

# Acute and late toxicities of pirarubicin in the treatment of childhood acute lymphoblastic leukemia: results from a clinical trial by the Japan Association of Childhood Leukemia Study

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## Abstract

**Background** Anthracyclines are used to treat childhood acute lymphoblastic leukemia (ALL). Even when administered at low doses, these agents are reported to cause progressive cardiac dysfunction. We conducted a clinical trial comparing the toxicities of two anthracyclines, pirarubicin (THP) and daunorubicin (DNR), in the treatment of childhood ALL. The results from our study that relate to acute and late toxicities are reported here.

**Methods** 276 children with B-ALL were enrolled in the trial from April 1997 to March 2002 and were randomly assigned to receive a regimen including either THP (25 mg/m<sup>2</sup> × 11) or DNR (30 mg/m<sup>2</sup> × 11). Acute toxicity was prospectively assessed based on the National Cancer

Institute Common Toxicity Criteria. Acute hematological toxicity was also examined via some parameters. Patients with event-free survival of >5 years were retrospectively surveyed for cardiac function at 5 and 10 years and at the most recent assessment more than 10 years from the onset of ALL.

**Results** Acute hematological toxicity in the early phase was more significant in the THP arm. Based on ultrasound cardiography, cardiac function was impaired in both groups during the follow-up period, but there was no significant difference between the groups except for a greater decline in fractional shortening on ultrasound cardiography in the DNR arm.

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**Conclusions** While acute hematological toxicity was more significant in the THP arm, THP also appeared to be less cardiotoxic. However, the evaluation of late cardiotoxicity was limited because only a few subjects were followed beyond 10 years after ALL onset. Considering that the THP regimen produced an EFS rate comparable with that of the DNR regimen, the efficacy and toxicity of THP at reduced doses should be studied in order to identify potentially safer regimens.

**Keywords** Pirarubicin · Myelotoxicity · Cardiotoxicity · Childhood leukemia · Clinical trial · Long-term follow-up

## Introduction

The outcome of acute lymphoblastic leukemia (ALL) in childhood has improved markedly over the last five decades, largely due to the evolution of chemotherapy and stratification of treatment intensity [1]. Anthracyclines are the agents used to treat childhood ALL [2]; however, late cardiotoxicity following anthracyclines is common and sometimes progressive [3]. Children receiving lower doses of these agents are reported to have subclinical abnormalities in myocardial function later in life, even when overt cardiac symptoms are absent [4]. Consequently, late cardiac dysfunction induced by anthracyclines is now a major concern in the long-term follow-up of childhood cancer survivors, which has led to several efforts to reduce cardiotoxicity. These include administration by prolonged infusion to lower the peak level, the use of liposomal preparations to deliver the drug more effectively to tumors, and co-administration of cardioprotective agents such as dexrazoxane [5–7]. New analogues with improved therapeutic indices are also being developed. 4'-*O*-tetrahydropyranyl doxorubicin (pirarubicin, THP) is a synthetic analogue of doxorubicin (ADR) containing a tetrahydropyranyl group at the 4'-position of the amino sugar. This agent was discovered and developed in Japan [8]. Compared to ADR, THP accumulates in tumor cells more rapidly and inhibits DNA and RNA synthesis at lower concentrations [9]. In animal models, THP has been reported to exert higher anti-tumor activity and lower cardiotoxicity than other anthracyclines [10–12]. Furthermore, Takagi and Oguro demonstrated that THP was effective for lymphoid malignancies in adults [13]. THP has been used in the front-line treatment of childhood ALL in Japan [14, 15], although DNR and ADR are being routinely used in other countries.

THP may be highly advantageous for treating children with cancer, but its clinical efficacy and safety have not been evaluated with well-designed clinical trials, especially in childhood ALL. The Japan Association of Childhood Leukemia Study (JACLS) conducted a randomized

controlled trial of THP vs daunorubicin (DNR) in the treatment of childhood ALL to assess the efficacy and acute toxicity of each drug. In addition, we retrospectively conducted an observational study of late cardiac toxicity among long-term survivors in the trial.

## Patients and methods

### Patients

Between April 1997 and March 2002, we enrolled 286 consecutive children and adolescents aged 1–15 years with newly diagnosed B-ALL in a randomized controlled trial of two anthracyclines, DNR and THP. Patients were included if they were stratified into intermediate (IR) or high (HR) risk categories according to the ALL-97 study of JACLS [16]. IR was defined as patients aged 1–9 years with white blood cell (WBC) counts at diagnosis of between 10,000 and 49,999/ $\mu$ l, while HR included patients aged 1–9 years with WBC counts at diagnosis of between 50,000 and 99,999/ $\mu$ l, or those more than 10 years old with WBC counts at diagnosis of less than 50,000/ $\mu$ l. Standard-risk (SR) patients (aged between 1 and 9 years and with WBC counts at diagnosis of less than 10,000/ $\mu$ l) with the following findings were regarded as IR: *t* (1,19), splenomegaly beyond the umbilicus or lymph node enlargement >3 cm in diameter. SR and IR patients with central nervous system (CNS) involvement were regarded as HR. Among patients initially stratified into IR or HR, those showing M2/M3 marrow on day 14 were treated with an extremely high-risk (ER) protocol after induction therapy and excluded from the evaluations in the following phases. Patients with the Philadelphia chromosome or chromosome 11q23 translocation were not included in IR/HR. Mature B-cell leukemia patients were not included in this study.

