ORIGINAL ARTICLE

Sleeping cluster patterns and retiring behaviors during winter in a free-ranging band of the Sichuan snub-nosed monkey

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Abstract Little information is available on the sleeping cluster pattern and retiring behavior of Sichuan snub-nosed monkeys (Rhinopithecus roxellana). Here, we provide observational data on a provisioned free-ranging band in the Qinling Mountains, central China. The results suggest that winter night activity of R. roxellana is a compromise between antipredator and thermoregulatory strategies and an adaptation to ecological conditions of their temperate habitat. Monkeys retired between 1804 and 1858 h in winter. In support of the antipredation hypothesis, all monkeys slept in trees at night, whereas 18.8% of individuals slept on the ground during the day. Also, the study band was more spatially cohesive at night than in daytime, with shorter distances between one-male units. Keeping warm is critical for survival in freezing temperatures. Monkeys often slept in the lower stratum of the tree canopy, avoiding the upper canopy where it is cold and windy. They formed larger sleeping clusters at night than in daytime. The most common types of night-sleeping clusters were adult females and juveniles, followed by adult females with other adult females. These accounted for 60.2% of the total records. The frequency of female-male clusters is two times greater, and that of adult malejuvenile clusters was four times less at night than during the day. The variations in composition of sleeping clusters suggest affiliative patterns at night-sleeping sites differ from those during the day.

Keywords Retiring behavior · Sleeping cluster · *Rhinopithecus roxellana* · Winter

Introduction

Sleeping clusters, in which two or more individuals maintain body contact for extended periods, are characteristic of most primate species and represent an important part of social behavior (Anderson 2000). Studies on sleeping clusters and night-retiring behaviors have been done in chimpanzees, bonobos, gibbons, baboons, and New World monkeys (e.g., Lophocebus albigena, Chalmers 1968; Papio ursinus, Stolz and Saayman 1970; Macaca radiata, Koyama 1973; M. mulatta, Vessey 1973; Miopithecus talapoin, Gautier-Hion 1973; Papio papio, Anderson and McGrew 1984; P. hamadryas, Kummer et al. 1985; Hylobates lar, Reichard 1998; M. fuscata, Zhang and Watanabe 2007; Pan troglodytes, Ogawa et al. 2007; Pan paniscus, Mulavwa et al. 2010), but little is known about colobine species, especially those taxa living in areas characterized by cold night temperatures (Anderson 2000).

From socioecological perspectives, there are several hypotheses to explain the formation of sleeping clusters. The thermoregulation hypothesis suggests that a primary function of sleeping clusters is the conservation of heat during cold temperatures (Takahashi 1997). In Guinea baboons, pigtail macaques (*M. nemestrina*), and rhesus macaques, individuals are most often seen in sleeping clusters in cold weather, on windy nights, or during heavy

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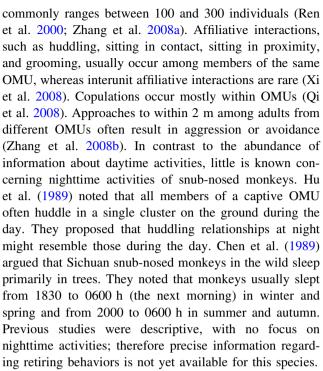
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rain (e.g. Southwick et al. 1965; Bernstein 1972; Anderson and McGrew 1984). Sleeping cluster sizes of Japanese macaques are reported to be larger on colder nights than on warmer nights (Takahashi 1997). Along with thermoregulation, safety from predators is an important principle underlying the formation of sleeping clusters in primates. Many predators of primates, e.g., felids and snakes, are mainly crepuscular or nocturnal hunters (Meddis 1979). The antipredation hypothesis suggests that increased cohesion and large sleeping congregations might facilitate predator detection and enhance group defense (Anderson 1984; Ogawa et al. 2007). In Ethiopia, hamadryas baboons often aggregate at the same sleeping site: several hundred individuals sleep on cliffs, presumably to avoid predators; conversely, hamadryas baboons in areas of Saudi Arabia, where predators are scare, sleep with much smaller numbers of individuals on easily accessible slopes (Kummer et al. 1985). Sleeping groups of rhesus macaques at night occupied less than half of the area in which they were dispersed during the day (Vessey 1973). Moreover, formation of sleeping clusters can be influenced by other environmental factors, such as availability of suitable sleeping sites. Neyman (1978) found that cotton-top tamarin (Saguinus oedipus) social groups usually sleep in a single cluster, but members sometimes split into two clusters, possibly in response to limited space on branches. Davidge (1978) considered that chacma baboon sleeping clusters might be shaped by physical characteristics of the sleeping site, including size, strength, and location of suitable branches and substrates.

