ORIGINAL ARTICLE

Association between complement gene polymorphisms and systemic lupus erythematosus: a systematic review and meta‑analysis

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Abstract

Complement dysfunction results in impaired ability in clearing apoptotic cell debris that may stimulate autoantibody production in systemic lupus erythematosus (SLE). Herein, we provided a comprehensive search to fnd and meta-analyze any complement gene polymorphisms associated with SLE. The *ITGAM*, *C1q*, and *MBL* gene polymorphisms were included in this meta-analysis to reveal the exact association with SLE risk. Electronic databases, including Scopus, PubMed, and Google Scholar, were searched to fnd studies investigating the *ITGAM*, *C1q,* and *MBL* gene polymorphisms and SLE risk in diferent populations. The pooled odds ratio (OR) and its corresponding 95% confdence interval (CI) were used to analyze the association between *ITGAM*, *C1q,* and *MBL* gene polymorphisms and susceptibility to SLE. According to inclusion criteria, a total of 24 studies, comprising 4 studies for *C1QA* rs292001, 5 studies for *C1QA* rs172378, 9 studies for *ITGAM* rs1143679, 8 studies for *MBL* rs1800450, 3 studies for *MBL2* rs1800451, and 3 studies for *MBL2* rs5030737, were included in the fnal meta-analysis. A signifcant positive association was found between rs1143679 and SLE risk, while rs1800451 signifcantly associated with decreased SLE susceptibility. In summary, *ITGAM* gene rs1143679 SNP and *MBL* gene rs1800451 SNP were positively and negatively associated with SLE risk, respectively.

Keywords C1q · Complement · ITGAM · Meta-analysis · SNP · Systemic lupus erythematosus

Introduction

Systemic lupus erythematosus (SLE) is an autoimmune disease characterized by autoantibodies production. These autoantibodies are against ubiquitous nuclear antigens and form immune complex deposits. Genetic is one of the crucial

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components in SLE etiology, as shown by the disease highrisk ratio between monozygotic twins over dizygotic twins $[1-3]$ $[1-3]$. Genetic deficiency in the complement system results in an increased risk of SLE development by reducing the ability in clearing apoptotic cells that may result in autoantibody production [[4](#page-9-2)[–6](#page-9-3)].

C1q is the frst component of the classical pathway in complement activation. One of the important functions of C1q is the mediation of the clearance of apoptotic cells with binding to C₁q/collectin receptors on phagocytes [\[7](#page-9-4)]. C1q is encoded by 3 genes, including *C1QA*, *C1QB,* and *C1QC,* that are harbored by chromosome 1p34.1–36.3 [\[8](#page-9-5)]. Mutations or single-nucleotide polymorphisms (SNPs) in C1q genes may result in C1q defciency [[9\]](#page-9-6). C1q defciency results in impaired clearance of apoptotic cells and promotes autoreactivity and autoantibody production. Around 93% of individuals with C1q defciency developed SLE or SLE-like symptoms [\[10–](#page-9-7)[12](#page-9-8)]. The *Integrin-α-M* (*ITGAM*, also known as *CD11B*), which is located in chromosome 16p11.2, encodes CD11b. The CR3/Mac1/CD11b-CD18 modulates migration, leukocyte adhesion, and also has roles in phagocytosis of apoptotic cells that are coated by complement particles [[13](#page-9-9)]. Variations, such as rs1143679 G/A polymorphism in the *ITGAM* gene, severely impair the phagocytosis of complement-coated particles [[14](#page-9-10)]. M*annose-binding lectin 2* (*MBL2*) is located on chromosome 10q11.2–21, and it contains four exons [[15](#page-9-11)]. MBL2 and C₁q have similar structures and functions, and their deficiencies cause a higher risk of SLE [[16\]](#page-9-12). There are three SNPs in the exon 1 of *MBL2* gene that include codon 52 (allele D: rs5030737), codon 54 (allele B: rs1800450), codon 57 (allele C: $rs1800451$) [\[17](#page-9-13)]. Any of these variants change the functional structure of MBL and results in the absence of functional MBL protein and impairing complement-coated particle clearance [\[15](#page-9-11), [18](#page-9-14)].

