REVIEW



Multiple high-grade gliomas: epidemiology, management, and outcome. A systematic review and meta-analysis

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Received: 5 August 2017 / Revised: 10 October 2017 / Accepted: 31 October 2017 / Published online: 14 November 2017 © Springer-Verlag GmbH Germany, part of Springer Nature 2017

Abstract Multiple high-grade gliomas (M-HGGs) are wellseparated tumors, differentiated as multifocal (MF) and multicentric (MC) by their MRI features. The authors performed a systematic review and meta-analysis of literature examining epidemiology, clinical and radiological characteristics, management, and the overall survival from M-HGGs. According to PRISMA guidelines, a comprehensive review of studies published between January 1990 and January 2017 was carried out. The authors identified studies that examined the prevalence rate, clinical and radiological characteristics, treatment, and overall survival from M-HGGs in patients with HGG. Data were analyzed using a random-effects meta-analysis model. Finally, we systematically reviewed demographic characteristics, lesion location, and surgical and adjuvant treatments. Twenty-three studies were included in this systematic review. The M-HGGs prevalence rate was 19% (95% CI 13-26%) and the hazard ratio of death from M-HGGs in the HGGs population was 1.71 (95% CI 1.49–1.95, *p* < 0.0001). The MC prevalence rate was 6% (CI 95% 4-10%), whereas MF prevalence rate was 11% (CI 95% 6–20%) (p < 0.0001). There were no statistically significant differences between MF and MC HGGs in gender, lesion location, histological type, and surgical treatment. Survival analysis of MC tumors

Electronic supplementary material The online version of this article (https://doi.org/10.1007/s10143-017-0928-7) contains supplementary material, which is available to authorized users.

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showed that surgical resection (gross total resection or subtotal resection) is an independent predictor of improved outcome (HR 7.61 for biopsy subgroup, 95% CI 1.94–29.78, p = 0.004). The prevalence of M-HGGs is approximately 20% of HGGs. The clinical relevance of separating M-HGGs in MF and MC tumors remains questionable and its prognostic significance is unclear. When patient status and lesion characteristics make it safe and feasible, cytoreduction should be attempted in patients with M-HGGs because it improves overall survival.

Keywords Glioblastoma · High-grade glioma · Multicentric · Multifocal · Multiple cerebral lesions · Systematic review

Introduction

Multiple high-grade gliomas (M-HGGs) pose diagnostic and therapeutic challenges and their incidence at the time of diagnosis is reported to be between 0.5 and 35% [5, 9, 15, 42, 47, 51]. In 1963, Batzdorf and Malamud proposed pathological criteria to differentiate multifocal (MF) and multicentric (MC) tumors [5]. Expanding some pathological concepts highlighted by Russell and Rubistein [41], Batzdorf and colleagues proposed that MF gliomas are the result of tumor dissemination or growth by an established route, including white matter tracts (association, projection, and commissural fibers); cerebrospinal fluid channels; or local extension through satellite formation. In contrast, MC gliomas are widely separated lesions occurring in different lobes or hemispheres without a demonstrable diffusion along the pathways previously described. Gradually, the term MC glioma has broadened to include tumors not only separated by location but also by time. Accordingly, synchronous gliomas are already present as multiple lesions at the time of initial radiological

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investigation, whereas metachronous gliomas occur months after diagnosis. Although the association of the extent of resection and the overall survival in patients with glioblastoma has been clearly reported in literature [27], the role of surgical treatment in patients with multiple gliomatous foci remains controversial. Surgical management paradigms are changing, however, due to the mounting evidence of the role of cytoreduction on patients' survival when associated with adjuvant treatment, in patients with both single and multiple lesions [42]. Radiation therapy is also coming under renewed scrutiny. While previous studies advised in favor of wholebrain radiation therapy in the management of MF and MC gliobastomas, limited-field irradiation is now increasingly recommended [37, 47]. The primary objectives of the study were (1) to determine the prevalence of M-HGGs, MC, and MF gliomas in HGGs population and (2) to determine the overall hazard ratio of death during follow-up for M-HGGs among HGGs population. Secondary objectives were: (1) to examine M-HGGs treatment modalities and complications and (2) to examine the impact of surgical resection on overall survival (OS) in M-HHGs.

