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Analysis of NaoMaiTong Metabolites Using High‑Performance Liquid Chromatography/High‑Resolution Mass Spectrometry in Rat Urine

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Received: 29 April 2017 / Revised: 13 July 2017 / Accepted: 17 July 2017 / Published online: 29 July 2017 © Springer-Verlag GmbH Germany 2017

Abstract NaoMaiTong (NMT), consisting of *Radix et Rhizoma Rhei, Radix Ginseng*, *Radix Puerariae,* and *Rhizoma Ligustici Chuanxiong*, is widely used for treating ischemia cerebral apoplexy. In this work, a rapid high-performance liquid chromatograph coupled with a quadrupole-orbitrap mass spectrometer (HPLC-Q-Orbitrap) was developed for detection and identifcation of chemical compounds in rat urine after oral administration of NaoMaiTong and its single herbs. Using targeted screening and the mass defect flter of Met-Works™ software, a total of 157 ingredients were detected in the NaoMaiTong drug-containing group within 36 h, including 70 prototype chemicals and 61 related metabolites that were unambiguously discriminated. There were anthraquinones, triterpenoid saponins, isofavones, puerosides, phthalides, phenolic acid, etc. Twelve triterpenoid saponins, including 7 metabolites, were frst discovered in rat urine after administration. Mirifcin-Glc and methoxypuerarin were frst discovered in the *Radix Puerariae*. The results indicated that glucuronidation and sulfation were the main metabolic pathways of *Radix et Rhizoma Rhei* and *Radix Puerariae*. In addition to glucuronidation and sulfation, other conjugation reactions also occurred in the metabolisms of *Rhizoma Ligustici Chuanxiong* such as cysteine conjugation and acetylcysteine conjugation, while phase I reactions (e.g., deglycosylated, hydroxylated) were the major metabolic reaction for *Radix Ginseng.* Many compounds from its single herb-dosed groups

Electronic supplementary material The online version of this article (doi:[10.1007/s10337-017-3363-6\)](http://dx.doi.org/10.1007/s10337-017-3363-6) contains supplementary material, which is available to authorized users.

 \boxtimes Shumei Wang 2395903468@qq.com presented diferent absorption trends and slower elimination rates in the urine from the NMT-dosed group compared with the urine from the single-dosed groups. These results will provide helpful information for further basic research into the active substances in NaoMaiTong.

Keywords HPLC-Q-Orbitrap · Metabolites · Metabolic pathways · NaoMaiTong

Introduction

NaoMaiTong (NMT), a traditional Chinese medicine prescription, was used by Professor JianSheng Li (Henan University of Traditional Chinese Medicine, China) during his decades of clinical experience in treating cerebral apoplexy. The recipe of NMT consists of four medicinal herbs, namely, *Radix et Rhizoma Rhei*, Panax ginseng C.A. Mey., *Pueraria lobata* (Willd.) Ohwi. and *Ligusticum chuanxiong Hort.* In the previous clinical studies, NMT had proved significantly protective and effective in treating cerebral ischemia–reperfusion injury [\[1](#page-27-0)[–4](#page-27-1)]. NMT could reduce brain cell damage and improve the clinical symptoms, signs, and quality of life in patients with cerebral infarction [\[2](#page-27-2)]. A pharmacological study indicated that administration of the moderate dose of NMT (3.0 g/ kg/day) for 5 days yielded effective protection $[5]$ $[5]$. A phytochemical investigation of the NMT formula denoted that its main constituents included anthraquinones, isofavones, and triterpenoid saponins [\[6](#page-27-4)]. Related pharmacokinetic report provided the analysis of the chemical compounds in rat plasma samples after the oral administration of NMT [\[7](#page-27-5), [8\]](#page-27-6). Although the pharmacological effects of NMT were investigated, the literature data on the metabolism of NMT decoction in rat urine are not available. To obtain extensive

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metabolism information for NMT decoction in rat urine, it is urgent to develop rapid and efective analytical methods for detection.

Recently, with the development of various data acquisition methods, liquid chromatography–mass spectrometry, especially high-resolution mass spectrometry (HRMS), has exhibited excellent performance in metabolite detection owing to its high resolution and accurate mass [\[9](#page-27-7)]. A highperformance liquid chromatograph coupled with a quadrupole-orbitrap mass spectrometer (HPLC-Q-Orbitrap), a rapid and sensitive technique with shorter analysis time and greater mass value accuracy, has widely been used to detect and identify the prototypes and metabolites in TCM [\[10](#page-27-8)]. HPLC-Q-Orbitrap combines high trapping capacity and the MSⁿ scanning function along with accurate mass measurements within 5 ppm and a resolving power of up to 100,000. Specifcally, the orbitrap facilitates fast datadependent acquisition of accurate MSⁿ spectra on an LC timescale, which could increase the throughput and identification efficiency for metabolites $[11]$ $[11]$.

