



Antitumor activity via apoptotic cell death pathway of water soluble copper(II) complexes: effect of the diamino unit on selectivity against lung cancer NCI-H460 cell line

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Abstract The cytotoxicity against five human tumor cell lines (THP-1, U937, Molt-4, Colo-205 and NCI-H460) of three water soluble copper(II) coordination compounds containing the ligands 3,3'-(ethane-1,2-diylbis(azanediyl)dipropanamide (BCEN), 3,3'-(piperazine-1,4-diyl)dipropanamide (BPAP) or 3,3'- and (1,4-diazepane-1,4-diyl)dipropanamide (BPAH) are reported in this work. The ligands contain different diamine units (ethylenediamine, piperazine or homopiperazine) and two propanamide units attached

to the diamine centers, resulting in N_2O_2 donor sets. The complex containing homopiperazine unit presented the best antiproliferative effect and selectivity against lung cancer cell line NCI-H460, showing inhibitory concentration (IC_{50}) of $58 \mu\text{mol dm}^{-3}$ and Selectivity Index (SI) > 3.4 . The mechanism of cell death promoted by the complex was investigated by Sub-G1 cell population analysis and annexin V and propidium iodide (PI) labeling techniques, suggesting that the complex promotes death by apoptosis.

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Transmission electron microscopy investigations are in agreement with the results presented by mitochondrial membrane potential analysis and also show the impairment of other organelles, including endoplasmic reticulum.

Keywords Copper coordination compound · Tetradentate ligand · Cytotoxicity · Apoptosis · Cancer · Chemotherapy

Introduction

According to WHO, cancer is a chronic disease with an important impact on public health worldwide, accounting for around 15% of all causes of death in the world (*Cancer*, <https://www.who.int/news-room/factsheets/detail/cancer>). It is represented by a heterogeneous group of diseases that cause great fear in the society, by becoming a stigma of death and pain. Despite this fact, this set of diseases has as an unifying characteristic the creation of abnormal cells that grow beyond their natural limits in an uncontrolled way, disobeying the normal processes of cell division (Ahmad and Ahsan 2020; Gutschner and Diederichs 2012; Pugazhendhi et al. 2018).

The great diversity of human cell types makes possible a large number of cancer cells. Among these, lung cancer is one of the most common and malignant, representing 11.6% of all diagnoses and 18.4% of deaths related to this disease worldwide (Arffman et al. 2018; Bray et al. 2018; Huang et al. 2020). In addition, these rates for lung cancer are increasing year by year, becoming the most common type of cancer among men and the second most common among women, behind only breast cancer. Studies report that the 5-year survival rate of patients with lung cancer is less than 18%, while, in the case of advanced metastatic lung cancer, this value reduces to only 5% (Arffman et al. 2018; Cong et al. 2020; Riddell and Lippard 2018; Shi et al. 2019). The main risk factor for this type of cancer is smoking, but other factors such as genetic susceptibility, diet, vitamin supplements, physical activity and occupational and environmental exposures also need to be taken into account for the development of this disease (Huang et al. 2020; Bray et al. 2018). Given these data, the early and accurate pathological diagnosis and the appropriate treatment,

becomes an important link to minimize mortality rates (Cong et al. 2020).

Nowadays, the main treatments for cancer involve surgery, radiation therapy, chemotherapy, targeted therapy, hormonal therapy and immunotherapy (Miller et al. 2019; Wang et al. 2019).

With regard to chemotherapy, the discovery of cisplatin's antitumor activity is a milestone for the medicinal inorganic chemistry (Muhammad and Guo 2014; Riddell and Lippard 2018). Since then, the goal in the development of new coordination compounds with such activity is a competitive topic that permeates different areas, including chemistry, biology, pharmacy and medicine. Such interest has been motivated by the side effects shown by cisplatin, the lack of effective activity on a number of tumor types as well as by the development of resistance (Adams et al. 2014; Florea and Büsselberg 2011; Gallagher et al. 1997; Kartalou and Essigmann 2001; Stewart 2007).

In this scenery, the synthesis of new coordination compounds with anticancer activity has been pursued and expanded to other metal ions (Ru, Ga, Ti, V) (Babak and Ang 2018; Chitambar 2018; Cini et al. 2017; Crans et al. 2018; Kioseoglou et al. 2015; Lessa et al. 2012; Tshuva and Miller 2018; Zeng et al. 2017) including those with essential functions in the human body as iron and copper (Borges et al. 2016; Denoyer et al. 2018; Santini et al. 2014; Wani et al. 2016).

Concerning to iron compounds, the formation of Fe(II)-bleomycin inside cells has resulted in a very effective chemotherapeutic whose action mode is related to the generation of reactive oxygen species that promote the DNA cleavage through oxidation (Yu et al. 2016). Compared to iron, copper has been a more profitable element concerning the development of antitumor compounds. In this regard, copper compounds containing elesclomol, thiosemicarbazones or phenantroline/bipyridine (Casiopeinas) as ligands have reached clinical trials (Denoyer et al. 2018; Ruiz-Azuara et al. 2014; Santini et al. 2014).

We have been evaluating the anticancer activity of a series of coordination compounds containing different metal ions both in vitro and in vivo as well (Borges et al. 2016; Fernandes et al. 2015, 2006; Horn Jr. et al. 2013; Morcelli et al. 2016a, b; Morcelli et al. 2016a, b; Moreira et al. 2019). Concerning in vitro studies, the compounds with highest anticancer activity are those containing copper(II) and platinum(II) as metal center (Fernandes et al. 2015; Moreira et al. 2019). Aiming to

advance in this field, we are describing herein the evaluation of anticancer activity of three copper(II) complexes against five human tumoral cell lines (THP-1, U937, Molt-4, Colo-205, NCI-H460) and normal cells (PBMC). All the copper(II) complexes were synthesized with tetradentate ligands and the main difference is the diamine backbone (ethanediamine, piperazine, homopiperazine). Then, our aim is to make correlations between antitumor activity and the structure presented by these complexes.

Experimental

Synthesis of ligands and complexes

The three ligands and their respective copper(II) complexes were synthesized as previously described and their structures are presented in Fig. 1 (Terra et al. 2016).

Antitumor activity

The antitumor activity was evaluated on five human cancer cell lines: THP-1 (acute monocytic leukemia cell line), U937 (histiocytic lymphoma cell line), Molt-4 (acute lymphoblastic), Colo-205 (human colon adenocarcinoma) and NCI-H460 (lung carcinoma). Normal peripheral blood cells (PBMC) were used as normal cell for comparison and determination of selectivity index (SI).

The evaluation of the cytotoxicity of the compounds included cell viability studies using the colorimetric MTT [3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-2H-tetrazoliumbromide] assay. The cells were plated (approximately 1×10^6 cells) in 96 multiwell plates and treated with water solution of

different concentrations of copper(II) complexes, their respective ligands and the metallic salt ($\text{CuCl}_2 \cdot 2\text{H}_2\text{O}$), for 36 h in DMEM-F12 medium (Gibco, BRL). Cisplatin solution was prepared in DMSO.

