

## Down-Regulation of PGE<sub>2</sub> by Physiologic Levels of Celecoxib is not Sufficient to Induce Apoptosis or Inhibit Cell Proliferation in Human Colon Carcinoma Cell Lines

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**Abstract** This study was performed to evaluate whether down-regulation of prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) synthesis by celecoxib treatment is associated with inhibition of cell growth in human colon carcinoma cell lines. Physiologic concentrations of celecoxib (5–10 μM) inhibited 80% to 90% of PGE<sub>2</sub> production in HT-29 cells that express high levels of COX-2 protein. In these concentrations, celecoxib had a minor inhibitory effect (20–30%) on cell growth. There was a significant change in induction of apoptosis only at higher concentrations of celecoxib (>20 μM). Treatment by low concentrations of celecoxib did not alter the levels of COX-1, β-catenin, P<sub>27</sub>, Bcl-2, and Bcl-x proteins. The effect of celecoxib on cell growth inhibition was higher on the COX-2-positive HT-29 cell line (IC<sub>50</sub> = 20 μM) than on the COX-2 deficient SW-480 cell line (IC<sub>50</sub> = 35 μM). In conclusion, inhibition of PGE<sub>2</sub> synthesis is an early, but not sufficient, step in the mechanism of celecoxib-mediated cell growth inhibition. These results support the need for additional evaluation of independent COX-2 pathways of celecoxib in chemoprevention of CRC.

**Keywords** Colorectal cancer · Celecoxib · PGE<sub>2</sub> · Physiologic levels

Colorectal cancer (CRC) is one of the leading causes of cancer deaths among both men and women in the western world [1]. Several lines of evidence suggest that cyclooxygenase-2 (COX-2) is one of the key factors in carcinogenesis. There are three isoforms of the COX enzyme. COX-1 is found in the normal gastrointestinal mucosa and is usually constitutively expressed. It serves as the housekeeping protein. The COX-2 gene was discovered a decade ago [2]. It is usually undetectable in the normal gastrointestinal mucosa, but its expression can be induced by inflammatory and neoplastic stimuli [3, 4]. Several studies have shown that COX-2 mRNA and protein levels are up-regulated in transformed cells [5, 6] as well as in both premalignant and malignant tissues, such as colorectal, pancreatic, and gastric adenocarcinomas [7]. Up-regulation of COX-2 expression occurs in 40% to 50% of colorectal polyps and in up to 85% of CRC [8].

The lack of COX-2 expression in the normal colonic mucosa together with its increased expression in colonic neoplasm constitute the rationale for the selective action of COX-2 inhibitors on neoplastic colonic mucosa, without major biologic effects on the normal colonic mucosa [9]. Recent studies have shown that treatment with selective COX-2 inhibitors caused cell growth inhibition and significant tumor suppression in the initiation as well as the promotion and progression phases of azoxymethane-induced colon cancer [10, 11]. Their antineoplastic properties have been primarily attributed to their ability to block COX-2 activity, which results in the inhibition of proliferation and the induction of apoptosis [12, 13]. Several *in vitro*, *in vivo*, and clinical studies have previously indicated that celecoxib, a specific COX-2 inhibitor, may prevent CRC [14–17]. Specifically, this drug significantly reduced the occurrence of tumor burden in animal models of intestinal neoplasia [14], it inhibited the growth of adenomatous polyps in patients with familial adenomatous polyposis [15] and it reduced the development

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of colorectal neoplasia in a general population of patients aged 65 years and older [16]. In an open-labeled study, we demonstrated that rofecoxib at 25 mg per day for up to 30 months prevented the growth of 80% of adenomas in patients with familial adenomatous polyposis [17]. Unfortunately, the issue of long-term safety with COX-2 inhibitors was recently questioned because of the increased cardiovascular and thrombotic toxicity that had been observed with their long-term use [18].

