

Very long-term follow-up of strut apposition and tissue coverage with Biolimus A9 stents analyzed by optical coherence tomography

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Abstract First generation drug-eluting stents (DES) are associated with reduced in-stent restenosis but significant increased risk of very late stent thrombosis (VLST). The absence of polymer in DES systems may reduce the occurrence of VLST. Optic coherence tomography (OCT) has been used for stent analysis as a surrogate safety endpoint. This study aimed to assess the long-term follow up of strut apposition and tissue coverage of BioMatrix™ DES by OCT. 20 patients undergoing BioMatrix™ DES (n = 15) or S-Stent™ BMS (n = 5) implantation were followed for at least 5 years and evaluated by quantitative coronary angiography, intravascular ultrasound, and OCT. The difference between the stent types was evaluated by nonparametric Mann–Whitney *U* test while categorical variables were evaluated by Fisher exact test. Rates of in-stent late loss were similar between groups [0.40 (0.21;0.77) vs. 0.68 (0.66; 0.82) mm, *p* = 0.205, for BioMatrix™ and S-Stent™, respectively]. The vessel, stent and lumen volumes did not differ between groups. Patients treated with BioMatrix™ had significantly less stent obstruction [5.6 (4.4;9.7) vs. 28.6 (24.7;29.0) %, *p* = 0.001]. OCT analysis of 12 stents (Biomatrix™ = 9 and S-Stent™ = 3) demonstrated 126 (8.7 %) uncovered struts in the BioMatrix™ group compared to 23 (4.0 %) in the S-Stent™ group (*p* = 0.297), being the majority of

them well apposed (117/126 and 21/23, respectively, *p* = 0.292). Only 9 (0.6 %) struts in the DES and 2 (0.4 %) struts in the BMS groups were simultaneously uncovered and malapposed (*p* = 0.924). BioMatrix™ DES was associated with lower rates of in-stent obstruction, and similar percentage of neointimal coverage on struts and of complete strut apposition.

Keywords Coronary artery disease · Drug-eluting stents · Biolimus A9 · Optical coherence tomography · Interventional ultrasound · Coronary angiography

Abbreviations

| | |
|------|---------------------------------------|
| DES | Drug-eluting stents |
| ISR | In-stent restenosis |
| TVR | Target vessel revascularization |
| BMS | Bare metal stent |
| VLST | Very late stent thrombosis |
| LST | Late stent thrombosis |
| ST | Stent thrombosis |
| OCT | Optical coherence tomography |
| QCA | Quantitative coronary angiography |
| IVUS | Intravascular ultrasound |
| EKG | Electrocardiogram |
| RVD | Reference vessel diameter |
| MLD | Minimal lesion diameter |
| LL | Lumen loss |
| VV | Vessel volume |
| ST | Stent volume |
| LV | Lumen volume |
| NIH | In-stent neointimal hyperplasia |
| NIH | In-stent neointimal hyperplasia index |
| SE | Stent extension |
| SO | Stent obstruction |
| DS | Diameter stent |

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|-----|------------------------------------|
| SES | Sirolimus-eluting stent |
| PES | Paclitaxel-eluting stent |
| CI | Confidential interval |
| NS | Non significant |
| SD | Standard deviation |
| IQ | Interquartile |
| PCI | Percutaneous coronary intervention |

Introduction

Drug-eluting stents (DES) have emerged as a strategy to prevent in-stent restenosis (ISR) [1–7]. First generation DES are associated with reduced ISR and need for target vessel revascularization (TVR) when compared to bare metal stents (BMS); but at the expense of a slightly but significant augment of the risk of very late stent thrombosis (VLST) [8–11]. Uncovered and malapposed struts, secondary to healing delay and positive remodeling, respectively, may be associated with both late (LST) (between 30 days and 1 year) and very late (>1 year) ST. It has been hypothesized that the absence of polymer in DES systems may enhance long-term safety by reducing the occurrence of late and very late ST. The second generation BioMatrix™ DES incorporates a biodegradable polymer that releases a potent anti-inflammatory agent (Biolimus A9) and is subsequently absorbed into local cells leaving only a BMS platform at the treated site. Given its high accuracy and reproducibility with precise analysis of complete strut apposition, optical coherence tomography (OCT) has been used as the modality of choice for stent analysis, as a potential surrogate safety endpoint. We sought to determine whether the use of BioMatrix™ DES is associated with higher rates of strut coverage and apposition in the very long-term follow up (>5 years), compared to S-Stent™ BMS.

Methods

Study population

All consecutive patients with previous angioplasty and stent implantation with either BioMatrix™ DES or S-Stent™ BMS performed at least 5 years before the enrollment were invited to participate in the study. All enrolled patients underwent OCT, quantitative coronary angiography (QCA) and intravascular ultrasound (IVUS) examination between August 2009 and May 2010.

The inclusion criteria were as follows: (1) patients aged between 18 and 80; (2) who were asymptomatic or with symptoms of stable angina; (3) who underwent an elective BioMatrix™ DES or BMS S-Stent at least 5 years before

the enrollment; (4) and who agreed to participate in the study after detailed review of the protocol.

Exclusion criteria were: (1) acute coronary syndrome at the time of enrollment; (2) pregnant patients; (3) history of severe contrast allergy; (4) renal failure with creatinine levels >2,0 mg/dl or glomerular filtration rate <30 ml/min; (5) severe left ventricular dysfunction, defined by LV ejection fraction ≤30 % measured by ventriculography; (6) patients undergoing percutaneous revascularization for target-vessel lesion treated with either a new stent or only balloon angioplasty during the late follow up and (7) unsuitable lesions for OCT procedure (proximal lesion at 10 mm from ostium of each artery). The study protocol was approved by the institutional Ethics Committee and written informed consent was obtained from all patients.