Night-sleeping clusters can reveal information about social dynamics, as patterns of association may differ from those during the day. Adult females were the most regular members of night-sleeping clusters in Japanese monkeys, rhesus monkeys, Guinea baboons, and talapoin monkeys (Gautier-Hion 1973; Vessey 1973; Dunbar 1992; Takahashi 1997). In these species, social partners who are tolerant of each other (based either on kinship or affiliative relationships) frequently huddled together during the night, whereas less closely associated individuals were often rejected when attempting to join existing clusters (Anderson 1998). Interestingly, male Japanese monkeys sometimes huddled together during winter nights; conceivably, cold temperatures increased their mutual tolerance, facilitating the formation of sleeping clusters (Wada and Tokida 1985).

The Sichuan snub-nosed monkey (*Rhinopithecus roxellana*) is an Asian colobine that inhabits temperate forests in the mountainous highlands of central and southwestern China at altitudes between 1,500 and 3,400 m amsl (Chen et al. 1989; Hu et al. 1989; Li et al. 2000). The fundamental social unit of this species is the one-male, multifemale unit (OMU), with several OMUs sharing the same home range and forming a large band (Zhang et al. 2006b). Bad size



In this paper, we present data on sleeping cluster patterns and retiring behaviors in a free-ranging band of R. roxellana living in the Qinling Mountains, China. We attempt to test the following hypotheses and predictions. Regarding the antipredation strategy hypothesis, we predicted that: (1) monkeys would sleep in places difficult for predators to access (e.g., in trees) and avoid sleeping on the ground at night; and (2) that distances between OMUs at night would be shorter than during the day, because increased cohesion and large sleeping congregations might facilitate predator detection and enhance group defense. Regarding the thermoregulation hypothesis, we predicted that: (1) sleeping cluster sizes would vary with temperature changes—that night-sleeping clusters would be larger than daytime clusters; (2) in winter, monkeys would choose warm sleeping sites, avoiding the high canopy where it is windy and cold. Additional comparisons of night and day clusters aimed to assess the flexibility of cluster formation and social relations.

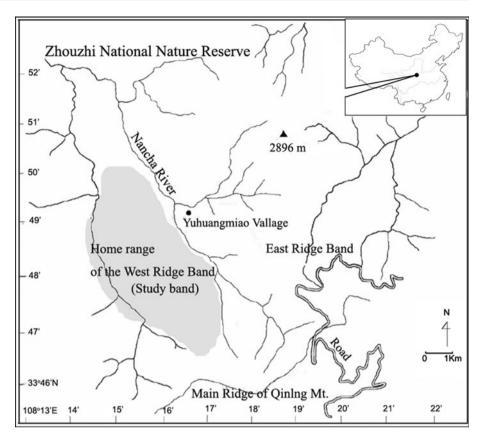
Methods

Study sites and subjects

The study was carried out on the northern slope of the Qinling Mountains near Yuhuangmiao Village in Zhouzhi National Nature Reserve, Shaanxi, central China (33°48′68″N, $108^{\circ}16'18''$ E, Fig. 1). The climate is considered to be semihumid mountainous, with snowfall common in winter between November and February (Li et al. 2000). The average annual temperature was 6.4° C, with a minimum of -12° C in



Fig. 1 Study-site location



January and maximum of 21.7°C in July in 2001 (Zhang et al. 2006a). The vegetation type is secondary deciduous broadleaf forest mixed with coniferous trees, ranging from 1,400 to 2,896 m amsl. Several potential predators including panthers (*Panthera pardus*), jackals (*Cuon alpinus*), lynxes (*Lynx lynx*), wolves (*Canis lupus*), and goshawks (*Accipiter gentilis*) were reported in the habitat (Shi et al. 1982; Hu et al. 1989; Zhang et al. 1999).

