

Iron reduction: a mechanism for dynamic cycling of occluded cations in tropical forest soils?

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Abstract Nutrient cations can limit plant productivity in highly weathered soils, but have received much less attention than phosphorus and nitrogen. The reduction of iron (Fe) in anaerobic microsites of surface soils can solubilize organic matter and P sorbed or occluded with short-range-ordered (SRO) Fe phases. This mechanism might also release occluded cations. In the Luquillo Experimental Forest, Puerto Rico, we measured cation release during anaerobic laboratory incubations, and assessed patterns of cation availability in surface soils spanning ridge-slopevalley catenas. During anaerobic incubations, potassium (K), calcium (Ca) and magnesium (Mg) significantly increased with reduced Fe (Fe(II)) in both water and 0.5 M HCl extractions, but did not change during aerobic incubations. In the field, 0.5 M HCl-extractable Fe(II) and Fe(III) were the strongest predictors of K, Mg, and Ca on ridges (R² 0.57–0.75). Here, both Ca and Mg decreased with Fe(III), while K, Ca, and Mg increased with Fe(II), consistent with release of Fe-occluded cations following Fe reduction. Manganese in ridge soils was extremely low, consistent with leaching following reductive dissolution of

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S. J. Hall (⊠) · W. Huang Department of Ecology, Evolution, and Organismal Biology, Iowa State University, 251 Bessey Hall, Ames, IA 50011, USA e-mail: stevenjh@iastate.edu Mn(IV). On slopes, soil C was the strongest cation predictor, consistent with the importance of organic matter for cation exchange in these highly weathered Oxisols. In riparian valleys, cation concentrations were up to 16-fold greater than in other topographic positions but were weakly or unrelated to measured predictors, potentially reflecting cation-rich groundwater. Predictors of cation availability varied with topography, but were consistent with the potential importance of microsite Fe reduction in liberating occluded cations, particularly in the highly productive ridges. This mechanism may explain discrepancies among indices of "available" soil cations and plant cation uptake observed in other tropical forests.

Keywords Cation · Luquillo Experimental Forest · Iron · Occluded · Redox · Walker-Syers model

Introduction

Rock-derived nutrients often limit plant productivity in highly weathered soils characteristic of the humid tropics. Although much research has focused on the importance of phosphorus (P), observations and experiments have also demonstrated the importance of one or more nutrient cations—potassium (K), calcium (Ca), and magnesium (Mg)—in limiting or co-limiting plant and microbial activity in tropical forests (Vitousek and Sanford 1986; Cuevas and Medina 1988; Kaspari et al. 2008; Wright et al. 2011; Baribault et al. 2011; Lloyd et al. 2015). However, less is known about the biogeochemical mechanisms that sustain plant cation demand in soils that have largely been depleted of primary minerals (Chadwick et al. 1999; Markewitz et al. 2001; Porder et al. 2015; Russell et al. 2017). Understanding soil cation availability in tropical forests remains a critical knowledge gap for assessing biogeochemical feedbacks of these ecosystems with climate change.

Iron (Fe) and aluminum (Al) (hydr)oxides are major constituents of weathered tropical forest soils, forming a continuum of short-range-ordered (SRO) to increasingly crystalline phases (Sanchez 1976; Schwertmann 1991). These minerals directly and indirectly influence soil structure and plant access to mineral nutrients. Primary minerals are the dominant ecosystem sources of cations and P in young soils. As these minerals and 2:1 aluminosilicates are progressively depleted during soil development, mineral nutrients can become adsorbed, co-precipitated, or otherwise occluded with Fe and Al (hydr)oxide secondary mineral phases (Walker and Syers 1976). Iron and Al phases and their organic co-precipitates are well known to strongly sorb P, as well as a broad range of trace metals and contaminants (Cornell and Schwertmann 1996). However, their role in sequestering the major plant nutrient cations-K, Ca, and Mg-has received less attention from an ecological perspective. These cations can be occluded with Fe phases as a consequence of several mechanisms, including: isomorphous substitution in minerals (McBride 1989; Giovanoli and Cornell 1992; Fabris et al. 1997), selective adsorption or co-precipitation (Taylor and Graley 1967; McBride 1978), adsorption following charge screening by anions (Rietra et al. 2001). Organic matter occluded within Fe and/or Al phases (Grybos et al. 2007; Kleber et al. 2015) could also harbor cations on ion exchange sites. Thus, as observed for P (Johnson et al. 2003), a significant portion of total soil cations could potentially be occluded by secondary minerals and poorly available for plant uptake. For simplicity in this study, we will refer to non-exchangeable soil cations as "occluded," irrespective of the precise mechanism.