Clinical and laboratorial evaluation

All patients underwent initial clinical examination, 12-lead electrocardiogram (EKG) and laboratorial evaluation (fasting plasma glucose, potassium, creatinine, hemogram and CK-MB). For the purpose of coronary risk factors assessment, diabetes mellitus was considered present if fasting plasma glucose concentration was higher than 126 mg/dl or if the patient was taking insulin or glucose-lowering medications; systemic hypertension was considered to be present if the blood pressure was higher than 140/90 mmHg, or if the patient was taking antihypertensive medication; and, finally, hyperlipidemia was considered to be present if a patient's low-density lipoprotein level was >120 mg/dl or the patient was taking hypolipemiant drugs.

Following the angiogram, EKG, CK-MB sample and physical examination with special focus to arterial assess were repeated.

Angiographic analysis

The quantitative coronary angiography was performed using the QAngio-XA™ version 7.2 (Medis™, Leiden, The Netherlands). A single individual, who was blinded to the patient's information and the type of stent used, measured the reference vessel diameter (RVD) and the minimal lesion diameter (MLD). The percentage of vessel stenosis was calculated. The late lumen loss (LL) was then calculated by the difference between the MLD at the time of stent implantation and at the long-term follow-up.

$$LL = MLD_i - MLD_1 \text{ (mm)}$$

Intravascular ultrasound analysis

All IVUS images were obtained with Ilab™ (Boston Scientific™, Natick, Massachusetts, USA) and were analyzed by two different observers blinded to patients' clinical

background or angiographic lesion characteristics, and according to the ACC *Clinical Expert Consensus* [12], using the *Echoplaque*TM version 3.0 (*Indec Systems*TM, *Mountain View, California, USA*) software. For each millimeter, the lumen, stent and external elastic membrane cross-section areas were evaluated. Vessel volume (VV), stent volume (SV) and lumen volume (LV) were calculated by the Simpson method.

In-stent neointimal hyperplasia (NIH) was measured by the difference between the stent volume and lumen volume.

$$\text{NIH} = \text{SV} - \text{LV} \text{ (mm}^3\text{)}$$

In-stent neointimal hyperplasia index (NIHi) was calculated by dividing the NIH by stent extension (SE).

$$\text{NIHi} = \text{NIH} / \text{SE} \text{ (mm}^3\text{/mm)}$$

The percentage of stent obstruction (SO) was calculated by dividing the neointimal volume by the stent volume $\times 100$.

$$\text{SO} = \text{NIH} / \text{SV} \times 100 \text{ (\%)}$$

Optical coherence tomography examination

For the OCT examination, a Light-Lab M3 TD-OCTTM (*LightLab*TM, *Westford, Massachusetts, USA*) system was used. The occlusion balloon catheter was advanced distally to the region of interest over a conventional angioplasty guidewire (0.014", 300 cm). The guidewire was then replaced by the OCT Image/Wire and the occlusion balloon catheter was withdrawn proximally, leaving the Image/Wire distal to the segment of interest. For image acquisition, the balloon was inflated at 0.4–0.7 atm. and the coronary blood flow was removed by continuous flush of Ringer's lactate solution via the end-hole of the occlusion balloon catheter at a flow rate of 3 ml/s. The pullback speed was 1–3 mm/s. Immediately after image acquisition, the balloon was deflated and complete coronary flow was restored.

Optical coherence tomography analysis

The OCT image acquisition has been previously described [13, 14]. All OCT images were analyzed by two independent investigators who were unaware of the clinical presentation and the stent type. All cross-sectional images were initially screened for quality assessment and excluded from analysis if any portion of the stent was out of the screen; or if the image had poor quality caused by residual blood, artifact, or reverberation. Quantitative strut level analysis and morphometric analysis were performed at every 0.5 mm interval along the entire target segment. Strut-level intimal thickness (SIT) was determined based on automated measurements performed from the center of the luminal surface of each strut blooming and its distance

to the lumen contour [15]. Struts covered by tissue had positive SIT values, whereas uncovered or malapposed struts had negative SIT. Strut malapposition was defined when the negative value of SIT was higher than the sum of strut thickness plus abluminal polymer thickness, according to stent manufacturer specifications, plus a compensation factor of 20 μm to correct for strut blooming [16].

All quantitative coronary angiography and IVUS analysis were performed at Dante Pazzanese Institute of Cardiology. The OCT analyses were performed along with the Case Western Reserve University School of Medicine Cardiovascular Imaging Laboratory, Cleveland, Ohio, USA.

Statistical analyses

All statistical analyses were performed using SPSSTM (v.16.0) and SAS (v.9.2) software. Statistical significance was considered at p values <0.05 . Categorical variables were expressed as counts and percentages, and continuous variables as mean \pm standard deviation and/or median and interquartile range. For per-patient level comparison, the difference between two stent types was evaluated by non-parametric Mann–Whitney U test while categorical variables were evaluated by the Fisher exact test. Multilevel mixed model which can address random effects at frame and patient levels were used for binary and continuous outcomes comparison between the two stent types.

Results

Forty-eight patients underwent either BioMatrixTM ($n = 32$) or S-StentTM ($n = 16$) implantation between November 2003 and March 2004. Twenty patients (15 BioMatrixTM and 5 S-StentTM) were included in the study. Twenty-eight patients were excluded for the following reasons (N/BioMatrixTM DES/S-StentTM): death (5/3/2), severe renal impairment (1/0/1), severe left ventricular dysfunction (1/0/1), need of target-vessel revascularization with another new stent implantation (3/2/1), stent placed in the ostium of either right coronary artery or left descending artery (6/3/3), refusal of participation (5/3/2), and lost of follow up (7/3/4). All included patients underwent QCA, IVUS and OCT analysis between August 2009 and May 2010.

