

Oral administration of *Zingiber officinale* and *Aegle marmelos* **extracts enhances growth and immune functions of the shrimp** *Penaeus monodon* **against the white spot syndrome virus (WSSV)**

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Abstract

This study was conducted to determine the effect of oral administration of *Zingiber officinale* and *Aegle marmelos* extracts on the growth performance and immunomodulatory activities of the shrimp *Penaeus monodon* against white spot syndrome virus (WSSV). A methanol extract of the *Z. ofcinale* rhizome and *A. marmelos* leaf was sprayed into a pellet feed at concentrations of 0% (control), 0.05% (treatment 1), and 0.1% (treatment 2), respectively. Shrimps fed the extract (T1) showed substantial improvements in growth performance and feed utilization efficiency when compared to the control group. Extractfed shrimp also exhibited an increase in immune-related gene expression in comparison to controls. After 4 weeks of feeding, shrimp were injected with the white spot syndrome virus and observed for another 2 weeks to determine mortality. Compared to shrimp fed the control diet, *Z. officinale* and *A. marmelos* extract–fed shrimp displayed a decrease in hemolymph clotting time and an increase in immunological parameters such as total hemocyte count, prophenoloxidase activity, and superoxide dismutase activity both before and after viral challenge. Fourteen days after the WSSV challenge, the cumulative mortality of extract-fed shrimp was considerably lower compared to the mortality of the control group which died shortly after the challenge. Therefore, the *Z. officinale* and *A. marmelos* extracts could be used as immunostimulants to enhance the growth and resistance of shrimp against the white spot syndrome virus.

Keywords *Zingiber officinale* · *Aegle marmelos* · Shrimp · Growth · Viral infection · Immunostimulant

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Shrimps represent the most widely cultivated crustacean species in the world, with the white leg shrimp, *Litopenaeus vannamei*, and the black tiger shrimp *Penaeus monodon* dominating >90% of the market (El-Saadony et al. [2022\)](#page-16-0). *Penaeus monodon* is the most frequently cultivated shrimp species along the coasts of Asia, Australia, and other Pacifc island nations, due to its high domestic and global market demand (Rahi et al. [2022](#page-17-0); Xie et al. [2022\)](#page-18-0). With the continual expansion of cultural scale, disease outbreaks pose a signifcant and ubiquitous threat to the viability and advancement of global shrimp farming, mostly as a result of viral infections responsible for an estimated 40% of tropical shrimp loss (Arbon et al. [2022](#page-15-0); Prochaska et al. [2022](#page-17-1); Zhang et al. [2023\)](#page-19-0). Among shrimp viruses, white spot syndrome virus (WSSV) is an extremely lethal and virulent pathogen with massive mortality of shrimp nearly 100% within a remarkably short time window of 3–10 days. Therefore, the virus was identifed as a reportable pathogen by the International Office of Epizootics (OIE) (Peruzza et al. [2020](#page-17-2); Patil et al. [2021](#page-17-3); Zhang et al. [2023](#page-19-0)). Taxonomically, WSSV belongs to a new family Nimaviridae containing a single genus Whispovirus, is a big, enclosed, and rod-shaped doublestranded circular coiled DNA virus whose hosts are diverse including shrimp, crab, crayfsh, and lobster (Liu et al. [2021](#page-16-1); Jian et al. [2021](#page-16-2)). Because of the rapid transmission of infection among shrimp populations and the diversity of hosts, it appears nearly impossible to control this virus. As such, novel strategies and therapeutic agents to control WSSV are necessary (Balasubramanian et al. [2008a](#page-15-1); Zhang et al. [2023](#page-19-0)). In order to boost shrimp production, antimicrobials and antibiotics are the most popular means of disease prevention. But, antibiotics are inefective against viruses; thus, the overuse of these antibiotics by inexperienced aquaculture producers actually increases the rate of mortality among sick aquatic animals and worsens water contamination (Watts et al. [2017](#page-18-1); Liao et al. [2022](#page-16-3)).

Since shrimps lack an adaptive immune system, they are dependent on their innate immune system, which does not allow shrimps to provide an efficient defense mechanism against viral diseases (Salehpour et al. [2021;](#page-18-2) Mengal et al. [2022;](#page-17-4) Pooljun et al. [2022](#page-17-5)). Because of their potential benefts (less side-efects, minimal drug residues, and reasonable pricing) in preventing and treating diseases in aquatic animals, medicinal plants have drawn a lot of attention in research **(**Shan et al. [2021;](#page-18-3) Liao et al. [2022;](#page-16-3) Zhang et al. [2023](#page-19-0)). In recent years, it has been revealed that various plant extracts, including *Argemone mexicana* (Palanikumar et al. [2018\)](#page-17-6), *Agati grandifora* (Bindhu et al. [2014\)](#page-15-2), *Cynodon dactylon* (Tomazelli Junior et al. [2017](#page-18-4); Howlader et al. [2020\)](#page-16-4), several algae such as *Gracilaria corticata* (Houshmand et al. [2022\)](#page-16-5), *Ulva intestinalis* (Klongklaew et al. [2021](#page-16-6)), or compounds such as cuminaldehyde (Zhang et al. [2023\)](#page-19-0) can boost the immune response and decrease mortality in WSSV-infected shrimps. The plant *Zingiber officinale* Roscoe (Zingiberacae), often called ginger, is commonly used as a spice and folk remedy. The ginger rhizome, which contains gingerol and shogaol, has been the center of interest for decades (Dalsasso et al. [2022](#page-15-3); Bitari et al. [2022\)](#page-15-4). Nowadays, this magnifcent rhizome is widely valued because of its cholagogue and hepatoprotective characteristics as well as its antibacterial, antifungal, anti-infammatory, and anti-vomiting efects (Bitari et al. [2022](#page-15-4); Mukherje and Karati [2022](#page-17-7)). In addition to its clinical utility, ginger may also be efective against viruses such human respiratory syncytial virus, hepatitis C virus, and Chikungunya virus (Mao et al. [2019](#page-17-8); Kaushik et al. [2020](#page-16-7)). In aquaculture, it has been shown that *Z. officinale* extract enhances the growth performance and immune response of common carp (*Cyprinus carpio*) and shrimp *L. vannamei* against *Photobacterium damselae* (Mohammadi et al. [2020](#page-17-9); Shahraki et al. [2021](#page-18-5)).