Dissolution of Fe phases serving a connective or structural role in the soil matrix could release occluded cations for plant or microbial assimilation. Shortrange-ordered Fe phases are often abundant in surface horizons of tropical soils, and can be readily dissolved following microbial reduction under anaerobic conditions (Chacon et al. 2006; Dubinsky et al. 2010; Thompson et al. 2011; Ginn et al. 2017). Iron reduction frequently occurs within anaerobic microsites in relatively well-drained soils where biological O₂ demand exceeds supply (Hall et al. 2013; Hall and Silver 2015). Iron-associated colloids can be released to suspension or solution following Fe reduction (Thompson et al. 2006; Henderson et al. 2012; Buettner et al. 2014), thus enhancing P uptake by plants and microbes (Peretyazhko and Sposito 2005; Chacon et al. 2006; Liptzin and Silver 2009). A similar mechanism may also influence cation availability, as illustrated by Fig. 1. Under aerobic conditions, a portion of soil cations may be trapped within SRO Fe phases (other dominant minerals in highly weathered soils are omitted from Fig. 1 for simplicity). In the presence of a suitable reductant and/or microbial catalyst, portions of these Fe phases may be dissolved, releasing associated organic matter and cations and thus making them available for assimilation. Manganese (Mn) oxide reduction may play a similar role (McKenzie 1989). However, although Mn(IV) is a more favorable electron acceptor than Fe(III), it is often much less abundant in soil.

Here, we tested the hypothesis that soil cation availability increases with Fe reduction in a humid tropical forest, using laboratory incubations and extensive soil sampling in the Luquillo Experimental Forest (LEF), Puerto Rico. This ecosystem is well suited for testing this hypothesis: on volcaniclasticderived soils in the LEF, cations have been depleted by 99, 97, and 92% (for Ca, Mg, and K, respectively) relative to parent material (Porder et al. 2015). Yet, spatial heterogeneity in soil cation availability remains very high. Within a single forest type in the LEF, spatial variation in soil cation stocks exceeded the range of mean values measured among six other tropical forests (Silver et al. 1994). In that study, base cation concentrations increased along a topographic catena from ridges to slopes to valleys. As cations increased along this gradient, exchangeable Fe decreased, leading the authors to postulate that Fe adsorption had reduced the effective cation exchange capacity on ridge soils (Silver et al. 1994). Iron reduction is also highly significant in surface soils across this catena (Hall and Silver 2015). We built on



Fig. 1 Conceptual model describing the occlusion of cations within Fe-organic coprecipitates, expanding on ideas from Fig. 12 in Kleber et al. (2015). Short-range-ordered Fe phases are vulnerable to reductive dissolution, which can release

these previous findings by testing whether spatial variation in Fe(II) and Fe(III) could explain cation concentrations in accordance with the conceptual framework shown in Fig. 1. We also assessed traditional factors thought to influence cation availability: organic C (which dominates cation exchange capacity in weathered soils); clay content; and, live fine root biomass as an index of plant cation demand. A laboratory incubation experiment provided a proof of concept for the importance of anaerobiosis as a control on cation availability in this system.