Baseline characteristics

No significant differences in the baseline characteristics were found between the groups. The mean age was 61.25 ± 6.58 years old and the average time between stent implantation and OCT examination was 69.31 ± 3.91 months. Although this did not reach statistical difference, previous acute myocardial infarction was more commonly seen in the

Table 1 Baseline characteristics

| Variables | Total (20 P) | BioMatrix™ (15 P) | S-Stent™ (5 P) | <i>p</i> |
|------------------------------|----------------|-------------------|----------------|----------|
| Age (years) | | | | |
| Mean ± SD | 61.25 ± 6.58 | 61.89 ± 6.53 | 59.34 ± 7.09 | |
| Median | 61.48 | 62.09 | 58.48 | 0.570 |
| (IQ) | (56.18; 67.43) | (56.06; 67.77) | (53.15; 65.96) | |
| Follow-up (months) | | | | |
| Mean ± SD | 69.31 ± 3.91 | 69.18 ± 4.40 | 69.71 ± 2.16 | |
| Median | 68.40 | 67.80 | 69.40 | 0.541 |
| (IQ) | (66.37; 72.07) | (66.33; 73.17) | (67.65; 71.93) | |
| Male, n (%) | 10 (50.0) | 7 (46.7) | 3 (60.0) | 1.000 |
| Diabete Melito, n (%) | 6 (30.0) | 5 (33.3) | 1 (20.0) | 1.000 |
| Systemic hypertension, n (%) | 17 (85.0) | 13 (86.7) | 4 (80.0) | 1.000 |
| Hypercholesterolemia, n (%) | 15 (75.0) | 11 (73.3) | 4 (80.0) | 1.000 |
| Smoking, n (%) | 5 (25.0) | 4 (26.7) | 1 (20.0) | 1.000 |
| Previous events | | | | |
| Myocardial infarction, n (%) | 8 (40.0) | 8 (53.3) | 0 | 0.055 |
| PCI, n (%) | 2 (10.0) | 2 (13.3) | 0 | 1.000 |
| Bypass surgery, n (%) | 5 (25.0) | 4 (26.7) | 1 (20.0) | 1.000 |

IQ interquartile range, *PCI* percutaneous coronary intervention

Table 2 Angiographic characteristics

| Variables | Total (20 P) | BioMatrix™ (15 P) | S-Stent™ (5 P) | <i>p</i> |
|--------------------------|--------------|-------------------|----------------|----------|
| Target vessel, n (%) | | | | |
| Left descending artery | 6 (30.0) | 4 (26.7) | 2 (40.0) | 0.613 |
| Circumflex artery | 6 (30.0) | 5 (33.3) | 1 (20.0) | 1.000 |
| Right coronary artery | 8 (40.0) | 6 (40) | 2 (40.0) | 1.000 |
| Stent position, n (%) | | | | |
| Proximal | 9 (45.0) | 8 (53.3) | 1 (20.0) | 0.319 |
| Med | 11 (55.0) | 7 (46.7) | 4 (80.0) | 0.319 |
| Distal | 0 | 0 | 0 | – |
| Stent diameter (mm) | | | | |
| Mean ± SD | 3.12 ± 0.22 | 3.10 ± 0.21 | 3.20 ± 0.27 | |
| Median | 3 | 3 | 3 | 0.383 |
| (IQ) | (3; 3.38) | (3; 3.0) | (3; 3.5) | |
| Stent length (mm) | | | | |
| Mean ± SD | 19.10 ± 5.56 | 18.67 ± 5.16 | 20.40 ± 7.13 | |
| Median | 18 | 18 | 18 | 0.780 |
| (IQ) | (14; 25.5) | (14; 18) | (14; 28) | |
| Coronary aneurysm, n (%) | 1 (5) | 1 (6.7) | 0 (0) | 1.000 |
| LVEF > 55 %, n (%) | 19 (95) | 14 (93.3) | 5 (100) | 1.000 |

IQ interquartile range, *LVEF* left ventricular ejection fraction

Biolimus-A9 group (8 vs. 1, $p = 0.055$). Clinical data for the two groups are listed in Table 1.

Angiographic data

Angiographic characteristics are represented in Table 2. The stent distribution was similar among the coronary arteries, and proximal or mid segments. The mean diameter and length were 3.12 ± 0.22 mm (variation of 3.0–3.5 mm) and 19.10 ± 5.56 (variation of 14–28 mm), respectively. There

were no significant differences in implanted stent diameter or length between the groups. Most patients had preserved left ventricular systolic function. One patient was found to have circumflex artery aneurysm in a segment treated with DES.

Immediate clinical results

No major procedure-related complications such as death, myocardial infarction or need of target-vessel revascularization were reported. No electrocardiographic abnormalities

