#### **ORIGINAL PAPER**



# **EEG Electric Field Topography is Stable During Moments of High Field Strength**

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## **Abstract**

Spontaneous broadband electroencephalography (EEG) demonstrates short moments of stability in the spatial distribution of the head-surface voltage topography. This phenomenon underlies the premise behind segmenting multichannel EEG into topographically defned brain states, known as EEG *microstates*. Microstate segmentation methods commonly identify representative topographical confgurations based on clustering applied to a subset of voltage maps selected at the time series points of greatest strength in the neuroelectric feld. These moments are well-reasoned to best represent periods of momentary stability in the voltage topography, and consequently, points of greatest signal relative to noise. Yet, more direct empirical evidence for these assumptions is warranted, and the consistency of this phenomenon across individuals has not been characterized. In the present investigation, the association between electric feld strength and topographic dissimilarity of temporally adjacent samples of EEG were characterized in a large sample of healthy adults engaged in quiet rest. Samples of individuals' EEG time series high in electric feld strength were found to be topographically similar relative to adjacent time series samples. The strong phase-synchronized actvity of neuronal populations therefore coincides with momentary stability in the topographic voltage confguration, providing robust empirical support for the basic premise underlying segmentation of broadband EEG into microstates.

**Keywords** EEG · Global feld power · Microstates · Topographic dissimilarity

Scalp recorded broadband electroencephalography (EEG) exhibits moments of spontaneous topographic stability that appear to be fundamental to the coordinated dynamics of the neuroelectric feld. When carefully examined over short time scales, the spatial distribution of the head-surface voltage

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topography plotted as a succession of three-dimensional voltage maps gives the impression of short periods of stability, in which a particular topographic configuration predominates momentarily  $({\sim}40{\text{--}}120\text{ ms})$  before quickly transitioning to a different quasi-stable configuration. Moreover, the same topographic confgurations appear to be common to a large portion of the voltage maps present during these periods of quasi-stability. These observations underlie the premise behind the segmentation of multichannel EEG time series into *microstates* based on clustering of topographic patterns to identify the millisecond spatiotemporal dynamics of coordinated brain states (Lehmann et al. [1987;](#page-10-0) Wackermann et al. [1993](#page-10-1)).

Spatial decomposition of EEG time series into microstates has consistently identifed a limited set of datadriven clusters of voltage maps that explain a large portion of observed topographic variance (see for review, Khanna et al. [2015](#page-10-2); Michel and Koenig [2018\)](#page-10-3). Each distinct topographic confguration of voltage distribution implies by physical laws diferent distributions of active neural generators in the brain (Vaughan [1982\)](#page-10-4), allowing topography to be used to defne changes in the activity of predominating whole-brain neuronal networks. That dozens of studies have consistently identifed similar clusters of maps when segmenting spontaneous EEG into microstates, suggests a common brain network architecture underlying sources of spontaneous phase-synchronized activity observed at rest (Michel and Koenig [2018](#page-10-3)). Furthermore, the electrical brain sources of microstates align with several fMRIderived resting state functional networks (Britz et al. [2010](#page-10-5); Custo et al. [2017](#page-10-6); Brechet et al. [2019](#page-10-7)). This makes the microstate approach timely given increasing interest in segmenting the spontaneous organization of brain activity into coordinated networks.

Methods of defning microstates based on topography have commonly utilized topographic clustering methods applied to a subset of voltage maps (e.g., Michel et al. [2009](#page-10-8)), selected at the local maxima in the time series of global electric feld strength. These points can be quantifed based on the global feld power (GFP), which refects a referenceindependent measure of the strength of synchronized brain response at a moment in time (Skrandies [1990](#page-10-9)). Selecting voltage maps at local GFP maxima for topographic clustering has remained a defensible approach because of the observation that moments of strong phase-synchronized activity generally demonstrate quasi-stability in their voltage topography (Skrandies [1990\)](#page-10-9). These moments are therefore suggested to refect points of greatest signal relative to noise (Koenig and Brandeis [2016\)](#page-10-10), making local peaks in the GFP time series ideal candidates for identifying quasi-stable topographic confgurations present in the EEG.

