



The impact of programmed cell death-ligand 1 (PD-L1) and CD8 expression in grade 3 endometrial carcinomas

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Received: 4 April 2019 / Accepted: 3 June 2019 / Published online: 13 June 2019
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Abstract

Background To evaluate the expression of programmed cell death-ligand 1 (PD-L1) and CD8 in high-grade endometrial carcinomas and relate it to several clinicopathological parameters.

Methods One hundred and one (101) patients with high-grade endometrial carcinomas who were completely surgically staged were included in this study. PD-L1 and CD8 + expression was evaluated by immunohistochemistry.

Results In our cohort, 47 women (46.5%) had endometrioid carcinomas and 54 patients (53.5%) were diagnosed with non-endometrioid cancers. In endometrioid carcinomas, there was a significantly higher rate of positivity for PD-L1 expression ($p=0.042$) and of intraepithelial CD8 + cell counts ($p=0.004$) as opposed to non-endometrioid cancers. There were no significant relationships with any of the other clinicopathological features under study. Univariate and multivariate analysis revealed that only high intraepithelial CD8 + counts ($p=0.01$) was associated with longer progression-free survival. Tumors positive for PD-L1 and high intraepithelial CD8 expression were mainly of endometrioid histology, whilst PD-L1-positive/CD8 low and PD-L1-negative/CD8 low tumors were mostly non-endometrioid carcinomas ($p=0.01$). PD-L1 negative/CD8 high tumors had the longest progression-free survival ($p=0.032$).

Conclusions In grade 3 endometrial carcinomas, both of endometrioid and non-endometrioid type, high intraepithelial CD8 + counts represent an independent favorable prognostic factor and when related to PD-L1-negative tumors, a longer progression-free survival can be predicted. Immunotherapy could probably be considered for PD-L1-positive/CD8 + high tumors, which were mostly of endometrioid histology.

Keywords PD-L1 · CD8 · Endometrial cancer

Introduction

Endometrial cancer is the most common gynecological malignancy in western countries. It is estimated that around 11,000 deaths will be attributed to this disease in 2018 in

Electronic supplementary material The online version of this article (<https://doi.org/10.1007/s10147-019-01484-0>) contains supplementary material, which is available to authorized users.

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the United States [1]. Due to early clinical signs, such as postmenopausal or prolonged menstrual hemorrhage, endometrial cancer is often diagnosed in early stage and in that case is treated with curable intent. On the other hand, the prognosis of patients with recurrent or metastatic disease remains dismal despite combined treatment modalities [2].

Elucidation of the molecular aspects of endometrial carcinogenesis has led to the establishment of two clinicopathological disease types that emerge through different pathogenetic mechanisms and are consequently characterized by distinct molecular profiles. Type I endometrial carcinoma, which is the most frequent and mostly of endometrioid histology, has a relatively indolent biological behavior. Type II endometrial cancer, on the other hand, comprises mainly serous or clear-cell sub-types and has a more aggressive clinical course [3]. This dualistic model proposed by Bokhman in 1983 [3] has served greatly in the understanding of endometrial cancer carcinogenesis and in the establishment of treatment protocols [4]. However, some questions arose regarding the existence of some carcinomas with ambiguous or overlapping pathological features that could not be classified in any of the existing groups or the different clinical course of cancers that phenomenally belonged to the same category [5]. Recently, some positive steps towards informative classification and risk stratification of endometrial carcinomas have emerged. Specifically, in 2013, the Cancer Genome Atlas (TCGA) research project presented a new genomic classification of endometrial cancer, dividing the disease in 4 subgroups, using a combination of whole genome sequencing, exome sequencing, microsatellite instability assays and copy number analysis. Between other findings, two of the above sub-types, the polymerase epsilon (POLE) ultra-mutated and the microsatellite instability-hyper-mutated (MSI-H), are characterized by a high mutational load providing the rationale for a potential activity of immunotherapy [5, 6].