Institutional review boards at all participating institutions approved the study, and each patient or guardian provided informed consent before the initiation of treatment.

### Treatment

Details of the treatment regimens are shown in Table 1. Both IR and HR patients received the same regimen except for cranial irradiation in HR from the 52nd to the 54th week. Two doses of triple intrathecal chemotherapy were added in HR patients during cranial irradiation. The regimens comprised induction, consolidation, sanctuary, re-induction, and maintenance therapies. Total treatment duration was 98 weeks, consisting of a 20-week early phase and a 78-week maintenance phase. The patients were assigned to receive a total of 11 doses (2 doses in induction, 2 in consolidation, 2 in re-induction, and 5 in maintenance

**Table 1** Treatment framework

A. Early phase	
Phase	Treatment
Induction, weeks 1–5	
Vincristine	1.5 mg/m <sup>2</sup> (maximum 2.0 mg) intravenously on days 1, 8, 15, 22, 29
Randomization THP or DNR	
DNR arm	30 mg/m <sup>2</sup> drip infusion over 60 min on days 2, 4
THP arm	25 mg/m <sup>2</sup> drip infusion over 60 min on days 2, 4
L-Asparaginase	10,000 units/m <sup>2</sup> intravenously or intramuscularly on days 9, 11, 13, 16, 18, 20
Prednisolone	40 mg/m <sup>2</sup> orally on day 8–28 with tapering
Dexamethasone	10 mg/m <sup>2</sup> intravenously on days 1–7
Triple IT <sup>a</sup>	Methotrexate 12 mg/cytarabine 30 mg/hydrocortisone 25 mg on days 1, 29
Consolidation, weeks 6–9	
DNR arm	DNR 30 mg/m <sup>2</sup> drip infusion over 60 min on days 1, 8
THP arm	THP 25 mg/m <sup>2</sup> drip infusion over 60 min on days 1, 8
Cytarabine	75 mg/m <sup>2</sup> intravenously on days 2–7, days 9–14
6-Mercaptopurine	50 mg/m <sup>2</sup> orally on days 1–14
Triple IT <sup>a</sup>	Methotrexate 12 mg/cytarabine 30 mg/hydrocortisone 25 mg on days 1, 8
Sanctuary, weeks 10–15	
Vincristine	1.5 mg/m <sup>2</sup> (maximum 2.0 mg) intravenously on days 1, 15, 29
Methotrexate	3 g/m <sup>2</sup> intravenously over 24 h on days 1, 15, 29
Leucovorin	15 mg/m <sup>2</sup> × 7 intravenously, every 6 h beginning 36 h after the start of methotrexate infusion
Cyclophosphamide	600 mg/m <sup>2</sup> intravenously on days 3, 17, 31
L-Asparaginase	20,000 units/m <sup>2</sup> intramuscularly on days 3, 17, 31
Prednisolone	40 mg/m <sup>2</sup> orally on days 1–3, days 15–17, days 29–31
Triple IT <sup>a</sup>	Methotrexate 12 mg/cytarabine 30 mg/hydrocortisone 25 mg on days 2, 16, 30
Re-induction, weeks 16–19	
Vincristine	1.5 mg/m <sup>2</sup> (maximum 2.0 mg) intravenously on days 1, 8, 15
DNR arm	DNR 30 mg/m <sup>2</sup> drip infusion over 60 min on days 1, 8
THP arm	THP 25 mg/m <sup>2</sup> drip infusion over 60 min on days 1, 8
L-Asparaginase	10,000 units/m <sup>2</sup> intramuscularly on days 1, 3, 5, 8, 10, 12
Prednisolone	40 mg/m <sup>2</sup> orally on days 1–14 with tapering
Triple IT <sup>a</sup>	Methotrexate 12 mg/cytarabine 30 mg/hydrocortisone 25 mg on day 1
B. Maintenance phase	
Block	Treatment
Blocks 1 + 2 + 1 + 3 (weeks 20–35), 5 cycles until week 98	
Block 1, weeks 20–23	
Methotrexate	150 mg/m <sup>2</sup> intravenously on days 1, 15
6-Mercaptopurine	50 mg/m <sup>2</sup> orally on days 1–21
Block 2, weeks 24–27	
Vincristine	1.5 mg/m <sup>2</sup> (maximum 2.0 mg) intravenously on days 1, 8
Cyclophosphamide	600 mg/m <sup>2</sup> intravenously on day 8
L-Asparaginase	10,000 units/m <sup>2</sup> intramuscularly on days 1, 8, 15
Prednisolone	40 mg/m <sup>2</sup> orally on days 1–14
Block 1, weeks 28–31	
Methotrexate	150 mg/m <sup>2</sup> intravenously on days 1, 15
6-Mercaptopurine	50 mg/m <sup>2</sup> orally on days 1–21