Methods

Literature search

For this study, we followed the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) recommendations [33]. A comprehensive search of three databases (PubMed, Scopus, Ovid EMBASE) was conducted by an experienced librarian. The search key words "glioblastoma," "highgrade glioma," "malignant glioma," "anaplastic astrocytoma," "multicentric," "multifocal," and "multiple cerebral lesions" were used in both "AND" and "OR" combinations. The search strategy is reported in Online Resource 1. The search was limited to articles in English published between January 1990 and January 2017. All studies found to be reporting series of M-HGGs were selected based on the following inclusion criteria: (1) series reporting prevalence of multiple lesions among HGGs population, (2) series reporting prevalence of MF and/or MC lesions among HGGs population, (3) series reporting characteristics and outcomes of patient with MF and/or MC HGGs. Exclusion criteria were the following: (1) studies with less than three patients, (2) case reports, (3) review articles, (4) studies published in languages other than English with no available English translations, and (5) studies with overlapping patient population. In cases of overlapping patient populations, only the series with the largest number of patients or most detailed data were included. Two reviewers with experience in neuro-oncological surgery independently selected the included studies. When discrepancies arose, papers were re-examined by the third author.

Quality scoring

The studies were dichotomized into two groups: case-control and case series studies. The Newcastle-Ottawa Scale [53] was used to assess the quality of the included studies (Table 1). This was done by assessing the patient selection criteria, comparability of the study groups, as well as the outcome assessment. The quality of the case-control group was assessed by answering the following questions: were the definition and the representativeness of M-HGGs, MF, and MC tumors adequate? Were the selection and the definition of HGGs adequate? Were outcomes well ascertained? Was the length of clinical follow-up adequate to assess the outcomes of interest? For cases series studies, we evaluated the quality of the study based on the following questions: were the definition of M-HGGs, MF, and MC tumors adequate? Was the number of treated patients sufficient to estimate outcomes? Was the treatment description reliable? Was the assessment of outcome accurate? "High-quality" studies were defined based on the following criteria: (1) presence of a predefined study protocol, (2) well-defined inclusion and exclusion criteria, (3) adequate distinction between MF and MC tumors, (4) adequate information about treatment and complications post-treatment, (5) adequate length of follow-up, and (6) enough information about overall survival. A star rating of 0 to 9 was allocated to each study based on these parameters. The quality assessment was performed by two authors independently. When discrepancies arose, papers were re-examined by the third author. Studies receiving six or more stars are considered as high-quality.

Data abstraction

From each article, the following baseline data was collected: study design, study time period, imaging modality used to screen for M-HGGs, radiological definition of MC and MF lesions, number of HGG patients, number of HGG patients with multiple cerebral lesions, and distinction between MF and MC tumors, sex, mean age, age range, lesions location, number of lesions per patient, number of synchronous or metachronous lesions, histological type of HGG, mean clinical follow-up, pre-operative clinical features, treatment characteristics, post-operative complications, and overall survival. Multicentricity was defined as multiple gadolinium-enhancing lesions within the brain without a connecting signal alteration in T2-weighted and/or FLAIR sequences ("T2 /FLAIR connection" criterion) [9, 10, 15, 16, 29, 37, 42], or widely separated lesions in one or both cerebral hemispheres ("foci location" criterion) [32, 47]. Pre-operative clinical symptoms were summarized as follows: (1) headache, (2) focal deficit, (3) intracranial hypertension signs, (4) altered mental status, (5) seizure, and (6) other. Pre-operative clinical status was classified using the Eastern Cooperative Oncology Group (ECOG) scale [34], and when reported using the Karnofsky Performance Status (KPS) [19] scale, we duly transformed it in ECOG scale [52]. Surgical treatments were categorized as

	Authors	Study design	N. M-HGGs/N. HGGs	M/F	Mean age in years (range)	MRI distinction between MF and MC	N. MF/N. MC	Follow-up (months)	Quality of study
Case-control studies	Arvold ND, 2015 [3]	Retrospective	32/135	NA	NA	NA	NA	2.5-45	7
	Djalilian HR, 1999 [9]	Retrospective	9/100	6/3	45.3 (31–59)	T2/FLAIR connection	6/	NA	4
	Hassaneen W, 2011 [15]	Retrospective on prospective database	20/NA ^a	14/6	NA	T2/FLAIR connection	11/9	5.2 - 30, 7	9
	Hefti M, 2010 [16]	Retrospective	40/247	20/20	56.9 (NA)	T2/FLAIR connection	-/40	1–27	7
	Kong DS, 2016 [22]	Retrospective	20/51	NA	NA	NA	-/20	NA	5
	Lasocki A, 2016 [28]	Retrospective	51/151	NA	NA	T2/FLAIR connection	47/4	NA	5
	Laws ER, 2003 [30]	Prospective	31/565	NA	NA	NA	NA	0.5-24	9
	Lim DA, 2007 [31]	Retrospective on prospective database	14/53	NA	NA	NA	NA	3–38	4
	Liu Q, 2015 [32]	Retrospective on prospective database	35/224	21/9 ^b	NA	Foci location	23/12	NA	4
	Parsa AT, 2005 [36]	Retrospective	85/1491	NA	NA	NA	19/66	4.5-24.7	9
	Patil CH, 2012 [37]	Retrospective	47/368	NA	62 (NA)	NA	40/7	4-10	7
	Paulsson AK, 2014 [39]	Retrospective	33/161	20/13	62.5 (NA)	NA	25/8	8.2 (mean)	5
	Scott JG, 2011 [45]	Retrospective	45/282	NA	NA	NA	28/17	NA	5
	Showalter TN, 2007 [47]	Retrospective	50/497	NA	61 (19–86)	Foci location	41/9	0.8-43	9
	Stark AM, 2012 [48]	Retrospective and Prospective	110/492	NA	NA	NA	NA	NA	4
	Tanaka S, 2013 [49]	Retrospective	34/105	NA	NA	NA	NA	5.5 (median)	4
	Thomas RP, 2013 [51]	Retrospective	67/189	34/33	NA	T2/FLAIR connection	58/9	10 (mean)	9
Case series studies	Arcos A, 2012 [2]	Clinical series	3/NA	2/1	57.3 (39–79)	NA	1/2	NA	3
	Di Russo P, 2013 [42]	Retrospective	18/239	8/10	66.5 (37–78)	T2/FLAIR connection	-/18	4–29	9
	Fares Y, 2009 [10]	Clinical series	3/NA	1/2	62.7 (51–70)	T2/FLAIR connection	-/3	NA	3
	Karlowee V, 2016 [18]	Retrospective	10/NA	4/6	64.7 (44–75)	NA	-/10	NA	3
	Kato T, 1990 [20]	Clinical series	3/NA	2/1	49 (29–66)	NA	1/2	1–19	Э
	Salvati M, 2003 [43]	Retrospective	25/NA	14/11	52.5 (31–68)	NA	-/25	NA	9

