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Oncologic outcomes for open and laparoscopic radical nephroureterectomy in patients with upper tract urothelial carcinoma

Koichi Kido¹ · Shingo Hatakeyama¹ · Naoki Fujita¹ · Hayato Yamamoto¹ · Yuki Tobisawa¹ · Tohru Yoneyama² · Takahiro Yoneyama¹ · Yasuhiro Hashimoto² · Takuya Koie¹ · Ikuya Iwabuchi³ · Masaru Ogasawara³ · Toshiaki Kawaguchi³ · Chikara Ohyama^{1,3}

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Abstract

Background Oncologic benefits of laparoscopic radical nephroureterectomy (LNU) are unclear. We aimed to evaluate the impact of surgical approach for radical nephroureterectomy on oncologic outcomes in patients with locally advanced upper tract urothelial carcinoma (UTUC).

Methods Of 426 patients who underwent radical nephroureterectomy at five medical centers between February 1995 and February 2017, we retrospectively investigated oncological outcomes in 229 with locally advanced UTUC (stages cT3-4 and/or cN+). The surgical approach was classified as open nephroureterectomy (ONU) or LNU, and oncologic outcomes, including intravesical recurrence-free survival (RFS), visceral RFS, cancer-specific survival (CSS), and overall survival (OS), were compared between the groups. The inverse probability of treatment weighting (IPTW)-adjusted Cox-regression analyses was performed to evaluate the impact of LNU on the prognosis.

Results Of the 229 patients, 48 (21%) underwent LNU. There were significant differences in patient backgrounds, including preoperative renal function, lymph-node involvement, lymphovascular invasion, and surgical margins, between the groups. Before the background adjustment, intravesical RFS, visceral RFS, CSS, and OS were significantly inferior in the ONU group than in the LNU group. However, in the IPTW-adjusted Cox-regression analysis, no significant differences were observed in intravesical RFS (hazard ratio [HR], 0.65; P = 0.476), visceral RFS (HR, 0.46; P = 0.109), CSS (HR, 0.48; P = 0.233), and OS (HR, 0.40; P = 0.147).

Conclusion Surgical approaches were not independently associated with prognosis in patients with locally advanced UTUC.

Keywords Upper tract urothelial carcinoma · Radical nephroureterectomy · Laparoscopic · Oncologic outcome

Abbrevations

| UTUC | Upper tract urothelial carcinoma |
|---------|--|
| 0100 | opper tract drothenal caremonia |
| ONU | Open radical nephroureterectomy |
| LNU | Laparoscopic radical nephroureterectomy |
| IPTW | Inverse probability of treatment weighting |
| ECOG-PS | Eastern Cooperative Oncology Group perfor- |
| | mance status |
| HTN | Hypertension |
| CVD | Cardiovascular disease |
| DM | Diabetes mellitus |
| eGFR | Estimated glomerular filtration rate |
| CKD | Chronic kidney disease |
| NAC | Neoadjuvant chemotherapy |
| | |

Shingo Hatakeyama shingoh@hirosaki-u.ac.jp

Extended author information available on the last page of the article

| LVI | Lymphovascular invasion |
|-----|--------------------------|
| RFS | Recurrence-free survival |
| CSS | Cancer-specific survival |
| OS | Overall survival |
| HR | Hazard ratio |
| CI | Confidence interval |
| | |

Introduction

Upper tract urothelial carcinoma (UTUC) is a relatively rare and heterogeneous disease accounting for approximately 5–10% of all urothelial tumors [1]. Open radical nephroureterectomy (ONU) with bladder-cuff excision remains the standard treatment modality for UTUC [2]. However, laparoscopic radical nephroureterectomy (LNU) has become popular as a minimally invasive surgical alternative. Several studies have compared the oncologic outcomes between ONU and LNU in patients with UTUC and have demonstrated comparative outcomes between these [2–8]. However, other studies have shown an increased risk of recurrence with LNU [9, 10]. Due to limitations of the heterogeneity of study population, sample size, and surgical techniques, the oncologic efficacy of LNU–ONU has remained undetermined. In addition, several guidelines have recommended laparoscopic procedures for localized (stage cT2 or less) disease [1, 11], but their use remains unclear for locally advanced (stages cT3-4 and/or cN+) disease. In this study, we compared the oncologic outcomes between ONU and LNU in a multi-institutional cohort of patients with locally advanced UTUC using inverse probability of treatment weighting (IPTW)-adjusted Cox-regression analyses.

