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Growth Arrest and Decrease of *α***-SMA and Type I Collagen Expression by Palmitic Acid in the Rat Hepatic Stellate Cell Line PAV-1**

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Abstract Liver fibrosis is characterized by an activation of hepatic stellate cells (HSC). During primary culture HSC evolve from a quiescent into an activated phenotype which is characterized by α -smooth muscle actin (α -SMA) upregulation, increase in cell growth, and extracellular matrix secretion. HSC culture with *trans*-resveratrol can lead to deactivation of myofibroblast-like HSC. We used an HSC line, PAV-1, to check the role of retinol and palmitic acid in the deactivation process of HSC. Using mass and metabolic-based

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methods, Western blot and immunocytochemistry assays, we demonstrated that treatment with palmitic acid (75 μ M) alone or in combination with retinol $(2 \mu M)$ significantly decreased cell proliferation and α -SMA expression. We also established that the association of both compounds strongly decreased collagen type I expression. Our results suggest the potential use of palmitic acid alone or in combination with retinol to induce HSC deactivation.

Keywords Vitamin A . Palmitic acid . Cell growth . Hepatic stellate cell.

During in vitro primary culture or during in vivo liver fibrosis, hepatic stellate cells (HSCs) evolve gradually from a "quiescent" into an "activated" phenotype also called a "myofibroblast-like" phenotype which is characterized by (i) α smooth-muscle (α -SMA) actin up-regulation, (ii) loss of lipid droplets containing retinoid stores, and (iii) an increase in cell growth, accompanied by (iv) an increase in extracellular matrix (ECM) protein synthesis and secretion $[1, 2]$ $[1, 2]$ $[1, 2]$.

Because of its importance in the fibrotic process, there is considerable interest in establishing cellular or animal models that allow studies of the activation process.

HSC deactivation is an issue frequently raised in the literature but not yet fully elucidated. Recent studies [\[3](#page-8-2)[–5\]](#page-8-3), using primary human myofibroblast-like cells, have shown that HSC culture with *trans*-resveratrol, basement membrane, or relaxin leads to a "reversal of activation" or a "deactivation" of myofibroblast-like HSC.

Long-term therapeutic vitamin A administration in humans causes liver damage such as perisinusoidal fibrosis [\[6](#page-8-4)[–9\]](#page-8-5). In rat models, a retinoic acid analogue promoted porcine serum-induced fibrosis by inducing TGF-ß and thus

collagen levels in the liver, although the retinoic acid analogue alone was not fibrogenic [\[10\]](#page-8-6). Supplementation with retinyl palmitate in experimental hepatic fibrosis suppresses fibrogenesis $[11-19]$ $[11-19]$ and a high level of vitamin A has the potential to increase the hepatic toxicity of $CCl₄$ [\[20\]](#page-8-9). These studies showed that retinoids are clearly involved in fibrogenesis but the results seem contradictory and more data are necessary to understand their roles [\[21,](#page-8-10) [22\]](#page-8-11).

Two types of cellular model can be used to study the mechanisms involved in HSC activation: (i) primary HSC culture, which enables cells close to physiology to be obtained, but with a low yield and poor reproducibility between different isolations, and (ii) HSC line culture, which allows easier practical study, with numerous resistant cells leading to greater homogeneity between experiments. In spite of their activated phenotype, HSC lines can nevertheless be considered a useful tool for investigating the biology of HSC and especially precise cellular and molecular events involved in the regulation of HSC activation. Indeed, several groups have developed HSC lines as an alternative model to primary HSCs. The first established HSC line was GRX, obtained from spontaneous immortalization of HSC using limiting dilution cloning of primary cells obtained from murine liver [\[23\]](#page-8-12). HSC lines have also been established from species others than the mouse: (i) from human tissues (GREF-X, LI 90, LX-1, LX-2) (24–27) and (ii) from rat tissues (NFSC, CFSC, CFSC-2G, PAV-1, HSC-T6) [\[28–](#page-8-13)[31\]](#page-9-0).

