

Emerging roles of radioresistance in prostate cancer metastasis and radiation therapy

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Published online: 21 January 2014
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Abstract Radiation therapy (RT) continues to be one of the most popular treatment options for localized prostate cancer (CaP). Local CaP recurrence after RT is a pattern of treatment failure attributable to radioresistance of cancer cells. One major obstacle to RT is that there is a limit to the amount of radiation that can be safely delivered to the target organ. Recent results indicate that phosphoinositide 3-kinase (PI3K)/Akt/phosphatase and tensin homolog (PTEN)/mammalian target of rapamycin (mTOR) signaling pathway, autophagy, epithelial–mesenchymal transition (EMT) and cancer stem cells (CSCs) are involved in CaP metastasis and radioresistance. Emerging evidence also suggests that combining a radiosensitizer with RT increases the efficacy of CaP treatment. Understanding the mechanisms of radioresistance will help to overcome recurrence after RT in CaP patients and prevent metastasis. In this review, we discuss the novel findings of PI3K/Akt/PTEN/mTOR signaling pathway, autophagy, EMT and CSCs in the regulation of CaP metastasis and radioresistance, and focus on combination of radiosensitizers with RT in the treatment of CaP in

preclinical studies to explore novel approaches for future clinical trials.

Keywords Prostate cancer · Radiation therapy · Radioresistance · Radiosensitizer · PI3K/Akt/mTOR · Autophagy · EMT · Cancer stem cell

Abbreviations

AD	Androgen deprivation
Ad-E2F1	Adenoviral-mediated E2F1
ALDH	Aldehyde dehydrogenase
AR	Androgen receptor
AS	Antisense
ASODN	Antisense Bcl-2 oligodeoxynucleotide
ATM	Ataxia telangiectasia mutated
ATO	Arsenic trioxide
BCR	Biochemical recurrence
BCRP	Breast cancer resistance protein
BCSCs	Breast cancer stem cells
bHLH	Basic helix-loop-helix
β-lap	β-lapachone
CaP	Prostate cancer
CD44v	CD44 variants
CK	Cytoskeleton
COX-2	Cyclooxygenase-2
CRPC	Castration-resistant prostate cancer
CSCs	Cancer stem cells
CTCs	Circulating tumor cells
DCA	Dichloroacetate
DHMEQ	Dehydroxymethyl derivative of epoxyquinomicin
Didox	DX; 3,4-dihydroxybenzohydroxamic acid
DSBs	Double-strand breaks
EBRT	External beam radiotherapy
EGFR	Epidermal growth factor receptor
EMT	Epithelial–mesenchymal transition

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EpCAM	Epithelial cell adhesion molecule
ER	Endoplasmic reticulum
FACS	Fluorescence-activated cell sorting
FGFR2IIIb	Fibroblast growth factor receptor 2IIIb
FLT3	Fms-like tyrosine kinase-3
GKS	Gamma knife surgery
HCC	Hepatocellular carcinoma
HDACIs	Histone deacetylase inhibitors
HMAF	Hydroxymethylacetylfulvene
HMG-CoA	Hydroxyl-3-methylglutaryl coenzyme A
HNSCC	Head and neck squamous cell carcinoma
IGF1R	Insulin-like growth factor-type 1 receptor
IGRT	Image-guided radiation therapy
IMRT	Intensity modulated radiation therapy
IR	Ionizing radiation
MAb	Monoclonal antibody
MACS	Magnetic activated cell sorting
MAPK	Mitogen-activated protein kinase
MET	Mesenchymal to epithelial transition
miRNA	MicroRNA
MP	Monascuspiloin
MRP-1	Multidrug resistance protein 1
mTOR	Mammalian target of rapamycin
NF-κB	Nuclear factor-κB
NOD/SCID	Non-obese diabetic/severe combined immunodeficiency
NO-NSAIDs	Nitric oxide donating nonsteroidal anti-inflammatory drugs
NQO1	NAD(P)H:quinone oxidoreductase 1
NSAIDs	Nonsteroidal anti-inflammatory drugs
P529	Palomid 529
p-Akt	Phospho-Akt
PAP	Prostatic acid phosphatase
PCR	Polymerase chain reaction
PDGF	Platelet-derived growth factor
PDK	Pyruvate dehydrogenase kinase
PI3K	Phosphoinositide 3-kinase
PKB	Protein kinase B
PSA	Prostate-specific antigen
PtdIns(3,4)P2	Phosphatidylinositol 3,4-bisphosphate
PtdIns(3,4,5)P3	Phosphatidylinositol 3,4,5-trisphosphate
PtdIns(4)P	Phosphatidylinositol 4-phosphate
PtdIns(4,5)P2	Phosphatidylinositol 4,5-bisphosphate
PTEN	Phosphatase and tensin homolog
RP	Radical prostatectomy
RR	Radioresistant
RT	Radiation therapy
SAHA	Suberoylanilide hydroxamic acid
s.c	Subcutaneous
siRNA	Small interfering RNA
SLD	Sublethal radiation damage
SSE	Sodium selenite
TGF-β	Transforming growth factor-β

TKIs	Tyrosine kinase inhibitors
TSC2	Tuberous sclerosis complex 2
VPA	Valproic acid
VEGFR	Vascular endothelial growth factor receptor

1 Introduction

Prostate cancer (CaP) remains a significant medical burden in developed countries and accounts for an estimated 94,000 deaths in Europe in 2008 and 33,720 in the USA in 2011 [1]. Around 70 % of these patients present with organ-confined disease with the majority presenting with low- or intermediate-risk CaP [2]. The median 5-year disease-free survival rate for local stage T2 or locally advanced stage T3 CaP patients varies from 30 % to 90 % in different series. Despite increased awareness and earlier diagnosis, therapy with curative intent seems to fail to achieve long-term effect. The patients at early-stage disease can be treated effectively with androgen ablation treatment, surgery, or radiation therapy (RT). However, a significant portion of men are diagnosed with advanced stage/high-risk disease, and despite recent advances these patients can still relapse after definitive hormone treatment and/or RT [3] indicating that a resistant population of cancer cells may have survived the RT. One possible reason for these failures from RT may be due to the intrinsic radioresistance of a subpopulation of CaP clonogen within the tumor. When CaPs progress and metastasize, the tumors frequently become hormone refractory; classical chemotherapy regimens do not offer a curative approach.

Due to CaP relapse after RT, it is very important to optimize CaP treatments and investigate the mechanisms with regard to impacting radiosensitivity. Emerging data indicate that phosphoinositide 3-kinase (PI3K)/Akt/phosphatase and tensin homolog (PTEN)/mammalian target of rapamycin (mTOR) [4–6], autophagy [5, 7], epithelial–mesenchymal transition (EMT) [8, 9], and cancer stem cells (CSCs) [10–12] are involved in CaP metastasis, play very important roles in radioresistance and are believed to be the cause of tumor recurrence. Combination of a radiosensitizer with RT is promising to improve the efficacy of current RT approaches and overcome radioresistance in CaP patients.

Here, we discuss the roles of PI3K/Akt/PTEN/mTOR signaling pathway, autophagy, EMT, and CSCs on CaP metastasis and radioresistance. We also provide a comprehensive summary of radiosensitizers combined with RT in the treatment of CaP *in vitro* and *in vivo* to explore possible implications for future clinical trials. The combination of androgen deprivation (AD) with RT in CaP has been recently reviewed [13, 14] and will not be discussed in the current review.

2 Current obstacle in prostate cancer RT

Radical prostatectomy (RP) and RT including external beam radiotherapy (EBRT) and brachytherapy are the three main treatment options for organ-confined or locally advanced CaP. Their therapeutic efficacies are similar, being approximately 75–80 % for stages T1–T2 CaP [15]. While these primary therapies are associated with a high cancer control rate for the localized disease, up to a third of patients undergoing these therapies will have a biochemical recurrence (BCR) after local therapy [16, 17]. Doses used in EBRT or brachytherapy are highly associated with therapeutic efficacy; however, the incidences of related side effects increase as the dose of radiation increases [18].

It was reported that the fast neutron radiation can be delivered safely and has an efficacy that is superior to what has been seen with conformal photon irradiation by itself in phases II/III clinical trials in the treatment of CaP patients [19]. However, the cellular and molecular mechanisms and targets of action through which neutron radiation exerts its beneficial effect are still unclear. Contemporary RT approaches such as intensity modulated radiation therapy (IMRT) and image-guided radiation therapy (IGRT) have permitted enhanced delivery of radiation to the prostate to spare adjacent organs and reduce the potential for acute and chronic toxicity [20–22]. Recent advances in volumetric-based IMRT and IGRT have permitted external RT dose escalation beyond 75 Gy [23, 24]. This has reduced both biochemical failure rate and the development of metastasis [25–28]. Efforts to improve the outcome after EBRT for CaP patients have focused on delivering a higher dose to tumor. Several randomized trials have shown a benefit of dose escalation to >70 Gy with EBRT for localized CaP [29, 30]. Eade *et al.* recommend doses of ≥ 80 Gy for most men with CaP due to significant benefit on patients' treatment outcome [31]. However, there is a concern that further dose increase may lead to more toxicity. Further dose escalation to 82 Gy in American College of Radiology 03–12 phase II trials yielded significant acute and late morbidity [32]. Therefore, a modality for improving the therapeutic efficacy of RT for locally confined or advanced CaP is warranted *via* enhancing radiation-induced cytotoxicity and reducing related side effects.

Local CaP recurrence after RT is a pattern of treatment failure attributable to radioresistance of cancer cells. Understanding the mechanisms of radioresistance will help to improve treatment outcome, overcome recurrence after RT, and prevent metastasis in CaP patients. Combination of radiosensitizers with RT will be very promising for future CaP clinical trials. The recent progress in understanding the mechanisms of CaP radioresistance and updated combination approaches with radiosensitizers in CaP treatment will be discussed in the following sections.

3 The roles of PI3K/Akt/PTEN/mTOR signaling pathway in CaP metastasis and radioresistance

PI3K/Akt/PTEN/mTOR signaling pathway is important for regulating cell growth and survival, particularly during tumor progression and metastasis. This pathway is activated in a large percentage of human cancers through a variety of mechanisms including Ras mutation, loss of *PTEN*, activation of growth factor receptors such as epidermal growth factor receptor (EGFR), and mutations in *PIK3A* [33]. PI3K activates a number of downstream targets including the serine/threonine kinase Akt and mTOR; a downstream member of the PI3K cascade, which plays an important role in cell growth, death, adhesion, and migration; and is frequently activated in cancer cells [34, 35] (Fig. 1).

3.1 PI3K/Akt in CaP metastasis and radioresistance

Altered signaling pathways within the tumor cells that affect tumor cell survival are in focus for the development of innovative anticancer treatments. The PI3K/Akt signaling pathway represents a major cell survival pathway and plays a critical role in oncogenesis and tumor cell growth [36]. PI3K is a heterodimeric protein with a 85 kDa regulatory subunit and a 110 kDa catalytic subunit (PIK3CA). PI3K serves to phosphorylate a series of membrane phospholipids including phosphatidylinositol 4-phosphate (PtdIns(4)P) and phosphatidylinositol 4,5-bisphosphate (PtdIns(4,5)P₂), catalyzing the transfer of ATP-derived phosphate to the D-3 position of the inositol ring of membrane phosphoinositides, thereby forming the second messenger lipid phosphatidylinositol 3,4-bisphosphate (PtdIns(3,4)P₂) and phosphatidylinositol 3,4,5-trisphosphate (PtdIns(3,4,5)P₃) [37].

