REVIEW ARTICLE

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Surgical treatment for metastatic malignancies. Anatomical resection of liver metastasis: indications and outcomes

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Abstract Hepatectomy may be the only treatment modality for the cure of colorectal liver metastasis. However, whether to perform nonanatomical resection or anatomical resection remains unclear. Original articles in English on liver metastasis, including reports that dealt with case series of more than 50 curative hepatectomies, were reviewed, and the current status of surgical treatment for colorectal liver metastasis was summarized, with a special emphasis on the relevance, indications, and outcomes of anatomical hepatectomy. Anatomical hepatic resection was performed in 63% of the patients. For patients who were treated by curative hepatectomy, including both anatomical and nonanatomical resection, the morbidity rates, mortality rates, 5-year survival rates, and rates of hepatic recurrence were 23%, 3.3%, 34%, and 41.2%, respectively. In 73 articles that each analyzed more than 50 patients treated with potentially curative hepatectomy, the incidence of anatomical resection exceeded 50% in 56 series, while anatomical resection was performed in fewer than 50% of the patients in 17 series. A comparison between these two groups naturally revealed a remarkable difference in the incidence of anatomical resection (72% versus 34%), but no difference in terms of morbidity; mortality; survival rates at 3, 5, and 10 years; or rate of hepatic recurrence. The profile of liver metastasis related to prognosis was generally advantageous to patients treated with nonanatomical resection, and this may have nullified the survival advantage of anatomical hepatectomy over nonanatomical resection. Anatomical resection provides a higher probability of coresecting microscopic invasions that are predictable but undetectable, and can be recommended as a standard procedure for locally advanced metastatic liver cancer.

Key words Colorectal liver metastases · Hepatic resection · Anatomical hepatectomy · Indication · Prognosis

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Introduction

There has been remarkable progress in the treatment of metastatic liver cancer during the past four decades. Woodington and Waugh¹ treated patients with colorectal liver metastasis by hepatectomy and, in 1963, reported a 5year survival rate of 20%, although these data apparently came from a highly selected population of patients. In 1967, Flannagan and Foster² attained a 5-year survival rate of 26% with 45 patients with colorectal liver metastasis. In 1967, Wilson and Adson,³ of the Mayo Clinic, reported that 8 of 54 patients with colorectal liver metastasis survived disease-free for 10 years after hepatectomy. In 1986, Butler et al.,⁴ of Memorial Sloan-Kettering, claimed 5-year and 10year survival rates of 26% and 21%, respectively, for a series of 62 patients who underwent resection of liver metastasis from colon cancer, and demonstrated for the first time that colorectal liver metastasis was actually a curable disease. Since then, the 10-year survival rates have been reported⁵⁻¹² to be in the range of 20% to 42%. D'Angelica et al.13 analyzed 96 patients who survived for more than 5 years, and concluded that disease-free survival for 5 years after liver resection most likely implies cure.

Given these encouraging data, there is little doubt that surgical resection is the only treatment modality for colorectal liver metastasis with solid evidence for a reasonable possibility of cure. However, whether to perform nonanatomical resection or anatomical resection for this disease entity remains controversial.

Methods

An electronic search of the Medline Database was undertaken, using the search terms of "hepatectomy or liver resection", "colorectal cancer", and "liver metastasis". Here, original articles in English on liver metastasis that dealt with case series of more than 50 curative hepatectomies are reviewed, and the current status of surgical treatment for

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colorectal liver metastasis is summarized, with a special emphasis on the relevance, and indications, and outcomes of anatomical hepatectomy.

Indications for surgical resection of colorectal liver metastasis: history and current status

The past two decades have seen remarkable progress regarding the surgical techniques and postoperative management of major hepatic surgery. Consequently, the indications for hepatectomy, now a safe and accomplished procedure, have been markedly extended. This trend was further prompted by accumulating reports^{10,14–25} in the literature claiming operative mortality of zero following hepatectomies for colorectal liver metastasis.

