

# Predicting Counterproductive Work Behavior from Guilt Proneness

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**Abstract** We investigated the relationship between guilt proneness and counterproductive work behavior (CWB) using a diverse sample of employed adults working in a variety of different industries at various levels in their organizations. CWB refers to behaviors that harm or are intended to harm organizations or people in organizations. Guilt proneness is a personality trait characterized by a predisposition to experience negative feelings about personal wrongdoing. CWB was engaged in less frequently by individuals high in guilt proneness compared to those low in guilt proneness, controlling for other known correlates of CWB. CWB was also predicted by gender, age, intention to turnover, interpersonal conflict at work, and negative affect at work. Given the detrimental impact of CWB on people and organizations, it may be wise for employers to consider guilt proneness when making hiring decisions.

**Keywords** Counterproductive work behavior · Guilt proneness · Unethical behavior · Morality · Personality · Individual differences

Counterproductive work behavior (CWB) is volitional behavior that harms or intends to harm organizations or people in organizations (Fox and Spector 2005; Spector 2011; Spector et al. 2006, 2010). The categories of behavior that comprise CWB are: abuse toward others (e.g., starting or continuing a damaging or harmful rumor at work; being nasty or rude to a client or customer); production deviance (e.g., purposely doing your work incorrectly; purposely working slowly when things need to get done); sabotage (e.g., purposely wasting your employer's materials/supplies; purposely damaging a piece of equipment or property); theft (e.g., stealing something belonging to your employer; putting in to be paid for more hours than you work); and withdrawal (e.g., coming to work late without permission; staying home from work and saying you were sick when you weren't). These are behaviors that are generally regarded as unethical and a threat to the well-being of organizations and their members.

Although CWB is comprised of five categories (Spector et al. 2006), most research that assesses the construct uses total sum scores rather than subscale scores (e.g., Dalal 2005; Fox et al. 2011; Spector et al. 2010; Zettler and Hilbig 2010). Thus, CWB is an aggregated set of behaviors, rather than a single type behavior. Aggregated behaviors are more consistent across time and situations compared to single behaviors, and they can be predicted more reliably by personality and situational variables (Fleeson and Nofhle 2009; Funder 2008).

CWB can be assessed with both self-reports and observer-reports (e.g., reports by co-workers or managers); however, a recent meta-analysis (Berry et al. 2012) found that self-reports provide more reliable and valid assessments of CWB than observer-reports. Self- and other-ratings of CWB do tend to be highly correlated, but observer-ratings under-report the frequency of CWB, likely because

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counterproductive behaviors are intended by the perpetrators to be unobservable (Berry et al. 2012; Dalal 2005; Spector and Fox 2005). Put simply, individuals have more information about their own behaviors than do observers. Thus, although observer-reports may be less subject to socially desirable responding, they necessarily rely on a source with incomplete information about the target's behavior—only the target knows what counterproductive acts she or he has performed. Accordingly, Berry et al. (2012) recommend assessing CWB with self-reports and taking steps to assure respondents of their anonymity, for example by having them complete CWB assessments online, where they feel a sense of privacy.

Spector and Fox (2005) reviewed the predictors of CWB and concluded that it is determined by both individual differences and situational factors (see also Berry et al. 2012; Spector 2011). For example, CWB is predicted by job satisfaction and job stressors, as well as negative emotions; it has an inconsistent relationship with positive emotions (Spector and Fox 2005). Interpersonal conflict at work—the degree to which people get into arguments and are treated poorly at their job (Spector and Jex 1998)—is among the most frequently reported job stressors (Keenan and Newton 1985) and is one of the strongest known predictors of CWB (Fox et al. 2011; Spector et al. 2006, 2010).

Some researchers argue that CWB and unethical behavior are distinct constructs, with CWB being a violation of organizational norms and unethical behavior a violation of societal norms (Kish-Gephart et al. 2010). However, in most circumstances harming others is considered a moral violation (Graham et al. 2011; Haidt 2007; Rai and Fiske 2011). Given that harm is integral to the definition of CWB, it may be helpful to view CWB through the lens of unethical behavior. One reason is because viewing CWB as unethical behavior allows for the prediction that personality and situational factors that affect unethical behavior will also affect CWB. One such factor is guilt proneness.