Table 3 Quantitative coronary angiography findings

| Variables | Total (20 P) | BioMatrixTM (15 P) | S-StentTM (5 P) | <i>p</i> |
|-----------------------|----------------|--------------------|-----------------|----------|
| Pre-PCI | | | | |
| Extension (mm) | | | | |
| Mean ± SD | 14.75 ± 5.23 | 15.48 ± 5.26 | 12.55 ± 5.04 | |
| Median | 14.02 | 14.63 | 10.07 | 0.239 |
| (IQ) | (10.53; 18.19) | (11.59; 19.86) | (8.33; 18.01) | |
| RVD (mm) | | | | |
| Mean ± SD | 3.24 ± 0.33 | 3.19 ± 0.24 | 3.42 ± 0.52 | |
| Median | 3.17 | 3.14 | 3.35 | 0.570 |
| (IQ) | (2.94; 3.42) | (2.97; 3.38) | (2.92; 3.95) | |
| MLD (mm) | | | | |
| Mean ± SD | 0.86 ± 0.43 | 0.79 ± 0.40 | 1.08 ± 0.47 | |
| Median | 0.89 | 0.88 | 1.18 | 0.190 |
| (IQ) | (0.47; 1.17) | (0.46; 1.06) | (0.63; 1.47) | |
| DS (%) | | | | |
| Mean ± SD | 73.0 ± 14.2 | 74.8 ± 13.8 | 67.3 ± 15.5 | |
| Median | 70.6 | 72.1 | 69.4 | 0.407 |
| (IQ) | (65.7; 85.0) | (67.8; 85.0) | (53.2; 70.5) | |
| Post-PCI | | | | |
| RVD (mm) | | | | |
| Mean ± SD | 3.37 ± 0.31 | 3.34 ± 0.23 | 3.49 ± 0.51 | |
| Median | 3.44 | 3.44 | 3.47 | 0.631 |
| (IQ) | (3.06; 3.50) | (3.08; 3.48) | (3.06; 3.90) | |
| In-segment | | | | |
| MLD (mm) | | | | |
| Mean ± SD | 2.87 ± 0.27 | 2.87 ± 0.27 | 2.89 ± 0.30 | |
| Median | 2.83 | 2.83 | 2.82 | 0.896 |
| (IQ) | (2.71; 3.02) | (2.71; 3.02) | (2.68; 3.14) | |
| DS (%) | | | | |
| Mean ± SD | 14.5 ± 7.3 | 13.9 ± 6.9 | 16.4 ± 8.7 | |
| Median | 14.9 | 16.9 | 13.6 | 0.760 |
| (IQ) | (7.7; 19.1) | (7.5; 19.3) | (12.6; 16.3) | |
| In-stent | | | | |
| MLD (mm) | | | | |
| Mean ± SD | 3.14 ± 0.33 | 3.11 ± 0.27 | 3.25 ± 0.49 | |
| Median | 3.26 | 3.25 | 3.37 | 0.238 |
| (IQ) | (2.85; 3.34) | (2.83; 3.33) | (2.89; 3.65) | |
| DS (%) | | | | |
| Mean ± SD | 7.5 ± 4.1 | 7.5 ± 4.0 | 7.6 ± 4.7 | |
| Median | 6.7 | 7.0 | 6.1 | 0.694 |
| (IQ) | (4.6; 8.1) | (4.9; 7.4) | (3.4; 11.6) | |
| Late follow up | | | | |
| RVD (mm) | | | | |
| Mean ± SD | 3.22 ± 0.34 | 3.18 ± 0.31 | 3.34 ± 0.44 | |
| Median | 3.3 | 3.3 | 3.27 | 0.631 |
| (IQ) | (2.93; 3.39) | (2.91; 3.39) | (2.93; 3.78) | |
| In-segment | | | | |
| MLD (mm) | | | | |
| Mean ± SD | 2.45 ± 0.31 | 2.45 ± 0.32 | 2.44 ± 0.33 | |

Table 3 continued

| Variables | Total (20 P) | BioMatrix TM (15 P) | S-Stent TM (5 P) | <i>p</i> |
|------------|--------------|--------------------------------|-----------------------------|----------|
| Median | 2.47 | 2.46 | 2.47 | 0.896 |
| (IQ) | (2.28; 2.71) | (2.27; 2.71) | (2.15; 2.72) | |
| DS (%) | | | | |
| Mean ± SD | 23.8 ± 7.5 | 22.8 ± 8.1 | 26.8 ± 4.5 | 0.275 |
| Median | 24.4 | 22.5 | 24.5 | |
| (IQ) | (19.0; 29.1) | (18.2; 28.1) | (24.4; 31.5) | |
| In-stent | | | | |
| MLD (mm) | | | | |
| Mean ± SD | 2.59 ± 0.38 | 2.62 ± 0.38 | 2.51 ± 0.41 | 0.827 |
| Median | 2.53 | 2.51 | 2.55 | |
| (IQ) | (2.28; 2.95) | (2.27; 3) | (2.13; 2.88) | |
| DS (%) | | | | |
| Mean ± SD | 20.0 ± 9.2 | 17.9 ± 9.7 | 26.2 ± 3.4 | 0.089 |
| Median | 21.7 | 16.3 | 24.8 | |
| (IQ) | (12.3; 25.6) | (10.8; 25.1) | (24.3; 26.5) | |
| LL (mm) | | | | |
| In-segment | | | | |
| Mean ± SD | 0.42 ± 0.28 | 0.42 ± 0.31 | 0.45 ± 0.18 | 0.694 |
| Median | 0.42 | 0.35 | 0.44 | |
| (IQ) | (0.17; 0.65) | (0.14; 0.66) | (0.3; 0.61) | |
| In-stent | | | | |
| Mean ± SD | 0.55 ± 0.32 | 0.49 ± 0.34 | 0.74 ± 0.14 | 0.205 |
| Median | 0.63 | 0.4 | 0.68 | |
| (IQ) | (0.25; 0.82) | (0.17; 0.8) | (0.63; 0.89) | |

PCI percutaneous coronary intervention, IQ interquartile range, RVD reference vessel diameter, MLD minimal lumen diameter, DS diameter stenosis; LL late lumen loss

occurred and all patients were discharged after the pre-determined bed rest period.

Follow up data results

Quantitative coronary angiography findings

The results of initial and long-term QCA are represented in the Table 3. No significant differences in RVD, MLD and diameter stenosis (DS) were seen between the BioMatrixTM and the S-StentTM groups.

IVUS findings

There were no significant differences in VV, SV and LV between the two groups. Patients treated with BioMatrixTM DES had significant less NHI, HNI and SO compared to those treated with S-StentTM (Table 4).

OCT findings

Optic coherence tomography findings are summarized in Table 5. Eight patients had more than 50 % of stent length with inappropriate image quality (4 residual blood, 1 out-of-screen portion, 2 artifacts, or 1 reverberation) and were excluded from the OCT analyses.