Patients and methods

Design and ethics statement

The present retrospective, multicenter study was performed in accordance with the ethical standards of the Declaration of Helsinki and approved by the ethics review board of Hirosaki University School of Medicine (authorization numbers; 2017-089) and all the other participating hospitals.

Patient selection

Between February 1995 and February 2017, 426 adults underwent radical nephroureterectomy with bladder-cuff excision at the Hirosaki University Hospital, Aomori Rosai Hospital, Mutsu General Hospital, Tsugaru General Hospital, and Aomori Prefectural Central Hospital. We identified 229 (54%) patients with locally advanced disease (stages cT3-4 and/or cN+) and stratified the patients into two groups according to the surgical approach (ONU and LNU).

Evaluation of variables

The variables analyzed were age, sex, Eastern Cooperative Oncology Group performance status (ECOG-PS), smoking, clinical stage, renal function before radical nephroureterectomy, history of hypertension (HTN), cardiovascular disease (CVD), diabetes mellitus (DM), previous/ concomitant bladder cancer, hydronephrosis, and tumor grade and location (renal pelvis, ureter, or multiple). Renal function was evaluated by estimated glomerular filtration rate (eGFR) before radical nephroureterectomy using a modified version of the abbreviated Modification of Diet in Renal Disease Study formula for Japanese patients [12]. Chronic kidney disease (CKD) was defined as a preoperative eGFR of < 60 mL/min/1.73 m². Tumor stage and grade were assigned according to the 2009 Tumor, Nodes, and Metastasis (TNM) classification of the Union of International Cancer Control [13]. We used key findings of (1) irregularity of peri-ureteral/renal-pelvic fat or (2) presence of hydronephrosis to distinguish between cT2 and cT3 [14, 15]. Postoperative complications were evaluated using the Clavien–Dindo classification [16].

Neoadjuvant chemotherapy (NAC)

Since September 2006, we performed two-to-four courses of NAC for the treatment of locally advanced UTUC (stages cT3-4 and/or cN+) in selected patients. NAC comprised a platinum-based combination regimen using either gemcitabine plus cisplatin; gemcitabine plus carboplatin; or methotrexate, vinblastine, adriamycin, and cisplatin. Regimens were selected based on guidelines regarding the eligibility for the proper use of cisplatin [17] and on the patients' overall status.

Surgical procedure

The schemas of incisions are shown in Fig. 1. ONU, which involved the removal of kidney, ureter, and ipsilateral bladder cuff, was performed via a retroperitoneal or transperitoneal approach [2] (Fig. 1a). All LNU procedures were performed via a retroperitoneal approach that was similar to the standard retroperitoneal laparoscopic nephroureterectomy with bladder-cuff resection [18]. Surgical indication



Fig. 1 Surgical approaches for upper tract urothelial carcinoma. ONU involved the removal of kidney, ureter, and ipsilateral bladder cuff and was performed via a transperitoneal (*) or retroperitoneal (**) approach (**a**). All LNU procedures were performed by a standard retroperitoneal laparoscopic nephroureterectomy with bladder-cuff resection. The surgical indication for LNU was nontumor invasion to the hilum. Four ports are applied in the procedure. After the renal vessels are isolated and ligated and the kidney is completely mobilized, the incision is closed in two layers with interrupted stitches. Thereafter, the patient is placed in the supine position, and a 6–8-cm oblique incision is made in the lower abdomen. The distal ureter is finally removed through the lower abdominal incision (**b**). A regional lymph-node dissection was performed during ONU and LNU depending on the tumor stage

for LNU was a nontumor invasion to the hilum. Four ports were applied in the procedure (Fig. 1b). Once a large retroperitoneal working space was available, the renal vessels were isolated and ligated and the kidney was completely mobilized. The ureter was dissected as distal as possible. Ureteral ligation was not performed. The incision was closed in two layers with interrupted stitches, and the patient was then placed in the supine position. A 6-8-cm oblique incision was made in the lower abdomen. The distal ureter was managed via the extravesical approach. The en bloc specimen was finally removed through the lower abdominal incision. A regional lymph-node dissection was not performed routinely during ONU and LNU. It was indicated only when an obvious lesion with imaging study was existed. We did not administer early (within 48 h) intravesical chemotherapy after nephroureterectomy.

