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# Expansion of human mesenchymal stem cells on microcarriers

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Abstract The effects on human mesenchymal stem cell growth of choosing either of two spinner flask impeller geometries, two microcarrier concentrations and two cell concentrations (seeding densities) were investigated. Cytodex 3 microcarriers were not damaged when held at the minimum speed,  $N_{IS}$ , for their suspension, using either impeller, nor was there any observable damage to the cells. The maximum cell density was achieved after 8–10 days of culture with up to a 20-fold expansion in terms of cells per microcarrier. An increase in microcarrier concentration or seeding density generally had a deleterious or neutral effect, as previously observed for human fibroblast cultures. The choice of impeller was significant, as was incorporation of a 1 day delay

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before agitation to allow initial attachment of cells. The best conditions for cell expansion on the microcarriers in the flasks were 3,000 microcarriers  $ml^{-1}$ (ca. 1 g dry weight  $1^{-1}$ ), a seeding density of 5 cells per microcarrier with a 1 day delay before agitation began at  $N_{JS}$  (30 rpm), using a horizontally suspended flea impeller with an added vertical paddle. These findings were interpreted using Kolmogorov's theory of isotropic turbulence.

Keywords Human mesenchymal stem cells - Microcarriers - Regenerative medicine bioprocessing - Spinner flasks

## Introduction

The next healthcare revolution will apply regenerative medicines, creating biological therapies or substitutes for the replacement or restoration of tissue function lost through failure or disease. However, whilst science has revealed the potential of such therapies, and early products have shown their power (Barker et al. [2011](#page-9-0)), there is now a need for the long term supply of human mesenchymal stem cells (hMSCs) in sufficient numbers to create reproducible and cost effective therapeutic products. Since human cells are known to develop both genetic and epigenetic instability over many passages, as well as loss of functionality (Allegrucci and Young [2007\)](#page-9-0), there is a definite need for technologies that will allow the maximal expansion of each cell line for cryobanking at low passage numbers for larger scale healthcare applications. For scale-up of comparable mammalian cell systems where attachment is essential, microcarriers are used in bioreactors to provide a large surface area per unit volume of bioreactor (Nienow [2006](#page-10-0)). However, even for mammalian cells, little work has been done to study the impact of the fluid dynamic conditions on bioreactor performance because quite early in the development of that technology, free suspension culture became available and quickly dominated because it is easier to perform (Schutt et al. [1997;](#page-10-0) Nienow [2006](#page-10-0); Kumar et al. [2008\)](#page-9-0).

Thus whilst microcarriers are appropriate for cultivation of human embryonic and mesenchymal stem cells (Abranches et al. [2007](#page-9-0); Frauenschuh et al. [2007](#page-9-0); Oh et al. [2009](#page-10-0)), little detailed work has been done on them to optimise cell microcarrier attachment protocols or cell proliferation and growth. Importantly, human stem cells cannot automatically be considered to behave in a similar way to other adherent cells lines. This is because with human stem cells it is the cell itself that forms the basis of the therapeutic product and not the proteins that they produce. That is, the cell itself may end up being integrated into the body and therefore cannot be harmful to the patient in any way. Therefore, we do not have the luxury of selecting amenable cell lines for bioprocessing i.e. what is derived from human tissue has to stay exactly the same throughout the entire process from expansion, through purification to formulation and finally delivery.

All animal cells used for the production of therapeutic proteins have accumulated many genetic abnormalities that make them tumourigenic and hence more suitable to longer term culture (Thomson [2007\)](#page-10-0). This cannot be so for human stem cell lines; obviously they cannot be tumourigenic so they are not immortal and are therefore much more sensitive to culture conditions than more conventional animal cell lines. Indeed even minor variations in the processing conditions have been shown to cause major variations in cultured human stem cells such as different lineage commitments and genetic stability issues (Allegrucci and Young [2007\)](#page-9-0). The process environment therefore needs to be fully understood in order to develop a high level expansion strategy to prevent effects on safety and efficacy.

