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The efect of banker plants and pre‑plant release on the establishment and pest control of *Macrolophus pygmaeus* **in tomato greenhouses**

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Abstract

Biological pest control in greenhouses generally depends on the release of natural enemies. *Macrolophus pygmaeus* (Hemiptera: Miridae) is one of the most used predators in European vegetable crops. However, its long establishment time is considered as one of the main drawbacks in regard to pest control. Pre-plant release in nurseries and the use of banker plants are strategies frequently used to enhance the response of predatory mirids. The aim of this work was to determine how the length of the pre-plant release period in banker plants (PRP) and banker plant species infuenced the establishment and population dynamics of *M. pygmaeus* and its pest control in tomato crops. Two PRPs (24 h and 30 days) and two banker plants (tomato, *Solanum lycopersicum*—Solanaceae, and *Ballota hirsuta*—Lamiaceae) were assayed in a complete factorial design with three replicates, in individual greenhouses. The proportion of individuals established, founder population, abundance and population growth rate of *M. pygmaeus* were signifcantly higher for the long than for the short PRP. For the long PRP, the founder population and abundance of *M. pygmaeus* in greenhouses were higher when *B. hirsuta*, rather than tomato, was used as banker plant. Lower incidences of *Bemisia tabaci* (Hemiptera: Aleyrodidae) and *Tuta absoluta* (Lepidoptera: Gelechiidae) were registered in greenhouses with the long PRP, while the efect of the banker plant was not signifcant. The higher proportions of individuals established and higher population growth rates of *M. pygmaeus* in the greenhouses with the largest founder populations suggest the implication of Allee efects.

Keywords Biological control · Tomato pests · Omnivorous mirids · Establishment · Companion plants · Population dynamics · Allee effects

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Key Message

- *Macrolophus pygmaeus* is a key predator for greenhouse pests, but its long establishment limits its potential.
- The effects of the pre-plant release period (PRP) and banker plants on the population dynamics and pest control of *M. pygmaeus* in tomato greenhouses were tested.
- The abundance of *M. pygmaeus* in greenhouses was higher when *B. hirsuta*, rather than tomato, was used.
- Lower incidences of *Bemisia tabaci* and *Tuta absoluta* were registered in greenhouses with the long PRP.

Introduction

The colonization of new areas by arthropods generally starts from a low number of individuals, and there is a great risk of extinction due to stochasticity and Allee efects (Grevstad

[1999a;](#page-9-0) Drake [2004;](#page-8-0) Simberlof [2009;](#page-10-0) Duncan et al. [2014](#page-8-1)). Climatic conditions, diet breadth, and the availability of host plants for herbivores and of hosts for parasitoids are some of the factors known to infuence the establishment of insects in new areas (Stiling [1990;](#page-10-1) Bacon et al. [2014](#page-8-2); Rossinelli and Bacher [2015](#page-9-1)). Several colonization events are usually needed for the establishment, with the probability of success depending on the size of the founding population and environmental factors (Simberloff [2009](#page-10-0); Duncan et al. [2014](#page-8-1)). Small populations are very sensitive to stochasticity and Allee efects, and environmental conditions infuence the probability of survival of newcomers and the potential population growth (Dennis [2002](#page-8-3); Duncan et al. [2014](#page-8-1)). Many agricultural crops are temporary habitats which are periodically removed or replaced, or regularly manipulated by cultural practices. Regarding the establishment of insects that live on plants, temporary crops correspond very well to the concept of "Darwinian islands" (Gillespie and Roderick [2002](#page-9-2)), in the sense that the communities in both, crops and islands, depend on the colonization by and establishment of organisms from external sources. As in the case of islands, the colonization of crops is expected to depend on isolation and time, with greenhouse crops sufering from a greater degree of isolation than open-feld crops. The isolation of greenhouses is intended to reduce the colonization of the crops within them by insect pests but, as a side-efect, this also limits the immigration of their natural enemies (Albajes and Alomar [1999\)](#page-8-4). Although conservation biological control is being assayed and practiced by enhancing greenhouse colonization by naturally occurring parasitoids or predators, biological pest control in greenhouses generally depends on the introduction and successful establishment of pest antagonists (van Lenteren [2012](#page-10-2); Messelink et al. [2014\)](#page-9-3). Several releases are generally needed before natural enemies become established and their populations start to build up (van Lenteren [2012](#page-10-2)). This reiteration of releases acts as a source of individuals that sustain the initial population and facilitate the establishment of the species (Lockwood et al. [2005](#page-9-4)).

