



Effect of overlapping cellulose nanofibrils and nanoclay layers on mechanical and barrier properties of spray-coated papers

Maria Luiza Cafalchio de Oliveira · Seyedmohammad Mirmehdi ·
Mário Vanoli Scatolino · Mario Guimarães Júnior · Anand Ramesh Sanadi ·
Renato Augusto Pereira Damasio · Gustavo Henrique Denzin Tonoli

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Abstract This work evaluates the effect of spray-coating papers using cellulose nanofibrils (CNFs) and nanoclay (NC) on the mechanical and barrier properties for application such as reinforced packaging bags. Sack kraft papers of 60 g m^{-2} (C60) were coated with combinations of CNFs and CNFs + NC, varying the number of layers on the internal face (IF) and external face (EF) of the paper. Their properties were compared to uncoated sack kraft papers with basis weight of 60 g m^{-2} (C60), 80 g m^{-2} (C80) and 120 g m^{-2} (C120). The amount of CNF/NC deposited was $\sim 20 \text{ g m}^{-2}$ while the CNF layer deposited was $\sim 10 \text{ g m}^{-2}$ on the sack papers. Increase in the number of layers deposited decreased the water vapor transmission rate (WVTR) compared to C60. CNF layer had lower contact angles on the coated papers than CNF/NC layer. The coated papers also showed a

44–66% increase in tensile index when compared to C120. Papers coated with 2 layers of CNFs and 1 layer of CNFs/NC achieved the same tensile index as C120 and the layers also resulted in higher values of Young's modulus (38–56%) when compared to C60. Spray-coating, with the appropriate layers, improved the mechanical and barrier properties of the coated papers, and is a possible alternative to producing papers with lower basis weight and using renewable raw materials. Additionally, the mixture of two hydrophilic components, such as nanofibrils and NC can result in a coating with more hydrophobic characteristics.

Keywords Cellulose nanofibrils · Bentonite · Spray coating · Barrier properties · Papers

M. L. C. de Oliveira · S. Mirmehdi · G. H. D. Tonoli
Department of Forest Science, Federal University of Lavras, UFLA, Lavras, MG, Brazil

M. V. Scatolino (✉)
Department of Production Engineering, State University of Amapá – UEAP, Macapá, AP, Brazil
e-mail: marioscatolino@gmail.com

M. V. Scatolino
PROFNIT - Postgraduate Program on Intellectual Property and Technology Transfer for Innovation, Federal University of Amapá – UNIFAP, Macapá, AP, Brazil

M. G. Júnior
Department of Electromechanical – Centro Federal de Educação Tecnológica de Minas Gerais, CEFET-MG, Araxá, MG, Brazil

A. R. Sanadi
Department of Geosciences and Natural Resource Management, Science Faculty, University of Copenhagen, Copenhagen, Denmark

R. A. P. Damasio
Klabin, Technology Center, Industrial R&D+I, Fazenda Monte Alegre, St. Harmonia, Telêmaco Borba, PR, Brazil

Introduction

Paper is one of most widely used materials and has a variety of uses. Kraft paper is produced from wood chips, which are themselves composites, and due to their high strength used in packaging applications. Traditionally, the function of packaging is to protect products during transport, storage and commercialization, besides providing information to the consumer about the packed product. Currently, paper is the most important material for packaging industry due to its low price, renewability, recyclability, abundance (Lavoine et al. 2014) and mechanical characteristics such as high strength and flexibility (Afra et al. 2016). However, the use of standard paper in packages is limited to products that do not require some impermeability characteristics. Efforts are ongoing to reduce their water vapor permeability, and several coating techniques have been proposed to modify the paper surface. Among them, the use of different materials, such as fossil source polymers, waxes (Zhang et al. 2014), clays (Mirmehdi et al. 2017), silica nanoparticles (Ogihara et al. 2015), and cellulose nanofibrils (CNF) (Mirmehdi et al. 2018), has been widely reported. Other materials such as biopolymers with antimicrobial additives (Vartiainen et al. 2010), starch to improve optical and mechanical properties (Li et al. 2016), cellulose nanofibrils (CNFs) to improve mechanical strength and barrier properties (Beneventi et al. 2015; Kumar et al. 2016; Afra et al. 2016) and nanoclays (NC) with the purpose of reducing air and water permeability (Mirmehdi et al. 2018; Gaikwad and Seonghyuk 2015; do Lago et al. 2020) were tested as potential possibilities to improve different properties of sack paper with the addition of coating layers on the paper surface, creating a multilayer system with superior properties.

NC, from the bentonite family, is powdered and structured in layers that could be added to polymeric films to improve the barrier properties when properly exfoliated and incorporated. Their distance between the NC layers is smaller than 100 nm when exfoliated. It is a hydrophilic material with layers composed of tetrahedral silica and octahedral alumina sheets in a 2:1 ratio (Floody et al. 2009). Due to their low cost and abundance, they have been widely studied for several applications such as a drug-delivery carrier (Jayrajsinh et al. 2017), water treatment (Heidari et al. 2021), composites reinforcement (Moghri et al. 2018), and as

coating layers for papers (Majeed et al. 2013). Notably, NC and CNFs have great potential to be applied in multilayered paper-based packages.

Cellulose fibers can be processed to obtain nanostructures with different properties depending on extraction method and fibers source. There are different kind of cellulose nanostructures obtained from vegetal sources: the nanofibrillation of cellulose cell walls by mechanical shear forces (wood or non-wood fibers), and/or after chemical or enzymatic treatment. The CNFs are composed of amorphous and crystalline regions with an average diameter less than 100 nm and several micrometers in length (Dufresne 2013; Moon et al. 2011; García et al. 2016). CNFs may form a large network structure of hydrogen bonds due their high aspect ratio and high surface area, and consequently, may increase mechanical strength and decrease water vapor and gas permeability of the paper samples. Barrier properties of NC and mechanical and barrier properties of CNFs may overcome some challenges on the paper-based packages.

Recent studies reported the production of CNFs from wood (Tonoli et al. 2012; Scatolino et al. 2018; Silva et al. 2021) and some non-wood resources such as agricultural wastes (Petroudy 2017), hemp (Pacaphol and Aht-Ong 2017; Pulikkalparambil et al. 2017), jute (Fonseca et al. 2019, 2021), bamboo (Guimarães Jr. et al. 2018), sisal (Krishnan et al. 2015), algae (Chen et al. 2016), cocoa shell (Souza et al. 2018) and bacterial (Corral et al. 2017). Several studies on CNFs have been reported in literature, such as improvement of paper properties (Afra et al. 2016; Herrera et al. 2015; Lavoine et al. 2016), in medical applications (Sundberg et al. 2013), nanoparticle carriers (Scatolino et al. 2019), electronic devices (Jung et al. 2015), reinforcement in polymeric matrices (Volk et al. 2015; Chinnama et al. 2016), fiber-cement composites (Fonseca et al. 2021) and packaging materials (Missoum et al. 2013; Scatolino et al. 2017). Research that emphasizes the mixture of components such as NC and CNFs for paper coatings are still lacking from the literature. Furthermore, little information is available about the interaction of these two components on the paper surface. The aim of this paper was to evaluate the effect of spray coating for producing different layers composed of CNFs and NC, varying their order and mixture composition of CNFs + NC, on tensile and barrier properties of the coated sack papers. The work also shows that the

mixture of two hydrophilic components, such as nanofibrils and NC, can result in a coating with more hydrophobic characteristics.