It is accepted that the immune system has a key role in carcinogenesis, specifically in the arrest of tumor development. Increased concentration of tumor-infiltrating lymphocytes is associated with a better prognosis in a wide variety of cancers, including endometrial carcinoma [7–9]. Intratumoral cytotoxic (CD8+) lymphocytes have been described in up to 95% of endometrial tumors [10, 11]. T-lymphocytes can attack tumor cells via recognition of antigens associated with the tumor and are presented by antigen-presenting cells. However, several different ways have been discovered through which tumor cells can escape the immune response [12]. One primary mechanism occurs within the tumor microenvironment, through the programmed cell death-1 (PD-1) receptor/programmed death-ligand 1 (PD-L1) pathway which represents an adaptive immune-resistance mechanism that is exerted by tumor cells in response to endogenous immune anti-tumor activity [13]. It has been reported

that PD-L1 is expressed in 20.0–83.0% of endometrial carcinomas [14–17]. In general, endometrial carcinomas with tumor PD-L1 expression tend to have increased infiltration by CD8+ T-lymphocytes [18, 19] and these cancers usually belong to the POLE-ultra-mutated and MSI-H molecular subgroup [5, 14]. Despite findings in other malignancies, in endometrial cancer, the association between PD-L1 expression and clinicopathological features as well as its prognostic significance remains under debate. High-grade histology and lymphovascular space invasion have been correlated with positive PD-L1 expression [20, 21], however, this is not a universal finding [22, 23]. In addition, although in several reports PD-L1 expression is recognized as a worse prognostic indicator [24], this relationship is not widely accepted, and, in fact, the exact opposite effect has also been described [25]. The vague criteria defining positivity of PD-L1 expression in endometrial tumors and the variations in commonly used assays may contribute to the diversity of these reports. Conduction of more studies under broadly accepted and standardized PD-L1 evaluation protocols would likely shed light on these unclear topics.

The PD-1/PD-L1 axis has already been an established target in the treatment approach of several malignancies such as melanoma and non-small cell lung cancer [26]. Initial studies have shown that this strategy with immune checkpoint inhibitors could also be effective in certain molecular subgroups of endometrial cancer, which present with an increased neoantigen load such as POLE ultra-mutated and MSI-H cancers and, thus, produce a more robust immune response along with PD-1 and PD-L1 overexpression [27]. The recent Food and Drug Administration approval of an immune checkpoint inhibitor, the programmed cell death 1 antibody (Pembrolizumab, Keytruda), for the treatment of patients with metastatic mismatch repair deficient cancers (dMMR) regardless of tumor location, might be the initial step for the use of immunotherapy in metastatic endometrial cancers [28].

Despite the fact that both POLE and MSI-H tumors are usually of endometrioid type, it is known that any histologic type can fall into any of the Cancer Genome Atlas subgroups [5]. Patients with high-grade aggressive endometrial tumors experience limited benefits from standard treatment and alternate approaches are essential [29]. It has been suggested that the expression of PD-L1 and CD8 are useful indicators of tumor response to immunotherapy [30, 31]. However, current literature series evaluating these markers in endometrial cancer include limited number of grade 3 carcinomas. This is, to our knowledge, the largest cohort with combined consideration of PD-L1 and CD8 expression in high-grade endometrial carcinomas of all histologic types, correlating their expression with various clinicopathological characteristics and the course of the disease.

Materials and methods

Out of 159 patients with high-grade endometrial carcinoma, diagnosed and treated between 2001 and 2017, 101 were completely surgically staged and constituted the final population of this study. None of these women had received any pre-operative chemotherapy. Routinely, a total hysterectomy, bilateral salpingo-oophorectomy and pelvic \pm para-aortic lymphadenectomy was performed. Omentectomy was restricted to selected cases. However, in extensive disease more radical surgery was implemented. Post-operatively, 27.7% of the patients received at least 4 cycles of platinum-based chemotherapy and pelvic radiation, 24.6% were treated with chemotherapy alone, 16.9% with chemotherapy and brachytherapy, 10.8% with brachytherapy alone, while 7.7% of the patients received no adjuvant therapy.

The hematoxylin–eosin and all immunohistochemically stained slides were reviewed by two pathologists specialized in gynecological pathology (PY, EG) who were unaware of the histologic diagnosis. In cases of disagreement the slides were re-evaluated by a third pathologist (AN). Tumors with ambiguous or overlapping morphological and immunohistochemical features that could not be characterized as of endometrioid or serous histology were considered as “unclassifiable”.

Immunohistochemistry

From each representative tissue block, two 4- μ m tissue sections were cut and were used for the immunohistochemical analysis. For PD-L1 staining, the DAKO certified kit clone 22C3 (dilution 1:40 overnight) was used. For each case, the percentage of positively stained tumor cells over the whole section was evaluated. PD-L1 expression was considered positive when there was $\geq 1\%$ membranous staining of any intensity in tumor cells; conversely, expression $< 1\%$ was considered negative [32]. Representative images of the PD-L1-stained samples are shown in Fig. 1a, b.