Several species of predatory hemipterans are released as biological pest control agents in greenhouses (van Lenteren [2012](#page-10-2)). *Macrolophus pygmaeus* (Rambur) (Hemiptera: Miridae), *Orius laevigatus* (Fieber) (Hemiptera: Anthocoridae), and *Nesidiocoris tenuis* (Reuter) (Hemiptera: Miridae) are probably the predatory hemipterans released most for pest control in European vegetable greenhouses (Castañé et al. [2011;](#page-8-5) van Lenteren [2012\)](#page-10-2). Several *Macrolophus* species, such as *M. pygmaeus* and *Macrolophus caliginosus* Wagner—syn. *Macrolophus melanotoma* (Costa)-(Hemiptera: Miridae), have been used mainly for the control of whitefies, although they may also prey on other small arthropods such as thrips, spider mites, leafminers, aphids, and lepidopterans (Alvarado et al. [1997;](#page-8-6) Barnadas et al. [1998;](#page-8-7) Riudavets and Castane [1998;](#page-9-5) Margaritopoulos et al. [2003;](#page-9-6) Urbaneja et al. [2012;](#page-10-3) Jaworski et al. [2013](#page-9-7); Sylla et al. [2016](#page-10-4); Sanchez et al. [2018\)](#page-10-5). Although several *Macrolophus* species have been reported as biological control agents in tomato crops, it is quite likely that all these citations refer to a single species, *M. pygmaeus* (Martínez-Cascales et al. [2006;](#page-9-8) Castañé et al. [2013](#page-8-8)).

The long establishment time of predatory mirids has been considered as one of their main drawbacks with regard to pest control (Lenfant et al. [2000](#page-9-9); Fischer and Terrettaz [2003](#page-9-10); Calvo et al. [2012b;](#page-8-9) Trottin-Caudal et al. [2012](#page-10-6); De Backer et al. [2014](#page-8-10); Nannini et al. [2014\)](#page-9-11). The presence of prey and the existence of the right host plants are two of the main factors that may infuence the establishment of omnivorous mirids in new areas. Most predatory mirids have low development and reproduction rates when feeding only on plants (Perdikis and Lykouressis [2000;](#page-9-12) Sanchez et al. [2004](#page-10-7); Perdikis et al. [2007](#page-9-13); Lykouressis et al. [2008](#page-9-14); Ingegno et al. [2011](#page-9-15); Mollá et al. [2014;](#page-9-16) Biondi et al. [2016;](#page-8-11) Sanchez et al. [2016\)](#page-10-8). In addition, omnivorous mirids are very restricted in their host preference (Sanchez et al. [2004;](#page-10-7) Ingegno et al. [2011](#page-9-15)); therefore, their colonization of new habitats and their performance may greatly depend on the presence of the right host plants (Naselli et al. [2016](#page-9-17)). Several release strategies aimed at improving the establishment of mirids have been assayed, such as: (1) the release on seedlings in nurseries pre-plant release (Lenfant et al. [2000](#page-9-9); Fischer and Terrettaz [2003;](#page-9-10) Calvo et al. [2012a](#page-8-12), [b;](#page-8-9) Nannini et al. [2014;](#page-9-11) Perdikis et al. [2015\)](#page-9-18); (2) the confnement on plants by the use of netting during the establishment period (Lenfant et al. [2000](#page-9-9); Fischer and Terrettaz [2003;](#page-9-10) Nannini et al. [2014\)](#page-9-11); (3) the use of banker plants (Arnó et al. [2000](#page-8-13); Sanchez et al. [2003a](#page-9-19); Frank [2010;](#page-9-20) Huang et al. [2011](#page-9-21); Bresch et al. [2014](#page-8-14); Biondi et al. [2016;](#page-8-11) Balzan [2017\)](#page-8-15); (4) the addition of factitious prey or sugar to the crop (Put et al. [2012](#page-9-22); Urbaneja-Bernat et al. [2013](#page-10-9)).

In spite of the release of omnivorous mirids being a common practice in many greenhouse vegetable crops grown with biological pest control, very little is known about the mechanisms governing their establishment. Adaptation and host plants are two factors known to infuence the establishment and population dynamics of insects in new places (Kim and McPheron [1993](#page-9-23); Bacon et al. [2014](#page-8-2)). The aim of this work was to determine how the length of the pre-plant release period (PRP) in banker plants (i.e., as a way of adaptation) and the use of diferent banker plant species infuenced the establishment, population dynamics, and pest control response of *M. pygmaeus* in greenhouse tomato crops. *Ballota hirsuta* Bentham (Lamiaceae) was assayed as banker plant because it is a natural host on which *M. pygmaeus* usually reaches high populations in natural conditions (Sanchez et al. [2003b;](#page-10-10) Martínez-Cascales et al. [2006](#page-9-8)). *Ballota hirsuta* was tested in relation to tomato—*Solanum lycopersicum* L. (Solanaceae)—as banker plant, to determine whether a banker plant species with characteristics diferent from those of the crop (e.g., hairiness and volatile profle—Ingegno et al. [2016](#page-9-24)), and for which the preference of *M. pygmaeus* could difer, infuenced the establishment and population dynamics of the mirid.