The most striking evidence for these suppositions, however, come from the broad success of topographic clustering approaches in identifying common microstate confgurations across studies, and the utility of segmentation procedures in defning time series sequences of microstates (Michel and Koenig [2018\)](#page-10-3). Large proportions of topographic variance in the continuous EEG are therefore explained by only a few microstate cluster centroids identifed from clustering of voltage maps at local peaks in the GFP time series (e.g., Seitzman et al. [2017;](#page-10-11) Zanesco et al. [2020](#page-10-12)). The centroids of clusters (i.e., microstate confgurations) are subsequently used to categorize the EEG in a winner-take-all fashion according to the cluster centroid with the strongest spatial correlation between it and each voltage map in the time series. Yet, recent studies have also called into question some of the basic assumptions of the microstate approach. Namely, Mishra et al. [\(2020\)](#page-10-13) have questioned the assumption that each voltage map in the EEG time series is best represented by only a single discrete microstate (i.e., the winner-take-all principle). This "discreteness assumption" implies that EEG data is distributed closely around a limited number of microstate confgurations, and is supported by the observation that voltage maps remain in a single, relatively

similar configuration for brief periods of time before quickly transitioning to other confgurations.

Instead, Mishra et al. ([2020](#page-10-13)) found that assumptions about topographic discreteness are most valid for peaks in the GFP time series (i.e., local GFP maxima) but are less valid when GFP is low. This makes sense in that microstate cluster confgurations are themselves commonly derived from voltage maps at local GFP maxima, which are well-reasoned to refect points of greatest signal relative to noise. But local GFP maxima can also have low GFP relative to other samples in the overall distribution. Accordingly, voltage maps with lower GFP—even those at local GFP maxima—are less likely to be best represented by only a single discrete microstate confguration (Mishra et al. [2020\)](#page-10-13). This is consistent with other work demonstrating uncertainty in the microstate solution for samples with low GFP (Dinov and Leech [2017](#page-10-14)). Thus, categorizing voltage maps into classes of microstates is more probabilistic than certain, and the winner-take-all approach will lead to uncertain categorizations for some samples of the EEG time series (Dinov and Leech [2017](#page-10-14); Mishra et al. [2020](#page-10-13)).

More empirical studies investigating the basic assumptions of the microstate approach are therefore warranted. Empirical evidence supporting the basic association between GFP and topographic stability in spontaneous EEG collected at rest has not been comprehensively reported in the literature. Koenig and Brandeis [\(2016\)](#page-10-10), however, provided one compelling demonstration of the strong within-person association between GFP and momentary topographic stability in the EEG time series. By calculating the similarity between temporally adjacent voltage maps, they quantifed fuctuations in the topographic stability of voltage maps. They then demonstrated a strong association between samples with high GFP and topographic similarity with adjacent samples in an hour-long EEG recording acquired from a single individual (Koenig and Brandeis [2016](#page-10-10)). This was an important observation, but the consistency of this phenomenon across a wider range of individuals has not been characterized.

In the present investigation, I revisit the basic premise behind EEG microstate analysis that periods of strong phasesynchronized neural activity demonstrate topographic stability for brief moments of time. In line with the approach used by Koenig and Brandeis ([2016](#page-10-10)) to demonstrate this principle, I examined the consistency and variability of associations between GFP and topographic dissimilarity of adjacent samples of EEG in a large sample of healthy adults. True to the notion that strong activity of phase-synchronized neuronal populations coincides with periods of topographic stability, samples of the EEG time series high in GFP ought to be topographically similar relative to adjacent samples.

16-minutes of scalp recorded multichannel EEG were acquired from 216 healthy adults at rest by Babayan et al. ([2019\)](#page-10-15) and de-identifed data was made publicly available on a data-sharing repository. Resting EEG were divided into eyes closed (8-min) and eyes open (8-min) epochs. Using these data, I calculated within-person correlations between the GFP and topographic dissimilarity of temporally adjacent (*sample t* and *sample t −* 1) voltage maps for all samples of individuals' EEG recordings (Skrandies [1990](#page-10-9); Murray et al. [2008\)](#page-10-16). In addition to supporting the notion that maps at local maxima of GFP are strong indicators of momentary stability in topographic confguration, voltage maps with high feld strength and stable topography ought to refect optimal points for clustering voltage maps to obtain common patterns of global microstate confgurations across individuals. To address this question, I examined the degree to which the GFP and topographic dissimilarity of voltage maps were predictive of their spatial correlation with microstate confgurations identifed through topographic clustering.