Patient follow-up

Oncologic follow-up after radical nephroureterectomy was performed according to the European Association of Urology guidelines [1] and the Japanese guidelines for UTUC [11] and bladder cancer [19]. Our follow-up protocol comprised complete blood counts, serum chemistry screenings, urine cytology, cystoscopy, ultrasound imaging of the abdomen, computed tomography, and chest radiography every 3–6 months (based on pathological findings) for at least 5 years [20, 21]. Adjuvant chemotherapy was not routinely administered. Salvage therapy was introduced when indicated by imaging.

Outcome evaluations

We evaluated pathological T and N stages, lymphovascular invasion (LVI), and surgical margins in the ONU and LNU groups. Oncologic outcomes, including intravesical recurrence-free survival (RFS), visceral RFS, cancerspecific survival (CSS), and overall survival (OS), were investigated for both the groups using the Kaplan–Meier method and compared using the log-rank test. Multivariate Cox-regression analysis was performed for independent predictors of intravesical RFS, visceral RFS, CSS, and OS. IPTW-adjusted Cox-proportional hazard regression analyses were performed to evaluate the impact of LNU on prognosis.

Statistical analysis

Statistical analyses of data were performed using SPSS version 24.0 (SPSS, Inc., Chicago, IL, USA), GraphPad Prism 5.03 (GraphPad Software, San Diego, CA, USA), and R 3.3.2 (The R Foundation for Statistical Computing, Vienna, Austria). Categorical variables were compared using the Fisher's exact test or χ^2 test. Quantitative variables were

expressed as mean \pm standard deviation or median with interquartile range. Differences between groups were statistically compared using the Student's *t* test for data with a normal distribution or the Mann–Whitney *U* test for data with a non-normal distribution. *P* values of < 0.05 were considered statistically significant.

IPTW-adjusted Cox-proportional hazards regression analysis for patients with locally advanced disease (n = 229) and all patients (n = 426) were used to evaluate the impact of LNU on prognosis, which performs the reweighting of affected and unaffected groups to emulate a propensity score-matched population [22]. Hazard ratios (HRs) with 95% confidence intervals (CIs) were calculated after controlling for potential confounders, including patient demographics and preoperative tumor variables. Variables included in the IPTW analysis were age, sex, ECOG- PS, HTN, CVD, DM, smoking, hydronephrosis, preoperative eGFR, cT and cN stage, tumor location, previous bladder cancer, NAC, and surgical margin.

Results

Baseline characteristics

Of the 426 patients, 351 (82%) and 75 (18%) underwent ONU and LNU, respectively. The median follow-up period was significantly shorter in the LNU group than in the ONU group (35 vs. 41 months, respectively; P = 0.001). There were significant differences in CVD, renal function, hydronephrosis, NAC, and surgical margins between the two groups (Table 1).

Of the 229 patients with locally advanced UTUC, 48 (21%) underwent LNU. The median follow-up period was not significantly different between the ONU and LNU groups (30 vs. 29 months, respectively; P = 0.199). However, there were significant differences in the backgrounds, including preoperative renal function, hydronephrosis, NAC, lymphnode involvement, LVI, and surgical margins, between the groups (Table 1). The number of locally advanced UTUC patients in each group who underwent LN dissection were 27/181 (15%) and 2/48 (4.2%), respectively. Only six (3.3%) and zero (0%) patients in the ONU and LNU groups, respectively, received adjuvant chemotherapy in our cohort.

Unadjusted oncologic outcomes

Before background adjustment, there were significant differences in intravesical RFS, visceral RFS, CSS, and OS between the ONU and LNU groups (n = 351 and 75, respectively) among all patients (Fig. 2) and between the groups (n = 181 and 48, respectively) among patients with locally advanced cancer (Fig. 3).

