ORIGINAL ARTICLE

Association between complement 4 copy number variation and systemic lupus erythematosus: a meta‑analysis

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Abstract

Systemic lupus erythematosus (SLE) is a chronic autoimmune disease characterized by multiple genetic mutations. Complement 4 (C4) copy number variation (CNV) is a target-of-interest located on chromosome 6. C4 encodes for either of the two C4 paralogs, C4A or C4B, and low C4 levels have been associated with SLE activity. In this study, we conducted a meta-analysis to comprehensively understand the role of C4 CNV in SLE. Three databases (PubMed, Embase, and Web of Science) were searched for relevant studies. Two investigators independently extracted and evaluated data from eligible studies. Associations between C4 CNV and SLE were estimated by odds ratios (OR) and 95% confdence intervals (95% CI). Further analysis was conducted using the STATA 12.0 software. A total of eight case-control studies were included in the analysis with 4107 SLE patients and 5889 healthy controls. Six studies used TaqMan real-time PCR to genotype C4 CNV, with 1 study used paralog ratio test and other one used multiplex ligation-dependent probe amplifcation (MLPA). Lower total C4 CNV and C4A CNV were associated with SLE in the overall analysis (pooled OR: 1.55, 95% CI: 1.23–1.95; pooled OR: 1.86, 95% CI: 1.51–2.29). The subgroup analysis found that total C4 CNV and lower C4A CNV were signifcantly associated with SLE in Caucasians (pooled OR: 1.84, 95% CI: 1.60–2.12; pooled OR: 2.23, 95% CI:1.92–2.59). However, the association was not detected in East Asians. Lastly, SLE was not associated with C4B CNV, long C4 CNV, or short C4 CNV. The meta-analysis confrmed that lower total C4 CNV and lower C4A CNV are associated with SLE in certain populations. Future studies should consider other ethnic groups to further investigate the relationship between the C4 gene and SLE.

Keywords Systemic lupus erythematosus (SLE) · C4 · CNV · C4 copy number variation · Meta-analysis

Introduction

Systemic lupus erythematosus (SLE) is a chronic autoimmune disease characterized by the excessive production of autoantibodies directed against cell nuclear antigens. The clinical symptoms of SLE vary substantially among patients

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 \boxtimes Yongzhe Li yongzhelipumch@126.com [[1\]](#page-7-0). SLE is a complex disease as it afects several central components of the immune system [[2\]](#page-7-1). For this reason, its exact pathogenic mechanism remains to be elucidated. However, it is believed that multiple genes likely play roles in the etiology of SLE.

In previous reports, genome-wide association studies (GWAS) had identifed several genes that predispose patients to SLE when activated, such as STAT4, IRF5, TNFAIP3, PTPN22 and IL-10 [[3](#page-7-2)[–6\]](#page-7-3). As the principle of GWAS is based on the hypothesis of "common disease, common variations," it is essential to remember that GWAS only detect common variations with minor variation frequencies (MAF) greater than 0.05, while rare variations and copy number variations (CNV) were ignored, which provides insight into the "missing hereditary" phenomenon [[7\]](#page-7-4). The complement pathway is consisted of three pathways, for instance: the classical pathway, lectin pathway, and alternative pathway. All three pathways are involved in the SLE's pathogenesis [\[8](#page-7-5), [9\]](#page-7-6). C1q is an initial active molecule of the classical

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pathway of complement activation. Genetic defciencies of the C1q genes are associated with development of SLE [\[10](#page-7-7)]. Both complete and partial defciencies of complement 4 (C4), C3 are risk factors for SLE. Serum C4, C3 levels have been associated with the activity of SLE $[8, 11]$ $[8, 11]$ $[8, 11]$. C4 is essential for the activation of the classical and mannose-binding lectin complement pathways. As such, C4 exerts a vital role in the integrity of innate and adaptive immune responses, including the protection against bacterial pathogens through the opsonization of target antigens and cell lysis. This is accomplished through the formation of the membrane attack complex, clearance of immune complexes and apoptotic cell debris, and the negative selection of autoreactive B cells [\[12\]](#page-7-9). C4 CNV is located on chromosome 6 and encodes for either of the two C4 paralogs, C4A or C4B has been the central target-of-interest in the study of SLE in recent years [\[13–](#page-7-10)[20\]](#page-7-11).

