

# Association between persistence with mammography screening and stage at diagnosis among elderly women diagnosed with breast cancer

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**Abstract** Previous studies on the association between mammography screening and stage at breast cancer (BC) diagnosis have limitations because they did not analyze persistence with mammography screening and did not distinguish screening from diagnostic mammograms. The objective of this study is to determine the association between persistence with mammography screening and stage at BC diagnosis among elderly women. A retrospective observational study of 39,006 women age  $\geq 70$  diagnosed with incident BC from 2005 to 2009 from the Surveillance, Epidemiology, and End Results (SEER)-Medicare dataset was conducted. A validated algorithm with high sensitivity and specificity was used to distinguish between screening and diagnostic mammograms. Persistence with mammography screening was measured as having at least three screening mammograms in five years before BC diagnosis. Multinomial logistic regressions were performed to analyze the association between persistence with mammography screening and stage at diagnosis, in a multivariate framework. Overall, 46 % of elderly women were persistent with mammography screening, 26 % were not persistent, and 28 % did not have any screening mammogram in five years before BC diagnosis. As compared to women who were not persistent with mammography screening, women who were persistent with mammography screening were significantly more likely to be diagnosed at earlier stages of BC. The adjusted odds ratios were 3.28, 2.37, and 1.60 for in situ, local, and

regional stages, respectively. A lower proportion of elderly women was persistent with mammography and it was highly associated with earlier stages of BC diagnosis. Interventions designed to promote persistent mammography screening among elderly women are warranted.

**Keywords** Breast cancer · Mammography screening · Stage at diagnosis · Persistence · Medicare

## Abbreviations

BC	Breast cancer
US	United States
SEER	Surveillance, epidemiology, and end results
FFS	Fee-for-service
ARF	Area resource file
ICD-9	International classification of diseases 9th edition
PCP	Primary care physicians
AOR	Adjusted odds ratio
CI	Confidence interval

## Introduction

Breast cancer (BC), the most common cancer is the second leading cause of cancer death in women in the United States (US). The incidence and mortality rates for BC vary significantly by age. Based on the 2005–2009 Surveillance, Epidemiology, and End Results (SEER) statistics, 41 % of the new BC cases, and 57.4 % of BC deaths occurred in women age 65 and above [1]. The overall incidence of BC was 82.97 per 100,000 women for those age below 65 years and was 421.30 per 100,000 women for those age 65 and above. The overall mortality from BC was 11.15 per

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100,000 women for those below 65 years of age and was 98.64 per 100,000 women for those age 65 and above [1]. Also women age 65 and above have a greater burden of BC as tumor in these women is found at advanced stages and with larger sizes leading to poorer survival [2].

Even though mammography screening reduces BC-related mortality by 20–35 % in women age 40–69 years [3–7], it is yet not clear whether or not mammography screening is beneficial in women age 70 and above. This is because very few screening trials evaluating the benefits of mammography screening have included women aged 70 and above [8]. Although elderly women have a greater burden of BC since tumor is found at more advanced stages and with larger sizes [2], they are less likely to utilize mammography screening [9, 10]. About 64 % of women age 65 and above have had mammography screening within the previous 2 years as compared to 73 % among women age 50–64 years [11] in spite of the fact that annual mammography screenings are covered by both Medicare and Medicaid. This may be partly due to the uncertainty regarding the frequency and upper age limit for mammography screening as reflected in the BC screening guidelines. The US Preventive Service Task Force recommends biennial mammography screening for women in age group 69–74 years, but reported insufficient evidence for women above 74 years of age [12]. In contrast, the American Cancer Society recommends annual mammography screening with no set upper age limit for women till her life expectancy is at least 5 years [13]. In the absence of no direct evidence of beneficial effects of mammography screening and with its suggested potential and immediate harms in elderly women, this group encounters contrasting guidelines and recommendations for mammography screening which may ultimately affect their screening behavior and lead to poorer BC outcomes. Physicians have several mammography screening guidelines from which to choose for this expanding aging population, when most of the current guidelines have no upper age limit set up.