PI3K/Akt pathway is one of the most important survival signaling cascades altered in human solid tumors including CaP [33, 38], and known to promote cell proliferation, cell cycle progression, and resistance to cytotoxic therapies in CaP [39]. Recent studies highlight the importance of the PI3K/Akt/mTOR signaling pathway in CaP invasion, progression, and angiogenesis [4, 40–42]. Clinical CaP specimens were reported to show upregulation of the PI3K/Akt pathway associated with phosphorylation of the androgen receptor (AR) during the development of castration-resistant prostate cancer (CRPC) [43]. PI3K activation leads to the development of chemoresistant CaP cells, through the upregulation of multidrug resistance protein 1 (MRP-1) [44]. Successful progression to an androgen-independent state of CaP requires intact PI3K signaling [45]. Furthermore, using a sphere-forming model, Dubrovskaya *et al.* demonstrated that the PI3K/Akt/PTEN pathway is critical for the maintenance of CaP stem-like features and that targeting PI3K signaling is beneficial in CaP treatment by eliminating CaP stem-like cells [46].

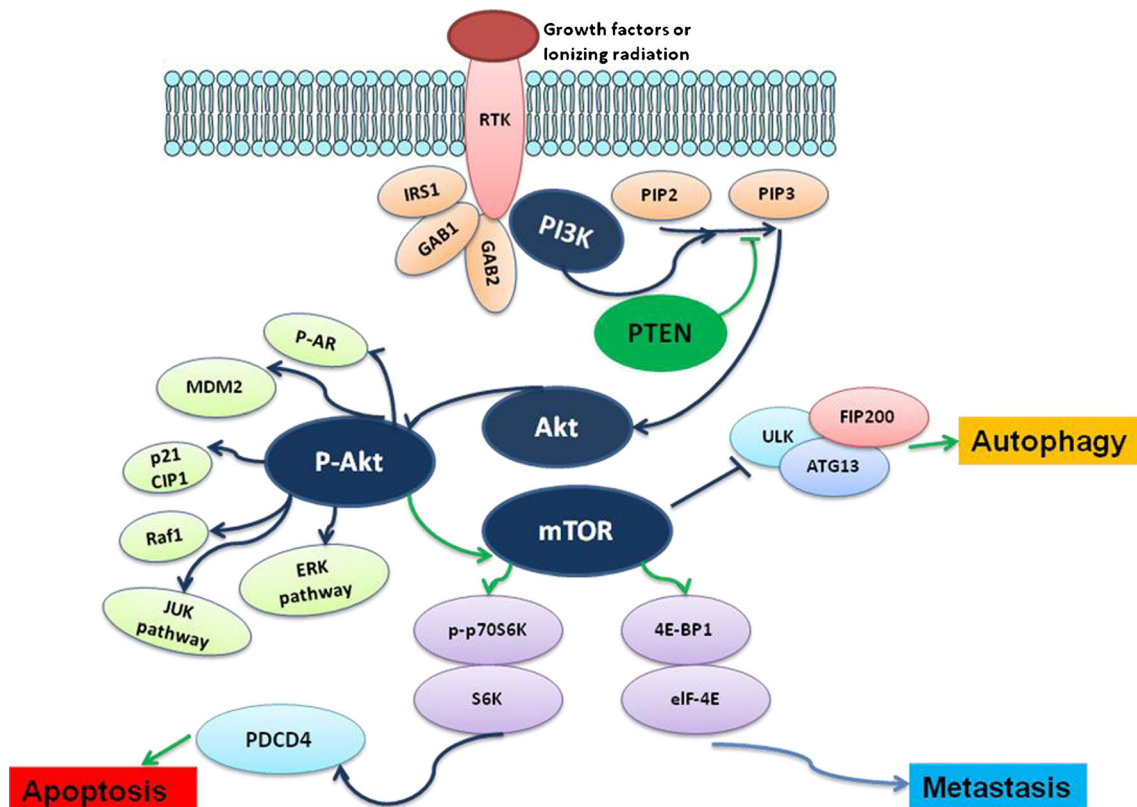


Fig. 1 Overview of PI3K/Akt/PTEN/mTOR signaling pathway in the regulation of cancer metastasis, apoptosis, and autophagy. This pathway plays a crucial role in regulating a broad range of cellular functions including cell growth, death, adhesion and migration, chemoresistance, and radioresistance in cancer cells. PI3K converts PIP2 into PIP3, while

PTEN antagonizes PI3K function by converting PIP3 back to PIP2, and thus inhibiting downstream signaling. Akt, which is the downstream in the pathway, is activated and phosphorylated by PIP3 which subsequently causes alteration of numerous cell functions including the activation of mTOR and its substrates

PI3K/Akt pathway plays an important role in CaP radioresistance. Hyperactivation of PI3K/Akt confers cancer cells resistance to radiation-induced cell death [47, 48]. It has been reported that the PI3K/Akt activity contributes to the resistance of human cancer cells to RT *via* three major mechanisms: intrinsic radioresistance, tumor cell proliferation, and hypoxia [49]. Gottschalk *et al.* tested the *in vitro* radiosensitization effect of LY294002, a broad inhibitor of PI3K, in a LNCaP CaP cell line and found that inhibition of PI3K causes the increased sensitivity to RT in CaP cells through a protein kinase B (PKB)-dependent mechanism [50]. Although LY294002 is promising in preclinical studies, it has not progressed through clinical trials because it also inhibits a number of proteins nonspecifically and is toxic to patients. More specific PI3K inhibitors are under development, such as IC486068 [51] and IC87114 [52], and potentially could be useful as radiosensitization agents.

Akt is a serine/threonine protein kinase that plays a critical role in suppressing apoptosis by regulating its downstream pathways [53]. It is implicated in cellular processes such as cell survival, proliferation, growth, glucose metabolism, apoptosis, angiogenesis, transcription, and migration [54]. After activation, Akt is able to translocate to the nucleus [55], where

it affects the activity of a number of transcriptional regulators. Akt serves as an intermediate signaling molecule for mTOR, which is also a serine/threonine kinase that mediates cell growth, proliferation, survival, protein translation, and other oncogenic functions (Fig. 1). Activation of the PI3K/Akt pathway, a well-known method to inhibit apoptosis, also inhibits autophagy [56] *via* inhibition of mTOR [57]. Upregulated activity of the kinase Akt is associated with malignant transformation characterized by accelerated tumor growth, metastasis, and angiogenesis. It was reported that the Akt/mTOR pathway plays a crucial role in the regulation of both apoptosis and autophagy [58].

Recent studies have indicated that Akt activation contributes to resistance to radiation, chemotherapy, and tyrosine kinase inhibitors (TKIs) by promoting survival signals which protect cancer cells from undergoing apoptosis [38, 59–61]. Thus, the inhibition of the Akt pathway is emerging as an attractive clinical objective for the prevention of hormone refractory disease. As a major regulator of the PI3K pathway (Fig. 1), Akt is a target for radiosensitization. Palomid 529 (P529) (an inhibitor for Akt) has been shown to target Akt without *in vivo* toxicity [62]. Diaz *et al.* reported that P529 combined with RT could increase radiosensitivity in PC-3 CaP

cells *in vitro* compared to RT alone and retard tumor growth in a PC-3 xenograft animal model [63]. Chiu *et al.* have recently demonstrated that the arsenic trioxide (ATO) enhances the radiation sensitivity in androgen-dependent (LNCaP) and androgen-independent (PC-3) human CaP cells primarily through the inhibition of Akt/mTOR signaling pathway [5]. These data indicate that Akt inhibitors are promising in combination therapies to enhance the sensitivity of RT in CaP treatment.

3.2 Roles of PTEN in CaP radioresistance

PTEN, the gene for which is located on chromosome 10q23, is a PI(3,4,5)P3 phosphatase which antagonizes the PI3K/Akt signaling pathway by dephosphorylation of PI(3,4,5)P3 to PI(3,4)P2 (Fig. 1) [64]. PTEN has both plasma membrane and nuclear localized activities. The PTEN phosphatase serves at the molecular level to counteract the functions of PI3K, which promotes proliferation and cell survival, in part through activation of mTOR [65]. Functional studies demonstrate that PTEN is a highly effective tumor suppressor, but it is frequently mutated, deleted, or epigenetically silenced in various human cancers [66–69] including CaP [70–72]. Inactivations or deletions of PTEN, which occur frequently in metastatic CaP, leads to Akt activation [73]. At least 70 % of CaP patients show loss or alteration of at least one PTEN allele, which may result in activation of the PI3K/Akt pathway [74]. Loss of PTEN activity plays a role in tumor resistance to chemotherapeutic agents and molecular-targeted antineoplastic agents [75–79]. Since PTEN mutations and deletions can lead to abnormal Akt activation, it is thought to play an important role in the resistance of CaP to RT [80, 81].

Teng *et al.* reported that 42 % of CaP tissues have abnormal PTEN/Akt expression [82]. Jendrossek *et al.* found that PTEN expression was diminished in 20 % of the CaP tissues compared with benign tissues, and the rate was 30 % in those with Gleason scores of ≥ 6 , while the expression level of phospho-Akt (p-Akt) was elevated without obvious abrogation of PTEN function in a proportion of the patients [83]. These results suggest both PTEN-dependent and PTEN-independent mechanisms of Akt activation in localized CaP and demonstrate the important role of deregulation of PI3K/PTEN/Akt pathway in localized CaP.

It was found that the radiosensitization effect of parthenolide in CaP cells is mediated by nuclear factor- κ B (NF- κ B) inhibition and enhanced by the presence of PTEN [84]. Using a gene therapy, Rosser *et al.* demonstrated that PTEN restoration sensitizes PC-3 and LNCaP CaP cells to RT *in vitro* [85]. In a subsequent study, this group further confirmed the radiosensitization effect of PTEN gene therapy *in vivo* in a PC-3-Bcl-2 CaP xenograft animal model [86]. In another study, Tomioka *et al.* generated a new type of gene transfer drug, GelaTen, which is a microsphere of cationized gelatin hydrogels incorporating PTEN plasmid DNA and

designed for sustained release of PTEN plasmid DNA *in vitro* and *in vivo* [87]. They demonstrated a synergistic effect of GelaTen with RT in PC-3 and LNCaP cell lines and a subcutaneous (s.c) PC-3-Bcl-2 xenograft animal model [87]. All data indicate that PTEN plays a critical role in the regulation of the sensitivity to RT in CaP cells and can be used as a therapeutic target for future CaP therapy.

3.3 mTOR in the regulation of CaP radioresistance

mTOR is a 289 kDa serine–threonine kinase which acts as a downstream effector for Akt [88]. It regulates key processes such as cell growth and proliferation, cell cycle progression, and protein translation through two distinct pathways: one involving the ribosomal p70S6 kinase (p70S6K) and the other one involving eukaryotic translation initiation factor 4E (eIF4E) binding proteins (4E-BPs) [89]. mTOR signaling has been implicated as a determinant of cell survival in response to DNA damage [90]. The p70S6K regulates the efficiency of translation of certain mRNAs and also functions in a negative feedback loop to control Akt activity [37, 91]. Akt, mTOR, and p70S6K activation have been associated with a poor prognosis in breast and other cancers [37, 92]. mTOR activity is often deregulated in CaP [93], in part due to the prevalence of PTEN dysfunction.

