

# **Interconnections among major forms of regulated cell death**

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Published online: 5 September 2020 © Springer Science+Business Media, LLC, part of Springer Nature 2020

#### **Abstract**

As a basic biological phenomenon of cells, regulated cell death (RCD) has irreplaceable infuence on the occurrence and development of many processes of life and diseases. RCD plays an important role in the stability of the homeostasis, the development of multiple systems and the evolution of organisms. Thus comprehensively understanding of RCD is undoubtedly helpful in the innovation of disease treatment. Recently, research on the underlying mechanisms of the major forms of RCD, such as apoptosis, autophagy, necroptosis, pyroptosis, paraptosis and neutrophils NETosis has made signifcant breakthroughs. In addition, the interconnections among them have attracted increasing attention from global scholars in the feld of life sciences. Here, recent advances in RCD research feld are discussed.

**Keywords** Regulated cell death · Programmed cell death · Apoptosis · Non-apoptotic regulated cell death

## **Introduction**

Regulated cell death (RCD) is an updated term for programmed cell death (PCD) recommended by the Nomenclature Committee on Cell Death (NCCD) in 2018 [[1](#page-6-0)]. The concept of PCD was previously applied to all types of physiological cell death, including developmental and nondevelopmental processes needed to maintain health. When RCD occurs in strictly physiological conditions, it is also called as PCD. RCD is an important part of maintaining a stable intracellular environment and the survival of multicellular organisms. From the host's immune defense to the shaping of organs and tissues, RCD is the key to a series of important cellular processes during embryonic development. Researches on the RCD mechanisms have identifed a large number of genes and pathways that positively or negatively control and infuence RCD processes, thereby altering the course of life change to some extent. The terms apoptosis and PCD were once used interchangeably. However, it is well known that apoptosis is only one type of RCD along with the discovery of more and more forms of cell death. The major forms of RCD including apoptosis, pyroptosis, NETosis, necroptosis, autophagy, etc. are diferent in

 $\boxtimes$  Shuyan Wu wushuyan@suda.edu.cn characteristics but they are inextricably linked. The insight into the network among them may become a breakthrough in the feld of life science research.

# **Association between apoptotic and non‑apoptotic regulated cell death**

Apoptosis, the frst PCD to be identifed, is thought to be a non-infammatory form of cell death and usually manifested as immunologically silent. Apoptosis is traditionally considered as a form of cell death independent of pyroptosis and autophagy etc. However, with the in-depth research on RCD, the connection between apoptosis and other forms of cell death was discovered. Previous studies have often focused on a single type of RCD, but many key proteins have been proven to trigger various RCDs under diverse regulation. People slowly began to realize that the interconnection between diferent kinds of RCD is very important because cell death is no longer an isolated process.

# **The caspase family links apoptosis and pyroptosis**

Apoptosis, a mechanism that allows cells to self-destruct, is an active process which involves a series of gene activation, expression, regulation, etc. These genes which are very conservative among species strictly control the