Two bands of Sichuan snub-nosed monkeys, East Ridge (ER) Band and West Ridge (WR) Band, live in the study area and are separated by the Nancha River. The WR band has a range of 9.2 km² in winter, tending to migrate to lower elevations than in spring (Li et al. 2000). This band is habituated and has been observed since 1995 (Li et al. 2000). To achieve better observation conditions, provisioning commenced on 24 October 2001. Based on accessibility and the desire to avoid human disturbance, provisioning was restricted to the lower part of the Gongni Valley in an area where the band was normally observed to forage (Zhang et al. 2003). A total of 3.5 kg of corn grain and 20 kg of sliced apples and radishes were scattered across the valley at a fixed location at 0900, 1200, and 1500 h. The quantity of provisioned food was approximately 200 g per individual per day, which is a minor proportion of their daily food consumption (Qi 1989). The monkeys also commonly foraged for natural food items at the provisioning site. In order to reduce the influence of provisioning on their ecology, we limited provisioning to observation periods, which cover approximately 4 months of the year. Observations and provisioning mostly took place in winter when the foliage was less dense. We also avoided hand feeding or other physical contact with monkeys. No observers were present at other times.

Data collection

Observations were conducted on 28 nights and 73 days from 11 November 2002 to 31 February 2003. The band comprised 65 individuals (eight adult males, 28 adult females, 21 juveniles, eight infants) distributed across eight OMUs. Members of OMUs were usually located in the same tree or in neighboring trees (Qi et al. 2004). No solitary males or allmale groups were observed during the study period. Due to the close observation distance (range 2-50 m), we could identify all adults and most adolescent monkeys in the band based on sex, body size, pelage color, and any physical anomalies. Monkeys were categorized into four age/sex classes following Zhang et al. (2003): adult males and females (estimated to be 5 years or older), juveniles (estimated to be from 2 to 5 years old), and infants (estimated to be <2 years old). Scan sampling (Altmann 1974) was used to collect data on cluster size and composition. To exclude the influence of provisioning, data were not collected within the hour following provisioning. We scanned the study group



four times per day when monkeys were sleeping: at 1100 and 1300 h for daytime data, and 1900 and 2000 h for nighttime data (sunset was between 1750 and 1843 h during the study period). We quantified cluster size as the number of adults and juveniles in a cluster; infants were not counted because they were often carried by their mothers or other females and were thus difficult to observe. We also recorded the presence and number of individuals remaining outside the clusters. We recorded weather conditions, cluster location, size, and composition, and activities. As identifying unit members was difficult at night, the distance among OMUs was estimated by measuring distances among resident males in OMUs. We located the sleeping place of each resident male on a topographic map and measured the estimated distances among males (e.g., 28 dyads for eight resident males in each scan). A total of 784 dyads of male-male distances at night and 2,030 dyads in the day were recorded (one resident male was not found for 2 days during the study). We measured air temperature at approximately 1.5 m above the ground immediately following each scan. Presleeping and nocturnal behaviors were observed using a night viewer (Yukon Nvmt 2×24 , plus an extra lens, Yukon 29053 Nvmt 4×50 mm). Spotlights were occasionally used to aid visibility; these did not appear to influence the monkeys' behavior. The research and care of the study monkeys abides by the rules of Zhouzhi National Reserve, China, and by the national and institutional guidelines for the care and management of primates established by the Primate Research Institute, Kyoto University, Japan.

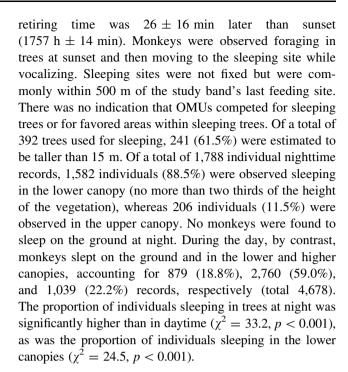
Data analysis

We calculated mean cluster size and age–sex composition of sleeping clusters during the day and night, and analyzed their relationships with temperature. To avoid resampling bias, we analyzed only one scan per day and night, respectively – those containing at least 90% of group members. In total, data from 28 night scans and 73 day scans were analyzed. We used chi-square tests and independent samples t tests to examine differences in cluster sizes, numbers of adults in each cluster, and distances between OMUs in daytime versus nighttime. We used Kendall's rank correlation coefficient to analyze the association between temperature and cluster formations. All statistical tests were two-tailed, with $\alpha < 0.05$.

