ORIGINAL ARTICLE

Phylogeography of *Habia fuscicauda* **(Cardinalidae) indicates population isolation, genetic divergence and demographic changes during the Quaternary climate shifts in the Mesoamerican rainforest**

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Abstract

High diversity, complex topography and geological factors make the Neotropics an interesting region for the study of avian diversifcation. Phylogeography, in conjunction with ecological niche modeling, ofers an interesting complementary approach to identify the tempo and mode of diversifcation in diferent species. In this work, we analyzed the genetic structure of *Habia fuscicauda* based on multilocus analyses using mtDNA (ND2 and ND4) and nuDNA (ACOI-I9 and ODC) sequences. Additionally, we transferred the optimal conditions for current distribution to the Mid-Holocene, Last Glacial Maximum and the Last Inter-Glacial in order to evaluate the shift in species distribution and compare with the genetic data. Our results indicate that *H. fuscicauda* comprises two clades: one with genetic correspondence to south-east Mexico to the Nicaragua Depression and the other from the south of the Nicaragua Depression to Central Panama. Within these clades, we identifed genetic diferentiation between populations across the Isthmus of Tehuantepec, Costa Rica—associated with the Talamanca Cordillera—and Central Panama. The two principal clades showed contrasting demographic histories, with the northern clade showing demographic changes and the southern clade demographic stasis. The ecological niche models identifed areas as refugia for the northern clade fn Central America and for the southern clade in the Talamanca Cordillera and Central Panama, supporting the hypothesis that these clades were isolated from each other during the climate shifts of the Pleistocene.

Keywords Ecological niche modelling · Isthmus of Tehuantepec · Nicaragua depression · Population demographic changes · Range expansion

Zusammenfassung

Die Phylogeographie des Rotkehlkardinals (*Habia fuscicauda*, Cardenalidae) zeigt Populationen-Isolierung, genetische Divergenz und demographische Veränderungen während der Klimaveränderungen im mittelamerikanischen Regenwald des Quartärs. Eine hohe Diversität, komplexe Topographie sowie geologische Faktoren machen die Neotropen zu einer

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interessanten Region für die Untersuchung der Artenbildung bei Vögeln. Die Phylogeographie bietet in Verbindung mit der ökologischen Nischenmodellierung einen interessanten ergänzenden Ansatz, um die Geschwindigkeit und die Art und Weise der Ausbildung verschiedener Arten zu untersuchen. In dieser Arbeit haben wir die genetische Struktur des Rotkehlkardinals (*Habia fuscicauda*) anhand von Multi-Locus-Sequenzanalysen unter Verwendung von mtDNA- (ND2 und ND4) und nuDNA- (ACOI-I9 und ODC) Sequenzen analysiert. Zusätzlich dazu übertrugen wir die optimalen Bedingungen für die derzeitige Verbreitung auf das Mittelholozän, das Letzteiszeitliche Maximum und die letzte Zwischeneiszeit, um die Verschiebung der Artenverteilung zu bewerten und mit den genetischen Daten zu vergleichen. Unsere Ergebnisse deuten darauf hin, dass *H. fuscicauda* zwei Kladen umfasst: eine mit genetischer Entsprechung im Südosten Mexikos bis zum Nicaragua-Graben und die zweite vom Süden des Nicaragua-Grabens bis nach Zentralpanama. Innerhalb dieser Kladen konnten wir genetische Unterschiede zwischen Populationen am Isthmus von Tehuantepec, in Costa Rica,—in Verbindung mit der Talamanca-Gebirgskette—und in Zentralpanama feststellen. Die beiden Hauptkladen zeigten gegensätzliche demographische Verläufe, wobei die nördliche Klade demographische Veränderungen und die südliche Klade einen demographischen Stillstand aufwies. Die ökologischen Nischenmodelle identifzierten bestimmte Gebiete als Rückzugsorte für die nördliche Klade in Mittelamerika und für die südliche Klade in der Talamanca-Gebirgskette und Zentralpanama, was die Hypothese unterstützt, dass diese Kladen während der Klimaverschiebungen im Pleistozän isoliert voneinander waren.

Introduction

The remarkable diversity, complex topography and intricate array of highly contrasting habitats make the Neotropics an interesting region for the study of the evolutionary processes that have promoted avian diversification (Lavinia et al. [2015](#page-14-0)). Currently, Neotropical avian biodiversity represents a mixture of species of diferent ages, with no single time or mode of diversifcation (Lovette [2005](#page-14-1); Rull [2008](#page-15-0); Zink et al. [2004\)](#page-15-1). However, the way in which glacial–interglacial cycles during the Pleistocene (sensu Haffer [1969\)](#page-14-2) shaped biological diversity at interspecifc and intraspecifc levels remains a point of discussion (Rull [2008](#page-15-0)). Allopatric speciation is the main mode of species diversifcation in the Pleistocene refugia model, in which isolated rainforest refuges limited the genetic exchange between populations, promoting their divergence (Hafer [1969](#page-14-2); Hewitt [1996](#page-14-3), [2000](#page-14-4); Pennington et al. [2000;](#page-15-2) Prado and Gibbs [1993](#page-15-3)). In southern Mexico and Central America, Pleistocene climatic fuctuations seem to have played a major role in avian diversifcation isolating populations, due to the expansion and contraction of humid and dry habitats (Soubiès et al. [1991;](#page-15-4) Prado and Gibbs [1993](#page-15-3); Pennington et al. [2000,](#page-15-2) [2004;](#page-15-5) Smith et al. [2013;](#page-15-6) Castillo-Chora et al. [2021\)](#page-13-0). However, the effects of isolation in populations seem not to have been homogeneous among diferent species, so diferent degrees of genetic diferentiation are expected depending on the duration and strength of the isolation (Hewitt [1996,](#page-14-3) [2000\)](#page-14-4). Therefore, more phylogeographic studies are needed, as they provide information about the diferent processes that have led to the high diversity of Neotropical avifauna.