**Table 1** continued

B. Maintenance phase	
Block	Treatment
Block 3, weeks 32–35	
Vindesine	3.0 mg/m <sup>2</sup> intravenously on days 1, 8, 15
DNR arm	DNR 30 mg/m <sup>2</sup> drip infusion over 60 min on day 8
THP arm	THP 25 mg/m <sup>2</sup> drip infusion over 60 min on day 8
L-Asparaginase	10,000 units/m <sup>2</sup> intramuscularly on days 1, 8, 15
Prednisolone	40 mg/m <sup>2</sup> orally on days 1–14
CNS therapy, weeks 52–55 (only for HR patients)	
Cranial radiation	15 Gy < 6 years, 18 Gy ≥ 6 years
6-Mercaptopurine	50 mg/m <sup>2</sup> orally on days 1–21
Triple IT <sup>a</sup>	Methotrexate 12 mg/cytarabine 30 mg/hydrocortisone 25 mg on days 1, 15

DNR daunorubicin, THP pirarubicin, IT intrathecal chemotherapy, CNS central nervous system, HR high risk

<sup>a</sup> Doses are adjusted for children under 3 years of age

therapies) of DNR at 30 mg/m<sup>2</sup> or THP at 25 mg/m<sup>2</sup>. Previously, THP was used at a dose of 20–30 mg/m<sup>2</sup> in treatment regimens for ALL [14, 15]. In this study, we selected a dose of 25 mg/m<sup>2</sup> for THP. Cumulative doses of the anthracyclines were 330 mg/m<sup>2</sup> in the DNR arm and 275 mg/m<sup>2</sup> in the THP arm.

## Evaluation

The primary endpoint of the randomized controlled trial was the event-free survival (EFS) rate, while the secondary endpoints were the overall survival rate and the incidence of acute toxicity. Patient response and evidence of acute toxicity were closely monitored at each center during the treatment. Acute toxicity in each treatment phase was evaluated with the WHO grading system until June 2003, and then with the National Cancer Institute Common Toxicity Criteria (NCI-CTC) version 2.0. Toxicities graded by the WHO system were regraded according to the NCI-CTC. Acute hematological toxicity in each treatment phase was evaluated for the following variables: days of fever over 38 °C, neutrophil count less than 500/μl, administration of granulocyte-colony-stimulating factor, and the number of platelet or packed red blood cell transfusions. Patients with EFS exceeding 5 years were retrospectively surveyed for cardiac function at 5 and 10 years and at the latest assessment beyond 10 years from the onset of ALL in an additional observation study. To determine EFS, we used the database of the JACLS data center, which was last updated in 2013. Patients who had any event or loss to follow-up after 5 years of follow-up were excluded from the survey at the event or the loss. The survey included the occurrence of any cardiac symptoms, brain natriuretic peptide (BNP) level in serum, corrected QT interval (QTc) on electrocardiogram (ECG), or fractional shortening (FS) and ejection fraction (EF) of

the left ventricle measured with ultrasound cardiography (UCG). The survey was conducted in 2011 and updated in 2015 by collecting the data measured at each institute.

## Statistics

Because this trial was our first collaborative study involving four regional groups, the assignment to treatment groups was randomized using a minimization procedure stratified by age range and region for each participating regional group.

The chi-square or Fisher's exact probability test was used for binary data comparisons when analyzing patient characteristics or toxicity.

Student's *t* test was used to compare means of the parameters of myelosuppression. Cardiac functions were assessed in each group by comparing the values at each follow-up point with those at onset. Differences were analyzed for statistical significance with the paired *t* test. All *P* values were two-sided and results were considered significant if the *P* value was less than 0.05. These analyses were carried out using STATA ver.13 (STATA Corp., College Station, TX, USA) or GraphPad Prism version 4.0 (GraphPad Software, San Diego, CA, USA).

