ORIGINAL ARTICLE

Biochemical methane potential of food and garden waste co‑digestion with variation in solid content and inoculum:substrate ratio

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Abstract

The objective of this study is to evaluate the infuence of the addition of garden waste (GW) on the performance of food waste (FW) anaerobic digestion. In this regard, a bench scale experiment was performed via biochemical methane potential test. The reactors were composed of fasks with a total volume of 310 mL and a useable volume of 120 mL, containing the waste mixtures in the different studied conditions. All reactors were incubated under 36 °C. A factorial design was used to evaluate the infuence of three factors on methane production: inoculum and substrate ratio (I:S), volatile solid (VS) content of the mixture and type of substrate. The results indicated that the condition referred to an I:S ratio of 1:1, higher VS content (VS_{mix}) and only FW as a substrate achieved the higher methane production and differed significantly from the others. This combination resulted in 67.5% of VS removal, 509 NmL of cumulative CH_4 and a specific methane yield of 159 NmLCH₄ gVS⁻¹. The results obtained in this research indicated that the addition of GW on the anaerobic digestion of FW did not positively infuence the methane production.

Graphic abstract

Keywords Lignocellulosic waste · Anaerobic digestion · Methane yield

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Introduction

Anaerobic digestion (AD) is an efficient alternative to organic waste treatment. In the past few years, this technology has gained especial attention as it recovers energy in form of biogas, which can be used to energetic purposes $[1, 2]$ $[1, 2]$ $[1, 2]$ $[1, 2]$. Currently, the technical and scientific community are focused on establishing new process optimization techniques to treat diferent sources of organic wastes.

Food waste represents a large share of municipal solid waste and it is composed by a high organic matter content. As a result of its biodegradation products, the improper disposal of this type of waste leads to multiple environmental impacts. Besides, the large quantity of organic waste disposed in landflls decreases, as a consequence, their lifespan $[1, 3]$ $[1, 3]$ $[1, 3]$ $[1, 3]$.

Anaerobic digestion of food waste has been applied in a few countries, achieving good results regarding methane production. However, some adversities are still found when treating food waste, especially related to system stability [[4\]](#page-8-3). The anaerobic digestion of residues that are consisted of low cellulose content is limited by methanogenesis, as the great amount of easily degradable organic matter leads to a high production of volatile fatty acids (VFA), which can inhibit the further methane conversion [[5](#page-8-4)].

Co-digestion of food waste with lignocellulosic waste such as garden (leaves and branches) and agriculture waste (diferent culture straws, grain residues)—may lead to process optimization. The combination of these residues improves material properties, resulting, for instance, in a better C:N ratio, which enhances the biological treatment performance [[5–](#page-8-4)[9](#page-8-5)].

The biochemical methane potential (BMP) test is a widely used procedure that evaluates the biogas production from the biodegradation of a given type of waste. This procedure supports the study of operational conditions optimization, aiming at a further application of the process in larger scales [[10](#page-8-6)]. The inoculum and substrate ratio (I:S) is an important factor in anaerobic digestion mainly due to the introduction of a balanced microbial population in the anaerobic system [[11](#page-8-7)]. The range of I:S generally used in studies, ranges from 4:1 to 1:2. The decrease in the I:S ratio may cause accumulation of fatty acids and high ammonia concentrations in the reactor, and consequently lower methane production [\[7](#page-8-8), [12](#page-8-9)]. Furthermore, diferent residues require diferent proportions due to their particular characteristics.

In this context, the objective of this research is to evaluate the methane production potential from food waste anaerobic digestion, and also to verify if the co-digestion of food waste with garden waste enhances methane production.

Material and methods

Substrate and inoculum

The inoculum consisted of sludge provided from an anaerobic reactor, which is part of a Wastewater Treatment Plant (WWTP). Food waste (FW) refers to the post-consumption leftovers obtained from the meals served in the university restaurant of the State University of Londrina, Paraná, Brazil. The FW was removed from the food trays by water jet and it was subsequently shredded, sieved (mesh size of 5 mm), homogenized, stored and frozen to −18 °C. The garden waste (GW) consisted of grass (*paspalum notatum*) clippings collected from the university's lawn mowing. After collection, GW was left for fve days under a covered area to dry naturally and it was posteriorly submitted to milling, a physical pre-treatment, in a knife mill with a mesh size of 1.19 mm.

