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## The role of podocytes in glomerular pathobiology

Received: September 29, 2003 / Accepted: October 5, 2003

### Abstract

Podocytes are unique cells with a complex cellular organization. With respect to their cytoarchitecture, podocytes may be divided into three structurally and functionally different segments: cell body, major processes, and foot processes (FPs). The FPs of neighboring podocytes regularly interdigitate, leaving between them the filtration slits that are bridged by an extracellular structure, known as the slit diaphragm (SD). Podocytes cover the outer aspect of the glomerular basement membrane (GBM). They therefore form the final barrier to protein loss, which explains why podocyte injury is typically associated with marked proteinuria. Chronic podocyte injury may lead to podocyte detachment from the GBM. Our knowledge of the molecular structure of the SD has been remarkably improved in the past few years. Several molecules, including nephrin, CD2AP, FAT, ZO-1, P-cadherin, Podocin, and Neph 1-3 have all been shown to be associated with the SD complex, and some of these molecules are critical for its integrity. Podocytes are injured in many forms of human and experimental glomerular disease. The early events are characterized either by alterations in the molecular composition of the SD without visible changes in morphology or, more obviously, by a reorganization of FP structure with the fusion of filtration slits and the apical displacement of the SD. Based on recent insights into the molecular pathology of podocyte injury, at least four major causes have been identified that lead to the uniform reaction of FP effacement and proteinuria: (1) interference with the SD complex and its lipid rafts; (2) direct interference with the actin cytoskeleton; (3) interference with the GBM or with podocyte-GBM interaction; and (4) interference with the negative

surface charge of podocytes. There is also evidence, in focal segmental glomerular sclerosis (FSGS) and in idiopathic nephrotic syndrome in humans and rats, that podocyte damage may be caused by circulating albuminuric factors. Ongoing studies in many laboratories are aiming at an understanding of the dynamic relationship between SD proteins, the actin cytoskeleton, and the dynamics of FP structure in nephrotic syndrome and FSGS. These studies should provide us with a better understanding of the biological mechanism underlying the podocyte response to injury. Such studies will potentially translate into more refined treatment and the prevention of proteinuria and progressive glomerular disease.

**Key words** Focal segmental glomerulosclerosis · Glomerulus · Nephrotic syndrome · Proteinuria · Slit diaphragm

### Podocyte structure

The glomerular basement membrane (GBM) provides the primary structural support for the glomerular tuft. The basic unit of the glomerular tuft is a single capillary. Endothelial and mesangial cells are located inside the GBM, while podocytes are attached to its outer aspect.<sup>1</sup> Podocytes are unique cells with a complex cellular organization. With respect to their cytoarchitecture, podocytes may be divided into three structurally and functionally different segments: cell body, major processes, and foot processes (FPs). Cell bodies and major processes are generally not directly attached to the GBM, but float freely in the filtrate in Bowman's space, leaving a "sub-cell body space" between the cell body, and the FP. From the cell body, major processes arise that, directly or after additional branching, split into FPs. The FPs of neighboring podocytes regularly interdigitate, leaving between them the filtration slits that are bridged by an extracellular structure, known as the slit diaphragm (SD). In the FP, a complete microfilament-based contractile apparatus is present. This system is composed of actin, myosin II,  $\alpha$ -actinin, talin, and vinculin.<sup>1</sup> The FP

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is fixed to the GBM via  $\alpha3\beta1$ -integrin<sup>2</sup> and  $\alpha$ - $\beta$ -dystroglycans.<sup>3,4</sup> Recently, it has also been reported that integrin- $\alpha5$ <sup>5</sup> and - $\beta4$ <sup>6</sup> are found along the surfaces of podocytes on the GBM.  $\alpha3\beta1$ -Integrin is major integrin expressed by podocytes. The importance of  $\alpha3\beta1$ -integrin in podocyte differentiation first became apparent when knockout of the  $\alpha3$  integrin gene resulted in an inability to assemble FPs, and  $\alpha3\beta1$ -integrin deficient mice did not survive for more than a few hours after birth, most likely due to glomerular dysfunction.<sup>7</sup> In  $\alpha3\beta1$ -integrin deficient mice, the GBM was disorganized and podocytes were unable to form mature FPs. Currently, downstream signaling events are being elucidated, concentrating mainly on integrin-dependent cascades and their consequences for podocyte adhesion and proliferation.<sup>8</sup> A second matrix receptor in podocytes, the dystroglycan complex, is known to provide a molecular link between matrix molecules and the actin cytoskeleton in a variety of cells. Expression of the dystroglycan complex is restricted to the basal cell membrane of podocyte FPs.<sup>3,4</sup> Expression of the dystroglycan complex is negatively correlated with disease activity in proteinuria in animal models<sup>4</sup> and with minimal-change disease (MCD) in humans.<sup>3</sup>