Material and methods

Material obtainment

The paper used as the substrate for coating was the commercial sack kraft paper (extensible) with nominal weight basis of 60 g m^{-2} (C60), 80 g m^{-2} (C80) and 120 g m^{-2} (C120). Sheets of commercial *Eucalyptus* sp. bleached kraft pulp from Klabin S/A (SP-Brazil), with chemical composition: 76% cellulose, 14% hemicelluloses, 0.14% residual lignin and 0.03% ashes/minerals, were the source to produce the CNFs. The NC used in the coatings is considered a hydrophilic material from bentonites family ($\text{H}_2\text{Al}_2\text{O}_6\text{Si}$), obtained from Sigma-Aldrich Inc. (Saint Louis, MO – USA). The average particle size of NC is $\leq 25 \mu\text{m}$ and was used as a filler in the CNF matrix in some layers.

Production of the CNFs

Eucalyptus bleached kraft pulp was hydrated and dispersed for 24 h in deionized water in 2% wt concentration and dispersed under mechanical stirring at 1000 rpm for 3 h. The suspension was submitted to 30 passages through the fibrillator SuperMasscolloider (Masuko Sangyo MKCA6-3, Japan), which has a fixed and a rotating (1500 rpm) disc (model MKGA6-80), that promote the cellulose nanofibrillation by shear forces, resulting on a gelatinous aspect. The nanofibrillation process followed the guidelines suggested in previous works (Tonoli et al. 2016; Guimarães Jr et al. 2015; Bufalino et al. 2015; Dias et al. 2019; Durães et al. 2020). The nanofibrillation breaks the bonds between elementary fibers and fibers bundles by shear forces, resulting on CNF dispersion. The representative scheme of nanofibrillation process can be observed in Fig. 1.

Preparation of the NC

A small fraction of 3% wt of hydrophilic NC from bentonites family was dispersed in deionized water (w/w) and magnetically stirred for 24 h. The mixture

was sonified for 10 min following the methodology described in Bardet et al. (2015). This step was important in exfoliating the NC plates and facilitate its incorporation in the coating mixture (Fig. 2) besides to promote better adhesion to the paper used as substrate.

CNF and CNF/NC solutions

The CNFs and CNF/NC solutions were prepared in order to spray it on the paper surface. For CNF solution, 1.4% wt CNF was added to deionized water, and then stirred at 900 rpm for 30 min. CNF/NC solution was prepared adding 1.0% of exfoliated NC (based on dry mass of CNFs) and 1.4% of CNFs in deionized water, and stirred at 900 rpm for 30 min in order to mixture the nanoclay plates in the cellulosic matrix. Some studies have shown the suitable interaction of polymers and inorganic clays (Gabr et al. 2013). A well exfoliated nanoclay can be inserted in nanocellulosic matrix, allowing a close interaction with the nanocellulose net (Gaikwad and Seonghyuk 2015).

Experimental setup for the spray coating

CNFs and CNF/NC suspensions were sprayed onto paper which had a basis weight 60 g m^{-2} , using a laboratory assembled spray coater (Fig. 3a) in multiple layers. Variables and parameters used in this process were pressure of 0.4 MPa, for 30 s of spraying time and 30 cm of distance between spray nozzle and substrate. According to Shanmugam et al. (2017), the operational range of CNF suspension concentration for spraying coating is between 1 and 2%. Below 1% wt, the suspensions are too dilute and does not form a continuous and homogenous layer over the substrate, and high concentrations of CNF suspension (above 2.0% wt) are too viscous to be applied by the spray technique. Based on that, suspensions with 1.4% wt of CNFs and 1.0% of nanoclay (based on dry mass of CNFs) were prepared along with suspensions composed only by 1.4% of CNFs.

The paper sheets were coated over a vacuum dewatering setup to obtain a consistent removal of the water from the coated papers before oven drying. After each coating step, papers were oven-dried at $100 \pm 5 \text{ }^\circ\text{C}$ for 3 h. The different paper treatments are depicted in Fig. 3B. The samples were conditioned

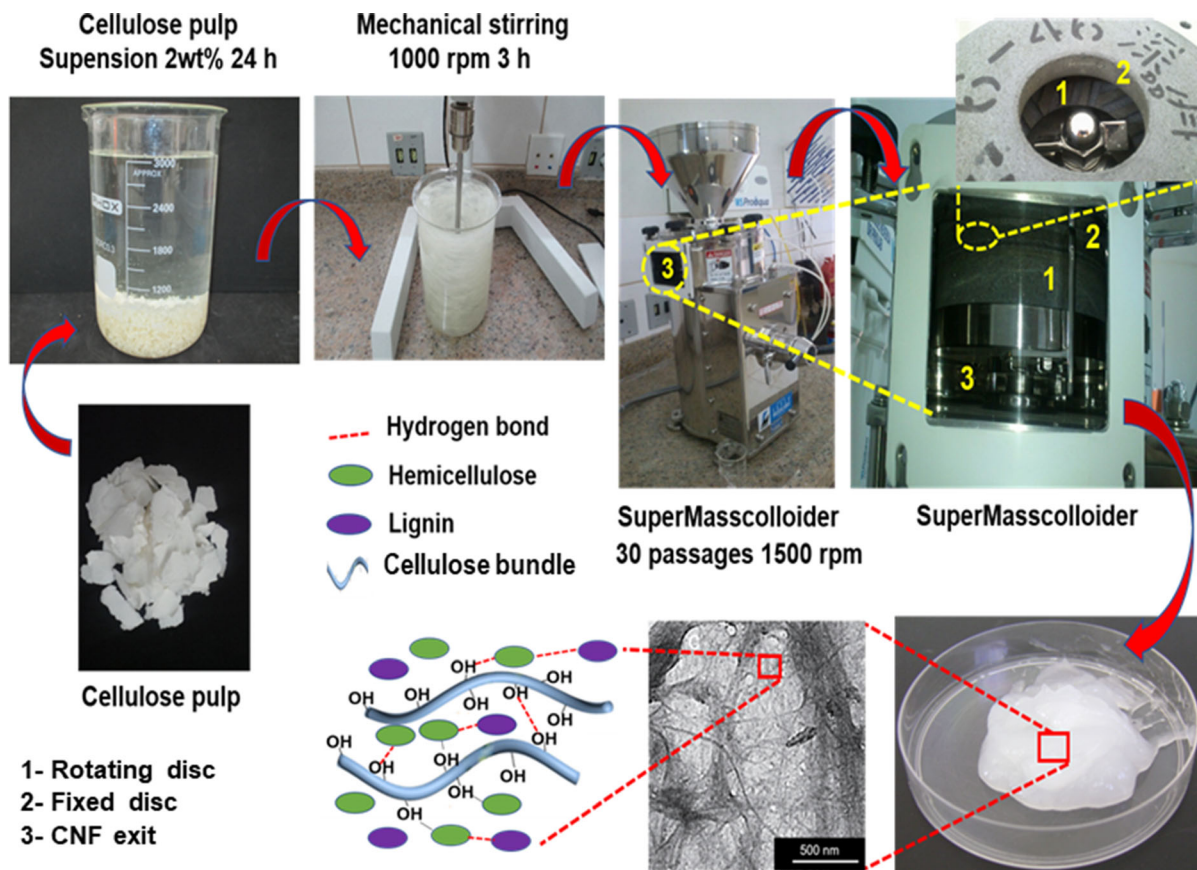


Fig. 1 Representative scheme of the production of the CNFs by cellulose nanofibrillation through the SuperMasscolloider

at 20 °C and 50% of relative humidity (RH) prior to characterizations.