In the present study, we used a rapid and highly sensitive HPLC-Q-Orbitrap mass spectrometer to separate and detect chemical compounds in rat urine after oral administration of the NMT decoction and its individual herbs. With the aid of targeted screening and the mass defect flter of MetWorks™ software, background noise and endogenous ingredients can quickly be fltered, saving time using Met-Works software for rapid screening of metabolites. This study is the frst to explain the NMT urine migration components to help in the study of NMT pharmacokinetics. The results could provide abundant chemical compound information for further pharmacology studies on NMT and lay the foundation for further elaboration of the compatibility principle of NMT.

Experimental Procedures

Chemicals and Reagents

HPLC-grade acetonitrile, methanol, and formic acid were purchased from Fisher (Fair Lawn, NJ, USA). Ultrapure water was prepared by a Millipore-Q water purifcation system (Bedford, MA, USA). Other reagents and chemicals were of analytical grade.

The reference standards of Aloe emodin, Rhein, Emodin, Puerarin, Daidzin, Ginsenoside Re, and Ferulic Acid were obtained from National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China). The reference standards of ginsenoside Rc, ginsenoside Rf, ginsenoside Rg1, ginsenoside Rb2, ginsenoside Rb1, ginsenoside Rd, ginsenoside Rg3, ligustilide, and daidzein were purchased from Mansite Biotechnology Company (Chengdu, China). The reference standards of 3′-hydroxypuerarin, 3′-methoxypuerarin, physcion-8-*O*-Glc, chrysophanol-8-*O*-Glc, emodin8-*O*-Glc, rhein-8-*O*-Glc, senkyunolide I, senkyunolide A, butylphthalide, and aloeemodin-8-*O*-Glc were obtained from Chroma Biotechnology Company (Chengdu, China).

Plant Material

Radix et Rhizoma Rhei, *Panax ginseng C.A.Mey.*, *Pueraria lobata (Willd.) Ohwi., and Ligusticum chuanxiong Hort.* were purchased from a Chinese herbal medicine market (Bozhou, Anhui, China), and were authenticated by the Chinese Pharmacopoeia content determination standard (ferulic acid content greater than 0.1%, puerarin content greater than 2.4%, the total content of ginsenoside Rg1 and ginsenoside Re more than 0.3%, ginsenoside Rb1 content more than 0.2%, and the total content of aloe emodin, rhein, emodin, chrysophanol, and physcion content more than 1.5%).

Preparation of NaoMaiTong

NMT consisting of *Radix et Rhizoma Rhei* (90 g), *Panax ginseng C.A. Mey.* (90 g), *Pueraria lobata* (*Willd.*) *Ohwi* (60 g) *and Ligusticum chuanxiong Hort.* (60 g) in a ratio of 9:9:6:6 by mass weight was immersed in a tenfold excess (based on mass weight) of 60% ethanol–water solution. The mixture was extracted by refuxing twice at 90 °C. The extracted solution was fltered. The two fltrates were combined and concentrated to 2 g sample drug per milliliter. The concentrated solutions of *Radix et Rhizoma Rhei, Panax ginseng C.A. Mey., Pueraria lobata (Willd.) Ohwi., and Ligusticum chuanxiong Hort.* were obtained in the same way. The extracted solutions of *Radix et Rhizoma Rhei* and *Panax ginseng C.A. Mey.* were concentrated to a concentration of 0.6 g sample drug per milliliter. The extracted solution of *Pueraria lobata (Willd.) Ohwi. and Ligusticum chuanxiong Hort.* was concentrated to 0.4 g sample drug per milliliter. The reference standards were dissolved in methanol.

Animal Experiments

Male Wistar rats (220–280 g) were purchased from Pengyue Experimental Animal Breeding Company (Jinan, China). The animals were bred in the Experimental Animal Center of Henan University of Traditional Chinese Medicine for 1 week before the experiment. The rats were randomly divided into six groups, six rats for each of the single-drug groups (Da-Huang, Ren-Shen, Ge-Gen, Chuan-Xiong), NMT groups, and a blank control group, respectively. The blank control group rats were orally administered ultrapure water. The compound control group, Da-Huang and Ren-Sheng Group, and Ge-Gen and Chuan-Xiong group

were exposed orally to the NMT preparation at a dose of 0.2 g·kg⁻¹, 0.06 g·kg⁻¹, and 0.04 g·kg⁻¹, respectively (the amount of the single-drug groups and single herb components of the compound control group in the amount of the same amount of medication). The rats were placed in metabolic cages to collect rat urine on the 5th day after the oral administration. The blank control group was collected during the 0–24 h period after oral administration. The drugcontaining urine samples were collected during the 0–8, 8–12, 12–24, and 24–36 h periods. The urine samples were centrifuged at 1000 rpm for 30 min at 4 °C, and the supernatants were stored at −80 °C until analysis. All protocols and care of the rats were in accordance with the relevant national legislation and local guidelines.