In this systematic review, we performed the frst metaanalysis for *C1QA* SNPs (rs292001, rs172378), *MBL2* SNPs (rs1800450, rs1800451, rs5030737) and also updated the last meta-analysis for *ITGAM* SNP (rs1143679) published in 2015 [[19\]](#page-9-15) to disclose an exact conclusion of the association between complement gene polymorphisms and SLE risk.

Methods

Searches and data sources

Herein, we searched the electronic databases, including PubMed, Scopus, and Google Scholar to include all eligible case–control studies between all complement gene polymorphisms and SLE risk up to June 2021. The following keywords were used to search the databases for fnding many complement SNPs in SLE patients; (complement) AND (systemic lupus erythematosus OR SLE) AND (polymorphism OR variation OR single-nucleotide OR SNP OR mutation). Among all complement components, six SNPs had enough studies to include in the meta-analysis. The C₁qA rs292001 (G > A) and rs172378 (A > G); ITGAM rs1143679 (G > A); MBL rs1800450 (G > A), rs1800451 $(G > A)$ and rs5030737 $(C > T)$ were selected to include in this study. The following keywords used to search each of these SNPs; (C1q OR Complement component 1q); (ITGAM OR Integrin Subunit Alpha M OR CD11b OR Component Receptor 3 OR CR3); (MBL OR Mannose Binding Lectin), AND (systemic lupus erythematosus OR SLE OR, in Pub-Med, "Lupus erythematosus, Systemic" [Mesh]) AND (polymorphism OR variation OR "single nucleotide" OR SNP OR mutation OR, in PubMed, "Polymorphism, Single Nucleotide" [Mesh]). In Google Scholar, the rs numbers were also used to limit the search results. Only English-language and human populations were included in this study. The protocol of the systematic review has been registered on the PROS-PERO (ID: CRD42020170839).

Inclusion and exclusion criteria

The inclusion criteria for this meta-analysis were: (1) case–control studies that evaluate complement gene polymorphisms in SLE; (2) studies with available frequencies and numbers of each allele and diferent genotypes to calculate odds ratio (OR) and 95% confdence interval (CI); and (3) English-language research papers. The exclusion criteria were: (1) duplication or overlapping subjects and (2) article types of review, letter, and comment.

Data extraction and quality assessment

The following information was extracted: year of publication, frst author's last name, detection method, ethnicity of participants, number of cases and controls with minor A allele of rs292001, minor G allele of rs172378, minor A allele of rs1143679, minor A allele of rs1800450, minor A allele of rs1800451, minor T allele of rs5030737 and also the number of diferent genotypes for each SNPs in case and control subjects. The Newcastle–Ottawa Scale (NOS) was used for evaluation of methodological quality of included studies [[20\]](#page-9-16). The quality of studies was scored by 0–3, 4–6, or 7–9 as low, moderate, or high quality, respectively.

Statistical methods

For evaluation of the mentioned complement gene polymorphisms and risk of SLE, we used pooled Odds Ratio (OR) as an efect size and its corresponding 95% CI for minor alleles in this meta-analysis. Hardy–Weinberg equilibrium was checked by Chi-squared test in the control group for each SNP. For assessing the heterogeneity and the variation in the pooled estimations, Cochran's Q test and I-squared index were used, respectively [\[21\]](#page-9-17). Meta-analysis was assessed with a randomeffects model when heterogeneity existed between the individuals with a significant Cochran's Q test $(P<0.1)$, and the fixedefects model was used if the heterogeneity was not detected. The Egger's test and Begg's test were used to checking the publication bias $(P < 0.05)$ [\[22](#page-9-18)]. In addition, the influence of individual studies on the pooled OR (to assess the stability of the results) was calculated with re-estimating and plotting by omitting one of the studies each time (leave-one-out sensitivity analysis). Statistical software (STATA) (version 15.0; Stata

rs number Author Published year Country/race Detection tech-

nique

ASPCR allele-specifc polymerase chain reaction, *PCR–RFLP* restriction fragment length polymorphism polymerase chain reaction, *SSP-PCR* single specifc primer-polymerase chain reaction, *RA patients* the number of reported patients with RA disease

Corporation, College Station, Texas 77845 USA) was used for data analysis.

