REVIEW PAPER

Cellulose and nanocellulose aerogels, their preparation methods, and potential applications: a review

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Received: 18 September 2023 / Accepted: 8 January 2024 / Published online: 2 February 2024 © The Author(s), under exclusive licence to Springer Nature B.V. 2024

Abstract In this study, the preparation methods, types, and developments of cellulose aerogels are comprehensively reviewed and evaluated. Aerogels can be prepared from synthetic or natural organic or inorganic materials. However, cellulose-based aerogels have gained tremendous attention in the past few years because of their biodegradability, abundance, and nontoxicity. In this study, the extraction of cellulose from various sources using different methods is discussed. Moreover, preparation of nanocellulose materials using different processes is reviewed. The different types of solvents used to dissolve cellulose and the various drying methods employed in the preparation of cellulosic aerogels are reviewed critically with a focus on green methods. The recent developments in hybrid aerogels for various applications are also discussed. In addition, the areas requiring further investigation are highlighted, such as the effect of the cellulose source on aerogel properties.



Introduction

Aerogels are defined as ultralight materials (density below 0.05 g/cm³) with a high specific area $(100-1000 \text{ m}^2/\text{g})$ and high porosity (above 90%) (Rahmanian et al. 2021). Aerogels are initially produced by the sol-gel process. It involves the preparation of a gel at a low temperature. However, aerogels are prepared using drying techniques other than the conventional evaporation drying of the gel, such as supercritical drying or freeze-drying. This enables the material to retain its porous characteristic during the wet gel phase and maintain its unique properties such as the high porosity, high specific surface area, low density, low thermal conductivity, low dielectric constant, and special three-dimensional network structure (Pierre and Pajonk 2002; Chen et al. 2016; Wu et al. 2018; Wan et al. 2019; Garemark et al. 2020). The different types of aerogels are denoted by various technical terms based on the drying method. For example, aerogel is used to represent the material prepared by supercritical drying, whereas those prepared by freeze-drying are denoted as cryogels. In contrast, the oven-dried materials are named xerogels (Rahmanian et al. 2021). Another terminology used to distinguish aerogels from foams is based on the pore size



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and porosity. The materials with a pore size larger than 50 nm and porosity of at most 50% are generally described as foams. Meanwhile, materials with a porosity of at least 90% and pore size of 2-50 nm are called aerogels or mesoporous solid material (Lavoine and Bergström 2017). The potential applications of aerogels include thermal insulation, oil-water separation, CO₂ capture, catalysis, and medicine (Zhao et al. 2018). The other applications include biomedical scaffolds, thermal devices for energy storage and generation, superabsorbents, supercapacitors, and aerospace-related applications (Chen et al. 2016; Lavoine and Bergström 2017; Wan et al. 2019). Kistler developed the first aerogel in 1931 by drying silica gel with supercritical CO_2 (Kistler 1931). Since then, aerogels have mainly been applied for thermal insulation owing to the exceptionally low thermal conductivity obtained by silica aerogels (0.012-0.014 W/(mK) compared with that for air (0.025 W/(mK) (Budtova 2019). For example, the NASA Kennedy Space Center worked on developing silica aerogels for space launch applications owing to their high thermal insulation property (which is required for exceptionally cold environments in space) (Fesmire 2006). The key drawbacks of silica-based aerogels are their inferior mechanical properties and brittleness. These have motivated researchers to examine other options while maintaining the desired properties of aerogels (Novak et al. 1994). The second generation of aerogels was developed in the 1970 and 1980 s. These are composed of metal oxides such as titanium, zirconium, and aluminum, and synthetic polymers such as resorcinol-formaldehyde, polyurethane, polyimide, and the hybrids of all the previously mentioned materials with silica (Budtova 2019). Several polymer aerogels achieved better mechanical properties and exhibited superior electrochemical characteristics compared with silica aerogels, when pyrolyzed (Budtova 2019). Nonetheless, the key problem with the aforementioned class of aerogels is that these are derived from nonrenewable sources and generate large amounts of waste. This can be a massive challenge owing to the tedious process of aerogel fabrication (Gupta et al. 2018). A third class of aerogels termed bio-aerogels emerged in the 2000s. These are primarily made of polysaccharides and are based on biomass such as starch, chitosan, pectin, cellulose, and cellulose derivatives (Chen et al. 2016; Budtova 2019). Their production is similar to that of conventional aerogels. It

starts with polymer dissolution and progresses to solution gelation (which can be omitted in certain cases). This is followed by solvent exchange and drying using supercritical carbon dioxide, freeze drying, or conventional oven drying. Bio-aerogels do not break straightforwardly under compression, with plastic deformation attaining 80% of the strain before pore-wall collapse. This is in contrast to silica aerogels, which are significantly brittle (Sescousse et al. 2011; Rudaz et al. 2014; Pircher et al. 2016). Bio=aerogels have a relatively large specific surface area and low density. Although the second parameter appears to be influenced substantially by the polysaccharide type, the causes and mechanism are unclear (Budtova 2019). The major advantage of bio-based aerogels is that these are sustainable and renewable and are not environmental hazards. Cellulosic aerogels are among the most prominent types of organic bio=aerogels that have been growing rapidly in recent years (Lavoine and Bergström 2017; Gupta et al. 2018; Rahmanian et al. 2021) Other types of bio-aerogels that are currently being developed and do not originate from cellulose include protein- and chitin-based aerogels (Long et al. 2018; Liu et al. 2021c). The preparation procedure for chitin and protein-based aerogels has been reviewed recently (Seantier et al. 2016; Illera et al. 2018). However, chitinbased aerogels including chitosan and nanochitin involve the problem of the low availability of the chitin raw material and an expensive and time-consuming extraction process. In addition, chitin-based aerogels are brittle and fragile, and display a low water resistance and limited solubility (Jackcina Stobel Christy et al. 2020). Compared with other types of bio-aerogels, cellulose-derived aerogels are characterized by the high readiness in the availability of cellulose. Cellulose aerogels are a novel category of sustainable and eco-friendly materials that provide several advantages over conventional inorganic and synthetic polymer-based aerogels. These display exceptional porosities (ranging from 84.0 to 99.9%), significantly large specific surface areas (10-975 m²/g), remarkably low densities (ranging from 0.0005 to 0.35 g/cm³), and biocompatibility. In addition, cellulose aerogels exhibit superior compressive strength (ranging from 5.2 to 16.67 MPa) and biodegradability compared with their counterparts. (Long et al. 2018). Cellulose aerogels are eco-friendly functional materials with a substantial potential for many disciplines including catalysis, air purification, wastewater treatment, thermal insulation, and medicine. Because of their remarkable biocompatibility, degradability, and nontoxicity, cellulose-based aerogels are exceptionally important for drug delivery (Liu et al. 2021c). Cellulose aerogels are studied extensively for thermal insulation, because of their reported low thermal conductivity that reaches down to 0.038 W/mK, and low diffusivity of 0.341 mm²/s. moreover, Cellulose aerogels are thoroughly studied for carbon capture, due to their high sorption rates that ranges between 3.8 and 28 mmol/g. Furthermore, cellulose aerogels are explored for electric devices and energy storages, where some types of cellulose aerogels achieved specific capacitance up to 916 F/g (Zaman et al. 2020a). There are several advantages of using cellulose and its derivatives as precursors for devel-

oping cellulose aerogels. First, cellulose is extracted

from various sources and is the most prevalent

renewable biopolymer. Second, few crosslinking agents are required to manufacture aerogels because cellulose chains contain many hydroxyl groups. Cellulose hydroxyl groups can be used to physically cross-link the hydrogen bonds between molecules to generate a stable 3D network structure (Long et al. 2018). This enables the creation of cellulose aerogels. Finally, a chemical alteration or physical blending of cellulose facilitates the enhancement of the structural properties of cellulose aerogels (Liu et al. 2021c). Cellulose aerogels are prepared using three methods, as illustrated in Fig. 1. In the first process (labeled (a), native cellulose nanomaterial (cellulose I) is suspended and dispersed in water rather than being dissolved. Heavy mechanical stirring combined with ultrasonication is applied to achieve a homogeneous dispersion of the cellulose particles. For example, this process was applied by Gupta et al. (2018) and Seantier et al. (Seantier et al. 2016). The second method is



Fig. 1 The three methods of preparing cellulose aerogels, **a** through dispersion of nanocellulose particles in water, followed by drying, **b** by dissolving cellulose particles in a suitable solvent to form a solution/gel, followed by regeneration

of solvent and drying, and **c** by cellulose derivatives combined with crosslinking to from gel, and finally drying. This figure was regenerated based on a figure from Liu et al. (2021c)

widely used. It involves the dissolution of cellulose material in a suitable solvent followed by solvent regeneration. In this process, cellulose I is converted into regenerated cellulose II, which possess higher mesopores and surface area due to this solubilizationregeneration process (Zhang et al. 2020a). Several solvents are used. These are discussed in detail subsequently. In the third process (c), the cellulose derivatives are combined by crosslinking to produce a cellulose derivative gel. For example, polyfunctional carboxylic acid was used to crosslink hydroxy propyl methyl cellulose, to reduce the water sensitivity for packaging materials that are based on cellulose derivates (Coma et al. 2003). The crosslinking was successful in reducing the water sensitivity and increasing the water vapor barrier. Moreover, another study used copper to crosslink carboxymethyl cellulose, to produce hydrogels for controlled release of fertilizers (Basta et al. 2021). The copper-crosslinked hydrogel achieved much higher swelling compared with other gels produced from biopolymers (trimethyl chitosan). Furthermore, cobalt chloride was also used to crosslink carboxymethyl cellulose (Abdel-Hadi et al. 1994). The final step for all the methods is drying using different drying techniques.

