# Optimization, fabrication, and characterization of four electrode-based sensors for blood impedance measurement

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Accepted: 5 January 2021 / Published online: 15 January 2021

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## Abstract



In this work, an optimized, non-invasive four electrode-based impedimetric sensors have been designed, fabricated, and characterized for measuring the impedance of a biological cell. The impedimetric sensors having four mono-polar electrodes were fabricated utilizing the photolithography technique with gold as the electrode material. Furthermore, the impedance of the electrolyte/electrode interface was simulated by optimizing different parameters, including applied voltage, PBS thickness, and diameter, using COMSOL Multiphysics software for a frequency range of 100 Hz to 1 MHz. Next, the impedance of the fabricated device was measured experimentally using the electrochemical impedance spectroscopy (EIS) technique. Then, the COMSOL data was equated with the impedance obtained from the fabricated devices to realize the feasibility and error percentage ( $RSE < 5\%$ ) of the sensor. The equivalent circuit model for the measured impedance data of PBS was obtained utilizing the ZsimpWin software. Besides, the mathematical relations between the impedance, phase angle and the area of the electrode were interpreted for the fabricated impedimetric sensors. Later on, a real blood sample was also characterized to demonstrate the feasibility and the validity of the proposed technique and the fabricated devices in cell diagnosis.

Keywords EIS · COMSOL multiphysics · ZsimpWin · Sensor · Blood impedance

# 1 Introduction

The invention of the electrode-based impedimetric sensor is indeed a significant breakthrough in the research arena of microelectronics, nanotechnology, and bio-electronic devices (Franks et al. [2005;](#page-7-0) Curtis et al. [2009;](#page-7-0) Kumar et al. [2018a](#page-7-0)). It opened the pathway to in-depth studies on the functionality of living cells, both qualitatively and quantitatively. Hence, it

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promises a reliable technique in the field of cancer research (Hong et al. [2011](#page-7-0); Láng et al. [2017;](#page-7-0) Pradhan et al. [2014a;](#page-7-0) Kalkal et al. [2020\)](#page-7-0), cell behavior measurement (Xiao et al. [2002;](#page-8-0) Wang et al. [2010](#page-8-0); Pradhan et al. [2014b](#page-8-0)), and drug discoveries (Huang et al. [2003;](#page-8-0) Giaever and Keese [1993;](#page-8-0) Pradhan et al. [2014c](#page-8-0)) as well as cytotoxity (An et al. [2019;](#page-8-0) Pradhan et al. [2014d\)](#page-8-0), quantification of barrier formation (Szulcek et al. [2014](#page-8-0); Benson et al. [2013](#page-8-0); Schmiedinger et al. [2020\)](#page-8-0), and wound healing (Cavallini and Tarantola [2019\)](#page-8-0). Dr. Ivar Giaever and Dr. Charles R. Keese invented this impedance-based cell monitoring technology in the early 1980s. They used fabricated gold electrodes for monitoring cell movement and to monitor the barrier formation of a cell (Giaever and Keese [1993;](#page-8-0) Giaever and Keese [1984](#page-8-0); Giaever and Keese [1991;](#page-8-0) Giaever and Keese [2000](#page-8-0)). The particular device acts as a transducer that changes the biological/ chemical signal into an electrical signal. In this technique, living cells are grown on the top of the conductive metal electrodes, preferably of gold, silver, or platinum. The living cell acts as an insulator due to the inherent insulating properties of its cell membrane and cytoplasm (Raicu et al. [2008](#page-8-0)). A biological cell contains intracellular fluids (ICF), cell membranes with or without a cell wall, and suspended extracellular

fluids (ECF). When a small alternative current (AC)  $(10^2 10<sup>6</sup>$  Hz) passes through the cell, the cell membrane and cytoplasm of the cell creates hindrance in the transmission of the current that is recorded in a phase-sensitive impedance measurement instrument. From the variation in the measured impedance of the cell, the shape, characteristics, and behavior of the living cell can be known (Chang and Park [2010;](#page-8-0) Hu et al. [2013\)](#page-8-0). This is because the cell produced a complex bioelectrical impedance under AC excitation, which further depends on the cell compositions and the frequency (Ackmann [1993\)](#page-8-0). A minimal change in the cell composition will be reflected in the bio-impedance; therefore, the biological cell impedance is an effective way of cell diagnosis.