To evaluate the cell cycle arrest the cells were plated at 1×10^6 cells cm^{-3} in 24 multiwell plates and treated with complex (3) and cisplatin for 30 h in DMEM-F12 medium (Gibco, BRL). After, the incubated cells were fixed in 70% ethanol at 4 °C for 30 min. Cells were stained with propidium iodide (PI) for 2 h in darkness. The DNA content was measured by flow cytometer (FACS Calibur-BD Sciences) and cell cycle distribution was analyzed by WinMDI version 2.9 software. The proportions of cells in G0/G1, S, and G2/M phases were represented as DNA histograms. Apoptotic cells with hypodiploid DNA content were measured by quantifying the sub-G1 peak in the cell cycle pattern.

Apoptosis was detected by using Annexin V-FITC Apoptosis Detection Kit. After incubation, NCI-H460 cells were washed twice with phosphate buffered saline (PBS) and incubated in 500 mm^3 of binding buffer (100 mmol dm^{-3} HEPES/NaOH, pH 7.5, 1.4 mol dm^{-3} NaCl and 25 mmol dm^{-3} CaCl_2). To each sample, 5 mm^3 of Annexin V-FITC and 10 mm^3 of PI were added. Samples were incubated at room temperature for 10 min protected from light. Cell fluorescence was determined immediately with a flow cytometer (FACS Calibur-BD Sciences). The result was determined by recording 10,000 events per sample.

The mitochondrial membrane potential ($\Delta\Psi_m$) of NCI-H460 (1×10^6 cells cm^{-3}) treated with complex (3) and cisplatin during 30 h was evaluated using JC-1 stain (Morcelli et al. 2016a, b). After the elapsed time, cell suspension was transferred to a sterile tube and pelleted (400 \times g, for 7 min, at room temperature).

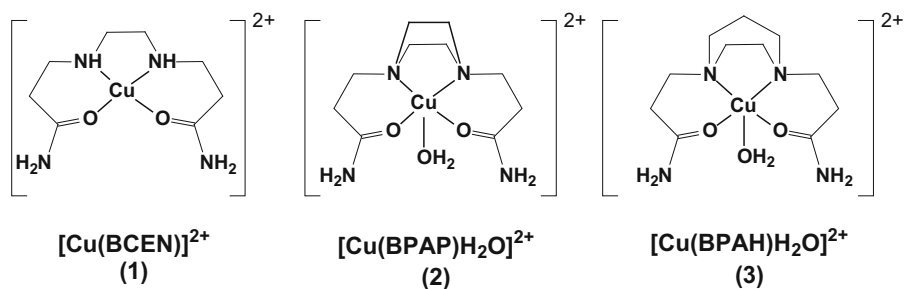


Fig. 1 Structure of copper(II) complexes

Cells were stained with JC-1 dye ($25 \mu\text{g cm}^{-3}$) and incubate at $37 \text{ }^\circ\text{C}$ in a $5\% \text{ CO}_2$ incubator for 15 min. The mitochondria transmembrane potential ($\Delta\Psi\text{m}$) was measured by flow cytometer (FACS Calibur) and was analyzed by WinMDI version 2.9 software.

For transmission electron microscopy (TEM) analyses, U937 cells were cultured at $1 \times 10^6 \text{ cells cm}^{-3}$ in tissue culture bottles (25 cm^2) for 12 h. The cells were incubated with different concentrations of complex (3) and cisplatin for 4 and 8 h. The cells suspension was centrifuged at $100\times g$ for 10 min and washed three times with phosphate-buffered saline (PBS; pH 7.2). The cell pellet was fixed by 2 h in 2.5% glutaraldehyde, in 0.1 mol dm^{-3} sodium cacodylate buffer, post-fixed for 20 min in 1:1 solution osmium tetroxide (1%) and potassium ferricyanide (0.8%), dehydrated sequentially in a graded series of acetone ($30\text{--}100\%$), and embedding in epoxy resin (Poly/Bed 812®). Resin-embedded cells were placed in a silicon mold well at $60 \text{ }^\circ\text{C}$ for 48 h for polymerization. The obtained blocks were sectioned and ultrathin sections (70 nm thick) were taken using an ultramicrotome Reichert Ultracut S, collected on copper grids (400 mesh), stained with uranyl acetate and lead citrate, and observed in a transmission electron microscope, TEM-900 (Zeiss, Germany) (Morcelli et al. 2016a, b).

Results and discussion

Synthesis and characterization

The ligands were synthesized through the reaction between acrylamide and different diamine units (ethylenediamine for BCEN, piperazine for BPAP and homopiperazine for BPAH) resulting in tetradentate ligands showing N_2O_2 coordination environment (Terra et al. 2016). Reactions with copper(II) chloride resulted in mononuclear copper(II) complexes (Fig. 1). The monocystal X-ray data revealed that the complex (1) shows a square planar geometry. On the other hand, complexes (2) and (3) present distorted square pyramidal structures, in which the tetradentate ligands occupy the basal plane. The apical position in complexes (2) and (3) is occupied by a water molecule. We have shown previously that these complexes showed similar superoxide dismutase activity (Terra et al. 2016). The samples employed in this study were characterized by infrared and

elemental analyses and the data are in agreement with those previously reported (Terra et al. 2016).

Assessment of cell viability by MTT assay

In this work, the cytotoxic activity of three mononuclear copper(II) complexes was studied on five neoplastic cell lines; three of them are blood cell lines (Molt-4, U937 and THP-1) and two are solid tumors (NCI-H460 and Colo-205). In addition, tests were performed employing normal cells (peripheral blood cell line—PBMC). Control experiments using cisplatin were also carried out.

In order to obtain a more effective comparison, the results of cell viability analysis by the MTT metabolization method were converted to a 50% cytotoxicity index (IC_{50}), the minimum concentration capable of damaging and/or cause cell death of 50% of the cells in each analysis, which are presented in Table 1.

The IC_{50} results indicate that all ligands and the copper salt ($\text{CuCl}_2 \cdot 2\text{H}_2\text{O}$) used up to a concentration of $200 \mu\text{mol dm}^{-3}$ did not show cytotoxic activity against the cancer cell lines. However, the complexation of these ligands with copper(II) resulted in compounds that promote the reduction of cell viability of at least two neoplastic cell lines tested: Colo-205 (human colon adenocarcinoma) and NCI-H460 (lung carcinoma). This fact indicates that the complexation reactions are fundamental to potentiate the antitumor activity of the metallic center and the ligands used.