Production of CNFs and CNF/NC films

Films were produced from the CNFs and CNFs/NC by casting method. An aliquot of 40 ml of CNF suspensions (1.4% wt) and CNFs/NC (1.4% of CNFs and 1.0% of NC, both wt) was deposited on petri dishes and oven dried at 60 °C for 48 h. These concentrations of suspensions were calculated aimed to produce films with basis weight similar to that applied as layer on the papers which were around $\sim 20 \text{ g m}^{-2}$ for CNF/NC films and $\sim 10 \text{ g m}^{-2}$ for CNF films. The basis weights were determined after applying the coatings on the paper, subtracting the basis weight of the uncoated papers from the basis weight of the final coated paper.

Thickness and basis weight of the papers and films

The thickness of the papers was measured before and after the coating process using a digital micrometer, according to the ASTM D645-97 (2007) standard. Basis weight was determined using samples that were cut in round shape with diameter of 16 mm, previously oven dried at $100 \pm 3 \text{ °C}$ and weighed according to the ASTM D646-96 (1996) standard. Thickness and basis weight of the films were also calculated. The basis weight was measured before and after the spray coating process according to Eq. 1.

$$\text{Bw} = M / A \quad (1)$$

where: Bw is the basis weight (g m^{-2}); M is the mass of the sample (g); A is the area of the sample (m^2).

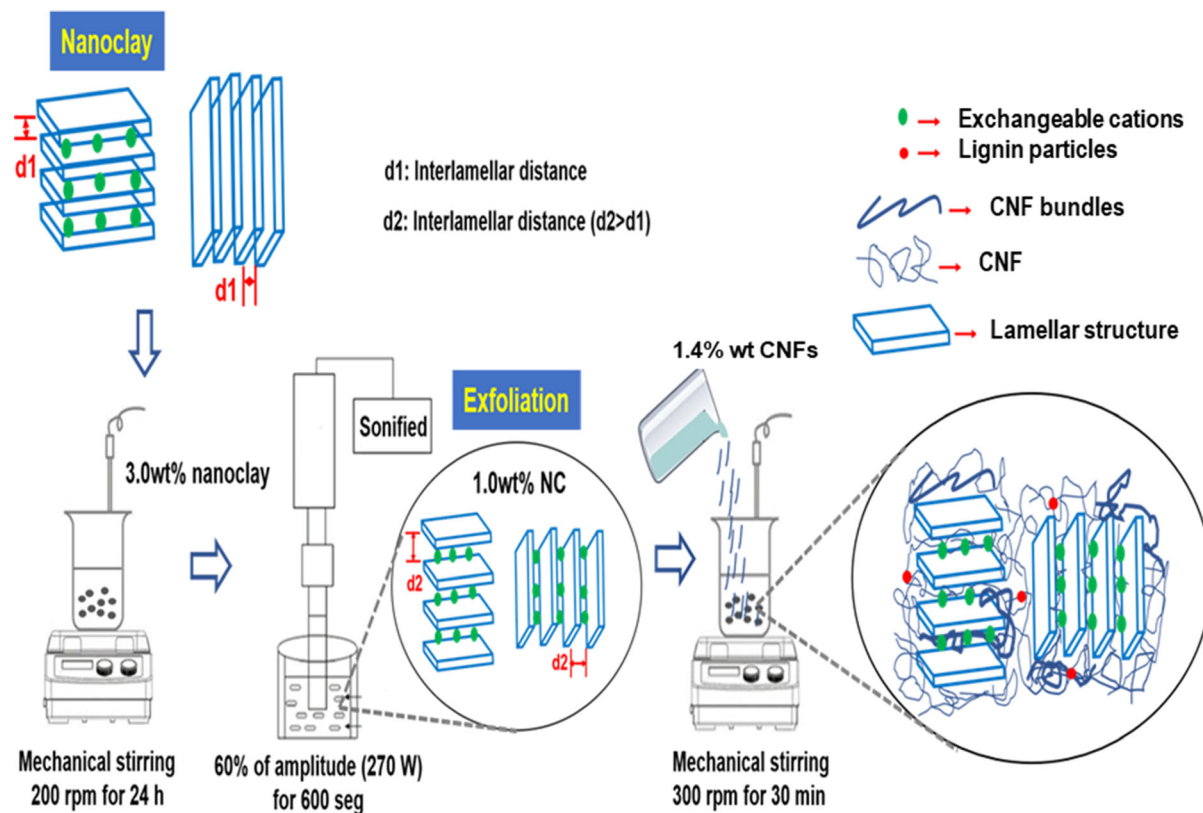


Fig. 2 Representative scheme of the exfoliated NC mixed to the CNF suspension

Tensile properties of the papers and films

Tensile properties were determined using a universal testing machine MTS Landmark (Minnesota – USA) servo hydraulic test system, according to ASTM D828–97 (2002) standard. The specimens were cut parallel to the fiber's direction of the paper. Data were acquired using the Station Manager software. The dimension required for the specimens was 20 mm in width and around 100 mm in length. The distance between the grip clamping zones was 50 mm and the dislocation rate was 14.1 mm/min. Tensile index was obtained by dividing tensile strength by basis weight of all the samples. Young's modulus and elongation at break of the films and papers were also divided by the basis weight in order to normalize the results. The average value for each property was obtained by the average of five samples.

Water vapor transmission rate of the papers

The water vapor transmission rate (WVTR) measurements were performed according to the method described in ASTM E96 / E96M-16 (2016) standard, followed by Guimarães Jr et al. (2015). The test was conducted in a laboratorial apparatus (Fig. 4) composed of permeability cells with relative humidity of 0% placed inside a desiccator with of relative humidity of 75%. A saline NaCl solution was used to keep the relative humidity at 75% into the desiccator. The permeability cells were filled with silica in order to keep the initial humidity at 0%. The samples of films and papers were placed in the cap of the cells. In addition, reference cells were allocated into the apparatus to reduce the experimental error; reference 1—cell with aluminum sheet instead of the paper sample and reference 2—cell without silica. The mass was daily monitored for eight days. The results of WVTR were obtained by the average of five samples per treatment.