For CD8 lymphocytes, a mouse monoclonal CD8 antibody clone C8/1448 (DAKO, dilution 1:70) was used. The number of intraepithelial as well as stromal CD8+ cells was manually counted in five random high-power fields X40 (HPF). The total median count for intraepithelial and stromal cells was 17.6 and 66.8, respectively. Cases with a level of expression at or above the median were considered to have high expression, Fig. 1c–f [33].

For CD8, histologic sections from tonsils were used as positive controls. For PD-L1, placental chorionic villi were used as positive controls and immune cells as positive internal controls. Histologic sections of the tumor without application of the antibodies were used as negative controls.

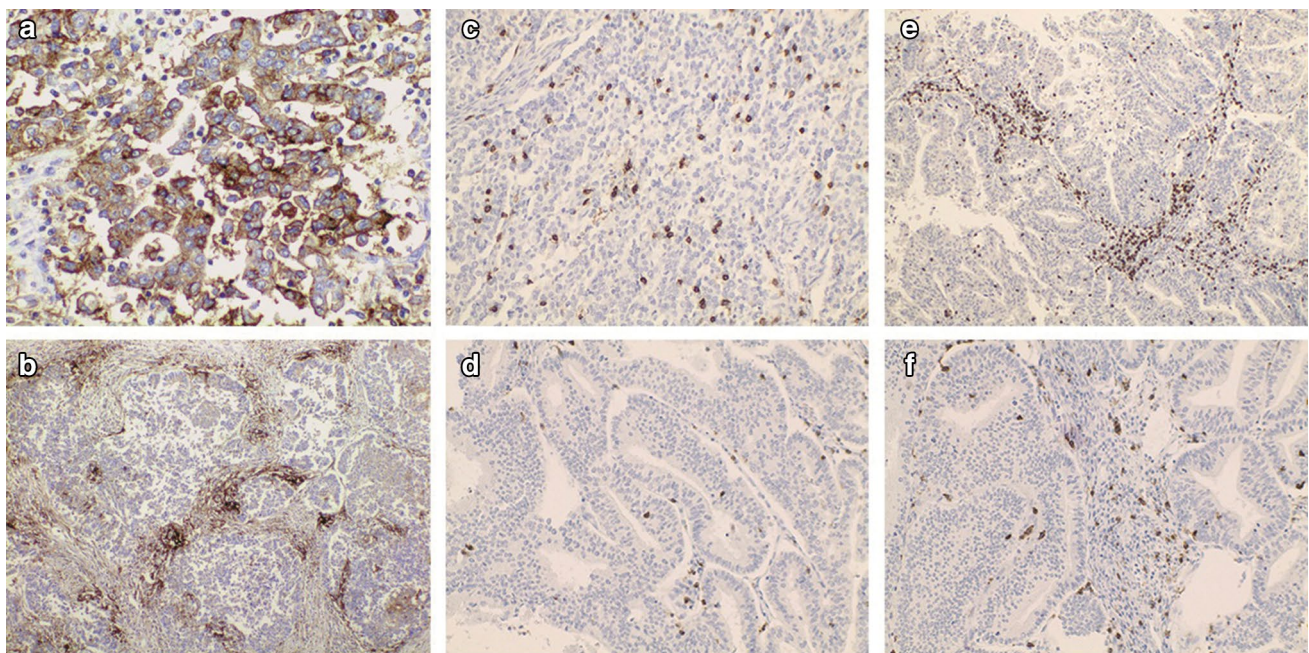


Fig. 1 Representative photomicrographs of the immunohistochemical analysis. **a** PD-L1 membranous positivity. **b** Absence of PD-L1 expression, with positive internal control (immune cells). **c** High

intraepithelial CD8 expression. **d** Low intraepithelial CD8 expression. **e** High stromal CD8 expression. **f** Low stromal CD8 expression

Statistical analysis

All statistical analyses were performed using SPSS version 23.0. Pearson χ^2 or Fisher's exact test were used to explore statistically significant relationships between categorical variables, whereas staining results or other continuous variables were examined with independent samples *t* test. Kaplan–Meier method was used for univariate survival analysis (log rank test). Variables significant on univariate analysis ($p < 0.05$) such as stage on both progression-free and overall survival and intra-tumoral CD8+ infiltration on progression-free survival were entered in the multivariate model. In addition, clinically relevant variables (i.e., PD-L1 expression, histologic type) were also entered in the multivariate model regardless of univariate analysis results. Multivariate survival analyses were performed using Cox proportional hazards regression analysis. Any p value < 0.05 was considered of statistical significance.

