ORIGINAL ARTICLE



# Incidence of and risk factors associated with nedaplatin-related hypersensitivity reactions

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#### Abstract

*Background* Nedaplatin (NDP)-related hypersensitivity reactions (HSRs) trigger adverse clinical events. Prediction and prevention of NDP-HSRs are thus essential to minimize the risk and maximize the benefit of NDP therapy. However, the incidence of NDP-HSRs and the associated risk factors remain unclear.

*Methods* We retrospectively examined patients who received NDP monotherapy between April 2011 and July 2015 in Nagoya University Hospital. HSRs severity was defined according to the Common Terminology Criteria for Adverse Events version 4 (CTCAE ver.4). Risk factors for NDP-HSRs were determined using multivariate logistic regression.

*Results* Of 111 patients who received NDP monotherapy, 90 (81%) were female; median age was 59 years (range, 29–78 years). Eighty-eight patients had gynecological cancer and 20 suffered from head and neck cancer. Eight of 111 patients (7.2%) experienced NDP-HSRs, six of which developed in the second NDP cycle. However, all patients with NDP-HSRs were treated with carboplatin (CBDCA) for more than three cycles. Grade 3 and 4 HSRs developed in 2 patients. NDP-HSRs were significantly associated with a history of CBDCA-HSRs (odds ratio 37.5, 95% confidence interval 5.38–262, p < 0.001) and with the interval between NDP administration and the previous platinum

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<sup>2</sup> Department of Clinical Oncology and Chemotherapy, Nagoya University Hospital, 65 Tsurumai-cho, Showa-ku, Nagoya, Aichi 466-8560, Japan treatment (odds ratio 13.9, 95% confidence interval 1.23–158, p = 0.034).

*Conclusion* The risk of NDP-HSRs increases in patients with a history of CBDCA-HSRs and in those administered NDP for more than 6 months after previous platinum treatment. Such individuals must be closely monitored if given NDP, even if they are expected to benefit from the treatment.

**Keywords** Nedaplatin · Hypersensitivity reactions · Risk factors · Cross-reactivity

# Introduction

Hypersensitivity reactions (HSRs), which are acute adverse events in chemotherapy, have prompted significant research efforts into the quantification of incidence and the identification of HSR risk factors. Commonly used platinum agents, such as carboplatin (CBDCA) and oxaliplatin (L-OHP), are known risk factors for HSRs [1].

CBDCA is one of the most frequently used platinum agents for the treatment of several malignancies (e.g., head and neck, lung, breast, cervical, ovarian, testicular cancer, and malignant lymphoma). The overall incidence of CBDCA-HSRs can range between 1% and 44%, with less than 1% occurring within five CBDCA cycles, 6.5% in six cycles, 27% in seven or more cycles, and 44% in third-line retreatment [1]. L-OHP, a drug commonly used to treat metastatic colorectal cancer, is generally combined with the genotoxic agent fluorouracil or its analogues. The incidence of L-OHP-related HSRs ranges from 10% to 18.9%, and the HSR usually develops following six or more cycles of treatment. Furthermore, the risk of HSRs driven by common platinum agents increases in patients who undergo repeated treatment [2–5]. NDP (*cis*-diammine-glycolatoplatinum) is a cisplatin (CDDP) analogue that has been approved for the treatment of various solid tumors; the drug elicits lesser gastrointestinal and renal toxicities when compared with CDDP [6, 7]. Thus, NDP may become the 'drug of choice' and substitute for both CDDP and CBDCA in the treatment of solid cancers. In support of this, several phase II studies have demonstrated the efficacy of NDP combination therapy in cervical cancer [8–10] and in head and neck cancer [11–13]. A recent phase III study indicated that NDP plus docetaxel was superior to CDDP plus docetaxel with regard to overall survival in advanced or relapsed squamous cell lung cancer patients [14]. Based on this evidence, NDP is currently the third most commonly used platinum agent, with only CDDP and CBDCA being used more frequently in the clinic.