Results

Retiring activities and spatial location of sleeping sites

Monkeys in the study band arrived at the sleeping site by $1828 \text{ h} \pm 14 \text{ min} \quad (n = 28, \text{ range} \quad 1804–1858 \text{ h})$. The



Age-sex composition of night and day sleeping clusters

The age-sex composition of 418 of 549 night-sleeping clusters (76%) and of all 1,243 daytime clusters was identified (Table 1). At night, the most common cluster consisted of adult females and juveniles (FJ), followed by female-female clusters (FF); these accounted for 60.2% of all clusters. Adult male-female (MF) and adult malefemale-juvenile (MFJ) clusters were also commonly observed. During the day, by contrast, adult males and females huddled together less frequently; MF clusters accounted for 14.3% of night clusters but only 9.1% of daytime clusters ($\chi^2 = 1.3$, p > 0.05). MFJ clusters were considerably less frequent during daytime than at night (4.1 vs. 13.4%: $\chi^2 = 5.46$, p < 0.05, Table 1). All-juvenile (JJ) and juvenile-male (JM) clusters were more than twice as frequent in daytime than at night (JJ cluster 26 vs. 10%, $\chi^2 = 8.9$, p < 0.01; MJ cluster 8 vs. 2%, $\chi^2 = 4$,

Table 1 Age-sex composition of nighttime and daytime sleeping clusters

	MFJ	MM	MF	MJ	FF	FJ	JJ	Totals
Night	56	0	60	9	77	175	41	418
%	13.4	0.0	14.3	2.2	18.4	41.8	10.0	100
Day	51	0	113	99	251	406	323	1,243
%	4.1	0.0	9.1	8.0	20.2	32.7	26.0	100
Total	107	0	173	109	328	581	364	1,661
%	8.8	0.0	11.7	5.1	19.3	37.3	18.0	100

M adult male, F adult female, J juvenile



p < 0.05). In addition, sleeping clusters formed more frequently at night than during the day [1,642/1,788 individual night records (91.8%), 3,582/4,678 day records (76.6%), $\chi^2 = 4.06$, p < 0.05].

Night and day sleeping cluster sizes and the number of adults

Night clusters were larger than daytime clusters (t=-3.04, df=1,791, p<0.001). Also, the number of adults in clusters was greater at night (t=-7.82, df=1,348, p<0.01). The average size of night clusters was 2.99 ± 0.8 (range 2–5), with 89.4% of clusters including adults. The mean number of adults per cluster was 1.7 ± 0.6 (range 1–3) (Table 2). In contrast, the average size of daytime clusters was 2.8 ± 1.1 (range 2–8), with 74.1% including adults. The mean number of adults per daytime cluster was 1.4 ± 0.6 (range 1–5). Clusters of more than five individuals were occasionally observed on the ground.

Distance between OMUs during sleep at night and in the daytime

Inter-OMU distances in the study band were significantly shorter at night than in the daytime (Table 3, t=-23, df=2,813, p<0.001). The mean distance at night was 17.5 ± 16.8 m (range approximately 5–50 m) (n=784 dyads) compared with 40 ± 26.8 m (range 5–300 m) (n=2,030 dyads) during the day.

Table 2 Sleeping cluster sizes and the number of adults per cluster at night and in daytime

	Alone	2	3	4	5	6	7	8	Mean	Total
Size of	sleeping	g clus	ters							
Night	146 ^a	137	303	86	23				2.99 ± 0.8	549
Day	1,096	517	514	118	48	33	8	5	2.8 ± 1.1	1,243
	1	2	3	4	5	6		7	8 Mean	Total
Number	s of adı	ılts ir	each	slee	ping	clu	ster			
Night	152	258	19						1.7 ± 0.6	429
Day	584	279	42	9	6				1.4 ± 0.6	920

^a Individuals sleeping alone were not counted in the average size of sleeping clusters

Influence of ambient temperature on sleeping clusters

The air temperature and the average size of sleeping clusters were significantly negatively correlated during the day ($\tau = -0.83$, n = 20, p < 0.001, Fig. 2). There was also a significant negative correlation between air temperature and number of adults in sleeping clusters ($\tau = -0.80$, n = 20, p < 0.001). On cold or windy days, monkeys often formed clusters on the ground. Large clusters were formed by all OMU members huddling together on the ground. At night, all monkeys slept in trees. Although nighttime temperatures (range -13 to 1° C) were lower than in daytime (ranges -13 to 1° C vs. -6 to 16° C) (z = -3.8, p < 0.001), the correlations between temperature and average sleeping cluster size ($\tau = -0.19$, n = 14, p > 0.05) and temperature and number of adults per cluster ($\tau = -0.03$, n = 14, p > 0.05) were not significant.