Results

Patients

One hundred and one patients with completely staged disease were included in the analysis. Follow-up period ranged from 12 to 178 months. All clinical information was retrieved from the patients' files. The clinicopathological features related to the study group are presented in Table 1.

PD-L1 expression: association with CD8 infiltration and clinicopathological features

The positive rate of PD-L1 expression was significantly higher in endometrioid than in non-endometrioid carcinomas (55.3% vs 35.2%, $p = 0.042$). PD-L1 was not associated with any of the clinicopathologic features examined, even when tested separately within the endometrioid and the non-endometrioid group of tumors (data not shown). Carcinomas positive for PD-L1 were significantly related to high counts of both intraepithelial ($p = 0.003$) and stromal ($p = 0.005$) CD8+ lymphocytes as compared to PD-L1-negative carcinomas. The association between PD-L1 expression and the clinicopathologic factors under evaluation is shown in Table 2.

Intraepithelial and stromal CD8 expression: association with clinicopathologic features

There was a significantly higher rate of intraepithelial CD8+ lymphocytes in the group of endometrioid as opposed to non-endometrioid carcinomas ($p = 0.004$). The relationship between intraepithelial CD8+ counts and the

Table 1 Clinicopathological features of the patients included in the study

Clinicopathological features	N= 101, n (%)
Age, mean (SD)	64.43 (10.204)
≥ 60	75 (74.3)
< 60	26 (25.7)
Histologic type	
Endometrioid	47 (46.5)
Non-endometrioid	54 (53.5)
Serous	37 (36.6)
MMMT	8 (7.9)
Clear cell	4 (4.0)
uType II	5 (5.0)
Stage	
I	52 (51.5)
II	10 (9.9)
III	30 (29.7)
IV	9 (8.9)
Myometrial invasion	
< 1/2	49 (48.5)
≥ 1/2	52 (51.5)
Lymph node involvement	
Yes	31 (30.7)
No	70 (69.3)
LVSI	
Yes	75 (74.3)
No	26 (25.7)
Size cm (max diameter), mean (SD)	4.2 (2.171)

MMMT malignant mixed Mullerian tumor, uType II “unclassifiable” type II, LVSI lymphovascular space invasion

clinicopathological characteristics is presented in Table 3. No statistically significant association was found between “high” and “low” stromal CD8+ counts and the histologic type ($p = 0.661$) nor any of the other clinicopathological parameters under evaluation (Table 3). Furthermore, higher stromal CD8+ cell counts were statistically significantly associated with increased intraepithelial CD8+ cell numbers ($p = 0.005$).

Survival analysis

In univariate analysis, there was no significant difference neither in progression-free survival nor in overall survival between PD-L1-positive and PD-L1-negative tumors ($p = 0.578$ and $p = 0.243$, respectively). There were no statistically significant differences in progression-free or overall survival between patients with high stromal CD8+ cell infiltration and patients with low stromal CD8+ cells ($p = 0.849$ and 0.651 , respectively). Patients with high intraepithelial CD8+ cell counts had

Table 2 Association of PD-L1 expression with clinicopathological features and CD8 + cell counts

Clinicopathological features	Negative for PD-L1 expression (< 1%)	Positive for PD-L1 expression (≥ 1%)	<i>p</i>
Histologic type, <i>n</i> (%)			
Endometrioid	21 (44.7)	26 (55.3)	0.042
Non-endometrioid	35 (64.8)	19 (35.2)	
Serous	26 (70.3)	11 (29.7)	0.186
MMMT	5 (62.5)	3 (37.5)	
Clear cell	2 (50.0)	2 (50.0)	
uType II	2 (40.0)	3 (60.0)	
Stage, <i>n</i> (%)			
I or II	34 (54.8)	28 (45.2)	0.877
III or IV	22 (56.4)	17 (43.6)	
Myometrial invasion, <i>n</i> (%)			
< 1/2	29 (59.2)	20 (40.8)	0.463
≥ 1/2	27 (51.9)	25 (48.1)	
Lymph node disease, <i>n</i> (%)			
Yes	18 (58.1)	13 (41.9)	0.725
No	38 (54.3)	32 (45.7)	
LVSI, <i>n</i> (%)			
Yes	13 (50.0)	13 (50.0)	0.517
No	43 (57.3)	32 (42.7)	
CD8 + intraepithelial cells number, mean (SD)	20.49 (20.11)	36.20 (31.63)	0.003
CD8 + stromal cells number, mean (SD)	65.84 (36.73)	90.19 (52.28)	0.005

p values in bold indicate statistical significance (< 0.05)