Aberrant upregulation of PI3K/mTOR signaling pathway occurs in many human malignancies and is implicated in resistance to RT in preclinical [94, 95] and clinical studies [96–98]. The ability of RT or chemotherapy to induce cell death in cancer cell lines that display resistance to apoptosis depends on type II-programmed cell death executed by autophagy [99]. There is ample evidence that radiation-induced cell death is affected by various intertwined biochemical processes in the autophagic and apoptotic pathways. Irradiation upregulates autophagic-programmed cell death in cells that are unable to undergo Bax/Bak-mediated apoptotic cell death [100]. Activation of PI3K/Akt/mTOR biochemical cascade confers survival advantage in neoplastic cells by both inhibitory effects of mTOR on autophagy and the inhibitory effect of Akt on apoptosis.

mTOR is an established therapeutic target and mTOR inhibitors appear to be reasonably tolerated. Cao *et al.* tested the ability of the mTOR inhibitor RAD001 (everolimus) to enhance the cytotoxic effects of radiation on PC-3 and DU145 CaP cell lines, and found that both cell lines became more vulnerable to irradiation after treatment with RAD001, with the PTEN-deficient PC-3 cell line showing greater sensitivity [101]. They also found that the zVAD (an apoptosis inhibitor)-induced inhibition of apoptosis or the RAD001-induced autophagy result in an increased radiosensitivity when employed alone, while combination of zVAD and RAD001 led to additive, rather than synergistic, effects on cell death [101]. Schiewer *et al.* demonstrated that mTOR is a selective effector

of the RT response in AR-positive CaP, and mTOR inhibitors (sirolimus and temsirolimus) exhibit schedule-dependent effects on the RT response in CaP cells and confer significant radiosensitization effects when used in the adjuvant setting [6]. mTOR is a promising target for CaP RT in the future.

4 The double faces of autophagy in cancer RT

4.1 Paradox of autophagy in cancer treatment

The interest in discovering the mechanism of autophagy has increased in the last decade. Autophagy is a cellular response to stress or nutrient deprivation, which is a way to supply amino acids as an alternative energy source by degradation of damaged cytoplasmic organelles or protein [102]. On one hand, autophagy eliminates toxic and damaged cellular components. On the other hand, this process delivers new precursors for synthesis of macromolecules. Autophagy, a process which involves autophagic/lysosomal compartment, is a genetically regulated form of programmed cell death in which the cell digests itself. It is characterized by the formation of double-membrane vacuoles in the cytoplasm, which sequester organelles such as condensed nuclear chromatin and ribosomes [103, 104].

Depending on context, autophagy can act as oncogenic or tumor-suppressing mechanism [105]. In cancer therapy, the role of autophagy is also paradoxical, in which this cellular process may serve as a prosurvival or pro-death mechanism to counteract or mediate the cytotoxic effect of anticancer agents [106]. Autophagy frequently exerts cytoprotective functions by acting as a stress response mechanism [107]. Upregulation of autophagy has been observed in many types of cancer and it has been demonstrated to promote both cell survival and cell death [108]. There is an accumulation of evidence that highlights the important function of autophagy in cancer [56, 109–112]. Data reported in the literature indicate that whether autophagy enables cells to survive or induces their death depends on many factors, including the genotype and phenotype of the tumor cells, stress factors, and the status of the apoptotic machinery [113]. Although it is still controversial about whether autophagy kills cancer cells or sustains their survival under stressful conditions, increasing reports provide data to support that autophagy promotes cancer cell survival after chemotherapy or RT [112, 114].

In recent years, the role of autophagy as an alternative cell death mechanism has been a topic of debate. Autophagy was believed as a non-apoptotic program of cell death or “type-II” cell death to distinguish from apoptosis [115]. However, it is still fundamentally important to clarify whether autophagy is a main strategy for cell survival, or if it also serves as a trigger for cell death [115]. Although autophagy and apoptosis cell death pathways are predominantly distinct from each other,

many studies have demonstrated that extensive crosstalk exists between the two [116, 117]. The interplay between apoptosis and autophagy may need to be exploited to improve cancer therapy. Studies are ongoing to define optimal strategies to modulate autophagy for cancer prevention and therapy and to exploit autophagy as a target for anticancer drug discovery [118]. Nevertheless, the molecular mechanism governing cell fate decision during autophagy is still poorly understood and the Janus-faced nature of autophagy may complicate the clinical development of its modulators. It is important to determine if the prodeath or prosurvival action of autophagy is associated with a particular class of cancer therapeutics.

The PI3K/Akt/mTOR pathway is a central repressor of autophagy. PTEN overexpression has been shown to promote autophagy [119], whereas the targeted deletion of PTEN in mouse liver causes a strong inhibition of autophagy [120]. Akt inhibition also strongly promotes autophagy whereas constitutively active Akt has the opposite action [121]. Inhibitors of mTOR have also been shown to induce autophagy in various cell types [101, 122, 123]. In addition, stabilization of tuberous sclerosis complex 2 (TSC2), which inhibits the mTOR signaling, promotes autophagy and suppresses tumorigenesis [124]. The inhibitory effect of PI3K/Akt/mTOR axis on autophagy is mainly mediated through the unc-51-like kinase 1/2 (ULK1/2)/mAtg13/focal adhesion kinase family interacting protein of 200 kDa (FIP200) complex [125, 126]. Although the link between mTOR inhibition and autophagy is well established, it is worthwhile to notice that in some situations, mTOR may stimulate autophagy. In this regard, Zeng and Kinsella demonstrated that mTOR and its downstream mediator S6 kinase 1 may positively regulate autophagy in 6-thioguanine-treated cells, possibly through the negative feedback inhibition of Akt. Thus, a better understanding of the PI3K/Akt/PTEN/mTOR signaling pathways that regulate autophagy and cellular fate will hopefully open new possibilities for cancer treatment.

4.2 Autophagy in prostate cancer RT

Autophagy is an interesting research area in cancer metastasis and radioresistance. Recent studies have identified autophagy as a cell death pathway that may mediate ionizing radiation (IR) sensitivity [127]. Existing data indicate that autophagy increases in tumor cells especially in response to radiation and DNA damage [114, 128–130]. Autophagy was found to contribute to resistance of MDA-MB-231 breast cancer cell line to IR *in vitro* [131].

Gwak *et al.* demonstrated that microRNA 21 (miR-21) is a pivotal molecule for circumventing radiation-induced cell death in malignant glioma cells through the regulation of autophagy in malignant glioma cell lines and this molecule could be a novel therapeutic target for future treatment of

malignant glioma to overcome radiation resistance [132]. Cao *et al.* showed that the mTOR inhibitor RAD001 (everolimus) can enhance radiation sensitivity in PC-3 and DU145 CaP cell lines with the PTEN-deficient PC-3 cell line showing the greater sensitivity, and this increased susceptibility to radiation is associated with induction of autophagy [101]. Atorvastatin (statin), an inhibitor of 3-hydroxyl-3-methylglutaryl coenzyme A (HMG-CoA) reductase, is an autophagy inducer. Parikh *et al.* reported that statins induce autophagy and autophagy-associated cell death in PC-3 cells *via* inhibition of eranylgeranylation [133]. They further confirmed that the effect of statin on autophagy in PC-3 cells is mediated by the Erk and JNK pathways through activation of LC3 transcription [134]. He *et al.* have also reported that statin is capable of radiosensitizing PC-3 CaP cells and has superior effect in inducing possibly both autophagic and apoptotic cell deaths, that activation of the autophagy pathway may be responsible for apoptosis inducing effect of statin [135]. Thus, these data indicate that a combined treatment with radiation and autophagic inducer, such as statin, may be synergistic in inducing cell death of CaP cells. Monascuspiloin (MP), a yellow pigment first isolated from *Monascus pilosus* M93-fermented rice, is structurally similar to the well-known *Monascus* pigment monascin. Chiu *et al.* demonstrated that IR combined with MP increases the therapeutic efficacy compared to each individual treatment alone in PC-3 CaP cells *in vitro* and *in vivo* with induced autophagy, endoplasmic reticulum (ER) stress and enhanced DNA damage, and this combined treatment-induced autophagy occurred primarily *via* inhibition of the Akt/mTOR signaling pathways, suggesting that IR combined with MP could provide a novel therapy for the treatment of androgen-independent CaP [5].

The autophagic response of cancer cells to antineoplastic therapy, including IR, is controversial. It can originate a protective mechanism against the treatment itself by removing proteins and organelles that are damaged, or, alternatively, produce an effective cell-death process. The autophagic paradox in cancer therapy has been recently reviewed [136]. Thus, autophagy seems to play a pivotal role on both survival and death processes: these processes, in fact, might be cell and tissue specific and highly dependent on the expression profile of genes and proteins regulating apoptosis. In principle, most cancers have certain defects in their apoptotic pathway, whereas therapeutic targeting of autophagy pathways might yield better clinical outcomes for patients undergoing RT and cytotoxic drug therapy. As modulation of autophagy represents a novel approach for enhancing the therapeutic efficacies of cancer therapy including IR, research efforts have been put forth to identify agents that can induce or inhibit autophagy.

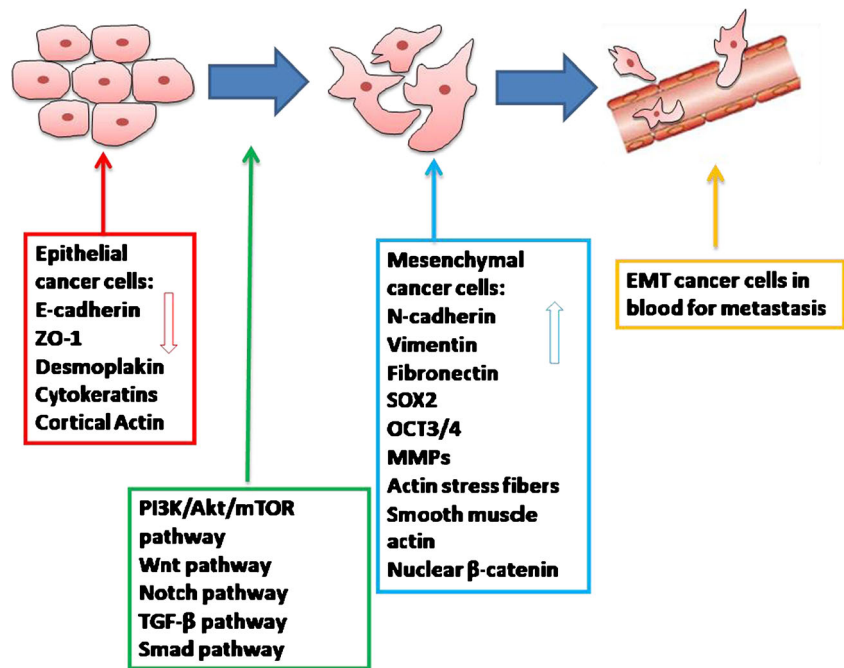
5 EMT in CaP metastasis and radioresistance

5.1 Roles of EMT in CaP metastasis and progression

Progression of most carcinomas toward malignancy is associated with the loss of epithelial differentiation and by switching toward mesenchymal phenotype, which is accompanied by increased cell motility and invasion. EMT can lead to increased cellular adhesion, apical–basal polarity, cellular motility, and increasing the potential for invasion/metastasis. This phenomenon is characterized by the loss of cell–cell adhesion molecules, downregulation of epithelial differentiation markers, and transcriptional induction of mesenchymal markers [137] (Fig. 2). This process is regulated by many signaling pathways (Fig. 2). EMT plays a critical role not only in tumor metastasis but also in tumor recurrence that is believed to be tightly linked with the biology of cancer stem-like cells or cancer-initiating cell [138, 139]. In order to establish new tumors at the metastatic sites, it is believed that the cells which transition from an epithelial to a mesenchymal state and migrate must undergo the reverse procedure, mesenchymal to epithelial transition (MET) [140]. Therefore, metastasis is considered to be a dynamic and complex process involving cellular plasticity. E-cadherin is a cell-to-cell adhesion molecule in which loss of expression is a hallmark of EMT, leading to increased cell motility and invasion [141]. On the other hand, N-cadherin and fibronectin are mesenchymal markers [137] in which expression is regulated by several transcription factors including a basic helix-loop-helix (bHLH) transcription factor Twist1, Slug, and Snail [142, 143].