Materials and methods

Crop setting

The assay was carried out from 14 February to 5 June 2018 in 12 polycarbonate greenhouses $(5 \times 10 \text{ m} \text{ each})$, with individual meshed openings at the front and on top for ventilation $(10 \times 14 \text{ threads/cm})$, at the IMIDA Torreblanca research station in Campo de Cartagena, Murcia (Spain). The temperature was controlled independently in each greenhouse by the Mithra Clima System (Nutricontrol, S.L., Cartagena, Murcia); openings were activated automatically at 20 °C and no heating or artifcial lighting was provided. The temperature and relative humidity were recorded by the system every minute. In each greenhouse, four rows of 20 tomato plants (cv. Optima, Seminis, Murcia) were transplanted into soil on 14 February 2018. The separation of plants within and between rows was 0.5 and 1 m, respectively. The plants were 45 days old and approximately 20–25 cm tall at transplanting. They were watered and fertilized when needed, by drip irrigation. Insecticides and fungicides were not applied during the trial.

Experimental design and sampling of insects

The effect of the length of the PRP in banker plants and the banker plant species on the population dynamics of *M. pygmaeus* in a tomato crop was tested in a complete factorial

Fig. 1 Protocol of the experiment to test the efect of banker plants and the length of preplant release periods (PRP) on the establishment and population dynamics of *M. pygmaeus* in tomato greenhouses

design, with the PRP at two levels (i.e., short—24 h—and long—30 days) and two banker plant species (tomato—cv. Optima—and *B. hirsuta*). Each combination of the two PRP levels and the two plant species was replicated three times in individual greenhouses, following a randomized block design. The protocol of the experiment is summarized in Fig. [1](#page-2-0). Individuals of *M. pygmaeus* (320 adults, approx. 7–10 days old, half females and half males), provided by Agroscience (Essex, UK), were released into each of the six wooden-frame muslin cages containing 16 tomato plants (approx. 30–40 cm tall) and each of the six cages containing 16 *B. hirsuta* plants (approx. 30–40 cm tall). The cages with *M. pygmaeus* and the plants were kept in walk-in climatic chambers at 25 ± 2 °C, 60–70% RH, and a 16L:8D photoperiod. In the long PRP treatment, *M. pygmaeus* adults were released into the cages 30 days before the transplanting of tomato and *B. hirsuta* plants in their respective greenhouses. Sixteen banker plants of either tomato or *B. hirsuta* were transplanted in each greenhouse, being interspaced regularly among the 80 tomato plants already present (i.e., four plants in each of the four rows). For the short PRP, *M. pygmaeus* was released into the cages 24 h prior to the transplanting of tomato and *B. hirsuta*. Each cage was supplied with 24 g of *Ephestia kuehniella* Zeller (Lepidoptera: Pyralidae) eggs on the frst day; thereafter, the cages of the long PRP period were supplied with 24 g of *E. kuehniella* eggs every 3–4 days. In the cages of the long PRP treatment the number of *M. pygmaeus* was counted on six plants per cage before their transplanting in the greenhouse. The total number of *M. pygmaeus* mobile forms (nymphs and adults) present on the banker plants at the time of their introduction into the greenhouse was estimated as 306 ± 47 and 671 ± 31 (mean \pm SE) individuals for the tomato and *B. hirsuta* plants, respectively. In the cages of the short PRP treatment *M. pygmaeus* was not counted because it was supposed that the

numbers had varied very little since its introduction 24 h before; the careful inspection of plants and cages at transplanting revealed no signs of mortality. In all the treatments the plants with the mirids were transplanted in the greenhouses on 27 March 2018; in the 2 weeks following this the banker plants were supplemented twice with 5 g of *E. kuehniella* eggs per greenhouse. *Bemisia tabaci* Gennadius (Hemiptera: Aleyrodidae) (400 adults, approx. 1 week old, per greenhouse and date of release) was introduced on 13 and 21 March 2018. *Tuta absoluta* (Meyrick) (Lepidoptera: Gelechiidae) was not released but colonized naturally all the greenhouses.

In each greenhouse, the number of *M. pygmaeus* (nymphs and adults) was counted visually on 15 whole tomato crop plants and on six whole banker plants (i.e., tomato or *B. hirsuta*) selected at random. The total number of *M. pygmaeus* on the tomato crop and banker plants was estimated by multiplying the average number of *M. pygmaeus* per plant by the number of tomato crop plants or banker plants, as appropriate. The total number of *M. pygmaeus* in each greenhouse was calculated as the sum of the number of individuals on the tomato crop plants plus those on the bankers. For the sampling of *B*. *tabaci*, three leaves—one from the top, middle, and bottom part- of each of the 15 tomato crop plants and fve leaves from each of the six banker plants were inspected for the counting of the nymphs and adults. *Tuta absoluta* galleries were counted in all the leaves of each of the 15 whole tomato crop plants. All samplings were carried out with the help of a magnifying glass (1.8–4.8 x). Six samplings were carried out, approximately every 10 days, from 8 days after the transplanting of the banker plants with *M. pygmaeus* until the end of the assay.