Methods

Study site

Soils were sampled from the Luquillo Experimental Forest in northwest Puerto Rico, an NSF Long Term Ecological Research site and Critical Zone Observatory. This study focused on a lower montane tropical forest with mean annual precipitation of 3800 mm year⁻¹ and temperature of 23 °C located within the Bisley Watershed (18.31°N, -65.75°W). A detailed geomorphological description of the watershed is provided by Scatena and Lugo (1995). Vegetation is a diverse evergreen forest known locally as "tabonuco" forest after the dominant species, Dacryodes excelsa Vahl. Soils on ridges, slopes, and valleys include Ultisols, Oxisols, and Inceptisols, respectively, in the USDA taxonomy (Soil Survey Staff 2002), but Oxisols dominate at the watershed scale (Johnson et al. 2015). Parent material is andesitic to basaltic volcaniclastic sedimentary rock.

organic matter in soluble and colloidal forms. Previously occluded cations may thus become available for plant assimilation

Soil characterization

Soils at our study site are dominated by kaolinite, quartz, Fe oxyhydroxides, and gibbsite, with small amounts of chlorite (Tishchenko et al. 2015; Porder et al. 2015). Carbonates are negligible in these acidic soils (pH < 6; pH data from samples in this experiment are reported below). A valley soil at our site was characterized in detail by 57Fe Mössbauer spectroscopy, showing that nano-goethite and ferrihydrite were the dominant Fe phases (Tishchenko et al. 2015; Ginn et al. 2017). Plagioclase feldspar was the dominant primary mineral source of cations in this ecosystem, and accounts for < 2% of soil mass according to quantitative X-ray diffraction (Porder et al. 2015). A representative profile of a ridge soil at our site is described in detail by Yi-Balan et al. (2014). There is a sparse O horizon, underlain by A and B horizons with a yellow to orange matrix punctuated by Fe-depleted (gleved) regions of low chroma. The cross section of a representative soil core illustrating this mottling pattern is shown in Fig. 2. A clay-rich aquitard at 30-50 cm largely restricts infiltration to greater depths, channeling subsurface flow to the stream through the variably oxidized rooting zone (McDowell et al. 1992).

Previous work has characterized O_2 dynamics and Fe redox cycling in detail in surface soils from this site. Although surface soils are rarely completely saturated with moisture due to their high macroporosity (Hall et al. 2013), they are suitable environments for Fe reduction due to the combination of high clay and organic matter content, well-developed aggregate structure, warm temperatures that stimulate heterotrophic activity and decrease O_2 solubility, and high plant productivity and associated labile C inputs. Key findings include: labile C often controls Fe reduction,



Fig. 2 Cross-sectional photo of the bottom of a soil core (6 cm diameter, 0–10 cm depth) collected from a slope position in the Luquillo Experimental Forest. The pronounced gleyed regions at the center and bottom of the image, present within a ferric orange matrix, visually illustrate the spatial heterogeneity of reduced and oxidized Fe within surface soils in this ecosystem

leading to higher rates in surface horizons than at depth (Chacon et al. 2006; Hall et al. 2016); Fe(III) reducing bacteria are highly abundant in surface soil $(0.8 \times 10^8 \text{ cells g}^{-1}; \text{Dubinsky et al. 2010});$ net Fe(II) production can occur within aggregates under ambient aerobic conditions (Liptzin and Silver 2009); soil Fe(II) concentrations (0.5 M HCl extractions) can vary by a factor of two or more within hours to days following rainfall events (Hall et al. 2013); soil O₂ dynamics vary with precipitation over timescales of days to months (Liptzin et al. 2011). Soil data including root biomass, texture, C, and Fe content of samples from this site were reported previously (Hall and Silver 2015). Briefly, soil C (0-20 cm) averaged 4.8% on ridges, 4.0% on slopes, and 3.8% in valleys. Texture was similar on ridges and slopes (silt and clay content of 50 and 40%, respectively). Valleys had similar silt content but lower clay content (28%).