Emerging evidence is suggesting that EMT plays a crucial role in the aggressiveness in CaP, including increased migration and invasion ability, and contributing to chemoresistance, radiation resistance, and CSC populations [9, 144, 145]. CaP is a highly metastatic disease during which cells undergoing EMT lose their epithelial morphology, reorganize their cytoskeleton (CK), and acquire a motile phenotype through the downregulation of adherent junction proteins (such as cadherins) and upregulation of mesenchymal markers (Snail, Slug, and Vimentin) [146, 147]. EMT is a characteristic of cancer cell intravasation and metastasis and is closely associated with CRPC. It was reported that CaP cells with more mesenchymal features exhibit a more-invasive phenotype *in vitro* and display a more aggressive behavior in metastatic colonization models [148]. Pathological EMT events have been shown to potentiate the transition from localized CaP to invasive CaP and subsequent metastasis [149–153]. Conversely, repression of EMT events blocks the metastatic potential of CaP cells [154]. In clinical specimens, measures of cancer progression correlate with loss of E-cadherin and upregulation of EMT-inducing transcriptional factors [142, 152, 154–156]. EMT events are correlated with metastatic CaP recurrence following surgery [151, 152], and have recently

Fig. 2 A schematic model of EMT in cancer metastasis. Chemoresistant or radioresistant cancer cells with EMT lose their cell-cell contacts and re-arrange the cytoskeleton so that they can migrate, invade the neighboring tissue and metastasize to distant organs *via* blood. During EMT, metastatic potential is acquired by the loss of epithelial markers and the acquisition of mesenchymal markers. This process is regulated by several EMT-related signaling pathways



been observed concurrently following androgen withdrawal therapy [157]. Therefore, the ability to identify primary tumor cells with an increased propensity to undergo EMT-like events would improve diagnostic approaches to discriminate patients at risk for progression.

Behnsawy *et al.* recently found that measurement of the expression of potential EMT markers (Twist and Vimentin) combined with conventional prognostic parameters in RP specimens, would contribute to a more accurate prediction of the biochemical outcome in localized CaP patients following RP [158]. Mulholland *et al.* demonstrated that PTEN loss and RAS/mitogen-activated protein kinase (MAPK) activation cooperate to promote EMT and metastasis initiated from CaP stem/progenitor cells in the conditional activatable K-ras (G12D/WT) mice with the prostate conditional PTEN deletion model [144]. It was reported that SIRT1 induces EMT by cooperating with EMT transcription factors and enhances CaP cell migration and metastasis in CaP cell lines and in an immunodeficient mouse model [145]. Sethi *et al.* examined EMT markers including E-cadherin, Vimentin, ZEB1, Notch-1, platelet-derived growth factor (PDGF)-D, and NF- κ B using an immunohistochemical approach in primary CaP and bone metastases and found that Notch-1 plays an important role in CaP bone metastasis [159].

Zhu and Kyprianou found that androgens induce the EMT pattern in CaP epithelial cell with Snail activation and lead to significant changes in CaP cell migration and invasion potential [160]. It was reported that the majority (>80 %) of the circulating tumor cells (CTCs) in patients with metastatic CRPC co-express epithelial proteins such as epithelial cell adhesion molecule (EpCAM), CK, and E-cadherin, as well as mesenchymal proteins including Vimentin, N-cadherin,

and O-cadherin, and the stem cell marker CD133, suggesting that the improved detection of these cells *in vivo* can be achieved to assist in developing novel therapeutic strategies [8]. Tanaka *et al.* demonstrated a clear link between the expression of N-cadherin and metastatic CRPC and developed the N-cadherin-specific monoclonal antibodies (MAbs) shown to delay the progression to castration resistance, inhibit the invasion of surrounding tissues, suppress tumor growth, and reduce metastasis in castrated mice [161]. This work provides further support for the critical role of EMT in CaP progression and the potential of immunotherapy as a strategy to combat CRPC disease.

5.2 EMT in cancer radioresistance

The investigation of the relationship between EMT and radioresistance in cancer is a new and developing research area. Until recently, the association between radiation and EMT has not been intensively investigated, and only a few studies have examined the underlying mechanism. Clinical and laboratory data suggest that IR may promote the metastatic ability of cancer cells and elicit changes in the host microenvironment that may facilitate tumor progression and the development of second malignancies [162, 163]. EMT was reported to be related to radioresistance in many cancers [164–166].

Andarawewa *et al.* have proven that radiation can predispose nonmalignant human mammary epithelial cells to undergo transforming growth factor- β (TGF- β)-mediated EMT through MAPK signaling pathways, thereby elicits heritable phenotypes that could contribute to neoplastic progression [167]. Tsukamoto *et al.* indicated that radiation can induce

EMT through promoting the expression of Twist, an organizer of EMT, thus enhance the invasive potential of endometrial carcinoma cells [168]. Zhang *et al.* reported that low doses IR enhances the invasiveness of breast cancer cells by inducing EMT with downregulation of epithelial differentiation markers and transcriptional induction of mesenchymal markers in MCF-7 breast cancer cell line [169]. Jung *et al.* showed that IR induces changes associated with EMT and increased cell motility in the A549 lung epithelial cancer cell line *in vitro*, suggesting that a subset of lung cancer patients may benefit from a combination of RT with inhibitors of EMT on cell migration [170]. Li *et al.* demonstrated that radiation enhances long-term metastasis potential of residual hepatocellular carcinoma (HCC) in nude mice through TMRSS4-induced EMT and these findings provide new clues to suppress the radiation-induced dissemination and metastasis of tumor cells to improve the prognosis of HCC patients [171]. All these findings suggest that EMT is involved in radioresistance and specifically targeting EMT may provide a new targeted approach for improving the therapeutic effectiveness of radiation in cancers.

To the best of our knowledge, the investigation of the role of EMT in CaP radioresistance has not been reported until now. Our research group has recently developed three radiation resistance CaP cell lines (PC-3, DU145, and LNCaP) with a 2 Gy dose irradiation each day for five consecutive days. After 5-week treatment, these radiation-treated CaP cells demonstrated the morphological changes including loss of glandular pattern, vacuolated cell plasma, pleomorphic nuclei, and enlarged size as well as increased colony growth and invasion ability (unpublished data). These treated CaP cells are consistent with previous reports for EMT characteristics such as reduced E-cadherin and increased Vimentin, SOX2, and OCT3/4 (Fig. 3). These preliminary data indicate that EMT is involved in CaP radioresistance and may play an important role in CaP metastasis and recurrence after RT. It is worthwhile to investigate the role of EMT in CaP animal models and clinical tissue samples after RT to further confirm its significance. The findings may be useful in developing novel biomarkers to monitor CaP RT and therapeutic targets to overcome radiation resistance which is the most common problem in the current CaP therapy.

6 CSCs in CaP radioresistance

6.1 Concept of CSCs

CSCs, also known as tumor-initiating cells, are malignant cell subsets capable of tumor initiation and self-renewal and give rise to bulk population of nontumorigenic cancer cell progeny through differentiation [172]. CSCs share signature characteristics with benign stem cells: the ability to self-renew and to

differentiate. CSCs expand the CSC pool by self-renewal and also divide to generate the bulky tumors. They may also divide and differentiate into heterogeneous lineages of all nontumorigenic cancer cell types (non-CSCs) [173]. These cells express high levels of ATP-binding cassette drug transporters and exhibit a lowered ability to enter apoptosis. They embody the refractory nature observed among many cancers: very competent initial tumor establishment, extremely aggressive metastatic nature, resistance to chemo- and radiotherapy, correlation with advanced disease, and resistance to current therapies. Therefore, if CSCs survive after anticancer treatment, recurrence and metastasis are expected due to the ability of these cells to give rise to new tumors. Thus, investigation of CSCs has been a hot spot of basic cancer research and is rapidly expanding into many related aspects of cancer research, including chemosensitization and radiosensitization.

Despite continuous improvements in cancer management, locoregional recurrence or metastatic spread still occurs in a high proportion of patients after RT or combined treatments. One underlying reason might be a low efficacy of current treatments on the eradication of CSCs. Despite the ongoing debate on the abundance and origin of CSCs, it is generally accepted that they represent the root of cancer that must be eradicated in order to cure cancer. However, an effective therapeutic modality targeting CSCs is yet to be developed.

6.2 Putative prostate CSC markers

Although some studies suggested the cellular origins of CaP are terminally differentiated luminal cells [174], evidence still supports the existence of CSCs in CaP [175]. We and others have recently reviewed the literature on CSCs origin, the identification and characterization in CaP, as well as their clinical implications and therapeutic challenges [10, 176]. There are also several reviews published by other authors elaborating the current status of research on CSCs in CaP, including characteristics of CSCs [177], methodologies of assaying CSCs [178], and the relationship of stem cells with therapy resistance [179]. In this section, we only summarize putative CSC markers from human CaP cell lines, xenografts, and primary tissues.

CSCs appear to express many of the same markers as normal tissue stem cells. Prostate CSCs express a number of the same markers as prostate stem cells, such as CD44, CD133, integrins, breast cancer resistance protein (BCRP), and Sca-1, all of which have been utilized to identify prostate CSCs or prostate stem cells. The most frequently identified potential CSCs markers in CaP are summarized in Table 1. These surface markers combined with cell sorting technology have been used to identify and isolate CSC subpopulations in CaP. Collin *et al.* reported the identification and characterization of a population ($CD44^+ \alpha 2\beta 1^{\text{high}} CD133^+$) from human prostate tumors, which possesses a significant capacity for

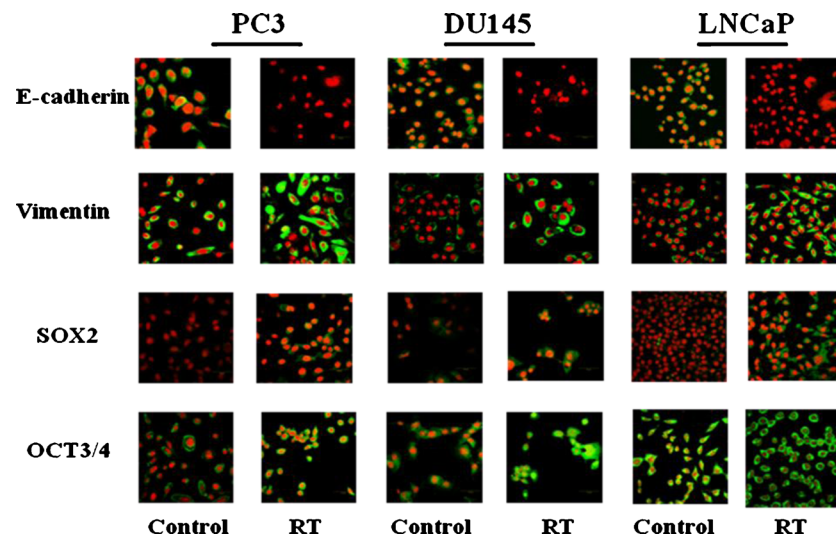


Fig. 3 EMT is induced in CaP cell lines after RT treatment. Androgen-nonresponsive (PC-3 and DU145) and androgen-responsive (LNCaP) CaP cell lines were treated by irradiation at a 2 Gy dose each day for five consecutive days. The expression of E-cadherin (epithelial marker) was reduced in RT-treated CaP cells compared to those without RT

treatment (control) while the expression of Vimentin, SOX2 and OCT3/4 (mesenchymal markers) in RT-treated CaP cells were increased in RT-treated CaP cells. Representative confocal images with variable levels of E-cadherin, Vimentin, SOX2 and OCT3/4 are shown (green). Nuclei are stained with PI (red). Magnification, $\times 600$ in all images

self-renewal and is also able to regenerate the phenotypically mixed populations of nonclonogenic cells such as AR and prostatic acid phosphatase (PAP)-positive CaP cells [180]. They suggested that this population of CSCs can be used as a therapeutic target for CaP treatment [196, 197]. Later on, using a side population of cells isolated from LAPC-4 and LAPC-9 CaP xenografts, Patrawala *et al.* found that highly purified CD44⁺ CaP cells are enriched in tumorigenic and metastatic progenitor cells [181]. After adding other potential CSC markers, they demonstrated that the CD44⁺ $\alpha 2\beta 1^{+/\text{high}}$

cell population from the LAPC-9 CaP tumor xenografts reveal a hierarchy in tumorigenic potential [182]. Previous study reported that one population of CD133^{high}/CD44^{high} cells isolated from established aggressive prostate PC-3-MM2 cell line have CSC characteristics and are potentially useful to model and study stem cell behavior, and their responses to CaP treatment [183]. Furthermore, Dubrovskaya *et al.* confirmed that the CD133⁺/CD44⁺ population of cells enriched in CaP progenitors from PC-3 and DU145 cell lines have tumor-initiating potential and that these