The antineoplastic properties of celecoxib have been attributed, at least in part, to its ability to directly inhibit COX-2 by binding to its active site [19]. Other studies, however, suggest that celecoxib may reduce the formation of polyps by COX-2-independent mechanisms, such as inhibition of the activation of Akt [20] or suppression of the ability of the PPAR $\delta$ -receptor complex to bind to DNA [21].

This study was designed to evaluate whether down-regulation of PGE<sub>2</sub> by celecoxib treatment is associated with the inhibition of cell growth or the induction of apoptosis in human colon carcinoma cell lines.

## Materials and methods

### Reagents and chemicals

Celecoxib was provided by Pfizer (New York, NY). Antibodies to COX-1,  $\beta$ -catenin, P<sub>21</sub>, P<sub>27</sub>, Bcl-2, and Bcl-x were purchased from Santa Cruz Biotechnology (Santa Cruz, CA). All other reagents were of the highest purity and purchased from Sigma Chemical Co. (St. Louis, MO).

### Cell culture

The growth inhibition of celecoxib was tested in human colon carcinoma cell lines HT-29 and SW480, which were obtained from the American Type Culture Collection (ATCC). The different cell lines were grown and maintained in DMEM (Biological Industries, Israel) supplemented with 5% fetal calf serum (FCS), 1% penicillin, and 1% streptomycin at 37°C, in an atmosphere of 95% oxygen and 5% CO<sub>2</sub> (full medium).

### Assays for inhibition of cell growth

The cells were plated in duplicate at a density of  $3 \times 10^4$  in 12-well plates containing 1 ml of full medium as previously described [22]. Celecoxib or 0.1% dimethyl sulfoxide (DMSO, the drug vehicle) were added at the selected concentrations to the culture medium 24 hr after plating. The numbers of viable cells were determined in duplicate using a Coulter counter after 72 hr. All experiments were repeated at least three times and yielded similar results.

### Flow-cytometric analysis

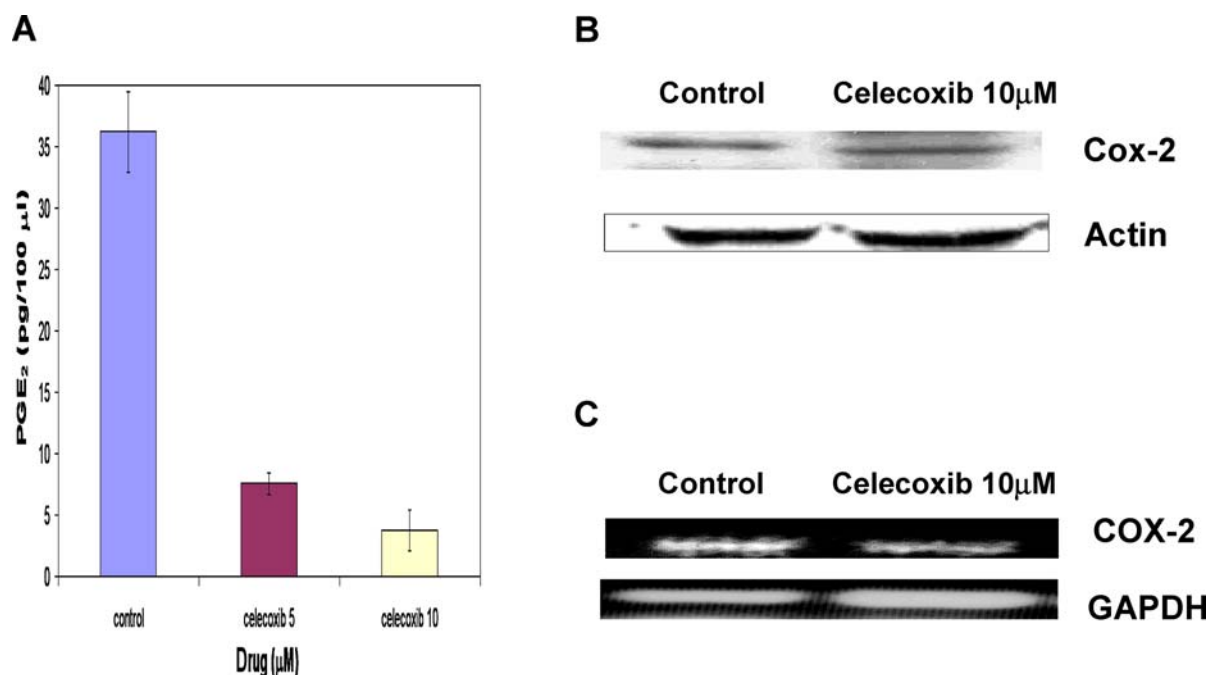
HT-29 cells were plated at a density of  $5 \times 10^6$  per 10-cm dish with test drugs at selected concentrations. The adherent and nonadherent cells were collected during exponential growth of the cells and counted. A total of 1 to  $2 \times 10^6$  cells were washed in phosphate-buffered saline (PBS) and the pellet was fixed in 3 ml of ethanol for 1 hr at 4°C. The cells were pelleted and resuspended in 1 ml of PBS and then incubated for 30 min with 0.64 mg/ml RNase at 37°C. They were stained with 45  $\mu$ g/ml of propidium iodide (PI) for at least 1 hr before analysis by flow cytometry using a standard protocol for cell cycle distribution and cell size [23]. Necrotic cells were counted using trypan blue before fixation. All experiments were performed three times and yielded similar results. Data acquisition was performed on a FACScan and analyzed using CellQuest software (Becton Dickinson Immunocytometry Systems, San Jose, CA). All fluorescence and laser light-scatter measurements were made with linear signal processing electronics. Data for at least 10,000 cells were collected for each data file.