Table 1Summary of studies included in systematic review

M-HGGs multiple high-grade gliomas, HGGs high-grade glioma, M male, F female, MF multifocal, MC multicentric, NA not available ^a The authors selected 20 single HGG as control

^b Available for 30 patients

follows: gross total resection (GTR), subtotal resection (STR), and biopsy. Subsequently, data obtained from abstraction was sub-grouped based on GTR definitions as follows: (1) resection of all contrast-enhanced areas at post-operative MRI [54] and (2) other definitions. Furthermore, surgical resection was defined as "multiple lesions resection" if more than one lesion was surgically removed; otherwise, surgery was classified as "single lesion resection." GTRs were considered as multiple lesions resection. Adjuvant treatments were categorized as follows: concurrent radio-chemotherapy (RT + CH), radiotherapy or chemotherapy alone, and no adjuvant treatment.

Outcomes

For M-HGGs prevalence meta-analysis, only studies with ascertained prevalence of multiple cerebral lesions were included. When there was no available information about MF or MC population, the study was not included in the metaanalysis. For M-HGGs survival meta-analysis, only studies reporting hazard ratio of death for M-HGGs among HGGs population, were included. Post-operative complications were divided into surgical and medical complications. Surgical complications included post-operative hemorrhage, neurological deficits, seizure, and wound infections. Medical complications included complications not directly related to surgery.

Statistical analysis

For the purposes of statistical analysis, we calculated the overall frequency (percentage) and 95% confidence interval (CI) for all results. The Wald method was used to calculate confidence intervals for event rates. A two-tailed t test was used for continuous data and the chi-square test for categorical variables.

Survival analysis

Survival curves were calculated using the Kaplan-Meier method and the log-rank test was used to evaluate the difference between curves. The OS was defined as the time from first surgery to the final follow-up. OS univariate analysis was carried out including each risk factor (surgery or biopsy) in a Cox regression model. Furthermore, the proportional hazard was always verified by the use of log(–log) curves. The results of the Cox regression were expressed by hazard ratios with its related confidence interval and related p value calculated by the Wald test.

Meta-analysis

In order to assess the heterogeneity of the data, the Higgins index (I^2) was used and subsequently, DerSimonian and Laird random-effects model was applied. The graphical representation of the meta-analysis was performed by forest plot. To evaluate the heterogeneity and bias, the meta-regression and

funnel plot followed by Egger's linear regression test were analyzed, respectively.

Differences were considered significant at p < 0.05. Statistical analysis were performed with SPSS version 23 (SPSS Inc. SPSS® Chicago, IL, USA), with ProMeta version 2 (Internovi, Cesena, Italy) and GraphPadQuickCalcs software.

Results

Literature review

The search strategy is summarized in Online Resource 1. Discrepancies between first and second authors arose in 3% of cases during the study selection process, and in one case during the meta-analysis inclusion. Detailed information is provided in Online Resource 2. Studies included in our systematic review are summarized in Table 1. The search flow diagram is shown in Fig. 1. A total of 23 studies and 785 patients with M-HGGs were included in this study, 564 patients were reported to be MC or MF (270 and 294, respectively).

