ORIGINAL PAPER

Utility of stress perfusion-cardiac magnetic resonance in followup of patients undergoing percutaneous coronary interventions of the left main coronary artery

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Abstract To assess the accuracy of cardiac magnetic resonance (CMR) for the diagnosis of angiographic stenosis after percutaneous coronary intervention (PCI) of left main coronary artery (LMCA). Patients undergone in the last year PCI of unprotected LMCA and scheduled for conventional X-ray coronary angiography (CXA) were evaluated with stress perfusion CMR within 2 weeks before CXA. Main contraindications to CMR were exclusion criteria. Stress perfusion CMR was performed to follow a bolus of contrast Gadobutrol after 3 min of adenosine infusion. Between the 50 patients enrolled, only 1 did not finish the CMR protocol and 49 patients with median age 71 (65–75) years (38 male, 11 female) were analyzed. Between 784 coronary angiographic segments evaluated we found 75 stenosis or occlusions (prevalence 9.5%), but only 13 stenosis or occlusions in proximal segments (prevalence 6.6%). Patients with coronary stenosis ($n=12$, 24%) showed a significantly ($p=0.002$) higher prevalence of diabetes (7 of 12, 58%). At CMR examination, late gadolinium enhancement was present in 25 (51%), reversible perfusion defects in 12 (24%), and fixed perfusion defects in 6 subjects (12%). The only patient with LMCA restenosis resulted positive at perfusion CMR. The accuracy of stress perfusion CMR in diagnosis of coronary stenosis was higher when the analysis was performed only in proximal coronary arteries (95%,

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CI 86–99) compared to overall vessels (84%, CI 70–92). Stress perfusion CMR could strongly reduce the need for elective CXA in follow up of LMCA PCI and should be validated in further multicenter prospective studies.

Keywords Cardiac magnetic resonance · Diagnostic accuracy · Left main coronary artery disease · Percutaneous coronary intervention

Introduction

Significant unprotected left main coronary artery (LMCA) stenosis occurs in approximately 5% of coronary angiographies [\[1](#page-7-0)].

The medical management of the LMCA stenosis is associated with a higher mortality when compared to coronary artery bypass (CABG) treatment [[2,](#page-7-1) [3](#page-7-2)]. In LMCA stenosis CABG is the first choice treatment, but percutaneous coronary intervention (PCI) can be an alternative to CABG in selected patients. According to the recent guidelines, PCI could be considered in LMCA stenosis when either anatomic conditions associated with a low risk of PCI procedural complication are present and a good long-term outcome is expected, or when clinical characteristics predict a significantly increased risk of adverse CABG-related outcomes [[4\]](#page-7-3).

The most important disadvantage of the PCI procedure, despite the introduction of drug-eluting stents (DES), is the phenomenon of restenosis requiring reinterventions within the LMCA. The incidence of restenosis within the LMCA is estimated at 4.5–42%, depending on the type of stent implanted, definition of restenosis, and lesion location within the LMCA [[5,](#page-7-4) [6\]](#page-7-5).

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Most of LMCA restenosis are asymptomatic and, despite high numbers of PCIs performed within the LMCA, the prognostic value of angiographic follow-ups has never been evaluated in prospective randomized trials and remains unclear [\[7](#page-7-6)].

In recent years, several studies $[8-11]$ $[8-11]$ documented a high diagnostic performance of stress perfusion-cardiac magnetic resonance (CMR) vs. conventional X-ray coronary angiography (CXA) and showed its prognostic value [\[12](#page-8-1)].

To date, despite the increasing utilization of stress perfusion-CMR in clinical practice and its impact on clinical patient management [[13\]](#page-8-2), the utility of CMR in clinical follow-up after PCI of LMCA is poorly established.

The aim of the present prospective pilot study was to assess the feasibility and accuracy of a combined examination of adenosine first-pass stress perfusion with late gadolinium enhancement (LGE) for the diagnosis of significant stenosis in patients who had undergone LMCA PCI and who were clinically scheduled for invasive coronary angiography.

Methods

This study is a prospective single centre analysis of 50 consecutive subjects. All subjects were selected from November 2010 to September 2013 at St. Orsola Malpighi Hospital, a tertiary care centre located in Bologna, Northern-Italy.

