

Sunitinib adverse events in metastatic renal cell carcinoma: a meta-analysis

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Abstract

Background Sunitinib, a multi-targeted receptor tyrosine kinase inhibitor, has demonstrated survival benefit in patients with metastatic renal cell carcinoma (mRCC); however, significant adverse events (AEs) have been associated with its use. The significant variation in the reported incidences of AEs has prompted this meta-analysis to quantify the risk and explore associated predictors. **Methods** According to predefined selection criteria, a literature search identified 12 studies that were included in the analyses.

Results The meta-analysis included 5,658 patients; 66 % patients had prior systemic therapy whereas the remaining patients (34 %) received sunitinib in the first-line setting. For any grade toxicity, skin rash, fatigue, diarrhea, and mucositis were the most frequently encountered events (81, 52, 45, and 33 %, respectively). Anemia, neutropenia, or thrombocytopenia of any grade occurred in more than one-third of patients, although grades 3 or 4 were less common.

Any grade raised by liver enzymes or serum creatinine occurred in 40 and 44 % of patients, respectively. Meta-regression analyses showed that study size was inversely related to the risk of experiencing fatigue, diarrhea, mucositis, anemia, and thrombocytopenia. In particular, the incidence of AEs was higher when sunitinib was used in pretreated versus naive patients; however, there was no significant difference between the two groups concerning the incidence of laboratory abnormalities. We addressed the limitations of reporting AEs in clinical studies.

Conclusions The present meta-analysis quantified sunitinib-associated AEs. The derived estimates would be similar to that to be expected from the use of sunitinib in community practice in unselected patients with metastatic renal cell carcinoma (mRCC).

Keywords Sunitinib · Renal cell carcinoma · Adverse events

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Introduction

Renal cell carcinoma (RCC), the most common form of kidney cancer, accounts for 2–3 % of all malignant diseases in the adult population [1]. Surgery is still the only known treatment with curative intent, with cytoreductive surgery and metastasectomy proved to provide a survival benefit as well [2]. Historically, there has been a lack in significant effective systemic therapeutic options for unresectable and metastatic RCC (mRCC). Cytokine therapy (interferon-alpha, interleukin II) previously was the only available treatment option; however, the benefit has been marginal and at the expense of serious toxicities [3, 4].

New novel therapies proved to be more effective than the old standards [5–8], and since 2005 up to early 2012,

there have been seven FDA-approved molecular therapeutics for mRCC [9]. Sunitinib is a small-molecule, multiple receptor tyrosine kinase inhibitor that targets vascular endothelial growth factor receptors (VEGF-R types 1–3), platelet-derived growth factor receptors (PDGFR- α and - β), stem cell factor receptor (c-KIT), FMS-like tyrosine kinase (FLT-3), colony-stimulating factor (CSF-1R), and neurotrophic factor receptor (RET) [10, 11].

In a phase III randomized clinical trial first published in 2007 [5], sunitinib showed superiority over interferon-alpha as a first-line treatment in both objective response rates and progression-free survival (PFS) (11 vs. 5 months). Later, in 2009, updated survival data showed significant overall survival (OS) benefit (26.4 vs. 21.8 months) [12]. The authors reported a wide range of adverse events (AEs) in the sunitinib arm. Other studies reported widely variable rates and grades of sunitinib-associated AEs [13–18].

This variability has prompted the current meta-analysis to quantify sunitinib toxicity and to explore the reasons for such variability. To best of our knowledge, no such meta-analysis has been previously attempted.

Methods

Search strategy

Between January 1966 and September 2012, we identified studies of interest by first conducting an electronic literature search of the following databases: Medline via PubMed, EMBASE, OVID, Web of Science, evidence-based medicine (British Medical Journal), and the Cochrane Library. We also searched for relevant abstracts in annual conference proceedings between January 1984 and September 2012 for the American Society of Clinical Oncology and the European Society for Medical Oncology. RCC patients of any age were eligible for inclusion.

We used exploded Medical Subject Heading terms or keyword terms ‘renal,’ ‘kidney,’ ‘cell,’ and ‘clear.’ The terms were combined with ‘neoplasm, cancer, metastatic’ using the Boolean operator ‘and.’ Search results were also filtered against the terms (tyrosine kinase inhibitor, sunitinib). In the second step, these keywords were combined using the Boolean operator ‘and’ with ‘adverse events and/or side effects.’ In addition, we manually reviewed the reference lists of relevant studies to identify additional pertinent published articles.

Selection criteria

Studies were defined as eligible if they were (1) prospective or retrospective and published in the English language between January 1985 and September 2012; (2) included

patients at any age or gender with mRCC; (3) reported on sunitinib AEs with or without reporting on efficacy either in the first- or subsequent-lines settings; (4) reported adequate AEs data or data allowing such outcomes to be computed; and (5) published as original articles (no case reports, case series less than 10 patients, reviews, comments, letters, or editorials). The decision to include or exclude studies was hierarchical, initially made based on the study title, followed by the abstract, and finally the complete body text. In the event of conflicting opinions, resolution was achieved through discussion.