Urine Sample Preparation

A solid-phase extraction (SPE) method was used to extract metabolites from the urine samples. The urine sample (1.0 mL) was added and fowed through LC-18 SPE columns (200 mg volume; Supelco, USA) using gravity. The SPE columns were washed with 3 mL ultrapure water, and then eluted with 3 mL 40% methanol, and 100% methanol, in turn. The eluants were merged and taken to dryness at 50 °C under a gentle stream of nitrogen gas. The residue was reconstituted with 400 μL 80% methanol (0.1% formic acid) and then centrifuged for 30 min at 1500 rpm at 4 °C. An aliquot of 10 μL of the supernatant was injected into the HPLC-Q-O-MS system for analysis.

LC–MS Analysis

The HPLC column was a Venusil XBP C18 chromatographic column (Agela Technologies, Tianjin, China). The mobile phase consisted of acetonitrile (A) and 0.1% formic acid in water (B).The gradient program was optimized as follows: 0–8 min: 10% A; 8–23 min: 10% A ~14% A; 23–43 min: 14%A ~20% A; 43–63 min: 20% A ~30% A; 63–68 min: 30% A ~35% A; 68–78 min: 35% A ~55% A; 78–82 min: 55% A ~70% A; 82–92 min: 70% A ~100% A; 92–102 min: 100% A \sim 10% A. The flow rate was maintained at 1 mL min−1, and a post-column split was used to maintain a flow rate of 0.3 mL min⁻¹ into the mass spectrometer source to obtain good nebulization efficiency.

A high-resolution Q-Exactive mass spectrometer (Thermo Fisher Scientifc, Bremen, Germany), specifcally a quadrupole-orbitrap hybrid mass spectrometer coupled with a heated electrospray ionization (HESI) source, was operated in both positive and negative ion modes. The mass conditions were as follows: auxiliary gas fow rate, 10.0 L min−1; capillary temperature, 350 °C; spray voltage, 2.8 and 3.5 kV for the negative and positive modes, respectively; scan range, *m/z* 100–*m/z* 1500; stepped NCE, 20, 35 eV; auxiliary gas heater temperature, 200 °C. Q-Exactive 2.0 SP 2 (Thermo Fisher Scientifc, USA) was used to control the mass spectrometer. XCalibur 3.0 software (Thermo Fisher Scientifc, USA) was used to control the instrument and for data acquisition and analysis.

Data Analysis

In this study, LC/MS data from analysis of rat urine after oral administration of the NMT decoction and its individual herbs were processed using the MetWorks™ 1.3 SP4 software (Thermo Fisher Scientifc, USA) component detection function. Phase I and II common factory lists ofered by the Met-Works[™] software. With the help of the mass defect filter, it was quick and convenient to flter background noise and endogenous ingredients to obtain potential active chemical ingredients from the NMT. The mass defect refers to the difference between the exact mass and integral mass of a compound or an ion. The method could automatically remove background interference and monitor the minor metabolites by setting the initial mass defect fltering algorithm [\[12–](#page-27-10)[14\]](#page-27-11). Calculation of neutral losses between fragment ions and their elemental composition in the MS/MS spectrum of the candidates and comparisons with the fragment patterns of the parent chemical compounds showed that some candidates were possibly related to metabolites of NMT. The MS and MS/ MS spectral data were used to identify both prototype and metabolite by offline data processing methods using the software Xcalibur™ 3.0 (Thermo Fisher Scientifc, USA). The mass accuracy of the precursor ions was within ± 5 ppm. The chemical structures of the metabolites detected were drawn by ChemBioDraw Ultra 13.0 (Cambridge, USA).

Results

Analysis of Components After Oral Administration of NMT in Rat Urine

The screening, identifcation, and further characterization of the metabolites of NMT in rat urine were frst performed by HPLC-Q-Orbitrap in both the positive and negative ion modes. The basic chromatograms from the drug-containing urine at 90 min in the negative and positive mode are shown in Fig. [1](#page-3-0)a, b, respectively. The LC/ MS chromatograms were compared between the blank group and the drug administration group; see Electronic Supplementary Material Fig. S1. The software Xcalibur™ 3.0 was used to compare the data of the blank group and the drug administration group. In total, 61 related metabolites that were identifed or tentatively discriminated by comparing their MS data and retention times with those of reference compounds and single-drug groups or literature

Fig. 1 a Base peak chromatograms of drug-containing urine at 90 min in negative mode. **b** Base peak chromatograms of drug-containing urine at 90 min in positive mode

data. Most chemical ingredients showed strong signals at 0–8 h and 8–12 h after oral administration. The metabolites of rhubarb and pueraria also displayed strong signals after 8–12 h. The chemical components were thinly transformed and removed from the body, and the signals detected with the mass detector, therefore, became weaker or vanished over time. In addition, 157 identifed compounds, including their retention times, formulas, precursor ion MS/MS data, and metabolic pathway, etc., are shown in Table [1.](#page-5-0) Moreover, the origins of the discriminated components were confrmed by comparison of the MS data from single-drug-dosed groups with the data from the NMT-dosed group. The urine chromatograms of rats were measured at 8–12 h after administration. For urine chromatograms of the single-drug-dosed groups and the NMT dosed group see Electronic Supplementary Material Fig. S2.

