REVIEW

# Adjuvant therapy of triple negative breast cancer

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Abstract Patients with the triple negative subtype of breast cancer have an overall poor outcome, with earlier relapses, distinct patterns of metastases, and lack of specific targets for treatment selection. Classification of these tumors has begun to be modified by inclusion of immunohistochemistry for various markers, and gene profiling. Further characterization of this subtype of breast cancer may aid in the identification of new targeted therapies. Anthracyclines and taxanes remain the standard of care in the adjuvant setting. However, novel anti-angiogenesis, anti-tubulin, and DNA repair agents are already under evaluation in (neo) adjuvant trials. Molecular characterization is being included in trials to identify optimal adjuvant strategies. The aim of this manuscript is to review data concerning the molecular characterization of triple negative breast cancers as well as the clinical outcomes of treating patients with existing adjuvant treatments, and to highlight newer adjuvant research strategies in development.

**Keywords** Breast cancer  $\cdot$  Triple negative  $\cdot$ Basal-like breast cancer  $\cdot$  Adjuvant therapy

## Introduction

Triple negative breast cancers represent a heterogeneous group of diseases, characterized by significant variability

The authors attest to the originality of the work.

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in morphological and pathological features. These tumors lack the three most significant therapeutic markers for clinical management of breast cancer patients: human epidermal growth factor receptor 2 (HER2), estrogen receptor-alpha (ER), and progesterone receptor (PR), and are thus labeled as ''triple negative'' (TN). They account for at least 15–20% of all breast cancers. Epidemiologic studies illustrate a higher prevalence of TN tumors among younger women and those of African descent [\[1–3](#page-5-0)]. Clinicopathologic features of TN breast cancers include younger age at onset, larger mean tumor size, and higher grade and incidence of node positivity at presentation compared to what is expected based on tumor size (Table [1\)](#page-1-0). Additionally, patients with TN tumors have a high probability of early tumor relapse after diagnosis, increased propensity to develop brain metastases, and rapid risk of death after tumor relapse (even after appropriate locoregional management), thus identification of the best adjuvant therapies is a focus of intense research [[4–10\]](#page-5-0).

The majority of TN breast carcinomas are ductal in origin; however, several other aggressive phenotypes appear to be overrepresented, including metaplastic, atypical or typical medullary, and adenoid cystic [\[11](#page-5-0)]. Reports related to incidence of brain metastases and outcome from three institutions [\[6–8](#page-5-0)] are particularly noteworthy in defining the higher incidence and worse outcome after brain metastases in patients with TN disease. These malignancies represent a major challenge for physicians and patients, both in the context of understanding its molecular basis and optimization of patient management.

Interpretation of data from various studies reporting the natural history and response to existing therapies is partially confounded by the fact that there is a lack of universally accepted definitions for estrogen or progesterone

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positivity. Some reports describe it as immunohistochemistry positivity in  $>1\%$  of stained cells, others define it as  $>10\%$  staining, still others use a combination of percent and strength of staining. Moreover, other investigators advocate mRNA or gene expression analysis to define positivity. The most commonly used definition in the studies reviewed and ongoing adjuvant trials use protein expression in  $>10\%$  of cells to define ER and PR positivity. Tumor characterization is further confounded by the challenge of HER2 testing, in terms of whether to test for protein expression or gene amplification, definitions of positivity, and accuracy of testing [\[12–14](#page-5-0)].

The advent of molecular profiling has significantly altered the diagnostic and therapeutic landscape for TN breast cancer, which we discuss in this manuscript.

## Methods

PubMed manuscripts and meeting abstracts from 2005 to September 2009 under the headings of ''triple negative breast cancer," "basal cell breast cancer," and "human basal breast cancer'' as well as the <http://clinicaltrials.gov> database were reviewed.