The genus *Habia* comprises fve species: *H. fuscicauda* (Red-throated Ant Tanager), *H. gutturalis* (Sooty Ant Tanager), *H. cristata* (Crested Ant Tanager), *H. atrimaxillaris* (Black-cheeked Ant Tanager) and *H. rubica* (Red-crowned Ant Tanager), but the phylogenetic relationships among them are unclear (Dwight and Griscom [1924](#page-13-1); Hilty [2011](#page-14-5); Klicka et al. [2007;](#page-14-6) Oberholser [1922](#page-14-7)). The genus *Habia* was long classifed as part of the Thraupidae family, but phylogenetics analyses based on mtDNA indicated that *Habia* rather belonged to Cardinalidae (Burns et al. [2003;](#page-13-2) Klicka et al. [2007\)](#page-14-6). Later, molecular studies using multilocus data placed the *Habia* genus within the well-supported "cardinaltanager" clade and found the genus *Habia* to be paraphyletic, with *H. rubica* more closely related to the genus *Chlorothraupis* (Barker et al. [2015](#page-13-3); Ramírez-Barrera et al. [2018](#page-15-7)).

The Red-throated Ant Tanager *H. fuscicauda* is distributed in lowland forests from eastern Mexico to northern Colombia, mainly in the undergrowth of humid to semiarid, evergreen to semideciduous forest and edge habitats. This species is also common in second growth forest, woodlands and thickets. The Red-throated Ant Tanager occurs at low elevations, from sea level to 1200 m (Hilty [2011](#page-14-5)). Up to six geographically delimited subspecies of *H. fuscicauda* have been proposed based on diferences in morphology and plumage coloration (Hilty [2011\)](#page-14-5). However, subspecies delimitation based on phenotypic characters does not necessarily refect lineages' evolutionary history (Ball and Avise [1992;](#page-13-4) Cheviron et al. [2005](#page-13-5)); therefore, a phylogeographic approach using molecular data could reveal diferent geographic patterns and demographic processes about the evolutionary history of the species (Avise et al. [1987](#page-13-6); Hewitt [2004\)](#page-14-8).

The current distribution of the Red-throated Ant Tanager includes geographic regions that are recognized for their geological and biogeographic complexity. In Mexico, it is distributed across the region of the Isthmus of Tehuantepec, which is recognized as a biogeographic barrier for many taxa (e.g. Barber and Klicka [2010](#page-13-7); Mulcahy et al. [2006](#page-14-9); Ornelas et al. [2013;](#page-14-10) Rocha-Méndez et al. [2018\)](#page-15-8). The Isthmus of Tehuantepec, together with the Nicaragua Depression, delimits a geographic zone that is considered the oldest geologic North Central America, whose main orogenic feature is the highlands of Chiapas and Guatemala (Marshall and Liebherr [2000;](#page-14-11) Villar-Anleu [1994\)](#page-15-9). South of the Nicaragua Depression are the lowlands of Central America, comprising the territories of Costa Rica and Panama. This zone is positioned at the intersection of four tectonic plates, whose boundaries create a rugged landscape, which contributes to local processes such as extinction and genetic isolation of populations (Miguez-Gutiérrez et al. [2013\)](#page-14-12). The complexity of this area is due to its role as a transition zone between the biota of North and South America, in addition to its varied physiography, geomorphology and geological history (Bagley and Johnson [2014;](#page-13-8) Jackson et al. [1996](#page-14-13)).

We consider the Red-throated Ant Tanager, *H. fuscicauda* complex, an ideal model to investigate evolutionary mechanisms that promote genetic diferentiation in Mesoamerican rainforests for the following reasons: (1) it is a complex of several subspecies with morphological diferences; (2) the species' distribution is separated by important geographic barriers including the Isthmus of Tehuantepec, the highlands of Chiapas and Central America, the Nicaragua Depression and the Talamanca Cordillera, which could promote genetic divergence and (3) the complex topography in conjunction with the Pleistocene climatic shifts could have had demographic efects and isolated the populations. We used extensive sampling of *H. fuscicauda* using both mtDNA and nuDNA genetic markers to address the following questions: (1) What type of phylogeographic pattern of genetic structure is recovered within this widespread taxon across its range? (2) What are the mechanisms by which physical or ecological barriers promoted the divergence within this complex? And (3) have past climatic conditions during the Quaternary and shifts in habitat suitability promoted distributional changes in *H. fuscicauda* that help explain genetic variation? Low levels of gene fow followed by high genetic diferentiation are expected among disjunct populations of *H. fuscicauda* in the presence of geographic barriers, limiting genetic exchange.

Materials and methods

Taxon sampling

Tissue samples of *H. fuscicauda* were obtained from collections of the Museo de Zoología de la Facultad de Ciencias (MZFC) and the Burke Museum of Natural History and Culture (BMNHC) in Mexico and the USA, respectively. We delimitated nine groups based on their geographic distribution and the genetic results (Fig. [1](#page-3-0)). The genetic data spanned most of the *H. fuscicauda* distribution and included all subspecies recognized except for the *H. f. erythrolaema*, restricted to Colombia (Fig. [1](#page-3-0)). In total, we used 126 individuals of *H. fuscicauda*, including samples from Mexico, Belize, Guatemala, El Salvador, Honduras, Nicaragua, Costa Rica and Panama (Table SM1, see Online Resources).

