

Current therapeutic options and novel molecular markers in skull base chordomas

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Abstract Chordomas are extremely rare tumours. They arise in the spheno-occipital region in 35% of cases. Chordomas usually present benign histopathological features but often exhibit a malignant clinical behaviour. Radical surgical removal and high-dose radiation therapy seem to be effective in tumour control and to improve survival rate. Despite the advancements in microsurgical techniques and the development of radiation therapies, clival chordomas still represent a challenge. Nevertheless it appears that chordomas that have been resected to the same extent and that received post-operative radiotherapy might exhibit different rates of regrowth. This result supports the hypothesis that the recurrence rate of chordomas might be dependent on biological variables other than the extent of resection and the post-operative radiotherapy. Genetic and molecular studies on oncogenesis of chordomas are still limited, but they represent the basis for the development of molecular targeted therapies. We present a review of the current knowledge about skull base chordomas biology, therapeutic options and related clinical outcome.

Keywords Skull base chordomas · Skull base surgery · Radiation therapy · Chemotherapy · Molecular markers

Introduction

Chordomas are rare midline primary bone tumours arising from notochord remnants [18]. They have an incidence of 1 in 2 million, a prevalence of 1.21 in 10 million of the population, and constitute only 0.1% to 0.2% of all cranial base tumours [74]. Clinical malignancy of chordomas is related to local invasiveness, tendency of recurrence and potential to metastasize.

Prognosis is poor [25]. In case of untreated lesion, patients live between 6 and 24 months [39]. In treated patients the reported 5-year survival rate ranges from 50% to 85% [16, 17]. Management modalities in the treatment of skull base chordomas are surgery and high-dose radiotherapy (RT). Nevertheless the best treatment strategy is still controversial in terms of aim of surgery and type, indications, and timing of radiation therapy.

Major role in the treatment of chordomas is played by surgery [1, 44, 74, 85]. Aggressive excision provides long-term tumour control, but it is associated with high mortality and morbidity rate [64]. An important role in the management of these tumours is played by high-dose radiation therapies, which increase tumour control rate [4, 13, 36, 74]. Radio-sensitivity of chordomas is limited in the 70–80-Gy dose range. The most common delivery methods include charged particle followed by stereotactic radiosurgery [5, 36, 57, 88].

Extent of resection and adjuvant radiation therapies are thought to influence the prognosis [17]. It also appears, however, that chordomas that have been resected to the same extent and that received post-operative radiotherapy might exhibit different rates of regrowth. This result supports the

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hypothesis that the recurrence rate of chordomas might be dependent on other variables. Molecular and genetic studies have been performed and reported in the literature to correlate biological markers with the clinical outcome. We review the current therapeutic options in skull base chordomas emphasizing the role of novel molecular markers as prognostic factors and as potential target for new biological therapies.

Definition

Chordomas are rare midline primary bone tumours arising from notochord remnants [18]. Remnants of primitive notochord may be found in the clival bone marrow, accounting for the prevalent extradural location of most chordomas [88]. They arise in the sphenoid-occipital region in 35% of cases [33]. Other locations are the sacro-coccygeal region in 55% of cases and the vertebral column in the remaining 10% of cases [11].

Primary intradural lesions have also been reported, but they are rare [27, 28, 57, 89, 91, 92]. Roberti and colleagues emphasized the therapeutic significance of the diagnostic differentiation between intradural chordomas and benign notochord remnants. They are extremely rare, benign lesions involving the midline cranial base. Giant ecchondrosis is detected in 5% of autopsies and is prevalently located in the prepontine region. They present a better clinical outcome, requiring after surgery only radiological and clinical follow-up. Examination of MIB-1 facilitates differential diagnosis [71].

Epidemiology

Chordomas constitute 0.1% to 0.2% of all cranial base tumours [1, 27, 74, 77] with a prevalence of 1.21 in 10,000,000 of the population [18] and an incidence of 1/2,000,000 per year. Fewer than 5% of chordomas arise in children [1, 8, 16]. There is male predilection with an M/F ratio of 2/1 [16, 51, 58]; mean age of patients with chordomas is 36.9 years [16–18, 28]. The average age of symptoms onset reported by Samii et al., Al-Mefty and Borba, Heffelfinger et al. and Stuer et al. is 38.3 years [1, 32, 74, 85], significantly lower than that reported by Crockard et al. (58.1 years) [18].

Chordomas arise predominantly in the sacro-coccygeal and cranial base areas [17, 25, 58, 88]. Chordomas, which arise in the sphenoid-occipital region, account for 35% of cases [33].

Radiological patterns

MRI imaging represents the main diagnostic modality for clival chordomas. On short repetition time/short echo time

images, they present a low-to-intermediate signal. On long TR (long TE images), they have a very high signal [24]. Some degree of contrast enhancement has been also demonstrated [48]. CT appearance of clival chordomas demonstrated bone destruction with a soft tissue mass and varying degrees of enhancement on the adjacent brain. Other findings are contrast enhancement, soft tissue calcification and areas of low attenuation [47, 48]. The F-18 fluorodeoxyglucose (FDG) PET/CT showed a large destructive mass with associated erosion. Increased uptake of FDG is heterogeneous. Diagnosis of chordoma has to be considered if there is a large osteolytic mass with hypermetabolism on FDG PET/CT [65].

Histopathology

Chordomas appear as encapsulated multilobular lesions but infiltrate surrounding bone along lines of least resistance. Colour is reddish, and consistence is usually gelatinous soft but sometimes it is very firm like a cartilage [17]. The histology is typical, with areas of cartilage or bone destruction and bubble-like or “physaliphorous” cells [73, 88]. A variant of chordoma called the “chondroid chordoma” is recognised with features resembling chondrosarcoma [9, 73, 88]. Microscopically they present foci of chordoma mixed with a large cartilaginous matrix [32]. Although some series have reported a better long-term outcome in patients harbouring chondroid chordoma, this was not borne out in other series [1, 4, 28, 51, 88]. On immunohistochemistry, chordomas stain positively for S100, vimentin, epithelial membrane antigen, and cytokeratins (CK) 8/18. They also express other CKs, such as CK 1/10, CK 7, CK 20, CK 19 and CK 12 to 17 [88].