Results

Characteristics of eligible studies

In the initial search, 257, 312, and 310 studies for C1q, ITGAM, and MBL complement SNPs were found, respectively. After removal of irrelevant papers, presentations, seminars, letters, case reports, reviews, non-English papers, duplications, and also with using mentioned criteria, 4 case–control studies comprising 571 cases and 793 healthy subjects for rs292001 [[23–](#page-9-19)[26\]](#page-10-1), 5 case–control studies comprising 1145 cases and 1256 healthy subjects for rs172378 [[23](#page-9-19), [27–](#page-10-2)[30](#page-10-5)], 9 case–control studies comprising 8260 cases and 8753 healthy subjects for rs1143679 [[31](#page-10-6)–[38](#page-10-11)], 8 case–control studies comprising 2006 cases and 2069 healthy subjects for rs1800450 [[36](#page-10-7), [39–](#page-10-16)[45](#page-10-14)], 3 case–control studies comprising 726 cases and 834 healthy subjects for rs1800451 [[42–](#page-10-19)[44\]](#page-10-18), and 3 case–control studies comprising 726 cases and 834 healthy subjects for rs5030737 [[42](#page-10-19)[–44\]](#page-10-18) were included for metaanalysis. The papers were investigated in diferent nations of Asian, European, African, and American countries. The ranges of publication were between 2003 and 2019. The mean NOS score was 7.30 (range: 6–9) (Table [1](#page-2-0), Fig. [1\)](#page-3-0).

Main results, subgroup, and sensitivity analysis

Signifcant associations were found between two SNPs, including *ITGAM* gene rs1143679 polymorphism and

Table 2 (continued)

SNPs single-nucleotide polymorphisms, *HWE* Hardy–Weinberg equilibrium, *MBL2* mannose-binding lectin 2, *ITGAM* the Integrin-α-M Bold pooled (OR) indicates statistically signifcant values at the 0.05 level

MBL2 gene rs1800451 polymorphism with SLE risk. The minor A allele of the *ITGAM* gene rs1143679 was significantly associated with an increased SLE risk (OR=1.966, 95% CI=1.757–2.20, *P*<0.001). Moreover, the AA (OR = 3.608, 95% CI = 2.76–4.71, $P < 0.001$) and AG (OR = 1.923, 95% CI = 1.70–2.16, *P* < 0.001) genotypes signifcantly increased the disease risk. As such, the dominant ($OR = 2.037$, 95% C = 1.81–2.29, *P* < 0.001) and recessive (OR = 3.202, 95% CI = 2.45–4.18, *P* < 0.001) models of inheritance were signifcantly associated with increased susceptibility to SLE (Table [2](#page-4-0), Fig. [2a](#page-6-0)). On the other side, the dominant genetic model of *MBL2* gene rs1800451 SNP signifcantly decreased SLE proneness $(OR = 0.641, 95\% \text{ CI} = 0.416 - 0.988, P = 0.044)$, but the allelic model of this SNP has a non-signifcant efect on SLE risk (Table [2](#page-4-0), Fig. [2b](#page-6-0)).

NOTE: Weights are based on user-defined quantities

Fig. 2 Forest plots of the pooled ORs for the allelic model of **a** *ITGAM* gene rs1143679 SNP and **b** *MBL2* gene rs1800451 SNP, pooled associations between the SNPs and SLE risk (A versus G)

Heterogeneity and publication bias

Cochran's Q test and I^2 test were conducted for analyzing the heterogeneity of the studies. The $(I^2\% > 50\%$, $P_{\text{Heterogeneity}} < 0.10$) considered as significant heterogeneity between the studies.