Although reducing BC-related mortality is the ultimate goal of mammography screening, intermediate measures such as stage at diagnosis are useful to evaluate the utility of screening [14, 15]. Several studies have demonstrated the benefits of mammography screening on an important predictor of survival, stage at BC diagnosis, in elderly women. Two studies which used SEER-Medicare database reported that mammography screening decreased with advancing age at diagnosis, and elderly women who undergo regular mammography were diagnosed with an earlier stage of disease [16, 17]. However, these studies utilized the claims data from only 2 years before BC diagnosis, which failed to capture the effect of persistence with mammography screening. Also, one of these studies

utilized SEER-Medicare data from only three registries which may limit the generalizability of the study findings [17]. A study which utilized 5 years claims data from entire SEER-Medicare focused only on women age 80 and above [18]. A systematic review of routine mammography screening demonstrated that regular mammography screening was associated with earlier stage and lower BC mortality, but it focused only on women over 74 years of age [19]. Hence, the studies evaluating the association between mammography screening and stage at BC diagnosis were conducted using data from either a few SEER-Medicare registries, or data for limited time period of 2 years before BC diagnosis, or among women age 80 and above. Moreover, the major limitation with all these studies is that the authors did not use any model or technique to distinguish screening from diagnostic mammograms which is one of the key issues with Medicare claims data. It is reported that challenges persist in distinguishing screening mammograms from the diagnostic ones with the Medicare claims data as many screening procedures may be billed as diagnostic procedures as the later are reimbursed at higher level [20]. The authors of a recently published study have developed and suggested a three-step algorithm with high sensitivity (99.7 %) and high positive predictive value (97.4 %) to distinguish between screening and diagnostic mammograms using Medicare data linked to a cancer registry [21]. Thus, overall there is a vital need to determine the association between persistence with mammography screening and stage at BC diagnosis among elderly women age 65 and above, which clearly distinguishes between screening and diagnostic mammograms, from entire SEER-Medicare population, with a longer follow-up time period before BC diagnosis to capture persistence with mammography screening.

Hence, the objective of the study is to determine the persistence with mammography screening in Medicare fee-for-service (FFS) women beneficiaries diagnosed with incident BC, and to determine the association between persistence with mammography screening and stage at BC diagnosis, after controlling for predisposing factors, enabling factors, need factors, healthcare use, and external healthcare environmental factors.

## Methods

### Study design, data source, and study cohort

This retrospective observational study utilized SEER-Medicare dataset which provides population-based information on cancer-related epidemiologic and health services research. The SEER-Medicare program collects information on newly diagnosed cancer cases from 18 population-

based tumor registries which in turn collect information from several sources including hospitals, outpatient clinics, laboratories, private practitioners, laboratories, hospices, autopsy reports, and death certificates and covers approximately 26 % of the US population [22]. The details of the SEER-Medicare dataset are described elsewhere [22]. For this study, the Area Resource File (ARF) was linked to the SEER-Medicare dataset using the state and county Federal Information Processing Standards code for each beneficiary to extract the county level information on the availability of healthcare facilities.

The study cohort consisted of women age 70 and above at the first primary diagnosis of incident BC between January 1, 2005 and December 31, 2009. Since mammography screening persistence during the period of five years before BC diagnosis was to be determined, women who were continuously enrolled in Medicare parts A/B for at least 60 months before BC diagnosis, and who were not enrolled in health maintenance organizations (HMO) at any time during the study period were included in the study. Women with any previous cancer diagnosis, unknown/missing BC stage information, and who were diagnosed via death certificate or autopsy were excluded from the study. BC diagnosis codes were based on the primary site and International Classification of Diseases, 9th edition (ICD-9) Clinical Modification codes 174.xx, 233.0x, 238.3x, and 239.3x. A total of 138,043 women were diagnosed with BC during 2005–2009. The following women were excluded: 68,872 women who were below 70 years at diagnosis, 3,548 women with previous cancer diagnosis, 864 women who were diagnosed with BC during death or autopsy, 1,865 women for whom BC stage information was missing or unknown, 3,865 women who were not continuously enrolled in Medicare parts A/B, and 19,023 women who were members of HMO at any time during the study follow-up period. The remaining 39,006 women were included in the study.