In previous studies, we have established PAV-1, an immortalized rat HSC line, as a useful tool for studying retinoid metabolism [\[30,](#page-9-1) [32\]](#page-9-2). Indeed, treatment of these cells with physiological concentrations of retinol (Rol) and palmitic acid (PA) increases vitamin A stores and affects their phenotype. Therefore, the aim of this study was to determine whether treatment of PAV-1 with Rol and PA could lead to deactivation of HSC by modifying the main characteristics of activated HSCs, i.e*.,* (i) cell growth, (ii) expression of phenotypic markers such as α -SMA, and (iii) expression of ECM protein, such as type I collagen.

Materials and methods

Chemicals

DMEM, glutamine, penicillin, streptomycin, and fetal calf serum (FCS) were purchased from Life Technologies (Eragny, France). All-trans retinol (Rol), palmitic acid (PA), resveratrol, essential fatty acid-free bovine serum albumin (BSA), 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT), monoclonal anti-α-SMA (mouse IgG2a, A2547), TRITC conjugate (T6778) goat anti-rabbit immunoglobulins; 4',6-diamidino-2-phenylindole (DAPI), and 1,4-diazabicyclo[2.2.2]octane (DABCO) were purchased from Sigma-Aldrich (St-Quentin Fallavier, France). Biotinylated rabbit anti-mouse immunoglobulins (E0464) were supplied by Dako (Trappes, France). FITC goat antimouse immunoglobulins (SC 2079) were purchased from Tebu-Santa Cruz (Le Perray-en-Yvelines, France). The 5 bromo-2' deoxyuridine (BrdU) ELISA kit was purchased from Roche (Mannheim, Germany). Rabbit anti-rat type I collagen was supplied by Novotec (Lyon, France).

Routine culture conditions for PAV-1

PAV-1 cells were obtained as described by Sauvant et al [\[30\]](#page-9-1). Under routine culture conditions, PAV-1 cells were cultured on Falcon dishes in routine DMEM supplemented with 20 mM glutamine, 10 IU/mL penicillin, 100 µg/mL streptomycin*,* and 10% FCS. For all experiments, cells were maintained in a humidified incubator with 5% CO2, 95% air at 37◦C and medium was changed every day.

Experimental culture conditions for PAV-1

Retinol-supplemented medium. Rol was stored at –20◦C under nitrogen in $1000 \times$ stock solution in absolute ethanol (Riedel-de Haën, Seelze, Germany). Rol-treated cells were cultured in DMEM-Rol, i.e., DMEM supplemented with Rol to a final concentration of 2 μ M (less than 0.1% ethanol final concentration).

Palmitic acid-supplemented medium. A stock solution of 390 mM PA was prepared in ethanol and conserved at room temperature. Before dilution, this solution was warmed in a 37◦C bath to avoid palmitic acid crystallization. Stock solution was then diluted in DMEM to give a final concentration of 75 μ M PA (DMEM-PA). DMEM-Rol-PA was prepared by the addition of 2 μ M Rol in DMEM-PA.

Control media. DMEM supplemented with the same amount of ethanol as DMEM-Rol-PA was used . Rol and PA concentrations were previously choosen according to the levels of these compounds found in human physiology and the amount of esterification observed in the PAV-1 cell line [\[32\]](#page-9-2).

For all experiments, media were changed daily. The cytotoxicity of Rol, PA, and ethanol (at maximal concentrations used in our study) was assayed by MTT [\[33\]](#page-9-3) according to the manufacturer's instructions. No toxicity greater than 5% was observed.

Cell growth

Cell growth was estimated first by mass-based and then by metabolic-based methods. Mass-based methods were used to quantify amounts of cellular material such as cell number and protein or DNA content. Metabolic-based assays were used to measure proliferation rate.