Biological behaviour and natural history

Clinical malignancy of chordomas is related to local invasiveness, tendency of recurrence and potential to metastasize. They have two distinct biological behaviours. Majority of tumours belong to the first group; they are slow growing lesions and, in rare cases, may not even grow at all. The tumour remains locally confined rather than metastasize to other areas [3, 17, 20, 88]. The second group has a more aggressive behaviour, with rapid local recurrence spread to other areas of the neuroaxis or metastasis to the lung, liver or bone [88]. Some primary tumours and many post-radiation recurrent tumours behave in a more aggressive fashion [34, 43, 88].

Prognosis of patients harbouring chordomas is poor. Eriksson et al. reported a series of 14 patients harbouring skull base chordomas. Patients who did not undergo

surgery were dead within 18 months. In cases in which biopsy alone was performed, there was a life expectancy of 1.5 years [18, 25]. Menezes et al. estimated instead an average survival for patients with untreated chordomas being 28 months after the onset of symptoms [17, 46]. Kamrin et al. reported an average survival for untreated patients ranging from 6 to 24 months [39].

Clinical presentation

Patients usually complain headache and double vision due to one or more cranial nerve deficit at clinical onset. The first sign of the disease is usually an isolated abducent nerve palsy: in 46% of cases according to Volpe et al. [74, 89], 57% according to Forsyth et al. [27, 74], 90% according to Heffelfinger et al. [32, 74] and 47% in the series reported by Samii and colleagues [74].

This may be explained by the location and growth pattern of the tumours. Incidence of headache and double vision as presenting symptoms in patients harbouring clival chordoma are summarized in Table 1 [1, 16–18, 27, 64, 74]. At first clinical evaluation, the most physical findings are sixth nerve palsy, visual field defect, extra-ocular motility defect due to other cranial nerve deficits, loss of visual acuity and lower cranial nerve palsy as shown in Table 2 [1, 16–18, 27, 64, 74].

Treatment philosophies

There are three different philosophies regarding the treatment of chordomas: aggressive surgical resection with radiotherapy given only in patients who have remnants, aggressive resection followed by radiotherapy given regardless the presence of remnants and partial resection followed by radiotherapy [88]. Crockard et al. have followed the policy of aggressive surgical resection and no radiotherapy unless distinct remnants remain [18, 88]. Al-Mefty administered radiotherapy to all patients postoperatively, regardless of resection [1, 88]. Application of

radiotherapy as adjuvant treatment in the multimodal management of chordomas is still debated in literature as shown in Table 3 [1, 17, 18, 27, 64, 74, 78, 79, 88, 92].

Surgery

Major role in the treatment of chordomas is played by extensive surgical resection even with multiple-staged combined approaches via anterior and lateral approaches [1, 44, 78, 79, 84]. Goals of surgery are to remove as much neoplastic tissue as possible and to preserve or improve patient's functional status [17, 26, 28, 40, 64]. In cases in which radical resection is not possible without the risk of a severe morbidity, surgery could be aimed to obtain neural decompression and tumour volume reduction in order to make radiotherapy more effective and safe [1, 7, 18, 44, 63].

Gay and colleagues proposed aggressive tumour removal, especially at the initial surgery and if no previous radiotherapy has been administered. In this surgical series, radical removal was achieved in 67%, subtotal in 23% and partial in 10% of the patients [28, 74]. Correlation between extent of surgery and complications rate is still a matter of debate. Aggressive surgical strategy of Gay and colleagues was associated with a high complication rate. They reported new cranial nerve deficits in 80% of the patients; these deficits were transient in the majority of cases. Incidence of abducent nerve palsy, hearing loss, permanent facial palsy and visual decline were respectively 28%, 15%, 8% and 8%. In 30% of cases a cerebrospinal fluid (CSF) leak was reported [28, 74]. Menezes instead reported no cases of CSF leakage or new cranial nerve deficits in his surgical series [17, 46].

Postoperative cranial nerve palsy rate reported by Colli and Al-Mefty was 58.7% with an additional permanent or transient postoperative neurological deficit rate respectively occurred in 28.6% and 22.2% of patients [17]. They observed also that the best chance of postoperative deficit recovery was associated with sixth cranial nerve palsy, followed by seventh, third and fifth cranial nerve palsies [17].

They supported the hypothesis that complication rate and extension of surgical resection are not correlated. In their study complication rate after radical excision was 61.3% and after subtotal excision was 72.2% with no statistical difference between the two groups (p value 0.541) [17].

Sekhar and colleagues proposed complete tumour removal in primary treated patients with a total removal rate of 59% and an incidence of CSF leakage, vessel injury and new cranial nerve deficit respectively of 20%, 12% and 33% [74, 77]. Perioperative death rate was 12% [17].

Table 1 Clinical presentation

Authors	Year	Headache	Diplopia
Forsyth et al. [27]	1993	73	49
Al-Mefty and Borba [1]	1997	32	64
Colli and Al-Mefty [17]	2001	17	3
Crockard et al. [18]	2001	23	NR
Pamir et al. [64]	2004	69	38
Samii et al. [74]	2007	6.1	NR
Cho et al. [16]	2008	42.1	36.8

Table 2 Neurological findings

Authors	Year	Cranial nerve deficits
Forsyth et al. [27]	1993	VI (57%), V (27%), III (22%), lower CN (36%)
Al-Mefty and Borba [1]	1997	28% lower CN
Colli and Al-Mefty [17]	2001	VI (40%), IV (3%), III (1%), I (3%)
Crockard et al. [18]	2001	71% lower CN
Pamir et al. [64]	2004	69%
Samii et al. [74]	2007	VI (46.9%), III (6.1%)
Cho et al. [16]	2008	VI 31.6%

Pamir et al. achieved 50% of gross total removal rate with an estimated mortality and major complications rates of 5% and 10%, respectively. Post-operative CSF leak was reported in 30% of surgical procedures [64].