Statistical analyses

For each greenhouse, the estimate of the total number of *M. pygmaeus* 8 days after their introduction into the greenhouses was considered as the founder population. In general, there is a high dispersion of individuals after releases and 8 days was considered as a reasonable period of time for the dispersion rate to stabilize. The proportion of *M. pygmaeus* established was calculated by dividing the size of the founder population by the number of *M. pygmaeus* introduced in each greenhouse. The efects of the length of the PRP and the banker plant species on both the size of the founder population and the proportion of *M. pygmaeus* established were tested by a two-way ANOVA using the function "aov", and the separation of the means was performed with "Tukey HSD", both functions being available in the "stats" package (R-Development-Core-Team [2017\)](#page-9-25).

Generalized linear mixed models (GLMM) were used to test the efects of the PRP and banker plant on the number of *M. pygmaeus* in the greenhouses throughout the duration of the experiment. This variable was found to be normally distributed; thus, the "lmer" function ("lme4" package) was used to perform the analyses (Bates et al. [2015\)](#page-8-16). GLMM were also the models of choice to test the efects of the PRP and banker plant on the overall proportion of *M. pygmaeus* found in the tomato crop. In this case the data ftted log-normal distributions and their analyses were performed using "glmmPQL" ("MASS" package) (Venables and Ripley [2002](#page-10-11)) set to the Gaussian distribution with the link "log" (R-Development-Core-Team [2017\)](#page-9-25). In these two cases, date of sampling was introduced in the models as a random factor. The contrast among the treatments was tested using "Tukey" with the function "glht" in the "multcomp" package (Hothorn et al. [2008](#page-9-26)).

The logistic function (1) (Smith [1980\)](#page-10-12) was used to calculate the population growth rate from the introduction of *M. pygmaeus* into the greenhouses until the time at which the population peak was reached, for each greenhouse independently.

$$
N_t = \frac{k}{1 + ae^{-rt}}
$$
 (1)

where N_t is the total number of M . *pygmaeus* in the greenhouse at time *t*, *k* is the carrying capacity, $a = (k - N_o)/N_o$ (*No* being the number of *M. pygmaeus* in the greenhouse at time $t = 0$ as estimated by the model), and r is the population growth rate of *M. pygmaeus*. Because all the greenhouses had the same characteristics, we assumed the same carrying capacity for all of them. Some preliminary analyses were performed to estimate *k* independently for each greenhouse and the highest value $(k=22,444)$ was included in the models to estimate N_o and r in the following analyses. This k value was considered realistic as in our case (i.e., 80 plants per greenhouse) it is equivalent to 280 individuals per plant (14 individuals per leaf in a plant with 20 leaves). The efects of the PRP and banker plants on the population growth rate were tested by a two-way ANOVA, using the function "aov" (R-Development-Core-Team [2017\)](#page-9-25). The Tukey test, as explained above, was used for the separation of the means.

GLMM were also used to compare the number of *B. tabaci* (nymphs and adults) and the number of *T. absoluta* galleries per plant among treatments. PRP and banker plant were introduced in the models as fxed factors and date of sampling as a random factor. The numbers of *B. tabaci* (nymphs and adults) per leaf ftted log-normal distributions; accordingly, their analyses were performed with the "glmmPQL" function ("MASS" package) (R-Development-Core-Team [2017\)](#page-9-25), using the Gaussian family with the log normal link. The data for *T. absoluta* galleries ftted a negative binomial distribution; thus, the "glmmPQL" function ("MASS" package) set to the negative binomial family was used to perform this analysis. The contrast among treatments was tested using the function "glht", in the same way as in the analyses of the population dynamics of *M. pygmaeus*.

Results

400

300

200

100

 $\overline{0}$ 0.6

 0.5

 0.4

 0.3

 0.2

bc

bc

Size of founder population

Efect of pre‑plant release and banker plants on *M. pygmaeus* **establishment and population dynamics**

The size of the founder population was greater in the greenhouses with 30 days of pre-plant release of *M. pygmaeus* in banker plants (PRP) than in those with one day $(F=169.9;$ *df.* 1, 8; $P < 0.001$), the effect of the banker plant being signifcant also (*F*=75.9; *df*. 1, 8; *P*<0.001) (Fig. [2](#page-4-0)a). A signifcant interaction was denoted between the PRP and banker plant (*F*=56.2; *df*. 1, 8; *P*<0.001). This interaction means that no signifcant diferences in the size of the founder population were registered between the greenhouses with either *B. hirsuta* or tomato as the banker plant when the PRP was 1 day (Tukey test, *P*=0.825), while when the PRP

a

a

A

 $\mathsf b$

 \bf{B}

ab

was 30 days the founder population in greenhouses with *B. hirsuta* was bigger than in those with tomato as banker plant (Tukey test, $P < 0.001$). In addition, no significant differences in the founder population were found between greenhouses with *B. hirsuta* and 1 day of PRP and those with tomato—as the banker plant—and 30 days of PRP (Tukey test, $P = 0.061$) (Fig. [2](#page-4-0)a). The length of the PRP had a signifcant efect on the proportion of *M. pygmaeus* established in the greenhouses ($F = 40.6$; *df.* 1, 8; $P < 0.001$), being higher with 30 days than with 1 day (Fig. [2](#page-4-0)b). In contrast, the banker plant did not have a significant effect $(F=2.97;$ *df.* 1, 8; $P = 0.123$, and the interaction between the PRP and the banker plant was not significant $(F=0.407; df. 1,$ $8; P=0.541$.