### Fluorescence microscopy

HT-29 cells were plated at a density of  $5 \times 10^6$  per 10-cm dish with celecoxib at selected concentrations for 72 hr. Apoptotic HT-29 cells were detected by nuclear morphologic changes using PI staining. The cells were washed twice with PBS and fixed for 15 min at room temperature with 4% paraformaldehyde in PBS. The fixative was removed by aspiration, and the monolayer was washed twice in PBS. DNA was incubated with 0.15 mg/ml RNase for 15 min and stained with 5  $\mu$ g/ml PI at room temperature. Excess PI stain was removed, and the monolayer was thoroughly washed with PBS. The coverslip was mounted with glycerol and the stained nuclei were viewed at  $\times 63$  using a Leica TCS SP2 confocal microscope (Leica Microsystems, Wetzlar, Germany).

### Protein extraction and Western blotting

Exponentially growing cells were collected and washed three times in ice-cold PBS. The cell pellets were resuspended in lysis buffer (20 mM Tris-HCl pH 7.4, 2 mM EDTA, 6 mM 6-mercaptoethanol, 1% NP-40, 0.1% SDS, and 10 mM NaF, plus the protease inhibitors leupeptin 10  $\mu$ g/ml, aprotinin 10  $\mu$ g/ml, and 0.1 mM phenylmethylsulfonyl fluoride). The protein concentration of each sample was estimated using the Bio-Rad protein assay (Bio-Rad Laboratories, CA). For Western blotting, samples containing 50  $\mu$ g total cell lysate were loaded onto a 10% SDS polyacrylamide gel and subjected to electrophoresis. Proteins were transferred to “Hybond-C” membranes (Amersham, Arlington



**Fig. 1** Celecoxib at physiologic levels inhibits COX-2 activity but not its protein or mRNA levels. HT-29 cells were treated and incubated with celecoxib for 72 hr at selected doses. (A) PGE<sub>2</sub> levels in the culture medium were measured by enzyme immunoassay (see Materials and methods). The data are mean values  $\pm$  SD from three independent experiments. (B) The cells were collected for Western blot analysis (see Materials and methods). Upper panel: COX-2 expression; Lower

panel: actin expression. The data are representative of three individual experiments. (C) The mRNA was extracted and equal amounts were transcribed to cDNA from a kit. The cDNA was taken from samples at various times and used as the DNA templates for polymerase chain reaction. Primers for COX-2 were loaded and visualized (see Materials and methods). GAPDH was used to ensure equal loading. The data are representative of three individual experiments