Al-Mefty and Borba (25 patients) instead reported a radical removal rate of 43.5%, subtotal removal rate of 47.8% and partial removal rate of 8.7% of the patients, with only one case of perioperative death and three other cases of deaths [1]. Pallini et al. achieved total removal in 42% of cases with a lower CSF leakage rate of 11% and a meningitis rate of 8% [63]. Tzorzidis reported a higher total removal rate of 72%, with only 1% of CSF leak rate and a perioperative mortality rate of 3% [88]. Extent of resection and postoperative complications rate are summarized respectively in Tables 4 [1, 16–18, 27, 63, 74, 77–79, 88] and 5 [1, 17, 18, 28, 63, 64, 74, 77–79, 88].

Surgery for recurrence is challenging. Recurrent tumours are not only more difficult to remove but also carry a higher mortality and complication rate [88]. Crockard et al. obtained complete tumour removal in 72% of cases with an incidence of CSF leak of 21% at first surgery and 56% at re-operation and a perioperative death rate of 4.3%. Meningitis occurred in 8% of cases [18]. Samii and colleagues achieved complete tumour removal in 49.4% of cases with a mortality rate of 2% at first surgery and 5.3% at re-operation [74].

Operative approaches are selected on the basis of the predominant tumour extension and the tumour size.

Extension through the base of the skull is a crucial characteristic of skull base chordomas and the mainly limiting factor in their surgical removal and management with radiation therapy. Lateral and anterior cranial base approaches have all their proponents as shown in Table 6 [1, 16–18, 28, 63, 64, 74, 88].

Application of endonasal endoscopy to cranial base surgery led to the development of new surgical approaches. The endoscopic endonasal approach (EEA) takes advantage of the natural sinus corridor and may provide a less invasive approach for these midline tumours, providing a similar resection compared with traditional cranial base approaches while potentially limiting surgical morbidity [84]. Sometimes two or more staged surgical procedures may be necessary to achieve a radical removal. Pamir reported that in order to achieve 50% rate of complete tumour removal, 16–50% of patients require multiple skull base operations [1, 17, 28, 64]. To clarify the best approach to these tumours, Al-Mefty and colleagues defined an anatomico-surgical classification of the lesions. The classification is based on the patterns of extension of the tumour. Type I tumours are small and can be symptomatic or asymptomatic. This type has the best prognosis because it can be radically removed; type II tumours reach a relatively large size, but radical surgical removal can be performed using only one skull base approach. This type is the most common. Type III tumours extended through the skull base and require two or more skull base procedures to achieve

Table 3 Application of radiotherapy in multimodal management of chordoma

	Year	Period	Number	Age	RT (%)
Watkins et al. [92]	1993	1958–1988	38	44.3	100
Forsyth et al. [27]	1993	1960–1984	51	42.6	76
Al-Mefty and Borba [1]	1997	1990–1996	25	38.4	76
Crockard et al. [18]	2001	1986–1998	42	58.1	62
Sen and Triana [78]	2001	1991–2000	29	39	20
Colli and Al-Mefty [17]	2001	1990–2000	53	40.7	68
Pamir et al. [64]	2004	1986–2001	26	40.5	27
Tzorzidis et al. [88]	2006	1988–2004	74	NR	35
Samii et al. [74]	2007	1979–2002	49	39.1	39
Sen et al. [79]	2010	1991–2005	65	40.7	67.7

Table 4 Extent of resection

Authors	Year	Number	Extent of surgery (%)	
			Subtotal	Total
Forsyth et al. [27]	1993	51	74	0
Al-Mefty and Borba [1]	1997	23	48	43
Crockard et al. [18]	2001	42	22	72
Colli and Al-Mefty [17]	2001	53	28	45
Sen and Triana [78]	2001	29	38	62
Pallini et al. [63]	2003	26	27	42
Tzortzidis et al. [88]	2006	74	28.4	72
Samii et al. [74]	2007	49	50.6	49.4
Sekhar et al. [77]	2007	46	28	59
Cho et al. [16]	2008	19	44	12
Sen et al. [79]	2010	65	NR	58

radical removal [1]. Sen and colleagues argued that although the surgical approach should be planned according to the location, size and distribution of the tumour, the use of a midline anterior approach or a lateral approach does not show comparative superiority [79].

Postoperative functional outcome

Preoperative, postoperative and follow-up assessment of disability, as reflected by Karnofsky performance status (KPS) score allows surgeons to detect patients whose conditions have worsened due to surgical treatment or due to tumour regrowth or recurrence. Gay et al. reported a permanent postoperative functional deterioration, usually in 10 points, in 40% of patients [28]. Colli and Al-Mefty described no oscillation in KPS scores after surgery, but 7.5% of patients experienced worsened function due to tumour removal and none of them improved, and another

Table 6 Surgical approaches

Author	Year	Number	Approaches (%)	
			Anterior	Lateral
Gay et al. [28]	1995	46	27	70
Al-Mefty and Borba [1]	1997	23	50	40
Crockard et al. [18]	2001	42	85	11
Colli and Al-Mefty [17]	2001	53	40	52
Pallini et al. [63]	2003	26	60	14
Pamir et al. [64]	2004	26	42	58
Tzortzidis et al. [88]	2006	74	15	78
Samii et al. [74]	2007	49	30	46
Cho et al. [16]	2008	19	48	52

5.6% experienced worsened function during the first 6 months postoperatively due to tumour regrowth or recurrence [17]. Post-operative stay in the intensive care unit reflects some of the immediate post-operative problems. The mean length of stay in hospital in the series reported by Sen et al. was 4.3 days with five patients out of this range. In the majority of patients, preoperative KPS was maintained. A reduction of 10 points occurred in eight patients due to aggravation of a cranial nerve deficit or new cranial nerve deficits. The patients for whom the KPS showed a decrease of more than 10 points were ultimately the ones that died of disease progression [78]. In his updated clinical series published in 2010, Sen reported that in 51% of cases, postoperative KPS remains stable, in 18% it improved and in 31% it declined [79]. Gay et al. noted that the majority of the patients with worsened KPS score demonstrated immediately after surgery recovered in the following 6 to 12 months [28]. Variations in KPS after surgery and at the last follow-up control as reported in literature are summarized in Table 7 [16, 17, 27, 28, 64, 77–79, 88].