Another plant *Aegle marmelos*, commonly called bael belonging to the family of Rutaceae, is an excellent nutritious and medicinal plant in Ayurveda and is extensively distributed throughout the Southeast Asian countries (Chakthong et al. [2012](#page-15-5); Wangkahart et al. [2022\)](#page-18-6). It has been found that the plant possesses several therapeutic activities which help to prevent and treat of numerous diseases (Rahman and Parvin [2014](#page-18-7); Wangkahart et al. [2022](#page-18-6)). The seselin compound isolated from *A. marmelos* showed activity against *Bombyx mori* nucleopolyhedrovirus (BmNPV) (Somu et al. [2019\)](#page-18-8), and the extract of diferent parts of *A. marmelos* was efective against human coxsackieviruses B1–B6 virus (Badam et al. [2002](#page-15-6)). In aquaculture, it was found that the extract of *A. marmelos* could improve the growth and immune response of the fsh Nile tilapia (*Oreochromis niloticus*) against *Streptococcus agalactiae* (Wangkahart et al. [2022\)](#page-18-6), *Cyprinus carpio* against *Aeromonas hydrophila* (Pratheepa et al. [2010\)](#page-17-10), and *Catla catla* against *Pseudomonas aeruginosa* (Pratheepa et al. [2011\)](#page-17-11). Thus, these plants have been reported to have medicinal efficacy against a wide range of diseases and also to reduce pathogen impacts in aquaculture. However, extensive research on the efects of oral administration of these extracts on the growth and immunological alterations of WSSV-challenged *P. monodon* is lacking. Therefore, this study was conducted to determine the effect of dietary administration of *Z. officinale* and *A. marmelos* extracts on the growth performance and non-specifc immune response of shrimp by determining several parameters as well as the resistance capacity of shrimp (*P. monodon*) against WSSV.

Materials and methods

Preparation of *Z. officinale* extract using large-scale extraction

A fresh rhizome of *Z. officinale* and a fresh leaf of *A. marmelos* were collected from Khulna, Bangladesh, and voucher specimens were deposited in the BNH library. After being washed and chopped up, the rhizome and leaf were dried in an oven set at 40°C and fnally ground into a powder using a mechanical grinder. Approximately 150 g of powder was steeped in 1.5 L of 100% methanol (approximately), sonicated four times for 30 min at 6-h intervals, and then fltered with muslin cloth and flter paper (Whatman no. 1). The solvent was evaporated by a rotary vacuum evaporator (Hahnvapor, Hahnshin, Korea). The residues were kept at 4°C until use.

Preparation of test diets

The appropriate amount of dried extract obtained by large-scale extraction of *Z. officinale* and *A. marmelos* was diluted in ethanol and sprayed on the pellet feed (protein, crude fat, and moisture were 32, 7, and 12% respectively) and mixed (Balasubramanian et al. [2008b](#page-15-7)). Two experimental diets were prepared with shrimp feed containing the extract at concentrations of 0.05% and 0.1% respectively, along with the control diet (no extract). After mixing the extract with the feed, the wet pellet was air-dried and then placed in a 40° C oven to complete the drying process. The control diet was prepared by adding the same volume of solvent (ethanol) to the feed that was devoid of extract. The diet was then coated with

a binding gel before applying in water to prevent extract loss in water (Balasubramanian et al. [2008a\)](#page-15-1).

Experimental shrimp collection and maintenance

Healthy, disease-free, and approximately the same-sized experimental shrimp $(\sim 6g)$ were obtained from a commercial shrimp farm in Jhilerdanga, Dumuria, Khulna, and transported to the laboratory under aerated conditions. The shrimp were examined for outward symptoms of WSSV, which was confrmed by PCR. The salinity of rearing water was adjusted to 10 ppt by mixing brine (salinity $= 150 - 200$ ppt) purchased from a commercial hatchery with the water. Before flling the experimental tanks (60L) with water, a potable UV device was used to eliminate any microorganisms. In order to maintain the desired water temperature, mini submersible water heaters (RS electrical, 200W) were installed in each tank. Ten juvenile shrimps were placed in each tank and given 10 days to acclimate before the start of the experiment. During the acclimation period, additional shrimp were kept to replace any dead shrimp in experimental tanks. The shrimp were fed at a rate of 5% of body weight twice a day. Before each feeding, waste materials were emptied out using a siphoning process. In order to maintain optimal water quality parameters, 25% of tank water was replaced daily with UV-treated reserved water. In each tank, a single air stone provided constant aeration to maintain the necessary dissolved oxygen (DO) for the entire period. Daily measurements and records of various water quality parameters were made, and the following ranges were maintained; temperature 29–30°C, pH 7.8–8.5, salinity 10–11 ppt, DO >6 mg/L, NH₃ < 0.1 mg/L (Pholdaeng and Pongsamart 2010).