Mass-based methods. Three million cells were seeded in 100-mm Falcon petri dishes. The cells were allowed to settle overnight before the different treatments were started (see above). Before counting in Malasez cell, cells were washed twice in PBS, then trypsinized and resuspended in PBS. For protein and DNA content measurements, cells were washed twice with PBS, scraped off in PBS with a rubber policeman, and homogenized using ultrasound. Protein was assayed on this cell suspension as described by Lowry et al. [\[34\]](#page-9-4) and DNA content measured as described by Labarca and Paigen [\[35\]](#page-9-5).

Metabolic-based methods. For BrdU incorporation assay, cells were seeded in 96-well culture plates. The cells were allowed to settle overnight before the different treatments were started and proliferation was assayed using a BrdU/ELISA proliferation kit according to the manufacturer's instructions.

Western blot

HSC were harvested in 50 mM Tris/HCl buffer containing 25 mM NaCl, 2.5 mM EDTA, 1 mM dithiotreitol, pH 7.4. Proteins were assayed using the method described by Lowry et al. [\[34\]](#page-9-4). Thirty micrograms of proteins was submitted to SDS-PAGE, 15% acrylamide, under denaturing conditions [\[36\]](#page-9-6). After electrophoresis, the proteins were transferred onto nitrocellulose sheets [\[37\]](#page-9-7) for detection of α-SMA by Western blotting. Equal loading of protein in each lane was confirmed with Ponceau staining. The nitrocellulose sheets were incubated with monoclonal anti-α-SMA (1:200 in PBT, PBS with 2% Tween 20) and then with biotynylated rabbit anti-mouse immunoglobulins (1:400 in PBT). Immunoreactive bands were visualized with vectastain ABC reagents (Vector Laboratories, Burlingame, CA) using diaminobenzidine as substrate according to the manufacturer's instructions. Densitometry was performed on a scanned nitrocellulose sheet with Melany 3.0 software (Genebio, Geneva, Switzerland).

Immunocytochemistry

PAV-1 cells were cultured with the experimental media during 48 hr in petri dishes. Cells were then trypsinized and 30,000 cells/well were seeded in four-well Falcon culture slides (Elvetec, Genas, France) during a further 24 hr.

Cells were washed twice with PBS and fixed with acetone and formaldehyde (4%) in PBS. They were incubated overnight at room temperature with monoclonal anti-α SMA (1:40 in PBT) or with rabbit anti-rat type I collagen (1:40 in PBT). After a 4-hr incubation with FITC goat anti-mouse immunoglobulins (1:400 in PBT) or TRITC conjugate goat antirabbit immunoglobulins (1:200 in PBT), slides were counterstained with DAPI and mounted in 1% DABCO diluted in PBS/glycerol (90/10; v/v). Slides were then observed with a Zeiss Axiophot microscope (Karl Zeiss Microscopy, Jena, Germany). Images were acquired using an Axiocam camera (Carl Zeiss Vision, Hallbergmoos, Germany) by means of the Axio Vision processing and analysis system.

Chromatographic analysis of retinoids

Rol and retinyl esters were measured as previously described [\[32\]](#page-9-2).

Flow cytometry

PAV-1 cells were cultured with the experimental media during 48 hr in petri dishes. Cells were then trypsinized and a fresh cell suspension was analyzed with Cytoron Absolute, equipped with a 488-nm argon laser (Ortho Diagnostic System). For ploidy analysis, cells were stained with propidium iodure (DNAcon3 Dako Kit).

Image cytometry

PAV-1 cells were cultured with the experimental media during 48 hr in petri dishes. Cells were then trypsinized and 30000 cells were seeded in one-well culture slides (Elvetec, Genas, France) during 24 hr.

Cells were washed twice with PBS and air-dried at ambient temperature during 24 hr. They were then fixed with Bohm Sprenger, dehydrated, and maintained at 4◦C temperature. For ploidy analysis cells were colored with Feulgen stain and analyzed with Samba Technologies software 4.23.

Statistical analysis

Data are expressed as mean \pm SE. Data were analyzed by analysis of variance (ANOVA) or paired *t* test. The level of significance was set at $P < 0.05$.