In the early era of hepatic surgery, the indication for the surgical resection of colorectal liver metastasis was defined as small solitary metastasis appearing later after resection of a colon tumor, without mesenteric lymph node involvement. Adson and Van Heerden²⁶ and Adson et al.,²⁷ of the Mayo Clinic, later extended the indication to include multiple metastatic lesions and lesions with large diameters that call for major hepatectomy. With further accumulation of data from several case series of colorectal liver metastases treated with surgery, the safety and efficacy of hepatectomy became widely accepted. More recently, hepatectomy has come to be considered and attempted even for patients with extrahepatic recurrences,²⁸⁻³³ or hepatic node metastases^{22,34-40} to the hepatic hilum, which, in the past, had not been indicated for surgical resection. Such an aggressive approach, however, is not currently shared by all investigators. At some institutions, metastasis to the hepatic lymph nodes, extrahepatic disease, and multiple metastases, of four or more, are considered to be contraindications⁴¹ to hepatic resection.

In 1996, Bismuth et al.⁴² performed hepatectomy for 53 patients with colorectal liver metastases initially considered unresectable because of mal-location, large tumor size, multiplicity, or extrahepatic disease. These lesions were downstaged by systemic chronomodulated chemotherapy with 5-fluorouracil, folinic acid, and oxaliplatin, to the point that operation could be performed, and surgery led to a remarkable 5-year survival rate of 40%, demonstrating the potential of a multimodal approach to expand the indication for hepatic resection.

Recurrence to the remnant liver following previous hepatic resection affects prognosis, but may be amenable to repeat rsection.⁴³ In 1994, Nordlinger et al.⁴⁴ reported that, in a series including 116 patients, from 85 institutions treated by repeat hepatectomy, the actuarial survival rate was 33% at 3 years. In 1997, Adam et al.⁴⁵ reported a 5-year survival rate of 41% for 64 patients treated by repeat liver resection, which is comparable to that observed following primary liver resections. Thus, patients with recurrence limited to the liver following previous hepatic resection have come to be treated by repeat surgery,^{7,8,10,45-64} as long as general indications for hepatic surgery are met, and this

principle has led to the enhanced overall survival of patients with colorectal liver metastasis.

Although hepatectomy is now considered as the first choice in the treatment of colorectal liver metastasis, the aims of and eligibility for hepatic resection in modern clinical practice can be classified into the following three categories:

- (i) Hepatectomy intended for cure. This applies to patients whose metastatic lesions are completely dissected along with local invasion. Patients who fall into this category should have no metastatic or recurrent disease, other than hepatic metastasis, and this must be resected completely with the associated local invasion.
- (ii) Hepatectomy intended for palliation but that could result in cure. This applies to patients who have extrahepatic metastatic lesions, such as lung, locoregional, or peritoneal metastasis, that can be coresected with the liver metastasis.
- (iii) Hepatectomy for palliation. This applies to patients with extensive liver metastasis or extrahepatic metastasis that cannot be resected completely, including patients with systemic disease whose survival is still likely to depend on the progression of liver metastasis and those whose metastatic lesions have been downstaged and have become respectable after chemotherapy.

For each category, accurate assessment of the disease status, including the size of the metastasis, the location in relation to the main vascular pedicles, and the extent of lymph node metastasis and vascular invasion, is mandatory. In addition, surgery can only be considered as the first choice when it can be preformed adequately, with low morbidity and mortality rates, along with other components of multidisciplinary treatment.

Selection of the extent of surgical resection for hepatectomy with curative intent

According to Penna and Nodlinger,⁶⁵ the decision of whether or not to perform surgical resection for liver metastases should be based on the patient's condition, the extent of the metastatic disease, and the liver functional reserve. The type of liver resection depends on the size, number, and location of the metastases, their relation to the main vascular and biliary pedicles, and the volume of the liver parenchyma that can be preserved after surgery. Small metastases located near the liver capsule can be resected by nonanatomical wedge resection, while major anatomical resection is more often required for a large lesion. These comments more or less summarize the selection criteria for surgical resection and the extent of hepatectomy at most institutions.

The actual numbers of each type of surgery performed were assessed from 73 articles,^{4-13,16,19-22,34-38,41,54-56,66-114} each of which described the outcome of curative treatment of more than 50 patients, and presented the proportions of anatomical resections among all hepatectomies performed (Table 1). Anatomical hepatic resection was performed in 63% of the patients (range, 16%–100%). Curative hepatectomy, including both anatomical and nonanatomical resections, resulted in a morbidity rate of 23% (range, 6%–37%), a mortality rate of 3.3% (range, 0–10%), and 3-year and 5-year survival rates of 50% (range, 30%–66%) and 34% (range, 15%–59%), respectively. The rate of recurrence in the liver following primary curative hepatectomy was 41.2% (range, 21.3%–74%).

