ORIGINAL PAPER

Three‑dimensional fnite element analysis on cochlear implantation electrode insertion

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Received: 20 September 2022 / Accepted: 19 November 2022 / Published online: 13 December 2022 © The Author(s), under exclusive licence to Springer-Verlag GmbH Germany, part of Springer Nature 2022

Abstract

Studying the insertion process of cochlear implant (CI) electrode array (EA) is important to ensure successful, sufficient, and safe implantation. A three-dimensional fnite element (FE) model was developed to simulate the insertion process. The cochlear structures were reconstructed from an average statistical shape model (SSM) of human cochlea. The electrode is simplifed as a long and tapered beam of homogeneous elastic materials, contacting and interacting with the stif cochlear structures. A quasi-static insertion simulation was conducted, the insertion force and the contact pressure between the electrode and the cochlear wall, were calculated to evaluate the smoothness of insertion and the risk of potential cochlear trauma. Based on this model, diferent EA designs were analyzed, including the Young's modulus, the straight or bended shape, the normal or a more tapped section size. The infuence of the insertion angle was also discussed. Our simulations indicate that reducing the EA Young's modulus, tapering and pre-bending are effective ways to ensure safe and successful EA implantation. This model is benefcial for optimizing EA designs and is potentially useful for designing patient-specifc CI surgery.

Keywords Cochlear implant · Electrode array · Finite element · Insertion force · Contact pressure

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1 Introduction

Cochlear implant (CI) provides signifcant beneft to patients with severe to profound sensorineural hearing loss due to diseases or aging (Zeng et al. [2008](#page-11-0)). It bypasses the acoustic hearing pathway by directly stimulate the auditory nerves in the cochlea, which is the most important hearing organ. CI consists of the outside wearable audio processor and the surgically implanted component. The audio processor transmits sounds into electric signals, and transfers the signal to the implanted part via a pair of RF coils. Then the signal stimulates the cochlear nerves via an electrode array (EA), which is inserted into the cochlea.

Clinical evidences have proven that the EA insertion process during the CI surgery is crucial for patients outcomes (Holden et al. [2013](#page-11-1)). The EA may damage soft cochlear tissues including the hearing organs during the insertion, causing further damage to the residual hearing of the patients, and infuence the electric-acoustic stimulation (Roland and Wright [2006\)](#page-11-2). Furthermore, the intracochlear trauma may also increasing the risk of fbrosis and ossifcation (Fayad et al. [2009](#page-11-3)). Studies in healthy human temporal bones (De Seta et al. [2017\)](#page-10-0) and postmortem CI-implanted

patients (Kamakura and Nadol [2016](#page-11-4)) have shown trauma in the ligament and basilar membrane, which bears the hearing cells and nerves. Great efforts have been done to avoid or minimize the insertion-induced trauma, including optimization of both the EA designs and the surgical inserting procedure (Risi [2018](#page-11-5), Grayeli et al. [2014\)](#page-10-1). Technologies of using robot-aided EA implantation are also developed to ensure a smooth and safe insertion (Majdani et al. [2009](#page-11-6); Caversaccio et al. [2017](#page-10-2)).

Infuencing factors to minimize the trauma includes the insertion angle, the speed and most importantly, the structural and mechanical properties of the designed EA (Rajan et al. [2013;](#page-11-7) Aebischer et al. [2021;](#page-10-3) Chen et al. [2003\)](#page-10-4). These factors afect the insertion dynamics greatly. Although the confguration of an inserted EA were observed using various techniques (CT of diferent resolutions, postmortem sectioning, etc.), in vivo observation of the EA insertion process is very difficult. Moreover, the interaction between the EA and the cochlear structures is invisible due to limitation of current imaging technologies. A successful EA insertion should be sufficient, smooth and safe, the contact force of the electrode tip is essential but difficult to measure (Wade et al. [2014](#page-11-8)).