Results

In order to determine the roles of retinyl esters (more particularly, retinyl palmitate) in HSC deactivation, we first checked the effect of Rol and PA on PAV-1 cell proliferation, using global experimental assays. As we obtained before [\[29\]](#page-9-8), treatment of PAV-1 cells with Rol $(2 \mu M)$ and PA (75 μ M) induced an increase in Rol esterification and retinyl palmitate storage (data not shown). We first studied proliferation by cell counting and cell weight measurement on PAV-1 cells seeded at the same density for all treatment

Fig. 1 PAV-1 growth measured by mass-based methods (protein and DNA contents: results are expressed as mean \pm SE; *n* = 3) or metabolic-based methods (BrdU incorporation; results are expressed as mean \pm SE; $n = 12$) in control and retinol (2 μ M)-, palmitic acid (75 μ M)-, and retinol plus palmitic acid-treated cells. [∗]*P* < 0.05 and $*P < 0.01$: control vs. treated cells (cells treated the same day)

conditions and treated or not with 2 μ M Rol and 75 μ M PA. When cells were treated with ethanol (control cells), the cell number showed a 3.4-fold increase between day 1 and day 5, statistically more important than the increase of cells treated

with DMEM-Rol-PA (i.e., [2](#page-8-1)[.4-](#page-8-14)fold). Using weight measurement, a complementary experimental access to proliferation study, we observed a similar decrease in cell proliferation with DMEM-Rol-PA (3.4- versus 2.6-fold increase for

Fig. 2 Effect of palmitic acid $(75 \ \mu m/L)$ on the PAV-1 cell cycle measured by flow cytometry (FACS). In cells treated with palmitic acid, $65.3 \pm 1.4\%$ of the cells were in the G0/G1 phase, compared to 54.7 \pm 2.0% in controls ($P < 0.02$). Mean \pm SE of three experiments

control and Rol-PA-treated cells respectively). These first results were confirmed using mass- and metabolic-based methods. Protein and DNA content were statistically lower in cells treated with DMEM-Rol-PA than in control cells, suggesting a decrease in the cellular proliferation rate. This decrease was also found with the metabolic-based method: BrdU incorporation (Fig. [1\)](#page-3-0).

To further investigate the involvement of both compounds, we tested Rol and PA effects on PAV-1 proliferation separately. The effect observed with DMEM-Rol-treated cells on total cellular protein content, DNA content, and BrdU incorporation was not statistically different from controls. By contrast, a drastic decrease in cell growth (checked by the three assays) was observed after 3 days of treatment with DMEM-PA (Fig. [1\)](#page-3-0). This decrease was maintained for up to 5 days: decreases of 30, 44, and 46% for DNA content, BrdU incorporation, and protein content, respectively (*P* < 0.0001). No statistical difference was noted for cellular proliferation between PAV-1 treated either with PA alone or with the combination of Rol and PA, suggesting a major role of PA in the PAV-1 proliferation rate decrease. To investigate the PA-dependent mechanism involved in the decrease in cell numbers, we analyzed the cell cycle by flow cytometry and image analysis. The percentage of cells in phase G0/G1 increased from 51% in control cells to 65% in cells treated with PA $(P < 0.02)$. No modification was observed in phase G2/M. A decrease in the S phase was also observed (Fig. [2\)](#page-4-0). Using image analysis, we confirmed that the percentage of cells in phase G0/G1 increased in cells treated with PA (Fig. [3\)](#page-4-1).