Table 1 Putative CSC markers from human CaP cancer cell lines, animal xenografts, and human CaP tissues

CSC marker	Cell line/model/tissue	Reference
CD44 ⁺ $\alpha 2\beta 1^{\text{high}}$ CD133 ⁺	Primary tumors	[180]
CD44 ⁺	LAPC-4 and LAPC-9 models	[181]
CD44 ⁺ $\alpha 2\beta 1^{+/\text{high}}$	LAPC-9 model	[182]
CD133 ^{high} /CD44 ^{high}	PC-3-MM2 cell line	[183]
CD133 ⁺ /CD44 ⁺	PC-3 and DU145 cell lines	[46]
CD44 ⁺ /CD24 ⁻	LNCaP and DU145 cell lines	[184]
CD44 ⁺ /CD24 ⁻	LNCaP and DU145 cell lines	[185]
CD44 ⁺ ABCG2 ⁺ CD133 ⁺	PC-3, VCAP, LNCaP, 22RV1 and DU145, C4-2B cell lines	[186]
PSA ^{-/lo}	LNCaP, LAPC-4, and LAPC-9 cell lines; primary CaP tumors	[187]
CD133 ⁺	Primary tumors	[188]
CD133 ⁺	LAPC-4, LNCaP and CWR22Rv1 cell lines	[189]
ALDH ^{high}	PC-3M-Pro4 and C4-2B cell lines; primary tumors	[190]
ALDH ^{high}	PC-3 cell line	[191]
ALDH1A1 ⁺	PC-3 and LNCaP cell lines	[10]
TRA-1-60 ⁺ /CD151 ⁺ /CD166 ⁺	Primary tumors	[192]
E-cadherin ⁺	DU145 and PC-3 cell lines	[193]
CD117 ⁺ /ABCG2 ⁺	22RV1 cell line	[194, 195]

progenitors can be expanded under non-adherent, serum-free, and sphere-forming conditions [46].

Using flow cytometry, Hurt *et al.* isolated a population of CD44⁺/CD24⁻ CaP cells from LNCaP and DU145 cell lines that display stem cell characteristics as well as gene expression patterns that predict overall survival in CaP patients [185]. CD44⁺/CD24⁻ LNCaP cells could form prostaspheres *in vitro* [185]. CD44⁺/CD24⁻ cells form colonies in soft agar and form tumors in non-obese diabetic/severe combined immunodeficiency (NOD/SCID) mice when as few as 100 cells were injected [185]. They concluded that the CD44⁺/CD24⁻ LNCaP CaP cells offer an attractive model system to explore the biology important to the maintenance and differentiation of prostate CSCs as well as to develop the therapeutics, as the gene expression pattern in these cells is consistent with poor survival in CaP patients. Furthermore, they also demonstrated that the genomic profile of the invasive CaP cells closely resembles that of CD44⁺/CD24⁻ prostate CSCs and showed evidence for increased Hedgehog signaling [184]. Using CaP spheres model, Bisson and Prowse showed that prostate spheres from PC-3, VCAP, LNCaP, 22RV1 DU145, and C4-2B CaP cell lines exhibit heterogeneous expression of proliferation, differentiation, and stem cell-associated markers CD44, ABCG2 and CD133, and WNT signaling regulates self-renewal and differentiation of CaP cells with stem cell characteristics [186]. Qin *et al.* recently demonstrated that prostate specific antigen (PSA)^{-/lo} CaP cells can initiate robust tumor development and resist androgen ablation in castrated hosts, and they harbor highly tumorigenic castration-resistant CaP cells that can be prospectively enriched using aldehyde dehydrogenase (ALDH)⁺/CD44⁺/α2β1⁺ phenotype in CaP cell lines [187].

CD133 has been proposed to be a putative surface marker in a number of tumors. Richardson *et al.* found a small population (approximately 1 %) of human prostate basal cells express the cell surface marker CD133 in primary CaP tissues and are restricted to the α2β1^{high} population, and showed that CD133⁺ cells exhibit characteristics of stem cells including prostasphere formation and the development of prostatic-like acini in SCID mice [188]. Within a series of AR⁺ human CaP cell lines including LAPC-4, LNCaP and CWR22Rv1 cells, CD133⁺ cells are present at a low frequency, self-renew, express AR, generate phenotypically heterogeneous progeny negative for CD133, and possess an unlimited proliferative capacity [189]. However, other investigators found that CD133 was only expressed in DU145 cells but not in DuCaP, LAPC-4, CWR22Rv1, LNCaP and PC-3 CaP cells, and that CD133⁺ cells from the DU145 cell line were not more clonogenic than CD133⁻ cells [198]. They considered CD133 selection does not enrich for stem-like cells in CaP cell lines. The reasons for this variance may be caused by the application of different antibodies to CD133, different passages of tissue culture, or experimental methodology.

ALDH is an enzyme involved in intracellular retinoic acid production [199]. In prostate CSCs studies, the high expression of ALDH1A1, a member of ALDH family, was found to be positively correlated with Gleason score and pathologic stage, and inversely associated with overall survival and cancer-specific survival of the CaP patients, indicating ALDH1A1 could be a potential prostate CSC-related marker [10]. In one study, it was reported that ALDH^{high} CaP cells from CaP cell lines (PC-3M-Pro4 and C4-2B) and primary CaP tissues not only display strongly elevated clonogenicity and migratory behavior *in vitro*, but also show enhanced tumorigenicity and metastatic ability *in vivo* [190]. In another study, Doherty *et al.* demonstrated that PC-3 cells contain a stem cell hierarchy, and isolation of ALDH^{high} PC-3 cells enriches for the most primitive holoclone population [191]. By ALDEFLUOR assay and fluorescence-activated cell sorting (FACS), Li *et al.* isolated ALDH1A1⁺ cells from PC-3 and LNCaP CaP cell lines and the isolated ALDH1A1⁺ CaP cells demonstrated high clonogenic and tumorigenic capacities *in vitro*, and serially reinitiated transplantable tumors that resembled histopathologic characteristics and heterogeneity of the parental CaP cells *in vivo* [10]. Therefore, ALDH and ALDH1A1 activity are promising prostate CSC-related markers for future therapy. Rajasekhar *et al.* recently performed a thorough investigation on prostate CSCs and identified two noteworthy new features of prostate CSCs: expression of TRA-1-60, CD151, and CD166 and elevated NF-κB signaling [192]. This minor subset of TRA-1-60⁺/CD151⁺/CD166⁺ cells do not express AR or PSA, but possess stem cell characteristics and multipotency as demonstrated by *in vitro* sphere formation and *in vivo* tumor initiation, respectively [192].

The cell adhesion molecule E-cadherin has an important role in maintaining the undifferentiated stage of embryonic CSCs [200]. E-cadherin downregulation is thought to correlate with highly invasive tumors and poor prognosis in CaP patients [201, 202]. Bae *et al.* isolated E-cadherin⁺ cell population from DU145 and PC-3 CaP cell lines by flow cytometry and found that this population of cells show high expression of CD44 and integrin-α2β1, OCT3/4, and SOX2 and have high tumorigenicity in immunodeficient mice *in vivo* [203]. They further confirmed that this population of cells is also highly invasive and capable of altering its E-cadherin expression during the process of invasion [203]. These data support that E-cadherin may play an important role in CaP invasion and promote the dissemination of cancer cells. Using a magnetic activated cell sorting (MACS) system, Liu *et al.* found that CD117⁺/ABCG2⁺ cells from 22RV1 CaP cell line overexpress stem cell markers such as Nanog, Oct4, Sox2, estin, and CD133, and can readily establish tumors *in vivo* in a relatively short time [194]. In addition, this population of cells is also resistant to treatment with a variety of chemotherapeutics such as cisplatin, paclitaxel, adriamycin, and methotrexate [194]. Kong *et al.* demonstrated that CaP cells with EMT phenotype

displays stem-like cell features characterized by increased expression of Sox2, Nanog, Oct4, Lin28B, and/or Notch1, consistent with enhanced clonogenic and sphere (prostatesphere)-forming ability *in vitro* and tumorigenicity in mice *in vivo* [204]. Selective elimination of this population of Sox2⁺/Nanog⁺/Oct4⁺/Lin28B⁺ cancer stem-like cells by reversing the EMT phenotype to MET phenotype using novel agents would be useful for the prevention of CaP recurrence *via* targeting the “Root Cause” of tumor development and recurrence.

6.3 Different response of CSCs and non-CSCs to RT

The current stem cell hypothesis implies that permanent local tumor control or recurrence after treatment depends on the inactivation or survival of CSCs after treatment [205]. There is considerable evidence to suggest that, under certain experimental conditions, CSCs exhibit radioresistant features [206]. Tumor radioresistance leads to recurrence after RT. The radioresistant phenotype has been hypothesized to reside in the CSC component of tumors and is considered to be an inherent property of CSC. In CSCs and radiation research, it is generally suggested that CSC subpopulations are relatively radioresistant compared with non-CSC subpopulations.

Using CD24^{-low}/CD44⁺ cancer-initiating cells isolated from MCF-7 and MDA-MB-231 breast cancer cell lines, Phillips *et al.* demonstrated that surviving fraction at 2 Gy [SF (2 Gy)] was elevated from 0.2 to 0.5 for monolayer cultures and mammospheres (a clump of mammary epithelial cells that form under specialized suspension culture conditions *in vitro*) [207]. Furthermore, MCF-7 mammospheres displayed greater survival and less expression of γ H2AX than adherent cultures exposed to radiation [207]. These results suggest that CD24^{-low}/CD44⁺ cells are more resistant to RT. In one study, radiation induced enrichment of breast cancer cells with stem or progenitor characteristics (measured by Hoechst 33342 dye efflux or LIN⁻/CD24⁺/CD29⁺), γ H2AX foci, which are markers of DNA double strand breaks (DSBs), resolved more rapidly in mammospheres derived from LIN⁻/CD24⁺/CD29⁺ cells, suggesting more effective DNA repair in cells with stem cell characteristics after irradiation [208]. In another study, Zhang *et al.* collected tumor cells from syngeneic p53-null mouse mammary gland tumor models and identified a subpopulation of cells with Lin⁻/CD29^{high}/CD24^{high} phenotype by limiting dilution transplantation and *in vitro* mammosphere assay, which possessed tumor initiation capacity [209]. After single-dose irradiation from 2 to 6 Gy, gene microarray demonstrated an increased DNA damage response and expression of DNA repair genes among Lin⁻/CD29^{high}/CD24^{high} cells including Nek1, Brca1, Chek1, Hus1, Ung, Xrcc5, Sfpq, and Uhrf1, which was validated by quantitative polymerase chain reaction (PCR) [209]. These results further confirmed the existence of radiation resistance in tumor initiating cell-enriched mammospheres in breast cancer cells.