Preparation of the WSSV inoculum and challenge procedures

The WSSV inoculum was prepared according to Tsai et al. ([1999\)](#page-18-9) and Kang et al. [\(2013](#page-16-8)). Briefy, 0.5 g of the gill of frozen infected *P. monodon* (obtained from the Shrimp Research Station, Bagerhat of the Bangladesh Fisheries Research Institute) was crushed and homogenized with 4.5 mL of PBS (phosphate-bufered saline). The material was then centrifuged for 10 min at $400 \times g$ and 4° C. The supernatant was collected, filtered through a 0.45-µm pore-size filter, and diluted $10\times$ in order to infect the experimental shrimp at a concentration of 5 μ L/g body weight. The injection was administered to the dorso lateral region of the shrimp's fourth abdominal segment.

Determination of antiviral activity by oral administration of diet

After acclimatization, juvenile shrimp were separated into three experimental groups of ten shrimp in each group, with three replications. In the control group, shrimp were fed the control diet (no extract), in the treatment groups, T1 and T2, shrimp were fed diets containing extracts at concentrations of 0.05% and 0.1%, respectively. Following a 28-day feeding trial, each shrimp cohort was injected with WSSV inoculum and observed for 2 weeks at post-challenge condition. After the challenge, each group continued to receive the same diet as before the challenge until the completion of the experiment.

Data collection and measurement of growth performance

Before the shrimps were challenged with WSSV, growth performance data was collected and several parameters were calculated, such as weight gain (AWG), growth rate (GR), and specific growth rate (SGR). For the purpose of determining feed utilization, parameters such as feed conversion ratio (FCR) and protein efficiency ratio (PER) were utilized. The formulae are as follows (Abdel-Tawwab et al. [2022](#page-15-8)):

Average weight gain (AWG, g) = Wt – W0 Individual Growth rate (GR, g/day): (Wt – W0)/28 Specific growth rate (SGR; $% /day$) = 100 [LnWt– LnW0]/28 where Wt designates the final weight (g) and W0 indicates the initial weight (g) Feed conversion ratio (FCR) = feed intake $(g)/$ weight gain (g) Protein efficiency ratio (PER) = weight gain (g)/protein intake (g) Shrimp survival $(\%) = 100$ (final shrimp count/beginning shrimp count)

Hematological analysis and immunological assay

Before and after the challenge, hematological measures such as total hemocyte count (THC), hemolymph clotting time (HCT), and immunological parameters such as prophenoloxidase activity (proPO) and superoxide dismutase activity (SOD) were assessed.

Hemolymph collection and calculation of the total hemocyte count (THC)

Hemolymph (100 μ L) was collected from the ventral sinus located at the base of the first abdominal segment of shrimp using a 26-gauge needle of 1-mL syringe with anticoagulant (30 mM trisodium citrate, 10 mM EDTA, 115 mM glucose, 338 mM sodium chloride, pH 7.0) (Le Moullac et al. [1997\)](#page-16-9). Hemolymph was collected and mixed with anticoagulant in a 2:1 ratio (200 μL anticoagulant: 100 μL hemolymph) in a tube to quickly count THC. One drop of Rose Bengal stain solution was added to 20 μL of collected mixed hemolymph to improve the countability of hemocytes by increasing their visibility. To determine the amount of THC, a drop of the combined sample was placed on a hemocytometer (Neubauer improved counting chamber, Precicolor HBG, Germany), covered with glass, and viewed using a microscope (Labomed, USA). THC and dilution correction factor were calculated using the following formulas, where THC was expressed as cells/mL (Japitana et al. [2017\)](#page-16-10).

THC= $((A+B+C+D)/4) \times 10^4 \times$ Dcf

A, B, C, D=block of hemocytometer

Dcf= (volume of anticoagulant + volume of hemolymph)/volume of hemolymph

Determination of hemolymph clotting time (HCT)

The clotting time of hemolymph was determined according to Liu et al. ([2019](#page-16-11)). Shrimp hemolymph was collected in quantities of 100 μ L (as described in the "Hemolymph collection and calculation of the total hemocyte count (THC)" section) and placed in a cold Eppendorf tube, from which a $25 \mu L$ aliquot was placed into a glass capillary tube that had already been chilled. The tube was positioned vertically so that the hemolymph

would fow from the upper end to the lower end due to gravity. When the hemolymph met the lower end of the tube, it was twisted around again, and this process was repeated until the hemolymph coagulated.

Determination of prophenoloxidase (proPO) and superoxide dismutase (SOD) activity

The activity of proPO in hemolymph was measured using a spectrophotometer (C-7200, USA) in accordance with Le Moullac et al. ([1997](#page-16-9)) based on the formation of dopachrome from L-dihydrophenylalanine (L-DOPA). The superoxide dismutase activity of shrimp was measured following the protocol of Creative BioMart, Inc., USA (EC 1.15.1.1), modifed from Marklund and Marklund ([1974](#page-17-13)) and Jing and Zhao [\(1995\)](#page-16-12). The assay is constructed on the basis of the competition between the autoxidation of pyrogallol by O_2^- and the dismutation of the radical by SOD. One unit of SOD activity is defned as a 50% suppression of the autoxidation of pyrogallol. A TRIS-EDTA buffer solution (solution A) and a 0.2 mM pyrogallol solution (solution B) were produced according to the manufacturer's instructions (EC 1.15.1.1). The absorbance was measured at 325 nm using a spectrophotometer (Peak instruments, C-7200, USA), and the SOD activity was determined using the formula.

$$
SOD \; activity \; (Umg^{-1}) = \frac{\frac{\Delta A325 \; blank - \Delta A325 \; sample}{\Delta A325 \; blank} \times 100\%}{50\%} \times R \times \frac{D}{V} \times \frac{V1}{m}, \text{in which}
$$

∆A325 blank, autoxidation rate in blank; ∆A325 sample, autoxidation rate in sample; *V*, volume of sample; *D*, dilution factor; V1, total volume of the sample; *m*, weight of the solid sample; *R*, volume of reaction mixture (4.5 mL).