## Results

### Patient characteristics

Of the 286 patients, 144 were randomly assigned to the DNR arm and 132 to the THP arm. Three patients were inappropriately stratified to other risk groups and treated with unscheduled protocols. Seven patients refused randomization. Among them, four were treated with the THP regimen and three

**Table 2** Hematological toxicity

	Mean $\pm$ SE ( <i>n</i> )				
	Fever (days)	Neutropenia <500/ $\mu$ l (days)	G-CSF administration (days)	Packed red blood cell transfusion (times)	Platelet transfusion (times)
<b>Induction</b>					
DNR arm	1.59 $\pm$ 0.18 (146)	19.74 $\pm$ 0.85 (146)	1.92 $\pm$ 0.34 (146)	2.98 $\pm$ 0.17 (146)	3.21 $\pm$ 0.26 (146)
THP arm	3.01 $\pm$ 0.29* (135)	21.60 $\pm$ 0.75 (136)	2.96 $\pm$ 0.46 (136)	3.46 $\pm$ 0.18** (136)	4.02 $\pm$ 0.26** (136)
<b>Consolidation</b>					
DNR arm	2.61 $\pm$ 0.33 (131)	8.02 $\pm$ 0.61 (131)	3.25 $\pm$ 0.44 (130)	1.87 $\pm$ 0.11 (131)	1.63 $\pm$ 0.13 (131)
THP arm	3.12 $\pm$ 0.32 (122)	13.06 $\pm$ 0.62* (121)	6.12 $\pm$ 0.59* (122)	2.55 $\pm$ 0.14* (122)	2.78 $\pm$ 0.13* (122)
<b>Sanctuary</b>					
DNR arm	1.19 $\pm$ 0.17 (129)	10.87 $\pm$ 0.87 (128)	4.17 $\pm$ 0.59 (129)	0.29 $\pm$ 0.06 (128)	0.24 $\pm$ 0.07 (128)
THP arm	0.79 $\pm$ 0.13 (121)	11.83 $\pm$ 0.97 (121)	3.80 $\pm$ 0.67 (122)	0.53 $\pm$ 0.08** (122)	0.29 $\pm$ 0.08 (122)
<b>Re-induction</b>					
DNR arm	0.62 $\pm$ 0.15 (130)	4.00 $\pm$ 0.45 (129)	1.85 $\pm$ 0.33 (129)	0.33 $\pm$ 0.06 (129)	0.45 $\pm$ 0.12 (129)
THP arm	0.86 $\pm$ 0.16 (122)	9.55 $\pm$ 0.70* (121)	4.00 $\pm$ 0.55* (122)	0.57 $\pm$ 0.13 (122)	0.76 $\pm$ 0.13 (122)
<b>Maintenance</b>					
DNR arm	4.30 $\pm$ 0.45 (125)	6.64 $\pm$ 1.42 (124)	2.38 $\pm$ 0.72 (125)	0.08 $\pm$ 0.05 (125)	0.10 $\pm$ 0.06 (125)
THP arm	3.47 $\pm$ 0.44 (120)	11.35 $\pm$ 2.39 (119)	3.22 $\pm$ 0.84 (119)	0.14 $\pm$ 0.06 (119)	0.08 $\pm$ 0.04 (119)

G-CSF granulocyte-colony-stimulating factor

\*  $P < 0.01$ ; \*\*  $P < 0.05$

received the DNR regimen. Six patients assigned to the THP arm and seven to the DNR arm who showed M2 or M3 marrow on day 14 were treated with the ER regimen after induction therapy. One patient in the THP arm was intentionally treated with the SR regimen. Although these 14 patients were analyzed according to the originally assigned arm on an intent-to-treat principle for EFS and OS evaluations, the toxicity assessment was done in the regimens actually implemented for each patient. Median follow-up for the DNR arm was 124 (range 9–191) months, and that for the THP arm was 126 (range 2–186) months. Age at diagnosis, gender ratio, and regimen applied (IR/HR) did not differ significantly between the two groups. The male-to-female ratio was 73/71 in the DNR arm and 70/62 in the THP arm. The mean (SE) of age at diagnosis was 7.04 (0.38) in the DNR arm and 6.31 (0.39) in the THP arm. The number of patients treated with the HR protocol was 68 out of 144 with the DNR regimen and 54 out of 132 with the THP regimen. The number of patients with EFS more than 5 years was 105 in the DNR arm and 99 in the THP arm.