When several articles reported on the same patient material, we only included in the analysis the most recent data, studies with the longer follow-up, or the most relevant studies. We excluded studies that only examined the effect of presurgical sunitinib. Also excluded were combined-modality designs, i.e., sunitinib combined with any standard or experimental agent.

Quality of included studies

The MINORS (Methodological Index for Non-Randomized Studies) tool was chosen for assessing the quality of the nonrandomized studies [19], whereas the STROBE (Strengthening the Reporting of Observational Studies in Epidemiology) reporting criteria were used to assess the quality of randomized controlled trials [20]. The authors discussed any significant discrepancy in the quality scores assigned to reach a consensus.

Data extraction

All authors independently inspected each reference title identified by the search and applied the inclusion criteria. For possibly relevant articles and in cases of disagreement between reviewers, the full article was obtained and inspected independently by all authors. The data intended for extraction were discussed, and decisions were documented.

We used a standardized Microsoft Excel spreadsheet for data extraction. Two authors extracted the relevant data, and a third reviewer verified the abstraction. Extracted data included the followings: study characteristics (first author’s last name, publication year, country in which the study was carried out, and data source), study design, number of RCC patients, histology, sex distribution, mean/median age of patients, mean/median duration of follow-up, prior and study therapy details, efficacy, and AE data.

For each AE, we estimated the incidence rate (IR) according to the number of events reported during the observation period without taking into account the observation time length. Because there were a relatively small number of some events commonly for grade 3 or 4, the data

were assumed to follow a Poisson distribution [21]. For each study, the IR of the AE and its 95 % confidence interval (CI) were calculated from Poisson models. Where not reported, we computed the CI for the risk assuming a Poisson distribution for the observed number of cases. Standard error (SE) for the natural logarithm of IR (ln IR) was derived from CI, applying the following equation: $SE = \ln(\text{upper } 95\% \text{ CI}/\text{lower } 95\% \text{ CI})/(2 \times z_{1-\alpha/2})$ [22]. Where appropriate, we also used the built-in calculator of the Review Manager Software (version 5.1.6 for Windows; The Cochrane Collaboration, Oxford, UK) to compute relevant data. When a zero rate of an AE was reported, meta-analysis was performed by using a value of one event in single-arm studies or one event in each arm of randomized studies (because mathematical difficulties arise with ln relative rate (RR) transformations involving zero (log of zero = minus infinity) [23].

Outcome measures

The primary outcome was the pooled IR for various sunitinib-associated AEs. The secondary outcome was the numbers-needed-to-harm (NNH) with sunitinib therapy to cause one AE, and a 95 % CI, were calculated as the reciprocal of the IR and its 95 % CI. Another secondary outcome was the difference in the incidence of AEs in the in first-line versus subsequent-lines setting.

Statistical analyses

We assessed heterogeneity of study results by inspecting graphical presentations and by calculating a χ^2 test of heterogeneity and the I^2 statistic of inconsistency [24, 25]. We defined statistically significant heterogeneity as a $\chi^2 P$ value less than 0.1 or an I^2 statistic greater than 50 %. The estimates of pooled IR, together with associated 95 % CI, were obtained using the DerSimonian and Laird random-effects model [26] using the Review Manager Software. We used random-effect models because of the variability of sample characteristics, interventions, and comparison conditions.

We performed meta-regression analysis to explore covariates that could explain heterogeneity using IBM SPSS statistical package ver. 19. The dependent variable was the lnIR weighted for the inverse of variance and using as predictors: source of data, median/mean age of included patients, gender, proportions of pretreated patients, performance status, median duration of therapy or median number of given cycles, efficacy data, or any additional relevant risk factors. We first conducted a univariate regression analysis for each predictor followed by a multivariate regression only including predictors found significant in the univariate analysis. Where appropriate, we

assumed the data to be missing at random; therefore, observed study characteristics were used to impute missing data by means of multiple imputation [27].

A funnel plot estimating the precision of trials (plots of logarithm of the IR against the sample size) was examined for asymmetry to assess publication bias [28]. Publication bias was also quantified by the regression asymmetry test by Egger et al. [28]. In the test, we regressed IR or study size versus the inverse variance. The significance of the intercept was determined by the t test suggested by Egger ($P < 0.05$ was considered statistically significant publication bias). Any statistical tests were two sided. The methodology and reporting of this review conforms to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement [29].