Thus, anatomical resection was more commonly performed for colorectal liver metastasis, compared with nonanatomical resection. As a logical outcome, this suggests that more than half of the patients with colorectal liver metastases diagnosed at most institutions either had large tumor size or had multiple lesions that necessitated anatomical resection. In contrast, institutions that showed lower rates of anatomical liver resection were considered simply to have had a higher proportion of lesions that were either small enough in size or located near the capsule to be treated with nonanatomical resection.

Outcome after anatomical resection

Because no official stage classification exists for metastatic liver cancer, it is not possible currently to make an adequate comparison of survival between different types of liver resection. In the 73 case series that each analyzed more than 50 patients treated with potentially curative hepatectomy, the incidence of anatomical resection exceeded 50% in 56 series, while anatomical resection was performed in fewer than 50% of the patients in 17 series. To evaluate the difference in outcome between the two types of surgery, 51 sets of data were extracted from the 73 reports in order that the same patients from the same institution were not included (Table 2). A comparison between these two groups naturally revealed a remarkable difference in the incidence of anatomical resection (72% versus 34%), but no difference in terms of morbidity; mortality; survival rates at 3, 5, and 10 years; or rate of hepatic recurrence (Table 2). From these findings, some investigators may conclude that the extent of liver resection is not, by itself, a prognostic factor.

Scheele et al.⁵ reported that the size of metastatic lesions ranged from 8 to 32 cm (median, 18.5 cm) for those treated with anatomical resection, from 7 to 28 cm (median, 14 cm) for those treated with segmental resection, and from 1 to 17 cm (median, 5 cm) for those treated with wedge resection. According to Kokudo et al.,⁹¹ the mean diameter of tumors treated with anatomical resection was 5.81 cm, whereas that of tumors treated with nonanatomical wedge resection was 2.69 cm. These data are representative of several others, in that anatomical resection is apt to be performed for large or multiple lesions, while wedge resection is applied mainly for smaller metastases located near the liver capsule.

From studies describing the natural history of unresected metastases,^{115,116} it is clear that the prognosis of colorectal liver metastasis depends on the size and number of the

metastatic lesions. In addition, several investigators have found, in their series, that the prognosis of the patients depended on the number, 5.10,16.19,20-22,34,40,41,71,80,110,111,117 and size 8.9,12,34,36,37,66,67,80,97,99,102,103,118 of the metastases, the proportion of hepatic parenchyma involved, or the number of lobes involved.^{12,19,22,34,76,112,119} Because the size and number of the metastatic lesions increase in accordance with the time elapsed from the establishment of metastasis, and the doubling time of the tumor cells, there is little doubt that the size and number reflect survival. Even in the report from Kokudo et al.,⁹¹ demonstrating a lack of difference in survival between patients treated with anatomical resection and those treated with nonanatomical resection, tumor size was also larger among the subset treated with anatomical resection. Large and multiple metastatic lesions usually lead to poor prognosis after hepatectomy but, again, it seems as though these disadvantages have been nullified by the anatomical resection. In the subset of patients treated with anatomical resection 15.7% of the patients also had extrahepatic metastasis, as opposed to 4% in the subset treated with nonanatomical resection. Despite these differences in patient demographics that are advantageous to nonanatomical resection, no difference in survival was observed between the two subsets. In addition, it must be borne in mind that recurrence in the liver following nonanatomical resection has a greater chance for repeat hepatectomy which could contribute to improve the survival of the subset treated with nonanatomical resection,^{8,44} and this advantage may have been nullified by the anatomical resection. In order to accurately evaluate the prognostic significance of the procedure, comparisons of anatomical and nonanatomical resection, with both survival and the incidence of recurrence in the liver as endpoints, should be made among patients with colorectal liver metastasis at similar clinical stages.

In the current review, survival data from some investigators were in favor of anatomical resection, 5,16,76,102,120-122 while survival data in other studies were in favor of nonanatomical resection.^{8,13,112} Scheele et al.¹⁰² analyzed 350 patients who underwent potentially curative hepatectomy and found that the 5-year survival rate was 41% among patients who underwent anatomical resection as opposed to 24% among those treated with nonanatomical resection. Hughes et al.⁴¹ analyzed 798 patients treated at 24 United States institutions, and found that anatomical resection had a survival advantage over nonanatomical resection among a subset of patients with solitary liver metastasis of more than 4cm diameter. On the other hand, Fong et al.⁸ found, in an analysis of 1001 cases of colorectal liver metastasis, that the 5-year survival rate was 39% for patients treated with nonanatomical resection and 33% for those treated with anatomical resection. However, this result reflects in part, the fact that 108 of 132 patients (82%) who had recurrence to the liver were treated with repeat resection, and this significantly affected survival for this subset.