Using non-breast cancer stem cells (BCSCs) sorted from patient samples, Lagadec *et al.* found that IR reprogrammed differentiated breast cancer cells into induced BCSCs (iBCSCs) [210]. iBCSCs showed increased mammosphere formation, increased tumorigenicity, and expressed the same stemness-related genes as BCSCs from nonirradiated samples. However, one recent study found that based on CD44⁺/CD24⁻/lin⁻ phenotype and ALDH1, not all breast tumor CSCs are radioresistant but can respond uniquely to RT [211]. In addition, two recent studies have also suggested that radioresistance may not be a general property of CSCs [212, 213]; among CSCs isolated from nine cell lines of brain, breast, colon, and pancreas cancers by FACS, only one breast cancer cell line (MDA-MB-231) showed radioresistance [212].

RT represents one of the most effective therapies for glioma [214]. CD133 has been regarded as the marker for CSCs in malignant glioma in a number of studies [215–218]. *In vitro* and *in vivo* experiments demonstrated enrichment of CD133⁺ cells after irradiation with clinically relevant doses, which represented selective survival of CD133⁺ cells and death of CD133⁻ populations [219]. In glioblastoma, CD133⁺ CSCs are dramatically increased after irradiation, and radioresistant glioblastomas exhibit a higher percentage of CD133 expressing CSCs [219]. Brain CSCs preferentially activate the DNA damage checkpoint proteins in response to radiation, and repair radiation-induced DNA damage more effectively than non-CSCs [219, 220]. In atypical teratoid/rhabdoid brain tumors, the number of CD133⁺ cells is positively correlated with the degree of radioresistance [221]. The relative radioresistance of CD133⁺ cancer cells in glioma is also demonstrated in a study of clinical patients' tissue sections after high-dose irradiation [222]. Data yielded from histopathological examination of glioma patients who underwent surgical removal of remnant tumors after Gamma Knife surgery (GKS) and EBRT demonstrated marked accumulation of CD133⁺ glioma cells, particularly in remnant tumors within the necrotic areas, while CD133⁺ cells appeared sparse in primary sections prior to GKS and EBRT [222]. These results suggested that CD133⁺ cells can survive high-dose irradiation and may account for tumor regrowth. Taken together, all the data support the contribution of CD133⁺ CSC marker in glioma radioresistance, although the mechanisms through which CSCs alter radiosensitivity of glioma remain elusive.

Piao *et al.* recently demonstrated the CD133⁺ cells from HCC Huh-7 cell line are associated with radioresistance through the activation of MAPK/ERK survival pathway, and have enhanced proliferating activity compared to CD133⁻ cells following irradiation [223]. Therefore, CD133⁺ cell surface marker has a potential as therapeutic target to improve the effect of the RT of HCC. Interestingly, the EMT accompanied by E-cadherin loss has recently been associated with CSCs [138]. These cells have also been associated with tumor relapse and resistance to radiation [205]. Whether the effect of

E-cadherin loss in radioresistance is direct or indirect as a consequence of deregulation of the DNA repair and cell cycle checkpoints by EMT [165] or by the acquisition of stem-cell like properties remains to be investigated.

6.4 Current progress of CSCs in CaP radiation research

As far as we know, data related with the difference of CSC and non-CSCs in CaP are very limited until now. Both CD44 and CD133 are the most frequent CSC markers in CaP used in related research [180–182, 185, 196, 224, 225]. The results from our studies indicate that the downregulation of CD44 using small interfering RNA (siRNA) enhances radiosensitivity in PC-3, PC-3M-luc, and LNCaP CaP cells, and that the delay of DNA DSBs repair in CD44 low-expressing knock down CaP cells is correlated with ineffective cell cycle arrest and the delayed phosphorylation of Chk1 and Chk2 [12]. These findings suggest that CD44 may be a valuable biomarker and a predictor of radiosensitivity in CaP treatment. Another aspect to consider in CSCs and CaP radiation research is the existence of splicing variants of CD44 (CD44v or CD44 isoforms). The multiple isoforms of CD44 are involved in cellular functions such as motility and proliferation. Although the value of CD44v as CSC-dependent cell surface markers has not been sufficiently investigated so far, the targeting of such variants appears to be a promising strategy for combined radio-oncologic treatment approaches. It was reported that anti-CD44v6-directed antibodies that were conjugated with a cytotoxic chemotherapeutic agent significantly improved local tumor control in combination with fractionated irradiation in a head and neck squamous cell carcinoma (HNSCC) model *in vivo* [226]. It will be very interesting to validate the stemness of CD44v6-positive tumor cells in CaP for future RT.

Cho *et al.* recently found that irradiation favors increased survival and showed an increase in CSC properties (CD44, CD133, Nanog, and Oct3/4) with long-term recovery (after 33–35 days of RT treatment) in LNCaP and DU145 CaP cells *in vitro* [5]. These data suggest that the combination of RT with a CSC-targeted therapeutic strategy may prevent CaP recurrence. We have recently developed three radioresistant CaP cell lines (PC-3, DU145, and LNCaP) after RT with EMT characteristics, enhanced expression of CSC markers (CD44, CD326, Nanog, and Oct3/4), increased proliferation, invasion ability, and colony formation *in vitro* (unpublished data). Although the mechanisms of CSCs in CaP radioresistance are still unclear, these results indicate that CSCs may be involved in CaP radioresistance and can be useful therapeutic targets to prevent metastasis and recurrence. Investigating the roles of EMT and CSCs in CaP metastasis, chemoresistance, and radioresistance is a very interesting research area which is currently under investigation in our laboratory now. Although a lot of controversies still exist in the field of CSCs, future work to validate the importance of CSCs and characterize the

mechanisms responsible for CSCs resistance to radiation is quite necessary and will pave the avenue for developing CSC-specific radiosensitizers.

The main hurdle for investigating CSCs in radioresistance is the limitation of appropriate models available as CSCs are a dynamic process and the expression of CSC markers can be affected by many factors including tumor microenvironment. We have recently developed CaP-radioresistant (RR) cell lines using the maximum dose of radiation treatment and found that these CaP-RR (PC-3, DU145, and LNCaP) cells can induce EMT; enrich CSCs such as CD44, CD44v6, CD326, ALDH, Nanog, and Snail; easily form more spheres; and activate the PI3K/Akt/mTOR signaling pathways (unpublished data), indicating that these RT-treated cells are a good model to mimic clinical radioresistant condition and study the roles of CSCs in CaP radioresistance. We also found these radioresistant CaP cells have increased metastatic potential compared to the radiosensitive CaP cells (unpublished data), suggesting that this population of cells should be eradicated to prevent CaP metastasis. We believe this model is not only suitable for CaP radioresistance research but also useful for other cancer.

7 Combination of radiation with radiosensitizers in the treatment of CaP

EBRT and brachytherapy are the two main treatment options for organ-confined or locally advanced CaP. There is now abundant evidence supporting the benefits of high-dose EBRT in patients with clinically localized CaP [227]. However, high-dose RT causes considerable collateral damage to normal cell populations at the treatment site [228]. Another challenge in RT is that CaP cells develop radioresistance which results in local relapses [18, 229] as localized CaP is sensitive to conventional RT using X-rays and residual disease causes clinical relapse [230]. Therefore, it is important to find agents that sensitize malignant tumor cells to RT, thus minimizing radiation toxicity to surrounding organs by lowering effective therapeutic doses. The use of different radiosensitizers in combination with low-dose irradiation may increase the overall therapeutic efficacy and overcome radioresistance. In the current section, we focus on EBRT combined with radiosensitizers in CaP treatment. The different approaches by using radiosensitizers in combination with RT in preclinical studies are summarized in Table 2.

7.1 Small molecular inhibitors

Didox (DX; 3,4-dihydroxybenzohydroxamic acid) is a novel ribonucleotide reductase inhibitor. It was reported that Didox mediates its radiosensitizing effects by abrogating the radiation induced upregulation of Bcl-2 expression and NF- κ B activity in PC-3 cells *in vitro* [231]. Celecoxibs represent a

Table 2 Summary of combination of radiosensitizers with RT for CaP treatment in preclinical studies

Radiosensitizer	Investigation	Source	Reference
Small molecular inhibitor			
Didox	PC-3 cell line	X-ray	[231]
MG-132	PC-3 cell line	γ-ray	[232]
SSE	LAPC-4 and DU145 cell lines	γ-ray	[233]
HA14-1	PC-3 and LNCaP cell lines	γ-ray	[234]
Nutlin-3	PC-3 and DU145 cell lines	γ-ray	[235]
DCA	PC-3 cell line	X-ray	[101]
P529	PC-3 cell line and animal model	X-ray	[63]
Celecoxib	PC-3, DU145, and LNCaP cell lines	Photons	[236]
SSE	LAPC-4 and PC-3 animal models	X-ray	[237]
ABT-888	PC-3 and DU145 cell lines, PC-3 and DU145 animal models	X-ray	[238]
Perifosine	CWR22RV1 cell line and animal model	X-ray	[239]
MK-1775	PC-3 and LNCaP cell lines	γ-ray	[240]
miR-106b	LNCaP cell line	γ-ray	[11]
Growth factor inhibitor			
LY294002	LNCaP cell line	γ-ray	[50]
IGF1R siRNAs	PC-3, DU145 and LNCaP cell lines	γ-ray	[241]
AEE788	PC-3 and DU145 animal models	X-ray	[242]
C225	DU145 cell line and animal model	γ-ray	[243]
FGFR2IIIb	PC-3 cell line	γ-ray	[244]
SU5416 and SU6668	PC-3 animal model	γ-ray	[245]
STI571	PC-3 and DU145 cell lines	X-ray	[246]
C225	DU145 cell lines	γ-ray	[195]
NVP-AEW541	PC-3, DU145, and 22Rv1 cell lines	X-ray	[247]
Sunitinib	PC-3, DU145, and LNCaP cell lines, PC-3 animal model	X-ray	[248]
Gene therapy			
Adv-p53	PC-3 and LNCaP cell lines	X-ray	[249]
Ad5CMV-p53	PC-3 and DU145 cell lines	X-ray	[250]
AdVEGF-sKDR	PC-3, DU145 and LNCaP cell lines, DU145 animal model	γ-ray	[251]
AdPTEN	PC-3-Bcl2 and PC-3-Neo animal models	X-ray	[86]
Antisense therapy			
AS-MDM2	LNCaP cell line	γ-ray	[252]
Antisense-ATM	LNCaP, CWR22RV1, PC-3 and DU145 cell lines	X-ray	[253]
Antisense Hsp27 cDNA	DU145 cell line	γ-ray	[254]
Bcl2ASODN	PC-3 cell line and PC-3 animal model	γ-ray	[255]
AS-MDM2	LNCaP animal model	X-ray	[256]
AS-MDM2	PC-3 and LNCaP cell lines	X-ray	[257]
Ad-E2F1			
E2F1	PC-3 and LNCaP animal models	X-ray	[258]
HDACI			
SAHA	DU145 cell line	X-ray	[259]
H6CAHA	PC-3, DU145, and LNCaP cell lines PC-3 animal model	X-ray	[260]
VPA	PC-3, DU145, and LNCaP cell lines DU145 animal model	X-ray	[261]
Natural product			
(–)-Gossypol	PC-3 cell line and PC-3 animal model	X-ray	[262]
Parthenolide	PC-3, DU145, and LNCaP cell lines	X-ray	[84]
ET-743	DU145 cell line	γ-ray	[263]
DHMEQ	PC-3, LNCaP cell lines, and PC-3 animal model	X-ray	[264]
MP	PC-3 cell line and animal model	X-ray	[265]

Table 2 (continued)

Radiosensitizer	Investigation	Source	Reference
Other novel agent			
HMAF	PC-3, LNCaP-LN3, and LNCaP-Pro5 cell lines	γ -ray	[266]
Genistein	PC-3 cell line	Photon and neutron	[267]
Genistein	PC-3 animal model	X-ray	[268]
Zoledronic acid	C4-2B cell line	γ -ray	[269]
Genistein	PC-3 cell line	Photons	[270]
MG-132	PC-3 cell line	X-ray	[271]
β -lap	DU145	γ -ray	[272]
Soy isoflavones	PC-3 cell line and animal model	Photons	[273]
NO-sulindac	PC-3 sphere 3D model	X-ray	[274]
ATO	PC-3 and LNCaP cell lines and PC-3 animal model	X-ray	[5]

structural class of nonsteroidal anti-inflammatory drugs (NSAIDs) and belong to the most potent specific inhibitors of cyclooxygenase-2 (COX-2). COX-2 plays an important role in CaP progression [275]. It was demonstrated that COX-2 was upregulated after IR in PC-3 CaP cells *in vitro* [276]. Handrick *et al.* found that Celecoxib can sensitize CaP cell lines to IR *via* a pro-apoptotic Bax-independent death pathway [236]. In a phase I clinical trial, combination of Celecoxib with RT was performed in 22 localized CaP patients and was not associated with an increased level of side effects [277]. These data indicate that COX-2 inhibitors are promising for phase II and III trials to overcome CaP radiation resistance.

