse but no statistically different outcomes of patients in the aggressive group were also observed illustrated by higher incidence rate of MODS, longer hospital duration, etc., although no difference in fluid loss and disease severity could be seen at admission, as evidenced by similar levels of HCT, APACHEII score, Ranson score, and SOFA score.



**Fig. 2** Rate of patients who suffered from oliguria in the first 7 days during ICU. Oliguria was defined according to AKIN classification. The *p* values are for the test of aggressive resuscitation versus nonaggressive resuscitation every day calculated using Fisher exact *T* test



**Table 4** Risk factors for new-onset AKI by univariate and multivariate analyses (49 patients with pre-existing AKI were excluded)

Variate	Cases with new-onset AKI (n=15)	Cases without new-onset AKI (n=115)	Univariate <i>p</i> value	Multivariate <i>p</i> value	Adjusted odds ratio (95% CI)
<b>Significant in the multivariate analysis</b>					
Aggressive resuscitation (> 4 l) in the first 24 h	11 (73.3%)	20 (17.4%)	0.000	0.001	4.36 (1.52, 13.62)
Chloride exposure in the first 24 h (mEq)	506.0 ± 43.0	335.3 ± 17.5	0.001	0.012	2.53 (1.2, 5.21)
<b>Significant in the univariate analysis</b>					
APACHE II score 0H	7.9 ± 3.9	6.6 ± 3.8	0.041	0.165	1.34 (0.85, 2.13)
Serum HCT level at admission (%)	47.3 ± 1.6	42.6 ± 0.9	0.021	0.237	1.12 (0.79, 1.65)
Lactate (mmol/l)	2.2 ± 0.3	1.4 ± 0.1	0.013	0.352	1.07 (0.63, 1.72)

**Table 5** Clinical outcome between patients receiving aggressive or nonaggressive resuscitation

Categorization	Nonaggressive	Aggressive	<i>p</i> value
Pancreatic necrosis	115 (92.74%)	54 (98.18%)	0.179
Pseudocyst	7 (5.65%)	2 (3.64%)	0.724
MODS	30 (24.19%)	26 (47.27%)	0.003
ACS	1 (0.81)	4 (7.27)	0.037
Vasoactive	18 (14.52%)	10 (18.18%)	0.533
Pancreatic infection	38 (30.65%)	22 (40%)	0.234
Operation	9 (7.26%)	5 (9.09%)	0.764
Hospital day (days)	20.47 (11.00–21.00)	28.09 (10.50–42.00)	0.333
ICU day (days)	15.44 (7.00–14.25)	18.81 (8.00–18.75)	0.417
CRRT	38 (30.65%)	26 (47.27%)	0.042
Mechanical ventilation	25 (20.16%)	19 (34.55%)	0.059
Mechanical ventilation day (days)	3.23 (0.00–0.00)	5.03 (0.00–6.00)	0.107
Hospital mortality	11 (8.66%)	7 (12.73%)	0.430

MODS multiple organ dysfunction syndrome, CRRT continuous renal replacement therapy, ACS abdominal compartment syndrome

The following mechanisms may explain this phenomenon. First, it is without doubt that the ultimate goal of fluid resuscitation is to reduce tissue hypoxia. However, it has been reported that in some patients, fluid resuscitation increased cardiac output remarkably while oxygen delivery and oxygen consumption remain unchanged or even decreased [5]. This was due to a hemodilution-induced decrease in HCT. A significant increase in HCT has been noted as a danger signal requiring urgent fluid resuscitation in the early stage of AP [22], and it has been used as a resuscitation goal for decades in the early fluid resuscitation of AP. However, studies by Mao et al. [4, 11] demonstrated that rapid hemodilution (HCT decreased below 35% within the first 24 h) was associated with worst clinical outcomes. In our study, both of the two groups showed high HCT levels [44.77 (41.20–49.30)% vs. 43.69 (38.03–50.53)%,  $p=0.608$ ] at admission and after first 24-h resuscitation, HCT of patients in both groups decreased significantly. Moreover, aggressive resuscitation is mostly accompanied by edema, which may also contribute to the development of AKI in three different ways [23]: First, visceral edema secondary to aggressive resuscitation has been considered as a risk factor for intra-abdominal hypertension, which can consequently cause compromised renal blood flow and ultimately resulting in AKI [24, 25]. Second, excessive chloride accompanied with aggressive resuscitation has been shown to impair renal function as well [26]. Third, diuretics frequently used to treat edema may further contribute to worsening of renal dysfunction [27].