The second step of our work was to check the expression of α -SMA after treatment with ethanol, Rol, PA, and Rol-PA. Control treatment (ethanol) does not affect α -SMA expression during 72 hr (Fig. [4A](#page-5-0)). Rol significantly decreases

Fig. 3 Effect of palmitic acid (PA) on the PAV-1 cell cycle measured by image analysis of (A) control (ethanol-treated) and (B) PA-treated cells. PA (75 μ M) increased the number of cells in the G0/G1 phase of the cycle. Representative result of two experiments

Fig. 4 Effect of retinol (Rol; 2 μ M), palmitic acid (PA; 75 μ M), and combined Rol and PA (Rol + PA) on the expression of α -SMA measured by Western blot (densitometry was performed on a scanned nitrocellulose sheet). Equal loading of protein in each lane was confirmed with Ponceau staining. The results presented are the mean \pm SE

the expression of α -SMA after 48 hr of treatment (*P* < 0.0001) (Fig. [4B](#page-5-0)). The expression of α -SMA was reduced earlier, after 24 hr of treatment, by PA $(P < 0.0001)$ (Fig. [4C](#page-5-0)). The same timing (effect observed after 24 hr) was observed with Rol-PA $(P < 0.0001)$ (Fig. [4D](#page-5-0)). The expression of α -SMA was strongly reduced by Rol-PA (almost not detectable by our analytical method) after 48 hr of treatment. Compared to Rol or PA treatment, there is a significant decrease in alpha-SMA protein levels, suggesting a synergic effect of PA and Rol on the regulation of alpha-SMA expression ($p < 0.0001$). This synergic effect of Rol and PA on α -SMA could also be visualized by immunocytochemistry assay (Fig. [5\)](#page-6-0). Collagen type 1 expression was also used as another well-established marker of activation of the stellate cell line to confirm the effect of Rol and PA. No effect was observed with Rol treatment. A strong reduction of collagen type 1 expression was also observed with the association of the two compounds (Fig. [6\)](#page-6-1), highlighting the role of the combination of Rol and PA on phenotypic markers of activation.

of four experiments. Ethanol (EtOH) had no effect on α -SMA expression. Rol, PA, and $RoI + PA$ significantly decreased the expression of α -SMA after 24 hr of treatment. Rol + PA induced a more important decrease in α -SMA expression. *Significantly different from H0; $P \leq$ 0.0001

Discussion

HSCs are the main storage site for vitamin A. Eighty to ninety percent of the body's vitamin A is stored in these cells as retinyl esters. In quiescent cells, retinyl palmitate represents 62% of the retinyl esters [\[38\]](#page-9-9). In vivo studies have clearly shown that administration of retinyl palmitate (total dose administered to every rat, \leq 200000 IU) protects the liver from fibrosis in different models of fibrosis [\[11,](#page-8-7) [17,](#page-8-15) [18\]](#page-8-16). In vitro experiments [\[39–](#page-9-10)[48\]](#page-9-11) have mainly focused on the effects of Rol and/or retinoic acid on HSC. Surprisingly few works have studied the effect of PA and retinyl palmitate on HSC proliferation. Using 10 μ M PA, some authors found no effect on proliferation of activated HSCs [\[50\]](#page-9-12). Two groups checked the effects of retinyl palmitate on HSC proliferation. In the first study, no effect was observed $[43]$, in contrast with the second work, where a decrease in proliferation was established [\[17\]](#page-8-15). In Mizobuchi's study, it was not possible to determine if the decrease in proliferation was due to the retinoids, to the fatty acid, or both. In our work, we showed,

Fig. 5 Effect of retinol (Rol; 2 μ M), palmitic acid (PA; 75 μ M), and the combination of Rol and PA $(Rol + PA)$ on the expression of α-SMA measured by immunocytochemistry. α-SMA was stained with FITC goat anti-mouse immunoglobulins (green). The nucleus was counterstained with DAPI (blue). Ethanol (EtOH) had no effect on

α-SMA expression after 48 hr of treatment. Rol decreased the expression of $α$ -SMA. PA also decreased the expression of $α$ -SMA. Rol/PA acid nearly abolished the expression of α -SMA after 48 hr of treatment. (Original magnification, \times 63)

that PA induces a significant decrease in proliferation of α-SMA and collagen I expression, strongly suggesting that PA plays an important role to maintain HSCs in the quiescent state. The synergistic effect observed between Rol and PA on the expression of α -SMA and collagen highlights the

cooperation between retinoids and fatty acids and does not involve only retinoids as previously suggested [\[44\]](#page-9-14).