Ingredients Derived from Radix et Rhizoma Rhei

The analysis of NMR data showed that the compounds of rhubarb were anthraquinones [\[15](#page-27-12)]; anthraquinone-related metabolites were formed through glucuronidation and sulfation, which were considered its metabolism pathways [\[16](#page-27-13)[–21](#page-27-14)]. In addition, methylation and diglucuronidation conjugation were also found. For related metabolic pathways, see Electronic Supplementary Material Fig. S4. Most metabolites showed intense signals at 0–8 h in rat urine from the NMT-dosed group after administration. Interestingly, it can be detected after 8–12 h from rhubarb-dosed group. The results indicated that metabolites from rhubarbdosed group were eliminated slowly.

Rhubarb anthraquinones had a common parent structure (1,8-dihydroxy-anthraquinone). Anthraquinone metabolites could be inferred from the characteristic fragments of the parent compound. For example, fragment ions at *m/z* 269.04 and 240.04 were inferred to be the relevant metabolites of aloe emodin (P70), fragment ions at *m/z* 253.05 and 225.05 as chrysophanol, fragments of *m/z* 269.04 and 225.05 were inferred to be emodin (P76), fragments of *m/z* 283.06 and 240.04 were inferred to be physcion, and fragments of *m/z* 283.02, 257.04 and 239.03 were inferred to be rhein (P72). Ultimately, fve aloe emodin-related metabolites (M18, 23, 27, 36, and 38), four emodin-related metabolites (M41, 47, 58 and 66), fve chrysophanol-related metabolites (M37, 40, 57, 59 and 62), two physcion-related metabolites (M63 and 65), four rhein-related metabolites (M25, 33, 44 and 69) were identifed. In addition, 6-dehydroxylaccaic acid D -GlcA (M50) and catechin-GlcA (M6) were found in rat urine after administration.

Unfortunately, this identifcation method did not work for metabolites produced through a series of complicated metabolic pathway. M18, M23, and M27 displayed deprotonated ions [M−H]− at *m/z* 621.1104 corresponding to the molecular formula of $C_{27}H_{26}O_{17}$, 445.0778 corresponding to $C_{21}H_{18}O_{11}$, and 349.0025 corresponding to $C_{15}H_{10}O_8S$, respectively. The ions were 352 Da $(C_{12}H_{16}O_{12})$, 176 Da $(C_6H_8O_6)$, and 80 Da (SO₃) higher than the ions of P70 (aloe emodin), respectively. Moreover, the ions all showed product ions at *m/z* 269.0454 and 240.0423 in the MS/MS spectra, which were similar to the ions of aloe emodin. Consequently, M18, M23, and M27 were tentatively identifed as the diglucuronidated, glucuronidated, and sulfated metabolites of aloe emodin, respectively. However, their metabolic reaction site still needed further confrmation.

M25 and M33 yielded the [M−H]− ion at *m/z* 459.0574 $(C_{21}H_{16}O_{12})$ and 362.9821 $(C_{15}H_8O_9S)$, respectively. The MS/MS spectra of M25, M33, and M69 exhibited fragment ions at *m/z* 257.0456 and 239.0346, which were similar to the ions of P72 (rhein). In addition, their molecular weights were 176 Da ($C_6H_8O_6$) and 80 Da (SO₃) higher than of the ions of P72. Therefore, this information indicated that M25 and M33 might be the glucuronidated and sulfated metabolites of rhein. However, the precise position of the glucuronidated and sulfated reaction sites could not be confrmed in this study.

Ingredients Derived from Panax Ginseng C.A. Mey

A total of 51 triterpenoid saponins, including 45 prototypes [18 protopanaxadiol (PPD) types, 9 protopanaxtriol (PPT) types, 6 oleanolic acid types, and 7 other types were shown in Fig S3] and 6 metabolites of unknown composition were found through a comparison with data obtained from the NMT extract. Although prototype components of saponins with abundant content were observed in the MS detector, their related metabolites were detected with very low levels. Moreover, the metabolites of triterpenoid saponins were detected in the urine from the NMT-dosed group at 0–8 h and declined quickly. However, these components in the urine from the ginseng-dosed group were rarely detected after 12 h. Deglycosylated, hydroxylated, and hydrogenated, hydrolyzed, etc. were the main metabolism pathways. PPD and PPT showed diferent fragment ions at *m/z* 459 and 475, respectively, whereas that at *m/z* 455 was identifed as the oleanolic acid-type. Based on a preliminary summary of the diferent types of constituents with diferent mass defect flters, ginsenoside shortage in the negative mode quality range is of approximately 0.3–0.6 Da. In the $MS²$ spectrum from the ginsenosides, continual losses of saccharide units were observed at high mass, and abundant fragments derived from the sugar units were detected at low mass [\[22,](#page-27-15) [23](#page-27-16)]. Therefore, from the above fragment pattern, ginsenosides were identifed. For example, ions at *m/z* 179.06, 161.05, and 113.02 were derived from glucoside, *m/z* 145.05 and 163.06 came from rhamnoside, and *m/z* 131.04 and 149.05 came from xyloside or arabinose.

