

# Antenatal manifestations of inborn errors of metabolism: biological diagnosis

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Received: 5 April 2016 / Revised: 3 May 2016 / Accepted: 6 May 2016 / Published online: 8 July 2016  
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**Abstract** Inborn errors of metabolism (IEMs) that present with abnormal imaging findings in the second half of pregnancy are mainly lysosomal storage disorders (LSDs), cholesterol synthesis disorders (CSDs), glycogen storage disorder type IV (GSD IV), peroxisomal disorders, mitochondrial fatty acid oxidation defects (FAODs), organic acidurias, aminoacidopathies, congenital disorders of glycosylation (CDGs), and transaldolase deficiency. Their biological investigation requires fetal material. The supernatant of amniotic fluid (AF) is useful for the analysis of mucopolysaccharides, oligosaccharides, sialic acid, lysosphingolipids and some enzyme activities for LSDs, 7- and 8-dehydrocholesterol, desmosterol and lathosterol for CSDs, acylcarnitines for FAODs, organic acids for organic acidurias, and polyols for transaldolase deficiency. Cultured AF or fetal cells allow the measurement of enzyme activities for most IEMs, whole-cell assays, or metabolite measurements. The cultured cells or tissue samples taken after fetal death can be used for metabolic

profiling, enzyme activities, and DNA extraction. Fetal blood can also be helpful. The identification of vacuolated cells orients toward an LSD, and plasma is useful for diagnosing peroxisomal disorders, FAODs, CSDs, some LSDs, and possibly CDGs and aminoacidopathies. We investigated AF of 1700 pregnancies after exclusion of frequent etiologies of nonimmune hydrops fetalis and identified 108 fetuses affected with LSDs (6.3 %), 29 of them with mucopolysaccharidosis type VII (MPS VII), and six with GSD IV (0.3 %). In the AF of 873 pregnancies, investigated because of intrauterine growth restriction and/or abnormal genitalia, we diagnosed 32 fetuses affected with Smith-Lemli-Opitz syndrome (3.7 %).

## Introduction

An inborn error of metabolism (IEM) can be suspected in the antenatal period when abnormal ultrasound findings are ob-

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Presented at the Annual Symposium of the Society for the Study of Inborn Errors of Metabolism, Lyon, France, September 1–4, 2015

Communicated by: Carlo Dionisi-Vici

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served, usually during the third trimester of pregnancy. Fetal autopsy, when performed, is particularly helpful to orient the biological investigations. IEMs that can be suspected in the antenatal period are lysosomal storage disorders (LSDs), disorders of postsqualene cholesterol synthesis, glycogen storage disorders, peroxisomal disorders, mitochondrial fatty acid oxidation disorders, organic acidurias, aminoacidopathies, congenital disorders of glycosylation (CDGs), transaldolase deficiency, and respiratory chain disorders. This review describes the biological investigations that can be performed to reach a correct diagnosis.

### **Possible biological investigations in pregnancies at risk of an inborn error of metabolism**

Biological investigation requires fetal material, which can be sampled during pregnancy or after fetal abortion or termination of pregnancy. Amniotic fluid (AF) is the easiest material to collect during pregnancy. A minimum amount (15 ml) is needed, sampled in sterile packaging. It must be sent at room temperature to a cell culture laboratory in order to centrifuge it in sterile conditions, separate the supernatant, and grow the pellet of AF cells. The supernatant must then be frozen until metabolic investigations. In case of nonimmune hydrops fetalis (HF), the most frequent etiologies—such as antenatal malformations, viral infections, or karyotype abnormalities—have to be eliminated first. As soon as these etiologies have been eliminated—and especially in case of recurrence of antenatal signs in the family and/or consanguinity—an IEM can be suspected and must be searched for. IEMs are mainly due to enzyme or transporter deficiency. Global tests that allow detection of most IEMs in AF supernatant can be used to identify and quantify metabolites that accumulate upstream of the metabolic block. During fetal life, renal tubular maturation begins after the 14th week of pregnancy. After 20 weeks, the kidneys provide >90 % of the AF volume (Benoist et al. 2007). Therefore, AF supernatant is representative of fetal urine, and all methods used to diagnose IEM in urine can theoretically be applied to AF. Measurement of several lysosomal enzyme activities can also be performed using the supernatant of AF. Cultured AF cells are needed to measure enzyme activities, which is not possible using AF supernatant, or for performing whole-cell assays (such as fatty acid oxidation studies). Moreover, these cultured cells can be used for DNA extraction to confirm a diagnosis at the molecular level. In case of HF, ascites or pleural fluids can also be sampled: the supernatant can be used for metabolite analyses and/or enzymes activities, and a cell culture can be initiated.

Fetal blood is not usually sampled, although it can be of great help for diagnosing an IEM. When fetal anomalies are so severe that termination of pregnancy is proposed, it is possible to collect a blood sample before termination. One milliliter of

ethylenediaminetetraacetate (EDTA) blood can be used for blood-cell count: anemia can orientate toward Pearson syndrome and the presence of vacuolated lymphocytes toward an LSD. Plasma can be used to measure nondiffusible metabolites that are not cleared by the placenta. It is especially useful for diagnosing disorders of peroxisomal metabolism, fatty acid oxidation, postsqualene cholesterol biosynthesis, and possibly some aminoacidopathies and organic acidurias. Fetal serum or plasma can also be used to measure enzyme activities for diagnosing LSDs.

After fetal death, fetal samples are taken by the fetopathologist. Blood and urine samples are usually impossible to obtain. Even if blood samples can be collected, postmortem modifications do not allow accurate interpretation of metabolite profiles or measurements. Therefore, the available materials are generally tissue samples. When sampled in sterile conditions, some can be used for cell culture: skin (except if the fetus is macerated), lung, kidney, or muscle. The cultured cells can be used for measuring enzyme activities, whole-cell assays, or DNA (and eventually RNA) extraction. Tissue biopsies (muscle, liver, heart, thymus, lung...) can also be deep frozen in cryotubes immediately after sampling at  $-80\text{ }^{\circ}\text{C}$  or, better, in liquid nitrogen. Frozen tissues can be used for measuring enzyme activities or for DNA extraction. The drawback of postmortem samples is that diagnostic orientation by measuring metabolites is not possible.

### **Lysosomal storage disorders (LSDs)**

LSDs are the most well-known disorders that can present with antenatal signs. They usually present with hydrops fetalis (HF) starting from the second trimester of pregnancy associated or not with fetal ascites. In some cases, isolated ascites can be found. According to a large series of patients, LSDs would be the etiology of 1.4 % of HF (Machin 1989). More recently, Bellini et al. (2015) and Gimovsky et al. (2015) performed a systematic review of the literature to evaluate the incidence and types of LSD in a case series of nonimmune hydrops (NIH). The overall incidence of LSDs varies from 1.3 % (Bellini et al. 2015) to 5.2 % (Gimovsky et al. 2015). The three more common LSDs identified, in order of decreasing incidence, were mucopolysaccharidosis type VII (MPS VII), Gaucher disease, and GM1 gangliosidosis (Gimovsky et al. 2015).

