

# Telocytes of the human adult trigeminal ganglion

Mugurel Constantin Rusu · Dragos Cretoiu · Alexandra Diana Vrapciu · Sorin Hostiuc · Dan Dermengiu · Vasile Sorin Manoiu · Sanda Maria Cretoiu · Nicolae Mirancea

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Abstract Telocytes (TCs) are typically defined as cells with telopodes by their ultrastructural features. Their presence was reported in various organs, however little is known about their presence in human trigeminal ganglion. To address this issue, samples of trigeminal ganglia were tested by immunocytochemistry for CD34 and examined by transmission electron microscopy (TEM). We found that TCs are CD34 positive and form networks within the ganglion in close vicinity to microvessels and nerve fibers around the neuronal–glial units (NGUs). TEM examination confirmed the

Mugurel Constantin Rusu and Dragos Cretoiu contributed equally to this work.

M. C. Rusu : A. D. Vrapciu Division of Anatomy, Faculty of Dental Medicine, Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

M. C. Rusu International Society of Regenerative Medicine and Surgery (ISRMS), Bucharest, Romania

M. C. Rusu MEDCENTER – Center of Excellence in Laboratory Medicine and Pathology, Bucharest, Romania

D. Cretoiu · S. M. Cretoiu Division of Cellular and Molecular Biology and Histology, Department 2 Morphological Sciences, Faculty of Medicine, Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

D. Cretoiu  $\cdot$  S. M. Cretoiu  $(\boxtimes)$ Victor Babes National Institute of Pathology, Bucharest, Romania e-mail: sanda@cretoiu.ro

existence of spindle-shaped and bipolar TCs with one or two telopodes measuring between 15 to 53 μm. We propose that TCs are cells with stemness capacity which might contribute in regeneration and repair processes by: modulation of the stem cell activity or by acting as progenitors of other cells present in the normal tissue. In addition, further studies are needed to establish if they might influence the neuronal circuits.

Keywords Telocytes · Telopodes · CD34 · Trigeminal ganglion . Extracellular vesicles

S. Hostiuc : D. Dermengiu Division of Legal Medicine and Bioethics, Department 2 Morphological Sciences, Faculty of Medicine, Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

#### D. Dermengiu

Department of Forensic Pathology, National Institute of Legal Medicine, Bucharest, Romania

#### V. S. Manoiu

Department of Cellular and Molecular Biology, National Institute of Research and Development for Biological Sciences, Bucharest, Romania

N. Mirancea  $(\boxtimes)$ Institute of Biology of Bucharest, The Romanian Academy, Bucharest, Romania e-mail: nick\_mirancea@yahoo.com

# Introduction

Different morphological studies indicated the presence of cells with a peculiar morphology, the telocytes (TCs), in many organs and in various species (Cretoiu and Popescu [2014;](#page-7-0) Rusu et al. [2012c;](#page-7-0) Vannucchi et al. [2015;](#page-8-0) Yang et al. [2015](#page-8-0); Zhang et al. [2015\)](#page-8-0). Telocytes are a distinct type of interstitial cells characterized by a small cell body and extremely long and thin processes named telopodes (Tps), with uneven caliber (Bei et al. [2015a](#page-6-0); Cretoiu and Cretoiu [2016;](#page-7-0) Popescu and Faussone-Pellegrini [2010](#page-7-0); Rusu [2014;](#page-7-0) Rusu et al. [2014a;](#page-7-0) Rusu et al. [2014b](#page-7-0)). Additional information about Tps spatial configuration was brought recently by FIB-SEM tomography (Cretoiu et al. [2015a](#page-7-0); Cretoiu et al. [2014\)](#page-7-0).