Sampling design

Four replicate catenas, each spanning a knife-like ridge, steep slope, and riparian valley, were selected for sampling in the Bisley watershed. Ridges were 5–10 m wide. Slopes measured 70–125 m from ridge to valley with an average slope of 35%, and the relatively straight middle sections were selected for sampling. Riparian valleys were adjacent to third-

order streams, with a typical distance of 10–20 m from the slope break to the edge of the perennial stream. Along each catena, five sampling locations were established along transects in each topographic position at 5–10 m intervals. Ridge and valley transects were parallel to the contour, and slope transects were perpendicular. Valley transects were at least 5 m away from the edge of the perennial stream channel.

Surface leaf litter was removed where present, and soils were quantitatively sampled at depths of 0-10 and 10-20 cm at each sampling location using a 6 cm diameter stainless steel cylinder (total n = 118; samples at 10-20 cm depth could not be collected in two valley plots because of rocks). These depths were selected because they represent the dominant rooting zone in this forest (Silver and Vogt 1993), have much greater cation stocks than deeper soils (Silver et al. 1994), and are the dominant zones of Fe reduction due to C limitation at depth (Hall et al. 2016). Replicate cores were sampled at each location for soil chemical analyses and fine root biomass measurements. For the laboratory incubation experiment, a 10 kg block of soil from 0 to 10 cm was sampled from a slope near the El Verde field station.

Soil analyses

Soil subsamples (~ 3 g dry mass equivalent) were immersed in a 1:10 ratio with 0.5 M HCl in the field within two minutes of sampling to inhibit Fe(II) oxidation. Soils were then transported to a field lab within 30 min, vortexed for 60 s, shaken for 1 h, and filtered to 0.22 µm. This extraction is a classic method used to characterize labile Fe(II) in soils and sediments (Lovley and Phillips 1987), and its low pH effectively inhibits Fe(II) oxidation following extraction. It yields soluble and adsorbed Fe(II), in addition to a portion of the Fe (hydr)oxide surface layers (Tishchenko et al. 2015). However, the Fe pool solubilized by 0.5 M HCl accounts for only 10–20% of the SRO Fe pool quantified by citrate-ascorbate (Hall and Silver 2015).

Acid extractions are also useful for assessing nutrient cation availability (Jenny and Leonard 1934), enabling cation quantification on the same supernatant solutions used for Fe(II) and Fe(III) determination. The 0.5 M HCl extraction (pH < 1) entirely displaces cations from exchange sites. Acidic extractions typically yield slightly higher cation concentrations than ammonium acetate, and may provide an improved index of long-term cation availability to plants (Ramirez Romero 1950; Singh et al. 1983). Concentrations of Fe(II) and Fe(III) were measured colorimetrically using an optimized ferrozine method that accounted for Fe(III) interference during Fe(II) determination (Huang and Hall 2017). Other cations were measured via inductively coupled plasma optical emission spectroscopy. Soil pH was measured with an electrode in 1:2 slurries of soil and deionized water.

Particle size fractions (sand, silt, clay) were analyzed on representative soil subsamples using the hydrometer method (Gee and Bauder 1986). Additional subsamples were sieved, dried, and ground to a fine powder for analysis of total C via combustion on an elemental analyzer. Fine root biomass was measured on a separate intact core from each sampling location by wet sieving, and live and dead fine root fractions were separated by turgor and tensile strength (Silver and Vogt 1993).

Anaerobic incubation experiment

The soil sample used for laboratory incubations was stored at ambient temperature (20-25 °C) prior to the experiment (Ginn et al. 2014). Coarse roots were removed by hand and replicate 5 g soil subsamples (dry mass equivalent) were placed in 50 ml polypropylene centrifuge tubes inside glass jars. Previous experiments with soil from this site demonstrated that C availability limited Fe reduction during short-term (days-weeks) incubations (Chacon et al. 2006). Thus, we amended each replicate soil sample with 0.5 g of dried and ground leaf litter (Andropogon gerardii). Samples were incubated inside glass jars sealed with Viton gaskets and aluminum lids with butyl septa. Jars were flushed with N2 at two-day intervals to maintain anaerobic conditions over a 12-day period. Controls were flushed with air. At 0, 4, 8, and 12 days, three replicates of each headspace treatment (total n = 40) were destructively sampled. Samples were quickly homogenized and separate aliquots were extracted in N₂-flushed deionized water and 0.5 M HCl for measurement of Fe(II), Fe(III), and cations. Extractions were conducted as described above: for both the water and 0.5 M HCl extractions, a 1:10 ratio of soil to solution was vortexed for 60 s and then shaken for 1 h. Water extractions were filtered through 0.7 µm precombusted Whatman GF-F filters.