Heights, IL) in transfer buffer (25 mM Tris, 190 mM glycine, 20% methanol), using a Trans Blot transfer apparatus at 70 mA for 12 to 18 hr at room temperature. The membranes were blocked with blocking buffer (PBS / 0.2% Tween 20 / 0.5% gelatin) for 1 hr at room temperature and subsequently washed three times for 5 min in washing buffer (PBS / 0.05% Tween-20). The membranes were incubated with monoclonal human anti-COX-1, anti-COX-2, anti- $\beta$ -catenin, anti-Bcl-X, anti-Bcl-2, and anti-P<sub>27</sub> antibodies for 1 hr at room temperature. The membranes were washed as described above and incubated with anti-goat (actin, COX-1, COX-2) or anti-rabbit (P-27,  $\beta$ -catenin, Bcl-X and Bcl-2) secondary antibodies (1:2000, 1:2000, and 1:10000, respectively) for 1 hr at room temperature. Additional washes were performed as described above, and immune detection was performed using the ECL Western blotting detection system (Amersham).

#### Measurement of PGE<sub>2</sub> levels

The PGE<sub>2</sub> concentration released by the cells was determined by a PGE<sub>2</sub>-specific enzyme-linked immunoassay

(R&D Biosystems, Abingdon, UK) according to the manufacturer's protocol.

#### Reverse transcriptase polymerase chain reaction (PCR)

HT-29 cells were treated with celecoxib for 72 hr as indicated. The mRNA was extracted, and equal amounts were transcribed to cDNA from a kit (Promega, USA). The cDNA was taken from samples at various times and used as the DNA templates for PCR. Primers used for COX-2 were 5'-TTC AAA TGA GAT TGT GGG AAA AT-3' and 5'-AGA TCA TCT CTG CCT GAG TAT CTT-3'. GAPDH was used to ensure equal loading. Two milliliters was used as the template and 1 ml of each primer was used for each cDNA sample. The samples went through 30 rounds of PCR. They were separated on 1% agarose gel and visualized by ethidium bromide. The difference in RNA expression was analyzed by densitometric scanning.

#### Statistical analysis

The results were measured as mean  $\pm$  SD. The difference between the intact and treated cells was evaluated by the

one-way Student *t*-test using an SPSS<sup>(R)</sup> software package (SPSS, Inc., Chicago, IL). Statistical significance ( $P < 0.05$ ) was established by the post hoc Tukey's pairwise comparison.

## Results

### Physiological levels of celecoxib inhibits COX-2 activity

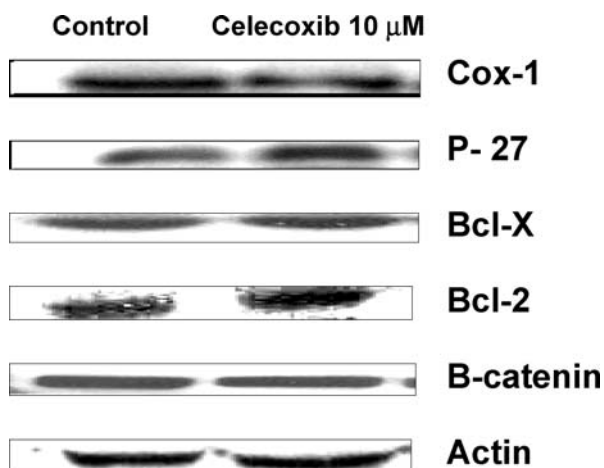
PGE<sub>2</sub> synthesis was evaluated in HT-29 cells as a measure of COX-2 activity. Treatment with low concentrations of celecoxib (5–10  $\mu$ M) resulted in 80% to 90% inhibition of PGE<sub>2</sub> production (Fig. 1A). Western blot analysis showed that celecoxib did not affect COX-2 protein levels (Fig. 1B). Similarly, RT-PCR assay demonstrated that the level of COX-2 mRNA was not altered by treatment with celecoxib at physiologic levels (Fig. 1C).