Detection of WSSV through PCR

PCR analysis was used to detect the WSSV infection in *P. monodon* following viral challenge. DNA was extracted from shrimp gills and pleopods using the Monarch® Genomic DNA Purifcation Kit (Cat no: T3010S, New England Biolabs Inc., USA) according to the manufacturer's protocol. The purity and concentration of DNA were determined by measuring the A260/280 nm ratio with a Nanodrop (Nabi, Microdigital Co., Ltd, Korea). Each DNA sample was subjected to a frst and second round (nested) PCR using the OIErecommended WSSV primer sets WSSV 146 F1 (ACTACTAACTTCAGCCTATCTAG), WSSV146R1(TAATGCGGGTGTAATGTTCTTACGA),WSSV146F2(GTAACTGCC CCTTCCATCTCCA) and WSSV 146 R2 (TACGGCAGCTGCTGCACCTTGT) (Lo et al. [1996\)](#page-17-14). The reaction mixture contained a total volume of 25 μL comprising HotStarTaq® Master Mix Kit (Cat no: 203443. Qiagen, Germany) that included 0.5 μL of forward and reverse primers, 9.5 μL of DNase/RNase-free water, and 2 μL of DNA template. The Bio-Rad T100 PCR Thermal Cycler was used to complete the PCR, which was set to 94°C for 3 min, 40 cycles of 94° C for 20 s, 62° C for 20 s, and 72° C for 30 s, followed by 72° C for 3 min and held at 4°C. Positive samples yield a 1447bp product in the frst round of PCR and a 941bp product in the nested PCR (Bateman [2016\)](#page-15-9). The amplifed products were then examined on 2% agarose gels stained with DNA Gel Loading Dye (Thermo Scientific™) and visualized using a UV illuminator (Maestrogen, Model-SML-01, Taiwan).

Analysis of immune genes by qPCR

The expression of immune genes such as lysozyme, prophenoloxidase, and penaeidin was done using qPCR. To do this, total RNA was extracted from shrimp hepatopancreas (Rahi et al. [2022\)](#page-17-0) using Trizol (Cat No: FATRR 001, Favorgen Biotech Corp, Taiwan) according to the manufacturer's protocol. The A260/280 nm ratio was used to determine the quality and concentration of total RNA using Nanodrop (Nabi, Microdigital Co., Ltd, Korea). The frst-strand cDNA was then synthesized using the ProtoScript® II First Strand cDNA Synthesis Kit (Catalog no. E6560S, New England Biolabs Inc., USA) and kept at −80 °C for subsequent real-time RT-qPCR. The fulllength sequence with the accession number of GenBank is listed following Deris et al. ([2020\)](#page-15-10) and Untergasser et al. ([2012\)](#page-18-10). The reaction mixture contained $2 \times$ of Luna® Universal qPCR Master Mix (Catalog no. M3003S, New England Biolabs Inc., USA), 0.5 μL forward and reverse primers (Table [1](#page-7-0)), 6.5 μL of DNase/RNase-free water, and 2 μL of cDNA template in a total volume of 20 μL. qPCR was performed via HYRIS bCUBETM (UK) as follows: 95 °C for 2 min, 40 cycles of 95 °C for 5 s, 53–60 °C for 11 s based on the gene, and 72 °C for 19 s, followed by continual heating from 55 to 95 °C for melting curve analysis. 16S rRNA was utilized as a reference gene (Deris et al. [2020](#page-15-10)). The relative gene expression was calculated using the formula 2^{-[ΔCt sample-ΔCt} controll (Rahi et al. [2022\)](#page-17-0):

Statistical analysis

The data were presented as mean \pm SD and analyzed using SPSS (Version 16) and oneway analysis of variance (ANOVA). Tukey's test for multiple comparisons was used to see whether there were signifcant diferences between experimental groups. Using Student's *t*-test, the mean values before and after the challenge were compared. Diferences were considered significant at $p < 0.05$.

Results

Shrimp growth, feed utilization, and survival rate

For each administered plant extract, a significant difference ($p < 0.05$) in terms of shrimp growth and feed utilization was observed between the treatment and control groups (Table [1](#page-7-0)). There was no signifcant diference in the initial weight of shrimp in each group. The weight gain (AWG) and specifc growth rate (SGR) of extract-treated shrimp in T1 were significantly higher in each plant ($p < 0.05$) than those of the control group. No significant difference was found ($p > 0.05$) between the control group and treatment 2 (T2). Similarly, T1 had the signifcantly lowest FCR, and the highest PER, while control shrimp had the highest FCR and the lowest PER. Between the treatments of shrimp, no signifcant diference was observed in terms of FW, FCR, or PER. The survival rate of stocked shrimp was 85 to 90%, which was not signifcantly diferent from the control and treatment groups prior to the challenge.