The electrochemical impedance spectroscopy (EIS) technique consists of 2, 3 & 4 electrodes configurations. Out of them, a 3-electrodes system is the most common configuration. It mainly comprises of Working Electrode (the sensing electrode embedded in working electrode) (WE), Reference Electrode (RE), and Counter Electrode (CE) (Kumar et al. [2018b](#page-8-0); Pradhan et al. [2019](#page-8-0); Orazem and Tribollet [2017](#page-8-0)). The WE passes the AC to the sample under test; that current is collected by CE (sink), thereby completing the whole circuit, whereas the RE provides a constant voltage as a reference. For the present study, the sensing electrode has been separated from the working electrode, providing an extra electrode for improving the sensing capability of the whole impedimetric device. The present sensor in this research has four electrodes - Working Electrode (WE), Reference Electrode (RE), Counter Electrode (CE), and a Sensing Electrode (SE). Here, the impedance was obtained by applying a small AC through the WE and CE electrodes, and the output impedance is measured from the SE (Brom-Verheijden et al. [2018\)](#page-8-0). In a 3-electrode setup, the same electrode is used as the working and sensing electrode which is prone to noises in the output signal. Whereas, it is separated in the case of 4 electrode setup. Therefore, the noise level reduces in the output signal (Xia et al. [2020](#page-8-0)). Moreover, this kind of setup is the perfect choice for measuring impedance across solution-phase interface, such as a membrane or liquid-liquid junction, which is the case in bioimpedance.

The microelectronic device has several advantages of being label-free, non-invasive, portable, cost-effective, reduced sample volume, higher current density. These devices ensure higher accuracy and real-time monitoring, which are significant for biomedical researches (Park and Shuler [2003](#page-8-0); Pradhan et al. [2012;](#page-8-0) Srinivasaraghavan et al. [2014\)](#page-8-0). However, the noise due to interfacial capacitance is deemed as a critical drawback of the microelectrode devices (Franks et al. [2005](#page-7-0); Pradhan et al. [2014b;](#page-8-0) Pradhan et al. [2012](#page-8-0)). Meanwhile, the complete removal of this interfacial noise is highly unlikely; the reduction in the parasitic capacitance is necessary to minimize the noises in the measured data. Considering this fact, the optimization for its parameters of

the impedimetric device, such as electrode area, thickness, and diameter of electrolyte, and the applied voltage is essential to get the exact impedance of the whole system (Lai et al. [2019\)](#page-8-0). The EIS (electrical impedance spectroscopy) has already been established as non-invasive sensing techniques, and researchers all over the world have used this technique for glucose monitoring (Huang et al. [2020](#page-8-0)), cell diagnosis (Filho et al. [2018;](#page-8-0) Bera [2014](#page-8-0)). The present work has also demonstrated a 4-electrode prototype of the device used in noninvasive cell diagnosis purposes. The AC used in the experiment does not harm or destroy the cell; therefore, the technique can be termed as non-invasive.

For the first time, this article reports the optimization studies of the 4-electrode-based devices for impedance measurement. The optimization of the interfacial layer was done by simulating diverse design parameters to employ the final device better. All the proposed sensors were simulated by using COMSOL Multiphysics, and later the simulated data were matched with the investigational data of the fabricated device for phosphate-buffered saline (PBS). The impedimetric devices were fabricated by e-beam deposition and standard photolithography techniques. Subsequently, the electrical parameters are obtained from the experimental data by using a suitable equivalent circuit. A mathematical relationship was developed between the impedance, phase angle, and the area of the working electrode for PBS. Also, these devices were used to measure blood impedance successively.

## 2 Optimization of Impedimetric device

#### 2.1 Design of electrode

This study shows the effects of the sensor geometry on the output impedance signal of the sample. The aim is to minimize the parasitic double-layer capacitance generated by the polarization effect at the electrode/electrolyte interface (Padmaraj et al. [2011\)](#page-8-0). This capacitance becomes significant for the biological samples, as the conductivity of the buffer solution is very high. As stated in their work (Franks et al. [2005;](#page-7-0) Pradhan et al. [2012](#page-8-0)), the double-layer capacitance formation can be prevented by keeping the inactive electrode area and the substrate separated from the electrolytic solution. Therefore, a coating of polymer or passivation layer (SU8) is applied to the connecting leads, and only the active electrode regions are exposed for sensing purposes (Pradhan et al. [2012;](#page-8-0) Price et al. [2009\)](#page-8-0). The gold electrode used in the sensors is chosen for its chemically inert nature with the living cells; therefore, it does not affect the output impedance. In this work, the author used the 4- electrode technique with gold electrodes instead of the conventional 3-electrode technique to attain the maximum sensitivity of the device.