Table 1 Background of patients

| | All | | P value | Locally advanced | | P value |
|---|--------------|----------------|---------|------------------|----------------|---------|
| | ONU | LNU | | ONU | LNU | |
| n | 351 | 75 | | 181 | 48 | |
| Age (years) | 70.5 ± 8.9 | 69.4 ± 8.5 | 0.345 | 71 ± 9.1 | 69 ± 9.4 | 0.322 |
| Gender (Male) | 240 (68%) | 50 (67%) | 0.777 | 17 (66%) | 33 (69%) | 0.592 |
| ECOG-PS > 1 | 9 (2.6%) | 1 (1.3%) | 0.235 | 5 (2.8%) | 0 (0%) | 0.586 |
| Hypertension (HTN) | 152 (43%) | 33 (44%) | 0.913 | 82 (45%) | 21 (44%) | 0.849 |
| Diabetes mellitus (DM) | 54 (15%) | 16 (21%) | 0.250 | 28 (16%) | 10 (21%) | 0.413 |
| Cardiovascular disease (CVD) | 69 (20%) | 6 (8.0%) | 0.003 | 33 (18%) | 5 (10%) | 0.140 |
| Smoking | 152 (43%) | 40 (53%) | 0.123 | 74 (41%) | 26 (51%) | 0.107 |
| eGFR before surgery (ml/min/1.73 m ²) | 57 ± 19 | 63 <u>±</u> 17 | 0.001 | 55 ± 18 | 64 <u>±</u> 16 | 0.001 |
| Hydronephrosis | 229 (65%) | 37 (49%) | 0.010 | 133 (74%) | 27 (56%) | 0.019 |
| Neoadjuvant chemotherapy (NAC) | 71 (20%) | 31 (41%) | 0.001 | 69 (38%) | 31 (65%) | 0.001 |
| Clinical stage | | | 0.140 | | | 0.471 |
| cT1 | 83 (24%) | 11 (15%) | | | | |
| cT2 | 87 (25%) | 16 (21%) | | | | |
| cT3 | 170 (48%) | 47 (63%) | | 170 (94%) | 47 (98%) | |
| cT4 | 11 (3.1%) | 1 (1.3%) | | 11 (6.1%) | 1 (2.1%) | |
| cN+ | 32 (9.1%) | 2 (2.7%) | 0.063 | 27 (17%) | 2 (4%) | 0.021 |
| Original tumor sites | | | 0.566 | | | 0.293 |
| Renal pelvis | 133 (38%) | 33 (44%) | | 71 (40%) | 19 (40%) | |
| Ureter | 195 (56%) | 39 (52%) | | 94 (52%) | 28 (58%) | |
| Multiple | 22 (6.3%) | 3 (4.0%) | | 16 (8.8%) | 1 (2.1%) | |
| Postoperative complications | | | | | | |
| All | 49 (14%) | 10 (13%) | 0.887 | 27 (15%) | 6 (13%) | 0.672 |
| Grade 3 or higher | 12 (3.4%) | 2 (2.7%) | 1.000 | 8 (4.4%) | 0 (0%) | 0.209 |
| Pathological outcomes | | | 0.158 | | | 0.069 |
| pT0 | 16 (4.6%) | 2 (2.7%) | | 4 (2.2%) | 1 (2.1%) | |
| pTa-1 | 104 (30%) | 30 (40%) | | 31 (17%) | 15 (32%) | |
| pT2 | 78 (22%) | 12 (16%) | | 30 (17%) | 7 (15%) | |
| pT3 | 139 (40%) | 31 (41%) | | 101 (56%) | 23 (48%) | |
| pT4 | 14 (4.0%) | 0 (0%) | | 14 (7.7%) | 0 (0%) | |
| pN+ | 27 (7.7%) | 3 (4.0%) | 0.327 | 18 (9.9%) | 2 (4.2%) | 0.262 |
| High grade | 330 (94%) | 74 (99%) | 0.147 | 177 (98%) | 47 (98%) | 1.000 |
| Lymphovascular invasion | 138 (39%) | 17 (23%) | 0.165 | 76 (42%) | 9 (19%) | 0.004 |
| Surgical margin positive | 14 (4%) | 0 (0%) | 0.005 | 14 (7.7%) | 0 (0%) | 0.046 |