The copper(II) complexes under study presented cytotoxic activity only on solid tumor lines (NCI-H460 and Colo-205). The best result was obtained with complex (3) on lung cancer cells (NCI-H460). All the three copper complexes studied showed better activity than cisplatin ($200 \pm 1 \mu\text{mol dm}^{-3}$) on this cancer cell, in the order (3) > (2) > (1) ($\text{IC}_{50} = 58, 71, 100 \mu\text{mol dm}^{-3}$, respectively).

In our model, the IC_{50} of cisplatin against NCI-H460 cells use to be high (Maciel et al. 2020), which contrasts with data from other laboratories. For example, Ballestreri and coworkers (Ballestreri et al. 2018) have found an IC_{50} for cisplatin of $0.33 \mu\text{mol dm}^{-3}$ on NCI-H460 cells by treating 3×10^4 cells during 48 h, which is similar to the data found by Riaz et al. (Riaz et al. 2019), who found $\text{IC}_{50} = 0.85 \mu\text{mol dm}^{-3}$ after 72 h (cell number = 4×10^5). Of relevance is that both of them have observed that cisplatin was not toxic after 24 h of

Table 1 IC₅₀ results of ligands, copper(II) complexes, CuCl₂·2H₂O and Cisplatin against NCI-H460, Molt-4, U937, THP-1, Colo-205 and PBMC cell lines after 36 h of treatment

	Cell line—IC ₅₀ (μmol dm ⁻³)						SI ^a
	NCI-H460	Molt-04	U937	THP-1	Colo-205	PBMC	
Cisplatin	200 ± 1	21 ± 1	16 ± 1	12 ± 1	37 ± 1	38 ± 1 ^b	0.19
CuCl ₂ ·2H ₂ O	> 200	> 200	> 200	> 200	> 200	–	
Ligand BCEN	> 200	> 200	> 200	> 200	> 200	–	
Ligand BPAP	> 200	> 200	> 200	> 200	> 200	–	
Ligand BPAH	> 200	> 200	> 200	> 200	> 200	–	
(1)	100 ± 2	> 200	184 ± 2	> 200	98 ± 2	> 200	> 2.0
(2)	71 ± 2	> 200	> 200	> 200	93 ± 2	> 200	> 2.8
(3)	58 ± 2	> 200	> 200	> 200	79 ± 2	> 200	> 3.4

^aSI = Selectivity Index for NCI-H460; SI = IC₅₀ for non-tumor human line (PBMC)/IC₅₀ for tumor cell line (NCI-H460) (Bergamini et al. 2019)

^bMorcelli et al. (2016a, b)

incubation. A toxic effect was observed only after 48 h. In contrast, Ferri et al. (2013) found EC₅₀ = 78.3 μmol dm⁻³ (3.5 × 10⁴ cells), which is significantly higher than the data described by Ballestreri and Riaz (Ballestreri et al. 2018; Riaz et al. 2019). This difference may be related to the solvent employed to prepare the cisplatin solution. Cisplatin was solubilized in water by Riaz and in DMSO by Ferri. In this way, Hall and coworkers have pointed out that cisplatin and other platin based drugs decrease their cytotoxicity when dissolved in DMSO (Hall et al. 2014). Thus, the high IC₅₀ presented by cisplatin in our study may be related to its solubilization in DMSO, the shorter treatment time (36 h) and the larger cell amount that we employed in the study. Of relevance is that cisplatin showed appreciable activity on the other cancer cells under the same conditions.

It is important to note that complexes (1), (2) and (3) were less cytotoxic on normal cells than cisplatin. Interestingly, this same order is related to the antioxidant properties (SOD-like activity) of the compounds that we have described previously (Terra et al. 2016). It has been reported recently that compounds with antioxidant activity can impair the growth and the metastasis of tumor cells (Guerreiro et al. 2020).

It was observed during the tests that NCI-H460 and Colo-205 cell lines lose their adherence capacity when treated with these compounds at 50, 100 and 200 μmol dm⁻³ after 36 h of treatment. Hence, the antitumor activity of these compounds may be

associated with the adhesion mechanisms of the cells. Complex (3), which presents the larger diamine backbone (homopiperazine), showed the best antitumor activity and selectivity index for NCI-H460 (SI > 3.4), which is at least eighteen times higher than cisplatin (SI > 0.19) for this type of cancer cell.

Since complex (3) presented promising antiproliferative effect and selectivity against NCI-H460 cell line, high water solubility and low cytotoxicity against normal peripheral blood cells (PBMC), this compound was selected to perform further investigations. Therefore, the interaction between complex (3) and NCI-H460 cell line was monitored via cell cycle analysis (Sub-G1), annexin V and propidium iodide (PI) staining, mitochondrial membrane potential (Δψ_m) analysis and transmission electron microscopy (TEM) in order to detect any morphological alterations in the NCI-H460 cell line after the treatment.

Apoptosis evaluation by Sub-G1 cell population analysis by flow cytometry

To evaluate the type of cell death induced by complex (3) on NCI-H460 tumor cells, propidium iodide (PI) labeling analysis was performed to quantify the cell DNA content after extravasation of the genetic material from the cell. Results are shown in Fig. 2. Cell cycle analysis (Sub-G1) by flow cytometry quantifies the DNA content in each phase of this cycle. This fact comes from the different amounts of