Results

We identified 830 potentially relevant published articles. After exclusion of duplicate references, nonrelevant literature, and those articles that did not satisfy inclusion criteria, we included 12 candidate articles (Fig. 1). There

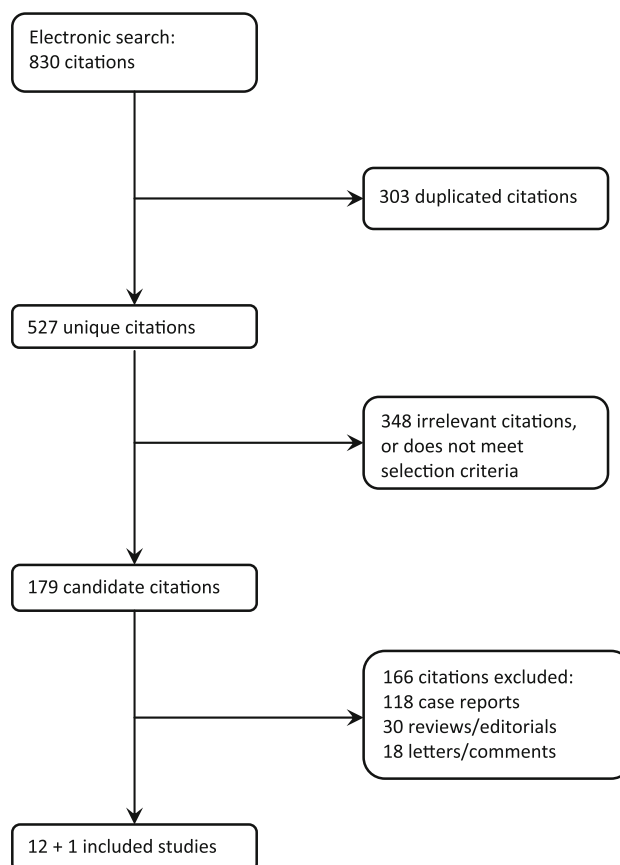


Fig. 1 Flow chart of literature search and the selection of the 12 included studies

were 9 single-arm [10, 13, 16–18, 30–33] and 3 randomized studies [12, 15, 34]. We also included an additional retrospective study (175 pretreated patients) that only reported on the incidence of hypertension and decreased ejection fraction (EF) [35]. The reported data of the latter study were included in the analysis of these AEs. Of the 12 included studies, there were several reports of overlapping and/or updated data with longer follow-up and more encountered events. For any analysis, we only used the updated results unless there were relevant data available in an earlier report and were not included in a publication that is more recent. Table 1 shows the clinical characteristics and the efficiency data of the included studies. In 2 of the 3 randomized studies, sunitinib was administered in the two study arms. Escudier et al. [15] compared morning versus evening sunitinib dosing; Motzer et al. [34] randomized patients between sunitinib 50 mg/day for 4 weeks followed by 2 weeks off treatment (4/2 schedule) versus continuous sunitinib 37.5 mg/day. In the third phase III randomized study, the authors compared the standard schedule of sunitinib 50 mg/day (4/2) against interferon-alpha in the first-line setting [12].

The funnel plot of 12 nonoverlapping studies showed mild asymmetry; however, the Egger linear regression tests were not significant ($P = 0.059–0.90$), indicating no evidence of significant publication bias.

The meta-analysis included 5,658 patients: 3,176 (66 %) patients had prior systemic therapy whereas the remaining 1,942 (34 %) patients received sunitinib in the first-line setting. The median age was 60.5 years (95 % CI, 58.6–61.4 years). On average, 68 % of patients were male, and 89 % had performance status 0–1. Most patients (96 %) had a clear cell component. Objective response rate (ORR), PFS, and OS ranged from 17 to 54 %, from 7.1 to 12.6 months, and from 11 to 33.1 months, respectively.

Table 2 shows the pooled IRs of the AEs and NNH. For any grade toxicity, skin rash, fatigue, diarrhea, and mucositis were the most frequently encountered events (81, 52, 45, and 33 %, respectively). The most frequent grade 3 or 4 AE was fatigue (12 %). Hypertension of any grade occurred in 29 % of patients; 7 % experienced hypertension of higher grades. Anemia, neutropenia, or thrombocytopenia of any grade occurred in more than one-third of patients; grade 3 or 4 was less common. Pooled IR for abnormal liver enzymes and increased serum creatinine occurred in 40 and 44 % of patients, respectively. However, grades 3 or 4 hepatic or renal abnormalities were rare (3 and 2 %, respectively).

Analysis of the pooled IRs, however, showed significant heterogeneity that was more apparent in the analyses of any grade AEs (Table 2). To explore such heterogeneity, we performed a series of meta-regression analyses. The covariates explored were study size, single versus randomized

studies, median age, proportion of male patients, proportion of patients with 0–1 performance status, median duration of therapy or median number of given cycles, proportion of patients who received prior systemic therapy, ORR, PFS, and OS.