#### **Results**

## Molecular characterization

There is strong evidence that at least five broad categories of breast cancer can be identified based on intrinsic gene expression patterns [\[15](#page-5-0), [16](#page-5-0)]. These categories include luminal A and luminal B tumors (which are primarily ERpositive), HER2-enriched tumors, basal-like tumors, and the so-called normal-like tumors. There is a tendency to equate basal-like tumors with TN breast cancer [\[5](#page-5-0), [17–21](#page-5-0)], since basal-like tumors are ER/PR-negative and do not exhibit HER2 amplification and/or overexpression. A more detailed evaluation reveals that most TN tumors express basal/myoepithelial cell specific cytokeratins (CK5/6, CK14, and CK17), vimentin, epidermal growth factor receptor (EGFR), and markers of a high proliferative state [\[15](#page-5-0), [16,](#page-5-0) [22–24\]](#page-5-0). These features constitute the molecular hallmarks of the basal-like tumor intrinsic subgroup. However, as many as one-third of tumors identified as TN exhibit a non-basal genomic profile [[25\]](#page-5-0), and it has been reported that about 1,700 genes are differentially expressed when CK5/CK14-positive ER-negative tumors were compared to CK5/CK14-negative ER-negative tumors [[26\]](#page-5-0). TN tumors that do not manifest the typical basal-like molecular signature generally have a better prognosis, particularly among those tumors that express activation of complement, immune responsiveness, androgen receptor, and ER responsive genes such as GATA3, TFF1, and DNALI1 [\[27](#page-5-0)]. Such observations indicate that TN breast cancers exhibit a range of molecular and clinical properties, and furthermore that TN tumors are actually not a single type, but rather comprised of several subtypes with different molecular characteristics, natural histories, and respon-siveness to treatment (Fig. 1) [[9](#page-5-0), [28–31](#page-5-0)].

Older classification methods are being supplanted by molecular characterization utilizing immunohistochemistry or gene profiles [[17,](#page-5-0) [18,](#page-5-0) [21\]](#page-5-0). The rationale for this evolution is based on better defining the heterogeneity within the



Fig. 1 ''Triple negative'' disease in the context of ''basal-like'' breast cancer classification of so-called triple negative breast cancers is beginning to be modified by inclusion of immunohistochemistry for various markers. Triple negative breast cancers exhibit a range of molecular and clinical properties that suggest that they are comprised of several subtypes. There is a tendency to equate basal-like tumors with triple negative due to ER/PR negative status and no amplification and/or overexpression of HER2, yet as many as 10–20% of triple negative tumors exhibit a non-basal genomic profile and there appear to be at least 5 molecular subtypes. Evaluating the molecular characteristics, between the different subtypes may be essential to understanding the natural histories and their responsiveness to treatment



Fig. 2 Potential therapeutic targets for triple negative breast cancer [[27](#page-5-0), [36,](#page-5-0) [70,](#page-6-0) [71](#page-6-0)]. The majority of therapeutic targets currently under investigation fall within three broad categories: anti-angiogenesis (bevacizumab and other anti-VEGF compounds), stabilization of microtubules (MSAs such as ixabepilone), and deoxyribonucleic acid (DNA) repair (including platinums and PARP inhibitors, such as olaparib and BSI-120)

TN breast cancer cohort and on providing prognostic and predictive information to inform treatment decisions. The majority of therapeutic targets currently under investigation fall within three broad categories: anti-angiogenesis, stabilization of microtubules, and deoxyribonucleic acid (DNA) repair [[32,](#page-5-0) [33](#page-5-0)] (Fig. 2).

Several molecules integrally involved in DNA repair are aberrantly expressed in TN breast cancer, which may have implications for chemotherapy sensitivity [[9,](#page-5-0) [25–27](#page-5-0), [29](#page-5-0)– [31](#page-5-0)]. Comparative genomic hybridization studies indicate that basal-like tumors have characteristic increased DNA copy number alterations, consistent with genomic insta-bility [\[34](#page-5-0)]. Several additional and targetable molecular pathways implicated in the pathogenesis of basal-like breast cancer include the mitogen-activated protein kinase (MAPK) pathway, the AKT pathway, p53 mutations (reported in 40–80% of cases), and the poly adenosine diphosphate ribose polymerase 1 (PARP1) pathway. The extent to which the breast cancer gene 1 (BRCA1) pathway contributes to the behavior of sporadic basal-like breast cancers is an area of active research.

## Outcome to standard therapies

Although neither endocrine nor anti-HER2 therapies are viable treatment options for patients with TN disease, several studies document that these tumors are sensitive to neoadjuvant therapies—mostly including anthracyclines and taxanes [\[24](#page-5-0), [28\]](#page-5-0). In several studies, these tumors have demonstrated greater response to neoadjuvant chemotherapy compared to other breast tumor types. However, somewhat paradoxically, in spite of initial responsiveness,

these patients have an unacceptable risk of tumor relapse and mortality [\[18](#page-5-0), [35](#page-5-0)].