The profile of liver metastases, including their size and number of metastases, was generally advantageous to patients treated with nonanatomical resection, and this may have nullified the survival advantage of anatomical hepatectomy over nonanatomical hepatectomy.

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					(curative) treatment	resection			3-Year	5-Year	recurrence
c1 € 4	1984 F.	ortner ⁸²	1971–1982	M. Sloan-Kettering	75	87%	27%	4%	57%	40%	
ω 4	1986 B	utler ⁴	1950-1981	M. Sloan-Kettering	62	43.50%	26%	10%	50%	34%	67%
4	1988 F.	ortner ⁸¹	1971–1985	M. Sloan-Kettering	<i>LL</i>	89.60%			65%	49%	
	1997 F.	ong ⁸⁰	1985–1991	M. Sloan-Kettering	410	73.50%	24%	2.80%		38%	48%
5	1997 D	0'Angelica ¹³	1985 - 1991	M. Sloan-Kettering	96	53%					
9	1998 C	han ⁷³	1991-1996	M. Sloan-Kettering	379	63%	25.60%	3.20%			
7	1999 F.	ong ⁸	1985 - 1998	M. Sloan-Kettering	1001	86%	31%	2.80%	57%	37%	28.80%
8	2000 D	beMatteo ⁷⁵	1985-1998	M. Sloan-Kettering	267	55.40%	17%	0.40%	62%	43%	
6	2003 N	1artin ⁹⁴	1997-2001	M. Sloan-Kettering	260	100%					
10	1986 E	\kberk ³⁴	1971 - 1984	Lund, Sweden	72	82%	15%	5.60%	30%	16%	
11	1987 E	\kberk ³⁵	1971 - 1984	Lund, Sweden	68	80.90%					65%
12	1998 C)hlsson ⁵⁵	1971-1995	Lund, Sweden	111	77 %		3.60%	37%	25%	58%
13	1986 Iv	watsuki ¹⁶	1975–1985	Pittsburgh, USA	09	95%	13.30%	0%0	53%	45%	30%
14	1994 G	rayowski ¹⁹	1981 - 1991	Pittsburgh, USA	184	83.30%		0%0	49%	38%	
15	1988 H	lughes ⁴¹	1984-1985	24 Institutes, USA	798	53.10%				33%	
16	1990 S.	cheele ¹⁰³	1960-1987	Erlangen, Germany	173	72.30%		5.50%		40%	69.80%
17	1991 S ¹	cheele ⁵	1960 - 1988	Erlangen, Germany	219	62.60%		5.60%		39%	
18	1995 Si	cheele ¹⁰²	1960-1992	Erlangen, Germany	350	74.60%	16%	4.40%		39.30%	
19	1990 Sı	chlag ¹⁰⁴	1981 - 1989	Heidelberg, Germany	122	77 %	34%	4.10%			
20	1991 F.	regiz ⁸³	Not described	7 Institutes, Italy	212	46.70%		6.80%		24%	
21	1991 S.	teele ¹⁰⁶	1984–1988	15 Institutes, USA	69	78.30%	13%	2.70%	52%		74%
22	1991 D	oci^{76}	1980 - 1989	Milan, Italy	100	50%	11%	5%		30%	
23	1995 D	\mathbf{oci}^{π}	1980–1992	Milan, Italy	208	42.30%	35%	2.40%			
24	1991 L	ise ⁹²	1975–1990	Podova, Italy	64	59.70%	16.90%	3%		32%	37.50%
25	1991 P	etrelli ⁹⁸	1963-1988	Rosewell Park CC	62	63%	30%	8.10%		28%	
26	1992 R	osen ¹⁰⁰	1960–1987	Mayo Clinic	280	53.00%		1.80%	47%	25%	
27	1997 J _ź	amison ⁶	1960–1987	Mayo Clinic	280	54.60%		2%	46%	27%	
28	1992 vi	an Ooijen ^{III}	1979–1989	15 Institutes, Holland	118	78%	34.70%	7.60%		21%	
29	1993 Z	Jieren ¹¹⁴	1982–1991	Cologne, Germany	90	73%	26%	3%	45%	32%	30%
30	1993 S	ugihara	1978–1989	NCC, Japan	109	25%		1.30%	57%	48%	31.20%
31	1999 Y	amamoto"	1992–1994	NCC, Japan	96	24%			61%	51%	
32	2000 N	linagawa"	1980–1997	NCC, Japan	218	41.70%		0%0	51%	38%	41.70%
33	2001 S	ugawara	1985–1997	NCC, Japan	304	20.70%					
34	1994 P	edersen	19/8–1991	Holland	50	74.20%	28.80%	7.60%	36%		24%
35	1995 J _i	atzko°'	1984–1992	Graz, Germany	99	37.90%	19.70%	4.50%		30%	
36	1995 F	uhraman ⁸⁴	1988–1992	M.D. Anderson	107	%69		2.80%		44%	
37	1995 Y	asui ³⁰	1983–1994	ACC, Japan	64	100%		2.40%			31.30%
38	1997 Y	asui ³⁷	1983–1995	ACC, Japan	81	83.60%		2%		41.70%	41.80%
39	1996 W	Vanebo	1978 - 1994	Virginia, USA	74	68.90%	17.60%	5.40%		24%	
40	1997 B	seckhurts	1987 - 1994	Munich, Germany	119	27.70%	21%		34%	15%	
41	1997 N	ladig	1988–1992	St. Louis, USA	275	32.40%		4%		26%	
42	J، J،	enkins ⁸⁸	1975–1993	Chicago, USA	107	64.10%	26.20%	3.80%	42%	25%	