Guilt proneness is an individual difference reflecting a predisposition to experience negative feelings about personal wrongdoing, even when the wrongdoing is private (Cohen et al. 2011; Tangney and Dearing 2002; Tangney et al. 2007, 2009; Wolf et al. 2010). It is an emotional trait, referring to the anticipation of feeling guilty about committing transgressions, rather than a specific emotional state characterized by guilty feelings in a particular moment or generalized guilty feelings that occur without an eliciting event.

Guilt proneness can be reliably measured with the Guilt and Shame Proneness scale (GASP; Cohen et al. 2011). In the guilt proneness subscale of the GASP (i.e., Guilt-Negative-Behavior-Evaluation), respondents are asked to

imagine that they have committed a transgression that no one knows about (e.g., you secretly commit a felony), and then indicate the likelihood that they would feel badly about their behavior (e.g., you would feel remorse about breaking the law). Our recent research with the GASP finds that guilt proneness is a temporally stable trait among American adults (Cohen et al. 2012). For example, in September 2011, we administered the GASP to 1,032 employed adults from across the U.S. (ages 18–71, 48% women). Thirteen weeks later we re-contacted these individuals and asked them to complete a follow-up survey; 53% of them responded ( $N = 548$ ). We found a test-retest correlation of .69 ( $p < .001$ ) indicating that guilt proneness, as measured by the GASP, is a highly reliable individual difference.

Prior studies of guilt proneness indicate that it is an important character trait that predicts the likelihood that people will engage in unethical behavior (Cohen et al. 2011; Tangney et al. 2007, 2009). Why should guilt proneness predict unethical behavior? The anticipation of guilty feelings about private misdeeds in itself indicates that one has internalized moral values. Thus, for guilt-prone individuals public surveillance should not be required to prevent moral transgressions; instead, their conscience should guide them in their decision making. Evidence of guilt proneness as a character trait comes from several studies reported by Cohen et al. (2011). They found that people who scored high in guilt proneness (compared to low scorers) made fewer unethical business decisions, committed fewer delinquent behaviors (at work and outside of work), and behaved more honestly when they made economic decisions (Cohen et al. 2011, Study 2). Moreover, Masters of Business Administration (MBA) students high in guilt proneness were judged by their classmates as being more honest negotiators than those low in guilt proneness (Cohen et al. 2011, Study 3). The negotiation study provided particularly compelling evidence of guilt proneness as a character trait as guilt proneness was assessed 1–4 weeks prior to the negotiation and honesty was judged by the negotiation counterparts following an exercise in which the students had opportunities to lie. In addition to these behavioral findings, cross-sectional surveys with the GASP have consistently found that guilt proneness is positively correlated with other moral personality measures, including honesty–humility, moral identity, moral idealism/relativism, conventional morality, consideration of future consequences, empathic concern, and perspective taking (Cohen et al. 2011, 2012; see also Tangney et al. 2007, 2009). Overall, these findings suggest that guilt proneness predisposes people to think, feel, and act in morally relevant ways.

Whereas the extant research reviewed above suggests that the GASP has the potential to be an important

measurement tool for detecting individuals who are chronically susceptible to unethical behavior, we do not yet know whether the scale can be used to predict people's counterproductive behaviors at work. The workplace is an important setting to study character and behavior because most adults spend a substantial portion of their lives at work (U.S. Bureau of Labor Statistics 2010b). However, there are few studies examining guilt proneness in organizational settings. One exception is a study by Flynn and Schaumberg (2011). They found that highly guilt-prone employees work harder at their jobs (i.e., they expend more effort at work), and this effort is associated with increases in affective organizational commitment. The current research extends this work by testing whether low guilt proneness is an antecedent of CWB. We hypothesized that employees high in guilt proneness would commit fewer CWBs than employees low in guilt proneness, and that this relationship would hold after controlling for other known correlates of CWB.

## Method

We recruited 443 American adults with full-time employment (working 35 h or more per week) from Amazon's Mechanical Turk (MTurk) website to complete a 15-min "Workplace Behavior Study". Consistent with typical MTurk payment rates (Buhrmester et al. 2011), each participant who completed the study was paid \$0.50. The survey was launched on June 13, 2011 and all responses were completed by June 17, 2011. To encourage honest responding, we administered the survey online and presented participants with the following information at the beginning:

Please keep in mind that all information collected in this survey is kept completely confidential and secure, and only the research team will have access to the data. After the data are collected, all personally identifiable information will be removed and translated to an anonymous participant id code. We appreciate your honest and candid responses.