The choice to use first mass-based methods to establish the global effect of PA and Rol on proliferation was supported by the work of Tronstad et al. [\[51\]](#page-9-15) demonstrating

Fig. 6 Effect of ethanol and palmitic acid (75 μ M) on the expression of collagen I measured by immunocytochemistry. Collagen I was stained with goat anti-rabbit immunoglobulin TRITC conjugate (orange). The nucleus was counterstained with DAPI (blue). Ethanol (A) had no ef-

B

that cell density modifies the response to lipids. They proposed the use of mass-based methods to study the effect of lipids on proliferation since these methods are insensitive to metabolic changes caused by confluence. In our study, the results obtained by mass-based methods and metabolic-based methods were correlated and we observed a decrease in proliferation with both methods. Albumin/fatty acid ratio could also modify the response to fatty acid by decreasing the free fatty acid concentration. We previously compared the effect (using mass- and metabolic-based methods) of PA, dissolved in ethanol or bound to albumin, on PAV-1 cell line proliferation (data not shown). Both forms of PA administration were efficient for HSC proliferation, but we observed a less potent effect of PA dissolved in albumin (albumin/palmitic acid ratio $= 4/1$). The decrease in DNA synthesis induced by PA observed in our study could be the result of growth arrest and/or apoptosis. We clearly demonstrated using two different methods (FACS and image analysis) that PA induces growth arrest of PAV-1 cells. This biological effect was already observed in an insulin-secreting cell line, presenting important growth inhibition (48% of control growth) induced by 50 μ M PA [\[52\]](#page-9-16). Kliewer et al. [\[53\]](#page-9-17) previously demonstrated that PPAR- α and - γ are activated by fatty acids including PA. The PPAR- γ ligand troglitazone induces cell cycle arrest of hepatocellular carcinoma cell lines [\[54\]](#page-9-18). Thus, pPA could induce growth arrest by activating PPAR- γ , which we found to be expressed in the PAV-1 cell line (preliminary results). An alternative cellular pathway for PA to induce growth arrest in the PAV-1 cell line could be an increase in the concentration of ceramide [\[55\]](#page-9-19). Indeed, C6-ceramide can induce cell cycle arrest in MOLT-4 leukemia cells by dephosphorylating the Retinoblastoma gene product (Rb) [\[56\]](#page-9-20). The effect of PA on the ceramide pathway needs further biological explorations. No evident apoptosis was observed using morphology. MTT test did not show any effect on viability when we incubated Rol and PA for 24 hr with PAV-1 cells. Moreover, the apoptotic peak before G1 phase cells was not detected by flow cytometry. The effect of palmitic acid on apoptosis induction seems to be cellular dependent. It could induce apoptosis in different type cells (hepatocellular cancer line and pancreatic ß cells) [\[54,](#page-9-18) [55\]](#page-9-19) but not in Caco-2 cells [\[57\]](#page-9-21) or primary fibroblasts [\[58\]](#page-9-22).

Several authors have studied the effect of Rol and retinoic acid on HSC proliferation but the results were controversial [\[39,](#page-9-10) [43](#page-9-13)[–45\]](#page-9-23). Davis et al. [\[39\]](#page-9-10) have shown that HSCs treated with 0.1 μ M Rol present decreased proliferation. Sato et al. [\[45\]](#page-9-23), using activated HSCs, found no decrease in DNA content in cells treated with 1 to 25 μ M retinol. No proliferation modification was observed in the PAV-1 cell line treated with a physiological level of vitamin A $(2 \mu M)$. It has been shown that the sensitivity of stellate cells to retinoic acid decreases with the number of passages [\[42\]](#page-9-24). The state of differentia-

tion could also explain the differences observed between the different studies. However, the GRX cell line, which also has a myofibroblastic-like phenotype, responds to Rol [\[44\]](#page-9-14). Variable conditions of culture (plastic versus collagen, physiological or pharmacological retinol concentrations, presence or absence of serum in the medium) and specific expression patterns of retinoic acid receptors, RAR and RXR, could also explain the differences observed between the previous studies [\[59–](#page-9-25)[62\]](#page-9-26). Indeed, RAR- α and RXR- α were expressed in PAV-1 cells [\[30\]](#page-9-1), compared to the presence of RAR- α , - β , and $-\gamma$ and RXR- α and -ß in rat HSC [\[60\]](#page-9-27).