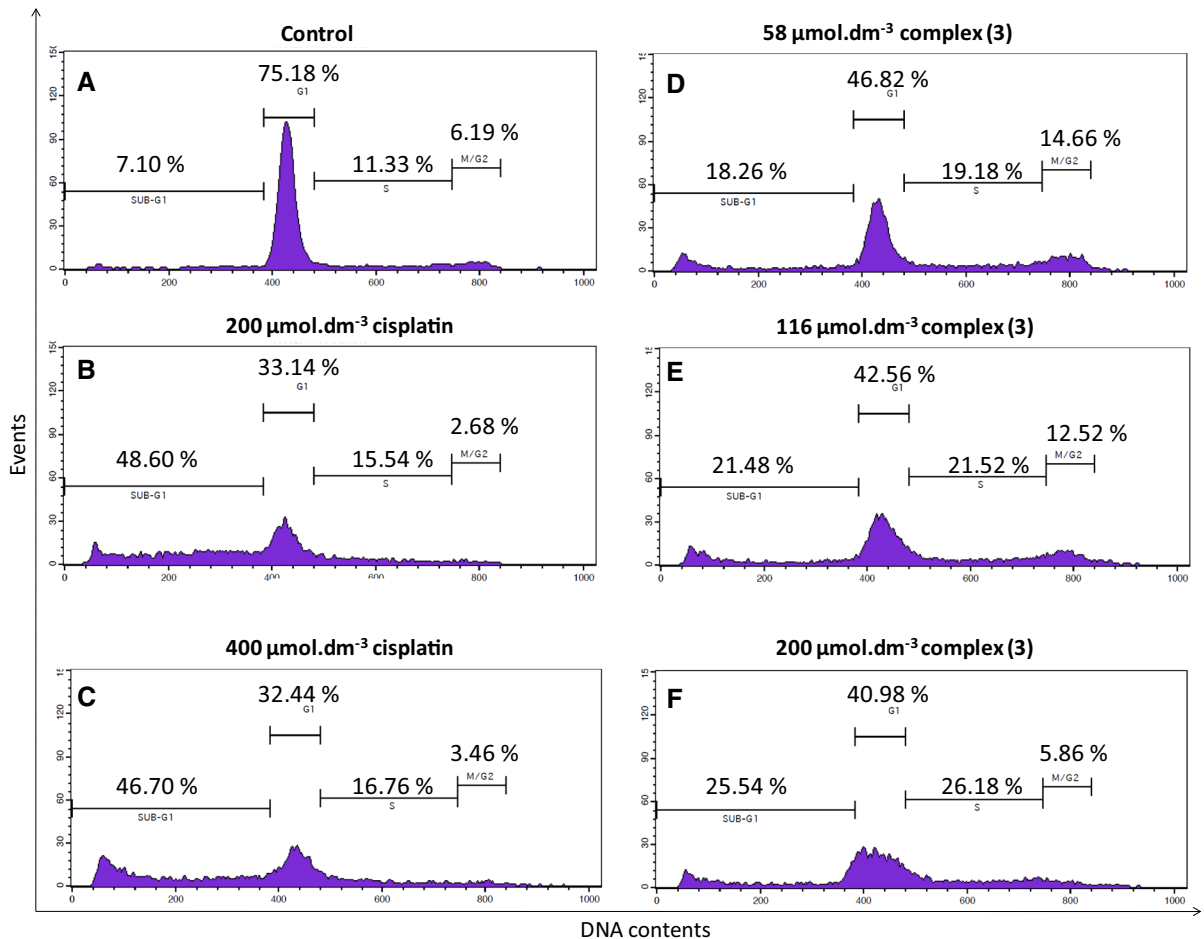


Fig. 2 Cell cycle analysis by flow cytometry. NCI-H460 was stained with propidium iodide (PI) after 30 h of incubation. Cells with hypodiploid DNA content were measured by quantifying the Sub-G1 peak in the cell cycle pattern. Each experiment per sample was determined by recording 10,000 events. **a** NCI-H460 Control cells, **b** NCI-H460 cells after treatment at the concentration of 200 $\mu\text{mol}\cdot\text{dm}^{-3}$ of cisplatin;

c NCI-H460 cells after treatment at the concentration of 400 $\mu\text{mol}\cdot\text{dm}^{-3}$ of cisplatin; **d** NCI-H460 cells after treatment at the concentration of 58 $\mu\text{mol}\cdot\text{dm}^{-3}$ of complex (3); **e** NCI-H460 cells after treatment at the concentration of 116 $\mu\text{mol}\cdot\text{dm}^{-3}$ of complex (3); **f** NCI-H460 cells after treatment at the concentration of 200 $\mu\text{mol}\cdot\text{dm}^{-3}$ of complex (3)

DNA in each of the stages of cell division by mitosis. The technique of cell cycle evaluation by flow cytometry is based on the interleaving of propidium iodide with DNA after disruption of the cell and nuclear membranes, forming clusters that fluoresce in the red region and are then detected by flow cytometry. In later stages of apoptosis, the DNA content is cleaved into fragments, which are quantified and appear in a region of the histogram called Sub-G1 (Gong et al. 1994). The increase of population in this region corresponds to the cells whose DNA was cleaved by nucleases, which were activated by the apoptosis processes (Morcelli et al. 2016a, b).

Cell cycle analysis indicated that both cisplatin and complex (3) lead to a reduction of cells in G1. From these data it can be seen that treatments with cisplatin at 200 and 400 $\mu\text{mol}\cdot\text{dm}^{-3}$ result in very similar amounts of DNA in the Sub-G1 region (49% and 47%, respectively) (Fig. 2b, c). In a similar experiment employing complex (3) and cisplatin, both at concentration of 200 $\mu\text{mol}\cdot\text{dm}^{-3}$ (Fig. 2b, f), percentages of 26% and 49% of cells in Sub-G1 were observed. It was also observed that increasing the concentration of complex (3) from one to twice the IC_{50} does not significantly affect the amount of cells in Sub-G1 (21 and 26%, respectively) as shown in Fig. 2d, e. This

result was slightly smaller than that reported by Maciel et al. (2020) for the complex $[\text{Cu}(\text{L1})\text{Cl}]\text{Cl}\cdot 2\text{H}_2\text{O}$, where L1 = 1-[2-hydroxybenzyl(2-pyridylmethyl)amino]-3-(1-naphthoxy)-2-propanol, which showed 32% of NCI-H460 cells in sub-G1 region when twice the IC_{50} concentration was used. The data indicate that complex (3) and cisplatin induces cell death by apoptosis, what are in agreement with other studies carried out by us in this work.

NCI-H460 cells undergo apoptosis after treatment by copper(II) complex

To confirm the type of cell death, annexin V and propidium iodide (PI) labeling techniques were used. The results are shown in Fig. 3 for NCI-H460 cells after treatment with concentrations equivalent to one and twofolds the IC_{50} value and $200 \mu\text{mol dm}^{-3}$ of the

$[\text{Cu}(\text{BPAH})\text{H}_2\text{O}]\text{Cl}_2$, (3), complex. In the dot plots figure, the lower left quadrant indicates the presence of cells that were not marked by annexin V or propidium iodide, so these cells are considered viable cells. The lower right quadrant indicates cells marked with annexin V only, which is typical of cells undergoing apoptosis. In contrast, the upper left quadrant indicates cells that were labeled with propidium iodide only, related to cell death by necrosis. The existence of double marked in the right upper quadrant indicates cell death due to apoptosis and lately staining by propidium iodide, secondary necrosis (Moreira et al. 2019).