Although several research groups have tried to unveil the connection between C4 CNV and SLE, the association remains to be elucidated [[13](#page-7-10)[–20](#page-7-11)]. One study comes to the conclusion that lower total C4 CNV and C4A CNV were the protective factor for SLE [\[19](#page-7-12)], while other 7 studies have the opposite conclusion. Four studies do not fnd the association between C4B CNV and SLE [\[14](#page-7-13), [15,](#page-7-14) [17](#page-7-15), [18](#page-7-16)], other 2 studies think lower C4B CNV was the risk factor for SLE [[16,](#page-7-17) [17](#page-7-15)], but the others have the opposite views. Hence, in this study, we have performed a meta-analysis to comprehensively understand the role of C4 CNV, including total C4 CNV, C4A CNV, C4B CNV, long C4 CNV and short C4 CNV, in SLE.

Methods

Data source

A comprehensive search of studies, using the search terms C4 CNV and SLE, was conducted in three databases, including Pubmed, Embase, and Web of Science databases, through February 1, 2019. No limitations were placed on the type of study.

Inclusion and exclusion criteria

To be included in the meta-analysis, the studies had to meet the following inclusion criteria: published prior to February 1, 2019; case-control study evaluating the relation between C4 CNV and SLE; sufficient data to estimate the odds ratio (OR) with 95% confdence intervals (95% CI); and written in English. Studies were excluded from the meta-analysis for the following reasons: case report or family-based study; lack of usable data; and studies with duplicate data.

Data extraction

In accordance with the inclusion criteria, the following items were extracted independently by two investigators. First, the study characteristics, including the frst author, publication study, title, sample size, study population, and genotyping methodology, were recorded. Secondly, the number of C4 CNV in SLE patients and healthy controls was noted. Any disagreement between the investigators was resolved by discussion until a consensus was reached. If they failed to reach an agreement, a third investigator was consulted to resolve the discrepancy.

Study quality assessment

Two investigators assessed the studies that met the inclusion criteria independently using the Newcastle Ottawa Scale (NOS) [\[21](#page-7-18)]. Three factors were assessed in the NOS, including selection (0–4 points), comparability (0–2 points), and outcome (0–3 points). NOS scores>6 was considered high quality.

Statistical analysis

The meta-analysis was conducted using the STATA 12.0 software (Stata Corp., College Station, TX, USA). Associations between C4 CNV and SLE were estimated by pooled OR and 95% CI. Between-study heterogeneity was assessed by the Q-test, with p value [phet] < 0.10 regarded as statistically significant heterogeneity, and I^2 statistics (I^2 > 50%). In the absence of signifcant between-study heterogeneity, the analysis was conducted using a fxed-efects model. For statistically signifcant heterogeneity, the random-efects model was applied. Potential publication bias was estimated by the Begg's funnel plot and Egger's test with the threshold *p* value set to 0.10. A sensitivity analysis was performed to assess the infuence of each study on the pooled OR. All *p* values less than 0.05 were considered statistically significant.

Results

Study selection and characteristics

By searching the three databases, we identifed 115 potential studies for the meta-analysis, including 19 from PubMed, 42 from Embase, and 54 from Web of Science. After removing duplicates and articles not relevant to our meta-analysis, 19 full-text articles were retrieved for further analysis. From the 19 articles, nine were excluded for failing to satisfy the inclusion criteria, and two were excluded for lacking usable data. Hence, a total of eight case-control studies, containing 4107 patients with SLE and 5889 healthy controls, were fnally included in the meta-analysis (Fig. [1](#page-2-0)).

All the included articles were published in English. The baseline study characteristics are shown in Table [1](#page-3-0). Six studies used TaqMan real-time PCR to genotype C4 CNV, with 1 study used paralog ratio test and other one used multiplex ligation-dependent probe amplifcation (MLPA).The NOS was to evaluate the quality of the enrolled studies. Among the eight studies included in the meta-analysis, two scored 8, four scored 7, one scored 6, and one scored 5 (Fig. [2\)](#page-4-0).

Total C4 CNV and SLE

A total of eight studies, which contained 4107 patients with SLE and 5889 healthy controls, were included in this meta-analysis. In summary, 1152 participants had lower total C4 CNV (mutation rate: 33.96%), while that of the control group was 1152 (mutation rate: 21.83%). As the between-study heterogeneity was significant $(I^2 = 79.0\%$, $phi = 0.0001$, the random-effects model was used for the analysis. Next, lower total C4 CNV was found to be associated with SLE in the overall analysis (pooled OR: 1.55, 95% CI: 1.23–1.95). Four studies were conducted in Caucasians, while the others were conducted in East Asians. The

subgroup analysis showed a signifcant association between lower total C4 CNV and SLE in Caucasians (pooled OR: 1.84, 95% CI: 1.60–2.12), yet not East Asians.

