

Adrenomedullin Improves the Blood–Brain Barrier Function Through the Expression of Claudin-5

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SUMMARY

1. *Aims:* Brain vascular endothelial cells secrete Adrenomedullin (AM) has multifunctional biological properties. AM affects cerebral blood flow and blood–brain barrier (BBB) function. We studied the role of AM on the permeability and tight junction proteins of brain microvascular endothelial cells (BMEC).

2. *Methods:* BMEC were isolated from rats and a BBB in vitro model was generated. The barrier functions were studied by measuring the transendothelial electrical resistance (TEER) and the permeability of sodium fluorescein and Evans' blue albumin. The expressions of tight junction proteins were analyzed using immunocytochemistry and immunoblotting.

3. *Results:* AM increased TEER of BMEC monolayer dose-dependently. Immunocytochemistry revealed that AM enhanced the claudin-5 expression at a cell–cell contact site in a dose-dependent manner. Immunoblotting also showed an overexpression of claudin-5 in AM exposure.

4. *Conclusions:* AM therefore inhibits the paracellular transport in a BBB in vitro model through claudin-5 overexpression.

KEY WORDS: adrenomedullin; blood–brain barrier; claudin-5.

INTRODUCTION

Adrenomedullin (AM), a potent vasodilator and hypotensive peptide, was originally isolated from pheochromocytomas. The AM gene is thus expressed in and the peptide is released by various cells and it is thus considered to play a pathological role in cerebrovascular and cardiovascular diseases (Tsukita and Furuse, 1999; Fujioka *et al.*, 2000; Terata *et al.*, 2000; Kastin *et al.*, 2001; Wijdicks *et al.*, 2001; Kis *et al.*, 2001a,b, 2002, 2003a; Serrano *et al.*, 2002; Kato *et al.*, 2003; Tahan *et al.*, 2003; Fernandez-Sauze *et al.*, 2004; Hayashi *et al.*, 2004; Nagoshi *et al.*, 2004; Suzuki *et al.*, 2004). AM is also secreted from cultured rat brain microvascular endothelial cells (BMEC) and its production is stimulated by astrocyte-derived factors (Kis *et al.*, 2002).

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AM dilates cerebral vessels and increases cerebral blood flow (Fujioka *et al.*, 2000; Kis *et al.*, 2001a). The dilation of vessels interacts with blood–brain barrier (BBB) tight-junction properties. The opening of tight junctions, which reflects the paracellular pathway, or transendothelial pathway including several endocytosis, transendocytosis and exocytosis, contribute to the passage of molecules through the BBB (Deli *et al.*, 2000). The AM administration dose-dependently increases intracellular cyclic AMP (cAMP) level which increases TEER and P-glycoprotein activity and reduces paracellular permeability and the rate of fluid-phase endocytosis without any change in albumin permeability (Kis *et al.*, 2001b).

Trans-membrane tight-junction proteins consist of three integral protein families i.e., claudins, occludin, and junctional adhesion molecules. In these, the claudins have been proven to be one of the essential proteins for tight junction strands and the composition of the claudin species directly determines the barrier function (Furuse *et al.*, 1998, 1999; Tsukita and Furuse, 1999; Morita *et al.*, 1999a,b; Wolburg and Lippoldt, 2002; Ishizaki *et al.*, 2003).

The expression of claudin proteins after exposure to several agents has been studied in seven articles and substantial variations have been shown depending on the species, cell types, and experimental models used (Yi *et al.*, 2000; Coyne *et al.*, 2002; Han *et al.*, 2003; Andras *et al.*, 2005; Chen *et al.*, 2005; Florin *et al.*, 2005; Kuribayashi *et al.*, 2005).