For 56 tissue samples from the MZFC, we extracted genomic DNA using the Qiagen DNAeasy kit (Qiagen, Valencia, CA, USA) following the manufacturer's instructions. We amplifed the mitochondrial marker Nicotinamine Dehydrogenase Subunit 2 (ND2) using the primers L5219 and H6313 (Sorenson et al. [1999\)](#page-15-10). We also used 60 ND2 sequences provided by the BMNHC, under the charge of the curator John Klicka, and ten sequences downloaded from GeneBank (NCBI; Table SM1, see Online Resources). Then, three additional molecular markers were amplifed for a subset of individuals (*n*=28–34) of the main clades of the ND2 Bayesian tree: the mitochondrial marker Nicotinamine Dehydrogenase Subunit 4 (ND4) was amplifed using the primers LEU–ND4 (Arévalo et al. [1994](#page-13-9)), the nuclear locus Z-linked intron Acointase I (ACOI-I9) was amplifed using the primers ACOI-I9F and ACOI-I9R (Kimball et al. [2009](#page-14-14)), and the autosomal locus Ornithine Decarboxylase gene (ODC) was amplifed using the primers ODCF and ODCR (Primmer et al. [2002](#page-15-11)). We used annealing temperatures of 54 °C for ND2 and ND4, and 60–65 °C for ACOI and ODC. We visualized all PCR products on agarose gels stained with BrEt, including a negative control to monitor contamination. DNA sequencing was performed in the High Throughput Genomic Unit Service of the University of Washington. Sequences were edited and aligned by eye using Sequencher v4.8 (GeneCodes Corporation, Ann Arbor, MI, USA). We also included two ND2 sequences of the congeneric species *H. gutturalis* and *H. atrimaxillaris* from GenBank (Klicka et al. [2007](#page-14-6); Barker et al. [2015](#page-13-3)), and as an outgroup we used 30 ND2 sequences from *Habia rubica* deposited in FigShare ([https://fgshare.com/s/fe9f9f6fed1686782f62](https://figshare.com/s/fe9f9f6fed1686782f62); Ramírez-Barrera et al. [2018\)](#page-15-7) and nine ND2 sequences from *Chlorothraupis stolzmanni*, *C. olivacea*, *C. carmioli* and *Piranga fava,* downloaded from GenBank (Lavinia et al. [2015;](#page-14-0) Online Resource 1). Finally, sequences were aligned using Clustal X 2.1 (Thompson et al. [1997\)](#page-15-12). All new sequences were deposited in GenBank under accession numbers MW884324–MW884530.

Phylogenetic analyses and divergence times

We reconstructed the phylogenies using the following two diferent matrices: (1) a matrix from mitochondrial marker ND2 that included 122 sequences from *H. fuscicauda* and 41 from related taxa, and (2) a matrix that included sequences from mtDNA markers ND2 and ND4 (*n*=34), plus two nuclear markers ACOI-9 (*n*=28) and ODC for 32 individuals of *H. fuscicauda*, and three congeneric species. The model parameters of nucleotide evolution for each DNA region were obtained with jModeltest v3.8 (Posada [2008\)](#page-15-13)

Fig. 1 Geographic delimitation of *H. fuscicauda* populations. Color of ovals indicates the corresponding populations according to the geographic groups, and red solid circles indicate localities from collected individuals. Populations from San Luis Potosí, Isthmus, Chia-

pas and East Central America correspond to the subspecies *H. f. salvini*; Yucatan Peninsula to *H. f. insularis*; Nicaragua to *H. f. discolor*; Costa Rica-North Panama to *H. f. fuscicauda*; Central Panama to *H. f. willisi* and Colombia to *H. f. erythrolaema*

using the Akaike Information Criterion (Akaike [1973\)](#page-13-10). For phylogenetic reconstructions, we used the Bayesian Inference method implemented in MrBayes v3.2 (Ronquist et al. [2012](#page-15-14)), and the Maximum Likelihood (ML) approach with raxmlGUI 2.0 (Edler et al. [2020](#page-13-11)). The parametrization of the analyses for Bayesian analysis consisted of 1×10^7 generations, retaining a tree every 1000 generations and discarding the initial 20% as burn-in. Two independent runs were performed to verify the convergence of the chains and the verifcation of adequate efective sample size for each parameter (ESS>200) was assessed in Tracer v1.6.0 (Rambaut and Drummond [2013](#page-15-15)). The sampled trees were used to construct a majority rule consensus tree with a posterior probability distribution in TreeAnnotator v1.8.4. (Drummond et al. [2013](#page-13-12)). For ML, we used 1000 bootstrap replicates to assess the support of the clades. All trees were visualized and edited in FigTree v1.2.3 [\(http://tree.bio.ed.ac.uk/software/](http://tree.bio.ed.ac.uk/software/figtree/) [fgtree/\)](http://tree.bio.ed.ac.uk/software/figtree/). Some of these analyses were run via the CIPRES

Science Gateway web application (Miller et al. [2010\)](#page-14-15), following the parameters described above.

Divergence times were estimated by calculating a maximum clade credibility tree (MCCT) using a Yule speciation process (Gernhard [2008](#page-14-16); Yule [1925](#page-15-16)), under a strict clock model with a mtDNA substitution rate of 0.0125 subs/site/ lineage/My (Ramírez-Barrera et al. [2018](#page-15-7); Smith and Klicka [2010\)](#page-15-17), using mitochondrial DNA, in Beast v1.8.4 (Drum-mond et al. [2013](#page-13-12)). To test whether our dataset fits a strict clock model or a relaxed clock model, we performed selection tests using the stepping-stone method (Xie et al. [2011\)](#page-15-18) as implemented in MrBayes 3.2 (Ronquist et al. [2012](#page-15-14)). The mean marginal likelihood under a strict clock model (−Ln −9783.22) performed better than the relaxed clock model (−Ln −9891.26). Calibrations for nodes were based on the estimates of Lavinia et al. ([2015\)](#page-14-0), and Ramírez-Barrera et al. [\(2018](#page-15-7)), see Table SM2. Therefore, chains were run for 5×10^7 generations, discarding the first 20% as burn-*in*. Stationarity was analyzed with TRACER v1.6 (Rambaut and

Drummond [2013](#page-15-15)). Mean heights and 95% credibility interval values for node estimates were generated in TreeAnnotator v1.8.4 (Drummond et al. [2013](#page-13-12)), with a posterior probability limit of 0.5. Final tree was visualized and edited in FigTree v1.4.3.