Statistical analyses

For the field samples, we assessed relationships between K, Ca, Mg, and Mn concentrations and potential predictors using multiple linear regression and mixed effects models in R with the functions Im and Ime (Pinheiro et al. 2014). Blocks and plots were included as random effects to account for spatial autocorrelation. Preliminary analyses showed significant interactions among cations, topographic position and predictor variables, such that separate models were fit for each topographic position for clarity of interpretation. Including random effects to account for correlations among samples from individual plots did not improve model fit, as indicated by AIC. Thus, we proceeded with linear regression for clarity of interpretation.

The variables clay content, soil C, live fine root biomass, Fe(II), and Fe(III) were included as potential predictor variables in multiple linear regressions of K, Ca, Mg, and Mn for each topographic position. Model selection for each cation was performed by sequentially eliminating non-significant parameters from the saturated model. A conservative significance criterion of $\alpha = 0.01$ was used to reduce type I error due to fitting a total of 12 models (four cations × three topographic positions). Impacts of topographic position on cation concentrations were assessed using mixed effects models that included random effects for plots. For the incubation experiment, we calculated linear regressions among Fe(II) and cations.

Results

Incubation experiment

Significant Fe and Mn reduction occurred during the 12-day anaerobic incubation. Concentrations of Fe(II) in 0.5 M HCl extractions increased > 10-fold after 12 days, while Mn (presumably Mn(II)) increased by ~ 50% (Fig. 3). The increase in Fe(II)_{HCl} corresponded with a significant linear decrease in Fe(III)_{HCl}, and almost all cations showed significant linear increases in both the 0.5 M HCl and water extractions (the only exception being Ca_{HCl}). Regression coefficients and p values are shown in the legend of Fig. 3. Water-extractable cations increased more than HCl-extractable cations following Fe reduction.



Fig. 3 Pairwise relationships between cations and Fe(II) from samples incubated under anaerobic conditions over 0, 4, 8, and 12 days. Open and solid triangles denote 0.5 M HCl and water extractions, respectively. Solid and dashed lines represent significant linear regressions between Fe(II) and cations measured in 0.5 M HCl and water extractions, respectively. Fe(III)_{HCl} = -0.3x + 54.7, $R^2 = 0.92$, p < 0.0001. $Mn_{HCl} = 0.05x + 15.6$, $R^2 = 0.59$, p < 0.0001. $Mn_{H_2O} = 0.03x + 0.02$, $R^2 = 0.57$, p < 0.01. $K_{HCl} = 0.005x + 0.146$, $R^2 = 0.28$, p < 0.05. $K_{H_2O} = 0.924x + 0.001$, $R^2 = 0.52$, p < 0.01. $Ca_{H_2O} = 0.06x + 0.95$, $R^2 = 0.70$, p < 0.0001. $Mg_{H_{CI}} = 0.02x + 17.77$, $R^2 = 0.45$, p < 0.01. $Mg_{H_2O} = 0.04x + 0.48$, $R^2 = 0.61$, p < 0.001

An increase in Fe(II)_{HCl} from approximately 10–150 µmol g⁻¹ corresponded with approximately 5–10 fold increases in cations measured in the water extractions, and 0–26% increases in cations in the HCl extractions (Fig. 3). Soil pH increased slightly under anaerobic conditions, measuring 5.82 ± 0.04 at the beginning of the experiment and 5.98 ± 0.02 after 12 days. In the aerobic treatment, cations in the water and HCl extractions did not vary significantly between 0 and 12 days (linear regressions of K, Ca, and Mg versus time; $R^2 < 0.12$, p > 0.1 for all cations).