MMMT malignant mixed Mullerian tumor, uType II “unclassifiable” type II, LVSI lymphovascular space invasion

Table 3 Association of intraepithelial and stromal CD8 expression with clinicopathological features

Clinicopathological features	Intraepithelial CD8 + cells			Stromal CD8 + cells		
	High count (≥ 17.6/HPF), <i>n</i> (%)	Low count (< 17.6/HPF), <i>n</i> (%)	<i>p</i>	High count (≥ 66.8/HPF), <i>n</i> (%)	Low count (< 66.8/HPF), <i>n</i> (%)	<i>p</i>
Histologic type						
Endometrioid	31 (66.0)	16 (34.0)	0.004	27 (57.4)	20 (42.6)	0.192
Non-endometrioid	20 (37.0)	34 (63.0)		24 (44.4)	30 (55.6)	
Serous	12 (32.4)	25 (67.6)	0.011	16 (43.2)	21 (56.8)	0.661
MMMT	2 (25.0)	6 (75.0)		3 (37.5)	5 (62.5)	
Clear cell	2 (50.0)	2 (50.0)		2 (50.0)	2 (50.0)	
uType II	4 (80.0)	1 (20.0)		3 (60.0)	2 (40.0)	
Stage						
I or II	33 (53.2)	29 (46.8)	0.489	30 (48.4)	32 (51.6)	0.593
III or IV	18 (46.2)	21 (53.8)		21 (53.8)	18 (46.2)	
Myometrial invasion						
< 1/2	27 (55.1)	22 (44.9)	0.369	20 (40.8)	29 (59.2)	0.059
≥ 1/2	24 (46.2)	28 (53.8)		31 (59.6)	21 (40.4)	
Lymph node disease						
Yes	13 (41.9)	18 (58.1)	0.252	15 (48.4)	16 (51.6)	0.778
No	38 (54.3)	32 (45.7)		36 (51.4)	34 (48.6)	
LVSI						
Yes	13 (50.0)	13 (50.0)	0.953	15 (57.7)	11 (42.3)	0.394
No	38 (50.3)	37 (49.3)		36 (48.0)	39 (52.0)	

p values in bold indicate statistical significance (< 0.05)

HPF high-power field, MMT malignant mixed Mullerian tumor, uType II “unclassifiable” type II, LVSI lymphovascular space invasion

a longer progression-free survival compared to those with low counts ($p=0.01$), whereas no significant differences were observed for overall survival ($p=0.091$), Fig. 2a–f. The relationship between high intraepithelial CD8 expression and improved progression-free survival remained significant in multivariate Cox regression

analysis (hazard ratio = 0.039; 95% confidence intervals 0.039–0.295; $p=0.039$) (Table 4). High stage was significantly associated with worse progression-free and overall survival in both univariate ($p=0.012$ and $p=0.007$, respectively) and multivariate analysis (hazard ratio 2.516, 95% CI 1.06–5.97, $p=0.036$ and hazard ratio 4.16, 95% CI 1.34–12.92, $p=0.014$, respectively).

Fig. 2 Survival curves. On univariate analysis (Kaplan–Meier method), high intraepithelial CD8 expression (panel c) and the combined negative PDL1 expression/high intraepithelial CD8 expression (panel g) were significantly associated with longer PFS and there was no association with OS (panels d and h). PD-L1 and stromal CD8 expression had no significant impact neither on PFS nor on OS (panels a, b, e, f). Log rank test for p values. *PD-L1* programmed cell death-ligand 1, *PFS* progression-free survival, *OS* overall survival, *iCD8* intraepithelial CD8 + cells, *high iCD8* ≥ 17.6 CD8 + cells/high-power field, *low iCD8* < 17.6 CD8 + cells/high-power field