In claudins, only claudin-1 and claudin-5 have been detected in BMEC and the interaction with claudins and AM has also been studied (Morita *et al.*, 1999a; Liebner *et al.*, 2000; Lippoldt *et al.*, 2000; Ishizaki *et al.*, 2003; Kis *et al.*, 2003b). According to these studies, AM has cAMP like functions and cAMP strengthens claudin-5 expression, but deteriorates claudin-1 expression (Kis *et al.*, 2001b; Ishizaki *et al.*, 2003). Between two claudins, claudin-5 was the microvascular endothelium specific protein (Kuribayashi *et al.*, 2005). Only two articles have previously studied about the changes in claudin-5 expression (Andras *et al.*, 2005; Kuribayashi *et al.*, 2005).

Owing to the importance of claudin-5 and AM in maintaining the BBB integrity, the present study focused on how AM influences the claudin-5 expression using a BBB in vitro model culturing rat BMEC. This is the first study to elucidate the relationship between AM and claudin-5 with trans-endothelial electrical resistance (TEER), a permeability study, immunocytochemistry, and immunoblotting.

MATERIALS AND METHODS

Cell Cultures

Primary BMEC were isolated as described previously from 3-week-old male Wistar rats (Japan SLC, Hamamatsu, Japan) with the permission of the Ethics Committee of Nagasaki University, Nagasaki, Japan (Hayashi *et al.*, 2004). Briefly, meninges were carefully removed from the forebrain and gray matter was minced, and then it was digested with collagenase 2 (Worthington) in Dulbecco's modified Eagles medium (DMEM, Sigma, St. Luis, MO) in a shaker for 1.5 h at 37°C. The cell pellet was separated by centrifugation then the microvessels obtained in the

pellet were further digested with collagenase-dispase (Roche) in DMEM for 1.5 h at 37°C. The endothelial cell clusters were separated on Percoll gradient and washed twice. Primary BMEC were seeded onto collagen type IV and fibronectin coated 35-mm plastic dishes. The cultures were maintained in the endothelial culture medium consisted of DMEM nutrient mixture F-12 HAM (DMEM/F12; Sigma) supplemented with bovine plasma derived serum (First Link, Brierly Hill, UK). The confluent BMEC were seeded on inside of the inserts coated with collagen type IV and fibronectine, and then placed into 12-well plates (Transwell™ inserts, diameter 12 mm, 0.45 μm pore size; Corning, Midland, MI).

AM Treatments

AM (10^{-6} , 10^{-7} , and 10^{-8} M) with cAMP-specific phosphodiesterase IV inhibitor 4-(3-butoxy-4-methoxy-benzyl) imidazolidin-2-one (RO, 20-1724; 17.5 μM , Calbiochem, San Diego, CA) was added. The concentrations of AM and RO have been described in a previous report (Kis *et al.*, 2001b).

Transendothelial Electrical Resistance (TEER)

The electrical resistance across the membrane was measured using an EVOM resistance meter (World Precision Instruments, Sarasota, FL). The extracellular matrix-treated Transwell inserts were placed in a 12-well plate containing culture medium and then were used to measure background resistance. The resistance measurements of these blank filters were then subtracted from those of filters with cells. The values are shown as $\Omega \text{ cm}^2$ based on culture inserts.

Transendothelial Permeability

Inserts were transferred to 12-well plates containing Ringer Hepes solution. In apical chambers, the culture medium was replaced by Ringer Hepes containing 10 $\mu\text{g}/\text{mL}$ sodium fluorescein (mw: 376 Da) and 165 $\mu\text{g}/\text{mL}$ Evans' blue bound to 0.1% BSA (mw: 67 kDa). The absorbency of Evans' blue was measured at 620 nm (Labsystems Multiscan plate reader), while the emission of sodium fluorescein at 525 nm (Shimadzu RF-5000 fluorometer; excitation: 440 nm). Transport was expressed as μl tracer diffusing from luminal to abluminal compartments, and endothelial permeability coefficient (P_e ; in cm/min) was calculated and compared to control group. The control flux across cell-free, collagen-coated inserts was also measured and it was regarded as 100%. The transport was expressed as percentage of the tracer accumulation of the control diffusing from the luminal to abluminal compartments (Dehouck *et al.*, 1992; Dohgu *et al.*, 2004).