Table 5 Surgical complications and mortality

Authors	Year	Number	Surgical mortality (%)	CSF leak (%)	Meningitis (%)
Gay et al. [28]	1995	46	5	30	10
Al-Mefty and Borba [1]	1997	23	4	4	4
Crockard et al. [18]	2001	42	4.3	21 or 56 (second surgery)	8
Colli and Al-Mefty [17]	2001	53	7.0	5	1
Sen and Triana [78]	2001	29	3	10	14
Pallini et al. [63]	2003	26	0	11	8
Pamir et al. [64]	2004	26	4.0	7.7	0
Tzortzidis et al. [88]	2006	74	3	1	NR
Sekhar et al. [77]	2007	46	12.0	26	NR
Samii et al. [74]	2007	49	2 or 5.3 (second surgery)	5.4	5.4
Sen et al. [79]	2010	65	NR	21.5	10.8

Table 7 Karnofsky performance status (KPS)

Authors	Year	Cases	Preoperative KPS				KPS at follow-up			
			100–80	70–60	≤50	Mean (SD)	100–80	70–60	≤50	Mean (SD)
Forsith et al. [27]	1993	51	75%	26%		NR				NR
Gay et al. [28]	1995	60	52%	11%	NR	85 (11)	76%	15%	9%	81 (16)
Colli and Al-Mefty [17]	2001	53	89%	7.50%	4%	NR	76%	11%	13%	NR
Sekhar et al. [77]	2001	42	NR			82.1	NR			78.1
Sen and Triana [78]	2001	29	NR			87	NR			80
Pamir et al. [64]	2004	26	NR			86.2	NR			82.6
Trotzidis et al. [88]	2006	74	NR			80 (11.7)	NR			86 (12.8)
Cho et al. [16]	2008	19	NR			NR	67%	0%	33%	NR
Sen et al. [79]	2010	65	NR			86	NR			84

Radiotherapy

An important role in the management of chordomas is played by high-dose radiotherapy, which provides a good tumour control [4, 13, 37]. Chordomas are considered relatively resistant to conventional radiotherapy. Radiosensitivity of chordomas is limited in the 70–80-Gy dose range. The most common delivery methods applied in the treatment of chordomas include high-dose radiotherapy with proton beam radiation and radiosurgery using Gamma Knife and CyberKnife [4, 51, 52, 58, 59, 66, 88]. Application of radiotherapy as adjuvant treatment in the multimodal management of chordomas is still debated in literature as shown in Table 3 [1, 17, 18, 27, 64, 74, 78, 79, 88, 92].

Radiotherapy provides better local control when administered postoperatively than when delivered after recurrence following surgical resection [1, 2]. Main delivery methods are conventional radiotherapy, proton beam radiotherapy, radiosurgery and radioactive sources. Proton beam radiotherapy, radiosurgery and conventional radiotherapy all have their proponents as shown by Table 8 [17, 64, 74, 88].

Conventional radiotherapy doesn't improve survival time but has significant effect on prolonging progression-free survival (PFS) [2, 14, 15, 17, 19, 25, 27, 68, 78, 79]. Tai et al. reported a better median survival time with surgery and adjuvant PBRT (7.5 years), rather than with surgery alone (0.25 years) [87]. Kondziolka et al. reported in their series no tumour progression after stereotactic radiosurgery with a

mean margin delivered dose of 20 Gy. Austin-Seymour reported a 5-year PFS rate of 76% with a 69 CGE median tumour dose [42].

In patients treated with stereotactic fractionated photon or proton beam therapy or combined proton–photon irradiation, the 5-year actuarial tumour control rate ranges from 68% to 85% [4, 5, 7, 17, 21, 36, 72]. Local recurrence occurs in 15–31% of patients with a median survival time to local treatment failures of 32 to 60 months [5, 17, 21, 86].

Therapeutic effect is dose related as described by Pearlman et al. They obtained a tumour growth control (TGC) rate of 80% in patients treated with an average dose of 80 Gy and a TGC rate of 20% in patients treated with an average dose of 40–60 Gy [66].

The effectiveness is also related to the volume of residual tumour [7]. Hug et al. reported that in all patients in whom tumours volumes were smaller than 25 ml, the tumour remained controlled compared with 56% of tumours greater than 25 ml [17, 36]. O'Connell et al. identified a critical volume of 70 ml, above which the local failure rate was much higher [59, 78].

Colli and Al-Mefty suggested that the risk of recurrence is related to the delivery method applied in the treatment. They reported a significantly lower risk of recurrence in patients treated with proton beam therapy than those treated with conventional radiotherapy ($p < 0.05$) [17]. Large lesion size, extent of infiltrated tissue and dose limitation by sensitivity of adjacent structures make difficult to treat chordomas with radiotherapy alone [42, 63].

Table 8 Radiation delivery methods

Authors	Year	Proton beam (%)	Radiosurgery (%)	Photon beam (%)
Colli and Al-Mefty [17]	2001	35	0	28
Pamir et al. [64]	2004	0	100	0
Tzortzidis et al. [88]	2006	38	43	19
Samii et al. [74]	2007	0	47	37

Castro et al. reported an overall complication rate after RT of 27% [13]. Al-Mefty and Borba observed radionecrosis in 17.6% of patients treated with RT [1]. Main clinical complications due to radiation therapy described by Austin-Seymour et al. are those involving the visual apparatus (4.4%) and pituitary insufficiency (13.2%) [5].

Chemotherapy

In patients with recurrent disease not even eligible for surgery or radiotherapy, chemotherapy with imatinib mesylate (IM) represents a therapeutic option. IM is a tyrosine kinase inhibitor targeting platelet-derived growth factor receptor-beta (PDGFRB), and tyrosine protein kinases BCR-ABL and kit.