Parameters	Control	Z. officinale		A. marmelos	
		T1 $(0.05%)$	$T2(0.1\%)$	T1(0.05%)	$T2(0.1\%)$
IW(g)	6.1	6.1	6.1	6.1	6.1
FW(g)	9.0 ± 0.88 ^a	10.4 ± 1.51^b	10.0 ± 1.88 ^{ab}	10.3 ± 1.72^b	9.6 ± 1.61^{ab}
AWG(g)	2.88 ± 0.1^a	4.22 ± 0.42^b	3.81 ± 0.24^{ab}	4.17 ± 0.34^b	3.46 ± 0.43^{ab}
SGR $(\%)$	$1.37+0.04^{\text{a}}$	1.87 ± 0.14^b	1.72 ± 0.09^{ab}	$1.85 + 0.12^b$	1.59 ± 0.16^{ab}
FCR	$2.87 + 0.14^a$	1.85 ± 0.18^b	2.18 ± 0.32^{ab}	$1.87 + 0.15^b$	2.55 ± 0.32^{ab}
PER	$1.09 + 0.05^{\text{a}}$	1.70 ± 0.17^b	1.45 ± 0.21 ^{ab}	$1.68 + 0.14^b$	1.24 ± 0.16^{ab}
Survival $(\%)$	$85 \pm 7.1^{\circ}$	$90+0^a$	85 ± 7.1^a	85 ± 7.1^a	$80 \pm 0.0^{\text{a}}$

Table 1 Growth, feed utilization, and survival of *P. monodon* fed with diferent concentrations of extracts of each plant added to the diet

IW, initial weight; *FW*, fnal weight; *AWG*, average weight gain; *SGR*, specifc growth rate; *FCR*, feed conversion ratio; *PER*, protein efficiency ratio. Different superscripts indicate statistically significant differences between control and treatments of each plant (at a 5% signifcance level)

Evaluation of total hemocyte count (THC)

The THC levels of the shrimp in the treatment group differed significantly ($p < 0.05$) from those of the control group both before and after the WSSV challenge (Fig. [1\)](#page-7-1). The THC of shrimp fed the control diet was significantly lower ($p < 0.05$) than those fed the diet containing extracts. The THC was highest in T1 ($p < 0.05$) followed by T2 and control groups both pre- and post-WSSV challenge in each plant extract. The THC dropped in all experimental groups following WSSV exposure, although the diference with the pre-challenge condition was not statistically significant ($p > 0.05$).

Hemolymph clotting time (HCT)

The dietary extract of *Z. officinale* and *A. marmelos* had a significant effect $(p < 0.05)$ on the HCT of *P. monodon*. The control group displayed the longest clotting time, while the shrimp fed with extract added to their diet had the shortest clotting time before and after the challenge, respectively (Fig. [2](#page-8-0)). The HCT was signifcantly higher in post-challenged shrimp compared

Fig. 1 THC of extracts fed and control *P. monodon* before and after challenge with WSSV. Diferent superscripts in the same color bar indicate significant differences among the control and treatments of each plant (5% signifcance level). BC, before challenge; AC, after challenge

Fig. 2 HCT of *P. monodon* in diferent groups prior to and after the WSSV challenge. Diferent superscripts in the same color bar indicate signifcant diferences among the control and treatments of each plant (5% signifcance level). BC, before challenge; AC, after challenge

to pre-challenged shrimp except in T1 of each plant. The clotting time also increased as the concentration of extract increased, but it was low compared to the control group.

Prophenoloxidase activity (proPO)

The ProPO levels differed significantly $(p < 0.05)$ between treated and control shrimp both before and after the WSSV challenge (Fig. [3](#page-8-1)). The highest concentration of proPO was found in the T1 group of each plant, while the lowest concentration was found in the control group. The proPO values were higher in post-challenged shrimp than in pre-challenge shrimp, but only T1 ($p < 0.05$) showed a significant difference.

Fig. 3 proPO of *P. monodon* fed with dietary extract–treated and untreated shrimp prior to and following the WSSV challenge. Diferent superscripts in the same color bar indicate signifcant diferences among the control and treatments of each plant (5% signifcance level). BC, before challenge; AC, after challenge

Superoxide dismutase (SOD) activity

SOD activity differed significantly ($p < 0.05$) between treatment and control groups both before and after the WSSV challenge (Fig. [4](#page-9-0)). The T1 group had the highest level of SOD, while the control group had the lowest. The SOD value increased as the concentration of extract in the diet decreased. When comparing the conditions before and after the challenge, the level of SOD decreased in the control group while it rose in the treatment group, although the difference did not reach statistical significance ($p > 0.05$).

Relative expression of immune genes

The relative expression of three immune genes (lysozyme, proPO, and penaeidin) was measured before the challenge of shrimp with WSSV, and a signifcant diference was found between the groups for all genes (Fig. [5](#page-9-1)). The relative expression of the proPO genes

Fig. 4 SOD of *P. monodon* fed with dietary extracts treated and control shrimp both before and after the challenge with WSSV. Diferent superscripts in the same color bar indicate signifcant diferences among the control and treatments of each plant (5% signifcance level). BC, before challenge; AC, after challenge

Fig. 5 Relative expression of immune genes in shrimp in response to diferent groups. Diferent superscripts indicate signifcant diferences for the same gene between the control and treatments of each plant (5% level of signifcance)

was signifcantly greater in the T1 group, while the expression of the other two genes was insignifcant between treatments. In contrast to the expression of other genes, the proPO gene was more expressed in the treated shrimp.

Cumulative mortality of shrimp during the challenge test

After exposure to WSSV, the mortality of shrimp was recorded for up to 2 weeks (Fig. [6\)](#page-10-0). During the whole experiment, no mortality was observed in the unchallenged control group (negative control). There was, however, a significant difference ($p < 0.05$) in cumulative mortality among the experimental groups of both plants. The cumulative mortality was lowest in treatment 1 (T1), at 20% for both plants treated group, whereas it was 100% in the control group. Shrimp in the control group died within 6 days, exhibiting gross symptoms such as decreased feed consumption and the formation of white spots in the cephalothoracic region. In the control group, the frst death occurred 2 days after the challenge, but the treated shrimps' frst deaths happened 5 or 6 days later. The non-challenged and WSSV-challenged shrimp were subjected to PCR analysis to confrm infection. All WSSV-challenged shrimp displayed the typical band at 941 bp, whereas the unchallenged shrimp did not produce a band.