Claudin-5 Immunocytochemistry

The cells were grown on the coverslips according to the method mentioned above. On the fourth day of culture, AM (10^{-6} , 10^{-7} , and 10^{-8} M) with RO was

added to each slip. Next, the cells were fixed in 1% paraformaldehyde in phosphate-buffered saline (PBS) for 10 min after 6 h of administration. Nonspecific reactions were blocked by normal horse serum and then cells were incubated with primary antibody (claudin-5; Zymed, San Francisco, CA) for 1 h at 37°C. The cells were rinsed with PBS and incubated for 1 h at room temperature with appropriate secondary antibodies labeled with Alexa Fluor 488 (green) (Molecular Probes, Eugene, OR). All samples were examined using a laser-scanning confocal microscope (MRC 1024; Bio-Rad, Hercules, CA) with excitation at 488 nm and a detection range from 500 to 535 nm.

Immunoblotting

For the Western blot assay, BMEC were cultured in 6 well culture dishes and then were treated with AM (10^{-6} , 10^{-7} , and 10^{-8} M) with RO for 6 h. Next, the cells were harvested by scraping in NP40 lysis buffer supplemented with proteinase inhibitors (1 $\mu\text{g}/\text{mL}$ aprotinin, 50 $\mu\text{g}/\text{mL}$ phenylmethylsulfonyl fluoride, 1 $\mu\text{g}/\text{mL}$ leupeptin). The lysates were centrifuged at $12000 \times g$ for 5 min at 4°C. The supernatants were collected and protein concentrations were determined with DC Protein Assay (Bio-Rad, Hercules, CA). The samples were mixed with $5 \times$ Laemmli sample buffer and heated at 95°C for 5 min. An equal amount of protein for each sample was separated by 10% SDS-PAGE and then was transferred onto a polyvinylidene difluoride sheet (Polyscreen PVDF; Perkin Elmer Life Sciences, Boston, MA). The membranes were then incubated in a blocking buffer (Tris buffered saline, 0.1% Tween 20, 5% Probloc powder, Sigma, St. Louis, MO) for 1 h at 37°C. The blots were subsequently incubated with anti-claudin (1:500; Zymed, San Francisco, CA) antibodies 1 h at room temperature. After washing with Tris buffered saline with 0.1% Tween 20 three times, the blots were incubated with secondary antibody, conjugated with horseradish peroxidase for 1 h at room temperature. For visualization, the immunoblots were analyzed using an ECL Western blot detection kit (Amersham Biosciences, Piscataway, NJ). To quantify the relative levels of claudin-5, the intensity of the specific bands was estimated by the Scion image analysis software package (Scion Corporation, Frederick, MD).

Statistical Analysis

The statistical analysis was performed using the ystat2004.xls software package (IGAKU TOSHO SHUPPAN CO., LTD Tokyo, Japan). All data are presented as the means \pm standard error. Differences between the two groups were assessed by an unpaired *t*-test, and among three or more groups by a one-way analysis of variance followed by Scheffe's or Dunnett T3 multiple comparison tests. A *p* value of less than 0.05 was considered to indicate statistical significance.

RESULTS

AM administration elevated TEER in a dose-dependent manner (Fig. 1). At 3 h, % TEER was $119.4 \pm 25.2\%$ in AM 10^{-8} M, $127.7 \pm 10.3\%$ in 10^{-7} M and