Clearly, for a microcarrier's entire surface to be available for cell attachment and growth, microcarriers need to be fully suspended in the growth medium. This condition can be achieved by mechanical agitation (Nienow [1997a](#page-9-0)), which also homogenises the environment with respect to substrate composition and temperature whilst facilitating oxygen transfer to the cells and, as importantly,  $CO<sub>2</sub>$ stripping from the media (Nienow [2006](#page-10-0)). However, increased agitation might cause damage to the microcarriers or cells, as found under some conditions for human fibroblasts (Hu et al. [1985;](#page-9-0) Croughan et al. [1988,](#page-9-0) [1989\)](#page-9-0) and bovine embryonic kidney cells (Cherry and Papoutsakis [1988\)](#page-9-0). None of these issues have been thoroughly studied or resolved for microcarrier cultures of hMSCs.

Most literature addressing damage to particles of a similar size to microcarriers  $(100-300 \mu m)$  has been from the perspective of crystallisation/abrasion. Particle damage is mostly related to particle-impeller and particle–particle collisions. In either case, damage increases with increasing particle size, with increasing particle concentration and with increasing agitation intensity (Nienow [1997b](#page-9-0)). Other work has shown that freely suspended mammalian cells (size  $15-20 \mu m$ ) are much less sensitive to fluid dynamic stresses induced by agitation or sparged aeration than originally thought (indeed the impact of bursting bubble effects can be largely discounted if Pluronic F68 is included in the culture medium (Oh et al. [1992\)](#page-10-0)). However, those growing on microcarriers appear to be more sensitive, probably because they are attached to relatively large particles that are more prone to collisions, which might damage the cells (Nienow [1997b](#page-9-0)). For fibroblasts, cell damage in these circumstances has been related to the relative size of the microcarriers and the Kolmogorov microscale of turbulence (Croughan et al. [1987\)](#page-9-0). Damage became significant when the microscale was about two-thirds the size of the microcarriers, or smaller (Croughan et al. [1987\)](#page-9-0). In addition to these considerations, it is also important to ensure that cells are attached to the microcarriers efficiently and a priori it is not obvious how this should be done. Clearly, if the microcarriers in the bioreactor are not suspended during attachment, the cells will tend to attach only to the upper surface of the microcarriers. Furthermore, even if there is sufficient agitation to cause suspension and even possibly increased cell-microcarrier contacts under the action of turbulence, attachment may not occur effectively if the time of contact is too short or the turbulence too great.

In this work, these phenomenon were investigated using hMSCs isolated from placental tissue in 250 ml spinner flasks with two impeller geometries and a well-known commercially available microcarrier, Cytodex 3 (GE Healthcare, Sweden) shown to be suitable for the expansion of both murine embryonic and mesenchymal stem cells (Abranches et al. [2007](#page-9-0); Frauenschuh et al. [2007](#page-9-0)). The effects on cell expansion of impeller geometry, seeding density and microcarrier concentration were investigated. For each geometry, the minimum agitation speed for microcarrier suspension,  $N_{IS}$ , was used, to ensure the microcarrier surfaces were available whilst minimising possible agitation damage. In each case, the effect of introducing a delay in starting agitation was investigated. During such a delay, cell attachment might occur.

# Methods and materials

#### Cell growth and conditions

Human mesenchymal stem cells (hMSCs) were isolated from placental tissue and donated by Smith and Nephew (York, UK). Cells were cryopreserved in growth medium supplemented with 10% dimethyl sulphoxide at passage five (at least  $8.75 \times 10^5$ cells  $ml^{-1}$ ) and all microcarrier experiments were performed at passage nine. Cells were cultured in tissue culture medium composed of Dulbecco's Modified Eagles Medium (low glucose–DMEM) supplemented with 10% (v/v) Dulbecco's Modified Eagles Medium/ Hams F12 premix (Sigma), 2 mM L-glutamine 1% non-essential amino acids and 50 IU penicillin  $ml^{-1}$ and 50  $\mu$ g streptomycin ml<sup>-1</sup>. Foetal bovine serum (Mycoplex EU FBS; PAA, Austria) was added at 20% (v/v). Inoculum for spinner flasks was prepared using static monolayer growth in  $175 \text{ cm}^2$  tissue culture flasks (T175). Cells were thawed and seeded from cryopreserved stocks at  $5 \times 10^3$  cells cm<sup>-2</sup> (i.e. 8.75  $\times$  $10<sup>5</sup>$  cells ml<sup>-1</sup>) to tissue culture flasks and incubated at  $37^{\circ}$ C under a humidified  $5\%$  CO<sub>2</sub> atmosphere. Medium was used at a ratio of 0.3 ml  $cm^{-2}$ , and was replaced every 2 days of culture. Once confluence was reached, cells were removed as set out below from the culture surface and reseeded to the required cell density in spinner flasks. For such a passage, flasks were washed twice with  $Ca^{2+}$  and  $Mg^{2+}$ -free PBS and then incubated for 5 min in trypsin/EDTA (0.5 g trypsin and 0.2 g EDTA per litre of PBS) until complete cell removal. The trypsin was then inactivated by the addition of fresh tissue culture medium to the detached cell suspension. The amount of medium added was equivalent to three times the volume of the trypsin solution used for cell detachment. The cell suspension was then centrifuged at  $220 \times g$  for 5 min, the supernatant discarded and the remaining pellet re-suspended in an appropriate volume of tissue culture medium in a spinner flask.