## Procedure

The survey began by asking participants about their job and the organization for which they worked. They were informed that they would be asked questions about their experiences at their job *during the past week* (i.e., the previous seven days). If they had multiple jobs, they were instructed to answer the questions based on their primary source of employment (the job that they work at the most). We surveyed people about the past week at work because we reasoned that the time period was short enough where

people could accurately remember and report on their behaviors, but long enough for instances of CWB to occur.

After describing their job and organization, participants responded to a variety of questionnaires. The order of the questionnaires and the items within each questionnaire were randomized for each participant. For the questionnaires about work situations and behaviors, we included a "not applicable" response option in case certain situations and behaviors were not relevant to the respondent's employment situation. We coded not applicable responses as missing data. The survey ended with a section in which the participant reported demographic information. The survey ended with a short section assessing demographic characteristics.

The study included assessments of guilt proneness and CWB committed during the past week at work. In addition, on the basis of Spector and Fox's (2005) review of the correlates of CWB, we included the following control variables in our study: interpersonal conflict during the past week at work, negative affect during the past week at work, positive affect during the past week at work, job satisfaction, and intention to turnover within the next year. We also included the number of hours worked during the past week, with the idea that the more hours worked, the more opportunities to commit CWB. Gender and age were also included as covariates because prior research has found that these demographic characteristics are associated with guilt proneness (Cohen et al. 2011) and unethical behavior (Kish-Gephart et al. 2010). Finally, we included tenure with the organization (in months) as a control variable because guilt proneness has been shown to correlate with organizational commitment (Flynn and Schaumberg 2011); we reasoned that guilt-prone employees might have a longer tenure in the organization, which could influence their CWB.<sup>1</sup>

## Measures

### *Job Variables*

Included in the initial job-information section were questions about *tenure at the job* ("When did you begin working in your current position"), and *hours worked during the past week* ("How many hours did you work at your job during the past week?"), as well as questions about income and the industry in which the respondent worked. The job-information section also assessed *intentions to turnover* and *job*

<sup>1</sup> In addition, the survey also included assessments of organizational citizenship behavior (OCB) and morality judgments of counterproductive and citizenship behaviors. Because those scales are not relevant to the current study, we do not discuss them further. Information about these measures are available from the authors upon request.

*satisfaction*, which were measured with items developed by Cammann et al. (1983). Intention to turnover was measured with the item, “How likely is that you will actively look for a new job in the next year?” (1 = *not at all likely*, 7 = *extremely likely*). Job satisfaction was measured with three items ( $\alpha = .90$ ), which we modified to refer to the past week (e.g., “During the past week, I liked working at my job”). Responses options ranged from *strongly disagree* (1) to *strongly agree* (7).

#### *Guilt Proneness*

Each participant completed the GASP (Cohen et al. 2011), which includes a four-item guilt proneness subscale ( $\alpha = .73$ ). Participants were instructed to imagine themselves in a variety of situations that people are likely to encounter in day-to-day life and indicate the likelihood that they would react in the way described (1 = *very unlikely*, 2 = *unlikely*, 3 = *slightly unlikely*, 4 = *about 50% likely*, 5 = *slightly likely*, 6 = *likely*, 7 = *very likely*). The guilt proneness items described private transgressions and respondents indicated the likelihood that they would feel badly about their behavior. The items were: (1) After realizing you have received too much change at a store, you decide to keep it because the salesclerk doesn’t notice. What is the likelihood that you would feel uncomfortable about keeping the money? (2) You secretly commit a felony. What is the likelihood that you would feel remorse about breaking the law? (3) At a coworker’s housewarming party, you spill red wine on their new cream-colored carpet. You cover the stain with a chair so that nobody notices your mess. What is the likelihood that you would feel that the way you acted was pathetic? (4) You lie to people but they never find out about it. What is the likelihood that you would feel terrible about the lies you told?