## **Methods**

### **Participants**

227 participants were recruited to participate as part of the MPI-Leipzig Mind-Brain-Body study (MPILMBB; Babayan et al. [2019\)](#page-10-15). Participants were recruited as part of two separate age cohorts. The younger age cohort was between 20 and 35 years old (*N*=153, 45 females, age *M*=25.1 years, *SD*=3.1) and the older age cohort was between 59 and 77 years old (*N*=74, 37 females, age *M*=67.6 years, *SD*=4.7). Participants underwent an extensive medical and psychological screening procedure before inclusion (see Babayan et al. [2019](#page-10-15)). Resting EEG was recorded from 216 of these participants at the Day Clinic for Cognitive Neurology of the University Clinic Leipzig and the Max Planck Institute for Human Cognitive and Brain Sciences (MPI CBS) in Leipzig, Germany. Written informed consent was obtained prior to participating in the study, and all participants received monetary compensation. The study was carried out in accordance with the Declaration of Helsinki and the study protocol was approved by the ethics committee of the University of Leipzig (Reference #154/13-f).

#### **Procedure**

16 min of resting EEG was acquired from 216 participants in a sound attenuated chamber prior to the administration of psychological questionnaires and assessments including a psychiatric interview (SCID; Wittchen et al. [1997](#page-10-17)). Each EEG recording was divided into 16 contiguous 1-min blocks, with two conditions interleaved, eyes closed and eyes open, beginning with the eyes closed condition. Presentation software (Neurobehavioral Systems Inc., USA) was

used to indicate changes between blocks. Participants were instructed to fxate on a black cross presented on a white background during the eyes open blocks.

## **EEG Data Collection and Processing**

Resting EEG was recorded from a 62-channel active electrode cap (ActiCAP, Brain Products GmbH, Germany), with 61 channels in the international 10–20 system arrangement and one additional electrode below the right eye recording vertical eye movements. The reference electrode was located at electrode position FCz and the ground was located at the sternum. Electrode impedance were kept below 5 kΩ. Data were acquired with a BrainAmp MR plus amplifer (Brain Products GmbH, Germany) at an amplitude resolution of 0.1  $\mu$ V and sampling rate of 2500 Hz. EEG were bandpass fltered online between 0.015 Hz and 1 kHz, subsequently downsampled offline to 250 Hz, and bandpass filtered between 1 and 45 Hz (Butterworth flter, flter order 4). 8-min eyes closed and eyes open epochs were separately concatenated.

Preprocessed EEG recordings (Babayan et al. [2019](#page-10-15)) were made available for use to interested researchers on a data-sharing repository ([https://ftp.gwdg.de/pub/misc/](https://ftp.gwdg.de/pub/misc/MPI-Leipzig_Mind-Brain-Body-LEMON/) [MPI-Leipzig\\_Mind-Brain-Body-LEMON/](https://ftp.gwdg.de/pub/misc/MPI-Leipzig_Mind-Brain-Body-LEMON/)). As reported by Babayan et al. [\(2019](#page-10-15)), outlier channels with poor signal quality, extreme peak-to-peak defections, or large bursts of high frequency activity, were excluded based on visual inspection. Principal component analysis (PCA) was used to reduce the dimensionality of the data by keeping components that explain 95% of the total data variance. Infomax independent component analysis (ICA) was used to remove components refecting eye movements, eye blinks, or heartbeat related signal contaminants. Remaining independent components  $(M=21.4$  components, range: 14–28) were then reconstructed and projected back to sensor space. 13 participants were excluded due to missing event information, different sampling rate, or insufficient data quality.