For example, patients with TN breast cancer had a higher pathological response to neoadjuvant anthracyclinebased treatment administered at Peking University People's Hospital (38%) compared to 12% in those with non-TN disease,  $P = 0.002$ , but overall decreased diseasefree survival rates  $(P = 0.004)$  [\[24](#page-5-0)]. These investigators did note that if pathologic complete response (pCR) was achieved, patients with TN breast cancer and non-TN breast cancer had similar survival  $(P = 0.497)$ . However, patients who did not exhibit pCR had significantly worse survival if they had TN tumors compared with non-TN breast cancer ( $P < 0.05$ ) [\[24](#page-5-0)]. Similar data of poor overall outcome to anthracycline-based adjuvant treatment was reported by Tan et al. [\[19](#page-5-0), [36\]](#page-5-0). Liedtke et al. [\[37](#page-5-0)] described outcome to anthracycline plus taxane-based neoadjuvant treatment for patients treated at M.D. Anderson Cancer Center, consistent with a higher pathological complete response in TN versus non-TN breast cancer (22 vs. 11%, respectively,  $P = 0.034$ , but decreased 3-year progression-free survival (PFS) rates  $(P < 0.0001)$  and overall survival (OS) rates ( $P = 0.027$ ). Of interest was that recurrence and death rates were higher for TN breast cancer but only in the first 3 years; if pCR was achieved, both cohort of patients had similar survival  $(P = 0.027)$ ; but those with residual disease at surgery had a worse outcome compared to those with non-TN breast cancer  $(P < 0.0001)$  [\[24](#page-5-0)].

Pre-clinical data suggest that TN tumors may have increased sensitivity to agents whose mechanism of action involve DNA repair. Platinum compounds act by intercalating into DNA and non-DNA targets and causing induction of cell death via the inhibition of transcription and/or DNA replication mechanisms [[38\]](#page-5-0). A few studies evaluating platinum agents in patients with TN breast cancer in the metastatic setting have been performed. However, it remains unclear whether such drugs particularly target this subtype of breast cancer. A retrospective study from Korea looking at the outcomes of patients with TN metastatic breast cancer in comparison with patients with other subtypes, all treated with a taxane plus platinum containing regimens, demonstrated no difference in the response rate among these 2 groups of patients (37.5 vs. 38.5%) [[39\]](#page-5-0). However, patients with TN breast cancer had a shorter time to death after chemotherapy (19 vs. 50 months,  $P = 0.037$  and overall survival (21 vs. 56 months,  $P = 0.030$ . A similar retrospective study from the United Kingdom [[40\]](#page-5-0) demonstrated that patients with advanced TN breast cancer treated with platinum-based chemotherapy had overall response rates that were similar to those with non-TN tumors (41 vs.  $31\%$ ;  $P = 0.3$ ), but, in this study, these patients had a longer progression-free

survival (6 vs. 4 months;  $P = 0.05$ ) and similar OS (11 vs. 7 months;  $P = 0.1$ ) than the other patients. Additional prospective trials are needed to determine the true role of platinum compounds in patients with TN tumors. One such trial is the phase III randomized Triple Negative Trial (TNT), conducted by the European National Cancer Research Institute (NCRI), in patients with metastatic TN disease ( $N = 370-450$ ), who will be randomized to either six cycles of carboplatin or six cycles of docetaxel as firstline therapy with a cross-over design upon progression (NCT00532727) [\[41](#page-5-0)].

Two neoadjuvant studies suggest that platinum-based regimens have a potentially important role to play in chemotherapy naive patients with TN breast cancer. A preoperative NCCTG study (N0338) of dose dense (dd) docetaxel and carboplatin  $\times$  four cycles in 57 patients with locally advanced breast cancer demonstrated a clinical response of 75% (15 cCR, 28 cPR), including a pCR rate of 16% (9/57). However, the pCR for patients with TN tumors was 43% (4/9) [[42\]](#page-5-0). The other study provided four cycles of single agent cisplatin in 28 patients with stage II or III TN tumors and reported a pCR of 22% (6/28). Additional neoadjuvant clinical trials with platinum compounds in combination with other drugs targeting patients with TN disease are currently ongoing. These include the phase II studies of cisplatin with the novel PARP-1 inhibitor AZD-2281 (NCT00782574) [\[43](#page-6-0)]; gemcitabine and carboplatin in combination with the PARP-1 inhibitor BSI-201 (NCT008- 13956) [[44\]](#page-6-0); paclitaxel plus carboplatin in combination with the multikinase inhibitor sutinib (NCT00887575) [\[45](#page-6-0)]; and docetaxel plus carboplatin in combination with the HER1/EGFR inhibitor erlotinib (NCT00491816) [[46\]](#page-6-0).