Based on exact masses, MS fragments and reference substance, P33–34, 49, 53–55, 58–61, 67, and Table 1 Identified chemical compounds at different time points in rat urine after oral administration of NMT decoction

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 285.0742 [M+H–C₅H₈O₄–

Rha]−

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xylose; *Glc* glucose; *Api* apiose; *Ara* arabinose; *Rha* rhamnose; *R Radix Ginseng*; *C Rhizoma Ligustici Chuanxiong*; *D Radix et Rhizoma Rhei*; *G Radix Puerariae*

Prototype

* Confrmed by reference

* Confirmed by reference

–: no/unknown

no/unknown

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1394 X. Fan et al.

P75 were identifed as Rg1, Re, Rf, Ra2, Ra3/isomer, Rb1, Rc, Rg2, Ra1, Rh1, Rd, and Rg3, respectively. P39 displayed molecular [M+2HCOO]^{2−} ions at *m/z* 607.2963, and the molecular formula was determined to be $C_{54}H_{92}O_{24}$. In the MS/MS spectrum, the fragment ions at *m/z* 962.5426 [M-H-C₆H₉O₅]⁻, 799.4909 $[M-H-2Glc]$ ⁻, −, 781.4750 [M−H–2Glc–H 2O] and 619.4219 [M-H-3Glc- H_2O]⁻ were obtained. The mass spectrum is shown in Fig. [2,](#page-24-0) showing that P39 contains 4 glucose groups, with at least two glucose groups attached. There was no report that P39 was isolated in ginseng herbs. Based on the fragment peak of P39 at *m/z* 475.7160, we judged the peak to be of the PPT type.

M67 showed the [M–H]⁻ ion at m/z 505.3540 and yielded product ions at *m/z* 461.3635, 435.2762, 391.2855 and *m/z* 373.2785, which were formed by the losses of CO_2^- , $C_5H_{10}^-$, CO_2^- and $C_5H_{10}^-$, $C_6H_{10}O_2^-$ and $H₂O⁻$, respectively. Based on the relevant study [[24](#page-27-17)]. M67 was tentatively identifed as 26/27-carboxy PPT. M22, M64, M72, M74, and M75, which were discovered in the spectrum of the NMT decoction, were deduced to be metabolites. They were tentatively assigned as 25-hydroxyl-PPT-*O*-diglucoside, unknown triterpenoid saponins, ginsenoside F_4 [\[24](#page-27-17)], ginsenoside Mc/Mx/Y [\[25,](#page-27-18) [26](#page-27-19)], and ginsenoside C-K [[24](#page-27-17)], respectively.

M22 displayed the [M+HCOO] − ion at *m/z* 863.5018 $(C_{42}H_{74}O_{15})$, which product daughter ions at m/z 655.4435 and m/z 493.3895 from the product ion spectrum demonstrated losses of $C_6H_8O_6^-$ and 2 $C_6H_8O_6^-$ from the precursor ion [M–H] −, respectively. The low mass fragments produced the product ions at *m/z* 179.0552, 161.0443, and 119.0[3](#page-24-1)35. The $MS²$ of M22 is shown in Fig. 3. The structure of M22 involved two unrelated groups of glu cose. Aglycone was tentatively identifed as 25-hydroxyl-PPT via the fragment ion at *m/z* 493.3886. Its possible molecular formula and structural formula were searched in the SciFinder database, compared with the relevant lit erature [[27](#page-27-20), [28](#page-28-0)], and determined that the glucose groups were linked triterpenoid saponins. However, this determi nation was inconsistent with the above inference. Thus, M22 might be a new triterpenoid saponin.