Following collection of the 406 preprocessed EEG recordings from 203 participants from the data-sharing repository, missing electrodes were interpolated based on spherical spline interpolation to a 64-channel montage and average-referenced using the Cartool software toolbox version 3.7 (Brunet et al. [2011](#page-10-18)). To focus my analyses on healthy individuals, I excluded 12 additional participants from further analysis because the psychiatric interview conducted at the second assessment identifed potential psychological concerns (e.g., substance abuse or unspecifed hallucinations). This left 191 participants in the current analysis, with an average of 7.83 min (*SD*=0.51) of eyes closed and 7.77 min  $(SD=0.53)$  of eyes open resting EEG.

a 64-channel EEG voltage time series and corresponding GFP and DISS





<span id="page-3-0"></span>**Fig. 1** One second of 64-channel eyes-closed resting EEG (sampled at 250 Hz) is shown (**a**) from a recording chosen at random. The global feld power (GFP) is calculated from the multichannel EEG and refects a measure of the ongoing strength of the electric feld. The periodicity of peaks in GFP coincide with oscillations at the dominant EEG frequency. Topographic dissimilarity (DISS) is also calculated and refects a measure of the diference in spatial confguration between electric felds of temporally adjacent (*sample*   $t$  and *sample*  $t - 1$ ) voltage maps, independent of their strength. GFP

appears inversely correlated with topographic dissimilarity. **b** Rows depict the time series succession of voltage maps from left to right of 1 s of EEG. Voltage maps are 2D isometric projections with nasion upwards. Voltage maps are highlighted at the local maxima in the global feld power (GFP). The topography generally appears quasistable for several samples surrounding local GFP maxima. *k*-means clustering of maps at local GFP maxima identifed six optimal subject-level topographic clusters of maps for this individual

# **Global Field Power and Topographic Dissimilarity**

Global feld power (GFP) and topographic dissimilarity (DISS) of temporally adjacent samples (*sample t* −1) were calculated for samples of the EEG time series. GFP is a reference-independent measure of voltage potential  $(\mu V)$  that quantifes the strength of the scalp electric feld at a given sample of the recording and is equivalent to the standard deviation of amplitude across the average-referenced electrode montage (Skrandies [1990](#page-10-9); Murray et al. [2008\)](#page-10-16). GFP was calculated for all samples of the EEG time series for the remaining 191 participants (382 total eyes closed and eyes open recordings). Furthermore, the diference in topography between temporally adjacent voltage maps was calculated based on the measure of global topographic dissimilarity (Skrandies [1990;](#page-10-9) Murray et al. [2008\)](#page-10-16). DISS is quantifed as the square root of the mean of squared diferences between GFP normalized electrodes and refects a measure of the overall diference in spatial confguration between two electric felds, independent of their strength. DISS was calculated between the voltage map of each time series sample (*sample t*) and the map of the preceding sample (*sample t*  −1). This quantifed the topographic dissimilarity between voltage maps in subsequent moments.

Figure [1](#page-3-0)a depicts the calculation of GFP and DISS from 1 s of EEG from a participant chosen at random. High DISS indicates that the voltage map of the current sample and the preceding sample were dissimilar in spatial confguration. Values of GFP and DISS were log-transformed and the correlation between the strength of the electric feld and dissimilarity of temporally adjacent voltage maps was calculated for the EEG time series of each individual recording. Correlations were compared between eyes closed and eyes open conditions with a paired *t* test after Fisher *r* to *z* transformation. In addition, the GFP and DISS of samples selected at the local GFP maxima of the EEG time series were compared to all the remaining samples of each individual recording, and the proportion of variance accounted for by local GFP maxima was examined. Figure [1b](#page-3-0) depicts the time series of voltage maps from 1 s of EEG with maps at local GFP maxima indicated. There were 14624.6 (*SD* =2371.0) and 16669.1 (*SD* =2357.7) samples at the local GFP maxima on average for individuals in the eyes closed and eyes open conditions, respectively. This was out of  $117839.9$  ( $SD = 7616.2$ ) total EEG samples in the eyes closed condition and 116538.4 (*SD*=7918.0) samples in the eyes open condition on average. Finally, diferences in the association between GFP and DISS were examined for samples at the local GFP maxima compared to other samples. The amount of variance explained in DISS by the interaction between GFP and whether a sample was selected at the local GFP maxima was examined, over and above both main effects alone.