NDP-HSRs can be associated with severe adverse clinical symptoms, although the risk factors that precipitate such events are still unclear. To minimize the risk and maximize the benefit of NDP therapy, it is therefore essential to identify factors associated with NDP-driven HSRs. In many cases, NDP is used to treat patients with gynecological cancer who have previously experienced CBDCA-HSRs. However, whether CBDCA treatment history has an impact on the risk of developing NDP-HSRs has not been formally tested. In this retrospective study, we investigated the incidence of NDP-HSRs, searched for associated risk factors, and evaluated the relationship between CBDCAand NDP-triggered HSRs.

# Patients and methods

# Study design

This study was a single-center, retrospective cohort study. The study protocol was approved by the ethics board of Nagoya University School of Medicine.

#### Patients

We identified Japanese patients aged  $\geq 20$  years who had received NDP monotherapy at Nagoya University Hospital from April 2011 to July 2015. Exclusion criteria included prior treatment history with an NDP-containing regimen.

#### Treatment

In the monotherapy regimen approved by our institution, NDP at 80–100 mg/m<sup>2</sup> was administrated intravenously for 60 min following pretreatment with 13.2 mg dexamethasone (DEX) and 5-HT<sub>3</sub> antagonist every 4 weeks. Dose and type of 5-HT<sub>3</sub> antagonist were optional. NDP and DEX

dose reduction was allowed depending on each patient's condition.

#### Hypersensitivity reactions

Considering their delayed onset, we defined HSRs caused by either NDP or CBDCA as allergy-like reactions (including itching, rash, flush, chest tightness, respiratory discomfort, emesis, blood pressure changes, and facial swelling) that occurred within the first 48 h of treatment. We excluded cases that could have been caused by other drugs administered concomitantly with platinum reagents. The severity of NDP and CBDCA-HSRs was graded according to the Common Terminology Criteria for Adverse Events version 4.0 (CTCAE ver.4.0).

# **Data collection**

Clinical data collected from the medical records were as follows: age, type of cancer, history of allergy, incidence and severity of NDP- and CBDCA-HSRs, symptoms of NDP-HSRs, and NDP exposure during the study period (total number of courses, doses, and cumulative dose). We also recorded treatment line number, the number of prior CBDCA administrations, and the interval between NDP treatment and any previous platinum treatment (defined as the number of months from the last platinum treatment to the first NDP administration).

# Statistical analysis

Univariate analyses were performed by Mann–Whitney U test and Fisher's exact test. A multivariate logistic regression analysis was used to estimate adjusted odds ratios. All statistical analyses were performed with the Statistics Program for Social Science version 23 (SPSS; IBM, Armonk, NY, USA). Variables were considered significant when the p value was less than 0.05.

## Results

## **Patient characteristics**

One patient who had been previously treated with a regimen including NDP was excluded. A total of 111 patients treated with NDP were included. Because gynecological cancer patients were in the majority, 90 of 111 patients (81%) were women (Table 1). Median age was 59 years (range, 29–78 years). Eighty-eight of 111 patients (79%) were first treated with CDDP or CBDCA and given NDP as a third or higher line treatment.

#### Table 1 Patient characteristics

	Patients $(n = 111)$
Age (years)	
Median	59
Range	29-78
Sex	
Male	21
Female	90
Number of NDP cycles	
Median	3
Range	1–16
History of CBDCA treatment	
Yes	72
No	39
Type of cancer	
Gynecological	88
Head and neck	20
Others	3
Line of therapy	
First or second	23
Third or higher	88

NDP nedaplatin, CBDCA carboplatin

## Situations with developing NDP-HSRs

In the study population, eight patients experienced HSRs following NDP treatment, representing an incidence of 7.2% of all treated patients. Five of eight NDP-HSRs (63%) were observed within 10 min, and the most frequently observed symptoms were flush (six patients) and respiratory discomfort (four patients), which were typical reactions and also observed in CBDCA-HSRs (Table 2) [1, 2]. Two patients needed hospitalization (grade 3) and another two were transferred to an intensive care unit for treatment of HSRs (grade 4). Six of eight patients (75%) developed HSRs during the second NDP cycle (Fig. 1). All patients with NDP-HSRs had already been exposed to more than three cycles of CBDCA treatment (Table 3). There was no association between HSR grade and the number of platinum cycles. Five of eight patients (63%) had a history of CBDCA-HSRs.