Inhibition of PDGFRB is likely to mediate antitumour activity of IM in chordoma [12]. Patients harbouring skull base chordomas were found to demonstrate positive expression of PDGFRB [61]. Casali and colleagues studied early results in a small clinical series of six cases. They documented after a treatment period of more than 1 year a decrease in glucose uptake on the PET scan, a midterm sign of a decrease in tumour density on the CT scan and a change in the signal intensity on the MRI scan even with a noticeable impact on tumour size, which indeed also may increase. Delayed signs showed a decrease in the size of the tumour and/or tumour stabilization with altered tumour density. Histologically, signs of response were cellular depletion with varying degrees of an apoptotic tumour cell population and a stromal myxoid degeneration [12].

The role of the epidermal growth factor receptor (EGFR) in chordoma pathogenesis was also studied, as a potential therapeutic target for novel molecular approaches for the treatment of chordomas. Shalaby and colleagues analysed 173 chordomas samples [80]. They revealed a total EGFR expression in 69% of cases. By performing FISH analysis on the samples, they found high level of EGFR polysomy in 38% of cases, high-level polysomy with focal amplification in 4%, low-level polysomy in 18% and disomy in 39%. As second step, they sequenced EGFR (exons 18–21), the Ras protein superfamily members KRAS, NRAS, HRAS (exons 2, 3) and BRAF (exons 11, 15), without finding any mutations in the 62 analysed samples. In addition they observed that phosphatase and tensin homolog gene expression was absent in 13% of analysed chordomas, and only one of these revealed a high-level polysomy of EGFR. The EGFR inhibitor tyrophostin (AG 1478) markedly inhibited proliferation of the chordoma cell line U-CH1 in vitro and diminished EGFR phosphorylation in a dose-dependent manner. These finding was supported by the inhibition of phosphorylated kinases Erk1/2. They concluded that aberrant EGFR signalling played a role in

the pathogenesis of chordoma, providing a strategy for patient stratification for treatment with EGFR antagonists [80].

EGFR antagonist showed to be effective as alternative treatment in patients refractory to imatinib. From this point of view, Singhal et al. reported a case where treatment with erlotinib, an EGFR tyrosine kinase inhibitor, induced symptomatic and radiological response in a patient with disease refractory to IM and vascular disrupting agent [81].

Methylthioadenosine phosphorylase (MTAP) and activated insulin-like growth factor-1 receptor/insulin (IGF1R) receptor were also studied as potential therapeutic targets in chordoma. Sommer et al. investigated paraffin-embedded tissue samples from 30 chordomas [82]. The samples were analysed by immunohistochemistry for expression of the phosphorylated isoforms of the IGF1R or the insulin receptor (pIGF1R/pIR), of the cyclin-dependent kinase inhibitor 2A and of the MTAP. Selected downstream signalling molecules, including bcl-2-associated agonist of cell death protein (BAD), were also studied. As comparison chondrosarcoma samples, benign notochordal cell tumours and fetal notochord were studied. They detected phosphorylated IGF1R/IR in 41% of cases, together with activated downstream signalling molecules, whereas pIGF1R/pIR was absent in benign notochordal cell tumours and fetal notochord. Chordomas resulted to be negative for MTAP immunoreactivity in 39% of cases. They compared molecular data with clinical follow-up, reporting that patients with pIGF1R/pIR-positive tumours showed significantly decreased median disease-free survival. Phosphorylation of BAD at serine-99 was found to be associated with a favourable prognosis. Forty percent of chordomas demonstrated evidence of activation of the IGF1R/IR signalling pathway or loss of a key enzyme in the purine salvage pathway. They argued that this aberrant signalling cascade may represent the target for novel molecular therapies for the treatment of chordoma [82].

In view of the association of chordoma and tuberous sclerosis complex syndrome, and the available therapeutic agents against molecules in the PI3K/AKT/TSC1/TSC2/mTOR pathway, Presneau et al. studied this molecular pathway to identify potential molecular targets for the treatment of chordoma [67]. They analysed tissue microarray of 50 chordoma cases. Expression of PI3K/AKT/TSC1/TSC2/mTOR pathway was determined. As conclusion they argued that on the basis of mammalian target of rapamycin protein (p-mTOR) and or p70S6 kinase (p-p70S6K) expression profile in the analysed specimens, there was evidence indicating that 65% of the cases may be responsive to mTOR inhibitors, rapamycin or its analogues, and that these patients may benefit from combined therapy including drugs that inhibit serine/threonine protein kinase Akt/PKB (AKT) [67].

Schwab and colleagues tested 13 chordoma samples for activation of the PI3K/mTOR pathway [76]. They treated the cell line UHC-1 with increasing dose of phosphoinositide-103 (PI-103) and examined consequent inhibition of AKT and mTOR, finally assays assessing proliferation and apoptosis were performed. As result they demonstrated activation of the PI3K/mTOR pathway in the samples and that PI-103 inhibited the AKT and mTOR activation in the UCH-1 cell line. PI-103 action inhibited proliferation and induced cell apoptosis. As conclusion they argued that PI3K/AKT and mTOR signalling pathway is constitutively activated in chordoma and that PI-103 decreases proliferation and induces apoptosis in the UCH-1 via inhibition of the PI3K/mTOR pathway [76].

Association of IM and other chemotherapeutic agents such as mTOR inhibitor molecules showed to be effective in the treatment of IM-resistant chordomas. Stacchiotti et al. combined an mTOR inhibitor, sirolimus, to IM in IM-resistant advanced chordoma. They argued that in addition to PDGFRB, mTOR pathway can be activated in chordomas and the combination of IM plus rapalogs may be effective in IM-resistant chordomas.