Discussion

The White Spot Disease (WSD), which is caused by WSSV and has a high mortality rate as well as a quick transmission speed, is the most dangerous viral disease that is harming shrimp farming (Ruan et al. [2018](#page-18-11); Zhang et al. [2023\)](#page-19-0). Because there is now no therapeutic strategy available, it is of the utmost need to identify a therapeutic agent that can be developed and applied to combat against WSSV in shrimp (Zhang et al. [2023\)](#page-19-0). Extracts containing bioactive components can promote growth, defend against viral and bacterial pathogens by boosting natural resistance and facilitate the treatment and prevention of a variety

Fig. 6 Cumulative mortality (%) of *P. monodon* fed with *Z. officinale* and *A. marmelos* exposed to WSSV for 14 days. ZO, Z. officinale; AM, A. marmelos; T1, treatment 1; T2, treatment 2; NC, negative control. C, positive control

of disorders (Bindhu et al. [2014;](#page-15-2) Klongklaew et al. [2021](#page-16-6)). We found that extract-treated shrimp (T1) had considerably greater fnal weight, weight gain, and specifc growth rate (SGR) compared to the control group. The outcome was consistent with some of the fndings of prior studies where shrimp growth characteristics were enhanced by feeding them herbal extracts (Klongklaew et al. [2021](#page-16-6); Abdel-Tawwab et al. [2022;](#page-15-8) Abidin et al. [2022](#page-15-11)). In the current experiment, the diet with the least amount of extracts (T1) led to the most growth. This is similar to what Yin et al. ([2014\)](#page-19-1), Abidin et al. ([2022\)](#page-15-11), and Yin et al. [\(2023](#page-19-2)) found, where low to moderate amounts of extract from *Psidium guajava*, *Moringa oleifera*, and *Andrographis paniculata* led to higher growth compared to high amounts. It has also been reported that ginger extract at comparatively low concentrations can enhance the growth performance and feed consumption efficiency of *L. vannamei* and *Cyprinus carpio* (Mohammadi et al. [2020;](#page-17-9) Shahraki et al. [2021\)](#page-18-5). Moreover, *A. marmelos* extract-supplemented diet showed the highest growth performance and feed utilization efficiency in *Oreochromis niloticus* fed with a moderate dose of diet (20 g/kg) compared to the control group (Wangkahart et al. [2022](#page-18-6)). This implies that a low concentration of these extracts is advantageous for shrimp development and enhanced feed utilization efficiency (low FCR, high PER) as a result of the improved enzymatic function in the shrimp's stomach, resulting in increased appetite and feed intake, higher feed utilization, more nutrient absorption, and overall better digestion (Platel and Srinivasan [2004](#page-17-15); Yin et al. [2023\)](#page-19-2). Due to the presence of toxic or anti-nutritional elements, however, the addition of a large quantity of extracts may inhibit growth compared to a lower amount (Radhakrishnan et al. [2015;](#page-17-16) Prabu et al. [2018;](#page-17-17) Kaleo et al. [2019](#page-16-13)).

Due to the absence of adaptive immune system processes, the defense mechanisms of shrimp are less advanced than those of fsh. Consequently, they appear to rely exclusively on innate defense mechanisms (Ghosh et al. [2021;](#page-16-14) Fajardo et al. [2022\)](#page-16-15). The majority of the cellular immune reaction in shrimp is performed by hemocytes (hyalinocytes, granulocytes, and semi-granulocytes), which are responsible for phagocytosis, hardening of the exoskeleton, coagulation, and elimination of foreign particles (Kumar et al. [2022](#page-16-16); Tran et al. [2022\)](#page-18-12). The total number of hemocytes in shrimp confers immunological capacity and can be used as a refection of the shrimp's physiological state as a measure of its resistance to pathogens; hence, it is utilized as a measure of shrimp health (Novriadi et al. [2021](#page-17-18); Yin et al. [2023\)](#page-19-2). The fndings of this study showed that the THC in shrimp treated with extracts was considerably higher than those in control shrimp both before and after being challenged with WSSV. Similar fndings have been reported in a number of studies in which THC was elevated in shrimp fed with *Cynodon dactylon* (Balasubramanian et al. [2008b](#page-15-7)), *Gracilaria corticata* (Afsharnasab et al. [2016;](#page-15-12) Houshmand et al. [2022\)](#page-16-5), or *Gynura bicolor* (Wu et al. [2015](#page-18-13)) enriched diets prior to WSSV challenge. The increased production of THC in the treated shrimp likely resulted from the extract's ability to promote the immune function as well as the multiplication of younger, better functional hemocytes and to induce the apoptosis of older, less useful hemocytes in the shrimp's hematopoietic tissues (Chen et al. [2014](#page-15-13); Salehpour et al. [2021](#page-18-2)). THC levels, on the other hand, were found to be lower in post-challenge shrimp than in pre-challenge shrimp, and this fnding is in line with the fndings of earlier studies in which THC levels were shown to be lower after shrimp were exposed to WSSV (Citarasu et al. [2006](#page-15-14); Balasubramanian et al. [2008a;](#page-15-1) Immanuel et al. [2012\)](#page-16-17). Chang et al. (2003) showed that the THC was substantially reduced to 60% after 24 h of WSSV exposure in comparison to pre-infection with *P. monodon*. The reduction of hemocytes in infected shrimp may have been due to an accumulation of hemocytes at the injection site for wound repair and phagocytosis of foreign particles (Balasubramanian et al. [2008b;](#page-15-7) Sarathi et al. [2007](#page-18-14)). The drop in THC could also be due to virus-induced

apoptosis or cell lysis triggered by the virus's budding, as certain viral infections can drive or repress this type of cell "suicide" (Hameed et al. [2006;](#page-16-18) Balasubramanian et al. [2008a](#page-15-1)) or as a result of the invasion of WSSV into hematopoietic tissue, which inhibited hematopoiesis (Afsharnasab et al. [2016](#page-15-12)).