Overall, a higher number of *M. pygmaeus* was registered throughout the duration of the experiment in the greenhouses with 30 days of PRP than in those with only 1 day, independently of the banker plant. At long PRP, the abundance of *M. pygmaeus* increased progressively until day 51, reaching density peaks of 2662 ± 181 and 1916 ± 36 individuals in greenhouses with *B. hirsuta* and tomato as the banker plant, respectively (Fig. [3](#page-5-0)a). At short PRP, the abundance of *M. pygmaeus* was lower, reaching at day 61 peaks of 1112 ± 159 and 952 ± 163 individuals in the greenhouses with tomato and *B. hirsuta* as the banker plant, respectively (Fig. [3a](#page-5-0)). The total number of *M. pygmaeus* in the greenhouses was significantly influenced by the PRP period (χ^2 = 70.7; *df*. 1; $P < 0.001$) and banker plant ($\chi^2 = 5.61$; *df.* 1; $P = 0.018$). Besides, there was a signifcant interaction between the PRP period and banker plant (χ^2 =4.90; *df.* 1; *P* = 0.027). This means that no signifcant diferences were found in the population dynamics of *M. pygmaeus* between greenhouses with tomato as the banker plant and those with *B. hirsuta* when the PRP period was 1 day (Tukey contrast, $P = 0.9995$), while signifcant diferences were found when the PRP was 30 days (Tukey contrast, *P*=0.006). The logistic models described satisfactorily the population dynamics of *M. pygmaeus* in the 12 greenhouses (Fig. [3a](#page-5-0)) (Supplementary material, Table 1). The population growth rate of *M. pygmaeus* was significantly higher ($F = 12.5$; *df.* 1, 8; $P = 0.008$) for the 30-day (*B. hirsuta*: 0.018 ± 0.001 ; tomato: 0.017 ± 0.001) than for the 1-day PRP (*B. hirsuta*: 0.011 ± 0.002 ; tomato: 0.013 ± 0.002 ; in contrast, the population growth rate was not signifcantly infuenced by the factor banker plant (*F*=0.780; *df*. 1, 8; *P*=0.403).

In the frst week after the introduction of *M. pygmaeus* in the greenhouses, the proportion of *M. pygmaeus* was higher in the greenhouses with tomato as the banker plant (Short PRP: 0.863 ± 0.039 ; long PRP: 0.909 ± 0.027) than in those with *B. hirsuta* (Short PRP: 0.744 ± 0.131 ; long PRP: 0.651 ± 0.075) (Fig. [3](#page-5-0)b). 3 weeks after the introduction of *M*. *pygmaeus* in the greenhouse, the proportion of *M. pygmaeus* in the tomato crop in all the treatments, with the exception of

Fig. 3 Population dynamics (**a**) and proportion of individuals in the crop (**b**) (mean±SE) for *Macrolophus pygmaeus* in tomato greenhouses with short (1 day) and long (30 days) pre-plant release periods (PRP) for *M. pygmaeus* and two banker plants (*Ballota hirsuta* and tomato). Time in days since the introduction of the banker plants with the *M. pygmaeus* in the greenhouses. In graph A, the dots represent the experimental data and the lines the predictions according to the logistic function (1)

that with short PRP and *B. hirsuta*, was above 0.95 (Fig. [3](#page-5-0)b). The banker plant had a significant effect on the proportion of *M. pygmaeus* registered on the tomato crops (χ^2 = 8.77; *df.* 1; *P*=0.003). In contrast, the PRP (χ^2 =0.284; *df*. 1; *P*=0.594) and its interaction with the banker plant (χ^2 = 0.607; *df*. 1; *P*<0.436) were not found to influence significantly the proportion of *M. pygmaeus* on the tomato crops.

Abundance of phytophagous insects

The highest abundance of *B. tabaci* was registered at the short PRP, with density peaks of 1.22 ± 0.45 and 1.49 ± 0.34 adults per leaf in greenhouses with *B. hirsuta* and tomato as the banker plant, respectively (Fig. [4a](#page-5-1)); similar peaks of abundance of 14.8 ± 2.6 and 14.2 ± 3.3 nymphs per leaf were reached in greenhouses with tomato and *B. hirsuta* as the banker plant, respectively (Fig. [4](#page-5-1)b). The abundance of *B. tabaci* at the long PRP was lower than at the short PRP, with density peaks of 0.491 ± 0.140 and 0.526 ± 0.155 adults per leaf (Fig. [4](#page-5-1)a), and 5.78 ± 0.63 and 2.99 ± 0.53