Experimental system

The bench scale reactors were consisted of borosilicate glass fasks. Each reactor had a total volume of 310 mL, a useable volume of 120 mL and a lid containing two outlets. One outlet was connected to a manometer to measure the pressure within the reactors from the produced biogas. The maximum pressure reading was 3 kgf cm⁻² (in a scale of 0.05 kgf cm⁻²). In the second outlet, a brass needle valve was attached and used to purge the gas to further perform its quantitative analysis.

Biochemical methane potential test

The experiment was conducted using a two-level factorial design for three factors (2^3 design) to evaluate the factors: substrate (FW and $FW + GW$); inoculum and substrate ratio—I:S (1:1 and 2:1) and the volatile solid content—VS $(VS_{mix}$ and $VS_{mix/2}$). The I:S factors selected for this experiment were those that resulted in the best methane production performance when previously tested in an experiment conducted with diferent ratios. In the conditions with the addition of GW, 20% of the OLR of the FW was replaced by GW. In regard to VS content, the values were related to the VS obtained from the mixture of inoculum and substrate (VS_{mix}) , and half of this value after dilution with water ($VS_{mix/2}$). Additional control experiments using just inoculum as substrate was also performed. In this case, the total volume of CH_4 produced has to be below 20% of the produced volume in both treatments [\[10](#page-8-6)].

All treatments were performed in triplicate. The combinations of the studied factors are presented in Table [1.](#page-2-0) After the preparation of inoculum and substrate mixtures

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Table 1 Factorial design 2^3 for the evaluation of the factors: substrate, inoculum:substrate (I:S) and volatile solids content (VS)

in the diferent conditions, sodium carbonate bufer was added in all samples until the buffer concentration in each mixture reached 2000 mg L^{-1} . The flasks were hermetically closed, incubated in an oven under mesophilic temperature $(36 \pm 1 \degree C)$ and stirred manually on a daily basis. Initially, the experiment duration was determined as the period until the daily biogas production reached less than 1% of the cumulative production for each condition [[10,](#page-8-6) [13](#page-8-10)]. However, during the experiment, some of the reactors presented low production periods, followed by its progressive increase. As a result, the monitoring period was extended, totalizing 70 days.

The volume of produced biogas and the concentration of CH_4 , CO_2 and H_2S were monitored throughout the experiment. The purges were carried out when the pressure exerted by the gas in the manometer reached between 0.75 and 1.10 kgf cm⁻² by coupling a hosepipe between the biogas outlet valve and the inlet of the portable gas analyzer (Dräger® X-am 7000). The physicochemical analyses of the initial and fnal samples from the BMP test were also performed for pH, alkalinity, TS, and VS parameters. These analyses, related to the monitoring of the reactors and also to the waste characterization were based in the procedures established on the Standard Methods for the Examination of Water and Wastewater [[14\]](#page-8-11).

Biogas measurements

The pressure exerted in the manometers was daily recorded and posteriorly converted into daily volume of produced biogas (between current and previous day), based on the ideal gas law and Clapeyron equation, according to Eq. [1](#page-2-1) [\[15,](#page-8-12) [16\]](#page-8-13):

Vol. between T and
$$
(T + 1) = \left(\frac{PF \cdot VUF \cdot C}{R \cdot TF}\right)
$$
.1000 (1)

where Vol. between *T* and $(T+1)$ is the volume of gas produced in a time interval (mL), *T* is time (days), PF is fask pressure (mbar), V_{UF} is useful volume of flask filled with gas (L), *C* is molar volume of an ideal gas $(22.41 \text{ L mol}^{-1})$, *R* is the ideal gas constant (83.14 L mbar mol⁻¹ K⁻¹), *TF* is the flask temperature (K) .