Topographic variation in cation concentrations in the field

Concentrations of Ca, Mg, and Mn in 0.5 M HCl extractions were 6-, 3- and 13-fold greater (p < 0.05) in valleys than on ridges (Fig. 4). Slope soils generally had intermediate cation concentrations relative to ridges and valleys, but only significantly differed from ridges in the case of Mn (Fig. 4). Soil pH showed the same topographic trends as these cations, and was greatest in valleys (5.28 ± 0.4), intermediate in slopes (4.69 ± 0.4), and lowest on ridges (4.34 ± 0.4). Concentrations of K did not vary among topographic positions.

Relationships among cations and Fe(II)

The cations K, Ca, and Mg generally increased with Fe(II), but the strength of these relationships differed by topographic position (Fig. 5). Pairwise relationships between K and Fe(II) were strongest on ridges and slopes ($R^2 = 0.69$ and 0.57, respectively; p < 0.0001), and weaker in valleys ($R^2 = 0.23$, p < 0.01). Pairwise relationships between Ca and Mg and Fe(II) were strongest on ridges ($R^2 = 0.38$ and 0.35 for Ca and Mg, respectively; p < 0.0001), weaker on slopes ($R^2 = 0.24$ and 0.16; p < 0.001) and < 0.01), and non-significant in valleys.

Optimal regression models for cations

Optimal regression models for K, Ca, and Mg were generally similar within a given topographic position, shown in Table 1. In the ridge soils, Fe(II) and Fe(III) were the most important cation predictors. On ridges, K increased with Fe(II) ($R^2 = 0.69$), and Ca and Mg increased with Fe(II) and decreased with Fe(III)



Fig. 4 Boxplots of cation concentrations (0–10 and 10–20 cm samples) plotted by topographic position. Lines represent medians and the first and third quartiles; whiskers extend to the most extreme values. Different letters indicate significant differences at p < 0.01

 $(R^2 = 0.57 \text{ and } 0.75, \text{ respectively})$. Concentrations of Mn in ridge soils were consistently low and not significantly related to any measured predictor.

In the slope soils, K, Mg, and Ca increased with soil C, with R^2 values of 0.66, 0.44, and 0.32, respectively, and highly significant p values (< 0.0001). Concentrations of Mn also increased with soil C, and decreased with live fine root biomass ($R^2 = 0.31$, p < 0.001). In valley soils, K and Ca increased with soil C but displayed weaker relationships with C than in the slope soils ($R^2 = 0.32$ and 0.39, respectively;

p < 0.001). Concentrations of Mg and Mn were unrelated to measured predictors in the valley soils.

Discussion

Our data support the importance of Fe reduction within a hierarchy of biogeochemical and physical factors that influence surface soil cation concentrations across this humid tropical forest. Results from the anaerobic incubation (Fig. 3) were consistent with our conceptual model of occluded cation release following Fe reduction (Fig. 1). The field measurements further supported the role of Fe reduction as a potential control on cation availability (Fig. 4, Table 1). This was particularly true on ridges, which are hotspots of Fe reduction at the landscape scale due to high plant C inputs and associated microbial activity (Hall et al. 2014). On ridges, cations were most strongly predicted by Fe(II) (a positive relationship) and Fe(III) concentrations (a negative relationship). These patterns are consistent with occlusion of cations in association with SRO Fe(III) phases, which can be released following Fe reduction. Ridges had the highest soil C concentrations and SRO Fe content of any topographic position in this forest (Hall and Silver 2015). On slopes, cations were most strongly predicted by soil organic C, consistent with the importance of organic matter in providing cation exchange capacity in highly weathered soils (Silver et al. 1994; Unger et al. 2010). In valleys, cations were poorly related to measured covariates. This may reflect hydrologic interaction of riparian surface soils with stream water, which is comparatively rich in cations (relative to soil water) as a consequence of cation inputs from deep subsurface mineral weathering (McDowell and Asbury 1994; McDowell 1998).