To avoid any cross-contamination between electrodes, all the electrodes are positioned at a distance of 100 μm from each other (Price et al. [2009\)](#page-8-0). The geometrical dimensions of WE, SE, RE, CE for the four different designs are  $50 \times$ 50 μm,  $100 \times 100$  μm,  $150 \times 150$  μm;  $200 \times 200$ , as shown in Table 1. All the electrodes are connected to the contact pads (1000 μm  $\times$  1000 μm) via a 100-μm comprehensive interconnection line from which the external electrical input is supplied. For measuring the impedance of electrolyte, a cylindershaped well of 78.5  $\text{mm}^2$  area has been placed surrounding the active electrodes.

#### 2.2 Procedure of optimization

Four design geometries (described above) for the impedimetric sensors were optimized by considering the different design parameters. For each design, simulations have been done varying the parameters like applied voltage (5 mV, 10 mV, 15 mV, 20 mV), the thickness of PBS solution (500 μm, 1000 μm, 1500 μm, 2000 μm), and the diameter of the circular PBS region (2000 μm, 4000 μm, 6000 μm and 8000 μm), as described in Table 2. For each simulation, only one parameter was varied, keeping the other two parameters constant in the COMSOL Multiphysics software. Finally, the simulation outputs were compared with the equivalent circuits in the ZsimpWin software, and the optimized design parameters were obtained.

## 2.3 Equations used in COMSOL multiphysics

The COMSOL Multiphysics software (version 5.2) has been used to simulate and optimize the design using the finite element method (FEM) and different numerical approaches. Here, the AC/DC module has been selected for conducting the simulations, and the electric current interface and a Frequency Domain study step are chosen for designing the electrodes. The simulation considered two assumptions, first was the linear and curl-free electric field, and the second one was the purely capacitive nature of the electrodes. The model uses the 2D time harmonics analysis of electric current for impedance analysis which operates on the assumption that the electric field is linear. Moreover, there is no magnetic field present at the electrodes; therefore, the inductive effect can be neglected. Thus the electric field can be expressed as the gradient of

Table 2 Parameters of optimization

Voltage $20 \text{ mV}$ $10 \text{ mV}$ $15 \text{ mV}$ $5 \text{ mV}$ PBS thickness $1500 \mu m$ $500 \mu m$ $1000 \mu m$ PBS diameter $2000 \mu m$ $4000 \mu m$ $6000 \mu m$	Parameter	Step 1	Step 2	Step 3	Step 4
					$2000 \mu m$ $8000 \mu m$

a scalar potential V, as discussed in (Pradhan et al. [2012](#page-8-0)). The continuity equation is described as follows:

$$
-\nabla \cdot (\sigma + j\omega \varepsilon_r \varepsilon_0) \nabla V = 0 \tag{1}
$$

Where  $\varepsilon_r$  depicts relative permittivity,  $\varepsilon_0$  denotes free space permittivity, V represents the voltage,  $\omega$  is the angular frequency, and  $\sigma$  is the conductivity of the system. The following equations represent the equations used for displacement D and electric field E:

$$
E = -\nabla V \tag{2}
$$

$$
D = \varepsilon_0 \varepsilon_r E \tag{3}
$$

The module obtains the current density J using Ohm's law as below:

$$
J = \sigma E + j\omega D + J_e \tag{4}
$$

Where σ denotes the conductivity of the electrolyte PBS and Je is the external current density. Since in the system, no external current density was present, the equation could be reduced to:

$$
J = \sigma E + j\omega D \tag{5}
$$

## 2.4 Simulating parameters

The COMSOL Multiphysics software simulates four thin gold microelectrodes on a glass substrate, confined by a Pyrex cylinder containing 1 mL of PBS electrolytic solution. The PBS has a relative dielectric constant of 136 and a conductivity of  $2 \times 10^{-5}$  S/m (Wang and Jang [2009\)](#page-8-0). The PBS layer, which has contact with the cylinder walls, has been considered as an insulator while all the four gold electrodes were modeled as the perfect electric conductors. The counter and reference electrodes have been set to ground potential, whereas the



<span id="page-3-0"></span>

Fig. 1 Equivalent Circuit model used for the PBS experiment

working and sensing electrodes were provided with a terminal voltage of 5 mV, 10 mV, 15 mV, 20 mV, etc. for each set of simulations. Thus, an electric connection was built from the working electrode to the counter electrode, subsequently establishing an electric field.