Resistance to chemotherapy and radiotherapy were also studied as result of molecular pattern expressed in chordoma cell lines [83]. Ji and colleagues investigated the expression of three genes: multidrug resistance gene 1 (MDR1), hypoxia-inducible factor 1 alpha (HIF-1alpha) and multidrug resistance-associated protein 1 (MRP1) as associated with resistance to chemotherapy and radiotherapy in chordoma and chordoma cell line CM-319 [38]. Performing immunohistochemical techniques, they studied the expression of MDR1, HIF-1alpha and MRP1 in 50 chordoma specimens. Expression of MDR1, HIF-1alpha and MRP1 was observed in 10%, 80% and 74% of all cases, respectively. They found a correlation between MRP1 expression and HIF-1alpha. On the contrary expression of MDR1 was not correlated with the expression of HIF-1alpha or MRP1. The expression of HIF-1alpha and MRP1 was observed, but MDR1 was not observed in chordoma and CM-319. Analysing the data they concluded that HIF-1alpha and MRP1 may play a role in the multidrug resistance of chordoma to chemotherapy [38].

An alternative therapeutic option to systemic chemotherapy is intratumoral chemotherapy. Guiu and colleagues reported the use of direct intratumoral chemotherapy to treat recurrent chordoma, using 5-mg/ml carboplatin solution, combined with epinephrine (to increase the concentration and antitumour effect of carboplatin) at a final concentration of 0.01 mg/ml and an iodinated contrast agent [30]. A marked clinical response with regression of the spinal cord compression was observed, without specific toxicity. A good partial response was obtained with a 42% decrease in tumour volume (from 69 to

40 cm³). Moreover, the central part of the tumour showed tumour necrosis, as confirmed by histological examination. Intratumoral chemotherapy in combination with surgical treatment should be considered to improve the local control rate [30].

In paediatric patients ifosfamide and etoposide may play a role in the treatment of chordoma. Dhall and colleagues reviewed the role of chemotherapy in the treatment, management and outcome of children harbouring clival chordomas [23]. They reported the medical records of six paediatric chordoma patients. All the patients underwent an initial surgical resection. Chemotherapeutic agents included ifosfamide and etoposide in all four surviving patients. They concluded that chemotherapy with ifosfamide and etoposide may play a role in the treatment of paediatric clival chordomas when used alone or in combination with irradiation [23].

Survival and recurrence

Chordomas are generally lethal with a 5-year survival rate reported at 75% [79]. Survival time after surgery or radiation therapy or both range from 3.6 to 6.6 years [17, 39, 68, 69]. Estimated overall survival (OS) rates for patients with chordoma are 13–51% and 18–35% at, respectively, 5 and 10 years after resection [17, 27, 62]. In a series of 51 patients, Forsyth reported a 5- and 10-year survival rate respectively of 36% and 0% in patients who underwent biopsy and respectively of 55% and 45% for those who underwent subtotal resection [27].

Overall 5-year PFS rates for patients in whom total or near total resections and subtotal or partial resections are achieved and range from 55% to 84% and from 36% to 64%, respectively [6, 15, 17, 28]. Gay reported a PFS at 5 years of 84% in patients in which total or near total removal was achieved and 64% for cases in which there was partial or subtotal removal [28]. In the series reported by Al-Mefty and Borba (25 patients), recurrence was observed in 5 patients, 2 of whom had early recurrence (3 and 7 months) [1]. The estimated PFS rates ranged from 33% to 76% at 5 years and from 24% to 76% at 10 years [17, 27, 28].

The most recent data in the literature evidence that the extent of resection is correlated with a lower risk of recurrence. With modern skull base techniques, more than 90% resection can be achieved in 58–78.5% of patients with intracranial chordoma. The reported PFS rate at 5 years range from 55–84%, and the corresponding range for cases of subtotal or partial resection is 36–64% [17, 18, 28, 64, 78, 79]. OS and PFS rates as reported in literature are summarized respectively in Tables 9 and 10 [16–18, 27, 74, 92].

Table 9 Overall survival (OS)

Authors	Year	Period	Number	Age	FU	OS (%)	
						5 years	10 years
Watkins et al. [92]	1993	1958–1988	38	44.3	NR	62	59
Forsyth et al. [27]	1993	1960–1984	51	42.6	99	51	35
Crockard et al. [18]	2001	1986–1998	42	58.1	51	77	69
Colli and Al-Mefty [17]	2001	1990–2000	53	40.7	49.9	50	24
Samii et al. [74]	2007	1979–2002	49	39.1	63	65	39
Cho et al. [16]	2008	1991–2005	19	37.3	56.1	84.6	80.0

Prognostic factors

Extent of resection, previous treatment, adjuvant proton beam therapy and the karyotype are thought to influence the prognosis [17]. Forsyth et al. recognised as prognostic factors the age of the patient (better outcome was observed if patient's age was under 40 years), the presence of double vision at diagnosis (better outcome was observed, if diplopia was present at diagnosis), the adjuvant RT (they observed that radiotherapy didn't improve survival time), the chondroid histology (it was not associated with significant longer survival), the presence of mitosis and necrosis (poor prognostic factors) and presence of metastasis (poor prognostic factor) [27].

Tumour volume at diagnosis is considered to be a significant prognostic factor for tumour recurrence. Pamir suggested that tumour progression after treatments is almost the rule if initial tumour volume exceeds 20 cc [64].

Despite the possibility of a long progression-free survival after gross total or subtotal resection and radiation therapy, ultimately the majority of patients will experience recurrence and will die of local progression of their disease. It also appears, however, that chordomas that have been resected to the same extent and that received post-operative radiotherapy might exhibit different rates of regrowth. This result supports the hypothesis that the recurrence rate of chordomas might be dependent on variables other than the extent of resection and the post-operative radiotherapy. Previous studies have investigated

the classic pathological paradigms in relation to the biological and clinical behaviour of clival chordomas; the results suggested that the pathological features studied are poor predictors of outcome [17, 18, 28, 59]. In particular Naka and colleagues in their retrospective multi-centric study on 72 cases of skull base chordomas didn't find any pathological variant significantly correlated with survival; they only found that the proliferative ability of skull base chordomas appears to be closely associated with recurrence and nuclear pleomorphism [53].

Matsuno et al. studied the immunohistochemical expression of MIB-I, p53, cyclin D1 and identified these markers as important predictors of recurrence [45]. Naka et al. demonstrated that the proliferative potential of these tumours was correlated with the combination of p53 overexpression, anaplasty, high-grade atypia and diffuse proliferation [54].