Water vapor is a biogas component and overestimates its volume in a range of 2% to 8%, in normal temperature and pressure (NTP) conditions [[17](#page-8-14)]. The pressure is a function of the temperature, so for a given temperature of 36 °C, the pressure resulted in 59.3 mbar.

The volume of produced biogas data was also adjusted to the NTP, using the local atmospheric pressure, according to Eq. [2:](#page-2-2)

$$
\text{Vol}_{\text{NTP}} = \text{Vol}_{\text{cum.}} \cdot \left(\frac{T_{\text{NTP}}}{\text{TF}}\right) \cdot \left(\frac{P_{\text{atm}} - P_{\text{w}}}{P_{\text{o}}}\right) \tag{2}
$$

where Vol_{NTP} is the volume of cumulative biogas in the period adjusted to NTP (NmL), Vol_{cum} is the volume of cumulative biogas in the period (mL), T_{NTP} is the normal temperature (237.15 K), *TF* is the fask temperature in the incubation environment (K) , P_{atm} is the local atmospheric pressure in the day of the measurement (mbar), P_w is the water vapor pressure (59.3 mbar) and P_0 is the normal atmospheric pressure (1.013 mbar).

Statistical analysis

The statistical analysis was carried out in the Software R [[18\]](#page-8-15). The goodness of ft of the models' equation was expressed by the adjusted coefficient of determination $R²_{adjusted}$ and its statistical significance was evaluated with the *F* test. The assumptions homogeneity of variances, normality and independence of errors were evaluated by the tests $[19-21]$ $[19-21]$ $[19-21]$ respectively, to validate the model. The averages were compared utilizing the Tukey test. The signifcance level of the analyses was 5%.

Results and discussion

Characterization of the inoculum and substrates

Table [2](#page-3-0) presents the data obtained from the characterization of the inoculum and the substrates (FW and GW). The VS/TS content of FW achieved 93.9%, demonstrating its biodegradation potential due to the high presence of organic matter. In this study, FW had a pH of 4.37 and did not contained alkalinity from carbonates and bicarbonates. Other studies also mentioned these properties in FW [\[22,](#page-8-18) [23](#page-8-19)]. The pH of the inoculum close to neutrality (6.8) and its high alkalinity (2.3 g L^{-1}) contributed to the FW treatment, since the latter presented acidic characteristics.

The values of carbohydrate (38%), lipid (12%) and protein (49%) content in FW are related to the waste composition. A high percentage of proteins enhances the biogas production. However, it also results in ammoniacal nitrogen and H_2S formation [\[24](#page-8-20)]. Also important is the low C:N ratio of FW (6.1) as a consequence of the high nitrogen content (7.8%). The ideal C:N ratio for anaerobic digestion is situated around 20 to 30, so the low ratio can be prejudicial to the process performance. Thus, the addition of GW as a substrate, which presented a C:N ratio

of 30, benefciates the treatment by balancing these two nutrients.

The characterization of the GW also resulted in a high organic matter content, indicated by a VS/TS of 88.4%. Nevertheless, the organic fraction of GW is distinguished from the FW due to the presence of lignin, cellulose, and hemicellulose in elevated concentrations. The content of cellulose (35%), hemicellulose (16%) and lignin (29%) are similar to another study, with the residue of grass digestion and characterized by containing 30.3% of cellulose, 25.7% of hemicellulose and 22.9% of lignin [[5\]](#page-8-4).

Operational parameters

Table [3](#page-3-1) shows the average values of pH and alkalinity at the beginning and at the end of the BMP experiment. Alkalinity and pH are two related parameters. Thus, the initial alkalinity is recommended to be within an adequate range to ensure process stability, since the formation of organic acids during the process consumes the alkalinity into bicarbonate, decreasing, consequently, the pH. Once the initial pH in this study resulted in values between 6.0 and 6.7, it was chosen to add the buffer sodium carbonate to ensure that the pH would stay within the adequate range throughout the process. As a result, the initial values of alkalinity

Table 2 Physicochemical properties of the wastes used on the biochemical methane potential experiment

Table 3 Average values of pH and alkalinity of the biochemical methane potential experiment

remained between 1655 and 4492 mg L^{-1} . These concentrations belong to the indicated range observed in literature (from 1000 to 5000 mg L⁻¹) [[24](#page-8-20)].