The diagnosis of LSDs relies on (1) metabolite analyses in the AF supernatant (or ascites or pleural fluids), cultured cells, and—when applicable—fetal serum; (2) measuring enzyme activities in the AF supernatant (or pleural and ascites fluids), cultured amniocytes, cultured fetal cells, fetal serum/plasma, or frozen tissue samples; (3) mutation analysis of the corresponding gene(s), after identifying an enzyme or sialic acid transporter defect, in DNA extracted from amniocytes, cultured fetal cells, or frozen tissue samples. Metabolites that

can be analyzed in AF supernatant are mainly glycosaminoglycans, oligosaccharides, and sialic acid (Piraud et al. 1996). Electrophoresis and quantification of glycosaminoglycans allow diagnosing MPS VII and MPS IVA. The dramatic increase in chondroitin sulfate fraction is indicative of MPS VII, sometimes associated with abnormal presence of dermatan sulfate and/or heparan sulfate, while the abnormal presence of keratan sulfate orientates toward MPS IVA. The diagnosis of sialidosis, galactosialidosis, and GM1 gangliosidosis can be suspected by oligosaccharides analysis, classically performed by thin-layer chromatography but recently replaced by liquid chromatography–tandem mass spectrometry (LC-MS/MS), a more sensitive technique. Qualitative analysis by thin-layer chromatography of free sialic acid or by quantitative measurement by MS/MS is used for diagnosing infantile sialic acid storage disorder (ISSD). Several lysosomal enzyme activities can be measured in AF supernatant:  $\beta$ -D-glucuronidase activity (deficient in MPS VII) and  $\alpha$ -L-fucosidase and total hexosaminidase activities, which may be increased (together with  $\beta$ -D-glucuronidase activity) in mucopolipidosis type II. Recently, we developed an assay of plasma lysosphingolipids using LC-MS/MS (Pettazzoni et al. 2015a); lysoglucosylceramide (analyzed as lysohexosylceramide because it is indistinguishable from lysogalactosylceramide increase in Krabbe disease) was increased in plasma from patients affected with Gaucher disease (Rolfs et al. 2013). We retrospectively applied this assay in the AF supernatant from five pregnancies affected with Gaucher disease previously diagnosed by showing a deficiency of glucocerebrosidase activity in cultured fetal cells. We found a significant increase in lysohexosylceramide in AF of these five patients with Gaucher when compared with controls (unpublished data).

Cultured amniocytes or cultured fetal cells are useful to measure enzyme activities to confirm a diagnosis suspected after AF supernatant analysis, such as MPS VII, MPS IVA or oligosaccharidoses, including sialidosis ( $\alpha$ -D-neuraminidase deficiency), galactosialidosis (combined  $\alpha$ -D-neuraminidase and  $\beta$ -galactosidase deficiency), and GM1 gangliosidosis ( $\beta$ -galactosidase deficiency). They are also needed to measure other enzyme activities that cannot be measured in AF supernatant, e.g., glucocerebrosidase for diagnosing Gaucher disease, acid lipase for Wolman disease, sphingomyelinase for Niemann-Pick type A disease, or acid ceramidase for Farber disease (Kattner et al. 1997; Burin et al. 2004). Free sialic acid content can also be measured in cultured cells to confirm or establish ISSD diagnosis (Froissart et al. 2005). When a Niemann-Pick type C disease is suspected because of isolated ascites and, in some cases, splenomegaly (Spiegel et al. 2009), filipin staining can be performed in cultured cells to visualize the abnormal accumulation of unesterified cholesterol in the late endosomal/lysosomal compartment (Vanier and Latour 2015).

Complete blood count of fetal blood can reveal vacuolated cells, leading to suspicion of an LSD. The presence of such cells in peripheral blood smears has been described after birth in several LSDs, such as GM1 gangliosidosis, ISSD, sialidosis, mucopolipidosis type II, MPS VII, and Wolman disease (Anderson et al. 2005). Recently, the presence of vacuolated cells in fetal ascites fluid has been observed in fetuses affected by various LSDs (Dugan et al. 2014; Dreux et al. 2015). Two classes of plasmatic biomarkers, oxysterols [cholestane-3 $\beta$ , 5 $\alpha$ , 6 $\beta$ -triol, and 7-ketocholesterol (Jiang et al. 2011; Pagan et al. 2015)] and lysosphingolipids [lysosphingomyelin and isoform 509 (Chuang et al. 2014; Giese et al. 2015; Pettazzoni et al. 2015a)], have recently emerged for diagnosing Niemann-Pick disease types C and A/B (sphingomyelinase deficiency). Oxysterols are also a marker of Wolman disease (Pagan et al. 2015). One can speculate that measuring oxysterols in fetal plasma could allow diagnosing these disorders. Once the diagnosis of an LSD has been determined by metabolite analysis and/or measuring enzyme activity, it is recommended to perform mutation analysis of the corresponding gene using DNA extracted from cultured amniocytes, cultured fetal cells, or frozen fetal tissue.

Since 1990, we have investigated ~1700 AF for LSDs after exclusion of the most frequent etiologies of nonimmune HF; 108 (6.3 %) fetuses affected with LSD were identified (Table 1). The most common LSDs identified, in order of decreasing incidence, were MPS VII, ISSD, then galactosialidosis, sialidosis, GM1 gangliosidosis, and Gaucher disease. This incidence is different from that reported in the literature (Gimovsky et al. 2015); however, it is possible that analysis of oligosaccharides and sialic acid were not performed in all reported studies. Interestingly, MPS VII represents more than one fourth of the diagnosed cases (27 %), although it is rarely diagnosed in the postnatal period. Similarly, antenatal presentation is the most common form of LSDs affecting sialic acid metabolism (95 % for sialic acid storage disorders, 93 % for galactosialidosis, 68 % for sialidosis) when compared with the number of postnatal diagnoses performed during the same period. Consanguinity has been reported in 39 % of affected fetuses.

### Disorders of postsqualene cholesterol biosynthesis

Cholesterol biosynthesis is a complex pathway that can be divided into two main parts. The presqualene part leads to the biosynthesis of isoprenoids (including the intermediate precursor named squalene) and sterols. The postsqualene metabolic steps lead to the synthesis of cholesterol and vitamin D (Fig. 1). All disorders of postsqualene cholesterol biosynthesis are characterized by multiple congenital abnormalities, including significant skeletal involvement (Rossi et al. 2015).

The most frequent disorder is Smith-Lemli-Opitz (SLO) syndrome, which is due to 7-dehydrocholesterol reductase

**Table 1** Lysosomal storage diseases (LSDs) as etiologies for nonimmune hydrops fetalis. Experience from ~1700 amniotic fluid samples investigated in Lyon from 1990 to 2014. For affected fetuses, consanguinity was reported in 42 families (39 %)