Local ethical committee (Comitato Etico Azienda Ospedaliero-Universitaria Policlinico S.Orsola- Malpighi) approved the research protocol and all subjects provided informed written consent before study participation.

Men and women older than 40 years were eligible for the study if they had undergone in the last year percutaneous coronary intervention of the LMCA and if they were scheduled for conventional CXA.

Stress perfusion CMR had to be performed within 2 weeks before the CXA.

Exclusion criteria were recent myocardial infarction or unstable angina pectoris, history of coronary artery bypass graft (CABG) or severe congestive heart failure, and contraindications to DE-CMR such as implantable devices or not DE-CMR safe prosthetic materials, claustrophobia, severe renal insufficiency and history of allergic reactions to DE-CMR contrast agents. Substantial mental disorder, including severe dementia or any disorder that interfered with a patient's ability to comply with the CMR protocol, was also an exclusion criterion. Detailed inclusion and exclusion criteria are provided in Table [1](#page-1-0).

The patients had to refrain from coffee, tea, chocolate, or other caffeinated beverages and food for at least 24 h before the CMR exam.

In all subjects included in this prospective research protocol we recorded clinical data before stress CMR, including ECG, standard transthoracic echocardiography and main laboratory parameters.

Body mass index (BMI) was weight in kilograms divided by the square of the height in meters. Hypertension was defined as systolic blood pressure \geq 140 mmHg or diastolic blood pressure \geq 90 mmHg or use of antihypertensive medications [\[14\]](#page-8-3). Diabetes mellitus was defined as fasting plasma glucose concentration \geq 126 mg/dl (7.0 mmol/L), use of insulin or other

DE-CMR delayed enhancement cardiac magnetic resonance, *PCI* percutaneous coronary intervention

anti-diabetic medicine, self-reported disease, or HbA1c level ≥7.0% [[15](#page-8-4)]. Smoking status was self-reported. Individuals were defined as smokers if they smoked in lifetime more than 100 cigarettes.

eGFR was calculated by Cockcroft-Gault formula:

$$
\frac{[140 - age(years)] \times [weight(kg)] \times [1.23 \text{ if male}; 1.04 \text{ if female}]}{[serum creationine (mmol/L)]}.
$$

Total cholesterol levels ≥ 200 mg/dl (5.17 mmol/L) were considered elevated and high density lipoprotein (HDL) <40 mg/dl (1.03 mmol/L) were low $[16]$.

Family history of CAD was defined by the history of myocardial infarction (MI) in a male 1st degree relative before the age 55 or a female 1st degree relative before the age of 65.

Known heart failure, stroke, symptomatic peripheral artery disease and chronic obstructive pulmonary disease were defined by documented prior hospitalization for each pathology.

During CMR, blood pressure and cardiac frequency were recorded before, after 2 min of adenosine infusion, and at the end of the adenosin infusion.

All patients were examined in supine position using a 1.5-T scanner (Signa Horizon, GE Medical Systems, Milwaukee, Wisconsin, USA) equipped with a cardiac phased array coil.

A rapid gradient echo sequence allowed for localization of the heart in the three standard planes.

A breath-hold MR first-pass perfusion examination was performed to follow a bolus of contrast Gadobutrol 1 mmol/mL solution (Gadovist, Bayer Schering Pharma) administered intravenously 0.1 mmol/kg at 4 ml/s after 3 min of adenosine infusion (140 mcg/min/kg i.v.).

During bolus arrival, three short-axis slices were acquired every heart beat at one-fourth, half, and threefourth of the left ventricular (LV) long axis (non-slice selective 90°-preparation, fast gradient-echo acquisition, spatial resolution: $2-3$ mm \times $2-3$ mm, slice thickness 8–10 mm).

After stress perfusion, a complete set of short axis cine images covering the whole heart were acquired with the patient performing a series of breath-holds in end-expiration.

Standard 2-chamber and 4-chamber long-axis series conform to standard cardiac protocols [\[17](#page-8-6)]. Imaging parameters of the 2-chamber and 4-chamber long-axis series and the short axis cine acquisitions by a balanced fast-field echo sequence [\[18](#page-8-7)] were the following: repetition time (TR) 3.0 ms, echo time (TE) 1.5 ms, flip angle = 50° , field of view (FOV) 350 mm, and gated cardiac triggering with retrospective reconstruction of 30 phases. For the short axis cine acquisitions covering the heart 15 to 22 (mean 18) parallel oriented slices were acquired without a slice gap, one or two slices per breath-hold.