Although in transmission electron microscopy TCs could be identified by their morphology, a distinctive marker for these cells has not been yet demonstrated. Several markers have been found to be expressed on TCs, such as CD34, CD117, vimentin, PDGFRα/β, and α-SMA (Campeanu et al. [2014](#page-6-0); Diaz-Flores et al. [2013;](#page-7-0) Manole et al. [2015](#page-7-0); Rusu et al. [2012d](#page-7-0); Rusu et al. [2011\)](#page-7-0). For example, Bei et al. showed that cardiac TCs are positive for CD34/c-kit, CD34/vimentin, and CD34/PDGFR-β (Bei et al. [2015c](#page-6-0)), while in other organ systems (i.e., human gastrointestinal tract), TCs express either CD34 or PDGFR $\alpha$  but do not express c-kit, which makes possible to distinguish gut telocytes, which are CD34-positive/ PDGFRα-positive/c-kit-negative, and interstitial cells of Cajal, which instead are CD34-negative/PDGFRα-negative/c-kit-positive (Manetti et al. [2015;](#page-7-0) Milia et al. [2013](#page-7-0); Vannucchi et al. [2013](#page-8-0)). In addition, various studies reported that the co-expression of CD34 and PDGFR $\alpha$  antigens can be used as the most reliable method for TCs identification, especially in cell cultures (Diaz-Flores et al. [2014](#page-7-0); Vannucchi et al. [2013](#page-8-0); Zhou et al. [2015\)](#page-8-0).

Recently, there is growing evidence for a evident distinction between fibroblasts and TCs based on microRNA signatures of TCs and studies of geneexpression and proteomic profiles (Albulescu et al. [2015;](#page-6-0) Cismasiu and Popescu [2015](#page-6-0); Cismasiu et al. [2011](#page-6-0); Song et al. [2015](#page-8-0); Sun et al. [2014](#page-8-0); Wang et al. [2015](#page-8-0); Zheng et al. [2014](#page-8-0); Zhu et al. [2015](#page-8-0)). Various roles have been attributed to TCs, such as stromal signaling or participation in regenerative processes (Bei et al. [2015b](#page-6-0); Roatesi et al. [2015;](#page-7-0) Rusu et al. [2014b\)](#page-7-0).

Within stromal compartments TCs build threedimensional networks which may belong to an integrated system which maintains tissue/organ function (Vannucchi et al. [2015](#page-8-0)). Indeed, TCs interrelations with each other as well as with other cells types or structure point out toward their affiliation to a intercellular signaling system (Cretoiu et al. [2012](#page-7-0); Gherghiceanu and Popescu [2012;](#page-7-0) Popescu et al. [2015\)](#page-7-0), hypothesis strengthened by the fact that they are also able to release extracellular vesicles (Cretoiu et al. [2015a;](#page-7-0) Cretoiu et al. [2013](#page-7-0); Fertig et al. [2014](#page-7-0)). In adult, TCs could be considered mesenchymal stromal (stem) cells (MSCs) with multilineage potential (interstitial Cajal cells, fibroblasts, myofibroblasts) (Vannucchi et al. [2015](#page-8-0)). Indeed, it was discussed that CD34-expressing stromal fibroblastoid cells, which were applied confusing terms such as fibroblasts, fibrocytes, telocytes, gain MSCs potentiality after they lose the expression of CD34 (Diaz-Flores et al. [2015b](#page-7-0); Diaz-Flores et al. [2014\)](#page-7-0).

In view of these recent concept updates, this study aims to test the expression of CD34 within the human adult trigeminal ganglion, which was previously documented for housing c-kit + fibroblastoid interstitial cells (Rusu et al. [2011](#page-7-0)), as well as quiescent stem/progenitor cells included within the satellite glial cells sheaths (Rusu et al. [2013](#page-7-0); Rusu et al. [2014c\)](#page-7-0). Cells positive for CD34 were also examined by transmission electron microscopy (TEM) which revealed the ultrastructural peculiarities suggestive for TCs.