Optic coherence tomography images of 12 stents (BioMatrixTM = 9 and S-StentTM = 3) from 12 patients, resulting in a total extension of 194.95 mm, 417 cross-section and 2,016 struts were analyzed. The overall rates of uncovered struts in the BioMatrixTM and S-StentTM groups were 8.7 and 4.0 %, respectively ($p = 0.297$), being the majority of them well apposed (117/126 e 21/23, respectively, $p = 0.292$). Only 9 (0.6 %) struts in the DES and 2 (0.4 %) in the BMS groups were simultaneously uncovered and malapposed ($p = 0.924$). Among the BioMatrixTM patients, 55.6 % (5/9) had more than 95 % of covered struts and in only 1 (11.1 %)

Table 4 Intravascular ultrasound findings

| Variables | Total (20 P) | BioMatrix™ (15 P) | S-Stent™ (5 P) | <i>p</i> |
|---|------------------|-------------------|------------------|----------|
| Post-PCI | | | | |
| VV (mm ³) | | | | |
| Mean ± SD | 288.97 ± 102.02 | 288.13 ± 113.21 | 291.48 ± 67.6 | |
| Median | 267.10 | 265.00 | 268.10 | 0.694 |
| (IQ) | (241.42; 303.08) | (217.00; 308.10) | (253.05; 341.60) | |
| SV (mm ³) | | | | |
| Mean ± SD | 162.92 ± 64.62 | 157.75 ± 68.49 | 178.44 ± 54.87 | |
| Median | 154.35 | 147.50 | 156.40 | 0.359 |
| (IQ) | (122.10; 167.95) | (113.30; 168.70) | (149.50; 218.40) | |
| LV (mm ³) | | | | |
| Mean ± SD | 162.48 ± 64.62 | 157.32 ± 68.54 | 177.96 ± 54.68 | |
| Median | 152.70 | 147.50 | 156.10 | 0.359 |
| (IQ) | (121.65; 167.60) | (113.10; 168.50) | (149.30; 217.55) | |
| Late follow-up | | | | |
| VV (mm ³) | | | | |
| Mean ± SD | 294.53 ± 120.86 | 295.27 ± 136.11 | 292.28 ± 67.36 | |
| Median | 267.95 | 265.00 | 268.90 | 0.694 |
| (IQ) | (242.83; 303.80) | (217.80; 308.80) | (254.25; 342.00) | |
| SV (mm ³) | | | | |
| Mean ± SD | 162.25 ± 62.14 | 156.93 ± 65.29 | 178.22 ± 54.72 | |
| Median | 154.40 | 147.80 | 156.70 | 0.359 |
| (IQ) | (122.78; 168.08) | (112.90; 169.00) | (149.40; 217.80) | |
| LL (mm ³) | | | | |
| Mean ± SD | 142.63 ± 60.84 | 146.75 ± 66.47 | 130.24 ± 43.12 | |
| Median | 123.30 | 131.30 | 111.30 | 0.513 |
| (IQ) | (108.83; 159.30) | (108.10; 160.60) | (109.45; 160.50) | |
| NIHV (mm ³) | | | | |
| Mean ± SD | 19.63 ± 18.75 | 10.17 ± 6.82 | 47.98 ± 12.92 | |
| Median | 10.80 | 7.00 | 46.50 | 0.001 |
| (IQ) | (6.10; 30.20) | (4.90; 17.60) | (38.4; 58.3) | |
| NIHV _i (mm ³ /mm) | | | | |
| Mean ± SD | 1.04 ± 0.92 | 0.57 ± 0.36 | 2.45 ± 0.52 | |
| Median | 0.64 | 0.39 | 2.43 | 0.001 |
| (IQ) | (0.35; 1.62) | (0.33; 0.84) | (2.02; 2.88) | |
| SO (%) | | | | |
| Mean ± SD | 12.1 ± 9.9 | 7.1 ± 4.5 | 27.2 ± 3.4 | |
| Median | 7.6 | 5.6 | 28.6 | 0.001 |
| (IQ) | (4.6; 18.8) | (4.4; 9.7) | (24.7; 29.0) | |

VV vessel volume, IQ interquartile range, SV stent volume LV lumen volume, VNIH neointimal hyperplasia volume, NIHV_i NIHV/length of stent, SO stent obstruction = percentage of SO = NIHV/SV × 100

patient all struts were covered. Conversely, among the S-Stent™ patients, 66.7 % (2/3) had complete covered struts ($p = 0.127$). The area and volume analysis (stent, lumen and NIH) as well as the stenosis and obstruction percentages were similar between the groups.

Figures 1, 2 represent 2 cases: the first underwent a DES Biomatrix™ and the second a BMS S-Stent™. Both underwent coronary angiography, IVUS and CTO analysis.

Discussion

We demonstrated a high prevalence of tissue covered (91.3 %) and apposed (99.4 %) struts in patients with BioMatrix™ stents. This is the first study that evaluated the very long-term results of DES using the OCT. The longest DES follow-up with OCT analysis was published by Ishigami et al. [17] in which 60 patients undergoing sirolimus-eluting stent (SES) implant were classified into 3