Ingredients Derived from Pueraria lobata (Willd.) Ohwi

Eight pueraria glycosides (2 prototype ingredients), thirtytwo isofavones (18 prototype components), one prototype compound favonoid (genkwanin-5- *O*-primeveroside), and three unknown compositions were detected in rat urine of the NMT-dosed and pueraria-dosed groups after oral administration. Two of the twenty-one prototypes (P3 and P15) had no relevant literature to report. They were identifed as mirifcin-*O*-glucoside and methoxypuerarin

Fig. 2 MS/MS spectra of P39 with fragmentation peaks: *m*/*z* 962.5462, 799.4827, 781.4750, 179.0549, and 221.0665, with characteristic fragmentation peaks of *m*/*z* 475.7160, identifed as protopanaxtriol type. *Glc* glucose

Fig. 3 MS/MS spectra of M22, showing the fragmentation peaks: *m*/*z* 655.4435, 493.3875, and 179.0052, tentatively assigned to a triterpenoid saponin. *Glc* glucose

according to the molecular ion peak and secondary cleavage patterns. Twenty-two metabolites involved 10 glucuronidation, 1 methoxylation, 8 sulfations, and 3 unknown metabolic reactions. In the urine of the rats dosed with compound NMT, we found that the metabolic pathway of isofavones was based on phase II metabolisms, including glucuronidation, sulfation, and methylation (for related metabolic pathways, see Electronic Supplementary Material Fig. S5). However, the specifc location of the glucuronidation, sulfation, and methylation was not yet determined. The metabolite compounds of pueraria were detected the frst in the NMT-dosed group. Most compounds in the urine from the NMT-dosed and pueraria-dosed groups displayed strong signals at 0–8 h and 8–12 h. In addition, it can be detected after 8–12 h from NMT-dosed group and eliminated slowly. It showed that the Chinese medicine compounds contributed to an extension of the therapeutic time period.

P9 showed $[M+H]$ ⁺ at m/z 417.1175 in the positive ion mode. The characteristic fragment ions at *m/z* 399.1072, 297.0755, and 267.0652 shown in the product ion spectrum identified the loss of H_2O , $C_4H_8O_4$, and $C_5H_{10}O_5$ from the precursor ion $[M+H]^+$, respectively. In addition, the retention time of P9 was compared with the retention time and $MS²$ of the Ref. [[29\]](#page-28-1). Therefore, P9 was determined to be puerarin. P6 and P11 showed diagnostic neutral losses 0f H₂O, C₄H₈O₄, and C₅H₁₀O₅ from the precursor ion

 $[M+H]$ ⁺. Based on the related Ref. [\[29](#page-28-1)], P6 and P11 were identifed as 3′-hydroxypuerarin and 3′-methoxypuerarin, respectively.

Among the metabolite components, M3 comprised the same aglycone, puerarin (P9), yielded a series of characteristic ions of puerarin at *m/z* 399.1072, 381.0964, 297.0755, and 267.0652, and displayed a mass 176 Da higher than P9 ([M−H]− ion at *m/z* 417.1175). Therefore, M3 was identifed as a glucuronidated conjugated products of P9. Thus, M3 was assigned as puerarin-*O*-glucuronide based on the literature [\[30](#page-28-2)]. Similarly, M1 and M9 were identifed as puerarin-sulfate and puerarin-glucuronide, respectively.

M7 and M12, with retention times of 7.76 and 9.13 min, respectively, generated the diferent [M−H]− ions at *m/z* 607.1309 and 511.0553, respectively. Their molecular weights were higher (176 Da $(C_6H_8O_6)$ and 80 Da (SO_3)) than the molecular weight of P6 (3′-hydroxypuerarin). Therefore, M7 and M12 were identifed as the glucuronide and sulfated conjugated products of P6, respectively. However, the position of the glucuronide and sulfated reaction site could not be confrmed in this present study.

M11 and M13 were, respectively, eluted at 8.66 and 9.59 min with the [M−H]− ions at *m/z* 525.0714 $(C_{22}H_{22}O_{13}S)$ and 621.1461 $(C_{28}H_{30}O_{16})$, which were 80 Da (SO₃) and 176 Da ($C_6H_8O_6$) more than the ions of P11 (*m/z* 447.128), respectively. We deduced that sulfated and glucuronide conjugation occurred to P11. They showed

fragment ions at *m/z* 325.0722 in the MS/MS spectra, similar to the fragment ions of P11. Therefore, they were unambiguously identifed as 3′-methoxypuerarin-sulfate and 3′-methoxypuerarin-glucuronide. However, the precise position of the sulfated and glucuronide reaction site still needed further confrmation.

Ingredients Derived from Ligusticum Chuanxiong Hort

Totally, 21 components from *Rhizoma Chuanxiong* were detected in the urine from the NMT-dosed and *Ligusticum chuanxiong Hort*-dosed groups, including four prototypes (ferulic acid, senkyunolide K/G, hydroxyligustilide, and a component of unknown composition), seven metabolites, and ten components of unknown composition (mainly phthalide senkyunolide and phenolic acids). Prototype and components from *Ligusticum chuanxiong Hort* showed intense signals at 0-8 h and 8–12 h. In addition, a few components can be detected after 12 h from *Ligusticum chuanxiong Hort*-dosed group. Over time, these signals weaken gradually or even disappeared. The metabolites were 4 cysteine conjugations, 6 glucuronidations, 1 hydrolysis of sulfation, 2 acetylcysteine conjugations, 3 sulfate conjugations, and 1 unknown metabolic pathway metabolite. For related metabolic pathways, see Electronic Supplementary Material Fig. S6. The fragmentation routes of cysteine conjugates show cleavage of the Ro'-S bond (loss of 121 Da and formation of the fragment at *m*/*z* 122 in the positive ion mode) or cleavage of the S CH₂ bond is observed, leading to a loss of 87 and/or 89 Da, as exemplifed for Cys conjugated to boscalid. Upon collision, this NAcCys conjugate exhibits a neutral loss of 42 Da, i.e., a loss of ketene, which allows rapid identifcation of the acetylated molecule [\[31](#page-28-3)].