## Measures

### *Dependent variable: Stage at diagnosis*

SEER summary staging system which uses all the medical record information and which pools the most accurate clinical and pathological documentation of the extent of disease was used to determine the stage at BC diagnosis [23]. It was categorized as in situ, local, regional, and distant stages.

### *Key independent variable: Persistence with mammography screening*

There is ambiguity regarding the ability of Medicare claims data to distinguish screening from diagnostic mammograms.

Appropriately distinguishing screening mammograms from diagnostic mammograms is very crucial when assessing screening utilization using claims-based database [24]. A recently published three-step algorithm with high sensitivity (99.7 %) and high positive predictive value (97.4 %) of a screening designation was utilized to classify the claims for screening mammograms from those of the diagnostic mammograms [21]. The sequential steps to identify the screening mammograms from the Medicare claims are described elsewhere [21]. Based on the number of screening mammograms a woman had in five years prior to BC diagnosis, the study cohort was categorized as non-users (no screening mammograms), non-persistent users (with 1–2 screening mammograms), and persistent users (with three or more screening mammograms). Also, elderly women have similar risk of advanced stage of BC with either biennial or annual mammography screening [25]. Hence, persistent users represented a population who have had annual to biennial mammography screening before BC diagnosis.

### *Other independent variables*

For this study, Andersen behavioral model for healthcare services utilization was used [26, 27]. Based on this model, the independent variables were grouped into predisposing factors, enabling factors, need-related factors, factors associated with healthcare use, and external healthcare environmental factors.

Predisposing factors included age at BC diagnosis (70–74, 75–79, 80+), race (white, black, other), while enabling factors included marital status (married/partnered; single/divorced/widowed), census tract median annual household income ( $\leq$ \$25,000; \$25,001–50,000; \$50,001–75,000;  $>$ \$75,000), and census tract percentage of people age  $\geq$ 25 years with at least four years of college education divided into four quartiles based on the median value (0–13.29, 13.30–22.83, 22.84–38.55,  $\geq$ 38.56). Need-related factor included co-occurring chronic conditions which were identified from Medicare files using the ICD-9 diagnosis codes. Comorbidity scores were calculated using Charlson comorbidity index [28–30] and were categorized as 0 (no comorbidity), 1, and 2+. Healthcare use factors included number of primary care physicians (PCP) visits in 5 years prior to BC diagnosis derived from National Claims History file using the Medicare provider specialty field [31], and were categorized into four quartiles based on its median value (0–10, 11–21, 22–34,  $\geq$ 35). External healthcare environmental factors included location of residence (metro, non-metro), SEER regions (Northeast, South, North Central, West), and the number of hospitals with BC screening/mammography services in the area of residence for each woman derived from ARF file,

**Table 1** Description of Medicare FFS beneficiaries with incident breast cancer by persistence with mammography screening SEER-medicare 2005–2009 cases