# Materials and method

#### Tissue samples

For the present study, autopsy samples of trigeminal ganglia were dissected out from 15 adult cadavers (sudden cardiac or traumatic deaths), in the "Mina Minovici" Institute of Legal Medicine, Bucharest. Donor cases were not diagnosed nor died from neurodegenerative disorders; the mean age was 62 years and the sex ratio was 3:2. Approval for the present study was granted by the Bioethics Committee of the "Mina Minovici" Institute of Legal Medicine, Bucharest, according to the generally accepted international standards and national laws.

### Immunohistochemistry

Tissue samples, fixed for 24 h in buffered formalin (8 %), were processed with an automatic histoprocessor (Diapath, Martinengo, BG, Italy) with paraffin embedding. Sections were cut manually at 3 μm and mounted on SuperFrost® electrostatic slides for immunohistochemistry (Thermo Scientific, Menzel-Gläser, Braunschweig, Germany). To assess an accurate embedding and tissue integrity the 3-μm thick sections were stained with hematoxylin and eosin (HE).

Samples of trigeminal ganglia were tested by immunocytochemistry using a primary antibody against CD34 (clone QBEnd 10, Dako, Glostrup Denmark, 1:50). Sections were deparaffinized, rehydrated, and rinsed in PBS buffer solution at pH 7.4. Retrieval by incubation in EDTA, pH 9 was completed. The standard ABC technique used a DAB protocol. Appropriate blocking of endogenous peroxidase was completed before immune labeling (Peroxidazed 1, Biocare Medical, Concord, CA, USA). Sections incubated with non-immune serum served as negative controls. The immune labeled sections were counterstained with hematoxylin.

The microscopic slides were analyzed and micrographs were acquired and scaled using a Zeiss working station which was described elsewhere (Rusu et al. [2012b\)](#page-7-0).

#### Transmission electron microscopy

Small tissue fragments about  $1-2$  mm<sup>3</sup> were prefixed in fresh ice-cold 4 % glutaraldehyde in sodium cacodylate buffer, pH 7.4 for 4 h at 4  $^{\circ}$ C. After fixation, the tissues were washed  $6\times$  in 0.05 M sodium cacodylate buffer (pH 7.4) at 4  $\degree$ C, postfixed in 2 % osmium tetroxide in 0.1 M sodium cacodylate at room temperature for 2.5 h, stained en bloc with 0.5 % aqueous uranyl acetate overnight at 4 °C and washed with 0.05 M sodium cacodylate buffer. After dehydration in graded series of ethanol and infiltration with propylene oxide, specimens were embedded in Glycid ether (Epon 812-equivalent) and finally polymerized at 60 °C for 48 h. Semithin sections were stained with 1 % toluidine blue for light microscopy. Ultrathin sections (80–100 nm) were cut using a diamond knife and collected on 200-mesh copper grids, and double counterstained with uranyl acetate and subsequently lead citrate. The grids were examined in a Philips electron microscope EM 208S operated at an acceleration voltage of 80 kV. An image acquisition system consisting of a video camera Veleta and the iTEM Olympus Soft Imaging System was used.

# Results

General histological structure of the trigeminal ganglion

The morphological features of the trigeminal ganglion (TG) were examined on histological slides stained with HE, as well as on semithin slides stained with toluidine blue. Different characteristic structures were identified: the neuronal–glial units (NGUs), intrinsic nerve bundles, and connective stroma (interstitial tissue) with microvessels, myelinated and unmyelinated nerve fibers, rare mast cells, and various other cells stromal cells difficult to identify precisely under light microscopy.

The NGUs of the TG, which showed a tendency to cluster, consisted of trigeminal neurons (usually single neurons, but also neuronal doublets and triplets were observed), surrounded by satellite glial cells (SGCs) forming a discontinuous neuronal envelope under light microscopy. Over the envelope built up by SGCs, the ganglionic interstitial tissue (connective stroma) appears to create distinctive layers of variable thickness. The interstitial tissue separating the NGUs was continuous with the connective sheaths of the intraganglionic nerve fascicles.