### The slit diaphragm complex: a dynamic site of glomerular permselectivity

In the mature kidney, the SD is the only site of cell-cell contact between the FPs of adjacent podocytes. The SD appears as a tiny membrane bridging the 30- to 40-nm wide filtration slit. In 1974, Rodewald and Karnovsky showed, by transmission electron microscopy, that the SD was made up of rod-like units connected in the center to a linear bar forming a zipper-like appearance, but the nature of the components of the SD and its anchorage in the FP had been unclear for a long time.<sup>1</sup> Our knowledge of the molecular structure of the SD has been remarkably improved in the past few years. A growing number of proteins, including nephrin,<sup>9-11</sup> CD2AP,<sup>12-14</sup> FAT,<sup>15,16</sup> ZO-1,<sup>17</sup> P-cadherin,<sup>18</sup> Podocin,<sup>19</sup> and Neph 1-3<sup>20-22</sup> have all been shown to be expressed within the SD complex, and some of these molecules play a major role in maintaining the structural and functional integrity of the SD complex.

The nephrin gene, *NPHS1*, is the target gene of congenital nephrotic syndrome of Finnish type.<sup>23,24</sup> The respective gene product of *NPHS1*, nephrin, a 180-kDa transmembrane protein, is exclusively expressed by podocytes within the kidney and is predominantly localized to the SD.<sup>9</sup> Inactivation of *NPHS1* in mice results in proteinuria and partial FP effacement.<sup>25</sup> Similarly, the injection of anti-nephrin antibody 5-1-6 causes proteinuria.<sup>26,27</sup> Nephrin oligomers associate within lipid rafts signaling microdomains of the SD.<sup>22</sup> The injection of anti-podocyte ganglioside antibody leads to FP effacement, tyrosine phosphorylation, and the relocation of nephrin to the apical pole of the narrowed filtration slits.<sup>28</sup> Redistribution of nephrin on the luminal side of podocytes has been described in acquired human nephrotic syn-

drome.<sup>29,30</sup> The expression of nephrin in human diabetic nephropathy is downregulated by glycated albumin and angiotensin II.<sup>31</sup> On the other hand, circulating vascular endothelial growth factor (VEGF) and all-trans-retinoic acid (ATRA) are important to maintain the expression of nephrin.<sup>32,33</sup> The proinflammatory cytokines interleukin (IL)-1 $\beta$  and tumor necrosis factor (TNF) $\alpha$  can also upregulate nephrin expression in vitro.<sup>34</sup> The upregulation of nephrin may indicate a cross-communication between immune cells and podocytes controlling podocyte functionality.

A homologue of nephrin, *NEPH-1*, was recently discovered using retrovirus-mediated mutagenesis. Disruption of the *NEPH-1* gene in mice results in effacement of podocytes, heavy proteinuria, and early postnatal death.<sup>20</sup> Like nephrin, *NEPH-1* is a transmembrane protein of the Ig superfamily, strongly expressed by podocytes,<sup>21</sup> and it localizes to the SD.<sup>35</sup> Nephrin and Neph1 colocalize at the SD and form homo- and heterodimers.<sup>36</sup> Neph1 also interacts with podocin<sup>21</sup> and ZO-1.<sup>37</sup> These findings suggest that *NEPH1* plays also an important role in maintaining the structure of the glomerular filter.