Fig. 4 Population dynamics of *Bemisia tabaci* adults (**a**) and nymphs (**b**) per leaf (mean \pm SE) in tomato greenhouses with short (1 day) and long (30 days) pre-plant release periods (PRP) for *Macrolophus pygmaeus* and two banker plants (*Ballota hirsuta* and tomato). Time in days since the introduction of the banker plants with the *M. pygmaeus* in the greenhouses

nymphs per leaf (Fig. [4](#page-5-1)b) in greenhouses with tomato and *B. hirsuta* as the banker plant, respectively. The abundance of *B. tabaci* was signifcantly higher in greenhouses with the short *M. pygmaeus* PRP than in those with the long PRP $(\text{Adults: } \chi^2 = 24.9; df. 1; P < 0.001; \text{nymphs: } \chi^2 = 64.6; df. 1;$ *P*<0.001). In contrast, the banker plant—tomato or *B. hirsuta*—did not signifcantly afect the abundance of *B. tabaci* (Adults: χ^2 = 1.237; *df.* 1; *P* = 0.266; nymphs: χ^2 = 1.678; $df.$ 1; $P = 0.195$). The interaction between the PRP and the banker plant was not significant (Adults: χ^2 = 0.310; *df*. 1; *P*=0.578; nymphs: χ^2 =3.480; *df*. 1; *P*=0.062). A low abundance of *B. tabaci* was registered in banker plants, being the density higher in tomato (short PRP: 0.213 ± 0.040 ; long PRP: 0.169 ± 0.054 adults + nymphs per leaf—overall average) than in *B. hirsuta* (short PRP: 0.011 ± 0.011 ; long PRP: 0.004 ± 0.004 adults + nymphs per leaf).

The highest abundance of *T. absoluta* was registered at the short PRP, with density peaks of 31.0 ± 12.5 and 15.3 ± 5.0 galleries per plant in greenhouses with tomato and *B. hirsuta* as the banker plant, respectively (Fig. [5\)](#page-6-0). The lowest abundance was registered at long PRP with density

Fig. 5 Number of galleries per plant of *Tuta absoluta* (mean \pm SE) in tomato greenhouses with short (1 day) and long (30 days) pre-plant release periods (PRP) for *Macrolophus pygmaeus* and two banker plants (*Ballota hirsuta* and tomato). Time in days since the introduction of the banker plants with the *M. pygmaeus* in the greenhouses

peaks of 1.00 ± 0.56 and 3.19 ± 1.50 galleries per plant in greenhouses with tomato and *B. hirsuta* as the banker plant, respectively (Fig. [5](#page-6-0)). The number of *T. absoluta* galleries was significantly influenced by both the PRP (χ^2 = 49.0; *df*. 1; $P < 0.001$) and the banker plant (Adults: $\chi^2 = 7.36$; *df.* 1; $P = 0.007$), with a significant interaction between them (Adults: χ^2 = 19.3; *df.* 1; *P* < 0.001). Significant differences in the number of galleries per plant were found between the greenhouses with *B. hirsuta* and tomato as bankers at long but not at short PRP (Tukey contrast, $P < 0.001$). No galleries of *T. absoluta* were registered in the banker plants.

Discussion

The establishment of insects in new areas is a probabilistic event which depends, among other variables, on the biology of the species, intra- and inter-specifc interactions, the size of the founder population, the environment, and stochastic factors (Simberloff [2009](#page-10-0); Bacon et al. [2014;](#page-8-2) Duncan et al. [2014](#page-8-1)). In this work, it has been demonstrated that the establishment and population dynamics of the predatory mirid *M. pygmaeus* in tomato greenhouses depend on the size of the founder population and the banker plant species. A long PRP (i.e. 30 days), with *M. pygmaeus* confned in cages with banker plants supplemented with *E. kueniella* eggs, produced an increase in the populations before their introduction into the greenhouses. Also, larger founder populations were achieved using *B. hirsuta*, rather than tomato, as the banker plant. These diferences in the founder population size were refected in the population dynamics: the greenhouses with the highest initial numbers reached the highest population peaks. Besides, the higher proportions

of individuals established and the higher population growth rates of *M. pygmaeus* in the greenhouses with the largest initial populations suggest the implication of Allee effects.