Quality score

In the "case-control" group, eight studies were graded as "high quality" and nine as "low quality." For the "case series" group only two of six articles were scored as high quality. There was complete agreement between the two reviewers for 19 articles (10 rated as high quality). Discrepancies arose for four articles (all low quality), with the disagreement due to the following: (1) poorly defined patients inclusion criteria, (2) lack of demographic and clinical data, (3) small population included, and (4) no survival analysis. The final examination was performed by the third author who decided to rate all four articles as low quality. Detailed information in Online Resource 3.

M-HGGs prevalence rate, demographic data, and lesion characteristics

A summary of M-HGGs prevalence rate, demographic data, and lesion characteristics are provided in Table 2. In assessing M-HGGs prevalence rate, a total of 4764 patients with HGG were included. The overall M-HGGs prevalence rate was 19% (95% CI 13–26%). Meta-regression showed a significant increase of the effect size during the analyzed period (p = 0.003). Furthermore, the funnel plot followed by Egger's linear regression test excludes publication bias (p = 0.413). The forest plot, the meta-regression, and the funnel plot are provided in Figs. 2, 3, and 4, respectively.

The mean age was 58.12 years (range 28-86), while the male/ female ratio was 1.29. Focal deficits were the most frequent clinical presentation, reported in 44.10% of patients and ECOG 1-2 was the most frequent pre-operative clinical status, reported **Fig. 1** PRISMA diagram detailing the specifics of the systematic literature review



in 68.83% of patients. Overall, 83.61% of patients had at least one lesion in the frontal lobes. Basal ganglia, brainstem, corpus callosum, and the cerebellum were involved in less than 30% of patients. The mean number of lesions per patient was 2.67. At presentation, most patients had two lesions (75.76%), while the rest had three or more lesions. Tumors were unilateral in 67.84% of patients and synchronous in 86.45% of patients.

Histological examination was available for 445 patients and demonstrated glioblastoma (GBM) and anaplastic astrocytoma in 90.60 and 9.40% of cases, respectively.

When considering the prevalence rate of MF and MC tumors, 3363 and 4000 patients with HGG were, respectively, included. The MC prevalence rate was 6% (CI 95% 4–10%), whereas the MF prevalence rate was 11% (CI 95% 6–20%) (p < 0.0001). Meta-regression showed a non-significant increase of the effect size during the analyzed period for MF and MC tumors prevalence meta-analysis (0.802 and 0.318, respectively). Furthermore, the funnel plot followed by Egger's linear regression test excludes publication bias for both analysis (0.425, 0.087). Seven studies provided radiological distinction of MC and MF gliomas based on MRI T2-weighted or FLAIR characteristics and two studies distinguished MC and MF tumors based on foci location. There were no statistically significant differences between MF and MC tumors in gender, lesion location, and histological type. Forest plots for MF and MC prevalence are provided in Online Resource 4 (Supplementary Figs. 1 and 2,

respectively) and information regarding demographic data and lesion location is summarized in Online Resource 5.

Treatment of M-HGGs and post-operative complications

Data regarding M-HGGs treatment is summarized in Table 3. Biopsy was performed in 36.12% of patients, whereas STR and GTR were obtained in 41.33 and 22.54% of patients, respectively. Differences in surgical treatments rates were not statistically significant among sub-groups of GTR (detailed data in Online Resource 6). Multiple lesions resection was performed in 29.66% of cases. Overall, 58.82% of patients underwent concurrent radio-chemotherapy after surgical treatment. The most frequent chemotherapy drug was temozolomide (67.14%), whereas local radiotherapy (LRT) was the most common type of radiotherapy (28.63%). Postoperative complications were reported in 19.44% of patients.

For both MF and MC tumors, surgical resection was accomplished in almost 65% of patients (equally divided into GTR and STR), while the remaining patients underwent biopsy. Multiple resections were performed in 22.22% of patients with MF tumors, and in 35.94% of patients with MC lesions (p = 0.1117). Concurrent radio-chemotherapy was the prevalent adjuvant treatment associated with MF tumors (81.48% of patients), whereas no adjuvant therapy or chemotherapy alone were more common in MC tumors (50 and 16.23% of patients,