To obtain comprehensive understanding of the EA insertion process, fnite element analysis (FEA) have been adopted (Chen et al. [2003](#page-10-4); Lim et al. [2005](#page-11-9); Kha et al. [2007](#page-11-10); Kha and Chen [2012](#page-11-11); Goury et al. [2016](#page-11-12); Areias et al. [2021](#page-10-5)). The advantage of FEA is twofolds. Firstly, the cochlear and EA models are uniform, allowing an exact univariate analysis, while experimental studies are interfered by individual geometrical diferences between specimens, and also by variations of mechanical properties among diferent manufactured EAs. Secondly, FEA transparentize the dynamic insertion process, allowing to obtain forces and pressures that are difficult or impossible to obtain during surgeries or experiments.

An early simplifed 2D EA insertion model was developed by Chen et al. ([2003\)](#page-10-4), the bulking and tip contact pressure of diferent EA designs were studied. Later, they developed a 3D model and evaluated the trauma via contact frequency and shear stress near the electrode tip (Kha et al. [2007](#page-11-10); Kha and Chen [2012](#page-11-11)). Goury et al. ([2016\)](#page-11-12) developed a 3D FEA model to simulate the EA insertion process, they found that the insertion angle is a parameter related with insertion failure (Goury et al. [2016](#page-11-12)). A recent 3D model was developed by Areias et al. (2021) (2021) , the insertion process was fully simulated and mechanical properties of diferent EA designs was discussed. Furthermore, FEA models were also developed to simulate the electrical stimulations of EAs (Kalkman et al. [2016](#page-11-13)), and there also exists non-physical algorithms for fast prediction of the implanted confguration of EAs (Duchateau et al. [2015\)](#page-11-14).

In this paper, we proposed a 3D fnite element model to simulate the complete insertion process of the EA. Four types of EA were created (by tapering the section size or pre-bending the EA) and simulated, the insertion force and tip contact pressure were calculated, and then the infuences of tapering and pre-bending were discussed. Other factors were also investigated, including the stifness of the EAs and the inserting angles. This model is benefcial to the design of EA as well as to further computer-aided patient-specifc designs of CI surgery.

2 Modeling

2.1 Cochlea model—geometry and mesh

Cochlea is a long, spiral tube flled with lymph, separated into three chambers (scala vestibula, scala media and scala tympani) by two membranes (the Reissner's membrane and the basilar membrane). The cochlear walls are mostly dense bony structures. The EA is inserted into the scala tympani, either through the round window at the base of the cochlea, or through an artifcially drilled hole near the round window. Therefore, for a convincible simulation of the CI insertion, an proper geometrical reconstruction of the cochlear walls, especially the scala tympani is essential. The geometry of cochlea walls can be generated using either simplifed semi-analytically described shapes (Lim et al. [2005](#page-11-9)), or from CT reconstructions (Kha and Chen [2012;](#page-11-11) Goury et al. [2016](#page-11-12); Areias et al. [2021](#page-10-5)). However, semi-analytical simplifications seems to lose many detailed features, while CT reconstruction may bring in information that are individually dependent, due to the variation of cochlea. In this paper, we adopted the "average cochlea" of more than 100 cochlear samples (including both males and females). The open-source average cochlea was built up using the statistical shape model (SSM) and shared by Gerber et al. [\(2017](#page-11-15)). It has been reported that the cochlear length has signifcant diferences between males and females but not related with age (Sato et al. [1991](#page-11-16)). Moreover, slight diferences have also been reported between ethnic groups (Thong et al. [2017](#page-11-17)). Therefore, although the usage of our average cochlea model may lose some gender related details, but would be able to give a general knowledge of the EA insertion process.

The SSM of cochlea was originally represented by a series of about 95,259 points or landmarks in 3D space, forming a point cloud (see Fig. $1A$ $1A$)¹ To generate a finite element mesh of the model, following procedures were performed. Firstly, surface reconstruction using the ball

¹ The SSM model is shared at SICAS Medical Image Repository, <https://doi.org/10.22016/smir.o.207473>, with CC-BY 3.0 license.