Table 3 showed that study size was inversely related to the risk of experiencing fatigue, diarrhea, mucositis, anemia, and thrombocytopenia. Moreover, prior therapy increased the risk of mucositis; a higher proportion of male patients was associated with anemia events; and patients who lived longer experienced a greater incidence of thrombocytopenia. The meta-regression failed to explain heterogeneity in the incidence of skin rash, nausea, vomiting, hypertension, neutropenia, or impaired hepatic or renal function.

To compare the incidence of AEs among those who received sunitinib in the first-line setting versus that reported for pretreated patients, we performed a series of meta-analyses where such data were available. Table 4 shows that several clinical AEs occurred more frequently in pretreated patients [fatigue (any grade), diarrhea (grades 3 and 4), nausea (any grade), vomiting (grades 3 and 4), epistaxis (any grades), and limb pain (any grade)]. On the other hand, there was no statistically significant difference between the two groups concerning the incidence of laboratory abnormalities.

Discussion

This meta-analysis showed the toxicity profile of sunitinib in a broad mRCC population. The meta-analysis included 5,658 patients (34 % received sunitinib in the first-line setting). The clinical characteristics of patients in the current meta-analysis [median age of 60.5 years, male preponderance (68 %), and predominantly harboring clear cell component (96 %)] were comparable to the known clinical features in an unselected mRCC population [36, 37]. Therefore, it would be expected that the incidence of sunitinib-induced AEs to be encountered in community practice would be similar to that shown in the current analysis.

Any grade skin rash was the most frequently encountered AE occurred with a pooled IR of 81 %. On the other hand, hand–foot syndrome (HFS) of any grade occurred in 30 % of patients, with 8 % experiencing grade 3 or 4. The exact pathogenesis of HFS associated with sunitinib use is still unknown. Although there is no specific remedy for HFS, topical application of moisturizers, pain management, and dose reduction or interruptions may ameliorate symptoms.

The pooled IR of any type of fatigue was 52 %. To date, the mechanisms for both types of fatigue (cancer-related

Table 1 Patient characteristics, study data, and efficacy outcome of the included studies

Study	Design	Quality Score Met/No.	Patients no.	Median age (years)	Male (%)	PS 0–1 (%)	Clear cell component (%)	Prior treatment (%)	Sunitinib therapy	ORR (%)	PFS (ms)	OS (ms)
Single arm studies												
Motzer [10]	Open-label, multicenter, phase II	6/7	63	60	68	100	87	100	50 mg/day, 4/2 (median duration of treatment 9 ms)	40	8.7	16.4
Motzer [30]	Open-label, multicenter, phase II	7/7	105	56	63	100	100	100	50 mg/day, 4/2 (median number of cycles 5)	35	8.8	23.9
Rini [16]	Open-label, multicenter, phase II	5/7	61	59	56	100	100	100	50 mg/day, 4/2 (median duration of treatment 6.7 ms)	23	7.6	11.8
Kontovinis [18]	Open-label, single-institution	5/7	42	64	74	44	100	31	50 mg/day, 4/2 (median number of cycles 6)	45	8.9	16.2
Gore [13]	An expanded-access trial	6/7	4,371	59	74	87	86	73	50 mg/day, 4/2 (median number of cycles, 5)	17	10.9	18.4
Ansari [31]	Open-label, single-institution, phase II	5/7	56	61	75	88	68	50	50 mg/day, 4/2 (402 cycles administered for 56 patients)	41	12.2	18.2
Tomita [32]	Open-label, multicenter, phase II	6/7	25	56.6	44	100	100	0	50 mg/day, 4/2 (median number of cycles 6)	52	12.2	33.1
Tomita [32]	Open-label, multicenter, phase II	6/7	26	61.1	80.8	100	100	100	50 mg/day, 4/2 (median number of cycles 9.5)	53.8	12.6	32.5
Josephs [33]	A cohort with severe renal impairment, or on hemodialysis	5/7	19	61	53	89	NR	53	50 mg/day (7 patients), 37.5 mg/day (9 patients), 25 mg/day (3 patients). Every cycle as 4/2	32	10.8	11
Barrios [17]	Open-label, multicenter, phase II	6/7	119	57.2	76	100	100	94	37.5 mg/day continuously (median duration of treatment 6 ms)	35.3	9.0	NR
Randomized studies												
Escudier [15]	Open-label, multicenter, randomized, phase II. Patients randomized 1:1 to morning or evening sunitinib dosing	25/31	107	59	82	99	97	100	37.5 mg/day, continuously either in the morning or in the evening (median duration of treatment 8.3 ms)	20	8.2	19.8
Motzer [12]	Open-label, multicenter, randomized, phase III. Patients randomized 1:1 to sunitinib vs. IFN- α	26/31	375	61	71.0	100	100	0	50 mg/day, 4/2 (median duration of treatment 11 ms)	47	11	26.4
Motzer [34]	Open-label, multicenter, randomized, phase III (1:1)	28/32										
4/2	4 weeks sunitinib followed by 2 weeks off		146	61	69	72	100	0	50 mg/day, 4/2 (median duration of treatment 5 ms)	32	9.9	23.1
CDD	Continuous daily dose		143	64	61	66	100	0	37.5 mg/day, continuously (median duration of treatment 6 ms)	28	7.1	23.5