<span id="page-4-0"></span>**Fig. 2** Five global cluster centroids were identifed from *k*-means clustering during 8-min of eyes closed and 8-min of eyes open rest. 1938 cluster centroids derived from *k*-means clustering of voltage maps at GFP peaks from 382 individual subject recordings are

shown grouped according to their global cluster membership. Voltage topographies are 2D isometric projections with nasion upwards. Each global topography (A through E) is the centroid of respective clusters of maps

# **Topographic Clustering and Microstate Segmentation**

Topographic microstate segmentation of EEG and parameterization of the microstate time series in the 191 participants (382 recordings) was previously reported in Zanesco et al. ([2020](#page-10-12)). The results of topographic clustering are summarized below. Briefy, topographic clustering of voltage maps at local GFP maxima was conducted separately for each individual recording. The adapted *k*-means clustering procedure, implemented in Cartool (Brunet et al. [2011\)](#page-10-18), revealed an optimal number of 4 to 8 subject-level centroid topographies (totaling 1940 topographies) for each individual EEG recording  $(M=5.08, SD=0.94)$  that explained 81.71% (*SD* = 4.36, range = 72.31–91.90) of GEV of centroids on average in the eyes closed condition and 78.84%  $(SD=3.45, \text{range}=68.76-88.37)$  in the eyes open condition. A second round of clustering of individual subject-level centroids revealed fve global clusters that together explained 85.03% of the GEV in the 1940 individual subject-level cluster centroid topographies. These fve clusters, designated as microstate confgurations A through E, were retained as the optimal number of global clusters. Figure [2](#page-4-0) depicts the fve optimal global cluster centroids and the 1938 individual subject-level cluster topographies (two topographies went unassigned) grouped according to their cluster membership.

The dependence of the microstate ftting procedure on the strength and topographic stability of the electric feld was also examined. Spatial correlations were calculated between GFP normalized EEG samples and each of the fve global microstate cluster centroids. Polarity was ignored when calculating spatial correlations and only the relative spatial confguration was considered. EEG were spatially smoothed in Cartool using the spatial interseptile weighted mean to minimize the infuence of outliers in the electrode montage. The maximal spatial correlation between microstate cluster centroids was retained for each sample. This is in line with the winner-take-all principle commonly used to categorize samples of EEG according to the microstate that best represents each voltage map in the time series. The correlation between log-transformed GFP and DISS, and the Fisher *r* to *z*-transformed spatial correlation with microstate cluster centroids, were calculated for samples of each individual recording.

## **Results**

## **Global Field Power and Topographic Temporal Stability**

Within-person correlations were calculated between the GFP of each sample and the topographic dissimilarity (DISS) between temporally adjacent (*sample t* and *sample t –* 1) voltage maps for the EEG time series of each recording. Values of GFP and DISS were also log-transformed. Figure [3](#page-6-0) depicts scatterplots demonstrating the association between GFP and DISS, and log-transformed GFP and DISS, for 4 eyes-closed and 4 eyes-open EEG recordings chosen at random. As can be seen, the DISS of temporally adjacent maps was low at points of high GFP. The reverse, however, does not appear to be true. At points of low GFP, DISS ranged across the entire distribution of values.

Strong negative correlations between log-transformed GFP and DISS were observed on average in both the eyes closed (*mean r* =  $-$  0.658, *SD* = 0.060, 95% CI [ $-$  0.667,  $-$  0.650]) and eyes open conditions (*mean*  $r = -0.663$ ,  $SD = 0.065$ , 95% CI  $[-0.672, -0.654]$ .<sup>[1](#page-5-0)</sup> One individual was a clear outlier overall (eyes closed  $r = -0.261$  and eyes open  $r = -0.311$ ), and there were two other outlier eyes open recordings with  $r = -0.293$  and  $r = -0.332$ , respectively. All the remaining correlations were strongly negative and ranged from  $r = -0.453$  to  $-0.766$  for the eyes closed condition, and  $r = -0.426$  to  $-0.766$  for the eyes open condition. Figure [4](#page-7-0) depicts the mean correlations for each condition and range of correlations among individuals.

Fisher *z*-transformed correlations did not significantly differ between conditions,  $t(190) = 1.338$ ,  $p = 0.182$ , but were positively correlated within-persons across conditions (*r*=0.582, *p*<0.001, 95% CI [0.480, 0.669]). These fndings confrm the robust association between GFP and topographic temporal stability in a large sample of healthy adults. Voltage topography at moments of high electric feld strength is therefore more temporally stable than when feld strength is lower.