### Acute toxicity

Acute hematological toxicity for each treatment phase is shown in Table 2. An anthracycline was included in

the induction, consolidation, re-induction, and maintenance therapies, but not in sanctuary therapy. Duration of fever  $>38$  °C was significantly longer in the THP arm than the DNR arm during induction. Significantly more patients in the THP arm had more prolonged neutropenia than those in the DNR arm after the consolidation or re-induction phases. Blood component transfusion was more frequent in the THP arm than in the DNR arm throughout the early phase. There was no significant difference in any variable related to myelotoxicity during the maintenance phase. No other acute toxicities differed significantly between the two groups in any of the therapy phases except for more frequent nausea and vomiting in patients receiving DNR during sanctuary therapy ( $P < 0.01$ , Table 3). A total of 8 and 23 severe infections were observed through the entire course of treatment with DNR and THP, respectively ( $P = 0.02$ ). L-Asparaginase (LASP)-induced pancreatitis was similarly noted (8 patients with DNR and 7 with THP,  $P = 0.93$ ). Two DNR patients developed acute cardiac complications. One presented with an arrhythmia after the first dose of DNR in induction therapy, and another developed heart failure associated with infection during consolidation therapy.

**Table 3** Grade 3 and 4 toxicities

	Oral mucositis	Nausea/vomiting	Diarrhea	Liver dysfunction	Renal dysfunction	Neurotoxicity
Induction						
DNR arm	2/141	21/141	2/141	59/141	2/141	6/142
THP arm	3/128	18/128	4/128	63/127	4/128	1/127
Consolidation						
DNR arm	0/131	18/131	0/131	25/130	0/131	3/130
THP arm	2/121	16/121	1/121	18/121	0/121	1/119
Sanctuary						
DNR arm	4/130	39/130	3/130	15/130	2/130	2/130
THP arm	3/120	17/120*	2/120	16/120	0/120	2/120
Re-induction						
DNR arm	0/130	7/130	0/130	10/130	0/130	2/130
THP arm	2/120	8/120	1/120	11/120	0/120	3/120
Maintenance						
DNR arm	2/125	27/125	4/125	24/125	0/125	1/125
THP arm	7/116	23/116	3/116	27/116	0/116	0/116

\*  $P < 0.01$ **Table 4** Cardiac function parameters during long-term follow-up

	Mean $\pm$ SE ( <i>n</i> )			
	At onset	At 5 years	At 10 years	Over 10 years
BNP (pg/ml)				
DNR arm	15.9 $\pm$ 3.3 (10)	13.8 $\pm$ 3.0 (12)	13.5 $\pm$ 1.4 (19)	11.6 $\pm$ 1.7 (23)
THP arm	8.7 $\pm$ 2.1 (10)	7.3 $\pm$ 1.6 (11)	9.3 $\pm$ 1.2 ** (18)	9.8 $\pm$ 1.7 (15)
QTc (ms)				
DNR arm	388.9 $\pm$ 11.01 (15)	393.8 $\pm$ 6.6 (13)	402.7 $\pm$ 5.2 (18)	405.5 $\pm$ 4.7 (20)
THP arm	381.6 $\pm$ 7.9 (13)	392.5 $\pm$ 6.8 (12)	398.8 $\pm$ 3.4 (16)	403.2 $\pm$ 7.5 (13)
FS (%)				
DNR arm	41.8 $\pm$ 1.6 (15)	39.5 $\pm$ 1.3 (17)	38.3 $\pm$ 1.0 (14)	35.5 $\pm$ 0.9 (19)
THP arm	40.4 $\pm$ 1.3 (14)	37.0 $\pm$ 1.0 (14)	37.4 $\pm$ 1.3 (12)	36.2 $\pm$ 1.3 (13)
EF (%)				
DNR arm	74.8 $\pm$ 1.3 (26)	71.5 $\pm$ 1.6 (21)	70.8 $\pm$ 1.5 (15)	68.9 $\pm$ 1.4 (21)
THP arm	72.4 $\pm$ 1.5 (25)	68.5 $\pm$ 1.3 (16)	68.3 $\pm$ 2.0 (13)	68.6 $\pm$ 2.0 (14)

BNP serum brain natriuretic peptide, QTc corrected QT interval, EF fractional shortening, EF ejection fraction; SE standard error

\*\*  $P < 0.05$ 

### Late cardiac toxicity

During their long-term follow-up, the subjects were asked to pay yearly visits to their clinics to undergo laboratory tests, but a considerable number of patients were lost to follow-up over the 10 years. No patients with cardiac symptoms were reported in either arm during the follow-up period. Table 4 shows cardiac function parameters during long-term follow-up. In comparison of the two arms, BNP at 10 years was significantly lower in THP-arm.