Heterogeneity was observed in *C1QA* gene rs292001 SNP for the comparisons A versus G (l^2 % = 65.39%, $P_{\text{Heterogeneity}} = 0.02$) and AA versus GG ($I^2\% = 81.13\%$, $P_{\text{Heterogeneity}} = 0.001$, GA versus GG ($I^2\% = 54.3\%$, $P_{\text{Heterogeneity}} = 0.09$), AA + GA versus GG ($I^2\% = 66.2\%$,

 $P_{\text{Heterogeneity}} = 0.03$), and AA versus GA + GG ($I^2\% = 76.3\%$, $P_{\text{Heterogeneity}} = 0.005$. Moreover, for *C1QA* gene rs172378 SNP, heterogeneity was detected for G versus $A_g (l^2\% = 55.3\%, P_{\text{Heterogeneity}} = 0.04)$ and GG versus AA $(I^2\% = 53.5\%, P_{\text{Heterogeneity}} = 0.07), \text{GG} + \text{AG}$ versus AA $(I^2\% = 62.7\%, P_{\text{Heterogeneity}} = 0.03)$. The only comparison that had heterogeneity for *ITGAM* gene rs1143679 SNP was AG versus GG ($l^2\%$ = 60.5%, $P_{\text{Heterogeneity}}$ = 0.007). On the

Fig. 3 Funnel plots to detect the publication bias for the allelic model of **a** *ITGAM* gene rs1143679 SNP and **b** *MBL2* gene rs1800451 SNP

other side, *MBL2* gene rs1800450 SNP demonstrated heterogeneity for comparisons below: A versus G $(l^2\% = 62\%$, $P_{\text{Heterogeneity}} = 0.01$) and AA versus GG ($I^2\% = 61\%$, $P_{\text{Heterogeneity}} = 0.01$), AA versus AG + GG ($I^2\% = 63.2\%$, $P_{\text{Heterogeneity}} = 0.008$) (Table [2\)](#page-4-0).

Assessing of publication bias was done by using a funnel plot, Egger's and Begg's tests. The shapes of the funnel plots did not reveal any evidence of an obvious signifcantly asymmetry in all comparison models. Also, nonsignifcant publication bias was found in all analyses by the tests (Table [2,](#page-4-0) Fig. [3](#page-7-0)).

Sensitivity analysis

The stability of the meta-analysis was evaluated; as the results suggested, no individual study signifcantly afected the pooled ORs. The result of leave-one-out sensitivity analysis was shown for the allelic model of *ITGAM* gene rs1143679 SNP (Fig. [4](#page-8-0)a) and *MBL2* gene rs1800451 SNP (Fig. [4b](#page-8-0)).

Discussion

SLE is a chronic autoimmune disease in which both genetic and environmental factors are contributed [\[46](#page-10-21), [47\]](#page-10-22). A bulk of evidence has revealed that complement defciencies result in a reduced ability in the clearance of apoptotic cells that increase the risk of autoantibody production and, therefore, SLE development in susceptible subjects. The complement system has an intricate role in SLE, and either complement deficiency or aberrant complement activation contributes to SLE risk [[4–](#page-9-2)[6\]](#page-9-3).