In the assay performed after 30 h of incubation, the Annexin V/PI graph shows a percentage of 92% of living cells for the control, indicating that the cells were properly cultured (Fig. 3a). Employing the IC_{50} concentration of complex (3), 28% of the cells were in

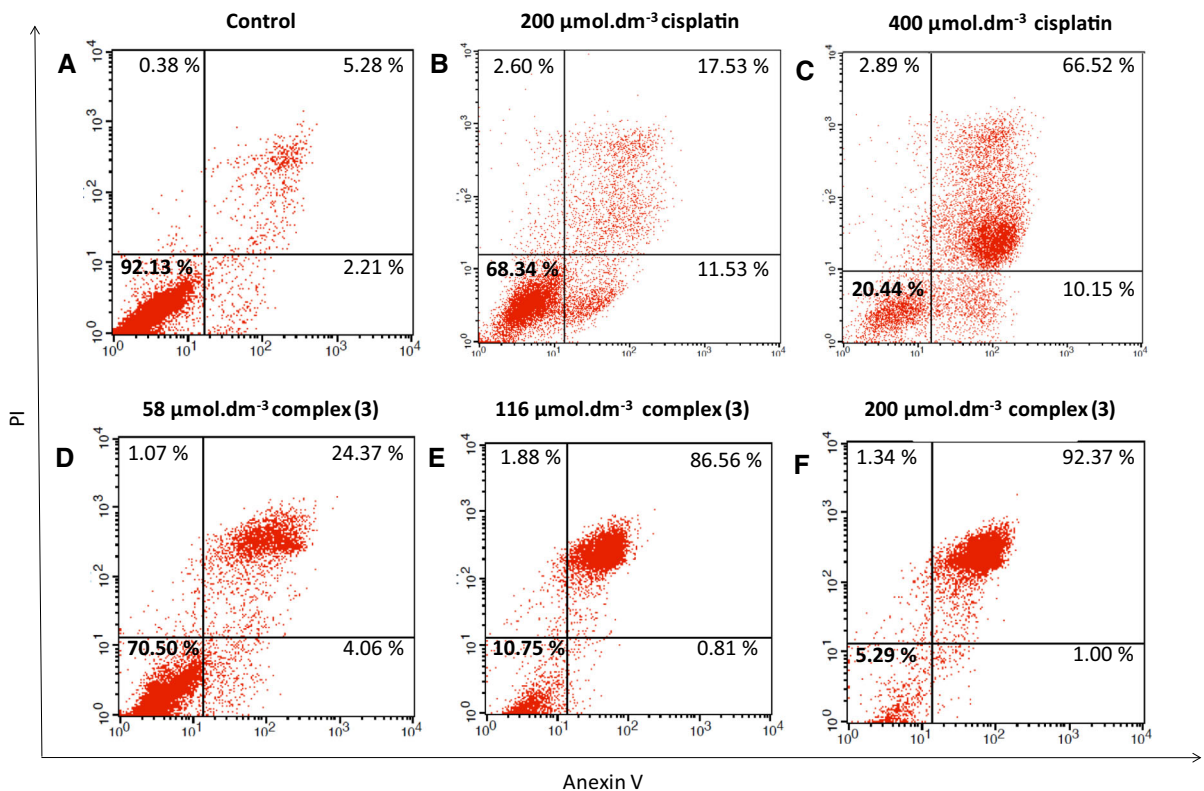


Fig. 3 Annexin V-FITC/PI staining detected apoptosis induced by complex (3) and cisplatin, in NCI-H460 cells, after treatment for 30 h. **a** Control cells; **b** NCI-H460 cells after treatment at the concentration of $200 \mu\text{mol dm}^{-3}$ of cisplatin; **c** NCI-H460 cells after treatment at the concentration of $400 \mu\text{mol dm}^{-3}$ of cisplatin; **d** NCI-H460 cells after treatment at the concentration

of $58 \mu\text{mol dm}^{-3}$ of complex (3); **e** NCI-H460 cells after treatment at the concentration of $116 \mu\text{mol dm}^{-3}$ of complex (3); **f** NCI-H460 cells after treatment at the concentration of $200 \mu\text{mol}\cdot\text{dm}^{-3}$ of complex (3); The data are presented in dot plots depicting annexinV/FITC versus PI staining. The percentage of cells in each quadrant is presented

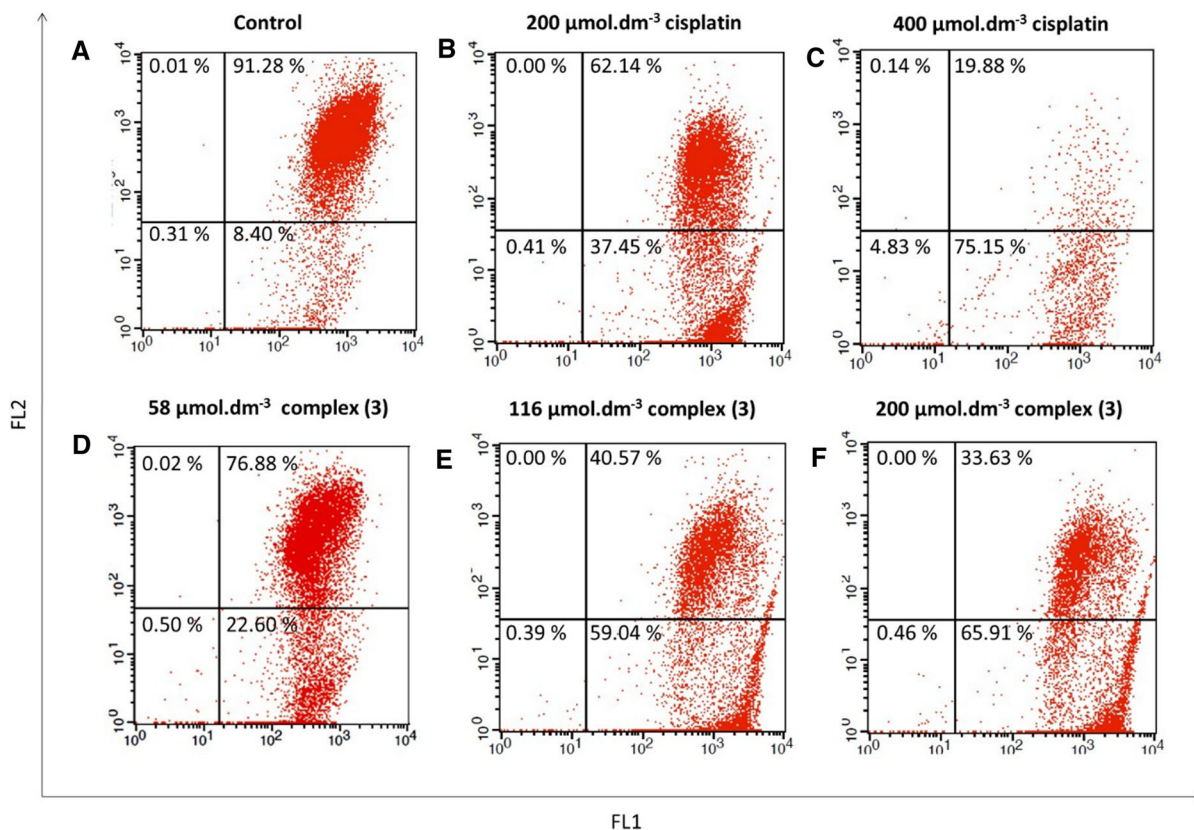


Fig. 4 Mitochondrial transmembrane potential ($\Delta\Psi\text{m}$) assay. NCI-H460 cells were incubated with complex (3) and cisplatin for 30 h. After being stained with JC-1, cells were analyzed by flow cytometry. Quadrant Q2 (up right)—mitochondria containing red JC-1 aggregates in healthy cells are detected in the FL2 channel. Quadrant Q4 (bottom right)—green JC-1 monomers in apoptotic cells are detectable in the FITC channel (FL1) and express a loss of $\Delta\Psi\text{m}$. **a** Control cells; **b** NCI-H460