In this study, the overall process of cellulose aerogels preparation is reviewed, in addition to cellulose hybrid aerogels and their application. To begin with, cellulose extraction from biomass sources using different techniques and the specifications of the obtained cellulose forms are discussed and summarized. Subsequently, the cellulose aerogel processes are discussed in detail, with the different solvents used to dissolve cellulose particles, solvent exchange and regeneration steps, and drying steps using different drying methods. The specifications of the cellulose aerogels produced using these methods at each step are compared. Finally, the cellulose aerogel hybrids and composites and their applications are reviewed.

Cellulose resources and extraction methods

Cellulose extraction from biomass

Cellulose is the most abundant biopolymer on our planet. It has desirable features such as biodegradability, sustainability, and biocompatibility. Its estimated annual production is 1.5×10^{12} tons (Illera et al. 2018; Sen et al. 2022). Biomass is generally referred to as a lignocellulosic material because it consists of three main biopolymers: cellulose, hemicellulose, and lignin (Raza and Abu-Jdayil 2022). Cellulose is the backbone and main component of biomass (Chen et al. 2016). It can be extracted from various biomasses such as cotton stalk, okra stalk, bean stalk, pepper stalk, wheat straw, date palm leaves, rice straw, potato tubers, bagasse, and cannabis (Long et al. 2018; Raza and Abu-Jdayil 2022). Cellulose can be separated from the biomass through chemical processes that remove hemicellulose, lignin, and other impurities (Raza and Abu-Jdayil 2022). The process of lignin removal is termed delignification. A common chemical treatment for delignification is alkali treatment. Here, wood fibers are treated with solutions of different concentrations of sodium hydroxide (NaOH), potassium hydroxide (KOH), and calcium hydroxide (Ca(OH)₂) (Singh et al. 2014). This is followed by bleaching, known as wood pulping, to remove lignin and hemicellulose (Raza and Abu-Jdayil 2022). However, bleaching can be begun before delignification. This renders the two steps interchangeable. For example, in the studies by Alothman et al. (2021) and Raza et al. (2022), bleaching was performed before delignification.

Nanocellulose preparation methods

Different forms of cellulose can be obtained by chemical treatment. The familiar cellulose fibers have a diameter of 20–50 mm and length of 1–4 mm. These consist of smaller forms called cellulose macrofibrils, with diameters of 15–60 nm. A further analysis of the molecular structure would indicate that the cellulose macrofibrils consist of smaller units called cellulose nanofibrils (CNFs). These have a diameter of 3–4 nm and length of 1–2 mm. the highly crystalline and rigid nanoparticles remaining after processing are CNCs (Lavoine and Bergström 2017).

After separating the cellulose fibers, the final step to obtain nanocellulose is acid hydrolysis. Here, acidic chemicals such as sulfuric acid, hydrochloric acid, or acetic acid are used to obtain CNFs or CNCs (Yu et al. 2013; Sen et al. 2022; Basta and Lotfy 2023). Moreover, Ammonium Persulphate is another chemical that is used to obtain nanocellulose material (Filipova et al. 2018). Another technique used after bleaching (rather than acid hydrolysis to convert cellulose into CNFs/CNCs) 2,2,6,6-tetramethylpiperidine-1-oxylradical is (TEMPO)-mediated oxidation followed by mild disintegration in water (Isogai et al. 2011). Several approaches can be employed to oxidize cellulose using TEMPO. One involves dissolving catalytic amounts of TEMPO and sodium bromide (NaBr) in water at a pH of 10-11, and adding sodium hypochlorite (NaClO) as the main oxidant (Isogai et al. 2011). When cellulose is oxidized with TEMPO, the primary hydroxyls on cellulose are converted to carboxylates. This produces repulsive forces between the fibrils, thereby facilitating fibrillation (Liu et al. 2018). Oxidized cellulose maintains its fibrous morphology and crystalline structure (Isogai and Zhou 2019). An alternative to TEMPO/NaBr/NaClO is the application of a TEMPO/NaClO/NaClO₂ mixture in water at pH 4.8-6.8 at elevated temperatures for a period of one-three days (Isogai and Zhou 2019).

Nonetheless, owing to the hazardous characteristic of acids, environmental awareness, difficulty in controlling reactions involving TEMPO, and relatively low carboxyl content of CNCs (Yang et al. 2019), ionic liquids have emerged as green and effective solvents for nanocellulose extraction. Ionic liquids (ILs) are types of salts that have melting points below 100 °C. These consist of bulky organic cations and organic or inorganic anions that may also be bulky (Glińska et al. 2021). Several studies have investigated various ionic liquids for cellulose extraction from biomass, as alternatives to volatile and hazardous organic solvents and acids for cellulose extraction from biomass. In a study by Glinska et al., five ionic liquids, three tetra-alkyl-phosphonium-based and two imidazolium-based, were used to dissolve and obtain cellulose from corn stover (Glińska et al. 2021). Imidazolium ILs form microemulsions that can be separated conveniently. This makes them good candidates for recovery. These are also highly effective in removing ash from stover. Phosphonium ILs are more suitable for recovering cellulose. However, these cannot remove ash from corn stover. Two reviews have been published in recent years on the recent progress in nanocellulose extraction and cellulose processing using ionic liquids, including the synthesis of ionic liquids and the properties of the obtained cellulose (Hermanutz et al. 2019; Shamsuri et al. 2022).

Several studies have examined different techniques and chemical treatments for nanocellulose production. Table 1 summarizes these techniques and the reported outcomes including the particle size and yield. The use of hydrochloric acid (HCl) for acid hydrolysis provided higher yields (entry 8) than that of other acids such as sulfuric acid (entries 2, 5, 6 and 7) and acetic acid with nitric acid (HNO_3) (entry 1). The compared entries used the same delignification reagent (i.e., NaOH). However, the biomass material and bleaching reagent were not necessarily the same. Nevertheless, this table is not exhaustive and is inconclusive because numerous studies have examined the extraction of nanocellulose, which is not addressed here. This table lists the commonly used state-of-theart techniques and their results.

Cellulose-based aerogels: preparation methods

Cellulose aerogels are remarkable materials with unique features and characteristics such as ultralow density, ultralow thermal conductivity, high porosity, and high surface area. These are prepared by dissolving cellulose in a solution. The next step is the gelation or sol-gel process. It can be omitted when the solution (no gelation) route is used, as shown in Fig. 2. Unlike synthetic or inorganic aerogels, the starting material in cellulosic aerogels is a solution of "ready" polymer rather than a colloidal suspension or solution of monomers. The prepared polymeric chains are combined to form a three-dimensional, linked network that resembles a sponge and is more commonly referred to as a gel. Herein, the clusters are filled with different materials (generally a liquid) (Zaman et al. 2020b). Subsequently, the material undergoes solvent exchange to induce non-solvent phase separation and produce cellulose II hydrogel. Coagulation is typically performed with alcohol or water (Zhang et al. 2017). Finally, the solvent is replaced with air in the drying step to maintain the porous structure and produce aerogels (Budtova 2019; Dahlem et al. 2019). Figure 2 shows the process of preparing the polysaccharide (including cellulose) aerogels. Moreover, samples of different types of aerogels produced using different drying methods are presented. The potential of cellulose aerogels has been studied for several applications including thermal insulation (Gupta et al. 2018), food packaging (de Oliveira et al.

Table	1 The results obtained for c	ellulose extraction using differ	ent biomass sources, delignif	fication, bleaching, and acid h	nydrolysis methods	
Entry	Biomass	Delignification reagent	Bleaching reagent	Acid hydrolysis	Characteristics of nanocel- lulose obtained	References
1	Sisal fibers	NaOH (2 wt%)	NaClO ₂ (25 wt%)	CH ₃ COOH (900 ml) HNO ₃ (150 ml)	CNF (Yield: 38.9%)	Trifol Sillard et al. (2017)
5	Rice husk	NaOH (3% w/v)	6.5:2.0, CH ₃ COOH: H ₂ O ₂ , (v/v)	H ₂ SO ₄ (65%)	CNC, 11.7–778.9 nm. (Yield: 41.30%)	Rashid and Dutta (2020)
б	Poplar residue	NaOH (10 wt%)	1.5 gm NaClO ₂ /400 mL H ₂ O+15 mL CH ₃ COOH	H ₂ SO ₄ (60% v/v)	CNC (21–400 nm width, 56–922 nm length)	Mehanny et al. (2021b)
4	Three types of palm residue	NaOH (10 wt%)	*1	H ₂ SO ₄ (20% v/v)	42–82 nm spherical particles.	Mehanny et al. (2021a)
Ś	Date palm fibers	NaOH (8 w/v.%)	NaCIO ₂ (10 w/v.%)	Different ratios of H ₂ SO ₄ / CH ₃ COOH solution at 10/90, 20/80, and 30/70 (wt%/wt%)	Width: 8.94–13.43 nm. Length: 146.53– 215.62 nm. Yield: 17.3%.	Alothman et al. (2021)
	Date palm fibers	NaOH (4 w/v.%)	NaCIO ₂ (4 w/v.%)	H_2SO_4 (62 wt%)	90% of nanocrystals with size less than 78.4 nm, and 10% of nanocrystals with size less than 45 nm. Yield: 21.2%.	Raza et al. (2022)
×	Dunchi fibers	NaOH (5 wt%)	2% (v/v) H ₂ O ₂ solution and 0.2% (w/v) tetra- acetylethylenediamine (TAED)	80% (v/v) CH ₃ COOH solution and with 65% (v/v) HNO ₃	Average length: 202.87 ± 79.87 nm Width: 20.67 ± 7.39 nm Yield: 23.2% .	Khan et al. (2020)
6	Sugarcane bagasse	NaOH (15 wt%)	*1	88.28 ml of HCl into 911.72 ml of distilled water + (high speed grinding)	53 nm. Yield: 65%	Gond et al. (2021)
10	Grass	NaOH (1 N)	H_2O_2	H_2SO_4 (98%).	40–50 nm	Shahnaz et al. (2021)
11	Kenaf bast	methanol (2:3, w/w), glyc- erol (1:3, w/w) and 98% concentrated sulfuric acid (20:7, w/w)	NaClO ₂ and CH ₃ COOH	60% H ₂ SO ₄ (1:10, w/w)	Length: 300–600 nm, Diameter: 10–60 nm.	Song et al. (2018)
12	Yerba mate residues	NaOH (3 w/v.%)	H ₂ O ₂ (10% w/v)	C ₂ H ₂ O ₄ 10% (w/w)	257 and 11.5 nm	Dahlem et al. (2019)