CD34-expressing cells of the trigeminal ganglion

Immunohistochemistry for CD34 revealed positive interstitial cells with long and moniliform processes, chained in networks within the ganglion (Fig. [1](#page-3-0)). The networks were found in close vicinity to microvessels and nerve fibers and were also detected around NGUs. CD34 expression was also found, as expected, in vascular endothelial cells.

Ultrastructural identification of telocytes within the trigeminal ganglion

Transmission electron microscopy (TEM) examination of human trigeminal ganglia showed NGUs as well as nerve fascicles and fibers, with the corresponding Schwann cells. In between NGUs, the interstitial tissue comprises microvessels of various calibers, having their walls built up from endothelial cells surrounded occasionally by discontinuous pericytes.

Telocytes, usually spindle-shaped and bipolar, with one or two telopodes visible on a single section (with lengths ranging from 15 to 53 μm) were identified at lower magnifications, and were either in neutral

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Fig. 1 CD34 labeling of human adult trigeminal ganglion. a. CD34+ stromal cells (arrows) with long, slender, and moniliform processes surrounding the neuronal–glial units and the intraganglionic nerves (scale bar 50 μm). b, c Detailed telocytes positive for CD34 are indicated by white arrows(scale bar 20 μm). One can note their moniliform telopodes bordering the neuronal envelope. Blood vessels are indicated with arrowheads

positions within the interstitial tissue, or topographically, closely related to microvessels, intraganglionic nerve

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fibers, and NGUs. These TCs were further evaluated at higher magnifications. Frequently, one can observe, around the cell body and along telopodes, a discontinuous basal lamina, interposed between the plasma membrane and pericellular fibrils of collagen. After the reconstruction of 28 micrographs and 39 micrographs respectively, we were able to observe the telopodes, as striking features of TCs (Figs. 2, [3,](#page-4-0) and [4](#page-4-0)). We identified the



Fig. 2 Human adult trigeminal ganglion. Twenty-eight micrographs of ultrathin sections were concatenated and digitally colored. One can observe a blue spindle-shaped telocyte with long processes and uneven caliber telopodes

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Fig. 3 Human adult trigeminal ganglion. Higher magnification details of a telocyte depicting plasmalemmal caveolae (white arrowheads), intermediate filaments (asterisk), endosomes (thin arrows), and a multivesicular body/endosomal carrier vesicle (black arrowhead)

presence of elongated, spindle-shaped cell bodies with two telopodes emerging from the extremities, and we also observed triangular cell bodies for TCs presenting three telopodes. The nucleus was ovoid or triangular, with eccentric condensed chromatin and occasionally 1–2 nucleoli were observed. A thin rim of perinuclear cytoplasm was identified, its quantity increasing at the base of the primary processes, such as a "cone of insertion" of the respective process to accommodate mitochondria and endoplasmic reticulum. The presence of the Golgi apparatus and the lysosomes were inconspicuous. A primary cilium-like structure was also identified (Fig. [5\)](#page-5-0). Telopodes were defined by their uneven caliber determined by intermittent dilations along their length, and which usually enclosed mitochondria and smooth and rough endoplasmic reticulum. At lower magnification, telopodes were observed to configure a veritable labyrinthine system. Longitudinal bundles of intermediate filaments were also a constant feature of these processes (Fig. 3). Lipid droplets and glycogen granules were occasionally seen within in telopodes, while an abundant vesicular content was constantly identified in the form of multivesicular bodies/endosomal carrier vesicles and endosomes (Figs. 3). The TCs we evaluated contained a high number of plasmalemmal caveolae, equally present in cell bodies and processes. Clathrin-coated pits and vesicles were also observed.