cells after treatment at the concentration of 200 $\mu\text{mol}\cdot\text{dm}^{-3}$ of cisplatin; **c** NCI-H460 cells after treatment at the concentration of 400 $\mu\text{mol}\cdot\text{dm}^{-3}$ of cisplatin; **d** NCI-H460 cells after treatment at the concentration of 58 $\mu\text{mol}\cdot\text{dm}^{-3}$ of complex (3); **e** NCI-H460 cells after treatment at the concentration of 116 $\mu\text{mol}\cdot\text{dm}^{-3}$ of complex (3); **f** NCI-H460 cells after treatment at the concentration of 200 $\mu\text{mol}\cdot\text{dm}^{-3}$ of complex (3)

apoptosis (Fig. 3d), whereas treatment with $2 \times \text{IC}_{50}$ led to a percentage of 87% (Fig. 3e). This value is around 10% smaller than the one (98%) observed for the complex $[\text{Cu}(\text{L}1)\text{Cl}]\text{Cl}\cdot 2\text{H}_2\text{O}$, reported by Maciel et al. (2020). Treatment employing 200 $\mu\text{mol}\cdot\text{dm}^{-3}$ of complex (3) resulted in 93% of cell death by apoptosis (Fig. 3f). The data observed for this copper(II) complex also showed that it has higher activity than cisplatin, which promoted only 29% of cell death by apoptosis at this concentration (200 $\mu\text{mol}\cdot\text{dm}^{-3}$) (Fig. 3b) and 76% when cells of the same type were treated with a concentration equal to twice the IC_{50} (Fig. 3c).

Analysis of mitochondrial membrane potential ($\Delta\Psi\text{m}$)

In addition to the Annexin V/PI assay, the staining method of JC-1 (5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazolylcarbocyanine iodide) was performed, which indicates alterations in the mitochondrial membrane potential. When there is loss of mitochondrial function, cells begin the process of cell death by apoptosis (Gillan et al. 2005). The technique is based on JC-1 concentration difference inside the cells. When its concentration becomes high in the mitochondrial matrix, JC-1 form aggregates and emits red fluorescence, indicating that the mitochondrial membrane is not damaged. In cells where

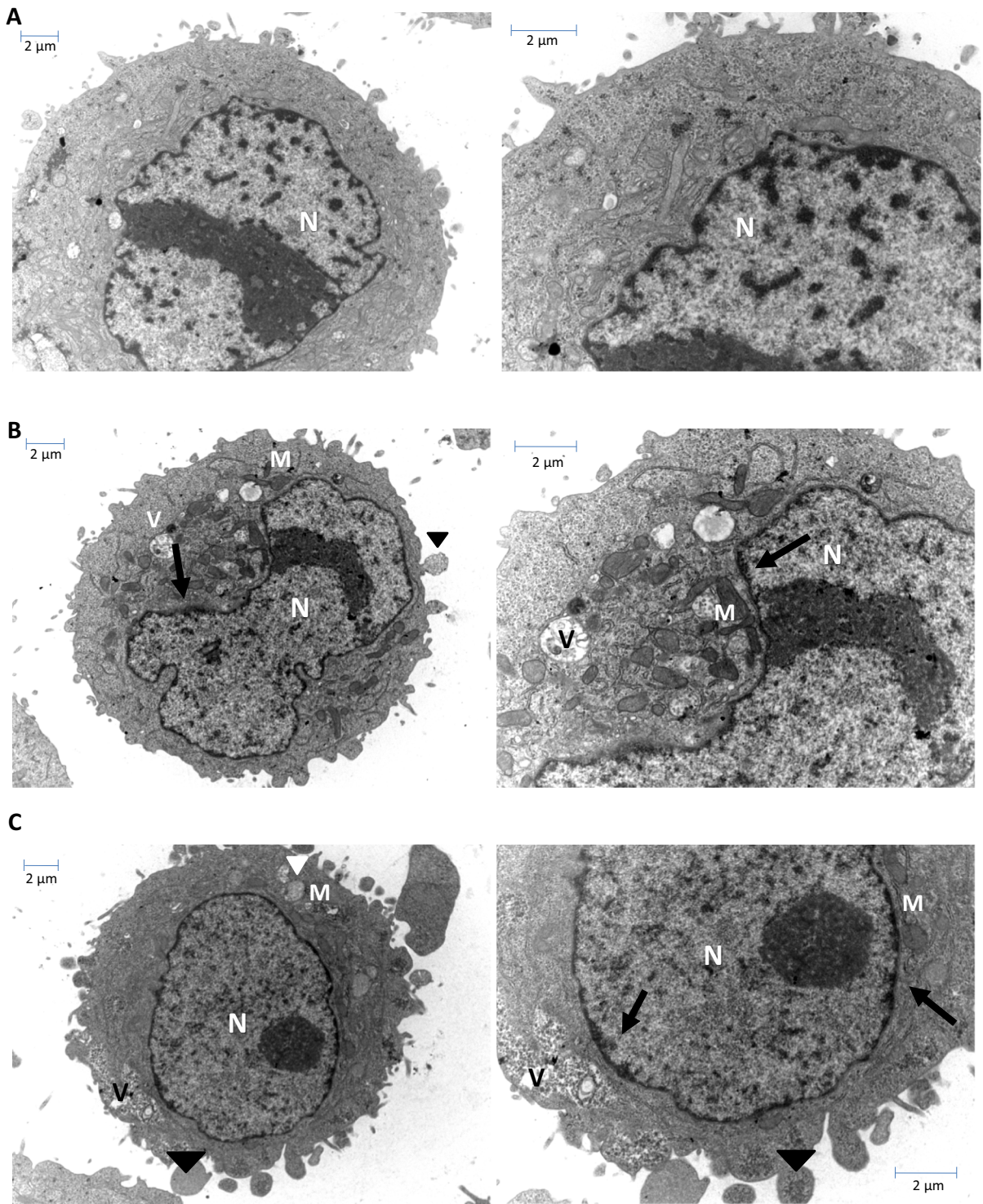


Fig. 5 Transmission electron microscopy of the NCI-H460 lung carcinoma strain. **a** Control cells, **b** NCI-H460 cells incubated with $58 \mu\text{mol dm}^{-3}$ of complex (3) for 4 h, **c** NCI-H460 cell line incubated with $58 \mu\text{mol dm}^{-3}$ of complex (3) for

8 h. M = Mitochondria; V = Vacuoles and N = Nucleus. Chromatin condensation is indicated by the black arrow and apoptotic bodies are indicated by the black triangles