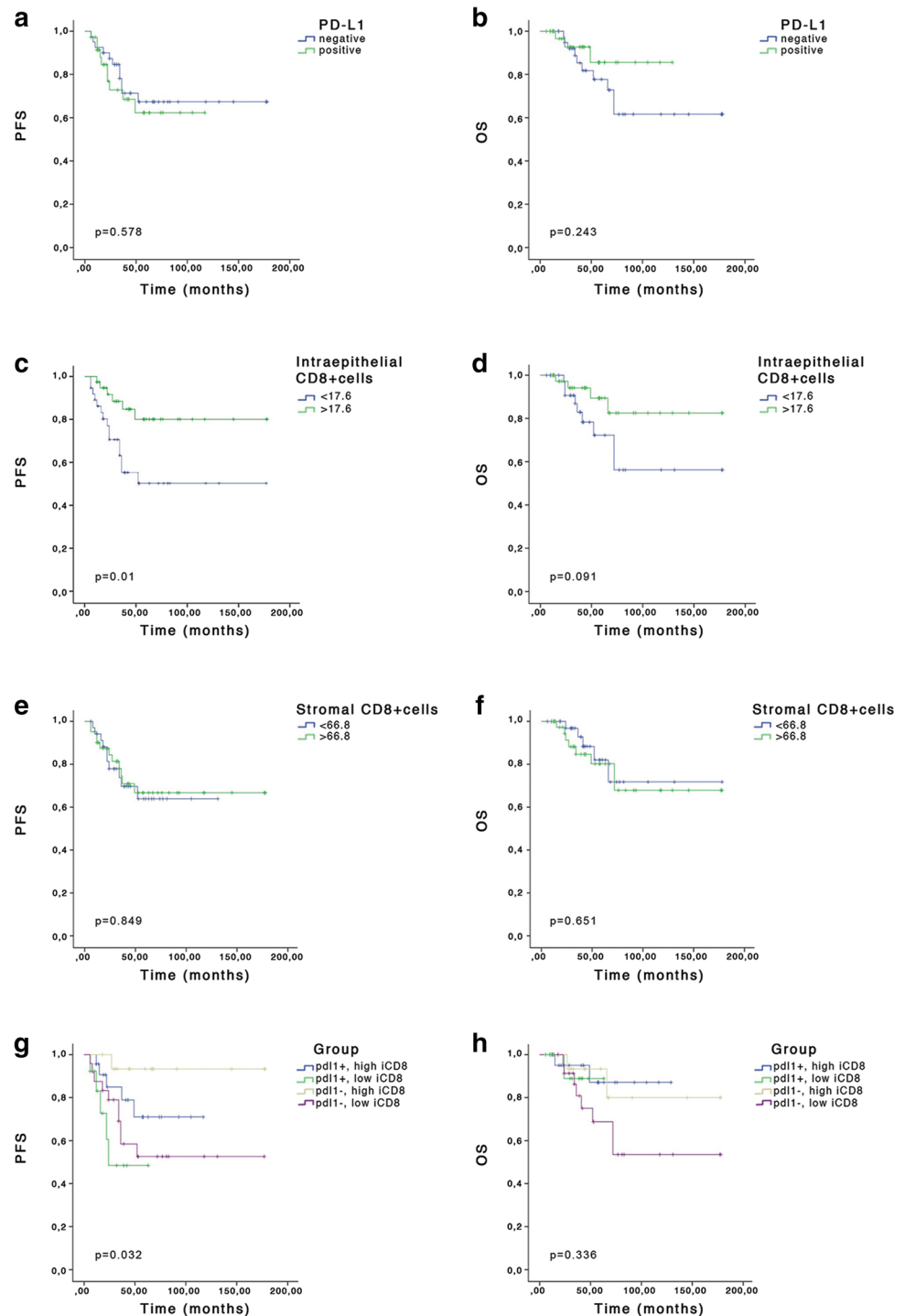


Table 4 Multivariate Cox regression analysis indicating progression-free survival and overall survival

Parameters	Progression-free survival (PFS)		Overall survival (OS)	
	HR (95% CI)	<i>p</i>	HR (95% CI)	<i>p</i>
PD-L1 expression				
PDL1– vs PDL1+	2.01 (0.80–5.03)	0.137	0.76 (0.18–3.21)	0.711
Intraepithelial CD8 infiltration				
‘Low’ vs ‘high’	0.30 (0.09–0.94)	0.039	0.71 (0.19–2.65)	0.608
Histologic type				
Endometrioid vs non-endometrioid	1.28 (0.411–4.01)	0.667	4.07 (0.75–22.28)	0.105
Stage				
I/II vs III/IV	2.516 (1.06–5.97)	0.036	4.16 (1.34–12.92)	0.014

p values in bold indicate statistical significance (< 0.05)