NR not reported, ORR objective response rate, PFS progression-free survival, PS performance status, OS overall survival

Table 2 Pooled analysis of sunitinib adverse events and number-needed-to-harm

Adverse event	Studies	Pooled IR (95 % CI)	I^2 (%)	Rounded NNH (95 % CI)
Fatigue, any grade	[10, 12, 13, 15–18, 30–34]	0.52 (0.40, 0.66)	98	2 (2, 3)
Fatigue, grade 3 or 4	[10, 12, 13, 15–18, 30–34]	0.12 (0.07, 0.18)	89	8 (6, 14)
Diarrhea, any grade	[10, 12, 13, 15–18, 30–34]	0.45 (0.37, 0.55)	85	2 (2, 3)
Diarrhea, grade 3 or 4	[10, 12, 13, 15–18, 30–34]	0.05 (0.04, 0.06)	51	20 (14, 25)
Nausea, any grade	[10, 12, 13, 15–18, 30–34]	0.36 (0.35, 0.37)	94	3 (2, 4)
Nausea, grade 3 or 4	[10, 12, 13, 15–18, 30–34]	0.03 (0.02, 0.03)	43	33 (25, 50)
Vomiting, any grade	[10, 12, 13, 15–17, 30–32, 34]	0.21 (0.16, 0.27)	90	5 (4, 6)
Vomiting grade 3 or 4	[10, 12, 13, 15–17, 30–32, 34]	0.03 (0.02, 0.03)	50	50 (33, 50)
Mucositis, any grade	[10, 12, 13, 15–18, 30–34]	0.33 (0.23, 0.49)	99	3 (2, 4)
Mucositis, grade 3 or 4	[10, 12, 13, 15–18, 30–35]	0.03 (0.03, 0.04)	84	33 (20, 50)
Hypertension, any grade	[10, 12, 13, 15–18, 30–35]	0.29 (0.24, 0.37)	89	3 (3, 4)
Hypertension, grade 3 or 4	[10, 12, 13, 15–18, 30–35]	0.07 (0.05, 0.10)	74	14 (10, 20)
HFS, any grade	[10, 12, 13, 15–18, 30–34]	0.30 (0.23, 0.39)	93	3 (3, 4)
HFS, grade 3 or 4	[10, 12, 13, 15–18, 30–34]	0.08 (0.06, 0.11)	76	13 (9, 17)
Rash, any grade	[10, 12, 13, 15–18, 30–34]	0.81 (0.13, 0.25)	92	1 (4, 8)
Rash, grade 3 or 4	[10, 12, 13, 15–18, 30–34]	0.01 (0.01, 0.03)	75	100 (33, 100)
Other skin AEs, any grade	[10, 12, 13, 15–18, 31–33]	0.25 (0.14, 0.46)	99	4 (2, 7)
Epistaxis, any grade	[12, 13, 15–18, 31–33]	0.09 (0.06, 0.14)	91	11 (7, 17)
Limb pain, any grade	[12, 15, 16, 18, 30–33]	0.08 (0.05, 0.13)	80	13 (8, 20)
Hypothyroidism, any grades	[12, 13, 16–18]	0.09 (0.04, 0.18)	94	11 (6, 25)
Decreased EF, any grade	[10, 12, 13]	0.02 (0.00, 0.15)	95	50 (0, 7)
Decreased EF, grade 3 or 4	[10, 12, 13, 35]	0.01 (0.00, 0.22)	99	100 (0, 5)
Laboratory abnormalities				
Anemia, any grade	[10, 12, 13, 15–18, 30–34]	0.38 (0.24, 0.60)	99	3 (2, 4)
Anemia, grade 3 or 4	[10, 12, 13, 15–18, 30–34]	0.05 (0.04, 0.07)	50	20 (14, 25)
Neutropenia, any grade	[10, 12, 13, 15–18, 30–34]	0.38 (0.24, 0.59)	99	3 (2, 4)
Neutropenia, grade 3 or 4	[10, 12, 13, 15–18, 30–34]	0.12 (0.07, 0.22)	95	8 (5, 14)
Thrombocytopenia, any grade	[10, 12, 13, 15–18, 30–34]	0.35 (0.23, 0.54)	99	3 (2, 4)
Thrombocytopenia, grade 3 or 4	[10, 12, 13, 15–18, 30–34]	0.09 (0.05, 0.17)	94	11 (6, 20)
Increased LFTs, any grade	[10, 12, 31, 32, 34]	0.40 (0.27, 0.60)	95	3 (2, 4)
Increased LFTs, grade 3 or 4	[10, 12, 31, 32, 34]	0.03 (0.01, 0.07)	35	33 (14, 100)
Increased creatinine, any grade	[10, 12, 31, 32, 34]	0.44 (0.30, 0.64)	96	2 (2, 3)
Increased creatinine, grade 3 or 4	[10, 12, 31, 32, 34]	0.02 (0.01, 0.03)	72	50 (33, 100)