#### **Risk factors for NDP-HSRs**

Univariate analysis revealed three parameters as potential risk factors for NDP-HSRs (Table 3). First, the number of prior CBDCA treatments was significantly higher in patients with NDP-HSRs compared to patients without NDP-HSRs (median, 9.5 vs. 5; p = 0.009). Second, the overall incidence of CBDCA-HSRs was higher in patients with NDP-HSRs relative to patients without NDP-HSRs (63% vs. 6%; p < 0.001). Finally, the proportion of patients who received NDP 6 months or more after the previous platinum treatment was higher in patients with NDP-HSRs than patients without NDP-HSRs (88% vs. 43%; p = 0.023). The effects of DEX reduction, age, and the number of NDP cycles had no statistically significant impact on NDP-HSRs.

Using multivariate analysis, NDP-HSRs were significantly associated with two factors: history of CBDCA-HSRs (odds ratio 37.5, 95% CI 5.38–262, p < 0.001), and the length of the interval between NDP and the previous platinum treatment (odds ratio 13.9, 95% CI 1.23–158, p = 0.034) (Table 4).

#### Association of NDP-HSRs with CBDCA-HSRs

In patients who experienced CBDCA-HSRs, 5 of 11 individuals (45%) developed NDP-HSRs. The interval between the first NDP treatment and previous CBDCA-HSRs was significantly longer in this group than in patients without NDP-HSRs (median months, 30 vs. 1; p = 0.025) (Table 5). Additionally, 72 of 111 patients in the study population had a history of CBDCA treatment (Table 1). The incidence of NDP-HSRs was significantly higher in these 72 patients compared to those without CBDCA-HSRs (45% vs. 4.9%; p > 0.001) (Table 6).

Table 2 Summary of individual cases with nedaplatin-related hypersensitivity reactions (NDP-HSRs)

No.	NDP-HSRs	CBDCA-HSRs	Onset of NDP-HSRs (min)	Symptoms
1	Grade 1	Grade 1	7	Flush, hyperemia
2	Grade 2	Grade 2	5	Flush, respiratory discomfort
3	Grade 2	-	3	Flush, hyperemia
4	Grade 2	Grade 3	<60	Flush
5	Grade 3	Grade 3	23	Respiratory discomfort, itching
6	Grade 3	-	35	Flush, nausea, edema
7	Grade 4	-	9	Respiratory discomfort, hypotension, consciousness disorder, itching
8	Grade 4	Grade 3	9	Flush, respiratory discomfort, hypotension, consciousness disorder

NDP nedaplatin, CBDCA carboplatin, HSRs hypersensitivity reactions

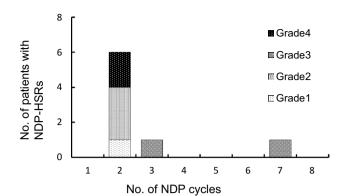


Fig. 1 Number of nedaplatin (NDP) cycles in patients with NDPhypersensitivity reactions (HSRs). Six of eight NDP-HSRs developed in the second NDP cycle

# Discussion

analysis

Table 3 Results of univariate

In our study, most NDP-HSRs occurred during an early cycle of treatment, in contrast with the risk of common platinum-HSRs, which increased in patients who undergo repeated treatment. NDP is commonly used as the third platinum agent. It is predicted that prior repeated platinum exposure influences early onset of NDP-HSRs.