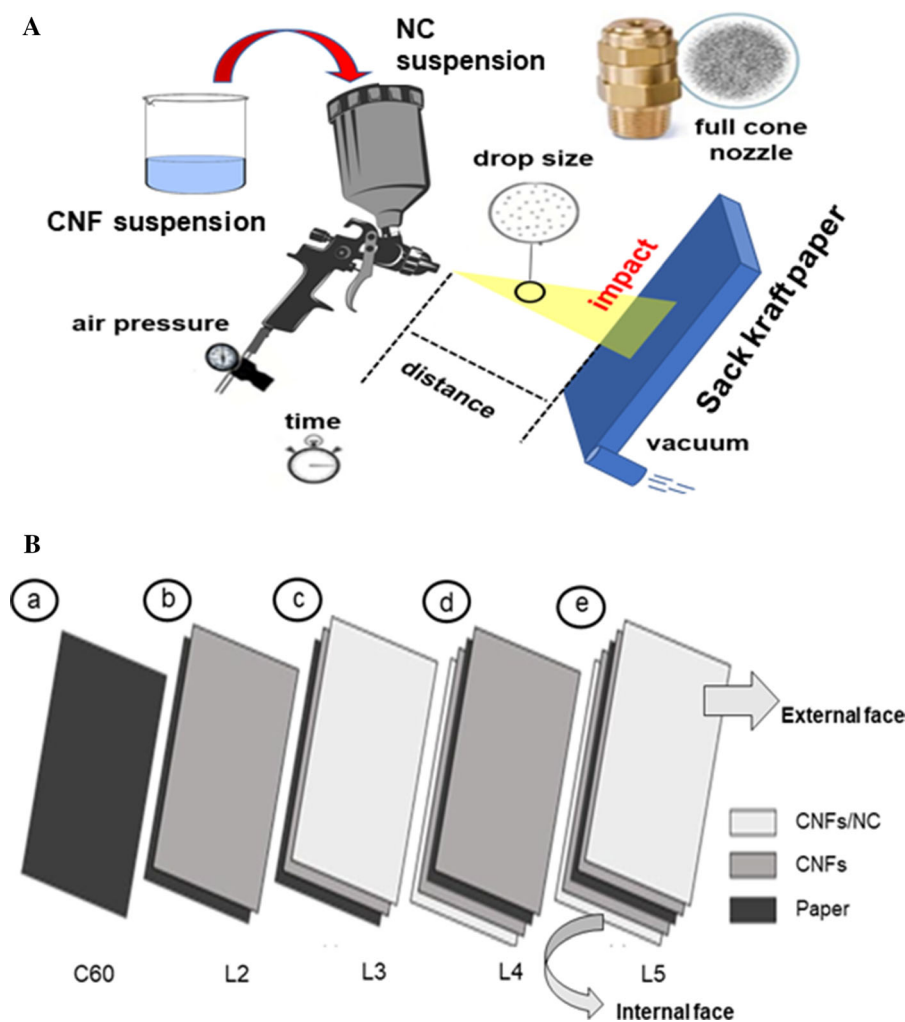


Fig. 3 **a** Representative scheme of the spray coating process of the sack kraft paper with CNFs; **b** Representative scheme of uncoated and coated papers: **a** 60 g m^{-2} sack kraft paper (C60); **b** sack kraft paper with CNF layer ($\sim 10 \text{ g m}^{-2}$) on the external face (L2); **c** sack kraft paper with CNF/NC layer ($\sim 20 \text{ g m}^{-2}$) applied on the CNF layer ($\sim 10 \text{ g m}^{-2}$) (L3); **d** sack kraft paper with CNF layer on internal ($\sim 10 \text{ g m}^{-2}$) and external

($\sim 10 \text{ g m}^{-2}$), and with one CNF/NC layer ($\sim 20 \text{ g m}^{-2}$) on the internal face (L4); and **e** sack kraft paper with internal and external faces coated with one layer of CNFs ($\sim 10 \text{ g m}^{-2}$) applied on both faces (internal and external), and one layer of CNFs/NC ($\sim 20 \text{ g m}^{-2}$) applied on both faces of the paper (external and internal) on the CNF layers (L5)

Scanning electron microscopy of the papers

Surface and cross section of the papers were assessed by scanning electron microscopy (SEM) in order to evaluate the structure of the layers deposited on the paper surface. The samples were cut in the presence of liquid nitrogen for better analysis of the cross-section. A Zeiss LEO EVO 40 XVP (Jena, Germany) microscope with secondary electron detector and accelerating voltage of 20 kV was used and the

samples were coated with gold before the analysis by sputter coating technique.

Contact angle of the papers and films

The contact angle of the papers and films substrates was carried out by depositing drops of water on the samples surface. A Kruss Advance Drop Shape Analyzer device (model DSA25B; Hamburg, Germany), equipped with a CCD camera, was used for the measurements. Distilled water drops with volume of

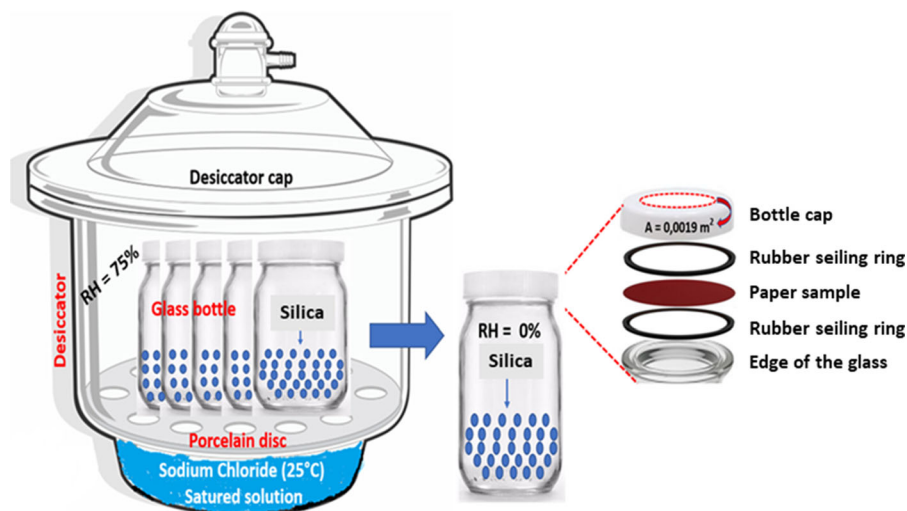


Fig. 4 Representative scheme of the apparatus for determination of WVTR

3.2 μl were deposited on the surface of the samples with dimensions of 10×100 mm. Results were obtained by average of six experimental contact angles, detected in the first seconds which the drops become stable on the sample surface. Regarding the coated papers, the measurement was made on the internal face and external face of the sample.

Results and discussion

Morphological characterization of the coated papers

SEM surface micrographs show presence of pores in the surface of uncoated paper C60 (Fig. 5a and b). Surfaces of uncoated C80 and C120 sack kraft paper showed similar attributes as C60, but the pictures are

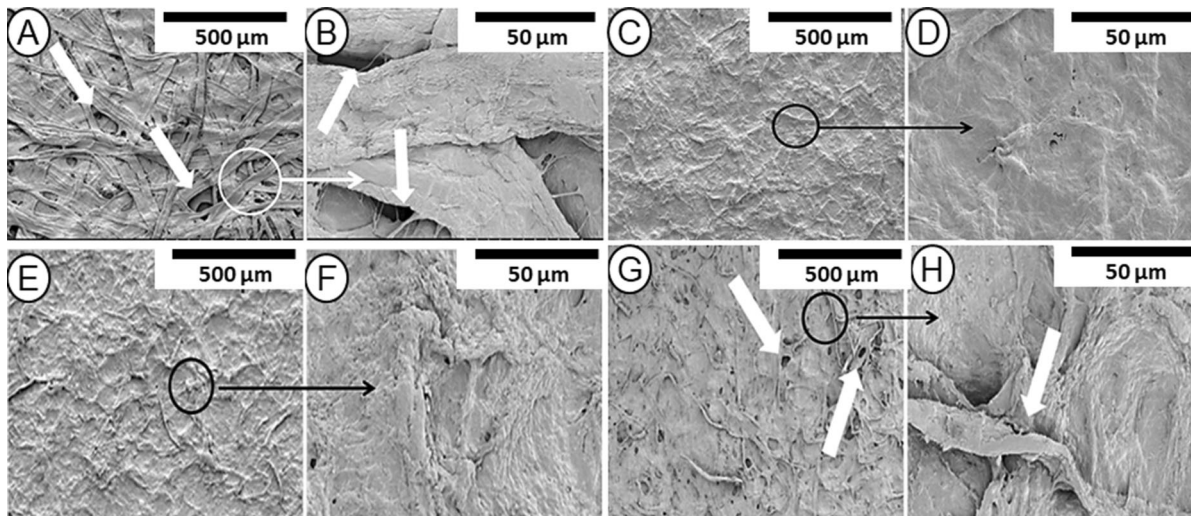


Fig. 5 Typical SEM image of the surface of: A and B—uncoated 60 g m^{-2} (C60) sack kraft paper and detail on the paper surface, respectively (white arrows indicate micropores); C and D—coated paper L2 and detail of the coated paper L2 surface, respectively; E and F—coated paper L3 and detail of the

coated paper L3 surface, respectively; G and H—coated paper L5 and detail of the most external coated surface (CNFs/NC), respectively; white arrows indicate micropores on the paper surface

not presented here. A reduction of pores was observed with the deposition of the coating layers (Figs. 5c to h), especially in L2 and L3, in which the coatings led to a smooth and uniform layer over the paper substrate. On the other hand, SEM surface images of L5 (Figs. 5g and h) showed a heterogeneous coating, with a porous and rough surface due to the large amount of coating material on the paper surface. Samples of the coated paper L4 are not shown here as the external surfaces are the same shown for L2 (Figs. 5c and d).