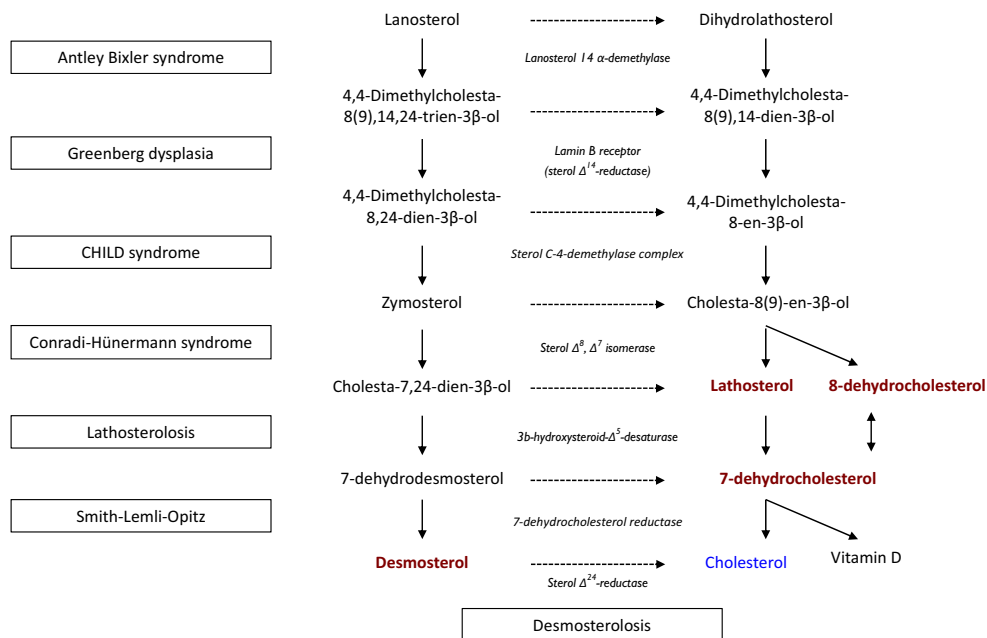
Disorder	Affected fetuses	
<b>Mucopolysaccharidosis type VII</b> ( $\beta$ -D-glucuronidase deficiency)	29	(27%)
<b>Infantile Sialic acid Storage Disease (ISSD)</b> (lysosomal carrier for free sialic acid)	18	} (39%)
<b>Galactosialidosis</b> (cathepsin A deficiency leading to combined neuraminidase and $\beta$ -galactosidase deficiency)	12	
<b>Sialidosis type 2</b> (neuraminidase deficiency)	12	
<b>GM1 gangliosidosis</b> ( $\beta$ -galactosidase deficiency)	12	(11%)
<b>Gaucher disease</b> (glucocerebrosidase deficiency)	10	(9%)
<b>Mucopolipidosis type II</b> (N-acetylglucosamine-1-phosphotransferase deficiency)	6	
<b>Niemann-Pick type C disease</b> (lipid trafficking disorder: impaired egress of cholesterol from the late endosomal/lysosomal compartment)	4	
<b>Mucopolysaccharidosis type IVA</b> (N-acetylgalactosamine-6-sulfatase deficiency)	3	
<b>Wolman disease</b> (lysosomal acid lipase deficiency)	1	
<b>TOTAL</b>	<b>107</b>	

deficiency (*DHCR7* gene). Inheritance is autosomal recessive. In a series of 30 cases diagnosed prenatally (10:30) or postnatally (20:30), Goldenberg et al. (2004) reported that intrauterine growth restriction (IUGR) was the most frequent detectable trait (20:30) and that it was isolated in nine cases. The key metabolite for diagnosing SLO syndrome is 7-dehydrocholesterol. In the same analytical run, 8-dehydrocholesterol is also usually quantified as an indirect biomarker, since the  $\Delta 8, \Delta 7$  isomerase activity is maintained in SLO patients (Fig. 1). Measurement of sterol precursors is usually performed using gas chromatography mass spectrometry (GC-MS) because of its high chromatographic resolution, which is useful to discriminate isobaric components. It can be performed in AF supernatant, in cultured amniotic or fetal cells, as well as in fetal blood (plasma or serum). Table 2 summarizes our experience of 873 pregnancies at risk for SLO syndrome investigated between 2007 and 2014 because of IUGR and/or abnormal genitalia: 32 affected fetuses were diagnosed (3.7 %), and pregnancy was terminated in most cases. Fetal plasma was available in one of the affected fetuses, sampled at 32 weeks of

gestation. Concentration of 7-dehydrocholesterol was 328  $\mu\text{mol/L}$  (reference values in newborns,  $<3 \mu\text{mol/L}$ ), 8-dehydrocholesterol was 402  $\mu\text{mol/L}$  (reference values in newborn  $<0.5 \mu\text{mol/L}$ ), and cholesterol was 176  $\mu\text{mol/L}$  (reference values in newborn: 2600–4200  $\mu\text{mol/L}$ ). In AF, concentration of 7-dehydrocholesterol and 8-dehydrocholesterol were 26.4  $\mu\text{mol/L}$  and 12.9  $\mu\text{mol/L}$ , respectively (see Table 2 for reference values). Therefore, as amniocentesis is currently performed for chromosome analysis, when IUGF is associated with other malformations, measuring 7-dehydrocholesterol must be performed when karyotype is normal.

Measuring sterols in AF supernatant is also helpful for diagnosing three other inborn errors of post-squalene cholesterol biosynthesis: Conradi-Hünemann-Happle syndrome, desmosterolosis, and lathosterolosis. Conradi-Hünemann-Happle syndrome, also called X-linked dominant chondrodysplasia punctata (CDPX2), is caused by mutations in the *EBP* gene, which encodes for sterol  $\Delta 8$ – $\Delta 7$  isomerase. This syndrome is usually lethal early in pregnancy in hemizygous male fetuses, whereas high clinical variability has been

**Fig. 1** Metabolism of postsqualene cholesterol biosynthesis



described in affected female fetuses (Cañueto et al. 2012; Lefebvre et al. 2015). Few data are available in the literature concerning metabolite analysis in severe antenatal presentation of CDPX2. Table 3 summarizes our experience of eight fetuses affected with Conradi-Hünemann-Happle syndrome diagnosed between 2004 and 2015 on the basis of ultrasound findings. We found disproportionate and asymmetric shortening of long bones and abnormally early calcification of proximal and distal epiphyses of the humerus and femur. Clinical features of these female fetuses were reported in Lefebvre et al. (2015). Interestingly, all these severe cases, diagnosed at a mean age of 22 weeks of gestation, were due to de novo mutations of *EBP*, except for two fetuses with an affected mother and one case of germinal mosaicism. Lathosterolosis (Rossi et al. 2007) and desmosterolosis (Brunetti-Pierri et al. 2002) are very rare autosomal recessive conditions caused by sterol  $\Delta^5$  desaturase deficiency (*SC5D*) and sterol  $\Delta^{24}$  reductase deficiency (*DHCR24*), respectively. Their clinical phenotype is very similar to SLO syndrome, and <20 patients have been reported (Rossi et al. 2007 and 2015). An increase in lathosterol has

been reported in plasma of a patient affected with lathosterolosis at 22 months of age (lathosterol = 81.6  $\mu\text{mol/L}$ ; reference values <18  $\mu\text{mol/L}$ ) (Ho et al. 2014). An increase in desmosterol has been reported in the plasma of patients affected with desmosterolosis (117–328  $\mu\text{mol/L}$ ; controls  $1.3 \pm 0.8 \mu\text{mol/L}$ ) (Andersson et al. 2002; Zolotushko et al. 2011). To our knowledge, an increase in these compounds has not been reported in the AF supernatant of pregnancies with fetuses affected with these conditions, but it can be expected to be present. Therefore, these metabolites must be measured in AF supernatant together with 7-dehydrocholesterol when SLO syndrome is suspected. In all cases (CDPX2, lathosterolosis, desmosterolosis), the diagnosis must be confirmed by mutation analysis of the corresponding genes (*EBP*, *SC5D*, and *DHCR24*, respectively) using DNA extracted from cultured amniocytes or from cultured fetal fibroblasts or tissues.