Table 5 Optical coherence tomography

| Variables | BioMatrix™ (9 P) | S-Stent™ (3 P) | <i>p</i> |
|------------------------------------|-------------------------|-------------------------|----------|
| Stents, n | 9 | 3 | – |
| Total length, mm | 152.65 | 42.3 | – |
| Average length, mm ^a | 15.30 (13.80; 18.75) | 14.20 (12.60; 15.50) | 0.405 |
| Total frames, n | 329 | 88 | – |
| Average frames, n ^a | 36 (29; 39) | 29 (26; 33) | 0.225 |
| Not analyzable frames, n (%) | 88 (26.7) | 12 (13.6) | 0.339 |
| Bifurcation, n (%) | 19 (5.8) | 10 (11.4) | 0.227 |
| Sew-up artifact, n (%) | 2 (0.6) | 0 (0) | 1.000 |
| Out of screen, n (%) | 26 (7.9) | 2 (2.3) | 0.570 |
| Residual blood, n (%) | 41 (12.5) | 0 (0) | 0.303 |
| <i>Strut-level analysis</i> | – | – | – |
| Total analyzed struts, n | 1446 | 570 | – |
| Average struts, n ^a | 164 (137; 178) | 159 (156; 255) | 0.712 |
| Analyzed struts/CS, n | 6.00 ± 2.54 | 7.50 ± 3.39 | 0.261 |
| Uncovered, n (%) | 126 (8.7) | 23 (4.0) | 0.297 |
| Uncovered/apposed, n (%) | 117 (8.1) | 21 (3.7) | 0.292 |
| Uncovered/malapposed, n (%) | 9 (0.6) | 2 (0.4) | 0.924 |
| Uncovered length, mm ^a | 0.90 (0.50; 3.10) | 0.00 (0.00; 3.50) | 0.351 |
| Malapposed length, mm ^a | 0.00 (0.00; 0.00) | 0.00 (0.00; 0.50) | 0.903 |
| NIH, μm | 0.17 ± 0.12 | 0.22 ± 0.12 | 0.386 |
| Patient > 90 % CO, % (n/N) | 66.7 (6/9) | 66.7 (2/3) | 1.000 |
| Patient > 95 % CO, % (n/N) | 55.6 (5/9) | 66.7 (2/3) | 1.000 |
| Patient = 100 % CO, % (n/N) | 11.1 (1/9) | 66.7 (2/3) | 0.127 |
| <i>Areas/volumes</i> | – | – | – |
| Stent area, mm ² | 7.15 ± 1.16 | 8.97 ± 1.07 | 0.055 |
| Lumen area, mm ² | 5.73 ± 1.72 | 6.91 ± 1.27 | 0.204 |
| NIH area, mm ² | 1.46 ± 0.81 | 2.08 ± 0.84 | 0.212 |
| Stenosis, % | 21.69 ± 13.05 | 23.40 ± 9.36 | 0.660 |
| Stent volume, mm ^{3a} | 116.31 (103.84; 134.22) | 118.78 (111.33; 149.51) | 0.712 |
| Lumen volume, mm ^{3a} | 99.28 (88.30; 114.76) | 97.05 (87.06; 108.45) | 0.853 |
| NIH volume, mm ^{3a} | 17.14 (13.45; 34.79) | 31.72 (14.96; 41.06) | 0.579 |
| SO, % ^a | 15.20 (10.49; 29.19) | 26.70 (13.44; 27.46) | 0.853 |

CS cross-section, NIH neointimal hyperplasia, SO stent obstruction

^a Patient level data

groups: G1 (follow-up period <9 months, n = 27), G2 (9–24 months, n = 18), and G3 (>25 months, n = 15). The authors showed that the longer the follow-up, the higher the increase in mean neointimal area and neointimal thickness and the more reduction in the number of uncovered stent struts (G1: 14.8 %, G2: 11.7 %, and G3: 4.1 %, *p* < 0.001). However, only 17.6 % of implanted stents were completely covered by neointima at 3 years after implantation, even in the G3 period.

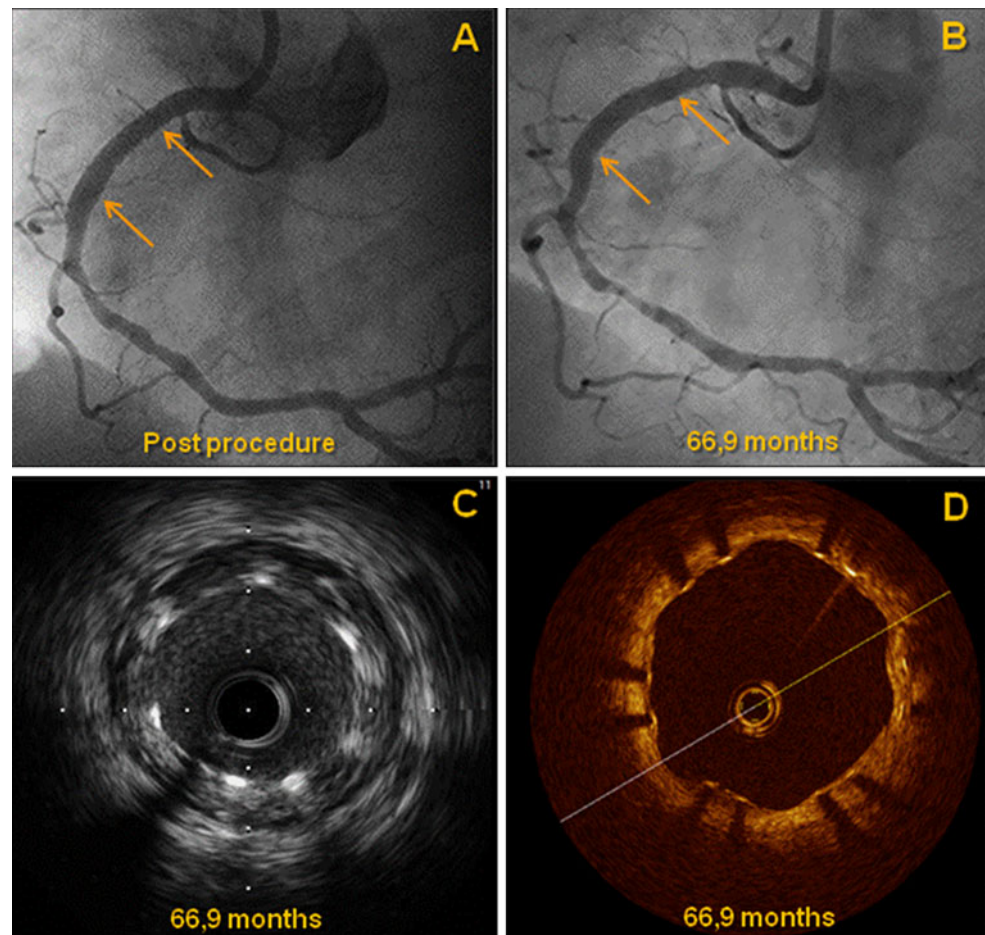
The BioMatrix™ stent elutes the sirolimus derivative Biolimus A-9 from a biodegradable polymer. Biolimus A-9 possesses enhanced both anti-inflammatory and anti-proliferative activity with an improved pharmacokinetic profile. Its efficacy have been proved by both QCA and IVUS evaluations of the STEALTH [18] and the LEADERS [19] studies. The in-stent late loss reported in the STEALTH