Cytodex-3 (GE Healthcare, Sweden), a solid microcarrier 175  $\mu$ m in mean (d<sub>50</sub>) diameter with a collagen surface over a dextran matrix, was used in all cases. Microcarriers were prepared for use according to the manufacturer's instructions except where stated. Briefly, dry microcarriers were hydrated prior to use in  $Ca^{2+}$  and  $Mg^{2+}$ -free PBS (50 ml g<sup>-1</sup> dry wt) overnight at 37°C. Microcarriers were autoclaved to remove trapped gas and then rinsed twice with PBS and re-autoclaved. Microcarriers were then washed with culture medium and transferred to the spinner flask. Flasks were then placed into a 37 $\degree$ C, 5% CO<sub>2</sub> incubator and stirred gently (30 rpm) for 30 min to allow for gaseous and temperature equilibration prior to inoculation. Because of swelling during rehydration, the final mean microcarrier diameter was calculated to be ca. 210  $\mu$ m, assuming a swelling factor of 15 ml  $g^{-1}$  dry wt (GE Healthcare [2009\)](#page-9-0).

All microcarrier cultures were performed using Sigmacote (Sigma, UK) treated 250 ml spinner flasks (BellCo, New Jersey, USA) with a working volume of between 80 and 100 ml. Two impeller geometries were used (Fig. [1](#page-3-0)) throughout: the first  $(G1)$  consisted only of a magnetically driven horizontally suspended flea (length,  $D = 45$  mm; diam.,  $d = 10$  mm), whilst the second (G2) was made from the same suspended flea with an additional vertical Teflon paddle (30 mm high; length,  $D = 55$  mm). Agitation was via a magnetic stirrer platform (BellCo, New Jersey, USA). Cultures were incubated at 37 $\degree$ C in a 5% CO<sub>2</sub> enriched atmosphere. pH was maintained between 7 and 6.5 (by colourimetric visualisation). Seeding densities and microcarrier concentrations were varied as were impeller geometry and speed.

<span id="page-3-0"></span>Fig. 1 The two different impeller geometries that were used in the 100 ml (working volume) spinner flasks: the first, G1 (a) consisted only of a magnetically driven horizontally suspended flea (length 45 mm; diam. 10 mm), whilst the second, G2 (b), was made up from the same suspended flea with an additional vertical Teflon paddle (30 mm high; length 55 mm)



Other analytical techniques

Cell concentrations in T175 flasks were determined by counting replicate samples on an improved Neubauer haemocytometer (Butler [1996](#page-9-0)) under a phase contrast microscope (Nikon, Japan;  $100 \times$  magnification). Additionally, viability was determined by the Trypan Blue exclusion method. For nuclei counts of microcarrier attached cells, samples were incubated in culture medium with  $5\%$  (v/v) dextranase (Sigma) for 15 min to dissolve the microcarriers. Samples were then centrifuged at  $\sim 1,000 \times g$  for 15 min and the supernatant discarded. The cell pellet was then resuspended in a staining solution equal to 50% the original volume, comprised of 0.1% w/v Crystal Violet and 0.1% v/v Triton X-100 in 0.1 M citric acid and incubated for 2 h. The number of nuclei was then counted on an improved Neubauer haemocytometer as above. Microcarrier size analysis was performed using a Malvern Mastersizer (Malvern, UK).