When compared to control shrimps, the HCT in the extract-treated shrimps was considerably lower both before and after being challenged with WSSV. This result is consistent with the fndings of Balasubramanian et al. [\(2008b](#page-15-7)) and Velmurugan et al. ([2015\)](#page-18-15), in which the clotting time was greatly shortened when the shrimp were administered *Cynodon dactylon* or *Enteromorpha flexuosa* extract while testing its efficacy against WSSV. Additionally, it has been discovered that clotting time has an inverse association with THC (semi granulocytes) and, hemolymph protein (Jussila et al. [2001\)](#page-16-19). The highest number of hemocytes and, perhaps, the highest concentration of hemolymph protein in the diet with the lowest quantity of extract (T1) resulted in the shortest clotting time (Jussila et al. [2001;](#page-16-19) Raja Rajeswari et al. [2012](#page-18-16)). The clotting time was similarly high in the shrimps following the WSSV challenge, which is consistent with fndings from Yoganandhan et al. [\(2003](#page-19-3)) and Hameed et al. [\(2006](#page-16-18)), who found that WSSV-injected shrimps had a longer HCT than shrimps who were not challenged. The WSSV may be causing the inability of the hemolymph to coagulate and the damage to the coagulation mechanism in infecting shrimp and lobsters, as suggested by the current study. Infected shrimp with a high viral load and low hemocyte count in their hemolymph required more time to coagulate than shrimp whose diets included immunostimulants (Citarasu et al. [2006](#page-15-14); Balasubramanian et al. [2008a](#page-15-1)).

Prophenoloxidase (proPO) is present in hemolymph as the inactive pro-enzyme prophenoloxidase, which is considered the most signifcant enzyme in the crustacean immune system (Iwanaga and Lee [2005;](#page-16-20) Abidin et al. [2022\)](#page-15-11). The proPO is subsequently activated to become phenoloxidase (PO), which is responsible for several cellular defense mechanisms, including phagocytosis, hemocyte motility, nodule formation, encapsulation, non-self-recognition among others (Amparyup et al. [2013](#page-15-15); Viana et al. [2022\)](#page-18-17). Phenoloxidase initiates the oxidation of tyrosine, which results in the creation of poisonous quinone compounds and other chemical intermediates that ultimately lead to melanin which improves hemocytes' ability to adhere to germs and speeds up the process of eliminating them through nodule formation (Cerenius et al. [2008](#page-15-16); Yildirim-Aksoy et al. [2022\)](#page-19-4). In the present study, the proPO activity of extract-treated shrimp was elevated both before and after WSSV exposure compared to the control. Similar to this, proPO activity in shrimps was enhanced when they were fed an enriched diet containing *Cynodon dactylon*, *Argemone mexicana*, *Gracilaria tenuistipitata*, or *Gracilaria corticata* as opposed to a control diet to prevent WSSV infection (Balasubramanian et al. [2008b;](#page-15-7) Sirirustananun et al. [2011;](#page-18-18) Palanikumar et al. [2018;](#page-17-6) Houshmand et al. [2022](#page-16-5)). In addition, the extract of *Z. officinale* and the component zingerone both had a benefcial infuence on the PO activity of *L. vannamei* when it was tested against bacteria (Chang et al. [2012](#page-15-17); Shahraki et al. [2021\)](#page-18-5). Therefore, in the present experiment, the extracts of *Z. officinale* and *A. marmelos* served as a promoter and helped to boost proPO enzyme secretion. The immunostimulant components in the extract may have interacted with the pattern recognition proteins (PRPs) of the shrimp immune system and triggered the proPO system, resulting in immunostimulation against WSSV (Citarasu et al. [2006;](#page-15-14) Palanikumar et al. [2018](#page-17-6)).

Superoxide dismutase (SOD) is one of the principal antioxidant enzymes in response to oxidative stress and plays an important defensive role by scavenging superoxide anions and other reactive oxygen species (ROS) produced by hemocytes during phagocytosis. It prevents the buildup of free radicals by accelerating the transformation of superoxide radicals into less dangerous molecules like hydrogen peroxide, which is then converted into water