After a 10–15 min delay from the MR contrast, a segmented inversion recovery fast gradient echo sequence was performed in short-axis views and the standard long-axis views. Optimal inversion times to null the normal myocardial signal were determined for each patient using short axis scout sequences.

Finally, using the same locations of stress perfusion, we acquired a rest perfusion imaging at the same Gadobutrol dose (0.1 mmol/kg), approximately 20 min after the stress imaging.

The CMR study protocol is shown in Fig. [1](#page-2-0).

Functional assessment: left ventricle (LV) and right ventricle (RV) volumes and ejection fraction, parietal thickness and mass were measured by tracing epicardial or endocardial borders manually with commercially available software (Mass Analysis Plus; Medis, Leiden, the Netherlands). The endocardial and epicardial borders were manually drawn in the end-diastolic and end-systolic short-axis cine images. Papillary muscles and trabeculatures were not included in the myocardium. The standard-16 segment

Fig. 1 CMR protocol. Survey: transversal, sagittal, and coronal view for the localization of the heart. Adenosine infusion: 3 min of adenosine infusion (140 mcg/kg/min) in peripheral vein. Stress perfusion: first-pass perfusion in 3 short-axis views 3 min after the start of adenosine. Short axis cine: short-axis views for cardiac function. LGE (late gadolinium enhancement): inversion recovery technique 10–12 min after stress perfusion. Rest perfusion: first-pass perfusion in the same 3 shortaxis views of stress perfusion

model (17-segment model minus the apical segment) [[19\]](#page-8-8) was used to assess myocardial perfusion, thickness, kinesis, and contrast enhancement of the LV. The standard-16 segment model was applied since the vessels supplying the apex are <2 mm in diameter in most cases and are rarely treated [\[20](#page-8-9)].

Perfusion defects and delayed contrast hyperenhancements in which any portion involved at least 75% of the thickness of the myocardial wall was considered transmural [\[21](#page-8-10)].

The presence and transmural extent of a perfusion defect was determined from the dynamic images at the time of myocardial enhancement showing the maximum extent of regional hypoenhancement. To determine if a defect is stress induced and to detect artefacts, the perfusion images were visually compared side by side with rest perfusion and LGE images. Ischemia was defined as any regional stressinduced hypoenhancement in the absence of LGE, hypoenhancement larger than LGE, if present (partially reversible defect), whereas a defect of the same size as LGE (transmural or subendocardial) was considered nonischemic (fixed defect). Matched stress-rest perfusion defects in the absence of infarction by LGE were considered artefactual [\[22](#page-8-11)].

Segments with a transmural infarct supplied by a stenosed or occluded vessel will not show ischemia in a noninvasive test (fixed defect) and will therefore be classified as false negative. To overcome this problem, the analysis was carried out by classifying these segments as true negative, but only if the area of transmural infarction matched the area supplied by the vessel, as defined by angiography retrospectively [[9\]](#page-7-8).

All perfusion CMR studies were visually analysed offline by two radiologists with >10 years of experience in CMR blinded to CXA results. Contrasts were solved by consensus.

All coronary X-ray angiographies (CXA) were performed within 2 weeks after CMR examination. Clinically significant coronary heart disease was defined as 70% or more area stenosis of a first order coronary artery measuring 2 mm or greater in diameter, or left main stem stenosis 50% or more, as was used in previous studies [\[10](#page-7-9), [23](#page-8-12)].

Vessels of <2 mm diameter were not considered for definition of CAD, since such small vessels are rarely treated (e.g. no stents available for <2 mm vessels).

Coronary angiograms were analysed and divided in proximal, mid and distal segments following Syntax clas-sification [[24\]](#page-8-13).

Two experienced interventional cardiologists blinded to the results of the CMR imaging examinations visually evaluated the angiograms. Contrasts were solved by quantitative coronary angiography (QCA), as in previous studies [\[25](#page-8-14)].