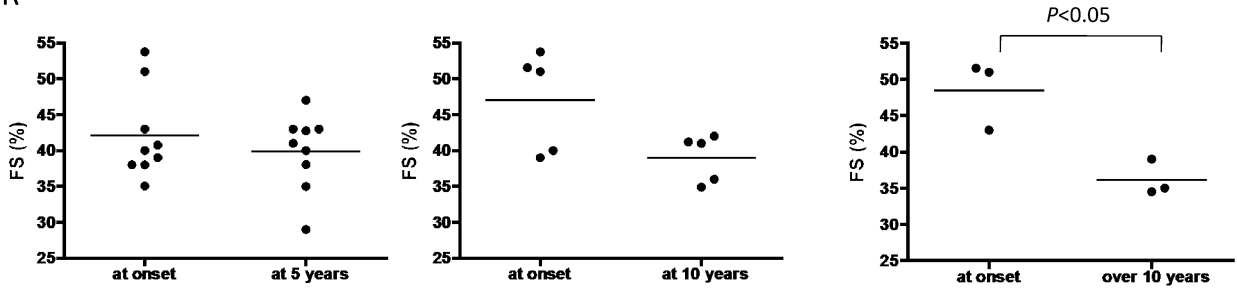
The four parameters evaluated at each follow-up visit were compared with the baseline data at onset. The values

of QTc and FS over the 10-year follow-up period were significantly impaired compared to the baseline data in the DNR arm, while QTc was significantly prolonged during the follow-up period in the THP arm (Fig. 1). EF gradually decreased in both groups, but not statistically significantly at any time point. There was no distinctive trend in BNP.

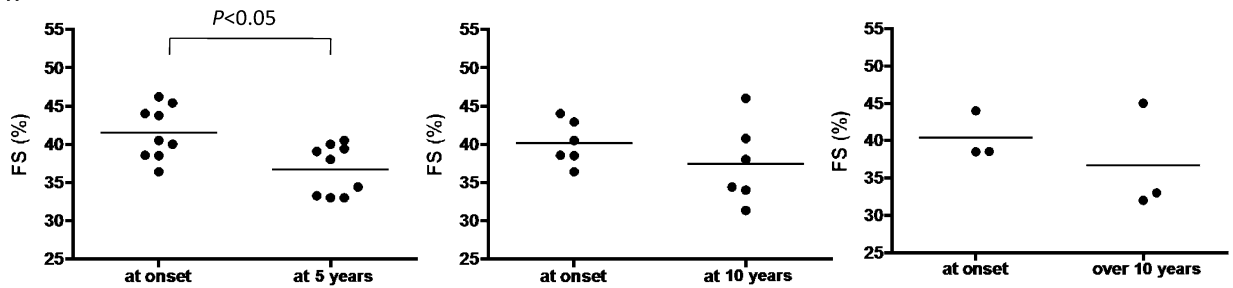
### Discussion

Anthracyclines have been used to treat childhood ALL since the 1960s, most commonly in remission induction