C4A CNV and SLE

Eight studies with 3393 cases and 5282 healthy controls were involved in this meta-analysis. In total, 886 participants had lower total C4 CNV (mutation rate: 26.11%), while that of the control group was 744 (mutation rate: 14.09%). As the between-study heterogeneity was significant $(l^2 = 67.5\%,$ $phi = 0.002$), a random-effects model was used for the analysis. Next, lower C4A CNV was not found to be associated with SLE in the overall analysis (pooled OR: 1.86, 95% CI: 1.51–2.29). Four studies were conducted in Caucasians, while the others were conducted in East Asians. The subgroup analysis found the association in Caucasians (pooled OR: 2.23, 95% CI: 1.92–2.59), but not East Asians (Fig. [3](#page-4-1)).

C4B CNV and SLE

Eight studies with 3393 cases and 5276 healthy controls were involved in this meta-analysis. In total, 1003 participants had lower total C4 CNV (mutation rate: 29.56%), while that of the control group was 1350 (mutation rate: 25.59%). As the between-study heterogeneity was signifcant

Fig. 1 Flowchart of studies included in the meta-analysis

References	Population	Case	Control	Disease	Diagnosis	Method	Gene	NOS
Juptner et al. [13]	Northern European	169	520	SLE	$\ensuremath{\mathsf{ACR}}$	TaqMan real-time PCR	Total C4 C ₄ A C4B	7
Tsang-A-Sjoe et al. [14]	Caucasian	140	104	SLE	$\ensuremath{\mathsf{ACR}}$	MLPA	Total C4 C ₄ A C4B	6
Chen et al. [15]	Chinese	999	1347	SLE	$\ensuremath{\mathsf{ACR}}$	TaqMan real-time PCR	Total C4 C ₄ A C4B Long _{C4} Short C4	7
Kim et al. [16]	Korean	308	307	SLE	$\ensuremath{\mathsf{ACR}}$	TaqMan real-time PCR	Total C4 C ₄ A C4B	$\,$ 8 $\,$
Boteva et al. [17]	UK	501	719	SLE	$\ensuremath{\text{ACR}}$	Paralog Ratio Test	Total C4 C ₄ A $\rm C4B$	$\,$ 8 $\,$
	Spanish	527	460	SLE	ACR	Paralog Ratio Test	Total C4 C4A C4B	
Lv et al. [18]	Chinese	924	1007	SLE	$\ensuremath{\text{ACR}}$	TaqMan real-time PCR	Total C4 C ₄ A C4B Long _{C4} Short C4	7
Kamatani et al. [19]	Japanese	178	899	SLE	ACR	TaqMan real-time PCR	Total C4 C ₄ A C4B Long _{C4} Short C4	5
Yang et al. [20]	Caucasian	361	517	SLE	ACR	Real-time PCR	Total C4 C ₄ A C4B Long _{C4} Short C ₄	7

Table 1 List of studies included in this meta-analysis

MLPA multiplex ligation-dependent probe amplifcation

 $(I^2 = 87.8\%$, phet = 0.0001), a random-effects model was used for the analysis. Next, lower C4B CNV was not found to be associated with SLE in the overall analysis (pooled OR: 1.06, 95% CI: 0.78–1.42). Four studies were conducted in Caucasians, while the others were conducted in East Asians. The subgroup analysis was unable to detect any associations in the Caucasians or East Asians.

Long C4 CNV and SLE

Four studies with 2381 cases and 2983 healthy controls were involved in this meta-analysis. In total, 60 participants had lower total C4 CNV (mutation rate: 2.52%), while that of the control group was 73 (mutation rate: 2.45%). As the between-study heterogeneity was significant $(I^2 = 85.4\%$, $phi = 0.0001$), a random-effects model was used for the analysis. Less of the long C4 CNV was not found to be associated with SLE in the overall analysis (pooled OR: 0.85, 95% CI: 0.25–2.91).

Short C4 CNV and SLE

Four studies with 2382 cases and 2983 healthy controls were involved in this meta-analysis. In total, 1557

Fig. 2 The results of the meta-analysis. **a** results of C4A CNV and SLE, **b** results of C4B CNV and SLE, **c** results of long C4 CNV and SLE, **d** results of short C4 CNV and SLE

Fig. 3 The results of the subgroup analysis. **a** subgroup analysis of C4A CNV and SLE, **b** subgroup analysis of total C4 CNV and SLE

participants had lower total C4 CNV (mutation rate: 65.37%), while that of the control group was 1731 (mutation rate: 58.03%). As the between-study heterogeneity was significant (l^2 = 68.3%, phet = 0.024), a random-effects model was used for the analysis. Short C4 CNV was not found to be associated with SLE in the overall analysis (pooled OR: 1.13, 95% CI: 0.88–1.46).