Table 1. (Continued										
Article	Year	Author	Years of analysis	Institute/Place	No. of patients	Anatomical	Morbidity	Mortality	Survival		Hepatic
по.					(curauve) treatment	resection			3-Year	5-Year	recurrence
43	1997	Jaeck ⁸⁶	1959–1991	85 Institutes, France	720	63.30%		3.60%		26%	
44	1997	Nuzzo ⁹⁶	1984 - 1995	Rome, Italy	58	88%	24%	1.70%	36%	17%	
45	1997	$Taylor^{20}$	1977-1993	Toronto, Canada	123	76.40%		%0		34%	
46	1997	${ m Rees}^{99}$	1986-1996	Winchester, UK	89	94%	6%	1%		37%	39.30%
47	1998	Bakalakos ⁶⁶	1978-1993	Ohio, USA	238	20.20%	17.20%	1.10%		28.80%	
48	1998	Bakalakos ⁶⁷	1985-1993	Ohio, USA	210	16%		1.40%			
49	1998	$Lorenz^{93}$	1991 - 1996	26 Institutes, Germany	218	67%		5%		35%	34.90%
50	1998	$Cady^{71}$	To 1996	Boston, USA	223	70%	16%	3.60%		20%	
51	1998	$Elias^{78}$	1984 - 1996	Villejuif, France	233	70%		2%		24.70%	
52	1998	Elias ⁵⁴	1984 - 1996	Villejuif, France	136	73%		1.50%		28%	21.30%
53	1999	$Ambiru^{38}$	1984 - 1997	Chiba, Japan	168	95.20%	30%	3.50%	42%	26%	46%
54	1999	Wigmore ¹¹³	1988-1998	Edinburgh, UK	84	87%		%9			25%
55	2004	Stewart ¹⁰⁷	1988-2001	Edinburgh, UK	137	100%					
56	1999	Nakamura ⁷	1978-1998	Hamamatsu, Japan	79	60.80%	15%	2.50%		49%	33.70%
57	1999	Jourdan ⁸⁹	1987-1997	New Zealand	53	80%	37.10%	5.70%	62%	27%	
58	1999	Harmon ⁹	1978-1998	Seattle, USA	110	66.40%	34%	4%		46%	
59	2000	Seifert ¹⁰⁵	1985 - 1996	Mainz, Germany	103	30.60%	28.30%	5.80%		35%	39.80%
60	2000	$Ueno^{110}$	1985 - 1996	Saitama, Japan	85	59%		3.40%		27.90%	
61	2000	$Bolton^{70}$	To 1999	New Orleans, USA	165	79.40%		%9		36%	
62	2001	Nakajima ²¹	1985–1996	Nara, Japan	70	47.10%		0%	56.20%	35.50%	60%
63	2001	Kokudo ⁹¹	1980 - 1999	Cancer Institute, Japan	174	55.20%	9.80%	1.10%	56.70%	43.20%	
64	2002	$Belli^{69}$	1986 - 2000	Naples, Italy	181	31%	10.50%	2.80%	55.30%	39.80%	29.30%
65	2002	Jaeck ²²	1988–1998	Strasbourg, France	160	34.30%	33%	0%	56%	42%	
99	2002	$Choti^{74}$	1984 - 1999	Johns Hopkins	226	71.20%	18.60%			40%	
67	2002	Sasaki ¹⁰¹	1982 - 2000	Oita, Japan	67	67.20%		5.30%		33.40%	40.30%
68	2003	Cavallari ⁷²	1986 - 2000	Bologna, Italy	246	61.40%	20%	0.80%		40% (DFS)	30.10%
69	2003	Nagakura ¹¹	1982-2000	Niigata, Japan	102	29.80%		1.70%		40%	39.20%
70	2003	$Kato^{90}$	1992-1996	18 Institutes, Japan	585	54%				39.20%	41.40%
71	2004	Imamura ⁸⁵	1994-2002	Tokyo University, Japan	116	59.80%					51%
72	2004	$Fernandez^{79}$	1995-2002	St. Louis, USA	100	98%		1%	66%	58.60%	46.20%
73	2004	Tanaka ¹²	1985 - 2000	Yokohama, Japan	189	59.10%	26.30%	0.52%	46.30%	42.60%	45.50%
M. Sloan-	Kettering.	, Memorial Sloan	-Kettering; Rosewell 1	Park CC, Rosewell Park Canc	er Center; NCC, N	ational Cancer (Center; ACC, A	vichi Cancer C	enter; DFS,	disease free sur	vival