### Results and discussion

Two impeller geometries, G1 and G2, were chosen for this work (Fig. 1) because both are used in commercially available spinner flasks and are commonly found in the literature on stem cell culture. In all experiments, the spinner flasks were agitated at the minimum speed for microcarrier suspension,  $N_{JS}$ .  $N_{JS}$ is the impeller speed at which the microcarriers are

'just fully suspended'. Operation at this speed does not necessarily mean that the microcarriers are homogenously dispersed throughout the liquid medium (Ibrahim and Nienow [2004\)](#page-9-0).  $N_{JS}$  was determined experimentally by visual observation, which is the most common way to assign this suspension condition (Nienow [1997a](#page-9-0)) to be 50 and 30 rpm for G1 and G2, respectively. The Reynolds numbers, Re, at these conditions were about 1,700 and 1,500, respectively, which compare well with other spinner flask studies with microcarriers (Table [1\)](#page-4-0). ( $Re = ND^2/v$  where N is the agitator speed (revolutions per second, rps), D the agitator diameter (m) and  $\nu$  is the kinematic viscosity of the medium  $(m^2 s^{-1})$ . *D* was taken to be the length of the spinner bar for G1 and of the vertical paddle for  $G2$  and  $\nu$  was assumed to be the kinematic viscosity of water,  $10^{-6}$  m<sup>2</sup> s<sup>-1</sup>).

Modern analysis of the impact of stresses generated by agitation on animal and bacterial cells is usually based on Kolmogorov's theory of isotropic turbulence (Thomas and Zhang [1998](#page-10-0); Nienow [2006](#page-10-0)). This theory requires the flow in the vessel to be highly turbulent for it to be applicable. Since at least 1,950 this condition has been generally considered to require  $Re > \sim 10^4$  (Rushton et al. [1950](#page-10-0)) and it is still defined that way today (Paul et al. [2004](#page-10-0)). Under these conditions, the microscale of turbulence,  $\lambda_K$ (m) can be determined from

$$
\lambda_K = \left(\nu^3 / \varepsilon_T\right)^{1/4} \tag{1}
$$

where  $\varepsilon_T$  is the local specific energy dissipation rate (W  $kg^{-1}$ ). It is then commonly postulated that if the

<span id="page-4-0"></span>

NA information not available

suspension prop (kinematic visco  $10^{-6}$  m<sup>2</sup> s<sup>-1</sup>

size of the biological entity is  $\langle \lambda_K$ , damage will not occur. The minimum value of  $\lambda_K$  in the vessel can be obtained from $(\varepsilon_T)_{\text{max}}$ , which is in the region close to the impeller, and the ratio  $(\varepsilon_T)_{\text{max}}/\overline{\varepsilon}_T$  where  $\overline{\varepsilon}_T$  is the mean specific energy dissipation rate given by

$$
\bar{\varepsilon}_T = P o N^3 D^5 / V \tag{2}
$$

where V is the volume of media in the vessel  $(m^3)$ . Both Po, the impeller power number (dimensionless), and  $(\bar{\varepsilon}_T)_{\text{max}}/\bar{\varepsilon}_T$  depend on the particular impeller/ vessel configuration (Nienow [2010](#page-10-0)).

Here,  $Re < 10^4$  so that the flow is in the transition region of Reynolds numbers. It is certainly not fully turbulent or ''completely turbulent'' as suggested by Sucosky et al. [\(2004\)](#page-10-0). A more reasonable expression might be "moderately turbulent" (Venkat et al. [1996](#page-10-0)). Thus, there are a number of difficulties in addressing the problem via turbulence theory. Nevertheless, Croughan et al. ([1987](#page-9-0)) developed a turbulence-based model of the potential for damage based on the suggestion of Nagata [\(1975\)](#page-9-0) that the flow became turbulent at  $Re > 10^3$ . Subsequently, others have followed that approach. In order to compare this and earlier work, and because an alternative is not available, this approach was also followed here. It is certainly not appropriate to treat the flow is if it were laminar.