Table 2 Demographics data and characteristics of M-H	iGGs
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	Raw data (CI 95%)	Number of articles
Demographic data		
Prevalence of	654/4764 = 19% (13–26%)	14
M-HGGs/HGG (N. patients)		
M - F	146–115	12
M/F	1.29	
Age (mean)	58.12	9
Age (range)	28-86	10
Clinical presentation		6
Headache	06.45% (02.72–13.64%)	
Focal deficit	44.10% (34.43-54.21%)	
Intracranial hypertension signs	17.20% (10.77-26.24%)	
Altered mental status	15.05% (09.06-23.82%)	
Seizure	15.05% (09.06-23.82%)	
Other	02.15% (0.12-07.97%)	
ECOG grade		4
≤ 2	68.83% (62.79–74.28%)	
> 2	31.17% (25.72-37.21%)	
Number of lesions/patient (overall)	343/131 = 2.62	9
Number of lesions/pt. ^a		5
2	75.76% (64.10-84.58%)	
3	12.12% (06.02-22.39%)	
> 3	12.12% (06.02-22.39%)	
Tumors locations ^b		7
Frontal lobe	83.61% (72.19–91.04%)	
Temporal lobe	60.66% (48.10-71.95%)	
Parietal lobe	45.90% (34.01-58.25%)	
Occipital lobe	27.87% (18.12-40.24%)	
Basal ganglia	21.31% (12.77-33.26%)	
Brainstem	18.03% (10.20-29.65%)	
Corpus callosum	14.75% (07.73-25.95%)	
Cerebellum	13.11% (06.54–24.06%)	
Other	03.28% (0.25–11.85%)	
Left side ^c	50.98% (44.17-57.76%)	9
Right side ^c	49.02% (42.24–55.83%)	
Monolateral ^d	67.84% (63.99–71.46%)	11
Bilateral ^d	45.31% (38.43-52.38%)	
Number of synchronous lesions/total lesions ^e	86.45% (81.17–90.44%)	11
Number of metachronous lesions/total lesions ^e	13.55 (09.56–18.83%)	
Histological type ^f		15
GBM (WHO grade IV)	90.60% (87.52-93.00%)	
AA (WHO grade III)	09.40% (07.00–12.48%)	

ECOG Eastern Cooperative Oncology Group, *M-HGGs* multiple highgrade gliomas, *HGG* high-grade glioma

^a Data collected on 66 patients

^b Data collected on 61 patients

^c Data collected on 192 patients

^d Data collected on 204 patients

^e Data collected on 214 patients

^fData collected on 445 patients

respectively). Data regarding surgical and adjuvant treatments of MF and MC lesions is summarized in Online Resource 7.

M-HGGs survival analysis

Data regarding overall survival was available in five articles, of which three scored as high-quality studies. The HR was

calculated as the ratio of death probabilities per unit time having multiple cerebral lesions in an HGGs population. Results of this analysis showed an overall HR of 1.71 (95% CI 1.49-1.95, p < 0.0001). Forest plot is provided in Fig. 5. Metaregression showed a non-significant decrease of the effect size during the analyzed period (p = 0.247). Furthermore, the funnel plot followed by Egger's linear regression test excludes publication bias (p = 0.672). Meta-regression and funnel plot are provided in Online Resource 4 (Supplementary Figs. 3 and 4, respectively). Data regarding the impact of surgical resection on the OS of patients with MC lesions was available in two articles, both of which were rated as high-quality studies. Patients receiving biopsy presented a disadvantage on OS (HR 7.61, 95% CI 1.94–29.78, p = 0.004), compared with patients treated with GTR or STR. Our systematic review was not able to collect comparable series to assess the impact of surgical resection on MF population.

Study heterogeneity

Heterogeneity of treatment effects across studies was evaluated using the I^2 statistic, in which $I^2 > 50\%$ suggests substantial heterogeneity [17]. For the prevalence studies, I^2 values were above 50% for the overall M-HGGs, MF, and MC prevalence estimates. I^2 values was less than 50% indicating lack of substantial heterogeneity for the M-HGGs survival analysis.

Discussion

Our systematic review and meta-analysis of the literature on the prevalence, treatment, and outcome of M-HGGs demonstrated a number of interesting findings. Overall, M-HGGs represented roughly 20% of HGGs population. MF and MC lesions represented 11 and 6% of HGGs population, respectively, with no difference in gender, histological type, and tumor location. Biopsy and subtotal resection were the most common surgical treatments for M-HGGs, with no differences between MF and MC gliomas. Multiple resections were uncommon and approximately 70% of patients underwent resection of a single lesion. Our study found that among patients with HGGs, the hazard ratio of death was higher in the subgroup of M-HGGs (HR of 1.71). In addition, the analysis of the two largest series of MC gliomas demonstrated a higher hazard ratio among patients receiving biopsy than among patients treated with surgical resection (SR or GTR) (overall HR 7.6).