CI confidence interval, EF ejection fraction, HFS hand–foot syndrome, LFTS liver function tests, IR incidence rate, NNH number needed to harm

and sunitinib-induced) are still poorly understood. Fatigue may be caused or exacerbated by underlying dehydration, hypothyroidism, hypercalcemia, anemia, heart failure, or depression. Currently, there are very few evidence-based interventions to treat fatigue. The National Comprehensive Cancer Center fatigue guidelines recommend screening of cancer patients at the initial visit [38]. The guidelines recommend a qualitative or quantitative scale to assess fatigue intensity. Kollmannsberger et al. [39] provided general recommendations for the management of sunitinib-induced fatigue, suggesting several behavioral modifications, e.g., taking short naps, drinking plenty of fluids, light exercise, etc. They also recommended sunitinib dose reduction and/or brief treatment interruption if appropriate.

The IRs of any grade of diarrhea, nausea, vomiting, and mucositis occurred in 45, 36, 21, and 33 %, respectively. On the other hand, grades 3 and 4 were rare. The underlying pathogenesis for sunitinib-induced diarrhea is not known, and it is usually distinctive from chemotherapy-induced diarrhea. Sunitinib-induced diarrhea can occur with days of diarrhea mixed with days of normal bowel movements. In the management of sunitinib-induced emesis, caution should be exercised when combining sunitinib with antidopaminergic agents, as these have been associated with prolonged QT/QTc intervals [40].

Although IR of any grade mucositis was 33 %, higher grades were rare (3 %). Patients with sunitinib-induced mucositis usually report a general sensitivity in the

Table 3 Meta-regression analyses of any grade adverse event

Pooled IR model (any grades)	Covariates	Model R^2	Meta-regression β -coefficient (SE)	P value
Skin rash	No covariate identified	–	–	–
Fatigue	Study size	0.61	–0.783 (0.00)	0.001
Diarrhea	Study size	0.66	–0.661 (0.04)	0.010
Mucositis	Study size	0.87	–0.741 (0.00)	<0.0001
	Prior systemic therapy		0.409 (0.003)	0.019
Nausea	Performance status	0.48	–0.693 (0.005)	0.006
Vomiting	No covariate identified	–	–	–
Hypertension	No covariate identified	–	–	–
Anemia	Study size	0.93	–1.267 (0.00)	<0.0001
	Proportion of male patients		–0.471 (0.03)	0.003
Neutropenia	No covariate identified	–	–	–
Thrombocytopenia	Study size	0.91	–0.675 (0.00)	0.001
	OS		0.345 (0.02)	0.04
Increased LFTs	No covariate identified	–	–	–
Increased creatinine	No covariate identified	–	–	–

SE standard error, LFTs liver function tests, IR incidence rate

mouth, which feels sore, or they have alterations in taste, but clinical findings are largely normal without the typical physical signs of a mucositis/stomatitis caused by chemotherapy.

The pooled analysis of IRs of cardiovascular toxicity was comparable to that reported from studies that primarily intended to examine such complications [35, 41]. The pooled IR of hypertension of any grade was 29 % (grade 3 or 4, 7 %), whereas pooled IR of decreased EF was rare (2 %). The latter, however, was estimated from three studies [10, 12, 13]. Kappers et al. [41] investigated the effects of sunitinib on blood pressure, its circadian rhythm, and potential mechanisms, in 15 patients with mRCC or gastrointestinal stromal tumors. The authors concluded that sunitinib induces a reversible rise in blood pressure (BP) associated with activation of the endothelin-1 system and suppression of the renin-angiotensin system. In another study, endomyocardial biopsy samples of patients during sunitinib treatment showed changes in mitochondrial structure [42]. Several reports suggested that the impaired ATP generation secondary to mitochondrial dysfunction is the underlying mechanism for the development of cardiac dysfunction [43, 44].