trial was 0.26 ± 0.43 mm in the BES group compared to 0.74 ± 0.45 mm in the control group (*p* < 0.001) [18] At 5 years, we found a late lumen loss of 0.40 (0.21;0.77) mm in the Biolimus group, which was higher than the frequent mean average of most studies that used either sirolimus or similar anti-proliferative agents.

In spite of significant reduction in neointimal hyperplasia obtained with DES, this finding may be related to late catch-up, initially described with braquitherapy [20]. Recently, a few studies have also suggested the occurrence of this phenomenon with first generation DES. Park et al. [21] demonstrated that early lumen loss was higher in PES compared with SES (0.56 vs. 0.20 mm, *p* < 0.01), whereas delayed lumen loss occurring after the first angiographic follow-up was higher in SES (0.10 vs. 0.28 mm, *p* < 0.01), suggesting more prominent late catch-up in SES. In a serial

Fig. 1 Example of a patient who underwent a 3.0 × 18 mm Biomatrix™ DES implantation in the proximal RCA.

a Immediate post procedure coronary angiography, **b** coronary angiography after 66.9 months follow up, **c** IVUS after 66.9 months follow up, **d** OCT after 66.9 months follow up



angiographic study, Kuriyama et al. [22] reported a significant decrease in MLD between 8 and 2 years follow-up after SES implantation (2.56 ± 0.56 vs. 2.35 ± 0.71 mm, $p < 0.001$). Multivariate analysis demonstrated in-stent restenosis before SES implantation and MLD at 8 months follow-up as independent predictors of late restenosis.

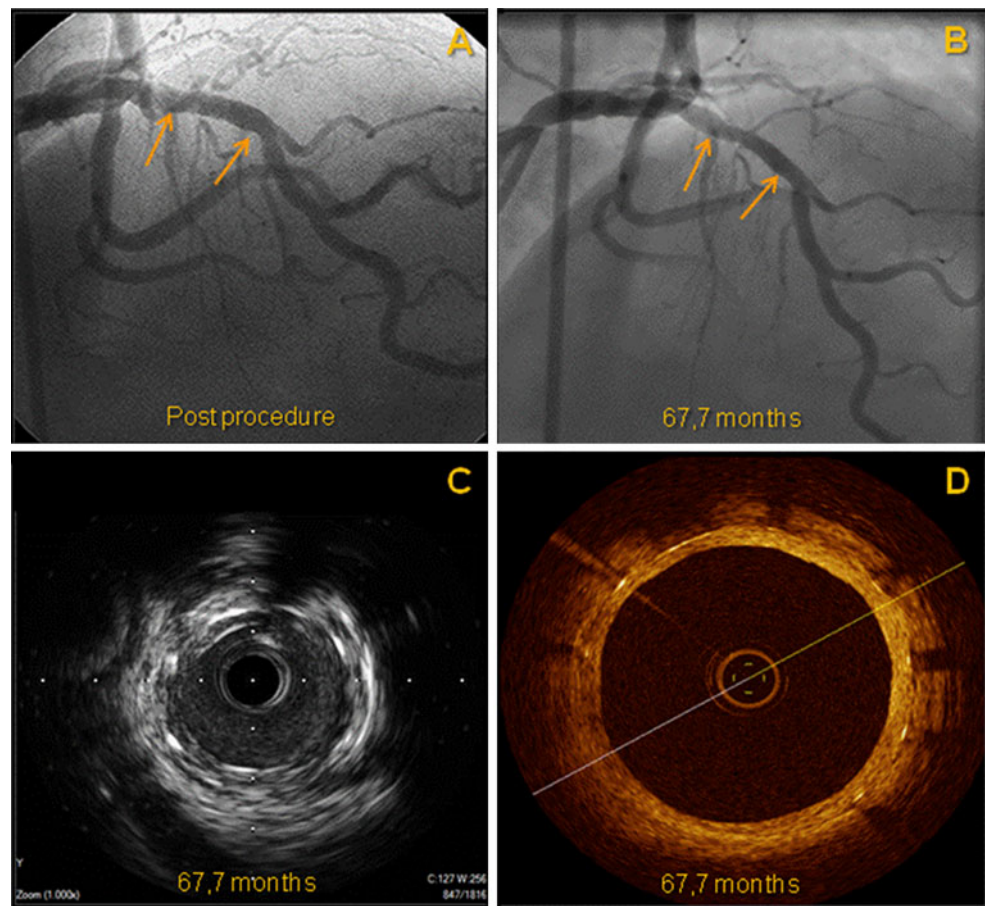
The 9 months follow-up sub study of the LEADERS trial showed that the diameter stenosis in the BES group was non-inferior to the SES group (20.9 vs. 20.0–2.2 % difference [95 % CI-6.0–1.6], p for non-inferiority = 0.001, p for superiority = 0.26) [23]. Although no statistically significant, we found a numerically lower DS in the BES group (17.9 ± 9.7 vs. 26.2 ± 3.4 %, $p = 0.089$). Possibly a larger sample would result in different late lumen loss and DS results.