In order to estimate the minimum Kolmogorov microscale of turbulence, values are required for Po and  $(\varepsilon_T)_{\text{max}}/\overline{\varepsilon}_T$ . Po will change with impeller speed as the flow is not fully turbulent and the tank is not baffled; and a measured value is not available for the impeller shapes in the spinner vessel. Following Cherry and Papoutsakis [\(1986](#page-9-0)), a power number of 0.5 was assumed for the spinner bar in unbaffled conditions in G1, which is not unreasonable as its shape approximates a 2-blade paddle. Such 2-bladed paddles in unbaffled tanks have rarely been studied but in a report by Nagata ([1975\)](#page-9-0), none of a wide range of geometries gave a power number  $>1$  for the Re values used in this work. As one would expect spinner bars of circular cross section give rise to less drag than flat blades, so the power number assumption made here seems reasonable. The shape of G2, which also has a vertical paddle of significant crosssectional area above the spinner bar, suggests a higher value and a power number of one has been assumed. Finally, since  $(\varepsilon_T)_{\text{max}}/\overline{\varepsilon}_T$  is also unknown, it was estimated by the long-standing recommendation (Davies 1985), which is still considered appropriate (Kresta and Brodkey [2004\)](#page-9-0), that all the energy dissipation occurs in the impeller zone, of volume equal to the impeller swept volume. The calculations for these assumptions are shown in Table [2](#page-5-0) giving estimated microscales,  $\lambda_K$  of ca. 130 and 185 µm for G1 and G2, respectively, assuming water-like fluid properties for the media. These values are fairly insensitive to power number; for example, an increase of two in power number would only change the estimated microscale by factor of about 1.2.

Both 130 and 185  $\mu$ m are between the mean diameter of the (swollen) microcarriers and half of that diameter, the latter shown by Croughan et al. [\(1987](#page-9-0)) as the value at which damage to fibroblasts became severe. It is therefore feasible that damage to cells may have occurred because of the turbulence. Relatively low power numbers, as assumed here, are conservative in that higher values would give even lower microscale values, although the effect would be small, as mentioned earlier.

In order to investigate whether the agitation intensity required suspending microcarriers damaged them, either due to turbulence or microcarrier–microcarrier

Impeller	Diameter, $D$ (mm)	Height (mm)	Swept volume $\times 10^5$ $(m^3)$	Impeller speed $(N)$ (rps)	Power number (Po)	Specific energy dissipation rate, $\varepsilon_T \times 10^{-4}$ (W kg <sup>-1</sup> )	Estimated microscale of turbulence, $\lambda_K$ (µm)
G1	45	10	1.59	0.83	0.5	34	131
G <sub>2</sub>	55	30	7.13	0.5	1.0	8.8	183

<span id="page-5-0"></span>**Table 2** Calculation of Kolmogorov microscale of turbulence,  $\lambda K$  ( $\mu$ m)

Impeller G1 (i.e. flask a from Fig. [1](#page-3-0)) consisted only of a magnetically driven horizontally suspended flea (length 45 mm; diameter 10 mm), whilst impeller G2 (i.e. flask b from Fig. 2) had an additional vertical Teflon paddle (30 mm high; length 55 mm)

collisions (Nienow and Conti [1978;](#page-10-0) Cherry and Papoutsakis [1986;](#page-9-0) Croughan et al. [1987](#page-9-0)), experiments with 3,000 Cytodex 3 microcarriers  $ml^{-1}$  in fresh medium were performed. This concentration of Cytodex microcarriers was chosen because their total surface area in the spinner flasks approximately matched the available surface area in a standard T175 flask. It represents about 1 g dry wt  $1^{-1}$ , assuming  $3 \times 10^6$  microcarriers (g dry wt)<sup>-1</sup> (GE Healthcare [2009](#page-9-0)). For fibroblast cultures, this was close to the concentration that gave the optimum average specific growth rate (Croughan et al. [1988](#page-9-0)). The contents of the spinner flask were held at  $N_{JS}$ , in this case 50 rpm (G1) and at  $37^{\circ}$ C for 7 days in a humidified incubator. At discrete time points, microcarriers were sampled and the particle size distribution measured. It can be seen (Fig. 2) that there was no measurable change in particle size distribution after 3 and 7 days agitation at N<sub>JS</sub>. Microscopic observation revealed no changes in the morphology of the microcarriers nor did they show any observable signs of stress, such as lines or fractures on their surfaces. It can therefore be concluded that the Cytodex 3 microcarriers are not damaged under the fluid dynamic conditions even if collisions were occurring.