Pajonk *et al.* demonstrated the proteasome inhibitor MG-132 sensitizes PC-3 CaP cells to IR and induces apoptosis by a DNA-PK-independent mechanism [232]. An *et al.* reported that HA14-1 (a small molecular Bcl-2 inhibitor) potently sensitizes radioresistant LNCaP and PC-3 cells to γ radiation, regardless of the status of p53, and that combination of HA14-1 and γ radiation induces apoptosis through activation of oxidative injury and JNK signals and triggers both caspase dependent and independent cell death pathways [234]. Nutlins are small molecules that inhibit MDM2 binding to p53 [278]. These compounds bind in the p53-binding pocket of MDM2 to displace p53 from the complex and induce p53 stabilization. P53 then activates downstream targets leading to p^{21WAF} induction, cell cycle arrest, and apoptosis. It was reported that Nutlin-3 can act as a radiosensitizer *via* p53-independent mechanisms under low O₂ levels in CaP cell lines *in vitro*, indicating that Nutlin-3 can be a useful adjunct to target hypoxic cells and improve the efficacy of RT [235].

Dichloroacetate (DCA), a known inhibitor of mitochondrial pyruvate dehydrogenase kinase (PDK) and drug utilized for hereditary lactic acidosis disorders, can shift cellular metabolism from glycolysis to glucose oxidation. One study demonstrated that DCA can effectively sensitize Bcl-2^{wt} and Bcl-2^{high} human CaP cells to RT by modulating the expression of key members of the Bcl-2 family [279]. Palomid 529 (P529) is

an Akt inhibitor which enhances the effect of RT in PC-3 CaP cells *in vitro* and in a s.c animal model *in vivo* [63].

Sodium selenite (SSE) is an inorganic Se compound and has been reported to radiosensitize both androgen-responsive (LAPC-4) and androgen-nonresponsive (DU145) CaP cells [233]. SSE significantly enhances the effect of RT on LAPC-4 and PC-3 s.c xenografts and does not sensitize the intestinal epithelial cells to radiation, suggesting that SSE has a very good therapeutic potential for the treatment of CaP [237]. PARP inhibitor ABT-888 (veliparib) can enhance radiosensitivity in PC-3 and DU145 CaP cell lines *in vitro* and PC-3 s.c animal model *in vivo*, suggesting that *in vitro* assays of radiosensitivity may not predict *in vivo* efficacy of PARP inhibitors with radiation [238]. Perifosine is a membrane-targeted alkylphospholipid developed to inhibit the PI3K/Akt pathway and has been suggested as a favorable candidate for combined use with RT. Perifosine enhances CaP radiosensitivity in a CWR22RV1 cell line *in vitro* and its s.c animal mode *in vivo* [239]. MK-1775 is a small molecule inhibitor of weel. Bridges *et al.* found that MK-1775 radiosensitizes p53-defective PC-3 CaP cells but not p53 wild-type LNCaP cells *in vitro* [240]. Using a micro RNA (miRNA) microarray assay, Li *et al.* screened 132 cancerous miRNAs in LNCaP cells in response to RT and found that miR-106b is able to render radiation resistance in CaP cells, suggesting that miR-106b is a potential therapeutic target to overcome CaP radiation resistance [280].

7.2 Growth factor inhibitors

It was reported that PI3K inhibitor LY294002 increases sensitivity of CaP cell line to IR through inactivation of PKB [50]. Insulin-like growth factor-type 1 receptor (IGF1R) signaling in the malignant transformation and progression of many tumor types is well established and is ascribed to its pivotal role in cellular proliferation, survival, and differentiation, leading to resistance to RT, chemotherapy, and other targeted therapies. Rochester *et al.* indicated that the IGF1R transfected

with IGF1R siRNA enhances IR response in PC-3, DU145, and LNCaP CaP cell lines *in vitro* [241]. A small molecule IGF1R kinase inhibitor NVP-AEW541 induced radiosensitization in the PTEN wild-type DU145 and 22Rv1 CaP cell lines but not in the PTEN-deficient PC-3 CaP cell line and NVP-AEW541-induced radiosensitization coincided with downregulation of p-Akt levels and high levels of residual DSBs [247].

AEE788, a dual TKI of both EGFR and vascular endothelial growth factor receptor (VEGFR), provides an avenue to investigate the effect of simultaneous blockade of EGFR and VEGFR in cancer cells [281]. It was reported that combination of AEE788 with RT can enhance treatment efficacy in DU145 CaP s.c model but not in PC-3 s.c model [242]. C225 (cetuximab) is a chimeric human-mouse IgG1 MAb and an EGFR inhibitor. Wagner *et al.* demonstrated that C225 MAb augments the radiation killing of DU145 CaP cells *in vitro*, and inhibits the growth of implanted DU145 tumors and increases the efficacy of RT *in vivo* via a combination of cytostatic, necrotic, and apoptotic mechanisms [243]. The C225 MAb was further demonstrated to increase the radiosensitivity of DU145 cells through antiproliferative effect, inhibition of clonal growth, G0/G1 phase arrest, apoptosis induction, and inhibition of EGFR-signaling pathways by the downregulation of MAPK activation [195].

Matsubara *et al.* demonstrated that restoration of fibroblast growth factor receptor 2IIIb (FGFR2IIIb) to PC-3 cells enhances their sensitivity to irradiation through acceleration of apoptosis and cell cycle arrest [244]. Timke *et al.* showed that the combined VEGF (SU5416) and PDGF (SU6668) receptor tyrosine kinase can improve the RT effect in PC-3 s.c animal model *in vivo* [245]. Imatinib mesylate (Gleevec, STI571) is a TKI. It was reported that STI571 inhibits IR-induced RelB nuclear translocation, leading to increased radiosensitivity in aggressive androgen-nonresponsive PC-3 and DU145 CaP cells [246]. Sunitinib, a potent inhibitor of several tyrosine kinase receptors, has demonstrated both antitumor and anti-angiogenic activity. Preclinical biochemical and cellular assay studies tested its activity against different kinases and proved it to be a potent inhibitor of all three members of the VEGFR family, both PDGFR α and β , C-KIT, and Fms-like tyrosine kinase-3 [282]. Brooks *et al.* found that Sunitinib modestly enhances the radiosensitivity of androgen-nonresponsive DU145 and PC-3 CaP cells, respectively, but does not sensitize the androgen-responsive LNCaP cells [248]. Sunitinib and RT do not interact directly to radiosensitize the PC-3 tumor cells *in vivo* [248].

7.3 Gene therapies

Several studies have demonstrated that the function of the p53 gene is one of the major determinants of intrinsic cellular sensitivity to the cytotoxic effects of IR. IR can induce p53

protein production, which can then result in either cell cycle arrest or apoptosis [283]. Colletier *et al.* demonstrated that adenoviral-mediated p53 (adv-p53) transgene expression sensitizes human p53 wild-type LNCaP and p53 null PC-3 CaP cells to IR *in vitro* and the radiosensitization is independent of p53 status [249]. It was reported that the combination of IR and wild-type p53 gene (Ad5CMV-p53) gene therapy results in remarkable synergistic effects in human CaP cells *in vitro* [250]. Kaliberov *et al.* reported that the human VEGF promoter element (AdVEGF-sKDR) can radiosensitize CaP cells *in vitro* and *in vivo* [251]. Anai *et al.* developed PC-3-Bcl2 and PC-3-Neo s.c xenograft models and found that the combination of adenoviral vector-expressed PTEN (AdPTEN) and RT significantly inhibits xenograft tumor growth by the induction of apoptosis, inhibition of angiogenesis, and cellular proliferation [86]. Forced overexpression of PTEN has been shown *in vitro* and *in vivo* to downregulate Bcl-2, increase apoptosis, inhibit angiogenesis, and most importantly sensitize Bcl-2-overexpressing CaP cells to the killing effects of radiation [86]. These data indicate that gene therapy is a useful approach to increase the radiosensitivity in CaP radiation treatment.

7.4 Antisense therapies

Antisense (AS) therapy is another option for increasing radiosensitivity. Mu *et al.* found that AS-MDM2 sensitizes CaP cells not only to AD or RT given individually, but also to combination of AD and RT *in vitro*, makes this strategy ideal for the men with high-risk CaP [252]. Stoyanova *et al.* reported that AS-MDM2 sensitizes LNCaP CaP cells to AD, RT, and combination of AD and RT *in vivo* [256]. Truman *et al.* found that treatment of LNCaP, CWR22RV1, PC-3, and DU145 CaP cells with AS-ataxia telangiectasia mutated (ATM) oligonucleotides can reduce cellular ATM levels, which sensitizes human CaP cells to radiation-induced apoptosis [253]. Teimourian *et al.* demonstrate that AS-Hsp27 cDNA can reduce Hsp27 expression and significantly radiosensitize DU145 CaP cells *in vitro* [254].

AS-Bcl-2 oligodeoxynucleotide (ASODN) reagents have been shown to be effective in reducing Bcl-2 expression in a number of systems. Anai *et al.* demonstrated that combination of Bcl2-ASODN with IR sensitizes both PC-3-Bcl-2 and PC-3-Neo CaP cells to the killing effects of radiation *in vitro* and enhances radiation effect in two xenograft models *in vivo* [255]. E2F1 and MDM2 are two key proteins that promote apoptosis through common and independent apoptotic pathways. Both AS-MDM2 and adenoviral-mediated E2F1 (Ad-E2F1) combined with RT can significantly increase CaP cell death when exposed to RT and that this effect occurs regardless of AR and p53 status [257]. They further demonstrated that Ad-E2F1 overexpression sensitizes LNCaP and PC-3 CaP cells to RT *in vivo* [257].

7.5 Histone deacetylase inhibitors

Histone deacetylase inhibitors (HDACIs) are promising radiosensitizers. Chinnaiyan *et al.* demonstrated that the suberoylanilide hydroxamic acid (SAHA) can enhance radiation-induced cytotoxicity in DU145 CaP cells *in vitro* via inhibiting PI3K/Akt signaling pathway [259]. Konsoula *et al.* found that H6CAHA (an adamantyl-hydroxamate histone deacetylase inhibitor) enhances the *in vitro* and *in vivo* sensitivity of CaP cells to RT while protecting normal cells from radiation-induced damage through modulating DNA damage repair processes [260]. Chen *et al.* showed that valproic acid (VPA) at low concentrations has minimal cytotoxic effects and can significantly increase radiation-induced apoptosis in CaP cell line *in vitro* and an animal model *in vivo* via a specific p53 acetylation and its mitochondrial-based pathway [261].