Among 175 patients with mRCC, grade 3 hypertension was seen in 10 % of patients, and of those, 71 % experienced left ventricular systolic dysfunction [35]. Of all patients in this series, 18.9 % developed some degree of cardiac abnormality, and 7 % developed congestive heart failure (CHF). History of coronary artery and hypertension history were the only significant independent predictors of CHF.

The IR of hypothyroidism was 9 %. The literature showed a discrepancy between IR reported in prospective trials and retrospective series, most likely caused by infrequent testing for hypothyroidism, particularly in early studies, before hypothyroidism was recognized as a common side effect [39]. In a recently published Japanese study of 17 patients with mRCC receiving sunitinib, the investigators prospectively evaluated the thyroid volume serially using CT volumetry on a cervical-pelvic CT scan [45]. Interestingly, hypothyroidism during sunitinib treatment occurred in 8 of 8 patients who experienced more than 50 % reduction in the thyroid volume (one patient was hypothyroid at baseline). In this study, histological changes in the thyroid gland in the 4 autopsied patients and all patients showed atrophy of thyroid follicles and degeneration of follicular epithelial cells.

Thyroid dysfunction while receiving sunitinib can present as thyroid-stimulating hormone (TSH) elevation only with normal T4 levels (subclinical hypothyroidism) or TSH elevation and low T4 (overt hypothyroidism). Although the exact mechanism by which this complication occurs remains unknown, it has been suggested that sunitinib may induce a destructive thyroiditis through follicular cell apoptosis [46], or it may include endothelial dysfunction, regression of fenestrated capillaries, inhibition of iodine uptake, and reduced synthesis of thyroid hormone [47, 48]. The relationship between sunitinib-induced hypothyroidism and the drug effect on gland vascularity has been controversial [48, 49]. Also controversial is the relationship between the development of hypothyroidism and sunitinib clinical benefit [50, 51].

Table 4 Pooled analysis of sunitinib adverse events in the first-line versus subsequent-lines settings

Adverse event	Free-line setting		Pretreated		<i>P</i> value for group difference
	Studies	Pooled IR (95 % CI)	Studies	Pooled IR (95 % CI)	
Fatigue, any grade	[12, 32, 34]	0.43 (0.24, 0.75)	[10, 15–17, 30, 32]	0.53 (0.39, 0.73)	0.05
Fatigue, grade 3 or 4	[12, 32, 34]	0.06 (0.03, 0.12)	[10, 15–17, 30, 32]	0.17 (0.10, 0.31)	0.02
Diarrhea, any grade	[12, 32, 34]	0.45 (0.26, 0.79)	[10, 15–17, 30, 32]	0.46 (0.33, 0.63)	0.89
Diarrhea, grade 3 or 4	[12, 32, 34]	0.04 (0.03, 0.06)	[10, 15–17, 30, 32]	0.09 (0.07, 0.13)	0.002
Nausea, any grade	[12, 32, 34]	0.36 (0.32, 0.42)	[10, 15–17, 30, 32]	0.50 (0.46, 0.54)	<0.0001
Nausea, grade 3 or 4	[12, 32, 34]	0.04 (0.02, 0.06)	[10, 15–17, 30, 32]	0.04 (0.02, 0.06)	0.98
Vomiting any grade	[12, 32, 34]	0.24 (0.13, 0.46)	[10, 15–17, 30, 32]	0.16 (0.09, 0.29)	0.37
Vomiting, grade 3 or 4	[12, 32, 34]	0.04 (0.02, 0.06)	[10, 15–17, 30, 32]	0.02 (0.01, 0.03)	0.04
Mucositis, any grade	[12, 32, 34]	0.24 (0.12, 0.48)	[10, 15–17, 30, 32]	0.34 (0.18, 0.63)	0.46
Mucositis, grade 3 or 4	[12, 32, 34]	0.02 (0.01, 0.03)	[10, 15–17, 30, 32]	0.03 (0.02, 0.04)	0.22
Hypertension, any grade	[12, 32, 34]	0.25 (0.13, 0.49)	[10, 15–17, 30, 32, 35]	0.29 (0.18, 0.45)	0.75
Hypertension, grade 3 or 4	[12, 32, 34]	0.06 (0.03, 0.09)	[10, 15–17, 30, 32, 35]	0.09 (0.05, 0.17)	0.20
HFS, any grade	[12, 32, 34]	0.24 (0.12, 0.47)	[15–17, 30, 32]	0.38 (0.28, 0.52)	0.22
HFS, grade 3 or 4	[12, 32, 34]	0.08 (0.04, 0.16)	[15–17, 30, 32]	0.11 (0.08, 0.15)	0.34
Rash, any grade	[12, 32, 34]	0.21 (0.10, 0.42)	[15–17, 30, 32]	0.21 (0.12, 0.39)	0.99
Rash, grade 3 or 4	[12, 32, 34]	0.01 (0.00, 0.04)	[15–17, 30, 32]	0.02 (0.01, 0.04)	0.41
Other skin AEs, any grade	[12, 32]	0.34 (0.10, 1.17)	[15–17, 30, 32]	0.32 (0.18, 0.57)	0.94
Epistaxis, any grade	[12, 32]	0.05 (0.03, 0.07)	[15–17, 32]	0.14 (0.06, 0.34)	0.03
Limb pain, any grade	[12, 32]	0.05 (0.03, 0.07)	[15–17, 32]	0.14 (0.08, 0.25)	0.002
Hypothyroidism, any grade	[12]	0.04 (0.02, 0.06)	[16, 17]	0.14 (0.03, 0.66)	0.13
Laboratory abnormalities					
Anemia, any grade	[12, 32, 34]	0.52 (0.33, 0.82)	[10, 15, 17, 30, 32]	0.36 (0.18, 0.70)	0.36
Anemia, grade 3 or 4	[12, 32, 34]	0.05 (0.03, 0.09)	[10, 15, 17, 30, 32]	0.07 (0.05, 0.11)	0.27
Neutropenia, any grade	[12, 32, 34]	0.47 (0.29, 0.78)	[10, 15, 17, 30, 32]	0.43 (0.28, 0.66)	0.78
Neutropenia, grade 3 or 4	[12, 32, 34]	0.12 (0.05, 0.31)	[10, 15, 17, 30, 32]	0.16 (0.07, 0.39)	0.68
Thrombocytopenia, any grade	[12, 32, 34]	0.55 (0.34, 0.87)	[10, 15, 17, 30, 32]	0.30 (0.16, 0.59)	0.16
Thrombocytopenia, grade 3 or 4	[12, 32, 34]	0.11 (0.03, 0.40)	[10, 15, 17, 30, 32]	0.09 (0.04, 0.21)	0.66
Increased LFTs, any grade	[12, 32, 34]	0.39 (0.23, 0.68)	[10, 32]	0.25 (0.03, 2.23)	0.70
Increased LFTs, grade 3 or 4	[12, 32, 34]	0.02 (0.01, 0.09)	[10, 32]	0.05 (0.01, 0.30)	0.49
Increased creatinine, any grade	[12, 32, 34]	0.48 (0.29, 0.80)	[10, 32]	0.27 (0.08, 0.94)	0.41
Increased creatinine, grade 3 or 4	[12, 32, 34]	0.01 (0.00, 0.02)	[10, 32]	0.04 (0.00, 1.53)	0.42