**A**  
DNR

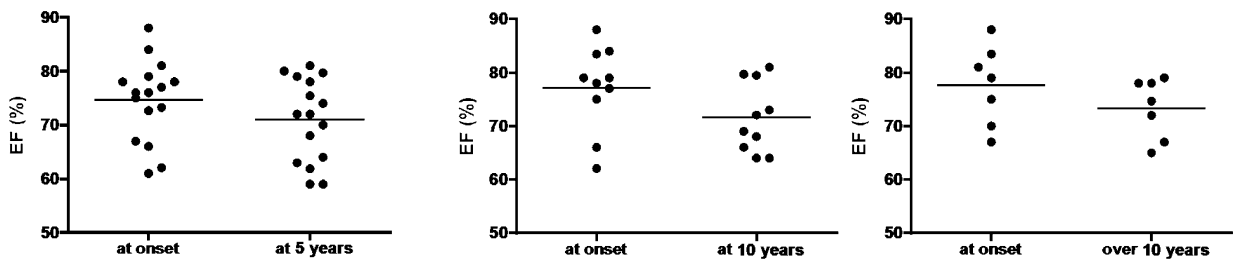


THP

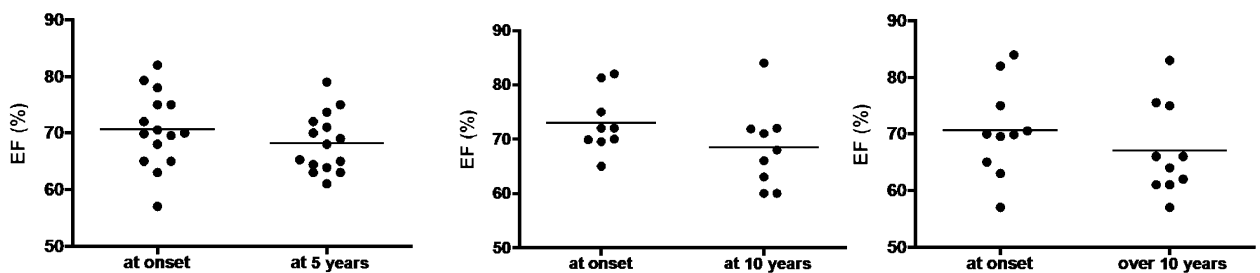


**B**

DNR



THP

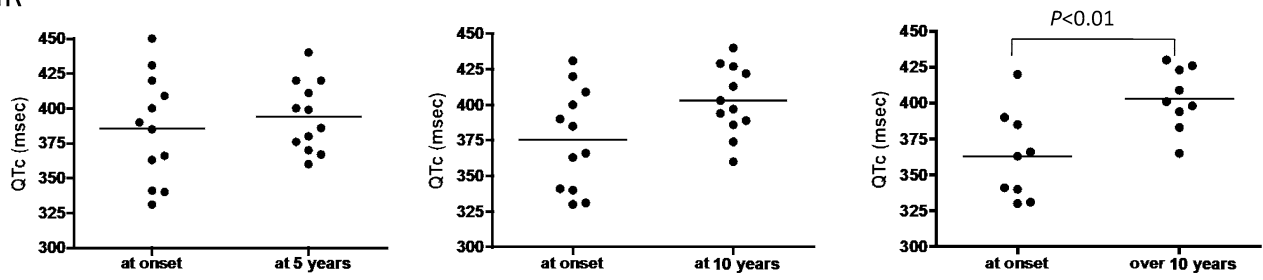


**Fig. 1a–d** Changes in cardiac function parameters. **a** Fractional shortening of left ventricle on ultrasound cardiography. **b** Ejection fraction of left ventricle on ultrasound cardiography. **c** Corrected QT interval on electrocardiogram. **d** Brain natriuretic peptide in serum.

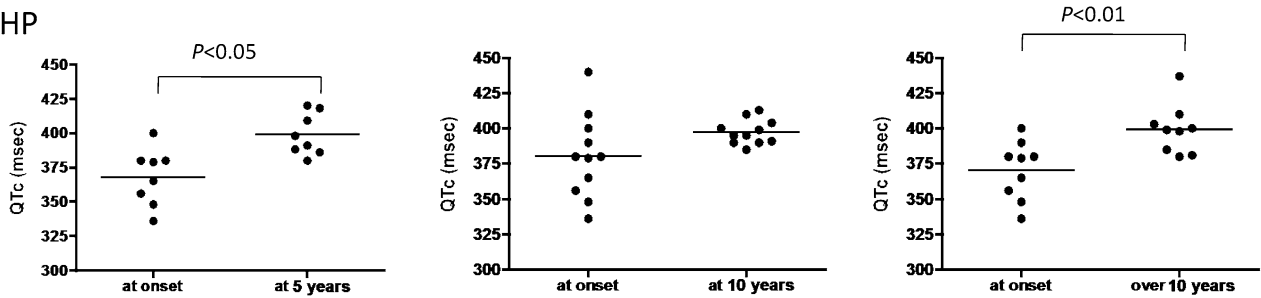
Each *point* is a value for a particular subject, and each *bar* indicates the mean value. Statistical analysis was performed with the paired *t* test

## C

## DNR

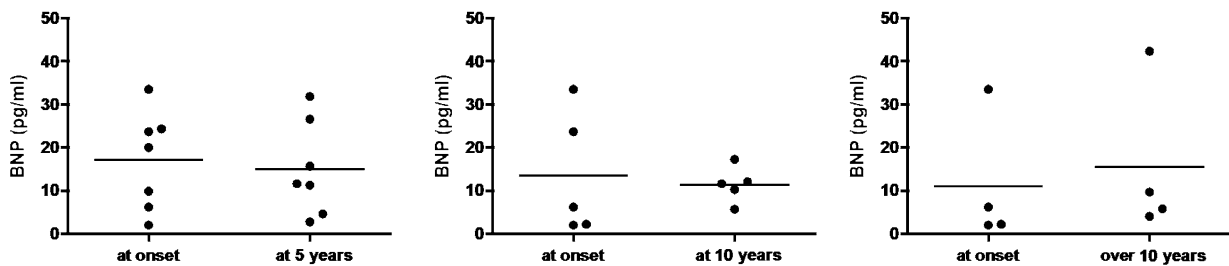


## THP



## D

## DNR



## THP

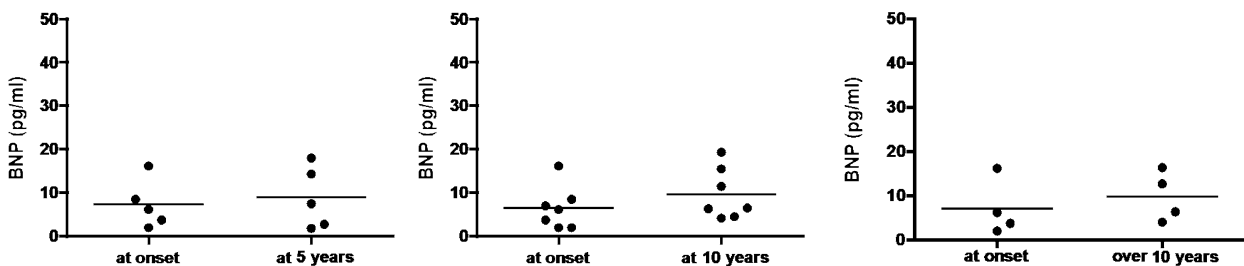


Fig. 1a–d continued

therapy as the fourth drug following vincristine, steroid, and LASP. Although the benefit of adding anthracyclines to remission induction therapy is debatable when treating standard-risk patients [17, 18], induction therapy intensified with anthracyclines was reported to produce better