LBH589 (panobinostat) is another popular HDACI, a hydroxamic acid derivative and a novel pan-HDACI [284]. Our recently results indicate that LBH589 inhibited PC-3 and LNCaP CaP cell proliferation in a time- and-dose-dependent manner; low-dose of LBH589 (IC₂₀) combined with RT greatly improved efficiency of cell killing in CaP cells; compared to RT alone, the combination treatment of LBH589 and RT induced more apoptosis and led to a steady increase of sub-G1 population and abolishment of RT-induced G2/M arrest, increased and persistent DSBs, less activation of Ku70/Ku80, and a panel of cell cycle related proteins (unpublished data). These data suggest that HDACIs are very promising radiosensitizers for future clinical trials for CaP therapy.

7.6 Natural products

(–)-Gossypol, a natural polyphenol product from cotton seed, has recently been identified as a small-molecule inhibitor of both Bcl-2 and Bcl-xL and potently induces apoptosis in several cancer cell lines [285, 286]. Studies indicated that (–)-Gossypol can radiosensitize PC-3 CaP cells *in vitro* and PC-3 s.c model *in vivo* without augmenting toxicity, suggesting that (–)-Gossypol combined with RT represents a promising novel anticancer regime for molecular targeted therapy of hormone-refractory CaP with Bcl-2/Bcl-xL overexpression [262]. Parthenolide is a major active component of the herbal medicine feverfew (*Tanacetum parthenium*) and has been shown to inhibit growth or induce apoptosis in a number of tumor cell lines [287, 288]. It was reported that the radiosensitization effect of parthenolide in CaP cells is mediated by NF-κB inhibition and enhanced by the presence of PTEN [84]. Romero *et al.* demonstrated that Trabectedin (ET-743), a natural product derived from the marine tunicate *Ectenascidia turbinata*, has significant *in vitro* radiosensitizing effect and induces cell cycle changes and apoptosis in several human cancer cell lines including DU145 CaP cell line [263].

A dehydroxymethyl derivative of epoxyquinomicin (DHMEQ) was from a natural product and is a novel and potent NF-κB inhibitor [289]. Kozakai *et al.* reported that DHMEQ enhances the therapeutic effect of radiation in CaP cells *in vitro* and in a s.c PC-3 animal model *in vivo* via inhibiting NF-κB binding activity [264]. Chiu *et al.* showed that IR combined with MP (isolated from *M. pilosus* M93-fermented rice) increases the therapeutic efficacy compared to individual treatments in PC-3 CaP cells *in vitro*, and induces autophagy, ER stress, and enhanced DNA damage primarily via inhibition of the Akt/mTOR signaling pathways [265]. This combination treatment also demonstrated antitumor growth effects in a nude mouse PC-3 xenograft model [265].

7.7 Other novel agents

Hydroxymethylacylfulvene (HMAF; Irofulven, MGI 114) is a novel agent with alkylating activity and a potent inducer of apoptosis. The combination of HMAF with radiation can reduce the radiation dose needed for the same level of clonogenic survival up to 2.5-fold and induce more apoptosis compared with any single-treatment alone in CaP cell lines *in vitro* [266]. Genistein is an isoflavone, a major metabolite of soy produced by the intestinal bacteria, which is believed to be one of the anticancer agents found in soybeans [290]. Hillman *et al.* demonstrated that genistein combined with radiation inhibits DNA synthesis, resulting in inhibition of cell division and growth, and potentiates radiation effect on PC-3 CaP cells [267]. In the following study, they found that the mechanism of increased cell death by genistein and radiation is proposed to occur via inhibition of NF-κB, leading to altered expression of regulatory cell cycle proteins such as cyclin B and/or p²¹^{WAF1}/Cip1, thus promoting G2/M arrest and increased radiosensitivity in PC-3 CaP cells [270]. They also showed that this combination treatment caused a significantly greater inhibition of primary tumor growth (87 %) in a PC-3 orthotopic model compared with genistein (30 %) or radiation (73 %) alone, and prevented lymph node metastasis [268]. However, it was discovered that pure genistein causes increased spontaneous metastasis to lymph nodes when given as a single modality [268, 291]. These findings indicate that genistein promotes metastatic spread from the primary tumor to regional lymph nodes via the lymphatic system.

Soy isoflavones (genistein, daidzein, and glycitein) as soy pills of similar composition are used in human interventions but not pure genistein. One study found that the combination of soy isoflavones with IR potentiates radiation-induced cell killing in PC-3 cells *in vitro*, enhances control of primary CaP growth and metastasis *in vivo* [273]. However, treatment with soy isoflavones did not increase lymph node metastasis in CaP orthotopic animal model [273], suggesting that soy isoflavones is more suitable for future clinical trials and has potential to improve CaP radiosensitivity. They also

confirmed that the molecular mechanism of radiosensitization by soy isoflavones is through downregulation of apurinic/apyrimidinic endonuclease 1/redox factor-1 expression using a CaP cell line *in vitro* and a CaP animal model *in vivo* [292]. Algur *et al.* reported that the combined use of zoledronic acid and RT shows enhanced *in vitro* cytotoxicity for C4-2B CaP cell line compared with each treatment alone [269]. It was found that MG-132 enhances radiosensitivity in PC-3 CaP cells *in vitro* with concomitant NF- κ B inhibition [271].

β -lapachone (β -lap) is a bioreductive anticancer drug. Suzuki *et al.* demonstrated the synergistic effects of RT and β -lap in DU145 CaP cells *in vitro* with two distinct mechanisms: first, radiation sensitizes cells to β -lap by upregulating NAD(P)H/quinone oxidoreductase 1 (NQO1), and second, β -lap sensitizes cells to radiation by inhibiting sublethal radiation damage (SLD) repair [272]. Nitric oxide donating nonsteroidal anti-inflammatory drugs (NO-NSAIDs) are novel pharmaceutical agents which were developed to allow NSAIDs to be better tolerated due to their associated gastroprotection. Stewart *et al.* demonstrated that NO-NSAID radiosensitises PC-3 sphere (CaP epithelial cells) but not prostate stromal cells *in vitro* and possible mechanisms for this effect could be the enhanced formation and reduced repair of radiation-induced DNA strand breaks and inhibition of the radioresistant hypoxia response [274]. Chiu *et al.* recently demonstrated that IR combined with ATO increases the therapeutic efficacy compared to individual treatments in LNCaP and PC-3 CaP cells, induces autophagy and apoptosis in LNCaP cells, and mainly induces autophagy in PC-3 cells through inhibition of the Akt/mTOR signaling pathways [5]. This combination treatment also demonstrated antitumor growth effects in a nude mouse PC-3 xenograft model [5].

8 Conclusions and future perspectives

Radiation remains an important modality for organ-confined or locally advanced CaP treatment with ongoing efforts towards designing new radiation treatment modalities and techniques which continue to improve the survival and quality of life of CaP patients. With the improved clinical outcomes of CaP treatment, minimizing RT-related toxicities has become a priority. RT has curative potential in treating CaP. However, tumor recurrences still frequently occur, requiring stratification of patients into different groups with distinct recurrence risk and further improvement of treatment methods to reduce the recurrence rate. If the biomarkers for predicting the treatment response of individual CaP patient and potential targets for radiosensitization are identified and further validated, it will achieve a more favorable therapeutic ratio in clinics. The future of radiation oncology is a close combination of modern treatment techniques, biomarker-guided personalized treatments, and metabolic/molecular imaging [293].

It is increasingly clear that a dynamic and multifactorial process is involved in the response of CaP cells to radiation. Emerging evidence suggests that PI3K/Akt/PTEN/mTOR signaling pathways, autophagy, EMT, and CSCs play important roles in CaP metastasis and progression and are related with radioresistance, and targeting these molecules or their corresponding pathways by gene therapy, antisense therapy, specific inhibitor, or other methods may enhance the radiosensitivity of CaP.

The PI3K/Akt/PTEN/mTOR pathway is implicated in all major mechanisms of radioresistance including CaP. Targeting this pathway is very promising for improving CaP radiosensitivity. In the future, using multiple inhibitors to target the signaling proteins in this pathway could improve the survival of CaP patients. The study of autophagy is a very exciting and highly promising area of cancer research. There has been much recent progress in our understanding the pathways that control autophagy. Further exploration of these pathways holds great potential for improving the treatment efficacy of IR in CaP. However, despite this potential, one of the most difficult questions remains to be answered: whether autophagy should be inhibited or stimulated to improve clinical outcomes? Thus, autophagy seems to play a pivotal role between survival and death processes: these processes, in fact, might be cell and tissue specific and highly dependent on the expression profile of genes and proteins regulating apoptosis. The interplay between apoptosis and autophagy is a very interesting area and needs to be further exploited in the future.

Since CSCs and EMT have both been implicated in tumorigenesis and radioresistance, it is critical to examine both populations and determine their expression of phenotypes in order to develop strategies to target these populations using targeting therapy. The rapid progress in EMT research and the various facets of innovative insights into the molecular mechanisms underlying EMT and metastasis will open novel avenues for the establishment of appropriate surrogate markers for improved diagnosis and prognosis, and, most importantly, for the design of specific antimetastasis therapies. Tanaka and colleagues have recently developed novel anti-N-cadherin MAbs, which are active in preclinical models of CRPC [161]. These MAbs could be also promising in improving CaP radiosensitivity. Yet, while we have made substantial progress in the understanding of the molecular mechanisms underlying EMT, we still lack sufficient insights into the functional contribution of EMT in cancer patients, especially in CaP radiation research.

The recent advances in CSCs have unlocked a new avenue for radiosensitivity research. Elucidating the role of CSCs in the cancer cells' response to radiation will enhance our understanding of CaP recurrence after RT, and may direct research towards novel and specific radiosensitization agents that target CSCs. We expect that there will be increased understanding of the intrinsic and extrinsic factors that control the plasticity and

maintenance of the CSC state (e.g., expression factors, miRNA expression, post-translational modifications of molecules that control stem cell fate, and niche factors that control stem cell renewal). It needs to be recognized that the complex mixture of radiosensitivity determining factors is probably highly dynamic during fractionated RT. Thus, the development of future therapeutic strategies based on targeting potential CSC radioresistance mechanisms must take into account these complex and dynamic processes, whereby different radioresistance pathways may be better targeted at different stages of therapy. In addition, if tumor and normal tissue stem cell regulatory pathways can be separately selectively targeted, then not only could CSCs be radiosensitized, but normal tissue stem cells could also be radioprotected to improve the therapeutic ratio. Furthermore, it may differ between tumor types, as well as between different individuals' tumors within a tumor type. Therefore, any therapeutic strategy in the long term will need to take into account the biological features that control CSC behavior in each individual tumor (i.e., personalization of therapy).

With the advent of novel imaging technologies for CSCs [294], biology-guided RT planning may offer ways for specifically delivering high radiation doses to areas with high CSCs numbers. CSCs also offer novel targets to enhance the efficacy of RT [295] and future targeted therapies should have this aim in CaP radiation research. Targeting CSCs with radiation holds enormous potential for eventual cure for CaP patients.

Combination of RT with different radiosensitizers has demonstrated to be promising in preclinical studies with CaP cell lines and animal models. However, only very limited data could be found in phase I trials. These combination approaches should be further explored in clinical trials to validate their clinical effects in CaP therapy.

Acknowledgments Our prostate cancer radiation research project was supported in part by a NH&MRC Career Development Fellowship; Cancer Research Trust Fund at Cancer Care Centre, St George Hospital; and Prostate and Breast Cancer Foundation. The authors thank the technical support from Mr Ken Hopper, Mr Ese Enari, Mr Alex Wallace, and Mr Peter Treacy from the Cancer Care Centre, Sydney, Australia.

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