Pre-plant release of mirids has previously been reported to give better results than classical direct introduction but until now the mechanisms implicated in the establishment process have remained largely unexplored. The release of *N. tenuis* in nurseries several days before the transplanting of the crop is known to enhance its establishment in tomato greenhouses (Calvo et al. [2012a,](#page-8-12) [b](#page-8-9); Perdikis et al. [2015\)](#page-9-18), and this is currently a strategy adopted by professional growers in southern Spain. This strategy has also been assayed, with good results, for the establishment of *M. caliginosus* in tomato greenhouses (Lenfant et al. [2000;](#page-9-9) Fischer and Terrettaz [2003\)](#page-9-10). Pre-plant release strategies may operate at two levels. Firstly, by improving the probability of establishment when the mirids are introduced into greenhouses; populations that are already established may have lower dispersal rates than those that are introduced without previous adaptation into new environments (Kim and McPheron [1993](#page-9-23)). In this regard, the confnement of *Macrolophus* species (i.e., *M. pygmaeus* and *M. caliginosus*) with nettings that reduce the dispersal of the insects after their release has been reported to give better results than classical direct introductions (Lenfant et al. [2000;](#page-9-9) Fischer and Terrettaz [2003](#page-9-10); Nannini et al. [2014](#page-9-11)). Secondly, pre-plant release strategies allow mirids to increase their initial population by reproducing in an environment that is more optimal than the one to which they will be transferred. Bigger founding populations are known to establish more successfully than smaller ones, among other reasons, because the impact of stochasticity and the Allee effects are stronger on small than on big populations (Grevstad [1999a,](#page-9-0) [b;](#page-9-27) Dennis [2002;](#page-8-3) Lockwood et al. [2005](#page-9-4); Simberloff [2009](#page-10-0); Duncan et al. [2014](#page-8-1)). Allee effects may result from several processes such as a decline in the fecundity of females if finding mate gets difficult at low population densities (Courchamp et al. [2008](#page-8-17); Duncan et al. [2014](#page-8-1)). Gemeno et al. ([2007\)](#page-9-28) reported that the encounters between females and males of *M. caliginosus* were apparently random, with most of the females accepting mating after several contacts. This behavior could result in limited encounters between the two sexes and reduced reproduction rates in small populations.

The population dynamics of *M. pygmaeus* were also infuenced by the species of banker plant. However, diferences between greenhouses with *B. hirsuta* and those with tomato as the banker plants were only registered for the long PRP. In this case, greenhouses into which *M. pygmaeus* was introduced on *B. hirsuta* had bigger founder populations and reached higher population peaks than those with tomato as the banker plant. The absence of diferences in the population growth rate indicates that the variations in the population dynamics between the greenhouses with *B. hirsuta* and tomato as the banker plants were mainly due to the size of the founder population. In fact, the number of *M. pygmaeus* on *B. hirsuta* after the 30 days of PRP and prior to their into the greenhouses was three times that on tomato seedlings. During the PRP, the mirids were fed with the same amount of factitious prey (i.e., *E. kuehniella* eggs); thus, the variations that the populations experienced during the 30 days of PRP were likely due to the performance (e.g., development rates and/or fecundity) of the mirid on the diferent plant species. Great variations in the ftness of omnivorous dicyphines have been registered depending on the host plant species, both in the presence and absence of prey (Sanchez et al. [2004;](#page-10-7) Ingegno et al. [2011;](#page-9-15) Biondi et al. [2016](#page-8-11)). Several factors may account for this variation in performance in relation to the plant species. For instance, the hardness of plant tissues is known to limit the oviposition in species such as *M. caliginosus*, on *Pelargonium peltatum* (L.) (Geraniaceae) (Constant et al. [1996\)](#page-8-18), and *D. hesperus*, on corn (Sanchez et al. [2004\)](#page-10-7). Diferences may also arise from variations in the specifc nutritional values of plants (Sanchez et al. [2004,](#page-10-7) [2016](#page-10-8); Ingegno et al. [2011](#page-9-15)). Plant structure may also infuence population growth rates (Wheeler and Krimmel [2015](#page-10-13)). For example, *Tupiocoris notatus* (Distant) (Hemiptera: Miridae) showed better nymphal performance and oviposition rates, which led to higher population growth rates, on glandular than on non-glandular types of *Datura wrightii* (Regel) (Solanaceae) (Van Dam and Hare [1998\)](#page-10-14).

Other authors have also assayed the use of host plants to enhance the response of dicyphines in tomato crops. The use of mullein as an alternative host plant is known to contribute to the early establishment of *D. hesperus* in tomato greenhouses and to the maintenance of the population of the predator after the prey is depleted in the crop (Sanchez et al. [2003a\)](#page-9-19). It has been proven several times that tobacco (*Nicotiana tabacum* L.—Solanaceae) enhances the early establishment of *M. caliginosus* and its conservation during crop-free periods in tomato greenhouses (Arnó et al. [2000](#page-8-13); Fischer and Terrettaz [2003;](#page-9-10) Bresch et al. [2014](#page-8-14)). However, the use of tobacco has not been recommended because it serves as an optimum host for the multiplication of the whitefy *B. tabaci* and because of the risk of virus transmission (Bresch et al. [2014](#page-8-14)). Tamarillo [*Cyphomandra betacea* (Cav.) Sendtn.— Solanaceae], as banker for *M. caliginosus*, has also been reported to provide shorter establishment times and quicker numerical responses in comparison with classical direct releases (Fischer and Terrettaz [2003\)](#page-9-10).