Statistical analyses were performed using Stata/SE 14.1 for Windows; continuous variables were expressed as medians and interquartile range; categorical data were expressed as numbers (percentages). The Two-sample Wilcoxon rank-sum (Mann–Whitney) test and χ^2 test or Fisher exact test were used to compare respectively continuous and categorical variables between groups.

All p values refer to two-tailed tests of significance. P<0.05 was considered significant.

Sensitivity, specificity, and accuracy (including the confidence intervals) were calculated according to standard definitions.

Results

From November 2010 to September 2013 83 subjects fulfilled the inclusion criteria and 33 were ruled out because they met the exclusion criteria ($n=28$) or refused to participate $(n=5)$. Between the 50 patients enrolled in the study, only 1 patient did not finish the stress perfusion CMR protocol because of claustrophobic reaction and was not included in the analysis.

Forty-nine patients with median age 71 (65–75) years (38 male, 11 female) were included for analysis. Table [2](#page-4-0) summarizes main clinical characteristics.

Mean time between LMCA PCI and scheduled coronary angiography was 228 ± 108 days. Overall, we evaluated 784 coronary angiographic segments and found 75 stenosis or occlusions (prevalence 9.5%). In the 196 proximal coronary segments there were 13 stenosis or occlusions (prevalence 6.6%) and only 1 LMCA stenosis. On a patient based analysis, at least one significant coronary stenosis or occlusion was present in 12 subjects (24%).

Patients with coronary stenosis $(n=12, 24\%)$ showed a significantly $(p=0.002)$ higher prevalence of diabetes (7 of 12, 58%) compared to subjects without stenosis (4 of 37, 11%). The other clinical and electrocardiographic characteristics were similar between the two groups (all p≥0.1). Only 2 patients presented atrial fibrillation. At echocardiographic examination, only 2 patients had severe mitral regurgitation and 10 had moderate mitral and/or aortic regurgitation. As shown in Table [3,](#page-4-1) main echocardiographic parameters and laboratory data were not significantly different in patients with and without angiographic coronary stenosis (all $p \ge 0.07$).

Stress perfusion CMR was conducted without any serious adverse event. During adenosine first-pass stress perfusion, heart rate increased significantly ($p < 0.001$) from 63 $(58–66)$ bpm to 75 $(66–85)$ bpm, while systolic and diastolic blood pressure did not vary (all $p > 0.3$).

Table [4](#page-5-0) describes main CMR findings. Only 25 patients had LGE, with transmural distribution in 11. Reversible

Table 2 Clinical, laboratory, ECG characteristics

BMI Body Mass Index, *COPD* chronic obstructive pulmonary disease, *MI* myocardial infarction, *PCI* percutaneous coronary intervention

Table 3 Laboratory and echocardiographics findings

Main laboratory data	Entire group $n = 49$	Significant stenosis $n = 12$	No significant stenosis $n = 37$	p value
Hemoglobin (g/dl)	$13.6(12.7-14.3)$	$13.3(11.8-14)$	$13.8(12.7-14.4)$	0.273
Serum protein C reactive (mg/dl)	$0.25(0.09-1.1)$	$0.6(0.07-2.24)$	$0.25(0.1-0.65)$	0.825
Serum creatinine (mg/dl)	$0.95(0.87-1.1)$	$0.98(0.76 - 1.16)$	$0.95(0.88-1.1)$	0.898
Glycemia (mg/dl)	$95(86-107)$	$106(88-123)$	$93(86-104)$	0.077
LDL (mg/dl)	$100(78-119)$	$110(89-123)$	$92(78-115)$	0.222
Main echocardiographic findings				
LVTD diameter (mm)	5.0 [4.6–5.3]	$5.2(4.5-5.4)$	$4.9(4.6-5.2)$	0.417
LVTS diameter (mm)	$3.2(2.8-3.6)$	$3.4(2.8-4.8)$	$3.1(2.8-3.4)$	0.217
Left atrium diameter (mm)	$4.2(3.5-4.6)$	$4.3(4.0-4.4)$	$4.1(3.5-4.7)$	0.602
LVTD volume (ml)	$98(81-120)$	$117(92 - 167)$	$97.5(78-114)$	0.188
LVTS volume (ml)	$37(28-55)$	$44(40-100)$	$35(27-48)$	0.074
LVEF $(\%)$	$60(50-66)$	$56(41-65)$	$60(51-66)$	0.364
Interventricular septum (mm)	$1.1(1-1.2)$	$1.15(0.9-1.3)$	$1.1(1-1.2)$	0.697
Ascending aorta diameter (mm)	$3.5(3.3-3.8)$	$3.45(3.1 - 3.65)$	$3.5(3.3-3.8)$	0.466

LDL low density lipoprotein, *LVTD* left ventricular telediastolic, *LVTS* left ventricular telesystolic, *LVEF* left ventricular ejection fraction

perfusion defects were present in 12 patients (24%), while fixed perfusion defects were present in six subjects (12%).