#### 2.4.1 Equivalent circuit simulation by using ZsimpWin

The simulated impedance values extracted from the COMSOL Multiphysics model were exported to ZsimpWin (Equivalent circuit simulator, Version 3.21) to validate the simulation (Pradhan et al. [2010;](#page-8-0) Pradhan et al. [2011](#page-8-0)). The equivalent circuit, as shown in Fig. 1 extracted from previous literature (Pradhan et al. [2012](#page-8-0)) was used to get the optimized parameters by fitting the COMSOL and ZsimpWin data, subsequently leading to the fabrication of a device to measure blood impedance. In the equivalent circuit,  $R_s$  represent solution resistance, Rc denotes charge transfer resistance, and Q represents doublelayer capacitance for electrode/electrolyte interface.

Also, the values of different electrical parameters have been extracted from experimental data with the help of ZsimpWin software by several iterative processes in which the chi-square  $(\chi^2)$  value plays a vital role in validating the equivalent circuit model (Boukamp [1989\)](#page-8-0). The standard value of  $\chi^2$  has been found to be  $1.5 \times 10^{-3}$  or less well within the reported range (Pradhan et al. [2011\)](#page-8-0).

## 3 Device fabrication

The impedimetric devices have been fabricated on the glass substrate by using the photolithography technique (selective etching



Fig. 3 Fabricated 4-electrodes based devices with cloning cylinder (inset: Microscopic view)

of the material deposited). Initially, thin layers of Titanium (100 Å) and gold (500 nm) were thermally deposited on the glass substrates and patterned accordingly, followed by the wet etching of the extra material. In the second step of lithography, a passivation coating of photosensitive polymer (SU8 coating of thickness 50 μm) was done over the connecting electrodes for their isolation; thus, only the sensor part of the electrodes was exposed to the analyte. The cloning cylinder working as an electrolyte reservoir was aligned and glued around the electrodes with PDMS, as shown in Fig. 2. The optical image of the final fabricated device is shown in the Fig. 3.

## 4 Measurement of impedance

The electrical impedance of PBS and blood was measured by using the electrochemical work station (M204, Metrohm



3. Patterned Ti-Au electrodes 6. Attachment of cloning cylinder

Fig. 2 a) A stepwise fabrication process flow diagram for the device b) a 3D schematic of device with cell chamber  $\mathcal{Q}$  Springer

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Fig. 4 Optimization of (A) Voltage, (B) PBS thickness, (C) PBS diameter

Autolab). In the present study, the sample volume of PBS and blood are taken 1 ml for each device measurement. All the analyses were performed by sweeping the frequency in a logarithmic scale from 100 Hz to 1 MHz for an actuation voltage of 10 mV. The data obtained was further exported in the ZsimpWin software to extract the electrical parameters.



Fig. 5 Bode plot for the COMSOL simulated data and investigational results for PBS Fig. 6 Nyquist plot of experimental PBS data simulated with ZSimpWin

## 5 Results and discussions

## 5.1 Optimization of device parameters

In the first step, the actuation voltage is optimized for the future process; for that purpose, a set of four experiments have



<span id="page-5-0"></span>Table 3 Value of different electric components of the obtained circuit and RSE for PBS sample



been performed by taking the voltage 5 mV, 10 mV, 15 mV, and 20 mV respectively, as shown in Fig. [4](#page-4-0) (A). It is evident from the figure that the ZsimpWin data matches perfectly with the simulated data for 10 mV input voltage. Therefore, for future experiments, the actuation voltage will be taken as 10 mV.

The second step is to optimize the PBS thickness for the process; a similar process is done with thickness taken as 500 μm, 1000 μm, 1500 μm, and 2000 μm, respectively. From Fig. [4](#page-4-0) (B), a perfect match can be seen between the simulated and the fitted data; thus, we can conclude that the 1000 μm is the optimized PBS thickness and will be taken for future experiments. Similarly, the diameter of the PBS is optimized by taking four values as 2000 μm, 4000 μm, 6000 μm, and 8000 μm, respectively. It is evident from Fig. [4](#page-4-0) (C) that the 2000 μm is the optimized diameter for PBS to get the optimum value of impedance.