Discussion

Retiring behaviors and antipredator strategies of *R. roxellana*

R. roxellana sleep in trees at night. In contrast to the many observed cases of sleeping in clusters on the ground during

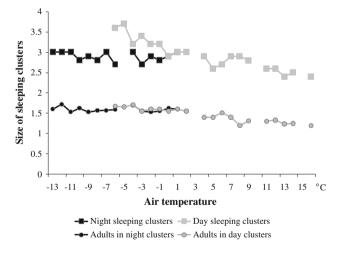


Fig. 2 Correlation between air temperature and size of sleeping clusters/number of adults per cluster

Table 3 Distance between one-male, multifemale units (OMUs) in the study band during nighttime and daytime clusters

	0–5 m	6–10 m	11–20 m	21–30 m	31–40 m	41–50 m	51–60 m	>60 m	Mean	Total
Night	12 ^a	174	354	174	50	20			17.5 ± 16.8	784
Day	8	81	249	586	298	316	154	338	40 ± 26.8	2,030
Totals	20	255	603	760	348	336	154	338	33.7 ± 25.3	2,814

^a Values refer to instances



the day, we never observed sleeping clusters on the ground at night. It seems likely that nighttime arboreal sleeping sites are used to minimize predation risk. For example, trees are generally difficult for potential nocturnal terrestrial predators such as jackals and wolves to access (Chen et al. 1989). Furthermore, sleeping in higher locations allows a good view of the surroundings, which may facilitate early predator detection (Anderson 2000; Ogawa et al. 2007). Consistent with this idea, snub-nosed monkeys frequently monitored the surroundings immediately before retiring for the night (Chen et al. 1989). Goshawks were reported to prey on young R. roxellana playing in the canopy during the day (Zhang et al. 1999). At night, however, young monkeys may reduce their predation risk by joining sleeping clusters with adults or other individuals.

In addition to selecting safe sleeping trees, the study band was more spatially cohesive during the night than during the day, with shorter distances between OMUs. The increased nighttime cohesiveness may also reflect an antipredator strategy. Spatial aggregations of individuals at night have been documented in many primate species, e.g., western black-and-white colobus (Colobus polykomos) and red colobus (C. badius, Booth 1956), Hanuman langurs (Presbytis entellus, Jay 1965), long-tailed macaques (Bernstein 1972), bonnet macaques (Rahaman and Parthasarathy 1969), and baboons (Papio spp. Hamilton 1982). However, members of different R. roxellana OMUs rarely interact affiliatively during the day (Qi et al. 2004); close proximity can lead to social conflict. Resident males in different OMUs typically remained at least 5 m apart, with the average nighttime distance between OMUs being about 20 m. During the day when the threat of predation is weaker, the distance between OMUs increased. These variations suggest that OMUs form spatial aggregations at night as an antipredator adaptation, although individuals avoid clustering with members of different OMUs.

Although common in R. roxellana, sleeping cluster sizes are relatively small. This species lives in large bands of up to 600 individuals (Hu et al. 1989). It is therefore theoretically possible for them to form very large sleeping clusters, similar to the large groups of >100 individuals huddling together in Japanese macaques (Zhang and Watanabe 2007). Our data show that R. roxellana form larger clusters at night than in daytime; however, unlike Japanese macaques (trees, rocks, ground), they sleep exclusively in trees at night. The size of their night sleeping clusters is restricted by the limited space available on branches. By contrast, in daytime, the monkeys are often on the ground, where they form larger clusters when it was cold. Sleeping cluster size is also restricted by subgrouping patterns. Our study band consisted of eight OMUs ranging from five to 11 members (including infants). On cold days, monkeys formed clusters on the ground of up to eight individuals, comprising most members of an OMU. Cluster formation of *R. roxellana* is thus influenced by environmental factors such as spatial constraints and temperature, and by social factors such as OMU size.

Compromise between thermoregulatory and antipredator strategies

Although sleeping high in the canopy may decrease predation risk (Anderson 2000), R. roxellana did not do so in this study. Instead, they slept mostly in the lower strata. These observations suggest a tradeoff between predator avoidance and thermoregulation; keeping warm is also critically important for survival during winter. R. roxellana inhabits the most northerly range of all colobines, with temperatures frequently below freezing during winter nights. Japanese macaques, found at latitudes similar to those of R. roxellana, also frequently form clusters on low branches where they are better sheltered from wind and snow. These macaques prefer to sleep on lower branches of coniferous trees, where ambient temperatures are approximately 1-4°C higher than in the higher canopies of deciduous oak trees (Wada and Tokida 1985). Sleeping-site selection by R. roxellana may thus represent a compromise between the opposing needs to both avoid terrestrial predators and adequately thermoregulate in their temperate habitat.