Genetic diversity

We used DnaSP v5.0 (Librado and Rozas [2009\)](#page-14-17) to estimate genetic diversity from delimited populations (using mitochondrial DNA). We estimated the number of segregating sites (S), number of haplotypes (H) and haplotype and nucleotide diversity (Hd, π). To test whether there was evidence of genetic structure between the two main clades identifed in phylogenetic analyses (see "[Results](#page-5-0)"), we performed a hierarchical analysis of molecular variance (AMOVA) using pairwise diferences. The genetic divergence between groups was also measured using the F_{ST} fixation index. All tests were performed in ARLEQUIN 3.1 (Excoffier et al. [2005](#page-13-13)), and their signifcance was assessed with 1000 permutations. In addition, to visualize the relationships between haplotypes, we constructed haplotype networks from our diferent data sets with the Median-Joining algorithm available in Network v4.6 (Bandelt et al. [1999\)](#page-13-14), and in Population Analysis with Reticulate Trees PopART v1.7 (Leigh and Briant [2015](#page-14-18)).

Demographic history

We tested for evidence of recent demographic changes in the two lineages identifed in phylogenetic analyses (see ["Results"](#page-5-0)). Specifically, we described historic demographic dynamic of both lineages based on mismatch distributions, which test the null hypothesis of population growth (Rogers and Harpending [1992](#page-15-19)). Unimodal and positively skewed mismatch distributions are frequently observed in populations that have undergone a recent range expansion, while multimodal distributions are observed in populations that have undergone a diminishing or structured population size (Harpending [1994\)](#page-14-19). We obtained the sum of squared deviations (SSD; Excoffier and Schneider [1999\)](#page-13-15), in which signifcant values are interpreted as demographic stability (Excoffier and Schneider [1999\)](#page-13-15). We also estimated the raggedness index (RI) on mismatch distributions (Harpending [1994\)](#page-14-19). RI values greater than 0.05 are expected for multimodal distributions, while RI values less than 0.05 are obtained for unimodal distributions, typically observed in populations that have experienced sudden demographic expansion (Harpending [1994;](#page-14-19) Morando et al. [2008](#page-14-20)). Additionally, we calculated the statistics of neutrality tests, corresponding to Fu and Li's *F* (Fu and Li [1993\)](#page-14-21) and Tajima's *D* (Tajima [1989a](#page-15-20)). Significance for these summary statistics was inferred from 1000 replicates of the coalescent algorithm using ARLEQUIN 3.1. Departures from neutrality in populations could suggest not only selection, but also demographic changes (Tajima [1989b](#page-15-21)). Evidence of historical signatures of fuctuations in population size was also examined using a Bayesian Skyline Plot model (Drummond et al. [2005\)](#page-13-16), implemented in BEAST v2.6. (Bouckaert et al. [2019\)](#page-13-17), using a coalescent-based estimation of population size changes over time. We ran the analysis for 2×10^7 generations, sampling every 1000 generations, discarding the frst 20% as burn-in. We used the appropriate substitution model obtained from jModeltest, with empirical frequencies of bases. The verifcation of adequate efective sample size for each parameter (ESS>200) and the Bayesian Skyline reconstruction was performed in Tracer v1.6.0 (Rambaut and Drummond [2013\)](#page-15-15).

Range shift estimations with Ecological Niche Modelling

We used an Ecological Niche Modelling (hereafter ENM) approach to test the hypothesis that demographic changes occurred in response to climate shifts during the Quaternary, promoting expansion and contraction of population ranges. We used the database of geographical occurrences for *H. fuscicauda* available in the Global Biodiversity Information Facility (GBIF.org, Occurrence Download [https://doi.](https://doi.org/10.15468/dl.gnk2ue) [org/10.15468/dl.gnk2ue\)](https://doi.org/10.15468/dl.gnk2ue). First, we cleaned the input presence points by eliminating ambiguities, misidentifcations and duplicated records within a vicinity of 5 km. In total we used 418 (see Table SM3). We used the 19 bioclimatic variables (2.5 arc-minutes resolution) from the WorldClim data project (available at: <http://www.worldclim.org>; Hij-mans et al. [2005](#page-14-22)), and also the past climatic variables available for the Mid-Holocene (Mid-Hol; 6,000 YA), Last Glacial Maximum (LGM; 21,000 YA) and Last Inter-Glacial (LIG;~140,000–120,000 YA) periods.

We delimited the calibration area"M" (the historically accessible area for the species; Soberón and Peterson [2005\)](#page-15-22) by matching occurrence records with terrestrial ecoregions (Dinerstein et al. [2017](#page-13-18)). This method avoids artifcial projections of extreme values of the ecological variables (Elith et al. [2011;](#page-13-19) Owens et al. [2013;](#page-14-23) Stohlgren et al. [2001\)](#page-15-23). In order to reduce over-ftting and collinearity, models were performed using only uncorrelated or weakly correlated $(r \le 0.7)$ environmental variables, selected by Pearson's correlation coefficient analyses performed in R $v3.4.2$ (R Core Team [2017\)](#page-15-24). We prioritized bioclimatic layers that have been used in other ENM studies and which best represent the climatic conditions of the Neotropical rainforest (see Sobral-Souza et al. [2015](#page-15-25)). We depicted the cluster of bioclimatic variables in a dendrogram (Fig. S1, see Online Resources) with 1000 bootstrap replicates and with approximately unbiased (AU) probability values (*p*-values). Clusters

with $AU \geq 95\%$ are considered strongly supported by data (Suzuki and Shimodaira [2006](#page-15-26)). Additionally, the correlation matrix was plotted in a correlogram (Fig. S1, see Online Resources). This process resulted in the inclusion of the following bioclimatic variables: BIO3 (isothermality), BIO5 (max temperature of warmest month), BIO7 (temperature annual range), BIO11 (mean temperature of coldest quarter), BIO13 (precipitation of wettest month), BIO14 (precipitation of driest month), BIO15 (precipitation seasonality) and BIO18 (precipitation of warmest quarter).