A particular group of patients with TN tumors that may respond better to the platinums are those patients with BRCA1 mutation. BRCA1 is a tumor suppressor gene which, when mutated, is associated with the development of hereditary breast cancers. Most breast cancers that develop in patients with a BRCA1 mutation are of the TN phenotype. However, loss of BRCA1 can also be observed in sporadic tumors [\[47](#page-6-0), [48](#page-6-0)]. Sporadic basal-like breast cancer tumors are characterized by the dysfunction of the BRCA1 pathway caused by BRCA1 gene promoter methylation, BRCA1 transcriptional inactivation, or both [[48–51\]](#page-6-0). BRCA1 expression is important in DNA repair, transcriptional regulation, and activation of cell-cycle checkpoints, ubiquitination, and maintenance of chromosomal stability [\[52](#page-6-0)]. Preclinical studies indicate that tumors with BRCA1 dysfunction harboring deficient double-stranded DNA break repair mechanisms are sensitive to agents that cause DNA damage, such as platinum agents.

The observation that TN tumors overexpress the EGFR led to the development of two phase II studies investigating the activity of cetuximab, a monoclonal anti-EGFR

antibody, in patients with metastatic TN breast cancer. The first phase II study targeted 102 patients with previously treated disease with the combination of cetuximab and carboplatin. This regimen achieved an overall response rate of 18% and an overall clinical benefit rate of 27%. Unfortunately, time to progression was short (2 months), and OS was only 12 months [\[53](#page-6-0)]. The other study reported the preliminary results of a randomized phase II trial that investigates the combination of irinotecan and carboplatin with or without cetuximab in 103 patients also with advanced TN disease [\[54](#page-6-0)]. This study reported that the combination of chemotherapy plus cetuximab led to a higher response rate (49 vs. 30%) but it was associated with a much greater incidence of grade 3–4 adverse events. Currently there is a neoadjuvant phase II study in development evaluating the combination of docetaxel and cetuximab in patients with TN breast cancer (the TENEO study; NCT00600249) [[55\]](#page-6-0).

An agent that may have particular activity in patients with TN tumors is ixabepilone. This is the first epothilone B-analog approved for the treatment of patients with metastatic breast cancer. A pooled analysis of data from 399 patients with TN tumors who participated in two phase III trials of ixabepilone plus capecitabine demonstrated this regimen achieved an ORR of 31% and a median PFS time of 4.2 months [\[56](#page-6-0)]. These results were similar to those obtained in patients with non-TN metastatic breast cancer and support the use of this agent in the adjuvant PACS 08 trial.

#### Newer approaches

Novel adjuvant therapy approaches are guided by data in preclinical models, molecular profiling, and results of trials in metastatic disease. A variety of well-planned adjuvant clinical trials concentrating on patients with TN disease are ongoing, investigating the role of ixabepilone, platinum agents, and anti-VEGF approaches.

The PACS 08 [\[57](#page-6-0)] adjuvant trial builds on the data from the PACS 01 and preclinical/neoadjuvant/metastatic data with ixabepilone [\[56](#page-6-0), [58](#page-6-0), [59\]](#page-6-0). This is a multi-cooperative group randomized phase III study of patients with TN (or  $ER- HER- PR+$  if tumors  $> 2$  cm), randomized to three cycles of FEC (5-fluorouracil  $+$  epirubicin  $+$  cyclophosphamide) followed by either three doses of docetaxel or ixabepilone, each dose every 3 weeks.

The phase III adjuvant TITAN [[60\]](#page-6-0) trial evaluates four cycles of standard doxorubicin plus cyclophosphamide followed by either four cycles of ixabepilone or 12 doses of weekly paclitaxel [\[61](#page-6-0)].

The GEICAM 2006-03 [[62\]](#page-6-0) is a randomized phase II neoadjuvant study and includes two sub studies [\[63](#page-6-0)]. First, a sample of the primary tumor is analyzed by immunohistochemistry (for cytokeratins and ER/PR/ HER2). Second, and depending on the expression of these markers, the patients are characterized as having either luminal A or basal subtype of breast cancer, with random assignment to a standard or experimental treatment. The randomization for those assigned to the basal phenotype is four doses of standard epirubicin  $+$  cyclophosphamide every 3 weeks followed by either four doses of docetaxel or docetaxel plus carboplatin.

The North American Intergroup study CALGB 40603 [\[64](#page-6-0)] is a randomized phase II neoadjuvant trial of 12 doses of paclitaxel at 80 mg/m<sup>2</sup>  $\pm$  four doses of carboplatin at AUC =  $6 \pm$  nine doses of bevacizumab 10 mg/kg, followed by four doses of dose-dense (dd) doxorubi- $\sin$  + cyclophosphamide [\[65](#page-6-0)].