The deficiency or malfunction of several complement proteins has been important in SLE pathogenesis. The C1q component that plays a signifcant role in the removal of apoptotic cells is associated with SLE. The lupus autoantigens that are located in apoptotic debris may stimulate an inappropriate immune response. C1q can also inhibit the interferon alpha (IFN-α) production via the inhibitory receptor leukocyte-associated immunoglobulin-like receptor 1 (LAIR-1, also called CD305) and, hence, is involved in SLE development [[5,](#page-9-21) [48](#page-10-23), [49\]](#page-10-24). Several studies reported an association between low serum levels of MBL and autoimmune disease development. In SLE patients, MBL deficiency may result in insufficient removal of apoptotic debris same as C1q deficiency. Genetic polymorphisms that are associated with decreased serum levels of MBL as well as the presence of anti-MBL autoantibodies which bind to MBL and decrease its serum level may increase the risk of SLE development [\[50](#page-10-25)[–55](#page-10-26)]. ITGAM, a component of CR3 or Mac1, is expressed on most myeloid cells, such as macrophages and dendritic cells (DCs). CR3 binds to the complement protein iC3b and mediates the phagocytosis of iC3b-coated particles and, hence, has an important role in the removal of apoptotic cells. Some studies reported other essential roles for CR3 that are also associated with autoimmune responses in SLE patients. Mac1 could inhibit some immunological processes such as DC maturation and function, DC-induced T cell activation, Toll-like receptor (TLR) signaling, and macrophage activation. CR3 deficiency may result in impaired phagocytosis of apoptotic cells, activation of T cells, increased TLR signaling, and Th17 diferentiation, which are contributing to the increased systemic infammation and SLE development [\[56](#page-10-27)[–61](#page-11-0)].

In the present study, we meta-analyzed the previously published data to attain conclusive outstanding of the genetic associations between the *ITGAM* (rs1143679), *C1QA* (rs292001 and rs172378), and *MBL* (rs1800450, rs1800451, and rs5030737) gene polymorphisms and susceptibility to SLE. The previous meta-analysis in 2015 [\[19](#page-9-15)] reported 1.77 pooled OR (95% CI=1.65–1.90, *P*<0.001) for the minor A allele of the *ITGAM* gene rs1143679 SNP which was also confrmed with our meta-analysis with 1.966 pooled

OR (95% CI=1.757–2.20, *P*<0.001). The pooled OR of other genetic comparisons for *ITGAM* gene rs1143679 SNP reported in the previous meta-analysis was also included in the currently updated meta-analysis.

Some of the previous studies investigating the *C1QA* gene polymorphisms reported a significant association between these polymorphisms with SLE pathogenesis. Signifcant ORs that were reported include 1.80 for rs172378 [\[23\]](#page-9-19) and 1.57 for rs292001 [[24](#page-9-20)]. However, our meta-analysis resulted in no signifcant pooled ORs for the minor A allele of rs292001 and the minor G allele of rs172378. Some researchers reported signifcant associations between *MBL* gene polymorphisms (rs1800450, rs1800451, and rs5030737) with SLE risk [\[62\]](#page-11-1). However, others reported no signifcant association for these SNPs [\[44](#page-10-18)]. The current meta-analysis revealed non-signifcant associations between rs1800450 and rs5030737 SNPs with SLE risk, while a signifcant protective association was shown for rs1800451 (on the dominant genetic model). Other complement gene polymorphisms that were investigated had not enough data to be analyzed in this meta-analysis.

Conclusion

In summary, this meta-analysis study provides a comprehensive and up-to-date conclusion of the association between the complement SNPs and SLE risk until June 2021. The present meta-analysis revealed that the *ITGAM* gene rs1143679 SNP signifcantly increased the SLE risk. However, the dominant genetic model of *MBL2* gene rs1800451 SNP was signifcantly associated with decreased SLE risk. Further studies of diferent ethnicities are still needed to attain a more comprehensive and conclusive understanding of the association between complement gene SNPs and SLE development.

Authors contributions HE, and SA obtained the data, interpreted the data, drafted the article, and gave fnal approval to the article. EF and AJ conceived and designed the study, interpreted the data, revised the article critically, and gave fnal approval to the article. SM, STF, and MM conceived and designed the study, analyzed and interpreted the data, revised the article critically, and gave fnal approval to the article.

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Declarations

Conflict of interest None.

Ethics approval Not applicable.

Informed consent Not applicable.

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