## **Global Field Power and Topographic Temporal Stability at Local GFP Maxima**

The topographic dissimilarity (DISS) between temporally adjacent (*sample t* and *sample t –* 1) voltage maps was next compared between samples selected at the local GFP maxima of the EEG time series and all remaining samples. Figure [5](#page-8-0) depicts scatterplots between GFP and DISS, and log-transformed GFP and DISS, for samples (in yellow) selected at the local GFP maxima in the EEG time series. As depicted, samples selected at the local GFP maxima have consistently lower DISS compared to the overall distribution. In contrast, local GFP maxima vary in magnitude across the entire range of the GFP distribution.

Accordingly, the log-transformed DISS of samples at the local GFP maxima was lower on average compared to all the remaining samples in both the eyes closed ( $M_{diff} = -0.375$ , *SD* = 0.076, 95% CI [- 0.386, - 0.364]) and eyes open conditions ( $M_{diff}$  = – 0.316, *SD* = 0.059, 95% CI [– 0.324, – 0.308]). Whether a sample was selected at the local GFP maxima (or not) explained roughly 5% of the variance in log-transformed DISS on average in both the eyes closed (*mean R*<sup>2</sup>=0.054, *SD*=0.012, 95% CI [0.052, 0.056]) and eyes open conditions (*mean*  $R^2 = 0.052$ , *SD* = 0.014, 95% CI [0.050, 0.054]). These fndings provide further support for the premise that points of local GFP maxima demonstrate greater topographic stability compared to the overall distribution of EEG samples (see Fig. [5\)](#page-8-0). The basic premise of microstate segmentation that voltage maps at local GFP maxima are strong indicators of momentary stability in topographic confguration is therefore well supported by empirical data.

The log-transformed GFP of samples at the local GFP maxima was also greater on average compared to other samples in the eyes closed ( $M_{diff} = 0.217$ ,  $SD = 0.031$ , 95% CI [0.213, 0.222]) and eyes open conditions ( $M_{diff}$  = 0.205, *SD* =0.023, 95% CI [0.202, 0.209]). Yet, whether samples were selected at the local GFP maxima or not explained only 3% of variance in log-transformed GFP on average in the eyes closed (*mean*  $R^2 = 0.031$ , *SD* = 0.017, 95% CI [0.028, 0.033]) and eyes open conditions (*mean*   $R^2 = 0.037$ ,  $SD = 0.019$ , 95% CI [0.034, 0.040]). It is thus unsurprising that samples selected at the local GFP

<span id="page-5-0"></span><sup>&</sup>lt;sup>1</sup> The mean correlations were nearly identical when including the 12 individuals originally excluded from the sample. Correlations for all 203 individuals were large on average in both the eyes closed (*mean r* = − 0.657, *SD* = 0.060, 95% CI [− 0.666, − 0.649]) and eyes open conditions (*mean r* = − 0.663, *SD*=0.064, 95% CI [− 0.672, − 0.654]).





Eyes-Open Rest

<span id="page-6-0"></span>**Fig. 3** Scatterplots depicting samples of global feld power (GFP) by topographic dissimilarity between temporally adjacent (*sample t* and *sample*  $t - 1$ ) voltage maps for four eyes closed and four eyes open EEG recordings selected at random. The left column of each pair

depicts raw values and the right column depicts the corresponding log-transformed values and within-person correlation. The density of the distribution of values is indicated (from low density in purple to high density in yellow)

maxima had greater GFP amplitude than the rest of the distribution. However, it is perhaps counterintuitive that these points better diferentiated the topographic dissimilarity of temporally adjacent samples than they did overall GFP amplitude (see Fig. [5\)](#page-8-0).