Fig. 1 The fnite element cochlear model. **A** Original point cloud; **B** Reconstructed surfaces, with a few geometrical errors; **C** Finite element mesh of the cochlea, consisting of the scala vestibula, the scala tympani, bone lamina and the basilar membrane. The height of the

pivoting algorithm was conducted within the open-source geometry processing software MeshLab (v1.3.0b). The reconstructed surfaces, described by triangular patches, had quite a few geometrical errors (see Fig. [1B](#page-2-0)). Moreover, the triangular patches were irregular and of poor-quality so that the model could not be directly used for an FEA simulation. Therefore, the second step was to manually correct those geometrical errors with the fnite element preprocessor HyperMesh (v14.0, Altair). Meanwhile, the model was

cochlea is about 3.5 mm (in Y-direction) and the width is about 7.5 mm (in Z-direction); **D** Assembling of the cochlea and electrode model. The tip of electrode array locates at the center of the round window

re-meshed with regular and uniform meshes. Since the remeshed model lacks the basilar membrane and bony lamina that separate the cochlea, these lacked structures were generated according to geometrical characteristics of the cochlear walls (see Fig. [1](#page-2-0)C, top view). Besides, a roughly round hole was made at the base of the cochlear model, representing the round window for EA insertion.

Since the bony walls were much stifer (about several GPa) than the EA, the cochlear walls were meshed with

Fig. 2 The model of electrode array. Four types with diferent geometrical parameters are presented. Type 1 - straight electrode with normal tapered section size; type 2 - straight electrode with more

tapered (or softened) section size; type 3, bended electrode with normal section, and type 4 - bended and softened electrode

3-node triangular shell elements and modeled as rigid body, with all translational and rotations degrees of freedom (DOF) constrained. The cochlear model had 7,517 nodes and 15,294 elements (see Fig. [1C](#page-2-0)). Figure [1](#page-2-0)D shows the assembling of the cochlear model and the EA model, which will be discussed later.

2.2 EA and contact modeling

The EA model is a simplifcation of the commercial EA (LCI-20PI, Listent, China), which is designed to be inserted along the lateral wall of the cochlea. The geometrical and material data were provided by Hearing Medicine Key Laboratory, National Health Commission of China. The EA is composed with metal electrodes immersed in the silicon base. In our model, the EA was described as a uniform material, which is a common simplifcation. The simplifed EA consisted of the handle, the body, and the tip. The handle was a cylinder, the tip was a semi-sphere, and the body consisted of four segments, (1) a tapered cylinder (length, 15.7 mm; diameter ranges linearly from $D_2 = 0.7$ mm to D_3), (2) a cylinder segment (length, 3.2 mm; diameter $D_2 = 0.7$ mm), (3) a connecting segment (length 1.3 mm, diameter changes from $D_1 = 1.0$ mm to $D_2 = 0.7$ mm), and (4) another cylinder segment (length, 4.8 mm; diameter $D_1=1.0$ mm), see Fig. [2](#page-3-0). The insertion depth of the designed EA is about 20.2∼25.0 mm in practice. For a full-length implantation, an enlargement of the round window may be needed, since the diameter of the round window is about 1.0 mm. For some patients with smaller round window size or cochlear size, an alternative is to only implant segments (1) to (3). In our simulation, a fully implantation process was simulated.

In this study, we compared the straight and pre-bended EA, and also compared the normal shape and a softened tapered shape (fulflled by further tapering the EA), making four diferent combinations for the EA, we named them type 1 (straight, normal), 2 (straight, tapered), 3 (bended, normal) and 4 (bended, tapered), respectively, see Fig. [2](#page-3-0). The geometrical parameters of the normal and tapered EA are listed in Table [1.](#page-4-0) The tapered EA has a smaller diameter near the tip, thus being more soft. The bended EA has the same geometrical parameters as the straight one, except for a bended central axis line, which was approximated by a polynomial function. The EA body and handle are longitudinally divided into 300 divisions (250 divisions for the body and 50 divisions for the handle), and meshed with structured block elements. Abaqus C3D8R elements were used, the EA model contained 12,432 nodes and 9,680 elements in total.