Diagnosing the other disorders of postsqualene cholesterol synthesis—Antley-Bixler syndrome, Greenberg dysplasia, and congenital hemidysplasia with ichthyosiform erythroderma and limb defects (CHILD) syndrome—is highly

**Table 2** Measurement of 7-dehydrocholesterol, 8-dehydrocholesterol, and cholesterol by gas chromatography–mass spectrometry (GC-MS) of their trimethylsilyl (TMS) derivatives in the amniotic fluid of pregnancies at risk for Smith-Lemli-Opitz syndrome on sonographic findings from 2007 to 2015

		Affected pregnancies (n = 32)	At-risk pregnancies (n = 873)
7-dehydrocholesterol ( $\mu\text{mol/L}$ )	Median	22.80	0.12
	Range	0.52–99.5	0.03–0.47
Ratio 7-dehydrocholesterol / cholesterol x 1000	Median	431.0	1.4
	Range	6.0–1899	0.4–2.7
8-dehydrocholesterol ( $\mu\text{mol/L}$ )	Median	24.4	<0.03
	Range	5.2–117.2	

**Table 3** Measurement of 8-dehydrocholesterol, lathosterol, and cholesterol by gas chromatography-mass spectrometry (GC-MS) of their trimethylsilyl (TMS) derivatives in the amniotic fluid of pregnancies at risk for Conradi-Hünemann-Happle syndrome on sonographic findings from 2004 to 2015

		Affected pregnancies (n = 8)	At-risk pregnancies (n = 27)
8-dehydrocholesterol ( $\mu\text{mol/L}$ )	Median	2.68	0.013
	Range	0.65–22.92	0.007–0.02
Lathosterol ( $\mu\text{mol/L}$ )	Median	6.35	0.18
	Range	1.04–24.25	0.05–0.25
Ratio (8-dehydrocholesterol + lathosterol) / cholesterol x 1000	Median	227.4	2.5
	Range	105.3–707.9	1.4–3.6

oriented by ultrasound findings and fetopathological examination (Konstantinidou et al. 2008; Rossi et al. 2015). Sterols that accumulate in these conditions are difficult to measure. Therefore, their diagnosis relies on molecular analysis of the corresponding genes: *POR* (coding for a cytochrome P450 oxidoreductase) for autosomal recessive Antley-Bixler syndrome, *FGFR2* (coding for fibroblast growth factor receptor 2) for autosomal dominant Antley-Bixler syndrome, *LBR* (coding for the lamin B receptor, affecting its enzymatic domain  $\Delta 14$  reductase) for Greenberg dysplasia, and *NSDHL* [coding for nicotinamide adenine dinucleotide phosphate, reduced (NADPH) steroid dehydrogenase-like protein involved in the sterol C-4 demethylase complex] for CHILD syndrome.

### Glycogen storage disorders

Glycogen storage disease type IV (GSD IV) can be suspected in nonimmune HF, especially if it is associated with fetal akinesia, arthrogryposis, and hydramnios (L'herminé-Coulomb et al. 2005; Pettazzoni et al. 2015b). So far, there is no metabolite analysis that allows identifying this disorder. The diagnosis, evoked by positive periodic acid–Schiff and diastase-resistant inclusions in histology, relies on measuring glycogen branching enzyme (GBE) in cultured amniocytes or cultured fetal cells and mutation analysis of *GBE1*. In our series of 1700 AFs investigated because of HF, six cases of GSD IV were identified (0.3 %).

### Peroxisomal disorders

Defects in human genes encoding peroxisomal proteins can result in different peroxisomal disorders of variable severity. Some present with early antenatal manifestations. As described in the two previous reviews in this issue, two main

clinical antenatal presentations can orientate toward a peroxisomal disorder: rhizomelic chondrodysplasia punctata (RCDP) and the Zellweger syndrome spectrum (ZSS). All these peroxisomal disorders are inherited autosomal recessively.

RCDP is characterized by severe proximal shortening of limbs, coronal clefts of vertebral bodies, and widespread calcific splitting of the epiphyses. Five types of RCDP have been described; all but one have the same clinical presentation in the antenatal period (reviewed by Waterham et al. 2016). RCDP type I is caused by mutations in *PEX7* encoding the PTS2-protein receptor. As a consequence, the PTS2-targeted peroxisomal enzymes are not imported into peroxisomes, resulting in a defect in plasmalogen biosynthesis and  $\alpha$ -oxidation of phytanic acid. RCDP type 2 is caused by mutations in *GNPAT* coding dihydroxyacetone phosphate acyltransferase (DHAPAT), an enzyme involved in plasmalogen biosynthesis. RCDP type 3 is caused by mutations in *AGPS* encoding another enzyme of plasmalogen biosynthesis, alkyl-DHAP synthetase. RCDP type 5 has been recently described (Baroy et al. 2015) and is caused by loss of the *PEX5* long isoform, resulting in deficient *PEX7*-mediated import of PTS2-targeted proteins, causing a similar phenotype as in RCDP type 1. Conversely, RCDP type 4 (fatty acyl-CoA reductase 1 deficiency; *FARI*) has a different clinical phenotype (Buchert et al. 2014). The common biochemical trait of all RCDP types is a defect in plasmalogen biosynthesis. Therefore, their biochemical diagnosis relies on measuring plasmalogens in cultured amniotic cells or cultured fetal cells by gas chromatography (Dacremont and Vincent 1995) or by LC–MS/MS (Zemski Berry and Murphy 2004). To our knowledge, measuring plasmalogen levels has never been performed in fetal erythrocytes, but it can be expected to be decreased in fetuses affected with RCDP, as it is in erythrocytes of RCDP patients after birth. It is also possible to measure DHAPAT activity in cultured amniotic or fetal cells. DHAPAT activity is lowered in all RCDP types, including RCDP type 3. This is because DHAPAT is only stable when it forms an intraperoxisomal complex with alkyl-DHAP synthetase (de Vet et al. 1999). The definitive diagnosis relies on mutation analysis of the corresponding genes (*PEX7*, *GNPAT*, *AGPS*, *PEX5*, and eventually *FARI*) using DNA extracted from cultured fetal cells or tissue biopsies.

ZSS can be suspected on ultrasound scan and mainly on brain magnetic resonance imaging (MRI) because of cerebral gyration anomalies, with polymicrogyria and germinolysis cysts, echogenic kidneys, and epiphyses stippling. This clinical phenotype can be due to a peroxisome biogenesis disorder (PBD-ZSS) or to a single enzyme deficiency of peroxisomal fatty acid oxidation (acyl-CoA oxidase coded by *ACO1*, and D-bifunctional protein coded by *HSD17B4*) (reviewed in Waterham et al. 2016). Patients with PBD-ZSS are a genetically heterogeneous group, with a generalized defect in