After the buffer addition, the initial pH values extrapolated the maximum indicated pH, reaching from 8.6 to 9.6. Still, at the end of the experiment, they decreased and prevailed close to neutrality, between 7.2 and 7.8. So, the elevated pH at the beginning of the experiments might have inhibited the acidifcation during the anaerobic process.

Performance parameters

The average values of total solids (TS), volatile solids (VS) and VS removal efficiency, related to the initial and final samples of the BMP experiment are shown in Table [4](#page-4-0). The TS of the samples were related to previously defned conditions, thus, the TS of A2, A4, B2 and B4 resulted in approximately half of the A1, A3, B1 and B3 values, respectively. The TS comprises both VS and fxed solids (FS), therefore, for the treatment efficiency evaluation, it is important to also consider the VS content, which represents the organic matter fraction of the sample.

In general, A-treatments (only with FW as substrate) resulted in higher VS removal efficiencies than B-treatments. A2 demonstrated the highest performance, with a removal of 67.5%. The low removal efficiencies of the treatments in which GW was present might be related to the difficulty in biodegradation of some specifc GW material, like lignin [\[25\]](#page-8-21).

Figure [1](#page-5-0) displays the results of the daily biogas production rate, the cumulative biogas production, and the methane content of each condition during the experiment. The daily biogas production rate curves (Fig. [1a](#page-5-0)) demonstrated an elevated biogas production in the frst days of the experiment. This fact is related to the high availability of both organic matter and microorganisms within the system, which induced the frst steps of anaerobic digestion, converted the compounds to be utilized in methanogenesis, and consequently produced biogas. After the conversion of the easily biodegradable compounds, the biogas

production decreased as the remaining compounds were more difficult to biodegrade. The maximum production rates reached 251 and 160 NmL day−1 in treatments A1 and B1, respectively, both in the frst day of experiment.

The duration of the biodegradation depends on the type of substrate used and on the operational conditions. Generally, the biogas production stabilizes after 30 monitoring days, as obtained by other researchers [\[5,](#page-8-4) [7\]](#page-8-8). In this study, the production lasted longer, and this fact might be related to the elevated initial pH.

The cumulative biogas production curves (Fig. [1b](#page-5-0)) showed that in A1 the production stabilized from the 5th to the 25th day and then increased again. This fact may have occurred due to the presence of some compounds of greater difficulty in degradation, which may have been degraded at diferent times. B1 resulted in the higher cumulative production until the 60th monitoring day. However, at this point, a considerable increase in A1 occurred, reaching at the end the highest cumulative biogas production. Both treatments obtained the greater values related to cumulative biogas production, with 1082 NmL in A1 and 931 NmL in B1.

Each condition resulted in diferent biogas production levels, which might be related to factors like the elevated initial pH and substrate composition. After the beginning of the biodegradation, probably from hydrolysis and acidogenesis steps, pH dropped and reached a value closer to ideal for the occurrence of further methanogenesis. This may be possibly related to the fact that this experiment produced biogas for a longer period. Furthermore, the components that were harder to degrade might have been degraded in several stages, leading to diferent production levels.

Regarding methane concentration in the biogas (Fig. [1](#page-5-0)c), its maximum value did not occur simultaneously with the maximum biogas production period. In the beginning of the experiment the biogas generated is mainly a result of the frst steps of anaerobic digestion and it is composed of a low methane content. The higher concentrations of methane were obtained from 30th day of experiment onwards, varying according to the conditions. A1 and A3

Table 4 Average and standard deviation (SD) TS and VS values of the Biochemical Methane Potential experiment

experiment

presented the higher methane content of the experiment, reaching 71 and 68%, respectively.

In Table [5](#page-6-0) it is presented for each studied condition the average concentrations of CH_4 , CO_2 and H_2S , the cumulative biogas volume and the specifc methane yield (SMY). The average methane concentration values were situated within the expected range for organic waste anaerobic digestion [\[24\]](#page-8-20) treatment A1 resulted in the highest content of CH_4 , as well as of CO_2 and H_2S . That can be related to the greater organic matter decomposition for this condition and also to the generation of the three gases in the diferent steps of anaerobic digestion.