Table 4 Results of multivariate analysis

Factors	Odds ratio	95% CI	p value
History of CBDCA-HSRs	37.5	5.38-262	<0.001*
Interval between NDP admin ment (months)	istration and pro	evious platinur	n treat-
>6	13.9	1.23-158	0.034*

NDP nedaplatin, CBDCA carboplatin, HSRs hypersensitivity reactions, CI confidence interval

\* *p* < 0.05

Additionally, we found that a history of CBDCA-HSRs was the most significant risk factor for NDP-HSRs.

Various mechanisms have been proposed to explain platinum-dependent HSRs. First, there is a correlation between severe CBDCA-HSRs and IgE-dependent-HSRs. Patients with CBDCA-HSRs had significantly higher expression of the Fc fragment of IgE receptor-I (Fc $\epsilon$ RI) on basophils, and a higher level of Fc $\epsilon$ RI mRNA in peripheral blood, compared to patients without CBDCA-HSRs. Accordingly, it was suggested that monitoring the pharmacodynamic changes of Fc $\epsilon$ RI expression on basophils was essential for prevention of CBDCA-HSRs in high-risk patients [15].

	NDP-HSRs $(+)$ $(n = 8)$	NDP-HSRs $(-)$ $(n = 103)$	p value
Age (years)			
Median	53.5	59	0.523 <sup>a</sup>
Range	38–71	29–78	
Number of NDP cycles			
Median	2	3	$0.097^{a}$
Range	2–7	1–16	
Number of prior CBDCA trea	atments		
Median	9.5	5	0.009 <sup>a</sup> ,*
Range	3–28	0–29	
Type of cancer			
Gynecological	8	80	
Head and neck	0	20	
Other	0	3	
History of CBDCA-HSRs	63% (5/8)	6% (6/103)	<0.001 <sup>b,*</sup>
Interval between NDP admini	stration and previous platinum	treatment (months)	
>6	88% (7/8)	43% (44/103)	0.023 <sup>b,*</sup>
DEX reduction	63% (5/8)	42% (43/103)	0.289 <sup>b</sup>

*NDP* nedaplatin, *CBDCA* carboplatin, *HSRs* hypersensitivity reactions, *DEX* dexamethasone, *NDP-HSRs* (+) patients with NDP-HSRs, *NDP-HSRs* (-) patients without NDP-HSRs

\* p < 0.05

<sup>a</sup> Mann–Whitney U test

<sup>b</sup> Fisher's exact test

**Table 5**Summary of patientswith CBDCA-HSRs

	NDP-HSRs $(+)$ $(n = 5)$	NDP-HSRs $(-)$ $(n = 6)$	Total $(n = 11)$	p value
Interval betw	veen first NDP treatment and C	BDCA-HSRs (months)		
Median	30	1	9	0.025 <sup>a,*</sup>
Range	9–33	1–27	1–33	

*NDP* nedaplatin, *CBDCA* carboplatin, *HSRs* hypersensitivity reactions, *NDP-HSRs* (+) patients with NDP-HSRs, *NDP-HSRs* (-) patients without NDP-HSRs

\* p < 0.05

<sup>a</sup> Mann–Whitney U test

**Table 6**Subgroup analysisin patients with a history ofCBDCA treatment

	CBDCA-HSRs $(+)$ $(n = 11)$	CBDCA-HSRs $(-)$ $(n = 61)$	p value
Age (years)			
Median	57	55	0.424 <sup>a</sup>
Range	44–77	29–78	
Number of previous CBDC	CA treatments		
Median	12	7	0.003 <sup>a,*</sup>
Range	8–28	1–29	
Number of NDP cycles			
Median	2	3	0.811 <sup>a</sup>
Range	2–13	1–16	
NDP-HSR development	45% (5/11)	4.9% (3/61)	<0.001 <sup>b</sup> *