Electrode part	Geometrical parameters	Values and descriptions
Handle	Length	5.0 mm
	Diameter	1.0 mm
$Body - segment (1)$	Length	15.7 mm
	Diameter	Linearly tapered $D_2 \sim D_3 0.7 \sim 0.45$ mm (normal, type 1,3) 0.7 \sim 0.35 mm (softened, type 2,4)
Body - segment (2)	Length	3.2 mm
	Diameter	$D_2 = 0.7$ mm
$Body - segment (3)$	Length	1.3 mm
	Diameter	Linearly tapered, $D_1 \sim D_2$, 1.0~0.7 mm
Body - segment (4)	Length	4.8 mm
	Diameter	$D_1 = 1.0$ mm
Tip	Radius	$D_2/2$ 0.225 mm (normal, type 1,3) 0.175 mm (softened, type 2,4)

Table 1 Geometrical parameters of the electrode array

The Young's modulus of EA is the most important parameter (Kha et al. [2004](#page-11-18)), adopted to be several hundreds MPa in previous models, dependent on diferent electrodes. The efective Young's modulus of our EA is about 300 MPa. Therefore, we chose three values (150 MPa, 300 MPa and 600 MPa) for parameter analysis. The Poisson ratio of electrodes are chosen to be 0.3. The density of EA is around 1.5 $kg/m³$. Since the insertion of EA is a very slow process, the mass efect is ignorable and the density is insensitive.

The node-to-surface contact algorithm is adopted to mimic the interaction between the electrode and the cochlea walls, and fulflled in Abaqus. A full contact defnition includes the normal and tangent behavior. For the normal behavior, the "hard contact" assumption was used; for the tangent behavior, the Coulomb friction model was obtained. The influence of the friction coefficient has been reported an infuencing factor (but hard to determine) to the inserting process, an evaluation of 0.1 was adopted according to literature data (Areias et al. [2021;](#page-10-5) Kha and Chen [2006](#page-11-19)).

2.3 EA insertion simulation

The EA insertion process is simulated in the time domain. The dynamics of EA should satisfy that

$$
\mathbf{M} \cdot \ddot{u} + \mathbf{K} \cdot u = f^{\text{insertion}} + f^{\text{contact}} \tag{1}
$$

where *u* is the displacement of EA nodes (including *x*, *y* and *z* components) and *f* is the acting force to the EA due to insertion or contact, **M** and **K** are the assembled mass and stifness matrices, respectively. A quasi-statistic simulation was adopted, thus the mass matrix is virtually scaled to solve the equilibrium equation

$$
\mathbf{K} \cdot u = f^{\text{insertion}} + f^{\text{contact}} \tag{2}
$$

The insertion process was divided into multiple sub-steps, ensuring a smooth implantation. At the beginning of the insertion, the straight EA was set in place, with its tip located at the center of the round window. Then the EA was inserted by a total of 250 sub-steps (corresponding to the mesh divisions of the EA body, each sub-step corresponds to 0.1 mm insertion). For each sub-step, to mimic a small insertion, a displacement boundary condition to the nodes that are out of the cochlea were given; and the displacement of the nodes in the cochlea were calculated by solving the equilibrium equation. Since the contact pressure and insertion force were strongly related to the deformation of the EA, an iterative process was necessary to solve the nonlinear problem. To inserting the bended EA, an initial straighten step was added. This would create stress within the EA, which would be gradually released during the step-by-step insertion process. Due to the larger diameter of segment (4) of EA body ($D_1 = 1$ mm), when the insertion depth exceeds about 20 mm, the insertion simulation may fail due to overlap between the EA body and the round window. Therefore, to ensure successful insertion, the contact between segment (4) of the EA body and the cochlear base were suppressed, mimicking an enlargement of the round window.