HR hazard ratio, CI confidence interval

Grouped PD-L1 and intraepithelial CD8 + cell analysis

To evaluate the significance in disease progression of the coupled PD-L1/intraepithelial CD8 expression, four groups of tumors were isolated as suggested by Teng et al. [34]. Specifically, group 1 tumors were PD-L1 positive/CD8 high, group 2 PD-L1 negative/CD8 low, group 3 PD-L1 positive/CD8 low and group 4 PD-L1 negative/CD8 high. 28 (27.7%), 33 (32.7%), 17 (16.8%) and 23 (22.8%) patients belonged to groups 1, 2, 3 and 4, respectively. These groups were found to be significantly associated with the histology ($p=0.01$). Group 1 tumors were mostly of endometrioid type (71.4%), while group 2 and group 3 tumors were mainly non-endometrioid carcinomas (64.7% and 69.7%, respectively). In group 4, there were nearly equal percentages of endometrioid and non-endometrioid carcinomas (47.8% and 52.2%, respectively). Statistical analysis on the relationship between each different group and the clinicopathologic features under evaluation yielded no statistically significant results, neither within the endometrioid nor within the non-endometrioid carcinomas (data not shown). In multivariate Cox regression analysis, group 3 tumors had significantly worse progression-free survival compared to group 4 tumors (hazard ratio 10.399; 95% confidence intervals 1.176–91.974; $p=0.035$) (Supplemental Table 1).

Among the four groups, there were significant differences in progression-free survival ($p=0.032$). Group 4 patients had the longest progression-free survival, whereas group 3 patients the shortest. No statistically significant differences were found regarding overall survival ($p=0.336$), Fig. 2g–h.

Discussion

Grade 3 endometrial carcinomas represent a heterogeneous group of tumors that comprises both endometrioid and non-endometrioid histologic types and is characterized

by a high risk for pelvic recurrence and distant metastases. For advanced stage or recurrent disease that has not responded to the initial treatment, there is evidence favoring the use of different drugs targeting angiogenesis or altered signaling pathways, such as mammalian target of rapamycin (mTOR) inhibitors [35]. Growing knowledge on cancer treatment revealed that both cytotoxic agents and targeted therapies modulate immune responses, thereafter, treatment strategies combining immunotherapy might improve clinical outcomes [36]. Recently, the PD-1/PD-L1 interaction has been suggested as a possible target for immune intervention in cancer [26]. Nevertheless, knowledge on the therapeutic potential of this pathway in endometrial carcinoma is limited. Some data derive from retrospective analysis of scattered cases [37, 38]. However, the phase II KEYNOTE-028 trial, a hallmark study for immunotherapy in endometrial cancer, has demonstrated a favorable safety profile and a long-lasting anti-tumor effect of pembrolizumab in advanced endometrial cancer [32].

Regarding PD-L1-positive immunohistochemical expression, it has been recognized as a parameter indicating higher response rates in PD-1/PD-L1 blockade treatment [39]. In addition, positive PD-L1 expression was found to be related to favorable prognosis in several solid tumors, such as breast cancer, while being a negative prognostic indicator in others [40, 41]. As for endometrial cancer, the results were controversial while favoring no correlation between PD-L1 expression and outcome [20, 21, 24]. In the present series, we also failed to show any significant relationship between PD-L1 expression and neither progression-free survival nor overall survival.

In our study, the rate of PD-L1-positive tumors was statistically higher in carcinomas of endometrioid than of non-endometrioid histology. This finding is consistent with the results of previous studies indicating that PD-L1 expression is associated with tumors characterized by an

increased neoantigen load, which are primarily of endometrioid histology [5]. However, in another study, the above finding was confirmed only for PD-L1 positivity in immune cells and not in tumor cells [42]. Apart from tumor histology, in our group of tumors, PD-L1 expression was not associated with any of the clinicopathological parameters under evaluation which is in agreement with results already published [21].

Our results on CD8 expression revealed a significantly higher rate of intraepithelial CD8 + lymphocytes in the group of endometrioid when compared to non-endometrioid carcinomas, except for those belonging to the “unclassifiable” category. Indeed, studies on polymerase epsilon ultra-mutated carcinomas, which are mainly of endometrioid type, demonstrated a massive infiltration of the tumors by CD8 + lymphocytes [43]. Moreover, there is growing evidence that the estimation of CD8 + cells in the pathologic examination of a tumor can offer important information in terms of prognosis, treatment options and response to therapy [44]. Our finding that stromal CD8 + cells are increased in tumors with high intraepithelial CD8 + cells have been reported previously [45]. Hendry et al. [46] proposed a uniform protocol for the evaluation of tumor-infiltrating lymphocytes. It was stated that intraepithelial and stromal lymphocytes should be reported individually, since depending on the type of cancer, each compartment might have different prognostic relevance [44]. For example, both intraepithelial and stromal CD8 + cells were found to be associated with worst prognosis in gastric adenocarcinoma [47], while only stromal CD8 + cells were considered as independent positive prognostic indicators in non-small cell lung cancer [48]. Concerning endometrial cancer, there is initial evidence that only intraepithelial immune cells have a positive prognostic value [49, 9, 7], a finding which is questioned by others [45].