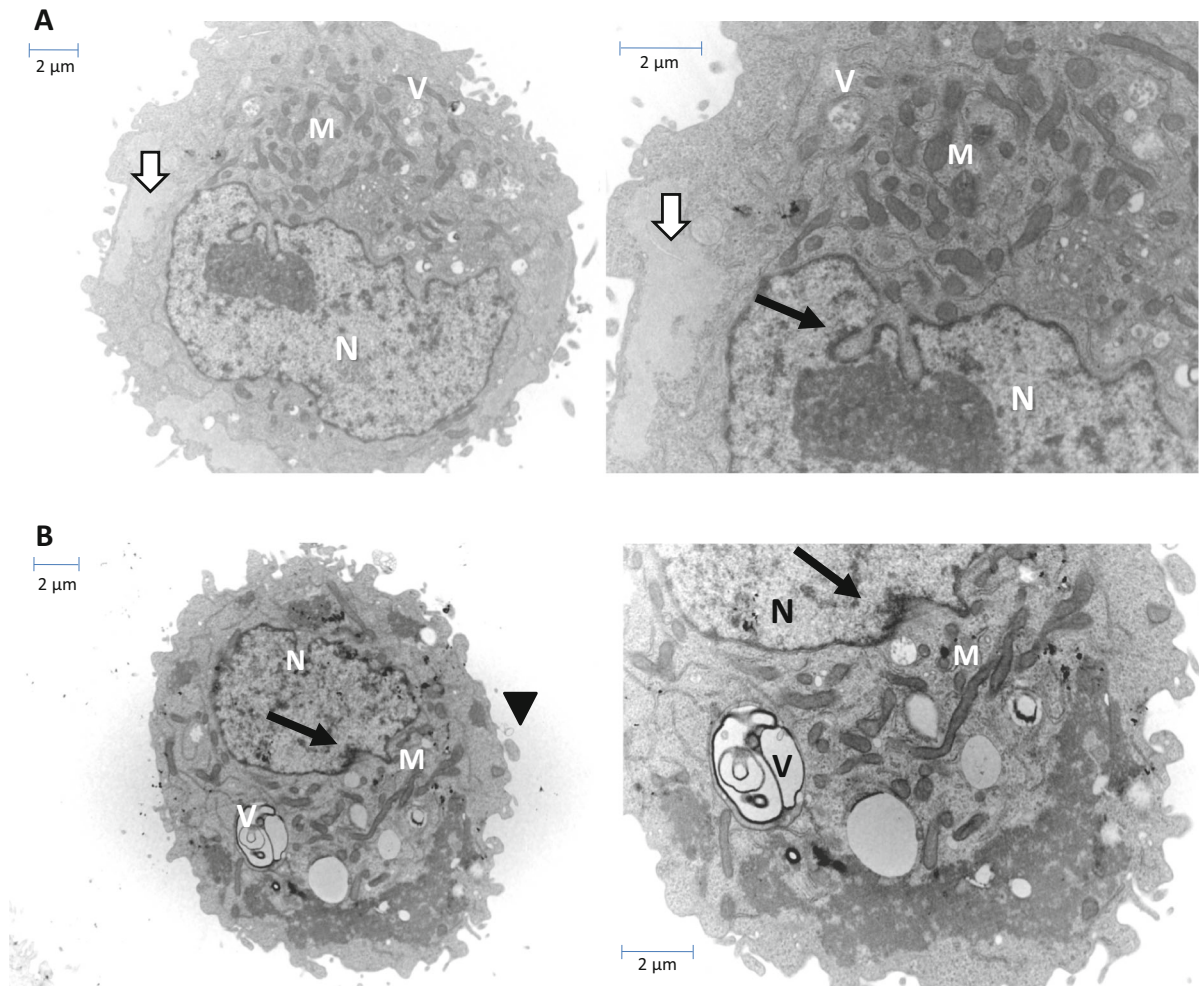


Fig. 6 Transmission electron microscopy of human lung cancer cells. **a** NCI-H460 cell line incubated with $116 \mu\text{mol dm}^{-3}$ of complex (3) for 4 h. **b** NCI-H460 cell line incubated with $116 \mu\text{mol dm}^{-3}$ of complex (3) for 8 h. M = Mitochondria;

V = Vacuoles and N = Nucleus. Chromatin condensation is indicated by the black arrow, apoptotic bodies are indicated by the black triangles and a reduction in some glycogen stores is indicated by the white arrow

mitochondrial membrane potential collapse has occurred, JC-1 aggregate formation does not occur and the cells have green-fluorescence cytoplasm (Smiley et al. 1991).

Figure 4 shows the results for NCI-H460 cells treated with a concentration equivalent to one and two fold the IC_{50} value of the complex (3) and cisplatin, plus a concentration of $200 \mu\text{mol dm}^{-3}$ of the complex (3).

The data for complex (3) indicate that it has a smaller reduction of mitochondrial activity compared to cisplatin. When cells were treated with a cisplatin concentration equal to the IC_{50} value (Fig. 4b), 37% of the cells underwent changes in the mitochondrial

membrane potential and 75% when cells were treated with two folds IC_{50} (Fig. 4c), being observed that the values are very close to the data presented by the annexin V/PI technique. When a concentration equivalent to IC_{50} of the complex (3) was used, around 23% of the cells had lost their mitochondrial membrane potential (Fig. 4d). This value reaches 59% when treated with twice the IC_{50} value (Fig. 4e) and 66% with $200 \mu\text{mol dm}^{-3}$ of the complex (3) (Fig. 4f). These data suggest that the cytotoxic performance of complex (3) is not fully related to mitochondrial activity, since there are a higher percentage of apoptotic cells than cells with damaged mitochondria. Similar to our complex several metal complexes