Publication bias and sensitivity analyses

The funnel plot did not show any signifcant signs of symmetry for total C4 CNV, C4A CNV, C4B CNV, long C4 CNV, or short C4 CNV (Fig. [4](#page-5-0)). Similarly, the Egger's test was also conducted and implied the absence of publication bias (*p*=0.12, 0.47, 0.75, 0.73, 0.73, respectively). In addition, sensitivity analyses were also conducted. There was no single study that dominated the overall pooled results (Fig. [5\)](#page-6-0), which further indicated the stability and reliability the results of the analyses were stable and reliable.

Discussion

There have been conficting results about the relationship between C4 CNV and SLE in previous studies [[13](#page-7-10)[–20](#page-7-11)]. One study comes to the conclusion that lower total C4 CNV and C4A CNV were the protective factor for SLE [[19](#page-7-12)], while other 7 studies have the opposite conclusion. Four studies do not fnd the association between C4B CNV and SLE [[14,](#page-7-13) [15](#page-7-14), [17,](#page-7-15) [18](#page-7-16)], other 2 studies think lower C4B CNV was the risk factor for SLE $[16, 17]$ $[16, 17]$ $[16, 17]$ $[16, 17]$, but the others have the opposite

views. However, in the current study, our fndings demonstrate that lower C4A and total C4 CNV are associated with SLE, whereas there SLE was not found to be associated with low C4B CNV, short C4 CNV, or long C4 CNV. The disparity could be attributed to several reasons, including the complexity of the C4 gene itself, diferences in SLE patients, and diferences in genotyping methods for C4 CNV.

The C4 gene, which is located on chromosome 6, is part of the segmental duplication of the RCCX module. The C4 genes showed signifcant CNV. It encodes for either of the two C4 paralogs, C4A or C4B, which has 99% sequence similarity in 41 exons and is diferentiated by five conserved nucleotide changes in exon 26, causing four isotype-specifc amino acid substitutions at positions 1101 to 1106: PCPVLD for C4A and LSPVIH for C4B. Also, the amino acid substitutions result in diferent biochemical activities for C4A and C4B [[22\]](#page-7-19). C4A has a longer half-life and higher affinity for amino groups, suggesting a role in the clearance of immune complexes. However, C4B binds more efectively to hydroxyl groups, resulting in a reduced half-life, as compared to C4A, and implies a possible role in the membrane attack complex formation and defense against bacterial pathogens [[23](#page-7-20)]. The current

Fig. 4 The results of the publication bias. **a** results of C4A CNV and SLE, **b** results of C4B CNV and SLE, **c** results of long C4 CNV and SLE, **d** results of short C4 CNV and SLE

Fig. 5 The results of the sensitivity analyses. **a** results of C4A CNV and SLE, **b** results of C4B CNV and SLE, **c** results of long C4 CNV and SLE, **d** results of short C4 CNV and SLE

study detected an association between low C4A CNV and SLE, but not C4B. However, the exact molecular mechanism still requires further investigation.

It is important to mention the several caveats of this meta-analysis. First, publication bias due to the tendency of researchers to publish positive results and disregard negative fndings is a well-established and inherent problem when interpreting the results of any meta-analysis [[24\]](#page-7-21). Although no significant publication bias for individual mutations was apparent in this study, a selective reporting bias could afect the results, despite the evaluation at multiple genetic markers if only selected subgroups with the most signifcant results were reported. Secondly, the quality of the studies included in this meta-analysis could infuence the reliability of the study. The NOS scores, which were used to estimate the quality of each study, ranged from fve to eight, indicating that the studies were of sufficient quality. Thirdly, the study was performed by combining the results of retrospective case-control studies.

Therefore, although the results of the study are highly provocative, they must be interpreted carefully.

In summary, our study demonstrates that low total C4 CNV and C4A CNV are associated with SLE in Caucasians, but not in East Asians. In addition, C4B CNV, short C4 CNV, and long C4 CNV were not associated with SLE. However, the exact mechanism by which SLE is associated with C4 CNV and low serum C4 requires further investigation.

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Compliance with ethical standards

Conflict of interest The authors declare no conficts of interest.

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