ECOG-PS Eastern Cooperative Oncology Group performance status

IPTW-adjusted Cox-regression analyses for intravesical RFS, visceral RFS, CSS, and OS

No significant differences were observed between the ONU and LNU groups in intravesical RFS (HR: 0.65, P = 0.476), visceral RFS (HR: 0.46, P = 0.109), CSS (HR: 0.48, P = 0.233), and OS (HR: 0.40, P = 0.147) in the IPTW-adjusted Cox-regression analyses for patients with locally advanced cancer (n = 229; Table 2, upper row) and in intravesical RFS (HR: 2.20, P = 0.119), visceral RFS (HR: 0.50, P = 0.157), CSS (HR: 0.32, P = 0.149), and OS (HR: 0.29, P = 0.080) for all patients (n = 426; Table 2, lower row).

Discussion

Our results demonstrate that the laparoscopic approach is used in 21% of the patients with locally advanced UTUC and the surgical approach is not independently associated with intravesical RFS, visceral RFS, CSS, and OS in patients with locally advanced UTUC using IPTW-adjusted Cox-regression analyses. These results are consistent with those of the previous reports [2–8]. In addition, background-adjusted IPTW analyses for all patients (n = 426) demonstrated that the laparoscopic approach was not a significant factor for intravesical RFS, visceral RFS, CSS, and OS. These results suggest that the impact of the laparoscopic approach was not Fig. 2 Unadjusted oncologic outcomes in all patients (n = 426). Before background adjustment, there are significant differences in intravesical RFS (a), visceral RFS (b), CSS (c), and OS (d) in all patients who underwent ONU and LNU

Fig. 3 Unadjusted oncologic outcomes in locally advanced (stages cT3-4, and/or cN +) patients (n = 229). Before background adjustment, significant differences are observed in intravesical RFS (**a**), visceral RFS (**b**), CSS (**c**), and OS (**d**) between patients with locally advanced UTUC who underwent ONU and LNU

independently associated with prognosis, but there might be a trend toward an association between the laparoscopic approach and prolonged OS.

Previous studies support our finding for oncologic benefits of LNU. In a meta-analysis of 21 observational studies of patients with UTUC who underwent ONU or LNU, LNU was reported to provide not different prognostic effects for UTUC and was associated with a better oncologic control of extravesical RFS and CSS than ONU [8]. The investigators reported pooled HRs of



1.05 (95% CI, 0.92–1.18; P = 0.134) for intravesical RFS between the LNU (n = 1959) and ONU (n = 4281) groups, 0.80 (95% CI, 0.64–0.96; P = 0.859) for extravesical RFS (n = 836 and 4315, respectively), 0.79 (95% CI, 0.68–0.91; P = 0.186) for CSS (n = 2518 and 8342, respectively), and 0.91 (95% CI, 0.66–1.17; P = 0.091) for OS (n = 1442 and 3119, respectively). A recent study from the Multi-institutional National Database of the Japanese Urological Association including 749 patients with stage pT2 \geq cNxM0 disease who underwent LNU (n = 222) or

 Table 2
 Multivariate analysis for impact of laparoscopic radical nephrectomy (LNU) on prognosis

| | Factor | P value | HR | 95%CI | | | | |
|--|--------|---------|------|-----------|--|--|--|--|
| IPTW-adjusted multivariate analysis (locally advanced, $n = 229$) | | | | | | | | |
| Intravesical RFS | LNU | 0.476 | 0.65 | 0.20-2.10 | | | | |
| Visceral RFS | LNU | 0.109 | 0.46 | 0.18-1.19 | | | | |
| Cancer-specific survival | LNU | 0.233 | 0.48 | 0.14-1.61 | | | | |
| Overall survival | LNU | 0.147 | 0.40 | 0.12-1.38 | | | | |
| IPTW-adjusted multivariate analysis (All, $n = 426$) | | | | | | | | |
| Intravesical RFS | LNU | 0.119 | 2.20 | 0.81-5.94 | | | | |
| Visceral RFS | LNU | 0.157 | 0.50 | 0.19-1.30 | | | | |
| Cancer-specific survival | LNU | 0.149 | 0.32 | 0.07-1.45 | | | | |
| Overall survival | LNU | 0.080 | 0.29 | 0.07-1.16 | | | | |