In the present study, both intraepithelial and stromal CD8 + cells were evaluated. Only high intraepithelial CD8 counts were found to be an independent prognostic factor associated with longer progression-free survival, whilst this association was not statistically significant for stromal immune cells. In a study conducted by Jung et al. [50], on endometrial carcinomas of all grades, high CD8 counts were associated with < 50% of myometrial invasion and with the absence of lymph node metastases. In our cohort, neither intraepithelial nor stromal CD8 high counts were correlated to any of the clinical and pathological factors examined. Most probably, this finding might be related to the fact that our results were based solely on high-grade tumors which are usually of higher stage at initial diagnosis.

Of specific importance is our analysis on the prognostic relevance of tumor PD-L1 expression in combination with intraepithelial CD8 + tumor-infiltrating lymphocytes score. It was found that PD-L1-positive/CD8 low (group 3)

tumors had the shortest progression-free survival, indicating that the expression of PD-L1 in tumor cells may function as a mechanism of adaptive immune resistance and contribute to CD8 + cells dysfunction and tumor escape [51]. The longest progression-free survival was observed in group 4 tumors which were both of endometrioid and non-endometrioid histology and characterized by a PD-L1-negative/CD8 high phenotype. It seems that in the above group, other suppressors than PD-L1 contribute in the enhancement of immune tolerance [27]. Finally, the group of tumors characterized by a PD-L1-positive/CD8 high phenotype seems to be of importance in our study. This group is mostly represented by endometrioid tumors exhibiting an adaptive immune resistance and likely to respond to immune checkpoint inhibitors [13]. However, the validity of using PD-L1 protein expression as a hallmark for the design of a treatment protocol is questioned. Indeed, several reports indicate that anti-PD-1 antibodies are effective even in patients without PD-L1 expression [25]. Those controversies underline the need for establishing universal criteria for the evaluation of PD-L1 immunohistochemical expression and the use of specific platforms related to each different reagent. The significance of combined PD-L1/CD8 immunohistochemical analysis in endometrial carcinomas has also been mentioned in the past [24]. Nevertheless, contrary to our study, the above authors evaluated both PD-L1 and CD8 combined expression in immune cells of different tumor sites, while in our study, the expression of PD-L1 was evaluated in tumor cells. Despite the aforementioned difference, our results were similar, indicating that evaluating PD-L1 expression in immune cells of the center of the tumor or in tumor cells and combining it with CD8 expression has the same prognostic significance. Specifically, in both studies, PD-L1-/CD8 + tumors were associated with a better progression-free survival as opposed to PD-L1+/CD8 tumors, suggesting that the combined assessment of these markers could be used as a prognostic indicator.

Our study has some limitations. It is a retrospective study and several factors that could probably interfere with the course of the disease are not estimated. Moreover, for some of our cases, the follow-up period was short, rendering information on progression-free and overall survival of limited value.

In conclusion, our study on PD-L1 and CD8 immunohistochemical evaluation in high-grade endometrial carcinomas revealed that endometrioid tumors had a higher rate of PD-L1 and of intraepithelial CD8 + tumor-infiltrating lymphocytes expression as opposed to non-endometrioid tumors. However, in univariate and multivariate analyses, only a high intraepithelial CD8 + count was an independent prognostic factor correlating with better outcomes. A longer progression-free survival was also observed in

tumors characterized by the coupled PD-L1-negative/CD8 high phenotype, which were both of endometrioid and of non-endometrioid type. Immunotherapy should probably be considered for metastatic PD-L1-positive/CD8 high tumors, which are characterized by an increased neoantigen load and were mostly of endometrioid histology.

Acknowledgements This research work was supported by the Onassis Foundation—Scholarship ID: G ZO 001-1/2018-2019.

Compliance with ethical standards

Conflict of interest Onassis Foundation did not influence on the decision to submit this manuscript or on its content. We declare that we have no conflict of interest.

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