Variables	Total	%	Persistent users	%	Non-persistent users	%	Non-users	%	Sig
	39,006		17,908	45.9	10,222	26.2	10,876	27.9	
Stage at diagnosis									***
In situ	5,938	15.2	3,902	65.7	1,555	26.2	481	8.1	
Local	21,970	56.3	11,043	50.3	6,087	27.7	4,480	22.0	
Regional	8,805	22.6	2,719	30.9	2,241	25.5	3,875	43.7	
Distant	2,293	5.9	224	10.6	339	14.8	1,710	74.6	
Age at diagnosis									***
70–74	12,163	31.2	6,504	53.5	3,270	26.9	2,389	19.6	
75–79	11,182	28.7	5,672	50.7	3,019	27.0	2,491	22.3	
80+	15,661	40.2	5,732	36.6	3,933	25.1	5,996	38.3	
Race/ethnicity									***
White	34,386	88.2	16,189	47.1	8,863	25.8	9,334	27.1	
Black	2,943	7.5	1,037	35.2	863	29.3	1,043	35.4	
Other	1,677	4.3	682	40.7	496	29.6	499	29.8	
Location of residence									***
Metro	32,396	83.1	15,042	46.4	8,431	26.0	8,923	27.5	
Non-metro	6,610	16.9	2,866	43.4	1,791	27.1	1,953	29.5	
Marital status									***
Married/partnered	15,071	38.6	8,321	55.2	3,816	25.3	2,934	19.5	
Single/divorced/widowed	23,935	61.4	9,587	40.1	6,406	26.8	7,942	33.2	
Census tract household income									***
LE \$25,000	2,768	7.1	1,003	36.2	806	29.1	959	34.6	
\$25,001–50,000	19,276	49.4	8,450	43.8	5,168	26.8	5,658	29.4	
\$50,001–75,000	11,522	29.5	5,629	48.9	2,866	24.9	3,027	26.3	
GT \$75,000	5,440	13.9	2,826	51.9	1,382	25.4	1,232	22.6	
Census tract education									***
0–13.29	9,758	25.0	3,825	39.2	2,746	28.1	3,187	32.7	
13.30–22.83	9,745	25.0	4,315	44.3	2,546	26.1	2,884	29.6	
22.84–38.55	9,749	25.0	4,676	48.0	2,500	25.6	2,573	26.4	
≥38.56	9,754	25.0	5,092	52.2	2,430	24.9	2,232	22.9	
Comorbidity									***
0	20,664	53.0	10,074	48.8	4,968	24.0	5,622	27.2	
1	10,815	27.7	4,913	45.4	2,984	27.6	2,918	27.0	
2+	7,527	19.3	2,921	38.8	2,270	30.2	2,336	31.0	
PCP visits									***
0–10	9,344	24.0	3,259	34.9	2,252	24.1	3,833	41.0	
11–21	10,101	25.9	5,055	50.0	2,634	26.1	2,412	23.9	
22–34	9,594	24.6	5,053	52.7	2,477	25.8	2,064	21.5	
≥35	9,967	25.6	4,541	45.6	2,859	28.7	2,567	25.8	
Total BC screening centers									*
0–1	10,851	27.8	4,899	45.1	2,877	26.5	3,075	28.3	
2–3	9,510	24.4	4,316	45.4	2,483	26.1	2,711	28.5	
4–7	9,964	25.5	4,637	46.5	2,536	25.5	2,791	28.0	
≥8	8,681	22.3	4,056	46.7	2,326	26.8	2,299	26.5	
SEER region									***
North east	8,386	21.5	3,598	42.9	2,156	25.7	2,632	31.4	
South	9,955	25.5	4,400	44.2	2,657	26.7	2,898	29.1	

**Table 1** continued

Variables	Total	%	Persistent users	%	Non-persistent users	%	Non-users	%	Sig
	39,006		17,908	45.9	10,222	26.2	10,876	27.9	
North central	5,165	13.2	2,366	45.8	1,314	25.4	1,485	28.8	
West	15,500	39.8	7,544	48.7	4,095	26.4	3,861	24.9	

PCP primary care physicians, BC breast cancer; LE less than or equal to; GT greater than; LT less than; GE greater than or equal to; Sig Significance

\*\*\*  $P < 0.001$ ; \*\*  $0.01 \leq P < 0.01$ ; \*  $0.01 \leq P < 0.05$ . Asterisks represent statistically significant group differences based on  $\chi^2$  tests by persistence with mammography screening

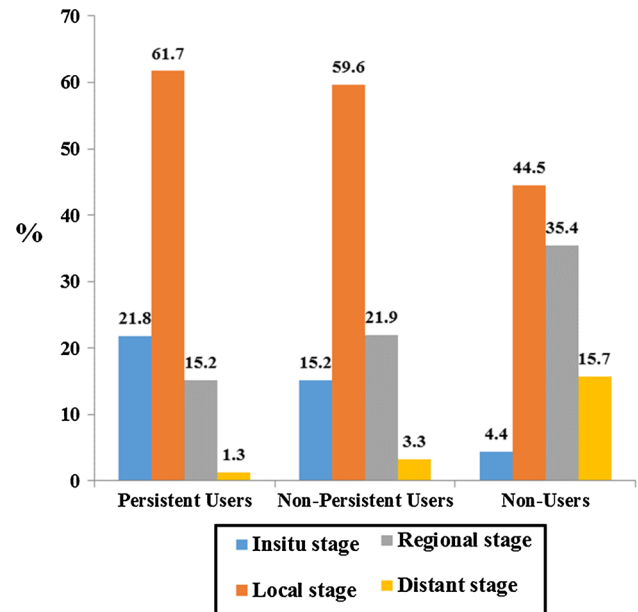
categorized into four quartiles based on its median value (0–1, 2–3, 4–7,  $\geq 8$ ).