Tuning of the best parameters was performed using the libraries "ENMeval" (Muscarella et al. [2014\)](#page-14-24), selecting the best parameter combination of Regularization Multiplayer (RM) and feature types based on the AIC values (Fig. SM1, see Online Resources). ENM hypotheses were obtained and evaluated in Maxent 3.4.1 (Phillips and Dudik [2008\)](#page-15-27), whose algorithms have shown good performance in transferring present niche space conditions onto past scenarios. Models were generated using cross-validation, with no extrapolation and no clamping. We evaluated model performance using the area under the curve (AUC) of the receiver operating characteristic (ROC) curve (Elith et al. [2006](#page-13-20), [2011](#page-13-19)) and the ROC-partial test (Lobo et al. [2008;](#page-14-25) Peterson et al. [2008](#page-15-28)). We used the threshold values of suitability from "10 percentile training presence" to reduce commission errors in our fnal maps, recovering more conservative species distribution ranges (Phillips and Dudik [2008\)](#page-15-27). Processing and visualization of ENMs was performed in ArcMap 10.2.2 (ESRI [2010\)](#page-13-21).

Results

Phylogeny, divergence times and genetic diversity

We obtained \sim 900–1041 base pairs (bp) for the mtDNA ND2 and 925 bp for ND4, 851 bp for the nDNA COI9 and 635 bp for the ODC gene. The length of the fnal multilocus matrix was 3454 bp. The best-ft models for each molecular marker were $GTR + I + G$ for ND2, $HKY + I$ for ND4 and TrN+I for ACOI-I9 and ODC. The Bayesian and ML phylogenies constructed using the mitochondrial and multilocus datasets revealed well-supported sister clades, as shown in Figs. [2](#page-6-0) and [3](#page-7-0), respectively. The following clades: North Central America (hereafter NCA) and Low Central America (hereafter LCA), which were reciprocally monophyletic, with only one putative migrant from Nicaragua (Nic_02), nested in the Costa Rica–North Panama clade (Fig. [2](#page-6-0)). The clade NCA comprises individuals from the geographic groups of San Luis Potosí (SLP), Isthmus, Chiapas, Yucatan Peninsula, East Central America and Nicaragua, distributed from eastern Mexico to Nicaragua. The LCA clade was composed of two populations: one from the Costa Rica-North Panama region, and another from Central Panama. None of the fve subspecies included were monophyletic according to the loci analyzed. Phylogenetic trees for concatenated mtDNA matrix showed the NCA–LCA split with high support ($pp=1$, bootstrap = 97), while for the nDNA matrix, no geographic structure was recovered and none of these trees support subspecies diferentiation (see Fig. SM2 in Online Resources).

Molecular dating of the divergence between the NCA and LCA groups yielded a time estimate during the Late Pliocene—Early Pleistocene around 2.50 Million years ago (Mya) [HPD95 2.96–2.08 Mya], whereas the estimate for the diferentiation between the two populations of the LCA clade occurred around 0.54 Mya [HDP95 0.74–0.36 Mya], during the Middle and Upper Pleistocene (Fig. [2](#page-6-0)).

Overall, genetic diversity values for the geographic groups delimitated showed low nucleotide diversity (π <0.009), but high haplotype diversity (Hd >0.67 ; Table [1](#page-7-1)), the different groups defned in the Fig. [1](#page-3-0) are the same in the Table [1](#page-7-1).

The mtDNA-based haplotype network (Fig. [4\)](#page-8-0) showed two main haplogroups separated by 20 mutational steps: one corresponding to the North Central America (NCA) haplogroup (San Luis Potosi, Isthmus, Chiapas, Yucatan Peninsula, East Central America and Nicaragua), and the other to the Low Central America (LCA) haplogroup (Costa Rica— North Panama and Central Panama*,* with one individual from Nicaragua group). In the NCA haplogroup, haplotype 1 had the highest frequency $(n=28)$, which was widely distributed, and included samples from fve populations. The LCA group had a unique high frequency haplotype (Haplotype 3, $n = 14$), which includes individuals from three diferent populations. The ND4 haplotype network indicates the divergence between NCA and LCA with 17 mutational steps, while the ACOI-I9 network showed no divergence between NCA and LCA clades and ODC recovered no haplotype variation between individuals (see Fig. SM3 in Online Resources).

The AMOVA between geographic clades indicated that genetic variation was mainly explained by differences between the North Central America and Low Central America clades (83.18%), with variation among populations within groups roughly homogeneous (5.33%), and 11.5% of the variation explained by differences within populations (Table SM4, Online Resources). Comparisons among pairs of geographic groups using F_{ST} values (Table [2\)](#page-8-1) revealed moderate genetic differentiation within NCA clade $(0.011 < F_{ST} < 0.435)$. In contrast, groups within the LCA clade showed high and significant values of geographic structure $(0.67 < F_{ST} < 0.75).$

Fig. 2 Bayesian phylogenetic tree from the mtDNA marker ND2. Color tips indicate populations according to geographic delimitations. Polygons or symbols indicate the subspecies corresponding to each individual. The values at the nodes indicate the support for posterior probability/bootstrap. The mean divergence time estimated in Beast in Million years for the mtDNA marker ND2 and 95% High Posterior Density range in brackets

Fig. 3 Bayesian phylogenetic tree from the concatenated matrix. Color tips indicate populations according to geographic delimitations. The values at the nodes indicate the support for posterior probability/bootstrap (*not value)