Table 2. Morbidity, mortality, cumulative survival, and rate of hepatic recurrence in series showing different incidences of anatomical hepatic resection

	Anatomical resection performed in 50% or more patients $(n = 39)$	Anatomical resection performed in fewer than 50% of patients ($n = 12$)
Anatomical resection	72% (53–98)	34% (18–47)
Morbidity	23% (6-37)	22% (11-33)
Mortality	3% (0-8)	3% (0–7)
3-Year survival rate	48% (34–66)	52% (34–56)
5-Year survival rate	34% (17–59)	32% (15-46)
10-Year survival rate	26% (13-43)	26%
Rate of hepatic recurrence	41% (21–74)	43% (29–60)

To evaluate the difference in outcome between the two types of surgery, 51 sets of data were extracted from the 73 articles (see Table 1) in order that the same patients from the same institution were not included

Figures in parentheses are ranges

Recurrence in the liver following primary hepatectomy

Recurrences in the liver following primary hepatectomy may be explained either as growth following a dormant metastasis from the primary colorectal cancer, or as secondary metastasis as a consequence of the local invasion of the primary liver metastasis. The prognosis of synchronous liver metastasis has been reported by several investigators^{5,9–10,22,41,68,69,96,102,103,109,110,123–127} as being worse than that of metachronous metastasis, while several others postulate that clinical stage $^{4,10,16,27,41,61,76,83,86,87,90,96,103,123,126,128-130}$ or lymph node metastasis^{8,23,38,40,41,80,86,89,90,96,118,131–136} of the primary colorectal cancer is also reflected in the prognosis of liver metastasis. Theoretically, it is unlikely that the clinical stage of the primary affects the survival of the metastatic lesion in a patient with metachronous liver metastasis that was detected long after surgery for the primary, which may have been cured locally by that time. This means that the clinical stage of the primary colorectal cancer influences the outcome only in patients with concurrent metastasis and if the metastases are found shortly after surgery for the primary cancer.

For patients whose primary cancer has been completely cured, minimal residual disease disseminated from the metastatic liver tumor may be the cause of recurrence in the liver, which, in turn, may affect the prognosis after hepatectomy.¹⁵ Repeat hepatectomy may, in such cases, be a useful option to improve survival.^{7,10,43–46,48,55,56,61,64,80,137–140} However, adequate selection of the type of surgery at the time of primary hepatectomy may be of even greater importance if this can avoid recurrence in the liver.

Minagawa et al.¹⁰ postulated that the use of intraoperative ultrasound could detect potential residual cancer during surgery, and they noted that resection reflecting this information resulted in a good prognosis, regardless of the type of hepatectomy the surgeon considered as a standard procedure. Indeed, surgery based on diagnostic imaging should be able to completely avoid locoregional recurrences, if all metastatic lesions can be visualized and resected. In reality, however, the incidence of recurrence to the liver in their series was as high as 41.7%, and almost half of the recurrences were subsequently treated with repeat hepatectomy.