At the intracellular insertion site of the SD, the adapter protein CD2AP has been localized. This protein was originally discovered as a protein interacting with the CD2 receptor in T-lymphocytes.<sup>38</sup> In the kidney, CD2AP is primarily expressed in podocytes, but not in glomerular endothelial or mesangial cells. Mice completely lacking CD2AP die of massive proteinuria shortly after birth, suggesting an important role for CD2AP in the filtration apparatus of the kidney.<sup>13</sup> CD2AP is also involved in endocytosis.<sup>39</sup> CD2AP heterozygous mice are prone to glomerular disease.<sup>40</sup> They also show defects in the formation of multivesicular bodies, suggesting an impairment of the intracellular degradation pathway in podocytes.<sup>40</sup> CD2AP directly associates with actin,<sup>41</sup> nephrin,<sup>12</sup> and podocin.<sup>14</sup>

ZO-1 is located on foot processes at the insertions of the SDs.<sup>17</sup> ZO-1 interacts with the actin-based cytoskeleton and may also participate in signaling events through tyrosine phosphorylation.<sup>42</sup> The PDZ domain protein of ZO-1 binds to the C-terminus of Neph family members.<sup>37</sup> Spontaneously proteinuric Munich-Wistar-Froemter rats have normal podocyte foot processes and SDs, with the only apparent defect being a redistribution of ZO-1 in the cytoplasm and cytoplasmic surface of the cell membrane.<sup>43</sup> Treatment with angiotensin-converting enzyme (ACE) inhibitors ameliorates the proteinuria and restores the normal localization of ZO-1 at the SD in these spontaneously proteinuric Munich-Wistar-Froemter rats.<sup>43</sup>

mFAT1 is a nonclassical giant protocadherin. In podocytes, mFAT1 is localized to the SD.<sup>15</sup> Mice lacking mFAT1 exhibit perinatal lethality, most probably caused by loss of the glomerular SD and fusion of podocyte FPs.<sup>16</sup> These data confirm a necessary role for mFAT1 in the development of the SD.

Mutation of *NPHS2* is the genetic cause of autosomal recessive, steroid-resistant nephrotic syndrome in some patients,<sup>44</sup> and it may also cause sporadic focal segmental glomerular sclerosis (FSGS).<sup>45-52</sup> The *NPHS2* gene product,

podocin, is a new member of the stomatin family and localizes to the podocyte FP membrane, at the insertion site of the slit diaphragm.<sup>14,19</sup> Podocin oligomerizes in lipid rafts and associates with CD2AP and nephrin.<sup>14</sup> Podocin may also facilitate nephrin signaling.<sup>53</sup> In puromycin aminonucleoside (PAN) nephropathy, podocin relocates to newly formed tight junctions.<sup>54</sup> Podocin may act as a scaffolding protein, serving in the structural organization of the SD and the regulation of its filtration function.

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### Transcriptional control of podocyte differentiation and function

Recent findings from various transgenic and knockout mouse models, and the identification of genes responsible for human podocyte disease, have provided insight into the transcriptional regulation of some of the processes in such diseases. The transcriptional factors involved include *Pax2*, *WT1* (the Wilms tumor suppressor gene), *Pod1* (capsulin, epicardin), kreisler (*maf-1*), *lmx1b*, and *Mf2*.<sup>55</sup> Kreisler null mice develop proteinuria and FP effacement. Kreisler acts between the capillary loop and mature stages and downstream of *Pod1*. Podocin and nephrin are slightly reduced in kreisler null podocytes.<sup>56</sup> However, these observations alone are unlikely to account for aberrant podocyte foot process formation. Thus, kreisler must regulate other (unknown?) genes required for podocyte function. It will be very interesting to determine whether reduced kreisler expression is involved in acquired forms of FP effacement, e.g., in MCD.

*Lmx1b* was identified as the gene that was mutated in nail-patella syndrome, an autosomal dominant disease with skeletal abnormalities, nail hypoplasia, and nephropathy.<sup>57,58</sup> *Lmx1b* knockout mice show decreasing expression of GBM collagens and impaired differentiation of podocytes.<sup>59,60</sup> Furthermore, *Lmx1b* regulates the expression of multiple podocyte genes, *CD2AP* and *NPHS2* (podocin), critical for podocyte differentiation and function.<sup>60</sup> *Mf2* (mesoderm/mesenchyme forkhead 2) encodes a forkhead/winged helix transcription factor expressed in numerous tissues of the mouse embryo, including the developing kidney.<sup>61</sup> *Mf2* is expressed in the podocytes of developing and mature glomeruli from the late S-shaped stage onwards.<sup>61</sup> Although null *Mf2* mice have developed renal defects, no abnormalities specific to the podocyte have been described.<sup>61</sup>