Multiple high-grade gliomas, epidemiology, and radiological diagnosis

Multiple cerebral gliomatous foci were initially recognized in 1880 by Bradley [7]. In 1963, Batzdorf and Malamud provided radiological and pathological criteria to differentiate MF

Fig. 2 Forest plot of overall M-HGGs prevalence in HGGs population. The M-HGGs prevalence rate is 19%. ES, estimate



and MC lesions [5]. According to them, MF tumors are the result of tumor dissemination or growth via an established route, such as white matter tracts, CSF or local extension by satellite formation, and MC tumors are widely separated lesions with no connection between foci. Nowadays, a growing body of evidence corroborates the idea that HGGs multiplicity follows the trend of glioma cells to invade both adjacent and distant normal brain [4, 8]. This occurrence can be detected by changes in T2-weighted and FLAIR sequences outside the contrast-enhanced area, reflecting modifications in normal extracellular matrix due to invasion by glioma cells [16]. Hence, in current literature, the presence of connecting signal alteration in T2-weighted or FLAIR images is generally adopted to define MF lesions. Patil and Showalter [38, 47] defined multifocality as the presence of two distinct foci of the

enhancing tumor, separated by a discrete distance (1 and 2 cm, respectively), in which a microscopic connection is presumed. Moreover, both authors did not provide a clear radiological characterization of MC lesions, defining them as "widely separated lesions" or lesions involving different hemispheres or lobes.

Our systematic review showed that only 7/23 studies had comparable MRI distinction between MF and MC tumors, based on T2-weighted and/or FLAIR characteristics. Furthermore, as underlined by Lasocki et al. [29], older studies included patients who were only investigated with CT scan, leading to an overlap between MF and MC populations due to neuroimaging inaccuracies. The aforementioned terminological discrepancies together with differences in neuroimaging technology explain the heterogeneous data available in

Fig. 3 The meta-regression (random-effects model) shows a significant relationship between the rate of M-HGGs and the year of publication, probably related to the improvement in neuroimaging during years



Fig. 4 The funnel plot demonstrates the absence of publication bias in M-HGGs prevalence meta-analysis. White spots relate to the distribution of observed studied. Black spots represent the missing values that would have been necessary to perfectly respect plot symmetry



current literature concerning the prevalence of multiple HGGs, which ranges from 0.5 to 35% [9, 15, 29, 38, 47, 51].

Our study reported an overall prevalence of 6 and 11% for MC and MF tumors, respectively, without statistically significant differences in gender, lesion location, and histological

type. In parallel with radiological differences described previously, recent studies have underlined that MF and MC lesions had a common origin and peculiar genetic patterns [24] characterized by identical molecular profiles [1, 18]. Interestingly, for HGGs, cells were observed to move in isolation along

Table 3 Surgical and adjuvanttreatment of M-HGGs and post-operative complications

	Rate (CI 95%)	Raw data	Number of articles ^a
Surgical resection			13
GTR	22.54% (18.45-27.24%)	78/346	
STR	41.33% (36.26-46.59%)	143/346	
Biopsy	36.12% (31.21-41.32%)	125/346	
Multiple lesions resection	29.66% (22.14-38.46%)	35/118	7
Single lesion resection	70.34% (61.54-77.86%)	83/118	7
Adjuvant treatment			8
RT + CHT	58.82% (49.84-67.26%)	70/119	
RT alone	13.45% (08.35-20.83%)	16/119	
CHT alone	10.08% (05.73-16.94%)	12/119	
None	17.65% (11.77-25.55%)	21/119	
Type of chemotherapy			12
Other	32.86% (26.90-39.43%)	70/213	
Temozolomide	67.14% (60.57-73.10%)	143/213	
Type of radiotherapy			12
WBRT + LRT	08.12% (05.20-12.40%)	19/234	
WBRT alone	00.43% (0.01-02.63%)	1/234	
LRT alone	28.63% (23.21-34.70%)	67/234	
Not specified	62.82% (56.46-68.76%)	147/234	
Post-operative complications ^b			6
Overall rate	19.44% (11.83-30.16%)	14/72	
Neurological (permanent and/or temporary)	7.14% (0.01-33.54%)	1/14	
Post-operative hemorrhage	21.43% (06.84-48.32%)	3/14	
Medical Complications	28.57% (11.34–55.03%)	4/14	

M-*HGGs* multiple high-grade gliomas, *GTR* gross total resection, *STR* subtotal resection, *RT* radiotherapy, *CHT* chemotherapy, *WBRT* whole brain radiotherapy, *LTR* local brain radiotherapy, *GBM* glioblastoma, *AA* anaplastic astrocytoma

^a Djalilian et al. reported adjuvant and surgical treatment for 3/10 patients; Parsa et al. reported adjuvant treatment for 16/66 patients

^b Hassaneen et al. only reported overall rate of post-operative complications



white matter tracts and any changes to the adjacent environment might be very subtle during this migration [11]. Accordingly, no extensive extracellular matrix degradation is needed during this movement and it is plausible that MRI could not reliably detect isolated cells outside contrastenhanced areas of the brain [12, 16]. Based on biological data previously exposed, it is conceivable that MF and MC tumors represent different features of the HGGs tendency to disseminate in surrounding and distant brain [4, 11, 16]. In our study, we found that multiple lesions occurred in 19% of patients with HGGs providing a comprehensive representation of the prevalence of M-HGGs in HGGs population. Additionally, our meta-regression showed a significant increase of effect size during the analyzed period (p < 0.0001). This result can be explained by the widespread diffusion of MRI with the resultant increase in recognition of multiple lesions. Furthermore, a growing awareness of M-HGGs, resulted in a greater research of histological confirmation in patients that would previously have been considered to have metastatic disease [29, 42, 51].