Fig. 4 Ultrathin sections of human adult trigeminal ganglion. Thirty-nine micrographs were digitally reconstructed allowing the identification of a telocyte which displays a long (30.52 μm) thick process. Ultrastructural details of this cell (areas  $A-C$ ) are presented in the next figure

Plasmalemmal adhesion plaques were constantly observed, seemingly configuring fibronexuses, as well

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Fig. 5 Ultrastructural details  $(A - C)$  of the telocyte illustrated in the previous figure. a Several intercellular junctions (black arrows) and plasmalemmal adhesion plaques (black arrowheads) can be observed. b A telopode fragment with plasmalemmal caveolae (white arrows), an endosomal-rich zone (asterisk), and plasmalemmal adhesion plaques (black arrowheads) c an internal primary cilium (white arrowhead) can be observed. m mitochondrion

as in regions of intercellular adherens-like junctions (Fig. 5).

# **Discussion**

Studies of the gasserian ganglia are in general addressed to the immunohistochemical and ultrastructural characterization of the different types of pseudounipolar neurons (Kai-Kai [1989;](#page-7-0) Maxwell [1967](#page-7-0)). Little attention was paid to the characterization of the interstitial space. The presence of c-kit positive neurons in sensory ganglia has been verified in various species. In one of our previous studies, we showed the presence of c-kit/CD117 receptors at the level of trigeminal neurons (TNs), mast cells and interstitial cells within the trigeminal ganglion (Rusu et al. [2011](#page-7-0)). Ultrastructurally, the interstitial cells were identified as telocytes and were described as completely different from the Schwann cells and the satellite glial cells (Rusu et al. [2011\)](#page-7-0).

This study is the first report describing the presence of CD34 positive interstitial cells in the human trigeminal ganglion. The identified stromal cells are telocytes (TCs) meeting the key features for the ultrastructural identification: a small cell body  $(15-53 \mu m)$  with emerging long telopodes containing endoplasmic reticulum and mitochondria located in the podoms. Moreover, a primary cilium and attachment plaques configuring fibronexuses were also detected as previously reported by other studies (Cantarero et al. [2011;](#page-6-0) Rusu et al. [2012a\)](#page-7-0). CD34 was detected on these cells with long processes interconnected in a network.

Lately, a significant body of in vitro and in vivo research confirmed that CD34+ stromal cells are TCs (Cretoiu et al. [2015b;](#page-7-0) Diaz-Flores et al. [2016\)](#page-7-0). Recent studies underline the fact that TCs frequently express CD34 sometimes in association with other stem cell markers such as c-kit (Bei et al. [2015c;](#page-6-0) Zhou et al. [2015](#page-8-0)). CD34 is a glycosylated transmembrane protein and signifies a general marker for bone marrow-derived progenitor cells. It was suggested that CD34 is involved in maintenance of the progenitor cells in a phenotypically undifferentiated state (e.g., hematopoietic and endothelial progenitor cells) (Chotinantakul and Leeanansaksiri [2012\)](#page-6-0). These stem cell properties of TCs along with the fact that they also express mesenchymal marker CD29 (Bei et al. [2015c](#page-6-0)) raise the possibility that they might be involved in regeneration and repair processes, either by modulating the stem cell activity (Albulescu et al. [2015;](#page-6-0) Diaz-Flores et al. [2016](#page-7-0)) or by acting as progenitors of other cells present in the normal tissue, e.g., mesenchymal cells or interstitial cells of Cajal or in affected tissue (granulation tissue) where it might participate as a source of  $\alpha$ -smooth muscle actin positive stromal cells, with myofibroblastic characteristics (Diaz-Flores et al. [2015a](#page-7-0); Diaz-Flores et al. [2015b;](#page-7-0) Diaz-Flores et al. [2014\)](#page-7-0). In opposition to this proposed explanation, several studies provided convincing evidence that TCs are decreased and ultrastructurally damaged during tissue fibrosis of different etiologies, such as in scleroderma, failing human heart, and inflammatory bowel disease-related intestinal fibrosis (Ibba-Manneschi et al. [2016;](#page-7-0) Manetti et al. [2013;](#page-7-0) Manetti et al. [2014](#page-7-0); Manetti et al. [2015](#page-7-0); Milia et al. [2013;](#page-7-0) Richter and Kostin [2015\)](#page-7-0). As an example, CD34/ $\alpha$ -SMA combined immunostaining did not reveal the presence of double-positive transitioning stromal cells in the colonic wall of ulcerative colitis patients (Manetti et al. [2015](#page-7-0)). Furthermore, there is clear ultrastructural evidence of fibrosis-related TC degenerative processes rather than transdifferentiation into myofibroblasts, as shown in human heart failure and scleroderma skin (Ibba-Manneschi et al. [2016;](#page-7-0) Manetti et al. [2013;](#page-7-0) Richter and Kostin [2015](#page-7-0)).