2.4 Simulation and data processing

All the simulations were conducted in Abaqus (v6.13, Dassault Systems), with a desktop computer (CPU 2.70GHz, 16 GB RAM, Window 10 system). The simulation results were extracted using Abaqus Python Interface, and further analyzed with MATLAB (R2020a, Mathworks).

(A) Simulated insertion process (B) Sketch of the electrode insertion

Fig. 3 The electrode insertion process. **A** The simulated insertion results (electrode type 1, 300 MPa, friction ratio 0.1), snaps of insertion depth 0, 5, 10, 15, 20, and 25 mm, with corresponding cochlear

3 Results and discussion

3.1 The EA inserting process

Figure [3](#page-5-0) gives the simulated inserting process of the type 1 electrode (assuming Young's modulus 300 MPa, friction coefficient 0.1) for demonstration purpose. Configurations of the EA are shown at fve diferent insertion depth, 0 mm, 5 mm, 10 mm, 15 mm, 20 mm and 25 mm. As shown in the corresponding 2D sketches, the insertion process can be divided into the following procedures: (1) Non-contact insertion when the EA does contact the cochlea wall, (2) the EA tip contacts and slides along the cochlear lateral wall, (3) the EA bends toward the lateral wall of the cochlea, (4) the EA fully contacts with the cochlear walls for further "continuous" insertion to its full length. Note that the process (2) and (3) may appear repeatedly. Besides the insertion depth,

angles $\theta = 40^\circ, 95^\circ, 195^\circ, 270^\circ, 380^\circ$ and 520° ; (B) 2D sketches of the insertion process. Four diferent stages occur during the insertion process

the electrode tip location may alternatively be evaluated using the cochlea angle, θ (Xu et al. [2000](#page-11-20)). In this simulation, when the 25 mm electrode was fully implanted, the cochlear angle is about 520°. During the whole insertion process, the EA tip slides along the lateral wall of the cochlea, therefore, the trauma to the structures of the lateral wall is the most commonly reported (Roland and Wright [2006\)](#page-11-2).

3.2 Infuence of the EA stifness on insertion force and contact pressure

The contact force / pressure between the EA and cochlear wall is an essential fact related to cochlea damage. Although difficult to measure during the cochlear implantation surgeries or experiments, the contact force / pressure is feasible to obtain using numerical simulations. Meanwhile, the insertion force is another essential parameter to evaluate

Fig. 4 The electrode insertion force and tip contact pressure. **A** A sketch for the obtainment of insertion force and tip contact pressure. **B1**–**B4** The insertion forces of four diferent electrode types; **C1**–**C4**

The tip contact pressure of four diferent electrode types. For each electrode type, results of three diferent Young's modulus (150 MPa, 300 MPa, and 600 MPa) are plotted

the implantation of EA, which can be both experimentally measured or calculated through simulations (Roland [2005](#page-11-21); Todd [2007;](#page-11-22) Goury et al. [2016](#page-11-12)). It is usually considered that higher insertion force adds difficulty in the insertion as well as the risk to harm the fragile structures within the cochlea. In this simulation, the insertion force is obtained from the electrode nodes that are nearing the center of the round window at each process. These nodes form a section that are inserted into the cochlea during the current time step, as shown in Fig. [4A](#page-6-0). The insertion force is calculated as the summation of x-directional reaction forces (which can be directly exported in Abaqus) associated with each node of this section. The tip contact pressure is defned as the nodal pressure between the electrode tip and the cochlear wall. At each insertion step, the maximum nodal pressure of the electrode nodes at the tip region (assumed as 0.25 mm length) was obtained.