Needless to say, complete detection of all minimal metastatic foci and vessel invasion by preoperative imaging studies, including a unified computed tomography (CT) and angiography system,¹⁴¹ magnetic resonance imaging (MRI), and F-18 fluorodeoxyglucose-positron emission tomography (FDG-PET),^{79,142} and intraoperative ultrasound would result in an accurate decision regarding the extent of liver resection. If this could be accomplished, patients would never suffer from locoregional recurrence and could be cured if no other dissemination from the primary colorectal cancer had occurred. This goal, however, has not been achieved, even with combinations of various modern diagnostic modalities. In order to decrease the incidence of recurrence in the liver, therefore, it is of paramount importance that an adequate selection of the extent and type of hepatectomy be made, so as to minimize the chances of leaving minimal residual disease unresected.

Patterns of local invasion that may provide criteria for the selection of the type of hepatic resection

Understanding the clinicopathological behavior of liver metastasis that can be described in terms of various patterns of local invasion is a prerequisite for adequate selection of the type of hepatic resection. How to minimize the incidence of locoregional recurrence is an issue of great importance for those performing hepatectomy which, after all, is an option for local control.

In the histopathological evaluation of hepatic metastasis, the following patterns of local invasion from the metastatic liver tumor have been reported; these types of invasion could affect prognosis or hepatic recurrence if unresected: intrahepatic portal vein invasion,^{8,36,37,56,82,143-149} hepatic vein invasion,^{36,37,56,143-148,150} intrahepatic bile duct invasion,^{36,37,143-145,147,148,151,152} perineural invasion,^{101,143,146} satellite lesions,^{5,6,20,54,55,100,102,103,144,145,153,154} invasion to adjacent organs,^{8,36,37} and nodal metastasis to the hepatoduodenal ligament.^{6,8,10,11,15,22,34-41,54,66-68,80,82,86,90,100,101,105,108,117,128,154-158}

Okano et al.¹⁴⁶ performed thorough histopathologic examinations of liver metastases from 149 patients, and found microinvasion of the bile duct in 58% of the tumors, while macroscopic invasion of the bile duct was observed only in 12%. In fact, patients with macroscopic findings of bile duct invasion had an excellent 5-year survival rate, of 80%, whereas the finding of microscopic bile duct invasion did not seem to affect survival. However, such an excellent survival result could not be attained unless a precise diagnosis of the extent of the lesion and sufficient excision of the liver could be achieved, with the patients being fortunate enough not to have extrahepatic metastasis.

According to Yasui et al.,³⁶ macroscopic findings of one or more patterns of local invasion were observed in 0% of lesions less than 3 cm in diameter, in 19.2% of lesions with a diameter of 3 to 6 cm, and in 22.6% of lesions over 6 cm in diameter, after meticulous examination of the resected specimens. The 5-year survival rates were inversely correlated with the incidence of local invasion in all anatomically hepatectomized patients. Because the incidence of local invasion correlates with the size of the tumor, it seems rational to perform anatomical resection for tumors with a diameter of 3 cm or more, to remove potential sources of local invasion that cannot be detected preoperatively by current diagnostic modalities.

One of the reasons that the local recurrence rate is comparatively high among patients treated with partial resection⁸ is that microscopic invasion of the vessels and bile ducts may not necessarily be restricted to within a limited distance from the margin of the tumor.¹⁴⁵ Although Yamamoto et al.¹⁴³ claimed that such microscopic invasion rarely reached beyond 10mm from the liver metastasis, cancer cells that are disseminated into these vessels are mobile and can travel along the vessels, in accordance with the movement of the diaphragm, to establish micrometastases in regions that are distant from their origins. This means that the chance of completely resecting microscopic tumor deposits (which cannot be recognized perioperatively) is decreased considerably by surgical procedures that do not allow sufficient clearance between the tumor and the cut section of the liver.