#### *Counterproductive Work Behavior Checklist (CWB-C)*

We assessed CWB with the 32-item CWB-C (Spector et al. 2006; scale available at <http://shell.cas.usf.edu/~pspector/scales/cwbcpage.html>).<sup>2</sup> We modified the instructions and response format to refer to past week at work. Participants were instructed to “indicate how often you did each of the following things at your job during the past week” using a five-point scale (0 = *not at all this week*, 1 = *one time this week*, 2 = *two times this week*, 3 = *three times this week*,

4 = *four or more times this week*). The 32 items in the CWB-C were found to be internally consistent ( $\alpha = .97$ ).<sup>3</sup>

#### *Interpersonal Conflict at Work (ICAWS)*

Participants indicated their interpersonal conflict at work with the four-item Interpersonal Conflict at Work Scale (ICAWS; Spector and Jex 1998; scale available at <http://shell.cas.usf.edu/~pspector/scales/strspage.html>). We changed the instructions and response format to refer to the past week at work ( $\alpha = .83$ ). Participants were instructed to “indicate how often each of the following things happened to you at your job during the past week” using a 5-point scale (0 = *not at all this week*, 1 = *one time this week*, 2 = *two times this week*, 3 = *three times this week*, 4 = *four or more times this week*). Sample items include, “You got into an argument with someone” and “Other people did nasty things to you.”

#### *Positive and Negative Affect Schedule (PANAS)*

We assessed negative and positive affect with the PANAS (Watson et al. 1998). Participants were instructed to indicate the extent to which they experienced 10 positive and 10 negative emotions at their job during the past week. Response options ranged from 1 (*not at all*) to 5 (*extremely*). Sample items for positive affect included active, determined, attentive, and excited. The ten positive affect items were found to be internally consistent ( $\alpha = .93$ ). Sample items for negative affect included afraid, nervous, hostile and jittery. These ten items were also internally consistent ( $\alpha = .92$ ).

#### Participants

##### *Demographic Information About the Sample*

Participants lived in 45 U.S. states, and three reported being American but living outside the U.S. The sample contained 55.6% women (44.4% men) and the average age was 31.23 years (SD = 10.77, range = 18–79). The racial/ethnic composition of the sample was 75.7% White, 6.8%

<sup>2</sup> The CWB-C items were embedded in a longer list of items that also included 20 organizational citizenship behavior (OCB) items (Fox et al. 2011) interspersed with the 32 CWB items. Because our research question concerned CWB rather than OCB, we do not discuss the OCB findings further (however, information is available from the authors upon request).

<sup>3</sup> Although the alpha level of .97 was particularly high, it is consistent with prior research using the CWB-C, which generally finds alpha levels of .90 or higher for the longer (45-item) CWB-C (see Paul Spector’s website for psychometric information about the scale: <http://shell.cas.usf.edu/~pspector/scales/cwbcver.html>). The authors of the CWB-C point out that the measure is behavior checklist (i.e., a causal indicator scale) containing items that are not parallel assessments of a single underlying construct (Spector et al. 2006). For this type of measure, internal consistency is not a good indicator of reliability (Bollen and Lennox 1991; Edwards and Bagozzi 2000). For further discussion of the limitations of internal consistency as an indicator of reliability, see McCrae et al. 2011; Schmitt 1996.

Asian, 7.2% Black, 4.9% Hispanic/Latino, and 5.4% “other” (the “other” category included respondents who did not self-identify with one of these categories, as well as respondents who reported multiple ethnicities). With regard to education, 10.1% of the respondents had a high school education or less; 28.1% completed some college (no degree); 11.7% had a 2-year degree (e.g., Associate’s); 34.0% had a 4-year degree (e.g., Bachelor’s); 12.4% had a Master’s degree; and 3.7% had a doctoral or professional degree.

### *Employment Information About the Sample*

Participants reported working an average of 40.86 h during the past week ( $SD = 9.34$ , range = 0–80). They worked in a variety of occupations, in both the private and public sectors. Specifically, 64.6% were employees in private for-profit companies or businesses; 11.7% were employees in private not-for-profit, tax-exempt, or charitable organizations; 17.4% were government employees; and 6.3% were self-employed. Participants’ tenure at their current job varied from less than 1 month to over 34 years ( $M = 46.91$  months,  $SD = 61.69$  months, median = 24.75 months, range = 0.10–408.27 months). Yearly income also varied widely, ranging from \$0 for volunteer work to \$450,000 for owning and operating a small business ( $M = \$38,811$ ,  $SD = \$33,140$ , median = \$33,000).

Participants self-reported their occupational classification using the 23 Standard Occupational Classification codes from the U.S. Bureau of Labor Statistics (2010a). We instructed participants to “Please choose the occupational category that best describes your current job. If your occupation is not in the main list, mark “other” and fill in your occupation.” Nearly 90% of respondents (88.0%) classified themselves into a category, with remainder choosing “other.” Of the 23 potential categories, 22 were represented in the sample (the only category not selected was “Farming, Fishing, and Forestry Occupations”).