To our knowledge, the influence of Fe redox cycling on the availability of major nutrient cations (K, Ca, Mg) has not been previously addressed in terrestrial soils. This mechanism may be particularly important in humid tropical systems, which are often rich in SRO Fe (Thompson et al. 2011; Tishchenko et al. 2015), and where cations may limit or co-limit biological processes (Vitousek and Sanford 1986; Cuevas and Medina 1988; Kaspari et al. 2008; Cleveland et al. 2011; Wright et al. 2011; Baribault et al. 2011; Lloyd et al. 2015). Our present data expand upon previous investigations of redox-mediated cation

Fig. 5 Pairwise relationships between cations and Fe(II) by topographic position. Circles, triangles, and crosses denote ridge, slope, and valley samples, respectively. Regression lines significant at p < 0.01are shown in grey



dynamics in wetland soils. Brinkman (1970) proposed the mechanism of "ferrolysis," whereby Fe reduction produces exchangeable Fe^{2+} , which displaces base cations on cation exchange sites and increases solution cation concentrations. This mechanism could lead to cation loss if leaching occurs. Similarly, Phillips and Greenway (1998) found an increase in soluble base

cations following soil flooding. They attributed increased cation solubility to displacement of exchangeable cations by newly formed Mn^{2+} and Fe²⁺, and found no overall change in exchangeable cations. A previous study in the LEF also hypothesized that displacement of base cations by exchangeable Fe may contribute to cation loss (Silver et al. 1994), and

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Response variable	Ridge			Slope			Valley		
	Predictor	Coefficient (se)	R ² of full model	Predictor	Coefficient (se)	R ² of full model	Predictor	Coefficient (se)	R ² of full model
K	Fe(II)****	0.83 (0.09)	0.69	C****	0.80 (0.10)	0.66	C***	0.57 (0.14)	0.32
Ca	Fe(II)**** Fe(III)***	0.93 (0.13) -0.54 (0.13)	0.57	C****	0.67 (0.12)	0.44	C***	0.63 (0.13)	0.39
Mg	Fe(II)**** Fe(III)**	0.84 (0.15) -0.43 (0.15)	0.75	C***	0.57 (0.13)	0.32	-	-	-
Mn	-	-	-	C*** Live fine roots**	0.65 (0.16) -0.48 (0.17)	0.31	_	-	-

Table 1 Optimal linear regression models of soil cation concentrations (K, Ca, Mg, Mn) that included 0.5 M HCl-extractable Fe(II), Fe(III), organic C, clay, and live fine root biomass as potential predictors

Regression coefficients are normalized between -1 and 1, analogous to Pearson's r

Significance of individual model terms at p < 0.01, 0.001, 0.0001 is denoted by **, ***, ****

the increase in water-soluble cations during our anaerobic incubation is consistent with this phenomenon.

However, our data suggest that an additional mechanism beyond simple cation displacement by Fe²⁺ is also likely involved. Population of cation exchange sites by Fe^{2+} and Mn^{2+} and displacement of exchangeable K, Ca, and Mg to solution following Fe and Mn reduction and may have occurred in our anaerobic incubation experiment, contributing to the large observed increases in water-extractable cations. However, cation displacement cannot explain the fact that HCl-extractable cations also increased following Fe reduction. By protonating all of the cation exchange sites, the 0.5 M HCl extraction solubilizes the entire exchangeable cation pool (Jenny and Leonard 1934), as well as the surface layer of Fe oxyhydroxide phases while leaving most SRO phases and aluminosilicates intact (Tishchenko et al. 2015; Hall and Silver 2015). Thus, any increase in 0.5 M HCl-extractable cations over time in the same soil indicates that the total size of the exchangeable pool has increased, not simply that exchangeable cations have been released to solution. Consequently, the observed increase in 0.5 M HCl-extractable cations over time in the incubation experiment indicated that additional cations were mobilized under anaerobic conditions, but not in the aerobic controls. Although the precise mechanism remains unclear, this finding is consistent with the release of Fe-occluded cations following Fe reduction. We note that Fe reduction could liberate cations *directly* due to the reductive dissolution of Fe coprecipitates or adsorbents, or *indirectly* by increasing pH and promoting colloid dispersion. Iron reduction is often responsible for increased pH under anaerobic conditions, and both of these mechanisms have been documented with respect to the solubilization of organic C (Thompson et al. 2006; Grybos et al. 2007; Pan et al. 2016), and are plausible in the case of increased cations.