Hepatic lymph node metastases and extrahepatic metastases

In 1985, August et al.¹⁵ reported on seven patients who had lymph node metastasis from a metastatic liver tumor, and they declared that these patients were not indicated for hepatectomy. After this report, nodal metastasis was recognized as an important indicator of poor prognosis. While several investigators^{15,68,112,131,159} postulate, that because of the dismal outcome, hepatectomy should not be performed for this group of patients, there are recent reports from other investigators who perform lymphadenectomy in addition to hepatectomy, to prevent obstructive jaundice and to improve survival, even if the patients will eventually die of the disease. 31,36,39,40,138 In 1996, Elias et al. 155 reported, in a prospective study of patients treated with curative hepatectomy, that microscopic lymph node involvement of the hepatic pedicle was found in 23.5% of 63 patients who were treated with anatomical resection and in 5.4% of 37 patients who underwent partial resection. This indicated that advanced metastatic cancer that calls for anatomical resection is associated with a high incidence of nodal metastasis. Yasui et al.³⁶ reported, in 1995, that the incidence of node metastasis correlated with the size of the tumor (0% for tumors with a diameter of less than 3 cm, 3.8% for those that ranged from 3 to 6 cm, and 22.6% for those with diameters greater than 6 cm).

Nakamura et al.⁷ reported 2 of 7 patients with lymph node metastasis to have survived more than 5 years. Yasui et al.³⁷ performed routine lymphadenectomy for 81 patients with colorectal liver metastasis, including 11 patients (13.6%) who actually had nodal metastasis, and achieved a 5-year survival of 41.7%. Bakalakos et al.⁶⁷ experienced 3 patients with nodal involvement who survived for 3 to 4 years after surgery, and concluded that the favorable survival in these patients may illustrate how patients with seemingly poor prognostic features may still benefit from hepatic resection. Recently, Laurent et al.⁴⁰ emphasized, from a completely different viewpoint, that lymphadenectomy should be performed routinely in order to evaluate the biology of metastatic liver cancer to a greater depth and to more precisely predict survival.

Although whether or not to perform lymphadenectomy for metastatic liver cancer remains controversial, the addition of this procedure to hepatectomy would not actually significantly increase risk to the patients.³⁹ As mentioned earlier in this review, nodal metastasis represents one of several patterns of local invasion from liver metastasis, and lymphadenectomy may have a place as part of curative surgery for metastatic liver cancer similar to the place it has for cancer of the stomach or the pancreas. In other words, lymphadenectomy may contribute to improving survival, while it definitely results in more precise staging.

There is a similar controversy regarding resectable extrahepatic metastases, in that resection could result in cure, although the prognosis of this subset of patients as a whole is inevitably poor. Although patients with colorectal liver metastasis with extrahepatic lesions had not previously been considered as candidates for surgery, ^{5,27,41,80} recent improvements in surgical techniques and postoperative care have prompted several investigators^{29,31,32,54} to attempt surgery for this subset. Elias et al.³¹ reported that the 5-year survival rate after hepatectomy for 75 patients with extrahepatic disease was 28%, and this was not much lower than that of 33% for 219 patients without extrahepatic metastasis. Consequently, they concluded that extrahepatic disease in colorectal cancer patients with liver metastases should no longer be considered as a contraindication to hepatectomy.

Conclusions

Articles on colorectal liver metastasis in English were reviewed to explore the outcomes of and the indications for anatomical resection, with special emphasis on survival data and the incidence of intrahepatic recurrence according to the type of surgery. In addition, the association between several patterns of local invasion and the outcome of patients treated with hepatectomies of varying extent was described.

The advantage of anatomical resection over partial resection is that, with anatomical resection, there is a higher probability of coresecting extratumoral vessel or bile duct invasions that cannot be detected preoperatively. The resection lines are based on the anatomy of the Glisson sheath, so that ischemia or congestion in any part of the remaining hepatic parenchyma would rarely occur. In addition, skeletonization and dissection of major vascular pedicles at the hepatic hilum allows better control of perioperative hemorrhage. The process of skeletonization also facilitates lymphadenectomy along the hepatoduodenal ligament. One drawback of anatomical resection could be that the removal of more hepatic parenchyma might result in an increased risk of post-resectional hepatic failure.

Needless to say, nonanatomical resection is quite feasible for small metastases with little risk of microscopic local invasion. However, locally advanced liver metastases have a higher risk of local invasion, such as vessel invasion, bile duct invasion, nodal metastasis, and invasion to the adjacent structures. Anatomical resection, which allows a better clearance between tumor deposits and the cut section of the liver, provides a higher probability of coresecting microscopic invasions that are predictable but undetectable, and can be recommended as a standard procedure for metastatic liver cancer.

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