Most of the phenol components had abundant signal in the positive ion mode. There were two main forms of $[M+H]^+$ and $[M+Na]^+$ with an excimer ion peak, where the cleavage mode was mainly loss of $H₂O$ (18 Da), CO (28 Da), and branched off ene. Based on above information and the related reference, P17 was identifed as ferulic acid.

M52 showed [M+H]+ ions at *m/z* 374.1629, revealing that the molecular formula of M52 was $C_{17}H_{27}O_6$ NS.

The ions could lose HCOOH, C_2H_5NO , and $C_5H_9NSO_3$ to form the fragments with *m/z* 328.1574, 315.1249, and m/z 211.1327. From the previous study [\[31](#page-28-3)], acetylcysteine conjugation could be inferred from the *m/z* 46.01 Da (HCOOH), 59.04 Da (C₂H₅NO), and 163.03 Da $(C_5H_0NSO_3)$, the characteristics of loss of neutral molecules. Therefore, M52 was identifed as the acetylcysteine conjugate of senkyunolide. M32 displayed the $[M+H]$ ⁺ ion at *m/z* 330.1366, yielding a product ion at *m/z* 209.1170, which was formed by the loss of $C_3H_8NO_2S$ (121 Da) from the $[M+H]^+$ ion. In addition, M32 exhibited product ions at *m/z* 163.1140, 191.2090, and 209.1170, the characteristic ions of senkyunolide in the positive mode, demonstrating that it was a senkyunolide-related metabolite. From a previous study [\[32](#page-28-4)], M32 was tentatively identifed as senkyunolide J/N cysteine.

The deprotonated molecule of *m/z* 369.0829 ([M−H]−, M8) eluted at 7.80 min and was 176 Da $(C_6H_8O_6)$ more than the deprotonated molecule of P17 (ferulic acid) detected in the urine samples. In addition, M8 showed fragment ions *m/z* 177.0544 and 145.0287 in the MS/MS spectra, which were similar to those of P17. Finally, M8 was tentatively assigned as the glucuronide conjugated metabolite of P17 on the basis of the above information.

Ingredients Derived from Unknown Sources

Comparing the compound urine, mass spectral data with single-drug prescriptions found 14 urine components of unknown origin. According to the secondary fragments, seven components were identifed. M2, P1, M3, M4, M5, M34, and P29 were 3′-hydroxypuerarin-*O*-glucuronides, 3′-hydroxylpuerarin-*O*-glucoside (prototypes), puerarin-*O*-glucuronide, 3′-hydroxypuerarin-*O*-sulfate, 3′-methoxypuerarin-*O*-glucuronide, senkyunolide J/N cysteine conjugates, and isoswertisin-2′-*O*-xyloside (prototypes). The remaining peaks, M61, P45, M68, M70, M71, and M73, were initially assigned as triterpenoid saponins. P45 was a prototype component, and M68, M71, and M73 were of the protopanaxadiol type (according to the characteristics

Fig. 4 MS/MS spectra of M68 showing [M−H]− ions at *m*/*z* 1259.603, yield fragmentation peaks: 1097.5533, 783.4972, 621.4387, 459.3857, tentatively assigned to a saponin compound

of the fragment ion at *m/z* 459.39), and M42 showed acetylcysteine conjugation.

M68 showed $[M + CO_2]^{2-}$ at m/z 652.3026 in the negative ion mode, manifesting that the molecular formula of M68 was $C_{61}H_{96}O_{27}$ and yielded product ions at m/z 1097.5533, 1079.5382, 935.5010, 784.4910, 621.4387, and 459.3857. $MS²$ of M68 is shown in Fig. [4.](#page-25-0) The compound had not been found in the SciFinder database, so M68 might be a new saponin compound.