Compromise between foraging requirements and anti-predation strategy

To avoid crepuscular or nocturnal predators, many diurnal primates typically enter their sleeping sites before sunset (Anderson 2000), as observed in chacma baboons (Davidge 1978), hamadryas baboons (Sigg and Stolba 1981), rhesus monkeys (Makwana 1978), green monkeys (Cercopithecus sabaeus, Harrison 1983), chimpanzees (Ogawa et al. 2007), and bonobos (Mulaywa et al. 2010). Agile gibbons (Hylobates agilis) retired approximately 3 h before sunset during the wet season (Gittins 1982). In contrast, R. roxellana continued foraging after sunset and did not arrive at their sleeping sites until later. This observation is consistent with a previous study of R. roxellana in Wolong Reserve (Hu et al. 1989); this pattern may thus be widespread in this species during winter. The behavior is unlikely to have been caused by artificial provisioning, as the monkeys left the provisioning site soon after the last provisioning at 1500 h. An alternative possibility is that it may be necessary for these monkeys to extend their foraging activities beyond sunset. In winter, they mainly consume lichen, which is evenly distributed but more difficult to consume than fruits (Li et al. 2003). The study band was previously



documented to forage over an area of approximately 9.2 km² in winter (Li et al. 2000). As sunset in winter is 1 or 2 h earlier than in summer (summer sunset is around 2015 h, authors' ad libitum records) at the study site, the monkeys might not have enough daylight to acquire sufficient food, forcing them to continue foraging after sunset. However, because moonlight is reflected by snow on the ground and trees, the area is typically not very dark after sunset, which may facilitate nocturnal activities. Monkeys tended to retire later on moonlit evenings than on evenings with no moonlight or with cloud cover (Hu et al. 1989). Furthermore, the monkeys' dense coats may reduce the costs of foraging in cold weather (Wada K, personal communication). We propose that the late retiring habit of R. roxellana may be a response to ecological conditions in winter, which both necessitate and facilitate the extension of foraging activities. Future investigations should compare activity patterns between winter, as studied here, and summer nights.

Social relations in night sleeping clusters

The composition of sleeping clusters varied between night and day, suggesting differences in affiliative patterns. JJ clusters were common in daytime, but rare at night. Adult MJ clusters were four times more frequent during the day than at night. With increasing independence, or a premigratory phase (Zhang et al. 2006a), juveniles spend increasing amounts of time away from their mothers during the day but return to them at night to sleep. A similar pattern was observed in gelada baboons (Theropithecus gelada), in which immature individuals formed senior groups during the day but descended the sleeping cliff to join their respective natal OMUs in the evening (Mori 1979). In this study, adult females almost always formed clusters for sleeping. This indicates a core role for females in maintaining social relations among members of OMUs (Zhang et al. 2008a). Our observations suggest some affiliative relations are common to both day and night, which is reflected by proximity between unit members, especially females with juveniles or other females. Others appear particular to nighttime, and include the frequent return of juveniles to their mothers or other related females, increased clustering between resident males and their unit females, and reduced MJ clustering.

The sleeping habits of *R. roxellana* appear to differ from those of other primate species with similar multilevel societies, such as hamadryas and gelada baboons (Kummer 1971; Mori 1979; Dunbar 1983; Kawai et al. 1983). Both hamadryas and gelada baboons sleep on cliffs at night, and OMUs tend to form sleeping aggregations if space is available (Swedell 2002; Grueter and Zinner 2004). Sleeping sites were recognized as limiting resources that

influence ranging behavior, band size, and expression of the multilevel social system in these species (Altmann 1980). Hamilton and Watt (1970) considered the social organizations of these species as a refuging system, as the groups usually aggregate at fixed sleeping sites but fragment in the day for efficient foraging. However, the studied R. roxellana band did not show such regular aggregation and fragmentation. At night, OMU members usually slept together, with a distance of 5-50 m between neighboring OMUs. These OMUs traveled together during the day. Stable associations of OMUs were also observed in wild populations in Shennongjia Mountains (Ren et al. 2000). Composition and social organization of *R. roxellana* bands, therefore, appear less flexible than those of hamadryas baboons and gelada baboons. The variability in sleeping habits of these species indicates diversity in the social dynamics of primate multilevel social systems in response to their specific ecological conditions.

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