Population	mtDNA ND2				$mtDNA ND2 + ND4$				nDNA ACOI-19				nDNA ODC			
	\boldsymbol{n}	h	Hd	π	n	h	Hd	π	n	h	Hd	π	\boldsymbol{n}	$\overline{1}$	Hd	π
Yucatan Peninsula	28	14	0.90	0.0028	-11	10	0.98	0.0028	12	10	0.84	0.0128	12	6	0.77	0.0037
Isthmus	22	12	0.86	0.0037	5	5	1.0	0.0052	5	4	0.80	0.0117	6	7	0.83	0.0022
Chiapas	9	8	0.97	0.0099	4	4	1.0	0.0110					4	2	0.43	0.0018
East Central America	25	17	0.96	0.0061												
Nicaragua	3	2	0.67	0.0243	3	2	0.67	0.0197	3	3	0.80	0.0126	3	4	0.80	0.0031
SLP	2				2				3	5.	0.93	0.0041	4	4	0.75	0.0032
NCA	89	33	0.89	0.0045	25	19	0.96	0.0034	23	17	0.88	0.0116	28	11	0.73	0.0028
Central Panama	16	8	0.87	0.0064	$\mathfrak{D}_{\mathfrak{p}}$				\mathfrak{D}	3	0.83	0.0025				
Costa Rica-N Panama	17	8	0.67	0.0025									$\mathcal{D}_{\mathcal{L}}$	-		
LCA	33	14	0.86	0.0100	4	3	0.083	0.0039	4	6	0.93	0.0093	4	3	0.46	0.0019

Table 1 Genetic diversity measures at the population level with mtDNA ND2 according to Fig. [1](#page-3-0)

n, sample size; *h*, number of haplotypes; Hd, haplotype diversity; *π*, nucleotide diversity; LCA, Low Central America; NCA, Nucleus of Central America; SLP, San Luis Potosí

Bold numbers summary genetic measures for two main clades

Fig. 4 Median-joined haplotype network from the mtDNA ND2. Colors indicate populations according to geographic delimitations. Numbers inside the circles indicate the name of the haplotype (see the text for detailed information). Black dots depict the mutational steps between haplotypes for more than one step. Gray circles indicate the number of individuals within each haplotype

Table 2 Population diferentiation FST statistic based on mtDNA ND2. Signifcant values are in bold (1000 iterations)

Historical demography

The historical demography of *H. fuscicauda* inferred through mismatch distributions (Fig. [5](#page-9-0)) showed an observed distribution of pairwise diferences similar to that expected by a null model of demographic growth for the North Central America (NCA) group. The RI index value showed not significant p-value for population expansion ($RI = 0.03$, P -value = 0.12), unlike the SSD value wich rejected the nule hypothesis of demographic stability (SSD = 0.02 , *P*-value = 0.17) for the NCA group. However, both neutrality test Tajima's D (−1.52, *P*-value < 0.01) and Fu and Li's $F(-7.54, P$ -value < 0.01) showed negative and signifcant values for the NCA group; therefore, demographic fuctuations are suggested based on these values. Both mismatch distribution and the RI

Fig. 5 Analyses of efective population size changes for North Central America (NCA) and Low Central America (LCA) groups using the mtDNA ND2 marker. **a** Mismatch plot for the NCA group. **b** Mismatch plot for the LCA group. For the mismatch plots the dotted lines show expected values through a growth demographic model,

and solid lines show the observed values. **c** Bayesian skyline plot for the NCA group. **d** Bayesian skyline plot for the LCA group. Mean estimate is shown as a thick solid line, and the 95% HDP limits are shown in solid blue color area surrounding the mean estimate

 $(0.05, P-value = 0.02)$ and SSD values $(0.04, P-value = 0.02)$ 0.02) do not rejected the hypothesis of demographic stability, therefore suggesting no demographic changes for the Low Central America group. Likewise, the *D* and *F* neutrality indices showed no signifcant values, suggesting demographic stability for the LCA group. The historical demography estimated through a Bayesian skyline plot (Fig. [5](#page-9-0)) confrmed a pattern of change in population size for NCA throughout the late Pleistocene, approximately 250,000 years ago, suggesting a population bottleneck followed by a rapid population expansion to the present. In contrast, the skyline plot for LCA group suggests demographic stability at least during the past 400,000 years.

Ecological Niche Modelling and past range shifts

The parameters selected by AICc used in the Ecological Niche Modelling (ENM) were $RM = 0.5$ (regularization multiplier), and feature type: Quadratic, Product and Hinge "QPH" (Fig. SM1, see Online Resources). The ENM performed well according to the AUC (0.71) and partial-ROC $(1.504; P < 0.05)$. From this, we infer that models performed better than a random model and could be considered statistically descriptive of the climatic conditions that defne the ecological niche for the species*.* These high suitability conditions are shown geographically for the present and for the past climatic scenarios in Fig. [6](#page-10-0). Overall, transferring the present high suitability conditions to the three past climatic scenarios indicated a dramatic reduction in distribution range in North Central America clade during the Last Glacial Maximum and Last Inter-Glacial, and re-expansion to the Mid-Holocene and present. For the Low Central America group, there were no drastic changes in habitat suitability during the Last Glacial Maximum and Last Inter-Glacial, but for the Mid-Holocene a reduction in habitat suitability is inferred. Finally, we identifed four main putative areas of climate stability (ACS) or areas of high suitability for the presence of the species in all periods modeled (Carnaval et al. [2009\)](#page-13-22): (1) a portion of the highlands of Chiapas (Mexico) and Guatemala, (2) southeastern Nicaragua and northern Costa Rica, (3) both slopes of the Talamanca Cordillera in Costa Rica and Panama and (4) Central Panama (Fig. [6\)](#page-10-0).