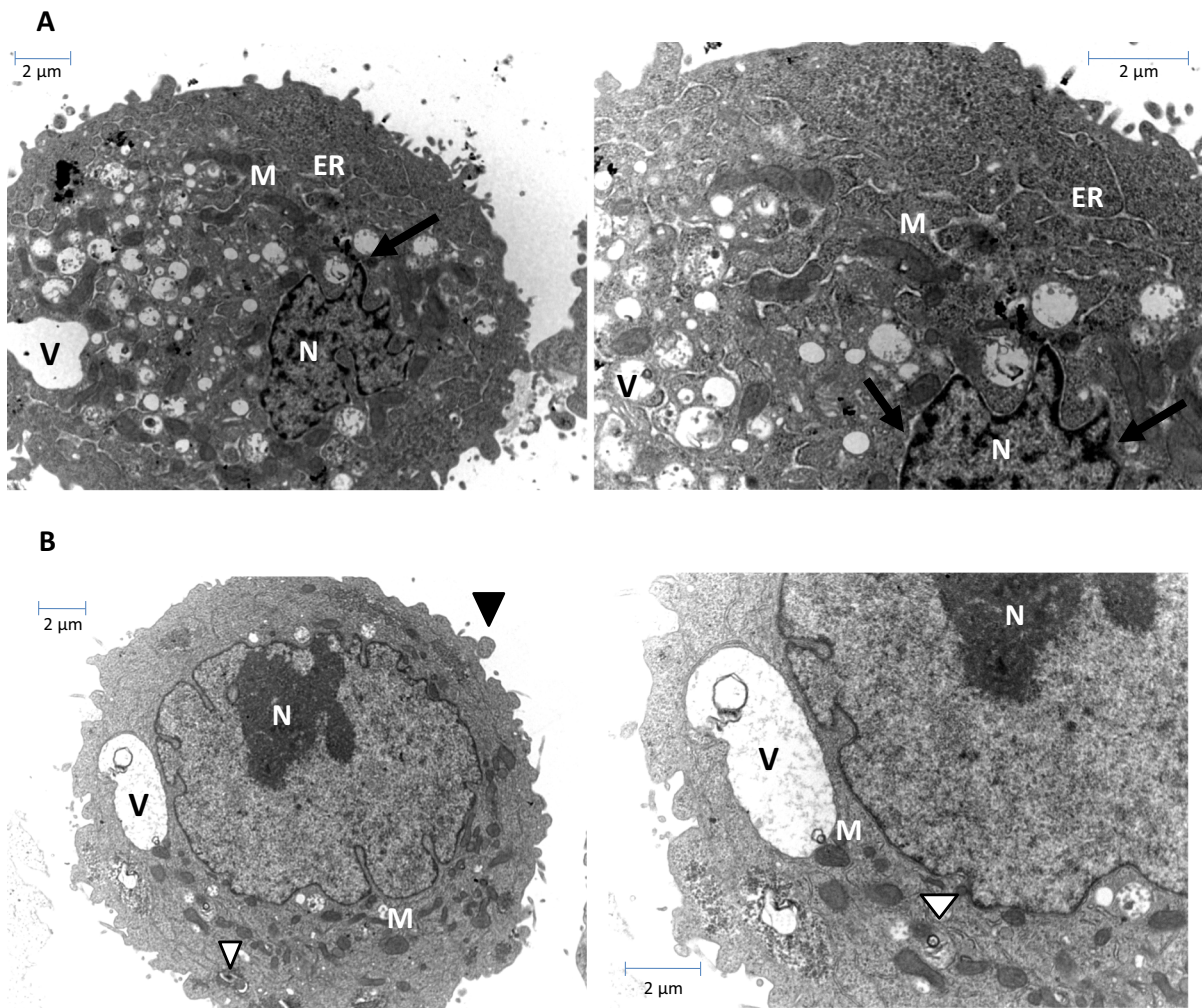


Fig. 7 Transmission electron microscopy of human lung cancer cells. **a** NCI-H460 cells incubated with $200 \mu\text{mol dm}^{-3}$ of complex (3) for 4 h. **b** NCI-H460 cell line incubated with $200 \mu\text{mol dm}^{-3}$ of complex (3) for 8 h. M = Mitochondria;

ER = Endoplasmic Reticulum; V = Vacuoles and N = Nucleus. Chromatin condensation is indicated by the black arrow, apoptotic bodies are indicated by the black triangles and empty mitochondria matrix is indicated by the white triangle

induce apoptosis through mitochondrial pathway (Borges et al. 2016; Erxleben 2018; Fernandes et al. 2015; Horn Jr. et al. 2013; Marín-Hernández et al. 2003; Morcelli et al. 2016a, b). Most of them interact to DNA, at least in vitro and impair the repair process triggering the nuclear apoptosis signaling.

Analysis of cell morphology by transmission electron microscopy (TEM)

Transmission electron microscopy (TEM) was used in this work to ascertain the morphological changes presented by NCI-H460 tumor cells when treated with

different concentrations ($58 \mu\text{mol dm}^{-3}$, $116 \mu\text{mol dm}^{-3}$ and $200 \mu\text{mol dm}^{-3}$) of the complex (3) and incubated for 4 and 8 h. After this period, the treated and untreated NCI-H460 cells were processed and observed by transmission electron microscopy (Figs. 5, 6 and 7).

The cell morphology of NCI-H460 lung carcinoma prior the treatment is shown in Fig. 5a. NCI-H460 cells from the control group present a homogenous cytoplasm, with regular organelles (mitochondria and endoplasmic reticulum) and low amount of vacuole-like structures, indicating good cell status.

The transmission electron microscopy presented in Figs. 5, 6 and 7 revealed significant morphological changes in NCI-H460 cells after treatment with complex (3). In all cases, chromatin condensation was observed in the nuclear periphery [black arrow] (Figs. 5c, 6a, b and 7a), which is indicative of cell death by apoptosis. In all treatments, changes in mitochondrial structures were also observed, such as swelling and enlargement of these organelles (M). These changes are consistent with the JC-1 data presented above, indicating that mitochondria participate in the apoptosis cell death process. Furthermore, vacuolization of different organelles were observed, and some of them performed engulfing processes (V and white triangle for empty mitochondria matrix, Fig. 7b). In some cases, apoptotic bodies aggregated to cell membranes were also found (black triangle), mainly in the analyzes performed after incubation for 8 h (Figs. 5b, c and 6b). At higher concentrations ($200 \mu\text{mol dm}^{-3}$) there was a slight widening in the structures of the endoplasmic reticulum (ER), suggesting the participation of this organelle in the apoptotic cell death process, as stated previously by Maciel et al. (2020). Finally, a reduction in some glycogen stores was also observed (white arrow), Fig. 6a, probably due to an increase in cellular metabolism, which aims the recovery of damaged organelles.

Conclusion

The cytotoxic activity of three mononuclear copper(II) complexes were evaluated on non-adherent (Molt-04, U937, THP-1) and adherent (NCI-H460, Colo-205) tumor cells. All the complexes presented activity only on the adherent cells and the best result was shown by the complex $[\text{Cu}(\text{BPAH})(\text{H}_2\text{O})]^{2+}$, (3), on lung NCI-H460 cell line cancer, presenting an IC_{50} almost four-fold lower than cisplatin. Furthermore, this complex was not cytotoxic against PBMC, presenting high selectivity toward NCI-H460 ($\text{SI} > 3.4$).

Further studies showed that (3) induces apoptosis in the NCI-H460 cell line with the impairment of the mitochondria, endoplasmic reticulum and other organelles, which was confirmed by mitochondrial transmembrane potential analysis and TEM investigations. Considering the structure and antioxidant properties of the three compounds reported in this study, we can

state that the relevant antitumor activity exhibited by complex (3) should be related to the presence of the larger diamine unit (homopiperazine) and the antioxidant activity, which was previously described by us.

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Declarations

Conflict of interest The authors state that there are no conflict of interests.

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