Our field data also point to availability of a "new" cation pool following Fe reduction, as opposed to simple shifts in partitioning between adsorbed and solution phases. We observed strong positive relationships between Fe(II) and HCl-extractable cations, which would have been neutral or negative if Fe^{2+} had simply replaced cations on exchange sites. Thus, we argue that the classic "ferrolysis" hypothesis for periodically flooded wetland soils (Brinkman 1970) is insufficient to explain relationships between Fe and cations in our dataset. Differences in Fe(III) mineral abundance and hydrology between wetland and upland systems (i.e., our study site) may be critical in explaining the observed differences. Hydrologic flowpaths are dramatically different in lowland wetlands (e.g. rice paddies) vs. montane forest soils. The predominance of shallow macropore flow through well-aggregated soils in the Bisley Watershed (McDowell et al. 1992) may lead to lower cation leaching losses following Fe reduction, which dominantly occurs within anaerobic microsites in soils with typical O_2 mixing ratios of 10–20% (Hall et al. 2013, 2016).

The dynamic retention and release of occluded cations, whether by Fe reduction or other biogeochemical mechanisms, could contribute to sustaining plant cation uptake in ecosystems where cationsparticularly K-may limit plant productivity. The cation concentrations we measured on moist soils extracted in the field using 0.5 M HCl were very similar to those measured ~ 25 years earlier in the same forest using ammonium chloride extractions of moist soil (Silver et al. 1994), despite several severe hurricanes in the intervening period. We measured median concentrations of 1.5, 5.6, and 7.6 μ mol g⁻¹ for K, Ca, and Mg, respectively, vs. 1.0, 5.0, and 7.5 μ mol g⁻¹ in the Silver et al. (1994) study. Potassium has been shown to co-limit NPP in tropical forests in Panama and Costa Rica, where median K 2.7 μ mol g⁻¹ measured concentrations and 2.4 μ mol g⁻¹, respectively (Wright et al. 2011; Baribault et al. 2011). The median soil K concentration measured in our study was even lower than in these studies, pointing to possible impacts of K deficits on plant growth. The likely importance of K in the LEF is further illustrated by the fact that moist-soil extractable K from 0 to 35 cm measured < 10% of total plant biomass K stocks on ridges (Silver et al. 1994). In this context, the significant observed release of K in anaerobic microsites could be ecologically relevant.

Mass balance studies provide a key future opportunity for assessing the potential role of Fe reduction in releasing occluded cations. For example, Russell et al. (2017) found that neither uptake of soil exchangeable cations, atmospheric deposition, nor primary mineral weathering could plausibly account for cation accrual in biomass during forest regrowth on a degraded pasture. Their study showed that a "missing" K source of 10-35 kg ha⁻¹ year⁻¹ was needed to explain plant K uptake. Our present data highlight the potential importance of occluded cations in sustaining plant nutrient uptake in highly weathered soils, and provide one potential mechanism-cation release following Fe reduction and associated colloid dispersion-that may contribute to the dynamic cycling of occluded cations. We hypothesize that these occluded cations act as a bank for biotic cation demand that is variably withdrawn and replenished on timescales of hoursmonths in concert with redox fluctuations. The size of the bank is a function of the soil redox history and consequent impacts on Fe mineral composition over daily to monthly timescales (Hall et al. 2013; Ginn et al. 2017), which control cation "deposits" from decaying organic matter and co-precipitating Fe mineral phases, and cation "withdrawals" from biotic uptake and leaching.

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