Holton et al. showed that tumour doubling time correlated with age, sex, histological parameters and Ki-67 labelling index [34]. Pallini et al. suggested that expression of telomerase transcriptase m-RNA and mutation of p53 may indicate cases at risk for early recurrence [63].

Riva and colleagues performed a genetic characterization of chordomas samples centred on the loss of heterozygosity (LOH) analysis on 1p36 and on the determination of the expression profile of apoptotic genes mapped to this region [70]. They compared chordoma molecular data and patients' clinical outcome considering as clinical endpoint tumour recurrence and patient death.

Table 10 Progression free survival (PFS)

Authors	Year	Period	Number	Age	FU	PFS (%)	
						5 years	10 years
Forsyth et al. [27]	1993	1960–1984	51	42.6	99	23	23
Gay et al. [28]	1995	1984–1993	46	45.1	45	65	65
Colli and Al-Mefty [17]	2001	1990–2000	53	40.7	49.9	51	NR
Tzortzidis et al. [88]	2006	1988–2004	74	NR	96	41	31
Cho et al. [16]	2008	1991–2005	19	37.3	56.1	61.5 (3 years)	40.0

Molecular data demonstrated no events of recurrence or death occurred in the group of patients without LOH in 1p36 or with tumour necrosis factor TNFRSF8 gene expression. This suggests a possible correlation between the clinical outcome and absence of LOH in 1p36 or the expression of TNFRSF8 [70]. Molecular and genetic studies performed on chordoma samples to investigate molecular candidates to define prognosis are summarized in Table 11 [10, 18, 20, 22, 29, 31, 34, 35, 38, 41, 45, 49, 50, 53–56, 60, 63, 67, 70, 75, 76, 80, 82, 90].

Conclusions

Clival chordomas are extremely rare tumours. Surgical treatment and radiation therapies have a definitive role in the management of these tumours. Different treatment philosophies have been reported in the literature. Clinical outcome seems to be affected by the extent of surgical resection and by the following adjuvant therapies.

Nevertheless it appears that chordomas that have received the same treatment might exhibit different rates

Table 11 Molecular expression studies

Author	Year	Cases	Molecular expression studied
Walker et al. [90]	91	19	S100, EMA, AE1/3, DPK, vimentin, NSE, CEA, HMB45
Naka et al. [54]	96	17 (clival)	p53, Ki-67
Matsuno et al. [45]	97	10 (3 clival)	Ki-67, p53, cyclin D1
Naka et al. [55]	97	16 (4 clival)	CK 8, CK 18, CK 19, CKs 1–8, 10, 14–16, 19
O'Hara et al. [60]	98	35 (6 clival)	Cheratin AE1/AE3, CK8, CK19, NSE
Hu et al. [35]	99	6	Tau proteins, tubulin
Dalpra et al. [20]	99	2 (familial)	dic(1;9)(p36.1;p21), PAX7
Camacho-Arroyo et al. [10]	00	6 (2 clival)	ER-alpha
Holton et al. [34]	00	19	Ki-67
Haeckel et al. [31]	00	44	Katepsin K
Miozzo et al. [49]	00	8 (6 sporadic, 2 familial)	LOH, 17 CA repeats spanning 1p36.32-1p36.11
Gottschalk et al. [29]	01	22	Vimentin, S100, CK19, EMA
Naka et al. [56]	01	15	E-cadherin, alpha cadherin, alpha catenin, beta catenin, gamma catenin, NCAM
Mori et al. [50]	01	7 (4 clival)	E-cadherin
Crockard et al. [18]	01	42 (32 clival)	Ki-67
Scheil et al. [75]	01	16 (5 clival)	Ki-67, losses of DNA 1p and 3p, gains of DNA
Deniz et al. [22]	02	14	bFGF, TGF alpha, VEGF, collagen III, collagen IV, fibronectin
Kilgore and Prayson [41]	02	26 (10 clival)	Ki-67, P53, bcl-2, cyclin D1
Pallini et al. [63]	03	26	p53, hTERT, LOH, microsatellite instability
Naka et al. [53]	03	122 (72 skull base)	Ki-67
Riva et al. [70]	03	27	LOH in 1p36.32-36.11, CASP9, EPH2A, PAX7, DAN, DVLI
Presneau et al. [67]	09	50	PI3K, AKT, TSC1, TSC2, mTOR
Shwab et al. [76]	09	13	PI3K, AKT, mTOR
Ji et al. [38]	10	50	MDR1, HIF-1alpha, MRP1
Sommer et al. [82]	10	30	IGF1R, pIGF1R/pIR, CDKN2A, MTAP
Shalaby et al. [80]	11	173	EGFR (KRAS, NRAS, HRAS, BRAF) PTEN

S100 S100 protein, *EMA* epithelial membrane antigen, *AE 1/3* AE 1/3 monoclonal antibodies directed against low and high molecular weight epidermal cytokeratins, *DPK* DP keratine, *NSE* neuron-specific enolase, *CEA* carcinoembryonic antigen, *HMB45* anti-melanoma-associated antibody 45, *p53* protein 53, *Ki-67* Ki-67 protein, *CK* cytokeratine, *PAX7* paired box 7, *ER-alpha* estrogen receptor alpha, *LOH* loss of heterozygosity, *CA repeats* microsatellite loci, *NCAM* neural cell adhesion molecule, *bFGF* basic fibroblast growth factor, *TGF alpha* transforming growth factor alpha, *VEGF* vascular endothelial growth factor, *bcl-2* B-cell lymphoma 2 gene, *hTERT* human telomerase reverse transcriptase, *CASP* caspase, *EPH2A* ephrin type A receptor 2, *DAN* deadenylating nuclease, *DVLI* segment polarity protein dishevelled homolog 1, *PI3K* phosphoinositide-dependent kinase-3, *AKT* serine/threonine protein kinase Akt/PKB, *TSC* tuberous sclerosis protein, *mTOR* mammalian target of rapamycin, *MDR1* multidrug resistance gene 1, *HIF-1alpha* hypoxia-inducible factor 1 alpha, *MRP1* multidrug resistance-associated protein 1, *IGF1R* insulin-like growth factor-1 receptor, *pIGF1R/pIR* phosphorylated isoforms of IGF1R or the insulin receptor, *CDKN2A* cyclin-dependent kinase inhibitor 2A, *MTAP* methylthioadenosine phosphorylase, *EGFR* epidermal growth factor receptor, *KRAS* V-Ki-ras2 Kirsten rat sarcoma viral oncogene homolog, *NRAS* neuroblastoma RAS viral oncogene homolog, *HRAS* transforming protein p21, *BRAF* serine/threonine protein kinase B-Raf gene, *PTEN* phosphatase and tensin homolog