### Effect of celecoxib on levels of COX-1, $\beta$ -catenin, P<sub>27</sub>, Bcl-2, and Bcl-X proteins

Western blot analysis showed that the level of COX-1 was not altered by treatment of celecoxib (Fig. 2). Similarly, treatment by low concentrations of celecoxib did not alter the levels of  $\beta$ -catenin, P<sub>27</sub>, Bcl-2, and Bcl-x proteins.

### Effect of physiologic levels of celecoxib on cell growth of human colorectal cancer cells

An inhibitory effect celecoxib on cell growth was found to be dose-dependent in both the HT-29 and SW-480 cell



**Fig. 2** Celecoxib does not alter the levels of Cox-1,  $\beta$ -catenin, P<sub>27</sub>, Bcl-2, and Bcl-X proteins. HT-29 cells were incubated with 10  $\mu$ M celecoxib for 72 hr and then collected and studied as described in Materials and methods. The treatment did not alter expression of COX-1,  $\beta$ -catenin P<sub>27</sub>, Bcl-2, and Bcl-x proteins. Lane 1, untreated HT-29 cells (control); lane 2, HT-29 cells treated with 10  $\mu$ mol/L celecoxib; Lower panel: actin expression

lines. Physiologic levels of celecoxib (5  $\mu$ M) had only a minor inhibitory effect (20%) on the growth of the HT-29 cells that express high levels of COX-2 protein and no effect on the growth of the SW-480 cells that do not express COX-2 (Fig. 3) [24]. The effect of celecoxib on cell growth inhibition was significantly higher on the HT-29 cell line (IC<sub>50</sub> = 20  $\mu$ M) than on the SW-480 cell line (IC<sub>50</sub> = 35  $\mu$ M).

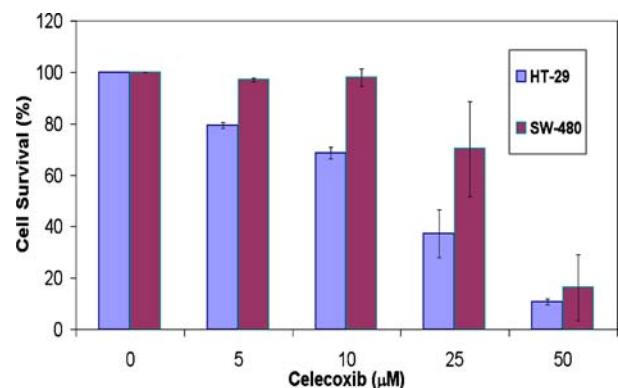
### Effect of celecoxib on induction of apoptosis

Celecoxib increased the percentage of cells with sub-diploid DNA content, the hallmark of apoptosis in both the HT-29 and SW-480 cell lines (Fig. 4) only in high concentrations (>20  $\mu$ M). Drug-treated HT-29 cells were examined by fluorescence microscopy for morphologic characteristics that would provide evidence of apoptosis. Typical apoptotic features of chromatin condensation and nuclear fragmentation confirmed the results of the FACS analysis (data not shown).