Chamie et al. [24] demonstrated a non-significant increase in in-stent late loss from 0.10 ± 0.18 to 0.15 ± 0.30 mm ($p = 0.38$) at 8 and 20 months following SES implantation. Similarly, a slight increase in the percent in-stent hyperplasia obstruction (1.03 ± 2.13 to 1.76 ± 1.87 %, $p = 0.12$) was detected. We found a lower percentage of stent obstruction in the BioMatrix™ group compared to S-Stent™ group after 5 years follow up [5.6

(4.4; 9.7) vs. 28.6 (24.7; 29.0) %, $p = 0.001$], which is in agreement to previously published data.

The safety and efficacy of the BES stent was supported by the 12 months clinical follow-up of the LEADERS trial, which showed no differences in the primary endpoint (composite of cardiac death, myocardial infarction and clinical-indicated target vessel revascularization) between BES and SES (10.6 vs. 12.0 %, HR:0.88, 95 % CI: 0.66–1.17, $p = 0.37$). Rates of cardiac death, myocardial infarction and clinically-indicated TVR were similar for BES and SES and there was no difference in the incidence of stent thrombosis between the groups [25]. In 2010, Serruys reported maintenance of the results. Importantly, the occurrence of very late thrombosis was found to be an uncommon event (BES 0.2 % vs. SES 0.9 %, $p = 0.43$). In 2011, Stefanini et al. [26] published the LEADERS study 4 years follow up, and showed that biodegradable polymer BES was non-inferior to durable polymer SES and, by reducing the risk of cardiac events associated with very late ST, might improve long-term clinical outcomes for up to 4 years compared with durable polymer SES.

Fig. 2 Example of a patient who underwent a 3.5×14 mm S-Stent™ BMS implantation in the mid LAD. **a** Immediate post procedure coronary angiography, **b** coronary angiography after 67.7 months follow up, **c** IVUS after 67.7 months follow up, **d** OCT after 67.7 months follow up



Capodanno et al. [27] performed both IVUS and OCT in 20 patients, 6 months following stent implantation and demonstrated measurements of stent length of 16.3 ± 3.0 mm and 16.2 ± 3.8 mm by IVUS and OCT, respectively ($p = 0.82$) with similar to nominal length (16.3 ± 3.3 mm). Luminal area in the OCT image set was lower than that obtained in the corresponding IVUS image set (3.83 ± 1.60 vs. 4.05 ± 1.44 mm², $p < 0.001$), while stent area was significantly higher when measured by OCT (6.61 ± 1.39 vs. 6.17 ± 1.07 mm², $p < 0.001$). The percentage of tissue coverage measured by IVUS was lower than that measured in the corresponding OCT image sets (35.5 ± 16.4 vs. 43.4 ± 16.1 %, $p < 0.001$).

We showed overall rates of uncovered struts in the BioMatrix™ and S-Stent™ groups of 8.7 and 4.0 %, respectively ($p = 0.297$), being the majority of them well apposed (117/126 e 21/23, respectively, $p = 0.292$). Only 0.6 % struts in the DES and 0.4 % in the BMS groups were simultaneously uncovered and malapposed ($p = 0.924$). Among the BioMatrix™ patients, 55.6 % had more than 95 % of covered struts and in only 1 (11.1 %) patient all struts were covered. On the other hand, among the S-Stent™ patients, 66.7 % had complete covered struts

($p = 0.127$). Therefore, there were 91.3 % covered struts and, among the uncovered struts (8.7 %), only 0.6 % were found to be malapposed. Previous studies have reported uncovered struts rates varying between 0.1 % (ZES, 3 months) and 14.8 % (SES < 9 months) and malapposed rates between 0.08 % (ZES, 9 months) and 1.7 ± 4.5 % (SES, 9 months). We believe that these differences are consequences of both the type of stent used and the follow up period, but the methodology certainly might influence the results. Once it is a new technology, there is no universal standard imaging acquisition method, with frequent variations in the type of equipment and optic fiber traction velocity. Our analyses were performed in an experienced and specialized OCT research laboratory.

We found higher rates of uncovered struts after 5 years follow up (8.7 %) when compared to the only two previous studies that evaluated Biolimus stents by OCT (1.8 % after 9 months and 0.41 % after 6 months follow up). Although Biolimus was used in all studies, we used BioMatrix™ instead of BioMatrix Flex™ used in other studies which may have affected the results.

Also, in spite of the high OCT resolution (10–20 μm in our study) and accuracy when compared to histological

analysis, cover tissues with fewer thicknesses (<10 μm) may not be visible by the method.

Limitations

This study has a few limitations. First, the relatively small population could have affected the results. However, the primary objective of this analysis was the strut level evaluation. Although only 12 stents were studied, this resulted in an analysis of a total of 194.95 mm stent extension, 417 frames and 2.016 struts. Second, the OCT analysis was performed only 5 years after the stent implantation. Even though this had no influence in the tissue coverage analysis, it is not possible to distinguish whether the late malapposition was previously present or if it was acquired as a result of positive remodeling during the follow up. And third is the resolution of OCT. Although the spatial resolution of OCT is the highest of all available in vivo intravascular imaging modalities, a single layer of endothelial cells covering stent struts are still below OCT's axial resolution. The M3 TD-OCT™ (*LightLab™, Westford, Massachusetts, USA*) software was used for this analysis. The new available C7XR FD-OCT™ system with better images acquisition and better axial resolution might lead to different results.

Conclusions

When compared to S-Stent™ BMS, the BioMatrix™ DES was associated with lower rates of in-stent obstruction, and similar percentage of neointimal coverage on struts and of complete strut apposition.

Conflict of interest None.

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