## **Results**

Fifteen participants left the study before completing it and several other participants had missing data on some items. Because of these missing responses, the sample size varied from 411 to 434 depending on the analysis.

To test our predictions concerning CWB, we determined the factor structure of each scale using confirmatory factor analysis, computed factor scores, and conducted regression analyses using the factor scores. This approach allowed us to account for missing data while also employing WLSMV estimation (mean and variance adjusted weighted least squares) to accommodate the ordered-categorical nature of

the items (Stucky et al. 2012; Wirth and Edwards 2007). It was particularly important to use an analytic approach that could account for missing data because 17% of the respondents indicated that one or more of the CWB items were not applicable to them.

The confirmatory factor analyses were conducted using Mplus 6 (Muthén and Muthén 1998–2011) with all available data. The models used WLSMV estimation and factor variances were fixed to 1 to set the scale of the latent variables. We assessed model fit with Chi-square ( $\chi^2$ ), Root Mean Square Error of Approximation (RMSEA), Comparative Fit Index (CFI), and Tucker Lewis Index (TLI). Good-fitting models meet some or all of the following criteria: nonsignificant Chi-square,  $RMSEA < .06$ ,  $CFI > .95$ , and  $TLI > .95$  (Hu and Bentler 1999; Yu 2002). Degrees of freedom (df) vary for the Chi-square tests because they are calculated differently with WLSMV estimation than traditional estimation methods (Muthén and Muthén 1998–2011). Because of the variation in the degrees of freedom, we report the number of estimated (i.e., free) parameters in each model.

### Factor Analytic Results

A one-factor model of the CWB-C showed excellent fit and all 32 items loaded highly on the factor ( $\lambda_s > 1.681$ ,  $ps < .001$ );  $\chi^2$ (estimated parameters = 160,  $df = 464$ ,  $N = 420$ ) = 510.94,  $p = .065$ ;  $RMSEA = .016$ ;  $CFI = 1.00$ ;  $TLI = 1.00$ . These results support our decision to treat CWB as an aggregated set of behaviors.<sup>4</sup>

As in prior research with the GASP (Cohen et al. 2011), the guilt proneness scale had a unidimensional structure and all four items loaded highly on the factor ( $\lambda_s > 1.621$ ,  $ps < .001$ );  $\chi^2$ (estimated parameters = 28,  $df = 2$ ,  $N = 434$ ) = 9.66,  $p = .008$ ;  $RMSEA = .094$ ;  $CFI = .99$ ;  $TLI = .97$ .

The interpersonal conflict at work scale also had a unidimensional structure and all four items loaded highly on the factor ( $\lambda_s > 1.751$ ,  $ps < .001$ );  $\chi^2$ (estimated parameters = 20,  $df = 2$ ,  $N = 423$ ) = 6.53,  $p = .038$ ;  $RMSEA = .073$ ;  $CFI = 1.00$ ;  $TLI = .99$ .

The PANAS was best modeled by a two-factor structure, with the ten negative affect items loading highly on a negative affect factor ( $\lambda_s > 1.741$ ,  $ps < .001$ ) and the ten positive items loading highly on a positive affect factor ( $\lambda_s > 1.761$ ,  $ps < .001$ );  $\chi^2$ (estimated parameters = 101,  $df = 169$ ,  $N = 435$ ) = 866.84,  $p < .001$ ;  $RMSEA = .097$ ;  $CFI = .94$ ;  $TLI = .94$ .

<sup>4</sup> Although the one-factor model had excellent fit, we also attempted to estimate a five-factor model of the CWB-C; however, factor scores could not be computed because the latent variable covariance matrix was not positive definite.

**Table 1** Bivariate correlations and descriptive statistics

	<i>M</i>	<i>SD</i>	1	2	3	4	5	6	7	8	9	10	11	12
1. Gender (0 = male, 1 = female)	.55	.50	–											
2. Age (in years)	30.91	10.67	.04	–										
3. Hours worked during past week	40.93	9.00	–.11*	.03	–									
4. Tenure at job (in months)	47.32	62.34	–.03	.52*	–.06	–								
5. Job satisfaction factor	–.04	.93	.04	.05	–.05	.08 <sup>+</sup>	–							
6. Intention to turnover	3.89	2.28	.00	–.27*	.07	–.32*	–.49*	–						
7. Interpersonal conflict factor	.10	.78	–.08	–.16*	.07	.02	–.31*	.17*	–					
8. Negative affect at work factor	.07	.86	–.14*	–.23*	.11*	–.10 <sup>+</sup>	–.45*	.34*	.46*	–				
9. Positive affect at work factor	–.03	.94	–.03	.13*	.15*	.15*	.60*	–.34*	–.14*	–.17*	–			
10. Guilt proneness factor	–.03	.86	.24*	.27*	–.06	.16*	.06	–.11*	–.09 <sup>+</sup>	–.17*	.08 <sup>+</sup>	–		
11. CWB factor	.22	.78	–.21*	–.27*	.06	–.09 <sup>+</sup>	–.21*	.25*	.53*	.47*	–.11*	–.33*	–	