Importantly, associations between log-transformed GFP and DISS did not difer for samples selected at the local GFP maxima compared to all remaining samples. That is, diferences in how well log-transformed GFP predicted DISS between those samples selected at the local GFP maxima and all remaining



<span id="page-7-0"></span>**Fig. 4** Means are plotted for within-person correlations between logtransformed global feld power (GFP) and topographic dissimilarity for eyes-closed and eyes-open conditions. Observed participant  $(n=191)$  correlations are plotted as dots. Errors bars are 95% CI of the mean

samples explained only a negligible amount of additional variance in log-transformed DISS on average across individuals in both the eyes closed (*mean*  $\Delta R^2 = 0.0007$ , *SD* = 0.0006, 95% CI [0.0006, 0.0008]) and eyes open conditions (*mean*  $\Delta R^2$  = 0.0004, *SD* = 0.0004, 95% CI [0.0003, 0.0005]). Thus, even among those samples selected at the local GFP maxima, voltage topography was more stable during moments when the electric feld strength was high compared to when feld strength was lower.

# **Global Field Power and Topographic Stability as Predictors of Microstate Fitting**

The dependence of the microstate ftting procedure on the strength and topographic stability of the electric feld was next examined. Maximal spatial correlations were calculated between EEG samples and each of the fve global microstate cluster centroids. Figure [6](#page-9-0) depicts 3D scatterplots between GFP, DISS, and the maximal spatial correlation of samples with microstates. As can be seen, voltage maps of samples with high GFP had uniformly greater spatial correlations than those samples with lower GFP.

This was confrmed by strong positive correlations for individuals on average between log-transformed GFP and the Fisher *r* to *z*-transformed spatial correlation with microstate cluster centroids in the eyes closed (*mean r*=0.557,  $SD = 0.043$ , 95% CI [0.551, 0.563]) and eyes open conditions (*mean r*=0.553, *SD*=0.041, 95% CI [0.548, 0.559]). Log-transformed DISS only explained a small amount of additional variance in the *z*-transformed spatial correlations over and above log-transformed GFP in the eyes closed  $(mean \Delta R^2 = 0.027, SD = 0.016, 95\% \text{ CI} [0.025, 0.029])$ and eyes open conditions (*mean*  $\Delta R^2 = 0.020$ , *SD* = 0.015, 95% CI [0.018, 0.022]). Samples selected at the local GFP maxima, however, had only a minimally larger spatial correlation with one of the fve global microstate confgurations than all remaining samples in the eyes closed ( $M_{diff} = 0.029$ , *SD*=0.008, 95% CI [0.028, 0.030]) and eyes open conditions  $(M_{\text{diff}} = 0.024, SD = 0.008, 95\% \text{ CI} [0.023, 0.025])$ . These fndings suggest that moments of high electric feld strength were not only more topographically stable than when feld strength was low but also better resemble the voltage topography of the fve global microstate confgurations.

# **Discussion**

The basic premise underlying segmentation of broadband EEG into microstates based on momentary periods of topographic stability is well supported by empirical data in the present study. 191 healthy adults demonstrated strong and consistent associations between the GFP of samples and the topographic dissimilarity of temporally adjacent voltage maps. Voltage maps of samples selected at the local GFP maxima were also systematically less dissimilar from temporally adjacent samples compared to other samples in the EEG. These fndings support the notion that the time series succession of voltage maps exhibit momentary topographic stability when the electric feld strength is high. When the feld strength was low, however, topographic stability varied considerably. That is, points of low feld strength ranged across the entire distribution of values of topographic dissimilarity. After all, samples selected at the local GFP maxima also frequently occurred at points of low GFP relative to the entire distribution, though they were consistently more topographically stable relative to other samples. Selecting time series samples at the local GFP maxima therefore appears to be a good heuristic for identifying optimal points of topographic stability for clustering and microstate labeling.

The reported fndings were also highly consistent across individuals. The strong association between log-transformed GFP and topographic stability was observed across thousands of samples of the EEG time series in every recording included in the present study. Yet, there was also some variability in terms of the magnitude of these correlations, and only 34% of the variance was shared between eyes closed



<span id="page-8-0"></span>**Fig. 5** Scatterplots depicting the global feld power (GFP) and topographic dissimilarity between temporally adjacent (*sample t* and *sample t* – 1) voltage maps for samples (in yellow) selected at the local

GFP maxima in the EEG time series. The remaining samples are in purple. The same EEG recordings are shown from Fig. [3](#page-6-0)

and eyes open conditions. This suggests that associations between GFP and topographic stability appear to quantify aspects of spatiotemporal dynamics that vary within individuals, which likely depend on the prevalence of noise and artifact in the EEG recording and variation in perceptual and cognitive states that condition the magnitude of synchronized oscillations over subsequent moments.