and oxygen by other antioxidant enzymes (Campa-Córdova et al. [2002;](#page-15-18) Balasubramanian et al. [2008a;](#page-15-1) Abidin et al. [2022\)](#page-15-11). The present study revealed that dietary supplementation with *Z. officinale* and *A. marmelos* extracts increased SOD activity in shrimp, resulting in a robust immunological response against WSSV. In accordance with the fndings of other studies, such as Balasubramanian et al. $(2008b)$ $(2008b)$ and Sirirustananun et al. (2011) (2011) , the dietary extracts of *Cynodon dactylon* and *Gracilaria tenuistipitata* increased the SOD activity of shrimps when challenged with WSSV. Similarly, *Gynura bicolor* extract and *Gracilaria corticata* extract could enhance the enzymatic activity of SOD against WSSV when shrimp were fed a diet including the extracts (Wu et al. [2015;](#page-18-13) Afsharnasab et al. [2016\)](#page-15-12). The ginger extract could also make the shrimp *L. vannamei* more resistant to *Photobacterium damselae* by increasing its SOD activity (Shahraki et al. [2021\)](#page-18-5). As ginger includes a variety of phenolic chemicals, such as shogaols, gingerols, volatile oils, favonoids, and phenolic ketone derivatives, they may reduce lipid peroxidation and increase the antioxidant capacity against free radicals (Kim et al. [2007\)](#page-16-21). Moreover, the extract of *A. marmelos* also improved the SOD activity of the fsh *Oreochromis niloticus* (Wangkahart et al. [2022](#page-18-6)) and *Catla catla* (Pratheepa et al. [2011](#page-17-11)) when they were challenged with *Streptococcus agalactiae* and *Pseudomonas aeruginosa* respectively. Thus, diet-containing extracts were able to increase the enzymatic activity of shrimp relative to control shrimp. Increased antioxidant activity in cells is related to a rapid detoxifcation response and shows the essential role of SOD in removing excess reactive oxygen species from cells (Moreno et al. [2005](#page-17-19); Afsharnasab et al. [2016\)](#page-15-12). In the current study, the higher SOD level in post-challenged shrimp was attributed to the increased expression of enzymatic activity by immunostimulant under stress conditions compared to normal conditions. Increased formation of reactive oxygen species (ROS) occurs after WSSV infection of shrimp, which can lead to oxidative stress and cell damage. The cells of the shrimp may produce more SOD due to this oxidative stress to guard against ROS-caused damage. Therefore, a high level of SOD activity is commonly observed in WSSV-infected post-challenge shrimp, as supported by other researches (Prabu et al. [2018;](#page-17-17) Sivagnanavelmurugan et al. [2014](#page-18-19)).

Lysozyme and Penaeidin are diferent anti-microbial peptides (poly) (AMPs) that degrade the microbial cell wall by hydrolysis and hence play an essential function in the immune system of shrimp (Deris et al. [2020;](#page-15-10) Destoumieux et al. [2000](#page-16-22)). In the present study, the immune genes were upregulated in shrimp fed with a dietary *Z. officinale* and *A. marmelos* extracts, corroborating the fndings of a number of previous studies (Sivagnanavelmurugan et al. [2014;](#page-18-19) Wu et al. [2015](#page-18-13); Sinurat et al. [2016;](#page-18-20) Liu et al. [2019](#page-16-11)). The proPO gene was considerably upregulated in shrimp fed *Sargassum wightii* extract compared to the control group prior to the WSSV challenge (Sivagnanavelmurugan et al. [2014\)](#page-18-19). Several immune-related genes were found to be expressed at higher levels in shrimp fed with dietary extracts of *Gracilaria tenuistipitata, Gynura bicolor*, and fucodian compounds before and during infection with WSSV (Wu et al. [2015](#page-18-13); Sinurat et al. [2016](#page-18-20); Liu et al. [2019](#page-16-11)).

The present investigation demonstrates that the cumulative mortality of extract-treated shrimp was considerably lower than that of control shrimp when challenged with WSSV, which is in line with multiple previous studies. Wu et al. ([2015\)](#page-18-13) showed that WSSV-challenged shrimp fed with diets containing *Gynura bicolor* extract had a reduced mortality rate. Similarly, dietary extracts from the plants *Argemone mexicana*, *Ceriops tagal*, and *Gracilaria tenuistipitata* were able to minimize the mortality of shrimps when they were exposed to WSSV (Sirirustananun et al. [2011](#page-18-18); Sudheer et al. [2012;](#page-18-21) Palanikumar et al. [2018\)](#page-17-6). It has also been observed that the addition of ginger extract and zingerone to the diet of *L. vannamei* shrimp increased their resistance to *Photobacterium damselae* and *Vibrio alginolyticus* (Chang et al. [2012;](#page-15-17) Shahraki et al. [2021](#page-18-5)). The extract of *A. marmelos* also increased the immunity and decreased the cumulative mortality of fsh species (*Oreochromis niloticus, Cyprinus carpio*) infected with bacterial pathogens (Wangkahart et al. [2022;](#page-18-6) Pratheepa et al. [2010\)](#page-17-10). In general, it has been found that certain plant extracts can boost the resistance capability of shrimps against WSSV, which is the cumulative efect of several immune parameters. The low mortality rate observed in the current study may be attributable to a number of factors, including the extract's immunostimulant activity, which increased THC, proPO, and antioxidant activity against WSSV infection, reduced WSSV activation due to interaction between extract compounds and viral protein, and reduced WSSV multiplication within host cells (Balasubramanian et al. [2007\)](#page-15-19).

Conclusion

In conclusion, the dietary extract of *Z. officinale* and *A. marmelos* stimulated appetite and enzymatic activity, resulting in superior growth performance and feed utilization efficiency. The extracts acted as a potential immunostimulant with the biological activity of increasing total hemocytes (THC), prophenoloxidase activity (proPO), superoxide dismutase activity (SOD), and immune gene expression, resulting in disease resistance capacity of *P. monodon* against WSSV with decreased mortality. The enrichment of the extracts at a low concentration (0.05%) displayed a signifcantly better outcome in terms of both growth and immunological parameters. Therefore, these plants have the potential to be employed as an immunostimulant in shrimp against WSSV. Additional research is required for extended growth periods, as well as for the isolation and characterization of the active compounds produced by the plant in response to WSSV.

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Data availability All of the data that were generated or utilized throughout the course of the study are included in the article that was submitted.

Declarations

Ethical approval The authors affirm that all experiments were conducted in accordance with all applicable rules and guidelines.

Competing interests The authors declare no competing interests.

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