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process of apoptosis. Infammasome, a multiprotein cytoplasmic complex, is an innate immune mechanism that promotes infammation by activating protease caspase-1. Activated caspase-1 can induce pyroptosis and promote the release of intracellular pro-inflammatory factors, including the cytokine IL-1 family. Recent studies have identifed mediators of cell death related to infammatory bodies and suggest that NLRP3 and AIM2 infammasomes are not only involved in pyroptosis, but also in apoptosis [[2\]](#page-6-1). Caspase-1, the key to the canonical infammasome pathway of cell pyroptosis, has been reported to have the potential to induce apoptosis [[3,](#page-6-2) [4](#page-6-3)]. Val-boroPro, a dipeptidyl peptidase (DPP) inhibitor, can induce caspase-1-dependent cell death and promote apoptosis in GSDMDdeficient cells RAW264.7 and THP-1 cells with accompanying caspase-3/-7 activation [\[3\]](#page-6-2). Pyroptosis is dominant in LPS plus nigericin- or *Salmonella typhimurium*-treated J774 cells and bone marrow-derived macrophages. However, apoptosis became obvious in *gsdmd*−/− cells [[5\]](#page-6-4). In the absence of GSDMD, caspase-1 can activate caspase-3/-7 and cause apoptosis. Caspase-1 is involved in the activation of Bid while GSDMD has nothing to do with it in many disease models, which suggested caspase-1-induced apoptosis involves the Bid-caspase-9-caspase-3 axis. However, the rapid release of LDH was observed after the apoptosis of *gsdmd*-KO CL26-iCasp1 cells triggered by caspase-1. Caspase-3 can cleave Gasdermin E (GSDME, DFNA5) and mediate pyroptosis but this situation only exists in cell lines that highly express GSDME [[4\]](#page-6-3). A study has done the opposite, observing the changes of GSDMD during apoptosis. It is found that caspase-3/-7 can also cleave GSDMD at a diferent site from infammatory caspase that inactivates the protein, thereby specifcally blocks the pyroptosis [\[3\]](#page-6-2). Caspase-3-induced cleavage of GSDME can promote pyroptosis of certain cancer cells expressing GSDME after chemotherapy. It is further confrmed that GSDME can convert caspase-3 mediated apoptosis induced by TNF or chemotherapy drugs into pyroptosis because GSDME can be specifcally cleaved by caspase-3 in its connexin to generate GSDME-N fragments and perforate cell membrane, thereby inducing pyroptosis [[6\]](#page-6-5).

Caspase-8 may be involved in activating infammasome during apoptosis. The genetic or pharmacological inactivation of endogenous apoptotic inhibitors (cIAP1, 2, XIAP, TAK1, IKK protein, etc.) sensitizes myeloid cells including macrophages, dendritic cells, and neutrophils to induce caspase-8 activation, promote cell lysis and activate NLRP3 infammasomes in vitro, which results in an inflammatory response  $[7-12]$  $[7-12]$  $[7-12]$ . Emerging studies demonstrate that GSDMD played an important role in caspase-8-induced infammation. GSDMD is processed into cleaved p30 fragments by two pathways. The frst pathway involves directly cleavage of caspase-8-dependent GSDMD but can only be observed when caspase-8 is strongly activated  $[13]$  $[13]$  $[13]$ . The second pathway leading to the activation of GSDMD occurs through potassium efflux and the activation of NLRP3 infammasome. However, the mechanism of caspase-8 driving NLRP3 infammasome activation is still controversial [[14\]](#page-7-2). The activation of caspase-8-dependent NLRP3 infammasome requires pannexin-1, a channel-forming transmembrane glycoprotein. Caspase-8 promotes the activation of downstream executor caspase-3/-7, cleaves and activates pannexin-1 channel activity, membrane permeability and NLRP3 infammasome activation and promotes cell lysis and infammation [[15](#page-7-3)] (Fig. [1\)](#page-1-0).

<span id="page-1-0"></span>**Fig. 1** Caspase-8 is connected with pyroptosis and apoptosis



## **Histone modifcation and ROS are associated with apoptosis and NETosis**

The diferent forms of NETosis and their common terminal structure have been revealed recently. The formation of neutrophil extracelluar traps (NETs) is thought to be important in defending against microbial invasion. NETs usually contain DNA, modifed histones and cytotoxic enzymes. Post-translational modifcations (PTMs) of neutrophil histones play a key role in regulating neutrophil death. Histone citrullination has been shown to promote a form of NETs that does not depend on NADPH oxidase (NOX) but depends on calcium infux. Histone acetylation has a double-edged sword efect on NETosis. Histone deacetylase (HDAC) inhibitors, such as low concentrations of HDAC inhibitors (HDACis): belinostat (0.25 M) and panobinostat (0.04 M), can promote Histone acetylation (eg AcH4) and NOX-dependent or -independent NETosis. However, the increased levels of histone acetylation can inhibit NETosis and transform the neutrophil death into apoptosis [[16,](#page-7-4) [17](#page-7-5)]. The histone-modifed methods in NETs may play a two-way role because they can change many types of neutrophil death and afect lots of NETs-mediated diseases.