To investigate the effects of the impeller geometry, microcarrier concentration, seeding density and agitation delay on cell growth, a series of duplicate experiments was carried out. For all experiments, reproducible results were obtained (Table [3\)](#page-6-0). The maximum cell density always occurred between 8 and 10 days of culture and thereafter a decrease in cell concentration occurred. An example is given in Figs. [3](#page-6-0) and [4](#page-7-0) (G1 impeller at 50 rpm, 3,000 microcarriers  $ml^{-1}$ , seeding density 5 cells/microcarrier with a 1 day impeller delay). The lower seeding density of the cells was chosen because it mirrored that used in standard T175 culture and indeed cultures were found not to grow below this concentration and



Fig. 2 Particle size distribution for Cytodex 3 microcarriers held at  $N_{JS}$  (without cells), in this case 50 rpm (G1 i.e. flask **a** from Fig. [1](#page-3-0)) and at  $37^{\circ}$ C for 0, 3 and 7 days in a humidified incubator

this therefore represents the minimum seeding density for successful hMSC culture. This behaviour and minimum value is similar to that observed for FS-4 fibroblast cultures (Hu et al. [1985](#page-9-0)). For FS-4 fibroblasts a fourfold increase in cells per bead was considered ''good'' (Croughan et al. [1988\)](#page-9-0) and here increases up to 20-fold were obtained.

Microscopical examination of the microcarriers during the culture was very interesting (Fig. [4](#page-7-0)). It would seem that during the unagitated conditions of day 1 that cells did not attach to the microcarriers uniformly i.e. some microcarriers had more cells than others and some had no cells at all. Further examination of microcarriers on days 2–9 showed a decrease in the number of microcarriers with no cells attached. This confirms the suggestion that during the agitated conditions, cells are able to detach and transfer between microcarriers either directly or when microcarriers collide and periodically aggregate (Cherry and Papoutasakis [1988\)](#page-9-0). Such aggregates under the agitation conditions experienced here were relatively short

<span id="page-6-0"></span>Table 3 Summary of the mean maximum number of mesenchymal stem cells achieved per Cytodex 3 microcarrier under various conditions using both types of 100 ml spinner flasks G1 (flask a from Fig. [1](#page-3-0)) and G2 (i.e. flask b from Fig. [1](#page-3-0))

Microcarrier concentration (microcarrier $ml^{-1}$ )	Seeding density (cells per microcarrier)	1 day delay	Mean maximum cell number per microcarrier	Expansion factor	Mean maximum cell number (ml <sup>-1</sup> $\times$ 10 <sup>-5</sup> )
Impeller G1 $(a)$					
3,000	5	$\times$	$56 \pm 1$	11	1.7
3,000	5	$\sqrt{}$	$54 \pm 5$	11	1.6
3,000	10	$\times$	$21 \pm 5$	2	0.6
3,000	10	$\sqrt{}$	$80 \pm 7$	8	2.4
7,500	5	$\times$	$26 \pm 5$	5	2.0
7,500	5	$\sqrt{}$	$50\pm3$	10	3.8
7,500	10	$\times$	$18 \pm 1$	$\overline{c}$	1.4
7,500	10	$\sqrt{}$	$39 \pm 1$	4	2.9
Impeller G2 $(b)$					
3,000	5	$\times$	$64 \pm 14$	13	1.9
3,000	5	$\sqrt{}$	$101 \pm 11$	20	3.0
3,000	10	$\times$	$22 \pm 7$	$\overline{c}$	0.7
3,000	10	$\sqrt{}$	$64 \pm 3$	6	1.9
7,500	5	$\times$	$51 \pm 10$	10	3.8
7,500	5	$\sqrt{}$	$48 \pm 1$	10	3.6
7,500	10	$\times$	$34 \pm 3$	3	2.6
7,500	10		$43 \pm 2$	4	3.2