The trigeminal TCs presence in the interstitium between NGUs having telopodes extended in a neutral <span id="page-6-0"></span>position or in close proximity of microvessels seem to play an important role in the physiology of the gasserian ganglia. Besides the aforementioned plausible functions, TCs might represent key players in many events such as proliferation, differentiation, communication, and migration of the neurons and glial cells during development, processes regulated mainly by the cell secretome (Haslene-Hox et al. [2013\)](#page-7-0). In a recent study, TCs secretome was analyzed, targeting the characterization of the several growth factors, cytokines, and other molecules secreted by cardiac TCs (Albulescu et al. 2015). Taken together, the findings suggested that TCs "could sense and re-direct the cellular microenvironment" to increase the renewal capacity of stem cells, phenomenon attributed to interleukin (IL)-6, VEGF, macrophage inflammatory protein  $1\alpha$  (MIP-1 $\alpha$ ), MIP-2, and MCP-1 (Albulescu et al. 2015).

Moreover, since TCs release extracellular vesicles some of their content might also influence the neuronal circuits, as we suggested before (Rusu et al. [2011](#page-7-0)). Future experiments will be designated to provide additional data about the relationships between the populations of c-kit positive and c-kit negative neurons existing in trigeminal ganglion and CD34+ TCs. It remains to be established if the TCs population is modified in different pathologies, e.g., trigeminal neuralgia. It is established that neuron–glia interactions are involved in all stages of inflammation and pain (Old et al. [2015](#page-7-0)); however, no data exists regarding the influence of the surrounding interstitial tissue. Thalakoti et al. demonstrated that activation of trigeminal neurons leads to changes in adjacent glia determined by nonsynaptic communication through gap junctions and paracrine signaling. They suggested that neuronal–glial cell signaling might play a key role in peripheral sensitization within the ganglion in migraine, rhinitis, and temporomandibular joint (TMJ) disorders that involve trigeminal nerve activation (Thalakoti et al. [2007](#page-8-0)). The primary cilium we have identified in trigeminal TCs is also an additional evidence for their role in signaling processes knowing that primary cilia are sensory organelles they play an essential role in the intracellular signal transduction pathways, including the platelet-derived growth factor (PDGF), Notch and Wnt signaling pathways (Sasai and Briscoe [2012;](#page-8-0) Wallingford and Mitchell [2011](#page-8-0)). Moreover, a previous study suggested that the primary cilium of TCs in the vasculature may be particularly important in signaling processes within the vascular niche (Cantarero et al. 2011).

Future morphological and functional studies are required to demonstrate if TCs establish connections with glial cells and how their secretome acts upon the surrounding cells, especially in inflammatory conditions.

In conclusion, TCs represent a newly described population in the trigeminal ganglion, probably able to react differently in physiological homeostasis and in injury repair. Their close vicinity with microvasculature might be, in fact, an adaptation to facilitate an immediate response to tissue injury.

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#### Compliance with ethical standards

Conflicts of interest The authers declare that they have no conflicts of interest.

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