SEM images of the papers cross section showed that spraying layers of CNFs and CNFs/NC on the paper surfaces increased the thickness and also

creating a tortuous pathway for any substance to cross the paper. The uncoated paper C60 showed many micropores throughout the cross section, which was extended to all coated papers (Fig. 6). The coated papers designated as L2, L3, L4 and L5 had more compact layers (external or internal) due to the coatings composed by CNFs or CNFs/NC.

Thickness and basis weight of the papers and films

Thin CNF layers are sufficient to change the surface properties of the coated sack kraft paper, while thicker and uniform layers are required to change barrier properties (Brodin et al. 2014). The CNF and CNF/NC

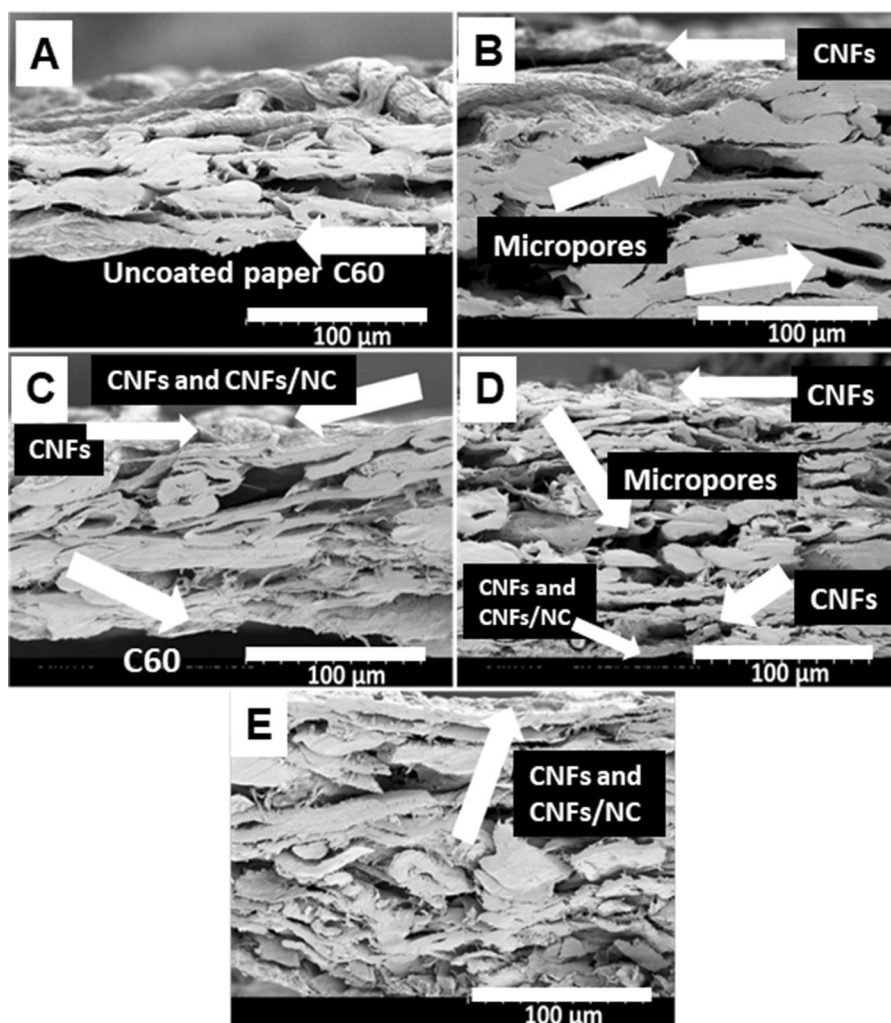


Fig. 6 Typical SEM images of the papers cross section: A) uncoated sack kraft paper (C60); B) coated paper L2; C) coated paper L3; D) coated paper L4; E) coated paper L5

Table 1 Thickness and basis weight of the films (CNF and CNF/NC) and coated (L2, L3, L4, L5) and uncoated (C60, C80, C120) papers

Papers/films	Thickness (mm)	Basis weight (g m ⁻²)
CNFs	0.015 ± 0.001*	9.6 ± 0.3
CNFs/NC	0.037 ± 0.002	19.7 ± 0.3
L2	0.107 ± 0.002	65.5 ± 0.8
L3	0.126 ± 0.004	85.2 ± 2.7
L4	0.141 ± 0.006	97.2 ± 2.5
L5	0.189 ± 0.006	112.4 ± 8.0
C60 (uncoated)	0.097 ± 0.002	55.2 ± 0.5
C80 (uncoated)	0.124 ± 0.002	73.6 ± 1.0
C120 (uncoated)	0.182 ± 0.002	112.6 ± 1.8

layers were deposited on the sack kraft papers by the spraying method, and the increase of thickness and basis weight were proportional to the number of layers deposited. Each layer of CNFs or CNFs/NC increased the basis weight of the paper by $\sim 10 \text{ g m}^{-2}$ — $\sim 20 \text{ g m}^{-2}$ (Table 1).

L2: paper coated with CNFs; L3: paper coated with CNFs and CNFs/NC; L4: paper coated with CNFs in both internal and external face and CNFs/NC in external face; L5: paper coated with CNFs in both internal and external face and CNFs/NC in both internal and external face; C60: 60 g m^{-2} ; C80: 80 g m^{-2} ; and C120: 120 g m^{-2} ; *Standard deviation.

The films produced from pure CNFs and CNFs/NC presented similar basis weight than each coating layer deposited on the coated papers (L2, L3, L4, and L5 treatments).

Mechanical strength of the multilayered papers

The coated papers had different values of basis weight; therefore the mechanical results were also divided by the basis weight value of the correspondent treatment (Table 2), to normalize the comparison among the properties of the papers. Table 3 presents the mechanical properties of the films produced with CNFs and CNFs/NC.

CNFs usually form a network in nanoscale and have more fibrils per gram of material when compared to fibers in microscale, and consequently can form more inter-fibril bonds (Brodin et al. 2014). All the papers

decreased in mechanical strength values as compared to C60 (uncoated), when analyzing the normalized values (divided by basis weight). Lavoine et al. (2014) studied the mechanical properties of CNF coated papers by two methods of coating: bar coating and size press. The two methods studied revealed higher mechanical strength for uncoated paper than CNF coated papers. The authors associated this behavior to four factors: (1) non-uniformity of coating layers; (2) insufficient coat weight of CNFs to promote improvements on mechanical properties; (3) CNFs did not penetrate into paper structure; and (4) greater amount of water penetrated in the paper structure instead CNFs.