Patients with angiographic coronary lesions showed at CMR examination lower LV ejection fraction (53 vs. 61%, $p=0.03$) and thicker interventricular tele-diastolic septum $(1.0 \text{ vs. } 0.8 \text{ cm}, \text{ p}=0.03)$ compared to patients without coronary lesions.

Figure [2](#page-6-0) shows CMR stress perfusion, delayed enhancement and coronary angiography images of true positive (a), false positive (b) and false negative (c) CMR cases.

Table [5](#page-7-10) shows specific performance of stress perfusion CMR in diagnosis of coronary stenosis. The diagnostic accuracy was higher when the analysis was performed only in proximal coronary arteries (95%, CI 86–99) compared to overall vessels (84%, CI 70–92).

Between the four false negative patients only one had proximal coronary stenosis that was a significant (70%) right coronary artery stenosis. In the other three cases, the coronary obstruction was in the mid or distal tract.

Three of the four false positive patients presented reversible perfusion defects in the septal segments and only one in the inferior wall.

The only patient with significant LMCA stenosis resulted positive at stress perfusion CMR.

LVTD left ventricular telediastolic, *LVTS* left ventricular telesystolic, *SIVTD* telediastolic interventricular septum, *LVEF* left ventricular ejection fraction, *RVEF* right ventricular ejection fraction

Discussion

The present study shows the feasibility and suggests the utility of stress perfusion CMR in follow up of patients after PCI of LMCA. In this selected population adenosine stress perfusion CMR showed a good accuracy (84%, CI 70–92%) in diagnosis of significant coronary stenosis. Accuracy was higher (95%, CI 86–99) when the analysis was restricted to proximal coronary segments (Table [5](#page-7-10)). Sensitivity of stress perfusion CMR was 89% (CI 75–97%) for diagnosis of proximal coronary artery stenosis, and the only false negative patient (one over five) presented a 70% stenosis of the right coronary artery. The only patient with significant restenosis of LMCA resulted positive on stress perfusion CMR.

In this study 12 (24%) patients had significant coronary stenosis, but only 5 (10%) presented proximal lesions. The relatively small number of patients with significant stenosis can be due to selection bias and to the late timing of scheduled CXA (mean time from prior LMCA PCI was 228 ± 108 days). In fact we know from literature that more severe patients present some of the exclusion criteria for CMR (Table [1\)](#page-1-0) or die in the first months after the LMCA PCI [\[26](#page-8-15)].

Overall, our stress perfusion sensitivities of 67% for total segment analysis and 80% for proximal segments are comparable to those of published CMR data [[10](#page-7-9)].

Despite the elderly study population (mean age 70 ± 9) years), CMR was well tolerated without any serious adverse event. Only one patient over fifty interrupted the examination for claustrophobic reaction and was not included in the final analysis.

In LMCA stenosis CABG is still the first choice treatment, but PCI can be a valid alternative for a select proportion patients [[4,](#page-7-3) [27\]](#page-8-16). Improvements in both devices and techniques have made LMCA PCI an effective and safe procedure [[1\]](#page-7-0), but restenosis is still unpredictable and carries a risk of sudden death [[28\]](#page-8-17). For that reason, most centres performing this procedure mandate angiographic follow-up at 9–12 months, although no single prospective study is available on the impact of angiographic follow-up after LMCA PCI. Patients undergoing unprotected LMCA PCI often are elderly, have frequent serious comorbidities and consequently have high event rates [[29\]](#page-8-18). In these fragile patients elective CXA remains a safe procedure, but pre-sents increased risks of complications [\[30](#page-8-19)[–32](#page-8-20)].