It is well established that increased levels of reactive oxygen species (ROS) will reduce the expression of antiautophagic factor mTOR and anti-apoptotic gene Bcl-2, and increase the pro-autophagic genes (Dynein, Beclin-1 and LC3B) and pro-apoptotic factors (BAX, Fas, FasL, Caspase-3, Caspase-8 and Caspase-9) expression, thus promoting cell autophagy and apoptosis [[18\]](#page-7-6). The detection of neutrophils in human peripheral blood and mouse abdominal cavity found that PRAK (p38-regulated/activated protein kinase) dysfunction leads to a signifcant reduction in the formation of NETs and an increase in the rate of apoptosis, and may lead to impaired antibacterial activity of NETs. The overproduction of ROS plays a central role in this process. In a low-oxygen environment, treatment with low-dose ROS will make the generation of NETs and the occurrence of apoptosis more uneven [\[19](#page-7-7)].

# **RIPK1 and caspase‑8 are involved in the regulation of apoptosis, pyroptosis and necroptosis**

Necroptosis was classically described as an unregulated cell death. However, genetic, biochemical, and functional evidence, as well as the discovery of caspase inhibitors, have redefned necroptosis as a form of molecularly controlled cell death. Necroptosis is a RCD induced by receptor interacting protein kinase 3 (RIPK3) and mixed lineage kinase domain like pseudokinase (MLKL). RIPK3 is activated in

the upstream pathway through RIPK1, TRIF and ZBP1/DAI [[20\]](#page-7-8). Necroptosis requires the implementation of RIPK3 dependent phosphorylated MLKL, which will subsequently cause cell death and destruction of the plasma membrane.

The investigations of genetically modifed mouse model, clinical investigation as well as genetic and pharmacological inhibition revealed that RIPK1 is the hub of apoptosis and necroptosis signaling pathways and has kinase-dependent or kinase-independent functions. These functions are all very important for regulation of cell survival, regulated cell death and inflammation  $[21-25]$  $[21-25]$ . Numerous studies have shown that ubiquitination of RIPK1 with lysine 11 (K11), M1(linear), K63 and K48 ubiquitin chains regulates its function by preventing the formation of death-inducing protein complexes and promoting its pro-survival efect in TNFR1 signaling complex [[20](#page-7-8)]. In addition to ubiquitination, various phosphorylation pathways are also involved in the regulation of RIPK1 function. RIPK1 can be phosphorylated by MK2, TAK1 and IKKs [\[9,](#page-7-11) [26](#page-7-12), [27](#page-7-13)]. The activation of RIPK1 kinase is inhibited by mutating serine 25 of RIPK1 to glutamic acid to simulate phosphorylation, which protects cells from TNFR1-mediated cell death and infammation. RIPK1 ubiquitination and phosphorylation can inhibit the activation of RIPK1 kinase activity, which will prevent apoptosis and necroptosis [\[20\]](#page-7-8). There may also be a link between cell pyroptosis and necroptosis. NLRP3 plays a major role in pyroptosis while RIPK3 and its substrate MLKL are essential for necroptosis. There is a link between RIPK3-MLKL-induced necroptosis and NLRP3 infammasome activation. After LPS treatment of bone marrow-derived macrophages (BMDM) or LPS-induced necroptosis, the TLR adapter protein TRIF and apoptotic inhibitor protein XIAPs can regulate RIPK3 and MLKL ubiquitination. The addition of LPS or TNF to BMDM lacking IAPs will promote the formation of ripoptosome and the activation of RIPK3-dependent caspase-8 after treatment with IAP antagonist compounds or genetic deletion, which activates NLRP3 infammasome and produce strong pro-inflammatory factors IL-1β [\[28\]](#page-7-14). Lack of caspase-8 in the presence or absence of RIPK3 will inhibit the process of NLRP3 infammasome activating caspase-1 and caspase-11 but will not inhibit NLRC4 infammasome, which indicates that caspase-8 can mediate the initiation and activation of NLRP3 infammasome in both the canonical and the non-canonical infammasome pathways of pyroptosis. Treatment of *caspase-8*−/− mice with LPS or *Citrobacter rodentium* will impair the production of IL-1β, which suggests caspase-8 plays a role in necroptosis and pyroptosis [[29](#page-7-15)].