### Statistical analyses

Chi-square statistics were used to determine significant differences between persistence with mammography screening categories across all the independent variables. Multinomial logistic regression was performed to determine the association between persistence with mammography screening and early stages of disease, after controlling for predisposing factors, enabling factors, need-related factor, healthcare use, and external healthcare environmental factors. To control for selection bias, the post-hoc sub-group analysis was also conducted to determine significant differences on stage at diagnosis between persistent and non-persistent users. In both the regressions, “distant stage” was used as the reference group for the dependent variable. The parameter estimates were transformed to odds ratios and their corresponding 95 % confidence intervals (CI) were examined and the findings that were significant with  $p$  values  $\leq 0.05$  levels are discussed. All analyses were conducted within statistical analysis systems software SAS 9.4 (SAS<sup>®</sup> version 9.4, SAS Institute Inc., Cary, NC, USA).

### Results

The left column of Table 1 describes the study cohort of 39,006 women age 70 years and older, diagnosed with first primary incident BC in 2005–2009. Overwhelming 56 % of elderly women were diagnosed with local stage BC followed by 23 % with regional stage and 15 % at an in situ stage. Only 6 % women were diagnosed at distant stage BC. Forty percent of the study cohort was age 80 and above, while 31 % were in the age group 70–74 years. A majority of the study cohort was white (88 %), single or divorced or widowed (61 %), had census tract income of \$50,000 or less (57 %), resided in metro areas (83 %), and had no co-occurring chronic condition (53 %).



**Fig. 1** Stage at breast cancer diagnosis by persistence with mammography screening

The right end columns of Table 1 describe the group differences in persistence with mammography screening by stage at BC diagnosis and all the independent variables. Approximately 46 % of women were persistent with mammography screening, while 26 % were not persistent with mammography screening and 28 % did not have any screening mammogram in five years prior to BC diagnosis. In the bivariate analyses, all the subgroups were significant in Chi-square analyses, at the 0.05 % level. Women with BC who were persistent with mammography screening were age 70–74 years, white, married, or partnered, with 11–34 PCP visits, residing in areas with higher proportion of individuals with at least 4 years of college education and with household income  $> \$75,000$ , resided in West region and with no co-occurring chronic conditions.

Figure 1 describes disease stage by persistence with mammography screening. Among women who had no mammography screening, 45 % were diagnosed with BC at local stage, 35 % were diagnosed with regional stage,



16 % were diagnosed at distant stage, and only 4 % were diagnosed at an in situ stage. Among women who were not persistent with mammography screening, 60 % were diagnosed with local stage, 22 % were diagnosed at regional stage, 3 % were diagnosed at distant stage, and 15 % were diagnosed at an in situ stage. However, among women who were persistent with mammography screening, only 15 and 1 % were diagnosed at regional and distant stages, respectively, while 62 % were diagnosed at local stage and 22 % were diagnosed at an in situ stage.