The meta-regression analyses showed that study size explained the heterogeneity in the IRs for several AEs (fatigue, diarrhea, mucositis, anemia, and thrombocytopenia), whereas larger studies reported lower IRs. In a recently published systemic review of 156 studies reporting on AEs [52], the authors concluded that smaller studies reported higher AE rates and more significant variation. The authors suggested that large studies almost exclusively use the International Statistical Classification of Diseases and Related Health Problems (ICD) for coding events, whereas small trials look at cases more carefully, commonly using chart review. ICD coding is able to display only a fraction of events, which might explain the comparatively low estimates [53].

The meta-analysis also showed that sunitinib-associated AEs were more prevalent in pretreated patients compared with those who received sunitinib in the first-line setting. The study of Tomita et al. [32] was the only study that directly compared the IR of AEs in those two groups.

Although the current meta-analysis is the only known attempt to quantify sunitinib-associated AEs in mRCC, the analysis has several limitations. Of all the included studies, three were randomized and in two of these sunitinib was given to patients in the two comparators [15, 34]. Moreover, there were several limitations that are inherent to studies which report on AEs. First, in many occasions it is almost impossible to distinguish drug- versus disease-related AEs, e.g., fatigue. Second, it has been shown that

the IR of reported AEs could be affected by the methods used in reporting [54, 55]. In 214 men with benign prostatic hyperplasia, patients assigned to the checklist group reported a total of 238 adverse events; in comparison, patients who were asked an open-ended question or an open-ended, defined question reported 11 and 14 adverse events, respectively [54]. Third, there is also a limitation attributable to the placebo phenomenon, which refers to the AEs reported on a placebo arm. Rosenzweig et al. [56] reported a 19 % incidence of AEs in healthy volunteers during placebo administration using data from 1,228 volunteers from 109 double-blind, placebo-controlled pharmacology trials. Also, Hillman et al. [57] reported that nearly 50 % of AEs were reported as attributed to the study drug on the placebo arm of two large phase III randomized clinical trials.

We conclude that the present meta-analysis provided an adequate estimate of sunitinib-associated AEs. The pattern derived from the included studies would be similar to that to be expected from the use of sunitinib in community practice in unselected patients with mRCC.

Conflict of interest The authors declare that they have no conflict of interest.

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