Caspase-8 has been reported that can mediate the switching between diferent modes of RCD. Catalytically inactivate caspase-8 is the nucleation signal of ASC spot formation and activation of caspase-1. Caspase-8 eventually leads to premature death of mice when necroptosis is blocked, which reveals the enzymatic activity of caspase-8 and scafold function have previously unknown and unanticipated effects,

<span id="page-3-0"></span>



including the activation of infammasome and induction of pyroptosis under situations in which apoptosis and necroptosis are suppressed. The ability of caspase-8 scafolds to induce pyroptosis is limited to specifc cell types, such as bone marrow cells and IECs. Caspase-8 is often reported to interact with the caspase-1 ASC adapter complex and promote the self-assembly of ASC, especially during bacterial infections. Virus is heavily dependent on the fate of infected cells and has evolved to encode apoptosis inhibitors that suppress caspase-8 and necroptosis inhibitors that suppress RHIM-containing proteins (such as RIPK1 and RIPK3) [[30](#page-7-16)].

#### **Co‑regulation of apoptosis and autophagy**

Autophagy and apoptosis are thought to jointly regulate the process of cell death. Autophagy promotes apoptosis by degrading anti-apoptotic factors and cell survival factors. In rat hippocampal astrocytes, degradation of caveolin-1 by autophagy can lead to apoptosis induced by palmitic acid [\[31](#page-7-17)]. Fap-1 is a fas-mediated apoptosis inhibitor. Type I cells become sensitive to fas-induced apoptosis when Fap-1 is degraded by autophagy [\[32](#page-7-18)]. Atg12 and Atg3 are important components of the ubiquitin-like binding mechanism necessary for the formation of autophagy. However, the binding of Atg12 to Atg3 neither occur in the process of starvationinduced autophagy, nor occur in Atg8 lipidation. It occurs in the process of mitochondrial-mediated apoptosis [[33](#page-7-19)]. The Atg12-5 conjugate is required for autophagy. Atg5 is cleaved by caplains, cystein proteases activated by cellular stress, and plays a key role in the initiation of apoptosis. After Atg5 is cleaved, the N-terminus of Atg5 is translocated to mitochondria, where it interacts with Bcl-XL to mediate the release of cytochrome C and promote apoptosis [\[34](#page-7-20)].

Bcl-2 and Beclin-1 are considered to be related components of apoptosis and autophagy. Under normal physiological conditions, the interaction of Bcl-2 with Beclin-1 and Bax inhibits autophagy and apoptosis [\[35\]](#page-7-21) (Fig. [2](#page-3-0)). Beclin-1 is necessary in macrophages and fbroblasts to promote the synthesis of actin and membrane phospholipids during the phagocytosis of apoptotic cells. *Beclin-1* knockdown will lead to a decrease in the internalization of apoptotic cells. Under the conditions of autophagy induction, BH3 protein (whether Bik, Bad or Nova) competitively binds to Bcl-2 and replaces Beclin-1 [\[36\]](#page-7-22). This substitution is enhanced by JNK1 phosphorylation of Bcl-2, thereby promoting cell autophagy. Since Bcl-2 has a higher affinity for Bax than Beclin-1, the low level of phosphorylation of Bcl-2 is insufficient to separate it from mitochondrial Bax. The pressure signal will promote apoptosis when it becomes very strong and requires Bcl-2 hyperphosphorylation [\[37](#page-7-23)]. Caspases-3 and caspase-8 are also involved. They cleave PI3K members (Vps34 and Beclin-1) and Atg3 respectively, change the homeostasis of the cell and promote autophagy to apoptosis [[34\]](#page-7-20). However, Bcl-2 family members have also been reported to affect autophagy indirectly by inhibiting BAX and BAK1 activation only. This is a controversial and challenging issue that will further our understanding of PCD [\[36](#page-7-22), [38](#page-7-24)]. Autophagy activated by Rapamycin (Rapa) can inhibit apoptosis while chloroquine inhibiting autophagy can signifcantly enhance the apoptosis induced by T-2 toxin, a mycotoxin generated by Fusarium species [[39\]](#page-7-25).