Surgical treatment

Although the role of surgery for HGGs has been clarified in the current literature, it remains controversial in patients with multiple gliomatous foci. Lacroix et al. [27] first demonstrated the relationship between extent of resection and OS. Subsequently, an expanding body of evidence confirmed that the extent of resection affects overall survival in patients with GBM [6, 25, 30, 44]. Nonetheless, class I evidence is scarce, due to both the logistical and ethical difficulty of organizing a randomized STR versus GTR trial. Furthermore, several authors underlined that the extent of surgical resection should be carefully balanced with preand post-operative neurological status, and that GTR only, and not STR, significantly improves OS [21, 23]. Much controversy exists in current literature over the optimal treatment of M-HGGs. In fact, some authors proposed that stereotactic biopsy should be the first approach for suspected M-HGGs, reporting that aggressive surgical resection does not improve overall survival and is associated with significant post-operative sequelae [13, 35]. Our systematic review showed that, in current literature, data concerning surgical management of M-HHGs is sparse and heterogeneous. When considering GTR as the resection of all contrast-enhanced area in post-operative MRI [54], only six studies provided adequate data. Nonetheless, no statistically significant differences arose between populations grouped by the different definition of GTR. Accordingly, STR was the most common surgical treatment among the M-HGGs population and GTR was achieved in roughly 20% of patients. Furthermore, biopsy was performed in more than one third of patients. In current literature, few series quantified the impact of the extent of resection in M-HGGs. Showalter et al. [47] reported that GTR strongly improved OS compared to STR and biopsy (HR 1.73 and 4.06, respectively). Similarly, Patil et al. [38] reported that patients who received GTR had a survival advantage compared to the others (median OS in months: 14 vs. 5, p = 0,004). On the other hand, Paulsson et al. [39] found no significant differences in OS related to the extent of resection in their series. It is important to underline that multivariate analysis was not performed in the included studies. Accordingly, it was not possible to analyze the impact of surgical resection on OS accounted to pre-operative performance status and lesions characteristics. In order to examine the role of surgical resection in patients with M-HGGs, we analyzed the two largest series of MC HGGs reported in the literature. Accordingly, both in the series of Salvati and di Russo [42, 43], cytoreductive surgery strongly affected OS revealing an almost eightfold statistically significant increase in mortality for patients receiving biopsy alone (overall HR 7.61, p = 0.004). Interestingly, Hassaneen et al. [15] presented 20 patients with M-HGGs treated by multiple craniotomies matched in a 1:1 ratio with patients with solitary glioblastoma. Their survival analysis demonstrated that GTR led to similar OS in patients with M-HGGs and in those with solitary GBMs. In addition, surgical resection via multiple craniotomies presented the same risk of morbidity than single craniotomy. Our findings showed a postoperative complication rate of roughly 20%, that is in agreement with previous surgical series dealing with solitary glioblastomas [13, 46, 50]. The choice of treatment is obviously related to clinical and radiological characteristics that our systematic review was not able to integrate in the analysis. Accordingly, the risk of bias is not negligible. In the current literature, there is no general consensus regarding the association between lesion multiplicity

and a worse performance status [32, 39, 51]. Moreover, our work showed that in the M-HGGs population, $ECOG \le 2$ was the most common pre-operative clinical status. Accordingly, when patient status and lesion characteristics make it safe and feasible, cytoreduction should be considered because it improves overall survival. Further studies are required to determine the impact of surgical resection on OS when patient-related radiological and clinical characteristics are accounted for.

Adjuvant treatment

Standard post-operative treatment for HGGs includes conformal radiotherapy and concurrent and adjuvant chemotherapy with temozolomide [40]. Contrariwise, post-operative management of M-HGGs is still debated in the current literature and there is no consensus in chemo- and radiotherapy protocols. Our results showed that concurrent LRT plus temozolomide was the most common adjuvant treatment for patients with M-HGGs. When considering MF and MC tumors separately, significant differences arose between MF and MC tumors showing that, similarly to single HGGs, concurrent radio-chemotherapy was given in roughly 80% of patients with MF tumors. Otherwise, a consistent percentage of MC lesions (roughly 30%) did not undergo chemo- and radiotherapy. It should be emphasized that the aforementioned differences in adjuvant treatments were related to patient's performance status, comorbidity, and lesion location [15, 38, 39]. Previously, radiation treatment for M-HGGs consisted of whole-brain therapy (WBRT) to control both local recurrence and distal spread, but this approach was challenged by the consistent pattern of failure in both purposes [47]. Our systematic review reported that less than 1% of patients with M-HGGs underwent WBRT, and this percentage referred to studies that changed their protocol during patient recruitment, or series collected when WBRT for HGGs was routinely administered [2, 20, 47]. Paulsson et al. [39] showed that, as in single HGGs, failure after treatment occurred locally in roughly 80% of cases. Furthermore, no significant differences in OS arose between patients with M-HGGs receiving WBRT or LRT post-operatively [47]. Accordingly, post-operative LRT and concomitant and adjuvant temozolomide should be recommended in the post-operative management of M-HGGs.