peroxisomal functions due to mutations in any of the 13 different *PEX* genes encoding the peroxins involved in the import of peroxisomal membranes and/or matrix proteins: *PEX1*, *PEX2*, *PEX3*, *PEX5*, *PEX6*, *PEX10*, *PEX11 $\beta$* , *PEX12*, *PEX13*, *PEX14*, *PEX16*, *PEX19*, and *PEX26*. The common biochemical feature to the ZSS is impairment of peroxisomal fatty acid oxidation. Therefore, measuring very-long-chain fatty acids (VLCFA) by GC-MS or LC-MS/MS in fetal plasma or cultured amniocytes or cultured fetal cells allows detection of all these defects: hexacosanoic acid (C26:0), and the ratios C26:0/C22:0 and C24:0/C22:0 are elevated in all cases. Table 4 illustrates the VLCFA levels in plasma from two fetuses affected with PBD-ZSS. VLCFA can be elevated in AF, but this measurement is not recommended because of the report of normal levels in affected fetuses (Verhoeven et al. 1995). It is also possible to perform an oxidation study of VLCFA in cultured cells by measuring the production of [ $^{14}\text{C}$ ] acetyl-CoA from [ $^{14}\text{C}$ ] C24:0 or C26:0. A decreased oxidation rate is in agreement with a defective peroxisomal fatty acid oxidation. Measurement of DHAPAT activity in cultured cells is important to differentiate PBD-ZSS from single-enzyme deficiencies: DHAPAT activity is decreased in PBD-ZSS and normal in acyl-CoA oxidase and D-bifunctional protein deficiency. It should be noted that pristanic acid level, which reflects a defect in peroxisomal  $\beta$ -oxidation; and phytanic acid level, which reflects a defect in peroxisomal  $\alpha$ -oxidation in PBD-ZSS, are normal in fetal blood, since they both derive from dietary sources, and do not allow detection of these disorders (Table 4). Interestingly, pipecolic acid, an intermediate in lysine degradation and usually elevated in plasma and urine of patients with PBD-ZSS,

was not elevated in the plasma of a fetus affected with PBD-ZSS (Table 4). It has also been previously reported that pipecolic acid levels can be normal in the AF of fetuses affected with a PBD-ZSS (Verhoeven et al. 1995). Pipecolic acid is a small molecule, and it can be hypothesized that it is cleared from fetal circulation by the placenta. Once one of these disorders is suspected on biochemical analyses, it is necessary to confirm the diagnosis by mutation analysis of the possible genes involved. A classic Sanger sequencing approach can be used for *ACOX1* and *HSD17B4* genes if a single enzyme deficiency is suspected. For the PBD, 13 *PEX* genes have been identified: whole-exome sequencing or analysis of a gene panel by next-generation sequencing (NGS) is more appropriate, although a “*PEX* Gene Screen” has been developed for the systematic screening of exons in the six *PEX* genes most commonly defective in PBD-ZSS (Steinberg et al. 2004).

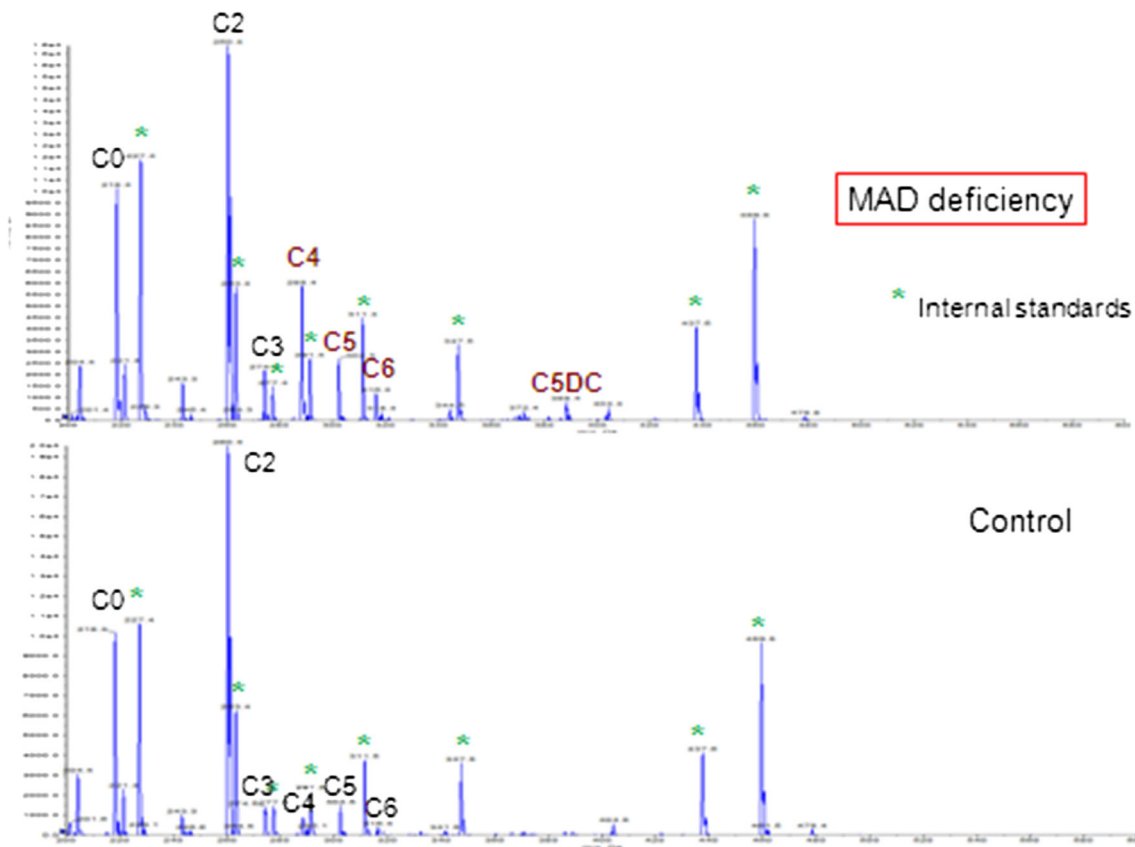
### Mitochondrial fatty acid oxidation disorders

Only two disorders of mitochondrial fatty acid oxidation have been described as presenting with antenatal manifestations: carnitine palmitoyltransferase 2 deficiency (CPT2) (Taroni et al. 1994, reviewed by Boemer et al. 2016), and multiple acyl-CoA dehydrogenase deficiency (MADD) due to electron transfer flavoprotein (ETF) or to electron transfer flavoprotein ubiquinone oxidoreductase (ETFQO) (Vianey-Saban et al. 2000). Measurement of acylcarnitines by MS/MS in AF supernatant allows detecting MADD by exhibiting an increase in short- and medium-chain acylcarnitines, as well as glutaryl carnitine (Fig. 2). Conversely, since long-chain acylcarnitines are not eliminated in urine but in bile, CPT2 deficiency cannot be reliably diagnosed by acylcarnitine analysis in AF (Boemer et al. 2016). Although it has never been performed, it is most probable that acylcarnitine profiling in fetal plasma or blood is diagnostic. Therefore, if fetal plasma or blood is not available, screening for these disorders is done by using whole-cell assays in cultured amniocytes or fetal cells (Nada et al. 1996) or by measuring CPT2 activity for CPT2 deficiency. The assay used to measure ETF and ETFQO activity necessitates the use of purified medium-chain acyl-CoA dehydrogenase (MCAD) and ETF from pig liver and is no longer available except in one lab. Mutation analysis of the corresponding genes, *ETFA*, *ETFB*, and *ETFQO* for MADD, and *CPT2* for CPT2 deficiency, are then necessary to confirm the diagnosis. Because fetuses affected by severe cerebral malformations are frequently aborted, Boemer et al. (2016) suggest that fatty acid oxidation disorders may be underestimated and should be considered when faced with a fetus with Dandy-Walker or another brain dysgenesis, especially in cases with intrafamilial recurrence or

**Table 4** Measurement of very-long-chain fatty acids (VLCFA), phytanic acid, pristanic acid and pipecolic acid by gas chromatography-mass spectrometry (GC-MS) in plasma from two fetuses affected with a biogenesis peroxisomal disorder (Zellweger syndrome) suspected on ultrasound findings and confirmed by measuring VLCFA in cultured fetal fibroblasts