*N* = 411. Means, standard deviations, and bivariate correlations are presented

<sup>+</sup>  $p < .10$ , \*  $p < .05$

Because the job satisfaction scale only contained three items, there were no degrees of freedom to compute model fit statistics; nonetheless, all three items loaded highly on the factor ( $\lambda_s > 1.831$ ,  $ps < .001$ , and we were able to compute a factor score for job satisfaction.

### Regression Results

The regression analysis contained 411 participants for whom we could compute factor scores for all the variables of interest. Table 1 shows the means, standard deviations, and bivariate correlations among the variables.<sup>5</sup> Table 2 shows the regression results. Age, hours worked during the past week, tenure at job, and intention to turnover were each mean-centered prior to computing the regression analysis.

The control variables (gender, age, hours worked during the past week, tenure at job, job satisfaction, intention to turnover within a year, interpersonal conflict at work, negative affect and positive affect) were entered in Step 1 of the regression analysis. Guilt proneness was entered in Step 2.

Overall, the employment and demographic variables entered in Step 1 of the regression analysis accounted for 39% of the variance in CWB. As shown in Table 2, Step 1

of the analysis revealed significant effects of gender, age, intention to turnover, interpersonal conflict at work and negative affect at work. Women and older participants committed fewer CWBs compared to men and younger participants, respectively. In addition, participants with higher intention to turnover within a year committed more CWB than those with lower intentions to turnover. Participants reporting higher interpersonal conflict also committed more CWB than those reporting lower interpersonal conflict. Similarly, participants reporting higher negative affect at work committed more CWB than those that reported lower negative affect. Job satisfaction also marginally predicted CWB in that participants reporting higher job satisfaction committed somewhat more CWB than those reporting less job satisfaction. Hours worked in the past week, tenure at job and positive affect were not significant predictors of CWB.

We entered guilt proneness in Step 2 of the regression analysis and consistent with predictions, we found a significant effect. Participants who reported being more guilt-prone committed fewer CWBs than participants who reported being less guilt-prone. Moreover, the bivariate correlation between guilt proneness and CWB was significant,  $r = -.33$ ,  $p < .001$ .

### Discussion

Our results suggest that CWB is predicted by gender, age, intention to turnover, interpersonal conflict at work, negative affect at work, and guilt proneness. We are not

<sup>5</sup> In addition to analyzing total CWB-C scores, we analyzed each of the five CWB-C subscales separately (calculated as sum scores, rather than factor scores). The guilt proneness factor was significantly negatively correlated with each of the five subscales, ranging from  $r(389) = -.28$ ,  $p < .001$  for production deviance, to  $r(389) = -.22$ ,  $p < .001$  for theft.

**Table 2** Counterproductive work behavior regression analysis

	<i>B</i>	<i>SE B</i>	$\beta$	<i>t</i>	<i>p</i>	<i>R</i> <sup>2</sup>	$\Delta R^2$
<i>Step 1</i>						.39*	–
Constant	.294	.046		6.43	<.001*		
Gender (0 = male, 1 = female)	–.223	.062	–.143	–3.62	<.001*		
Age (in years)	–.010	.003	–.131	–2.75	.006*		
Hours worked during past week	–.001	.003	–.006	–0.15	.877		
Tenure at job (in months)	.000	.001	.023	0.49	.624		
Job satisfaction factor	.085	.049	.101	1.73	.084 <sup>+</sup>		
Intention to turnover within a year	.042	.016	.122	2.55	.011*		
Interpersonal conflict at work factor	.388	.044	.391	8.76	<.001*		
Negative affect at work factor	.220	.044	.242	4.94	<.001*		
Positive affect at work factor	–.015	.042	–.018	–0.36	.721		
<i>Step 2</i>						.43*	.04*
Constant	.250	.045		5.53	<.001*		
Gender (0 = male, 1 = female)	–.152	.061	–.098	–2.48	.014*		
Age (in years)	–.006	.003	–.087	–1.84	.066 <sup>+</sup>		
Hours worked during past week	–.001	.003	–.015	–.38	.708		
Tenure at job (in months)	.000	.001	.030	.65	.517		
Job satisfaction factor	.076	.048	.090	1.59	.112		
Intention to turnover	.041	.016	.120	2.58	.010*		
Interpersonal conflict factor	.389	.043	.392	9.05	<.001*		
Negative affect at work factor	.203	.043	.224	4.69	<.001*		
Positive affect at work factor	–.002	.041	–.002	–.04	.966		
Guilt proneness factor	–.187	.037	–.208	–5.13	<.001*		