Fig. 6 Maxent ecological niche model for *H. fuscicauda* species projected into present and past scenarios. Scale bar brown to Dark blue depicts higher suitability values. The legends refer to the following:

Discussion

Our results show that the *H. fuscicauda* complex is composed of two main clades with correspondence in geography throughout its distribution range. The principal biogeographic barrier promoting this genetic diferentiation is the Nicaragua Depression. Population dynamics within these two main groups are contrasting, as the northern lineage showed signs of demographic expansion, while the southern lineage showed population demographic stasis. At the population level, geographic structure is subtle and indicates a low infuence of orogeny in the current pattern of

Mid-Hol: Mid-Holocene 6000 YA. LGM: Last Glacial Maximum 21,000 YA. LIG: Last Inter-glacial 120,000–140,000 YA. ACS: Areas of Climate Stability

the species (northern lineage), while Pleistocene climate shifts promoted important range and demographic changes, in addition to isolation refected in the overall evolutionary pattern for this species. Time estimated for genetic divergence between the two major lineages was 2.5 Mya.

Phylogeny, population structure and demographic history

The mitochondrial DNA tree (Fig. [2\)](#page-6-0) indicates the presence of two highly diferentiated genetic groups with geographic correspondence to the following: (1) northeastern Mexico,

from San Luis Potosí (Mexico) and Central America to the Nicaraguan Depression that correspond to the North Central America (NCA) clade, and (2) from south of the Nicaragua Depression, along the Caribbean slope of the Talamanca Cordillera to Central Panama that corresponds to the Low Central America (LCA) clade. In the NCA clade, the most diferentiated region corresponds to the Tuxtlas (Veracruz, Mexico), where all individuals from this biogeographic area are nested in one clade. The populations from San Luis Potosí, the Yucatan Peninsula and those from Chiapas and East Central America showed no genetic diferentiation in the phylogenetic tree or the haplotype network. Three individuals from Nicaragua corresponding to subspecies *H. f. discolor* were included, of which two were grouped within the NCA clade and one within the LCA clade. Retained ancestral polymorphisms or dynamics of gene fow between the two main clades could explain this pattern, but additional sampling in this region is necessary to test these hypotheses (Moore [1995](#page-14-26); Ottenburghs et al. [2017](#page-14-27); Templeton et al. [2000](#page-15-29)). Within the LCA clade, only two groups were highly genetic diferentiated: one with distribution across the Caribbean slope of the Talamanca Cordillera corresponding with *H. f. fuscicauda* and the other population restricted to Central Panama belonging to *H. f. willisi*.

The haplotype network (Fig. [4](#page-8-0)), as well shows two main groups (North Central America and Low Central America). However, both groups are not geographically limited, and both have at least one widely distributed haplotype, which indicates low or not geographic structure within them. For example, the North Central America (NCA) group showed a star-shaped haplotype network with a unique highly frequency haplotype (Haplotype 1), which suggest recent demographic expansion in the group. A star-like pattern indicates an excess of low-frequency genetic variants, which is a common pattern in populations with recent demographic expansion (Excoffier et al. [2009](#page-14-28); Slatkin and Hudson [1991](#page-15-30)). Haplotype 1 is proposed as the haplotype from which the NCA clade had a demographic growth (e.g. Cheviron et al. [2005\)](#page-13-5), because of its high frequency, in addition to being widely distributed (present in 16 localities) throughout all the NCA clade, except in the Tuxtlas region. We also observed that individuals from the Tuxtlas region, belonging to the Isthmus group, are the most diferentiated within the NCA and can be found in haplotype 2 along with six related haplotypes (Fig. [4](#page-8-0)). Meanwhile in the Low Central America, we found highlight haplotype 3, which is distributed in both the Costa Rica-Northern Panama and Central Panama populations and in Nicaragua, with no clear genetic structure.

From the AMOVA results (Table SM4), we inferred signifcant diferentiation between the two main geographic groups. The F_{ST} values (Table [2\)](#page-8-1) also showed that populations from Costa Rica–North Panama, Central Panama and the Isthmus of Tehuantepec are signifcantly diferent from all other populations. These results suggest a scenario in which these populations have diverged in isolation, with limited gene fow between surrounded regions, in contrast to individuals from Yucatan Peninsula and Central America, with low values of population differentiation F_{ST} .

The North Central America clade shows signs of demographic changes, as indicated by the neutrality and demographic statistics. Likewise, skyline plots and mismatch distribution both suggest demographic growth to the present. Moreover, low nucleotide diversity and high haplotype diversity in mtDNA (Table [1](#page-7-1)) are consistent with a pattern of populations passing through genetic bottlenecks, followed by rapid population growth (Burney [2009](#page-13-23); Grant and Bowen [1998](#page-14-29); Li and Sadler [1991;](#page-14-30) Liu et al. [2006](#page-14-31)). High haplotype diversity can indicate population growth because many genetic variants are conserved (Harpending [1994\)](#page-14-19), or that insufficient time has passed since range expansion, so there is not yet equilibrium between migration events and drift (Slatkin [1993\)](#page-15-31). In contrast, for the Low Central America clade, the neutrality test $(D=0.92, P$ -value = 0.03 and $F = 5.08$, *P*-value = 0.60) and demographic, as well as mismatch and skyline plots, suggest a pattern of demographic stasis.