Variables included in IPTW models were age, sex, ECOG-PS, HTN, CVD, DM, smoking, hydronephrosis, preoperative eGFR, cT, cN, tumor location, previous bladder cancer, NAC, and surgical margin *IPTW* inverse probability of treatment weighting

ONU (n = 527) has suggested no significant differences between the two groups in RFS, CSS, and OS. In addition, OS was not significantly different between the two groups even when the patients were stratified by stage pT3/ pT4 and/or pN + disease (P = 0.2876). They concluded that there is no evidence that oncologic outcomes of LNU are inferior to those of ONU in muscle-invasive UTUC when appropriate patients are selected [2]. In contrast, a multicenter analysis of 849 patients with UTUC who underwent LNU (n = 446, 53%) or ONU (n = 403, 47%) at the Canadian Upper Tract Collaboration demonstrated that the surgical approach is not independently associated with OS (HR, 0.89; 95% CI, 0.63–1.27; P = 0.52) and disease-specific survival (HR, 0.90; 95% CI, 0.60-1.37; P = 0.64), but there is a trend toward an independent association between LNU and poor RFS (HR, 1.24; 95% CI, 0.98–1.57, P = 0.08) [7]. A single center study from Seoul National University has suggested that LNU is independently associated with worse 5-year CSS (66.1% vs. 80.2%; P = 0.015) and OS (59.1% vs. 75.2%; P = 0.027) rates than those of ONU [10]. Multivariate analyses have shown that LNU is significantly associated with poor CSS (HR, 2.50; P = 0.005) and OS (HR, 2.59; P = 0.001) in patients with stage pT3/pT4 disease [10]. However, considering these studies with the intrinsic bias of retrospective study design, the results should be interpreted with caution. In the first randomized prospective study, progression-free survival and CSS were superior in the ONU group (n = 9) than in the LNU group (n = 7) among patients with stage pT3 tumors, whereas prognosis in all patients (n = 80) was not significantly different between the groups (n = 40 and 40, respectively) [4]. However, the number of patients in the stage pT3 subgroup was too small to conclude the impact of LNU on prognosis, even if it was conducted as a randomized prospective study. Taken together, as large multicenter studies [2–8, 23] and our results suggest, LNU could provide not different prognostic effects for UTUC as does ONU.

Regarding survival outcomes in all patients (n = 426), our data showed that LNU and had comparable intravesical RFS, visceral RFS, CSS, and OS. Trend of OS improvement (P = 0.080) in LNU may be due to selection bias, such as for small, low-grade, noninvasive tumors, particularly for the primary experience of LNU. The number of patients with stage cT3-4 disease who underwent LNU was significantly different between the years 2006 and 2008 (2/13; 15%) and the years 2009 and 2017 (46/62; 74%; P < 0.001), because LNU for UTUC was started in April 2006. This result suggests the unavoidable clinical trend toward an association between locally advanced UTUC and an open approach. In addition, the number of patients with NAC was significantly higher in the LNU group, because NAC for locally advanced UTUC was started in March 2008. Our previous study suggested an oncologic benefit of NAC for locally advanced UTUC [24, 25]. Therefore, we could not exclude selection bias between LNU and ONU even if we used matching methods for adjustment, and the result should be interpreted with caution.

The influence of NAC use for selection of less invasive surgery might be not ignored. In the present study, the number of locally advanced UTUC patients who underwent NAC and laparoscopic surgery were significantly higher (n = 31/69; 31%) than those without NAC (n = 17/129; 13%) (P = 0.001). Our results might suggest the clinical benefit of laparoscopic surgery in combination with NAC for locally advanced UTUC. However, strong selection biases are existing in this retrospective study, and further studies are necessary to address this issue.