Relationship between multiple high-grade gliomas and overall survival

Glioblastoma is the most common primary brain tumor and overall survival after treatment remains unfavorable [14]. The current state of knowledge does not clarify whether lesion multiplicity at presentation is an independent predictor of a worse outcome. Studies investigating the outcome of patients with M-HGGs are sparse and often lead to contradictory conclusions on the effect of multiplicity on overall survival, especially when survival differences accounted for performance status, extent of resection, and MGMT status [15, 38, 51]. Only a few studies reported detailed data and hazard ratios for survival analysis. In our review, we estimated that the hazard ratio of death in patients with M-HGGs is roughly double compared with that of patients presenting a solitary glioblastoma (p < 0.0001). Nonetheless, our systematic review was not able to retrieve sufficient data to analyze the OS in both MF and MC tumors. In fact, discordant results are reported in the literature when the OS is analyzed separately for MF and MC tumors. In the surgical series of Hasseneen et al. [15], patients with MC tumors presented a median survival significantly longer than patients with MF HGGs. On the other hand, several authors [26, 29, 36, 47, 51] reported no significant difference in post-operative survival between patients with MC and MF glioblastomas. In addition, in some surgical series, MF and MC glioblastomas are analyzed together limiting the information available for a survival analysis. Even with these limitations, our study showed no significant differences between patients with MF and those with MC glioblastomas after surgical treatment. Accordingly, it seems that multiplicity similarly affects survival both in MF and MC glioblastomas, questioning the prognostic significance of this distinction.

Limitations of the study

Our study has several limitations. In order to report a more comprehensive representation of patients clinical status, we performed a conversion of KPS to ECOG. This might be an oversimplification because the comparison is more effective for good performance status, and gradually becomes less accurate with the decrease in grade [52]. Similarly, only 6/13 studies adopted the current definition of GTR (resection of all contrast-enhanced areas at post-operative MRI) [54]. Accordingly, even if no significant difference arose between sub-groups (Online Resource 6), the rate of GTR among M-HGGs could be over-estimated. The prevalence of M-HGGs could be underestimated because of the significant increase of effect size during the years of publication. Moreover, series included in our analysis are often small, retrospective, and involving heterogeneous populations. In addition, when considering MF and MC populations, only a few articles reported accurate data. With the aim to select the more representative sample avoiding selection bias, data was weighted on restricted, yet comparable populations. Nonetheless, the risk of exclusion bias is high and the reader should carefully weighed data with samples (Tables 2, 3 and Online Resources 5,7). Our analysis of hazard ratio of death for M-HGGs in HGGs population could be influenced by our inclusion criteria that excluded all series in which the mortality rate was not expressed with hazard ratios. Moreover, some of the studies excluded in survival analysis reported data only for patients with MF or

MC tumors. Accordingly, even if this distinction is questionable, their samples should not be collected because they are not representative. Furthermore, our study was unable to comment on the influence of other predictive factors of worse outcome in M-HGGs population and the relationship with the extent of resection. It is important to point out that it was impossible to evaluate the effect of pre- and post-operative performance status, MGMT status, and IDH mutations on OS.

Conclusions

Our study demonstrated that M-HGGs are found in approximately 20% of patients with HGGs. Patients with multiple lesions are significantly more likely to have worse outcomes than those with a single lesion. No statistically significant differences were found in age, lesion location, histological type, and surgical management between patients with MF and MC HHGs, bringing into question the clinical utility of this distinction. Cytoreductive surgery improves the overall survival of patients with M-HGGs and consequently should be proposed when patient status and lesion characteristics make it safe and feasible. Further studies are required to determine patient-related prognostic factors and more effective treatment protocols for M-HGGs.

Acknowledgements We thank Ms. Juliet Strachan and Ms. Anne-Marie Peduto for English revision.

Compliance with ethical standards

Disclosure of potential conflicts of interest The authors declare that they have no conflict of interest.

Research involving human participants and/or animals This article does not contain any studies with human participants or animals performed by any of the authors.

Ethical approval For this type of study, formal consent is not required.

Informed consent The nature of this article did not require informed consent.

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