One aspect to be considered in relation to the banker system is that highly preferred host plants could act as sinks for predatory mirids (Sanchez et al. [2003a\)](#page-9-19). In the present work, during the frst part of the assay, in greenhouses with *B. hirsuta* a lower proportion of *M. pygmaeus* was registered in the crop in comparison with those greenhouses with tomato as banker; this suggests a higher preference of *M. pygmaeus* for *B. hirsuta* than for tomato, which could interfere with the colonization of the crop. However, this efect seems to have been patent mainly in the frst weeks after the introduction of *M. pygmaeus* into the greenhouses and at low abundances; 3 weeks after the introduction, the proportion of the mirid in the crop in greenhouses with *B. hirsuta* was similar to that in greenhouses with tomato as banker.

The abundance of *B. tabaci* and *T. absoluta* in the tomato crops was inversely related to that of *M. pygmaeus*. Lower abundances of *B. tabaci* and *T. absoluta* were registered in the greenhouses with the long PRP, which were those with the highest *M. pygmaeus* abundances. The degree of control of *B. tabaci* was highest in the greenhouses with *B. hirsuta* and the long PRP; however, no signifcant diferences were found in comparison to the greenhouses with tomato as the banker plant and the long PRP. *Macrolophus* species have been extensively reported as predators of whiteflies, with a great impact on their population dynamics (Barnadas et al. [1998](#page-8-7); Albajes and Alomar [1999](#page-8-4); Perdikis and Lykouressis [2002;](#page-9-29) Alomar et al. [2006;](#page-8-19) Lykouressis et al. [2009;](#page-9-30) Sylla et al. [2016](#page-10-4); Sanchez et al. [2018](#page-10-5); Ferracini et al. [2019\)](#page-9-31). These mirids have also been cited among the main predators of *T. absoluta* in the Mediterranean area (Arnó et al. [2009](#page-8-20); Mollá et al. [2009;](#page-9-32) Urbaneja et al. [2009](#page-10-15); Biondi et al. [2018](#page-8-21); Jaworski et al. [2013](#page-9-7); Zappala et al. [2013](#page-10-16); Chailleux et al. [2013](#page-8-22); Nannini et al. [2014](#page-9-11); Sylla et al. [2016](#page-10-4); Sanchez et al. [2018](#page-10-5)). Earlier studies reported that the pre-planting release of *N. tenuis* in nurseries provided satisfactory control of both *B. tabaci* and *T. absoluta* in tomato crops (Calvo et al. $2012a$, [b\)](#page-8-9). The use of banker plants is also known to support the population of predatory mirids, with an impact on pest control. For instance, tobacco, as a banker plant for *M. pygmaeus*, contributed to the control of *T. vaporariorum* in tomato plants (Bresch et al. [2014](#page-8-14)). Sanchez et al. ([2003a\)](#page-9-19) argued that mullein plants serve as a reservoir of *D. hesperus* that enhances the performance of *D. hesperus* for the control of whitefy in tomato greenhouses.

In this work we provide some insights into the processes behind the establishment of omnivorous dicyphines (i.e., *M. pygmaeus*) in tomato crops. The effects of the length of the PRP and the impact of natural hosts (i.e., *B. hirsuta*), used as banker plants, on the establishment and population dynamics of *M. pygmaeus* were investigated. Pre-plant release may infuence the establishment in crops in distinct ways: (1) by increasing the size of the founder population during the PRP; (2) by increasing the probability that individuals settle in crops, most likely because long PRP on banker plants serve as a period of adaptation that reduces the dispersal of individuals when they are introduced into greenhouses. It has to be taken into account also that, in this case, part of the *M. pygmaeus* introduced into the greenhouses was in the form of nymphs, which could have lower dispersion rates than adults. The banker plants also had an efect on the establishment and population dynamics of *M. pygmaeus*, but this efect can be attributed mainly to the bigger population size achieved in *B. hirsuta*, relative to tomato plants, during the PRP. Bigger initial populations led to higher population growth rates and high population peaks, suggesting the implication of stochastic and Allee efects. The use of *B. hirsuta* for the PRP of *M. pygmaeus* prior to its introduction into tomato crops may reduce the cost of and enhance biological pest control in commercial tomato greenhouses. The fact that part of the *M. pygmaeus* population resides on the natural host, and its apparent higher preference for *B. hirsuta*, may help to preserve the mirid during adverse periods (e.g., winter, absence of crop, prey scarcity, etc.). If evidence of a sink efect is provided, this may be overcome by cutting and removing the banker plants to force the mirids to migrate to the crop. In relation to the role of banker plants in harboring tomato pests, a very low number of *B. tabaci* was registered in *B. hirsuta* plants.

Author contribution

JAS conceived and designed the research, analyzed the data, and wrote the manuscript. JAS, ELG, MPM, and LPF conducted experiments. All authors read and approved the manuscript

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Compliance with ethical standards

Conflict of interest The authors declare that they have no confict of interest.

Ethical approval This article does not contain any studies with human participants or animals performed by any of the authors.

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