*NDP* nedaplatin, *CBDCA* carboplatin, *HSRs* hypersensitivity reactions, *CBDCA-HSRs* (+) patients with CBDCA-HSRs, *CBDCA-HSRs* (-) patients without CBDCA-HSRs

\* *p* < 0.05

Mann-Whitney U test

<sup>b</sup> Fisher's exact test

Second, specific IgE (sIgE) was observed in several patients with CBDCA- or L-OHP-induced HSRs; this finding has led to the proposal that sIgE may recognize different epitopes in CBDCA and L-OHP. CBDCA sIgE may be directed against primary amine groups that are present on both CBDCA and CDDP but absent on L-OHP [16]. Similar to CBDCA, NDP also contains a primary amine group and may therefore be recognized by autoantibodies. Together, these observations suggest that platinum-driven HSRs develop because of activation of a type I allergy mechanism, and that NDP possibly cross-reacts with CBDCA as to HSRs.

Although our multivariate analysis indicated that a history of CBDCA-HSRs was a risk factor for NDP-HSRs, substituting CBDCA with NDP in women with gynecological cancers who experienced CBDCA-HSRs is an effective treatment strategy. Indeed, two groups have reported approximately 30–35% response rates, including five cases of complete response [17, 18]. Accordingly, NDP treatment in patients who had experienced CBDCA-HSRs should generally be avoided, except when significant benefits are expected.

A long interval between NDP treatment and any previous platinum regimen was also detected as a risk factor for NDP-HSRs. This finding is consistent with a previous report that a 12-month platinum-free interval is a risk factor for CBDCA-HSRs in gynecological cancer patients [3, 19]. Similarly, L-OHP salvage therapy is a risk factor for HSRs in colon cancer patients [20]. In addition, two previous studies have reported the incidence of NDP-HSRs and interval to re-challenge after CBDCA-HSRs. Michikami et al., Arimoto et al., and we ourselves have reported that incidence of NDP-HSRs after CBDCA-HSRs was 7.9% in patients who subsequently switched to NDP, 27% in patients with a 1.4-month interval to re-challenge, and 45% in patients with a 9-month interval (Table 5) [17, 18]. The incidence of NDP-HSRs after CBDCA-HSRs was increased associated with a long interval to re-challenge. These reports suggest that the development of immune sensitization to platinum agents, including NDP, requires a relatively long period before it manifests in the form of clinical symptoms. Our current results suggest that a long time interval may be required to develop cross-immune sensitization to NDP in patients with CBDCA-HSRs. Thus we infer that, when deemed necessary, NDP treatment should be initiated relatively soon after CBDCA treatment in those patients who experienced CBDCA-HSRs. Conversely, if a long period (>6 months) has elapsed since the last episode of CBDCA-HSRs, NDP should only be administered with especially careful monitoring. However, further studies are required to validate this approach, because many mechanistic aspects of platinum immune sensitization remain unclear.

Management for platinum-HSRs including premedication, desensitization, and substitution of platinum agents has been investigated [1, 21–24]. However, preventive effects are still limited, and specific prophylaxis for NDP-HSRs has rarely been reported. Subsequent substitution of NDP for CBDCA may be an effective management for CBDCA-HSRs, but further study is also needed to demonstrate this hypothesis.

Several limitations of this study should be noted. As it was retrospective, this study was not able to address the outcome of novel changes to treatment strategies when HSRs were encountered. Also, the number of study subjects was relatively small and the data presented should therefore be interpreted with caution. Additionally, we only focused on prediction of NDP-HSR development, so we did not evaluate the efficacy of therapy and HSR prophylaxis.

In conclusion, a history of CBDCA-HSRs and an interval of 6 months or greater between NDP and the previous platinum treatment are risk factors for NDP-HSRs. Thus, NDP mo notherapy in patients who have experienced CBDCA-HSRs should be implemented with great care. When a benefit of the NDP monotherapy is expected for patients in whom the interval between different platinum treatments is long, its administration should be carefully monitored.

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#### Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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