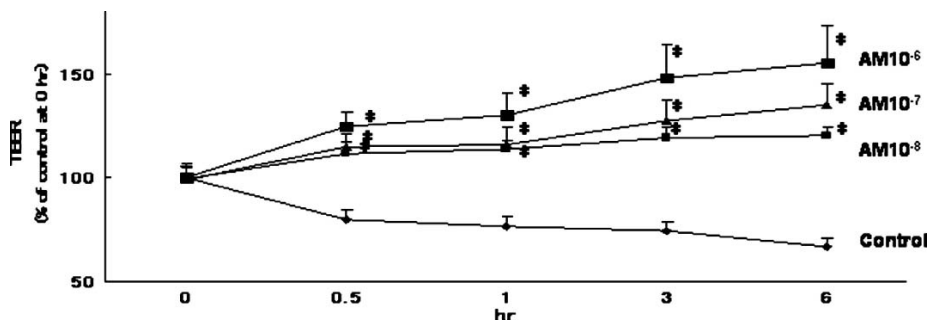


Fig. 1. Adrenomedullin increased the transendothelial electrical resistance (TEER) dose-dependently in BMEC monolayer. Confluent BMEC cultures were exposed to AM at the doses of 10^{-6} , 10^{-7} , and 10^{-8} M for up to 6 h. The TEER value was expressed in the percent of the control value (100% = $158.8 \pm 10.4 \Omega\text{cm}^2$, mean \pm SEM, $n = 4$, $*p < 0.05$ vs. control).

$148.2 \pm 17.9\%$ in 10^{-6} M. TEER changes in the first 0.5 h of AM administration showed a similar tendency.

The permeability of sodium fluorescein, which has of low molecular weight, is regarded as a marker for paracellular permeation. The accumulation of sodium fluorescein diffusing across the endothelial monolayer was $96.7 \pm 4.5\%$ in AM 10^{-8} M, $74.7 \pm 4.1\%$ in 10^{-7} M and $64.4 \pm 3.2\%$ in 10^{-6} M. On the other hand, the permeability of Evans' blue, which is bound to albumin, which is regarded as a transcellular transport for large molecules, was not affected by the AM administration (Fig. 2(B)).

An immunohistochemical study revealed that claudin-5 expression changed from a zigzag to a linear shape at the cell-cell junctions in a dose-dependent manner (Fig. 3(A)). A Western blot analysis also showed an overexpression of claudin-5 dose-dependently (Fig. 3(B)). The relative expression ratio of AM 10^{-8} , 10^{-7} , and 10^{-6} M versus control was 1.39, 1.89, and 2.20, respectively (Fig. 3(C)), which closely correlated with the immunocytochemistry findings.

DISCUSSION

Claudins are located in the superficial part of the tight junction and form a primary seal and the expression of claudins in the BBB seems to vary from species to species and it has not been clarified until now. In contrast, occludins induce short strands and connect claudins with ZO-1 or ZO-2, the claudin-induced strands are relatively long and branched (Furuse *et al.*, 1998; Tsukita and Furuse, 1999; Huber *et al.*, 2001). Among the known claudins, claudin-1 and claudin-5 have been detected in cerebral endothelial cells (Morita *et al.*, 1999a,b; Liebner *et al.*, 2000; Lippoldt *et al.*, 2000). As illustrated in Fig. 3, claudin-5 expression was induced dose-dependently by AM administration with a pattern change from zipper-like to linear and the location was also changed from the cytoplasm to cellular membrane.

cAMP is an autocrine mediator which maintains the intraendothelial cyclic cAMP levels, and it is also known to be a critical regulator of BBB (Kis *et al.*, 2003a).