Table 2 describes the results from the multinomial logistic regression. After controlling for all the factors, women who were persistent with mammography screening were 3.28 times more likely to be diagnosed at an in situ stage (Adjusted odds ratio (AOR) = 3.28, 95 % confidence interval (CI) = 2.75–3.91), 2.37 times more likely to be diagnosed at the local stage (AOR = 2.37, 95 % CI = 2.00–2.81), and two times more likely to be diagnosed at the regional stage (AOR = 1.60, 95 % CI = 1.35–1.91) as compared to those who were not persistent with mammography screening. Women who did not have any screening mammogram in the five years before BC diagnosis were 93 % less likely to be diagnosed at an in situ stage (AOR = 0.07, 95 % CI = 0.06–0.08), 83 % less likely to be diagnosed at the local stage (AOR = 0.17, 95 % CI = 0.15–0.19), and 63 % less likely to be diagnosed at the regional stage (AOR = 0.37, 95 % CI = 0.33–0.42) as compared to those who were not persistent with mammography screening. Women who were age 80 and above were 21 % less likely to be diagnosed at an in situ stage (AOR = 0.79, 95 % CI = 0.69–0.90) as compared to those in the age group 70–74 years. African–American women were significantly less likely to be diagnosed at local and regional stages of BC as compared to white women. However, women belonging to the ‘other’ race/ethnicity were significantly more likely to be diagnosed at in situ (AOR = 1.84) and local (AOR = 1.47) stages of BC as compared to white women. Also, women who were married or partnered were highly likely to be diagnosed at earlier stages of BC as compared to those who were single or divorced. The AORs were 1.21 for in situ stage, 1.26 for local stage, and 1.21 for regional stage of BC. Also women with census tract income >\$75,000 had higher likelihood of being diagnosed at in situ (AOR = 1.49, 95 % CI = 1.11–2.01) and local (AOR = 1.42, 95 % CI = 1.10–1.84) stages of BC, as compared to those with income of \$25,000 or less. In addition, women who resided in geographic area with higher percentage of people with at least some college education demonstrated higher amounts of early stages of disease. Women who had at least 11 PCP visits were significantly more likely to be diagnosed at in situ, local, and regional stages of BC as compared to those with visits in the first quartile. The AORs ranged

from 1.43 to 1.71. Women who resided in North East and North Central SEER-Medicare regions were significantly less likely to be diagnosed at local and regional stages of BC as compared to those who resided in the West SEER-Medicare region.

Table 3 describes the results from the sub-group analysis among users of mammography screening. As compared to women who were not persistent with mammography screening, women who were persistent with mammography screening were significantly more likely to be diagnosed at earlier stages of BC. The AORs were 3.21 (95 % CI = 2.69–3.83) for in situ stage, 2.32 (95 % CI = 1.96–2.75) for local stage, and 1.56 (95 % CI = 1.31–1.86) for regional stage of BC. To evaluate the effect of overdiagnosis, another regression was performed that excluded women with an in situ stage. There were no changes in the directions and significance of the study findings even after adjusting for overdiagnosis (data not shown).

## Discussion

As per the literature to date, this is the first study which evaluated the association between persistence with mammography screening and stage at BC diagnosis among elderly women from the SEER-Medicare data after appropriately identifying screening mammograms using an algorithm with high sensitivity and positive predictive value. This study found significant associations between persistence with mammography screening and earlier stages of BC. The study findings highlight the beneficial effects of regular mammography screening on stage of breast tumor in elderly women age 70 and above. These results are consistent with the previous studies which reported that regular mammography screening or having had a mammography screening in one to two years before BC diagnosis was associated with earlier disease stage representation [16–19]. However, rates of persistence with mammography screening in the elderly women are low. Less than half of the elderly women diagnosed with BC were persistent to mammography screening, while 26 % were not persistent with mammography screening in five years prior to their BC diagnosis. One of the striking findings of the study was that a significant proportion of elderly women (28 %) did not have a single screening mammogram in the five years prior to their BC diagnosis even though these women are more likely to be diagnosed with larger tumor sizes at more advanced stages [2]. Thus, increasing awareness among both PCP and elderly women about the importance of mammography screening in this elderly group for whom there are contrasting guidelines, may help improve persistence with mammography screening.

**Table 2** Adjusted odds ratios and 95 % confidence intervals from logistic regressions on early stages at BC diagnosis for persistence with mammography screening SEER-Medicare 2005–2009 cases