## 5.2 Impedance of PBS sample

The Bode plot for simulated and experimental data obtained by the characterization of the device with the PBS sample is as shown in Fig. [5](#page-4-0).

It can be seen that the total impedance decreases with the increase of the frequency, whereas the phase increases signifying the capacitive effect of the device. The electrolyte impedance and polarization electrode impedance combined gives the total impedance of the sensor. Since polarization impedance is inversely proportional to the electrode area; therefore, the electrode with the smallest area shows higher impedance and vice versa. The Design 4 geometry has a lower polarization impedance and electrolytic impedance as it allows more charge to flow through its surface. The percentage of error (RSE %) of impedance data for each design remains below 5%, which is satisfactory by nature, as depicted in previous literature (Pradhan et al. [2012;](#page-8-0) Pradhan et al. [2011](#page-8-0)).

## 5.3 Equivalent circuit fitting result

Figure [6](#page-4-0) shows the Nyquist plot of the experimental data fitted by the ZsimpWin equivalent circuit models, as shown in Fig. [1](#page-3-0), which fits well as the standard value of  $\chi^2$  value has been found to be  $1.5 \times 10^{-3}$  or less and the percentage of error (RSE %) of impedance data for each design remains below 5%. The circuit is the interpretation of the theoretical model of the



Fig. 7 Output plot showing the dependence of (a) impedance (b) phase angle of the device with the working electrode area

<span id="page-6-0"></span>

Fig. 8 Bode plot for the whole blood with an equivalent circuit (inset).

electrode/electrolyte circuit proposed by previous literature (Franks et al. [2005](#page-7-0)).

The capacitance due to the passivation coating, doublelayer capacitance, and the interface capacitance behave more like constant phase elements (CPE) than an ideal capacitor. The following model parameters  $\alpha$  and Q, as per eq. (6), express the impedance of the CPE.

$$
Z = 1/Q(j\omega)^n \tag{6}
$$

Here, Q is the constant,  $j = \sqrt{-1}$ , and n is the fractional exponent of the CPE element where the value of n varies from  $0 < n < 1$ . When  $n = 1$ , the CPE behaves like an ideal capacitor having unit capacitance, and the system is expressed by a single time-constant. When  $n = 0$ , CPE acts as a resistor. In this work, the value has been taken,  $n = 1$  as per references (Pradhan et al. [2012](#page-8-0); Pradhan et al. [2011\)](#page-8-0), assuming CPE acting as a capacitor.

Table [3](#page-5-0) shows the data and relative standard error (RSE%) of the electrical components, and it can be observed that the simulated and the experimental data has got aligned with a slight deviation, and the  $\chi$ 2 value is below 1.5 × 10<sup>-3</sup> for different designs. It is evident from Table [3](#page-5-0) that the CPE is highest in Design 4 and decreases with the decrease of electrode dimensions. In addition, the charge flow resistance decreases with the increase of electrode dimensions. This decrease may be due to more surface area, which allows more charges to flow, thus increasing the overall conductivity. However, the larger surface area also creates more contamination problems, even for the low resistive bio samples, it might not give the exact result, which thus paves the way to emphasize on the optimization of the device so that these problems can be avoided.

A mathematical expression can show the relation between electrode area with the impedance and phase angle of the optimized impedimetric sensor by plotting the magnitude of the impedance and the phase angle of the device against the variables like frequency and the area of the electrodes, as shown in Fig. [7.](#page-5-0) LAB fit curve fitting software was adopted to get a relation between different parameters, which uses the Levenberg Marquardt algorithm (Marquardt [1963\)](#page-8-0) between the independent and dependent variables to find the bestfitted equation for the given data.

The mathematical relation between the magnitude of impedance  $(Z)$  and the electrode area  $(A_W)$  for the above plot has been obtained as

$$
Z = A_1 \times \left( B_1^f \right) \times A_w^{C_1} + D_1 \tag{7}
$$

Where the values of constants are,  $A_1 = 0.1292 \times 10^7$ ,  $B_1 =$ 0.9997, C<sub>1</sub> =  $-0.2128$ , D<sub>1</sub> = 0.4555  $\times$  10<sup>4</sup> respectively. For the phase angle (θ) and the electrode area  $(A<sub>w</sub>)$  are obtained as follows for the output plot

$$
\theta = (M_2 + A_w)/(N_2 + O_2 \times f) + P_2 \times f \tag{8}
$$

Where,  $\theta$  is phase angle, and the constant values are  $M_2 = 0.1246 \times 10^7$ , N<sub>2</sub> =  $0.1268 \times 10^5$ , O<sub>2</sub> =  $0.1119 \times 10^2$ , P<sub>2</sub> = - $0.1031 \times 10^{-4}$ .