Clustering of EEG voltage maps at GFP peaks led to the identifcation of fve data-driven microstate confgurations that explained more than 60% of the total topographic variance when ft to individuals' EEG time series (Zanesco et al. [2020](#page-10-12)). The spatial correlation between voltage maps at samples of the EEG time series and these five microstate confgurations were found to strongly correlate with the strength





<span id="page-9-0"></span>**Fig. 6** 3D scatterplots depicting samples of global feld power (GFP) by topographic dissimilarity between temporally adjacent (*sample t* and *sample t -1*) voltage maps and the maximal spatial correlation between samples and the fve microstate cluster centroids. Four eyes

closed EEG recordings are shown selected at random. The spatial correlations of samples are indicated based on their color (from low spatial correlation in purple to high correlation in yellow)

and topographic stability of the electric feld. This association was largely driven by variation in GFP magnitude, as the topographic dissimilarity of adjacent samples only explained a small amount of additional variance in the spatial correlation between microstates and voltage maps above that explained by GFP. Moments of strength in the electric feld were not only more topographically stable than when feld strength was low but also better resembled the voltage topography of the global microstate confgurations. This is perhaps expected as microstate clusters are themselves derived from voltage maps at local GFP maxima, and were consistently more topographically stable relative to other samples.

Microstate clustering is commonly applied to voltage maps generated at the GFP peaks of the EEG time series because of the well-reasoned assumption that these instances maximize signal-to-noise ratio and provide optimal representations of the momentary quasi-stable voltage topography. Furthermore, moments of high GFP correspond to instances of greatest momentary synchronization in the activity of brain generators. While the present fndings provide additional empirical support for the notion that clustering at local GFP maxima produces microstate confgurations that optimally represent moments of topographic stability, this does not imply that clustering at other moments of the EEG time series

will not produce representative cluster solutions. In fact, there was considerable variability in the similarity of adjacent voltage maps at moments when GFP was lower. Common topographic patterns may therefore still be identifed based on clustering applied to other moments of the EEG time series.

In line with other studies examining the limitations of common methods for segmenting EEG into microstates (Dinov and Leech [2017;](#page-10-14) Mishra et al. [2020](#page-10-13)), the present fndings demonstrate some of the variability and uncertainty in microstate labeling and clustering. Indeed, many samples in the EEG, including those selected at the local GFP maxima, had a low spatial correlation with one the five microstate confgurations identifed in the present study. Clustering of topographic patterns into microstate confgurations is fundamentally a process of data reduction that seeks to identify the optimal number of topographic patterns present in the EEG that are shared within or between individuals. These clusters of voltage maps may be more continuous than assumed by a discrete model of microstates (Mishra et al. [2020\)](#page-10-13), leading to uncertain categorization of EEG samples. Alternatively, clustering solutions commonly limit the number of microstates to four confgurations, which may fail to adequately capture the range of discrete microstate clusters present in the EEG (Michel and Koenig [2018](#page-10-3)). Finally, the microstate model assumes that residual variance in the ft of microstates primarily results from noise. It will be important for studies to attempt to quantify how much noise might contribute to variability in the ft of microstates, perhaps by simulating the contribution of transiently oscillating sources in the presence of difering levels of noise. Future studies should continue to evaluate these and other assumptions of the microstate model, as well as developing more probabilistic approaches for microstate categorization that can better account for uncertainty in assignment (cf. Dinov and Leech [2017](#page-10-14)).

In total, the present fndings provide strong empirical support for the proposal that periods of topographic stability can be identifed in the time series succession of voltage maps corresponding to common microstate confgurations, and that moments of high feld strength are optimal representations of quasi-stable electric feld topography. The activity of phase-synchronized neuronal networks thus persists in a coherent topographic confguration for brief moments before quickly transitioning to different configurations. This agrees with the premise underlying microstate segmentation that ongoing brain activity can be parsed into sequences of coordinated brain states (Lehmann et al. [1987\)](#page-10-0). Topographic stability during moments of high feld strength therefore appears to be a basic property of the spontaneous spatiotemporal dynamics of the neuroelectric feld.

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