Entry	Biomass	Delignification reagent	Bleaching reagent	Acid hydrolysis	Characteristics of nanocel- lulose obtained	References
13	Peach palm	NaOH (5%)	Each 10 g of fibers, 1.5 g of 80% NaClO ₂ , and 10 drops of CH ₃ COOH were used in 160 ml of distilled water	H ₂ SO ₄ (72%)	100 nm	Szlapak et al. (2019)
14	<i>Nypa Fruticans</i> trunk (NFT), coconut husk fiber (CHF), and rice husk (RH)	Formic acid, hydrogen per- oxide, and distilled water with ratio of 90:4:6% w/w, respectively)	Fiber to H ₂ O ₂ ratio of 1:1 w/w	H ₂ SO ₄ (64%)	10–15 nm. Yield: NFT: 38–40%; CHF: 30–32%, RH: 35–37%	Nang An et al. (2020)
*No b	leaching was perform					

 Table 1 (continued)

2007

2019), energy storage devices (Liu et al. 2021a), oil absorption (Feng et al. 2015), water purification, dye removal, heavy metal removal (Ganesamoorthy et al. 2021), and biomedical applications (Abdul Khalil et al. 2020).

Nonetheless, nanocellulose aerogels can be prepared without dissolving cellulose in a solvent. Rather, these can be dispersed in water to form a cellulose suspension. In this method, naturally occurring cellulose I nanomaterials (CNCs and CNFs) are used to prepare cellulose suspensions in water (Liao et al. 2019). This method is combined with ultrasonication and mechanical stirring to achieve a homogeneous dispersion. This is followed by drying. It occasionally includes a solvent exchange before the drying step (Long et al. 2018). The third method to prepare cellulose aerogels is using cellulose derivatives. In this method, surface modification is performed to functionalize cellulose and alter its physical and chemical properties. The solubility of cellulose derivatives in water or specific organic solvents facilitates their gelation. This makes these highly suitable for this purpose. Cellulose acetate (CA) can dissolve in acetone, dichloromethane, dimethylacetamide, and dimethylformamide. Carboxymethyl cellulose (CMC) and hydroxypropyl methyl cellulose (HPMC) dissolve straightforwardly in water. Triacetyl cellulose (TAC) is soluble in a mixture of dioxane and isopropanol (Liu et al. 2021c). Because of its self-association and remarkable solubility in water and certain organic solvents, CMC produced by carboxymethylation is one of the most frequently employed cellulose derivatives to produce foams and aerogels. In addition, the functional groups on CMC can facilitate the sol-gel process and can be crosslinked by a few crosslinkers. This enables the creation of foams and aerogels with a high mechanical strength (Jiang and Hsieh 2014a, b, 2017).

Moreover, it is important to consider the effects of cellulose on the aerogel properties. Rostamitabar et al. prepared cellulose aerogels using high- and low-molecular-weight microcrystalline cellulose after dissolution in a calcium thiocyanate tetrahydrate solution. It was observed that cellulose aerogels obtained from cellulose with a higher molecular weight and lower crystallinity had a higher surface area, denser structure, and finer nanofibrils with better thermal stability than aerogels obtained



Fig. 2 Cellulose aerogels production process, with sample shapes of the cellulose precursor, and the final aerogels after the three drying techniques (Budtova 2019)

from cellulose with a lower molecular weight and higher crystallinity. For example, aerogels with high molecular weights have a surface area of approximately 197 m²/g and porosity of 71%, whereas aerogels with low molecular weights have 85 m^2/g and 77%, respectively (Rostamitabar et al. 2021). This indicates that the source of cellulose used to prepare cellulose aerogels can significantly affect their properties. Different sources of cellulose can produce cellulose with various structures and chemical properties even when the same extraction and preparation methods are used (Yu et al. 2021). The selection of the cellulose source can also affect the production process and overall cost of aerogels because different biomasses have different proportions of cellulose (Chai et al. 2022). Therefore, the effect of the cellulose source on aerogels needs to be investigated further because there are few studies on this matter.

Cellulose treatment

Nanocellulose suspensions

A method to obtain cellulose hydrogels that are subsequently freeze-dried or supercritically dried is to generate a suspension of nanocellulose in water or other organic solvents and then, crosslink it physically or chemically. If CNFs are suspended in water, these can create a 3D structure through the combination of hydrogen bonds and entanglement of long fibrils. These nanofibrils function as the core framework of the network and improve the strength and modulus of the shaped gel. Consequently, the gel retains its shape during the drying process. This enables the resulting aerogel to maintain its structural integrity even at a low concentration of solid nanocellulose (Chen et al. 2021). Several studies have investigated different crosslinking techniques, both chemical and physical, during the gelation step after preparing nanocellulose suspensions in water. Several chemicals are used to crosslink the suspension and form gel. These include methylene diphenyl diisocyanate (MDI) (Jiang and Hsieh 2017), citric acid (CiA) (Berglund et al. 2018), nitric acid (NA) (de Morais Zanata et al. 2018), poly(methyl vinyl ether-co-maleic acid) (PMVEMA) and poly(ethylene glycol) (PEG) (Liang et al. 2020), polyethylene imine (PEI) with glutaraldehyde (Hong et al. 2021), polyvinyl alcohol (PVA) (Zheng et al. 2014), poly (acrylic acid) (PAA) (Zhou and Hsieh 2020), styrene acrylic emulsion (SAE) (Gong et al. 2021), polyamideamine-epichlorohydrin (PAE) (Dilamian and Noroozi 2021), methyltrimethoxysilane (MTMS) (Jiang et al. 2020), polyethylene imine (PEI) with 1,4-butanediol diglycidyl ether (Chatterjee et al. 2020), hexamethylene diisocyanate (HDI), hexamethylene diisocyanate biuret (HB) with hexamethylene diisocyanate trimer (HT) (Zhu et al. 2019), and adipic acid dihydrazide (ADH) (Ma et al. 2017). Aerogels obtained from the abovementioned crosslinkers display superior properties such as high porosity, low density, high absorbing capability, and low thermal conductivity. The recently developed aerogels obtained through dispersion in water and crosslinking using different chemicals are summarized in Table 2.

-*Not mentioned

Cellulose dissolution

This is another method of preparing aerogels by dissolving cellulose in a solvent. To obtain the gel shape, cellulose should first be dissolved in a solvent to produce a gel. This is the starting point of aerogel production. However, cellulose does not display thermoplastic polymeric properties. That is, it is not a melting polymer and degrades before melting (Zaman et al. 2020b). It has a well-defined structure with high crystallinity and high inter-and intra-molecular hydrogen bonds formed through hydroxyl groups. These characteristics prevent organic and inorganic solvents from penetrating and dissolving the cellulose chains (Zaman et al. 2020b). Another factor that hinders cellulose from dissolving is its long chains.

Table 2 The results obtained for nanocellulose aerogels obtained from suspensions

Cellulose form	Solvent/crosslinker	Density (g/cm ³)	Surface area (m ² /g)	Porosity (%)	References
CNF	Water/physically crosslinked	0.0081	_*	99.4	Gupta et al. (2018)
CNF	Water/physically crosslinked	0.014-0.105	153–284	93–99	Sehaqui et al. (2011)
CNF	Water/physically crosslinked	0.008-0.187	117.8	98.8–99.5	Jiang and Hsieh (2014a)
Nanocellulose	Water/physically crosslinked	-	353	_	Wang et al. (2016b)
CNF	Water/physically crosslinked	0.0017-0.0081	10.9	99.5–99.9	Jiang and Hsieh (2014b)
CNF	Water/MDI	0.0069-0.0083	123–209	_	Jiang and Hsieh (2017)
CNF	Water/CiA	0.019-0.028	-	98	Berglund et al. (2018)
CNC	<i>N,N</i> -dimethylformamide (DMF)/NA	0.11-0.17	23–90	89–93	de Morais Zanata et al. (2018)
CNC	Water/PMVEMA/PEG	0.0877-0.11	8.23-17	86	Liang et al. (2020)
CNF	PEI/glutaraldehyde	_	3.69-28.5	_	Hong et al. (2021)
CNF	Water/PVA/glutaraldehyde	0.0106-0.013	172–195	99	Zheng et al. (2014)
CNF	Water/dimethylacetamide (DMA)/PPA	0.2 and 0.48	-	63 and 85	Zhou and Hsieh (2020)
CNF	Water/SAE	0.0095-0.0163	184	99	Gong et al. (2021)
Pure cellulose fibers	Water/PAE	0.0022-0.024	178.8	98.4–99.8	(Dilamian and Noroozi 2021)
CNF	Water/MTMS	0.0049	-	99.7	Jiang et al. (2020)
CNF	Water/HDI	0.034	64.98	97.6	Zhu et al. (2019)
CNF	Water/HB	0.046	64.56	96.8	Zhu et al. (2019)
CNF	Water/HT	0.043	63.54	97.0	Zhu et al. (2019)
CNF	Water/ADH	0.022-0.023	195–303	96.3–97.2	Ma et al. (2017)

These cause a substantial reduction in entropy and prevent dissolution (Navard et al. 2013). For cellulose disintegration, the solvent should be capable of diffusing into cellulosic chains and separating their crystalline and amorphous regions. It should directly attack the strong intramolecular bonds (hydrogen bonds and hydrophobicity) inside the crystalline regions and separate the amorphous regions from one another (Zaman et al. 2020b). Therefore, to release or untangle the cellulosic chains, an active solvent that dissolves cellulose requires a high diffusivity and disruption of the crystalline network. Figure 3 illustrates the cellulose dissolution process.