Variables	In situ stage			Local stage			Regional stage		
	AOR	95 % CI	Sig	AOR	95 % CI	Sig	AOR	95 % CI	Sig
Persistence with mammography screening									
Persistent users	3.28	(2.75, 3.91)	***	2.37	(2.00, 2.81)	***	1.60	(1.35, 1.91)	***
Non-persistent users	<b>1</b>			<b>1</b>			<b>1</b>		
Non-users	0.07	(0.06, 0.08)	***	0.17	(0.15, 0.19)	***	0.37	(0.33, 0.42)	***
Age at diagnosis									
70–74	<b>1</b>			<b>1</b>			<b>1</b>		
75–79	0.97	(0.84, 1.11)		1.02	(0.90, 1.16)		1.03	(0.90, 1.17)	
80+	0.79	(0.69, 0.90)	***	1.13	(1.00, 1.26)	*	1.00	(0.88, 1.12)	
Race/ethnicity									
White	<b>1</b>			<b>1</b>			<b>1</b>		
Black	1.09	(0.91, 1.30)		0.74	(0.63, 0.86)	***	0.85	(0.72, 0.99)	*
Other	1.80	(1.36, 2.38)	***	1.37	(1.06, 1.78)	*	1.20	(0.92, 1.56)	
Location of residence									
Metro	<b>1</b>			<b>1</b>			<b>1</b>		
Non-metro	1.03	(0.87, 1.23)		1.13	(0.97, 1.32)		1.06	(0.91, 1.25)	
Marital status									
Married/Partnered	1.21	(1.08, 1.36)	**	1.26	(1.13, 1.40)	***	1.21	(1.08, 1.34)	***
Single/divorced/widowed	<b>1</b>			<b>1</b>			<b>1</b>		
Census tract household income									
LE \$25,000	<b>1</b>			<b>1</b>			<b>1</b>		
\$25,001–50,000	1.11	(0.90, 1.37)		1.08	(0.90, 1.28)		0.94	(0.79, 1.13)	
\$50,001–75,000	1.26	(0.98, 1.61)		1.15	(0.93, 1.42)		1.00	(0.80, 1.24)	
GT \$75,000	1.61	(1.19, 2.18)	**	1.57	(1.21, 2.05)	***	1.35	(1.03, 1.77)	*
Census tract education									
0–13.29	<b>1</b>			<b>1</b>			<b>1</b>		
13.30–22.83	1.11	(0.95, 1.29)		1.11	(0.97, 1.26)		1.09	(0.95, 1.25)	
22.84–8.55	1.22	(1.03, 1.45)	*	1.17	(1.01, 1.35)	*	1.05	(0.90, 1.22)	
≥38.56	1.04	(0.86, 1.28)		1.03	(0.86, 1.23)		0.90	(0.75, 1.08)	
Comorbidity									
0	<b>1</b>			<b>1</b>			<b>1</b>		
1	1.05	(0.92, 1.19)		1.02	(0.91, 1.14)		1.01	(0.90, 1.13)	
2+	0.93	(0.80, 1.07)		0.94	(0.83, 1.06)		0.94	(0.82, 1.07)	
PCP visits									
0–10	<b>1</b>			<b>1</b>			<b>1</b>		
11–21	1.43	(1.24, 1.65)	***	1.57	(1.39, 1.78)	***	1.50	(1.31, 1.70)	***
22–34	1.60	(1.37, 1.86)	***	1.72	(1.50, 1.96)	***	1.65	(1.43, 1.89)	***
≥35	1.49	(1.28, 1.74)	***	1.59	(1.40, 1.82)	***	1.55	(1.35, 1.78)	***
Total BC screening centers									
0–1	<b>1</b>			<b>1</b>			<b>1</b>		
2–3	1.07	(0.90, 1.26)		1.01	(0.88, 1.17)		1.05	(0.90, 1.22)	
4–7	1.18	(0.99, 1.41)		1.08	(0.93, 1.26)		1.09	(0.93, 1.27)	
≥8	1.02	(0.84, 1.24)		0.93	(0.78, 1.11)		0.98	(0.82, 1.18)	
SEER region									
North east	0.89	(0.76, 1.04)		0.76	(0.66, 0.87)	***	0.75	(0.65, 0.87)	***
South	1.09	(0.93, 1.28)		0.96	(0.83, 1.10)		1.03	(0.89, 1.19)	

**Table 2** continued

Variables	In situ stage			Local stage			Regional stage		
	AOR	95 % CI	Sig	AOR	95 % CI	Sig	AOR	95 % CI	Sig
North central	0.94	(0.80, 1.11)		0.80	(0.70, 0.93)	**	0.76	(0.65, 0.88)	***
West	<b>1</b>			<b>1</b>			<b>1</b>		