Stress perfusion CMR is a non-invasive test that has a high diagnostic performance compared to conventional CXA [[8–](#page-7-7)[11\]](#page-8-0) and a high prognostic value [[12\]](#page-8-1). Other noninvasive diagnostic techniques, such as single-photonemission-computed-tomography [\[33](#page-8-21)] or cardiac computed tomography angiography [[34\]](#page-8-22), showed a good accuracy for stent restenosis, but CMR has the advantage of avoiding radiations, although it is a time consuming procedure which requires prolonged patient collaboration.

To the best of our knowledge, no published report exist evaluating stress perfusion CMR in follow-up of patients who had undergone LMCA PCI. In this specific setting, we showed for the first time in a pilot prospective study that this diagnostic imaging technique is feasible, safe and accurate.

We have included in the study a significant proportion of elderly patients (mean age 70 ± 9 years), with prior myocardial infarction ($n=31, 63\%$) and with multivessel

Fig. 2 CMR stress perfusion, delayed enhancement and coronary angiography images of true positive (**a**), false positive (**b**) and false negative (**c**) CMR cases. *Basal* basal short axis view, *mid* mid short axis view, *apical* apical short axis view, *Perfusion* stress perfusion CMR images acquired in short axis views after 3 min of adenosine infusion, *Delay* delay gado linium enhancement images acquired 10–12 min after stress perfusion, *coronary angiogra phy* two orthogonal images of coronary angiograms

Table 5 Diagnostic accuracy of stress perfusion CMR on a per patient basis, in all coronary segments and in proximal coronary segments

	Sensitivity $(\%)$ $(95\% \text{ CI})$ [n]	Specificity $(\%)$ $(95\% \text{ CI})$ [n]	Accuracy $(\%)$ $(95\% \text{ CI})$ [n]
All coronary segments $(n=784)$	67 (35–90) [8/12]	89 (75-97) [33/37]	84 (70–92) [41/49]
Proximal coronary segments $(n=196)$	$80(28-99)$ [4/5]	98 (88-99) [43/44]	95 (86–99) [47/49]

PCI $(n=39, 76\%)$, which may complicate the diagnosis of ischemia, but overall diagnostic accuracy was not impaired compared with literature data $[8-11]$ $[8-11]$ $[8-11]$.

To reproduce current clinical practice, we performed visual analysis of stress CMR perfusion defects and angiographic stenosis and we compared a functional imaging test like CMR stress perfusion with the angiography of the coronary arteries as the gold standard. In a small subgroup $(n=22)$ of patients with LMCA stenosis from CE-MARC study [[35](#page-8-23)] it has been demonstrated that quantitative CMR analysis of myocardial perfusion compared to visual CMR analysis did not increase diagnostic sensitivity. We know from literature [[10\]](#page-7-9) that comparing a functional test with the morphology of the coronary arteries as the gold standard without additional functional assessment has its limitations, since myocardial perfusion is not determined only by epicardial coronary stenoses, but also by collateral flow and microcirculatory conditions. These discrepancies could explain some of the stress CMR false negative and false positive cases and could be solved by future studies comparing in this specific patients population stress perfusion CMR with functional measures, like fractional flow reserve [[36](#page-8-24)].

The small sample size and the single-centre design are the major drawbacks of this study. Given the limited number of patients with significant stenosis, we could evaluate the diagnostic accuracy of stress perfusion CMR only on a per patient basis, but not on a vessel basis. On the other hand, the strict enrolment criteria and the rigorous methodology of this pilot prospective study limit the presence of confounding factors.

Additionally, no prognostic information can be drawn from our data, as the CMR perfusion results were unknown to the interventional cardiologist, and therefore did not influence patient management in the catheterization laboratory.

Adenosine stress perfusion CMR is a non-invasive and reliable method for diagnosis of significant coronary artery disease.

In this prospective study, we showed for the first time the feasibility and accuracy of adenosine stress perfusion CMR in follow up of patient undergone LMCA PCI. Accuracy for diagnosis of proximal coronary stenosis (95%, CI 86–99%) was higher than for all coronary lesions (84%, CI 70–92%).

Stress perfusion CMR could strongly reduce the need for elective CXA in follow up of LMCA PCI and should be validated in further multicenter prospective studies.

Compliance with ethical standards

Conflict of interest No relevant conflict of interest in this manuscript to disclose.

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