The complex structure and characteristic of cellulose prevents it from dissolving in common solvents. Therefore, complex solvents are used (Zhang et al. 2017). Different types of solvents were studied for dissolving cellulose. These can generally be divided into two main groups: non-derivatizing and derivatizing. The first type does not form bonds with cellulose, whereas the other produces cellulose derivatives before dissolving these. Another classification of cellulose solvents is into aqueous and non-aqueous solvents (Zaman et al. 2020b). A limited number of solvents are used to dissolve cellulose. These include a common solvent for cellulose used in cellulosic aerogel preparation, namely, N-methylmorpholine-*N*-oxide (NMMO) (Long et al. 2018). Other complex solvents such as N,N-dimethylacetamide/lithium chloride (DMAc/LiCl), N,N-dimethylformamide/dinitrogen tetroxide (DMF/N2O4), and dimethyl sulfoxide/ tetrabutylammonium fluoride (DMSO/TBAF) have also been used to dissolve cellulose (Zhang et al. 2017). Molten salt hydrates such as zinc chloride (ZnCl₂·6H₂O) and two forms of calcium thiocyanate (Ca(SCN)₂·6H₂O and Ca(SCN)₂-8H₂O/LiCl) have been used for this purpose (Budtova 2019). LiClO₄·3H₂O and LiSCN·2H₂O are also considered to be good solvents for cellulose (Xu et al. 2010). Moreover, Lithium Bromide Trihydrate (LBTH) successfully dissolved cellulose in the work of Liao et al. (Liao et al. 2019). LBTH, which has a chemical formula of LiBr·6H₂O, was used to create aerogels from a whole biomass of Douglas fir wood including cellulose, hemicellulose, and lignin. The dissolution of the biomass required an elevated temperature of 135 or 145 °C for the solvent. Two approaches were used to produce aerogels containing lignin, and aerogels excluding lignin. Unlike cellulose and hemicellulose, the lignin did not dissolve in LBTH solvent. In the first approach, the solution was homogenized by stirring, then cooled down to room temperature to form hydrogel, followed by regeneration using water and alcohol, and finally freeze dried to obtain lignin-including aerogels. On the other hand, to produce lignin-excluding aerogels, the solution prepared after dissolving the biomass in LBTH was filtered to remove lignin and undissolved particles, then it was followed by the same procedure for producing ligninincluding aerogels. It is important to highlight that no gelation step was required in this process, since the hydrogel was formed simply by cooling down the

Fig. 3 The main process through which cellulose dissolves occurs at the cellulose–solvent contact. a Cellulosic solid phase in contact with solvent, b solid phase swelling, c point of disentanglement, d cellulosic chains moving from swollen phase to solvent, and e solubilization advanced inside the solid material. Extracted from reference (Navard et al. 2013) and edited



solution to room temperature after dissolving the biomass. Nonetheless, these solvents have key disadvantages such as the toxicity, high cost, harsh processing conditions, and difficulty in solvent regeneration (Xu et al. 2010).

Therefore, other types of solvents such as ionic liquids and alkali solutions have been synthesized and studied. NaOH and LiOH solutions of different concentrations are used to dissolve the cellulose (Cai et al. 2008). For example, cellulose crystals are dissolved in an NaOH solution with a concentration corresponding to 7.6 g of NaOH in 100 g of cellulose/ water/NaOH mixture (Gavillon and Budtova 2008). However, the dissolution occurs only at low temperatures (-10-5 °C). In the cited study, the mixing was performed at -6 °C. Moreover, cellulose dissolves in aqueous NaOH/urea and LiOH/urea systems (Cai et al. 2008). The cellulose gel was prepared by dissolving cellulose in an NaOH/thiourea/urea solution containing 9 wt% NaOH, 6.5 wt% thiourea, and 6 wt% urea (Yang et al. 2017).

Ionic liquids are a unique class of green solvents with several advantages such as chemical and thermal stability, non-flammability, and non-detectable vapor pressures (Xu et al. 2010). Therefore, several studies have investigated the capability of ionic liquids to dissolve cellulose (Zaman et al. 2020b). The first study to examine ionic liquids for dissolving cellulose was conducted in 2002 by Rogers et al. They synthesized 1-N-butyl-3-methylimidazolium chloride [C4mim]Cl or [Bmim]Cl. It was observed to be highly efficient in the dissolution of cellulose (Swatloski et al. 2002). However, they observed that unlike Cl, [BF4]⁻ and [PF6]⁻ anions produce inferior solvents. The research on the ionic liquid field continued to examine the possibilities in dissolving cellulose. Zhang et al. synthesized 1-N-allyl-3-methylimidazolium chloride [Amim]Cl in 2005. It appeared to be a remarkable solvent for cellulose without pretreatment (Zhang et al. 2005). Subsequently, 1-Ethyl-3-methylimidazolium acetate ([C₂mim][OAc]) or [Emim] Ac was reported to be the best solvent for cellulose among ionic liquids (Bowron et al. 2010). Moreover, 1-N-butyl-3-methylimidazolium cation [C4mim]⁺ or [Bmim]⁺ was coupled with Brønsted basic anions $[CH_3COO]^-$, $[HSCH_2COO]^-$, $[HCOO]^-$, $[(C_6H_5]^-)$ COO]⁻, $[H_2NCH_2COO]^-,$ [HOCH₂COO]⁻, $[CH_3CHOHCOO]^-$, and $[N(CN)_2]^-$ to synthesize ionic liquids that dissolves cellulose (Xu et al. 2010). It was determined that the solubility of cellulose in the prepared ionic liquids is a function of the temperature. The solubility increases with an increase in the temperature. Moreover, when 1 wt% lithium salt (LiCl, LiBr, LiAc, LiNO₃, or LiClO₄) was added to [C₄mim][CH₃COO], the solubility of cellulose increased. The cellulose produced showed a high thermal stability (Xu et al. 2010). Different solvents produced aerogels with different properties (Long et al. 2018). However, in terms of solubility, the use of DMSO combined with trihydrate ionic liquids (namely, tetra-n-butylammonium fluoride (TBAF) and tetrabutylammonium hydroxide (TBAH) afforded the highest solubilities of 100 and 95%, respectively (Östlund et al. 2009; Cao et al. 2018). The selection of a solvent is a critical aspect in the process of aerogel production.

Imidazolium-based ionic liquids (ILs) are currently considered highly potential solvents for cellulose and have been the subject of extensive research. These ILs display a range of desirable characteristics such as nonvolatility, a high solvency power for cellulose, and exceptional thermal stability. These are superior to those of other cellulose solvents and cellulose. [Bmim]Cl and [Emim]Ac are widely considered at present for direct dissolution of cellulose. It has the capacity to dissolve cellulose up to approximately 15–20% (Sescousse et al. 2011). Cellulose aerogels were prepared using the two mentioned ILs. These yielded highly similar results in dissolving cellulose, providing aerogels with a surface area of approximately 150–200 m²/g and density of 0.06–0.20 g/cm³. Cellulose was dissolved in a mixture of DMSO and [Emim]Ac (60/40 wt. /wt%) with a (cellulose) concentration of 3-11 wt% to prepare aerogels (Buchtová and Budtova 2016a). The characteristics of the produced aerogels depended on the drying method, as illustrated subsequently. Bamboo dissolved pulp and cotton were dissolved in [Amim]Cl to obtain aerogels with a density of 0.034 g/cm³ and porosity of 98.5%, as reported earlier (Zhang et al. 2016). A survey of the capability of different ionic liquids to dissolve cellulose was conducted to determine the conditions and maximum weight% of possible dissolved cellulose (Pinkert et al. 2009). It was determined that 1,3-dimethylimidazolium, [Mmim]MeSO₄ and [Bmim]CF₃SO₃ achieved the highest capacities with over 50 wt% of dissolved cellulose within 24 h of mixing under 100 °C. [Bmim]Cl achieved a maximum concentration of 25 wt% under microwave heating and approximately 20 wt% under 100 °C for 2 h. [Emim]Ac and [Amim]Cl achieved the maximum adsorption capacities at 30 wt% under 90 °C with 24 h of mixing.