outcomes in high-risk patients [19]. These findings may be partially due to the fact that anthracyclines are highly myelotoxic and potentially increase infectious morbidity or mortality during the early stages of treatment. Some major study groups have also used anthracyclines as an agent for



delayed intensification [20, 21]. Therefore, this trial was designed for patients who were expected to benefit from anthracyclines.

As outcomes for childhood cancer patients have improved, the late effects of treatment have assumed increased importance in the long-term follow-up. Anthracycline-induced cardiomyopathy is a serious sequela which may impair the quality of life or sometimes cause early death [22, 23]. Late-onset heart failure was reported to occur 4–10 years after the administration of anthracyclines at cumulative doses of 390–450 mg/m<sup>2</sup> in children treated for cancer [24]. Lipshultz et al. reported that increased afterload, decreased contractility, or both were detected in 65% of patients with a mean follow-up of 6.4 years after completing anthracycline therapy for childhood ALL at a cumulative dose of 228–550 mg/m<sup>2</sup> [25]. They also indicated that the abnormalities were progressive in 71% of these patients. Recently, it was reported that ALL survivors treated with anthracyclines at cumulative doses below 300 mg/m<sup>2</sup> also had some measurable signs of cardiac dysfunction on UCG [4]. The authors expressed their concern that, with prolonged follow-up, even low doses of anthracyclines may cause cardiac dysfunction. Substitution of ADR or DNR with a less cardiotoxic anthracycline should help to reduce cardiac complications. The present trial was conducted to test this hypothesis.

Although THP has been used to treat both adult and childhood leukemia in Japan for more than 20 years [14, 15, 26–28], only a few clinical trials have evaluated the late cardiotoxicity of THP [29]. Moreover, there has been no well-designed clinical trial comparing its efficacy and toxicity with those of other anthracyclines used to treat childhood ALL. Our study was designed as a randomized controlled trial to compare EFS and acute toxicity between the THP and DNR arms. We also performed a longitudinal observational study of long-term cardiac function in these cohorts.

This study proved that the THP regimen produced an EFS comparable to that achieved with the DNR regimen (EFS rate at 10 years was 73.3% for the DNR regimen and 69.5% for the THP regimen,  $P = 0.60$ ). These results suggest that the antileukemic activity of multiagent combination chemotherapy for childhood ALL is preserved when DNR is substituted with THP. However, myelosuppression was more severe with the THP regimen at the planned dose. This acute toxicity may underlie the treatment-related deaths in two patients treated with the THP regimen. Especially in induction and re-induction therapies, combining THP with DEX can potentially lead to serious infections. Oral mucositis was also found more in patients with THP, and may partially contribute to the infectious complications seen with this anthracycline.

In the survey of long-term cardiac function, it was hard to recruit a sufficient number of subjects to facilitate a valid

assessment because a longitudinal survey of the cohorts beyond 10 years after ALL onset was attempted. In addition, the assessment was retrospective and not centralized. Although there are some limitations of this survey, we did find some trends for changes in cardiac parameters among the ALL survivors. Impairment of parameters on UCG or ECG was observed in both arms, while a decrease in FS at assessments performed beyond 10 years after ALL onset was only observed in the DNR arm ( $P < 0.05$ ). These results suggest a possible association between THP regimen and decreased risk of cardiotoxicity during longer follow-up periods, although we cannot draw any definite conclusion based on such a small sample size.

A recent report indicated that DNR was less cardiotoxic than ADR in survivors of childhood cancer [30]. The DNR to ADR cardiotoxicity equivalence ratio was estimated to be between 0.4 and 0.5 in the report. The ratio of THP to ADR seems to be similar to or less than that of DNR to ADR.

In conclusion, acute bone marrow suppression was more severe in patients on the THP regimen, while this regimen produced an EFS rate comparable to that achieved with the DNR regimen. Based on these observations, future trials should assess the efficacy and toxicity of THP at doses lower than 25 mg/m<sup>2</sup> to minimize early complications. If we can reduce the dosage without decreasing the efficacy, a further reduction in the risk of cardiotoxicity may be realized.

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#### Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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