	Affected fetuses Zellweger syndrome (fetal plasma)	Reference values (newborn plasma)
Weeks of pregnancy	? ; 26	
C26:0 ( $\mu\text{mol/L}$ )	3.50 ; 5.53	0.43–1.06
C24:0 ( $\mu\text{mol/L}$ )	16 ; 23	33–84
C22:0 ( $\mu\text{mol/L}$ )	8 ; 13	40–119
C26:0/C22:0	0.440 ; 0.410	0.006–0.019
C24:0/C22:0	2.00 ; 1.71	0.69–0.99
Pristanic acid	0.36 ; 0.24	0.01–0.90
Phytanic acid	1.24 ; 0.89	0.1–5.0
Pipecolic acid ( $\mu\text{mol/L}$ )	ND ; 5.0	<5.0

ND not determined



**Fig. 2** Acylcarnitine profile in amniotic fluid from a fetus affected with multiple acyl-CoA dehydrogenase deficiency (MADD) compared with a control amniotic fluid. *C0* free carnitine, *C2* acetylcarnitine, *C3*

propionylcarnitine, *C4* butyryl(isobutyryl)carnitine, *C5* isovaleryl(2-methylbutyryl)carnitine, *C6* hexanoylcarnitine, *C5DC* glutaryl carnitine

in the presence of associated cystic kidney malformation and liver steatosis.

### Organic acidurias

Measurement of glutaryl carnitine by MS/MS (together with the ratio of glutaryl carnitine to propionyl carnitine) (Shigematsu et al. 1996) and of glutaric acid by GC-MS (Jakobs 1989) in AF supernatant are reliable indicators in pregnancies with an established risk of glutaric aciduria type I. However, it has never been demonstrated whether glutaryl carnitine was increased in fetal plasma from affected pregnancies. These metabolites can also be used in pregnancies at risk of glutaric aciduria type I on ultrasound findings (Mellerio et al. 2008). Abnormal results must be confirmed by measuring glutaryl-CoA dehydrogenase activity in cultured amniotic fluid of fetal cells or mutation analysis of *GCDH*.

Barth syndrome is considered in the differential diagnosis of unexplained male hydrops, dilated cardiomyopathy, endothelial fibroelastosis, left ventricular noncompaction, or pregnancy loss (Steward et al. 2010). An increase of 3-methylglutaconic aciduria has been reported in urinary organic acids of patients with Barth syndrome, but this is not a constant finding

(Schmidt et al. 2004; Rigaud et al. 2013). Therefore, its measurement in AF cannot be a reliable marker of the disease. The diagnosis relies on cardiolipin analysis in cultured fetal cells or tissues or *TAZ* gene testing (Rigaud et al. 2013).

Mevalonic aciduria was diagnosed postnatally in a patient who presented abnormal prenatal ultrasound findings starting at 23 weeks of gestation: polyhydramnios, ascites, hyperechogenic bowel with mild dilation, agenesis of ductus venosus and skeletal dysmorphia (Schwarzer et al. 2008). Measurement of mevalonic acid in AF supernatant by stable isotope dilution assay using GC-MS can be used to detect affected fetuses. Determining mevalonate kinase activity or mutation analysis of *MVK* in cultured amniotic or fetal cells confirms the diagnosis (Rolland et al. 2005).

In a systematic review of all published patients with holocarboxylase synthetase deficiency, Bandaralage et al. (2016) reported abnormal antenatal imaging findings during the late second or early third trimester of pregnancy, the most common being subependymal cysts, ventriculomegaly, intraventricular hemorrhage, and often IUGR. The diagnosis of holocarboxylase synthetase deficiency can be suspected by measuring methylcitric and 3-hydroxyisovaleric acids (Suormala et al. 1998) and probably by an increase in propionyl carnitine (*C3*) and 3-hydroxyisovalerylcarnitine



(C5OH) in AF supernatant. It is confirmed by measuring holocarboxylase synthetase activity in cultured AF cells and mutation analysis of *HLCS*. Prompt biotin supplementation, especially when commenced antenatally, is associated with disease regression and good clinical outcome (Thuy et al. 1999).

### Aminoacidopathies

Fetal hyperechogenic colon (FHC) in the third trimester of gestation has been reported to be associated with cystinuria (Brasseur-Daudruy et al. 2006). In a retrospective study, Benoist et al. (2007) demonstrated that concentrations of cystine (median 72  $\mu\text{mol/L}$ ; controls 20–45), lysine (median 305  $\mu\text{mol/L}$ ; controls 60–180), ornithine (median 60  $\mu\text{mol/L}$ ; controls 8–30), and arginine (median 82  $\mu\text{mol/L}$ ; controls 10–45) in AF were all above the reference values in a group of six pregnancies with FHC, whereas these amino acids were in the reference intervals for gestational age in a group of 12 pregnancies with hyperechogenic small bowel. Diagnosis of cystinuria was confirmed at birth, suggesting that FHC and measurement of amino acids in AF are useful diagnostic indicators of cystinuria. Cystinuria is caused by impaired transport system for cystine and dibasic amino acids in renal proximal tubule and small intestine. The intestinal hyperechogenicity is probably due to accumulation of cystine crystals in the intestinal tract (Benoist et al. 2007). Progressive closure of the anal sphincter only starts after 22 weeks of pregnancy, explaining why the occurrence of FHC only occurs after 26 weeks.

Other aminoacidopathies can present with signs in the antenatal period. Disorders of serine biosynthesis (3-phosphoglycerate dehydrogenase deficiency, 3-phosphoserine aminotransferase deficiency, 3-phosphoserine phosphatase deficiency) (de Koning et al. 2002; de Koning 2013), and asparagine synthetase deficiency (Alfadhel et al. 2015) are responsible for congenital microcephaly and IUGR. Brain abnormalities detectable in the antenatal period have been described in glutamine synthetase deficiency [cerebral and cerebellar atrophy, agyria, paraventricular cysts (Häberle et al. 2005)], sulfite oxidase, and molybdenum cofactor deficiency [multiple subcortical cavities (Carmi-Nawi et al. 2011)], and nonketotic hyperglycinemia [hypoplasia of the corpus callosum (Paupe et al. 2002)]. Measurement of amino acids in AF is unreliable, at least for sulfite oxidase, molybdenum cofactor deficiency, and nonketotic hyperglycinemia (personal experience), and most probably for the amino acid synthesis defects that are undiagnosable in urine of affected patients. To our knowledge, measuring amino acids in fetal plasma has never been performed in these disorders, which probably explains why all patients with such disorders are diagnosed at birth. It must not be forgotten that maternal phenylketonuria or hyperphenylalaninemia leads to fetal microcephaly (Prick et al. 2012). Neonatal screening for phenylketonuria or

hyperphenylalaninemia is performed in all industrialized countries, but because of increasing emigration, not all mothers are investigated. The diagnosis relies on measuring phenylalanine in plasma or a dried blood spot of the mother.

### Congenital disorders of glycosylation

Congenital disorders of glycosylation (CDGs) are due to defects in the synthesis of glycans and the attachment of glycans to proteins and lipids, presenting with heterogeneous multisystemic clinical manifestations. To date, >60 different types of CDG have been reported. Most are due to defects in N-glycosylation, but disorders of O-glycosylation (especially O-mannosylation) have been reported. Both types of CDG can present with symptoms in the antenatal period.