Sack kraft paper (C120 = 120 g m^{-2}) is usually used for production of packages for grains and seeds weighing up to about 60 kg. The present results observed for coated papers were comparable to C120 uncoated paper. There was an increase of around 66% in tensile index for L2 and around 44% for L3, when compared to C120. The L4 coated paper showed the same average value of tensile index presented by C120. On the other hand, tensile index of L5 was around 19% lower than C120. The coating process performed for preparation of L5 treatment subjected the substrate to the highest number of wetting/drying cycles during the coating application. Successive wetting/drying cycles may induce some hornification process to the paper fibers. Swelling occurs in the cell volume when cellulose fiber is placed in suspension with water, and when they are dried, their volume shrinks. However, when these fibers were re-suspended in water, the original volume is not recovered, decreasing the fibers capacity of water retention. Moreover, when water is removed from the fibers, part of cell wall collapse, increasing inter-fibrillar bonding, forming irreversible and partially reversible hydrogen bonds (Ferreira et al. 2017). Besides, the pore volume is reduced, modifying the pore size distribution of the paper (Hubbe et al. 2007), which leads to the increase of papers stiffness. Cao et al. (1999) compared papers produced from once dried fibers and never dried fibers, concluding that the once dried fibers were less conformable and, consequently the paper made from them resulted in lower stiffness. The same behavior was observed for the L5 coated paper of the present work.

Furthermore, the high standard deviation obtained for basis weight of the L5 paper suggests a

Table 2 Basis weight (Bw) and mechanical properties of the different papers (coated: L2, L3, L4, L5; and uncoated: C60, C80, C120)

Papers	Bw (g m^{-2})	TS (MPa)	Tensile index (MPa m^2 g^{-1})	Young's modulus (MPa)	Young's modulus/ Bw ($\text{MPa} \cdot \text{m}^2 \text{g}^{-1}$)	EB (mm)	EB/Bw ($\text{mm m}^2 \text{g}^{-1}$)
L2	$65.5 \pm 0.8^*$	34.5 ± 7.3	0.53 ± 0.11	$3,223 \pm 150$	49.3 ± 2.3	0.04 ± 0.01	0.0006 ± 0.0001
L3	85.2 ± 2.7	39.2 ± 5.5	0.46 ± 0.06	$3,436 \pm 526$	40.3 ± 6.2	0.05 ± 0.01	0.0005 ± 0.0001
L4	97.2 ± 2.5	31.2 ± 2.3	0.32 ± 0.02	$2,519 \pm 200$	22.4 ± 1.8	0.05 ± 0.01	0.0004 ± 0.0001
L5	112.4 ± 8.0	29.6 ± 2.1	0.26 ± 0.02	$2,834 \pm 359$	29.2 ± 3.7	0.06 ± 0.02	0.0006 ± 0.0002
C60 (uncoated)	55.2 ± 0.5	35.2 ± 4.1	0.55 ± 0.07	$1,740 \pm 108$	31.5 ± 2.0	0.10 ± 0.01	0.0017 ± 0.0002
C80 (uncoated)	73.6 ± 1.0	34.7 ± 3.8	0.47 ± 0.05	$1,937 \pm 192$	26.3 ± 2.6	0.10 ± 0.01	0.0017 ± 0.0001
C120 (uncoated)	112.6 ± 1.8	35.6 ± 1.6	0.32 ± 0.01	$1,202 \pm 329$	10.7 ± 2.9	0.20 ± 0.02	0.0014 ± 0.0002

*Standard deviation; Basis weight (Bw); tensile strength (TS); elongation at break (EB); C60: 60 g m^{-2} ; C80: 80 g m^{-2} ; and C120: 120 g m^{-2}

Table 3 Mechanical properties of the CNF and CNF/NC films

Film	Tensile strength (MPa)	Elongation at break (mm)	Young's modulus (MPa)
CNFs	$24.1 \pm 3.3^*$	0.03 ± 0.02	$1,871 \pm 14$
CNFs/NC	11.9 ± 0.1	0.01 ± 0.00	$1,893 \pm 238$

*Standard deviation

heterogeneous coating that did not increase the tensile index of the paper. Afra et al. (2016) reported an increase in tensile index for CNF coated papers proportional to the added CNF basis weight. Syverud and Stenius (2009) studied mechanical properties of CNF coated paper and reported 6% of decrease on tensile index with 2 g m^{-2} of CNF addition compared to uncoated paper. However, the authors reported that application of thicker layers (4 and 8 g m^{-2}) promoted 6% and 14% of tensile index increase, respectively. All coated papers showed an increase of Young's modulus in relation to the uncoated papers. Similar result was reported in Afra et al. (2016), with CNF coating layers on paper sheets, relating that stiffness is proportional to the applied CNF basis weight. On the other hand, Lavoine et al. (2014) observed a decrease in Young's modulus after CNF application on the paper. The authors observed a decrease of around 20–45% in Young's modulus with the coating composed of 3– 14 g m^{-2} of CNFs. The values of Young's modulus were divided by the basis weight to normalize the comparison among

treatments. In this work, spraying a layer of 10 g m^{-2} of CNFs (L2) and around 20 g m^{-2} of CNFs/NC (L3) resulted in a great increase in Young's modulus (56% for L2 and 28% for L3). In other cases, the application of greater basis weight of CNFs/NC (57 g m^{-2} for L5 and 42 g m^{-2} for L4), a considerable decrease in Young's modulus (30% and 7% for L5 and L4, respectively) was observed, in comparison to C60. The elongation at break for the coated papers reduced after the coatings of around 60%, 50%, 50%, and 40% for L2, L3, L4 and L5, respectively, in relation to uncoated papers. Sack kraft paper is constituted by many micro wrinkles that confers extensibility properties to the paper. In contrast, CNFs and CNFs/NC form a layer that restrict the extensibility and decrease elongation of the paper. Agglomerated NC layers are responsible for stress concentrations in the paper and decreases the elongation at break (Gabr et al. 2013). Figures 7 and 8 show the evolution of stress-elongation of the samples during the tensile test. Stress x specific elongation (mm/mm) of uncoated papers C60,

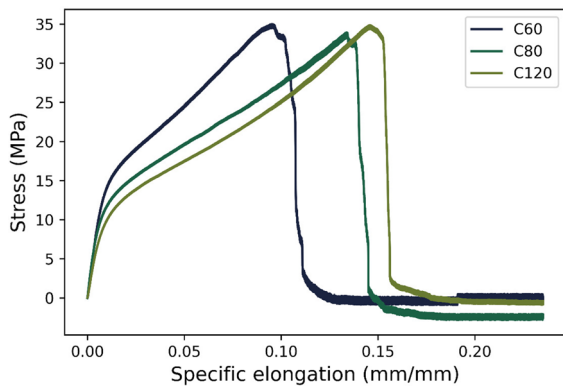


Fig. 7 Typical curves stress x specific elongation of uncoated sack kraft papers C60, C80 and C120

C80 and C120 showed maximum stress of around 35 MPa.

L4 and L5 coated papers presented curves with a second mechanical performance due to the presence of the deposited layers: during the tensile loading, the different layers does not fail at the same time. The layers composed by CNFs and CNFs/NC, which are stiffer, are responsible for the initial mechanical

performance (first rupture), and then the paper substrate is finally mechanically broken (Fig. 9).