Retinol induces a decrease in α -SMA expression in PAV-1 cell line after 48 hr of treatment. Using 1 μ M alltrans retinoic acid, Davis et al. [\[42\]](#page-9-24) found no change in the expression of α -SMA on Western blot. Xu et al. [\[63\]](#page-9-28) have found a down-regulation of α -SMA in skin fibroblasts treated with all-trans retinoic acid in 10% serum and an up-regulation of α -SMA in cells treated without serum. We postulate that fatty acids (more particularly, PA) contained in serum (or under our culture conditions) could modulate the response to retinoic acid. We also showed that PA decreases the expression of α -SMA after 24 hr of treatment. Moreover, the addition of Rol and PA leads to an undetectable expression of α -SMA after 24 hr of treatment, suggesting that Rol and PA have a synergic effect. It has previously been shown [\[49\]](#page-9-29) that the PPAR- γ ligand ciglitizone down-regulates the expression of α -SMA and decreases the proliferation of human HSCs. Treatment with 9-*cis*-retinoic acid, the ligand of the RXR (which could form a heterodimer with PPAR- γ), caused a further reduction of proliferation when used with the PPAR- γ ligand ciglitazone. The synergy observed for proliferation between the RXR ligand and the PPAR- γ ligand and the formation of the heterodimer PPAR-γ /RXR- α could explain the synergistic effect on the regulation of the target gene expression, α -SMA. A similar conclusion could be applied to the modulation by Rol and PA of the expression of collagen type I, another well-established marker of the HSC phenotype. We also showed that Rol did not modify the expression of collagen I. Geerts et al. [\[40\]](#page-9-30) also did not find any effect on collagen expression when cells were treated with Rol. On the contrary, Margis and Sato [\[44,](#page-9-14) [45\]](#page-9-23) found a decrease in the expression of collagen. We established that PA reduced collagen I expression and the combination of Rol and PA strongly decreased the expression of collagen I in PAV-1 cells, implicating PPAR- γ /RXR- α (expressed in PAV-1 cells) in this molecular regulation of the target gene. In addition, our results are in accordance with in vivo studies. Several studies have shown that treatment with retinyl palmitate decreases the amount of fibrosis [\[11,](#page-8-7) [14,](#page-8-17) [17,](#page-8-15) [18\]](#page-8-16), but treatment with Rol alone [\[64\]](#page-9-31) or with acyclic retinoid [\[10\]](#page-8-6) induces an increase in fibrosis. Moreover, Andreola et al. [\[65\]](#page-9-32) showed a decrease in collagen deposition in livers from aryl hydrocarbon receptor null

(AHR –/–) mice fed a vitamin A-deficient diet compared to AHR –/– mice fed a diet containing a standard amount of vitamin A.

In conclusion, our study clearly shows that PA decreases PAV-1 proliferation and $α$ -SMA and collagen expression. Synergistic effects were observed between Rol and PA on α -SMA and collagen type 1 expression, suggesting an important role of the heterodimer PPAR- $γ$ /RXR- $α$ in target gene regulation. Based at the cellular and molecular levels, our results support the combined use of Rol and PA to lead to a deactivation of HSCs in terms of liver fibrosis prevention or treatment. Finally, the effect of other fatty acids on HSCs should be studied, as their role could be relevant to the understanding of the pathogenesis of fibrosis induced by liver diseases, in particular, nonalcoholic steatohepatitis.

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