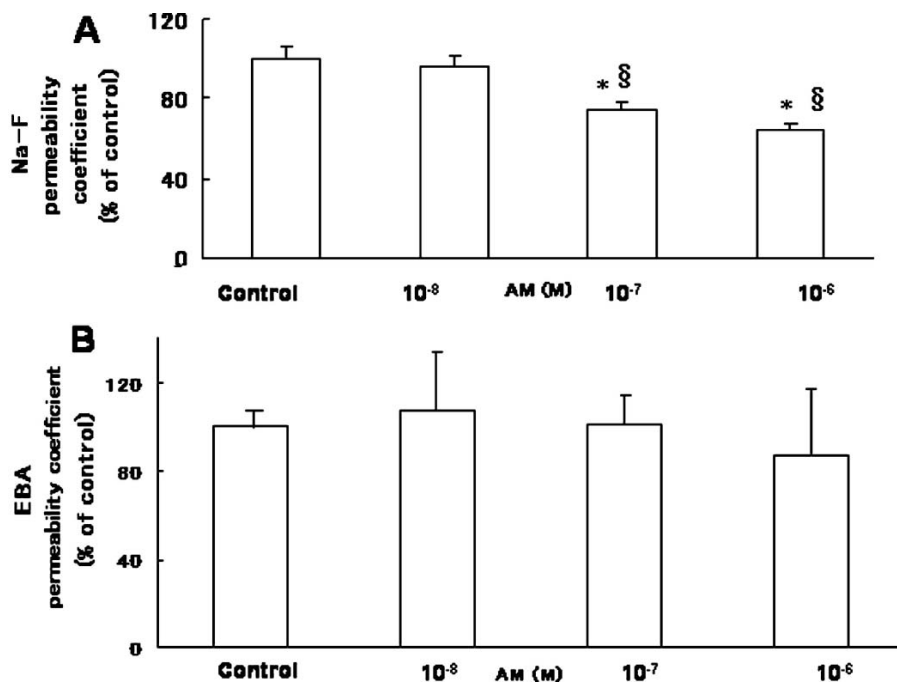


Fig. 2. A permeability study of sodium fluorescein (A) and Evans' blue albumin (B). Accumulation of sodium fluorescein and Evans's blue diffusing the endothelial monolayer was measured as 6.9×10^{-4} cm/min, 2.0×10^{-4} cm/min, respectively (mean \pm SEM, $n = 4$, * $p < 0.05$ vs. control, § $p < 0.05$ vs. AM 10^{-8} M).

cAMP induces the phosphorylation of claudin-5 immunoprecipitates and the expression of claudin-5 via PKA-dependent and—independent pathways (Ishizaki *et al.*, 2003). cAMP also activates the gene expression of claudin-5 via protein kinase A-(PKA) independent pathway and the activation of PKA increased the claudin-5 signals along cell–cell adhesive sites (Ishizaki *et al.*, 2003).

AM/cAMP/PKA cascade promotes cell proliferation, migration, and regeneration in vivo and in vitro with endothelial Akt activation (Miyashita *et al.*, 2003a,b). Though the experimental conditions differ from study to study, the type of cultured cells and the serum concentration may influence the AM effect. As a result, this theory remains controversial (Miyashita *et al.*, 2003a,b). On the other hand, the abluminal administration of AM caused significant cell migration into the abluminal chamber, therefore our biluminal application might prevent cell migrations and cause appropriate cell proliferation, thus resulting in a high TEER voltage in primary rat BMECs (Miyashita *et al.*, 2003b). This cell proliferation may increase the physical monolayer structural strength of the insert membrane, however further study is called for to elucidate this report.

Not only claudin-5 activation, but also occludins, ZO-1 or -2, and F-actin or nonmuscle myosin may also support tight junction strength. Similar to cAMP, AM may strengthen the expression of these proteins (Kis *et al.*, 2003a,b). Including