Figure [4B](#page-6-0)1-B4 gives the insertion force curves from simulations of four types of EAs with three diferent Young's modulus, 100 MPa, 200 MPa and 400 MPa. Figure [4](#page-6-0)C1-C4

Fig. 5 Insertion force and tip contact pressure of diferent electrode types. **A1**–**A3** The insertion forces of four diferent electrode types, for three Young's modulus setups; **C1**–**C4** The tip contact pressure of four diferent electrode types. Red solid curve—electrode type 1

(normal section size, straight); blue solid curve—electrode type 2 (tapered section size, straight); red dotted curve—electrode type 3 (normal section size, bended); and blue dotted curve - electrode type 4 (tapered section size, bended)

gives the corresponding contact pressure. In Fig. [4B](#page-6-0)1, previous experimental insertion force data by Roland (2005, in Fig. 12 - SIT) Roland ([2005](#page-11-21)) and Todd ([2007](#page-11-22), in Fig. 2 - SIT) Todd ([2007\)](#page-11-22) and numerical results by Goury (2016, in Fig. 6 - successful insertion) Goury et al. [\(2016](#page-11-12)) were also plotted for comparison. In Fig. [4C](#page-6-0)1, the simulated contact pressure of Chen ([2003,](#page-10-4) in Fig. 5 - design C), Chen et al. ([2003\)](#page-10-4) and Lim ([2005,](#page-11-9) in Fig. 11 - profle 1) Lim et al. ([2005](#page-11-9)) was plotted. Since the absolute values of contact pressure in literature vary from tens of kPa to several MPa, highly depending on the design of EA. Here, the data from Lim ([2005\)](#page-11-9) were scaled down by 0.1. All the data in literature were interpolated and smoothed for a better view, and the transition from the cochlear angle to the insertion depth were conducted whenever necessary.

The insertion force generally increases with the increase of the insertion depth (and the cochlear angle), and the forces are mostly within range of 0 to 0.5 N. Our results are consistent with previous data. The insertion force is near 0 before the EA touches the lateral wall of the cochlea (at cochlear angle about 150◦, or insertion depth of about 8 mm), and increases nearly exponentially thereafter (Risi [2018](#page-11-5)). However, the profles of the insertion force increase depends on factors such as the electrode model, the experimental measurement object (on plastic models or temporal bones), and the cochlear size. The profle of our simulated insertion force demonstrated a typical two-peak feature that has been reported by both Roland [\(2005\)](#page-11-21); Todd ([2007](#page-11-22)).

Similarly, both our simulation and the previous data show that the tip contact pressure has a dramatic increase after the electrode touch the intracochlear lateral wall (from insertion depth 6 to 8 mm), but the variation becomes smaller for further insertion.

3.2.1 Young's modulus

Comparing the curves representing diferent Young's modulus in each subplots of Fig. [4](#page-6-0)B1-B4 and C1-C4, it is obvious that the electrode Young's modulus is one of the dominating factors that infuencing the EA insertion. Increasing the Young's modulus by a factor of 2 (from 150 MPa to 300 MPa, or from 300 MPa to 600 MPa), both the insertion force (B1-B4) and the tip contact pressure (C1-C4) are roughly doubled, indicating that they are proportional to the Young's modulus.

3.2.2 Diferent types of EA

Figure [5A](#page-7-0)1-A3 demonstrates the insertion forces of diferent electrode types, and Fig. [5](#page-7-0)B1-B3 gives the corresponding tip contact pressure. It is shown that the insertion force can be efectively reduced by tapering the EA section size, as well as making the EA pre-bended (see Fig. [5A](#page-7-0)1-A3). For example, the insertion force reaches 0.35 N for a normal-sized, straight EA, when implanted to 20 mm (red solid curve in Fig. [5A](#page-7-0)2), and reduced to 0.24 N when it is tapered (red dotted curve). When pre-bended, the insertion force reduced to 0.28 N (blue solid curve) and 0.18 N (blue dotted curve) for a normal and tapered EA. The insertion force is reduced by about 34% by tapering the EA, and by about 23% by pre-bending.

Similarly, tapering the EA would reduce the tip contact pressure by about 50% (see Fig. [5](#page-7-0)B1-B3). However, prebending the EA in this study has little effect on the tip contact pressure. The inefectiveness of pre-bending on reducing tip contact force may be due to the relative straight shape of the pre-bended electrode tip (see Fig. [2\)](#page-3-0).