Recently, accumulative evidence had shown the correlation between hyperchloremia and AKI in critically ill and other clinical situations [28–31]. Increased plasma chloride is a common consequence of short-time rapid fluid resuscitation with crystalloids (saline mostly), which is a repeatedly recommended therapeutic measure for patients in shock or with dehydration in the early phases of acute pancreatitis [32–34]. The frequent use of saline in patients with SAP could probably lead to a considerable chloride load which can be clinically relevant [35]. So we collected the data of chloride exposure in the first 24 h (mEq) after admission in these patients and made a comparison between the aggressive and nonaggressive groups, but find no difference ( $425.38 \pm 35.12$  vs.  $407.63 \pm 12.56$ ,  $p=0.553$ ) (Table 1). We also did additional univariate and multivariate analyses to further clarify its role in AKI development. We found that chloride exposure in the first 24 h was higher in patients with new-onset AKI ( $506.0 \pm 43.0$ ) than patients without AKI ( $335.3 \pm 17.5$ ) and was a risk factor of new-onset AKI in SAP patients even adjusted for fluid volume in the multivariate analysis ( $p=0.012$ ).

Some previous studies demonstrated that severity of AP on admission is associated with resuscitation volume evidenced by patients in ICU who received more fluid than other patients [12]. But in our study, there were no

differences in the resuscitation volume between patients with APACHE II score on admission  $\geq 8$  and patients with APACHE II score on admission  $< 8$ . This may be due to the factor that patients with cardiovascular dysfunction on admission were excluded in our study but not in previous ones. Moreover, there was no difference in volume depletion between the aggressive and nonaggressive groups evidenced by comparable HCT level, lactate level, and the presence of hypoperfusion and SIRS before resuscitation. Body weight at admission, which may bring bias to the resuscitation volume, also showed no difference between the two study groups.

As fluid strategy is much less important in patients with mild AP, we classified patients according to Atlanta classification of AP and excluded patients with mild form of AP to ensure that most patients enrolled presented hypoperfusion at admission. When it comes to the other studies focusing on severe form of AP, studies by Gardner et al. [13] and Brown et al. [14] demonstrated that aggressive resuscitation could improve mortality and inadequate resuscitation was associated with pancreatic necrosis, which were in contrast to our results. However, in both of the two studies, HCT level, a poor indicator for severity [36], was the only variable used to compare severity, making their results less clinically reliable. Moreover, they did not examine the rate of AKI which was the primary end point of this study.

Some other studies which were consistent with our study demonstrated that rapid hemodilution was associated with mortality [4, 10, 11]. However, in these studies, patients with cardiovascular dysfunction at admission were included and subgroup analysis was not available. As there is no doubt that these patients needed much more fluid to maintain MAP and showed higher mortality rate, inclusion of them would certainly impact the results. During our study period, a total of 7 patients developed cardiovascular dysfunction at admission and they showed remarkably high mortality (71.43%) and received a median of 7881 ml resuscitation volume within the first 24 h. Obviously, these patients developed a significantly different course of the disease from the others, and thus, addition of them to the analysis might bring a considerable bias to the study.

In general, patients in our study presented with more severe form of AP, making it more clinically valuable, as early resuscitation strategy is thought to be more decisive in these patients. Moreover, our study got a longer observational period and included more metrics mainly focusing on the severity, duration, and treatment of AKI.

Nonetheless, our study is with its limitations. First of all, it was a retrospective study, so we could not study the relationship between resuscitation volume and cardiac output, oxygen delivery, or oxygen consumption, if any; it might offer more clinical information. Second, the sample size was relatively small in the aggressive group. It is possible that

the lack of difference in mortality and other clinical outcome measures is partly related to the small number of patients studied. Finally, for the fluid administration, no rigorous early resuscitation protocol was available during the study period in our center. The final decision regarding administration of fluid was decided according to the physician's judgment rather than a previously implemented resuscitation protocol.

## Conclusion

In patients with MSAP and SAP according to the Atlanta classification, aggressive fluid resuscitation was associated with increased incidence of AKI and longer duration of AKI. Moreover, aggressive resuscitation and chloride exposure in the first 24 h were risk factors of new-onset AKI.

**Author's contribution** Dr. WL and LK designed the work, Dr. ZT, GL, and JZ collected the data, Dr. BY wrote the paper, and Dr. WM and Dr. YC analyzed the data. All authors have read and approved the final manuscript.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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