Fig. 3 Viable mesenchymal stem cell numbers on Cytodex 3 microcarriers using G[1](#page-3-0) (i.e. flask a from Fig. 1) at  $N_{JS}$ , 3,000 microcarriers  $ml^{-1}$ , 5 cells/microcarrier with a 1 day impeller delay (i.e. no agitation initially) over 13 days

lived. After 9 days, cell nuclei counts per microcarrier began to decrease as cells died and detached from the surface of the microcarrier, presumably in response to a detrimental change in the culture conditions. In all cases, viable cells retained their fibroblast-like morphology, an essential characteristic for maintenance of cell phenotype as there are no measurable and universally accepted set of surface expressed markers for this hMSC cell line. At the times of maximum numbers of cells per microcarrier, the values of cells per unit area were of the order of  $10^4 - 10^5$  cells cm<sup>-2</sup>, similar to those obtained in a standard T175 culture  $(10^5 \text{ cells cm}^{-2}).$ 

When the initial microcarrier concentration was increased from 3,000 to 7,500 microcarriers  $ml^{-1}$ (i.e. more surface area for growth), the effect on the maximum number of cells per microcarrier was generally deleterious or neutral, as can be seen from the expansion factors in Table [2](#page-5-0). In terms of maximum cells per ml, there was an increase with microcarrier concentration but usually much less than the 2.5-fold increase that would be implied by the increased surface area. For FS-4 fibroblasts, Croughan et al. ([1988\)](#page-9-0) and Hu et al. ([1985\)](#page-9-0) also observed adverse effects of increased microcarrier concentrations, in longer lags, decreased growth rates and decreased ''multiplication ratios'' (expansion factors). It might be expected that with an increase in the number of microcarriers  $ml^{-1}$  that there should be an increase in the number of collisions proportional to

<span id="page-7-0"></span>







 $(i)$ 

 $(g)$ 



Fig. 4 Mesenchymal stem cell growth on Cytodex 3 microcarriers (size bar =  $200 \mu m$ ) using G[1](#page-3-0) (i.e. flask a from Fig. 1) at N<sub>JS</sub>, 3,000 microcarriers ml<sup>-1</sup>, 5 cells/microcarrier with a 1 day impeller delay (i.e. no agitation initially) over 13 days. a Day 1, 10.6 cells/bead; b day 2, 10.7 cells/bead; c day 3, 6.2

cells/bead; d day 4, 9.5 cells/bead; e day 5, 19.7 cells/bead; f day 7, 52.1 cells/bead; g day 8, 67.6 cells/bead; h day 9, 98.4 cells/bead; i day 10, 83.6 cells/bead; j day 11, 81.2 cells/bead; k day 13, 44 cells/bead

the square of the concentration (Nienow and Conti [1978\)](#page-10-0), with possibly concomitant associated cell death. Although this argument is considered the most likely reason for the observations, it must be noted that significant numbers of dead cells or cell debris were not seen in free suspension, even at the higher microcarrier concentration. Their absence may be significant because dead or dying cells spontaneously detach from the microcarrier surface. It might be speculated as an alternative that collisions do not kill cells directly but rather reduce cell growth and/or division. This requires further investigation. Meanwhile it would seem satisfactory to use 3,000 microcarriers  $ml^{-1}$  in spinner flasks for the expansion of hMSCs.

When the seeding density was doubled from 5 to 10 cells per microcarrier, the effect on the maximum number of cells per microcarrier was again generally deleterious or neutral, with the exception of one observation at 3,000 microcarriers  $ml^{-1}$  and 10 cells/ microcarrier for impeller G1 (Table [2\)](#page-5-0). For a similar observation with FS-4 fibroblasts, Croughan et al. [\(1988](#page-9-0)) suggested an effect of growth inhibiting factors but there seems little or no independent evidence for this. As a seeding density of 5 cells per microcarrier was required for any growth, it is suggested that this should be the preferred level for spinner flask expansion of hMSCs.