3.3 Infuence of insertion angle

Apart from the geometrical and mechanical properties of the EA, the insertion angle may also be crucial for a smooth implantation. In this study, we discussed four different angles, as shown in Fig. [6A](#page-9-0). The insertion angle was defned as the angle formed by the EA and the centerline of the cochlea duct at the base (at about $\theta = 90^{\circ}$). Four angles were analyzed, denoted as -5 , 0, $+5$, $+10$, $+15$ degrees, where 0 degree is the "default" inserting angle (as shown in Fig. [1D](#page-2-0)), where the electrode was roughly parallel to the scala tympani centerline .

Figure [6](#page-9-0)B1-B4 presents the insertion force of the four EA types (all simulated with EA Young's modulus 300 MPa), infuenced by diferent insertion angles. The insertion force increases with the insertion angle, for all simulated electrode types. But the maximum tip contact force is not signifcantly afected (see Fig. [6C](#page-9-0)1-C4).

3.4 Factors related with the EA insertion

3.4.1 The insertion force and intracochlear trauma

According to an indentation force measurement (Schuster et al. [2015\)](#page-11-23), the rupture forces of the intracochlear soft structures were found between 42 and 122 mN, with a mean of 88 mN. Since the indentation force was applied perpendicularly to the basilar membrane, this force range is diferent from the insertion force during the EA implantation. De Seta [\(2017](#page-10-0)) reported an irregular, larger insertion force profle in the case of traumatic EA insertion, with an early peak force

of 30 ± 18.2 mN (De Seta et al. [2017](#page-10-0)), they conclude that the high peak force are correlated with basilar membrane lesion or translocation, with a high risk at 150° to 180°. However, another temporal bone study suggested that the basal trauma to the basilar membrane and osseous spiral lamina was related with the change in force profles, but not neces-sarily the result of higher peak forces (Avci et al. [2017](#page-10-6)).

3.4.2 Design of the EA

To ensure a safe and smooth insertion, the geometrical and mechanical design of EA should be considered frst (Dhanasingh and Jolly [2017](#page-11-24)). The EA stifness is the most signifcant parameter. Reducing the EA stifness would proportionally decreases the insertion force as well as the contact pressure, see Fig. [4.](#page-6-0) Although we adopted uniform effective Young's modulus to describe the EA stifness, it was quite diferent from practical engineering. The EA stifness is complicated, and determined by multiple factors, such as the number, the geometrical and material properties of metal wires, as well as their arrangement. Sometimes these factors may be optimized using intelligent algorithms. For example, Lim et al. ([2005\)](#page-11-9) found that with an optimized arrangement of metal wires, the tip contact pressure got minimal. In this arrangement, the wires roughly distributed vertically in the center in the EA, thus the bending modulus was minimal.

Another commonly used strategy is to soften the electrode tip, which can efectively reduce the insertion force and the contact pressure (Chen et al. [2003;](#page-10-4) Kha et al. [2007](#page-11-10); Goury et al. [2016;](#page-11-12) Areias et al. ([2021\)](#page-10-5). Our simulations also show that tapering the EA would be beneficial (see Fig. [5](#page-7-0)).

The length of EA is another important parameter, which is not analyzed in this study. Currently the length of commercial EAs ranges from 14 mm to more than 30 mm. A longer EA, with deeper insertion, allows to stimulate lowerfrequency regions of the cochlea, and to increase the performance of the CI. However, deeper insertion also indicate larger insertion force, thus increasing the risk of intracochlear trauma.

3.4.3 Other insertion choices or parameters

There are currently two surgical approaches: the cochleostomy (drilling an artifcial hole near the round window), and the round window (enlarged if necessary) technique. Although the cochleostomy technique would be more smooth, it is still preferred to insert through the round window since it creates no extra trauma.