Several limitations of the present study must be acknowledged. First, the use of data from multiple centers and the retrospective study design prevented us from making definitive conclusions regarding the impact of LNU on prognosis. We could not address median numbers of the resected LNs in each approach due to the lack of data, and the differences in surgical procedures including approaches (transperitoneal or retroperitoneal) and positions (supine or lateral position). In addition, positive surgical margin was significantly more frequent in the ONU group than in LNU group because of selection biases for surgical approaches. Despite the use of an IPTW method, which is an attractive method for estimating treatment effects using observational data, we were unable to control for selection bias and other unmeasurable confounders of retrospective studies. Despite these limitations, we evaluated the direct impact of LNU on oncologic outcomes in patients with UTUC using IPTW-adjusted Coxregression analyses. Because only a single prospective study was available to compare the influence of surgical approach on prognosis, our results support the rationale that the laparoscopic approach provides a not different value on the prognosis for locally advanced UTUC.

In conclusion, a surgical approach was not independently associated with intravesical RFS, visceral RFS, CSS, and OS in patients with locally advanced UTUC. Although we could not exclude selection bias, the laparoscopic approach might result in a non-inferior prognosis compared with the open approach in patients with UTUC. More large-scale prospective randomized controlled study is required to assess the impact of the laparoscopic approach on the prognosis of UTUC.

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Author contributions Conception and design: Shingo Hatakeyama. Acquisition of data: Koichi Kido, Naoki Fujita, Shingo Hatakeyama, Takahiro Yoneyama, Yasuhiro Hashimoto, Takuya Koie, Ikuya Iwabuchi, Masaru Ogasawara, Toshiaki Kawaguchi. Analysis and interpretation of data: Shingo Hatakeyama, Yuki Tobisawa, Tohru Yoneyama. Drafting of the manuscript: Koichi Kido, Shingo Hatakeyama. Critical revision of the manuscript: Naoki Fujita, Takuya Koie, Chikara Ohyama. Statistical analysis: Shingo Hatakeyama, Tohru Yoneyama. Obtaining funding: Shingo Hatakeyama, Takuya Koie, Chikara Ohyama. Administrative, technical, or material support: Yuki Tobisawa, Tohru Yoneyama

Compliance with ethical standards

Conflict of interests The authors declare no conflicts of interest.

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Ethical standards This study was performed in accordance with the ethical standards of the Declaration of Helsinki and approved by an ethics review board of Hirosaki University School of Medicine (authorization numbers; 2017–089) and all other hospitals.

Informed consent For this type of study, formal written consent is not required. Pursuant to the provisions of the ethics committee and the ethic guideline in Japan, written consent was not required in exchange for public disclosure of study information in the case of retrospective and/or observational study using a material such as the existing documentation. The study information was open for the public consumption at http://www.med.hirosaki-u.ac.jp/~uro/html/IRB/IRBdoc.html.

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Affiliations

Koichi Kido¹ · Shingo Hatakeyama¹ · Naoki Fujita¹ · Hayato Yamamoto¹ · Yuki Tobisawa¹ · Tohru Yoneyama² · Takahiro Yoneyama¹ · Yasuhiro Hashimoto² · Takuya Koie¹ · Ikuya Iwabuchi³ · Masaru Ogasawara³ · Toshiaki Kawaguchi³ · Chikara Ohyama^{1,3}

Koichi Kido kido200x@gmail.com

Naoki Fujita naonao707012@yahoo.co.jp

Hayato Yamamoto yamahaya10@yahoo.co.jp

Yuki Tobisawa tobisawa@hirosaki-u.ac.jp

Tohru Yoneyama tohruyon@hirosaki-u.ac.jp

Takahiro Yoneyama uroyone@hirosaki-u.ac.jp

Yasuhiro Hashimoto bikkuri@opal.plala.or.jp

Takuya Koie goodwin@hirosaki-u.ac.jp Ikuya Iwabuchi ikuya_iwabuchi@med.pref.aomori.jp

Masaru Ogasawara masaru_ogasawara@med.pref.aomori.jp

Toshiaki Kawaguchi toshiaki_kawaguchi@med.pref.aomori.jp

Chikara Ohyama coyama@hirosaki-u.ac.jp

- ¹ Department of Urology, Hirosaki University Graduate School of Medicine, Hirosaki, Japan
- ² Department of Advanced Transplant and Regenerative Medicine, Hirosaki University Graduate School of Medicine, Hirosaki, Japan
- ³ Department of Urology, Aomori Prefectural Central Hospital, Aomori, Japan