Nonetheless, in the work of Le et al. (2012), the effect of adding water and diluting the ionic liquid on the dissolution of cellulose was studied. The dissolution of cellulose decreases when the water content exceeds 15 wt% in the solvent mixture of water and [Emim]Ac. Therefore, aqueous solutions of ionic liquids cannot be used as diluted solvents to dissolve cellulose. This can be a challenge for this purpose because of their relatively high cost. However, this challenge can be resolved using other materials as co-solvents to ionic liquids to dissolve cellulose. The incorporation of co-solvents with polar and aprotic properties, such as DMAc, DMSO, and DMF, into ILs can increase their capability to dissolve substances by reducing the viscosity of the solvent. This would, in turn, improve mass transportation. This effect was achieved without significantly altering the specific interactions between cations and anions or between the ILs and cellulose (Zhang et al. 2017). DMSO was used as a co-solvent with 1-ethyl-3-methylimidazolium diethyl phosphate [Emim]DEP to dissolve microcrystalline cellulose into high stiffness cellulose fibers. It was observed that the optimal ratio was 7:3 [Emim]DEP/DMSO (Zhu et al. 2018). Mussana et al. prepared aerogels from lignocellulose extracted from cotton stalks using a mixture of 50:50 [Amim]Cl and DMSO (Mussana et al. 2018). Cellulose was dissolved in 5, 7, 9, or 11 wt%. The maximum surface area was of the 11 wt% system with 102 m^{2}/g . Meanwhile, the highest porosity achieved was 96.8%.

DMSO is an affordable, nontoxic, polar aprotic solvent that can be mixed with a variety of solvents including ionic liquids. As a co-solvent, it can expedite the dissolution of cellulose solutions in ILs by reducing the dissolution time, temperature, and viscosity without causing precipitation. By adding inexpensive DMSO to the mixture, the overall cost of the cellulose solvent can be reduced by decreasing the amount of ionic liquid required for dissolution (Zhu et al. 2018). An outstanding study on the effect of water and DMSO and co-solvents beside [Emim]Ac for dissolving cellulose, in which phase diagrams for cellulose-water-[Emim]Ac and cellulose-DMSO-[Emim]Ac were constructed (Le et al. 2014). The effect of water on the solubility of cellulose in [Emim]Ac is significantly higher than that in DMSO. [Emim]Ac and water are involved in hydrogen bonding. Therefore, these compete with cellulose for use as ionic liquid (Le et al. 2014). However, as illustrated in Fig. 4a, when pure [Emim]Ac (i.e., at a DMSO wt% of zero) was used, the maximum amount of cellulose to be dissolved was 25-27 wt%. Moreover, a correlation was established for the [Emim]Ac/DMSO mixture. Herein, it was verified that a minimum of 2.5-3 moles of ionic liquids is required to dissolve 1 anhydroglucose unit (AGU). Even at high DMSO contents of up to 90 wt%, dissolving approximately 5 wt% of cellulose is feasible. In contrast, the maximum feasible ratio of water to dissolved cellulose in the IL/water mixture was approximately 15 wt% (as illustrated in Fig. 4b). Furthermore, even at a low IL/water ratio, the cellulose weight% that the mixture could dissolve was significantly low compared with that for the IL/DMSO composition. The aerogels prepared through direct dissolution in different solvents and their physical characteristics are summarized in Table 3.

Nevertheless, there are few studies on the effects of using other polar solvents such as DMF and DMA as co-solvents with ionic liquids for aerogel preparation. The preparation of aerogel monoliths using [Bmim] Cl and DMF as co-solvent and was studied by Lin and Jana (2021). The aerogels exhibited superior properties, with porosities between 96.4 and 99%, densities between 0.0156 and 0.0548 g/cm³, and specific surface areas between 336 and 358 m²/g. However, the study was performed on a narrow range of cellulose weight percentages (between 1 and 4 wt%).

Cellulose gelation

After the treatment of cellulose through suspension (3.1.1) or dissolution (3.1.2), gelation is performed. However, it is important to note that in the case of aerogels derived from polysaccharides, a separate gelation process is not required, unlike in other organic or inorganic aerogels. Thus, it is feasible to produce aerogels when the substance is in a solution or gel prior to the solvent exchange, as illustrated in Fig. 2. A coagulated polysaccharide "wet" network (with non-solvent in the pores) is generated in both situations. However, the mechanisms by which the



Fig. 4 The phase diagram illustrates the cellulose concentration in EmimAc–DMSO and EmimAc-water. The solid line represents the highest achievable concentration of cellulose that can be dissolved in each solvent: **a** EmimAc–DMSO and **b**

structure is generated vary. Non-solvent-induced phase separation occurs when a material is in solution prior to the solvent exchange. Another characteristic of polysaccharides is that although macromolecules experience certain volume contraction during the exchange of a solvent for another (although these are not gelled), these do not collapse completely. A 3D network is formed above the concentration of the polymer overlap, producing stable polysaccharide networks and chain stiffness (Budtova 2019). In contrast, the aerogel network structure was formed in the gel state prior to the solvent exchange. This is evident in cases such as alginate or pectin (which are cross-linked with polyvalent metal ions) or aged cellulose treated with a mixture of 7-9% NaOH and water (Budtova 2019). Unlike most polysaccharidebased aerogels, till date, cellulose aerogels have been produced by a non-solvent-induced phase separation method without the need for physical or chemical gelation. The gelation process for cellulose solutions is more challenging than that for other polysaccharides such as alginate, pectin, or carrageenan (which can undergo gelation by altering the pH of the solution or introducing metal ions). Similarly, aqueous starch pastes form gels via retrogradation (Zaman



EmimAc-water. The solid line functions as a visual reference for the approximate maximum limit of cellulose solubility in the respective solvents (Le et al. 2014)

et al. 2020b). Except for cellulose-(7–9)%NaOH/ water, cellulose solutions are not gelled straightforwardly. Thus, the cellulose aerogel precursor is typically stable during the solvent–non-solvent exchange. Monoliths are created either by gelled solutions (in this case, cellulose/8%NaOH/water), alkali/water (NaOH or LiOH added with urea and/or ZnO), LBTH solution, or a direct solvent–non-solvent exchange when the used cellulose solvents are ionic liquids. Unlike NaOH/water-based solvents, ILs enable the dissolution of cellulose at a wide range of concentrations and molecular weights. At normal temperatures, certain ionic liquids such as 1-butyl-3-methylimidazolium chloride [Bmim][Cl] and their cellulose solutions are solids (Budtova 2019).

Regeneration

Regeneration is a crucial phase in the fabrication of cellulosic aerogels. In this process, the intramolecular and intermolecular hydrogen bonds between the cellulosic chains are reconstructed when the solvent used to dissolve cellulose is removed (desolvation) or replaced by a non-solvent such as water. One or more soluble species are net transferred from one

Cellulose form	Solvent	Density (g/cm ³)	Surface area (m ² /g)	Porosity (%)	References
Douglas fir whole biomass	LiBr·6H ₂ O	0.0046-0.0249	_	98.3–99	Liao et al. (2019)
Microcrystalline cel- lulose	NaOH/water	0.06-0.3	200–300	95	Gavillon and Budtova (2008)
Cellulose fibers (medium)	Ca(SCN)2·4H2O	0.010 and 0.060	200–220	_*	Hoepfner et al. (2008)
Fibrous cellulose powder	Ca(SCN) ₂ ·4H ₂ O	-	160–190	-	Jin et al. (2004)
Pulp	NMMO	0.02-0.2	100-400	-	Innerlohinger et al. (2006)
Microcrystalline cel- lulose	LiCl/DMSO	0.068-0.173	185–213	-	Wang et al. (2012)
Filter paper pulp; cel- lulose powders; cotton linter pulp; tunicate cellulose.	LiOH/Urea and NaOH/ Urea	0.01–0.58	260–500	73.9–98.2	Cai et al. (2008)
Microcrystalline cellu- lose and cellulose pulp	DMSO/ DBU, TMG, and DBN	0.05-0.12	19–26	92 and 97	Onwukamike et al. (2019)
Microcrystalline cel- lulose	[Emim]Ac and DMSO	0.12 and 0.215	219 312	86–96	Buchtová and Budtova (2016a)
Eucalyptus pre-hydroly- sis kraft pulp	[Hmim]Cl	0.0379–0.0572	296 to 686	-	Wang et al. (2013)
Bamboo dissolving pulp and absorbent cotton	[Amim]Cl	0.034		98.5	Zhang et al. (2016)
Cotton linters	[Emim]Ac	0.055	246	96.3	Pircher et al. (2015)
Cellulose fibers	[Amim]Cl		101-478	87.3–90.4	Voon et al. (2017)
Microcrystalline cel- lulose	[Emim]Ac and [Bmim]Cl	0.06-0.20	150-200	-	Sescousse et al. (2011)
-	[Amim]Cl	0.024-0.030	175.5–244	98.1–98.6	Mi et al. (2016)
Dry pulp sheets	[Bmim]Cl	0.025-0.114	108–539	-	Aaltonen and Jauhiainen (2009)
Cotton stalks	[Amim]Cl/DMSO	0.112-0.151	28.2-102.6	96.5–97.4	Mussana et al. (2018)
Cotton linters	[Bmim]Cl/DMF	0.0156-0.0548	336–358	96.4–99	Lin and Jana (2021)

Table 3 The results obtained for cellulose aerogels using different biomass sources and solvents