Contact angle of the papers and films

Measuring the contact angle of a water drop on the paper substrate surface gives an insight into the hydrophobicity of the surface, which can be defined as the tendency of a water drop not to spread on the substrate. CNF coating layers induced the decrease of the contact angle (87°) for L2 coated papers, in comparison to uncoated paper C60 (111°). However, this difference was not observed for the L3 treatment that was coated with CNFs and CNFs/NC (110°) (Fig. 10). Greater basis weight did not indicate lower hydrophobicity for the papers C80 and C120. Theoretically, papers with higher basis weight should obtain greater hydrophobicity due to having a greater mass of fibers in a given area, consequently implying greater difficulty for penetration of the drop of water. However, the work found that this is not necessarily followed. The application for packaging requires, in most cases, a more hydrophobic character of the paper

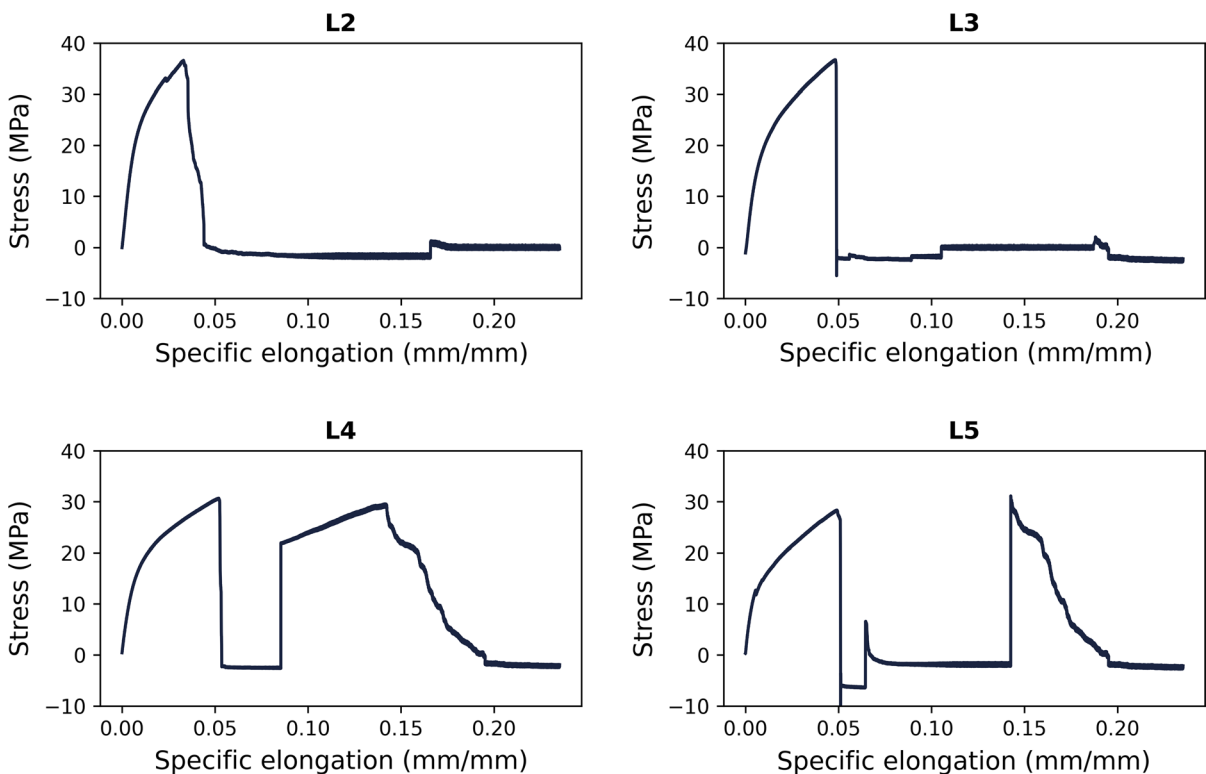


Fig. 8 Typical curves stress x specific elongation for the coated papers L2, L3, L4, and L5 papers

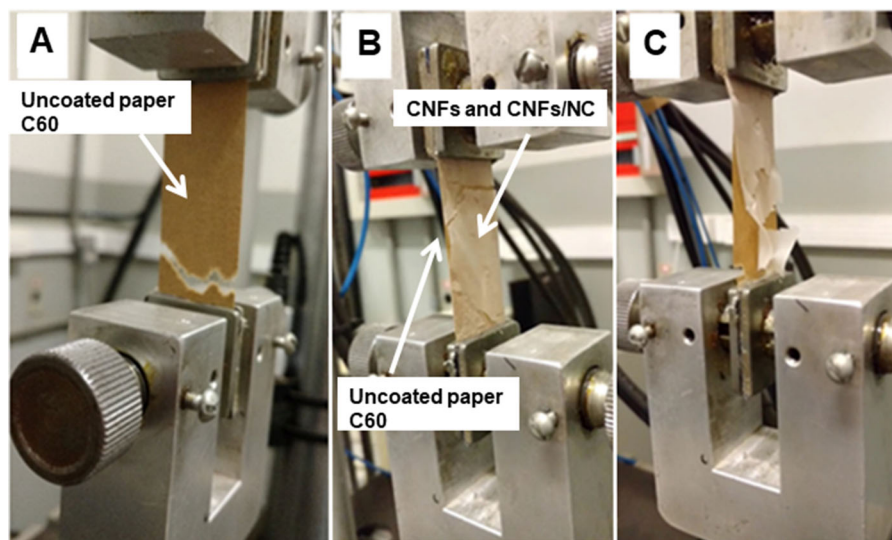


Fig. 9 Apparatus for tensile testing showing the rupture of the samples; **a** C60 (uncoated paper with 60 g m^{-2}); **b** L4 coated paper (the deposited CNF layer ruptured before the paper

substrate); and **c** L3 coated paper (the deposited CNF layer ruptured before the paper substrate)

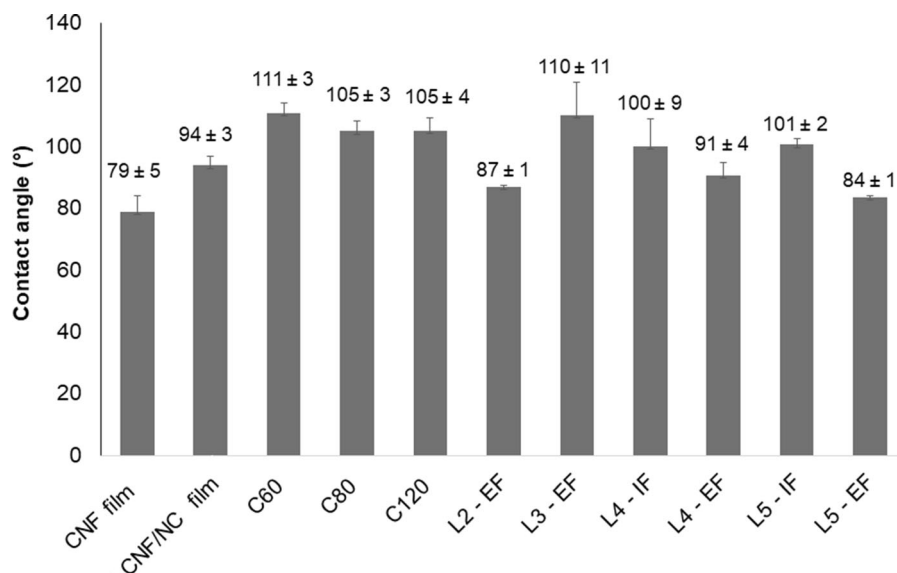


Fig. 10 Average and standard deviation values of contact angle for CNF and CNF/NC films, and uncoated (C60, C80 and C120) and coated papers; IF = internal face; EF = external face

for food preservation and protection purposes. Packages produced with materials with hydrophilic nature can lead to difficulties in the storage of certain types of products, especially food and perishables. Generally, suitable contact angle with the water droplet can be a strong indicative for good resistance to oil.