## Discussion

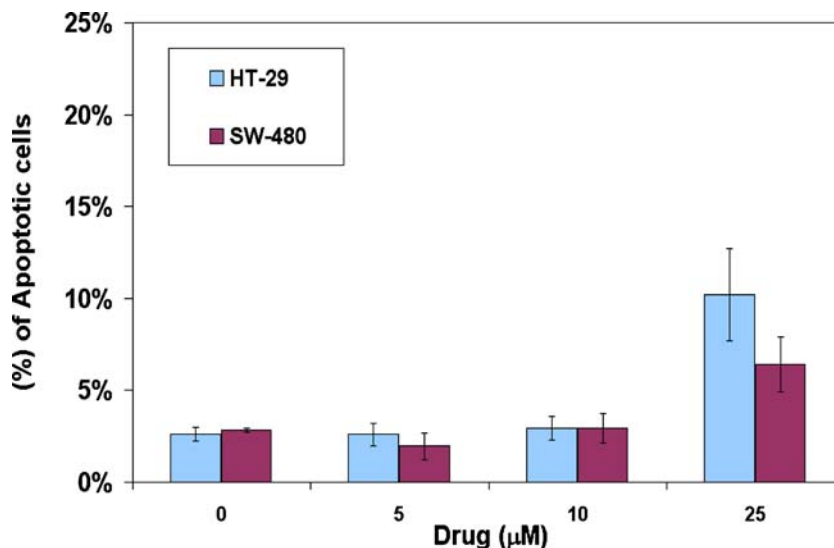
In the current study, we show that down-regulation of PGE<sub>2</sub> synthesis by celecoxib is an early, but not sufficient, step in the mechanism of celecoxib-mediated cell growth inhibition or induction of apoptosis in CRC cell lines.

Several studies have shown that the serum physiologic concentration of celecoxib found to inhibit CRC tumor growth of in vivo models [28, 29] and human clinical trials [16, 30] is ~2 to 5  $\mu$ M. The precise mechanisms by which celecoxib inhibits proliferation of colon tumor cells are not yet fully understood. At this low concentration, the main biochemical target of celecoxib is thought to be the COX-2 isoenzyme [31–33]. Indeed, our results demonstrated that



**Fig. 3** Effect of celecoxib on cell growth of human colorectal cancer. HT-29 and SW-480 cell lines were exposed to different concentrations of celecoxib for 72 hr as indicated. The data are mean  $\pm$  SD values from three individual experiments performed in duplicate

**Fig. 4** Effect of celecoxib on induction of apoptosis. HT-29 and SW-480 cells were treated and incubated with celecoxib and harvested for quantification of apoptosis by flow cytometry (see MATERIALS AND METHODS). Data are mean  $\pm$  SD values from three individual experiments performed in duplicate



low concentrations of celecoxib (i.e., 5  $\mu$ M) inhibited PGE<sub>2</sub> production by >80%. This effect did not involve down-regulation of COX-2 mRNA or protein levels. Our finding is compatible with those of other studies in showing that celecoxib directly inhibits COX-2 by binding to its active site [20].

Our data show that COX-2 inhibition was associated with only a minor effect on cell growth. The concentration that was required to induce significant growth inhibition (>50%) was more than fourfold (20  $\mu$ M) higher than levels required to inhibit COX-2 activity. As such, it is reasonable to conclude that the growth inhibition effect probably involves other pathways independent of PGE<sub>2</sub> production.

Programmed cell death, apoptosis, is another putative target for nonsteroidal anti-inflammatory drugs (NSAIDs) and COXIBs [34, 35]. We had previously shown that celecoxib induced G2/M arrest, followed by induction of apoptosis in the transformed but not in the normal cells [36]. We now demonstrated that whereas celecoxib at physiologic levels inhibits COX-2 activity, it does not affect the induction of apoptosis. Specifically, apoptosis was induced by celecoxib only at higher concentrations, i.e., >20  $\mu$ M, which is fourfold higher than maximal physiologic levels.

Recent studies identified a series of non-COX-2 molecular targets and signaling pathways that are involved in the effect of COXIBs and NSAIDs on cell growth inhibition and the induction of apoptosis. These targets include P<sub>27</sub> [37],  $\beta$ -catenin [38], bcl-X, and bcl-2 [39]. Our results show that celecoxib at physiologic levels does not alter the level of any of these proteins, suggesting that other targets are involved. Additional experiments will be required to address the precise underlying mechanism.

In conclusion, inhibition of COX-2 enzyme is an early, but not sufficient, step in the mechanism of celecoxib-mediated cell growth inhibition and in the induction of apoptosis in

CRC cell lines. Other independent COX-2 pathways are probably associated with the chemopreventive properties of celecoxib in vitro.

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