The main clinical feature of defects of N-glycosylation is nonimmune HF. Léticée et al. (2010) reported a case and provided a systematic review of 12 reported cases with CDG and HF. Nine cases were due to phosphomannomutase 2 congenital disorder of glycosylation (PMM2-CDG), the most frequent form of CDG, and is caused by PMM deficiency and mutations in *PMM2*. A frequent mutation (p.Arg141His) has been identified in *PMM2*, and the carrier rate is ~1:100 in Caucasian population. Based on this allele frequency, the expected incidence of PMM2-CDG should be 1:20,000 (Schollen et al. 2000). The discrepancy between the expected and observed incidence (estimated at 1:40,000–1:80,000) could be explained by early antenatal death or mild underdiagnosed phenotype. The other cases of CDG with HF were asparagine-linked glycosylation homologs (ALG) ALG1-CDG, ALG8-CDG, ALG12-CDG, and an unclassified one. Isoelectric focusing or Western blot glycosylation pattern of transferrin is the screening method of choice to detect N-glycosylation disorders associated with sialic acid deficiency. However, while transferrin abnormalities have been identified in fetal serum of two fetuses affected with PMM2-CDG at 27 weeks and 30 weeks of pregnancy, respectively (Edwards et al. 2006; Léticée et al. 2010), it has been demonstrated as unreliable in another case (Clayton et al. 1993). Further studies are needed to confirm these findings. The diagnosis is most often suspected at pathological examination. PMM activity can be measured in cultured amniocytes or fetal cells but can show intermediate values (Matthijs et al. 1998). Measurement of PMM activity in parents' leucocytes has been proposed (Léticée et al. 2010) but, in our experience, there is an overlap between PMM activity in heterozygotes and controls. The clue is probably the mutational screening of the *PMM2* gene and the development of gene panels by NGS. Recently, Lepais et al. (2015) reported two siblings affected with ALG3-CDG presenting antenatally with short long bones, IUGR, and cerebellar vermis hypoplasia.

**Table 5** Biological diagnosis of inborn errors of metabolism with antenatal expression

Metabolism	Inborn Error of metabolism	Supernatant of amniotic fluid	Cultured cells (amniocytes, fetal fibroblasts)	Fetal blood (serum/plasma)	
Lysosomal storage disorders	Mucopolysaccharidosis type VII	Glycosaminoglycans (chondroitin sulfate)	$\beta$ -D-glucuronidase activity <i>GUSB</i> gene	$\beta$ -D-glucuronidase	
	Infantile Sialic acid Storage Disease (ISSD)	Free sialic acid	Free sialic acid <i>SLC17A5</i> gene	-	
	Galactosialidosis	Oligosaccharides	Neuraminidase and $\beta$ -galactosidase activities <i>CTSA</i> gene	-	
	Sialidosis type 2	Oligosaccharides	Neuraminidase activity <i>NEU1</i> gene	-	
	GM1 gangliosidosis	Oligosaccharides	$\beta$ -galactosidase activity <i>GLB1</i> gene	-	
	Gaucher disease	Lysohexosylceramide	Glucocerebrosidase activity <i>GBA</i> gene	-	
	Mucopolidosis type II	$\beta$ -D-glucuronidase, $\alpha$ -L-fucosidase and total hexosaminidase	<i>GNPTAB</i> gene	$\beta$ -D-glucuronidase, $\alpha$ -L-fucosidase and total hexosaminidase	
	Niemann-Pick disease type C	-	Filipin test <i>NPC1</i> , <i>NPC2</i> genes	Oxysterols?	
	Mucopolysaccharidosis type IVA	Glycosaminoglycans (keratan sulfate)	N-acetylgalactosamine-6-sulfatase activity <i>GALNS</i> gene	-	
	Wolman disease	-	Lysosomal acid lipase activity <i>LIPA</i> gene	Oxysterols?	
	Niemann-Pick disease type A	-	Sphingomyelinase activity <i>SMPD1</i> gene	Oxysterols? Lysophingomyelin/isoform '509' ?	
	Farber	-	Acid ceramidase activity <i>ASAH1</i> gene	-	
	Disorders of cholesterol synthesis	Smith-Lemli-Opitz	7-dehydrocholesterol (7DH) 8-dehydrocholesterol Ratio 7DH / cholesterol	7-dehydrocholesterol <i>DHCR7</i> gene	7-dehydrocholesterol (7DH) 8-dehydrocholesterol Ratio 7DH / cholesterol
		Conradi-Hünemann-Happle	8-dehydrocholesterol	8-dehydrocholesterol <i>EBP</i> gene	8-dehydrocholesterol
Desmosterolosis		Desmosterol	Desmosterol? <i>DHCR24</i> gene	Desmosterol?	
Lathosterolosis		Lathosterol	Lathosterol? <i>SC5D</i> gene	Lathosterol?	
Greenberg dysplasia		-	<i>LBR</i> gene	-	
CHILD		-	<i>NSDHL</i> gene	-	
Glycogen storage diseases	Antley-Bixler Type IV	-	<i>POR</i> and <i>FGFR2</i> genes	-	
	Branching enzyme activity,	-	Branching enzyme activity, <i>GBE1</i> gene	-	
Peroxisomal disorders	RCDP	-	Plasmalogens measurement DHAP-AT activity <i>PEX7</i> gene	Plasmalogens measurement?	
	Zellweger syndrome spectrum due to a peroxisome biogenesis disorder (PBD-ZSS)	-	VLCFA VLCFA $\beta$ -oxidation DHAP-AT activity (decreased) <i>PEXs</i> genes (PBD)	VLCFA	
	Acyl-CoA oxidase 1 deficiency (ACOX1) and D-bifunctional protein deficiency (DBP)	-	VLCFA VLCFA $\beta$ -oxidation DHAP-AT activity (normal) <i>ACOX1</i> gene (ACOX1) <i>HSD17B4</i> gene (DPB)	VLCFA	
	Whole cell assays	-	Whole cell assays <i>ETFDH</i> , <i>ETFA</i> , <i>ETFB</i> genes	Acylcarnitines? (all chain lengths)	
Mitochondrial fatty acid oxidation defects	MADD	Acylcarnitines (short-chain and medium-chain acylcarnitines, glutarylcamitine)	Whole cell assays CPT2 activity	Acylcarnitines? (long-chain acylcarnitines)	
	CPT2 deficiency	-	Whole cell assays CPT2 activity	Acylcarnitines? (long-chain acylcarnitines)	