The film produced from CNFs/NC showed greater contact angle in relation to the CNF film, confirming that CNF/NC coating seems to be more effective for increasing hydrophobicity. The hydrophilic nature of CNFs, especially after the cell wall nanofibrillation process is a determining factor in its application as paper coating. NC minerals are usually made up of

two-dimensional silica tetrahedral sheets. These tetrahedral sheets are attached to alumina octahedral sheets (Kausar 2020), whereas when adequately dispersed into the polymeric matrices, the NC presents good barrier properties (Gaikwad and Seonghyuk 2015; Abdullah et al. 2018). It was observed that the L5 coated paper resulted in different contact angles, when evaluating the internal and external faces of the coated paper, even if the layer composition is the same on both sides. This may have occurred due to some heterogeneity of the layer's deposition on the paper surface, with regions with excessive deposition of coating, and others with insufficient coating. The surface roughness of the different deposited layers may also have some influence on the hydrophobicity. Although L3 and L5 have a rougher surface compared to L2, they tended to have greater contact angles and this was probably due to the presence of NC, which sometimes caused agglomerations and surface granularity. Low values of contact angles ($< 90^\circ$) indicate that the material has lower hydrophobicity, while high contact angles ($> 90^\circ$) indicate low hydrophilicity (Yuan and Lee 2013).

Water vapor transmission rate of the films and papers

Films produced with CNFs/NC showed lower vapor transmission compared to films produced with only CNFs (Fig. 11). The addition of NC to the composition of the CNF films resulted in reduction of around 11% on the WVTR evaluated in the study. Generally, the incorporation of NC into CNFs is expected to

retard the passage of vapor, due to lower moisture presented and formation of silicate layers as a protective barrier, and/or via inducing obstacles that could delay the passage of water vapor (Leszczyńska et al. 2007). Guimarães et al. (2021) found values of WVTR ranging from 497 to 519 $\text{g m}^{-2} \text{day}^{-1}$ for films prepared with CNFs from banana pseudostem. Literature data shows WVTR values ranging between 234 – 332 $\text{g m}^{-2} \text{day}^{-1}$ for films produced with CNFs/NC (Rodionova et al. 2011; Lu et al. 2015).

When successfully dispersed in polymeric matrix, NC can hinder the diffusion through the matrix due the tortuous path created by exfoliated plates that could improve barrier properties (Gaikwad and Seonghyuk 2015). The NC grains adsorb water, which expand and form barrier layers against vapor transmission (Vartiainen et al. 2010). As previously discussed, CNFs are hydrophilic materials with high aspect ratio and strong capacity to form close networks (Dufresne 2013) that may promote the decrease of WVTR. CNF/NC coating layers led to lower WVTR than pure CNF coating layers. The union of two hydrophilic components caused the effect of increasing the hydrophobicity effect of the material. Barrier capability is mostly the result of the inherent highly-ordered nanoplatelet-like structure of the mineral, which is preserved in the composite with CNF (Mirmehdi et al. 2018). Since CNF is present in strong hydrogen bonding, by achieving an appropriate percolation network with the presence of NC, a more impermeable network is formed. Furthermore, the very fine particle size, swelling capacity, and flake shape provide to some types of NC, the ability to form almost

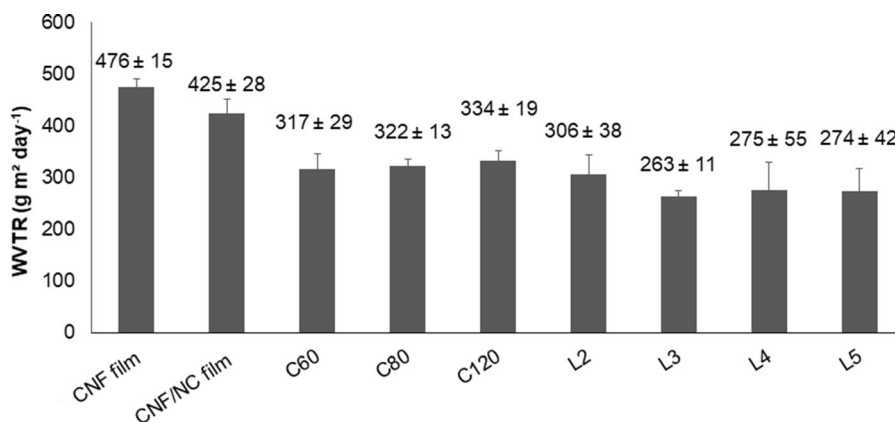


Fig. 11 Average values of WVTR for the films and papers produced

impermeable membranes to the movement of water (Murray 2006).

SEM micrographs (Fig. 5a to h) demonstrated that the CNF and CNF/NC layers reduced the porosity of the paper substrate, contributing to WVTR reduction. Reduction of WVTR was observed for all multilayered papers when compared to uncoated samples (C60, C80 and C120). Analyzing the uncoated papers with different basis weight, it is noted that greater basis weights did not result in lower WVTR, indicating that the real influence on this property is exerted by the composition of the paper/film and coating agent. The coating with 10 g m^{-2} of CNFs on 60 g m^{-2} sack kraft paper (L2 coated paper) promoted a decrease of around 4% in WVTR in relation to C60, leading to a homogeneous less porous surface that may be further coated with other hydrophobic and barrier agents in the future.

L3, L4 and L5 presented lower WVTR compared to L2 and uncoated papers (C60, C80 and C120). In this case, the greater number of layers deposited on the paper surface may have created more obstacles against the vapor passage. Results showed that L3 coated paper led to a reduction of around 17% for WVTR in relation to the 60 g m^{-2} uncoated paper (C60). Additionally, L3 led to the greater contact angle among all the coated papers (see Fig. 10), which means a better combination of layers for this treatment composition, including for mechanical properties. The coated papers L4 and L5 presented a reduction of around 14% for WVTR in comparison to the reference uncoated paper (C60).

Conclusion

Commercial sack kraft papers were coated with overlapping layers of CNFs and CNFs/NC and were evaluated through their mechanical and barrier properties. Coated papers (except L2 treatment) which consists of only CNF layers, resulted in a more efficient water vapor barrier when compared to the uncoated samples. SEM surface images of surface and cross-sections showed that the addition of CNFs and CNFs/NC reduced the paper surface porosity. The addition of CNFs and CNFs/NC also increased the hydrophobicity of the surface of coated papers when compared to control uncoated papers (C60, C80 and C120). The highest values of tensile index and

Young's modulus were observed for coatings with 10 g m^{-2} of CNFs (L2) and 30 g m^{-2} of CNFs and CNFs/NC (L3). Higher number of layers (4 to 5) applied by spraying in the present conditions seems to be detrimental to mechanical strength and surface properties, and provided a better barrier properties. This is probably due to the challenges of the spray coating technology with just CNF and NC suspensions. The challenges are related to the hornification effect of the fibers in the coated samples when subjected to high number of wetting–drying cycles during the CNF/NC application, for the drying processing of the coated and multilayered papers. This work shows the high potential of CNFs and NC as coatings in packaging paper and the key is to obtain good exfoliation of NC, followed by good dispersion of CNFs and CNFs/CN. Further developments and optimizations on spray coating techniques or other application methods should significantly improve the mechanical and barrier properties of the coated papers for packaging using lower basis weight papers.

Declarations

Conflict of interest The authors confirm that there is no conflict of interest regarding the submission.

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