of regrowth. This result supports the hypothesis that the recurrence rate of chordomas might be dependent on biological variables other than the extent of resection and the post-operative radiotherapy. Genetic and molecular studies on oncogenesis of chordomas have revealed significant correlation between molecular patterns and clinical behaviour. These studies have been also the basis for the experimental use of molecular targeted therapies; preliminary encouraging clinical results have been reported in small groups of patients. A more accurate and complete biological characterization of these tumours and the consequent development of effective molecular targeted therapies will probably improve the clinical outcome in skull base chordomas patients.

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Comments

Benedicto Oscar Colli, Ribeirão Preto, Brasil

I would like to congratulate the authors by this laborious and good work. The authors performed a detailed review of the literature on chordoma. This review includes epidemiological, pathological and clinical aspects, but the focus is on the current treatment and on the molecular biology findings of the disease.

The topic on molecular biology should be outstanding because better understanding of this disease and further development of new therapeutic techniques probably will be based on these knowledge. Therefore, this review will be a very helpful resource for clinical and basic sciences researchers interested on the treatment of patients with chordomas.

Bernard George, Paris, France

This is a very useful review of literature about chordomas of the skull base, taking out the relevant data regarding all the aspects of this challenging pathology. Chordomas are a supposedly benign tumors but which behave at least as a locally malignant tumor. In fact about 20% present with metastases along their evolution. All the others exhibit more or less rapidly a recurrence. In our series of more than a hundred cases of various locations, we have never seen a single case that could be cured. The best results are two cases: one recurred after surgery and radiotherapy after 21 years; the other recurred after

surgery only, without radiotherapy after 11 years. On the other side, there are more than 10% which recurred in less than 2 or even 1 year. This is a fact: there is a huge heterogeneity in the biological behaviour among chordomas; it must be added that there is also a lack of markers indicating the level of aggressiveness for each chordoma. As it is well reviewed in this paper that no clear parameter, whether it is clinical, radiological, histological or biological, permits to adjust the adequate therapy to each case. This explains the still existing controversies about the therapeutic strategy. One is non-aggressive, proposing a simple decompression more or less followed by radiotherapy, therefore waiting for a better appreciation of the evolution in each case; at the opposite is the strategy of being very aggressive at first presentation with as radical a surgery as possible followed by protontherapy, in every case even those which will prove to be slow growing. This is the strategy we apply at Lariboisiere after a study on chordomas of the cranio-cervical junction (1) and confirmed in a following study on chordomas of any location (2). Radical surgery plus protontherapy provided the best results when applied at first presentation. On the contrary, the same policy was not really beneficial in recurrent cases. For these recurrent cases, we still need a complementary treatment. In this paper there is an extensive review of the current data on chemotherapy. This is sometimes hard to follow but is absolutely worthy of reading and understanding, first because this is by these studies that biological markers can be expected to be found and consequently that new efficient treatments will be discovered. This part of this paper is absolutely crucial, and the authors should be thanked for the efforts they made to summarize these studies and to present them as clearly as possible. However for the moment, no treatment has been demonstrated to improve the results.

For the moment surgery remains the key element of the treatment, any effort should be done to remove as much tumor as possible and especially in the regions where radiotherapy cannot be applied safely (near the brain stem and optic pathways). Obviously without knowing what the speed of growth of each case is, this must not be done at any mean and quality of life should be preserved. New developments of surgical technique, particularly endoscopic endonasal approach permit today to better achieve this goal.

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Amir Samii, Venelin Gerganov, Hannover, Germany

The authors performed an extensive review on the current knowledge about skull base chordomas biology, management and outcome of treatment. A promising new trend—the development of molecular targeted therapies and the application of chemotherapy that may revolutionize chordoma management in the future—has been highlighted. The authors point that that the recurrence rate of chordomas is related mainly to the biological tumor characteristics and to a lesser extent on the extent of resection and the post-operative radiotherapy. Some chordomas have a milder evolution and grow slowly, while others have more aggressive behaviour, with rapid local recurrence and even distal spread.

The generally accepted optimal treatment of skull base chordomas is radical surgery followed by proton or photon radiotherapy. The surgical approach should be selected individually taking into consideration the clinical symptoms and tumor characteristics, in particular its size, extension pattern, involvement of neurovascular structures and bone destruction. If only partial removal is possible, a second procedure via a different approach should be considered.

Importantly, the attempt at complete tumor removal should not endanger important neural and vascular structures and should not impact the patients quality of life. In case radical tumor removal is impossible, every effort should be made to decompress nervous structures and allow safe and effective radiotherapy.

The refinement of the endoscopic technique and the elaboration of the endonasal endoscopic approach to the clival region have been a major recent advancement. This technique promotes more radical and safe tumor removal and has become a mainstay of the operative strategy of skull base chordomas. Extensive tumors may be removed via a combined endonasal and transcranial approaches, optimally with

interdisciplinary cooperation. The utilization of neuronavigation during surgery allows for precise trajectory planning, accurate performing of the approach and control of extent of tumor resection. Important technological development in view of the significance of radical chordoma removal was the introduction of high-field intraoperative MRI devices, which allow almost real-time control of the extent of resection and detection of hidden tumor remnants. The combined use of these tools—as in the navigation-guided endonasal endoscopic approach with intraoperative high-field MRI control, promoted by us—is best suited to achieve the goals of skull base chordoma surgery.