Simulations by Goury et al. ([2016\)](#page-11-12) indicated that a larger insertion angle would increase the insertion force, thus the force applied on the basilar membrane would increase accordingly. Aebischer et al. ([2021\)](#page-10-3) reported that insertion angles parallel to the scala tympani centerline would reduce

Fig. 6 The infuence of insertion angle on the insertion force and tip contact pressure. **A** A sketch of four diferent insertion angles, namely, − 5, 0, + 5, + 10, + 15 degrees. **B1**–**B4** The insertion forces

of four diferent electrode types; **C1**–**C4** The tip contact pressure of four diferent electrode types

the peak insertion forces (Aebischer et al. [2021\)](#page-10-3). Our study also found that a smaller insertion angle would decrease the insertion force (e.g., $-5°$ to 0° cases in Fig. [6](#page-9-0)).

The insertion speed has also been studied numerously. A low speed of insertion is benefcial to preservation of residual hearing (Kontorinis et al. [2011](#page-11-25); Rajan et al. [2013\)](#page-11-7) by reducing the insertion force. Using a 3D fnite element model, Areias et al. ([2021\)](#page-10-5) simulated the influence of insertion speed (from 0.25 mm/s to 2 mm/s) on the insertion force, and the diference seems not very signifcant (Areias et al. [2021\)](#page-10-5). Recently, it was found that using ultra-low insertion speed $(<0.1$ mm/s) would significantly reduce insertion force (Hügl et al. [2018,](#page-11-26) Zuniga et al. [2021](#page-11-27)). When the insertion speed is sufficient slow, the insertion force would converge to minimum. That is one reason that we used the quasi-static analysis.

3.5 Limitations and future work

The frst limitation of the current work is the homogenous simplifcation of the EA, whereas in practical the EA is really complicated, made of thin platinum wires, contact metal electrodes embedded in a silicone base. The arrangement of these tiny metal structures should have great infuence on the mechanical properties, and a homogenous assumption of EA is indeed over-simplifed. Therefore, experimental verifcations are necessary for evaluate the accuracy of this fnite element framework, which should be our future work in priority.

Another limitation of this paper is that we adopted an average SSM model for the cochlea, but insertion dynamics (force profles, contact pressure, etc.) the patient-specifc cochlear geometry may be diferent. Therefore, one of our next work is to study the infuence of cochlear geometrical parameters (such as its length or section size).

4 Conclusions

In this study, we developed a fnite element framework to study the quasi-dynamic EA insertion process during CI surgery. The EA design parameters (Young's modulus, diferent types of EA design), the insertion angle, and the cochlear geometrical alterations were discussed based on the insertion force and tip contact pressure. We found (1) the EA stifness is the most important design factor to reduce the insertion force; (2) tapering and pre-bending are effectively in reducing force-induced intracochlear trauma; (3) Aligning the insertion angle to the centerline of the basal scala tympani gives positive infuence on smooth insertion. This framework is proven to be an useful tool for optimizing EA designs, and is potentially benefcence for designing patientspecific CI surgery.

Acknowledgements We would thank Prof. Cheng Hua (Department of Aeronautics and Astronautics, Fudan University) for support in numerical simulations. We are also grateful to the anonymous reviewer for his/ her valuable suggestions for improving the paper. This work was supported by Natural Science Foundation of China (Grant/Award Number: 82101221 (Ren)), Shanghai Natural Science Foundation (Grant/Award Number: 20ZR1409900 (Zhang)), and Natural Science Foundation of China (Grant/Award Number: 11932010 (Yao)).

Author contributions LJR contributed to methodology, conceptualization, software, visualization, and writing—original draft. **YY** contributed to methodology, visualization, software, formal analysis, and writing—review and editing. **YHZ** contributed to resources, methodology, and writing—review and editing. **XDL, ZJS** contributed to resources and methodology **WJY** contributed to writing—review and editing and funding. **TYZ** contributed to writing—review and editing and funding. **CW** contributed to resources, conceptualization, and writing—review and editing. **CLL** contributed to conceptualization and writing—review and editing. All authors contributed to the article and approved the submitted version.

Declarations

Conflict of interest The authors declares no confict of interest for this work.

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