Days

The specifc methane yield is represented by the total volume of produced methane as a function of the added VS mass. The highest values were obtained in treatment A1 and A2, both containing only FW and with an I:S ratio of 1:1. The treatments that GW was added to the substrate resulted in a lower SMY, which can be related not only to the higher initial VS content, but also because the substrate was harder to degrade since the structure of the lignocellulosic

Table 5 CH_4 , CO_2 and H_2S average and standard deviation (SD) concentrations, cumulative biogas volume and specifc methane yield

biomass is responsible for creating a natural obstacle against the activity of microorganisms. It is noteworthy that the chemical and morphological characteristics of this type of substrate are one of the main difculties in converting lignocellulosic materials into biofuels or other products of interest [[25\]](#page-8-21).

Comparing these results with the ones achieved [\[6](#page-8-22)], both presented similarities regarding SMY. The authors obtained a SMY improvement when food waste was added to garden waste anaerobic digestion. In their case, a replacement of 20% of the garden waste by food waste resulted in a higher methane production, with a specifc methane yield of 120 LCH₄ kgVS⁻¹ added to the reactor. Previous authors [[5\]](#page-8-4) achieved a specific production of 279 LCH₄ kgVS⁻¹ when grass was co-digested with food waste (proportion of 2.5:1.5 in gVS).

As a consequence of its high calorifc value, methane is the gas with the greatest interest to energy recovery purposes. Therefore, the statistical analysis was performed based on the results of its cumulative production. Methane production was evaluated by the factorial design $2³$, in which the factors substrate, I:S ratio and VS content were varied. The assumptions for the analysis of variance (ANOVA) were satisfed, as the proposed model attended to the assumptions of normality (Shapiro–Wilk, *p* value>0.05), homogeneity

of variance (Breusch-Pagan, p value > 0.05) of the residues and independence of errors (Durbin-Watson, *p* value > 0.05). The ANOVA demonstrated that substrate, I:S, VS and their interactions—except the interaction between substrate and I:S—presented a signifcative efect in methane production (Table 6).

Considering the signifcance of the three-way interaction, the factor substrate is dependent on the levels of the I:S and VS content factors. So, Turkey test was performed to assess the effect of each factor when the other two factor levels of this study were fxed, as presented in Tables [7,](#page-7-0) [8,](#page-7-1) [9](#page-7-2). Table [7](#page-7-0) shows the efects of the variance on I:S when substrate and VS content factors were fxed.

The condition $VS_{mix/2}$ with $FW+GW$ was the only that presented no signifcant diference, when comparing 1:1 and 2:1 ratio. In the other studied conditions, there was statistical diference between the proportions. The higher cumulative methane volumes were obtained in the inoculum and substrate proportions of 1:1.

In Table [8](#page-7-1) it is shown the effects of VS content variation when substrate and I:S ratio factors are fxed. In all levels of substrate and I:S, the higher methane production volumes were obtained when VS content were also increased (VS $_{mix}$). Also, VS $_{mix}$ was statistically different from VS $_{mix/2}$ in the 5% of signifcance level.

Table 6 Analysis of variance of cumulative methane production

*Significance at $p < 0.05$

Table 7 Statistical diferences between treatments for fxed Inoculum:Substrate (I:S) ratio

VS content	Substrate	I:S	Cumulative $CH4$ production $(NmLCHA) \pm DP$
$\mathrm{VS}_{\mathrm{mix}}$	FW	1:1	$509 + 41^a$
		2:1	421 ± 17^b
	$FW+GW$	1:1	$437 + 30^a$
		2:1	$240 + 57^{\rm b}$
$\text{VS}_{\text{mix},\ell2}$	FW	1:1	$200 \pm 24^{\rm a}$
	$FW+ / GW$	2:1	136 ± 24^b
		1:1	$175 + 7^a$
		2:1	$126 + 7^a$