**Table 5** (continued)

Metabolism	Inborn Error of metabolism	Supernatant of amniotic fluid	Cultured cells (amniocytes, fetal fibroblasts)	Fetal blood (serum/plasma)
Organic acidurias	Glutaric aciduria type I	Acylcarnitines (glutaryl carnitine)	<i>CPT2</i> gene Glutaryl-CoA dehydrogenase activity	Acylcarnitines (glutaryl carnitine)
	Barth syndrome	Organic acids (glutaric acid)	<i>GCDH</i> gene	Cardiolipins?
	Mevalonic aciduria	Organic acids +/- (3-methylglutaconic acid)	Cardiolipins <i>TAZ</i> gene	-
	Holocarboxylase synthetase deficiency	Organic acids (mevalonic acid)	Mevalonate kinase <i>MVK</i> gene	-
Aminoacidopathies	Cystinuria	Organic acids (methylcitric, 3-hydroxyisovaleric acids)	Holocarboxylase activity <i>HLCS</i> gene	Acylcarnitines?
	Amino acid synthesis defects: serine, asparagine, glutamine	Acylcarnitines (C3, C5OH)	Amino acids	-
	NKH, Sulphite oxidase deficiency, Molybdenum cofactor deficiency (MoCo)	Amino acids	-	Amino acids?
Congenital disorders of glycosylation	O-mannosylation	-	<i>SLC3A1</i> and <i>SLC7A9</i> genes Serine: 3-phosphoglycerate dehydrogenase ( <i>PHGDH</i> gene), 3-phosphoserine aminotransferase ( <i>PSAT1</i> gene), and 3-phosphoserine phosphatase ( <i>PSPH</i> gene)	Uric acid (MoCo)?
	N-glycosylation	-	Asparagine: asparagine synthetase ( <i>ASNS</i> gene) Glutamine: glutamine synthetase ( <i>GS</i> gene) <i>GLDC</i> , <i>AMT</i> genes Sulfite oxidase activity <i>SUOX</i> , <i>MOCS1</i> , <i>MOCS2</i> genes	-
Pentose phosphate pathway	Transaldolase deficiency	Polyols	<i>POMT1</i> , <i>POMT2</i> , <i>POMGnT1</i> genes Phosphomannomutase <i>PMM2</i> gene Panel of genes CDG? Transaldolase activity <i>TALDO</i> gene	Transferrin glycosylation pattern +/-
Respiratory chain disorders and other inborn errors of energy metabolism	-	-	Whole exome sequencing? Gene panels?	-

*CPT2* carnitine palmitoyl transferase 2 deficiency; *DHAP-AT*: dihydroxyacetone phosphate-acyltransferase; *MADD*: multiple acyl-CoA dehydrogenase deficiency; *MPS*: mucopolysaccharidosis; *NKH*: non ketotic hyperglycinemia; *RCDP*: rhizomelic chondrodysplasia punctata; *VLCHA*: very-long-chain fatty acid measurement

Defects of protein O-mannosylation (POMT) are responsible for autosomal recessive Walker-Warburg syndrome (POMT1/POMT2-CDG) and muscle-eye-brain disease (POMGNT1-CDG) (Wopereis et al. 2006 ; Lacalm et al. 2016). They are suspected by ultrasound findings and pathological examination, but their diagnosis relies on mutation analysis of the corresponding genes: *POMT1*, *POMT2*, and *POMGnT1*.

**Other inborn errors of metabolism**

Transaldolase (TALDO) deficiency, an inborn error in the pentose phosphate pathway, can present with a

multimalformation syndrome, HF, oligohydramnios, and IUGR (Valayannopoulos et al. 2006). The retrospective analysis of AF of an affected fetus sampled at 27 weeks of gestation exhibited elevated concentrations of sedoheptulose (13.5 μmol/L; reference values <1.2 μmol/L) and, to a lesser extent, ribitol (7 μmol/L; reference values 1–4 μmol/L). Conversely, erythritol and arabitol, which are found elevated in urine samples from TALDO patients, were normal in the AF of this affected pregnancy (Wamelink et al. 2008). TALDO activity is severely decreased in fibroblasts of patients (Valayannopoulos et al. 2006) and can probably be measured in cultured amniocytes or fetal cells—although, to our knowledge, it has never been reported—as well as mutation

analysis of the *TALDO* gene in DNA extracted from fetal tissues.

Primary mitochondrial respiratory chain disorders (MRCD) are a heterogeneous group of pathologies caused by genetic alterations affecting mitochondrial energy production. Epidemiological studies have shown that average prevalence is about 1:20,000, indicating that MRCD is the most common group of inherited metabolic diseases (Schaefer et al. 2004). There is limited information on the antenatal manifestations of MRCD. Experiments in mice have shown that mitochondrial activity varies during fetal life. In the first trimester of pregnancy, the embryo develops in a low-oxygen environment, whereas in the third trimester, high oxidative metabolism takes place through the mitochondria to sustain the rapid fetal growth (reviewed in DiMauro and Garone 2011; Yanicostas et al. 2011). Retrospective studies of pediatric patients with MRCD showed that IUGR was the most frequent antenatal feature observed (von Kleist-Retzow et al. 2003; Tavares et al. 2013). However, due to the lack of characteristic antenatal findings, such diseases are usually diagnosed at birth. Moreover, there is no specific metabolite that can be measured in the supernatant of AF. Other inborn errors of energy metabolism can present with antenatal ultrasound abnormalities. Fumarase deficiency, an inborn error that affects Krebs cycle, can present with polymicrogyria soon after birth (Ottolenghi et al. 2011) and pyruvate dehydrogenase deficiency with agenesis of corpus callosum (Patel et al. 2012; Al Kaissi et al. 2014), but these abnormalities are not specific enough to allow suspicion of these disorders in the antenatal period.

## Conclusion

IEM diagnosed in the second half of pregnancy on ultrasound findings are mainly LSDs and cholesterol biosynthesis defects (SLO). This is probably because they are the most frequent IEM presenting in fetal life but also because they are easy to diagnose. Biochemical testing is available for a wider range of IEMs (Table 5).

Why is it important to diagnose an IEM in the antenatal period? In the vast majority of these disorders, there are no options for treatment. This explains why there is a need to arrive at a diagnosis as soon as possible to eventually propose a termination of pregnancy. Moreover, in most cases, genetic counseling can be proposed to the families for future pregnancies. A prenatal diagnosis can be performed in uncultured chorionic villi, in most cases by mutation analysis or by measuring enzyme activity but sometimes by measuring metabolite(s), thus allowing early diagnosis—before 13 weeks. If the diagnosed IEM has a severe prognosis, an early termination of pregnancy can be proposed or an intrauterine treatment can be attempted. Treating the mother of a fetus affected with a disorder of serine synthesis (3-phosphoglycerate dehydrogenase deficiency) with

L-serine during the last trimester of pregnancy had a beneficial effect: in contrast to her severely affected sibs, this girl was born normocephalic with a normal psychomotor development (de Koning 2013). The same beneficial effect has been observed in holocarboxylase synthetase deficiency by early treatment of the mother with biotine (Thuy et al. 1999). Preimplantation genetic diagnosis is now available in an increasing number of countries and allows exclusion of an affected fetus, and for some treatable disorders (e.g., cystinuria), prenatal diagnosis allows appropriate medical care at birth.

Some clues can be proposed to improve diagnosing IEM on ultrasound findings. A systematic retrospective review of antenatal signs of patients presenting with clinical signs early in the neonatal period can perhaps allow identification of more (or even new) specific ultrasound findings. The development of fetal spectroscopic MRI could be helpful by identifying an increased signal for N-acetylaspartic acid in Canavan disease, an increase of lactic acid in respiratory chain disorders and other disorders of energy metabolism, and eventually a decrease in creatine in creatine transporter defect. A tandem mass-spectrometry-based metabolomics study of AF, as it has been developed in urine (Pitt et al. 2002), could allow detection in a same run of abnormal metabolites. Whole-exome sequencing or development of gene panels according to ultrasound findings (HF, chondrodysplasia, ...) will probably be the more promising way to reach a diagnosis. This approach can be applied using DNA from the fetus or, if it is not available, from the parents. However, biochemical investigation will remain helpful to confirm the deleterious effect of undescribed variants, and this emphasizes the need to collect fetal material.

## Compliance with ethical standards

**Conflict of interest** None.

**Details of funding for all research studies** The authors confirm independence from the sponsors; the content of the article has not been influenced by the sponsors.

**Informed consent** All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of Helsinki 1975, as revised in 2000. Informed consent was obtained from all patients for inclusion in the study.

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