*N* = 411. Age, hours worked during the past week, tenure at job, and intention to turnover were each mean-centered prior to computing the regression analysis

<sup>+</sup> *p* < .10, \* *p* < .05

suggesting that the variables included in this study are the only variables relevant to predicting harmful and/or unethical behavior at the workplace. There are, of course, other known correlates of CWB, such as honesty–humility (Marcus et al. 2007; Zettler and Hilbig 2010), trait anger and anxiety (Spector and Fox 2005), organizational constraints (Fox et al. 2011; Spector and Fox 2005; Spector et al. 2010) and organizational politics (Zettler and Hilbig 2010).<sup>6</sup> Instead, our goal with this paper was to extend the CWB literature to include a predisposition to feel guilt over wrongdoing. We provided evidence of this relationship using a diverse sample of employed adults who worked in many different industries at various levels in their organizations and controlled for a host of other known correlates of CWB.

A limitation of the current study is that we relied exclusively on self-reported personality, work setting information, and CWB. Given that CWB is generally

considered unethical and intended to be unobservable, self-reports might be influenced by socially desirable responding. We attempted to circumvent the potential for biased responding by using an online survey and assuring respondents that the information they provided was confidential and anonymous. However, even with anonymous responding, participants may still desire to appear moral to themselves and engage in self-deception (Chance et al. 2011). An alternative approach would have been to use observer-reports of CWB, but as discussed in the introduction, observer-reports of CWB have been found to be less valid than self-reports (Berry et al. 2012). Thus, neither self-reports nor observer-reports are free from methodological limitations. Accordingly, there is precedent for measuring CWB in both formats. We find it reassuring that self- and observer-ratings of CWB tend to be positively correlated and correlate similarly with theoretically related variables (Berry et al. 2012; Dalal 2005; Fox et al. 2011; Spector et al. 2010; Spector and Fox 2005). Nonetheless, in future research we plan to assess CWB and guilt proneness with self-reports and co-worker-reports to replicate conceptually the current findings and test whether self-reports

<sup>6</sup> Although Conscientiousness has been found to predict CWB (Dalal 2005), Spector et al. (2010) found that the relationship is attenuated substantially when CWB is assessed with a frequency response scale rather than an agreement response scale.

or observer-reports of guilt proneness are better predictors of CWB and other unethical behaviors.

A second study limitation is its cross-sectional design. We only assessed each construct at one time point. Longitudinal designs in which personality, situations, and behaviors can be assessed at multiple times points yield more reliable findings than cross-sectional designs that assess these constructs at a single point in time (Hampson 2011; Nesselroade 2007). In future research we plan to use a weekly online diary method (Bolger et al. 2003; Iida et al. 2012) to assess interpersonal conflict at work and CWB at multiple time points (Cohen et al. 2012). This measurement technique would allow for more reliable assessments of workplace situations and behaviors.

## Conclusions

The correlation between guilt proneness and CWB was found to be  $-.33$ . Is this a small or large effect? To answer this question, assume a company hired 100 employees, half of whom were high in guilt proneness, half of whom were low. Using the binomial effect size formula (Rosenthal and Rubin 1982; see also Funder and Fast 2010),  $50 + (r/2 \times 100)$ , we can estimate that 66 of the employees low in guilt proneness would engage in CWB frequently whereas only 34 of the employees high in guilt proneness would engage in CWB frequently. Given the detrimental impact of CWB on people and organizations, it may be wise for employers to consider guilt proneness when making hiring decisions. We caution that this recommendation is preliminary, as the GASP scale has yet to be psychometrically normed for personnel selection purposes.

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