Geographical barriers and past scenarios that modulated gene fow

The Nicaragua Depression appears to be the main geographic barrier limiting gene fow between North Central America and Low Central America clades. Several studies confrm the importance of the Nicaragua Depression as a vicariant barrier in birds (D'Horta et al. [2013](#page-13-24); Puebla-Olivares et al. [2007](#page-15-32); Rocha-Méndez et al. [2018\)](#page-15-8) and other taxa (Bagley and Johnson [2014](#page-13-8); Marshall and Liebherr [2000\)](#page-14-11). In general, evolutionary patterns of diferentiation are consistent with a major infuence of lowlands (depressions) in species inhabiting highlands and viceversa, when talking about gene fow dynamics (e.g. Arbeláez-Cortés et al. [2010\)](#page-13-25). In the case of *H. fuscicauda* (a lowland species), the Nicaragua Depression is acting more like an ecological barrier, where individuals remain isolated because of the particular conditions found at both sides of it, more than a physical barrier that prevents actual interchange of individuals. In contrast, the effects of the Isthmus of Tehuantepec, recognized as one of the most important barriers that limits gene fow (e.g. Barber and Klicka [2010](#page-13-7); González et al. [2011;](#page-14-32) Maldonado-Sánchez et al. [2016](#page-14-33); Mulcahy et al. [2006](#page-14-9); Rocha-Méndez et al. [2018](#page-15-8)), is a permeable region for this species.

Within the northern phylogroup, the individuals from Los Tuxtlas grouped in a clade embedded with the rest. This biogeographic region has a particular evolutionary history, and the isolation through this area is a recurrent pattern in the Mexican avifauna (Arbeláez-Cortés [2012\)](#page-13-26), and some other groups (Flores-Villela and Martínez-Salazar [2009](#page-14-34); Ornelas et al. [2013](#page-14-10)). Another interesting result found in the northern group is the lack of diferentiation over the Yucatan Peninsula, which has a unique topography and vegetation, and where processes of diferentiation have occurred in some other birds: *Psilorhinus morio* (dos Anjos et al. [2009](#page-13-27)), *Campylopterus curvipennis* (González et al. [2011\)](#page-14-32), *Doricha eliza* (Licona-Vera and Ornelas [2014\)](#page-14-35), *Amazona* sp*.* (Silva et al. [2017](#page-15-33)) and might have been expected here.

In the Low Central America clade, the Talamanca Cordillera may be infuencing the shifts in genetic variation along the Caribbean slope, added to the geographic separation of the Costa Rica-Northern Panama and Central Panama groups by the Panama Canal basin. Some studies have concluded that the Talamanca Cordillera has played an important role in gene fow dynamics and isolation across this region (Mendoza et al. [2019;](#page-14-36) Ramírez-Barrera et al. [2018\)](#page-15-7).

Moreover, geographic barriers are not the only factor responsible for present genetic patterns, as our results suggest. There have been processes, such as demographic changes, range expansions and isolation promoted by Pleistocene climate shifts that afected the current genetic structure of populations. According to the niche models projected into past scenarios, diferent suitability areas were obtained for each main clade (North Central America and Low Central America), and given the estimated divergence times, it is inferred that both clades remained isolated from each other during the Quaternary. This implies that the divergence between these two groups $\left(\sim 2.50 \text{ Mya}\right)$ arose during Pleistocene, keeping these phylogroups in isolation. For example, and according to the Pleistocene refugia hypothesis (Hafer [1969\)](#page-14-2), climatic shifts isolated multiple populations from diverse taxonomic groups, currently recognized as conspecifcs, and that consequently promoted high intraspecifc diversifcation (Hewitt [2000,](#page-14-4) [2004](#page-14-8); Ibrahim et al. [1996](#page-14-37); Lovette [2005](#page-14-1)).

The signals of range expansion of the North Central America Clade, visualized in past scenario projections (from the Last Inter-Glacial 140,000–120,000 years to the present), corroborate the patterns of demographic changes in concordance with genetic data results. Range contraction and expansion may promote demographic signs of bottlenecks, as the results indicated for North Central America populations (e.g. Carnaval and Moritz [2008;](#page-13-28) Harvey and Brumfeld [2015](#page-14-38); He et al. [2010](#page-14-39); Jezkova et al. [2015\)](#page-14-40).

In the case of the Low Central America populations, Ecological Niche Models showed that the Caribbean slope of Costa Rica-Panama and Central Panama are areas in which suitable conditions were present during all time periods (LIG, LGM, Mid-Hol), with no signifcant variation in demography. This historical stability in population dynamics have favored the isolation with limited gene flow between

groups within this clade, from the past 540,000 years, time estimated for the split between them. In addition, the Ecological Niche Models show that both sides of the Talamanca Cordillera are suitable for the presence of *H. fuscicauda*, in spite of diferences in environmental conditions: wetter climate on the Caribbean slope than the Pacifc (Bagley and Johnson [2014](#page-13-8)). These past projections also show that the Colombian subspecies (*H. f. erythrolaema*) has been isolated during all of time periods modelled, from which we suspect that this population may be genetically diferent from the other groups.

In conclusion, *H. fuscicauda* is a species complex with at least two phylogroups isolated by the Nicaragua Depression. The genetic variation within the northern lineage, from Mexico to Nicaragua (North Central America), has had subtle infuences of orogeny in geographic structure (referring specifcally to the most diferentiated individuals from the Tuxtlas region in Mexico), and climate oscillations during the Quaternary may have led to dynamics in which high levels of gene fow occurred during demographic expansions. Within the southern group, that contains individuals from Costa Rica and Panama (Low Central America), the orogeny (geographic barriers) and demographic stasis (revealed with demographic analyses and projections of niche models into the past), have infuenced a process of isolation and divergence between populations across the Talamanca Cordillera (Costa Rica-North Panama) and populations from Central Panama separated by the Panama Canal Basin.

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Authors' contributions BEHB and VJC-C designed the study. BEHB secured fnancial support. VJC-C carried out the laboratory work. BEHB, LEZB, and VJC-C analyzed the data. BEHB, VJC-C, LEZB and CP contributed to the writing and improvement of the manuscript.

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Availability of data and materials The sequences generated during the current study are available in GenBank (accession numbers: MW884324–MW884530).

Code availability Not applicable.

Declarations

Conflicts of interest The authors declare that they have no confict of interest.

Consent to participate The authors declare their consent to participate.

Consent for publication The authors declare their consent for publication of the manuscript.

Ethics approval This study was performed in line with the principles of the Declaration of Helsinki.

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