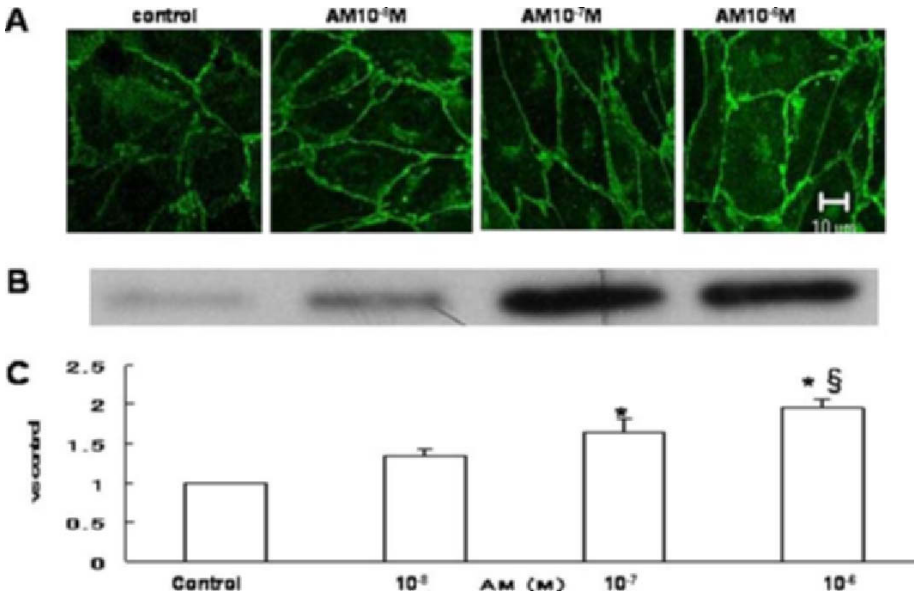


Fig. 3. Dose-dependent effects of AM on claudin-5 protein expression in BMEC. Confluent BMEC cultures were exposed to the indicated doses of AM for 6 h. A: Claudin-5 protein expression was analyzed by immunocytochemistry using anti-claudin-5 antibody. The photographs shown are representative images of at least five different fields observed in three independent experiments. Original magnification, $\times 400$. Single white bar indicates $10 \mu\text{m}$. B: Cells were analysed and subjected to immunoblot analysis using anti-claudin-5 antibody. C: The bar graph reflects the combined densitometry data from four independent experiments (mean \pm SEM, $n = 4$, * $p < 0.05$ vs. control, § $p < 0.05$ vs. AM 10^{-8} M).

translocation, phosphorylation, and stress fiber rearrangement, many factors participate in an improvement of the BBB tight-junction properties.

In an AM study using cerebral endothelial cells, the administration of AM is performed either chronically or tentatively (Kis *et al.*, 2003a,b). Similar to cAMP, AM has a short half life (about 20 min) (Beltowski and Jamroz, 2004). Therefore, the chronic effect of AM was thought to be related to a cAMP-independent mechanism (Kis *et al.*, 2003b). We observed a rapid increase of TEER for first 0.5 h after administration and the increase was dose-dependent. This effect lasted about 24–48 h (data not shown) without any replacement of the medium. Therefore, both cAMP-dependent/-independent mechanisms involving the PKA-dependent/-independent pathway may be the basis for the complex intracellular mechanism of AM. On the other hand, this acute phase administration may help hypoxia/reperfusion injury of the brain or heart caused by stroke and acute myocardial infarction, respectively. Further, experimental and clinical studies are thus called for to evaluate the downstream molecules of the cAMP/PKA cascade.

Considering the facts mentioned above, we speculate that AM has cAMP-dependent/-independent cascades to claudin-5 expression. A tentative administration may trigger the cAMP-dependent cascades which also have downstream

PKA-dependent/-independent pathways. Chronic AM administration directly affects the claudin-5 expression. However, these mechanisms can be influenced by the study protocols or culture conditions including the contamination or coculturing of other types of cells. The precise mechanism is thus currently under investigation.

AM may be involved in the astrocytic and/or pericytic regulation. In fact, astrocyte-derived factors could further increase the AM release from primary BMEC. Moreover, AM elevated TEER on BMEC, especially when cocultured with astrocytes (Kis *et al.*, 2003b; Nagoshi *et al.*, 2004). In addition to astrocytes, pericytes have been investigated to clarify tight-junction properties of the BBB (Balabanov and Dore-Duffy, 1998; Fernandez-Sauze *et al.*, 2004; Hayashi *et al.*, 2004).

Though we could find dose-dependent claudin-5 expression changes on immunoblotting after only 6 h of conditioning, these results may have been influenced by the cultured cell types and thus they may too be controversial. As a result, further investigation is needed.

In summary, AM introduces the expression of claudin-5 while also activating the BBB function, which may thus help to prevent the brain from developing pathological conditions.

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