*Not mentioned or specified

liquid phase to another (generally water (polar) or an organic solvent (nonpolar) (Zaman et al. 2020b). It is worth mentioning that the regeneration step is required only when a solvent is used to dissolve cellulose (rather than suspending the cellulose particles). The duration of the solvent exchange process in cellulose is influenced by various factors such as the quantity of cellulose, bath temperature, and shape of the sample. This process is characterized by a slow and diffusion-controlled mechanism. Here, the time required for the cellulose solvent to diffuse out and non-solvent to diffuse in depends on the aforementioned factors. The diffusion coefficient increased with the bath temperature and decreased with the cellulose concentration. Because of the microphase separation and pores that are significantly larger than the diffusing solvent molecule, the solvent exchange process for cellulosic gels is typically faster than that for cellulose solutions (Sescousse and Budtova 2009). Nevertheless, a significant shrinkage of the cellulose bodies was observed during the regeneration and solvent exchange phases. The selection of suitable pretreatment conditions helps control this behavior in certain cases (e.g., a higher cellulose concentration results in a lower shrinkage). When cellulose and a solvent interact, the molecules react relatively rapidly with the external polymer layer before penetrating the surface. This results in the immediate formation of a gel-like structure (Gupta et al. 2013). Water, which interacts with dissolved cellulose to form molecular chains and precipitates, is a non-solvent or coagulant bath used to continue the gelation process. The "wet" network, generally referred to as "cellulose hydrogels", is then created with water-filled pores (Lindman et al. 2017). Many solvent properties of



Fig. 5 Regeneration process

systems containing ionic liquids are affected by the presence of water. The experiments on cellulose/IL/ non-solvent ternary systems have not produced conclusive results. It is still unclear how water, IL, and cellulose interact mechanistically (Medronho and Lindman 2015). The solvents used for regeneration include water (Wang et al. 2016a) and alcohols such as ethanol (Nguyen et al. 2014) and methanol (Jin et al. 2004). Regeneration was performed by pouring the solution/gel of the dissolved cellulose into molds and then, immersing these inside the regeneration bath (as illustrated in Fig. 5).

Nonetheless, certain studies have investigated the interaction between the cellulose solvent and the antisolvent used as a coagulation bath. Hedlund et al. (2019) compared water and 2-propanol (2PrOH) as coagulants for cellulose dissolved in [Emim]Ac and DMSO. The [Emim]/DMSO ratios were 99:1 and 50:50, respectively. The purpose was to dissolve the cellulose and obtain cellulose nanofibrils through regeneration. It was concluded that 2PrOH decreased the crystallinity of cellulose compared with water. Moreover, the higher the cellulose and DMSO concentrations in the solvent mixture, the lower is the crystalline order. Figure 6 shows different aerogels obtained using different solvents and those regenerated using different antisolvents.



Fig. 6 Aerogels obtained from cellulose dissolved in [Emim] Ac/DMSO, coagulated in a water and b ethanol (Rudaz 2013). Aerogels obtained by dissolving cellulose in c NaOH/water (Gavillon and Budtova 2008), d DMSO/DBU-TMG-DBN

(Onwukamike et al. 2019), **e** NaOH-Water (Sescousse and Budtova 2009), and **f** water with HT as crosslinker (A-1, A-2, etc., denote different cellulose ratios) (Zhu et al. 2019)

Drying

Drying is the final and most crucial step in the process of fabricating aerogels. It is applied regardless of the starting route for preparing the aerogels (Long et al. 2018; Budtova 2019). The main requirement for generating cellulosic aerogels is to prevent network collapse (a collapsed pore structure) that is caused by the bending of the air–liquid interface during the removal of the solvent or drying of wet gels (Zaman et al. 2020b). To prevent this, two drying processes are used: freeze-drying (FD) and supercritical drying (Lavoine and Bergström 2017).

Freeze drying is also known as ice templating, freeze casting, lyophilization, or cryodesiccation. It is a remarkable technique that rejects the solvent from wet gels while retaining the unique properties of low density, high porosity, and high surface area. In this process, the method includes three steps that achieve solvent rejection without generating a liquid/ vapor interface. This prevents the creation of a capillary pressure that collapses the porous structure (Lavoine and Bergström 2017). In the first step, the temperature is reduced below the critical point of the liquid solvent. This causes the solvent to solidify. Subsequently, vacuum is applied to reduce the pressure in the second step. The final step is to elevate the temperature at the low pressure attained in the previous step. This sublimes the solid solvent into a gas and rejects it from the wet gel to produce aerogels or cryogels (aerogels produced by freeze-drying) (Zaman et al. 2020b). This process is presented in



Fig. 7. The freeze-drying steps are illustrated in blue. The freeze-drying process should be conducted with caution to prevent damage to the structure while ice crystals are formed during freezing. If no precautions are adopted to minimize the growth of ice crystals, cryogels would have large pores with sizes of up to hundreds of microns. This results in thick and nonporous walls, a significantly low density, and a small surface area (Budtova 2019). This occurs because ice crystals push the walls of the network, thereby damaging the structure (Zaman et al. 2020b). A method to decrease the growth of ice crystals within the network is by submerging the wet gels in a liquid nitrogen bath (i.e., unidirectional freezing) or placing these inside a freezer (Lavoine and Bergström 2017). This rapid freezing process results in an undisturbed intrinsic gel network. However, slow freezing can cause segregation of the solvent inside the dispersion. This, in turn, disrupts the structure and yields large pores (Lavoine and Bergström 2017; Dahlem et al. 2019). For example, the rapid freezing of CNF gels in liquid ethanol at a temperature of -114 °C yielded aerogels with pore size of 1-60 nm owing to the small ice crystals. Meanwhile, a slower freezing in liquid benzonitrile at -13 °C resulted in aerogels with larger pores (Lavoine and Bergström 2017). Another technique for preventing the growth of large crystals is the use of mixed solvents, mostly tert-butanol (TBA)/water (Budtova 2019). For example, a TBA/water solvent with different ratios was used to prepare polysaccharide (pectin, starch, and alginic acid) aerogels. The results showed that the highest density of aerogels



was achieved at ratios near the eutectic point in the phase diagram of TBA/water, which was equivalent to 0.114 kg/m³. Moreover, the lowest density was for the pure water solution (0.044 kg/m³) (Borisova et al. 2015). Furthermore, cellulose microfibril aerogels were prepared using a TBA/water solvent. This resulted in a surface area of 100 m²/g (Fumagalli et al. 2013).

Supercritical drying is another approach used to obtain aerogels while maintaining the desired properties of the gel, without the collapse of the structure through the liquid-vapor interface owing to heating. The first step of this process is the replacement of the existing solvent with a supercritical fluid that is miscible with the existing solvent (Lavoine and Bergström 2017; Dahlem et al. 2019) CO_2 is mostly used as the supercritical fluid because of factors such as the low cost, non-flammability, and conveniently accessible supercritical conditions (a temperature of 31.3 °C and pressure of 72.9 atm (7.38 MPa) (Budtova 2019). If water is used as a solvent for the suspension of cellulose, a solvent-exchange step with alcohol is required because water is immiscible with CO₂ (Lavoine and Bergström 2017; Dahlem et al. 2019). Moreover, water in the supercritical state exhibits oxidizing properties (Budtova 2019). After the introduction of CO₂ into the gel structure, the supercritical conditions are attained by increasing the pressure and temperature while the content of CO_2 increases. When there is no liquid phase in the pores owing to the presence of a supercritical mixture, the pressure is reduced to attain a gaseous state that leaves the pores without the formation of a liquid/vapor interface and prevents the formation of a meniscus and capillary pressure that can damage the structure of the gel during solvent removal (Lavoine and Bergström 2017; Long et al. 2018) This process is shown in Fig. 7, with the supercritical drying route illustrated in yellow. The process conditions may be optimized according to the aerogel type. For example, a pressure of 10 MPa during supercritical drying with CO₂ produces aerogels with a density of 0.0078 g/cm³ and specific area of 605 m²/g (Heath and Thielemans 2010). However, supercritical drying is not commonly used because of the expensive equipment (it requires a high-pressure vessel) and process complexity (Lavoine and Bergström 2017; Long et al. 2018; Dahlem et al. 2019).

Another study compared CO_2 supercritical drying with freeze-drying of cellulose gels prepared from Whatman filter paper and alpha cellulose as raw cellulose materials. In general, the reduction in the size of cellulose aerogels dried using supercritical CO_2 was less than that of freeze-dried aerogels (Lee et al. 2017).

Buchtova and Budtova performed a comparative study of the effects of different drying methods (Buchtová and Budtova 2016b). Cellulose gels were prepared by dissolving 3–11 wt% microcrystalline cellulose in DMSO/[Emim]Ac (60/40 wt/wt%). Subsequently, three drying techniques (freeze-drying, supercritical CO₂ drying, and oven vacuum drying) were applied. Moreover, freeze-drying was performed with and without pre-unidirectional freezing using liquid nitrogen at – 196 °C. The results are summarized in Table 4.