Discussion

Using HPLC-Q-Orbitrap and MetWorks™ software, abundant chemical components of NMT were tentatively identifed. The assigned chemical components mainly were anthraquinones, triterpenoid saponins, isofavones, puerosides, phthalides, and phenolic acid. Many compounds from *Radix et Rhizoma Rhei*, Panax ginseng C.A. Mey., *Pueraria lobata* (Willd.) Ohwi., and *Ligusticum chuanxiong Hort* presented diferent absorption trends and slower elimination rates in the urine from the NMT-dosed group compared with the urine from the single-dosed groups. The metabolites of rhubarb also displayed strong signals after 8–12 h in urine, while most metabolites displayed strong ion signals at 0.5 and 8 h in plasma [\[7](#page-27-5)]. It indicated that the metabolites of rhubarb were eliminated slower in urine than in plasma. Aloe emodin were detected in the urine, but was not found in the plasma [\[7](#page-27-5)]. It showed that aloe emodin is not absorbed into the blood, but with the urine excreted in vitro. Methylation conjugation of the metabolism pathway was found in the urine. The prototype components and metabolites of ginseng were rarely detected in the rat plasma [\[7](#page-27-5)], while an amount of them were found in the rat urine. Hydroxylated, hydrogenated, and hydrolyzed as major metabolism pathways had been found in the rat urine. It indicated that ginseng is rarely absorbed into the blood, metabolized in vivo, and then excreted with the urine. Ginsenoside Rg1, ginsenoside Rb1, ginsenoside Rb3, and ginsenoside Rc might be the most important constituents controlling the pharmacological efects of NMT by comparing 15 absorbed ingredients through principal component analysis [\[8](#page-27-6)]. However, the metabolic mechanism of ginseng still needs further study. The metabolites of pueraria also displayed strong signals after 8–12 h in urine. Mirifcin-Glc and methoxypuerarin were frst discovered in puerariae in urine. The prototype compound of 3′‐hydroxypuerarin was detected in urine, but not found in plasma. 3′-methyoxy puerarin-6′′-*O*-Glc was not detected in plasma [[7\]](#page-27-5), but found in urine. However, the metabolism of NMT in rat plasma and urine still needs further study. This result displayed that prescription compatibility in TCM could infuence the absorption of a few components in urine and in plasma. In addition, because the concentration of metabolites in rat urine was low and was not favorable for detection, the rats were treated with high doses relative to humans. However, the metabolites of NMT in human urine require further investigation.

Metabolites or components observed in vivo might produce pharmacological bioactivities. The previous studies have showed that chrysophanol has anti-infammation activity to protect mice from cerebral ischemic injury [\[33\]](#page-28-5) and emodin exerts neuro-protective efects against glutamateinduced apoptosis in cerebral ischemia [\[34](#page-28-6)]. In addition, ginsenosides, such as Rg1, Re, Rd, and Rb1, can reportedly act as neuroprotectants through various mechanisms, including inducing the activating the PI3 K/Akt pathway [[35\]](#page-28-7), ameliorating lipid peroxidation [[36\]](#page-28-8), and protecting the integrity of the blood–brain barrier [\[37](#page-28-9)]. Moreover, 3′-methoxypuerarin could protect rats against cerebral ischemia–reperfusion injury [\[38\]](#page-28-10). Furthermore, senkyunolide I [\[39](#page-28-11)], ligustilide [\[40](#page-28-12)], and ferulic acid [[41\]](#page-28-13) from *L. Wallichiii* are active anticerebral ischemia substance. However, the pharmacological activities of more metabolites need more deeply study.

Conclusions

In this study, a rapid HPLC-Q-Orbitrap method was the frst used for analyzing rat urinary metabolites after oral administration of NMT and its single herbs. Consequently, a total of 157 compounds, including 79 prototype compounds (70 of them had been identifed) and 78 metabolites (61 of them had been tentatively identifed) were detected in the NMT drug-containing group. Most of the ingredients were found in the urine during 0–8 h and 8–12 h periods; fewer ginsenosides were detected after 12 h. The results indicated that anthraquinone, triterpenoid saponins, isofavones, puerarin glycosides, senkyunolide, and phenolic acids were potentially efective components of NMT. Glucuronidation and sulfation were the main metabolic pathways of *Radix et Rhizoma Rhei* and *Pueraria lobata (Willd.) Ohwi.*, two components of NMT. In addition to glucuronidation and sulfation, other conjugation reactions also occurred in the metabolisms of *Ligusticum chuanxiong Hort.* such as cysteine conjugation and acetylcysteine conjugation. Glucuronidation and sulfation metabolites of *Panax ginseng C.A. Mey*. had not been found, and fewer metabolites of *Panax ginseng C.A. Mey*. were detected, so the metabolic pathways had deglycosylated, hydroxylated, and hydrogenated hydrolysis. Many of the components identifed in the urine from the single herb-dosed groups showed diferent eliminated rates from that detected in the urine from the NMT-dosed. Because of the complexity of the constituents in NMT, the origins and structures of some metabolites could not be defnitely elucidated with the current analytical methods. Therefore, this study provides useful information for the further study of the pharmacology and mechanism of action of NMT.

Compliance with Ethical Standards

Confict of interest The authors declare that they have no confict of interest.

Ethical approval All applicable international, national, and institutional guidelines for the care and use of animals were followed.

Funding This study was funded by 81274060 and 81473413.

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