The phase III adjuvant BEATRICE study [\[66](#page-6-0)] uses a fairly pragmatic approach to evaluate various chemotherapy agents with or without bevacizumab at a 5 mg/kg per week ''equivalent'' (in other words 10 mg/kg when used every 2 weeks, or 15 mg/kg when used every 3 weeks) for patients with TN breast cancer.

Accrual to these studies is critical to determining whether any of these agents should supplant or be routinely added to anthracyclines and taxanes. Added to the already active adjuvant portfolio are two facts: (1) these trials are in general accompanied by collection of tumor and blood specimens (important for translational research) and (2) there are several neoadjuvant and metastatic trials targeting novel approaches (such as PARP and histone deacetylase (HDAC inhibitors) which we hope will demonstrate enough antitumor activity to warrant subsequent adjuvant evaluation.

Of the areas of significant novel interest, both the Notch–survivin gene pathway and PARP arguably deserve higher consideration. Immunohistochemistry and genetic signature evaluations of TN breast cancer have identified that activated Notch-1 is preferentially expressed in breast cancer, segregates with basal-like disease and is correlated with decreased survival [[27,](#page-5-0) [67](#page-6-0)]. It has been proposed that upregulation of survivin via a Notch-dependent mechanism may suppress apoptosis, disrupt cell cycling, and possibly promote resistance to common therapeutics such as taxanes and platinum compounds [\[27](#page-5-0)]. Additionally since Notch is proposed to have a role in the differentiation and maintenance of mammary progenitor/stem cells [[68\]](#page-6-0), a Notch– survivin pathway may contribute to higher recurrence rates. Thus, Notch and survivin antagonists are logical agents to be evaluated.

PARP is a nuclear enzyme that signals or detects the presence of DNA damage by catalyzing the addition of ADP-ribose units to DNA, histone and various DNA repair enzymes, and also by facilitating DNA repair [\[13](#page-5-0), [69,](#page-6-0) [70](#page-6-0)]. In vitro and in vivo models have demonstrated that PARP inhibitors potentiate the activity of DNA-damaging agents such as alkylators, platinums, and topoisomerase inhibitors. Tumors with DNA repair defects (such as those with BRCA mutations or basal-like tumors with dysfunctional BRCA activity) may be more sensitive to PARP inhibition. A recently presented randomized phase II trial of patients with advanced TN tumors treated with carboplatin and gemcitabine alone or in combination with the PARP-1 inhibitor BSI-201, demonstrated that this novel agent significantly improved ORR (48 vs.  $16\%$ ,  $P = 0.002$ ), PFS  $(6.9 \text{ vs. } 3.3 \text{ months}, \text{ HR} = 0.342, P < 0.0001), \text{ and med-}$ ian OS (9.2 vs. 5.7 months,  $HR = 0.348$ ,  $P = 0.0005$ ) when added to the chemotherapy. This data has now led to an ongoing phase III trial. Studies with other PARP-1 inhibitors such as AGO14699, AZD-2281, and ABT-888 are also ongoing or in development. It is important to note that defects in homologous recombination repair can also be caused by loss of function of proteins other than BRCA1 and BRCA2, potentially widening the utility of this therapeutic strategy. Additionally, epigenetic events can cause some sporadic tumors to appear as phenocopies of BRCA1 or BRCA2 deficient tumors without actually possessing germline mutations in either of these genes [[72\]](#page-6-0), again increasing the potential efficacy of this line of therapy.

#### Conclusion

These so-called TN tumors (HER2-/ER-/PR-) are currently best treated with conventional adjuvant or neoadjuvant anthracycline and taxane chemotherapeutic drugs. Although significant initial responses are often observed, disease-free survival is significantly reduced in this type of cancer patients. Ongoing neoadjuvant and adjuvant trials are evaluating novel anti-tubulin agents such as ixabepilone, the platinums, as well as anti-angiogenesis agents such as bevacizumab. Other targeted agents, including EGFR, and PARP, as well as modulators of other DNA repair enzymes, are currently tested in metastatic clinical trials and hold promise in the treatment of this aggressive disease.

Accumulating evidence suggests that TN tumors may be comprised of several subtypes with different molecular characteristics, natural histories, and responsiveness to treatment  $[9, 28-31]$  $[9, 28-31]$ . Thus, there is a pressing need to identify the molecular basis that underlies the etiology and pathophysiology of TN tumors and to use this information to develop new therapies that specifically target tumors of this class and its putative subclasses.

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