## **MAPK and p53 may connect apoptosis and paraptosis**

Paraptosis, a caspase-independent regulated cell death, is mainly characterized by extensive cytoplasmic vacuolization, swelling of endoplasmic reticulum (ER) and mitochondrial swelling [[40\]](#page-7-26). MAPK and p53 may have a relationship

between apoptosis and paraptosis. p53 is a tumor suppressor that controls cell proliferation and apoptosis as well as involving in non-apoptotic cell death. p53 infuences noncanonical forms of cell death through transcriptional regulation of its downstream targets and direct interactions with key factors involved in these mechanisms, in a cell-type or tissue-environment dependent manner [[41](#page-7-27)]. Ginsenoside Rh2, one of the active components of ginseng, possesses a p53-dependent pathway for apoptosis and paraptosis to induce cell death [\[42](#page-7-28)].

Paratosis is generally believed to be mediated by ROSmediated endoplasmic reticulum stress and MAPK activation. The MAPK signaling pathway will be activated to promote paraptosis when p53 is lacking. Apoptosis and paraptosis often occur together during MAPK activation. The formation of paraptosis is even more obvious when apoptosis is inhibited. Fusaric acid (FA), a kind of food-derived mycotoxin, had been used to treat human peripheral blood mononuclear cells (PMBCs) and THP-1 cells. FA induced paraptosis in PMBCs, but induced apoptosis in THP-1 cells. In PBMCs, FA signifcantly up-regulated the MAPK protein expression of p-ERK and p-JNK while down-regulated the expression of p-p38. In THP-1 cells, FA up-regulated the MAPK protein expression of p-ERK and down-regulated the expression of p-JNK and p-p38. It is speculated that there may be a switch for regulating paraptosis and apoptosis but it still needs to be further verifed [\[43](#page-7-29)].

## **Association between diferent kinds of non‑apoptotic regulated cell death**

After apoptosis, a large number of kinds of non-apoptotic RCD were found, such as pyroptosis, NETosis and autophagy. Non-apoptotic RCD has specifc characteristics in regulating cell death and play an important role in the process. Cell death seems to be a basic process regulated by a variety of interrelated RCDs, therefore, the interaction between diferent kinds of non-apoptotic RCD has also garnered much attention.

#### **GSDMD links pyroptosis and NETosis**

Macrophages and neutrophils are important components of host innate immunity. When neutrophils quickly move into the site of infection or tissue damage, they remain in the blood for only 6–12 h. After remaining in the blood for several days, monocytes migrate to tissues and differentiate into wandering or stationary macrophages. Phagocytes can engulf and kill most kinds of pathogens, release a variety of cytokines and trigger an infammatory