The regressions also include intercept terms and parameter estimates for other variable controlled are not presented. “Distant stage at breast cancer diagnosis” is the reference group for the dependent variable

PCP primary care physicians, BC breast cancer; LE less than or equal to; GT greater than; LT less than; GE greater than or equal to

Asterisks represent statistically significant group differences compared with the reference group. \*\*\*  $P < 0.001$ ; \*\*  $0.01 \leq P < 0.05$ ; \*  $0.01 \leq P < 0.05$

Bold values represent the reference group within each variable

**Table 3** Adjusted odds ratios and 95 % confidence intervals from logistic regressions on early stages at BC diagnosis for persistence with mammography screening among users only SEER-medicare 2005–2009 case

Variables	In situ stage			Local stage			Regional stage		
	AOR	95 % CI	Sig	AOR	95 % CI	Sig	AOR	95 % CI	Sig
Persistence with mammography screening									
Persistent users	3.21	(2.69, 3.83)	***	2.32	(1.96, 2.75)	***	1.56	(1.31, 1.86)	***
Non-persistent users	<b>1</b>			<b>1</b>			<b>1</b>		

Based on 28,130 BC cases who had at least one mammography screening in the study period. BC Breast Cancer; AOR Adjusted odds ratio; CI Confidence interval; Sig Significance. The regressions also include intercept terms and parameter estimates for other variable controlled are not presented. “Distant stage at breast cancer diagnosis” is the reference group for the dependent variable

Asterisks represent statistically significant group differences compared with the reference group: \*\*\*  $P < 0.001$ ; \*\*  $0.01 \leq P < 0.05$ ; \*  $0.01 \leq P < 0.05$

Bold values represent the reference group within each variable

Among predisposing factors, older age of 80 and above and being African American resulted in a lower likelihood of being diagnosed at an in situ, local, or regional stages, which were consistent with previous studies [18, 32–34]. This implies that persistence with mammography screening did not eliminate the differences in stage representation between African American and white women and there may other factors such as family history, genetic composition, and other lifestyle factors, and quality of breast cancer care [35, 36] contributing to these disparities. However, women belonging to ‘other’ race/ethnicity were significantly more likely to be diagnosed with earlier stages after controlling for all the factors in contrast to the results of the previous studies [18, 32]. This suggests that women belonging to ‘other’ races may have protective factors such as individual characteristics, behavioral factors, biological characteristics, and lack of family history of BC which may be protecting them from being diagnosed at distant stages.

A major strength of this study is the utilization of the recently published algorithm with a high sensitivity and positive predictive value for identifying screening mammograms in the Medicare claims files [21]. Distinguishing screening from diagnostic mammograms when evaluating screening utilization from claims-based data has been

reported as a major limitation by several previous studies [16–19]. The results of the study also aids in understanding the benefits of persistence with mammography screening for elderly women for whom there are no clear recommended guidelines for mammography screening. The study utilized the very recent (2005–2009) SEER-Medicare data to provide recent estimates and also utilized a comprehensive list of the covariates in the analyses to minimize any confounding.

There are several limitations worth stating when interpreting the results of this study. Some women of the study may have been recipients of free mammograms which will not be captured in the Medicare data. However, this may not be considered a major limitation as Medicare is the primary health insurer for the older adult population. Certain variables such as annual household income, education level, and access to total of BC screening centers at patient level are not available and hence census tract information for these variables were utilized [37]. Lastly, the SEER-Medicare data tend to include more urban and affluent individuals and fewer white individuals as compared to the US population [22]. Regardless of these limitations, SEER-Medicare database provides data on large US population which is utilized in studying important



issues related to screening in the older population. Also, the findings of the study are generalizable only to elderly women age 70 and above.

In conclusion, a lower proportion of elderly women with BC was persistent with mammography screening and it was significantly associated with earlier stages of BC, thereby supporting the use of regular mammography in these women. Interventions and targeted strategies to promote persistence with mammography screening among elderly women are warranted.

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