Freeze-dried aerogel samples subjected to pre-UD freezing had the lowest volume shrinkage, lowest density, and highest porosity. The (ScCO₂) sample had the highest surface area. Another study examined the effect of using T-butanol as a medium for freezedrying in nanocellulose aerogel preparation (Wang et al. 2017). In this study, nanocellulose was suspended in water, then added to calcium chloride solution (0.25 mol/L) for gelation, followed by gradual replacement of calcium chloride solution with tertbutanol. Finally, the hydrogels were freeze-dried to

Table 4The effect ofdifferent types of dryingon the properties ofthe produced aerogels(Buchtová and Budtova2016a)

Drying technique	Volume shrinkage (%)	Bulk Density (g/cm ³)	Porosity (%)	Surface area (m ² /g)
ScCO ₂	21–66	0.126-0.215	86–92	239–312
FD with pre-freezing	12-20	0.05-0.163	89–97	10–49
FD without pre-freezing	14-27	0.053-0.164	89–96	11–62
Oven vacuum drying	87–97	1.427-1.470	2–5	Not mentioned

obtain nanocellulose aerogels. The aerogels achieved a surface area of 164. 9666 m^2/g , and a low shrinkage of 5.89%.

Cellulose aerogel hybrids, composites, and their applications

Cellulose hybrid aerogels are lightweight porous materials that combine cellulose with other substances. The resulting material is exceptionally light, which makes it a remarkable material for applications where weight reduction is important. Because of their flammability, fragility, and low thermal stability, cellulose hybrids and composite aerogels have recently been investigated extensively. The purpose was to study the effect of combining cellulose with other organic and inorganic materials to produce aerogels, as well as the functionality and tunability provided by incorporating other materials into cellulosic aerogels (Rahmanian et al. 2021). Cellulose can be combined with a variety of other substances such as silica, graphene, graphene oxide, chitosan, metal oxides, and MOFs to produce functional cellulose-hybrid aerogels (Rahmanian et al. 2021). Hybrid aerogels are designed for various applications. For example, cellulose-MOF aerogels have been prepared for antibacterial applications, gas separation and adsorption, energy storage, drug delivery, and catalysis (Liu et al. 2021b). Cellulose-MOF aerogels have been fabricated also for heavy metal removal from water (Lei et al. 2019). Moreover, cellulose-graphene aerogels have been produced for applications in absorption, supercapacitors, and pressure sensing (Rahmanian et al. 2021). Furthermore, cellulose-silica and cellulose-zeolite aerogels have been prepared as superinsulation materials (Shi et al. 2013; Bendahou et al. 2015; Demilecamps et al. 2015; Wong et al. 2015).

Cellulose-silica aerogels

Silica aerogels were the first aerogels fabricated through the gelation of silica in particular solvents, followed by drying through CO_2 supercritical drying. Silica aerogels are considered superinsulators owing to their exceptionally low thermal conductivities. While cellulose aerogels display good thermal insulation properties, cellulose is a hydrophilic material that can absorb moisture from air. This property may

affect the thermal insulation of cellulose aerogels. Hence, incorporating silica into cellulose aerogels can hinder water moisture and sustain the insulation properties. Several studies have been conducted on combining silica and cellulose aerogels. Shi et al. produced cellulose-silica aerogels using a solvent mixture of NaOH/thiourea/H2O. The solvent aqueous solution ratio was 9.5% NaOH to 4.5% thiourea. Cellulose obtained from cotton linter was dissolved at weight percentages of 2-5% to produce cellulose hydrogels. After dissolving the cellulose, a mixture of tetraethyl orthosilicate (TEOS), water, and ethanol was prepared at a stoichiometric ratio (TEOS/H₂O/ EtOH molar ratio) of 1.0/3.4/8.5. Subsequently, the cellulose hydrogel was immersed in the TEOS solution and freeze-dried to obtain the cellulose-SiO₂ aerogel. The FTIR results showed an increase in the hydrophobicity of the material. Moreover, the aerogel achieved a thermal conductivity of 0.026 W/(m K) (Shi et al. 2013). Demilecamps et al. (2015) prepared cellulose-SiO₂ by incorporating polyethoxydisiloxane (PEDS) into a cellulose alcogel using two techniques: molecular diffusion and forced flow induced by a pressure difference. Low thermal conductivity values of 0.026 and 0.028 W/(m•K) were achieved with these methods, respectively. The silica cellulose aerogel composites were prepared by mixing NFC with PEDS prior to gelation. The incorporation of NFC increased the thermal conductivity by 11% compared with silica aerogels of an equal density. However, the tensile strength increased by 25–40%. Wong et al. tested the effects of maleic anhydride (MA) (Wong et al. 2015). The sol-gel process was applied to fabricate silica-cellulose aerogels that were dried using CO₂ supercritical drying. Initially, silica was in the form of TEOS. It was then converted to SiO_2 using ammonia. The prepared cellulose-silica aerogels had different weight percentages of silica ranging from 24 to 62 wt%. This achieved a porosity between 70 and 83%, density between 0.34 and 0.58 g/cm³, surface area of 400-652 m²/g, and maximum thermal conductivity of 0.045 W/(mK) (Cai et al. 2012). For pure cellulose and pure silica aerogels prepared in this work, the porosity was 92 and 93%, respectively; density was 0.14 and 0.19 g/cm³, respectively; and surface area was 356 and 767 m²/g, respectively. We can observe an evident deterioration in the properties of the composite aerogels compared with those of the pure aerogels. However, these still displayed remarkable properties for various applications. Demilecamps et al. (2014) used a method that they called "one-pot" to make cellulose-silica composite aerogels by combining cellulose and 8% NaOH in water with sodium silicate as the silica source, in addition to ZnO. The mixture was coagulated and dried using supercritical carbon dioxide. The cellulose concentration of the initial mixture was 4 wt%, with 8 wt% NaOH and 1 wt% ZnO. Subsequently, the cellulose solution was mixed with a sodium silicate mixture. The final cellulose concentration was 4 wt%, while the sodium silicate varied between 2 and 5 wt%. As mentioned earlier for dissolving cellulose in NaOH, the mixing occurred at -6 °C. Coagulation was performed in three solvents: HCl, citric acid, and water. The resulting densities of the materials were between 0.10 and 0.25 g/cm³. The specific surface area ranged from 100 to 200 m²/g. The samples used in this study are shown in Fig. 8.

Cellulose-graphene aerogels

Graphene and its derivatives such as graphene oxide and reduced graphene oxide have been widely studied as hybrid cellulose aerogels. The use of graphene in aerogels can potentially enhance their resistance to water and improve their capability to conduct heat and produce electricity. When combined with cellulose, these complementary properties provide a highly effective combination for many practical applications. Cellulose–graphene aerogels are used in pressure sensors, absorbents, and supercapacitors (Rahmanian et al. 2021). Among the recent studies on cellulose–graphene aerogels is the work of Wu et al. (2022) for developing bacterial cellulose combined



Fig. 8 Photographs of a aerocellulose from 5% cellulose–8% NaOH–1% ZnO and b cellulose–silica composite aerogel from 5% cellulose–8% NaOH–1% ZnO–5% SiO₂, coagulated in 0.3 M HCl (Demilecamps et al. 2014)

with graphene for light, thermal, and electric conversion. The thermal conductivity was increased by adding different weight percentages of graphene from 0.3 (pure cellulose aerogels) to 1.17 W/(mK) (0.5 wt% graphene). Moreover, the energy storage increased by 96% and had a maximum light-thermal-electric energy conversion output power of 1.80 mW and maximum light-thermal conversion efficiency of 90.3%. A schematic representation of the application is shown in Fig. 9. In another study, cellulose aerogels and films reinforced with carbon nanotubes were prepared using single-walled carbon nanotubes (SWCNTs) and multiwalled carbon nanotubes (MWCNTs) (Gnanaseelan et al. 2018). Nanocomposites made of cellulose and SWCNTs, whether in the form of a film or an aerogel, demonstrated a significantly better power factor and figure-of-merit than cellulose/MWCNT composites. The highest power factor achieved was 1.1 μ W/(mK²) for films containing 10 wt% of SWCNTs, which also exhibited a Seebeck coefficient of 47.2 μ V/K. This indicated that nanocomposites composed of cellulose and SWCNTs are highly effective for energy-related applications. Another study prepared aerogels consisting of carbon nanotubes (CNTs) and cellulose for their use as vapor sensors for the first time (Qi et al. 2015). This study examined the capability of aerogels to detect vapors by observing the variations in their electrical resistance when exposed to various volatile organic compounds (VOCs) including methanol, ethanol, and toluene. The study also analyzed how the type of vapor, amount of CNTs, and concentration of vapor affected the relative variation in electrical resistance.

Cellulose-polymer aerogels

Polymers are a class of materials that can be combined with cellulose to form hybrid aerogels. Two types of polymers are combined with cellulose to produce hybrid aerogels, which are inorganic polymers, such as polypyrrole (PPy) and polyvinyl alcohol (PVA), and organic polymers such as chitosan, alginic acid, pectin, and gelatin.

Inorganic polymer composite aerogel

Polymers such as polypyrrole (PPy) and polyvinyl alcohol (PVA) are integrated into cellulose solutions to obtain composite aerogels with modified properties





for specific applications. For example, Zhuo et al. (2019) prepared PPy/cellulose carbon aerogels for supercapacitors. The hybrid material that was produced exhibited a large specific capacitance of 387.6 F/g when tested at 0.5 A/g in a 1 M H₂SO₄ solution. This indicated its capability to store electrical energy efficiently. In addition, the material exhibited an exceptional cycling stability, retaining 92.6% of its capacitance after being cycled 10,000 times. A schematic diagram for the application is shown in Fig. 10. Meanwhile Feng et al. (2020) prepared PPy/cellulose aerogels with controllable microwave absorption performance. The PPy/CA composite material shows the best performance in terms of its capability to absorb microwave energy when compressed at a ratio of 65%. At this ratio, the material has a minimum reflection loss (RL) of -12.24 dB at a frequency of 8.53 GHz and thickness of 5 mm. Furthermore, the effective bandwidth, where RL is less than -10 dB(dB), of the PPy/CA composite can cover the entire X-band frequency range (8.2–12.4 GHz) by varying the thickness of the material between 4 and 5 mm. Zhou et al. (Zhou et al. 2019) investigated the effects of gelatin and PVA on the mechanical properties of cellulose aerogels. The PVA/CNF/gelatin composite material had a modulus of 1.65 MPa. This was almost 8 and 91 times higher than that of the PVA/ CNF aerogel and neat CNF aerogel, respectively. A microscopic analysis revealed that the aerogels had a three-dimensional network structure. In addition, the composite materials exhibited good thermal stability, low density, and low thermal conductivity.