With respect to mean maximum cell number per microcarrier and expansion factor, growth with the G2 impeller was found to be better than with the G1 impeller. This difference might be because the estimated minimum microscale of turbulence was not only higher for the former but was larger than two-thirds of the microcarrier diameter. Data in Croughan et al. [\(1987\)](#page-9-0) for FS-4 fibroblasts also suggests that  $\lambda_K \geq \frac{2}{3}$  may be a criterion for the agitation conditions under which damage would not be expected. However, as noted earlier, microscopical examination did not reveal any significant numbers of dead cells in suspension. Their absence is significant because dead or dying cells spontaneously detach from the microcarrier surface. It is possible that the bulk mixing or the level of gas–liquid mass transfer through the upper surface of the media may have also been better because of the upper vertical paddle. The lack of appropriate instrumentation means this suggestion cannot be confirmed. Further investigation is needed to resolve these issues. Nevertheless, the choice of spinner impeller is of

significance and it is recommended that an impeller is chosen that gives a value of the Kolmogorov microscale of turbulence close to or greater than the bead diameter (at the minimum suspension speed).

When an impeller delay of 1 day was introduced the effect on maximum cell number was generally markedly positive on mean maximum cell numbers per microcarrier, although in a few cases there was no significant change. The positive effect was more pronounced at the lower microcarrier concentration of 3,000 microcarriers  $ml^{-1}$ . This effect is most likely to be because a delay in agitation allows the cells to attach properly to the microcarriers. Microscopic observations suggest that the majority of cells required at least 2 h to attach, with an additional period of 2 h needed to ensure maximum attachment. Further observations in both monolayer and microcarrier culture indicated that cells needed at least 24 h to allow cell 'spreading', which ensures future cell division and growth.

A small increase in kinematic viscosity,  $v$ , should lead to a significant increase in  $\lambda_K$ , which should lead to a reduction of cell damage. However, that action also leads to a significant reduction of Re, e. g., a doubling of  $v$  reduces  $Re$  by a factor of two, so that application of Kolmogorov's theory is even more questionable. However, the literature suggests that the addition of a very small amount of viscosifier reduces cell damage in microcarrier culture and this is probably worth reinvestigation (Croughan et al. [1989\)](#page-9-0).

# **Conclusions**

Regenerative medicine promises both to revolutionise clinical practise and to promote significant economic growth. Realisation of this promise requires robust and scalable manufacturing techniques for the larger scale production of fully functional human stem cells for specific purposes. The successful bioprocessing of human stem cells is not a trivial exercise. Indeed, expanding human stem cells in culture is currently more of an art than a science so much so that some laboratories cannot or do not grow human stem cells at all. In fact it is only now that successful, yet empirical, protocols for expanding human stem cells in bioreactors are starting to appear in the literature (Abranches et al. [2007;](#page-9-0) Frauenschuh et al. [2007](#page-9-0); <span id="page-9-0"></span>Oh et al. [2009\)](#page-10-0), few of which deal with any form of systematic optimisation and none consider the engineering aspects in any depth. An attempt has been made here to understand some of these issues and it is important to note that some of the parameters measured were similar to those associated with other adherent cell lines.

From the work described here it is clear that the Cytodex 3 microcarriers were not damaged using either agitator geometry at the minimum speed for microcarrier suspension. Although there were no directly observable dead cells or cell debris, it seems that microcarrier collisions were the most likely cause of reduced maximum cell numbers per microcarrier. In spite of the question marks over the applicability of turbulence theory with respect to the potential for damage to cells because of the low Re number, the current work gave reasonable agreement with earlier work. This leads to the suggestion that a spinner flask impeller should be chosen that, when it is operated at the minimum speed for microcarrier suspension, results in an (estimated) Kolmogorov microscale of turbulence of about 2/3 the microcarrier diameter or larger. The seeding density ought to be just above that required for growth as higher densities may be deleterious. A 1 day delay before the start of agitation is also recommended to allow initial cell attachment to the microcarriers. The best conditions for expansion in spinner flasks of the hMSCs used in this work were  $3,000$  microcarriers  $ml^{-1}$  and a seeding density of 5 cells per microcarrier, using impeller geometry G2 run at the minimum speed for microcarrier suspension, with a 1 day impeller delay.

Finally, the development of viable, scalable bioprocessing techniques is critical to being able to produce standardised human stem cells for banking, toxicological/metabolic studies and for bringing human cell based therapies to clinic. These challenges are not easy to solve, indeed hMSC microcarrier cultures are clearly governed by a number of important engineering and biological factors most of which are not fully understood. However, the work described here is seen as being an important fundamental step in addressing a key human stem cell bioprocessing challenge.

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