response, which is closely related to the RCD processes. Pyroptosis, a highly infammatory form of RCD, occurs most frequently upon infection with intracellular pathogens. It is characterized by the continuous expansion of cells until the cell membrane ruptures, which eventually leads to the release of cell contents and a large number of pro-infammatory factors closely related to infammation. NETosis is a special form of neutrophil death characterized by the release of chromatin and granular material into the extracellular space, a structure that can capture and kill a variety of bacterial, fungal and protozoan pathogens. NETosis is critical for the host's defense against extracellular pathogens while pyroptosis provides efficient and efective defense against intracellular pathogens. Several studies found that pyroptosis and NETosis are interlinked by Gasdermin D (GSDMD) [[44](#page-7-30), [45\]](#page-8-0). GSDMD, the substrate of infammasome-associated caspase, has the ability to induce PCD and infammation during the infammasome signal transduction and pyroptosis. When GSDMD is cleaved by caspase, the N-terminal domain of GSDMD which has the ability to form pores in cell membrane is activated and promotes the release of NETs or infammatory cytokines [\[46](#page-8-1), [47\]](#page-8-2). GSDMD can not only make intracellular sodium–potassium concentration lose balance, but also induce the release of cytokines. In addition, GSDMD is related to the activation of infammasomeassociated caspase [[48](#page-8-3), [49](#page-8-4)]. The causation of pyroptosis mainly includes canonical inflammasome pathway and non-canonical infammasome pathway and GSDMD plays a key role in both of them. There are reports indicating that neutrophils exposure to lipopolysaccharide (LPS) or Gram-negative bacteria (*Salmonella* and *Citrobacter rodentium*) activate non-canonical (caspase-4/-11) infammasome signaling pathways and trigger GSDMDdependent cell death. This way of cell death will induce neutrophils to release NETs and promote the process of NETosis [[44](#page-7-30)]. Neutrophil elastase (NE), myeloperoxidase (MPO) and PAD4, three key enzymes in the formation of NETosis, are associated with histone inactivation and chromatin depolymerization in the early stages of NETosis caused by specifc stimuli [[50–](#page-8-5)[52\]](#page-8-6). However, NE, MPO and PAD4 are dispensable in the formation of caspase-11-dependent NETs, which suggests that caspase-11 and GSDMD may directly induce the formation of NETosis [[15,](#page-7-3) [44](#page-7-30)]. The N-terminal of caspase-cleaved GSDMD perforates the membrane fraction of macrophages and that it causes pyroptosis. However, the cleavage and activation of GSDMD can also be mediated by a neutrophil-specifc serine protease in neutrophils [[45](#page-8-0), [53\]](#page-8-7). It has been well documented that a high concentration of neutrophil serine protease is transferred from neutrophilic cyan granules to the nucleus in the early stages of NETosis, which causes nuclear membrane damage prior to cell rupture. In such

a case, the cleaved GSDMD may preferently destroy the nuclear membrane and that cause NETosis [[45,](#page-8-0) [50](#page-8-5), [54\]](#page-8-8) (Fig. [3\)](#page-5-0).

# **Pyroptosis is negatively regulated by autophagy**

Autophagy is a process in which cells use lysosomes to degrade their damaged organelles and foreign bodies under the control of autophagy-related genes (Atgs). The proinfammatory cytokine IL-1β has been shown to have at least two secretion mechanisms. One is secretory autophagy and the other is pore formation mediated by the gasdermin family [\[55\]](#page-8-9). Extremely hungry macrophages secrete IL-1β in an autophagy-dependent manner when infammation is activated [\[56\]](#page-8-10). Autophagy caused by starvation or pharmacological effects can promote the secretion of inflammasomedependent IL-1β, IL-18 and HMGB1. Lysosomal damage may also be involved in the secretion of IL-1β. Lysosomal damage can be caused by silica, monosodium urate crystal and polymer precursor, which accumulate in lysosomes, destroy lysosomal membranes as well as activate autophagy and infammasome [\[57,](#page-8-11) [58](#page-8-12)]. Due to the close relationship between autophagy and infammatory response, the gasdermin pore-dependent release of IL-1β may be correlated with secretory autophagy pathway [[55\]](#page-8-9).

Treatment of human umbilical vein endothelial cells (HUVECs) with acrolein can induce ROS generation, autophagy, pyroptosis and reduce cell migration. Acrolein treatment of HUVECs activates NLRP3 infammasome, promotes caspase-1 activation and induces downstream mature IL-1 $\beta$  and IL-18 secretion. 3-methyladenine (3-MA), an autophagy inhibitor, can make the above phenomenon more obvious. Rapa, an autophagy agonist, will have a reverse efect under acrolein stress. Knockdown of NLRP3 using siRNA can signifcantly inhibit acrolein-induced pyroptosis and increase cell migration rate. Removal of ROS will inhibit the activation of NLRP3 infammasome and reduce apoptosis and pyroptosis [[59](#page-8-13)]. ROS can also induce pyroptosis of nucleus pulposus cells (NPCs). However, with the increase of ROS level, the autophagy of NPCs increases and inhibits pyroptosis [[60\]](#page-8-14). The authors speculate that pyroptosis is negatively regulated by autophagy.