Organic polymer composite aerogels

Due to characters, they share with cellulose such as abundance, sustainability and biodegradability, organic polymers such as chitosan and alginic acid, are being studied for preparation of cellulose-based aerogel composites for different applications. In the study of Zhang et al. (2020a), composite aerogels consisting of cellulose with chitosan, and cellulose with alginic acid were fabricated for the application of triboelectric nanogenerators (shown in Fig. 11), in addition to pure cellulose aerogel as control sample. Chitosan was first dissolved in 60% (w/w) lithium bromide trihydrate solution, and then cellulose was added with cellulose to chitosan mass ratios of 1:2, 1:4, and 1:8, while maintaining a total mass 1% to the solvent solution. Under 40 N stress, pure cellulose generated voltage output of 63 V. Increasing the chitosan content significantly increased the electrical voltage output compared to the control sample, with 269% increase for the 1:8 ratio, and 311% for the



Fig. 11 Fabrication process and characterization of the cellulose II network structured aerogel. **a** Flow chart showing fabrication steps of cellulose II hydrogel and aerogel. **b** Photograph of a well-shaped cellulose II aerogel (Zhang et al. 2020b)

1:2 ratio. Moreover, cellulose-alginic acid composite aerogels were fabricated by dissolving 0.75 wt% cellulose in 60% bromide trihydrate solution, followed by immersing the hydrogel by 0.5, 1, and 1.5% sodium alginic solution with sonication. The hydrogel was further immersed in 0.1 M HCl to precipitate alginic acid. Cellulose-alginic acid composite aerogels showed opposed behavior to the cellulose-chitosan, due to the alginic acid electron-withdrawing groups, unlike the electron-donating groups in chitosan. In another study, cellulose-chitosan aerogels were prepared via LiBr solution for removing formaldehyde from indoor air (Liao and Pan 2021). Composites were prepared with 1:4, 3:8, 1:2, 5:8, 3:4, and 1:1 chitosan to cellulose ratios, while maintaining the cellulose content 1% (w/w) to the LiBr solution. Aerogels with chitosan to cellulose ratio of 1:2 achieved the highest formaldehyde adsorption, with capacity up to 7.5 mmol/g. Pectin is another organic polymer that was used to prepare cellulose composite aerogels. In the study of Groult et al., cellulose in different mass ratios was dissolved NaOH/Urea solution, followed by immersion in pectin solution with different concentrations, for the application of drug delivery (Groult et al. 2022). Moreover, some of the samples were further immersed in CaCl₂ solution (0.5 M) to test the effect of calcium crosslinking for pectin. The efficiency of the prepared composites varied based on the cellulose fraction, density of the composites and the calcium crosslinking. Gelatin is also another organic polymer that was used to fabricate cellulose-based aerogel composites for antibacterials application. The material exhibited great properties, with permeability range between 628 and 976 $g/m^2/$ day for water vapor, and fluid uptake capacity ranged between 250 and 390% (Chiaoprakobkij et al. 2022).

Other materials

The other common materials incorporated into cellulose aerogels include MOFs. In the work of Wang et al. (2019), UiO-66/cellulose aerogels were prepared for adsorption. These showed a high effectiveness, with adsorption capability toward anionic methyl orange (71.7 mg/g) and cationic methylene blue (51.8 mg/g). In another study, Lei et al. (2019) combined two MOFs (UiO-66 and UiO-66-NH₂) with cellulose to prepare aerogels for removing heavy metal ions from water. UiO-66-NH2–cellulose achieved adsorption of 89.40 mg/g for Pb²⁺. Garemark et al. (2020) prepared cellulose aerogels reinforced with nanoparticles (Ag) and metal oxide nanoparticles (TiO₂). The aerogels exhibited a surface area up to 247 m²/g and porosity up to 95%. Cu-BTC/ nanocellulose aerogel composites were synthesized for adsorption of organic dyes and heavy metal ions (Shaheed et al. 2021). A remarkable adsorption capacity of 39 mg/g was achieved for Congo red. Three components' aerogels from Microfibrillated Cellulose/Polypyrrole/Silver Nanoparticles were prepared. These MFC/PPy/Ag hybrid aerogels displayed improved antimicrobial and electrical conductivity characteristics compared with MFC and MFC/PPy hybrid aerogels because of the combination of PPy and Ag (Zhou et al. 2015). Cellulose-chitosan framework/polyaniline hybrid aerogels have been prepared for microwave absorption applications (Zhang et al. 2020c). It is noteworthy that the aerogel can achieve a wide frequency range of 6.04 GHz and high level of absorption intensity (-54.76 dB). The hybrid aerogels and their physio-thermal properties are summarized in Table 5.

Cellulose–silica aerogels appear to be the best thermal insulation materials because of their ultralow thermal conductivity. Meanwhile, cellulose–PPy aerogels have the lowest density, which makes these suitable for applications that require ultralightweight materials.

Conclusion

Cellulose aerogels have emerged as a potential class of materials with exceptional properties that make these attractive for a wide range of applications. Because of their high porosity, specific surface area, remarkable mechanical strength, and thermal stability, cellulose aerogels have demonstrated substantial potential in various fields including energy storage, thermal insulation, absorption, and biomedical engineering. Although significant progress has been made in the synthesis and characterization of cellulose aerogels, further research is required to fully understand their properties and optimize their performance for specific applications. With regard to the selection of a solvent capable of dissolving cellulose, ionic liquids emerged as green-efficient solvents. Their high cost may be a challenge. However, the use of a

Table 5 Hybrid cellulose-based aerogels and their physio-thermal properties

Hybrid material	Solvents/additives	Density (g/cm ³)	Surface area (m ² /g)	Porosity (%)	Thermal con- ductivity W/ (m K)	References
Silica	NaOH/thiourea/H ₂ O	0.26-0.45	_*	15.33–75.97	0.026	Shi et al. (2013)
Silica	EmimAc/DMSO and PEDS	0.155-0.225	750-810	-	0.026-0.028	Demilecamps et al. (2015)
Silica	PEDS/water with MA	0.127-0.143	735–741	-	0.0138-0.0153	Wong et al. (2015)
Silica	MeOH/H ₂ O	0.34-0.58	400-652	70–83	0.045	Cai et al. (2012)
Silica	Water/NaOH/ZnO	0.10-0.25	100-200	-	-	Demilecamps et al. (2014)
Silica	Water/(MTMS)	0.013-0.0264	34–168	98.7–99.3	0.027	Jiang et al. (2020)
Silica	Ethanol/DMF/water/ HCl	0.137-0.149	620-656.262	-	0.0351-0.0393	Li et al. (2017)
Carbon	Water/NaOH/urea/ PVA	0.15-0.18	180.4–201.5	89–90	0.02-0.09	Gnanaseelan et al. (2018)
PPy, Ag	Water	0.005-0.006	232–263	99.5–99.6	-	Zhou et al. (2015)

-*Not specified

co-solvent is an appropriate solution that requires further study. Among the recent developments is a new class of materials called hybrid aerogels. Herein, a combination of materials is integrated into cellulose aerogels. With continued advancements in this field, it is anticipated that cellulose aerogels will continue to play an increasingly important role in addressing the current societal challenges and facilitating sustainable development.

Future perspectives

Several properties of this topic are yet to be studied, such as the effect of the cellulose source and that of co-solvents systems in dissolving cellulose on the properties of aerogels. The cost of most complex solvents that are capable of dissolving cellulose is relatively high. Therefore, developing co-solvents systems that can reduce the cost of production for cellulose aerogel is a necessity. Although several solvents, such as ionic liquid, can be regenerated for reuse, the process of regeneration is time and energy consuming. On the other hand, certain abundant cellulose sources such as palm trees wood have not been examined for aerogel preparation. Moreover, the potential of cellulose aerogels for some applications such as catalysis needs to be further studied. In addition, due to high porosity, aerogels generally suffer weak mechanical performance. Therefore, enhancement and modification of the mechanical properties can be further improved. Improving the mechanical properties of cellulose aerogels will expand the field in which it can be utilized. For example, it can increase the service life in case it is used as a catalyst.

Acknowledgments Not applicable.

Author contributions Hyder Al Abdallah: methodology, formal analysis, investigation, writing—original draft preparation. Joy Tannous: methodology, validation, and writing—review and editing. Basim Abu-Jdayil: Conceptualization, methodology, validation, formal analysis, resources, writing—review and editing, supervision, project administration, and funding acquisition.

Funding This work was supported by the National Water and Energy Centre, United Arab Emirates University (Project # 12R122).

Data availability Not applicable.

Declarations

Conflict of interest The authors declare no conflict of interest.

Ethical approval The authors confirm that the prepared manuscript was approved by all authors.

Consent for publication The authors confirmed here that the submitted manuscript has not been published previously and it is not under consideration for publication elsewhere.

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