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### The role of podocyte injury in glomerular diseases

Podocytes are injured in many forms of human and experimental glomerular disease, including MCD, focal segmental glomerulosclerosis, membranous glomerulopathy, diabetes mellitus, and lupus nephritis.<sup>62,63</sup> The early events are characterized either by alterations in the molecular composition of the SD without visible changes in morphology or, more obviously, by a reorganization of FP structure with the fu-

sion of filtration slits and apical displacement of the SD.<sup>62,63</sup> Effacement of the FP is accompanied by a reorganization of the actin cytoskeleton into a dense network,<sup>64</sup> which is preceded by the induction of the podocyte  $\alpha$ -actinin-4 molecule,<sup>65</sup> an actin filament cross-linker with an important function in podocytes.<sup>66,67</sup>  $\alpha$ -Actinin-4 is a member of the actinin family of actin-filament cross-linking proteins.<sup>68</sup> In the glomerulus,  $\alpha$ -actinin-4 is exclusively expressed in podocytes, and mutations in the *ACTN4* gene, encoding  $\alpha$ -actinin-4, cause familial FSGS, presenting at variable time points of disease onset effacement.<sup>67</sup> Mice deficient in  $\alpha$ -actinin-4 show progressive proteinuria and focal segmental sclerosis.<sup>69</sup> The Rho small G protein family is an important mediator of actin cytoskeletal reorganization that results in changes in the morphology, motility, and adhesion of cells. Mice lacking Rho GDI $\alpha$  developed massive proteinuria mimicking nephritic syndrome, suggesting that the Rho family is important to maintain the FP.<sup>70</sup> These findings indicate that an inherited defect of the podocyte actin cytoskeleton itself is involved in the pathogenesis of proteinuria and glomerulosclerosis.

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### Major causes of podocyte injury

Based on recent insights into the molecular pathology of podocyte injury, at least four major causes have been identified that lead to the uniform reaction of FP effacement and proteinuria: (i) interference with the SD complex and its lipid rafts; (ii) direct interference with the actin cytoskeleton; (iii) interference with the GBM or with podocyte-GBM interaction; and (iv) interference with the negative surface charge of podocytes or with the activity of GLEPP1, a membrane-bound tyrosin phosphatase. There is also evidence, in FSGS and in idiopathic nephrotic syndrome in humans and rats, that podocyte damage may be caused by circulating albuminuric factors.<sup>71,72</sup>

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### The role of podocytes in the progression of glomerular diseases

From the viewpoint of progressive glomerular disease, it is important to recognize that if the early structural changes are not reversed, severe and progressive glomerular damage develops. This involves: (a) cell-body attenuation; (b) pseudocyst formation and vacuolization; (c) detachment from the GBM, resulting in podocyte depletion; (d) cell hypertrophy, but no cell proliferation and also cell death; and (e) the formation of synechiae by the attachment of parietal epithelial cells to denuded GBM.<sup>73</sup> These events underlie the formation of synechiae via the attachment of parietal epithelial cells of Bowman's capsule to denuded GBM areas. These changes are irreversible, and ultimately lead to the development of glomerulosclerosis and endstage renal failure.<sup>74</sup> Studies in human type I and II diabetic nephropathy,<sup>75-77</sup> in IgA nephropathy,<sup>78</sup> in the chronic puromycin

model of glomerulosclerosis,<sup>79</sup> and in transforming growth factor (TGF)- $\beta$  transgenic mice<sup>80</sup> collectively provide convincing evidence for a correlation between the loss of podocytes and the progression of glomerular diseases.

Ongoing studies in many laboratories are aiming at an understanding of the dynamic relationship between SD proteins, the actin cytoskeleton, and the dynamics of FP structure in nephrotic syndrome and FSGS. These studies should provide us with a better understanding of the biological mechanism underlying the podocyte response to injury. Such studies will potentially translate into more refined treatment and the prevention of proteinuria and progressive glomerular disease.

**Acknowledgments** K.A. is supported by a fund from the Alumni Association of Juntendo University and a personal grant from Professor Yasuhiko Tomino (Division of Nephrology, Department of Internal Medicine, Juntendo University). P.M. is supported by grants from the NIH/NIDDK.

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