The key role of NLRP3 infammasome in autophagy of HCC cells was found by the study of 17β-estradiol (E2) induced activation of NLRP3 inflammasome. NLRP3 infammasome inhibited autophagy through e2-ERβ-AMPKmTOR pathway and the positive changes of caspase-1 and PI were detected by flow cytometry, which confirmed to the interaction between pyroptosis and autophagy. E2-induced pyroptosis was signifcantly increased by 3-MA treatment while treatment with caspase-1 inhibitor YVAD-cmk prevented the phenomenon after 3-MA treatment, which

<span id="page-5-0"></span>**Fig. 3** GSDMD is associated with pyroptosis and NETosis. **a** GSDMD participates in the activation of NETosis. **b** GSDMD participates in the non-canonical infammasome pathway



indicates that caspase-1-dependent pyroptosis was negatively regulated by autophagy. In conclusion, E2-induced activation of NLRP3 inflammasome can be used as an inhibitor of HCC cell cycle processes because it triggers pyroptosis and inhibits autophagy [\[61](#page-8-15)].

## **Autophagy induces the generation of NETosis**

Autophagy and NETosis were thought to be independent biological processes. When wortmannin, a PI3K inhibitor, was found to inhibit neutrophil autophagy and impair the formation of NETs, the association between autophagy and NETs was formally noticed [[62](#page-8-16)]. Selective autophagy is indirect evidence for the cause of NETosis because the lack of an important regulator of selective autophagy Wdfy3 signifcantly decreased ROS and NETs in neutrophils [[63](#page-8-17)]. Both ROS and autophagy have a role in NETosis [\[62](#page-8-16)]. NETosis caused by near infrared laser irradiation can also be mediated by oxidative stress and autophagy. The key to PMA-induced NETosis is ROS and autophagy [[64,](#page-8-18) [65](#page-8-19)]. Selective autophagy is the main cause of NETosis because neutrophils which lack Wdfy3 (an important regulator of selective autophagy) result in a signifcant decrease in intracellular ROS and NETs [\[63](#page-8-17)]. mTOR regulates NETosis driven by autophagy because it can promote the formation of NETs through post-transcriptional control of hypoxiainducible factor  $1\alpha$  (HIF-1 $\alpha$ ) [[66](#page-8-20)]. However, subsequent studies have shown that activation of the mTOR pathway will down-regulate the formation of NETs [[67](#page-8-21)]. The inhibition of NETosis may be caused by the interruption of the autophagy process of histone citrullination. Rapa, a pharmacological inhibitor of mTOR, has been shown to promote NETosis and induce the release of HIF-1 $\alpha$  by inhibiting the mTOR pathway to activate autophagy. Rapa can increase autophagy activity and accelerate the release of NETs [[68](#page-8-22)]. Treatment of peripheral blood neutrophils (PBNs) with IL-8 can strongly induce autophagy and the generation of NETs in PBNs, but the mechanism remains to be studied [[69](#page-8-23)]. Neutrophils from patients with systemic lupus erythematosus (SLE) showed an increase in autophagy levels, which was accompanied by an increase in the release of NETs. The production of NETosis of neutrophils in patients with SLE is related to the increased expression of the stress response protein REDD1. Endothelin-1 (ET-1) and HIF-1 $\alpha$  are the key to REDD1 driving NETs [[70\]](#page-8-24). However, excessive inhibition or activation of autophagy can lead to its original dysfunction and loss, which needs further independent studies to verify [[71\]](#page-8-25).

#### **Conclusion**

RCD, a mechanism of living organisms, has multiple uses in the body and can cause defective and potentially harmful cells to self-destruct. There are still a lot of exploreable parts in the connection between several distinct RCD mechanisms. It has always been a subject that people desperately hope to solve. The connections among the major forms of RCD, whether they are mutual promotion/antagonism, unidirectional promotion/antagonism, or promotion of antagonistic coexistence, have played a vital role in the life process. With the in-depth exploration of the interconnections among RCD, deciphering the secrets of RCD will help to broaden efective therapies and yield many new surprises.

**Funding** The Natural Science Foundation of China (NSFC, No. 81671976, 31970132), the Priority Academic Program Development of Jiangsu Higher Education Institutions (PAPD).

#### **Compliance with ethical standards**

**Conflict of interest** The authors have no conficts of interest to declare.

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