Results expressed in mean±standard deviation − DP

Diferent letters in the same column indicate signifcant diferences (*p*≤0.05) according to the Tukey's test

Table 8 Statistical diferences between treatments for fxed volatile solids (VS) content

Substrate	ĿS.	VS content	Cumulative $CH4$ production (NmLCH _A)
FW	1:1	VS_{mix}	$509 + 41^a$
		$\text{VS}_{\text{mix},\ell2}$	$200 \pm 24^{\rm b}$
	2:1	VS_{mix}	$421 \pm 17^{\rm a}$
		VS_{mix} /2	136 ± 24^b
$FW+GW$	1:1	VS_{mix}	437 ± 30^a
		$VS_{\text{mix}}/2$	$175 \pm 7^{\rm b}$
	2:1	$\mathrm{VS}_{\mathrm{mix}}$	$240 \pm 57^{\rm a}$
		$\mathrm{VS}_{\mathrm{mix},\mathrm{/2}}$	$126+7^b$

Results expressed in mean \pm standard deviation

Diferent letters in the same column indicate signifcant diferences (*p*≤0.05) according to the Tukey's test

Table 9 Statistical diferences between treatments for fxed substrate type

I:S	VS content	Substrate	Cumulative $CH4$ production (NmLCH _A)
1:1	VS_{mix}	FW	$509 + 41^a$
		$FW+GW$	$437 + 30^{b}$
	$VS_{\text{mix}}/2$	FW	$200 \pm 24^{\rm a}$
		$FW+GW$	$175 + 7^{\rm a}$
2:1	\mathbf{VS}_{mix}	FW	$421 + 17a$
		$FW+GW$	$240+57^{\rm b}$
	$VS_{\text{mix}}/2$	FW	$136 + 24^a$
		$FW+GW$	$126 + 7^a$

Results expressed in mean \pm standard deviation

Diferent letters in the same column indicate signifcant diferences (*p*≤0.05) according to the Tukey's test

Lastly, the results on Table [9](#page-7-2) are referred to the effects on the substrate factor when I:S and VS content factors are fxed. There was signifcant diference between treatments with $FW and $FW + GW$ only when VS content was$ higher (VS_{mix}), for both 1:1 and 2:1 ratio. In the condition of $VS_{mix/2}$ there was no significant difference between the two substrates.

The combination 1:1 and VS_{mix} resulted in the greatest methane production and it difered signifcantly from the others. Also, within this combination, there was signifcant difference between only FW as a substrate and $FW + GW$. The condition with an I:S of 1:1, VS_{mix} and only FW as a substrate obtained the higher cumulative methane production (509 NmL), which varied when substrate changed to FW+GW, resulting in 437 NmL of produced methane. In this way, the BMP experiment for the studied conditions revealed that the addition of GW in the substrate had no positive infuence on methane production, if compared to the higher production conditions.

Conclusions

When evaluating the studied conditions of the biochemical methane potential test, it was observed by the factorial design that the inoculum and substrate ratio (I:S) of 1:1, the VS content of the mixture (VS_{mix}) and the food waste as the only substrate (FW) resulted in higher cumulative methane production. Treatment A1 obtained the greatest methane production and had statistically difered from all other treatments, achieving a cumulative $CH₄$ production of 509 NmL and a specifc methane yield of 159 NmL gVS−1. Co-digestion of food waste with garden waste $(FW+GW)$ presented a signifcant reduction in methane production, when applying a high VS content condition. This reduction might be related to the greater difficulty in degrading lignocellulosic compounds. As a suggestion for future studies, it would be interesting to study diferent types of pre-treatment of GW aiming to facilitate its biodegradation and consequently methane production.

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Supervision, Project administration, Funding acquisition. Fernando Fernandes: Conceptualization, Methodology, Resources, Supervision, Project administration, Funding acquisition.

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Availability of data and material Not available.

Declarations

Conflicts of interest The authors declare that they have no known competing fnancial interests or personal relationships that could have appeared to infuence the work reported in this paper.

Consent to participate All authors agree with its submission.

Consent for publication All authors agree with this work publication.

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