The eqs. 7 and 8 are the mathematical expressions for the impedance and phase angle for optimized electrodes, obtained using the LAB fit software. Knowing the frequency and the values of the constants and the frequency of the AC signal, we can easily predict the impedance and the phase angle for the different electrode areas, which can be advantageous for selecting the perfect area for the electrode.

Table 4 Value of various electric components of the obtained circuit and RSE for the blood sample



## <span id="page-7-0"></span>5.4 Impedance of blood sample

In this context, the blood sample was collected in a sterilized tube from institute hospital with the written consent of the person and approval from the Institutional Ethical and Biosafety Committee (BT/IHEC-IITR/2019/7525). The sample was characterized using similar variables of the experiments as PBS. Here, Fig. [8](#page-6-0) shows the Bode plot for the characterization of the blood using the proposed fabricated devices. It is evident from the presented results that the blood has higher impedance at the lower frequency range, which in terms decreases at higher frequencies. This is due to the fact that at a lower frequency range, most of the current flows around a blood cell because the cell membrane insulates the cytoplasm. Therefore, a longer path gives rise to an increase in the overall impedance of the system. On the other hand, at higher frequencies, the current easily passes through the cell as the membrane becomes more conductive at this frequency range. Therefore, the current conduction mechanism in the blood is a function of the cytoplasm complex impedance, as depicted by Fig. [8](#page-6-0).

The equivalent circuit shown in Fig. [8](#page-6-0) (inset) is used to extract the electrical parameters, as described in Table [4](#page-6-0). In the equivalent circuit of the blood, the conductive cytoplasm can be treated as the resistor  $(R_{int})$ , the doubled layered cell membrane is equivalent to the dielectric of a capacitor  $(Q_B)$ , Rsol demonstrates the bulk resistance offered by the extracellular solution. In contrast, the solution capacitance,  $C_{sol}$  depicts the dielectric property of the water present in the blood sample.

From Table [4](#page-6-0), it is evident that the value of CPE increases with the increase in the electrode dimensions. Therefore, design 4 has the highest value of CPE in all the proposed electrodes. Here, the value of  $\chi^2$  varies from 1.24 E-4 to 1.08E-4, which demonstrates the validity of the model. Furthermore, the value of relative standard error (RSE%) was way below 5% for the current experiment (Pradhan et al. [2019](#page-8-0); Zhbanov and Yang [2017](#page-8-0); Tran et al. [2018](#page-8-0)).

# 6 Conclusions

In this paper, the optimization and the characterization of four electrode-based impedimetric sensors have been demonstrated. Different parameters of the electrode have been varied in order to get the optimized design, and the same was further fabricated with gold as electrode material on a glass substrate with a PBS solution as the electrolyte. A frequency range of 100 Hz to 1 MHz was applied to the fabricated device, and the outputs were compared for the COMSOL simulated output and the experimental output. The increase of the impedance with the decrease of the frequency was observed. The ZsimpWin software extracts the equivalent circuit of the device's electrochemical system, as well as the error percentage (RSE) of the device. In addition, a mathematical relation was

also obtained from this optimized design between the impedance, phase angle, and electrode geometry, which will further help for a better understanding of the bio-impedance of living cells. Later, the blood sample was characterized using the optimized parameters, and the results were highly encouraging for cell diagnosis purposes.

Acknowledgments The authors acknowledge the Department of Biotechnology, Government of India (BT/PR 25095/NER/95/1011/ 2017). RP and A.K. are thankful to the Ministry of Education (MOE) for the fellowship. Department of Metallurgical and Materials Engineering and Institute Instrumentation Centre of Indian Institute of Technology Roorkee are sincerely acknowledged for providing the various analytical facilities.

Funding Department of Biotechnology, Government of India (BT/PR 25095/NER/95/1011/2017).

Data availability (NA)

## Compliance with ethical standards

Conflict of interest None.

Ethics approval Approval from the Institutional Ethical and Biosafety Committee (BT/IHEC-IITR/2019/7525) for the collection of the blood sample.

Consent to participate The ethical approval included the written consent of the person.

Consent for publication (Y)

Code availability (NA)

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